

Manchester Area Cross Country League at Woodbank Park on Saturday 10th October 2026

Under 12 - Boys — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	2188	Harry Gibbs	Warriors Pentathlon & AC	10:03	23	1280	Robert Chaplin	Sale Harriers Manchester	12:03
2	1291	Leo Selby	Sale Harriers Manchester	10:11	24	577	Finlay Stokes	Horwich R M I Harriers	12:09
3	1624	Max Andres	St Helens Sutton Ac	10:33	25	1282	Noah Curvis	Sale Harriers Manchester	12:11
4	843	Jax Tomlinson	Macclesfield Harriers & Ac	10:48	26	751	Thomas Allen-Pugh	Liverpool Harriers & AC	12:11
5	2121	Luis Davidson	Warrington A C	10:51	27	2185	Oliver Bromley-Walsh	Warriors Pentathlon & AC	12:14
6	1904	Odhran Nash	Trafford Athletic Club	10:52	28	1	Alexander Barker	Altrincham & District AC	12:15
7	489	Charlie Royle	East Cheshire Harriers & Tames	10:58	29	1502	Jake Collier	Salford Harriers & AC	12:17
8	484	Stanley Alderson	East Cheshire Harriers & Tames	11:12	30	486	Harry Dawson	East Cheshire Harriers & Tames	12:24
9	2123	Daniel Lancaster	Warrington A C	11:15	31	2187	Alfie Davies	Warriors Pentathlon & AC	12:26
10	757	Joseph Ventre	Liverpool Harriers & AC	11:16	32	754	Harry Ripon	Liverpool Harriers & AC	12:36
11	755	Joshua Stillwell	Liverpool Harriers & AC	11:29	33	1503	Albie Goodwin	Salford Harriers & AC	12:39
12	752	Evan Davies	Liverpool Harriers & AC	11:36	34	575	Leo Rutter	Horwich R M I Harriers	12:40
13	1278	Samuel Betts	Sale Harriers Manchester	11:44	35	1290	Jacob Richardson	Sale Harriers Manchester	12:40
14	1901	Ellis Bennett	Trafford Athletic Club	11:52	36	1287	Alfie Rae	Sale Harriers Manchester	12:42
15	1288	George Rains	Sale Harriers Manchester	11:53	37	1631	Matthew Wilson	St Helens Sutton Ac	12:53
16	753	George McDermott	Liverpool Harriers & AC	11:53	38	2406	Ted Ritchie	Wirral Ac	13:03
17	1902	Morley Hamilton	Trafford Athletic Club	11:54	39	2279	Sam Arnold	West Cheshire Athletic Club	13:12
18	1277	S Allmendinger	Sale Harriers Manchester	11:54	40	487	Zach Gush	East Cheshire Harriers & Tames	13:14
19	1629	George Parkinson	St Helens Sutton Ac	11:56	41	1281	Leo Cowap	Sale Harriers Manchester	13:15
20	488	Oliver Massey	East Cheshire Harriers & Tames	11:58	42	936	Eoin Lugsden	Manchester Harriers & AC	13:17
21	1285	Harry Lamb	Sale Harriers Manchester	11:59	43	1626	Jack Carty	St Helens Sutton Ac	13:26
22	2192	James Weinberger	Warriors Pentathlon & AC	12:02	44	135	Oliver Wood	Bury Athletic Club	17:11

Under 12 - Boys — TEAM RESULTS

1	Sale Harriers Manchester	30	—	2	Leo Selby	13	Samuel Betts	15	George Rains
2	Liverpool Harriers & AC	33	—	10	Joseph Ventre	11	Joshua Stillwell	12	Evan Davies
3	East Cheshire Harriers & Tames	35	—	7	Charlie Royle	8	Stanley Alderson	20	Oliver Massey
4	Trafford Athletic Club	37	—	6	Odhran Nash	14	Ellis Bennett	17	Morley Hamilton
5	Warriors Pentathlon & AC	50	—	1	Harry Gibbs	22	James Weinberger	27	Oliver Bromley-Walsh
6	St Helens Sutton Ac	59	—	3	Max Andres	19	George Parkinson	37	Matthew Wilson
7	Sale Harriers Manchester 'B'	62	—	18	S Allmendinger	21	Harry Lamb	23	Robert Chaplin
8	Liverpool Harriers & AC 'B'	74	—	16	George McDermott	26	Thomas Allen-Pugh	32	Harry Ripon
9	Sale Harriers Manchester 'C'	96	—	25	Noah Curvis	35	Jacob Richardson	36	Alfie Rae

Under 12 - Girls — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	1513	Sorcha Torhill	Salford Harriers & AC	11:11	29	1515	Harlow Young	Salford Harriers & AC	13:46
2	1908	Georgia Nelson	Trafford Athletic Club	11:55	30	938	Charlotte Miller	Manchester Harriers & AC	13:47
3	1300	Athena Kapur	Sale Harriers Manchester	12:02	31	137	Isabel Grimshaw	Bury Athletic Club	13:49
4	761	Abigail Kyle	Liverpool Harriers & AC	12:13	32	491	Caitlin McLeod	East Cheshire Harriers & Tames	13:50
5	1514	Harlow Turner	Salford Harriers & AC	12:23	33	1297	Evie Harrison	Sale Harriers Manchester	13:52
6	4	Aria Rore	Altrincham & District AC	12:25	34	1302	Penny Petrou	Sale Harriers Manchester	13:56
7	138	Lila Metcalfe	Bury Athletic Club	12:25	35	2198	Amaia Pickering	Warriors Pentathlon & AC	14:01
8	760	Sienna Hughes	Liverpool Harriers & AC	12:32	36	2045	Amy Weeks	Vale Royal Ac	14:02
9	2412	Alice Williams	Wirral Ac	12:39	37	937	Evelyn Handley	Manchester Harriers & AC	14:04
10	2042	Niamh Ennis	Vale Royal Ac	12:44	38	1907	Isabelle Galpin	Trafford Athletic Club	14:13
11	762	Georgia Machenry	Liverpool Harriers & AC	12:49	39	1512	Emmanuelle Oke	Salford Harriers & AC	14:14
12	2129	Saffron Llewellyn	Warrington A C	12:49	40	1303A	Rozhdestvenskaya	Sale Harriers Manchester	14:14
13	1295	Darcey Davenport	Sale Harriers Manchester	12:52	41	2193	Lillia Agent	Warriors Pentathlon & AC	14:16
14	758	Liliwen Care	Liverpool Harriers & AC	12:56	42	1632	Iona Donald	St Helens Sutton Ac	14:22
15	1508	Charlotte Crowhurst	Salford Harriers & AC	13:04	43	2	Emma Bond	Altrincham & District AC	14:23
16	2410	Sienna Jones	Wirral Ac	13:09	44	1511	Ruby Muir	Salford Harriers & AC	14:30
17	578	Matilda Macdonald	Horwich R M I Harriers	13:09	45	2281	Arianwen Setters	West Cheshire Athletic Club	14:37
18	2196	Sofia Howard	Warriors Pentathlon & AC	13:10	46	1633	Maya Radcliffe	St Helens Sutton Ac	14:43
19	1304	Imogen Warner	Sale Harriers Manchester	13:11	47	2127	Ffion Lawton	Warrington A C	14:56
20	2408	Katie Giblett	Wirral Ac	13:14	48	2195	Alysia Howard	Warriors Pentathlon & AC	14:57
21	2409	Evie Hulse	Wirral Ac	13:14	49	2131	Lily-Mai McMullen	Warrington A C	15:11
22	1299	Molly Hounslow	Sale Harriers Manchester	13:15	50	202	Annie Curzon	Buxton AC	15:23
23	1712	Katie Shatwell	Stockport Harriers & AC	13:16	51	203	Macy Poole	Buxton AC	15:24
24	2132	Lisa Weir	Warrington A C	13:22	52	1506	Ella Kennedy	Salford Harriers & AC	15:32
25	939	Phoebe Morris	Manchester Harriers & AC	13:34	53	2128	Maya Li	Warrington A C	15:47
26	1298	Sophie Harrison	Sale Harriers Manchester	13:36	54	579	April Mort	Horwich R M I Harriers	17:12
27	940	Cece Pearson	Manchester Harriers & AC	13:41	55	2130	Summer Llewellyn	Warrington A C	18:35
28	2043	Jennie Lansdale	Vale Royal Ac	13:44					

Under 12 - Girls — TEAM RESULTS

1	Salford Harriers & AC	21	—	1	Sorcha Torhill	5	Harlow Turner	15	Charlotte Crowhurst
2	Liverpool Harriers & AC	23	—	4	Abigail Kyle	8	Sienna Hughes	11	Georgia Machenry
3	Sale Harriers Manchester	35	—	3	Athena Kapur	13	Darcey Davenport	19	Imogen Warner
4	Wirral Ac	45	—	9	Alice Williams	16	Sienna Jones	20	Katie Giblett
5	Vale Royal Ac	74	—	10	Niamh Ennis	28	Jennie Lansdale	36	Amy Weeks
6	Sale Harriers Manchester 'B'	81	—	22	Molly Hounslow	26	Sophie Harrison	33	Evie Harrison
7	Manchester Harriers & AC	82	—	25	Phoebe Morris	27	Cece Pearson	30	Charlotte Miller
8	Warrington A C	83	—	12	Saffron Llewellyn	24	Lisa Weir	47	Ffion Lawton
9	Warriors Pentathlon & AC	94	—	18	Sofia Howard	35	Amaia Pickering	41	Lillia Agent
10	Salford Harriers & AC 'B'	112	—	29	Harlow Young	39	Emmanuelle Oke	44	Ruby Muir
11	Warrington A C 'B'	157	—	49	Lily-Mai McMullen	53	Maya Li	55	Summer Llewellyn

Manchester Area Cross Country League at Woodbank Park on Saturday 10th October 2026

Under 14 - Boys — PROVISIONAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	1523	Isaac Taylor-Unitt	Salford Harriers & AC	13:45	40	493	Sidney Charles	East Cheshire Harriers & Tames	16:48
2	2416	Freddie Jackson	Wirral Ac	14:15	41	2048	Freddie Robinson	Vale Royal Ac	16:55
3	2134	Alexander Farrell	Warrington A C	14:18	42	2136	Luke Horman	Warrington A C	17:00
4	1313	Joshua Leong	Sale Harriers Manchester	14:19	43	1227	Willis Howard	Oldham & Royton H & Ac	17:07
5	947	Lucas Pendlebury	Manchester Harriers & Ac	14:21	44	2283	Daniel Kuzia	West Cheshire Athletic Club	17:14
6	765	Alex Bailey-Hall	Liverpool Harriers & AC	14:21	45	2133	Leonard Broadhurst	Warrington A C	17:17
7	1715	Alfie Kings	Stockport Harriers & Ac	14:22	46	2047	Joshua Plester	Vale Royal Ac	17:18
8	1519	Noah Hartley	Salford Harriers & AC	14:31	47	2204	Samuel Dunning	Warriors Pentathlon & AC	17:20
9	776	Jude Smart	Liverpool Harriers & AC	14:36	48	948	Isaac Pitt	Manchester Harriers & Ac	17:25
10	2413	Niall Betteridge	Wirral Ac	14:40	49	946	Rocco Pearson	Manchester Harriers & Ac	17:33
11	1516	Aaron Connor	Salford Harriers & AC	14:41	50	950	Maximilian Svoboda	Manchester Harriers & Ac	17:35
12	496	Hamish Heginbotham	East Cheshire Harriers & Tames	15:05	51	494	Kyle Davidson	East Cheshire Harriers & Tames	17:35
13	2202	Ben Dunning	Warriors Pentathlon & AC	15:10	52	1310	Jenson Higby	Sale Harriers Manchester	17:35
14	2282	Jack Arnold	West Cheshire Athletic Club	15:10	53	495	Joshua Goff	East Cheshire Harriers & Tames	17:39
15	6	Rafe Lucas	Altrincham & District AC	15:15	54	7	Charlie Reynolds	Altrincham & District AC	17:46
16	1518	Mason Fletcher	Salford Harriers & AC	15:22	55	1637	Jack Lister	St Helens Sutton Ac	17:57
17	1311	Ollie Hutton	Sale Harriers Manchester	15:23	56	1720	Solomon Thompson	Stockport Harriers & Ac	18:03
18	1314	James Moran	Sale Harriers Manchester	15:24	57	2285	Stanley Whitehart	West Cheshire Athletic Club	18:05
19	766	Louie Bell	Liverpool Harriers & AC	15:26	58	1918	Sebastian White	Trafford Athletic Club	18:09
20	1714	Jack Cheshire	Stockport Harriers & Ac	15:35	59	945	Arthur Nicholson	Manchester Harriers & Ac	18:11
21	1718	Samuel Shatwell	Stockport Harriers & Ac	15:44	60	1913	Sebastian Harding	Trafford Athletic Club	18:24
22	2419	Jacob Leeming-Nelson	Wirral Ac	15:46	61	1639	Hugo Musker	St Helens Sutton Ac	18:26
23	2417	Artur Karpov	Wirral Ac	15:49	62	5	Samuel Boothroyd	Altrincham & District AC	18:30
24	2205	Benjamin Kohring	Warriors Pentathlon & AC	15:50	63	1037	Oliver Curvis	Sale Harriers Manchester	18:35
25	1317	Alpha Tham	Sale Harriers Manchester	16:02	64	1916	Oliver Reckert	Trafford Athletic Club	18:40
26	2135	Alfie Furnival	Warrington A C	16:02	65	949	Brandon Rodger	Manchester Harriers & Ac	19:01
27	2200	Ralph Abdulla	Warriors Pentathlon & AC	16:06	66	1917	Evan Slawinski	Trafford Athletic Club	19:08
28	2207	Aarav Shah	Warriors Pentathlon & AC	16:08	67	1719	Jonah Thompson	Stockport Harriers & Ac	19:19
29	8	Oscar Reynolds	Altrincham & District AC	16:16	68	1912	Louis Harding	Trafford Athletic Club	19:20
30	2203	Jedidiah Dunning	Warriors Pentathlon & AC	16:20	69	952	Marios Triamatakis	Manchester Harriers & Ac	19:27
31	1914	Wood Logan O'Neill	Trafford Athletic Club	16:21	70	1635	Edward Ireland	St Helens Sutton Ac	19:28
32	2284	Joseph Whitehart	West Cheshire Athletic Club	16:23	71	944	Yan Lam	Manchester Harriers & Ac	19:45
33	768	Emrys Care	Liverpool Harriers & AC	16:24	72	1312	Abel Jacomb	Sale Harriers Manchester	19:52
34	775	Kian O'Rourke	Liverpool Harriers & AC	16:31	73	582	Toby Macdonald	Horwich R M I Harriers	19:57
35	499	Jacob Walker	East Cheshire Harriers & Tames	16:35	74	580	Archie Fletcher	Horwich R M I Harriers	20:00
36	1630	Milo Powell	St Helens Sutton Ac	16:39	75	1305	Ernie Coleman	Sale Harriers Manchester	22:19
37	1717	Flynn Sharpe	Stockport Harriers & Ac	16:40	76	951	Alex Tevlin	Manchester Harriers & Ac	23:53
38	1716	Joshua Meikle	Stockport Harriers & Ac	16:45	77	9	Jacob Roberts	Altrincham & District AC	28:41
39	492	Jacob Bailey	East Cheshire Harriers & Tames	16:48					

Under 14 - Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Salford Harriers & AC	20 —	1 Isaac Taylor-Unitt	8 Noah Hartley	11 Aaron Connor
2 Liverpool Harriers & AC	34 —	6 Alex Bailey-Hall	9 Jude Smart	19 Louie Bell
3 Wirral Ac	34 —	2 Freddie Jackson	10 Niall Betteridge	22 Jacob Leeming-Nelson
4 Sale Harriers Manchester	39 —	4 Joshua Leong	17 Ollie Hutton	18 James Moran
5 Stockport Harriers & Ac	48 —	7 Alfie Kings	20 Jack Cheshire	21 Samuel Shatwell
6 Warriors Pentathlon & AC	64 —	13 Ben Dunning	24 Benjamin Kohring	27 Ralph Abdulla
7 Warrington A C	71 —	3 Alexander Farrell	26 Alfie Furnival	42 Luke Horman
8 East Cheshire Harriers & Tames	86 —	12 Hamish Heginbotham	35 Jacob Walker	39 Jacob Bailey
9 West Cheshire Athletic Club	90 —	14 Jack Arnold	32 Joseph Whitehart	44 Daniel Kuzia
10 Altrincham & District AC	98 —	15 Rafe Lucas	29 Oscar Reynolds	54 Charlie Reynolds
11 Manchester Harriers & Ac	102 —	5 Lucas Pendlebury	48 Isaac Pitt	49 Rocco Pearson
12 Warriors Pentathlon & AC 'B'	105 —	28 Aarav Shah	30 Jedidiah Dunning	47 Samuel Dunning
13 Stockport Harriers & Ac 'B'	131 —	37 Flynn Sharpe	38 Joshua Meikle	56 Solomon Thompson
14 Sale Harriers Manchester 'B'	140 —	25 Alpha Tham	52 Jenson Higby	63 Oliver Curvis
15 East Cheshire Harriers & T 'B'	144 —	40 Sidney Charles	51 Kyle Davidson	53 Joshua Goff
16 Trafford Athletic Club	149 —	31 Wood Logan O'Neill	58 Sebastian White	60 Sebastian Harding
17 St Helens Sutton Ac	152 —	36 Milo Powell	55 Jack Lister	61 Hugo Musker
18 Manchester Harriers & Ac 'B'	174 —	50 Maximilian Svoboda	59 Arthur Nicholson	65 Brandon Rodger
19 Trafford Athletic Club 'B'	198 —	64 Oliver Reckert	66 Evan Slawinski	68 Louis Harding
20 Manchester Harriers & Ac 'C'	216 —	69 Marios Triamatakis	71 Yan Lam	76 Alex Tevlin

Manchester Area Cross Country League at Woodbank Park on Saturday 10th October 2026

