

MACCL Xc Junior Divisions

Under 11 Girls

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Wirral Ac	10	10	10	10	8	48	40
Sale Harriers Manchester	9	8	8	9	10	44	36
Salford Metropolitan Ac	8	9	9		9	35	35
Sale Harriers Manchester 'B'	4	5	4	5	7	25	21
Warrington A C	6	3	5	6	1	21	20
Warriors Pentathlon & AC	2	2	3	8	6	21	19
Salford Harriers & AC	3	1	2	4	5	15	14
St Helens Sutton Ac		1	1	1	1	4	4
West Cheshire AC	5	6	6			17	
Manchester Harriers & AC			7	7	2	16	
Liverpool Harriers & Ac	7	7				14	
Wirral Ac 'B'	1	4			4	9	
Warriors Pentathlon & AC 'B'	1	1		3		5	
Stockport Harriers & Ac					3	3	
Manchester Harriers & Ac 'B'				2		2	
Liverpool Harriers & Ac 'B'		1				1	
Buxton AC				1		1	
Salford Metropolitan Ac 'B'		1				1	

Under 11 Boys

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester	10	10	10	10	10	50	40
Sale Harriers Manchester 'B'	7	8	8	8	9	40	33
Wirral Ac	9	9	6	9		33	33
St Helens Sutton Ac	8	4	7	5	8	32	28
Altrincham & District AC		6	9	4	6	25	25
Warriors Pentathlon & AC	3	7	4	7	4	25	22
E Cheshire H & Tameside AC	4	3		6	5	18	18
Trafford Athletic Club	2	2	5	3	7	19	17
Liverpool Harriers & Ac	1	5	3	2	2	13	12
Manchester Harriers & AC	5	1	2	1	3	12	11
Sale Harriers Manchester 'C'	1	1	1	1	1	5	4
Warriors Pentathlon & AC 'B'	1	1		1	1	4	4
Salford Metropolitan Ac	6				1	7	
Vale Royal Ac	1		1	1		3	
Salford Harriers & AC	1			1		2	
Horwich R M I Harriers		1		1		2	
Wirral Ac 'B'		1		1		2	
Stockport Harriers & Ac	1					1	
Warrington A C		1				1	
Liverpool Harriers & Ac 'B'		1				1	
Wirral Ac 'C'		1				1	
Vale Royal Ac 'B'				1		1	
St Helens Sutton Ac 'B'	1	1	1		1	4	
Manchester Harriers & AC 'B'	1		1	1		3	

Under 13 Girls	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Warriors Pentathlon & AC	10	10	6	10	10	46	40
Liverpool Harriers & Ac	9	9	10	7	9	44	37
Sale Harriers Manchester	8	6	9	9	8	40	34
Wirral Ac	5	8	8	8		29	29
Liverpool Harriers & Ac 'B'	7	7	7	1	7	29	28
Warriors Pentathlon & AC 'B'	6	5		3	6	20	20
Sale Harriers Manchester 'B'	4	1	1	6	5	17	16
Salford Harriers & AC	1		5	4	4	14	14
Liverpool Harriers & Ac 'C'	3	4	4	1	2	14	13
Warrington A C	1	1	3	1		6	6
Salford Metropolitan Ac	2	2		1	1	6	6
Stockport Harriers & Ac	1		2	1	1	5	5
Manchester Harriers & AC	1		1	1	1	4	4
West Cheshire AC	1		1	5		7	
Vale Royal Ac		3	1	1		5	
E Cheshire H & Tameside AC	1			1	3	5	
Trafford Athletic Club	1			2		3	
Buxton AC			1	1	1	3	
Warrington A C 'B'		1		1		2	
Sale Harriers Manchester 'C'				1	1	2	
Salford Harriers & AC 'B'				1		1	
Stockport Harriers & Ac 'B'			1			1	
Altrincham & District AC			1			1	
Liverpool Harriers & Ac 'D'	1	1	1			3	
Liverpool Harriers & Ac 'E'	1	1				2	
Salford Metropolitan Ac 'B'	1					1	
Manchester Harriers & Ac 'B'				1		1	

