

South East Lancashire Cross Country League at Heaton Park on Saturday 17th January 2026

Under 11 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	2196	Max Worsley	Bury Athletic Club	9:54	13	2794	Harry Dawson	East Cheshire Harriers & Tames	11:37
2	2260	James McMahon	East Cheshire Harriers & Tames	10:00	14	2201	Jedidiah Omafe	Bury Athletic Club	11:40
3	2259	Oliver Shearing	East Cheshire Harriers & Tames	10:14	15	2198	Harry Sample	Bury Athletic Club	11:45
4	2258	Stanley Alderson	East Cheshire Harriers & Tames	10:32	16	2655	Joseph Farrelly	Salford Metropolitan Ac	11:50
5	2667	Sammy Williamson	Salford Metropolitan Ac	10:49	17	2208	Finley Alldred	Bury Athletic Club	12:05
6	2666	George Walker	Salford Metropolitan Ac	10:58	18	2653	Jack Brierley	Salford Metropolitan Ac	12:07
7	2262	Charlie Royle	East Cheshire Harriers & Tames	11:00	19	2659	Toby Maplesden	Salford Metropolitan Ac	12:15
8	2668	Wilfred Wright	Salford Metropolitan Ac	11:03	20	2261	Zack Gush	East Cheshire Harriers & Tames	12:27
9	2793	Oliver Massey	East Cheshire Harriers & Tames	11:11	21	2766	Harry Doyle	East Cheshire Harriers & Tames	12:31
10	2661	Rory Prickett	Salford Metropolitan Ac	11:15	22	2654	Max Brouwer	Salford Metropolitan Ac	12:40
11	2665	Benjamin Smith	Salford Metropolitan Ac	11:33	23	2200	Alex Emery	Bury Athletic Club	13:52
12	2658	Joe Mandel	Salford Metropolitan Ac	11:36	24	2203	Theo Overlund	Bury Athletic Club	15:50

Under 11 - Boys — TEAM RESULTS

1 East Cheshire Harriers & Tames	9 —	2 James McMahon	3 Oliver Shearing	4 Stanley Alderson
2 Salford Metropolitan Ac	19 —	5 Sammy Williamson	6 George Walker	8 Wilfred Wright
3 Bury Athletic Club	28 —	1 Max Worsley	13 Jedidiah Omafe	14 Harry Sample

Under 11 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	2708	Melia Ferendenus	Salford Metropolitan Ac	10:07	12	2298	Leod Caitlin Mc	East Cheshire Harriers & Tames	11:55
2	2250	Cora Alton	Chorley Athletic And Triathlon	10:29	13	2162	Lyra Nevison	Blackley North Manchester AC	12:14
3	2161	Katie Raynor	Blackley North Manchester AC	10:36	14	2711	Pearl Hunt	Salford Metropolitan Ac	12:28
4	2249	Amelia Pendlebury	Chorley Athletic And Triathlon	10:51	15	2226	Grace Newbold	Bury Athletic Club	12:29
5	2220	Lila Metcalfe	Bury Athletic Club	10:57	16	2707	Isabella Crowley	Salford Metropolitan Ac	12:39
6	2716	Isabel McGinnis	Salford Metropolitan Ac	11:16	17	2710	Martha Helliwell	Salford Metropolitan Ac	12:50
7	2297	Daisy Fisher	East Cheshire Harriers & Tames	11:42	18	2164	Penelope Carrol	Blackley North Manchester AC	13:20
8	2799	Lyra Lomas	Leigh Harriers & Ac	11:46	19	2222	Maya Akram	Bury Athletic Club	13:29
9	2709	Elsie Fitzpatrick	Salford Metropolitan Ac	11:48	20	2227	Inaaya Kham	Bury Athletic Club	13:33
10	2251	Iris Thomson	Chorley Athletic And Triathlon	11:52	21	2223	Evelyn McDonald	Bury Athletic Club	13:38
11	2388	Matiida Macdonald	Horwich R M I Harriers	11:54	22	2224	Ava Young	Bury Athletic Club	16:53

Under 11 - Girls — TEAM RESULTS

1 Salford Metropolitan Ac	16 —	1 Melia Ferendenus	6 Isabel McGinnis	9 Elsie Fitzpatrick
2 Chorley Athletic And Triathlon	16 —	2 Cora Alton	4 Amelia Pendlebury	10 Iris Thomson
3 Blackley North Manchester AC	34 —	3 Katie Raynor	13 Lyra Nevison	18 Penelope Carrol
4 Bury Athletic Club	39 —	5 Lila Metcalfe	15 Grace Newbold	19 Maya Akram