Under 14 - Girls — PROVISIONAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	1603	Melia Ferendenus	Salford Metropolitan Ac	15:12	35	1727	Scarlett Lowes	Stockport Harriers & Ac	17:36
2	779	Poppy Baker	Liverpool Harriers & AC	15:30	36	1329	Alice Scholfield	Sale Harriers Manchester	17:49
3	2425	Anna Gately	Wirral Ac	15:46	37	2209	Maggie Bartram	Warriors Pentathlon & AC	17:54
4	781	Jasmine Bramwell	Liverpool Harriers & AC	15:46	38	1327	Hannah Lewin-Jones	Sale Harriers Manchester	17:58
5	798	Jasmine Rogan	Liverpool Harriers & AC	15:52	39	500	Seren Gush	East Cheshire Harriers & Tames	18:04
6	844	Lauren Farr	Macclesfield Harriers & Ac	15:58	40	1722	Eadie Crellin	Stockport Harriers & Ac	18:06
7	960	Rebekah Miller	Manchester Harriers & Ac	15:59	41	1640	Olivia Trimmell	St Helens Sutton Ac	18:11
8	2427	Mila Price	Wirral Ac	16:03	42	782	Florence Burman	Liverpool Harriers & AC	18:19
9	11	Isla Doyle	Altrincham & District AC	16:07	43	2142	Ava Hardman	Warrington A C	18:23
10	2213	Polly McVicar	Warriors Pentathlon & AC	16:08	44	1332	Sara Vora-Olowu	Sale Harriers Manchester	18:37
11	2424	Abby Gamble	Wirral Ac	16:10	45	2485	\$Tameca Baines	High Peak Athletic Club	18:40
12	2428	Ziva Timson	Wirral Ac	16:11	46	2146	Megan Smith	Warrington A C	18:47
13	1920	Cora Black	Trafford Athletic Club	16:14	47	957	Ezinwa Ike	Manchester Harriers & Ac	18:49
14	2141	Ivy Davidson	Warrington A C	16:26	48	501	Annabelle Smith	East Cheshire Harriers & Tames	18:49
15	787	Holly Coombe	Liverpool Harriers & AC	16:33	49	12	Ruby Jellyman	Altrincham & District AC	19:00
16	1331	Connie Summers	Sale Harriers Manchester	16:36	50	207	Penelope Curzon	Buxton AC	19:10
17	2054	Katarina Ragbirsingh	Vale Royal Ac	16:50	51	1321	Kate Beckingham	Sale Harriers Manchester	19:11
18	1323	Poppy Dowling	Sale Harriers Manchester	16:50	52	785	Maya Chapman	Liverpool Harriers & AC	19:24
19	789	Erin Freeman	Liverpool Harriers & AC	16:52	53	959	Philippa Miller	Manchester Harriers & Ac	19:40
20	1528	Faye Johnson	Salford Harriers & AC	17:00	54	953	Maddison Entwistle	Manchester Harriers & Ac	19:52
21	793	Isla McAvoy	Liverpool Harriers & AC	17:00	55	2049	Grace Barzey	Vale Royal Ac	19:54
22	2210	Isla Davies	Warriors Pentathlon & AC	17:01	56	1326	Florence Holden	Sale Harriers Manchester	19:57
23	2211	Amelia Draper	Warriors Pentathlon & AC	17:03	57	2214	Autumn Pickering	Warriors Pentathlon & AC	20:07
24	1729	Lucy Woodhead	Stockport Harriers & Ac	17:04	58	1328	Olivia Mani	Sale Harriers Manchester	20:08
25	2426	Sophia McCready	Wirral Ac	17:06	59	2147	Safron Talbot-Barker	Warrington A C	20:12
26	1526	Penelope Hilton	Salford Harriers & AC	17:10	60	955	Ada Handley	Manchester Harriers & Ac	20:19
27	784	Ada Cameron	Liverpool Harriers & AC	17:11	61	1325	Grace Hart	Sale Harriers Manchester	20:22
28	1525	Eliza Corrigan	Salford Harriers & AC	17:11	62	1524	Aoife Carthy	Salford Harriers & AC	20:24
29	800	Katy Smith	Liverpool Harriers & AC	17:12	63	1333	Annabel Wetters	Sale Harriers Manchester	20:27
30	2050	Emily Blackham	Vale Royal Ac	17:17	64	1723	Emmeline Critchlow	Stockport Harriers & Ac	20:45
31	956	Charlotte Hodgkinson	Manchester Harriers & Ac	17:19	65	143	Maya Akram	Bury Athletic Club	21:19
32	209	Alyssa Winfield	Buxton AC	17:27	66	1725	Robyn Jones	Stockport Harriers & Ac	21:34
33	795	Scarlett Miller	Liverpool Harriers & AC	17:31	67	145	Scarlett Hudson	Bury Athletic Club	21:36
34	1527	Erin Ingham	Salford Harriers & AC	17:32	68	954	Esme Fenton	Manchester Harriers & Ac	21:37

Under 14 - Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Liverpool Harriers & AC	11	—	2	Poppy Baker	4	Jasmine Bramwell	5	Jasmine Rogan
2	Wirral Ac	22	—	3	Anna Gately	8	Mila Price	11	Abby Gamble
3	Liverpool Harriers & AC 'B'	55	—	15	Holly Coombe	19	Erin Freeman	21	Isla McAvoy
4	Warriors Pentathlon & AC	55	—	10	Polly McVicar	22	Isla Davies	23	Amelia Draper
5	Sale Harriers Manchester	70	—	16	Connie Summers	18	Poppy Dowling	36	Alice Scholfield
6	Salford Harriers & AC	74	—	20	Faye Johnson	26	Penelope Hilton	28	Eliza Corrigan
7	Manchester Harriers & Ac	84	—	7	Rebekah Miller	31	Charlotte Hodgkinson	46	Ezinwa Ike
8	Liverpool Harriers & AC 'C'	89	—	27	Ada Cameron	29	Katy Smith	33	Scarlett Miller
9	Stockport Harriers & Ac	99	—	24	Lucy Woodhead	35	Scarlett Lowes	40	Eadie Crellin
10	Vale Royal Ac	101	—	17	Katarina Ragbirsingh	30	Emily Blackham	54	Grace Barzey
11	Warrington A C	102	—	14	Ivy Davidson	43	Ava Hardman	45	Megan Smith
12	Sale Harriers Manchester 'B'	132	—	38	Hannah Lewin-Jones	44	Sara Vora-Olowu	50	Kate Beckingham
13	Manchester Harriers & Ac 'B'	164	—	52	Philippa Miller	53	Maddison Entwistle	59	Ada Handley
14	Sale Harriers Manchester 'C'	172	—	55	Florence Holden	57	Olivia Mani	60	Grace Hart

Manchester Area Cross Country League at Woodbank Park on Saturday 10th October 2026

Under 16 - Boys — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time				
1	846	Gus Fisher	Macclesfield Harriers & Ac	16:38	31	1929	Thomas Fotheringham	Trafford Athletic Club 19:36
2	1346	Noah Phillips	Sale Harriers Manchester	17:01	32	505	Micah Kenyon-Betts	East Cheshire Harriers & Tames 20:06
3	1733	Alistair Riley	Stockport Harriers & Ac	17:11	33	2221	Jonah Pickering	Warriors Pentathlon & AC 20:07
4	1736	Fredie Wilson	Stockport Harriers & Ac	17:47	34	2148	Ethan Barratt	Warrington A C 20:29
5	1928	Thomas Daly	Trafford Athletic Club	17:49	35	1344	Sam Moth	Sale Harriers Manchester 20:47
6	1932	Edward O'Brien	Trafford Athletic Club	17:55	36	1337	Samuel Haskins	Sale Harriers Manchester 20:55
7	2223	Harry Redhead	Warriors Pentathlon & AC	18:06	37	587	Matthew Macdonald	Horwich R M I Harriers 21:08
8	804	Max Myles	Liverpool Harriers & AC	18:20	38	1732	Jack Proctor	Stockport Harriers & Ac 21:18
9	149	Ethan Statham	Bury Athletic Club	18:24	39	2435	Igor Jednorog	Wirral Ac 21:21
10	2287	Finlay Stewart	West Cheshire Athletic Club	18:29	40	1342	Isaac Marlin	Sale Harriers Manchester 21:24
11	2058	Samuel Scott	Vale Royal Ac	18:36	41	965	Hadley Lumsden	Manchester Harriers & Ac 21:25
12	1930	Craig Hallinan	Trafford Athletic Club	18:37	42	1348	James Walsh	Sale Harriers Manchester 21:35
13	1734	Dominic Riley	Stockport Harriers & Ac	18:41	43	502	Harry Alderson	East Cheshire Harriers & Tames 21:37
14	2224	Julian Weinberger	Warriors Pentathlon & AC	18:43	44	1931	Quinn Harding	Trafford Athletic Club 21:49
15	1933	Ethan O'Brien	Trafford Athletic Club	18:51	45	1641	Woody Deane	St Helens Sutton Ac 21:53
16	1345	Arthur O'Hare	Sale Harriers Manchester	18:56	46	1934	Daniel White	Trafford Athletic Club 22:07
17	1530	Ronnie Cookson	Salford Harriers & AC	19:01	47	2432	Harry Evens	Wirral Ac 22:07
18	2059	Billy Spann	Vale Royal Ac	19:04	48	1935	Patrick Widdop	Trafford Athletic Club 22:11
19	2057	Isaac Roe	Vale Royal Ac	19:04	49	14	Musab Noman	Altrincham & District AC 22:22
20	2151	Eddy Walker	Warrington A C	19:08	50	801	Ezra Dann	Liverpool Harriers & AC 22:34
21	2055	George Bright	Vale Royal Ac	19:11	51	1338	William Haskins	Sale Harriers Manchester 22:37
22	1924	Oscar Bundy	Trafford Athletic Club	19:12	52	1644	Finley Swift	St Helens Sutton Ac 22:37
23	1336	Toby Harrison	Sale Harriers Manchester	19:14	53	1343	Edward Moran	Sale Harriers Manchester 22:55
24	2215	Sam Baker	Warriors Pentathlon & AC	19:15	54	961	Isaac Bailey	Manchester Harriers & Ac 23:07
25	2217	Quinn McCaul	Warriors Pentathlon & AC	19:16	55	503	Harry Bird	East Cheshire Harriers & Tames 23:48
26	504	Zachary Jones	East Cheshire Harriers & Tames	19:18	56	1735	Rowan Trollope	Stockport Harriers & Ac 24:09
27	966	Lewis Miles	Manchester Harriers & Ac	19:26	57	962	Joshua Coulson	Manchester Harriers & Ac 24:29
28	2056	Max Roberts	Vale Royal Ac	19:29	58	1730	Arthur Campbell	Stockport Harriers & Ac 25:43
29	13	Oscar Curran	Altrincham & District AC	19:32	59	2150	Aiden Losty	Warrington A C 26:31
30	1731	Aidan Greenfield	Stockport Harriers & Ac	19:33				

Under 16 - Boys — TEAM RESULTS

1 Stockport Harriers & Ac	20 —	3 Alistair Riley	4 Fredie Wilson	13 Dominic Riley
2 Trafford Athletic Club	23 —	5 Thomas Daly	6 Edward O'Brien	12 Craig Hallinan
3 Sale Harriers Manchester	41 —	2 Noah Phillips	16 Arthur O'Hare	23 Toby Harrison
4 Warriors Pentathlon & AC	45 —	7 Harry Redhead	14 Julian Weinberger	24 Sam Baker
5 Vale Royal Ac	48 —	11 Samuel Scott	18 Billy Spann	19 Isaac Roe
6 Trafford Athletic Club 'B'	68 —	15 Ethan O'Brien	22 Oscar Bundy	31 Thomas Fotheringham
7 East Cheshire Harriers & Tames	101 —	26 Zachary Jones	32 Micah Kenyon-Betts	43 Harry Alderson
8 Sale Harriers Manchester 'B'	111 —	35 Sam Moth	36 Samuel Haskins	40 Isaac Marlin
9 Warrington A C	113 —	20 Eddy Walker	34 Ethan Barratt	59 Aiden Losty
10 Manchester Harriers & Ac	122 —	27 Lewis Miles	41 Hadley Lumsden	54 Isaac Bailey
11 Stockport Harriers & Ac 'B'	124 —	30 Aidan Greenfield	38 Jack Proctor	56 Rowan Trollope
12 Trafford Athletic Club 'C'	138 —	44 Quinn Harding	46 Daniel White	48 Patrick Widdop
13 Sale Harriers Manchester 'C'	146 —	42 James Walsh	51 William Haskins	53 Edward Moran

Manchester Area Cross Country League at Woodbank Park on Saturday 10th October 2026

Under 16 - Girls — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	2231	Roni Kohring	Warriors Pentathlon & AC	19:11	34	1534	Freya Lombard	Salford Harriers & AC	23:13
2	2233	Daisy McVicar	Warriors Pentathlon & AC	19:24	35	2448	Heidi Wetherall	Wirral Ac	23:18
3	2226	Eve Beddow	Warriors Pentathlon & AC	19:37	36	1363	Aoife Wilson	Sale Harriers Manchester	23:27
4	1535	Emme Lowe	Salford Harriers & AC	19:46	37	1349	Maia Bradley	Sale Harriers Manchester	23:34
5	592	Amelia Wormald	Horwich R M I Harriers	19:51	38	211	Jasmine Branch	Buxton AC	23:46
6	2227	Isobel Beddow	Warriors Pentathlon & AC	20:07	39	1739	Emilia Darnley	Stockport Harriers & Ac	23:48
7	1536	Imogen Weatherhead	Salford Harriers & AC	20:17	40	816	Mya Teshome	Liverpool Harriers & AC	23:49
8	1360	Lucy O'Brien	Sale Harriers Manchester	20:23	41	590	Phoebe Stokes	Horwich R M I Harriers	23:52
9	1358	Amber Khan	Sale Harriers Manchester	20:42	42	2225	Rosanna Abdulla	Warriors Pentathlon & AC	24:03
10	2447	Isla Salisbury	Wirral Ac	20:55	43	210	Katherine Bennett	Buxton AC	24:05
11	2155	Grace Rashud	Warrington A C	20:58	44	1352	Eve Dowling	Sale Harriers Manchester	24:07
12	214	Evie Willis	Buxton AC	21:10	45	973	Helena Parikh	Manchester Harriers & Ac	24:08
13	1646	Sophie Lang	St Helens Sutton Ac	21:26	46	1738	Charlotte Cooley	Stockport Harriers & Ac	24:23
14	814	Sophia Hunter	Liverpool Harriers & AC	21:41	47	1737	Violet Borkin	Stockport Harriers & Ac	24:35
15	811	Mia Feenan	Liverpool Harriers & AC	21:46	48	1357	Isabella Holden	Sale Harriers Manchester	24:40
16	2290	Nia Manson	West Cheshire Athletic Club	21:54	49	1743	Imogen Meikle	Stockport Harriers & Ac	24:48
17	2063	Grace Buckley	Vale Royal Ac	21:59	50	815	Emmie Teshome	Liverpool Harriers & AC	25:03
18	15	Alice Boothroyd	Altrincham & District AC	22:03	51	1355	Grace Haywood	Sale Harriers Manchester	25:33
19	813	Nancy Howe	Liverpool Harriers & AC	22:05	52	1645	Melissa Goddard	St Helens Sutton Ac	25:43
20	1361	Katherine Smithson	Sale Harriers Manchester	22:10	53	1647	Lily McKeegan	St Helens Sutton Ac	26:06
21	968	Natalie Almond	Manchester Harriers & Ac	22:10	54	212	Kitty Harrison	Buxton AC	26:51
22	2228	Poppy Boden	Warriors Pentathlon & AC	22:12	55	1937	Mya Black	Trafford Athletic Club	26:52
23	807	Yemi Adebajo	Liverpool Harriers & AC	22:13	56	810	Michelle Connolly	Liverpool Harriers & AC	26:58
24	2157	Grace Taylor	Warrington A C	22:30	57	2154	Aideen Noble	Warrington A C	27:03
25	1359	Imogen Moran	Sale Harriers Manchester	22:31	58	1740	Evelyn Edmiston	Stockport Harriers & Ac	27:24
26	818	Bethany Wong	Liverpool Harriers & AC	22:34	59	970	Fleur Lumsden	Manchester Harriers & Ac	27:30
27	809	Esme Cameron	Liverpool Harriers & AC	22:42	60	974	Zara Price	Manchester Harriers & Ac	27:56
28	2230	Zoe Dunning	Warriors Pentathlon & AC	22:46	61	213	Evelyn Throssel	Buxton AC	28:18
29	1941	Phoebe Risdon	Trafford Athletic Club	22:48	62	2289	Beth Jones	West Cheshire Athletic Club	28:44
30	1744	Darcey Rushton	Stockport Harriers & Ac	22:50	63	591	Abigail Taylor	Horwich R M I Harriers	28:50
31	812	Libby Holcroft	Liverpool Harriers & AC	22:52	64	2067	Emmie Rowe	Vale Royal Ac	29:04
32	817	Gabriella Tobin	Liverpool Harriers & AC	22:58	65	1742	Odellia Maluleka	Stockport Harriers & Ac	29:50
33	1532	Gabrielle Baxter	Salford Harriers & AC	23:04	66	1649	Juliana Roberts	St Helens Sutton Ac	30:06

Under 16 - Girls — TEAM RESULTS

1 Warriors Pentathlon & AC	6 —	1 Roni Kohring	2 Daisy McVicar	3 Eve Beddow
2 Sale Harriers Manchester	37 —	8 Lucy O'Brien	9 Amber Khan	20 Katherine Smithson
3 Salford Harriers & AC	44 —	4 Emme Lowe	7 Imogen Weatherhead	33 Gabrielle Baxter
4 Liverpool Harriers & AC	48 —	14 Sophia Hunter	15 Mia Feenan	19 Nancy Howe
5 Warriors Pentathlon & AC 'B'	56 —	6 Isobel Beddow	22 Poppy Boden	28 Zoe Dunning
6 Liverpool Harriers & AC 'B'	76 —	23 Yemi Adebajo	26 Bethany Wong	27 Esme Cameron
7 Warrington A C	92 —	11 Grace Rashud	24 Grace Taylor	57 Aideen Noble
8 Buxton AC	93 —	12 Evie Willis	38 Jasmine Branch	43 Katherine Bennett
9 Sale Harriers Manchester 'B'	98 —	25 Imogen Moran	36 Aoife Wilson	37 Maia Bradley
10 Liverpool Harriers & AC 'C'	103 —	31 Libby Holcroft	32 Gabriella Tobin	40 Mya Teshome
11 Horwich R M I Harriers	109 —	5 Amelia Wormald	41 Phoebe Stokes	63 Abigail Taylor
12 Stockport Harriers & AC	115 —	30 Darcey Rushton	39 Emilia Darnley	46 Charlotte Cooley
13 St Helens Sutton AC	118 —	13 Sophie Lang	52 Melissa Goddard	53 Lily McKeegan
14 Manchester Harriers & AC	125 —	21 Natalie Almond	45 Helena Parikh	59 Fleur Lumsden
15 Sale Harriers Manchester 'C'	143 —	44 Eve Dowling	48 Isabella Holden	51 Grace Haywood
16 Stockport Harriers & AC 'B'	154 —	47 Violet Borkin	49 Imogen Meikle	58 Evelyn Edmiston