Under 13 Boys	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Salford Harriers & AC	10	9	10	8	9	46	38
Sale Harriers Manchester	9	10	9	10	6	44	38
Warriors Pentathlon & AC	7	8		9	10	34	34
Salford Metropolitan Ac	8	4		7	2	21	21
Trafford Athletic Club	3	1		6	8	18	18
E Cheshire H & Tameside AC	6	3		1	5	15	15
Manchester Harriers & AC	1	1	4	1	1	8	7
St Helens Sutton Ac	2	1		1	3	7	7
Sale Harriers Manchester 'B'		7	5	5		17	
Stockport Harriers & Ac			7	4	4	15	
Vale Royal Ac	1		8			9	
Warrington A C	4	1		3		8	
West Cheshire AC			6	1		7	
Liverpool Harriers & Ac	1	5				6	
E Cheshire H & Tameside AC 'B'	1	1		1		3	
Stockport Harriers & Ac 'B'			3			3	
Sale Harriers Manchester 'C'		1		1		2	
Buxton AC	1					1	
Liverpool Harriers & AC 'B'		1				1	
Salford Metropolitan Ac 'B'				1		1	
Horwich R M I Harriers				1		1	
Warriors Pentathlon & AC 'B'		6		2	7	15	
Salford Harriers & AC 'B'	5	2				7	
Manchester Harriers & Ac 'B'	1		2			3	
E Cheshire H & Tameside AC 'C'	1					1	
Warriors Pentathlon & AC 'C'		1				1	

Under 15 Girls	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester	10	10	10	10	10	50	40
Salford Harriers & AC	7	7	9	8	9	40	33
Sale Harriers Manchester 'B'	6	6	7	9	8	36	30
Horwich R M I Harriers	2	4		6	7	19	19
St Helens Sutton Ac	5	2	5	2	5	19	17
Warriors Pentathlon & AC	9	9		7		25	
Liverpool Harriers & Ac	8	8	6			22	
Sale Harriers Manchester 'C'	3			5	4	12	
Buxton AC	4	1			6	11	
West Cheshire AC			8			8	
Liverpool Harriers & Ac 'B'		5				5	
Stockport Harriers & Ac	1		4			5	
Trafford Athletic Club				4		4	
Sale Harriers Manchester 'D'				3		3	
Manchester Harriers & AC	1	1				2	
Wirral Ac		1				1	
Liverpool Harriers & Ac 'C'		3				3	
Warriors Pentathlon & AC 'B'		1				1	
Liverpool Harriers & Ac 'D'		1				1	

Under 15 Boys	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Stockport Harriers & Ac	10	9	10	9	9	47	38
Trafford Athletic Club	8	8	9	10	8	43	35
Sale Harriers Manchester	7	10	8	8	7	40	33
Warriors Pentathlon & AC	9	7	5		10	31	31
Trafford Athletic Club 'B'	5	3	6	6	5	25	22
Vale Royal Ac	3	1	7	4		15	15
Warrington A C	2	1	4	5		12	12
Sale Harriers Manchester 'B'	1	2	1	2	3	9	8
Trafford Athletic Club 'C'	1	1	1	1	4	8	7
Altrincham & District AC	1	1	1	1	2	6	5
St Helens Sutton Ac	1	1	1	1	1	5	4
Stockport Harriers & Ac 'B'	1	1	1	1	1	5	4
Wirral Ac		4		7	6	17	
E Cheshire H & Tameside AC	4	5		3		12	
Liverpool Harriers & Ac	6	6				12	
Manchester Harriers & AC	1	1	1			3	
Salford Harriers & AC			3			3	
Horwich R M I Harriers	1	1				2	
Trafford Athletic Club 'D'	1					1	
Wirral Ac 'B'		1				1	
Stockport Harriers & Ac 'C'			1			1	
Sale Harriers Manchester 'C'	1		1	1	1	4	
Vale Royal Ac 'B'	1		2	1		4	
Altrincham & District AC 'B'	1		1	1		3	
Sale Harriers Manchester 'D'				1		1	

Under 17 Women	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Warriors Pentathlon & AC	10	10		10	10	40	40
Trafford Athletic Club	9	9			9	27	
Liverpool Harriers & Ac		7	10			17	
Warrington A C				9		9	
St Helens Sutton Ac	8					8	
Sale Harriers Manchester		8				8	

