

MACCL Xc Junior Divisions

Under 11 Girls

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Wirral Ac	10	10	10	10		40	40
Sale Harriers Manchester	9	8	8	9		34	34
Salford Metropolitan Ac	8	9	9			26	
Warrington A C	6	3	5	6		20	20
West Cheshire AC	5	6	6			17	
Sale Harriers Manchester 'B'	4	5	4	5		18	18
Warriors Pentathlon & AC	2	2	3	8		15	15
Salford Harriers & AC	3	1	2	4		10	10
Warriors Pentathlon & AC 'B'	1	1		3		5	
St Helens Sutton Ac		1	1	1		3	
Liverpool Harriers & Ac	7	7				14	
Manchester Harriers & AC			7	7		14	
Wirral Ac 'B'	1	4				5	
Manchester Harriers & Ac 'B'				2		2	
Salford Metropolitan Ac 'B'		1				1	
Liverpool Harriers & Ac 'B'		1				1	
Buxton AC				1		1	

Under 11 Boys

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester	10	10	10	10		40	40
Wirral Ac	9	9	6	9		33	33
Sale Harriers Manchester 'B'	7	8	8	8		31	31
St Helens Sutton Ac	8	4	7	5		24	24
Altrincham & District AC		6	9	4		19	
Warriors Pentathlon & AC	3	7	4	7		21	21
E Cheshire H & Tameside AC	4	3		6		13	
Trafford Athletic Club	2	2	5	3		12	12
Liverpool Harriers & Ac	1	5	3	2		11	11
Manchester Harriers & AC	5	1	2	1		9	9
Sale Harriers Manchester 'C'	1	1	1	1		4	4
Warriors Pentathlon & AC 'B'	1	1		1		3	
Vale Royal Ac	1		1	1		3	
Salford Metropolitan Ac	6					6	
St Helens Sutton Ac 'B'	1	1	1			3	
Manchester Harriers & AC 'B'	1		1	1		3	
Salford Harriers & AC	1			1		2	
Horwich R M I Harriers		1		1		2	
Wirral Ac 'B'		1		1		2	
Stockport Harriers & Ac	1					1	
Warrington A C		1				1	
Liverpool Harriers & Ac 'B'		1				1	
Wirral Ac 'C'		1				1	
Vale Royal Ac 'B'				1		1	

Under 13 Girls	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Warriors Pentathlon & AC	10	10	6	10		36	36
Liverpool Harriers & Ac	9	9	10	7		35	35
Sale Harriers Manchester	8	6	9	9		32	32
Wirral Ac	5	8	8	8		29	29
Liverpool Harriers & Ac 'B'	7	7	7	1		22	22
Warriors Pentathlon & AC 'B'	6	5		3		14	
Liverpool Harriers & Ac 'C'	3	4	4	1		12	12
Sale Harriers Manchester 'B'	4	1	1	6		12	12
Salford Harriers & AC	1		5	4		10	
West Cheshire AC	1		1	5		7	
Warrington A C	1	1	3	1		6	6
Salford Metropolitan Ac	2	2		1		5	
Vale Royal Ac		3	1	1		5	
Stockport Harriers & Ac	1		2	1		4	
Manchester Harriers & AC	1		1	1		3	
Liverpool Harriers & Ac 'D'	1	1	1			3	
Trafford Athletic Club	1			2		3	
Liverpool Harriers & Ac 'E'	1	1				2	
E Cheshire H & Tameside AC	1			1		2	
Warrington A C 'B'		1		1		2	
Buxton AC			1	1		2	
Salford Metropolitan Ac 'B'	1					1	
Sale Harriers Manchester 'C'				1		1	
Salford Harriers & AC 'B'				1		1	
Manchester Harriers & Ac 'B'				1		1	
Stockport Harriers & Ac 'B'			1			1	
Altrincham & District AC			1			1	