Manchester Area Cross Country League at Woodbank Park on Saturday 10th October 2026

Under 18 - Men — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	1951	Tullius Arlo Mander	Trafford Athletic Club	22:58	22	823	Eric Wykes	Liverpool Harriers & AC	26:19
2	2241	N Glascott-Tull	Warriors Pentathlon & AC	23:14	23	1384	Daniel Swinden	Sale Harriers Manchester	26:20
3	2072	Samuel Conkie	Vale Royal Ac	23:32	24	220	Jasper Reeves	Buxton AC	26:38
4	1383	Conor McManus	Sale Harriers Manchester	23:47	25	1654	Riley Underhill	St Helens Sutton Ac	26:42
5	1954	Adrian White	Trafford Athletic Club	23:56	26	221	Daniel Stefanuti	Buxton AC	26:50
6	2071	Harvey Brown	Vale Royal Ac	24:01	27	1376	Archer Blann	Sale Harriers Manchester	26:58
7	1749	Charlie Millward	Stockport Harriers & Ac	24:02	28	222	Joel Tidmarsh	Buxton AC	27:02
8	1541	Finlay Carthy	Salford Harriers & AC	24:12	29	822	Elis Thomas	Liverpool Harriers & AC	27:04
9	2162	Euan Lawton	Warrington A C	24:13	30	1382	Harrison Kenlay	Sale Harriers Manchester	27:04
10	1380	George Horsfall	Sale Harriers Manchester	24:52	31	511	Samuel Horner	East Cheshire Harriers & Tames	27:26
11	2244	Huw Maddox	Warriors Pentathlon & AC	24:52	32	22	James Warrington	Altrincham & District AC	27:31
12	1946	Oliver Davenport	Trafford Athletic Club	24:59	33	1945	Charlie Congdon	Trafford Athletic Club	27:37
13	2453	Thomas Heap	Wirral Ac	25:02	34	510	Matthew Bailey	East Cheshire Harriers & Tames	27:54
14	1379	Jake Harrison	Sale Harriers Manchester	25:06	35	216	William Aspinall	Buxton AC	28:19
15	976	Alfie Taylor-Wark	Manchester Harriers & Ac	25:10	36	18	Max Hill	Altrincham & District AC	28:57
16	512	James Rook	East Cheshire Harriers & Tames	25:13	37	2073	James Reynolds	Vale Royal Ac	29:02
17	2242	Max Grabe	Warriors Pentathlon & AC	25:20	38	19	Callum Roberts	Altrincham & District AC	29:47
18	1652	Bobby Birkett	St Helens Sutton Ac	25:29	39	2243	Jenson Jones	Warriors Pentathlon & AC	30:00
19	1950	S Ingleby-Castleton	Trafford Athletic Club	25:37	40	597	Flynn Harris	Horwich R M I Harriers	30:55
20	2161	Joseph Barratt	Warrington A C	25:47	41	1653	Jayden Hughes	St Helens Sutton Ac	32:22
21	1952	Ralphie Rome	Trafford Athletic Club	25:54					

Under 18 - Men — TEAM RESULTS

1	Trafford Athletic Club	18	—	1	Tullius Arlo Mander	5	Adrian White	12	Oliver Davenport
2	Sale Harriers Manchester	28	—	4	Conor McManus	10	George Horsfall	14	Jake Harrison
3	Warriors Pentathlon & AC	30	—	2	N Glascott-Tull	11	Huw Maddox	17	Max Grabe
4	Vale Royal Ac	46	—	3	Samuel Conkie	6	Harvey Brown	37	James Reynolds
5	Trafford Athletic Club 'B'	73	—	19	S Ingleby-Castleton	21	Ralphie Rome	33	Charlie Congdon
6	Buxton AC	78	—	24	Jasper Reeves	26	Daniel Stefanuti	28	Joel Tidmarsh
7	Sale Harriers Manchester 'B'	80	—	23	Daniel Swinden	27	Archer Blann	30	Harrison Kenlay
8	East Cheshire Harriers & Tames	81	—	16	James Rook	31	Samuel Horner	34	Matthew Bailey
9	St Helens Sutton Ac	84	—	18	Bobby Birkett	25	Riley Underhill	41	Jayden Hughes
10	Altrincham & District AC	106	—	32	James Warrington	36	Max Hill	38	Callum Roberts

Under 18 - Ladies — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	2240	Nyla Roode	Warriors Pentathlon & AC	26:11	13	593	Eve Macdonald	Horwich R M I Harriers	31:50
2	1374	Beatrix Soper	Sale Harriers Manchester	26:40	14	1748	Imogen Garnett	Stockport Harriers & Ac	33:23
3	1369	Robyn Heywood-Young	Sale Harriers Manchester		15	2235	Esme Joynson	Warriors Pentathlon & AC	33:26
	26:50				16	820	Savanna Holcroft	Liverpool Harriers & AC	34:08
4	2069	Lily Coates	Vale Royal Ac	27:21	17	1651	Sophia Richardson	St Helens Sutton Ac	34:21
5	1746	Poppy Branch	Stockport Harriers & Ac	27:38	18	2238	Katie Merriman	Warriors Pentathlon & AC	34:27
6	2236	Savannah Mannhart	Warriors Pentathlon & AC	27:56	19	2449	Faye McKeown	Wirral Ac	34:46
7	1370	Grace Hill	Sale Harriers Manchester	28:29	20	2237	Lucy Mercer	Warriors Pentathlon & AC	34:52
8	1747	Abbie Fitzgerald	Stockport Harriers & Ac	30:06	21	1650	Rebekah Goddard	St Helens Sutton Ac	35:10
9	1538	Eliza Doyle	Salford Harriers & AC	30:22	22	509	Anna Rooke	East Cheshire Harriers & Tames	35:15
10	1943	Sarah Smith	Trafford Athletic Club	30:25	23	821	Eva Townend	Liverpool Harriers & AC	35:43
11	595	Millie Reid	Horwich R M I Harriers	31:01	24	1229	Roisin Jordan	Oldham & Royton H & Ac	41:12
12	594	Isobel Reid	Horwich R M I Harriers	31:07	25	1372	Subhi Mistry	Sale Harriers Manchester	47:14

Under 18 - Ladies — TEAM RESULTS

1	Sale Harriers Manchester	12	—	2	Beatrix Soper	3	Robyn Heywood-Young	7	Grace Hill
2	Warriors Pentathlon & AC	22	—	1	Nyla Roode	6	Savannah Mannhart	15	Esme Joynson
3	Stockport Harriers & Ac	27	—	5	Poppy Branch	8	Abbie Fitzgerald	14	Imogen Garnett
4	Horwich R M I Harriers	36	—	11	Millie Reid	12	Isobel Reid	13	Eve Macdonald

Race 6 - Senior Ladies aged 18 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	1769	Rosie Philbin	L20	1 Stockport Harriers & Ac	33:00
2	825	Bailey Hughes	L20	2 Liverpool Harriers & AC	33:04
3	2254	Eve Grabe	L20	3 Warriors Pentathlon & AC	34:02
4	826	Hannah Robinson	L20	4 Liverpool Harriers & AC	36:40
5	2007	Lisha Jackson	L20	5 University Of Manchester	38:48
6	1232	Charlotte Green	L20	6 Oldham & Royton H & Ac	39:19
7	601	Tia Harris	L20	7 Horwich R M I Harriers	41:35
8	1655	Nicole Anders	L20	8 St Helens Sutton Ac	42:09

Race 6 - Senior Ladies aged 18 to 19 — TEAM RESULTS

No complete teams

Race 6 - Senior Ladies aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time				
1	978	Beth Barlow	L	1 Manchester Harriers & Ac	30:19	46	2013	Kimberly Phillips	L 46 University Of Manchester
2	2256	K Haggard	L	2 Warriors Pentathlon & AC	30:34	47	263	Eloise Billington	L 47 Chorlton Runners
3	171	Sophie Whittaker	L	3 Bury Athletic Club	30:51	48	1118	Rosemary Griffin	L 48 Manchester Ymca Harriers
4	1966	Alice Stiles	L	4 Trafford Athletic Club	31:17	49	293	Charlotte Smith	L 49 Chorlton Runners
5	2014	Annabel Pilgrim	L	5 University Of Manchester	31:42	50	101	Mollie Cooke	L 50 Bramhall Runners
6	2455	Naomi Alleyne	L	6 Wirral Ac	31:43	51	1768	Rachel Meredith	L 51 Stockport Harriers & Ac
7	561	Imogen Trinder	L	7 Glossopdale Harriers	32:16	52	1014	Isobel Coy	L 52 Manchester Metropolitan Uni
8	861	Alicia Roberts	L	8 Macclesfield Harriers & Ac	32:53	53	1041	Martha Sweatman	L 53 Manchester Harriers & Ac
9	869	Jenna Williams	L	9 Macclesfield Harriers & Ac	32:57	54	1028	Sophie Alderson	L 54 Manchester Harriers & Ac
10	292	Isobel Robinson	L	10 Chorlton Runners	32:58	55	267	Gemma Cargin	L 55 Chorlton Runners
11	1752	Rosie Bradshaw	L	11 Stockport Harriers & Ac	33:13	56	1875	Jessica Carey	L 56 Swinton Running Club
12	1779	Faye Waterhouse	L	12 Stockport Harriers & Ac	33:24	57	519	Maria Rooke	L 57 East Cheshire Harriers & Tames
13	1962	Kate Meeson	L	13 Trafford Athletic Club	33:32	58	1080	Jade Ong	L 58 Manchester Triathlon Club
14	1425	Kathryn Wilkinson	L	14 Sale Harriers Manchester	33:36	59	1074	Emma Forbes	L 59 Manchester Triathlon Club
15	286	Elizabeth Heslop	L	15 Chorlton Runners	33:40	60	903	Annie Jenkinson	L 60 Manchester Frontrunners
16	2164	Jessica Connolly	L	16 Warrington A C	33:50	61	1115	Josie Clough	L 61 Manchester Ymca Harriers
17	26	Alana Dunn	L	17 Altrincham & District AC	33:52	62	1234	Chloe Hart	L 62 Oldham & Royton H & Ac
18	1250	Lucy Gleave	L	18 Running Bear	34:17	63	1230	Lauren Bartholomew	L 63 Oldham & Royton H & Ac
19	1543	Amelia Beaman	L	19 Salford Harriers & AC	34:18	64	259	Francesca Bale	L 64 Chorlton Runners
20	2009	Madeleine Lever	L	20 University Of Manchester	34:18	65	258	Amelia Aykroyd	L 65 Chorlton Runners
21	1037	Sophie Moore	L	21 Manchester Harriers & Ac	34:30	66	648	Sarah Beever	L 66 Hyde Village Striders
22	1253	Samantha Newbound	L	22 Running Bear	35:11	67	446	Ruby Riley	L 67 Dragons Running Club (sale)
23	983	Georgia Fazakerley	L	23 Manchester Harriers & Ac	35:20	68	1117	Lucy Gretton	L 68 Manchester Ymca Harriers
24	1773	Charlotte Sample	L	24 Stockport Harriers & Ac	35:56	69	2387	Helen Pennington	L 69 Winston Runners
25	2495	Holly Martin	L	25 Stockport Harriers & Ac	36:05	70	25	Hannah Daniel	L 70 Altrincham & District AC
26	2295	Emma Nutt	L	26 West Cheshire Athletic Club	36:25	71	391	Evie Pickup	L 71 Didsbury Runners
27	34	Millie Pearce	L	27 Altrincham & District AC	36:41	72	282	Ruby Haigh	L 72 Chorlton Runners
28	1406	Alice Horsfield	L	28 Sale Harriers Manchester	36:47	73	2018	Mary Williams	L 73 University Of Manchester
29	1965	Eve Southern	L	29 Trafford Athletic Club	36:54	74	652	Jennifer Garner	L 74 Hyde Village Striders
30	2358	Emily Hall	L	30 Wilmslow Striders	36:56	75	1036	Rona McCann	L 75 Manchester Harriers & Ac
31	388	Emma Parker	L	31 Didsbury Runners	37:06	76	905	Neve Keable	L 76 Manchester Frontrunners
32	981	Katie Cooper	L	32 Manchester Harriers & Ac	37:34	77	862	Ava Rowlands	L 77 Macclesfield Harriers & Ac
33	1395	Claire Cooper	L	33 Sale Harriers Manchester	37:44	78	1609	Olivia McDermott	L 78 Salford Metropolitan Ac
34	2015	Pierre April St	L	34 University Of Manchester	37:46	79	1121	Jessica Trudgeon	L 79 Manchester Ymca Harriers
35	2076	Lucy Burch	L	35 Vale Royal Ac	37:53	80	1883	Charlotte Siddoway	L 80 Swinton Running Club
36	598	Emma Bradley	L	36 Horwich R M I Harriers	37:54	81	33	Katie Livermore	L 81 Altrincham & District AC
37	2017	Hannah Taylor	L	37 University Of Manchester	37:57	82	2086	Lois Ruebotham	L 82 Vale Royal Ac
38	1663	Georgia Trimmell	L	38 St Helens Sutton Ac	38:02	83	1824	Amelia Bullen	L 83 Stockport Tri Club
39	1413	Imani Modahl	L	39 Sale Harriers Manchester	38:02	84	1081	Katrina Pilling	L 84 Manchester Triathlon Club
40	451	Gemma Sylvester	L	40 Dragons Running Club (sale)	38:03	85	1882	Aimee Porter	L 85 Swinton Running Club
41	393	Juliet Snow	L	41 Didsbury Runners	38:09	86	729	Amber Hatfield	L 86 Levenshulme Runners
42	1761	Rachael Hicketts	L	42 Stockport Harriers & Ac	38:43	87	1163	Beth Stansfield	L 87 Marple Runners
43	1034	Nicky Jordan	L	43 Manchester Harriers & Ac	38:46	88	2010	Nell Ludewick	L 88 University Of Manchester
44	1770	Abbie Pickard	L	44 Stockport Harriers & Ac	38:58	89	654	Amber Henthorn	L 89 Hyde Village Striders
45	853	Ellie Greene	L	45 Macclesfield Harriers & Ac	39:14				1:01:48

Race 6 - Senior Ladies (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time				
1	275	K Fitzpatrick	L35	1 Chorlton Runners	30:41	15	1244	Marion Davies	L35 15 Running Bear
2	1960	Sarah Hudak	L35	2 Trafford Athletic Club	32:18	16	1884	Joanna Turner	L35 16 Swinton Running Club
3	1399	Chloe Elliott	L35	3 Sale Harriers Manchester	32:19	17	373	Jessica Boland	L35 17 Didsbury Runners
4	279	Carly Gould	L35	4 Chorlton Runners	34:13	18	700	Sarah Weinberg	L35 18 Knutsford Tri Club
5	1412	Laura Martin	L35	5 Sale Harriers Manchester	34:30	19	1700	Kaylea Maidstone	L35 19 Start2jog
6	1766	Jenna McGovern	L35	6 Stockport Harriers & Ac	35:39	20	1759	Elaine Flavell	L35 20 Stockport Harriers & Ac
7	1403	Sarah Goulden	L35	7 Sale Harriers Manchester	36:14	21	2385	Christina Hodges	L35 21 Winston Runners
8	2253	Kirsty Gibbs	L35	8 Warriors Pentathlon & AC	36:53	22	2390	Gemma VanDer Wath	L35 22 Winston Runners
9	161	Harriet Griffiths	L35	9 Bury Athletic Club	38:19	23	907	Caoimhe Morris	L35 23 Manchester Frontrunners
10	225	Rebecca Corbett	L35	10 Warrington A C	39:05	24	559	Jane Scanlon	L35 24 Glossopdale Harriers
11	560	Kirsty Sharp	L35	11 Glossopdale Harriers	40:08	25	1856	Ruth Pell-Ilderton	L35 25 Styal Running Club
12	649	Grainne Bennett	L35	12 Hyde Village Striders	40:26	26	726	Katie Barnfield	L35 26 Levenshulme Runners
13	2169	Faye Lawton	L35	13 Warrington A C	40:36	27	900	Emily Barrett	L35 27 Manchester Frontrunners
14	1876	Sarah Foreman	L35	14 Swinton Running Club	42:04				1:06:17

Race 6 - Senior Ladies (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time				
1	2321	Nicola Reece	L40	1 Wilmslow Running Club	31:07	15	603	Helen Macdonald	L40 15 Horwich R M I Harriers
2	158	Alia Braithwaite	L40	2 Bury Athletic Club	31:48	16	1073	Winton Julie De	L40 16 Manchester Triathlon Club
3	299	Amy Weyers	L40	3 Chorlton Runners	32:41	17	1844	Lexy Denton	L40 17 Styal Running Club
4	2170	Alison Roberts	L40	4 Warrington A C	33:29	18	1605	Carolyn Bradshaw	L40 18 Salford Metropolitan Ac
5	864	Faye Sharpley	L40	5 Macclesfield Harriers & Ac	34:26	19	1657	Sarah Birkett	L40 19 St Helens Sutton Ac
6	163	Rose Johnson	L40	6 Bury Athletic Club	35:33	20	1206	Helen Mutch	L40 20 Middleton Harriers Ac
7	392	Emma Richardson	L40	7 Didsbury Runners	36:20	21	688	Katy Barnes	L40 21 Knutsford Tri Club
8	1755	Laura Coucill	L40	8 Stockport Harriers & Ac	36:23	22	78	Kate Etchells	L40 22 Belle Vue Racers
9	1148	Lisa Capes	L40	9 Marple Runners	36:30	23	1236	Jodie Tinker	L40 23 Oldham & Royton H & Ac
10	297	Lucy Walker-Etchells	L40	10 Chorlton Runners	37:05	24	1854	Louisa McNair	L40 24 Styal Running Club
11	109	Amy McConville	L40	11 Bramhall Runners	38:06	25	1241	Alison Bembenek	L40 25 Running Bear
12	1389	Hannah Brierley	L40	12 Sale Harriers Manchester	38:20	26	84	Aimee Woolley	L40 26 Belle Vue Racers
13	906	Rachel Kenyon	L40	13 Manchester Frontrunners	38:23	27	1203	Janine Jordan	L40 27 Middleton Harriers Ac
14	298	Roz Webster	L40	14 Chorlton Runners	39:32	28	661	Kerry Smith	L40 28 Hyde Village Striders

