



Senior Men 100m					
1	888	Elvin Eduardo (NC)	Liverpool Harriers & AC	11.6	
2	830	Luke Culshaw	Kirkby Milers AC	12.5	7 D2
3	558	Harvey Van Geffen	Pendle AC	12.5	5 D2
4	126	Jonathan Rutter	Blackpool Wyre & Fylde	12.7	4 D2
5	611	Adam Metcalfe	Preston Harriers	13.3	7 D1
6	884	David Edelman (NC)	Giffnock North AAC	15.2	

Senior Men 200m heat 1 Wind: 0.3					
1	881	Kristian Marsh	Northern Masters AC	27.1	
2	611	Adam Metcalfe	Preston Harriers	28.4	
3	23	Paul Wareing	Barrow & Furness	30.0	
4	884	David Edelman (NC)	Giffnock North AAC	31.7	
5	467	Greg Ashworth	Lytham St Annes	33.3	
6	485	Stephen Rodwell	Lytham St Annes	33.6	

Senior Men 200m heat 2 Wind: 0.2					
1	297	Joe Waddington	Lancaster & Morecambe	23.5	
2	382	Dan Evans	Liverpool P & S	25.1	
3	516	Richard Blythe	Northern Masters AC	25.4	
4	126	Jonathan Rutter	Blackpool Wyre & Fylde	26.5	
5	520	Richard Cordwell	Northern Masters AC	26.7	
6	144	Simon Morton	Burnley AC	28.2	

Senior Men 200m overall					
1	297	Joe Waddington	Lancaster & Morecambe	23.5	7 D2
2	382	Dan Evans	Liverpool P & S	25.1	7 D1
3	516	Richard Blythe	Northern Masters AC	25.4	5 D2
4	126	Jonathan Rutter	Blackpool Wyre & Fylde	26.5	4 D2
5	520	Richard Cordwell	Northern Masters AC	26.7	3 D2
6	881	Kristian Marsh	Northern Masters AC	27.1	
7	144	Simon Morton	Burnley AC	28.2	2 D2
8	611	Adam Metcalfe	Preston Harriers	28.4	5 D1
9	23	Paul Wareing	Barrow & Furness	30.0	1 D2
10	884	David Edelman (NC)	Giffnock North AAC	31.7	
11	467	Greg Ashworth	Lytham St Annes	33.3	
12	485	Stephen Rodwell	Lytham St Annes	33.6	

Senior Men 400m heat 1					
1	835	Lucas Houghton	Kirkby Milers AC	53.8	
2	746	Alexander Glenn	Wigan & District	55.0	
3	297	Joe Waddington	Lancaster & Morecambe	55.8	
4	555	Henry Robinson	Pendle AC	56.5	
5	882	David Mendonca	Northern Masters AC	58.5	
6	144	Simon Morton	Burnley AC	61.6	

Senior Men 400m heat 2					
1	885	Scott Bremner (NC)	Hoad Hill Harriers	63.7	
2	141	John Linaker	Burnley AC	66.1	
3	452	Matt Thompson	Liverpool P & S	67.0	
4	884	David Edelman (NC)	Giffnock North AAC	73.8	
5	648	Andrew Tranter	Preston Harriers	75.3	
6	467	Greg Ashworth	Lytham St Annes	81.9	

Senior Men 400m overall					
1	835	Lucas Houghton	Kirkby Milers AC	53.8	7 D2
2	746	Alexander Glenn	Wigan & District	55.0	7 D1
3	297	Joe Waddington	Lancaster & Morecambe	55.8	5 D2
4	555	Henry Robinson	Pendle AC	56.5	4 D2
5	882	David Mendonca	Northern Masters AC	58.5	3 D2
6	144	Simon Morton	Burnley AC	61.6	2 D2
7	885	Scott Bremner (NC)	Hoad Hill Harriers	63.7	
8	141	John Linaker	Burnley AC	66.1	1 D2
9	452	Matt Thompson	Liverpool P & S	67.0	5 D1
10	884	David Edelman (NC)	Giffnock North AAC	73.8	
11	648	Andrew Tranter	Preston Harriers	75.3	4 D1
12	467	Greg Ashworth	Lytham St Annes	81.9	

Senior Men 800m					
1	101	Mark Belfield	Blackpool Wyre & Fylde	2:02.6	7 D2
2	830	Luke Culshaw	Kirkby Milers AC	2:03.5	5 D2
3	891	Thomas MacAskill (NC)	Teviotdale Harriers	2:03.9	
4	336	Oliver Oldham	Leven Valley AC	2:04.0	4 D2
5	236	Alfie Addison	Kendal AAC	2:09.1	3 D2
6	304	Samuel Binks	Lancaster Uni	2:10.5	2 D2
7	310	Toby Edwards	Lancaster Uni	2:12.3	1 D2
8	290	Roger Prudon	Lancaster & Morecambe	2:18.9	
9	885	Scott Bremner (NC)	Hoad Hill Harriers	2:19.2	
10	692	Ken Lennon	Southport Waterloo	2:27.8	7 D1
11	713	Ben Rimmer	Southport Waterloo	2:29.1	5 D1
12	452	Matt Thompson	Liverpool P & S	2:30.2	4 D1
13	186	Adam Worsley	Bury AC	2:37.9	3 D1
14	522	Steven Doxey	Northern Masters AC	2:49.2	
15	648	Andrew Tranter	Preston Harriers	2:56.3	2 D1
16	829	Stuart Cameron	Kirkby Milers AC	2:59.8	
17	531	David Priestley	Northern Masters AC	3:09.6	

Senior Men 1500m					
1	303	George Beevers	Lancaster Uni	4:15.6	7 D2
2	342	Luke Turner	Leven Valley AC	4:26.2	5 D2
3	321	Thomas Prosser	Lancaster Uni	4:49.8	4 D2
4	306	Rogan Cox	Lancaster Uni	5:00.0	
5	713	Ben Rimmer	Southport Waterloo	5:09.5	7 D1
6	885	Scott Bremner (NC)	Hoad Hill Harriers	5:10.8	
7	452	Matt Thompson	Liverpool P & S	5:30.8	5 D1
8	648	Andrew Tranter	Preston Harriers	6:04.9	4 D1
9	402	Mark Hudson	Liverpool P & S	6:07.9	3 D1

Senior Men 3000m					
1	484	Jake Rodwell	Lytham St Annes	9:43.5	7 D2
2	290	Roger Prudon	Lancaster & Morecambe	9:44.1	5 D2
3	487	James Whittle	Lytham St Annes	10:26.6	4 D2
4	231	Robert Walsh	Chorley AC & Tri	10:29.5	7 D1
5	198	Neil Adair	Chorley AC & Tri	10:39.7	5 D1
6	23	Paul Wareing	Barrow & Furness	11:54.8	3 D2
7	402	Mark Hudson	Liverpool P & S	12:24.9	4 D1
8	114	Daniel Higgins	Blackpool Wyre & Fylde	12:26.4	2 D2
9	522	Steven Doxey	Northern Masters AC	12:34.9	1 D2
10	471	Joseph Holt	Lytham St Annes	12:35.2	
11	485	Stephen Rodwell	Lytham St Annes	13:13.9	
12	249	Stuart McGurk	Kendal AAC	13:59.8	
13	317	Joshua McKenny	Lancaster Uni	DQ.0	



Senior Men 4 x 100m Relay						
1	460		Liverpool P & S	57.8	7	D1
Senior Men High Jump						
1	238	Harry Bowen	Kendal AAC	1.70	7	D2
2	890	Joel Watson (NC)	Salford Metropolitan AC	1.60		
Senior Men Long Jump						
1	238	Harry Bowen	Kendal AAC	5.60	7	D2
2	578	Finlay Clash	Preston Harriers	5.44	7	D1
3	888	Elvin Eduardo (NC)	Liverpool Harriers & AC	5.43		
4	890	Joel Watson (NC)	Salford Metropolitan AC	5.40		
5	382	Dan Evans	Liverpool P & S	4.69	5	D1
6	558	Harvey Van Geffen	Pendle AC	4.51	5	D2
Senior Men Triple Jump						
Senior Men Shot						
1	796	Alexander Wotherspoon	Wigan & District	9.83	7	D1
2	460	Paul White	Liverpool P & S	9.06	5	D1
3	546	Andrew Higginbottom	Pendle AC	8.42	7	D2
4	776	Ian McPhail	Wigan & District	8.24	4	D1
5	356	David Brown	Liverpool P & S	7.89	3	D1
6	829	Stuart Cameron	Kirkby Milers AC	6.99	5	D2
7	833	Nathaniel Hopkins	Kirkby Milers AC	3.95	4	D2
Senior Men Discus						
1	816	Russell Race	Hyndburn AC	28.71	7	D2
2	796	Alexander Wotherspoon	Wigan & District	25.97	7	D1
3	356	David Brown	Liverpool P & S	25.07	5	D1
4	546	Andrew Higginbottom	Pendle AC	24.70	5	D2
5	753	Philip Hayton	Wigan & District	18.62	4	D1
6	126	Jonathan Rutter	Blackpool Wyre & Fylde	15.01	4	D2
7	833	Nathaniel Hopkins	Kirkby Milers AC	10.03	3	D2
Senior Men Javelin						
1	583	Akein Ferdinando	Preston Harriers	43.07	7	D1
2	796	Alexander Wotherspoon	Wigan & District	33.25	5	D1
3	776	Ian McPhail	Wigan & District	26.58	4	D1
4	460	Paul White	Liverpool P & S	23.93	3	D1
5	829	Stuart Cameron	Kirkby Milers AC	21.96	7	D2
Senior Men Hammer						
1	546	Andrew Higginbottom	Pendle AC	29.60	7	D2
2	460	Paul White	Liverpool P & S	29.13	7	D1
3	816	Russell Race	Hyndburn AC	27.36	5	D2
4	356	David Brown	Liverpool P & S	25.42	5	D1
5	776	Ian McPhail	Wigan & District	19.49	4	D1
6	753	Philip Hayton	Wigan & District	14.93	3	D1
7	833	Nathaniel Hopkins	Kirkby Milers AC	11.03	4	D2
Under 20 Men Discus						
1	366	Charlie Climpson	Liverpool P & S	33.77	7	D1
Under 20 Men Hammer						
1	366	Charlie Climpson	Liverpool P & S	27.62	7	D1
Under 20 Men Shot						
1	366	Charlie Climpson	Liverpool P & S	9.90	7	D1
Under 18 Men 100m						
1	505	Oliver Park	Millom	11.9	7	D2
2	352	Daniel Berry	Liverpool P & S	11.9	7	D1
3	752	Matthew Hayton	Wigan & District	11.9	5	D1
4	194	Benjamin Holmes	Carlisle Aspatria AC	12.0	5	D2
5	835	Lucas Houghton	Kirkby Milers AC	12.1	4	D2
6	13	Joe Holden	Barrow & Furness	12.2	3	D2
Under 18 Men 200m						
1	352	Daniel Berry	Liverpool P & S	24.2	7	D1
2	194	Benjamin Holmes	Carlisle Aspatria AC	24.4	7	D2
3	133	Samuel Damawa	Burnley AC	24.4	5	D2
4	543	Thomas Finnan	Pendle AC	24.4	4	D2
5	752	Matthew Hayton	Wigan & District	24.7	5	D1
6	13	Joe Holden	Barrow & Furness	24.7	3	D2
Under 18 Men 800m						
1	78	Thomas North	Blackburn Harriers	2:12.8	7	D1
Under 18 Men 1500m						
1	250	Evan Mulvany	Kendal AAC	4:42.9	7	D2
2	555	Henry Robinson	Pendle AC	4:57.1	5	D2
Under 18 Men 3000m						
1	329	Joseph Connolly	Leven Valley AC	10:01.4	7	D2
2	86	Peter Sagar-Moss	Blackburn Harriers	10:23.8	7	D1
3	235	Toby Acland	Kendal AAC	10:30.4	5	D2
4	600	William Kershaw	Preston Harriers	DQ.0	5	D1
Under 18 Men High Jump						
Under 18 Men Long Jump						
1	505	Oliver Park	Millom	5.22	7	D2
Under 18 Men Triple Jump						
1	505	Oliver Park	Millom	11.68	7	D2
2	877	Harry Perkins	Lancaster & Morecambe	10.98	5	D2
3	868	Noah Adedoyin (NC)	Trafford Athletic Club	10.94		
Under 18 Men Shot						
1	444	Joshua Sarbutts	Liverpool P & S	10.33	7	D1
2	800	Isaac Wright	Wigan & District	10.28	5	D1
3	86	Peter Sagar-Moss	Blackburn Harriers	8.28	4	D1
Under 18 Men Discus						
1	752	Matthew Hayton	Wigan & District	16.13	7	D1
Under 18 Men Javelin						
1	67	Loucas Lancashire	Blackburn Harriers	40.33	7	D1
2	86	Peter Sagar-Moss	Blackburn Harriers	37.59	5	D1
3	444	Joshua Sarbutts	Liverpool P & S	33.63	4	D1
Under 18 Men Hammer						
1	577	Sam Christie	Preston Harriers	28.90	7	D1
2	800	Isaac Wright	Wigan & District	26.61	5	D1