Under 13 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	2266	Jacob Shearing	East Cheshire Harriers & Tames	10:07	10	2264	Harry Alderson	East Cheshire Harriers & Tames	12:44
2	2678	Loxley Schofield	Salford Metropolitan Ac	10:30	11	2268	Jacob Bailey	East Cheshire Harriers & Tames	12:58
3	2672	Zac Edge	Salford Metropolitan Ac	10:55	12	2351	Ben Essex-Crosby	Horwich R M I Harriers	13:33
4	2669	Luke Bennett	Salford Metropolitan Ac	11:15	13	2209	Ronan Parker	Bury Athletic Club	13:40
5	29	Harry Lowde	Clayton Le Moors Harriers	11:19	14	2263	Sidney Charles	East Cheshire Harriers & Tames	13:50
6	2267	Hamish Heginbothan	East Cheshire Harriers & Tames	11:23	15	2353	Toby Macdonald	Horwich R M I Harriers	13:57
7	2352	Louis Yates	Horwich R M I Harriers	11:53	16	2675	William Garside	Salford Metropolitan Ac	13:59
8	2265	Harry Bird	East Cheshire Harriers & Tames	11:57	17	2680	William Yates	Salford Metropolitan Ac	14:06
9	2212	Harry Emery	Bury Athletic Club	12:13	18	2211	Luca Hilton	Bury Athletic Club	14:54

Under 13 - Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Salford Metropolitan Ac	9 —	2 Loxley Schofield	3 Zac Edge	4 Luke Bennett
2 East Cheshire Harriers & Tames	13 —	1 Jacob Shearing	5 Hamish Heginbothan	7 Harry Bird
3 Horwich R M I Harriers	31 —	6 Louis Yates	11 Ben Essex-Crosby	14 Toby Macdonald
4 Bury Athletic Club	37 —	8 Harry Emery	12 Ronan Parker	17 Luca Hilton

Under 13 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	2229	Isla Taylor	Bury Athletic Club	11:29	12	2721	Florence Barker	Salford Metropolitan Ac	13:19
2	2231	Heidi Wilkinson	Bury Athletic Club	11:33	13	2228	Nina Boodhun	Bury Athletic Club	13:45
3	2230	Niamh Murray	Bury Athletic Club	11:46	14	2724	Isabelle Farrelly	Salford Metropolitan Ac	14:03
4	2594	Lilly Hirst	Rochdale Harriers & Ac	12:31	15	2765	Chloe Day	East Cheshire Harriers & Tames	14:07
5	2300	Seren Gush	East Cheshire Harriers & Tames	12:42	16	2800	Iris Chantler	Leigh Harriers & Ac	14:10
6	2732	Megan Williamson	Salford Metropolitan Ac	12:47	17	2726	Holly Hutchinson	Salford Metropolitan Ac	14:13
7	2233	Myia Bryan	Bury Athletic Club	12:53	18	2729	Sophia Lamarin	Salford Metropolitan Ac	14:22
8	2725	Pippa Hunt	Salford Metropolitan Ac	12:56	19	2728	B Kenyon-Leigh	Salford Metropolitan Ac	14:27
9	2723	Francesca Cooper	Salford Metropolitan Ac	12:57	20	2727	Elayna Jones	Salford Metropolitan Ac	15:25
10	2299	Annabelle Smith	East Cheshire Harriers & Tames	13:10	21	2795	Beau Youngo	Leigh Harriers & Ac	16:06
11	2720	Florence Bailey	Salford Metropolitan Ac	13:13	22	2252	Ayaanah Lulat	Chorley Athletic And Triathlon	16:51

Under 13 - Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Bury Athletic Club	6 —	1 Isla Taylor	2 Heidi Wilkinson	3 Niamh Murray
2 Salford Metropolitan Ac	23 —	6 Megan Williamson	8 Pippa Hunt	9 Francesca Cooper
3 East Cheshire Harriers & Tames	30 —	5 Seren Gush	10 Annabelle Smith	15 Chloe Day

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

South East Lancashire Cross Country League at Heaton Park on Saturday 17th January 2026