Under 13 Boys	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester	9	10	9	10		38	38
Salford Harriers & AC	10	9	10	8		37	37
Warriors Pentathlon & AC	7	8		9		24	
Salford Metropolitan Ac	8	4		7		19	
Sale Harriers Manchester 'B'		7	5	5		17	
E Cheshire H & Tameside AC	6	3		1		10	
Trafford Athletic Club	3	1		6		10	
Warrington A C	4	1		3		8	
Manchester Harriers & AC	1	1	4	1		7	7
St Helens Sutton Ac	2	1		1		4	
E Cheshire H & Tameside AC 'B'	1	1		1		3	
Stockport Harriers & Ac			7	4		11	
Vale Royal Ac	1		8			9	
Warriors Pentathlon & AC 'B'		6		2		8	
Salford Harriers & AC 'B'	5	2				7	
West Cheshire AC			6	1		7	
Liverpool Harriers & Ac	1	5				6	
Manchester Harriers & Ac 'B'	1		2			3	
Stockport Harriers & Ac 'B'			3			3	
Sale Harriers Manchester 'C'		1		1		2	
Buxton AC	1					1	
E Cheshire H & Tameside AC 'C'	1					1	
Liverpool Harriers & AC 'B'		1				1	
Warriors Pentathlon & AC 'C'		1				1	
Salford Metropolitan Ac 'B'				1		1	
Horwich R M I Harriers				1		1	

Under 15 Girls

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester	10	10	10	10		40	40
Warriors Pentathlon & AC	9	9		7		25	
Salford Harriers & AC	7	7	9	8		31	31
Sale Harriers Manchester 'B'	6	6	7	9		28	28
Liverpool Harriers & Ac	8	8	6			22	
St Helens Sutton Ac	5	2	5	2		14	14
Horwich R M I Harriers	2	4		6		12	
Sale Harriers Manchester 'C'	3			5		8	
West Cheshire AC			8			8	
Buxton AC	4	1				5	
Liverpool Harriers & Ac 'B'		5				5	
Stockport Harriers & Ac	1		4			5	
Trafford Athletic Club				4		4	
Liverpool Harriers & Ac 'C'		3				3	
Sale Harriers Manchester 'D'				3		3	
Manchester Harriers & AC	1	1				2	
Warriors Pentathlon & AC 'B'		1				1	
Wirral Ac		1				1	
Liverpool Harriers & Ac 'D'		1				1	

Under 15 Boys

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Stockport Harriers & Ac	10	9	10	9		38	38
Trafford Athletic Club	8	8	9	10		35	35
Sale Harriers Manchester	7	10	8	8		33	33
Warriors Pentathlon & AC	9	7	5			21	
Trafford Athletic Club 'B'	5	3	6	6		20	20
Vale Royal Ac	3	1	7	4		15	15
E Cheshire H & Tameside AC	4	5		3		12	
Warrington A C	2	1	4	5		12	12
Sale Harriers Manchester 'B'	1	2	1	2		6	6
Altrincham & District AC	1	1	1	1		4	4
St Helens Sutton Ac	1	1	1	1		4	4
Trafford Athletic Club 'C'	1	1	1	1		4	4
Stockport Harriers & Ac 'B'	1	1	1	1		4	4
Manchester Harriers & AC	1	1	1			3	
Liverpool Harriers & Ac	6	6				12	
Wirral Ac		4		7		11	
Vale Royal Ac 'B'	1		2	1		4	
Altrincham & District AC 'B'	1		1	1		3	
Sale Harriers Manchester 'C'	1		1	1		3	
Salford Harriers & AC			3			3	
Horwich R M I Harriers	1	1				2	
Trafford Athletic Club 'D'	1					1	
Wirral Ac 'B'		1				1	
Stockport Harriers & Ac 'C'			1			1	
Sale Harriers Manchester 'D'				1		1	

Under 17 Women

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Warriors Pentathlon & AC	10	10		10		30	
Trafford Athletic Club	9	9				18	
Liverpool Harriers & Ac		7	10			17	
Warrington A C				9		9	
St Helens Sutton Ac	8					8	
Sale Harriers Manchester		8				8	

