

Mid Lancs Cross Country League at Kendal on Saturday 10th October 2026

Under 10 Girls — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	2357	Pippa Morphet	Helm Hill Runners	4:35	5	2214	Luna Pearce	Rossendale Harriers & Ac	5:02
2	708	Enia Korne	Lancaster & Morecambe Ac	4:45	6	837	Millie Waite	Leven Valley AC	5:06
3	1202	Phoebe Karran	Preston Harriers	4:50	7	635	Alice Hodgson	Kendal Amateur Athletic Club	5:15
4	836	Aida Zaboklicka	Leven Valley AC	4:58	8	324	Charlotte Sayle	Burnley Ac	6:08

Under 10 Girls — TEAM RESULTS

No complete teams

Under 10 Boys — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time
1	220	Arthur Taylor	Blackpool Wyre & Fylde Ac	4:14
2	838	Bodhi Roberts	Leven Valley AC	4:18
3	2402	Magnus Carruthers	Unattached	4:40
4	709	Nicholas Georgiev	Lancaster & Morecambe Ac	4:45
5	2209	Tommy Fuller	Lytham St Annes Rr Club	4:58
6	2401	Jack Cummings	Unattached	5:10

Under 10 Boys — TEAM RESULTS

No complete teams

Under 12 Girls — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	844	Elena Procter	Leven Valley AC	8:51	19	1182	Estelle Alderson	Pendle Athletic Club	10:39
2	637	Isla Dalton	Kendal Amateur Athletic Club	8:53	20	2392	Eliza Driver	Millom Striders	10:40
3	30	Sadie Aspinwall	Barrow & Furness Striders Ac	9:31	21	909	Emme Dagger	Liverpool Pembroke & Sefton	10:42
4	2325	Harriet Edwards	Dallam Running Club	9:41	22	1603	Mila McKuhen	Southport Waterloo Ac	10:43
5	2333	Hannah Pratt	Eden Runners	9:46	23	712	Luisa Korne	Lancaster & Morecambe Ac	10:46
6	225	Alana McMinnis	Blackpool Wyre & Fylde Ac	9:48	24	29	Renee Low	Barrow & Furness Striders Ac	11:02
7	1205	Julia Holden	Preston Harriers	9:50	25	328	Isabelle Sutcliffe	Burnley Ac	11:09
8	1206	Annie Turner	Preston Harriers	9:56	26	33	Peggy Ray	Barrow & Furness Striders Ac	11:11
9	907	Elsbeth Mulvee	Liverpool Pembroke & Sefton	9:59	27	839	Libby Larkin	Leven Valley AC	11:15
10	843	Connie Dalton	Leven Valley AC	10:02	28	1181	Emma Mitchell	Pendle Athletic Club	11:22
11	327	Maisie Hall	Burnley Ac	10:07	29	714	Poppy Holroyd	Lancaster & Morecambe Ac	11:30
12	221	Posie-Belle Cobb	Blackpool Wyre & Fylde Ac	10:14	30	842	Ayda Langhorn	Leven Valley AC	11:33
13	2161	Lucy Moran	Kirkby Milers AC	10:16	31	715	Isabelle Lake	Lancaster & Morecambe Ac	12:00
14	1204	Lily Gough	Preston Harriers	10:22	32	222	Georgie Giles	Blackpool Wyre & Fylde Ac	12:30
15	710	Emer Cody	Lancaster & Morecambe Ac	10:26	33	845	Lexi Fisher	Leven Valley AC	12:46
16	34	Izzy Frazer	Barrow & Furness Striders Ac	10:27	34	32	Taylor Green	Barrow & Furness Striders Ac	12:52
17	840	Piper Wright	Leven Valley AC	10:28	35	31	Billie McParland	Barrow & Furness Striders Ac	12:52
18	229	Missy Berry	Blackpool Wyre & Fylde Ac	10:36	36	326	Lilly Maguire	Burnley Ac	15:04

Under 12 Girls — TEAM RESULTS

1 Leven Valley AC	28 — 1 Elena Procter	10 Connie Dalton	17 Piper Wright
2 Preston Harriers	29 — 7 Julia Holden	8 Annie Turner	14 Lily Gough
3 Blackpool Wyre & Fylde Ac	36 — 6 Alana McMinnis	12 Posie-Belle Cobb	18 Missy Berry
4 Barrow & Furness Striders Ac	43 — 3 Sadie Aspinwall	16 Izzy Frazer	24 Renee Low
5 Lancaster & Morecambe Ac	67 — 15 Emer Cody	23 Luisa Korne	29 Poppy Holroyd
6 Burnley Ac	72 — 11 Maisie Hall	25 Isabelle Sutcliffe	36 Lilly Maguire

Under 12 Boys — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	238	Theo Minns	Blackpool Wyre & Fylde Ac	7:29	23	1112	Arthur May	Lytham St Annes Rr Club	9:38
2	639	Charlie Middleton	Kendal Amateur Athletic Club	8:24	24	241	Alexander Parsons	Blackpool Wyre & Fylde Ac	9:39
3	2297	Jacob Bell	Border Harriers & Ac	8:33	25	719	Finley Lloyd	Lancaster & Morecambe Ac	9:41
4	1214	William Wiggins	Preston Harriers	8:35	26	2326	Lewis Edwards	Dallam Running Club	9:44
5	1213	Edward Rose	Preston Harriers	8:37	27	1607	Finley Humes	Southport Waterloo Ac	9:48
6	1192	Riley Smith	Pendle Athletic Club	8:39	28	331	Ronan Cleaver	Burnley Ac	9:50
7	2410	William Hore	Border Harriers & Ac	8:41	29	638	George Butler	Kendal Amateur Athletic Club	9:51
8	718	George Piner	Lancaster & Morecambe Ac	8:47	30	720	Orin Clegg	Lancaster & Morecambe Ac	9:52
9	2393	Austin Ambrose	Millom Striders	8:55	31	847	Thomas Lightfoot	Leven Valley AC	9:53
10	1107	Samuel Hudson	Lytham St Annes Rr Club	8:57	32	1208	Jack Taylor	Preston Harriers	10:00
11	1209	Oliver Cliff	Preston Harriers	8:59	33	716	Oliver Shepherd	Lancaster & Morecambe Ac	10:08
12	2317	Jesse Smith	Carlisle Aspatria Ac	9:03	34	2335	Thomas Lane	Eden Runners	10:10
13	330	Seth Phillipson	Burnley Ac	9:04	35	2358	Elliot Lowrie	Helm Hill Runners	10:11
14	641	Toby Davies	Kendal Amateur Athletic Club	9:13	36	717	Finn Leadsom	Lancaster & Morecambe Ac	10:13
15	1216	Teddy Briers	Preston Harriers	9:18	37	849	Henry Chatfield	Leven Valley AC	10:14
16	1217	George Austin	Preston Harriers	9:25	38	35	Elijah Meacock	Barrow & Furness Striders Ac	10:15
17	1210	Harry Scholes	Preston Harriers	9:26	39	2334	Seth Ledger	Eden Runners	10:19
18	2364	Arlo Sillito	Kendal Amateur Athletic Club	9:28	40	846	Charlie Newton	Leven Valley AC	10:30
19	2370	Jossy Neild	Keswick AC	9:31	41	640	Matt Wild-Garcia	Kendal Amateur Athletic Club	11:04
20	332	Daniel Smith-Shaw	Burnley Ac	9:33	42	2318	Oscar Balmer	Carlisle Aspatria Ac	11:45
21	1211	Fraser Mackie	Preston Harriers	9:36	43	36	Oliver Dale	Barrow & Furness Striders Ac	11:50
22	69	Ethan Piprani	Blackburn Harriers & Ac	9:37					

Under 12 Boys — TEAM RESULTS

1 Preston Harriers	20 — 4 William Wiggins	5 Edward Rose	11 Oliver Cliff
2 Kendal Amateur Athletic Club	34 — 2 Charlie Middleton	14 Toby Davies	18 Arlo Sillito
3 Burnley Ac	61 — 13 Seth Phillipson	20 Daniel Smith-Shaw	28 Ronan Cleaver
4 Lancaster & Morecambe Ac	63 — 8 George Piner	25 Finley Lloyd	30 Orin Clegg
5 Leven Valley AC	108 — 31 Thomas Lightfoot	37 Henry Chatfield	40 Charlie Newton

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Mid Lancs Cross Country League at Kendal on Saturday 10th October 2026

Under 14 Girls — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	78	Georgia Brambles	Blackburn Harriers & Ac	11:10	26	81	Sophie Douglas	Blackburn Harriers & Ac	13:32
2	1221	Cora Alton	Preston Harriers	11:37	27	77	Pippa Blackburn	Blackburn Harriers & Ac	13:33
3	643	Teigan Wilcock	Kendal Amateur Athletic Club	11:56	28	1114	Isla Elsander	Lytham St Annes Rr Club	13:42
4	2368	Mila Sillito	Kendal Amateur Athletic Club	12:01	29	2395	Faith Armstrong	Millom Striders	13:51
5	1228	Ella Cox	Preston Harriers	12:10	30	1222	Aurelia Wilding	Preston Harriers	13:55
6	1220	Eden Wilkins	Preston Harriers	12:13	31	2403	Ellie Tweddle	Unattached	14:03
7	1219	Olivia Dyer	Preston Harriers	12:15	32	2321	Erin Thompson	Copeland Ac	14:04
8	857	Isabella Scanlon	Leven Valley AC	12:20	33	726	Scarlet Gora	Lancaster & Morecambe Ac	14:06
9	853	Gabrielle Murray	Leven Valley AC	12:32	34	721	Nessa Cody	Lancaster & Morecambe Ac	14:06
10	644	Romy Barron	Kendal Amateur Athletic Club	12:36	35	2365	Michalina Bojdo	Kendal Amateur Athletic Club	14:12
11	2336	Lucy Wood	Eden Runners	12:38	36	37	Chloe Bouffler	Barrow & Furness Striders Ac	14:13
12	645	Isla Mackinnon	Kendal Amateur Athletic Club	12:38	37	82	Mollie Pickup	Blackburn Harriers & Ac	14:15
13	2366	Rosa-Mae Crompton	Kendal Amateur Athletic Club	12:39	38	2049	Hannah Nicholls	Wigan & District H & Ac	14:17
14	1611	Sasha McNabb	Southport Waterloo Ac	12:45	39	1618	Millie Pritchard	Southport Waterloo Ac	14:18
15	79	Lauren Redwood	Blackburn Harriers & Ac	12:47	40	724	Sienna Hardiman	Lancaster & Morecambe Ac	14:29
16	361	Iris Thomson	Chorley Athletic And Triathlon	12:50	41	335	Maisie Sayle	Burnley Ac	14:45
17	1224	Amelia Pendlebury	Preston Harriers	12:55	42	2394	Charley Cummings	Millom Striders	14:58
18	1223	Emily Holden	Preston Harriers	12:57	43	242	Alice Deaville	Blackpool Wyre & Fylde Ac	15:05
19	648	Poppy Carlton	Kendal Amateur Athletic Club	13:14	44	246	Lily Shaw	Blackpool Wyre & Fylde Ac	15:14
20	924	Florence Millward	Liverpool Pembroke & Sefton	13:16	45	455	Amelia-Grace Rushton	Clayton-Le-Moors Harriers	15:21
21	247	Isabelle Cooper	Blackpool Wyre & Fylde Ac	13:20	46	854	Jacy Jewitt	Leven Valley AC	15:29
22	1226	Harriet Johns	Preston Harriers	13:23	47	243	Florence Harrison	Blackpool Wyre & Fylde Ac	15:45
23	855	Heidi Murphy	Leven Valley AC	13:25	48	852	Mollie Yates	Leven Valley AC	15:54
24	725	Abigail Verrall	Lancaster & Morecambe Ac	13:27	49	1619	Demi Oneill	Southport Waterloo Ac	16:20
25	1218	Eva Karan	Preston Harriers	13:28	50	2413	Olivia Lespierre	Burnley Ac	17:28