Race 3 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time				
1	2272	Matthew Bailey	East Cheshire Harriers & Tames	19:04	10	2801	Alfie Lavelle	Salford Metropolitan Ac 24:14
2	2271	Zach Jones	East Cheshire Harriers & Tames	19:24	11	2565	Alexander Reay	Rochdale Harriers & Ac 24:20
3	2779	Alexander Duggan	Leigh Harriers & Ac	19:52	12	2771	Benedict Tam	Salford Metropolitan Ac 24:24
4	2356	Flynn Harris	Horwich R M I Harriers	20:20	13	2770	Eugene Tam	Salford Metropolitan Ac 24:40
5	2684	James Horrocks	Salford Metropolitan Ac	20:32	14	2683	Ted Garside	Salford Metropolitan Ac 24:44
6	2798	Saxon Schofield	Salford Metropolitan Ac	20:59	15	2685	Ethan Jones	Salford Metropolitan Ac 26:14
7	2355	Ben Higgins	Horwich R M I Harriers	22:32	16	2796	Alessio Lombardo	Salford Metropolitan Ac 26:58
8	2681	Arthur Barker	Salford Metropolitan Ac	22:39	17	2775	Alfie Bradbury	Leigh Harriers & Ac 27:40
9	2357	Matthew Macdonald	Horwich R M I Harriers	23:14	18	2797	Archie Carruthers	Salford Metropolitan Ac 30:41

Race 3 - Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Salford Metropolitan Ac	19 —	5 James Horrocks	6 Saxon Schofield	8 Arthur Barker
2 Horwich R M I Harriers	20 —	4 Flynn Harris	7 Ben Higgins	9 Matthew Macdonald

Race 3 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time				
1	2235	Lucy Dent	Bury Athletic Club	20:38	8	2305	Demi Baxter	East Cheshire Harriers & Tames 24:18
2	2391	Kitty Crossland	Horwich R M I Harriers	20:51	9	2304	Erin Royle	East Cheshire Harriers & Tames 24:31
3	2393	Ava Winstanley	Horwich R M I Harriers	21:51	10	2559	Roisin Jordan	Oldham & Royton H & Ac 24:42
4	2303	Erin McMahon	East Cheshire Harriers & Tames	22:05	11	2397	Eve MacDonald	Horwich R M I Harriers 25:07
5	2395	Isobel Reid	Horwich R M I Harriers	22:18	12	2733	Saya Barnes	Salford Metropolitan Ac 25:44
6	2737	Isla Silcock	Salford Metropolitan Ac	22:52	13	2398	Sophie Orrell	Horwich R M I Harriers 27:42
7	2394	Millie Reid	Horwich R M I Harriers	23:36				

Race 3 - Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Horwich R M I Harriers	10 —	2 Kitty Crossland	3 Ava Winstanley	5 Isobel Reid
2 East Cheshire Harriers & Tames	21 —	4 Erin McMahon	8 Demi Baxter	9 Erin Royle

Race 3 - U17 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time				
1	2762	Marshall Fleet	East Cheshire Harriers & Tames	20:10	6	2276	Sam Horner	East Cheshire Harriers & Tames 23:31
2	2277	Oliver Walker	East Cheshire Harriers & Tames	20:27	7	2278	Archie Bennett	East Cheshire Harriers & Tames 24:53
3	2275	Nathan Dunn	East Cheshire Harriers & Tames	21:08	8	2767	Barnaby Crambleholme	Leigh Harriers & Ac 25:14
4	28	Harry Yates	Blackburn Harriers & Ac	22:30	9	2274	Seb Stewart	East Cheshire Harriers & Tames 33:49
5	2687	Jack Broadhurst	Salford Metropolitan Ac	23:07				

Race 3 - U17 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 East Cheshire Harriers & Tames	6 —	1 Marshall Fleet	2 Oliver Walker	3 Nathan Dunn
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Race 3 - U17 Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	2255	MaisieJane Preston	Chorley Athletic And Triathlon	25:27
2	2400	Tia Harris	Horwich R M I Harriers	29:09
3	2560	Chloe Roper	Oldham & Royton H & Ac	29:14
4	2306	Anna Rooke	East Cheshire Harriers & Tames	30:57

Race 3 - U17 Women — TEAM RESULTS

No complete teams

Ladies Race under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	2761	Harriann Fleet	L20 1	East Cheshire Harriers & Tames	37:16
2	2307	Maria Rooke	L20 2	East Cheshire Harriers & Tames	38:32

Ladies Race under 20 — TEAM RESULTS

No complete teams

South East Lancashire Cross Country League at Heaton Park on Saturday 17th January 2026