Under 16 Boys 100m heat 1 Wind: 0.0					Under 16 Boys 200m overall						
1	854	Harley Turner (NC)	Altrincham & District Ath	11.9	1	854	Harley Turner (NC)	Altrincham & District Athle	24.1	7	D1
2	191	Thomas Downie	Carlisle Aspatria AC	12.1	2	439	William Roberts	Liverpool P & S	24.2	5	D1
3	594	Beau Ince	Preston Harriers	12.5	3	661	Ethan Barnes	Southport Waterloo	24.4	4	D1
4	458	Dominic Webb	Liverpool P & S	12.5	4	638	Lukas Sampson	Preston Harriers	24.4	7	D2
5	298	Leo Waddington	Lancaster & Morecambe	12.6	5	191	Thomas Downie	Carlisle Aspatria AC	24.9	3	D1
6	475	Reuben May	Lytham St Annes	15.7	6	613	Daniel Moore	Preston Harriers	25.3	5	D2
Under 16 Boys 100m heat 2 Wind: 0.0					Under 16 Boys 200m overall						
1	892	Lucian Randall-Morgan (NC)	Trafford Athletic Club	11.9	7	190	Harry Cattermole	Carlisle Aspatria AC	25.4	4	D2
2	190	Harry Cattermole	Carlisle Aspatria AC	12.5	8	298	Leo Waddington	Lancaster & Morecambe	25.4	2	D1
3	99	Abdulsamad Abdulkareem	Blackpool Wyre & Fylde	12.5	9	415	Jacob Mason	Liverpool P & S	25.6	3	D2
4	42	Joshua Carrier	Blackburn Harriers	13.0	10	242	Lucas Forrest	Kendal AAC	25.7	1	D1
5	296	George Waddington	Lancaster & Morecambe	13.1	11	458	Dominic Webb	Liverpool P & S	26.0	2	D2
Under 16 Boys 100m overall					Under 16 Boys 200m overall						
1	854	Harley Turner (NC)	Altrincham & District Athle	11.9	12	271	Finley Flint	Lancaster & Morecambe	27.6	1	D2
2	892	Lucian Randall-Morgan (N	Trafford Athletic Club	12.1	13	715	Jude Rose	Southport Waterloo	27.6	1	D2
3	191	Thomas Downie	Carlisle Aspatria AC	12.5	14	644	Jamie Stewart	Preston Harriers	30.2	1	D2
4	594	Beau Ince	Preston Harriers	12.5	15	328	Ryan Birt Reed	Leven Valley AC	31.8		
5	458	Dominic Webb	Liverpool P & S	12.5	16	475	Reuben May	Lytham St Annes			
6	190	Harry Cattermole	Carlisle Aspatria AC	12.5	Under 16 Boys 300m heat 1						
7	99	Abdulsamad Abdulkareem	Blackpool Wyre & Fylde	12.6	1	892	Lucian Randall-Morgan (NC)	Trafford Athletic Club	39.3		
8	298	Leo Waddington	Lancaster & Morecambe	13.0	2	191	Thomas Downie	Carlisle Aspatria AC	39.4		
9	42	Joshua Carrier	Blackburn Harriers	13.1	3	661	Ethan Barnes	Southport Waterloo	39.9		
10	296	George Waddington	Lancaster & Morecambe	15.7	4	25	James Acton-Grieves	Blackburn Harriers	40.5		
11	475	Reuben May	Lytham St Annes	15.7	5	756	Samuel Hodgkinson	Wigan & District	43.7		
Under 16 Boys 200m heat 1 Wind: 2.9					Under 16 Boys 300m heat 2						
1	854	Harley Turner (NC)	Altrincham & District Ath	23.9	1	576	Huw Christie	Preston Harriers	39.6		
2	439	William Roberts	Liverpool P & S	24.1	2	271	Finley Flint	Lancaster & Morecambe	41.9		
3	661	Ethan Barnes	Southport Waterloo	24.2	3	203	Ryan Ashworth	Chorley AC & Tri	42.0		
4	298	Leo Waddington	Lancaster & Morecambe	25.4	4	644	Jamie Stewart	Preston Harriers	44.5		
5	242	Lucas Forrest	Kendal AAC	25.6	5	715	Jude Rose	Southport Waterloo	46.2		
6	475	Reuben May	Lytham St Annes	31.8	Under 16 Boys 300m overall						
Under 16 Boys 200m heat 2 Wind: 1.2					Under 16 Boys 300m overall						
1	191	Thomas Downie	Carlisle Aspatria AC	24.4	1	892	Lucian Randall-Morgan (NC)	Trafford Athletic Club	39.3		
2	638	Lukas Sampson	Preston Harriers	24.4	2	191	Thomas Downie	Carlisle Aspatria AC	39.4	7	D2
3	415	Jacob Mason	Liverpool P & S	25.4	3	576	Huw Christie	Preston Harriers	39.6	7	D1
4	42	Joshua Carrier	Blackburn Harriers	26.0	4	661	Ethan Barnes	Southport Waterloo	39.9	5	D1
5	715	Jude Rose	Southport Waterloo	27.6	5	25	James Acton-Grieves	Blackburn Harriers	40.5	4	D1
6	328	Ryan Birt Reed	Leven Valley AC	30.2	6	271	Finley Flint	Lancaster & Morecambe	41.9	5	D2
Under 16 Boys 200m heat 3 Wind: -0.8					Under 16 Boys 300m overall						
1	613	Daniel Moore	Preston Harriers	24.9	7	203	Ryan Ashworth	Chorley AC & Tri	42.0	3	D1
2	190	Harry Cattermole	Carlisle Aspatria AC	25.3	8	756	Samuel Hodgkinson	Wigan & District	43.7	2	D1
3	458	Dominic Webb	Liverpool P & S	25.7	9	644	Jamie Stewart	Preston Harriers	44.5	1	D1
4	271	Finley Flint	Lancaster & Morecambe	26.6	10	715	Jude Rose	Southport Waterloo	46.2		
5	644	Jamie Stewart	Preston Harriers	27.6	11	281	Harry MacLuskie	Lancaster & Morecambe	47.6	4	D2
Under 16 Boys 800m					Under 16 Boys 800m						
1	697	James McGro	Southport Waterloo	2:09.8	7	D1					
2	334	Henry Murray	Leven Valley AC	2:14.2	7	D2					
3	203	Ryan Ashworth	Chorley AC & Tri	2:17.6	5	D1					
4	2	Noah Cook	Barrow & Furness	2:19.7	5	D2					
5	434	Pierce Quinn	Liverpool P & S	2:21.7	4	D1					
6	280	Dylan Leadsom	Lancaster & Morecambe	2:26.7	4	D2					
7	282	Luke Mason	Lancaster & Morecambe	2:28.3	3	D2					
8	875	Luke Switzer	Kendal AAC	2:28.8	2	D2					
9	247	Matthew Jenner	Kendal AAC	2:29.8	1	D2					