Under 17 Men	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Trafford Athletic Club	10	10	10	10		40	40
Trafford Athletic Club 'B'	9	9		8		26	
Sale Harriers Manchester	8	6	8	9		31	31
E Cheshire H & Tameside AC	7	5	5	7		24	24
Stockport Harriers & Ac	5		7	4		16	
Warriors Pentathlon & AC	1	2	4	6		13	
St Helens Sutton Ac	2	1	6			9	
Macclesfield Harriers & Ac		8	9			17	
Wirral Ac	6	7				13	
Warrington A C	4	3				7	
Sale Harriers Manchester 'B'	1			5		6	
Wirral Ac 'B'	1	4				5	
Buxton AC	3	1				4	
Altrincham & District AC				3		3	
E Cheshire H & Tameside AC 'B'	1	1				2	
Trafford Athletic Club 'C'	1	1				2	
E Cheshire H & Tameside AC 'C'	1					1	
Wirral Ac 'C'		1				1	
Junior Women	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Stockport Harriers & Ac	10					10	
Horwich R M I Harriers		10				10	
University Of Manchester	9					9	
Under 20 Women B+	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Junior Men	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Trafford Athletic Club	8		10	9		27	
Macclesfield Harriers & Ac	10					10	
Sale Harriers Manchester				10		10	
University Of Manchester	7					7	
Junior Men B+	WOO	LV	WOO2	TAT	HEA	Total	Best 4

MACCL Xc Senior Women's and Vets' Divisions

Division 1	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Chorlton Runners	10	9	10	9		38	38
Sale Harriers Manchester	9	10	9	10		38	38
Warriors Pentathlon & AC	6	4	8	8		26	26
Trafford Athletic Club	8	8	5	5		26	26
Stockport Harriers & Ac	7	5	6	4		22	22
Wilmslow Running Club	3		7	6		16	
Didsbury Runners	5	6	3	3		17	17
Salford Metropolitan Ac	4	7		2		13	
Altrincham & District AC			4	7		11	
Manchester Triathlon Club	2			1		3	

Division 2	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Macclesfield Harriers & Ac	10	9	10	10		39	39
Buxton AC	8	7	9	9		33	33
St Helens Sutton Ac	9	5	8			22	
Swinton Running Club	7	8	5	5		25	25
E Cheshire H & Tameside AC	6	6		7		19	
Start2jog	4	4	6	6		20	20
Marple Runners	5		7	4		16	
Levenshulme Runners	3		4	3		10	
Vale Royal Ac		10		8		18	

Ladies_div_3	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Running Bear	9	10	9	6		34	34
Warrington A C	10		8	9		27	
Horwich R M I Harriers	3	9	6	8		26	26
Dragons Running Club (sale)	4	3	5	4		16	16
Hyde Village Striders	7	2	1	1		11	11
Manchester Frontrunners	1	6	3	1		11	11
Styal Running Club	2	5	2	1		10	10
Bramhall Runners	5	1	1	2		9	9
Goyt Valley Striders	1		4	1		6	
Belle Vue Racers	1	1	1	1		4	4
Middleton Harriers Ac	1	1		1		3	
Salford Harriers & AC			10	10		20	
Manchester Road Runners			7	7		14	
Manchester Ymca Harriers		4		5		9	
West Cheshire AC	8					8	
Manchester Metropolitan Uni		8				8	
Wirral Ac		7				7	
Glossopdale Harriers	6			1		7	
Manchester Harriers & AC				3		3	
University of Manchester	1					1	
Winston Runners				1		1	
Knutsford Tri Club			1			1	
Wilmslow Striders				1		1	

B Teams

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester 'B'	9	10	10	10		39	39
Chorlton Runners 'B'	10	9	9	9		37	37
Stockport Harriers & Ac 'B'	8		8	5		21	
Didsbury Runners 'B'	2	6	7	7		22	22
Running Bear 'B'	6	5	6	1		18	18
Swinton Running Club 'B'	5	4	4			13	
Marple Runners 'B'	1		3	1		5	
Macclesfield Harriers & Ac 'B'			5	8		13	
Horwich R M I Harriers 'B'		7		3		10	
Salford Metropolitan Ac 'B'		8		1		9	
Trafford Athletic Club 'B'	7			1		8	
Manchester Road Runners 'B'				6		6	
Buxton AC 'B'	4			1		5	
Bramhall Runners 'B'	3			1		4	
Altrincham & District AC 'B'				4		4	
Dragons Running Club (sale 'B'	1			1		2	
Start2jog 'B'	1			1		2	
Styal Running Club 'B'	1			1		2	
Warrington A C 'B'				2		2	
Hyde Village Striders 'B'	1					1	
Belle Vue Racers 'B'	1					1	
Glossopdale Harriers 'B'	1					1	
Wilmslow Running Club 'B'				1		1	
Middleton Harriers Ac 'B'				1		1	
Manchester Ymca Harriers 'B'				1		1	