Ladies Race over 18

Pos	Num	Name	Cat/Pos	Club	Time						
1	2741	Claire Barnes	L35	1 Salford Metropolitan Ac	30:58	41	2193	Anne Ferguson	L65	2 Burnden Road Runners	41:12
2	2239	Rachel Marshall	L45	1 Bury Athletic Club	31:46	42	2802	Chloe Williams		Manchester Ymca Harriers	41:19
3	2312	Katie Kay	L40	1 East Cheshire Harriers & Tames	32:19	43	2526	Deborah Sheen	L55	4 Middleton Harriers Ac	41:37
4	2739	Bethany Vella		Salford Metropolitan Ac	32:47	44	2335	Kate Bowden	L55	5 Glossopdale	42:01
5	2601	Danielle Dignan		Rochdale Harriers & Ac	33:32	45	2151	Karen Charters	L50	5 Belle Vue Racers	42:14
6	2754	Alina Stepanchuk	L45	2 Salford Metropolitan Ac	33:37	46	2521	Helen Mutch	L40	9 Middleton Harriers Ac	42:20
7	2491	Emma Mochan	L35	2 Manchester Ymca Harriers	33:46	47	2616	Ruth Fearn	L60	2 Rochdale Harriers & Ac	42:32
8	2751	Amanda Hurndall	L45	3 Salford Metropolitan Ac	33:56	48	2334	Joanne Brack	L55	6 Glossopdale	42:36
9	2782	Katie Sanderson	L45	4 Leigh Harriers & Ac	35:19	49	2154	Rachel Watson	L50	6 Belle Vue Racers	42:50
10	2402	Samantha Sale	L45	5 Horwich R M I Harriers	35:31	50	2241	Afrodite Kalambuka	L55	7 Bury Athletic Club	43:11
11	2610	Juliet Smith	L50	1 Rochdale Harriers & Ac	35:42	51	2759	Sharon Lightfoot	L55	8 Salford Metropolitan Ac	43:20
12	2435	Stephanie Mallett	L40	2 Hyde Village Striders	35:53	52	2310	Lois Ruebotham		East Cheshire Harriers & Tames	43:41
13	2485	Josie Clough		Manchester Ymca Harriers	36:05	53	2644	Suzanne Darke	L50	7 Royton Road Runners	44:08
14	2758	Jaine Brocklehurst	L55	1 Salford Metropolitan Ac	36:28	54	2760	Andrea Marsden	L60	3 Salford Metropolitan Ac	44:09
15	2185	Verity Harrison	L45	6 Burnden Road Runners	36:32	55	2457	Louise Read	L40	10 Lostock Ac	44:21
16	2309	Aliesha Smith		East Cheshire Harriers & Tames	36:48	56	2643	Katherine Brierley	L50	8 Royton Road Runners	44:22
17	2405	Helen Macdonald	L40	3 Horwich R M I Harriers	36:59	57	2519	Janine Jordan	L40	11 Middleton Harriers Ac	44:22
18	2431	Grainne Bennett		Hyde Village Striders	37:08	58	2158	Julia Foy	L55	9 Belle Vue Racers	44:53
19	2240	Fiona Lynch	L50	2 Bury Athletic Club	37:09	59	2157	Sally Cheetham	L55	10 Belle Vue Racers	45:23
20	2761	Harriann Fleet	L20	1 East Cheshire Harriers & Tames	37:16	60	2522	Faye Aydin	L45	8 Middleton Harriers Ac	45:42
21	2598	Zara Hirst		Rochdale Harriers & Ac	37:27	61	2337	Christine Peters	L60	4 Glossopdale	46:05
22	2487	Chloe Quinn		Manchester Ymca Harriers	37:34	62	2492	Sally Wood	L35	5 Manchester Ymca Harriers	46:31
23	2348	Helen Taylor	L50	3 Holcombe Harriers	37:35	63	2604	Sadaf Saeed	L40	12 Rochdale Harriers & Ac	46:50
24	2614	Jennifer Ransome	L60	1 Rochdale Harriers & Ac	37:48	64	2147	Aimee Woolley	L40	13 Belle Vue Racers	46:51
25	2745	Carolyn Bradshaw	L40	4 Salford Metropolitan Ac	37:49	65	2442	Carol Kershaw	L55	11 Hyde Village Striders	47:38
26	2347	Yasmin Boodhun	L40	5 Holcombe Harriers	37:57	66	2443	Lana Milligan	L55	12 Hyde Village Striders	47:40
27	2602	Louise Mayall	L35	3 Rochdale Harriers & Ac	38:17	67	2530	Fiona Bolton	L70	1 Middleton Harriers Ac	47:45
28	2191	Gwen Kinloch	L65	1 Burnden Road Runners	38:27	68	2525	Catherine Murphy	L55	13 Middleton Harriers Ac	48:33
29	2307	Maria Rooke	L20	2 East Cheshire Harriers & Tames	38:32	69	2524	Rachel Fricker	L55	14 Middleton Harriers Ac	49:07
30	2489	Lucy Gretton		Manchester Ymca Harriers	38:52	70	2528	Janet Hunt	L60	5 Middleton Harriers Ac	49:25
31	2740	Isobel Cotogni		Salford Metropolitan Ac	38:59	71	2150	Meckhel Cousins	L45	9 Belle Vue Racers	49:54
32	2145	Lisa Costello	L40	6 Belle Vue Racers	39:28	72	2532	Teresa Hollins	L70	2 Middleton Harriers Ac	50:11
33	2609	Susie Hirst	L50	4 Rochdale Harriers & Ac	39:40	73	2523	Dawn Anderson	L55	15 Middleton Harriers Ac	50:50
34	2331	Liz Bailey	L45	7 Glossopdale	39:42	74	2645	Nicky Hall	L50	9 Royton Road Runners	51:09
35	2750	Holly Wright	L40	7 Salford Metropolitan Ac	39:46	75	2647	Amanda Richardson	L55	16 Royton Road Runners	52:00
36	2242	Susan Wheeldon-Gorst	L552	Bury Athletic Club	39:50	76	2403	Heather Pinnell		Horwich R M I Harriers	55:16
37	2611	Sharon Annable	L55	3 Rochdale Harriers & Ac	40:05	77	2520	Jennifer Laptew	L40	14 Middleton Harriers Ac	56:25
38	2430	Jennifer Garner		Hyde Village Striders	40:21	78	2332	Sharon Keenan	L50	10 Glossopdale	58:46
39	2742	Shu-Ling Li	L35	4 Salford Metropolitan Ac	40:25	79	2648	Angela Rogowskyj	L55	17 Royton Road Runners	59:35
40	2744	Laura Benefer	L40	8 Salford Metropolitan Ac	40:51	80	2531	Ruth Hare	L70	3 Middleton Harriers Ac	59:47