Under 14 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Preston Harriers	13	—	2	Cora Alton	5	Ella Cox	6	Eden Wilkins
2	Kendal Amateur Athletic Club	17	—	3	Teigan Wilcock	4	Mila Sillito	10	Romy Barron
3	Leven Valley AC	40	—	8	Isabella Scanlon	9	Gabrielle Murray	23	Heidi Murphy
4	Blackburn Harriers & Ac	42	—	1	Georgia Brambles	15	Lauren Redwood	26	Sophie Douglas
5	Lancaster & Morecambe Ac	89	—	24	Abigail Verrall	32	Scarlet Gora	33	Nessa Cody
6	Southport Waterloo Ac	100	—	14	Sasha McNabb	38	Millie Pritchard	48	Demi Oneill
7	Blackpool Wyre & Fylde Ac	106	—	21	Isabelle Cooper	42	Alice Deaville	43	Lily Shaw

Race 6 - Under 14 Boys — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	1242	Addison Bland	Preston Harriers	13:34	22	940	Cian Critchley	Liverpool Pembroke & Sefton	15:15
2	1235	Theodore Noblett	Preston Harriers	13:37	23	2338	Adam Horn	Eden Runners	15:24
3	255	Dexter Edwards	Blackpool Wyre & Fylde Ac	13:46	24	83	George Lowde	Blackburn Harriers & Ac	15:31
4	89	Harry Lowde	Blackburn Harriers & Ac	13:51	25	373	Robbie Ames	Chorley Athletic And Triathlon	15:34
5	1238	Patrick Piron	Preston Harriers	13:56	26	2323	G Prosser	Cumberland Fell Runners	15:35
6	1629	Marcus Larkin	Southport Waterloo Ac	13:59	27	2337	Elliott Griffiths	Eden Runners	15:36
7	1626	Thomas Delamere	Southport Waterloo Ac	14:01	28	861	Charles Gibbon	Leven Valley AC	15:37
8	1631	Matthew Ndjambula	Southport Waterloo Ac	14:07	29	2339	Finley Gillon	Eden Runners	15:40
9	1237	Harrison Kingwells	Preston Harriers	14:12	30	936	Oliver Gill	Liverpool Pembroke & Sefton	16:09
10	1236	Beau Proos-Dalton	Preston Harriers	14:13	31	944	Felix Obong	Liverpool Pembroke & Sefton	16:15
11	87	Zachary Falencki	Blackburn Harriers & Ac	14:17	32	253	Charlie Holifield	Blackpool Wyre & Fylde Ac	16:17
12	652	Peter Butler	Kendal Amateur Athletic Club	14:18	33	858	Elliott Scanlon	Leven Valley AC	17:16
13	651	Jacob Bagshaw	Kendal Amateur Athletic Club	14:28	34	374	Jasper Raby	Chorley Athletic And Triathlon	17:20
14	650	Sean Wild-Garcia	Kendal Amateur Athletic Club	14:30	35	2295	Ruaridh Phillips	Annan & District AC	17:21
15	86	Louie Anderson	Blackburn Harriers & Ac	14:34	36	2208	Tahir Brimmo	Leven Valley AC	17:55
16	88	Ben Hawksworth	Blackburn Harriers & Ac	14:39	37	38	Arlo Meacock	Barrow & Furness Striders Ac	18:06
17	731	Hugo Meyfroidt	Lancaster & Morecambe Ac	14:40	38	244	Grayson Glickman	Blackpool Wyre & Fylde Ac	18:13
18	2299	Blake Karam	Border Harriers & Ac	14:52	39	2404	Thomas Tweddle	Unattached	18:36
19	2298	Keanu Campbell	Border Harriers & Ac	15:01	40	252	Archie Holifield	Blackpool Wyre & Fylde Ac	18:55
20	649	Harrison Reid	Kendal Amateur Athletic Club	15:07	41	931	Samuel Clancy	Liverpool Pembroke & Sefton	19:07
21	1230	William Rudd	Preston Harriers	15:09	42	2162	Mason Kitts	Kirkby Milers AC	19:38
					43	730	Jake Holroyd	Lancaster & Morecambe Ac	19:58

Race 6 - Under 14 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Preston Harriers	8	—	1	Addison Bland	2	Theodore Noblett	5	Patrick Piron
2	Southport Waterloo Ac	21	—	6	Marcus Larkin	7	Thomas Delamere	8	Matthew Ndjambula
3	Blackburn Harriers & Ac	30	—	4	Harry Lowde	11	Zachary Falencki	15	Louie Anderson
4	Kendal Amateur Athletic Club	39	—	12	Peter Butler	13	Jacob Bagshaw	14	Sean Wild-Garcia
5	Blackpool Wyre & Fylde Ac	73	—	3	Dexter Edwards	32	Charlie Holifield	38	Grayson Glickman
6	Eden Runners	79	—	23	Adam Horn	27	Elliott Griffiths	29	Finley Gillon
7	Liverpool Pembroke & Sefton	83	—	22	Cian Critchley	30	Oliver Gill	31	Felix Obong
8	Leven Valley AC	97	—	28	Charles Gibbon	33	Elliott Scanlon	36	Tahir Brimmo

Mid Lancs Cross Country League at Kendal on Saturday 10th October 2026

Race 6 - Under 16 Girls — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	1253	Ellie Blackhurst	Preston Harriers	13:50	19	258	Lily-Rose McMinnis	Blackpool Wyre & Fylde Ac	16:06
2	1252	Ruby Cox	Preston Harriers	13:52	20	866	Mia Griffiths	Leven Valley AC	16:30
3	2400	Eva Abraham	Seaton Athletic Club	14:06	21	339	Robyn Hall	Burnley Ac	16:32
4	2301	Frankie Foster	Border Harriers & Ac	14:11	22	340	Isabella Williams	Burnley Ac	16:34
5	2388	Daisy Rushton	Liverpool Harriers & Ac	14:20	23	862	Luna Roberts	Leven Valley AC	16:56
6	2399	Lottie Donohoe	Seaton Athletic Club	14:37	24	2296	Mollie Phillips	Annan & District AC	17:02
7	737	Sienna Thorley	Lancaster & Morecambe Ac	14:42	25	732	Isla Hamilton	Lancaster & Morecambe Ac	17:17
8	655	Mila Barron	Kendal Amateur Athletic Club	14:43	26	256	Maggie Belfield	Blackpool Wyre & Fylde Ac	17:18
9	864	Ava O'Keeffe	Leven Valley AC	14:49	27	1638	Melissa Cameron	Southport Waterloo Ac	17:19
10	97	Kitty Crossland	Blackburn Harriers & Ac	15:12	28	968	Bonnie Mahood	Liverpool Pembroke & Sefton	17:43
11	1249	Millie Wright	Preston Harriers	15:17	29	1635	Lauren Sinha	Southport Waterloo Ac	18:01
12	2237	Eva Pearce	Rossendale Harriers & Ac	15:30	30	1640	Alexa Higham	Southport Waterloo Ac	18:04
13	1250	Lucy Mitchell	Preston Harriers	15:33	31	2052	Helena Diaz	Wigan & District H & Ac	18:18
14	1247	Isabel Owers	Preston Harriers	15:38	32	654	Violet Benson	Kendal Amateur Athletic Club	18:44
15	865	Imogen Moore	Leven Valley AC	15:39	33	2340	Felicity Green	Eden Runners	19:02
16	1246	Scarlett Walker	Preston Harriers	15:41	34	2405	Mia Presch	Unattached	19:08
17	92	Mya Chadwick	Blackburn Harriers & Ac	15:42	35	1439	Libby Evans	Sedbergh School RC	22:21
18	736	Silvie Parsons	Lancaster & Morecambe Ac	15:58					

Race 6 - Under 16 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Preston Harriers	14 —	1 Ellie Blackhurst	2 Ruby Cox	11 Millie Wright
2 Leven Valley AC	44 —	9 Ava O'Keeffe	15 Imogen Moore	20 Mia Griffiths
3 Lancaster & Morecambe Ac	50 —	7 Sienna Thorley	18 Silvie Parsons	25 Isla Hamilton
4 Southport Waterloo Ac	86 —	27 Melissa Cameron	29 Lauren Sinha	30 Alexa Higham