C+ Teams

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Chorlton Runners 'C'	10	10	10	7		37	37
Sale Harriers Manchester 'C'		9	9	10		28	
Chorlton Runners 'D'	9	8	8	5		30	30
Chorlton Runners 'E'	6	7	6	3		22	22
Marple Runners 'C'	5		5	1		11	
Sale Harriers Manchester 'D'			7	9		16	
Stockport Harriers & Ac 'C'	8					8	
Warriors Pentathlon & AC 'B'				8		8	
Running Bear 'C'	7					7	
Didsbury Runners 'C'		6		1		7	
Sale Harriers Manchester 'E'				6		6	
Bramhall Runners 'C'	4			1		5	
Macclesfield Harriers & AC 'C'				4		4	
Bramhall Runners 'D'	3					3	
Hyde Village Striders 'C'	2					2	
Sale Harriers Manchester 'F'				2		2	
Salford Metropolitan Ac 'C'				1		1	
Altrincham & District AC 'C'				1		1	

Vet Teams Division 1

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester	10	10	9	10		39	39
Chorlton Runners	7	9	10	7		33	33
Wilmslow Running Club	6	8	3	8		25	25
Trafford Athletic Club	9	5	7	3		24	24
Stockport Harriers & Ac	8	3	6	6		23	23
Salford Metropolitan Ac	5	7		5		17	
Buxton AC	4	4	5	4		17	17
Vale Royal AC	2	6		2		10	
Marple Runners	3		4	1		8	
Altrincham & District AC			8	9		17	

Vet Teams Division 2

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Warrington A C	10	6	10	9		35	35
Macclesfield Harriers & Ac	8		9	10		27	
St Helens Sutton Ac	7	10	6			23	
Horwich R M I Harriers		7	8	8		23	
Swinton Running Club	6	9	5	3		23	23
Goyt Valley Striders	5		7	7		19	
Manchester Frontrunners	4	8	4	5		21	21
Manchester Triathlon Club	9		1	6		16	
Winston Runners			2	4		6	
Knutsford Tri Club			3	2		5	

Vet Teams Division 3

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Running Bear	10	9	10	8		37	37
Dragons Running Club (sale)	6	8	9	10		33	33
Start2jog	1	5	8	7		21	21
Styal Running Club	5	7	7	5		24	24
Didsbury Runners	3	3	6	9		21	21
Bramhall Runners	8	1	3	6		18	18
Hyde Village Striders	4	2	4	1		11	11
Wilmslow Striders	1	6		3		10	
Belle Vue Racers	2	1	5	1		9	9
Middleton Harriers Ac	1	1		1		3	
Glossopdale Harriers	9			4		13	
Wirral Ac		10				10	
West Cheshire AC	7					7	
Manchester Ymca Harriers		4		2		6	
Levenshulme Runners	1		2			3	
Stockport Tri Club	1					1	

B Teams

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester 'B'	9	9	10	10		38	38
Chorlton Runners 'B'	8	10	9	5		32	32
Stockport Harriers & Ac 'B'	6		8	9		23	
Running Bear 'B'	7	6	6	1		20	20
Styal Running Club 'B'	5	5		1		11	
Dragons Running Club (sale 'B'	1		5	1		7	
Marple Runners 'B'	1		4	1		6	
Start2jog 'B'	1		3	1		5	
Salford Metropolitan Ac 'B'		8		4		12	
Trafford Athletic Club 'B'	10					10	
Altrincham & District AC 'B'				8		8	
Swinton Running Club 'B'	3	4				7	
Manchester Frontrunners 'B'		7				7	
Macclesfield Harriers & Ac 'B'				7		7	
Goyt Valley Striders 'B'			7			7	
Wilmslow Running Club 'B'				6		6	
Bramhall Runners 'B'	4			1		5	
Buxton AC 'B'	1			3		4	
Glossopdale Harriers 'B'	2					2	
Middleton Harriers Ac 'B'	1			1		2	
Belle Vue Racers 'B'	1			1		2	
Warriors Pentathlon & AC 'B'				2		2	
Manchester Triathlon Club 'B'	1					1	
Hyde Village Striders 'B'	1					1	
Winston Runners 'B'				1		1	