Under 17 Men	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Trafford Athletic Club	10	10	10	10	10	50	40
Sale Harriers Manchester	8	6	8	9		31	31
E Cheshire H & Tameside AC	7	5	5	7	9	33	28
Warriors Pentathlon & AC	1	2	4	6	8	21	20
Trafford Athletic Club 'B'	9	9		8		26	
Macclesfield Harriers & Ac		8	9			17	
Stockport Harriers & Ac	5		7	4		16	
Wirral Ac	6	7				13	
St Helens Sutton Ac	2	1	6			9	
E Cheshire H & Tameside AC 'B'	1	1			7	9	
Altrincham & District AC				3	5	8	
Warrington A C	4	3				7	
E Cheshire H & Tameside AC 'C'	1				6	7	
Sale Harriers Manchester 'B'	1			5		6	
Wirral Ac 'B'	1	4				5	
Buxton AC	3	1				4	
Trafford Athletic Club 'C'	1	1				2	
Wirral Ac 'C'		1				1	

Junior Women	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Stockport Harriers & Ac	10					10	
Horwich R M I Harriers		10				10	
University Of Manchester	9					9	

Under 20 Women B+	WOO	LV	WOO2	TAT	HEA	Total	Best 4
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Junior Men	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Trafford Athletic Club	8		10	9	10	37	37
Macclesfield Harriers & Ac	10					10	
Sale Harriers Manchester				10		10	
University Of Manchester	7					7	

Junior Men B+	WOO	LV	WOO2	TAT	HEA	Total	Best 4
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MACCL Xc Senior Women's and Vets' Divisions

Division 1	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Chorlton Runners	10	9	10	9	10	48	39
Sale Harriers Manchester	9	10	9	10	9	47	38
Warriors Pentathlon & AC	6	4	8	8	8	34	30
Trafford Athletic Club	8	8	5	5	7	33	28
Stockport Harriers & Ac	7	5	6	4	5	27	23
Wilmslow Running Club	3		7	6	6	22	22
Didsbury Runners	5	6	3	3	4	21	18
Salford Metropolitan Ac	4	7		2	3	16	16
Altrincham & District AC			4	7	2	13	
Manchester Triathlon Club	2			1	1	4	

Division 2	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Macclesfield Harriers & Ac	10	9	10	10	10	49	40
Buxton AC	8	7	9	9	9	42	35
E Cheshire H & Tameside AC	6	6		7	8	27	27
Swinton Running Club	7	8	5	5	5	30	25
Start2jog	4	4	6	6	7	27	23
Marple Runners	5		7	4	6	22	22
St Helens Sutton Ac	9	5	8			22	
Vale Royal Ac		10		8		18	
Levenshulme Runners	3		4	3		10	

Ladies_div_3	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Running Bear	9	10	9	6	9	43	37
Horwich R M I Harriers	3	9	6	8	7	33	30
Dragons Running Club (sale)	4	3	5	4	3	19	16
Hyde Village Striders	7	2	1	1	1	12	11
Manchester Frontrunners	1	6	3	1	1	12	11
Styal Running Club	2	5	2	1	2	12	11
Bramhall Runners	5	1	1	2	1	10	9
Belle Vue Racers	1	1	1	1	1	5	4
Middleton Harriers Ac	1	1		1	1	4	4
Goyt Valley Striders	1		4	1		6	
Manchester Road Runners			7	7	8	22	
West Cheshire AC	8				5	13	
Manchester Ymca Harriers		4		5		9	
Manchester Harriers & AC				3	6	9	
Manchester Metropolitan Uni		8				8	
Glossopdale Harriers	6			1	1	8	
Wirral Ac		7				7	
Winston Runners				1	1	2	
University of Manchester	1					1	
Knutsford Tri Club			1			1	
Wilmslow Striders				1		1	
Warrington A C	10		8	9	4	31	
Salford Harriers & AC			10	10	10	30	

B Teams	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester 'B'	9	10	10	10	10	49	40
Chorlton Runners 'B'	10	9	9	9	9	46	37
Stockport Harriers & Ac 'B'	8		8	5	7	28	28
Didsbury Runners 'B'	2	6	7	7	8	30	28
Running Bear 'B'	6	5	6	1	2	20	19
Swinton Running Club 'B'	5	4	4		1	14	14
Marple Runners 'B'	1		3	1	1	6	6
Salford Metropolitan Ac 'B'		8		1	5	14	
Trafford Athletic Club 'B'	7			1	6	14	
Macclesfield Harriers & Ac 'B'			5	8		13	
Horwich R M I Harriers 'B'		7		3		10	
Manchester Road Runners 'B'				6	4	10	
Buxton AC 'B'	4			1		5	
Bramhall Runners 'B'	3			1	1	5	
Altrincham & District AC 'B'				4		4	
Wilmslow Running Club 'B'				1	3	4	
Dragons Running Club (sale 'B'	1			1	1	3	
Start2jog 'B'	1			1	1	3	
Styal Running Club 'B'	1			1		2	
Warrington A C 'B'				2		2	
Middleton Harriers Ac 'B'				1	1	2	
Hyde Village Striders 'B'	1					1	
Belle Vue Racers 'B'	1					1	
Glossopdale Harriers 'B'	1					1	
Manchester Ymca Harriers 'B'				1		1	
Manchester Frontrunners 'B'					1	1	