Race 7 - Under 16 Boys — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	659	Milo Williams	Kendal Amateur Athletic Club	16:40	28	2291	Charlie Hodgson	Ambleside Ac	19:11
2	1646	James McGrory	Southport Waterloo Ac	16:47	29	2057	Elliot Molineux	Wigan & District H & Ac	19:20
3	104	Thomas Stewart	Blackburn Harriers & Ac	16:47	30	2213	Sebastian Rudd	Preston Harriers	19:22
4	42	Noah Cook	Barrow & Furness Striders Ac	16:53	31	2167	George Jackson	Kirkby Milers AC	19:26
5	867	Theo Zaboklicki	Leven Valley AC	17:09	32	1642	George Hawthorn	Southport Waterloo Ac	19:27
6	101	E Russell-Blackburn	Blackburn Harriers & Ac	17:14	33	1447	Archie Railton	Sedbergh School RC	19:40
7	1259	Albert Yates	Preston Harriers	17:17	34	2304	Ollie Mitchell	Border Harriers & Ac	19:43
8	2302	Matthew Downie	Border Harriers & Ac	17:24	35	102	Theo Addy	Blackburn Harriers & Ac	19:51
9	98	Ethan Carson	Blackburn Harriers & Ac	17:44	36	2058	Jack Marsh	Wigan & District H & Ac	19:54
10	1255	Oscar Bragg	Preston Harriers	17:49	37	1257	Ruben Harwood	Preston Harriers	20:20
11	656	Jos Jebb	Kendal Amateur Athletic Club	17:50	38	744	Matty Birkbeck	Lancaster & Morecambe Ac	20:24
12	2212	Oscar Jones	Preston Harriers	17:53	39	741	Joe Maguire	Lancaster & Morecambe Ac	20:27
13	979	Harrison Wright	Liverpool Pembroke & Sefton	17:56	40	2324	G Prosser	Cumberland Fell Runners	20:30
14	107	Max Unthank	Blackburn Harriers & Ac	17:56	41	2411	Joseph Giddings	Keswick Aac	20:41
15	105	Cian Woods	Blackburn Harriers & Ac	18:10	42	41	Alfie Dale	Barrow & Furness Striders Ac	20:56
16	746	Dylan Leadsom	Lancaster & Morecambe Ac	18:13	43	1645	Jude Rose	Southport Waterloo Ac	21:06
17	1256	Nathaniel White	Preston Harriers	18:13	44	975	Jack Clancy	Liverpool Pembroke & Sefton	21:13
18	1776	Max Bond	Trawden Athletic Club	18:25	45	2168	Aron Savage	Kirkby Milers AC	21:49
19	747	William Taylor	Lancaster & Morecambe Ac	18:27	46	266	Ewan Hyndman	Blackpool Wyre & Fylde Ac	21:56
20	1261	Matthew Bennett	Preston Harriers	18:40	47	2341	Thomas Hartley	Eden Runners	22:20
21	658	Harri Tancred	Kendal Amateur Athletic Club	18:42	48	1445	Alex Leakey	Sedbergh School RC	22:44
22	99	William Jenner	Blackburn Harriers & Ac	18:44	49	1644	James Silcox	Southport Waterloo Ac	22:54
23	260	Harry Posner	Blackpool Wyre & Fylde Ac	18:50	50	40	Dylan Meacock	Barrow & Furness Striders Ac	23:05
24	1643	Oliver Kimball	Southport Waterloo Ac	18:52	51	43	Charlie English	Barrow & Furness Striders Ac	23:20
25	1260	Dylan Parker	Preston Harriers	18:55	52	2056	Ryan Catton	Wigan & District H & Ac	24:57
26	743	Oliver Partington	Lancaster & Morecambe Ac	18:57	53	1124	Reuben May	Lytham St Annes Rr Club	25:59
27	745	Ezra Woof	Lancaster & Morecambe Ac	19:07					

Race 7 - Under 16 Boys — TEAM RESULTS

1 Blackburn Harriers & Ac	18 —	3 Thomas Stewart	6 E Russell-Blackburn	9 Ethan Carson
2 Preston Harriers	29 —	7 Albert Yates	10 Oscar Bragg	12 Oscar Jones
3 Kendal Amateur Athletic Club	33 —	1 Milo Williams	11 Jos Jebb	21 Harri Tancred
4 Southport Waterloo Ac	58 —	2 James McGrory	24 Oliver Kimball	32 George Hawthorn
5 Lancaster & Morecambe Ac	61 —	16 Dylan Leadsom	19 William Taylor	26 Oliver Partington
6 Barrow & Furness Striders Ac	96 —	4 Noah Cook	42 Alfie Dale	50 Dylan Meacock
7 Wigan & District H & Ac	117 —	29 Elliot Molineux	36 Jack Marsh	52 Ryan Catton

Mid Lancs Cross Country League at Kendal on Saturday 10th October 2026

Race 7 - Under 18 Women — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	1268	Kristy Leitch	Preston Harriers	17:55	9	381	Isabelle Hopkins	Chorley Athletic And Triathlon	22:11
2	1266	Pollyanna Kershaw	Preston Harriers	19:15	10	268	Abigail Cameron	Blackpool Wyre & Fylde Ac	22:30
3	662	Emmy Ranner	Kendal Amateur Athletic Club	19:27	11	665	Isla Pearman	Kendal Amateur Athletic Club	22:52
4	1267	Aimee Harling	Preston Harriers	19:36	12	1457	Sophie Norman	Sedbergh School RC	23:00
5	661	Isla Jebb	Kendal Amateur Athletic Club	19:47	13	382	Kate Melling	Chorley Athletic And Triathlon	23:23
6	118	Lottie Hesketh	Blackburn Harriers & Ac	20:12	14	752	Rahael Talks	Lancaster & Morecambe Ac	23:32
7	868	Katelyn Douglas	Leven Valley AC	21:08	15	1453	Grace Goligher	Sedbergh School RC	24:11
8	2065	Holly Nicholls	Wigan & District H & Ac	21:44					

Race 7 - Under 18 Women — TEAM RESULTS

1 Preston Harriers	7 —	1 Kristy Leitch	2 Pollyanna Kershaw	4 Aimee Harling
2 Kendal Amateur Athletic Club	19 —	3 Emmy Ranner	5 Isla Jebb	11 Isla Pearman

Race 8 - Under 18 Men — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	1700	William Delamere	Southport Waterloo Ac	21:25	17	47	Joseph Cook	Barrow & Furness Striders Ac	24:07
2	1481	George Martin	Sedbergh School RC	21:40	18	880	Sam Fisher	Leven Valley AC	24:19
3	1299	Jack Mawdsley	Preston Harriers	22:00	19	2416	Aston Stubbs	Annan & District AC	24:21
4	2309	Liam Fulton	Border Harriers & Ac	22:02	20	1026	Ben Maitland	Liverpool Pembroke & Sefton	24:22
5	689	Evan Mulvany	Kendal Amateur Athletic Club	22:16	21	686	Luke Switzer	Kendal Amateur Athletic Club	24:25
6	289	Archie Belfield	Blackpool Wyre & Fylde Ac	22:30	22	772	Oscar Holroyd	Lancaster & Morecambe Ac	24:26
7	160	Theo Robinson	Blackburn Harriers & Ac	22:46	23	887	James Jewell	Leven Valley AC	24:28
8	1301	William Kershaw	Preston Harriers	22:47	24	882	Henry Murray	Leven Valley AC	25:11
9	1797	Sam Midgley	Trawden Athletic Club	23:20	25	2417	Mason Stubbs	Annan & District AC	25:46
10	154	Benedict Raby	Blackburn Harriers & Ac	23:22	26	883	Ollie Pearson	Leven Valley AC	25:57
11	159	Tom Falencki	Blackburn Harriers & Ac	23:26	27	885	Riley Scott	Leven Valley AC	26:08
12	2310	Ewan Birch	Border Harriers & Ac	23:32	28	156	Liam Bennison	Blackburn Harriers & Ac	26:14
13	1023	Bentley McIntosh	Liverpool Pembroke & Sefton	23:40	29	687	Matthew Jenner	Kendal Amateur Athletic Club	28:07
14	884	Oliver Scott	Leven Valley AC	23:45	30	2088	Henry Jeffs-Watts	Wigan & District H & Ac	28:09
15	1300	David Baginski	Preston Harriers	24:00	31	1486	Charlie Francis	Sedbergh School RC	28:12
16	2415	Ethan HughesRudd	Cumberland Fell Runners	24:01	32	1487	Thomas Dawson	Sedbergh School RC	31:06

Race 8 - Under 18 Men — TEAM RESULTS

1 Preston Harriers	26 —	3 Jack Mawdsley	8 William Kershaw	15 David Baginski
2 Blackburn Harriers & Ac	28 —	7 Theo Robinson	10 Benedict Raby	11 Tom Falencki
3 Leven Valley AC	55 —	14 Oliver Scott	18 Sam Fisher	23 James Jewell
4 Kendal Amateur Athletic Club	55 —	5 Evan Mulvany	21 Luke Switzer	29 Matthew Jenner
5 Sedbergh School RC	65 —	2 George Martin	31 Charlie Francis	32 Thomas Dawson

Race 8 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	2307	Erin Barry	L20	1 Border Harriers & Ac	26:02
2	666	Millie Jebb	L20	2 Kendal Amateur Athletic Club	26:48
3	2305	Bella Tiffin-Lowe	L20	3 Border Harriers & Ac	26:50
4	2306	Isabelle Milligan	L20	4 Border Harriers & Ac	27:39
5	1461	Alberta Cooke	L20	5 Sedbergh School RC	28:11
6	1655	Amelie Scott	L20	6 Southport Waterloo Ac	28:30
7	2066	Katie Bonner	L20	7 Wigan & District H & Ac	28:57
8	869	I Barrowdale-Smith	L20	8 Leven Valley AC	29:13
9	2170	Poppy Ingarfield	L20	9 Kirkby Milers AC	29:44
10	121	Lily Croasdale	L20	10 Blackburn Harriers & Ac	34:31

Race 8 - Ladies under 20 — TEAM RESULTS

1 Border Harriers & Ac	8 —	1 Erin Barry	3 Bella Tiffin-Lowe	4 Isabelle Milligan
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Mid Lancs Cross Country League at Kendal on Saturday 10th October 2026

