

# Mid Lancs Cross Country League at Ryelands Park, Lancaster on Saturday 28th February 2026

## Under 11 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	379	Cora Alton	Chorley A & T	7:21	23	779	Nessa Cody	Lancaster & Morecambe Ac	8:07
2	701	Teigan Wilcock	Kendal AAC	7:26	24	921	Connie Dalton	Leven Valley AC	8:08
3	699	Isla Dalton	Kendal AAC	7:28	25	384	Iris Thomson	Chorley A & T	8:11
4	220	Isabelle Cooper	Blackpool Wyre & Fylde Ac	7:30	26	781	Luisa Korne	Lancaster & Morecambe Ac	8:13
5	1874	Emily Holden	Preston Harriers	7:35	27	1746	Isla Elseder	Lytham St Annes Rr Club	8:15
6	1878	Eden Wilkins	Preston Harriers	7:35	28	229	Lily Shaw	Blackpool Wyre & Fylde Ac	8:20
7	394	Amelia Pendlebury	Chorley A & T	7:36	29	1877	Aurelia Wilding	Preston Harriers	8:23
8	1875	Eva Karran	Preston Harriers	7:37	30	362	Maisie Hall	Burnley Ac	8:32
9	1844	Ella Jordan	Pendle Athletic Club	7:39	31	1474	Poppy Worswick	Preston Harriers	8:35
10	924	Gabrielle Murray	Leven Valley AC	7:44	32	1010	Megan Taylor	Chorley A & T	8:38
11	1876	Annie Turner	Preston Harriers	7:44	33	2089	Isla Shaw	Rossendale Harriers & Ac	8:43
12	2085	Emma Latella	Rossendale Harriers & Ac	7:46	34	923	Heidi Murphy	Leven Valley AC	8:54
13	1469	Olivia Dyer	Preston Harriers	7:47	35	381	Xanthe Bragg	Chorley A & T	8:57
14	1059	Thea XPearce	Rossendale Harriers & Ac	7:47	36	365	Maisie Sayle	Burnley Ac	9:04
15	225	Alana McMinnis	Blackpool Wyre & Fylde Ac	7:55	37	1477	Rosie Horridge	Rossendale Harriers & Ac	9:12
16	2752	Hannah Nicholls	Wigan & District H & Ac	7:57	38	1839	Estelle Alderson	Pendle Athletic Club	9:13
17	1873	Julia Holden	Preston Harriers	7:58	39	1846	Emma Mitchell	Pendle Athletic Club	9:16
18	1485	Harriet Rooke	Black Combe Runners	7:58	40	782	Freya Winterbottom	Lancaster & Morecambe Ac	9:28
19	1451	Lyra Lomas	Leigh Harriers & Ac	7:59	41	780	Poppy Holroyd	Lancaster & Morecambe Ac	9:28
20	440	Harper Singleton	Clayton-Le-Moors Harriers	8:00	42	382	Erin Corrigan	Chorley A & T	9:40
21	2870	Erica Boydon	Lancaster & Morecambe Ac	8:06	43	922	Lexi Fisher	Leven Valley AC	10:51
22	1429	Enia Korne	Lancaster & Morecambe Ac	8:07	44	439	Heather Clegg	Clayton-Le-Moors Harriers	10:59

## Under 11 Girls — TEAM RESULTS

1	Preston Harriers	19	—	5	Emily Holden	6	Eden Wilkins	8	Eva Karran
2	Chorley A & T	33	—	1	Cora Alton	7	Amelia Pendlebury	25	Iris Thomson
3	Blackpool Wyre & Fylde Ac	47	—	4	Isabelle Cooper	15	Alana McMinnis	28	Lily Shaw
4	Rossendale Harriers & Ac	59	—	12	Emma Latella	14	Thea XPearce	33	Isla Shaw
5	Lancaster & Morecambe Ac	66	—	21	Erica Boydon	22	Enia Korne	23	Nessa Cody
6	Leven Valley AC	68	—	10	Gabrielle Murray	24	Connie Dalton	34	Heidi Murphy
7	Pendle Athletic Club	86	—	9	Ella Jordan	38	Estelle Alderson	39	Emma Mitchell

## Under 11 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	249	Theo Minns	Blackpool Wyre & Fylde Ac	6:15	25	449	Theo Singleton	Clayton-Le-Moors Harriers	7:41
2	240	Dexter Edwards	Blackpool Wyre & Fylde Ac	6:43	26	1605	William Elliott	Liverpool Pembroke Sefton	7:43
3	1490	Alex Bailey-Hall	Liverpool Harriers & Ac	6:44	27	1881	Oliver Cliff	Preston Harriers	7:47
4	2356	Thomas Delamere	Southport Waterloo Ac	6:44	28	52	Elliot Scanlon	Barrow & Furness Striders	7:52
5	702	Jacob Bagshaw	Kendal AAC	6:50	29	2494	Ellis Mitchell	Trawden Athletic Club	7:54
6	236	Rio Cobb	Blackpool Wyre & Fylde Ac	6:51	30	251	Alexander Parsons	Blackpool Wyre & Fylde Ac	7:56
7	441	Henry Driver	Clayton-Le-Moors Harriers	6:53	31	1486	William Doig	Helm Hill Runners	7:58
8	705	Harrison Reid	Kendal AAC	6:56	32	385	Rupert Bignell	Chorley A & T	8:01
9	707	Sean Wild-Garcia	Kendal AAC	6:58	33	1884	Fraser Mackie	Preston Harriers	8:04
10	1887	Billy Woodruff	Preston Harriers	7:00	34	1755	Arthur May	Lytham St Annes Rr Club	8:04
11	447	Harry O'Brien	Clayton-Le-Moors Harriers	7:01	35	784	Luke Yates	Lancaster & Morecambe Ac	8:04
12	2891	Edward XRose	Preston Harriers	7:02	36	241	Grayson Glickman	Blackpool Wyre & Fylde Ac	8:07
13	70H	Russell-Blackburn	Blackburn Harriers & Ac	7:09	37	245	Charlie Holfield	Blackpool Wyre & Fylde Ac	8:08
14	446	George Lowde	Clayton-Le-Moors Harriers	7:10	38	1430	Elliot Nolan	Lancaster & Morecambe Ac	8:12
15	444	James Fielding	Clayton-Le-Moors Harriers	7:11	39	1756	Benjamin Nield	Lytham St Annes Rr Club	8:13
16	448	Maxx Singleton	Clayton-Le-Moors Harriers	7:12	40	2892	Harry XScholes	Preston Harriers	8:13
17	235	Alfie Cobb	Blackpool Wyre & Fylde Ac	7:22	41	703	George Butler	Kendal AAC	8:20
18	1604	Cian Critchley	Liverpool Pembroke Sefton	7:23	42	1603	Samuel Clancy	Liverpool Pembroke Sefton	8:21
19	2360	William Paybody	Southport Waterloo Ac	7:23	43	445	Eli Heys	Clayton-Le-Moors Harriers	8:34
20	391	William Wiggans	Chorley A & T	7:29	44	783	Jake Holroyd	Lancaster & Morecambe Ac	8:45
21	2358	Jack Mainey	Southport Waterloo Ac	7:36	45	1750	Noah Barber	Lytham St Annes Rr Club	8:48
22	1610	Felix Obong	Liverpool Pembroke Sefton	7:37	46	443	Harris Evans	Clayton-Le-Moors Harriers	8:53
23	1609	Luka McGlone	Liverpool Pembroke Sefton	7:39	47	244	Archie Holfield	Blackpool Wyre & Fylde Ac	8:58
24	1879	Teddy Briers	Preston Harriers	7:40	48	706	Matt Wild-Garcia	Kendal AAC	9:03

## Under 11 Boys — TEAM RESULTS

1	Blackpool Wyre & Fylde Ac	9	—	1	Theo Minns	2	Dexter Edwards	6	Rio Cobb
2	Kendal AAC	22	—	5	Jacob Bagshaw	8	Harrison Reid	9	Sean Wild-Garcia
3	Clayton-Le-Moors Harriers	32	—	7	Henry Driver	11	Harry O'Brien	14	George Lowde
4	Southport Waterloo Ac	44	—	4	Thomas Delamere	19	William Paybody	21	Jack Mainey
5	Preston Harriers	46	—	10	Billy Woodruff	12	Edward XRose	24	Teddy Briers
6	Liverpool Pembroke Sefton	63	—	18	Cian Critchley	22	Felix Obong	23	Luka McGlone
7	Lancaster & Morecambe Ac	117	—	35	Luke Yates	38	Elliot Nolan	44	Jake Holroyd
8	Lytham St Annes Rr Club	118	—	34	Arthur May	39	Benjamin Nield	45	Noah Barber