Ladies Race over 18 — TEAM RESULTS

1 Salford Metropolitan Ac	11 —	1 Claire Barnes	4 Bethany Vella	6 Alina Stepanchuk
2 Rochdale Harriers & Ac	37 —	5 Danielle Dignan	11 Juliet Smith	21 Zara Hirst
3 East Cheshire Harriers & Tames	39 —	3 Katie Kay	16 Aliesha Smith	20 Harriann Fleet
4 Manchester Ymca Harriers	42 —	7 Emma Mochan	13 Josie Clough	22 Chloe Quinn
5 Bury Athletic Club	57 —	2 Rachel Marshall	19 Fiona Lynch	36 Susan Wheeldon-Gorst
6 Hyde Village Striders	68 —	12 Stephanie Mallett	18 Grainne Bennett	38 Jennifer Garner
7 Burnden Road Runners	84 —	15 Verity Harrison	28 Gwen Kinloch	41 Anne Ferguson
8 Horwich R M I Harriers	103 —	10 Samantha Sale	17 Helen Macdonald	76 Heather Pinnell
9 Glossopdale	126 —	34 Liz Bailey	44 Kate Bowden	48 Joanne Brack
10 Belle Vue Racers	126 —	32 Lisa Costello	45 Karen Charters	49 Rachel Watson
11 Middleton Harriers Ac	146 —	43 Deborah Sheen	46 Helen Mutch	57 Janine Jordan
12 Royton Road Runners	183 —	53 Suzanne Darke	56 Katherine Brierley	74 Nicky Hall

Ladies Race over 40 — TEAM RESULTS

1 Salford Metropolitan Ac	16 —	3 Alina Stepanchuk	4 Amanda Hurndall	9 Jaine Brocklehurst
2 Bury Athletic Club	35 —	1 Rachel Marshall	12 Fiona Lynch	22 Susan Wheeldon-Gorst
3 Rochdale Harriers & Ac	40 —	7 Juliet Smith	14 Jennifer Ransome	19 Susie Hirst
4 Burnden Road Runners	52 —	10 Verity Harrison	17 Gwen Kinloch	25 Anne Ferguson
5 Glossopdale	78 —	20 Liz Bailey	27 Kate Bowden	31 Joanne Brack
6 Belle Vue Racers	78 —	18 Lisa Costello	28 Karen Charters	32 Rachel Watson
7 Middleton Harriers Ac	94 —	26 Deborah Sheen	29 Helen Mutch	39 Janine Jordan
8 Hyde Village Striders	101 —	8 Stephanie Mallett	46 Carol Kershaw	47 Lana Milligan
9 Royton Road Runners	128 —	35 Suzanne Darke	38 Katherine Brierley	55 Nicky Hall