Race 8 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time				
1	812	Anna Bloomfield	L	1 Lancaster University Running &	23:52	78	2374	Leeann Barber	L4517 Keswick AC
2	148	Louisa Powell-Smith	L45	1 Blackburn Harriers & Ac	24:44	79	394	Nicola Raby	L50 6 Chorley Athletic And Triathlon
3	1282	Nicola Sutton	L40	1 Preston Harriers	25:28	80	1915	Helen Lawrenson	L5510 Wesham Road Runners & Ac
4	1659	Olivia Logan	L	4 Southport Waterloo Ac	25:40	81	2329	Debbie Walker	L50 7 Derwent Ac Cockermouth
5	2359	Sharon Taylor	L45	2 Helm Hill Runners	25:44	82	1367	Sarah Hargreaves	L4012 Red Rose Road Runners
6	755	Santa Rumniece	L35	1 Lancaster & Morecambe Ac	25:54	83	761	Sally Brassington	L50 8 Lancaster & Morecambe Ac
7	2307	Erin Barry	L20	1 Border Harriers & Ac	26:02	84	475	Alison Dugdale	L5511 Clayton-Le-Moors Harriers
8	678	Lilian Lewis	L	8 Kendal Amateur Athletic Club	26:12	85	275	Chloe Lowin	L 85 Blackpool Wyre & Fylde Ac
9	147	Vikki Robertshaw	L45	3 Blackburn Harriers & Ac	26:29	86	280	Julie Hall	L4518 Blackpool Wyre & Fylde Ac
10	1678	Elisia Mbwale	L40	2 Southport Waterloo Ac	26:36	87	477	Julia Rushton	L60 2 Clayton-Le-Moors Harriers
11	989	Alicia Wadeson	L	11 Liverpool Pembroke & Sefton	26:41	88	1675	Ashleigh Gray	L35 5 Southport Waterloo Ac
12	549	Lauren Booth	L	12 Hoad Hill Harriers	26:45	89	1006	Katherine Clancy	L4519 Liverpool Pembroke & Sefton
13	666	Millie Jebb	L20	2 Kendal Amateur Athletic Club	26:48	90	674	Helen Blunt	L4520 Kendal Amateur Athletic Club
14	1670	Natalie Hewitt	L35	2 Southport Waterloo Ac	26:49	91	530	Becky Howell	L5512 Garstang Running Club
15	2305	Bella Tiffin-Lowe	L20	3 Border Harriers & Ac	26:50	92	466	Kirstie Millar	L35 6 Clayton-Le-Moors Harriers
16	2073	Kelly Staunton	L	16 Wigan & District H & Ac	27:36	93	675	Jenny England	L4521 Kendal Amateur Athletic Club
17	2308	Isabelle Milligan	L20	4 Border Harriers & Ac	27:39	94	1823	Alex Earley	L35 7 Walney Wind Cheetahs
18	992	Lotte Hendriksen	L	18 Liverpool Pembroke & Sefton	27:41	95	1690	Carole James	L60 3 Southport Waterloo Ac
19	139	Ellen Sagar-Hesketh	L	19 Blackburn Harriers & Ac	27:45	96	1008	Tracy Berry	L4522 Liverpool Pembroke & Sefton
20	671	Lynn Hamel	L40	3 Kendal Amateur Athletic Club	28:10	97	571	Pippa Martin	L50 9 Hoad Hill Harriers
21	1461	Alberta Cooke	L20	5 Sedbergh School RC	28:11	98	121	Lily Croasdale	L2010 Blackburn Harriers & Ac
22	2372	Eleanor Green	L	22 Keswick AC	28:24	99	1525	Anna Williams	L4523 Skelmersdale Boundary H
23	1655	Amelie Scott	L20	6 Southport Waterloo Ac	28:30	100	528	Margaret Morley	L5513 Garstang Running Club
24	1538	Maria Cook	L50	1 Skelmersdale Boundary H	28:31	101	2375	Debbie Charlton	L5010 Keswick AC
25	676	Amy Pearman	L45	4 Kendal Amateur Athletic Club	28:36	102	286	Jennifer Burtonwood	L60 4 Blackpool Wyre & Fylde Ac
26	2345	Emma Nielsen	L50	2 Eden Runners	28:37	103	2347	Alison Cooke	L65 4 Eden Runners
27	809	Ella Headland	L	27 Lancaster University Running &	28:47	104	285	Karen Dunford	L60 5 Blackpool Wyre & Fylde Ac
28	871	Niamh McNally	L	28 Leven Valley AC	28:50	105	1	Lilyanne Bot	L 105 Accrington Road Runners
29	2066	Katie Bonner	L20	7 Wigan & District H & Ac	28:57	106	2	Lexie Lord	L 106 Accrington Road Runners
30	874	Leanne Scott	L40	4 Leven Valley AC	28:59	107	2072	Lucy Kearsley	L 107 Wigan & District H & Ac
31	471	Kim Kennedy	L45	5 Clayton-Le-Moors Harriers	29:12	108	1380	Paula Plowman	L60 6 Red Rose Road Runners
32	869	I Barrowdale-Smith	L20	8 Leven Valley AC	29:13	109	566	Leanne Bayliff	L4524 Hoad Hill Harriers
33	276	Basia Pawelczak	L	33 Blackpool Wyre & Fylde Ac	29:16	110	1370	Margaret Worbey	L4525 Red Rose Road Runners
34	1140	Joanna Goorney	L55	1 Lytham St Annes Rr Club	29:26	111	683	Carolyn Kevan	L65 5 Kendal Amateur Athletic Club
35	2292	Michelle Foxwell	L50	3 Ambleside Ac	29:31	112	1785	Elaine Corcoran	L4526 Trawden Athletic Club
36	877	Elizabeth McNally	L55	2 Leven Valley AC	29:41	113	1897	Katie Patel	L4013 Wesham Road Runners & Ac
37	1665	Chloe Davies	L	37 Southport Waterloo Ac	29:43	114	573	Liz Strickland	L5514 Hoad Hill Harriers
38	2170	Poppy Ingarfield	L20	9 Kirkby Milers AC	29:44	115	1923	Lisa Minns	L60 7 Wesham Road Runners & Ac
39	2346	Karen Bridge	L55	3 Eden Runners	29:47	116	1548	Sally Adams	L5515 Skelmersdale Boundary H
40	1366	Samantha Edwards	L40	5 Red Rose Road Runners	29:49	117	1909	Jennifer Salt	L5011 Wesham Road Runners & Ac
41	879	Joanne Taylor-Friell	L55	4 Leven Valley AC	29:51	118	764	Emily Stapleton	L5012 Lancaster & Morecambe Ac
42	811	Eve Oxenbury	L	42 Lancaster University Running &	29:53	119	5	Sarah Morris	L5013 Accrington Road Runners
43	569	Joanne Ellis	L45	6 Hoad Hill Harriers	29:55	120	151	Sarah Krige	L5014 Blackburn Harriers & Ac
44	668	Christie Byrne	L	44 Kendal Amateur Athletic Club	29:57	121	2379	Nicky Butler	L60 8 Keswick AC
45	1009	Lisa Procter	L45	7 Liverpool Pembroke & Sefton	30:06	122	281	Julie Smith	L5015 Blackpool Wyre & Fylde Ac
46	2377	Elaine Sargent	L55	5 Keswick AC	30:09	123	1142	Julia Rolfe	L60 9 Lytham St Annes Rr Club
47	873	Caroline Gibbon	L40	6 Leven Valley AC	30:13	124	6	Vanessa Oldham	L5516 Accrington Road Runners
48	1777	Isabel Hartley	L	48 Trawden Athletic Club	30:14	125	684	Dianne Priestley	L75 1 Kendal Amateur Athletic Club
49	575	Joanne McLeod	L60	1 Hoad Hill Harriers	30:15	126	1284	Olga Wiggins	L4527 Preston Harriers
50	1680	Andrea Scarborough	L45	8 Southport Waterloo Ac	30:16	127	1898	Kat Fawcett	L4014 Wesham Road Runners & Ac
51	1291	Jane Hodgkinson	L65	1 Preston Harriers	30:22	128	768	Elizabeth Salt	L65 6 Lancaster & Morecambe Ac
52	1279	Nicola Karran	L35	3 Preston Harriers	30:32	129	2290	Jo McCaffery	L4528 Wesham Road Runners & Ac
53	2343	Katie Milburn	L40	7 Eden Runners	30:39	130	1286	Julie Tyrer	L5016 Preston Harriers
54	1369	Rachel Tolson	L45	9 Red Rose Road Runners	30:41	131	872	Amanda Thomas	L35 8 Leven Valley AC
55	1828	Amy Singleton	L4510	Walney Wind Cheetahs	30:47	132	1679	Gemma Delamere	L4529 Southport Waterloo Ac
56	2376	Caroline Cattini-Dow	L50	4 Keswick AC	30:48	133	46	Cathrine Grisdale	L65 7 Barrow & Furness Striders Ac
57	568	Liz White	L4511	Hoad Hill Harriers	30:52	134	44	Sarah Bouffler	L4530 Barrow & Furness Striders Ac
58	1919	Susan Coulthurst	L55	6 Wesham Road Runners & Ac	30:55	135	1687	Susan McGough	L5517 Southport Waterloo Ac
59	1784	Helen Buchan	L4512	Trawden Athletic Club	31:11	136	1510	Emily Whelan	L 136 Skelmersdale Boundary H
60	756	Liz Lake	L40	8 Lancaster & Morecambe Ac	31:12	137	476	Helen Harrison	L5518 Clayton-Le-Moors Harriers
61	283	Laura Lawler	L55	7 Blackpool Wyre & Fylde Ac	31:15	138	1902	Clare Belfield	L4015 Wesham Road Runners & Ac
62	1285	Catherine Mitchell	L4513	Preston Harriers	31:17	139	478	Yvonne Wickham	L6010 Clayton-Le-Moors Harriers
63	525	Bryony Boutell	L40	9 Garstang Running Club	31:19	140	45	Sonja Farish	L5519 Barrow & Furness Striders Ac
64	564	Hilary Stephenson	L4514	Hoad Hill Harriers	31:21	141	1824	Amy Hesketh	L35 9 Walney Wind Cheetahs
65	1779	S McArdle-Watson	L35	4 Trawden Athletic Club	31:25	142	1281	Agnieszka Kowalczyk	L4016 Preston Harriers
66	765	Miriam Maher	L55	8 Lancaster & Morecambe Ac	31:28	143	481	Katherine Thompson	L70 1 Clayton-Le-Moors Harriers
67	2342	Lisa Jackson	L4010	Eden Runners	31:32	144	1792	Claire Partridge	L6011 Trawden Athletic Club
68	480	Susan Burns	L65	2 Clayton-Le-Moors Harriers	31:40	145	1292	Sue Wickham	L65 8 Preston Harriers
69	279	Fran Connolly	L4515	Blackpool Wyre & Fylde Ac	31:42	146	758	Lou Holroyd	L4017 Lancaster & Morecambe Ac
70	552	Emily Quinn	L	70 Hoad Hill Harriers	31:44	147	529	Sheena Cottam	L5520 Garstang Running Club
71	1468	Maggie Wild	L4516	Sedbergh School RC	31:45	148	1793	Karen Windle	L65 9 Trawden Athletic Club
72	4	Jennie Lynch	L4011	Accrington Road Runners	31:47	149	1289	Sherrill Caines	L5521 Preston Harriers
73	1143	Barbara Holmes	L65	3 Lytham St Annes Rr Club	31:48	150	2081	Becki Barnes	L5017 Wigan & District H & Ac
74	876	Heather Travis	L50	5 Leven Valley AC	31:49	151	1795	Julie Carman	L70 2 Trawden Athletic Club
75	554	Briony Cogan	L	75 Hoad Hill Harriers	31:53	152	482	Christine Leathley	L75 2 Clayton-Le-Moors Harriers
76	547	Daisy Turner	L	76 Hoad Hill Harriers	32:00	153	483	Karin Goss	L75 3 Clayton-Le-Moors Harriers
77	2378	Louise Brown	L55	9 Keswick AC	32:17	154	479	Susan Allen	L6510 Clayton-Le-Moors Harriers