C+ Teams	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Chorlton Runners 'C'	10	10	10	7	8	45	38
Sale Harriers Manchester 'C'		9	9	10	10	38	38
Chorlton Runners 'D'	9	8	8	5		30	30
Chorlton Runners 'E'	6	7	6	3		22	22
Marple Runners 'C'	5		5	1	3	14	14
Sale Harriers Manchester 'D'			7	9	7	23	
Warriors Pentathlon & AC 'B'				8	9	17	
Didsbury Runners 'C'		6		1	6	13	
Running Bear 'C'	7				4	11	
Bramhall Runners 'C'	4			1	5	10	
Stockport Harriers & Ac 'C'	8					8	
Sale Harriers Manchester 'E'				6		6	
Macclesfield Harriers & AC 'C'				4		4	
Bramhall Runners 'D'	3					3	
Hyde Village Striders 'C'	2					2	
Sale Harriers Manchester 'F'				2		2	
Salford Metropolitan Ac 'C'				1		1	
Altrincham & District AC 'C'				1		1	

Vet Teams Division 1	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester	10	10	9	10	9	48	39
Chorlton Runners	7	9	10	7	10	43	36
Wilmslow Running Club	6	8	3	8	7	32	29
Trafford Athletic Club	9	5	7	3	8	32	29
Stockport Harriers & Ac	8	3	6	6	6	29	26
Salford Metropolitan Ac	5	7		5	5	22	22
Buxton AC	4	4	5	4	4	21	17
Marple Runners	3		4	1	3	11	11
Altrincham & District AC			8	9		17	
Vale Royal AC	2	6		2		10	

Vet Teams Division 2	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Warrington A C	10	6	10	9	10	45	39
Macclesfield Harriers & Ac	8		9	10	9	36	36
Horwich R M I Harriers		7	8	8	8	31	31
Swinton Running Club	6	9	5	3	5	28	25
Manchester Frontrunners	4	8	4	5	7	28	24
Manchester Triathlon Club	9		1	6	6	22	22
St Helens Sutton Ac	7	10	6			23	
Goyt Valley Striders	5		7	7		19	
Winston Runners			2	4	3	9	
Knutsford Tri Club			3	2	4	9	

Vet Teams Division 3	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Running Bear	10	9	10	8	9	46	38
Dragons Running Club (sale)	6	8	9	10	8	41	35
Didsbury Runners	3	3	6	9	10	31	28
Start2jog	1	5	8	7	7	28	27
Styal Running Club	5	7	7	5	6	30	25
Bramhall Runners	8	1	3	6	5	23	22
Hyde Village Striders	4	2	4	1	1	12	11
Belle Vue Racers	2	1	5	1	1	10	9
Middleton Harriers Ac	1	1		1	2	5	5
West Cheshire AC	7				4	11	
Glossopdale Harriers	9			4	3	16	
Stockport Tri Club	1				1	2	
Wilmslow Striders	1	6		3		10	
Wirral Ac		10				10	
Manchester Ymca Harriers		4		2		6	
Levenshulme Runners	1		2			3	

B Teams	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester 'B'	9	9	10	10	10	48	39
Chorlton Runners 'B'	8	10	9	5	8	40	35
Stockport Harriers & Ac 'B'	6		8	9	9	32	32
Running Bear 'B'	7	6	6	1	1	21	20
Styal Running Club 'B'	5	5		1	1	12	12
Dragons Running Club (sale 'B'	1		5	1	3	10	10
Marple Runners 'B'	1		4	1	1	7	7
Start2jog 'B'	1		3	1	1	6	6
Salford Metropolitan Ac 'B'		8		4	7	19	
Trafford Athletic Club 'B'	10				4	14	
Wilmslow Running Club 'B'				6	5	11	
Altrincham & District AC 'B'				8		8	
Swinton Running Club 'B'	3	4			1	8	
Warriors Pentathlon & AC 'B'				2	6	8	
Manchester Frontrunners 'B'		7				7	
Macclesfield Harriers & Ac 'B'				7		7	
Goyt Valley Striders 'B'			7			7	
Bramhall Runners 'B'	4			1	1	6	
Buxton AC 'B'	1			3		4	
Middleton Harriers Ac 'B'	1			1	1	3	
Belle Vue Racers 'B'	1			1	1	3	
Glossopdale Harriers 'B'	2					2	
Didsbury Runners 'B'					2	2	
Manchester Triathlon Club 'B'	1					1	
Hyde Village Striders 'B'	1					1	
Winston Runners 'B'				1		1	