Race 6 - Senior Ladies (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time				
1	165	Rachel Marshall	L45 1	Bury Athletic Club	32:59	28	1084	Claire Steward	L4528 Manchester Triathlon Club 40:51
2	375	Laura Brown	L45 2	Didsbury Runners	33:39	29	29	Jayne Holme	L4529 Altrincham & District AC 41:04
3	2163	Claire Andrew	L45 3	Warrington A C	34:01	30	2456	Louise Gately	L4530 Wirral AC 41:22
4	2084	Sarah Murphy	L45 4	Vale Royal AC	34:11	31	2314	Nadijah Laajam	L4531 Wilmslow Running Club 41:54
5	2313	Frances Kenney	L45 5	Wilmslow Running Club	34:46	32	908	Jacqui Phazey-Baines	L4532 Manchester Frontrunners 42:02
6	2249	Eleanor Carney	L45 6	Warriors Pentathlon & AC	35:05	33	262	Amy Berrisford	L4533 Chorlton Runners 42:18
7	24	Lora Blann	L45 7	Altrincham & District AC	35:15	34	1822	Amy Billing	L4534 Stockport Tri Club 42:31
8	233	Samantha Willis	L45 8	Buxton AC	35:34	35	1410	Amelie Latham	L4535 Sale Harriers Manchester 42:58
9	2259	Dianna Mannhart	L45 9	Warriors Pentathlon & AC	36:24	36	1881	Cheryl Pate	L4536 Swinton Running Club 43:14
10	515	Katie Kay	L4510	East Cheshire Harriers & Tames	36:44	37	1421	Tracey Taylor	L4537 Sale Harriers Manchester 43:23
11	1661	Susan Johnson	L4511	St Helens Sutton AC	37:15	38	1398	Kathryn Curvis	L4538 Sale Harriers Manchester 43:25
12	114	Sarah Senior	L4512	Bramhall Runners	37:26	39	75	Lisa Costello	L4539 Belle Vue Racers 43:34
13	1254	Karen Oldland	L4513	Running Bear	37:33	40	380	Yvonne Hung	L4540 Didsbury Runners 44:11
14	2319	Joanna Parnell	L4514	Wilmslow Running Club	37:39	41	2255	Naomi Grabe	L4541 Warriors Pentathlon & AC 44:45
15	871	Charmaine Wood	L4515	Macclesfield Harriers & Ac	38:02	42	1821	Dee Beckett	L4542 Stockport Tri Club 44:48
16	657	Stephanie Mallett	L4516	Hyde Village Striders	38:10	43	288	Elisabeth Lewis	L4543 Chorlton Runners 45:50
17	833	Hannah Smith	L4517	Lymm Runners	38:35	44	1071	Veronica Barnsley	L4544 Manchester Triathlon Club 46:23
18	231	Katie Rolfe	L4518	Buxton AC	38:36	45	1873	Rachel Billington	L4545 Swinton Running Club 46:40
19	2089	Louise Walker	L4519	Vale Royal AC	38:55	46	2384	Jayne Cordingley	L4546 Winston Runners 47:02
20	1878	Rebecca Mills	L4520	Swinton Running Club	38:58	47	693	Katy Horrocks	L4547 Knutsford Tri Club 47:21
21	1155	Victoria Jackson	L4521	Marple Runners	39:34	48	1154	Taylor Giacomini	L4548 Marple Runners 47:30
22	2294	Anest Muller	L4522	West Cheshire Athletic Club	39:37	49	2357	Anne Durrell	L4549 Wilmslow Striders 48:43
23	2264	Suzanne Weinberger	L4523	Warriors Pentathlon & AC	40:17	50	172	Sarah Withers	L4550 Bury Athletic Club 50:04
24	1076	Joanna Knapman	L4524	Manchester Triathlon Club	40:23	51	296	Rowena Thomas	L4551 Chorlton Runners 50:26
25	606	Alison Mort	L4525	Horwich R M I Harriers	40:23	52	1826	Anna Dagnall	L4552 Stockport Tri Club 52:22
26	1404	Harriet Hamilton	L4526	Sale Harriers Manchester	40:32	53	1696	Gemma Hall	L4553 Start2jog 53:28
27	439	Wendy Kelly	L4527	Dragons Running Club (sale)	40:50	54	1082	Kathryn Quinn	L4554 Manchester Triathlon Club 57:06

Race 6 - Senior Ladies (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time				
1	1393	Anne Chinoy	L50 1	Sale Harriers Manchester	36:27	23	434	Zoe Coombe	L5023 Dragons Running Club (sale) 44:52
2	2308	Diane Bygrave	L50 2	Wilmslow Running Club	37:07	24	1423	Kim Walsh	L5024 Sale Harriers Manchester 44:57
3	1771	Jennie Pickard	L50 3	Stockport Harriers & Ac	37:10	25	1660	Colette Goddard	L5025 St Helens Sutton AC 45:23
4	1256	Karen Smith	L50 4	Running Bear	38:36	26	77	Lisa Donnelly	L5026 Belle Vue Racers 45:44
5	866	Sue Stockdale	L50 5	Macclesfield Harriers & Ac	38:51	27	74	Karen Charters	L5027 Belle Vue Racers 46:01
6	1392	Claire Chaffer	L50 6	Sale Harriers Manchester	39:00	28	2172	Sarah Wharton	L5028 Warrington A C 46:19
7	699	Cathryn Walley	L50 7	Knutsford Tri Club	39:19	29	83	Rachel Watson	L5029 Belle Vue Racers 46:40
8	1692	Simone Fisher	L50 8	Start2jog	40:29	30	1233	Angela Hart	L5030 Oldham & Royton H & Ac 47:49
9	378	Victoria Hall	L50 9	Didsbury Runners	41:47	31	660	Sarah Pressdee	L5031 Hyde Village Striders 48:04
10	1695	Tracey Griffin	L5010	Start2jog	42:12	32	112	Shirley Ralph	L5032 Bramhall Runners 48:15
11	443	Ciara Miles	L5011	Dragons Running Club (sale)	42:13	33	1077S	Mawbey-Jeffries	L5033 Manchester Triathlon Club 48:52
12	273	Helen Daly	L5012	Chorlton Runners	42:14	34	2391	Gaynor Williams	L5034 Winston Runners 48:59
13	1827	Janet Grint	L5013	Stockport Tri Club	42:47	35	1149	Melanie Commins	L5035 Marple Runners 49:15
14	1847	Johanne Greenwood	L5014	Styal Running Club	43:05	36	156	Elaine Blades-Jordan	L5036 Bury Athletic Club 49:59
15	835	Georgina Walker	L5015	Lymm Runners	43:18	37	435	Jane Damerum	L5037 Dragons Running Club (sale) 50:09
16	1165	Sarah Stutchfield	L5016	Marple Runners	43:31	38	108	Rosemarie McArdle	L5038 Bramhall Runners 51:29
17	695	Julia Padget	L5017	Knutsford Tri Club	43:40	39	1823	Nicola Brundrett	L5039 Stockport Tri Club 52:23
18	2462	Anne Rosbottom	L5018	Wirral AC	44:00	40	1697	Helen Holmes	L5040 Start2jog 53:28
19	1252	Karen Little	L5019	Running Bear	44:04	41	655	Rachael Horrocks	L5041 Hyde Village Striders 54:14
20	27	Sarah Eglin	L5020	Altrincham & District AC	44:06	42	1070	Gillian Aspin	L5042 Manchester Triathlon Club 57:06
21	224	Kate Brown	L5021	Buxton AC	44:30	43	901	Daniella Blewitt	L5043 Manchester Frontrunners 1:02:01
22	2258	Sarah Kearney	L5022	Warriors Pentathlon & AC	44:46	44	1612	Joanna Nixon	L5044 Salford Metropolitan AC 1:04:57

Race 6 - Senior Ladies (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time				
1	2087	Helen Smith	L55 1	Vale Royal AC	36:58	14	80	Emma Hurst	L5514 Belle Vue Racers 44:53
2	2075	Debbie Broad	L55 2	Vale Royal AC	38:20	15	2322	Janet Screawn	L5515 Wilmslow Running Club 45:17
3	1764	Jayne Lawton	L55 3	Stockport Harriers & Ac	39:00	16	656	Carol Kershaw	L5516 Hyde Village Striders 46:58
4	1753	Sarah Brown	L55 4	Stockport Harriers & Ac	39:16	17	268	Rachael Clegg	L5517 Chorlton Runners 47:14
5	110	Vikki Murphy	L55 5	Bramhall Runners	41:59	18	2318	Catrina Marshall	L5518 Wilmslow Running Club 48:05
6	1765	Melanie Mather	L55 6	Stockport Harriers & Ac	42:04	19	79	Julia Foy	L5519 Belle Vue Racers 48:51
7	170	Susan Wheeldon-Gorst	L557	Bury Athletic Club	42:55	20	384	Rebecca Meeten	L5520 Didsbury Runners 49:08
8	1850	Catherine Jackson	L55 8	Styal Running Club	43:02	21	733	Janette Watson	L5521 Levenshulme Runners 51:18
9	1162	Sandra Smith	L55 9	Marple Runners	44:13	22	698	Miranda Taylor	L5522 Knutsford Tri Club 51:41
10	831	Yasmin Hussain	L5510	Lymm Runners	44:18	23	1698	Clare Leith	L5523 Start2jog 53:29
11	30	Steph Hughes	L5511	Altrincham & District AC	44:41	24	1199	Rachel Fricker	L5524 Middleton Harriers Ac 53:55
12	1200	Karen Hallett	L5512	Middleton Harriers Ac	44:46	25	659	Lana Milligan	L5525 Hyde Village Striders 54:12
13	1152	Sue Crowther	L5513	Marple Runners	44:53	26	104	Jill Harrison	L5526 Bramhall Runners 54:48
						27	728	Jeanette Hanley	L5527 Levenshulme Runners 55:37

Race 6 - Senior Ladies (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time				
1	1259	Vicki Wilson	L60 1	Running Bear	40:41	10	658	Elizabeth Mason	L6010 Hyde Village Striders 48:04
2	2323	Kate Sutton	L60 2	Wilmslow Running Club	41:43	11	1197	Kyinda Carter-Moore	L6011 Middleton Harriers Ac 49:09
3	910	Linda Rix	L60 3	Manchester Frontrunners	41:46	12	228	Heather Fryer-Winder	L6012 Buxton AC 50:21
4	1255	Pippa Price	L60 4	Running Bear	43:29	13	432	Helen Callery	L6013 Dragons Running Club (sale) 53:02
5	271	Naomi Coverley	L60 5	Chorlton Runners	43:30	14	979	Deborah Beresford	L6014 Manchester Harriers & Ac 53:50
6	858	Jo Miles	L60 6	Macclesfield Harriers & Ac	44:04	15	1767	Jennifer McGuinness	L6015 Stockport Harriers & Ac 54:35
7	556	Jane Gornell	L60 7	Glossopdale Harriers	44:45	16	1202	Janet Hunt	L6016 Middleton Harriers Ac 55:53
8	650	Diane Clarke	L60 8	Hyde Village Striders	44:58	17	450	Lucinda Summers	L6017 Dragons Running Club (sale) 1:00:04
9	2312	Sally Johnston	L60 9	Wilmslow Running Club	45:54	18	1146	Linda Amos	L6018 Marple Runners 1:20:15

Race 6 - Senior Ladies (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	1248	Sally Gilliver	L65	1 Running Bear	41:47
2	607	Janet Rashleigh	L65	2 Horwich R M I Harriers	42:23
3	1418	Lynda Rowlinson	L65	3 Sale Harriers Manchester	45:20
4	557	Christine Peters	L65	4 Glossopdale Harriers	49:19
5	1829	Sue Watts	L65	5 Stockport Tri Club	53:40

Race 6 - Senior Ladies (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	518	Angela Oldham	L70	1 East Cheshire Harriers & Tames	44:33
2	855	Ann-Marie Jones	L70	2 Macclesfield Harriers & Ac	44:48
3	1777	Helen Todd	L70	3 Stockport Harriers & Ac	47:54
4	1196	Fiona Bolton	L70	4 Middleton Harriers Ac	51:22
5	1201	Teresa Hollins	L70	5 Middleton Harriers Ac	53:05
6	1959	Sue Exon	L70	6 Trafford Athletic Club	53:49
7	1758	Alexis Dinsmor	L75	1 Stockport Harriers & Ac	55:20
8	1859	Mandy Winckworth	L70	7 Styal Running Club	58:53

Manchester Area Cross Country League at Woodbank Park on Saturday 10th October 2026