Under 16 Boys 1500m						Under 16 Boys Javelin					
1	344	Theo Zaboklicki	Leven Valley AC	4:34.8	7 D2	1	594	Beau Ince	Preston Harriers	39.11	7 D1
2	278	Oscar Holroyd	Lancaster & Morecambe	4:38.9	5 D2	2	5	Charlie English	Barrow & Furness	38.14	7 D2
3	331	Sam Fisher	Leven Valley AC	4:41.8	4 D2	3	263	Logan Bentley	Lancaster & Morecambe	35.94	5 D2
4	893	Harry Redhead (NC)	Warriors Pentathlon & Ath	4:42.5		4	361	Alfie Casey	Liverpool P & S	35.88	5 D1
5	294	Peter Talks	Lancaster & Morecambe	5:03.8	3 D2	5	1	Ethan Bravery Matheson	Barrow & Furness	35.33	4 D2
6	262	Noah Ben Mohamed	Lancaster & Morecambe	5:09.5		6	55	Zakariya Haq	Blackburn Harriers	31.28	4 D1
7	718	James Silcox	Southport Waterloo	5:38.9	7 D1	7	736	Louis Ball	Wigan & District	29.71	3 D1
Under 16 Boys 4 x 100m Relay						8	878	Ben Eshelby	Liverpool P & S	29.50	2 D1
1	439		Liverpool P & S	51.9	7 D1	9	294	Peter Talks	Lancaster & Morecambe	29.34	3 D2
2	271		Lancaster & Morecambe	52.4	7 D2	10	443	Joseph Sarbutts	Liverpool P & S	22.60	
Under 16 Boys High Jump						11	296	George Waddington	Lancaster & Morecambe	22.12	
1	242	Lucas Forrest	Kendal AAC	1.63	7 D2	12	99	Abdulsamad Abdulkareem	Blackpool Wyre & Fylde	18.43	2 D2
2	439	William Roberts	Liverpool P & S	1.60	7 D1	Under 16 Boys Hammer					
3	99	Abdulsamad Abdulkareem	Blackpool Wyre & Fylde	1.57	5 D2	1	886	Matthew Birch (NC)	Leigh Harriers & AC	42.96	
4	798	Moses Wotherspoon	Wigan & District	1.51	5 D1	2	361	Alfie Casey	Liverpool P & S	24.15	7 D1
5	2	Noah Cook	Barrow & Furness	1.48	4 D2	3	379	Alexander Doyle	Liverpool P & S	21.57	5 D1
6	263	Logan Bentley	Lancaster & Morecambe	1.45	3 D2	4	443	Joseph Sarbutts	Liverpool P & S	17.58	
7	334	Henry Murray	Leven Valley AC	1.40	2 D2	5	715	Jude Rose	Southport Waterloo	16.92	4 D1
Under 16 Boys Long Jump						Under 14 Boys 100m heat 1 Wind: 0.2					
1	334	Henry Murray	Leven Valley AC	4.78	7 D2	1	873	Alex Smith	Blackpool Wyre & Fylde	12.2	
2	190	Harry Cattermole	Carlisle Aspatria AC	4.77	5 D2	2	591	Ruben Heath	Preston Harriers	12.9	
3	868	Noah Adedoyin (NC)	Trafford Athletic Club	4.69		3	647	Lucas Thompson-Amrith	Preston Harriers	13.0	
4	203	Ryan Ashworth	Chorley AC & Tri	4.50	7 D1	4	293	Owen Stephens	Lancaster & Morecambe	13.3	
5	291	Kerr Slaughter	Lancaster & Morecambe	4.31	4 D2	5	73	Harry Mitchell	Blackburn Harriers	14.1	
6	55	Zakariya Haq	Blackburn Harriers	4.28	5 D1	6	759	Elliot Hunt	Wigan & District	14.6	
7	42	Joshua Carrier	Blackburn Harriers	3.94	4 D1	7	451	Saul Taylor Bromley	Liverpool P & S	15.1	
8	475	Reuben May	Lytham St Annes	3.43	3 D2	Under 14 Boys 100m heat 2 Wind: 0.9					
Under 16 Boys Shot						1	590	Alex Hatch	Preston Harriers	14.0	
1	756	Samuel Hodgkinson	Wigan & District	10.08	7 D1	2	219	Oliver Holden	Chorley AC & Tri	14.3	
2	458	Dominic Webb	Liverpool P & S	9.91	5 D1	3	621	Ashton Olakunde	Preston Harriers	14.7	
3	5	Charlie English	Barrow & Furness	9.89	7 D2	4	876	Albie Hardman	Lancaster & Morecambe	14.7	
4	25	James Acton-Grieves	Blackburn Harriers	9.51	4 D1	5	182	James Tallentire	Bury AC	14.9	
5	443	Joseph Sarbutts	Liverpool P & S	8.44	3 D1	6	721	Elliot Stevens	Southport Waterloo	15.1	
6	296	George Waddington	Lancaster & Morecambe	8.34	5 D2	Under 14 Boys 100m overall					
7	55	Zakariya Haq	Blackburn Harriers	8.17	2 D1	1	873	Alex Smith	Blackpool Wyre & Fylde	12.2	7 D2
8	281	Harry MacLuskie	Lancaster & Morecambe	6.96	4 D2	2	591	Ruben Heath	Preston Harriers	12.9	7 D1
Under 16 Boys Discus						3	647	Lucas Thompson-Amrith	Preston Harriers	13.0	5 D1
1	736	Louis Ball	Wigan & District	29.45	7 D1	4	293	Owen Stephens	Lancaster & Morecambe	13.3	5 D2
2	5	Charlie English	Barrow & Furness	23.67	7 D2	5	590	Alex Hatch	Preston Harriers	14.0	
3	756	Samuel Hodgkinson	Wigan & District	22.92	5 D1	6	73	Harry Mitchell	Blackburn Harriers	14.1	4 D1
4	798	Moses Wotherspoon	Wigan & District	21.45		7	219	Oliver Holden	Chorley AC & Tri	14.3	3 D1
5	1	Ethan Bravery Matheson	Barrow & Furness	19.93	5 D2	8	759	Elliot Hunt	Wigan & District	14.6	2 D1
						9	621	Ashton Olakunde	Preston Harriers	14.7	
						10	876	Albie Hardman	Lancaster & Morecambe	14.7	4 D2
						11	182	James Tallentire	Bury AC	14.9	1 D1
						12	451	Saul Taylor Bromley	Liverpool P & S	15.1	
						13	721	Elliot Stevens	Southport Waterloo	15.1	



Under 14 Boys 200m heat 1 Wind: 2.5					
1	591	Ruben Heath	Preston Harriers	26.0	
2	647	Lucas Thompson-Amrith	Preston Harriers	27.1	
3	705	Matthew Ndjambula	Southport Waterloo	27.9	
4	117	Austin Hursahye	Blackpool Wyre & Fylde	29.1	
5	759	Elliot Hunt	Wigan & District	29.8	
6	204	James Baker	Chorley AC & Tri	30.8	

Under 14 Boys 200m heat 2 Wind: 0.9					
1	590	Alex Hatch	Preston Harriers	28.4	
2	621	Ashton Olakunde	Preston Harriers	29.5	
3	362	Jack Clancy	Liverpool P & S	29.9	
4	219	Oliver Holden	Chorley AC & Tri	30.2	
5	700	Noah McNabb	Southport Waterloo	30.4	
6	182	James Tallentire	Bury AC	30.9	

Under 14 Boys 200m heat 3 Wind: 0.4					
1	873	Alex Smith	Blackpool Wyre & Fylde	24.8	
2	293	Owen Stephens	Lancaster & Morecambe	27.6	
3	147	Alex Smialek	Burnley AC	28.7	
4	641	Feyishomi Shodipo	Preston Harriers	29.5	
5	451	Saul Taylor Bromley	Liverpool P & S	29.9	
6	684	George Hawthorn	Southport Waterloo	30.4	

Under 14 Boys 200m overall					
1	873	Alex Smith	Blackpool Wyre & Fylde	24.8	7 D2
2	591	Ruben Heath	Preston Harriers	26.0	7 D1
3	647	Lucas Thompson-Amrith	Preston Harriers	27.1	5 D1
4	293	Owen Stephens	Lancaster & Morecambe	27.6	5 D2
5	705	Matthew Ndjambula	Southport Waterloo	27.9	4 D1
6	590	Alex Hatch	Preston Harriers	28.4	
7	147	Alex Smialek	Burnley AC	28.7	4 D2
8	117	Austin Hursahye	Blackpool Wyre & Fylde	29.1	3 D2
9	621	Ashton Olakunde	Preston Harriers	29.5	
10	641	Feyishomi Shodipo	Preston Harriers	29.5	
11	759	Elliot Hunt	Wigan & District	29.8	3 D1
12	362	Jack Clancy	Liverpool P & S	29.9	2 D1
13	451	Saul Taylor Bromley	Liverpool P & S	29.9	1 D1
14	219	Oliver Holden	Chorley AC & Tri	30.2	
15	700	Noah McNabb	Southport Waterloo	30.4	
16	684	George Hawthorn	Southport Waterloo	30.4	
17	204	James Baker	Chorley AC & Tri	30.8	
18	182	James Tallentire	Bury AC	30.9	

Under 14 Boys 800m					
1	705	Matthew Ndjambula	Southport Waterloo	2:20.6	7 D1
2	601	Harrison Kingwells	Preston Harriers	2:28.8	5 D1
3	629	Beau Proos-Dalton	Preston Harriers	2:28.8	4 D1
4	618	Theodore Noblett	Preston Harriers	2:31.7	
5	362	Jack Clancy	Liverpool P & S	2:34.4	3 D1
6	401	Thomas Howard	Liverpool P & S	2:43.4	2 D1
7	741	Ryan Catton	Wigan & District	2:54.7	1 D1

Under 14 Boys 1500m					
1	855	Matthew Downie (NC)	Border Harriers & AC	4:38.9	
2	653	Nathaniel White	Preston Harriers	4:42.9	7 D1
3	865	Arthur Grenfell (NC)	Settle Harriers	5:01.6	
4	147	Alex Smialek	Burnley AC	5:05.3	7 D2
5	684	George Hawthorn	Southport Waterloo	5:10.2	5 D1
6	56	Ben Hawksworth	Blackburn Harriers	5:12.0	4 D1
7	285	Jack Parrington	Lancaster & Morecambe	5:26.4	5 D2
8	721	Elliot Stevens	Southport Waterloo	5:28.6	3 D1
9	589	Ruben Harwood	Preston Harriers	5:28.7	2 D1

Under 14 Boys 4 x 100m Relay					
1	647		Preston Harriers	53.3	7 D1

Under 14 Boys High Jump					
1	362	Jack Clancy	Liverpool P & S	1.40	7 D1
2	73	Harry Mitchell	Blackburn Harriers	1.40	5 D1
3	293	Owen Stephens	Lancaster & Morecambe	1.40	7 D2
4	797	Beau Wotherspoon	Wigan & District	1.25	4 D1

Under 14 Boys Long Jump					
1	601	Harrison Kingwells	Preston Harriers	4.26	7 D1
2	590	Alex Hatch	Preston Harriers	4.13	5 D1
3	797	Beau Wotherspoon	Wigan & District	4.00	4 D1
4	855	Matthew Downie (NC)	Border Harriers & AC	3.98	
5	684	George Hawthorn	Southport Waterloo	3.80	3 D1
6	876	Albie Hardman	Lancaster & Morecambe	3.66	7 D2
7	621	Ashton Olakunde	Preston Harriers	3.62	
8	700	Noah McNabb	Southport Waterloo	3.53	2 D1
9	182	James Tallentire	Bury AC	3.42	1 D1

Under 14 Boys Shot					
1	886	Matthew Birch (NC)	Leigh Harriers & AC	10.93	
2	117	Austin Hursahye	Blackpool Wyre & Fylde	8.92	7 D2
3	591	Ruben Heath	Preston Harriers	7.77	7 D1
4	630	Max Purnell	Preston Harriers	7.38	5 D1
5	379	Alexander Doyle	Liverpool P & S	7.36	4 D1
6	876	Albie Hardman	Lancaster & Morecambe	7.16	5 D2
7	641	Feyishomi Shodipo	Preston Harriers	6.80	

Under 14 Boys Discus					
1	669	Samuel Byrne	Southport Waterloo	25.03	7 D1
2	379	Alexander Doyle	Liverpool P & S	17.19	5 D1
3	641	Feyishomi Shodipo	Preston Harriers	17.16	4 D1

Under 14 Boys Javelin					
1	886	Matthew Birch (NC)	Leigh Harriers & AC	35.32	
2	797	Beau Wotherspoon	Wigan & District	28.54	7 D1
3	117	Austin Hursahye	Blackpool Wyre & Fylde	23.61	7 D2
4	669	Samuel Byrne	Southport Waterloo	19.75	5 D1
5	601	Harrison Kingwells	Preston Harriers	16.46	4 D1