C+ Teams	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester 'C'		9	10	10	10	39	39
Chorlton Runners 'C'	8	10	9	8	9	44	36
Stockport Harriers & Ac 'C'	9		6	3	7	25	25
Marple Runners 'C'	7		5	1	3	16	16
Sale Harriers Manchester 'D'			8	9		17	
Chorlton Runners 'D'		8	7			15	
Bramhall Runners 'C'	6			2	6	14	
Salford Metropolitan Ac 'C'				5	8	13	
Running Bear 'C'	10				2	12	
Macclesfield Harriers & AC 'C'				7		7	
Bramhall Runners 'D'	2			1	4	7	
Altrincham & District Ac 'C'				6		6	
Start2jog 'C'				1	5	6	
Running Bear 'D'	5					5	
Marple Runners 'D'	4					4	
Sale Harriers Manchester 'E'				4		4	
Swinton Running Club 'C'	3					3	
Styal Running Club 'C'	1			1		2	
Bramhall Runners 'E'	1					1	
Bramhall Runners 'F'	1					1	
Hyde Village Striders 'C'	1					1	
Middleton Harriers Ac 'C'				1		1	

MACCL Xc Senior Men's and Vets' Divisions

Division 1	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Salford Harriers & AC	10	10	10	10	10	50	40
Sale Harriers Manchester	9	9	9	9	9	45	36
Vale Royal AC	8	8	4	8	7	35	31
Horwich R M I Harriers	7	7	7	5	8	34	29
Chorlton Runners	5	4	8	6	6	29	25
Trafford Athletic Club	4	6	3	7	4	24	21
Stockport Harriers & Ac	6	2	6	4	5	23	21
E Cheshire H & Tameside AC	3	5	5	2	2	17	15
Altrincham & District AC	2	3	2	3	3	13	11

Division 2	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Didsbury Runners	8	9	10	10	10	47	39
Manchester Road Runners	10	10	9	9	9	47	38
Wilmslow Running Club	7	8	8	5	7	35	30
Swinton Running Club		7	6	6	8	27	27
Bramhall Runners	6		5	7	4	22	22
Levenshulme Runners	5	5	4	4	5	23	19
Manchester Frontrunners		4	3	3	6	16	16
Manchester Ymca Harriers		6		8		14	
Glossopdale Harriers	9					9	
St Helens Sutton Ac			7			7	

Division 3	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Macclesfield Harriers & Ac	10	9	10	9	7	45	38
Warriors Pentathlon & AC	8	8		8	6	30	30
Buxton AC	7	7	5	7	8	34	29
Manchester Triathlon Club	2	5	9	6	3	25	23
Manchester Harriers & AC	5	3	8	5	4	25	22
Start2jog	1	2	3	1		7	7
Marple Runners	1		4	1	1	7	7
Knutsford Tri Club	1		2	1	1	5	5
Belle Vue Racers	1		1	1	2	5	5
University of Manchester	9	10			9	28	
Bury Athletic Club				10	10	20	
Manchester Metropolitan Uni		6	7			13	
Salford Metropolitan AC	4			3		7	
Lymm Runners			6		1	7	
Dragons Running Club (sale)				2	5	7	
Hyde Village Striders	6					6	
West Cheshire AC		4				4	
Wilmslow Striders				4		4	
Stockport Tri Club	3					3	
Running Bear	1			1	1	3	
Styal Running Club	1			1		2	

B Teams

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester 'B'	10	7	9	9	10	45	38
Salford Harriers & AC 'B'	8	10	10	10		38	38
Horwich R M I Harriers 'B'	9	9	6	7	9	40	34
Chorlton Runners 'B'	7	8	8	8	8	39	32
Stockport Harriers & Ac 'B'	6		7	6	7	26	26
Altrincham & District AC 'B'	4	6		4	5	19	19
Didsbury Runners 'B'		4	4	1	6	15	15
Marple Runners 'B'	2		3	1	4	10	10
Macclesfield Harriers & Ac 'B'	5		5	2		12	
E Cheshire H & Tameside AC 'B'		5				5	
Trafford Athletic Club 'B'				5		5	
Bramhall Runners 'B'	3			1		4	
Vale Royal Ac 'B'				3		3	
Manchester Harriers & AC 'B'	1					1	
Manchester Triathlon Club 'B'				1		1	
Levenshulme Runners 'B'					1	1	
Swinton Running Club 'B'				1		1	