Race 6 - Senior Ladies — PROVISIONAL RESULTS

PROVISIONAL RESULTS												
Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time	Pos
1	978	Beth Barlow	L	1 Manchester Harriers & Ac	30:19	85	161	Harriet Griffiths	L35	9 Bury Athletic Club	38:19	
2	2256	K Haggard	L	2 Warriors Pentathlon & AC	30:34	86	2075	Debbie Broad	L55	2 Vale Royal Ac	38:20	
3	275K	Fitzpatrick	L35	1 Chorlton Runners	30:41	87	1389	Hannah Brierley	L40	12 Sale Harriers Manchester	38:20	
4	171	Sophie Whittaker	L	4 Bury Athletic Club	30:51	88	906	Rachel Kenyon	L40	13 Manchester Frontrunners	38:23	
5	2321	Nicola Reece	L40	1 Wilmslow Running Club	31:07	89	833	Hannah Smith	L45	17 Lymm Runners	38:35	
6	1966	Alice Stiles	L	6 Trafford Athletic Club	31:17	90	231	Katie Rolfe	L45	18 Buxton AC	38:36	
7	2014	Annabel Pilgrim	L	7 University Of Manchester	31:42	91	1256	Karen Smith	L50	4 Running Bear	38:36	
8	2455	Naomi Alleyne	L	8 Wirral Ac	31:43	92	1761	Rachael Hicketts	L	92 Stockport Harriers & Ac	38:43	
9	158	Alia Braithwaite	L40	2 Bury Athletic Club	31:48	93	1034	Nicky Jordan	L	93 Manchester Harriers & Ac	38:46	
10	561	Imogen Trinder	L	10 Glossopdale Harriers	32:16	94	2007	Lisha Jackson	L20	5 University Of Manchester	38:48	
11	1960	Sarah Hudak	L35	2 Trafford Athletic Club	32:18	95	866	Sue Stockdale	L50	5 Macclesfield Harriers & Ac	38:51	
12	1399	Chloe Elliott	L35	3 Sale Harriers Manchester	32:19	96	2089	Louise Walker	L45	19 Vale Royal Ac	38:55	
13	299	Amy Weyers	L40	3 Chorlton Runners	32:41	97	1770	Abbie Pickard	L	97 Stockport Harriers & Ac	38:55	
14	861	Alicia Roberts	L	14 Macclesfield Harriers & Ac	32:53	98	1878	Rebecca Mills	L45	20 Swinton Running Club	38:55	
15	869	Jenna Williams	L	15 Macclesfield Harriers & Ac	32:57	99	1392	Claire Chaffer	L50	6 Sale Harriers Manchester	39:00	
16	292	Isobel Robinson	L	16 Chorlton Runners	32:58	100	1764	Jayne Lawton	L55	3 Stockport Harriers & Ac	39:00	
17	165	Rachel Marshall	L45	1 Bury Athletic Club	32:59	101	225	Rebecca Corbett	L35	10 Buxton AC	39:05	
18	1769	Rosie Philbin	L20	1 Stockport Harriers & Ac	33:00	102	853	Ellie Greene	L	102 Macclesfield Harriers & Ac	39:14	
19	825	Bailey Hughes	L20	2 Liverpool Harriers & AC	33:04	103	1753	Sarah Brown	L55	4 Stockport Harriers & Ac	39:16	
20	1752	Rosie Bradshaw	L	20 Stockport Harriers & Ac	33:13	104	699	Cathryn Walley	L50	7 Knutsford Tri Club	39:19	
21	1779	Faye Waterhouse	L	21 Stockport Harriers & Ac	33:24	105	2013	Kimberly Phillips	L	105 University Of Manchester	39:19	
22	2170	Alison Roberts	L40	4 Warrington A C	33:29	106	1232	Charlotte Green	L20	6 Oldham & Royton H & Ac	39:19	
23	1962	Kate Meeson	L	23 Trafford Athletic Club	33:32	107	263	Eloise Billington	L	107 Chorlton Runners	39:30	
24	1425	Kathryn Wilkinson	L	24 Sale Harriers Manchester	33:36	108	298	Roz Webster	L40	14 Chorlton Runners	39:32	
25	375	Laura Brown	L45	2 Didsbury Runners	33:39	109	603	Helen Macdonald	L40	15 Horwich R M I Harriers	39:33	
26	286	Elizabeth Heslop	L	26 Chorlton Runners	33:40	110	1073	Winton Julie De	L40	16 Manchester Triathlon Club	39:34	
27	2164	Jessica Connolly	L	27 Warrington A C	33:50	111	1155	Victoria Jackson	L45	21 Marple Runners	39:34	
28	26	Alana Dunn	L	28 Altrincham & District AC	33:52	112	1118	Rosemary Griffin	L	112 Manchester Ymca Harriers	39:35	
29	2163	Claire Andrew	L45	3 Warrington A C	34:01	113	293	Charlotte Smith	L	113 Chorlton Runners	39:37	
30	2254	Eve Grabe	L20	3 Warriors Pentathlon & AC	34:02	114	2294	Anest Muller	L45	22 West Cheshire Athletic Club	39:37	
31	2084	Sarah Murphy	L45	4 Vale Royal Ac	34:11	115	1844	Lexy Denton	L40	17 Styal Running Club	39:48	
32	279	Carly Gould	L35	4 Chorlton Runners	34:13	116	101	Mollie Cooke	L	116 Bramhall Runners	39:52	
33	1250	Lucy Gleave	L	33 Running Bear	34:17	117	1768	Rachel Meredith	L	117 Stockport Harriers & Ac	39:54	
34	1543	Amelia Beaman	L	34 Salford Harriers & AC	34:18	118	560	Kirsty Sharp	L35	11 Glossopdale Harriers	40:08	
35	2009	Madeleine Lever	L	35 University Of Manchester	34:18	119	1014	Isobel Coy	L	119 Manchester Metropolitan Uni	40:15	
36	864	Faye Sharpley	L40	5 Macclesfield Harriers & Ac	34:26	120	2264	Suzanne Weinberger	L45	23 Warriors Pentathlon & AC	40:17	
37	1412	Laura Martin	L35	5 Sale Harriers Manchester	34:30	121	1041	Martha Sweatman	L	121 Manchester Harriers & Ac	40:20	
38	1037	Sophie Moore	L	38 Manchester Harriers & Ac	34:30	122	1028	Sophie Alderson	L	122 Manchester Harriers & Ac	40:22	
39	2313	Frances Kenney	L45	5 Wilmslow Running Club	34:46	123	267	Gemma Cargin	L	123 Chorlton Runners	40:22	
40	2249	Eleanor Carney	L45	6 Warriors Pentathlon & AC	35:05	124	1076	Joanna Knapman	L45	24 Manchester Triathlon Club	40:23	
41	1253	Samantha Newbound	L	41 Running Bear	35:11	125	606	Alison Mort	L45	25 Horwich R M I Harriers	40:23	
42	24	Lora Blann	L45	7 Altrincham & District AC	35:15	126	649	Grainne Bennett	L35	12 Hyde Village Striders	40:26	
43	983	Georgia Fazakerley	L	43 Manchester Harriers & Ac	35:20	127	1605	Carolyn Bradshaw	L40	18 Salford Metropolitan Ac	40:29	
44	163	Rose Johnson	L40	6 Bury Athletic Club	35:33	128	1692	Simone Fisher	L50	8 Start2jog	40:29	
45	233	Samantha Willis	L45	8 Buxton AC	35:34	129	1875	Jessica Carey	L	129 Swinton Running Club	40:32	
46	1766	Jenna McGovern	L35	6 Stockport Harriers & Ac	35:39	130	1404	Harriet Hamilton	L45	26 Sale Harriers Manchester	40:32	
47	1773	Charlotte Sample	L	47 Stockport Harriers & Ac	35:56	131	2169	Faye Lawton	L35	13 Warrington A C	40:36	
48	2495	Holly Martin	L	48 Stockport Harriers & Ac	36:05	132	1259	Vicki Wilson	L60	1 Running Bear	40:41	
49	1403	Sarah Goulden	L35	7 Sale Harriers Manchester	36:14	133	519	Maria Rooke	L	133 East Cheshire Harriers & Tames	40:43	
50	392	Emma Richardson	L40	7 Didsbury Runners	36:20	134	1080	Jade Ong	L	134 Manchester Triathlon Club	40:46	
51	1755	Laura Coucill	L40	8 Stockport Harriers & Ac	36:23	135	1074	Emma Forbes	L	135 Manchester Triathlon Club	40:46	
52	2259	Dianna Mannhart	L45	9 Warriors Pentathlon & AC	36:24	136	439	Wendy Kelly	L45	27 Dragons Running Club (sale)	40:50	
53	2295	Emma Nutt	L	53 West Cheshire Athletic Club	36:25	137	1084	Claire Steward	L45	28 Manchester Triathlon Club	40:51	
54	1393	Anne Chinoy	L50	1 Sale Harriers Manchester	36:27	138	903	Annie Jenkinson	L	138 Manchester Frontrunners	41:04	
55	1148	Lisa Capes	L40	9 Marple Runners	36:30	139	29	Jayne Holme	L45	29 Altrincham & District AC	41:04	
56	826	Hannah Robinson	L20	4 Liverpool Harriers & AC	36:40	140	1115	Josie Clough	L	140 Manchester Ymca Harriers	41:13	
57	34	Millie Pearce	L	57 Altrincham & District AC	36:41	141	1234	Chloe Hart	L	141 Oldham & Royton H & Ac	41:17	
58	515	Katie Kay	L45	10 East Cheshire Harriers & Tames	36:44	142	1230	Lauren Bartholomew	L	142 Oldham & Royton H & Ac	41:21	
59	1406	Alice Horsfield	L	59 Sale Harriers Manchester	36:47	143	2456	Louise Gately	L45	30 Wirral Ac	41:22	
60	2253	Kirsty Gibbs	L35	8 Warriors Pentathlon & AC	36:53	144	259	Francesca Bale	L	144 Chorlton Runners	41:25	
61	1965	Eve Southern	L	61 Trafford Athletic Club	36:54	145	258	Amelia Aykroyd	L	145 Chorlton Runners	41:31	
62	2358	Emily Hall	L	62 Wilmslow Striders	36:56	146	601	Tia Harris	L20	7 Horwich R M I Harriers	41:35	
63	2087	Helen Smith	L55	1 Vale Royal Ac	36:58	147	2323	Kate Sutton	L60	2 Wilmslow Running Club	41:43	
64	297	Lucy Walker-Etchells	L40	10 Chorlton Runners	37:05	148	910	Linda Rix	L60	3 Manchester Frontrunners	41:46	
65	388	Emma Parker	L	65 Didsbury Runners	37:06	149	1248	Sally Gilliver	L65	1 Running Bear	41:47	
66	2308	Diane Bygrave	L50	2 Wilmslow Running Club	37:07	150	378	Victoria Hall	L50	9 Didsbury Runners	41:47	
67	1771	Jennie Pickard	L50	3 Stockport Harriers & Ac	37:10	151	2314	Nadiah Laajam	L45	31 Wilmslow Running Club	41:54	
68	1661	Susan Johnson	L45	11 St Helens Sutton Ac	37:15	152	110	Vikki Murphy	L55	5 Bramhall Runners	41:59	
69	114	Sarah Senior	L45	12 Bramhall Runners	37:26	153	908	Jacqui Phazezy-Baines	L45	32 Manchester Frontrunners	42:02	
70	1254	Karen Oldland	L45	13 Running Bear	37:33	154	1876	Sarah Foreman	L35	14 Swinton Running Club	42:04	
71	981	Katie Cooper	L	71 Manchester Harriers & Ac	37:34	155	1765	Melanie Mather	L55	6 Stockport Harriers & Ac	42:04	
72	2319	Joanna Parnell	L45	14 Wilmslow Running Club	37:39	156	648	Sarah Beever	L	156 Hyde Village Striders	42:05	
73	1395	Claire Cooper	L	73 Sale Harriers Manchester	37:44	157	1655	Nicole Anders	L20	8 St Helens Sutton Ac	42:09	
74	2015	Pierre April St	L	74 University Of Manchester	37:46	158	1695	Tracey Griffin	L50	10 Start2jog	42:12	
75	2076	Lucy Burch	L	75 Vale Royal Ac	37:53	159	443	Ciara Miles	L50	11 Dragons Running Club (sale)	42:13	
76	598	Emma Bradley	L	76 Horwich R M I Harriers	37:54	160	273	Helen Daly	L50	12 Chorlton Runners	42:14	
77	2017	Hannah Taylor	L	77 University Of Manchester	37:57	161	262	Amy Berrisford	L45	33 Chorlton Runners	42:18	
78	871	Charmaine Wood	L45	15 Macclesfield Harriers & Ac	38:02	162	607	Janet Rashleigh	L65	2 Horwich R M I Harriers	42:23	
79	1663	Georgia Trimmell	L	79 St Helens Sutton Ac	38:02	163	446	Ruby Riley	L	163 Dragons Running Club (sale)	42:27	
80	1413	Imani Modahl	L	80 Sale Harriers Manchester	38:02	164	1117	Lucy Gretton	L	164 Manchester Ymca Harriers	42:29	
81	451	Gemma Sylvester	L	81 Dragons Running Club (sale)	38:03	165	1822	Amy Billing	L45	34 Stockport Tri Club	42:31	
82	109	Amy McConville	L40	11 Bramhall Runners	38:06	166	2387	Helen Pennington	L	166 Winston Runners	42:37	
83	393	Juliet Snow	L	83 Didsbury Runners	38:09	167	25	Hannah Daniel	L	167 Altrincham & District AC	42:44	
84	657	Stephanie Mallett	L45	16 Hyde Village Striders	38:10	168	1827	Janet Grint	L50	13 Stockport Tri Club	42:47	

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

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169	170	Susan Wheeldon-Gorst	L557	Bury Athletic Club	42:55	239	2384	Jayne Cordingley	L4546	Winston Runners	47:02
170	391	Evie Pickup	L 170	Didsbury Runners	42:56	240	2086	Lois Ruebotham	L 240	Vale Royal Ac	47:10
171	1410	Amelie Latham	L4535	Sale Harriers Manchester	42:58	241	268	Rachael Clegg	L5517	Chorlton Runners	47:14
172	282	Ruby Haigh	L 172	Chorlton Runners	42:59	242	1854	Louisa McNair	L4024	Styal Running Club	47:14
173	1657	Sarah Birkett	L 4019	St Helens Sutton Ac	43:01	243	1824	Amelia Bullen	L 243	Stockport Tri Club	47:17
174	1850	Catherine Jackson	L55 8	Styal Running Club	43:02	244	693	Katy Horrocks	L4547	Knutsford Tri Club	47:21
175	1847	Johanne Greenwood	L5014	Styal Running Club	43:05	245	1154	Taylor Giacomia	L4548	Marple Runners	47:30
176	2018	Mary Williams	L 176	University Of Manchester	43:06	246	1233	Angela Hart	L5030	Oldham & Royton H & Ac	47:49
177	1881	Cheryl Pate	L4536	Swinton Running Club	43:14	247	1777	Helen Todd	L70 3	Stockport Harriers & Ac	47:54
178	1244	Marion Davies	L3515	Running Bear	43:16	248	1081	Katrina Pilling	L 248	Manchester Triathlon Club	47:55
179	835	Georgina Walker	L5015	Lymm Runners	43:18	249	1882	Aimee Porter	L 249	Swinton Running Club	47:58
180	1421	Tracey Taylor	L4537	Sale Harriers Manchester	43:23	250	660	Sarah Pressdee	L5031	Hyde Village Striders	48:04
181	1398	Kathryn Curvis	L4538	Sale Harriers Manchester	43:25	251	658	Elizabeth Mason	L6010	Hyde Village Striders	48:04
182	1255	Pippa Price	L60 4	Running Bear	43:29	252	2318	Catrina Marshall	L5518	Wilmslow Running Club	48:05
183	271	Naomi Coverley	L60 5	Chorlton Runners	43:30	253	112	Shirley Ralph	L5032	Bramhall Runners	48:15
184	1165	Sarah Stutchfield	L5016	Marple Runners	43:31	254	2357	Anne Durrell	L4549	Wilmslow Striders	48:43
185	1884	Joanna Turner	L3516	Swinton Running Club	43:31	255	79	Julia Foy	L5519	Belle Vue Racers	48:51
186	75	Lisa Costello	L4539	Belle Vue Racers	43:34	256	1077	S Mawbey-Jeffries	L5033	Manchester Triathlon Club	48:52
187	652	Jennifer Garner	L 187	Hyde Village Striders	43:36	257	2391	Gaynor Williams	L5034	Winston Runners	48:59
188	695	Julia Padget	L5017	Knutsford Tri Club	43:40	258	384	Rebecca Meeten	L5520	Didsbury Runners	49:08
189	1036	Rona McCann	L 189	Manchester Harriers & Ac	43:41	259	1197	Kyinda Carter-Moore	L6011	Middleton Harriers Ac	49:09
190	373	Jessica Boland	L3517	Didsbury Runners	43:44	260	907	Caoimhe Morris	L3523	Manchester Frontrunners	49:11
191	2462	Anne Rosbottom	L5018	Wirral Ac	44:00	261	1149	Melanie Commins	L5035	Marple Runners	49:15
192	1206	Helen Mutch	L4020	Middleton Harriers Ac	44:01	262	557	Christine Peters	L65 4	Glossopdale Harriers	49:19
193	1252	Karen Little	L5019	Running Bear	44:04	263	729	Amber Hatfield	L 263	Levenshulme Runners	49:35
194	858	Jo Miles	L60 6	Macclesfield Harriers & Ac	44:04	264	1241	Alison Bembenek	L4025	Running Bear	49:37
195	27	Sarah Eglin	L5020	Altrincham & District AC	44:06	265	1163	Beth Stansfield	L 265	Marple Runners	49:40
196	380	Yvonne Hung	L4540	Didsbury Runners	44:11	266	84	Aimee Woolley	L4026	Belle Vue Racers	49:47
197	1162	Sandra Smith	L55 9	Marple Runners	44:13	267	156	Elaine Blades-Jordan	L5036	Bury Athletic Club	49:59
198	905	Neve Keable	L 198	Manchester Frontrunners	44:17	268	172	Sarah Withers	L4550	Bury Athletic Club	50:04
199	831	Yasmin Hussain	L5510	Lymm Runners	44:18	269	435	Jane Damerum	L5037	Dragons Running Club (sale)	50:09
200	700	Sarah Weinberg	L3518	Knutsford Tri Club	44:22	270	228	Heather Fryer-Winder	L6012	Buxton AC	50:21
201	224	Kate Brown	L5021	Buxton AC	44:30	271	296	Rowena Thomas	L4551	Chorlton Runners	50:26
202	518	Angela Oldham	L70 1	East Cheshire Harriers & Tames	44:33	272	1203	Janine Jordan	L4027	Middleton Harriers Ac	50:40
203	862	Ava Rowlands	L 203	Macclesfield Harriers & Ac	44:39	273	2010	Nell Ludewick	L 273	University Of Manchester	50:47
204	30	Steph Hughes	L5511	Altrincham & District AC	44:41	274	733	Janette Watson	L5521	Levenshulme Runners	51:18
205	556	Jane Gornell	L60 7	Glossopdale Harriers	44:45	275	1196	Fiona Bolton	L70 4	Middleton Harriers Ac	51:22
206	2255	Naomi Grabe	L4541	Warriors Pentathlon & AC	44:45	276	108	Rosemarie McArdle	L5038	Bramhall Runners	51:29
207	2258	Sarah Kearney	L5022	Warriors Pentathlon & AC	44:46	277	698	Miranda Taylor	L5522	Knutsford Tri Club	51:41
208	1200	Karen Hallett	L5512	Middleton Harriers Ac	44:46	278	1826	Anna Dagnall	L4552	Stockport Tri Club	52:22
209	855	Ann-Marie Jones	L70 2	Macclesfield Harriers & Ac	44:48	279	1823	Nicola Brundrett	L5039	Stockport Tri Club	52:23
210	1821	Dee Beckett	L4542	Stockport Tri Club	44:48	280	559	Jane Scanlon	L3524	Glossopdale Harriers	52:56
211	1609	Olivia McDermott	L 211	Salford Metropolitan Ac	44:49	281	432	Helen Callery	L6013	Dragons Running Club (sale)	53:02
212	1121	Jessica Trudgeon	L 212	Manchester Ymca Harriers	44:50	282	1201	Teresa Hollins	L70 5	Middleton Harriers Ac	53:05
213	434	Zoe Coombe	L5023	Dragons Running Club (sale)	44:52	283	1697	Helen Holmes	L5040	Start2jog	53:28
214	1152	Sue Crowther	L5513	Marple Runners	44:53	284	1696	Gemma Hall	L4553	Start2jog	53:28
215	80	Emma Hurst	L5514	Belle Vue Racers	44:53	285	1698	Clare Leith	L5523	Start2jog	53:29
216	1700	Kaylea Maidstone	L3519	Start2jog	44:56	286	1829	Sue Watts	L65 5	Stockport Tri Club	53:40
217	1423	Kim Walsh	L5024	Sale Harriers Manchester	44:57	287	1856	Ruth Pell-Ilderton	L3525	Styal Running Club	53:49
218	650	Diane Clarke	L60 8	Hyde Village Striders	44:58	288	1959	Sue Exon	L70 6	Trafford Athletic Club	53:49
219	2322	Janet Screawn	L5515	Wilmslow Running Club	45:17	289	979	Deborah Beresford	L6014	Manchester Harriers & Ac	53:50
220	1418	Lynda Rowlinson	L65 3	Sale Harriers Manchester	45:20	290	1199	Rachel Fricker	L5524	Middleton Harriers Ac	53:55
221	1660	Colette Goddard	L5025	St Helens Sutton Ac	45:23	291	659	Lana Milligan	L5525	Hyde Village Striders	54:12
222	1759	Elaine Flavell	L3520	Stockport Harriers & Ac	45:33	292	655	Rachael Horrocks	L5041	Hyde Village Striders	54:14
223	688	Katy Barnes	L4021	Knutsford Tri Club	45:39	293	726	Katie Barnfield	L3526	Levenshulme Runners	54:34
224	77	Lisa Donnelly	L5026	Belle Vue Racers	45:44	294	1767	Jennifer McGuinness	L6015	Stockport Harriers & Ac	54:35
225	1883	Charlotte Siddoway	L 225	Swinton Running Club	45:46	295	104	Jill Harrison	L5526	Bramhall Runners	54:48
226	78	Kate Etchells	L4022	Belle Vue Racers	45:46	296	1758	Alexis Dinsmor	L75 1	Stockport Harriers & Ac	55:20
227	288	Elisabeth Lewis	L4543	Chorlton Runners	45:50	297	728	Jeanette Hanley	L5527	Levenshulme Runners	55:37
228	2312	Sally Johnston	L60 9	Wilmslow Running Club	45:54	298	1202	Janet Hunt	L6016	Middleton Harriers Ac	55:53
229	33	Katie Livermore	L 229	Altrincham & District AC	45:58	299	1082	Kathryn Quinn	L4554	Manchester Triathlon Club	57:06
230	74	Karen Charters	L5027	Belle Vue Racers	46:01	300	1070	Gillian Aspin	L5042	Manchester Triathlon Club	57:06
231	1236	Jodie Tinker	L4023	Oldham & Royton H & Ac	46:06	301	1859	Mandy Winckworth	L70 7	Styal Running Club	58:53
232	2172	Sarah Wharton	L5028	Warrington A C	46:19	302	450	Lucinda Summers	L6017	Dragons Running Club (sale)	1:00:04
233	1071	Veronica Barnsley	L4544	Manchester Triathlon Club	46:23	303	661	Kerry Smith	L4028	Hyde Village Striders	1:01:40
234	1873	Rachel Billington	L4545	Swinton Running Club	46:40	304	654	Amber Henthorn	L 304	Hyde Village Striders	1:01:48
235	83	Rachel Watson	L5029	Belle Vue Racers	46:40	305	901	Daniella Blewitt	L5043	Manchester Frontrunners	1:02:01
236	2385	Christina Hodges	L3521	Winston Runners	46:56	306	1612	Joanna Nixon	L5044	Salford Metropolitan Ac	1:04:57
237	2390	Gemma VanDer Wath	L3522	Winston Runners	46:57	307	900	Emily Barrett	L3527	Manchester Frontrunners	1:06:17
238	656	Carol Kershaw	L5516	Hyde Village Striders	46:58	308	1146	Linda Amos	L6018	Marple Runners	1:20:15