Race 8 - Ladies over 18 — TEAM RESULTS

1	Southport Waterloo Ac	28	—	4	Olivia Logan	10	Elisia Mbware	14	Natalie Hewitt
2	Blackburn Harriers & Ac	30	—	2	Louisa Powell-Smith	9	Vikki Robertshaw	19	Ellen Sagar-Hesketh
3	Border Harriers & Ac	39	—	7	Erin Barry	15	Bella Tiffin-Lowe	17	Isabelle Milligan
4	Kendal Amateur Athletic Club	41	—	8	Lilian Lewis	13	Millie Jebb	20	Lynn Hamel
5	Lancaster University Running &	70	—	1	Anna Bloomfield	27	Ella Headland	42	Eve Oxenbury
6	Liverpool Pembroke & Sefton	74	—	11	Alicia Wadson	18	Lotte Hendriksen	45	Lisa Procter
7	Leven Valley AC	90	—	28	Niamh McNally	30	Leanne Scott	32	I Barrowdale-Smith
8	Hoad Hill Harriers	104	—	12	Lauren Booth	43	Joanne Ellis	49	Joanne McLeod
9	Preston Harriers	106	—	3	Nicola Sutton	51	Jane Hodgkinson	52	Nicola Karan
10	Southport Waterloo Ac 'B'	110	—	23	Amelie Scott	37	Chloe Davies	50	Andrea Scarborough
11	Eden Runners	118	—	26	Emma Nielsen	39	Karen Bridge	53	Katie Milburn
12	Leven Valley AC 'B'	124	—	36	Elizabeth McNally	41	Joanne Taylor-Friell	47	Caroline Gibbon
13	Keswick AC	124	—	22	Eleanor Green	46	Elaine Sargent	56	Caroline Cattini-Dow
14	Lancaster & Morecambe Ac	132	—	6	Santa Rumniece	60	Liz Lake	66	Miriam Maher
15	Wigan & District H & Ac	152	—	16	Kelly Staunton	29	Katie Bonner	107	Lucy Kearsley
16	Kendal Amateur Athletic Cl 'B'	159	—	25	Amy Pearman	44	Christie Byrne	90	Helen Blunt
17	Blackpool Wyre & Fylde Ac	163	—	33	Basia Pawelczak	61	Laura Lawler	69	Fran Connolly
18	Trawden Athletic Club	172	—	48	Isabel Hartley	59	Helen Buchan	65	S McArdle-Watson
19	Red Rose Road Runners	176	—	40	Samantha Edwards	54	Rachel Tolson	82	Sarah Hargreaves
20	Clayton-Le-Moors Harriers	183	—	31	Kim Kennedy	68	Susan Burns	84	Alison Dugdale
21	Hoad Hill Harriers 'B'	191	—	57	Liz White	64	Hilary Stephenson	70	Emily Quinn
22	Lytham St Annes Rr Club	230	—	34	Joanna Goorney	73	Barbara Holmes	123	Julia Rolfe
23	Skelmersdale Boundary H	239	—	24	Maria Cook	99	Anna Williams	116	Sally Adams
24	Wesham Road Runners & Ac	251	—	58	Susan Coulthurst	80	Helen Lawrenson	113	Katie Patel
25	Garstang Running Club	254	—	63	Bryony Boutell	91	Becky Howell	100	Margaret Morley
26	Keswick AC 'B'	256	—	77	Louise Brown	78	Leeann Barber	101	Debbie Charlton
27	Blackpool Wyre & Fylde Ac 'B'	273	—	85	Chloe Lowin	86	Julie Hall	102	Jennifer Burtonwood
28	Accrington Road Runners	283	—	72	Jennie Lynch	105	Lilyanne Bot	106	Lexie Lord
29	Walney Wind Cheetahs	290	—	55	Amy Singleton	94	Alex Earley	141	Amy Hesketh
30	Clayton-Le-Moors Harriers 'B'	316	—	87	Julia Rushton	92	Kirstie Millar	137	Helen Harrison
31	Preston Harriers 'B'	318	—	62	Catherine Mitchell	126	Olga Wiggins	130	Julie Tyrer
32	Lancaster & Morecambe Ac 'B'	329	—	83	Sally Brassington	118	Emily Stapleton	128	Elizabeth Salt
33	Wesham Road Runners & Ac 'B'	359	—	115	Lisa Minns	117	Jennifer Salt	127	Kat Fawcett
34	Trawden Athletic Club 'B'	404	—	112	Elaine Corcoran	144	Claire Partridge	148	Karen Windle
35	Barrow & Furness Striders Ac	407	—	133	Cathrine Grisdale	134	Sarah Bouffler	140	Sonja Farish

Race 8 - Ladies over 35 — TEAM RESULTS

1	Southport Waterloo Ac	38	—	6	Elisia Mbware	7	Natalie Hewitt	25	Andrea Scarborough
2	Leven Valley AC	47	—	12	Leanne Scott	16	Elizabeth McNally	19	Joanne Taylor-Friell
3	Preston Harriers	55	—	2	Nicola Sutton	26	Jane Hodgkinson	27	Nicola Karan
4	Eden Runners	56	—	11	Emma Nielsen	17	Karen Bridge	28	Katie Milburn
5	Hoad Hill Harriers	76	—	20	Joanne Ellis	24	Joanne McLeod	32	Liz White
6	Kendal Amateur Athletic Club	79	—	8	Lynn Hamel	10	Amy Pearman	61	Helen Blunt
7	Lancaster & Morecambe Ac	80	—	4	Santa Rumniece	35	Liz Lake	41	Miriam Maher
8	Blackburn Harriers & Ac	93	—	1	Louisa Powell-Smith	5	Vikki Robertshaw	87	Sarah Krige
9	Red Rose Road Runners	101	—	18	Samantha Edwards	29	Rachel Tolson	54	Sarah Hargreaves
10	Keswick AC	102	—	22	Elaine Sargent	31	Caroline Cattini-Dow	49	Louise Brown
11	Clayton-Le-Moors Harriers	112	—	13	Kim Kennedy	43	Susan Burns	56	Alison Dugdale
12	Blackpool Wyre & Fylde Ac	137	—	36	Laura Lawler	44	Fran Connolly	57	Julie Hall
13	Liverpool Pembroke & Sefton	148	—	21	Lisa Procter	60	Katherine Clancy	67	Tracy Berry
14	Lytham St Annes Rr Club	151	—	14	Joanna Goorney	47	Barbara Holmes	90	Julia Rolfe
15	Trawden Athletic Club	153	—	34	Helen Buchan	40	S McArdle-Watson	79	Elaine Corcoran
16	Skelmersdale Boundary H	161	—	9	Maria Cook	69	Anna Williams	83	Sally Adams
17	Wesham Road Runners & Ac	165	—	33	Susan Coulthurst	52	Helen Lawrenson	80	Katie Patel
18	Garstang Running Club	170	—	38	Bryony Boutell	62	Becky Howell	70	Margaret Morley
19	Walney Wind Cheetahs	202	—	30	Amy Singleton	65	Alex Earley	107	Amy Hesketh
20	Accrington Road Runners	223	—	46	Jennie Lynch	86	Sarah Morris	91	Vanessa Oldham
21	Barrow & Furness Striders Ac	307	—	100	Cathrine Grisdale	101	Sarah Bouffler	106	Sonja Farish

Race 8 - Ladies over 45 — TEAM RESULTS

1	Hoad Hill Harriers	51	—	13	Joanne Ellis	16	Joanne McLeod	22	Liz White
2	Leven Valley AC	55	—	10	Elizabeth McNally	12	Joanne Taylor-Friell	33	Heather Travis
3	Keswick AC	70	—	15	Elaine Sargent	21	Caroline Cattini-Dow	34	Louise Brown
4	Eden Runners	71	—	6	Emma Nielsen	11	Karen Bridge	54	Alison Cooke
5	Blackburn Harriers & Ac	71	—	1	Louisa Powell-Smith	3	Vikki Robertshaw	67	Sarah Krige
6	Clayton-Le-Moors Harriers	76	—	7	Kim Kennedy	29	Susan Burns	40	Alison Dugdale
7	Kendal Amateur Athletic Club	95	—	5	Amy Pearman	44	Helen Blunt	46	Jenny England
8	Blackpool Wyre & Fylde Ac	96	—	25	Laura Lawler	30	Fran Connolly	41	Julie Hall
9	Liverpool Pembroke & Sefton	105	—	14	Lisa Procter	43	Katherine Clancy	48	Tracy Berry
10	Lytham St Annes Rr Club	110	—	8	Joanna Goorney	32	Barbara Holmes	70	Julia Rolfe
11	Skelmersdale Boundary H	117	—	4	Maria Cook	50	Anna Williams	63	Sally Adams
12	Preston Harriers	117	—	18	Jane Hodgkinson	26	Catherine Mitchell	73	Olga Wiggins
13	Wesham Road Runners & Ac	122	—	23	Susan Coulthurst	37	Helen Lawrenson	62	Lisa Minns
14	Lancaster & Morecambe Ac	132	—	28	Miriam Maher	39	Sally Brassington	65	Emily Stapleton
15	Red Rose Road Runners	133	—	19	Rachel Tolson	56	Paula Plowman	58	Margaret Worbey
16	Southport Waterloo Ac	141	—	17	Andrea Scarborough	47	Carole James	77	Gemma Delamere
17	Trawden Athletic Club	169	—	24	Helen Buchan	60	Elaine Corcoran	85	Claire Partridge
18	Garstang Running Club	183	—	45	Becky Howell	51	Margaret Morley	87	Sheena Cottam
19	Barrow & Furness Striders Ac	240	—	78	Cathrine Grisdale	79	Sarah Bouffler	83	Sonja Farish