C+ Teams

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester 'C'		9	10	10		29	
Chorlton Runners 'C'	8	10	9	8		35	35
Stockport Harriers & Ac 'C'	9		6	3		18	
Marple Runners 'C'	7		5	1		13	
Sale Harriers Manchester 'D'			8	9		17	
Chorlton Runners 'D'		8	7			15	
Running Bear 'C'	10					10	
Bramhall Runners 'C'	6			2		8	
Macclesfield Harriers & AC 'C'				7		7	
Altrincham & District Ac 'C'				6		6	
Running Bear 'D'	5					5	
Salford Metropolitan Ac 'C'				5		5	
Marple Runners 'D'	4					4	
Sale Harriers Manchester 'E'				4		4	
Swinton Running Club 'C'	3					3	
Bramhall Runners 'D'	2			1		3	
Styal Running Club 'C'	1			1		2	
Bramhall Runners 'E'	1					1	
Bramhall Runners 'F'	1					1	
Hyde Village Striders 'C'	1					1	
Middleton Harriers Ac 'C'				1		1	
Start2jog 'C'				1		1	

MACCL Xc Senior Men's and Vets' Divisions

Division 1	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Salford Harriers & AC	10	10	10	10		40	40
Sale Harriers Manchester	9	9	9	9		36	36
Vale Royal AC	8	8	4	8		28	28
Horwich R M I Harriers	7	7	7	5		26	26
Chorlton Runners	5	4	8	6		23	23
Trafford Athletic Club	4	6	3	7		20	20
Stockport Harriers & Ac	6	2	6	4		18	18
E Cheshire H & Tameside AC	3	5	5	2		15	15
Altrincham & District AC	2	3	2	3		10	10

Division 2	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Manchester Road Runners	10	10	9	9		38	38
Didsbury Runners	8	9	10	10		37	37
Wilmslow Running Club	7	8	8	5		28	28
Swinton Running Club		7	6	6		19	
Bramhall Runners	6		5	7		18	
Levenshulme Runners	5	5	4	4		18	18
Manchester Frontrunners		4	3	3		10	
Manchester Ymca Harriers		6		8		14	
Glossopdale Harriers	9					9	
St Helens Sutton Ac			7			7	

Division 3	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Macclesfield Harriers & Ac	10	9	10	9		38	38
Warriors Pentathlon & AC	8	8		8		24	
Buxton AC	7	7	5	7		26	26
Manchester Triathlon Club	2	5	9	6		22	22
Manchester Harriers & AC	5	3	8	5		21	21
Start2jog	1	2	3	1		7	7
Marple Runners	1		4	1		6	
Knutsford Tri Club	1		2	1		4	
Belle Vue Racers	1		1	1		3	
University of Manchester	9	10				19	
Manchester Metropolitan Uni		6	7			13	
Bury Athletic Club				10		10	
Salford Metropolitan AC	4			3		7	
Hyde Village Striders	6					6	
Lymm Runners			6			6	
West Cheshire AC		4				4	
Wilmslow Striders				4		4	
Stockport Tri Club	3					3	
Styal Running Club	1			1		2	
Running Bear	1			1		2	
Dragons Running Club (sale)				2		2	

B Teams

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Salford Harriers & AC 'B'	8	10	10	10		38	38
Sale Harriers Manchester 'B'	10	7	9	9		35	35
Horwich R M I Harriers 'B'	9	9	6	7		31	31
Chorlton Runners 'B'	7	8	8	8		31	31
Stockport Harriers & Ac 'B'	6		7	6		19	
Altrincham & District AC 'B'	4	6		4		14	
Macclesfield Harriers & Ac 'B'	5		5	2		12	
Didsbury Runners 'B'		4	4	1		9	
Marple Runners 'B'	2		3	1		6	
E Cheshire H & Tameside AC 'B'		5				5	
Trafford Athletic Club 'B'				5		5	
Bramhall Runners 'B'	3			1		4	
Vale Royal Ac 'B'				3		3	
Manchester Harriers & AC 'B'	1					1	
Manchester Triathlon Club 'B'				1		1	
Levenshulme Runners 'B'					1	1	
Swinton Running Club 'B'				1		1	