Race 6 - Senior Ladies — TEAM RESULTS

1	Chorlton Runners	58	—	3	K Fitzpatrick	13	Amy Weyers	16	Isobel Robinson	26	Elizabeth Heslop
2	Bury Athletic Club	74	—	4	Sophie Whittaker	9	Alia Braithwaite	17	Rachel Marshall	44	Rose Johnson
3	Trafford Athletic Club	101	—	6	Alice Stiles	11	Sarah Hudak	23	Kate Meeson	61	Eve Southern
4	Stockport Harriers & Ac	105	—	18	Rosie Philbin	20	Rosie Bradshaw	21	Faye Waterhouse	46	Jenna McGovern
5	Sale Harriers Manchester	122	—	12	Chloe Elliott	24	Kathryn Wilkinson	37	Laura Martin	49	Sarah Goulden
6	Warriors Pentathlon & AC	124	—	2	K Haggard	30	Eve Grabe	40	Eleanor Carney	52	Dianna Mannhart
7	Macclesfield Harriers & Ac	143	—	14	Alicia Roberts	15	Jenna Williams	36	Faye Sharpley	78	Charmaine Wood
8	Manchester Harriers & Ac	153	—	1	Beth Barlow	38	Sophie Moore	43	Georgia Fazakerley	71	Katie Cooper
9	Wilmslow Running Club	182	—	5	Nicola Reece	39	Frances Kenney	66	Diane Bygrave	72	Joanna Parnell
10	University Of Manchester	193	—	7	Annabel Pilgrim	35	Madeleine Lever	74	Pierre April St	77	Hannah Taylor
11	Warrington A C	209	—	22	Alison Roberts	27	Jessica Connolly	29	Claire Andrew	131	Faye Lawton
12	Stockport Harriers & Ac 'B'	213	—	47	Charlotte Sample	48	Holly Martin	51	Laura Coucill	67	Jennie Pickard
13	Didsbury Runners	223	—	25	Laura Brown	50	Emma Richardson	65	Emma Parker	83	Juliet Snow
14	Running Bear	235	—	33	Lucy Gleave	41	Samantha Newbound	70	Karen Oldland	91	Karen Smith
15	Vale Royal Ac	255	—	31	Sarah Murphy	63	Helen Smith	75	Lucy Burch	86	Debbie Broad
16	Sale Harriers Manchester 'B'	266	—	54	Anne Chinoy	59	Alice Horsfield	73	Claire Cooper	80	Imani Modahl
17	Altrincham & District AC	266	—	28	Alana Dunn	42	Lora Blann	57	Millie Pearce	139	Jayne Holme
18	Chorlton Runners 'B'	311	—	32	Carly Gould	64	Lucy Walker-Etchells	107	Eloise Billington	108	Roz Webster
19	Stockport Harriers & Ac 'C'	392	—	92	Rachael Hicketts	97	Abbie Pickard	100	Jayne Lawton	103	Sarah Brown
20	Bramhall Runners	419	—	69	Sarah Senior	82	Amy McConville	116	Mollie Cooke	152	Vikki Murphy
21	Buxton AC	437	—	45	Samantha Willis	90	Katie Rolfe	101	Rebecca Corbett	201	Kate Brown
22	Horwich R M I Harriers	456	—	76	Emma Bradley	109	Helen Macdonald	125	Alison Mort	146	Tia Harris
23	St Helens Sutton AC	477	—	68	Susan Johnson	79	Georgia Trimnell	157	Nicole Anders	173	Sarah Birkett
24	Sale Harriers Manchester 'C'	487	—	87	Hannah Brierley	99	Claire Chaffer	130	Harriet Hamilton	171	Amelie Latham
25	Manchester Triathlon Club	503	—	110	Winton Julie De	124	Joanna Knapman	134	Jade Ong	135	Emma Forbes
26	Chorlton Runners 'C'	525	—	113	Charlotte Smith	123	Gemma Cargin	144	Francesca Bale	145	Amelia Aykroyd
27	Manchester Harriers & Ac 'B'	525	—	93	Nicky Jordan	121	Martha Sweatman	122	Sophie Alderson	189	Rona McCann
28	Manchester Frontrunners	527	—	88	Rachel Kenyon	138	Annie Jenkinson	148	Linda Rix	153	Jacqui Phazey-Baines
29	Dragons Running Club (sale)	539	—	81	Gemma Sylvester	136	Wendy Kelly	159	Ciara Miles	163	Ruby Riley
30	Marple Runners	547	—	55	Lisa Capes	111	Victoria Jackson	184	Sarah Stutchfield	197	Sandra Smith
31	Hyde Village Striders	553	—	84	Stephanie Mallett	126	Grainne Bennett	156	Sarah Beever	187	Jennifer Garner
32	Swinton Running Club	558	—	98	Rebecca Mills	129	Jessica Carey	154	Sarah Foreman	177	Cheryl Pate
33	Warriors Pentathlon & AC 'B'	593	—	60	Kirsty Gibbs	120	Suzanne Weinberger	206	Naomi Grabe	207	Sarah Kearney
34	Macclesfield Harriers & Ac 'B'	594	—	95	Sue Stockdale	102	Ellie Greene	194	Jo Miles	203	Ava Rowlands
35	Glossopdale Harriers	595	—	10	Imogen Trinder	118	Kirsty Sharp	205	Jane Gornell	262	Christine Peters
36	Oldham & Royton H & Ac	620	—	106	Charlotte Green	141	Chloe Hart	142	Lauren Bartholomew	231	Jodie Tinker
37	Manchester Ymca Harriers	628	—	112	Rosemary Griffin	140	Josie Clough	164	Lucy Gretton	212	Jessica Trudgeon
38	Running Bear 'B'	641	—	132	Vicki Wilson	149	Sally Gilliver	178	Marion Davies	182	Pippa Price
39	University Of Manchester 'B'	648	—	94	Lisha Jackson	105	Kimberly Phillips	176	Mary Williams	273	Nell Ludewick
40	Chorlton Runners 'D'	676	—	160	Helen Daly	161	Amy Berrisford	172	Ruby Haigh	183	Naomi Coverley
41	Didsbury Runners 'B'	706	—	150	Victoria Hall	170	Evie Pickup	190	Jessica Boland	196	Yvonne Hung
42	Styal Running Club	706	—	115	Lexy Denton	174	Catherine Jackson	175	Johanne Greenwood	242	Louisa McNair
43	Knutsford Tri Club	715	—	104	Cathryn Walley	188	Julia Padget	200	Sarah Weinberg	223	Katy Barnes
44	Stockport Harriers & Ac 'D'	741	—	117	Rachel Meredith	155	Melanie Mather	222	Elaine Flavell	247	Helen Todd
45	Wilmslow Running Club 'B'	745	—	147	Kate Sutton	151	Nadiah Laajam	219	Janet Screawn	228	Sally Johnston
46	Start2jog	785	—	128	Simone Fisher	158	Tracey Griffin	216	Kaylea Maidstone	283	Helen Holmes
47	Stockport Tri Club	786	—	165	Amy Billing	168	Janet Grint	210	Dee Beckett	243	Amelia Bullen
48	Bury Athletic Club 'B'	789	—	85	Harriet Griffiths	169	Susan Wheeldon-Gorst	267	Elaine Blades-Jordan	268	Sarah Withers
49	Altrincham & District AC 'B'	795	—	167	Hannah Daniel	195	Sarah Eglin	204	Steph Hughes	229	Katie Livermore
50	Sale Harriers Manchester 'D'	798	—	180	Tracey Taylor	181	Kathryn Curvis	217	Kim Walsh	220	Lynda Rowlinson
51	Belle Vue Racers	851	—	186	Lisa Costello	215	Emma Hurst	224	Lisa Donnelly	226	Kate Etchells
52	Manchester Triathlon Club 'B'	874	—	137	Claire Steward	233	Veronica Barnsley	248	Katrina Pilling	256	S Mawbey-Jeffries
53	Winston Runners	878	—	166	Helen Pennington	236	Christina Hodges	237	Der Wath Gemma Van	239	Jayne Cordingley
54	Swinton Running Club 'B'	893	—	185	Joanna Turner	225	Charlotte Siddoway	234	Rachel Billington	249	Aimee Porter
55	Middleton Harriers Ac	931	—	192	Helen Mutch	208	Karen Hallett	259	Kyrinda Carter-Moore	272	Janine Jordan
56	Hyde Village Striders 'B'	957	—	218	Diane Clarke	238	Carol Kershaw	250	Sarah Pressdee	251	Elizabeth Mason
57	Marple Runners 'B'	985	—	214	Sue Crowther	245	Taylor Giacoma	261	Melanie Commins	265	Beth Stansfield
58	Belle Vue Racers 'B'	986	—	230	Karen Charters	235	Rachel Watson	255	Julia Foy	266	Aimee Woolley
59	Dragons Running Club (sale 'B')	1065	—	213	Zoe Coombe	269	Jane Damerum	281	Helen Callery	302	Lucinda Summers
60	Manchester Frontrunners 'B'	1070	—	198	Neve Keable	260	Caoimhe Morris	305	Daniella Blewitt	307	Emily Barrett
61	Levenshulme Runners	1127	—	263	Amber Hatfield	274	Janette Watson	293	Katie Barnfield	297	Jeanette Hanley
62	Middleton Harriers Ac 'B'	1145	—	275	Fiona Bolton	282	Teresa Hollins	290	Rachel Fricker	298	Janet Hunt
63	Hyde Village Striders 'C'	1190	—	291	Lana Milligan	292	Rachael Horrocks	303	Kerry Smith	304	Amber Henthorn

Race 6 - Senior Ladies (Vets) — TEAM RESULTS

1 Chorlton Runners	19 —	1 K Fitzpatrick	6 Amy Weyers	12 Carly Gould
2 Bury Athletic Club	28 —	3 Alia Braithwaite	7 Rachel Marshall	18 Rose Johnson
3 Sale Harriers Manchester	40 —	5 Chloe Elliott	14 Laura Martin	21 Sarah Goulden
4 Wilmslow Running Club	48 —	2 Nicola Reece	15 Frances Kenney	31 Diane Bygrave
5 Warriors Pentathlon & AC	68 —	16 Eleanor Carney	24 Dianna Mannhart	28 Kirsty Gibbs
6 Stockport Harriers & Ac	75 —	20 Jenna McGovern	23 Laura Coucill	32 Jennie Pickard
7 Vale Royal Ac	81 —	11 Sarah Murphy	29 Helen Smith	41 Debbie Broad
8 Warrington A C	87 —	8 Alison Roberts	10 Claire Andrew	69 Faye Lawton
9 Macclesfield Harriers & Ac	97 —	13 Faye Sharpley	37 Charmaine Wood	47 Sue Stockdale
10 Didsbury Runners	109 —	9 Laura Brown	22 Emma Richardson	78 Victoria Hall
11 Buxton AC	116 —	19 Samantha Willis	45 Katie Rolfe	52 Rebecca Corbett
12 Sale Harriers Manchester 'B'	117 —	25 Anne Chinoy	42 Hannah Brierley	50 Claire Chaffer
13 Running Bear	151 —	35 Karen Oldland	46 Karen Smith	70 Vicki Wilson
14 Bramhall Runners	152 —	34 Sarah Senior	38 Amy McConville	80 Vikki Murphy
15 Chorlton Runners 'B'	171 —	30 Lucy Walker-Etchells	55 Roz Webster	86 Helen Daly
16 Stockport Harriers & Ac 'B'	187 —	51 Jayne Lawton	53 Sarah Brown	83 Melanie Mather
17 Marple Runners	187 —	26 Lisa Capes	58 Victoria Jackson	103 Sarah Stutchfield
18 Wilmslow Running Club 'B'	190 —	36 Joanna Parnell	75 Kate Sutton	79 Nadiyah Laajam
19 Manchester Triathlon Club	192 —	57 Winton Julie De	63 Joanna Knapman	72 Claire Steward
20 Manchester Frontrunners	200 —	43 Rachel Kenyon	76 Linda Rix	81 Jacqui Phazey-Baines
21 Altrincham & District AC	202 —	17 Lora Blann	73 Jayne Holme	112 Sarah Eglin
22 Horwich R M I Harriers	208 —	56 Helen Macdonald	64 Alison Mort	88 Janet Rashleigh
23 Swinton Running Club	227 —	49 Rebecca Mills	82 Sarah Foreman	96 Cheryl Pate
24 Hyde Village Striders	235 —	39 Stephanie Mallett	65 Grainne Bennett	131 Diane Clarke
25 Styal Running Club	249 —	60 Lexy Denton	94 Catherine Jackson	95 Johanne Greenwood
26 Lymm Runners	257 —	44 Hannah Smith	98 Georgina Walker	115 Yasmin Hussain
27 Sale Harriers Manchester 'C'	259 —	68 Harriet Hamilton	92 Amelie Latham	99 Tracey Taylor
28 St Helens Sutton Ac	260 —	33 Susan Johnson	93 Sarah Birkett	134 Colette Goddard
29 Running Bear 'B'	275 —	77 Sally Gilliver	97 Marion Davies	101 Pippa Price
30 Knutsford Tri Club	276 —	54 Cathryn Walley	106 Julia Padget	116 Sarah Weinberg
31 Start2jog	280 —	67 Simone Fisher	84 Tracey Griffin	129 Kaylea Maidstone
32 Dragons Running Club (sale)	282 —	71 Wendy Kelly	85 Ciara Miles	126 Zoe Coombe
33 Bury Athletic Club 'B'	303 —	40 Harriet Griffiths	91 Susan Wheeldon-Gorst	172 Elaine Blades-Jordan
34 Stockport Tri Club	304 —	89 Amy Billing	90 Janet Grint	125 Dee Beckett
35 Warriors Pentathlon & AC 'B'	305 —	62 Suzanne Weinberger	121 Naomi Grabe	122 Sarah Kearney
36 Chorlton Runners 'C'	328 —	87 Amy Berrisford	102 Naomi Coverley	139 Elisabeth Lewis
37 Glossopdale Harriers	350 —	61 Kirsty Sharp	120 Jane Gornell	169 Christine Peters
38 Sale Harriers Manchester 'D'	363 —	100 Kathryn Curvis	130 Kim Walsh	133 Lynda Rowlinson
39 Belle Vue Racers	370 —	105 Lisa Costello	128 Emma Hurst	137 Lisa Donnelly
40 Didsbury Runners 'B'	385 —	107 Jessica Boland	113 Yvonne Hung	165 Rebecca Meeten
41 Marple Runners 'B'	395 —	114 Sandra Smith	127 Sue Crowther	154 Taylor Giacomia
42 Middleton Harriers Ac	398 —	109 Helen Mutch	123 Karen Hallett	166 Kyrinda Carter-Moore
43 Belle Vue Racers 'B'	425 —	138 Kate Etchells	141 Karen Charters	146 Rachel Watson
44 Wilmslow Running Club 'C'	431 —	132 Janet Screawn	140 Sally Johnston	159 Catriona Marshall
45 Winston Runners	445 —	147 Christina Hodges	148 Der Wath Gemma Van	150 Jayne Cordingley
46 Hyde Village Striders 'B'	464 —	149 Carol Kershaw	157 Sarah Pressdee	158 Elizabeth Mason
47 Knutsford Tri Club 'B'	470 —	136 Katy Barnes	153 Katy Horrocks	181 Miranda Taylor
48 Stockport Harriers & Ac 'C'	489 —	135 Elaine Flavell	156 Helen Todd	198 Jennifer McGuinness
49 Manchester Triathlon Club 'B'	510 —	144 Veronica Barnsley	163 S Mawbey-Jeffries	203 Kathryn Quinn
50 Bramhall Runners 'B'	539 —	160 Shirley Ralph	180 Rosemarie McArdle	199 Jill Harrison
51 Middleton Harriers Ac 'B'	542 —	177 Janine Jordan	179 Fiona Bolton	186 Teresa Hollins
52 Styal Running Club 'B'	548 —	152 Louisa McNair	191 Ruth Pell-Ilderton	205 Mandy Winckworth
53 Stockport Tri Club 'B'	555 —	182 Anna Dagnall	183 Nicola Brundrett	190 Sue Watts
54 Start2jog 'B'	564 —	187 Helen Holmes	188 Gemma Hall	189 Clare Leith
55 Dragons Running Club (sale 'B')	565 —	174 Jane Damerum	185 Helen Callery	206 Lucinda Summers
56 Levenshulme Runners	576 —	178 Janette Watson	197 Katie Barnfield	201 Jeanette Hanley
57 Manchester Frontrunners 'B'	585 —	167 Caoimhe Morris	208 Daniella Blewitt	210 Emily Barrett
58 Hyde Village Striders 'C'	598 —	195 Lana Milligan	196 Rachael Horrocks	207 Kerry Smith