# Mid Lancs Cross Country League

## at Ryelands Park, Lancaster on Saturday 28th February 2026

### Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	1489	Amelie Wormald	Horwich R M I Harriers	8:08	21	1618	Florence Millward	Liverpool Pembroke Sefton	10:01
2	708	Mila Barron	Kendal AAC	8:30	22	371	Isabella Williams	Burnley Ac	10:06
3	715	Isla Mackinnon	Kendal AAC	8:44	23	72	Pippa Blackburn	Blackburn Harriers & Ac	10:11
4	1491	Poppy Baker	Liverpool Harriers & Ac	8:48	24	456	Freya Thomas	Clayton-Le-Moors Harriers	10:13
5	2109	Thea Newton	Rossendale Harriers & Ac	8:49	25	1001	Mya XChadwick	Blackburn Harriers & Ac	10:14
6	2105	Isabelle Fenn	Rossendale Harriers & Ac	8:53	26	1893	Mia Park	Preston Harriers	10:16
7	1468	Ella Cox	Preston Harriers	8:57	27	785	Sophia Davies	Lancaster & Morecambe Ac	10:17
8	2496	Mione Todd	Trawden Athletic Club	8:58	28	1761	Lena Szargut	Lytham St Annes Rr Club	10:27
9	2103	Elsie Duffy	Rossendale Harriers & Ac	9:08	29	2365	Millie Drinkwater	Southport Waterloo Ac	10:27
10	2363	Ava Abrahams	Southport Waterloo Ac	9:10	30	2369	Millie Pritchard	Southport Waterloo Ac	10:29
11	53	Isabella Scanlon	Leven Valley AC	9:19	31	786	Scarlet Gora	Lancaster & Morecambe Ac	10:31
12	452	Molly Jackson	Clayton-Le-Moors Harriers	9:21	32	788	Sienna Hardiman	Lancaster & Morecambe Ac	10:33
13	1494	Holly Coombe	Liverpool Harriers & Ac	9:22	33	712	Poppy Carlton	Kendal AAC	10:37
14	2364	Claudia Davidson	Southport Waterloo Ac	9:24	34	2366	Harriet Honess	Southport Waterloo Ac	10:38
15	2872	Silvia Parsons	Lancaster & Morecambe Ac	9:27	35	789	Thea Harrison	Lancaster & Morecambe Ac	10:39
16	75	Ruby Govier	Blackburn Harriers & Ac	9:30	36	1758	Annabel Blewett	Lytham St Annes Rr Club	10:39
17	926	Isabelle Coward	Leven Valley AC	9:39	37	455	Amelia-Grace Rushton	Clayton-Le-Moors Harriers	10:46
18	73	Sophie Douglas	Blackburn Harriers & Ac	9:49	38	2370	Lauren Sinha	Southport Waterloo Ac	10:48
19	710	Violet Benson	Kendal AAC	9:53	39	709	Rosie Beaton	Kendal AAC	11:00
20	1889	Harriet Johns	Preston Harriers	9:54	40	1617	Leah McGlone	Liverpool Pembroke Sefton	11:33

### Under 13 Girls — TEAM RESULTS

1	Rossendale Harriers & Ac	20	—	5	Thea Newton	6	Isabelle Fenn	9	Elsie Duffy
2	Kendal AAC	24	—	2	Mila Barron	3	Isla Mackinnon	19	Violet Benson
3	Preston Harriers	53	—	7	Ella Cox	20	Harriet Johns	26	Mia Park
4	Southport Waterloo Ac	53	—	10	Ava Abrahams	14	Claudia Davidson	29	Millie Drinkwater
5	Blackburn Harriers & Ac	57	—	16	Ruby Govier	18	Sophie Douglas	23	Pippa Blackburn
6	Lancaster & Morecambe Ac	73	—	15	Silvia Parsons	27	Sophia Davies	31	Scarlet Gora
7	Clayton-Le-Moors Harriers	73	—	12	Molly Jackson	24	Freya Thomas	37	Amelia-Grace Rushton

### Race 4 - Under 13 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	722	Jos Jebb	Kendal AAC	10:48	21	1472	Declan Peacock	Preston Harriers	11:56
2	2497	Jack Mitchell	Trawden Athletic Club	10:49	22	793	Jack Parrington	Lancaster & Morecambe Ac	12:08
3	89	E Russell-Blackburn	Blackburn Harriers & Ac	10:54	23	1623	Jack Clancy	Liverpool Pembroke Sefton	12:09
4	398	Oscar Bragg	Chorley A & T	10:57	24	54	Alfie Dale	Barrow & Furness Striders	12:13
5	1895	Harry Griffin	Preston Harriers	11:04	25	1424	Nathan Appell	Lancaster & Morecambe Ac	12:29
6	401	William Jenner	Chorley A & T	11:04	26	1480	Elliot Stevens	Southport Waterloo Ac	12:31
7	1412	Addison Bland	Chorley A & T	11:12	27	1628	Thomas Howard	Liverpool Pembroke Sefton	12:45
8	460	Harry Lowde	Clayton-Le-Moors Harriers	11:20	28	1425	Matty Birkbeck	Lancaster & Morecambe Ac	12:53
9	458	Ethan Carson	Clayton-Le-Moors Harriers	11:26	29	88	Harry Mitchell	Blackburn Harriers & Ac	12:56
10	718	Peter Butler	Kendal AAC	11:30	30	1897	Alex Hatch	Preston Harriers	12:57
11	462	Alex Smialek	Clayton-Le-Moors Harriers	11:35	31	792	Joe Maguire	Lancaster & Morecambe Ac	13:01
12	1900	Patrick Piron	Preston Harriers	11:36	32	2120	Henry Wright	Rossendale Harriers & Ac	13:17
13	723	Oliver Wrigley	Kendal AAC	11:37	33	402	Benjamin Leap	Chorley A & T	13:28
14	1898	Harrison Kingwells	Preston Harriers	11:38	34	406	Jasper Raby	Chorley A & T	13:35
15	1414	Buster Robinson	Clayton-Le-Moors Harriers	11:39	35	400	Oliver Holden	Chorley A & T	13:55
16	794	Oliver Partington	Lancaster & Morecambe Ac	11:40	36	84	William Fairwood	Blackburn Harriers & Ac	14:06
17	2377	Marcus Larkin	Southport Waterloo Ac	11:44	37	2755	Ryan Catton	Wigan & District H & Ac	14:11
18	2378	Matthew Ndjambula	Southport Waterloo Ac	11:49	38	2117	Elliott Sanderson	Rossendale Harriers & Ac	14:55
19	87	Ben Hawksworth	Blackburn Harriers & Ac	11:52	39	1633	Hugo Ward	Liverpool Pembroke Sefton	16:11
20	1896	Ruben Harwood	Preston Harriers	11:55					

### Race 4 - Under 13 Boys — TEAM RESULTS

1	Chorley A & T	17	—	4	Oscar Bragg	6	William Jenner	7	Addison Bland
2	Kendal AAC	24	—	1	Jos Jebb	10	Peter Butler	13	Oliver Wrigley
3	Clayton-Le-Moors Harriers	28	—	8	Harry Lowde	9	Ethan Carson	11	Alex Smialek
4	Preston Harriers	31	—	5	Harry Griffin	12	Patrick Piron	14	Harrison Kingwells
5	Blackburn Harriers & Ac	51	—	3	E Russell-Blackburn	19	Ben Hawksworth	29	Harry Mitchell
6	Southport Waterloo Ac	61	—	17	Marcus Larkin	18	Matthew Ndjambula	26	Elliot Stevens
7	Lancaster & Morecambe Ac	63	—	16	Oliver Partington	22	Jack Parrington	25	Nathan Appell
8	Liverpool Pembroke Sefton	89	—	23	Jack Clancy	27	Thomas Howard	39	Hugo Ward