C= Teams

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Chorlton Runners 'C'	8	10	9	10	7	44	37
Sale Harriers Manchester 'C'	9	9	10	9	9	46	37
Chorlton Runners 'D'	6	8	8	6		28	28
Sale Harriers Manchester 'D'	7	6	7	7	8	35	29
Horwich R M I Harriers 'C'	10			1	10	21	
Chorlton Runners 'E'		7		5		12	
Stockport Harriers & Ac 'C'			6	4		10	
Sale Harriers Manchester 'E'				3	6	9	
Salford Harriers & AC 'C'				8		8	
Macclesfield Harriers & Ac 'C'			5	1		6	
Marple Runners 'C'	5					5	
Chorlton Runners 'F'				2		2	

Vet Men**Division 1**

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Chorlton Runners	7	10	10	10	7	44	37
Sale Harriers Manchester	10	7	8	7	10	42	35
Stockport Harriers & Ac	8	5	9	9	8	39	34
Horwich R M I Harriers	9	9	7	5	9	39	34
Altrincham & District AC	4	8	5	6	5	28	24
Salford Harriers & AC	6	3	3	8		20	20
E Cheshire H & Tameside AC	3	6		4	6	19	19
Vale Royal AC	5	4	6	2		17	17
Wilmslow Running Club	2	2	4	1	4	13	12
Bramhall Runners	1	1	2	3	3	10	9

Division 2

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Macclesfield Harriers & Ac	10	9	10	10	8	47	39
Buxton AC	6	10	5	9	9	39	34
Didsbury Runners	5	8	8	7	10	38	33
Manchester Triathlon Club	4	6	7	6	7	30	26
Manchester Harriers & AC	8	5	6	8	5	32	
St Helens Sutton Ac	7	7	9			23	
Manchester Frontrunners			4		6	10	
Glossopdale Harriers	9					9	

Division 3

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Warriors Pentathlon & AC	9	10		8	10	37	37
Knutsford Tri Club	8	8	9	10	6	41	35
Swinton Running Club		5	10	7	4	26	26
Styal Running Club	3	9		3	5	20	20
Belle Vue Racers	1		4	6	8	19	19
Dragons Running Club (sale)	1		2	4	9	16	16
Marple Runners	2		7	2	3	14	14
Levenshulme Runners	1	4	3	1	1	10	9
Lymm Runners	6		8		7	21	
Goyt Valley Striders	4		6	9		19	
Hyde Village Striders	10	7				17	
West Cheshire AC		6	5			11	
Salford Metropolitan AC	5			5		10	
Stockport Tri Club	7					7	
Running Bear	1			1	1	3	
Winston Runners				1	2	3	
Manchester Ymca Harriers	1					1	
Start2jog				1		1	

B Teams

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester 'B'	10	10	10	10	9	49	40
Chorlton Runners 'B'	6	9	7	9		31	31
Horwich R M I Harriers 'B'	9	7		5	10	31	31
Altrincham & District AC 'B'	8	8		8	6	30	30
Stockport Harriers & Ac 'B'	7		9	6	8	30	30
Marple Runners 'B'	2		6	1	4	13	13
Macclesfield Harriers & Ac 'B'	5		8	3		16	
E Cheshire H & Tameside AC 'B'		6		7		13	
Didsbury Runners 'B'		5		1	7	13	
Bramhall Runners 'B'	4			4		8	
Manchester Harriers & AC 'B'	3			1	3	7	
Wilmslow Running Club 'B'				2	5	7	
Dragons Running Club (sale 'B'				1	2	3	
Manchester Triathlon Club 'B'				1		1	
Belle Vue Racers 'B'				1		1	

C= Teams

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester 'C'	10	10	10	10	10	50	40
Chorlton Runners 'C'	8	9	9	9		35	35
Sale Harriers Manchester 'D'	9	6		8	9	32	32
Marple Runners 'C'	7		8	6	8	29	29
Chorlton Runners 'D'		7		7		14	
Altrincham & District AC 'C'		8				8	
Marple Runners 'D'	6					6	