Race 8 - Ladies over 55 — TEAM RESULTS

1 Clayton-Le-Moors Harriers	42 — 11 Susan Burns	15 Alison Dugdale	16 Julia Rushton
2 Lytham St Annes Rr Club	42 — 1 Joanna Goorney	12 Barbara Holmes	29 Julia Rolfe
3 Keswick AC	46 — 5 Elaine Sargent	13 Louise Brown	28 Nicky Butler
4 Wesham Road Runners & Ac	48 — 8 Susan Coulthurst	14 Helen Lawrenson	26 Lisa Minns
5 Blackpool Wyre & Fylde Ac	51 — 9 Laura Lawler	20 Jennifer Burtonwood	22 Karen Dunford
6 Garstang Running Club	77 — 17 Becky Howell	19 Margaret Morley	41 Sheena Cottam
7 Preston Harriers	90 — 7 Jane Hodgkinson	40 Sue Wickham	43 Sherrill Caines
8 Trawden Athletic Club	125 — 39 Claire Partridge	42 Karen Windle	44 Julie Carman

Race 8 - Ladies over 65 — TEAM RESULTS

1 Clayton-Le-Moors Harriers	24 — 2 Susan Burns	9 Katherine Thompson	13 Christine Leathley
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Race 8 - Vet 70 Men — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time
1	2387	Paul Morris	V70 1 Keswick AC	28:53
2	1927	Phillip Quibell	V70 2 Wesham Road Runners & Ac	29:33
3	1295	Kevin Hesketh	V70 3 Preston Harriers	30:50
4	1928	John Collier	V70 4 Wesham Road Runners & Ac	35:11
5	532	Graham Hobson	V70 5 Garstang Running Club	35:57
6	1796	John Carman	V70 6 Trawden Athletic Club	36:51
7	1297	Alan Appleby	V75 1 Preston Harriers	37:13
8	771	George Parrington	V75 2 Lancaster & Morecambe Ac	39:40

Race 8 - Vet 70 Men — TEAM RESULTS

1 Wesham Road Runners & Ac	6 — 2 Phillip Quibell	4 John Collier
2 Preston Harriers	10 — 3 Kevin Hesketh	7 Alan Appleby

Mid Lancs Cross Country League at Kendal on Saturday 10th October 2026

Senior Men — PROVISIONAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time				
1	2380	John Battrick		Keswick AC	31:46	86	1995	Mark Belfield	V4010 Wesham Road Runners & Ac 39:52
2	302	Luke Minns		Blackpool Wyre & Fylde Ac	32:32	87	701	Richard Wilson	V45 6 Kendal Amateur Athletic Club 39:55
3	833	Joshua McKenny		Lancaster University Running &	32:36	88	2414	Steven Pagan	Border Harriers & Ac 40:01
4	896	Philip Waite		Leven Valley AC	32:38	89	1752	John Delamere	V50 5 Southport Waterloo Ac 40:02
5	2313	Ross Landon		Border Harriers & Ac	33:25	90	816	Issac Pressley	U2010 Lancaster University Running & 40:04
6	1303	Luke Kane	U20 1	Preston Harriers	33:33	91	1951	Ryan Ashcroft	Wesham Road Runners & Ac 40:05
7	2097	Aiden Briffett		Wigan & District H & Ac	33:58	92	799	John Brassington	V50 6 Lancaster & Morecambe Ac 40:05
8	695	Alasdair Russell		Kendal Amateur Athletic Club	33:59	93	1715	Oliver Horton	Southport Waterloo Ac 40:11
9	827	George Beevers		Lancaster University Running &	34:02	94	2121	Mike Harris	V55 5 Wigan & District H & Ac 40:14
10	889	Marley Griffiths	U20 2	Leven Valley AC	34:05	95	212	Mark Chippendale	V55 6 Blackburn Harriers & Ac 40:19
11	168	Jack Wood	U20 3	Blackburn Harriers & Ac	34:10	96	2383	Simon Blackman	V50 7 Keswick AC 40:21
12	2312	David Rich		Border Harriers & Ac	34:20	97	345	Tobias Mackie	V4011 Burnley Ac 40:21
13	1036	Oliver Sutcliffe		Liverpool Pembroke & Sefton	34:25	98	694	Adam Taylor	Kendal Amateur Athletic Club 40:24
14	893	Matthew Wall		Leven Valley AC	34:28	99	534	Andy Woof	V4012 Garstang Running Club 40:24
15	693	Daniel Clavey		Kendal Amateur Athletic Club	34:32	100	899	Mark Fisher	V4013 Leven Valley AC 40:25
16	892	Ross Campbell		Leven Valley AC	34:39	101	1081	Michael Procter	V55 7 Liverpool Pembroke & Sefton 40:27
17	496	Joshua Ingham		Clayton-Le-Moors Harriers	34:53	102	703	Matthew Wilson	V50 8 Kendal Amateur Athletic Club 40:37
18	783	Roger Prudon		Lancaster & Morecambe Ac	34:58	103	801	Christopher Pyle	V50 9 Lancaster & Morecambe Ac 40:42
19	2381	Sam Stead		Keswick AC	34:59	104	535	Peter Hewitt	V45 7 Garstang Running Club 40:49
20	346	Peter Mackrell	V40 1	Burnley Ac	35:09	105	2360	Seb Sillito	V45 8 Helm Hill Runners 40:54
21	1710	Callum Queen		Southport Waterloo Ac	35:37	106	521	David Edmondson	V55 8 Clayton-Le-Moors Harriers 40:57
22	1317	Sam Butler		Preston Harriers	35:41	107	522	Chris Funnell	V60 2 Clayton-Le-Moors Harriers 40:59
23	1323	Patrick Brown		Preston Harriers	35:46	108	298	Curt Shields	Blackpool Wyre & Fylde Ac 41:03
24	784	Beau Smith		Lancaster & Morecambe Ac	35:51	109	1037	Luke Collopy	Liverpool Pembroke & Sefton 41:06
25	580	Luke Turner		Hoad Hill Harriers	36:06	110	2021	Steve Wilson	V5010 Wesham Road Runners & Ac 41:09
26	1760	Francois Rafferty	V55 1	Southport Waterloo Ac	36:08	111	2013	Stephen Dunn	V45 9 Wesham Road Runners & Ac 41:10
27	830	Rohan Finch		Lancaster University Running &	36:13	112	200	Richard Addy	V4510 Blackburn Harriers & Ac 41:11
28	782	James Morris		Lancaster & Morecambe Ac	36:15	113	1941	Daniel Hounslea	Wesham Road Runners & Ac 41:12
29	17	James McLeod	V40 2	Accrington Road Runners	36:21	114	704	Alex Davies	V55 9 Kendal Amateur Athletic Club 41:16
30	2140	Andrew Laycock		Clayton-Le-Moors Harriers	36:24	115	598	Matthew Rooke	Hoad Hill Harriers 41:21
31	2293	Jack Robinson		Ambleside Ac	36:29	116	206	Anton Krige	V5510 Blackburn Harriers & Ac 41:30
32	2206	Alfie Bundy	U20 4	Lancaster University Running &	36:31	117	2294	Steve Brown	V60 3 Ambleside Ac 41:38
33	511	Adam Wale	V40 3	Clayton-Le-Moors Harriers	36:32	118	825	Matthew Oberholzer	Lancaster University Running & 41:40
34	1804	Martin Greenwood		Trawden Athletic Club	36:35	119	611	Robert Inman	V4511 Hoad Hill Harriers 41:40
35	1806	Brent Gardner	V40 4	Trawden Athletic Club	36:41	120	1813	Gary Barwell	V5011 Trawden Athletic Club 41:55
36	615	Scott Smith	V50 1	Hoad Hill Harriers	36:42	121	2384	Chris Eland	V5511 Keswick AC 41:56
37	785	Rory Alderson		Lancaster & Morecambe Ac	36:44	122	1162	Jonathan Tuck	V5012 Lytham St Annes Rr Club 42:02
38	494	George Wilson		Clayton-Le-Moors Harriers	36:57	123	698	Carl Hanaghan	V4512 Kendal Amateur Athletic Club 42:04
39	795	Mark Leadbeatter	V45 1	Lancaster & Morecambe Ac	36:57	124	582	James Perry	Hoad Hill Harriers 42:05
40	2363	Tim Ellis	V40 5	Horwich R M I Harriers	37:02	125	2351	Philip Cooper	V5013 Eden Runners 42:06
41	1307	Morgan Harley		Preston Harriers	37:03	126	500	George Chapman	Clayton-Le-Moors Harriers 42:07
42	1032	Alexander Procter		Liverpool Pembroke & Sefton	37:04	127	52	Danny Bouffler	V4014 Barrow & Furness Striders Ac 42:09
43	163	Henry Ward	U20 5	Blackburn Harriers & Ac	37:09	128	1329	Christopher McCarthy	V4015 Preston Harriers 42:10
44	1738	Mark Keenan		Southport Waterloo Ac	37:14	129	2316	Martin Varey	V5014 Border Harriers & Ac 42:29
45	2095	Jack Cuff		Wigan & District H & Ac	37:20	130	1351	Steve Hallas	V5015 Preston Harriers 42:34
46	2348	Edward Walker		Eden Runners	37:24	131	2124	Jamie Munro	V5512 Wigan & District H & Ac 42:38
47	1147	Jake Rodwell		Lytham St Annes Rr Club	37:26	132	1964	Thomas Crabtree	Wesham Road Runners & Ac 42:41
48	512	Ian Cocks	V40 6	Clayton-Le-Moors Harriers	37:28	133	904	James Bailey	V5016 Leven Valley AC 42:43
49	2315	Jonny Lowe	V45 2	Border Harriers & Ac	37:42	134	898	Chris Larkin	V4016 Leven Valley AC 42:45
50	2210	Ross McKelvie		Lytham St Annes Rr Club	37:48	135	1765	Peter Roome	V60 4 Southport Waterloo Ac 42:47
51	778	Tom Bowman		Lancaster & Morecambe Ac	37:54	136	1326	Jonathan Rackstraw	Preston Harriers 42:49
52	1315	George Holt		Preston Harriers	38:02	137	1397	Barry Wheeler	V4017 Red Rose Road Runners 42:50
53	2385	Dave Birch	V55 2	Keswick AC	38:08	138	605	Cian Nutt	V4513 Hoad Hill Harriers 42:52
54	891	Jack Smith		Leven Valley AC	38:11	139	536	Gary Dewhurst	V4514 Garstang Running Club 43:18
55	1708	Matthew Bailey		Southport Waterloo Ac	38:12	140	1359	David Lea	V65 1 Preston Harriers 43:20
56	2352	Tim Campbell	V50 2	Eden Runners	38:15	141	614	Howard Lindow	V4515 Hoad Hill Harriers 43:24
57	1716	Cameron Jeffers		Southport Waterloo Ac	38:18	142	22	Dave Hartley	V5017 Accrington Road Runners 43:29
58	1027	Daniel Procter	U20 6	Liverpool Pembroke & Sefton	38:20	143	175	Jack Lamb	Blackburn Harriers & Ac 43:31
59	1489	Henry Patchett	U20 7	Sedbergh School RC	38:21	144	1565	Phillip Derry	V4516 Skelmersdale Boundary H 43:35
60	831	Samuel Binks		Lancaster University Running &	38:23	145	815	Pete Abell	U2011 Lancaster University Running & 43:48
61	787	William Fish		Lancaster & Morecambe Ac	38:26	146	826	Sander Morris	Lancaster University Running & 43:53
62	1744	Andrew Veevers	V45 3	Southport Waterloo Ac	38:28	147	1856	Charles Mitchell	V5018 Walney Wind Cheetahs 43:54
63	515	Richard Stevenson	V50 3	Clayton-Le-Moors Harriers	38:30	148	311	Stuart Hall	V4517 Blackpool Wyre & Fylde Ac 43:55
64	1728	Marc Singer		Southport Waterloo Ac	38:32	149	516	Gareth Berry	V5019 Clayton-Le-Moors Harriers 43:56
65	1502	Richard Wells	V55 3	Sedbergh School RC	38:33	150	608	Glenn Boulter	V4518 Hoad Hill Harriers 43:57
66	292	Thomas Dunbar		Blackpool Wyre & Fylde Ac	38:40	151	296	Nathan Baker	Blackpool Wyre & Fylde Ac 43:58
67	597	Darren Coward		Hoad Hill Harriers	38:43	152	1768	Neil Adshead	V65 2 Southport Waterloo Ac 44:00
68	2319	Simon Oliver	V50 4	Chester Triathlon Club	38:44	153	624	Jeffrey Chadwick	V5513 Hoad Hill Harriers 44:03
69	579	Charles Jeffrey		Hoad Hill Harriers	38:52	154	13	Jordan Livesey	Accrington Road Runners 44:04
70	165	Thomas North	U20 8	Blackburn Harriers & Ac	38:54	155	2025	Tony Terras	V5514 Wesham Road Runners & Ac 44:08
71	2349	Richard Green	V40 7	Eden Runners	38:58	156	1573	Paul Howarth	V5020 Skelmersdale Boundary H 44:15
72	1342	Andrew Harling	V45 4	Preston Harriers	38:58	157	1408	David Simmons	V5021 Red Rose Road Runners 44:17
73	821	Jake Moir		Lancaster University Running &	39:00	158	510	Phill Campbell	V4018 Clayton-Le-Moors Harriers 44:37
74	1039	Jack Valentine		Liverpool Pembroke & Sefton	39:02	159	625	Pete Hopley	V5515 Hoad Hill Harriers 44:46
75	696	William Sisson	V40 8	Kendal Amateur Athletic Club	39:03	160	2141	Simon Gora	V4019 Garstang Running Club 44:48
76	820	Nathan Jost		Lancaster University Running &	39:04	161	2330	David Harper	V4519 Derwent Ac Cockermouth 44:50
77	1322	Paul Finnigen		Preston Harriers	39:12	162	304	Jay Marrington	Blackpool Wyre & Fylde Ac 44:52
78	26	Glen Goodwin	V60 1	Accrington Road Runners	39:19	163	10	Alex Birtwistle	Accrington Road Runners 44:54
79	520	Jonathan Ratcliffe	V55 4	Clayton-Le-Moors Harriers	39:21	164	1809	Sam Norris	V4020 Trawden Athletic Club 44:56
80	690	Will Brayshaw	U20 9	Kendal Amateur Athletic Club	39:23	165	208	Craig Greenough	V5516 Blackburn Harriers & Ac 45:08
81	1154	James Whittle		Lytham St Annes Rr Club	39:25	166	1488	Matthew Mulligan	U2012 Sedbergh School RC 45:09
82	1705	Oliver Kitt		Southport Waterloo Ac	39:27	167	317	Andrew Smith	V5517 Blackpool Wyre & Fylde Ac 45:16
83	1498	Danny Roberts	V40 9	Sedbergh School RC	39:35	168	2354	Jonathan Tombs	V5518 Eden Runners 45:19
84	493	Luke Lloyd		Clayton-Le-Moors Harriers	39:48	169	28	David Tomlinson	V60 5 Accrington Road Runners 45:23
85	797	Shane Cody	V45 5	Lancaster & Morecambe Ac	39:48	170	2408	Andrew Blenkinsop	V5022 Unattached 45:25