# Mid Lancs Cross Country League

## at Ryelands Park, Lancaster on Saturday 28th February 2026

### Race 4 - Under 15 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2187	Lucia Connell	Sedbergh School RC	11:02	15	1423	Penelope Wadsworth	Kendal AAC	13:27
2	2757	Maisie Cadman	Wigan & District H & Ac	11:23	16	797	Sophie Brownsmith	Lancaster & Morecambe Ac	13:32
3	928	Katelyn Douglas	Leven Valley AC	11:54	17	1567	Melissa Cameron	Kirkby Milers AC	13:33
4	801	Sienna Thorley	Lancaster & Morecambe Ac	11:57	18	272	Abigail Cameron	Blackpool Wyre & Fylde Ac	13:34
5	725	Emmy Ranner	Kendal AAC	12:10	19	409	Isabelle Hopkins	Chorley A & T	13:34
6	1906	Lucy Mitchell	Preston Harriers	12:15	20	408	Grace Daniels	Chorley A & T	13:46
7	930	Imogen Moore	Leven Valley AC	12:18	21	2384	Phoebe-Rose Devlin	Southport Waterloo Ac	13:49
8	276	Lily-Rose McMinnis	Blackpool Wyre & Fylde Ac	12:22	22	2189	Esme Lorimer	Sedbergh School RC	13:56
9	278	Charlotte Robbins	Blackpool Wyre & Fylde Ac	12:24	23	1649	Georgia Piron	Liverpool Pembroke Sefton	13:58
10	410	Eleanor Jenner	Chorley A & T	12:36	24	275	Abigail McKone	Blackpool Wyre & Fylde Ac	14:23
11	1422	Ellen Metcalfe	Kendal AAC	12:49	25	2124	Carys Sanderson	Rosendale Harriers & Ac	14:26
12	1637	Poppy Colothan	Liverpool Pembroke Sefton	13:05	26	1640	Isabelle Elliott	Liverpool Pembroke Sefton	14:58
13	1068	Ailsa Haywood	Sedbergh School RC	13:12	27	798	Olivia Hemingway	Lancaster & Morecambe Ac	16:50
14	929	Mia Griffiths	Leven Valley AC	13:18					

### Race 4 - Under 15 Girls — TEAM RESULTS

1	Leven Valley AC	24	—	3	Katelyn Douglas	7	Imogen Moore	14	Mia Griffiths
2	Kendal AAC	31	—	5	Emmy Ranner	11	Ellen Metcalfe	15	Penelope Wadsworth
3	Blackpool Wyre & Fylde Ac	35	—	8	Lily-Rose McMinnis	9	Charlotte Robbins	18	Abigail Cameron
4	Sedbergh School RC	36	—	1	Lucia Connell	13	Ailsa Haywood	22	Esme Lorimer
5	Lancaster & Morecambe Ac	47	—	4	Sienna Thorley	16	Sophie Brownsmith	27	Olivia Hemingway
6	Chorley A & T	49	—	10	Eleanor Jenner	19	Isabelle Hopkins	20	Grace Daniels
7	Liverpool Pembroke Sefton	61	—	12	Poppy Colothan	23	Georgia Piron	26	Isabelle Elliott

### Race 5 - Under 15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	56	Noah Cook	Barrow & Furness Striders	13:17	16	2198	Jasper Thompson	Sedbergh School RC	14:57
2	2909	Theo Zaboklocka	Leven Valley AC	13:20	17	1067	Caspar Firth	Sedbergh School RC	15:05
3	2392	James McGrory	Southport Waterloo Ac	13:21	18	2193	C De	Sedbergh School RC	15:06
4	931	Sam Fisher	Leven Valley AC	13:23	19	2196	Oliver Stubbs	Sedbergh School RC	15:08
5	106	Benedict Raby	Blackburn Harriers & Ac	13:43	20	104	Oliver North	Blackburn Harriers & Ac	15:14
6	933	Ollie Pearson	Leven Valley AC	13:58	21	1011	Matthew Jenner	Kendal Amateur Athletic Club	15:23
7	2393	Lewis McIlroy	Southport Waterloo Ac	14:02	22	467	Hussain Webster	Clayton-Le-Moors Harriers	15:28
8	1658	Bentley McIntosh	Liverpool Pembroke Sefton	14:03	23	2769	Joshua Waide	Wigan & District H & Ac	15:29
9	806	Oscar Holroyd	Lancaster & Morecambe Ac	14:09	24	2390	Harry Lavery	Southport Waterloo Ac	16:26
10	807	Dylan Leadsom	Lancaster & Morecambe Ac	14:15	25	1064	Martin Hugo Bramall	Sedbergh School RC	16:36
11	932	Henry Murray	Leven Valley AC	14:26	26	463	Kaden Anderton	Clayton-Le-Moors Harriers	17:05
12	2192	R Buitelaar-Warden	Sedbergh School RC	14:38	27	2194	Jack Degroote	Sedbergh School RC	17:34
13	2195	Arthur Hampton	Sedbergh School RC	14:48	28	1768	Reuben May	Lytham St Annes Rr Club	19:07
14	809	Peter Talks	Lancaster & Morecambe Ac	14:51	29	464	Leo Chatburn	Clayton-Le-Moors Harriers	19:09
15	2389	Oliver Kimball	Southport Waterloo Ac	14:54					

### Race 5 - Under 15 Boys — TEAM RESULTS

1	Leven Valley AC	12	—	2	Theo Zaboklocka	4	Sam Fisher	6	Ollie Pearson
2	Southport Waterloo Ac	25	—	3	James McGrory	7	Lewis McIlroy	15	Oliver Kimball
3	Lancaster & Morecambe Ac	33	—	9	Oscar Holroyd	10	Dylan Leadsom	14	Peter Talks
4	Sedbergh School RC	41	—	12	R Buitelaar-Warden	13	Arthur Hampton	16	Jasper Thompson
5	Clayton-Le-Moors Harriers	77	—	22	Hussain Webster	26	Kaden Anderton	29	Leo Chatburn

### Race 5 - Under 17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1922	Sophie Mitchell	Preston Harriers	14:53	9	2199	Alberta Cooke	Sedbergh School RC	16:34
2	2208	Juliet Price-Lyall	Sedbergh School RC	14:59	10	2203	Daisy Fielding	Sedbergh School RC	16:50
3	731	Millie Jebb	Kendal AAC	15:21	11	2770	Katie Bonner	Wigan & District H & Ac	17:04
4	112	Isabelle Perry	Blackburn Harriers & Ac	15:28	12	2207	Ginny Pattison	Sedbergh School RC	17:56
5	2131	Matilda Duffy	Rosendale Harriers & Ac	15:37	13	2206	Sophie Norman	Sedbergh School RC	18:10
6	416	Maisie Preston	Chorley A & T	16:01	14	815	Rahael Talks	Lancaster & Morecambe Ac	18:19
7	2774	Holly Nicholls	Wigan & District H & Ac	16:10	15	1076	Fiona Sieper	Sedbergh School RC	18:54
8	2202	Julia Fielding	Sedbergh School RC	16:14	16	812	Tilly Dowthwaite	Lancaster & Morecambe Ac	19:12

### Race 5 - Under 17 Women — TEAM RESULTS

1	Sedbergh School RC	19	—	2	Juliet Price-Lyall	8	Julia Fielding	9	Alberta Cooke
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# Mid Lancs Cross Country League at Ryelands Park, Lancaster on Saturday 28th February 2026

## Race 6 - Under 17 Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2213	Hugo Berry	Sedbergh School RC	19:09	16	161	Peter Sagar-Moss	Blackburn Harriers & Ac	21:29
2	2431	William Delamere	Southport Waterloo Ac	19:25	17	753	Toby Acland	Kendal AAC	22:03
3	2217	George Martin	Sedbergh School RC	19:42	18	158	Thomas North	Blackburn Harriers & Ac	22:05
4	2430	Eddy Clark	Southport Waterloo Ac	19:49	19	1428	Pratik Jayar	Lancaster & Morecambe Ac	22:55
5	2432	Liam McCormick	Southport Waterloo Ac	20:01	20	151	Liam Bennisson	Blackburn Harriers & Ac	23:08
6	164	Jack Wood	Blackburn Harriers & Ac	20:11	21	955	Riley Scott	Leven Valley AC	23:28
7	754	Will Brayshaw	Kendal AAC	20:11	22	2522	Henry Robinson	Trawden Athletic Club	24:01
8	755	Evan Mulvany	Kendal AAC	20:22	23	2215	M Bretonniere	Sedbergh School RC	24:06
9	159	Theo Robinson	Blackburn Harriers & Ac	20:24	24	2218	Barney Oakes	Sedbergh School RC	24:18
10	2521	Sam Midgley	Trawden Athletic Club	20:37	25	2216	Jonah Ingham	Sedbergh School RC	24:23
11	831	Ben Brassington	Lancaster & Morecambe Ac	20:47	26	1025	Barnab Crombleholme	Leigh Harriers & Ac	24:58
12	2151	Francis Vidler	Rosendale Harriers & Ac	20:57	27	1406	Noah Zaboklicka	Leven Valley AC	25:32
13	2219	Henry Patchett	Sedbergh School RC	21:11	28	2150	Toby Steel	Rosendale Harriers & Ac	25:53
14	954	Oliver Scott	Leven Valley AC	21:19	29	1079	William Thompson	Sedbergh School RC	27:28
15	950	Joseph Connolly	Leven Valley AC	21:25	30	1080	Max Yri	Sedbergh School RC	28:04