Under 12 Boys 75m heat 1 Wind: -0.4					Under 12 Boys 150m heat 2 Wind: 0.7								
1	103	Jamie Brown	Blackpool Wyre & Fylde	11.4	1	592	Max Holden	Preston Harriers	22.4				
2	338	Elliot Scanlon	Leven Valley AC	12.2	2	381	William Elliott	Liverpool P & S	22.6				
3	617	Cameron Myerscough	Preston Harriers	12.3	3	330	Toby Coward	Leven Valley AC	22.8				
4	218	Noah Hendry	Chorley AC & Tri	13.1	4	104	Alfie Cobb	Blackpool Wyre & Fylde	23.6				
5	277	Jake Holroyd	Lancaster & Morecambe	13.1	5	81	Harris Rawlinson	Blackburn Harriers	24.0				
6	183	Finlay Thompson	Bury AC	13.3	6	174	Findley McCallum	Bury AC	24.3				
7	474	Arthur May	Lytham St Annes	13.3	7	883	Oliver Knight (NC)	Bolton United Harriers &	26.7				
Under 12 Boys 75m heat 2					Under 12 Boys 150m heat 3 Wind: 2.1								
1	592	Max Holden	Preston Harriers	11.1	1	392	Jude Gregg	Liverpool P & S	22.4				
2	374	Cian Critchley	Liverpool P & S	11.1	2	640	Toby Sergeant	Preston Harriers	23.3				
3	104	Alfie Cobb	Blackpool Wyre & Fylde	11.3	3	357	Alexander Burnhill	Liverpool P & S	24.9				
4	635	Edward Rose	Preston Harriers	11.5	4	161	Zachary Entwistle	Bury AC	24.9				
5	640	Toby Sergeant	Preston Harriers	11.8	5	872	Ernie Chetwyn	Blackburn Harriers	25.2				
6	357	Alexander Burnhill	Liverpool P & S	12.2	6	88	Arthur Siggs	Blackburn Harriers	26.3				
					7	474	Arthur May	Lytham St Annes	27.0				
Under 12 Boys 75m heat 3 Wind: 0					Under 12 Boys 150m heat 4 Wind: -2.1								
1	622	Zachary Olorenshaw	Preston Harriers	11.1	1	196	Henry Hughes	Carlisle Aspatria AC	22.4				
2	392	Jude Gregg	Liverpool P & S	11.3	2	103	Jamie Brown	Blackpool Wyre & Fylde	23.0				
3	125	Riley Russell	Blackpool Wyre & Fylde	11.3	3	605	Fraser MacKie	Preston Harriers	25.1				
4	464	Harley Wooldridge	Liverpool P & S	11.9	4	300	Luke Yates	Lancaster & Morecambe	25.6				
5	363	Samuel Clancy	Liverpool P & S	12.5	5	845	Oliver Perkins	Lancaster & Morecambe	25.8				
6	624	Joseph Parker	Preston Harriers	15.3									
Under 12 Boys 75m overall					Under 12 Boys 150m overall								
1	592	Max Holden	Preston Harriers	11.1	7	D1	1	567	William Woodruff	Preston Harriers	21.9	7	D1
2	374	Cian Critchley	Liverpool P & S	11.1	5	D1	2	622	Zachary Olorenshaw	Preston Harriers	22.1	5	D1
3	622	Zachary Olorenshaw	Preston Harriers	11.1	4	D1	3	417	Luka McGlone	Liverpool P & S	22.4	4	D1
4	104	Alfie Cobb	Blackpool Wyre & Fylde	11.3	7	D2	4	592	Max Holden	Preston Harriers	22.4		
5	392	Jude Gregg	Liverpool P & S	11.3	3	D1	5	392	Jude Gregg	Liverpool P & S	22.4	3	D1
6	125	Riley Russell	Blackpool Wyre & Fylde	11.3	5	D2	6	196	Henry Hughes	Carlisle Aspatria AC	22.4	7	D2
7	103	Jamie Brown	Blackpool Wyre & Fylde	11.4			7	381	William Elliott	Liverpool P & S	22.6		
8	635	Edward Rose	Preston Harriers	11.5			8	374	Cian Critchley	Liverpool P & S	22.8		
9	640	Toby Sergeant	Preston Harriers	11.8			9	330	Toby Coward	Leven Valley AC	22.8	5	D2
10	464	Harley Wooldridge	Liverpool P & S	11.9			10	103	Jamie Brown	Blackpool Wyre & Fylde	23.0	4	D2
11	338	Elliot Scanlon	Leven Valley AC	12.2	4	D2	11	85	Hugh Russell-Blackburn	Blackburn Harriers	23.1	2	D1
12	357	Alexander Burnhill	Liverpool P & S	12.2			12	125	Riley Russell	Blackpool Wyre & Fylde	23.3	3	D2
13	617	Cameron Myerscough	Preston Harriers	12.3			13	640	Toby Sergeant	Preston Harriers	23.3		
14	363	Samuel Clancy	Liverpool P & S	12.5			14	??			23.4		
15	218	Noah Hendry	Chorley AC & Tri	13.1	2	D1	15	104	Alfie Cobb	Blackpool Wyre & Fylde	23.6		
16	277	Jake Holroyd	Lancaster & Morecambe	13.1	3	D2	16	81	Harris Rawlinson	Blackburn Harriers	24.0	1	D1
17	183	Finlay Thompson	Bury AC	13.3	1	D1	17	174	Findley McCallum	Bury AC	24.3		
18	474	Arthur May	Lytham St Annes	13.3	2	D2	18	357	Alexander Burnhill	Liverpool P & S	24.9		
19	624	Joseph Parker	Preston Harriers	15.3			19	161	Zachary Entwistle	Bury AC	24.9		
Under 12 Boys 150m heat 1					20	605	Fraser MacKie	Preston Harriers	25.1				
1	567	William Woodruff	Preston Harriers	21.9			21	872	Ernie Chetwyn	Blackburn Harriers	25.2		
2	622	Zachary Olorenshaw	Preston Harriers	22.1			22	300	Luke Yates	Lancaster & Morecambe	25.6	2	D2
3	417	Luka McGlone	Liverpool P & S	22.4			23	845	Oliver Perkins	Lancaster & Morecambe	25.8	1	D2
4	374	Cian Critchley	Liverpool P & S	22.8			24	88	Arthur Siggs	Blackburn Harriers	26.3		
5	85	Hugh Russell-Blackburn	Blackburn Harriers	23.1			25	883	Oliver Knight (NC)	Bolton United Harriers & A	26.7		
6	125	Riley Russell	Blackpool Wyre & Fylde	23.3			26	474	Arthur May	Lytham St Annes	27.0		
7	??			23.4									



Under 12 Boys 600m heat 1

1	109	Dexter Edwards	Blackpool Wyre & Fylde	1:48.4		
2	567	William Woodruff	Preston Harriers	1:51.9		
3	381	William Elliott	Liverpool P & S	1:53.9		
4	330	Toby Coward	Leven Valley AC	1:55.7		
5	635	Edward Rose	Preston Harriers	1:57.5		
6	81	Harris Rawlinson	Blackburn Harriers	2:07.1		
7	218	Noah Hendry	Chorley AC & Tri	2:11.5		
8	338	Elliot Scanlon	Leven Valley AC	2:15.0		
9	883	Oliver Knight (NC)	Bolton United Harriers &	2:18.0		

Under 12 Boys 600m heat 2

1	237	Jacob Bagshaw	Kendal AAC	1:48.8		
2	417	Luka McGlone	Liverpool P & S	1:51.3		
3	105	Rio Cobb	Blackpool Wyre & Fylde	1:51.4		
4	85	Hugh Russell-Blackburn	Blackburn Harriers	1:58.1		
5	174	Findley McCallum	Bury AC	2:06.3		
6	104	Alfie Cobb	Blackpool Wyre & Fylde	2:08.4		
7	605	Fraser MacKie	Preston Harriers	2:10.3		
8	183	Finlay Thompson	Bury AC	2:13.8		
9	161	Zachary Entwistle	Bury AC	2:32.7		
10	575	Logan Child	Preston Harriers	2:45.4		

Under 12 Boys 600m overall

1	109	Dexter Edwards	Blackpool Wyre & Fylde	1:48.4	7	D2
2	237	Jacob Bagshaw	Kendal AAC	1:48.8	5	D2
3	417	Luka McGlone	Liverpool P & S	1:51.3	7	D1
4	105	Rio Cobb	Blackpool Wyre & Fylde	1:51.4	4	D2
5	567	William Woodruff	Preston Harriers	1:51.9	5	D1
6	381	William Elliott	Liverpool P & S	1:53.9	4	D1
7	330	Toby Coward	Leven Valley AC	1:55.7	3	D2
8	635	Edward Rose	Preston Harriers	1:57.5	3	D1
9	85	Hugh Russell-Blackburn	Blackburn Harriers	1:58.1	2	D1
10	174	Findley McCallum	Bury AC	2:06.3	1	D1
11	81	Harris Rawlinson	Blackburn Harriers	2:07.1		
12	104	Alfie Cobb	Blackpool Wyre & Fylde	2:08.4		
13	605	Fraser MacKie	Preston Harriers	2:10.3		
14	218	Noah Hendry	Chorley AC & Tri	2:11.5		
15	183	Finlay Thompson	Bury AC	2:13.8		
16	338	Elliot Scanlon	Leven Valley AC	2:15.0	2	D2
17	883	Oliver Knight (NC)	Bolton United Harriers & A	2:18.0		
18	161	Zachary Entwistle	Bury AC	2:32.7		
19	575	Logan Child	Preston Harriers	2:45.4		

Under 12 Boys 4 x 100m Relay

1	374		Liverpool P & S	60.8	7	D1
2	622		Preston Harriers	61.0	5	D1

Under 12 Boys Long Jump

1	103	Jamie Brown	Blackpool Wyre & Fylde	4.08	7	D2
2	592	Max Holden	Preston Harriers	3.86	7	D1
3	464	Harley Wooldridge	Liverpool P & S	3.75	5	D1
4	374	Cian Critchley	Liverpool P & S	3.66	4	D1
5	295	Oscar Timperley	Lancaster & Morecambe	3.45	5	D2
6	125	Riley Russell	Blackpool Wyre & Fylde	3.40	4	D2
7	640	Toby Sergeant	Preston Harriers	3.30	3	D1
8	417	Luka McGlone	Liverpool P & S	3.24		
9	174	Findley McCallum	Bury AC	3.19	2	D1
10	357	Alexander Burnhill	Liverpool P & S	3.02		
11	392	Jude Gregg	Liverpool P & S	2.98		
12	605	Fraser MacKie	Preston Harriers	2.96		
13	845	Oliver Perkins	Lancaster & Morecambe	2.93	3	D2
14	277	Jake Holroyd	Lancaster & Morecambe	2.76		
15	161	Zachary Entwistle	Bury AC	2.65	1	D1
16	218	Noah Hendry	Chorley AC & Tri	2.61		
17	183	Finlay Thompson	Bury AC	2.57		
18	883	Oliver Knight (NC)	Bolton United Harriers & A	2.51		
19	381	William Elliott	Liverpool P & S	2.48		
20	300	Luke Yates	Lancaster & Morecambe	2.31		
21	624	Joseph Parker	Preston Harriers	1.78		

Under 12 Boys Shot

1	799	Elliott Wright	Wigan & District	6.77	7	D1
2	196	Henry Hughes	Carlisle Aspatria AC	6.21	7	D2
3	617	Cameron Myerscough	Preston Harriers	5.59	5	D1
4	174	Findley McCallum	Bury AC	3.42	4	D1
5	474	Arthur May	Lytham St Annes	3.12	5	D2

Under 12 Boys Javelin

1	196	Henry Hughes	Carlisle Aspatria AC	23.05	7	D2
2	183	Finlay Thompson	Bury AC	15.18	7	D1
3	617	Cameron Myerscough	Preston Harriers	15.05	5	D1
4	300	Luke Yates	Lancaster & Morecambe	10.85	5	D2
5	464	Harley Wooldridge	Liverpool P & S	10.68	4	D1
6	575	Logan Child	Preston Harriers	9.57	3	D1
7	277	Jake Holroyd	Lancaster & Morecambe	6.16	4	D2

Senior Women 100m

1	524	Freya Darbyshire	Preston Harriers	13.6	7	D1
2	722	Hannah Wotherspoon	Wigan & District	14.1	7	D2
3	331	Maisie Brown	Lancaster Uni	14.4	5	D2
4	787	Oluwatobi Aderoju	Lancaster Uni	14.9	4	D2
5	511	Ravinder Amrith	Preston Harriers	15.3	5	D1
6	378	Katherine Clancy	Liverpool P & S	18.3	4	D1
7	379	Pauline Clancy	Liverpool P & S	20.1	3	D1

Senior Women 200m

1	524	Freya Darbyshire	Preston Harriers	27.7	7	D1
2	331	Maisie Brown	Lancaster Uni	28.8	7	D2
3	131	Katie Longbottom	Blackpool Wyre & Fylde	32.1	5	D1
4	511	Ravinder Amrith	Preston Harriers	33.3	4	D1
5	193	Afroditi Kalambouka	Bury AC	39.4	3	D1