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk

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Sport
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171	2362	Paul Targett	V60 6	Holcombe Harriers	45:31	206	322	Nick Hume	V65 7	Blackpool Wyre & Fylde Ac	49:46
172	344	Adam Hall	V4021	Burnley Ac	45:33	207	2191	Andrew Kitts	V4024	Kirkby Milers AC	49:59
173	603	Tom Southward	V4022	Hoad Hill Harriers	45:36	208	1348	Paul Jeffries	V5031	Preston Harriers	50:11
174	1338	Chris Ringrose	V4520	Preston Harriers	45:40	209	2128	Graeme Higgins	V6015	Wigan & District H & Ac	50:21
175	1852	Kieran Ireland		Walney Wind Cheetahs	45:45	210	905	Peter Jewell	V5522	Leven Valley AC	50:24
176	1354	Andrew Tranter	V60 7	Preston Harriers	45:48	211	2332	Anthony Davis	V65 8	Derwent Ac Cockermouth	50:33
177	1356	John Griffiths	V60 8	Preston Harriers	45:50	212	1398	Nat Kerray	V4025	Red Rose Road Runners	50:45
178	2019	Steve Myerscough	V5023	Wesham Road Runners & Ac	45:57	213	626	Mark Holden	V6016	Hoad Hill Harriers	50:53
179	1352	Chris Wales	V5024	Preston Harriers	46:05	214	628	Peter Davison	V6017	Hoad Hill Harriers	51:00
180	1159	Steve Pepper	V4023	Lytham St Annes Rr Club	46:08	215	1163	Dan Gregson	V5032	Lytham St Annes Rr Club	51:23
181	2198	Mark Ingarfield	V5025	Kirkby Milers AC	46:13	216	803	Eryl Husband	V65 9	Lancaster & Morecambe Ac	51:35
182	600	Andy Johannessen		Hoad Hill Harriers	46:19	217	2142	Laurence Shackleton	V5033	Garstang Running Club	51:36
183	1350	Steve Sherwen	V5026	Preston Harriers	46:20	218	539	Stephen Crompton	V5034	Garstang Running Club	51:38
184	2350	Richard Wood	V4521	Eden Runners	46:24	219	707	Stuart McGurk	V6510	Kendal Amateur Athletic Club	51:42
185	2355	Jamie Jephcott	V5519	Eden Runners	46:43	220	2194	Stuart Cameron	V4526	Kirkby Milers AC	51:49
186	513	David Motley	V4522	Clayton-Le-Moors Harriers	46:45	221	1860	Philip Horrocks	V6018	Walney Wind Cheetahs	52:53
187	25	Darrin Robinson	V60 9	Accrington Road Runners	46:48	222	1597	Nick Paul	V6019	Skelmersdale Boundary H	53:04
188	1426	Simon Shaw	V6010	Red Rose Road Runners	47:00	223	2386	Dominic Barry	V6020	Keswick AC	53:23
189	1092	Mark Hudson	V65 3	Liverpool Pembroke & Sefton	47:08	224	1424	Stephen Woodruffe	V6021	Red Rose Road Runners	53:55
190	538	Chris Horner	V5027	Garstang Running Club	47:11	225	315	Anthony Blight	V5523	Blackpool Wyre & Fylde Ac	53:57
191	1570	Andrew Mowatt	V4523	Skelmersdale Boundary H	47:33	226	24	Liam Moden	V6022	Accrington Road Runners	54:12
192	1576	Jamie McMahon	V5028	Skelmersdale Boundary H	47:34	227	2045	Nigel Shepherd	V6511	Wesham Road Runners & Ac	54:24
193	1407	Scott Jackson	V5029	Red Rose Road Runners	47:36	228	54	Ray Jones	V6512	Barrow & Furness Striders Ac	54:37
194	1358	John Rainford	V65 4	Preston Harriers	47:56	229	706	Peter Acland	V6513	Kendal Amateur Athletic Club	54:40
195	2119	John Smith	V5030	Wigan & District H & Ac	48:05	230	623	Frank McKeown	V5524	Hoad Hill Harriers	54:46
196	902	Chris Moore	V4524	Leven Valley AC	48:10	231	523	Ian Harrison	V6023	Clayton-Le-Moors Harriers	55:28
197	906	Neil Smith	V5520	Leven Valley AC	48:55	232	1572	Adrian Goulding	V5035	Skelmersdale Boundary H	56:06
198	1420	John Carruthers	V6011	Red Rose Road Runners	48:59	233	1360	Michael Brown	V6514	Preston Harriers	56:15
199	1764	Graham Cuddy	V6012	Southport Waterloo Ac	49:03	234	1414	Edwin Hamilton	V5525	Red Rose Road Runners	57:30
200	1423	Philip Butler	V6013	Red Rose Road Runners	49:08	235	542	Marcus Howell	V5036	Garstang Running Club	58:55
201	1766	Michael Cunningham	V6014	Southport Waterloo Ac	49:31	236	593	Cormac Murray		Hoad Hill Harriers	1:00:53
202	1863	Steven Batty	V65 5	Walney Wind Cheetahs	49:34	237	2197	Nicholas McCole	V5037	Kirkby Milers AC	1:01:55
203	2353	Garry Bower	V5521	Eden Runners	49:42	238	1862	Andrew Hemsley	V6024	Walney Wind Cheetahs	1:06:24
204	1405	Simon Worbey	V4525	Red Rose Road Runners	49:44	239	1855	Paul Smith	V5038	Walney Wind Cheetahs	1:07:09
205	634	Will Holligan	V65 6	Hoad Hill Harriers	49:45						