Ladies Race over 50 — TEAM RESULTS

1 Rochdale Harriers & Ac	13 —	1 Juliet Smith	5 Jennifer Ransome	7 Susie Hirst
2 Bury Athletic Club	28 —	3 Fiona Lynch	8 Susan Wheeldon-Gorst	17 Afrodite Kalambuka
3 Salford Metropolitan Ac	40 —	2 Jaine Brocklehurst	18 Sharon Lightfoot	20 Andrea Marsden
4 Belle Vue Racers	51 —	13 Karen Charters	16 Rachel Watson	22 Julia Foy
5 Glossopdale	51 —	12 Kate Bowden	15 Joanne Brack	24 Christine Peters
6 Middleton Harriers Ac	66 —	11 Deborah Sheen	27 Fiona Bolton	28 Catherine Murphy
7 Royton Road Runners	73 —	19 Suzanne Darke	21 Katherine Brierley	33 Nicky Hall

Ladies Race - Men Vet 70

Pos	Num	Name	Cat/Pos	Club	Time
1	2517	Zeynelb Aydin	V80	1 Middleton Harriers Ac	1:17:28

South East Lancashire Cross Country League at Heaton Park on Saturday 17th January 2026

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2283	Mike Holness	V40	1 East Cheshire Harriers & Tames	33:20	48	2325	Peter Daly	V55	3 Glossopdale	44:25
2	2780	Marlow Upton		Manchester Ymca Harriers	36:29	49	30	Chris Balderson	V60	2 Blackburn Harriers & Ac	44:57
3	2286	Tom McMahon	V45	1 East Cheshire Harriers & Tames	36:36	50	2589	Ian Dale	V60	3 Rochdale Harriers & Ac	45:04
4	2469	Mark Condon		Manchester Ymca Harriers	36:48	51	2537	Anthony Shepherd	V45	12 Mossley Running Club	45:07
5	2483	Tim Shanker	V55	1 Manchester Ymca Harriers	37:08	52	2248	Paul Wareing	V60	4 Chorley Athletic And Triathlon	45:10
6	2505	Jorden Burke	V45	2 Middleton Harriers Ac	37:16	53	2174	Stephen Horsman	V60	5 Burnden Road Runners	45:23
7	2472	Nicholas Jackson		Manchester Ymca Harriers	37:29	54	2698	Lee Marks	V45	13 Salford Metropolitan Ac	45:40
8	2463	Phil Tomkinson		Manchester Ymca Harriers	37:36	55	2383	Douglas Fleming	V65	3 Horwich R M I Harriers	46:12
9	2290	Robin Horner	V45	3 East Cheshire Harriers & Tames	37:39	56	2464	Benjamin Sara-Kelly		Manchester Ymca Harriers	46:14
10	2631	James Henderson	V50	1 Royton Road Runners	37:46	57	2134	Chris Harries	V45	14 Belle Vue Racers	46:15
11	2420	Darren Smith	V45	4 Hyde Village Striders	37:49	58	2701	Matthew Pollard	V55	4 Salford Metropolitan Ac	46:51
12	2281	Dan Kavanagh		East Cheshire Harriers & Tames	38:09	59	2618	Ed Grimley		Royton Road Runners	47:43
13	2133	Vic Walsh	V45	5 Belle Vue Racers	38:17	60	2579	Pete Butterworth	V55	5 Rochdale Harriers & Ac	48:00
14	2474	David Kearney		Manchester Ymca Harriers	38:23	61	2328	David Chrystie-Lowe	V65	4 Glossopdale	48:06
15	2289	Jonathan Aust	V45	6 East Cheshire Harriers & Tames	38:32	62	2590	Ian Aitchison	V65	5 Rochdale Harriers & Ac	48:07
16	2504	John Weaver	V40	2 Middleton Harriers Ac	38:47	63	2623	Mark Duncan	V45	15 Royton Road Runners	48:14
17	2812	Adam Macdonald	V40	3 Horwich R M I Harriers	38:56	64	2635	Bryan Lawton	V55	6 Royton Road Runners	48:31
18	2624	Michael Fleming	V45	7 Royton Road Runners	39:00	65	2638	Ray Williams	V60	6 Royton Road Runners	49:01
19	2481	Keith Mercer	V40	4 Manchester Ymca Harriers	39:03	66	2509	Dean Clapworthy	V50	6 Middleton Harriers Ac	49:02