## Race 6 - Under 17 Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Southport Waterloo Ac	11	—	2	William Delamere	4	Eddy Clark	5	Liam McCormick
2	Sedbergh School RC	17	—	1	Hugo Berry	3	George Martin	13	Henry Patchett
3	Blackburn Harriers & Ac	31	—	6	Jack Wood	9	Theo Robinson	16	Peter Sagar-Moss
4	Kendal AAC	32	—	7	Will Brayshaw	8	Evan Mulvany	17	Toby Acland
5	Leven Valley AC	50	—	14	Oliver Scott	15	Joseph Connolly	21	Riley Scott

## Race 6 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time		
1	937	Marina Bailey	L20	1	Leven Valley AC	23:57	7	2210	Fleur Hardie	L20	7	Sedbergh School RC	26:36
2	1436	Ella Headland	L20	2	Lancaster University	24:46	8	896	Kate Cookson	L20	8	Lancaster University	26:38
3	2211	Jemima Hearld	L20	3	Sedbergh School RC	25:11	9	938	I Barrowdale-Smith	L20	9	Leven Valley AC	26:48
4	1433	Molly Busfield	L20	4	Lancaster University	25:15	10	899	Eleanor Hughes	L20	10	Lancaster University	28:50
5	819	Annie Dickinson	L20	5	Lancaster & Morecambe Ac	26:13	11	902	Eve Oxenbury	L20	11	Lancaster University	31:27
6	2410	Emily Dean	L20	6	Southport Waterloo Ac	26:21							

## Race 6 - Ladies under 20 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Lancaster University	14	—	2	Ella Headland	4	Molly Busfield	8	Kate Cookson
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## Race 6 - Vet 70 Men — FINAL RESULTS

Pos	Num	Name	Club	Time
1	2723	Phillip Quibell	V70 1 Wesham Road Runners & Ac	26:50
2	1956	Alan Appleby	V70 2 Preston Harriers	31:32
3	1984	Michael McLoughlin	V70 3 Preston Harriers	31:55
4	847	Steve Perry	V70 4 Lancaster & Morecambe Ac	34:42
5	583	Anthony Pritchard	V70 5 Garstang Running Club	36:38
6	356	Bill Smith	V70 6 Blackpool Wyre & Fylde Ac	45:47

## Race 6 - Vet 70 Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Preston Harriers	5	—	2	Alan Appleby	3	Michael McLoughlin
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## Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time		
1	961	Will McNally	U20	1	Leven Valley AC	32:23	10	758	Alfie Addison	U20	10	Kendal AAC	38:37
2	838	Jack Eccles	U20	2	Lancaster & Morecambe Ac	33:56	11	1432	Samuel Binks	U20	11	Lancaster University	39:13
3	907	George Beevers	U20	3	Lancaster University	35:10	12	2223	D Bellier	U20	12	Sedbergh School RC	40:00
4	1829	Jake Rodwell	U20	4	Lytham St Annes Rr Club	35:24	13	1440	Matthew Oberholzer	U20	13	Lancaster University	40:07
5	347	Charlie Ormerod	U20	5	Blackpool Wyre & Fylde Ac	36:05	14	2231	George Scarr	U20	14	Sedbergh School RC	42:22
6	833	Tom Bowman	U20	6	Lancaster & Morecambe Ac	36:15	15	914	Sander Morris	U20	15	Lancaster University	42:41
7	1441	Thomas Prosser	U20	7	Lancaster University	37:02	16	1444	Henry Shadrack	U20	16	Lancaster University	44:30
8	1439	Jake Moir	U20	8	Lancaster University	37:28	17	1435	Dylan Davies	U20	17	Lancaster University	45:49
9	1583	Luke Culshaw	U20	9	Kirkby Milers AC	37:56	18	908	Rogan Cox	U20	18	Lancaster University	47:14

## Senior Men under 20 — TEAM RESULTS

1	Lancaster University	18	—	3	George Beevers	7	Thomas Prosser	8	Jake Moir	
2	Lancaster University	'B'	39	—	11	Samuel Binks	13	Matthew Oberholzer	15	Sander Morris