Senior Women 400m						Senior Women Javelin							
1	331	Maisie Brown	Lancaster Uni	67.2	7	D2	1	687	Rebekah Hopper	Wigan & District	30.75	7	D2
2	722	Hannah Wotherspoon	Wigan & District	69.9	5	D2	2	149	Nia Rutter	Blackpool Wyre & Fylde	23.20	7	D1
3	489	Alina Stepanchuk	Northern Masters AC	70.1	7	D1	3	440	Holly Ware	Liverpool P & S	21.07	5	D1
Senior Women 800m						Senior Women Hammer							
1	14	Daisy Palmer	Barrow & Furness	2:33.4	7	D2	1	790	Phoebe Milburn	Liverpool P & S	45.99	7	D1
2	788	Alice Tolley	Lancaster Uni	2:34.9	5	D2	2	544	Caitlin Hornby	Preston Harriers	38.71	5	D1
3	489	Alina Stepanchuk	Northern Masters AC	2:39.3	7	D1	3	148	Marcia Rutter	Blackpool Wyre & Fylde	32.13	4	D1
4	360	Joanne Taylor-Friell	Leven Valley AC	2:46.4	4	D2	4	440	Holly Ware	Liverpool P & S	29.81	3	D1
Senior Women 1500m						Senior Women Hammer							
1	348	Martha Wood	Lancaster Uni	4:52.1	7	D2	5	149	Nia Rutter	Blackpool Wyre & Fylde	29.29	2	D1
2	248	Laura Livesey-Butterfield	Chorley AC & Tri	5:19.5	7	D1	6	795	Sky Lewis (NC)	Elswick Harriers	28.77		
3	623	Emily Dean	Southport Waterloo	5:21.8	5	D2	7	113	Michelle Beard	Blackpool Wyre & Fylde	22.70		
4	339	Amy Heaton	Lancaster Uni	5:53.8	4	D2	8	160	Helen Ruth Goodwill	Burnley AC	19.73	7	D2
5	345	Charlotte Selby	Lancaster Uni	5:57.6			9	147	Gracie Rutter	Blackpool Wyre & Fylde	18.30		
6	485	Rebecca Mills	Northern Masters AC	6:06.8	5	D1	10	492	Lynn Baker	Pendle AC	15.99	5	D2
7	391	Michelle Durney	Liverpool P & S	7:08.0	4	D1	Under 18 Women 100m						
8	596	Julie Tyrer	Preston Harriers	7:37.5	3	D1	1	682	Kady Hall	Wigan & District	13.3	7	D2
Senior Women 3000m						Under 18 Women 200m							
1	338	Ella Headland	Lancaster Uni	11:43.9	7	D2	2	699	Elaine Ncube	Wigan & District	13.5	5	D2
2	343	Eve Oxenbury	Lancaster Uni	11:47.7	5	D2	3	725	Elah Berry	Hyndburn AC	13.6	4	D2
3	345	Charlotte Selby	Lancaster Uni	12:17.2			4	320	Isla Roberts	Lancaster & Morecambe	13.7	3	D2
4	485	Rebecca Mills	Northern Masters AC	12:59.8	7	D1	Under 18 Women 1500m						
5	596	Julie Tyrer	Preston Harriers	15:39.5	5	D1	1	667	Katie Bonner	Wigan & District	5:29.9	7	D2
Senior Women 4 x 100m Relay						Under 18 Women 3000m							
1	687		Wigan & District	66.4	7	D2	1	804	Caitlin Watters (NC)	Sale Harriers Manchester	11:23.4		
2	378		Liverpool P & S	77.4	7	D1	2	802	Beau Rawcliffe (NC)	Liverpool Harriers & AC	11:36.1		
Senior Women Long Jump						Under 18 Women High Jump							
1	722	Hannah Wotherspoon	Wigan & District	4.35	7	D2	1	320	Isla Roberts	Lancaster & Morecambe	1.45	7	D2
2	703	Sarah Ormshaw	Wigan & District	3.31	5	D2	Under 18 Women Triple Jump						
3	378	Katherine Clancy	Liverpool P & S	3.16	7	D1	1	320	Isla Roberts	Lancaster & Morecambe	10.17	7	D2
4	193	Afroditi Kalambouka	Bury AC	2.96	5	D1	2	796	Rae Vaughan (NC)	Leigh Harriers & AC	9.50		
Senior Women Shot						Under 18 Women Javelin							
1	662	Yasmin Baker	Wigan & District	13.16	7	D2	Under 18 Women Hammer						
2	149	Nia Rutter	Blackpool Wyre & Fylde	11.31	7	D1	1	398	Isabelle Grayson	Liverpool P & S	29.93	7	D1
3	687	Rebekah Hopper	Wigan & District	10.19	5	D2	Under 16 Girls 100m heat 1 Wind: -0.3						
4	147	Gracie Rutter	Blackpool Wyre & Fylde	8.90	5	D1	1	792	Chloe Gildea	Preston Harriers	13.5		
5	790	Phoebe Milburn	Liverpool P & S	8.38	4	D1	2	577	Isabella Pace	Preston Harriers	13.5		
6	787	Oluwatobi Aderoju	Lancaster Uni	8.00	4	D2	3	312	Isabella Ingham	Lancaster & Morecambe	14.1		
7	440	Holly Ware	Liverpool P & S	7.73	3	D1	4	181	Lydia Catz	Bury AC	14.4		
8	148	Marcia Rutter	Blackpool Wyre & Fylde	7.49			5	49	Seren Gooden	Blackburn Harriers	14.8		
9	160	Helen Ruth Goodwill	Burnley AC	6.34	3	D2	6	618	Melissa Cameron	Southport Waterloo	15.4		
Senior Women Discus													
1	687	Rebekah Hopper	Wigan & District	36.45	7	D2							
2	544	Caitlin Hornby	Preston Harriers	26.52	7	D1							
3	662	Yasmin Baker	Wigan & District	25.90	5	D2							
4	787	Oluwatobi Aderoju	Lancaster Uni	25.72	4	D2							
5	795	Sky Lewis (NC)	Elswick Harriers	25.49									
6	160	Helen Ruth Goodwill	Burnley AC	19.81	3	D2							
7	147	Gracie Rutter	Blackpool Wyre & Fylde	19.44	5	D1							
8	492	Lynn Baker	Pendle AC	17.81	2	D2							
9	148	Marcia Rutter	Blackpool Wyre & Fylde	13.27	4	D1							



Under 16 Girls 100m heat 2					
1	218	Amy Johnstone	Carlisle Aspatria AC	12.5	
2	153	Hannah Wallwork	Blackpool Wyre & Fylde	13.3	
3	119	Emily Clarkson	Blackpool Wyre & Fylde	13.4	
4	140	Isla Orwin	Blackpool Wyre & Fylde	13.7	
5	157	Dolly Zawistowicz-Williams	Blackpool Wyre & Fylde	13.8	

Under 16 Girls 100m overall					
1	218	Amy Johnstone	Carlisle Aspatria AC	12.5	7 D2
2	153	Hannah Wallwork	Blackpool Wyre & Fylde	13.3	7 D1
3	119	Emily Clarkson	Blackpool Wyre & Fylde	13.4	5 D1
4	792	Chloe Gildea	Preston Harriers	13.5	4 D1
5	577	Isabella Pace	Preston Harriers	13.5	3 D1
6	140	Isla Orwin	Blackpool Wyre & Fylde	13.7	
7	157	Dolly Zawistowicz-Williams	Blackpool Wyre & Fylde	13.8	
8	312	Isabella Ingham	Lancaster & Morecambe	14.1	5 D2
9	181	Lydia Catz	Bury AC	14.4	2 D1
10	49	Seren Gooden	Blackburn Harriers	14.8	1 D1
11	618	Melissa Cameron	Southport Waterloo	15.4	4 D2

Under 16 Girls 200m heat 1 Wind: 1.8					
1	218	Amy Johnstone	Carlisle Aspatria AC	25.0	
2	119	Emily Clarkson	Blackpool Wyre & Fylde	27.3	
3	792	Chloe Gildea	Preston Harriers	28.6	
4	299	Sophie Brownsmith	Lancaster & Morecambe	29.2	
5	45	Eliza Garcia	Blackburn Harriers	29.6	
6	738	Imogen Ives	Hyndburn AC	30.6	
7	250	Elizabeth McLaren	Chorley AC & Tri	33.3	

Under 16 Girls 200m heat 2 Wind: -0.1					
1	140	Isla Orwin	Blackpool Wyre & Fylde	27.5	
2	153	Hannah Wallwork	Blackpool Wyre & Fylde	27.8	
3	157	Dolly Zawistowicz-Williams	Blackpool Wyre & Fylde	28.3	
4	609	Yasmin Winstanley	Preston Harriers	29.3	
5	181	Lydia Catz	Bury AC	29.4	
6	680	Isabella Foxton	Wigan & District	30.0	

Under 16 Girls 200m overall					
1	218	Amy Johnstone	Carlisle Aspatria AC	25.0	7 D2
2	119	Emily Clarkson	Blackpool Wyre & Fylde	27.3	7 D1
3	140	Isla Orwin	Blackpool Wyre & Fylde	27.5	5 D1
4	153	Hannah Wallwork	Blackpool Wyre & Fylde	27.8	
5	157	Dolly Zawistowicz-Williams	Blackpool Wyre & Fylde	28.3	
6	792	Chloe Gildea	Preston Harriers	28.6	4 D1
7	299	Sophie Brownsmith	Lancaster & Morecambe	29.2	5 D2
8	609	Yasmin Winstanley	Preston Harriers	29.3	3 D1
9	181	Lydia Catz	Bury AC	29.4	2 D1
10	45	Eliza Garcia	Blackburn Harriers	29.6	1 D1
11	680	Isabella Foxton	Wigan & District	30.0	4 D2
12	738	Imogen Ives	Hyndburn AC	30.6	3 D2
13	250	Elizabeth McLaren	Chorley AC & Tri	33.3	

Under 16 Girls 300m heat 1					
1	144	Charlotte Robbins	Blackpool Wyre & Fylde	45.9	
2	299	Sophie Brownsmith	Lancaster & Morecambe	46.4	
3	738	Imogen Ives	Hyndburn AC	47.2	
4	368	Lucy Armstrong	Liverpool P & S	47.5	
5	704	Emily Pennington	Wigan & District	48.7	
6	247	Jennifer Littler	Chorley AC & Tri	56.5	

Under 16 Girls 300m heat 2					
1	146	Esme Rutter	Blackpool Wyre & Fylde	42.9	
2	95	Rebecca Rowlings	Blackburn Harriers	48.7	
3	138	Lily-rose McMinnis	Blackpool Wyre & Fylde	50.5	
4	683	Grace Harris	Wigan & District	51.9	
5	764	Sophia Whittaker	Kirkby Milers AC	52.4	
6	250	Elizabeth McLaren	Chorley AC & Tri	56.2	

Under 16 Girls 300m overall					
1	146	Esme Rutter	Blackpool Wyre & Fylde	42.9	7 D1
2	144	Charlotte Robbins	Blackpool Wyre & Fylde	45.9	5 D1
3	299	Sophie Brownsmith	Lancaster & Morecambe	46.4	7 D2
4	738	Imogen Ives	Hyndburn AC	47.2	5 D2
5	368	Lucy Armstrong	Liverpool P & S	47.5	4 D1
6	704	Emily Pennington	Wigan & District	48.7	4 D2
7	95	Rebecca Rowlings	Blackburn Harriers	48.7	3 D1
8	138	Lily-rose McMinnis	Blackpool Wyre & Fylde	50.5	
9	683	Grace Harris	Wigan & District	51.9	3 D2
10	764	Sophia Whittaker	Kirkby Milers AC	52.4	2 D2
11	250	Elizabeth McLaren	Chorley AC & Tri	56.2	2 D1
12	247	Jennifer Littler	Chorley AC & Tri	56.5	1 D1