20	2461	Joseph Hayes		Manchester Ymca Harriers	39:08	67	2143	Phil Wilcoxon	V65	6 Belle Vue Racers	49:48
21	2621	Brett Spivey	V40	5 Royton Road Runners	39:18	68	2581	Neil Hirst	V55	7 Rochdale Harriers & Ac	50:20
22	2465	Martin Rimmer		Manchester Ymca Harriers	39:34	69	2511	Ian Ireland	V60	7 Middleton Harriers Ac	50:24
23	2381	Mark Walsh	V55	2 Horwich R M I Harriers	39:37	70	2475	Nathaniel Stanton		Manchester Ymca Harriers	50:41
24	2285	Haco Santana	V40	6 East Cheshire Harriers & Tames	39:48	71	2140	Carl Moriarty	V60	8 Belle Vue Racers	50:54
25	2215	Anthony Hallahan	V40	7 Bury Athletic Club	39:52	72	2640	Mark Heaney	V65	7 Royton Road Runners	51:02
26	2699	Paul Gee	V50	2 Salford Metropolitan Ac	40:16	73	2172	David Smith	V60	9 Burnden Road Runners	51:03
27	2421	Stevie Walker	V50	3 Hyde Village Striders	40:18	74	2630	Andy Hall	V50	7 Royton Road Runners	51:30
28	2168	Michael Kermode		Burnden Road Runners	40:22	75	2449	James Jackson	V45	16 Lostock Ac	51:44
29	2788	Andrew Rogers	V50	4 Royton Road Runners	40:26	76	2556	John Hudson	V75	1 Oldham & Royton H & Ac	51:55
30	31	Mark Irving	V40	8 Ellenborough Ac	40:52	77	2500	Mishka Pillay		Middleton Harriers Ac	51:56
31	2284	James Hartshorne	V40	9 East Cheshire Harriers & Tames	41:03	78	2135	James Corrigan	V45	17 Belle Vue Racers	52:22
32	2408	Kieran Hursthouse		Hyde Village Striders	41:08	79	2344	Graham King	V55	8 Holcombe Harriers	52:26
33	2576	Andrew Whitehouse	V40	10 Rochdale Harriers & Ac	41:21	80	2450	Andy Laycock	V55	9 Lostock Ac	53:14
34	2473	Andrew Bowler		Manchester Ymca Harriers	41:29	81	32	Mark Fearnley	V55	10 Northwich AC	53:24
35	2341	Andy Carlin		Holcombe Harriers	41:41	82	2790	Gary Smith	V60	10 Royton Road Runners	53:45
36	2700	Shane Wolstencroft	V50	5 Salford Metropolitan Ac	41:47	83	2591	Matthew Cox	V65	8 Rochdale Harriers & Ac	54:10
37	2468	Richard Brierley		Manchester Ymca Harriers	41:55	84	2634	Jason Keast	V55	11 Royton Road Runners	54:13
38	2178	Steven Nolan	V65	1 Burnden Road Runners	41:58	85	2139	Farouk Vawda	V55	12 Belle Vue Racers	54:45
39	2293	Alan Wardle	V60	1 East Cheshire Harriers & Tames	42:10	86	2382	Lawrence Pinnell	V55	13 Horwich R M I Harriers	55:13
40	2575	Rob Scott	V40	11 Rochdale Harriers & Ac	42:37	87	2176	Andrew Warburton	V60	11 Burnden Road Runners	55:56
41	2694	Ben Williamson	V40	12 Salford Metropolitan Ac	42:58	88	2641	Stephen Rogowskyj	V65	9 Royton Road Runners	56:18
42	2462	Alan Beaumont		Manchester Ymca Harriers	43:15	89	2636	James Wright	V55	14 Royton Road Runners	56:45
43	2317	Rob Sheldon	V45	8 Glossopdale	43:24	90	2479	Graeme Wilkinson	V40	13 Manchester Ymca Harriers	59:41
44	2781	Steve Bailey	V45	9 Salford Metropolitan Ac	43:53	91	2515	Alan Garvey	V70	1 Middleton Harriers Ac	1:00:03
45	33	Robert Fairbanks	V45	10 Sale Harriers Manchester	43:57	92	2385	Gordon Stone	V70	1 Horwich R M I Harriers	1:01:54
46	2131	Leo Loughran	V45	11 Belle Vue Racers	44:06	93	2542	Martin Eastwood	V55	15 Mossley Running Club	1:02:33
47	2639	Barry Greaves	V65	2 Royton Road Runners	44:17	94	2592	Ray Dalby	V70	2 Rochdale Harriers & Ac	1:03:00