C= Teams

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Chorlton Runners 'C'	8	10	9	10		37	37
Sale Harriers Manchester 'C'	9	9	10	9		37	37
Chorlton Runners 'D'	6	8	8	6		28	28
Sale Harriers Manchester 'D'	7	6	7	7		27	27
Chorlton Runners 'E'		7		5		12	
Horwich R M I Harriers 'C'	10			1		11	
Stockport Harriers & Ac 'C'			6	4		10	
Salford Harriers & AC 'C'				8		8	
Macclesfield Harriers & Ac 'C'			5	1		6	
Marple Runners 'C'	5					5	
Sale Harriers Manchester 'E'				3		3	
Chorlton Runners 'F'				2		2	

Vet Men**Division 1**

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Chorlton Runners	7	10	10	10		37	37
Stockport Harriers & Ac	8	5	9	9		31	31
Sale Harriers Manchester	10	7	8	7		32	32
Horwich R M I Harriers	9	9	7	5		30	30
Altrincham & District AC	4	8	5	6		23	23
Salford Harriers & AC	6	3	3	8		20	20
Vale Royal AC	5	4	6	2		17	17
E Cheshire H & Tameside AC	3	6		4		13	
Wilmslow Running Club	2	2	4	1		9	9
Bramhall Runners	1	1	2	3		7	7

Division 2

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Macclesfield Harriers & Ac	10	9	10	10		39	39
Buxton AC	6	10	5	9		30	30
Didsbury Runners	5	8	8	7		28	28
St Helens Sutton Ac	7	7	9			23	
Manchester Harriers & AC	8	5	6	8		27	
Manchester Triathlon Club	4	6	7	6		23	23
Glossopdale Harriers	9					9	
Manchester Frontrunners			4			4	

Division 3

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Knutsford Tri Club	8	8	9	10		35	35
Warriors Pentathlon & AC	9	10		8		27	
Swinton Running Club		5	10	7		22	
Goyt Valley Striders	4		6	9		19	
Styal Running Club	3	9		3		15	
Marple Runners	2		7	2		11	
Belle Vue Racers	1		4	6		11	
Levenshulme Runners	1	4	3	1		9	9
Dragons Running Club (sale)	1		2	4		7	
Hyde Village Striders	10	7				17	
Lymm Runners	6		8			14	
West Cheshire AC		6	5			11	
Salford Metropolitan AC	5			5		10	
Stockport Tri Club	7					7	
Running Bear	1			1		2	
Manchester Ymca Harriers	1					1	
Start2jog				1		1	
Winston Runners				1		1	

B Teams

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester 'B'	10	10	10	10		40	40
Chorlton Runners 'B'	6	9	7	9		31	31
Altrincham & District AC 'B'	8	8		8		24	
Stockport Harriers & Ac 'B'	7		9	6		22	
Horwich R M I Harriers 'B'	9	7		5		21	
Macclesfield Harriers & Ac 'B'	5		8	3		16	
Marple Runners 'B'	2		6	1		9	
E Cheshire H & Tameside AC 'B'		6		7		13	
Bramhall Runners 'B'	4			4		8	
Didsbury Runners 'B'		5		1		6	
Manchester Harriers & AC 'B'	3			1		4	
Wilmslow Running Club 'B'				2		2	
Manchester Triathlon Club 'B'				1		1	
Dragons Running Club (sale 'B'				1		1	
Belle Vue Racers 'B'				1		1	

C= Teams

	WOO	LV	WOO2	TAT	HEA	Total	Best 4
Sale Harriers Manchester 'C'	10	10	10	10		40	40
Chorlton Runners 'C'	8	9	9	9		35	35
Sale Harriers Manchester 'D'	9	6		8		23	
Marple Runners 'C'	7		8	6		21	
Chorlton Runners 'D'		7		7		14	
Altrincham & District AC 'C'		8				8	
Marple Runners 'D'	6					6	