Under 16 Girls 800m					
1	801	Isabella Parry (NC)	Liverpool Harriers & AC	2:24.3	
2	351	Katelyn Douglas	Leven Valley AC	2:28.0	7 D2
3	144	Charlotte Robbins	Blackpool Wyre & Fylde	2:32.4	7 D1
4	368	Lucy Armstrong	Liverpool P & S	2:38.3	5 D1
5	625	Phoebe-rose Devlin	Southport Waterloo	2:39.0	5 D2
6	354	Imogen Moore	Leven Valley AC	2:40.0	4 D2
7	216	Lydia Worsley	Bury AC	2:46.5	4 D1
8	764	Sophia Whittaker	Kirkby Milers AC	2:48.6	3 D2
9	138	Lily-rose McMinnis	Blackpool Wyre & Fylde	2:51.1	3 D1
10	327	Sofia Ann Winterbottom	Lancaster & Morecambe	2:51.7	2 D2
11	683	Grace Harris	Wigan & District	2:52.2	1 D2
12	297	Alice Briffett	Lancaster & Morecambe	2:53.1	
13	618	Melissa Cameron	Southport Waterloo	2:53.4	
14	116	Abigail Cameron	Blackpool Wyre & Fylde	2:58.2	

Under 16 Girls 1500m					
1	696	Katie-louise Malley	Wigan & District	5:09.3	7 D2
2	324	Sienna Thorley	Lancaster & Morecambe	5:14.0	5 D2
3	654	Lauren Silcox	Southport Waterloo	5:20.8	4 D2
4	594	Elsa Thomson	Preston Harriers	5:28.9	7 D1
5	565	Lucy Mitchell	Preston Harriers	5:30.2	5 D1
6	353	Mia Griffiths	Leven Valley AC	5:39.0	3 D2

Under 16 Girls 4 x 100m Relay					
1	299		Lancaster & Morecambe	57.2	7 D2



Under 16 Girls High Jump							Under 14 Girls 100m heat 2						
1	532	Kara Giddins	Preston Harriers	1.56	7	D1	1	202	Matilda Nott	Bury AC	12.9		
2	146	Esme Rutter	Blackpool Wyre & Fylde	1.56	5	D1	2	561	Orla-rose McLaughlin	Preston Harriers	14.1		
3	582	Sophie Rigby	Preston Harriers	1.53	4	D1	3	143	Lacey Regan	Blackpool Wyre & Fylde	14.3		
4	796	Rae Vaughan (NC)	Leigh Harriers & AC	1.35			4	289	Jessica Ramsey	Kendal AAC	14.3		
5	704	Emily Pennington	Wigan & District	1.25	7	D2	5	459	Freya Clunie	Millom	15.1		
Under 16 Girls Long Jump							6	48	India Gooden	Blackburn Harriers	15.5		
1	218	Amy Johnstone	Carlisle Aspatria AC	4.95	7	D2	7	265	Jessica Wood	Chorley AC & Tri	15.8		
2	532	Kara Giddins	Preston Harriers	4.64	7	D1	Under 14 Girls 100m heat 3 Wind: 1.3						
3	157	Dolly Zawistowicz-Williams	Blackpool Wyre & Fylde	4.32	5	D1	1	177	Nancy Blain	Bury AC	13.5		
4	119	Emily Clarkson	Blackpool Wyre & Fylde	4.24	4	D1	2	514	Lucy Bamber	Preston Harriers	13.7		
5	153	Hannah Wallwork	Blackpool Wyre & Fylde	4.20			3	543	Darcie Holt	Preston Harriers	13.7		
6	140	Isla Orwin	Blackpool Wyre & Fylde	4.10			4	135	Adleigh McCunnell	Blackpool Wyre & Fylde	13.8		
7	618	Melissa Cameron	Southport Waterloo	3.83	5	D2	5	285	Izzy Leigh	Kendal AAC	14.6		
8	324	Sienna Thorley	Lancaster & Morecambe	3.70	4	D2	6	358	Isabella Scanlon	Leven Valley AC	15.2		
9	309	Olivia Hemingway	Lancaster & Morecambe	3.14	3	D2	7	235	Faith Hogan	Chorley AC & Tri	15.8		
Under 16 Girls Shot							Under 14 Girls 100m heat 4 Wind: 0.0						
1	62	Dana Juma	Blackburn Harriers	10.48	7	D1	1	546	Phoebe Hoyle	Preston Harriers	13.9		
2	81	Madeline Partridge	Blackburn Harriers	9.80	5	D1	2	213	Emily Urquhart	Bury AC	14.2		
3	20	Marika Behnke	Blackburn Harriers	8.57			3	130	Grace Kirkham	Blackpool Wyre & Fylde	14.3		
4	364	Poppy Abraham	Liverpool P & S	8.25	4	D1	4	518	Amaya Carruthers	Preston Harriers	16.3		
5	271	Alice Brown	Kendal AAC	8.22	7	D2	5	269	Rosie Beaton	Kendal AAC	16.8		
6	146	Esme Rutter	Blackpool Wyre & Fylde	8.11	3	D1	6	556	Ayaanah Lulat	Preston Harriers	18.2		
7	312	Isabella Ingham	Lancaster & Morecambe	6.88	5	D2	Under 14 Girls 100m overall						
8	128	Sophie Hopeng	Blackpool Wyre & Fylde	6.85	2	D1	1	202	Matilda Nott	Bury AC	12.9	7	D1
9	138	Lily-rose McMinnis	Blackpool Wyre & Fylde	6.33			2	463	Beth Hodgson	Millom	13.5	7	D2
10	297	Alice Briffett	Lancaster & Morecambe	5.42	4	D2	3	177	Nancy Blain	Bury AC	13.5	5	D1
11	327	Sofia Ann Winterbottom	Lancaster & Morecambe	5.37			4	514	Lucy Bamber	Preston Harriers	13.7	4	D1
Under 16 Girls Discus							5	543	Darcie Holt	Preston Harriers	13.7	3	D1
1	81	Madeline Partridge	Blackburn Harriers	33.44	7	D1	6	135	Adleigh McCunnell	Blackpool Wyre & Fylde	13.8	2	D1
2	20	Marika Behnke	Blackburn Harriers	20.29	5	D1	7	546	Phoebe Hoyle	Preston Harriers	13.9		
3	785	Karina Astashchanka	Lancaster & Morecambe	18.58	7	D2	8	129	Juno Justins Nanchangi	Blackpool Wyre & Fylde	14.0	1	D1
4	271	Alice Brown	Kendal AAC	16.69	5	D2	9	561	Orla-rose McLaughlin	Preston Harriers	14.1		
Under 16 Girls Javelin							10	629	Emily Harrison	Southport Waterloo	14.2	5	D2
1	20	Marika Behnke	Blackburn Harriers	26.44	7	D1	11	213	Emily Urquhart	Bury AC	14.2		
2	364	Poppy Abraham	Liverpool P & S	23.62	5	D1	12	289	Jessica Ramsey	Kendal AAC	14.3	4	D2
3	109	Georgia Allmark	Blackpool Wyre & Fylde	16.12	4	D1	13	143	Lacey Regan	Blackpool Wyre & Fylde	14.3		
4	250	Elizabeth McLaren	Chorley AC & Tri	12.36	3	D1	14	130	Grace Kirkham	Blackpool Wyre & Fylde	14.3		
5	309	Olivia Hemingway	Lancaster & Morecambe	11.01	7	D2	15	285	Izzy Leigh	Kendal AAC	14.6	3	D2
Under 16 Girls Hammer							16	350	Isabelle Coward	Leven Valley AC	14.7	2	D2
1	81	Madeline Partridge	Blackburn Harriers	45.61	7	D1	17	459	Freya Clunie	Millom	15.1	1	D2
2	109	Georgia Allmark	Blackpool Wyre & Fylde	19.45	5	D1	18	358	Isabella Scanlon	Leven Valley AC	15.2		
3	128	Sophie Hopeng	Blackpool Wyre & Fylde	18.48	4	D1	19	245	Grace Jones	Chorley AC & Tri	15.3		
Under 14 Girls 100m heat 1							20	48	India Gooden	Blackburn Harriers	15.5		
1	463	Beth Hodgson	Millom	13.5			21	265	Jessica Wood	Chorley AC & Tri	15.8		
2	129	Juno Justins Nanchangi	Blackpool Wyre & Fylde	14.0			22	235	Faith Hogan	Chorley AC & Tri	15.8		
3	629	Emily Harrison	Southport Waterloo	14.2			23	30	Amelia Carrier	Blackburn Harriers	16.1		
4	350	Isabelle Coward	Leven Valley AC	14.7			24	518	Amaya Carruthers	Preston Harriers	16.3		
5	245	Grace Jones	Chorley AC & Tri	15.3			25	269	Rosie Beaton	Kendal AAC	16.8		
6	30	Amelia Carrier	Blackburn Harriers	16.1			26	786	Thea Harrison	Lancaster & Morecambe	16.9		
7	786	Thea Harrison	Lancaster & Morecambe	16.9			27	556	Ayaanah Lulat	Preston Harriers	18.2		