# Mid Lancs Cross Country League at Ryelands Park, Lancaster on Saturday 28th February 2026

## Race 6 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time
1	313	Emily Simm	L	1 Blackpool Wyre & Fylde Ac	21:10
2	827	Santa Rumniece	L	2 Lancaster & Morecambe Ac	22:56
3	937	Marina Bailey	L20	1 Leven Valley AC	23:57
4	605	Beckie Ripley	L	4 Hoad Hill Harriers	24:06
5	2139	Sarah Longshaw	L	5 Rossendale Harriers & Ac	24:14
6	1938	Kathleen Mooney	L	6 Preston Harriers	24:20
7	1084	Elisia Mbwale	L40	1 Southport Waterloo Ac	24:27
8	1436	Ella Headland	L20	2 Lancaster University	24:46
9	1417	Rebecca Rooke	L35	1 Hoad Hill Harriers	24:51
10	588	Lauren Booth	L	10 Hoad Hill Harriers	24:57
11	2415	Rachel Jacks	L35	2 Southport Waterloo Ac	24:59
12	2211	Jemima Hearld	L20	3 Sedbergh School RC	25:11
13	210	Ellen Sagar-Hesketh	L	13 Blackburn Harriers & Ac	25:12
14	1433	Molly Busfield	L20	4 Lancaster University	25:15
15	310	Sophia Leonard	L	15 Blackpool Wyre & Fylde Ac	25:17
16	594	Sharon Dixon	L55	1 Hoad Hill Harriers	25:18
17	1434	Taya Carver	L	17 Lancaster University	25:24
18	2017	Samantha Edwards	L35	3 Red Rose Road Runners	25:50
19	2425	Andrea Scarborough	L40	2 Southport Waterloo Ac	25:54
20	821	Lauren Gora	L40	3 Lancaster & Morecambe Ac	25:57
21	2134	Joanne Cleaver	L40	4 Rossendale Harriers & Ac	26:01
22	1682	Amelia Newbold	L	22 Liverpool Pembroke Sefton	26:01
23	819	Annie Dickinson	L20	5 Lancaster & Morecambe Ac	26:13
24	741	Lynn Hamel	L40	5 Kendal AAC	26:17
25	2410	Emily Dean	L20	6 Southport Waterloo Ac	26:21
26	943	Elizabeth McNally	L50	1 Leven Valley AC	26:23
27	312	Basia Pawelczak	L	27 Blackpool Wyre & Fylde Ac	26:29
28	1792	Leanne Nield	L35	4 Lytham St Annes Rr Club	26:34
29	2210	Fleur Hardie	L20	7 Sedbergh School RC	26:36
30	896	Kate Cookson	L20	8 Lancaster University	26:38
31	1496	Annie Rigg	L	31 Millom Striders	26:38
32	1443	Charlotte Selby	L	32 Lancaster University	26:44
33	1684	Lisa Procter	L45	1 Liverpool Pembroke Sefton	26:44
34	745	Amy Pearman	L45	2 Kendal AAC	26:48
35	9381	Barrowdale-Smith	L20	9 Leven Valley AC	26:48
36	595	Joanne Ellis	L45	3 Hoad Hill Harriers	27:11
37	601	Joanne McLeod	L55	2 Hoad Hill Harriers	27:12
38	2276	Alina Phantsulaia	L35	5 Skelmersdale Boundary H	27:14
39	485	Kim Kennedy	L40	6 Clayton-Le-Moors Harriers	27:15
40	946	Leanne Scott	L40	7 Leven Valley AC	27:34
41	611	Liz White	L45	4 Hoad Hill Harriers	27:40
42	477	Lisa Ellis	L40	8 Clayton-Le-Moors Harriers	27:42
43	749	Lucy Varney	L55	3 Kendal AAC	27:43
44	1437	Amy Hoffman	L	44 Lancaster University	27:45
45	137	Mary O'Gorman	L	45 Blackburn Harriers & Ac	27:49
46	563	Jayne Perry	L45	5 Garstang Running Club	27:51
47	824	Miriam Maher	L55	4 Lancaster & Morecambe Ac	28:02
48	2512	Lucy Parker	L45	6 Trawden Athletic Club	28:06
49	419	Nicola Raby	L50	2 Chorley A & T	28:12
50	597	- Fletcher	L	50 Hoad Hill Harriers	28:16
51	947	Joanne Taylor-Friell	L55	5 Leven Valley AC	28:19
52	2427	Michelle Spencer	L45	7 Southport Waterloo Ac	28:21
53	2574	Amy Singleton	L40	9 Walney Wind Cheetahs	28:25
54	476	Alison Dugdale	L55	6 Clayton-Le-Moors Harriers	28:28
55	1932	Kate Lakeland	L35	6 Preston Harriers	28:30
56	1937	Catherine Mitchell	L45	8 Preston Harriers	28:33
57	898	Amy Heaton	L	57 Lancaster University	28:34
58	307	Laura Lawler	L55	7 Blackpool Wyre & Fylde Ac	28:36
59	1667	Gwennan Anderson	L45	9 Liverpool Pembroke Sefton	28:37
60	556	Joanne Hewitt	L45	10 Garstang Running Club	28:41
61	742	Caroline XHolden	L55	8 Kendal AAC	28:45
62	899	Eleanor Hughes	L20	10 Lancaster University	28:50
63	740	Jenny England	L45	11 Kendal AAC	28:54
64	825	Christina McGuire	L60	1 Lancaster & Morecambe Ac	29:04
65	604	Emily Quinn	L	65 Hoad Hill Harriers	29:07
66	609	Hilary Stephenson	L40	10 Hoad Hill Harriers	29:20
67	904	Charlotte Ross	L	67 Lancaster University	29:27
68	311	Suzanne Leonard	L55	9 Blackpool Wyre & Fylde Ac	29:37
69	303	Julie Hall	L45	12 Blackpool Wyre & Fylde Ac	29:47
70	591	Briony Coglan	L	70 Hoad Hill Harriers	29:53
71	816	Sally Brassington	L45	13 Lancaster & Morecambe Ac	29:57
72	2518	Julie Townsend	L60	2 Trawden Athletic Club	29:59
73	316	Beverley Wright	L60	3 Blackpool Wyre & Fylde Ac	30:02
74	491	Julia Rushton	L60	4 Clayton-Le-Moors Harriers	30:05
75	752	Lisa Wrigley	L45	14 Kendal AAC	30:22
76	2502	Samantha Barnes	L45	15 Trawden Athletic Club	30:26
77	2416	Carole James	L60	5 Southport Waterloo Ac	30:35
78	551	Bryony Boutell	L40	11 Garstang Running Club	30:37
79	555	Rachel Hart	L35	7 Garstang Running Club	30:41
80	2562	Janice Callister	L55	10 Walney Wind Cheetahs	30:46
81	2566	Paula Fernoye	L35	8 Walney Wind Cheetahs	31:03
82	299	Karen Dunford	L55	11 Blackpool Wyre & Fylde Ac	31:07
83	2516	Deborah Stevenson	L45	16 Trawden Athletic Club	31:15
84	1777	Xavia Cooper	L45	17 Lytham St Annes Rr Club	31:25
85	902	Eve Oxenbury	L20	11 Lancaster University	31:27
86	743	Carolyn Kevan	L65	1 Kendal AAC	31:37
87	1670	Tracy Berry	L45	18 Liverpool Pembroke Sefton	31:38
88	1685	Sharon Roberts	L50	3 Liverpool Pembroke Sefton	31:46
89	479	Rachel Gilmore	L55	12 Clayton-Le-Moors Harriers	31:57
90	1675	Michelle Durney	L50	4 Liverpool Pembroke Sefton	32:02
91	897	Sophie Hartley	L	91 Lancaster University	32:04
92	818	Emma Davies	L45	19 Lancaster & Morecambe Ac	32:15
93	587	Leanne Bayliff	L45	20 Hoad Hill Harriers	32:18
94	602	Nicola Molloy	L	94 Hoad Hill Harriers	32:29
95	1942	Zowie Purnell	L40	12 Preston Harriers	32:57
96	2235	Sally Adams	L55	13 Skelmersdale Boundary H	33:04
97	603	Kalyani Nutt	L40	13 Hoad Hill Harriers	33:05
98	470	Alison Brotherton	L45	21 Clayton-Le-Moors Harriers	33:11
99	2556	Tracy Bell	L55	14 Walney Wind Cheetahs	33:13
100	1426	Kay Cody	L40	14 Lancaster & Morecambe Ac	33:21
101	1795	Julia Rolfe	L60	6 Lytham St Annes Rr Club	33:24
102	2508	Elaine Corcoran	L45	22 Trawden Athletic Club	33:40
103	2411	Gemma Delamere	L40	15 Southport Waterloo Ac	33:41
104	493	Sarah Thomas	L35	9 Clayton-Le-Moors Harriers	33:57
105	2612	Kat Fawcett	L40	16 Wesham Road Runners & Ac	34:19
106	2025	Paula Plowman	L60	7 Red Rose Road Runners	34:25
107	2503	Helen Beech	L40	17 Trawden Athletic Club	34:28
108	1946	Julie Tyrer	L45	23 Preston Harriers	34:36
109	948	Heather Travis	L50	5 Leven Valley AC	34:40
110	557	Mary Hewitt	L65	2 Garstang Running Club	34:45
111	2594	Clare Belfield	L40	18 Wesham Road Runners & Ac	35:01
112	484	Clare Jackson	L45	24 Clayton-Le-Moors Harriers	35:11
113	1463	Amanda Thomas	L35	10 Leven Valley AC	35:33
114	2250	Su Crossland	L45	25 Skelmersdale Boundary H	35:44
115	1498	Jessica Horne	L35	11 Unattached	36:06
116	481	Helen Harrison	L55	15 Clayton-Le-Moors Harriers	36:10
117	474	Carol Clegg	L40	19 Clayton-Le-Moors Harriers	36:30
118	1948	Sue Wickham	L65	3 Preston Harriers	36:52
119	1672	Pauline Clancy	L70	1 Liverpool Pembroke Sefton	37:57
120	2558	Carolyn Brown	L50	6 Walney Wind Cheetahs	38:11
121	2141	Sara Steel	L45	26 Rossendale Harriers & Ac	38:16
122	823	Lou Holroyd	L40	20 Lancaster & Morecambe Ac	38:46
123	2020	Alison Mercer	L60	8 Red Rose Road Runners	39:29
124	1475	Nat Mason	L50	7 Red Rose Road Runners	39:39
125	2789	Rebecca Nicholls	L45	27 Wigan & District H & Ac	39:53
126	486	Christine Leathley	L75	1 Clayton-Le-Moors Harriers	47:00
127	468	Susan Allen	L65	4 Clayton-Le-Moors Harriers	47:59

## Race 6 - Ladies over 18 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Hoad Hill Harriers	23	—	4 Beckie Ripley	9 Rebecca Rooke	10 Lauren Booth
2 Southport Waterloo Ac	37	—	7 Elisia Mbwale	11 Rachel Jacks	19 Andrea Scarborough
3 Lancaster University	39	—	8 Ella Headland	14 Molly Busfield	17 Taya Carver
4 Blackpool Wyre & Fylde Ac	43	—	1 Emily Simm	15 Sophia Leonard	27 Basia Pawelczak
5 Lancaster & Morecambe Ac	45	—	2 Santa Rumniece	20 Lauren Gora	23 Annie Dickinson
6 Leven Valley AC	64	—	3 Marina Bailey	26 Elizabeth McNally	35 I Barrowdale-Smith
7 Hoad Hill Harriers 'B'	89	—	16 Sharon Dixon	36 Joanne Ellis	37 Joanne McLeod
8 Kendal AAC	101	—	24 Lynn Hamel	34 Amy Pearman	43 Lucy Varney
9 Lancaster University 'B'	106	—	30 Kate Cookson	32 Charlotte Selby	44 Amy Hoffman
10 Liverpool Pembroke Sefton	114	—	22 Amelia Newbold	33 Lisa Procter	59 Gwennan Anderson
11 Preston Harriers	117	—	6 Kathleen Mooney	55 Kate Lakeland	56 Catherine Mitchell
12 Clayton-Le-Moors Harriers	135	—	39 Kim Kennedy	42 Lisa Ellis	54 Alison Dugdale
13 Rossendale Harriers & Ac	146	—	5 Sarah Longshaw	21 Joanne Cleaver	120 Sara Steel
14 Southport Waterloo Ac 'B'	154	—	25 Emily Dean	52 Michelle Spencer	77 Carole James
15 Lancaster & Morecambe Ac 'B'	182	—	47 Miriam Maher	64 Christina McGuire	71 Sally Brassington
16 Garstang Running Club	184	—	46 Jayne Perry	60 Joanne Hewitt	78 Bryony Boutell
17 Blackpool Wyre & Fylde Ac 'B'	195	—	58 Laura Lawler	68 Suzanne Leonard	69 Julie Hall
18 Trawden Athletic Club	196	—	48 Lucy Parker	72 Julie Townson	76 Samantha Barnes
19 Kendal AAC 'B'	199	—	61 Caroline XHolden	63 Jenny England	75 Lisa Wrigley
20 Leven Valley AC 'B'	200	—	40 Leanne Scott	51 Joanne Taylor-Friell	109 Heather Travis
21 Lytham St Annes Rr Club	213	—	28 Leanne Nield	84 Xavia Cooper	101 Julia Rolfe
22 Walney Wind Cheetahs	214	—	53 Amy Singleton	80 Janice Callister	81 Paula Fermoye
23 Red Rose Road Runners	246	—	18 Samantha Edwards	106 Paula Plowman	122 Alison Mercer
24 Skelmersdale Boundary H	248	—	38 Alina Phantsulaia	96 Sally Adams	114 Su Crossland
25 Clayton-Le-Moors Harriers 'B'	261	—	74 Julia Rushton	89 Rachel Gilmore	98 Alison Brotherton
26 Liverpool Pembroke Sefton 'B'	265	—	87 Tracy Berry	88 Sharon Roberts	90 Michelle Durney
27 Trawden Athletic Club 'B'	292	—	83 Deborah Stevenson	102 Elaine Corcoran	107 Helen Beech
28 Preston Harriers 'B'	320	—	95 Zowie Purnell	108 Julie Tyrer	117 Sue Wickham