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Manchester Ymca Harriers	18	—	2 Marlow Upton	4 Mark Condon	5 Tim Shanker	7 Nicholas Jackson
2 East Cheshire Harriers & Tames	25	—	1 Mike Holness	3 Tom McMahon	9 Robin Horner	12 Dan Kavanagh
3 Royton Road Runners	78	—	10 James Henderson	18 Michael Fleming	21 Brett Spivey	29 Andrew Rogers
4 Salford Metropolitan Ac	144	—	26 Paul Gee	35 Shane Wolstencroft	40 Ben Williamson	43 Steve Bailey
5 Middleton Harriers Ac	151	—	6 Jorden Burke	16 John Weaver	63 Dean Clapworthy	66 Ian Ireland
6 Horwich R M I Harriers	174	—	17 Adam Macdonald	23 Mark Walsh	52 Douglas Fleming	82 Lawrence Pinnell
7 Rochdale Harriers & Ac	175	—	32 Andrew Whitehouse	39 Rob Scott	47 Ian Dale	57 Pete Butterworth
8 Belle Vue Racers	175	—	13 Vic Walsh	44 Leo Loughran	54 Chris Harries	64 Phil Wilcoxon
9 Burnden Road Runners	185	—	28 Michael Kermode	37 Steven Nolan	50 Stephen Horsman	70 David Smith

Senior Men (Vets) over 40 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 East Cheshire Harriers & Tames	8	—	1 Mike Holness	2 Tom McMahon	5 Robin Horner
2 Royton Road Runners	32	—	6 James Henderson	12 Michael Fleming	14 Brett Spivey
3 Middleton Harriers Ac	61	—	4 Jorden Burke	10 John Weaver	47 Dean Clapworthy
4 Horwich R M I Harriers	64	—	11 Adam Macdonald	15 Mark Walsh	38 Douglas Fleming
5 Salford Metropolitan Ac	68	—	18 Paul Gee	23 Shane Wolstencroft	27 Ben Williamson
6 Belle Vue Racers	77	—	8 Vic Walsh	30 Leo Loughran	39 Chris Harries
7 Rochdale Harriers & Ac	81	—	22 Andrew Whitehouse	26 Rob Scott	33 Ian Dale
8 Manchester Ymca Harriers	84	—	3 Tim Shanker	13 Keith Mercer	68 Graeme Wilkinson
9 Glossopdale	102	—	28 Rob Sheldon	32 Peter Daly	42 David Chrystie-Lowe
10 Burnden Road Runners	113	—	24 Steven Nolan	36 Stephen Horsman	53 David Smith

Senior Men (Vets) over 50 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Royton Road Runners	18	—	2 James Henderson	6 Andrew Rogers	10 Barry Greaves
2 Salford Metropolitan Ac	27	—	4 Paul Gee	7 Shane Wolstencroft	16 Matthew Pollard
3 Rochdale Harriers & Ac	48	—	12 Ian Dale	17 Pete Butterworth	19 Ian Aitchison
4 Burnden Road Runners	50	—	8 Steven Nolan	14 Stephen Horsman	28 David Smith
5 Horwich R M I Harriers	55	—	3 Mark Walsh	15 Douglas Fleming	37 Lawrence Pinnell
6 Belle Vue Racers	85	—	23 Phil Wilcoxon	26 Carl Moriarty	36 Farouk Vawda
7 Middleton Harriers Ac	88	—	22 Dean Clapworthy	25 Ian Ireland	41 Alan Garvey

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Senior Men (Vets) over 60 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Burnden Road Runners	22 —	1 Steven Nolan	6 Stephen Horsman	15 David Smith
2 Royton Road Runners	27 —	3 Barry Greaves	10 Ray Williams	14 Mark Heaney
3 Rochdale Harriers & Ac	31 —	4 Ian Dale	9 Ian Aitchison	18 Matthew Cox