Under 14 Girls 200m heat 1 Wind: 1.5					Under 14 Girls 200m overall						
1	202	Matilda Nott	Bury AC	26.3	1	202	Matilda Nott	Bury AC	26.3	7	D1
2	546	Phoebe Hoyle	Preston Harriers	28.4	2	135	Adleigh McCunnell	Blackpool Wyre & Fylde	27.8	5	D1
3	286	Isla MacKinnon	Kendal AAC	28.7	3	177	Nancy Blain	Bury AC	28.1	4	D1
4	129	Juno Justins Nanchangi	Blackpool Wyre & Fylde	29.4	4	463	Beth Hodgson	Millom	28.2	7	D2
5	245	Grace Jones	Chorley AC & Tri	31.4	5	546	Phoebe Hoyle	Preston Harriers	28.4	3	D1
6	672	Lexi-belle Conradie	Wigan & District	31.4	6	286	Isla MacKinnon	Kendal AAC	28.7	5	D2
7	450	Lena Szargut	Lytham St Annes	33.7	7	213	Emily Urquhart	Bury AC	28.7		
8	30	Amelia Carrier	Blackburn Harriers	33.7	8	543	Darcie Holt	Preston Harriers	29.2	2	D1
Under 14 Girls 200m heat 2 Wind: 0.9					9	519	Lydia Codarin	Preston Harriers	29.2		
1	177	Nancy Blain	Bury AC	28.1	10	129	Juno Justins Nanchangi	Blackpool Wyre & Fylde	29.4	1	D1
2	543	Darcie Holt	Preston Harriers	29.2	11	143	Lacey Regan	Blackpool Wyre & Fylde	29.4		
3	143	Lacey Regan	Blackpool Wyre & Fylde	29.4	12	40	Sophie Douglas	Blackburn Harriers	29.8		
4	40	Sophie Douglas	Blackburn Harriers	29.8	13	285	Izzy Leigh	Kendal AAC	30.1	4	D2
5	289	Jessica Ramsey	Kendal AAC	30.5	14	629	Emily Harrison	Southport Waterloo	30.3	3	D2
6	232	Abigale Goldie	Chorley AC & Tri	31.6	15	289	Jessica Ramsey	Kendal AAC	30.5		
7	518	Amaya Carruthers	Preston Harriers	31.8	16	588	Emma Shuttleworth	Preston Harriers	30.6		
8	445	Annabel Blewett	Lytham St Annes	32.7	17	174	Isabella Williams	Burnley AC	31.2	2	D2
Under 14 Girls 200m heat 3 Wind: 3.6					18	529	Neytiri Fowler	Preston Harriers	31.3		
1	135	Adleigh McCunnell	Blackpool Wyre & Fylde	27.8	19	672	Lexi-belle Conradie	Wigan & District	31.4	1	D2
2	213	Emily Urquhart	Bury AC	28.7	20	245	Grace Jones	Chorley AC & Tri	31.4		
3	519	Lydia Codarin	Preston Harriers	29.2	21	23	Pippa Blackburn	Blackburn Harriers	31.4		
4	285	Izzy Leigh	Kendal AAC	30.1	22	232	Abigale Goldie	Chorley AC & Tri	31.6		
5	588	Emma Shuttleworth	Preston Harriers	30.6	23	518	Amaya Carruthers	Preston Harriers	31.8		
6	529	Neytiri Fowler	Preston Harriers	31.3	24	459	Freya Clunie	Millom	31.8		
7	23	Pippa Blackburn	Blackburn Harriers	31.4	25	65	Mia Logan	Blackburn Harriers	32.2		
8	311	Florence Houseman	Lancaster & Morecambe	33.9	26	170	Sadie Phillipson	Burnley AC	32.2		
Under 14 Girls 200m heat 4 Wind: 0.0					27	445	Annabel Blewett	Lytham St Annes	32.7		
1	463	Beth Hodgson	Millom	28.2	28	265	Jessica Wood	Chorley AC & Tri	33.0		
2	629	Emily Harrison	Southport Waterloo	30.3	29	30	Amelia Carrier	Blackburn Harriers	33.7		
3	174	Isabella Williams	Burnley AC	31.2	30	450	Lena Szargut	Lytham St Annes	33.7		
4	65	Mia Logan	Blackburn Harriers	32.2	31	311	Florence Houseman	Lancaster & Morecambe	33.9		
5	269	Rosie Beaton	Kendal AAC	35.3	32	269	Rosie Beaton	Kendal AAC	35.3		
Under 14 Girls 200m heat 5 Wind: 2.1					33	273	Poppy Carlton	Kendal AAC	35.4		
1	459	Freya Clunie	Millom	31.8	Under 14 Girls 800m heat 1						
2	170	Sadie Phillipson	Burnley AC	32.2	1	183	Mylah Collier	Bury AC	2:30.3		
3	265	Jessica Wood	Chorley AC & Tri	33.0	2	286	Isla MacKinnon	Kendal AAC	2:33.3		
4	273	Poppy Carlton	Kendal AAC	35.4	3	774	Eva Pearce (NC)	Rosendale Harriers & AC	2:36.6		
					4	78	Lily-mae Newton	Blackburn Harriers	2:37.6		
					5	114	Maggie Belfield	Blackpool Wyre & Fylde	2:37.7		
					6	522	Ella Cox	Preston Harriers	2:38.6		
					7	32	Mya Chadwick	Blackburn Harriers	2:42.2		
					8	655	Lauren Sinha	Southport Waterloo	2:47.4		
					9	289	Jessica Ramsey	Kendal AAC	2:54.5		
					10	235	Faith Hogan	Chorley AC & Tri	3:08.7		
					11	786	Thea Harrison	Lancaster & Morecambe	3:10.4		



Under 14 Girls 800m heat 2					
1	798	Yemi Adebajo (NC)	Liverpool Harriers & AC	2:28.7	
2	676	Poppy Duffy	Wigan & District	2:29.8	
3	40	Sophie Douglas	Blackburn Harriers	2:38.1	
4	560	Tilly McKenna	Preston Harriers	2:38.9	
5	558	Isla McHugh	Preston Harriers	2:41.3	
6	358	Isabella Scanlon	Leven Valley AC	2:45.1	
7	350	Isabelle Coward	Leven Valley AC	2:47.5	
8	23	Pippa Blackburn	Blackburn Harriers	2:48.4	
9	784	Lexi Fawcett	Bury AC	2:51.7	
10	325	Abigail Verrall	Lancaster & Morecambe	3:04.0	
11	273	Poppy Carlton	Kendal AAC	3:12.4	
12	319	Ailsa Roberts	Lancaster & Morecambe	3:16.2	
13	269	Rosie Beaton	Kendal AAC	3:18.1	

Under 14 Girls 800m overall					
1	798	Yemi Adebajo (NC)	Liverpool Harriers & AC	2:28.7	
2	676	Poppy Duffy	Wigan & District	2:29.8	7 D2
3	183	Mylah Collier	Bury AC	2:30.3	7 D1
4	286	Isla MacKinnon	Kendal AAC	2:33.3	5 D2
5	774	Eva Pearce (NC)	Rosendale Harriers & AC	2:36.6	
6	78	Lily-mae Newton	Blackburn Harriers	2:37.6	5 D1
7	114	Maggie Belfield	Blackpool Wyre & Fylde	2:37.7	4 D1
8	40	Sophie Douglas	Blackburn Harriers	2:38.1	3 D1
9	522	Ella Cox	Preston Harriers	2:38.6	2 D1
10	560	Tilly McKenna	Preston Harriers	2:38.9	1 D1
11	558	Isla McHugh	Preston Harriers	2:41.3	
12	32	Mya Chadwick	Blackburn Harriers	2:42.2	
13	358	Isabella Scanlon	Leven Valley AC	2:45.1	4 D2
14	655	Lauren Sinha	Southport Waterloo	2:47.4	3 D2
15	350	Isabelle Coward	Leven Valley AC	2:47.5	2 D2
16	23	Pippa Blackburn	Blackburn Harriers	2:48.4	
17	784	Lexi Fawcett	Bury AC	2:51.7	
18	289	Jessica Ramsey	Kendal AAC	2:54.5	1 D2
19	325	Abigail Verrall	Lancaster & Morecambe	3:04.0	
20	235	Faith Hogan	Chorley AC & Tri	3:08.7	
21	786	Thea Harrison	Lancaster & Morecambe	3:10.4	
22	273	Poppy Carlton	Kendal AAC	3:12.4	
23	319	Ailsa Roberts	Lancaster & Morecambe	3:16.2	
24	269	Rosie Beaton	Kendal AAC	3:18.1	

Under 14 Girls 1500m					
1	797	Tolu Adebajo (NC)	Liverpool Harriers & AC	5:04.6	
2	564	Anais Mitchell	Preston Harriers	6:11.7	7 D1
3	578	Mia Park	Preston Harriers	6:11.7	5 D1
4	531	Lydia Gardiner	Preston Harriers	6:19.5	

Under 14 Girls 4 x 100m Relay					
1	202		Bury AC	55.2	7 D1
2	514		Preston Harriers	55.2	5 D1
3	285		Kendal AAC	58.8	7 D2
4	225		Chorley AC & Tri	63.6	4 D1
5	786		Lancaster & Morecambe	65.3	5 D2

Under 14 Girls High Jump					
1	74	Hannah Moore	Blackburn Harriers	1.29	7 D1
2	174	Isabella Williams	Burnley AC	1.26	7 D2
3	170	Sadie Phillipson	Burnley AC	1.20	5 D2
4	235	Faith Hogan	Chorley AC & Tri	1.00	5 D1

Under 14 Girls Long Jump					
1	519	Lydia Codarin	Preston Harriers	4.17	7 D1
2	74	Hannah Moore	Blackburn Harriers	4.03	5 D1
3	174	Isabella Williams	Burnley AC	4.01	7 D2
4	286	Isla MacKinnon	Kendal AAC	3.87	5 D2
5	130	Grace Kirkham	Blackpool Wyre & Fylde	3.76	4 D1
6	514	Lucy Bamber	Preston Harriers	3.73	3 D1
7	212	Phoebe Thompson	Bury AC	3.57	2 D1
8	786	Thea Harrison	Lancaster & Morecambe	3.51	4 D2
9	655	Lauren Sinha	Southport Waterloo	3.47	3 D2
10	319	Ailsa Roberts	Lancaster & Morecambe	3.40	2 D2
11	170	Sadie Phillipson	Burnley AC	3.40	1 D2
12	265	Jessica Wood	Chorley AC & Tri	3.39	1 D1
13	459	Freya Clunie	Millom	3.39	
14	311	Florence Houseman	Lancaster & Morecambe	3.08	
15	672	Lexi-belle Conradie	Wigan & District	3.08	
16	245	Grace Jones	Chorley AC & Tri	2.67	
17	325	Abigail Verrall	Lancaster & Morecambe	2.67	
18	556	Ayaanah Lulat	Preston Harriers	2.60	

Under 14 Girls Shot					
1	220	Alice Maddams	Carlisle Aspatria AC	9.78	7 D2
2	519	Lydia Codarin	Preston Harriers	7.81	7 D1
3	500	Emmi Higginbottom	Pendle AC	6.47	5 D2
4	70	Jenna McKinlay	Blackburn Harriers	6.20	5 D1
5	516	Olivia Boland-Quine	Preston Harriers	6.07	4 D1
6	469	Mollie Pearson	Millom	5.76	4 D2
7	311	Florence Houseman	Lancaster & Morecambe	4.69	3 D2

Under 14 Girls Discus					
1	220	Alice Maddams	Carlisle Aspatria AC	35.14	7 D2
2	183	Mylah Collier	Bury AC	18.06	7 D1

Under 14 Girls Javelin					
1	220	Alice Maddams	Carlisle Aspatria AC	38.55	7 D2
2	183	Mylah Collier	Bury AC	20.71	7 D1
3	500	Emmi Higginbottom	Pendle AC	19.41	5 D2
4	212	Phoebe Thompson	Bury AC	11.20	5 D1

Under 12 Girls 75m heat 1 Wind: 0.2					
1	224	Alice Birchall	Chorley AC & Tri	11.6	
2	726	Jessemy Berry Berry	Hyndburn AC	11.8	
3	137	Alana McMinnis	Blackpool Wyre & Fylde	12.2	
4	508	Darah Adeyemo	Preston Harriers	12.2	
5	300	Nessa Cody	Lancaster & Morecambe	12.5	

Under 12 Girls 75m heat 2					
1	136	Annabella McLoughlin	Blackpool Wyre & Fylde	11.4	
2	225	Ysella Blaskovics	Chorley AC & Tri	12.6	
3	586	Frankie Shay	Preston Harriers	13.0	
4	171	Maisie Sayle	Burnley AC	13.2	
5	326	Freya Winterbottom	Lancaster & Morecambe	14.0	



Under 12 Girls 75m heat 3 Wind: 0.1					
1	557	Emma Maughan	Preston Harriers	11.4	
2	150	Harper Sawbridge	Blackpool Wyre & Fylde	12.1	
3	793	Eva Roberts	Preston Harriers	12.5	
4	266	Sophie Wood	Chorley AC & Tri	13.3	
5	783	Olivia Mitchell	Blackburn Harriers	14.2	

Under 12 Girls 75m heat 4 Wind: 0					
1	201	Isabella Nott	Bury AC	12.2	
2	460	Charley Cummings	Millom	12.9	
3	154	Florrie Ward	Blackpool Wyre & Fylde	13.6	
4	310	Poppy Holroyd	Lancaster & Morecambe	14.1	
5	608	Lucy Williamson	Preston Harriers	14.3	