## Race 6 - Ladies over 35 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Southport Waterloo Ac	10	—	1 Elisia Mbwale	3 Rachel Jacks	6 Andrea Scarborough
2 Hoad Hill Harriers	20	—	2 Rebecca Rooke	4 Sharon Dixon	14 Joanne Ellis
3 Kendal AAC	43	—	9 Lynn Hamel	13 Amy Pearman	21 Lucy Varney
4 Leven Valley AC	54	—	10 Elizabeth McNally	18 Leanne Scott	26 Joanne Taylor-Friell
5 Clayton-Le-Moors Harriers	66	—	17 Kim Kennedy	20 Lisa Ellis	29 Alison Dugdale
6 Lancaster & Morecambe Ac	67	—	7 Lauren Gora	23 Miriam Maher	37 Christina McGuire
7 Liverpool Pembroke Sefton	101	—	12 Lisa Procter	33 Gwennan Anderson	56 Tracy Berry
8 Garstang Running Club	104	—	22 Jayne Perry	34 Joanne Hewitt	48 Bryony Boutell
9 Blackpool Wyre & Fylde Ac	111	—	32 Laura Lawler	39 Suzanne Leonard	40 Julie Hall
10 Trawden Athletic Club	112	—	24 Lucy Parker	42 Julie Townson	46 Samantha Barnes
11 Preston Harriers	123	—	30 Kate Lakeland	31 Catherine Mitchell	62 Zowie Purnell
12 Walney Wind Cheetahs	129	—	28 Amy Singleton	50 Janice Callister	51 Paula Fermoye
13 Lytham St Annes Rr Club	133	—	11 Leanne Nield	54 Xavia Cooper	68 Julia Rolfe
14 Skelmersdale Boundary H	160	—	16 Alina Phantsulaia	63 Sally Adams	81 Su Crossland
15 Red Rose Road Runners	167	—	5 Samantha Edwards	73 Paula Plowman	89 Alison Mercer

## Race 6 - Ladies over 45 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Hoad Hill Harriers	12	—	1 Sharon Dixon	5 Joanne Ellis	6 Joanne McLeod
2 Kendal AAC	32	—	4 Amy Pearman	8 Lucy Varney	20 Caroline XHolden
3 Lancaster & Morecambe Ac	57	—	10 Miriam Maher	22 Christina McGuire	25 Sally Brassington
4 Liverpool Pembroke Sefton	58	—	3 Lisa Procter	18 Gwennan Anderson	37 Tracy Berry
5 Blackpool Wyre & Fylde Ac	64	—	17 Laura Lawler	23 Suzanne Leonard	24 Julie Hall
6 Leven Valley AC	65	—	2 Elizabeth McNally	13 Joanne Taylor-Friell	50 Heather Travis
7 Trawden Athletic Club	67	—	11 Lucy Parker	26 Julie Townson	30 Samantha Barnes
8 Garstang Running Club	79	—	9 Jayne Perry	19 Joanne Hewitt	51 Mary Hewitt
9 Clayton-Le-Moors Harriers	82	—	15 Alison Dugdale	28 Julia Rushton	39 Rachel Gilmore
10 Preston Harriers	120	—	16 Catherine Mitchell	49 Julie Tyrer	55 Sue Wickham
11 Walney Wind Cheetahs	134	—	32 Janice Callister	45 Tracy Bell	57 Carolyn Brown
12 Red Rose Road Runners	167	—	48 Paula Plowman	59 Alison Mercer	60 Nat Mason

## Race 6 - Ladies over 55 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Kendal AAC	28	—	3 Lucy Varney	8 Caroline XHolden	17 Carolyn Kevan
2 Blackpool Wyre & Fylde Ac	29	—	7 Laura Lawler	10 Suzanne Leonard	12 Beverley Wright
3 Clayton-Le-Moors Harriers	37	—	6 Alison Dugdale	13 Julia Rushton	18 Rachel Gilmore