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Lancaster & Morecambe Ac	197	—	18	Roger Prudon	24	Beau Smith	28	James Morris	37	Rory Alderson	39	Mark Leadbeatter	51	Tom Bowman
2	Leven Valley AC	198	—	4	Philip Waite	10	Marley Griffiths	14	Matthew Wall	16	Ross Campbell	54	Jack Smith	100	Mark Fisher
3	Lancaster University Running &	204	—	3	Joshua McKenny	9	George Beevers	27	Rohan Finch	32	Alfie Bundy	60	Samuel Binks	73	Jake Moir
4	Preston Harriers	216	—	6	Luke Kane	22	Sam Butler	23	Patrick Brown	41	Morgan Harley	52	George Holt	72	Andrew Harling
5	Clayton-Le-Moors Harriers	229	—	17	Joshua Ingham	30	Andrew Laycock	33	Adam Wale	38	George Wilson	48	Ian Cocks	63	Richard Stevenson
6	Southport Waterloo Ac	265	—	21	Callum Queen	26	Francois Rafferty	44	Mark Keenan	55	Matthew Bailey	57	Cameron Jeffers	62	Andrew Veevers
7	Kendal Amateur Athletic Club	363	—	8	Alasdair Russell	15	Daniel Clavey	75	William Sisson	80	Will Brayshaw	87	Richard Wilson	98	Adam Taylor
8	Liverpool Pembroke & Sefton	397	—	13	Oliver Sutcliffe	42	Alexander Procter	58	Daniel Procter	74	Jack Valentine	101	Michael Procter	109	Luke Collopy
9	Hoad Hill Harriers	431	—	25	Luke Turner	36	Scott Smith	67	Darren Coward	69	Charles Jeffrey	115	Matthew Rooke	119	Robert Inman
10	Blackburn Harriers & Ac	447	—	11	Jack Wood	43	Henry Ward	70	Thomas North	95	Mark Chippendale	112	Richard Addy	116	Anton Krige
11	Keswick AC	512	—	1	John Batrick	19	Sam Stead	53	Dave Birch	96	Simon Blackman	121	Chris Eland	222	Dominic Barry
12	Southport Waterloo Ac 'B'	615	—	64	Marc Singer	82	Oliver Kitt	89	John Delamere	93	Oliver Horton	135	Peter Roome	152	Neil Adshead
13	Blackpool Wyre & Fylde Ac	637	—	2	Luke Minns	66	Thomas Dunbar	108	Curt Shields	148	Stuart Hall	151	Nathan Baker	162	Jay Marrington
14	Wesham Road Runners & Ac	643	—	86	Mark Belfield	91	Ryan Ashcroft	110	Steve Wilson	111	Stephen Dunn	113	Daniel Hounslea	132	Thomas Crabtree
15	Eden Runners	649	—	46	Edward Walker	56	Tim Campbell	71	Richard Green	125	Philip Cooper	168	Jonathan Tombs	183	Richard Wood
16	Clayton-Le-Moors Harriers 'B'	651	—	79	Jonathan Ratcliffe	84	Luke Lloyd	106	David Edmondson	107	Chris Funnell	126	George Chapman	149	Gareth Berry
17	Wigan & District H & Ac	679	—	7	Aiden Briffett	45	Jack Cuff	94	Mike Harris	131	Jamie Munro	194	John Smith	208	Graeme Higgins
18	Lytham St Annes Rr Club	693	—	47	Jake Rodwell	50	Ross McKelvie	81	James Whittle	122	Jonathan Tuck	179	Steve Pepper	214	Dan Gregson
19	Accrington Road Runners	735	—	29	James McLeod	78	Glen Goodwin	142	Dave Hartley	154	Jordan Livesey	163	Alex Birtwistle	169	David Tomlinson
20	Preston Harriers 'B'	784	—	77	Paul Finnigen	128	Christopher McCarthy	130	Steve Hallas	136	Jonathan Rackstraw	140	David Lea	173	Chris Ringrose
21	Hoad Hill Harriers 'B'	865	—	124	James Perry	138	Cian Nutt	141	Howard Lindow	150	Glenn Boulter	153	Jeffrey Chadwick	159	Pete Hopley
22	Garstang Running Club	907	—	99	Andy Woof	104	Peter Hewitt	139	Gary Dewhurst	160	Simon Gora	189	Chris Homer	216	Laurence Shackleton
23	Red Rose Road Runners	1069	—	137	Barry Wheeler	157	David Simmons	187	Simon Shaw	192	Scott Jackson	197	John Carruthers	199	Philip Butler
24	Skelmersdale Boundary H	1133	—	144	Phillip Derry	156	Paul Howarth	190	Andrew Mowatt	191	Jamie McMahon	221	Nick Paul	231	Adrian Goulding
25	Walney Wind Cheetahs	1217	—	147	Charles Mitchell	174	Kieran Ireland	201	Steven Batty	220	Philip Horrocks	237	Andrew Hemsley	238	Paul Smith

Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	1303	Luke Kane	U20 1	Preston Harriers	33:33
2	889	Marley Griffiths	U20 2	Leven Valley AC	34:05
3	168	Jack Wood	U20 3	Blackburn Harriers & Ac	34:10
4	2206	Alfie Bundy	U20 4	Lancaster University Running &	36:31
5	163	Henry Ward	U20 5	Blackburn Harriers & Ac	37:09
6	1027	Daniel Procter	U20 6	Liverpool Pembroke & Sefton	38:20
7	1489	Henry Patchett	U20 7	Sedbergh School RC	38:21
8	165	Thomas North	U20 8	Blackburn Harriers & Ac	38:54
9	690	Will Brayshaw	U20 9	Kendal Amateur Athletic Club	39:23
10	816	Issac Pressley	U2010	Lancaster University Running &	40:04
11	815	Pete Abell	U2011	Lancaster University Running &	43:48
12	1488	Matthew Mulligan	U2012	Sedbergh School RC	45:09

Senior Men under 20 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Blackburn Harriers & Ac	16	—	3	Jack Wood	5	Henry Ward	8	Thomas North
2	Lancaster University Running &	25	—	4	Alfie Bundy	10	Issac Pressley	11	Pete Abell

Senior Men (Vets) over 50 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton-Le-Moors Harriers	32 —	5 Richard Stevenson	9 Jonathan Ratcliffe	18 David Edmondson
2 Keswick AC	42 —	3 Dave Birch	14 Simon Blackman	25 Chris Eland
3 Southport Waterloo Ac	43 —	1 Francois Rafferty	10 John Delamere	32 Peter Roome
4 Eden Runners	76 —	4 Tim Campbell	27 Philip Cooper	45 Jonathan Tombs
5 Blackburn Harriers & Ac	78 —	13 Mark Chippendale	22 Anton Krige	43 Craig Greenough
6 Hoad Hill Harriers	82 —	2 Scott Smith	38 Jeffrey Chadwick	42 Pete Hopley
7 Accrington Road Runners	88 —	8 Glen Goodwin	34 Dave Hartley	46 David Tomlinson
8 Wigan & District H & Ac	104 —	12 Mike Harris	30 Jamie Munro	62 John Smith
9 Lancaster & Morecambe Ac	107 —	11 John Brassington	17 Christopher Pyle	79 Eryl Husband
10 Wesham Road Runners & Ac	109 —	20 Steve Wilson	39 Tony Terras	50 Steve Myerscough
11 Preston Harriers	110 —	29 Steve Hallas	33 David Lea	48 Andrew Tranter
12 Kendal Amateur Athletic Club	119 —	16 Matthew Wilson	21 Alex Davies	82 Stuart McGurk
13 Red Rose Road Runners	157 —	41 David Simmons	56 Simon Shaw	60 Scott Jackson
14 Leven Valley AC	168 —	31 James Bailey	63 Neil Smith	74 Peter Jewell
15 Skelmersdale Boundary H	183 —	40 Paul Howarth	59 Jamie McMahon	84 Nick Paul
16 Walney Wind Cheetahs	186 —	35 Charles Mitchell	68 Steven Batty	83 Philip Horrocks
17 Blackpool Wyre & Fylde Ac	202 —	44 Andrew Smith	71 Nick Hume	87 Anthony Blight
18 Garstang Running Club	219 —	58 Chris Horner	80 Laurence Shackleton	81 Stephen Crompton

Senior Men (Vets) over 60 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Accrington Road Runners	19 —	1 Glen Goodwin	7 David Tomlinson	11 Darrin Robinson
2 Preston Harriers	24 —	5 David Lea	9 Andrew Tranter	10 John Griffiths
3 Southport Waterloo Ac	26 —	4 Peter Roome	6 Neil Adshead	16 Graham Cuddy
4 Red Rose Road Runners	44 —	12 Simon Shaw	15 John Carruthers	17 Philip Butler
5 Hoad Hill Harriers	69 —	20 Will Holligan	24 Mark Holden	25 Peter Davison
6 Walney Wind Cheetahs	85 —	19 Steven Batty	28 Philip Horrocks	38 Andrew Hemsley