Under 12 Girls 75m overall					
1	136	Annabella McLoughlin	Blackpool Wyre & Fylde	11.4	7 D1
2	557	Emma Maughan	Preston Harriers	11.4	5 D1
3	224	Alice Birchall	Chorley AC & Tri	11.6	4 D1
4	726	Jessemy Berry Berry	Hyndburn AC	11.8	7 D2
5	150	Harper Sawbridge	Blackpool Wyre & Fylde	12.1	3 D1
6	508	Darah Adeyemo	Preston Harriers	12.2	2 D1
7	137	Alana McMinnis	Blackpool Wyre & Fylde	12.2	
8	201	Isabella Nott	Bury AC	12.2	1 D1
9	300	Nessa Cody	Lancaster & Morecambe	12.5	5 D2
10	793	Eva Roberts	Preston Harriers	12.5	
11	225	Ysella Blaskovics	Chorley AC & Tri	12.6	
12	460	Charley Cummings	Millom	12.9	4 D2
13	586	Frankie Shay	Preston Harriers	13.0	
14	171	Maisie Sayle	Burnley AC	13.2	3 D2
15	266	Sophie Wood	Chorley AC & Tri	13.3	
16	154	Florrie Ward	Blackpool Wyre & Fylde	13.6	
17	326	Freya Winterbottom	Lancaster & Morecambe	14.0	2 D2
18	310	Poppy Holroyd	Lancaster & Morecambe	14.1	
19	783	Olivia Mitchell	Blackburn Harriers	14.2	
20	608	Lucy Williamson	Preston Harriers	14.3	

Under 12 Girls 150m heat 1 Wind: 2.4					
1	294	Teigan Wilcock	Kendal AAC	22.0	
2	604	Eden Wilkins	Preston Harriers	22.3	
3	557	Emma Maughan	Preston Harriers	22.7	
4	118	Honey-bleu Clarke	Blackpool Wyre & Fylde	23.4	
5	357	Gabrielle Murray	Leven Valley AC	23.5	
6	201	Isabella Nott	Bury AC	24.6	
7	152	Isla Thompson	Blackpool Wyre & Fylde	24.9	
8	793	Eva Roberts	Preston Harriers	25.4	

Under 12 Girls 150m heat 2 Wind: 0					
1	136	Annabella McLoughlin	Blackpool Wyre & Fylde	22.8	
2	224	Alice Birchall	Chorley AC & Tri	23.3	
3	782	Isla Elsender	Lytham St Annes	23.9	
4	234	Amelia Hale	Chorley AC & Tri	24.5	
5	586	Frankie Shay	Preston Harriers	26.9	
6	352	Lexi Fisher	Leven Valley AC	30.5	

Under 12 Girls 150m overall					
1	294	Teigan Wilcock	Kendal AAC	22.0	7 D2
2	604	Eden Wilkins	Preston Harriers	22.3	7 D1
3	557	Emma Maughan	Preston Harriers	22.7	5 D1
4	136	Annabella McLoughlin	Blackpool Wyre & Fylde	22.8	4 D1
5	224	Alice Birchall	Chorley AC & Tri	23.3	3 D1
6	118	Honey-bleu Clarke	Blackpool Wyre & Fylde	23.4	2 D1
7	357	Gabrielle Murray	Leven Valley AC	23.5	5 D2
8	782	Isla Elsender	Lytham St Annes	23.9	4 D2
9	223	Robyn Rigg	Carlisle Aspatria AC	24.0	3 D2
10	234	Amelia Hale	Chorley AC & Tri	24.5	1 D1
11	201	Isabella Nott	Bury AC	24.6	
12	152	Isla Thompson	Blackpool Wyre & Fylde	24.9	
13	252	Amelia Pendlebury	Chorley AC & Tri	24.9	
14	150	Harper Sawbridge	Blackpool Wyre & Fylde	25.3	
15	793	Eva Roberts	Preston Harriers	25.4	
16	528	Matilda Forsyth	Preston Harriers	25.4	
17	586	Frankie Shay	Preston Harriers	26.9	
18	266	Sophie Wood	Chorley AC & Tri	27.1	
19	226	Xanthe Bragg	Chorley AC & Tri	27.1	
20	352	Lexi Fisher	Leven Valley AC	30.5	2 D2

Under 12 Girls 600m heat 1					
1	294	Teigan Wilcock	Kendal AAC	1:54.1	
2	357	Gabrielle Murray	Leven Valley AC	2:05.9	
3	540	Emily Holden	Preston Harriers	2:06.6	
4	460	Charley Cummings	Millom	2:07.4	
5	528	Matilda Forsyth	Preston Harriers	2:08.4	
6	226	Xanthe Bragg	Chorley AC & Tri	2:12.1	
7	223	Robyn Rigg	Carlisle Aspatria AC	2:15.3	
8	234	Amelia Hale	Chorley AC & Tri	2:16.4	
9	314	Luisa Korne	Lancaster & Morecambe	2:19.1	
10	783	Olivia Mitchell	Blackburn Harriers	2:31.5	

Under 12 Girls 600m heat 2					
1	604	Eden Wilkins	Preston Harriers	1:50.7	
2	509	Cora Alton	Preston Harriers	1:55.7	
3	125	Esmee Gamble	Blackpool Wyre & Fylde	2:00.2	
4	120	Isabelle Cooper	Blackpool Wyre & Fylde	2:01.1	
5	782	Isla Elsender	Lytham St Annes	2:04.2	
6	252	Amelia Pendlebury	Chorley AC & Tri	2:04.9	
7	201	Isabella Nott	Bury AC	2:08.4	
8	300	Nessa Cody	Lancaster & Morecambe	2:09.5	
9	??			2:10.0	
10	362	Maya Zaboklicka	Leven Valley AC	2:10.5	
11	603	Aurelia Wilding	Preston Harriers	2:10.6	
12	534	Lily Gough	Preston Harriers	2:12.4	


Under 12 Girls 600m overall

1	604	Eden Wilkins	Preston Harriers	1:50.7	7	D1
2	294	Teigan Wilcock	Kendal AAC	1:54.1	7	D2
3	509	Cora Alton	Preston Harriers	1:55.7	5	D1
4	125	Esmae Gamble	Blackpool Wyre & Fylde	2:00.2	4	D1
5	120	Isabelle Cooper	Blackpool Wyre & Fylde	2:01.1	3	D1
6	782	Isla Elsander	Lytham St Annes	2:04.2	5	D2
7	252	Amelia Pendlebury	Chorley AC & Tri	2:04.9	2	D1
8	357	Gabrielle Murray	Leven Valley AC	2:05.9	4	D2
9	540	Emily Holden	Preston Harriers	2:06.6		
10	460	Charley Cummings	Millom	2:07.4	3	D2
11	528	Matilda Forsyth	Preston Harriers	2:08.4		
12	201	Isabella Nott	Bury AC	2:08.4	1	D1
13	300	Nessa Cody	Lancaster & Morecambe	2:09.5	2	D2
14		??		2:10.0		
15	362	Maya Zaboklicka	Leven Valley AC	2:10.5	1	D2
16	603	Aurelia Wilding	Preston Harriers	2:10.6		
17	226	Xanthe Bragg	Chorley AC & Tri	2:12.1		
18	534	Lily Gough	Preston Harriers	2:12.4		
19	223	Robyn Rigg	Carlisle Aspatria AC	2:15.3		
20	234	Amelia Hale	Chorley AC & Tri	2:16.4		
21	314	Luisa Korne	Lancaster & Morecambe	2:19.1		
22	783	Olivia Mitchell	Blackburn Harriers	2:31.5		

Under 12 Girls Javelin

1	195	Evelyn McDonald	Bury AC	9.86	7	D1
2	252	Amelia Pendlebury	Chorley AC & Tri	9.62	5	D1
3	225	Ysella Blaskovics	Chorley AC & Tri	8.93	4	D1
4	300	Nessa Cody	Lancaster & Morecambe	8.79	7	D2
5	326	Freya Winterbottom	Lancaster & Morecambe	7.66	5	D2
6	314	Luisa Korne	Lancaster & Morecambe	7.21		
7	603	Aurelia Wilding	Preston Harriers	6.97	3	D1
8	310	Poppy Holroyd	Lancaster & Morecambe	4.53		

Under 12 Girls 4 x 100m Relay

1	137		Blackpool Wyre & Fylde	65.1	7	D1
2	557		Preston Harriers	69.0	5	D1

Under 12 Girls Long Jump

1	294	Teigan Wilcock	Kendal AAC	3.88	7	D2
2	726	Jessemy Berry Berry	Hyndburn AC	3.75	5	D2
3	118	Honey-bleu Clarke	Blackpool Wyre & Fylde	3.45	7	D1
4	223	Robyn Rigg	Carlisle Aspatria AC	3.24	4	D2
5	224	Alice Birchall	Chorley AC & Tri	3.12	5	D1
6	357	Gabrielle Murray	Leven Valley AC	3.10	3	D2
7	540	Emily Holden	Preston Harriers	2.94	4	D1
8	234	Amelia Hale	Chorley AC & Tri	2.81	3	D1
9	15	Quinn Porter	Barrow & Furness	2.67	2	D2
10	541	Julia Holden	Preston Harriers	2.61	2	D1
11	528	Matilda Forsyth	Preston Harriers	2.57		
12	154	Florrie Ward	Blackpool Wyre & Fylde	2.52	1	D1
13	226	Xanthe Bragg	Chorley AC & Tri	2.46		
14	150	Harper Sawbridge	Blackpool Wyre & Fylde	2.46		
15	460	Charley Cummings	Millom	2.46	1	D2
16	195	Evelyn McDonald	Bury AC	2.39		
17	326	Freya Winterbottom	Lancaster & Morecambe	2.39		
18	171	Maisie Sayle	Burnley AC	2.38		
19	314	Luisa Korne	Lancaster & Morecambe	2.23		
20	508	Darah Adeyemo	Preston Harriers	2.21		
21	783	Olivia Mitchell	Blackburn Harriers	2.19		
22	266	Sophie Wood	Chorley AC & Tri	2.18		
23	136	Annabella McLoughlin	Blackpool Wyre & Fylde	1.17		

Under 12 Girls Shot

1	225	Ysella Blaskovics	Chorley AC & Tri	4.52	7	D1
2	137	Alana McMinnis	Blackpool Wyre & Fylde	4.13	5	D1
3	534	Lily Gough	Preston Harriers	3.64	4	D1
4	608	Lucy Williamson	Preston Harriers	2.99	3	D1


Female Division 1
(Doesn't include officials points)

Preston Harriers	193
Blackpool Wyre & Fylde AC	180
Bury Athletic Club	85
Liverpool Pembroke & Sefton H AC	76
Blackburn Harriers & AC	68
Chorley Athletic and Triathlon Club	57
Northern Masters AC	26

Female Division 2
(Doesn't include officials points)

Wigan & District H & AC	132
Lancaster & Morecambe AC	113
Kendal Amateur Athletic Club	67
Lancaster University Running & Athletics Club	59
Carlisle Aspatria AC	49
Leven Valley AC	41
Burnley AC	38
Southport Waterloo AC	37
Millom Striders	27
Hyndburn AC	24
Pendle Athletic Club	21
Lytham St Annes RR Club	9
Barrow & Furness Striders AC	9
Kirkby Milers AC	5

Male Division 1
(Doesn't include officials points)

Liverpool Pembroke & Sefton H AC	243
Preston Harriers	217
Wigan & District H & AC	129
Southport Waterloo AC	83
Blackburn Harriers & AC	76
Chorley Athletic and Triathlon Club	32
Bury Athletic Club	21

Male Division 2
(Doesn't include officials points)

Lancaster & Morecambe AC	149
Blackpool Wyre & Fylde AC	104
Carlisle Aspatria AC	69
Leven Valley AC	58
Barrow & Furness Striders AC	49
Kendal Amateur Athletic Club	47
Kirkby Milers AC	46
Pendle Athletic Club	42
Lytham St Annes RR Club	22
Burnley AC	21
Millom Striders	21
Lancaster University Running & Athletics Club	14
Hyndburn AC	12
Northern Masters AC	12