## Race 6 - Ladies over 65 — TEAM RESULTS

**No complete teams**

# Mid Lancs Cross Country League at Ryelands Park, Lancaster on Saturday 28th February 2026

## Senior Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	909	Charlie Daley		Lancaster University	31:26
2	1979	Chris Livesey	V45 1	Preston Harriers	31:36
3	327	Jude Cowan		Blackpool Wyre & Fylde Ac	31:44
4	913	Joshua McKenny		Lancaster University	31:54
5	961	Will McNally	U20 1	Leven Valley AC	32:23
6	545	Bradley Walsh		Clayton-Le-Moors Harriers	32:41
7	2811	Aiden Briffett		Wigan & District H & Ac	32:58
8	2157	Jonathan Cleaver	V45 2	Rossendale Harriers & Ac	33:06
9	1000	Ben Akin		Blackburn Harriers & Ac	33:34
10	1484	Gary Shaw	V50 1	Borrowdale Fell Runners	33:44
11	838	Jack Eccles	U20 2	Lancaster & Morecambe Ac	33:56
12	2470	Francois Rafferty	V55 1	Southport Waterloo Ac	34:20
13	524	Calum Holmes		Clayton-Le-Moors Harriers	34:25
14	2746	Adam Wilding		Wesham Road Runners & Ac	34:37
15	663	Luke Turner		Hoad Hill Harriers	34:47
16	1822	Ross McKelvie		Lytham St Annes Rr Club	34:51
17	845	Lee Parrington	V40 1	Lancaster & Morecambe Ac	34:53
18	1465	Simon Collins	V40 2	Liverpool Pembroke & Sefton	34:54
19	907	George Beevers	U20 3	Lancaster University	35:10
20	342	Philip Leybourne	V55 2	Blackpool Wyre & Fylde Ac	35:11
21	539	Peter Stevens		Clayton-Le-Moors Harriers	35:21
22	1829	Jake Rodwell	U20 4	Lytham St Annes Rr Club	35:24
23	2652	Tom Bamber	V45 3	Wesham Road Runners & Ac	35:28
24	1427	Morgan Harley		Lancaster & Morecambe Ac	35:32
25	657	Scott Smith	V50 2	Hoad Hill Harriers	35:37
26	347	Charlie Ormerod	U20 5	Blackpool Wyre & Fylde Ac	36:05
27	2484	Andrew XWaddington	V50 3	Southport Waterloo Ac	36:08
28	623	Darren Coward		Hoad Hill Harriers	36:12
29	833	Tom Bowman	U20 6	Lancaster & Morecambe Ac	36:15
30	639	Graham Jessop		Hoad Hill Harriers	36:16
31	516	Callum Gee		Clayton-Le-Moors Harriers	36:18
32	510	Ben Cook		Clayton-Le-Moors Harriers	36:32
33	2658	Mark Belfield	V40 3	Wesham Road Runners & Ac	36:36
34	1431	Roger Prudon		Lancaster & Morecambe Ac	36:48
35	541	Richard Stevenson	V50 4	Clayton-Le-Moors Harriers	36:51
36	508	Ian Cocks	V40 4	Clayton-Le-Moors Harriers	36:52
37	638	Charles Jeffrey		Hoad Hill Harriers	36:52
38	969	Jack Smith		Leven Valley AC	36:53
39	1441	Thomas Prosser	U20 7	Lancaster University	37:02
40	2448	David Hamilton	V55 3	Southport Waterloo Ac	37:05
41	2837	Mark Morgan-Hillam	V50 5	Wigan & District H & Ac	37:19
42	2232	Richard Wells	V55 4	Sedbergh School RC	37:24
43	1413	Aaron Atkinson		Clayton-Le-Moors Harriers	37:27
44	618	Scott Bremner		Hoad Hill Harriers	37:28
45	2444	John Delamere	V50 6	Southport Waterloo Ac	37:28
46	1439	Jake Moir	U20 8	Lancaster University	37:28
47	848	John Peters	V50 7	Lancaster & Morecambe Ac	37:30
48	770	William Sisson		Kendal AAC	37:34
49	1980	Daniel Lord		Preston Harriers	37:35
50	1966	homas Fryar		Preston Harriers	37:43
51	1972	Steve Hallas	V50 8	Preston Harriers	37:50
52	1583	Luke Culshaw	U20 9	Kirkby Milers AC	37:56
53	1495	Sam Moore		Millom Striders	38:05
54	1837	James Whittle		Lytham St Annes Rr Club	38:06
55	836	Shane Cody	V45 4	Lancaster & Morecambe Ac	38:15
56	758	Alfie Addison	U2010	Kendal AAC	38:37
57	1458	Robert Thorpe	V40 5	Leigh Harriers & Ac	38:57
58	1968	Peter Gibson		Preston Harriers	39:03
59	1476	Jason Parker	V50 9	Red Rose Road Runners	39:05
60	331	Stuart Ford	V40 6	Blackpool Wyre & Fylde Ac	39:06
61	2841	Wesley Piper		Wigan & District H & Ac	39:07
62	531	David Motley	V40 7	Clayton-Le-Moors Harriers	39:11
63	1432	Samuel Binks	U2011	Lancaster University	39:13
64	351	Simon Reason		Blackpool Wyre & Fylde Ac	39:15
65	571	Peter Hewitt	V45 5	Garstang Running Club	39:34
66	529	Tobias Mackie	V40 8	Clayton-Le-Moors Harriers	39:36
67	1461	James Bailey	V5010	Leven Valley AC	39:39
68	515	David Edmondson	V55 5	Clayton-Le-Moors Harriers	39:42
69	912	Regan Hickman		Lancaster University	39:48
70	761	Carl Hanaghan	V40 9	Kendal AAC	39:50
71	2750	Steve Wilson	V5011	Wesham Road Runners & Ac	39:52
72	2316	Phillip Derry	V45 6	Skelmersdale Boundary H	39:54
73	2223	D Bellier	U2012	Sedbergh School RC	40:00
74	837	James Dalgleish	V5012	Lancaster & Morecambe Ac	40:03
75	1440	Matthew Oberholzer	U2013	Lancaster University	40:07
76	2823	Mike Harris	V5013	Wigan & District H & Ac	40:08
77	656	Matthew Rooke		Hoad Hill Harriers	40:21
78	2477	Marc Singer		Southport Waterloo Ac	40:22
79	1462	Mark Fisher	V4010	Leven Valley AC	40:24
80	628	Gary Dover	V60 1	Hoad Hill Harriers	40:27
81	513	Scott Cunliffe	V5014	Clayton-Le-Moors Harriers	40:46
82	167	Mark Almond	V55 6	Blackburn Harriers & Ac	40:48
83	1735	Adrian Rogers	V45 7	Liverpool Pembroke Sefton	41:05
84	520	Matthew Heap		Clayton-Le-Moors Harriers	41:07
85	2473	Peter Roome	V60 2	Southport Waterloo Ac	41:19
86	334	Stuart Hall	V45 8	Blackpool Wyre & Fylde Ac	41:29
87	568	Gary Dewhurst	V45 9	Garstang Running Club	41:32
88	2458	Ken Lennon	V60 3	Southport Waterloo Ac	41:35
89	2435	Neil Adshead	V60 4	Southport Waterloo Ac	41:36
90	632	Rich Greenfield	V4011	Hoad Hill Harriers	41:42
91	1415	Martin Smyth	V5015	Clayton-Le-Moors Harriers	41:43
92	643	Howard Lindow	V4510	Hoad Hill Harriers	41:44
93	2070	David Simmons	V5016	Red Rose Road Runners	41:54
94	2722	William Parkinson		Wesham Road Runners & Ac	41:58
95	760	Quentin Gratrix	V5017	Kendal AAC	42:00
96	63	Edward Falkingham		Barrow & Furness Striders	42:03
97	540	Mark Stevenson	V4012	Clayton-Le-Moors Harriers	42:04
98	1977	David Lea	V65 1	Preston Harriers	42:06
99	652	Cian Nutt	V4013	Hoad Hill Harriers	42:10
100	188	Craig Greenough	V55 7	Blackburn Harriers & Ac	42:11
101	578	Colin Jennings	V5018	Garstang Running Club	42:17
102	2231	George Scarr	U2014	Sedbergh School RC	42:22
103	45	Joshua Woodstock	V4511	Accrington Road Runners	42:24
104	2672	Jack Doyle		Wesham Road Runners & Ac	42:25
105	1464	Chris Thomas		Leven Valley AC	42:31
106	350	Tom Raybould	V4512	Blackpool Wyre & Fylde Ac	42:37
107	914	Sander Morris	U2015	Lancaster University	42:41
108	2321	Ray Fry	V4513	Skelmersdale Boundary H	42:45
109	2839	Stephen Nicholls	V4014	Wigan & District H & Ac	42:52
110	1418	Mark Todd	V4015	Hoad Hill Harriers	42:56
111	1453	David Pollitt	V60 5	Leigh Harriers & Ac	43:03
112	2006	Chris Wales	V5019	Preston Harriers	43:06
113	1813	Joe Greenwood		Lytham St Annes Rr Club	43:07
114	1999	Joseph Sharples		Preston Harriers	43:08
115	1807	Chris Cottam		Lytham St Annes Rr Club	43:12
116	654	Dave Ramsay	V60 6	Hoad Hill Harriers	43:34
117	2478	John Sprackland	V60 7	Southport Waterloo Ac	43:36
118	2828	Graeme Higgins	V60 8	Wigan & District H & Ac	43:39
119	434	Paul Wareing	V60 9	Chorley A & T	43:41
120	1826	Steve Pepper	V4016	Lytham St Annes Rr Club	44:10
121	625	Mike Cubin	V55 8	Hoad Hill Harriers	44:14
122	532	Andrew Payne	V5020	Clayton-Le-Moors Harriers	44:19
123	880	Paul Marshall	V4017	Lancaster Runners	44:20
124	2589	Ian Sadler	V6010	Walney Wind Cheetahs	44:24
125	1444	Henry Shadrack	U2016	Lancaster University	44:30
126	359	Paul Woolford	V4018	Blackpool Wyre & Fylde Ac	44:32
127	640	Andy Johannesen		Hoad Hill Harriers	44:34
128	501	Shaun Turner	V4019	Clayton-Le-Moors Harriers	44:37
129	613	John Austin		Hoad Hill Harriers	44:42
130	963	Chris Moore	V4514	Leven Valley AC	44:49
131	2338	Andrew Mowatt	V4515	Skelmersdale Boundary H	44:56
132	2335	Jamie McMahon	V5021	Skelmersdale Boundary H	44:58
133	1987	Stephen Mort	V5022	Preston Harriers	44:59
134	357	Paul Sparrow	V55 9	Blackpool Wyre & Fylde Ac	45:02
135	644	George Mabey		Hoad Hill Harriers	45:17
136	1714	Mark Hudson	V65 2	Liverpool Pembroke Sefton	45:22
137	2005	Andrew Tranter	V5510	Preston Harriers	45:39
138	1435	Dylan Davies	U2017	Lancaster University	45:49
139	423	Danny Betts		Chorley A & T	45:52
140	378	Ben Williams	V4020	Burnley Ac	46:17
141	421	David Ashcroft	V4516	Chorley A & T	46:29
142	1023	Brian XCopper	V5023	Leigh Harriers & Ac	46:48
143	1830	Stephen Rodwell	V6011	Lytham St Annes Rr Club	46:50
144	429	Adrian Pilkington	V5511	Chorley A & T	47:04
145	1082	Michael Cunningham	V6012	Southport Waterloo Ac	47:07
146	436	Karl Winrow	V5512	Chorley A & T	47:11
147	908	Rogan Cox	U2018	Lancaster University	47:14
148	377	Adam Hall		Burnley Ac	47:21
149	324	Peter Bradburn	V5513	Blackpool Wyre & Fylde Ac	47:41
150	873	Jonathan Appleby	V4517	Lancaster Runners	47:52
151	2046	John Caruthers	V6013	Red Rose Road Runners	47:59
152	338	Nick Hume	V65 3	Blackpool Wyre & Fylde Ac	48:20
153	841	Eryl Husband	V65 4	Lancaster & Morecambe Ac	48:34
154	2729	Nigel Shepherd	V65 5	Wesham Road Runners & Ac	48:38
155	337	Daniel Higgins	V4518	Blackpool Wyre & Fylde Ac	48:41
156	2178	Steve Melling	V65 6	Rossendale Harriers & Ac	48:56
157	697	Peter Sagar	V65 7	Hyndburn Ac	49:15
158	2308	Paul Casey	V5514	Skelmersdale Boundary H	49:17
159	2068	Simon Shaw	V6014	Red Rose Road Runners	49:20
160	2580	Jason Cordes	V4021	Walney Wind Cheetahs	49:42
161	2715	Max Watson		Wesham Road Runners & Ac	49:48
162	2339	Nick Paul	V6015	Skelmersdale Boundary H	50:25
163	757	Peter Acland	V6016	Kendal AAC	50:32
164	2583	Philip Horrocks	V6017	Walney Wind Cheetahs	50:55
165	322	Anthony Blight	V5024	Blackpool Wyre & Fylde Ac	50:58
166	626	Peter Davison	V6018	Hoad Hill Harriers	51:03
167	1416	Michal Wozniak	V4519	Hoad Hill Harriers	51:03
168	649	Frank McKeown	V5515	Hoad Hill Harriers	52:10

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

169 1962 Michael Brown	V65 8	Preston Harriers	55:22
170 525 Andrew Howarth	V65 9	Clayton-Le-Moors Harriers	56:22
171 1596 Nicholas McCole	V50 25	Kirkby Millers AC	57:05
172 2670 James Danson	V60 19	Wesham Road Runners & Ac	57:51
173 650 Cormac Murray		Hoad Hill Harriers	1:00:03
174 2588 Dave Rawlinson	V45 20	Walney Wind Cheetahs	1:01:04
175 2591 Paul Smith	V50 26	Walney Wind Cheetahs	1:03:39

### Senior Men — TEAM RESULTS

1 Clayton-Le-Moors Harriers	138	—	6	Bradley Walsh	13	Calum Holmes	21	Peter Stevens	31	Callum Gee	32	Ben Cook	35	Richard Stevenson
2 Lancaster & Morecambe Ac	162	—	11	Jack Eccles	17	Lee Parrington	24	Morgan Harley	29	Tom Bowman	34	Roger Prudon	47	John Peters
3 Lancaster University	172	—	1	Charlie Daley	4	Joshua McKenny	19	George Beevers	39	Thomas Prosser	46	Jake Moir	63	Samuel Binks
4 Hoad Hill Harriers	179	—	15	Luke Turner	25	Scott Smith	28	Darren Coward	30	Graham Jessop	37	Charles Jeffrey	44	Scott Bremner
5 Blackpool Wyre & Fylde Ac	259	—	3	Jude Cowan	20	Philip Leybourne	26	Charlie Ormerod	60	Stuart Ford	64	Simon Reason	86	Stuart Hall
6 Southport Waterloo Ac	287	—	12	Francois Rafferty	27	Andrew XWaddington	40	David Hamilton	45	John Delamere	78	Marc Singer	85	Peter Roome
7 Preston Harriers	308	—	2	Chris Livesey	49	Daniel Lord	50	Thomas Fryar	51	Steve Hallas	58	Peter Gibson	98	David Lea
8 Wesham Road Runners & Ac	339	—	14	Adam Wilding	23	Tom Bamber	33	Mark Belfield	71	Steve Wilson	94	William Parkinson	104	Jack Doyle
9 Clayton-Le-Moors Harriers 'B'	356	—	36	Ian Cocks	43	Aaron Atkinson	62	David Motley	66	Tobias Mackie	68	David Edmondson	81	Scott Cunliffe
10 Wigan & District H & Ac	412	—	7	Aiden Briffett	41	Mark Morgan-Hillam	61	Wesley Piper	76	Mike Harris	109	Stephen Nicholls	118	Graeme Higgins
11 Leven Valley AC	424	—	5	Will McNally	38	Jack Smith	67	James Bailey	79	Mark Fisher	105	Chris Thomas	130	Chris Moore
12 Lytham St Annes Rr Club	440	—	16	Ross McKelvie	22	Jake Rodwell	54	James Whittle	113	Joe Greenwood	115	Chris Cottam	120	Steve Pepper
13 Hoad Hill Harriers 'B'	548	—	77	Matthew Rooke	80	Gary Dover	90	Rich Greenfield	92	Howard Lindow	99	Cian Nutt	110	Mark Todd
14 Lancaster University 'B'	661	—	69	Regan Hickman	75	Matthew Oberholzer	107	Sander Morris	125	Henry Shadrack	138	Dylan Davies	147	Rogan Cox
15 Skelmersdale Boundary H	763	—	72	Phillip Derry	108	Ray Fry	131	Andrew Mowatt	132	Jamie McMahon	158	Paul Casey	162	Nick Paul
16 Blackpool Wyre & Fylde Ac 'B'	822	—	106	Tom Raybould	126	Paul Woolford	134	Paul Sparrow	149	Peter Bradburn	152	Nick Hume	155	Daniel Higgins

### Senior Men (Vets) over 40 — TEAM RESULTS

1 Southport Waterloo Ac	45	—	4	Francois Rafferty	10	Andrew XWaddington	14	David Hamilton	17	John Delamere
2 Clayton-Le-Moors Harriers	75	—	12	Richard Stevenson	13	Ian Cocks	24	David Motley	26	Tobias Mackie
3 Lancaster & Morecambe Ac	75	—	5	Lee Parrington	18	John Peters	20	Shane Cody	32	James Dagleish
4 Blackpool Wyre & Fylde Ac	125	—	7	Philip Leybourne	23	Stuart Ford	40	Stuart Hall	55	Tom Raybould
5 Preston Harriers	130	—	1	Chris Livesey	19	Steve Hallas	50	David Lea	60	Chris Wales
6 Hoad Hill Harriers	134	—	9	Scott Smith	35	Gary Dover	44	Rich Greenfield	46	Howard Lindow
7 Wesham Road Runners & Ac	140	—	8	Tom Bamber	11	Mark Belfield	30	Steve Wilson	91	Nigel Shepherd
8 Wigan & District H & Ac	168	—	15	Mark Morgan-Hillam	33	Mike Harris	57	Stephen Nicholls	63	Graeme Higgins
9 Skelmersdale Boundary H	234	—	31	Phillip Derry	56	Ray Fry	73	Andrew Mowatt	74	Jamie McMahon
10 Red Rose Road Runners	253	—	22	Jason Parker	47	David Simmons	88	John Carruthers	96	Simon Shaw
11 Chorley A & T	312	—	64	Paul Wareing	80	David Ashcroft	83	Adrian Pilkington	85	Karl Winrow
12 Walney Wind Cheetahs	375	—	69	Ian Sadler	97	Jason Cordes	100	Philip Horrocks	109	Dave Rawlinson

### Senior Men (Vets) over 50 — TEAM RESULTS

1 Southport Waterloo Ac	14	—	2	Francois Rafferty	5	Andrew XWaddington	7	David Hamilton
2 Clayton-Le-Moors Harriers	41	—	6	Richard Stevenson	15	David Edmondson	20	Scott Cunliffe
3 Hoad Hill Harriers	56	—	4	Scott Smith	19	Gary Dover	33	Dave Ramsay
4 Wigan & District H & Ac	61	—	8	Mark Morgan-Hillam	18	Mike Harris	35	Graeme Higgins
5 Preston Harriers	72	—	12	Steve Hallas	28	David Lea	32	Chris Wales
6 Lancaster & Morecambe Ac	81	—	11	John Peters	17	James Dagleish	53	Eryl Husband
7 Red Rose Road Runners	90	—	13	Jason Parker	26	David Simmons	51	John Carruthers
8 Blackpool Wyre & Fylde Ac	95	—	3	Philip Leybourne	42	Paul Sparrow	50	Peter Bradburn
9 Chorley A & T	132	—	36	Paul Wareing	47	Adrian Pilkington	49	Karl Winrow
10 Wesham Road Runners & Ac	138	—	16	Steve Wilson	54	Nigel Shepherd	68	James Danson
11 Skelmersdale Boundary H	156	—	40	Jamie McMahon	57	Paul Casey	59	Nick Paul
12 Walney Wind Cheetahs	169	—	39	Ian Sadler	61	Philip Horrocks	69	Paul Smith

### Senior Men (Vets) over 60 — TEAM RESULTS

1 Southport Waterloo Ac	9	—	2	Peter Roome	3	Ken Lennon	4	Neil Adshead
2 Hoad Hill Harriers	33	—	1	Gary Dover	7	Dave Ramsay	25	Peter Davison