Senior Men aged 18 to 19

Pos	Num	Name	Cat/Pos	Club	Time								
1	1986	Jay Hutchinson	U20	1	Trafford Athletic Club	36:07	9	2021	Finley Cant	U20	9	University Of Manchester	39:22
2	1981	Archie Greenwood	U20	2	Trafford Athletic Club	36:45	10	1428	Rueben Ashton	U2010		Sale Harriers Manchester	39:29
3	1782	William Bailey	U20	3	Stockport Harriers & Ac	36:55	11	2306	Scott Wells	U2011		West Cheshire Athletic Club	40:01
4	530	Marshall Fleet	U20	4	East Cheshire Harriers & Tames	37:32	12	1991	Evan Lewis	U2012		Trafford Athletic Club	41:29
5	2269	Oberon Kearney	U20	5	Warriors Pentathlon & AC	37:53	13	682	Riley Thomson	U2013		East Cheshire Harriers & Tames	41:47
6	549	Oliver Walker	U20	6	East Cheshire Harriers & Tames	38:02	14	527	Ben Dale	U2014		East Cheshire Harriers & Tames	42:51
7	1003	Christopher Parikh	U20	7	Manchester Harriers & Ac	38:16	15	2307	Noah Woolgar	U2015		West Cheshire Athletic Club	44:11
8	2301	Lewis Morris	U20	8	West Cheshire Athletic Club	38:58	16	546	Joe Taylor	U2016		East Cheshire Harriers & Tames	51:32

Senior Men aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Trafford Athletic Club	15	—	1	Jay Hutchinson	2	Archie Greenwood	12	Evan Lewis
2	East Cheshire Harriers & Tames	23	—	4	Marshall Fleet	6	Oliver Walker	13	Riley Thomson
3	West Cheshire Athletic Club	34	—	8	Lewis Morris	11	Scott Wells	15	Noah Woolgar

Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time						
1	1472	Nigel Martin		Sale Harriers Manchester	33:42	66	2174	E Clayton-Priestley	Warrington A C		42:20
2	1589	Callum Rowlinson		Salford Harriers & AC	33:56	67	1131	Joseph Hayes	Manchester Ymca Harriers		42:24
3	2489	Harry Bond		Staffs Moorlands AC	34:36	68	545	Jacob Taylor	East Cheshire Harriers & Tames		42:34
4	1478	George Ogden		Sale Harriers Manchester	34:37	69	2027	Thomas James	University Of Manchester		42:40
5	414	Alex Lawton		Didsbury Runners	35:05	70	2331	Markus Dalgaard	Wilmslow Running Club		42:47
6	1601	Ryan Worland		Salford Harriers & AC	35:09	71	2003	George Wright	Trafford Athletic Club		42:48
7	1484	Philip Robertson		Sale Harriers Manchester	35:41	72	122	Zain Karim	Bramhall Runners		42:55
8	626	James Kevan		Horwich R M I Harriers	35:55	73	1055	Thomas Gunby	Manchester Harriers & Ac		43:05
9	619	Luke Foley		Horwich R M I Harriers	36:03	74	2029	Jonathan Kowal	University Of Manchester		43:07
10	1495	Andrew Thompson		Sale Harriers Manchester	36:06	75	617	Matthew Dewhurst	Horwich R M I Harriers		43:08
11	1583	Michael Mannings		Salford Harriers & AC	36:06	76	362	Adam Smith	Chorlton Runners		43:09
12	2118	Nathan Williams		Vale Royal Ac	36:07	77	625	Andrew Kelly	Horwich R M I Harriers		43:19
13	1789	Jack Catterall		Stockport Harriers & Ac	36:19	78	1666	Matt Blake	St Helens Sutton Ac		43:22
14	190	Sebastian Poma		Bury Athletic Club	36:19	79	2036	Jasper Travis	University Of Manchester		43:25
15	892	Joseph Pickard		Macclesfield Harriers & Ac	36:23	80	419	Miles Moran	Didsbury Runners		43:31
16	2105	John Humphries		Vale Royal Ac	36:27	81	742	Martin Dickson	Levenshulme Runners		43:38
17	2025	George Hopkins		University Of Manchester	36:28	82	356	Brook Roberts	Chorlton Runners		43:44
18	1580	Callum Jones		Salford Harriers & AC	36:33	83	2303	Paul Morrison	West Cheshire Athletic Club		43:53
19	2094	Jacob Brown		Vale Royal Ac	36:43	84	1459	Ben Hall	Sale Harriers Manchester		43:59
20	525	Gavin Browne		East Cheshire Harriers & Tames	36:43	85	1107	Rohunsingh Sam	Manchester Triathlon Club		44:04
21	176	James Brown		Bury Athletic Club	36:50	86	1976	Peter Cockings	Trafford Athletic Club		44:10
22	1586	Harry Partington		Salford Harriers & AC	36:54	87	541	Callum Parkinson	East Cheshire Harriers & Tames		44:16
23	1474	Marcus Nicholson		Sale Harriers Manchester	36:57	88	405	Eddie Campbell	Didsbury Runners		44:16
24	2300	Matthew Hughes		West Cheshire Athletic Club	37:17	89	2176	Jonny Leatherbarrow	Warrington A C		44:20
25	343	Fraser Macdonald Ould		Chorlton Runners	37:18	90	184	Joseph Hornsby	Bury Athletic Club		44:21
26	2492	Gavin Tomlinson		Chorlton Runners	37:20	91	1896	Joseph Harrison	Swinton Running Club		44:26
27	685	Josh Walton		Hyde Village Striders	37:23	92	1622	Max Saleh	Salford Metropolitan Ac		44:33
28	1483	Phil Richardson		Sale Harriers Manchester	37:30	93	198	Conor Wilkinson	Bury Athletic Club		44:34
29	1491	C Spence-Leslie		Sale Harriers Manchester	37:37	94	882	Zach Jones	Macclesfield Harriers & Ac		44:35
30	423	Jonathan Pickup		Didsbury Runners	37:42	95	537	Michael Kennedy	East Cheshire Harriers & Tames		44:39
31	1564	Israel Bello		Salford Harriers & AC	38:07	96	1471	David Marsh	Sale Harriers Manchester		45:16
32	1437	Alex Bradford		Sale Harriers Manchester	38:21	97	2023	Isaac East	University Of Manchester		45:21
33	2033	Joshua Selfridge		University Of Manchester	38:23	98	348	Jamie Morwood	Chorlton Runners		45:31
34	417	Damien McHugh		Didsbury Runners	38:29	99	1669	Joseph Byrne	St Helens Sutton Ac		45:43
35	1975	Luke Carrington		Trafford Athletic Club	38:29	100	522	Hassan Ahmad	East Cheshire Harriers & Tames		45:44
36	1672	Thomas Griffiths		St Helens Sutton Ac	38:47	101	309	Finn Boyd	Chorlton Runners		45:58
37	1045	Luke Asante		Manchester Harriers & Ac	38:49	102	358	Andrew Robertson	Chorlton Runners		46:01
38	317	Thomas Culshaw		Chorlton Runners	38:58	103	197	Harry White	Bury Athletic Club		46:14
39	1800	Ryan Harrison		Stockport Harriers & Ac	39:29	104	921	Vince Lister	Manchester Frontrunners		46:34
40	408	Jordan Dover		Didsbury Runners	39:31	105	935	Matt Titterington	Manchester Frontrunners		46:40
41	1668	Michael Brussels		St Helens Sutton Ac	39:48	106	2090	Dan Adamson	Vale Royal Ac		46:41
42	2001	Laurence Skidmore		Trafford Athletic Club	39:48	107	749	Doug Webb	Levenshulme Runners		46:42
43	1091	Sam Barratt		Manchester Triathlon Club	39:52	108	1092	Rory Bell	Manchester Triathlon Club		46:45
44	1002	Luke Oldfield		Manchester Harriers & Ac	40:08	109	1022	James Kay	Manchester Metropolitan Uni		46:55
45	2030	Kier McCulloch		University Of Manchester	40:10	110	480	Tom Sylvester	Dragons Running Club (sale)		46:58
46	1989	Theo Jacques		Trafford Athletic Club	40:15	111	1114	Samuel Williamson	Manchester Triathlon Club		47:06
47	320	Luke Donald		Chorlton Runners	40:15	112	1135	Martin Rimmer	Manchester Ymca Harriers		47:08
48	1791	Jack Cooper		Stockport Harriers & Ac	40:24	113	1126	Ted Coles	Manchester Ymca Harriers		47:14
49	2468	William Ferguson		Wirral Ac	40:33	114	1125	Alan Beaumont	Manchester Ymca Harriers		47:19
50	1557	Oliver Argyle		Salford Harriers & AC	40:39	115	58	Dan Martell	Altrincham & District AC		47:25
51	1617	Dayle Dwyer		Salford Metropolitan Ac	40:44	116	471	John McIntyre	Dragons Running Club (sale)		47:26
52	1796	Stuart Diamond		Stockport Harriers & Ac	40:56	117	2092	Tom Barnett	Vale Royal Ac		47:36
53	1048	Grant Boyne		Manchester Harriers & Ac	40:58	118	1130	Samuel Gilmore	Manchester Ymca Harriers		47:42
54	880	Ben Greene		Macclesfield Harriers & Ac	41:34	119	324	William Franks	Chorlton Runners		47:46
55	41	Nick Bugler		Altrincham & District AC	41:35	120	1104	Daniel Parker	Manchester Triathlon Club		47:48
56	2028	Alex Johnson		University Of Manchester	41:38	121	1460	Christopher Hertzog	Sale Harriers Manchester		47:50
57	2104	Tom Heaward		Vale Royal Ac	41:49	122	1106	Robert Russell	Manchester Triathlon Club		48:09
58	363	Corey Smith		Chorlton Runners	41:49	123	410	Carl Healy	Didsbury Runners		48:10
59	1591	John Seed		Salford Harriers & AC	41:49	124	1006	Timothy Smith	Manchester Harriers & Ac		48:13
60	193	Ben Sunley		Bury Athletic Club	41:56	125	1019	Jacob Dockree	Manchester Metropolitan Uni		48:13
61	1127	Mark Condon		Manchester Ymca Harriers	41:56	126	995	Adam Calthorpe	Manchester Harriers & Ac		48:17
62	836	Stuart Berry		Lymm Runners	42:03	127	1095	Daniel Hunt-Earle	Manchester Triathlon Club		48:18
63	1467	Oliver Lee		Sale Harriers Manchester	42:15	128	622	Brett Hazelwood	Horwich R M I Harriers		48:25
64	312	Benjamin Brown		Chorlton Runners	42:17	129	2478	Samuel Nickson	Wirral Ac		48:32
65	425	Dan Scotson		Didsbury Runners	42:18	130	1063	George Rogerson	Manchester Harriers & Ac		48:41

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131	547	Joshua Taylor	East Cheshire Harriers & Tames	48:48	157	2366	Chris Eldred	Wilmslow Striders	51:33
132	1798	Edward Gough	Stockport Harriers & Ac	48:52	158	476	Evan Roberts	Dragons Running Club (sale)	51:42
133	1142	Iain Wilson	Manchester Ymca Harriers	49:04	159	881	Duncan James	Macclesfield Harriers & Ac	51:46
134	1863	Andrew Davis	Styal Running Club	49:12	160	1100	Stephen McFarland	Manchester Triathlon Club	51:55
135	1190	Mike Taylor	Marple Runners	49:20	161	426	Jamie Soul	Didsbury Runners	52:15
136	925	Gettigan Declan Mc	Manchester Frontrunners	49:23	162	1900	Tom Porter	Swinton Running Club	52:24
137	2379	Marc Tarsky	Wilmslow Striders	49:28	163	1094	Charlie Horne	Manchester Triathlon Club	52:25
138	885	Daniel Leng	Macclesfield Harriers & Ac	49:28	164	2020	Dylan Barbone	University Of Manchester	52:27
139	1795	Evan Davies	Stockport Harriers & Ac	49:40	165	1837	Adam Leake	Stockport Tri Club	53:52
140	1134	Alexander Muirhead	Manchester Ymca Harriers	49:45	166	1023	Jack Lewis	Manchester Metropolitan Uni	54:12
141	400	Lewis Barker	Didsbury Runners	49:50	167	54	Oliver Jones	Altrincham & District AC	54:19
142	2115	Jack Whalley	Vale Royal Ac	49:56	168	1270	William Mitchell	Running Bear	54:34
143	331	Sebastian Greenhow	Chorlton Runners	49:56	169	676	Michael Monaghan	Hyde Village Striders	54:37
144	2392	Cameron Aitken	Winston Runners	50:10	170	879	Nathan Finnis	Macclesfield Harriers & Ac	54:39
145	2374	Jack Miller	Wilmslow Striders	50:13	171	934	S Stillingfleet	Manchester Frontrunners	54:53
146	1021	- Hardwood	Manchester Metropolitan Uni	50:18	172	997	James English	Manchester Harriers & Ac	55:07
147	1025	D Quiroga	Manchester Metropolitan Uni	50:32	173	714	Sam Kania	Knutsford Tri Club	55:10
148	918	Ross Dent	Manchester Frontrunners	50:37	174	2032	Nicolas Mitchiner	University Of Manchester	57:41
149	89	Anthony McGivney	Belle Vue Racers	50:41	175	463	George Fleming	Dragons Running Club (sale)	57:46
150	931	Michael Prionas	Manchester Frontrunners	50:49	176	1168	Zeki Al-Khishali	Marple Runners	57:53
151	42	Sousa Costain Al De	Altrincham & District AC	50:51	177	738	Chris Bennett	Levenshulme Runners	1:00:12
152	1264	Jake Coles	Running Bear	50:54	178	1899	Andrew Porter	Swinton Running Club	1:01:02
153	1618	John Lee	Salford Metropolitan Ac	50:55	179	1217	Mishka Pillay	Middleton Harriers Ac	1:01:20
154	1062	Steven Parkinson	Manchester Harriers & Ac	50:56	180	1708	Robert Maidstone	Start2jog	1:02:12
155	917	Amir Dar	Manchester Frontrunners	51:05	181	1129	Sean Duff	Manchester Ymca Harriers	1:03:58
156	933	Aaron Shaughnessy	Manchester Frontrunners	51:31	182	1099	Anthony Lock	Manchester Triathlon Club	1:08:28

Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	1432	Nicholas Barry	V40 1	Sale Harriers Manchester	34:47	32	2397	James Phillips	V4032	Winston Runners	47:57	63	1093	Martin Forker	V4036	Manchester Triathlon Club	48:42
2	1570	Karl Darcy	V40 2	Salford Harriers & AC	35:57	33	2271	Chris Levick	V4033	Warriors Pentathlon & AC	48:21	64	1799	Ronan Harkin	V4037	Stockport Harriers & Ac	48:58
3	533	Michael Holness	V40 3	East Cheshire Harriers & Tames	36:12	34	237	Callum D'souza	V4034	Buxton AC	48:26	65	178	Ben Cole	V4038	Bury Athletic Club	49:00
4	828	Hywel Care	V40 4	Liverpool Harriers & AC	36:33	35	1868	Russell Jones	V4035	Styal Running Club	48:26	66	196	Ian Warrington	V4039	Bury Athletic Club	49:03
5	38	Michael Berks	V40 5	Altrincham & District AC	37:06	36	1093	Martin Forker	V4036	Manchester Triathlon Club	48:42	67	746	Jonathan Jones	V4040	Levenshulme Runners	49:15
6	360	James Savage	V40 6	Chorlton Runners	37:51	37	1799	Ronan Harkin	V4037	Stockport Harriers & Ac	48:58	68	542	Gary Royle	V4041	East Cheshire Harriers & Tames	49:17
7	1497	Nicholas Tynan	V40 7	Sale Harriers Manchester	38:19	38	178	Ben Cole	V4038	Bury Athletic Club	49:00	69	922	Ho Ma	V4042	Manchester Frontrunners	49:42
8	1815	Adam Thompson	V40 8	Stockport Harriers & Ac	38:48	39	196	Ian Warrington	V4039	Bury Athletic Club	49:03	70	702	Doug Brammer	V4043	Knutsford Tri Club	49:53
9	1469	Pierce Lyons	V40 9	Sale Harriers Manchester	39:10	40	746	Jonathan Jones	V4040	Levenshulme Runners	49:15	71	683	Adrian Walker	V4044	Hyde Village Striders	50:13
10	526	Liam Browne	V4010	East Cheshire Harriers & Tames	39:38	41	542	Gary Royle	V4041	East Cheshire Harriers & Tames	49:17	72	475	B Raju	V4045	Dragons Running Club (sale)	51:12
11	183	Luke Harreld	V4011	Bury Athletic Club	39:59	42	922	Ho Ma	V4042	Manchester Frontrunners	49:42	73	701	Naveen Bhatia	V4046	Knutsford Tri Club	51:38
12	1443	Andrew Curvis	V4012	Sale Harriers Manchester	40:01	43	702	Doug Brammer	V4043	Knutsford Tri Club	49:53	74	1272	Tom Scott	V4047	Running Bear	52:00
13	2267	Richard Dunning	V4013	Warriors Pentathlon & AC	40:27	44	683	Adrian Walker	V4044	Hyde Village Striders	50:13	75	483	Steven Ward	V4048	Dragons Running Club (sale)	52:37
14	1466	Philip Lorgan	V4014	Sale Harriers Manchester	40:42	45	475	B Raju	V4045	Dragons Running Club (sale)	51:12	76	1470	Rob Marsden	V4049	Sale Harriers Manchester	53:16
15	1813	Mark Shatwell	V4015	Stockport Harriers & Ac	40:48	46	701	Naveen Bhatia	V4046	Knutsford Tri Club	51:38	77	1614	Chris Berrington	V4050	Salford Metropolitan Ac	53:24
16	2266	Matthew Cass	V4016	Warriors Pentathlon & AC	41:36	47	1272	Tom Scott	V4047	Running Bear	52:00	78	670	John Hare	V4051	Hyde Village Striders	53:25
17	47	Craig Foster	V4017	Altrincham & District AC	41:58	48	483	Steven Ward	V4048	Dragons Running Club (sale)	52:37	79	342	John Lugsden	V4052	Chorlton Runners	54:41
18	2096	Lee Carrington	V4018	Vale Royal Ac	42:31	49	1470	Rob Marsden	V4049	Sale Harriers Manchester	53:16	80	2274	Eric Osayande	V4053	Warriors Pentathlon & AC	54:42
19	673	Stephen Kirk	V4019	Hyde Village Striders	43:02	50	1614	Chris Berrington	V4050	Salford Metropolitan Ac	53:24	81	1180	James Nuttall	V4054	Marple Runners	54:58
20	1487	Wayne Shaw	V4020	Sale Harriers Manchester	43:14	51	670	John Hare	V4051	Hyde Village Striders	53:25	82	711	Adam Horrocks	V4055	Knutsford Tri Club	56:15
21	536	Steven Jones	V4021	East Cheshire Harriers & Tames	43:41	52	342	John Lugsden	V4052	Chorlton Runners	54:41	83	1260	Jim Anthony	V4056	Running Bear	56:25
22	1494	Tom Stephenson	V4022	Sale Harriers Manchester	44:06	53	2274	Eric Osayande	V4053	Warriors Pentathlon & AC	54:42	84	564	Andrew Baron	V4057	Glossopdale Harriers	56:39
23	532	James Hartshorne	V4023	East Cheshire Harriers & Tames	44:06	54	1180	James Nuttall	V4054	Marple Runners	54:58	85	1667	Gary Briscoe	V4058	St Helens Sutton Ac	57:01
24	1818	Rob Woodhead	V4024	Stockport Harriers & Ac	44:19	55	711	Adam Horrocks	V4055	Knutsford Tri Club	56:15	86	912	Michael Bailey	V4059	Manchester Frontrunners	57:34
25	646	Matt Wilson	V4025	Horwich R M I Harriers	44:43	56	1260	Jim Anthony	V4056	Running Bear	56:25	87	1239	Jay Marley	V4060	Oldham & Royton H & Ac	58:04
26	248	William Throssel	V4026	Buxton AC	44:49	57	564	Andrew Baron	V4057	Glossopdale Harriers	56:39	88	2484	\$Haroon Khan	V4061	Runna	58:15
27	2095	Steven Caldwell	V4027	Vale Royal Ac	44:56	58	1667	Gary Briscoe	V4058	St Helens Sutton Ac	57:01	89	2395	Steven Parry	V4062	Winston Runners	1:00:30
28	1840	Paul Roberts	V4028	Stockport Tri Club	45:37	59	912	Michael Bailey	V4059	Manchester Frontrunners	57:34						
29	1615	Daniel Carney	V4029	Salford Metropolitan Ac	46:39	60	1239	Jay Marley	V4060	Oldham & Royton H & Ac	58:04						
30	129	Gareth Pritchard	V4030	Bramhall Runners	46:41	61	2484	\$Haroon Khan	V4061	Runna	58:15						
31	461	Phill Edwards	V4031	Dragons Running Club (sale)	47:46	62	2395	Steven Parry	V4062	Winston Runners	1:00:30						

Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2101	Mark Gittins	V45 1	Vale Royal Ac	36:46	28	920	Jono Guildford	V4528	Manchester Frontrunners	47:32	57	1866	Simon Holman	V4542	Styal Running Club	52:10
2	1430	Matthew Barnes	V45 2	Sale Harriers Manchester	37:12	29	924	Stanley May	V4529	Manchester Frontrunners	47:58	58	473	Geoff Paley	V4543	Dragons Running Club (sale)	52:17
3	2330	Richard Coen	V45 3	Wilmslow Running Club	38:12	30	339	Eamonn Keogh	V4530	Chorlton Runners	48:12	59	478	Jonathan Sharp	V4544	Dragons Running Club (sale)	52:35
4	2179	Adam Rashud	V45 4	Warrington A C	38:25	31	528	Gary Dean	V4531	East Cheshire Harriers & Tames	48:47	60	479	Mike Shea	V4545	Dragons Running Club (sale)	52:40
5	372	David Wyeth	V45 5	Chorlton Runners	38:30	32	706	Tom Edwards	V4532	Knutsford Tri Club	48:57	61	919	Robert Gregory	V4546	Manchester Frontrunners	54:01
6	616	Ian Conroy	V45 6	Horwich R M I Harriers	38:57	33	718	Samuel Stafford	V4533	Knutsford Tri Club	49:10	62	923	Chris Mathers	V4547	Manchester Frontrunners	55:32
7	1817	Andy Woodhead	V45 7	Stockport Harriers & Ac	39:08	34	416	Dan Levin	V4534	Didsbury Runners	49:13	63	1619	Stuart Mairs	V4548	Salford Metropolitan Ac	55:40
8	1664	Steven Anders	V45 8	St Helens Sutton Ac	39:33	35	1571	Christopher Dawson	V4535	Salford Harriers & AC	49:32	64	1271	Stephen Parhizgar	V4549	Running Bear	57:28
9	1812	J Scott-Buccleuch	V45 9	Stockport Harriers & Ac	39:43	36	1143	Robin Winkle	V4536	Manchester Ymca Harriers	49:57	65	740	Ernesto DeLaFuente	V4550	Levenshulme Runners	58:46
10	2097	Mark Crabtree	V4510	Vale Royal Ac	39:51	37	186	Paul Marshall	V4537	Bury Athletic Club	50:05	66	1237	Paul Bartholomew	V4551	Oldham & Royton H & Ac	59:52
11	1449	Chris Donnelly	V4511	Sale Harriers Manchester	39:55	38	1670	Jon Donald	V4538	St Helens Sutton Ac	50:08	67	460	Paul Davidson	V4552	Dragons Running Club (sale)	1:01:33
12	1665	Chris Birkett	V4512	St Helens Sutton Ac	40:01	39	2467	Mark Evens	V4539	Wirral Ac	50:19	68	1172	Shaun Donaghy	V4553	Marple Runners	1:07:15
13	303	Dan Atkinson	V4513	Chorlton Runners	41:35	40	703	Paul Brocklehurst	V4540	Knutsford Tri Club	51:48						
14	467	Colin Latham	V4514	Dragons Running Club (sale)	41:41	41	326	Richard Gardner	V4541	Chorlton Runners	51:50						
15	357	Al Robertson	V4515	Chorlton Runners	42:29	42	1866	Simon Holman	V4542	Styal Running Club	52:10						
16	2268	Paul Grabe	V4516	Warriors Pentathlon & AC	43:04	43	473	Geoff Paley	V4543	Dragons Running Club (sale)	52:17						
17	1477	Peter O'Neill	V4517	Sale Harriers Manchester	43:29	44	478	Jonathan Sharp	V4544	Dragons Running Club (sale)	52:35						
18	1001	Alex Masidlover	V4518	Manchester Harriers & Ac	43:40	45	479	Mike Shea	V4545	Dragons Running Club (sale)	52:40						
19	534	Robin Horner	V4519	East Cheshire Harriers & Tames	44:07	46	919	Robert Gregory	V4546	Manchester Frontrunners	54:01						
20	717	Richard Smart	V4520	Knutsford Tri Club	44:51	47	923	Chris Mathers	V4547	Manchester Frontrunners	55:32						
21	543	Haco Santana	V4521	East Cheshire Harriers & Tames	45:00	48	1619	Stuart Mairs	V4548	Salford Metropolitan Ac	55:40						
22	523	Jonathan Aust	V4522	East Cheshire Harriers & Tames	45:22	49	1271	Stephen Parhizgar	V4549	Running Bear	57:28						
23	1898	Richard Jackson	V4523	Swinton Running Club	45:22	50	740	Ernesto DeLaFuente	V4550	Levenshulme Runners	58:46						
24	118	Matt Darnley	V4524	Bramhall Runners	45:46	51	1237	Paul Bartholomew	V4551	Oldham & Royton H & Ac	59:52						
25	1436	John Bracegirdle	V4525	Sale Harriers Manchester	47:04	52	460	Paul Davidson	V4552	Dragons Running Club (sale)	1:01:33						
26	2265	Hareth Abdulla	V4526	Warriors Pentathlon & AC	47:08	53	1172	Shaun Donaghy	V4553	Marple Runners	1:07:15						
27	2488	\$Matthew Oldham	V4527	Unattached	47:26												

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Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	2346	Peter Speake	V50	1 Wilmslow Running Club	37:22	26	401Michael Bean	V5026	Didsbury Runners	49:29
2	623	Robert Hope	V50	2 Horwich R M I Harriers	37:37	27	2183Deane Wharton	V5027	Warrington A C	49:31
3	2477	James Mackie	V50	3 Wirral Ac	39:39	28	459Nathan Cornish	V5028	Dragons Running Club (sale)	49:33
4	65	Andrew Pickford	V50	4 Altrincham & District AC	40:22	29	992Andrew Almond	V5029	Manchester Harriers & Ac	49:59
5	2275	David Pastor	V50	5 Warriors Pentathlon & AC	40:54	30	125Steve McGovern	V5030	Bramhall Runners	50:18
6	1566	Richard Brook	V50	6 Salford Harriers & AC	42:00	31	548Dennis Thomas	V5031	East Cheshire Harriers & Tames	50:31
7	840	Phil Rowen	V50	7 Lymm Runners	42:00	32	1439Hector Chinoy	V5032	Sale Harriers Manchester	50:39
8	2305	Graham Wells	V50	8 West Cheshire Athletic Club	42:04	33	462Ian Emerton	V5033	Dragons Running Club (sale)	50:48
9	1807	David Maher	V50	9 Stockport Harriers & Ac	42:12	34	721James Upton	V5034	Knutsford Tri Club	51:09
10	1886	Simon Atkin	V5010	Swinton Running Club	42:18	35	1189Rob Stutchfield	V5035	Marple Runners	51:22
11	2110	Robert Olliver	V5011	Vale Royal Ac	42:58	36	1446Mark Day	V5036	Sale Harriers Manchester	51:38
12	1492	Matthew Spragg	V5012	Sale Harriers Manchester	43:35	37	872Richard Applewhite	V5037	Macclesfield Harriers & Ac	52:16
13	2487	\$Craig Jeffery	V5013	Dark Peak Fell Runners	43:39	38	456Richard Broster	V5038	Dragons Running Club (sale)	52:34
14	679	Darren Smith	V5014	Hyde Village Striders	43:42	39	838Anthony Hilton	V5039	Lymm Runners	53:00
15	1454	Olivier Gaillemin	V5015	Sale Harriers Manchester	43:54	40	1833Stuart Day	V5040	Stockport Tri Club	53:41
16	1806	Jonathon Knight	V5016	Stockport Harriers & Ac	43:58	41	1266Richard Hadley	V5041	Running Bear	54:56
17	115	Chris Belsham	V5017	Bramhall Runners	44:31	42	1005Chris Sewart	V5042	Manchester Harriers & Ac	55:15
18	684	Steven Walker	V5018	Hyde Village Striders	44:58	43	333Paul Hardy	V5043	Chorlton Runners	55:24
19	1192	Richard Williams	V5019	Marple Runners	45:16	44	739Samuel Crawshaw	V5044	Levenshulme Runners	55:42
20	36	Paul Abraham	V5020	Altrincham & District AC	47:49	45	1809Paul Moran	V5045	Stockport Harriers & Ac	57:37
21	399	Andrew Ballantyne	V5021	Didsbury Runners	48:29	46	246Mark Shorter	V5046	Buxton AC	58:42
22	1111	Roger Thomas	V5022	Manchester Triathlon Club	48:30	47	1221Michael Wild	V5047	Middleton Harriers Ac	59:31
23	403	Rob Bell	V5023	Didsbury Runners	48:38	48	472Kam Ng	V5048	Dragons Running Club (sale)	1:00:02
24	877	Graeme Eddie	V5024	Macclesfield Harriers & Ac	48:49	49	466Stephen Jewell	V5049	Dragons Running Club (sale)	1:08:47
25	477	Nick Roberts	V5025	Dragons Running Club (sale)	49:08	50	1268Glyn Lewis	V5050	Running Bear	1:18:40

Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	620	Julian Goudge	V55	1 Horwich R M I Harriers	39:13	25	64Neil Pendlebury	V5525	Altrincham & District AC	51:40
2	128	Andy Porter	V55	2 Bramhall Runners	40:13	26	1468Ashley Lindsey	V5526	Sale Harriers Manchester	51:58
3	2100	Stuart Doyle	V55	3 Vale Royal Ac	40:53	27	1216James O'Connor	V5527	Middleton Harriers Ac	52:29
4	1137	Tim Shanker	V55	4 Manchester Ymca Harriers	42:13	28	572Michael Unsworth	V5528	Glossopdale Harriers	52:36
5	1810	Simon Pickard	V55	5 Stockport Harriers & Ac	43:47	29	1785Stephen Brown	V5529	Stockport Harriers & Ac	52:53
6	2345	Graham Screawn	V55	6 Wilmslow Running Club	44:34	30	1212Dean Clapworthy	V5530	Middleton Harriers Ac	54:08
7	185	Ed Hunt	V55	7 Bury Athletic Club	45:20	31	1456Steven Gavin	V5531	Sale Harriers Manchester	54:45
8	998	Ed Fazakerley	V55	8 Manchester Harriers & Ac	45:26	32	474Brendan Pugh	V5532	Dragons Running Club (sale)	54:48
9	88	Ian Kramer	V55	9 Belle Vue Racers	45:52	33	67Jim Rimmer	V5533	Altrincham & District AC	55:17
10	1683	Andrew Wilson	V5510	St Helens Sutton Ac	45:59	34	1263Daren Clarke	V5534	Running Bear	55:31
11	55	Richard Kennaugh	V5511	Altrincham & District AC	47:06	35	2102David Haines	V5535	Vale Royal Ac	56:16
12	1792	James Corden	V5512	Stockport Harriers & Ac	47:14	36	633Jason Middleton	V5536	Horwich R M I Harriers	56:50
13	1096	Tim Johns	V5513	Manchester Triathlon Club	47:17	37	1262Paul Carroll	V5537	Running Bear	56:57
14	60	Mark Newton	V5514	Altrincham & District AC	48:55	38	1862Steven Creasey	V5538	Styal Running Club	57:10
15	116	Stephen Brundrett	V5515	Bramhall Runners	49:01	39	421Adrian Palmer	V5539	Didsbury Runners	57:24
16	127	Frank Podd	V5516	Bramhall Runners	49:02	40	1113Nick Wheeler	V5540	Manchester Triathlon Club	57:27
17	56	Kieran Livermore	V5517	Altrincham & District AC	49:12	41	398Jonathan Atkinson	V5541	Didsbury Runners	57:58
18	2334	Stephen Greaves	V5518	Wilmslow Running Club	49:19	42	1179Gavin Nixon	V5542	Marple Runners	58:00
19	2339	Nick Jackson	V5519	Wilmslow Running Club	50:01	43	2338Craig Hunt	V5543	Wilmslow Running Club	58:12
20	1889	Paul Collins	V5520	Swinton Running Club	50:01	44	1860Paul Arrowsmith	V5544	Styal Running Club	1:02:18
21	72	Jason Wells	V5521	Altrincham & District AC	50:14	45	1895Stuart Ellis	V5545	Swinton Running Club	1:04:42
22	665	Tommy Bancroft	V5522	Hyde Village Striders	50:38	46	720Edward Taylor	V5546	Knutsford Tri Club	1:06:02
23	2344	Rana Rajan	V5523	Wilmslow Running Club	51:37	47	361Ian Sharpe	V5547	Chorlton Runners	1:06:02
24	1186	Lewis Smith	V5524	Marple Runners	51:39					

Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	611	Adrian Bramham	V60	1 Horwich R M I Harriers	43:23	16	1987Michael Hutchinson	V6016	Trafford Athletic Club	52:25
2	1568	Shaun Chambers	V60	2 Salford Harriers & AC	44:13	17	2351Colin Walton	V6017	Wilmslow Running Club	53:39
3	45	Richard Evans	V60	3 Altrincham & District AC	45:04	18	43Duncan Dickinson	V6018	Altrincham & District AC	54:41
4	365	Richard Turner	V60	4 Chorlton Runners	45:18	19	71Phil Vesey	V6019	Altrincham & District AC	54:43
5	1974	Richard Byers	V60	5 Trafford Athletic Club	47:10	20	716Paul Lawton	V6020	Knutsford Tri Club	56:15
6	126	Paul Oakley	V60	6 Bramhall Runners	47:26	21	254Paul Garnett	V6021	Cheshire Hill Racers	56:55
7	932	Roberto Raso	V60	7 Manchester Frontrunners	48:39	22	2394Anthony Harrison	V6022	Winston Runners	56:57
8	119	Robert Elstone	V60	8 Bramhall Runners	48:53	23	1219Anthony Walsh	V6023	Middleton Harriers Ac	57:39
9	413	Phil Kemp	V60	9 Didsbury Runners	48:58	24	1176Richard Furniss	V6024	Marple Runners	58:34
10	875	Julian Brown	V6010	Macclesfield Harriers & Ac	49:35	25	1870Ian Morton	V6025	Styal Running Club	59:21
11	704	Andy Dines	V6011	Knutsford Tri Club	49:46	26	1709Stephen Minshall	V6026	Start2jog	1:01:42
12	240	Andrew Lidstone	V6012	Buxton AC	50:05	27	1169Peter Black	V6027	Marple Runners	1:04:45
13	300	Paul Adams	V6013	Chorlton Runners	50:35	28	2486\$Mark Fearnley	V6028	Northwich Running Club	1:07:19
14	328	Sean Glaister	V6014	Chorlton Runners	51:24	29	1009Craig Turner	V6029	Manchester Harriers & Ac	1:18:09
15	1187	Paul Smith	V6015	Marple Runners	51:51					

Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
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Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time					
1	1011	David Gee	V70	1 Manchester Harriers & Ac	49:41	7	1500John Archer	V75	3 Sale Harriers Manchester	1:07:49
2	2355	Andy Watts	V75	1 Wilmslow Running Club	55:00	8	842Duncan Forsyth	V70	5 Lymm Runners	1:09:34
3	97	Patrick O'Brien	V70	2 Belle Vue Racers	56:05	9	647Gordon Stone	V70	6 Horwich R M I Harriers	1:11:09
4	256	Tom McGaff	V70	3 Cheshire Hill Racers	1:01:14	10	1225John Hall	V80	1 Middleton Harriers Ac	1:11:46
5	1224	Alan Garvey	V70	4 Middleton Harriers Ac	1:03:30	11	686Raymond Howarth	V80	2 Hyde Village Striders	1:19:16
6	1144	Jon Paramor	V75	2 Manchester Ymca Harriers	1:03:58	12	1820Robert Taylor	V75	4 Stockport Harriers & Ac	1:32:47

Manchester Area Cross Country League at Woodbank Park on Saturday 10th October 2026

Senior Men — PROVISIONAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time						
1	1472	Nigel Martin		Sale Harriers Manchester	33:42	86	1989	Theo Jacques	Trafford Athletic Club	40:15	
2	1589	Callum Rowlinson		Salford Harriers & AC	33:56	87	320	Luke Donald	Chorlton Runners	40:15	
3	2489	\$Harry Bond		Staffs Moorlands AC	34:36	88	65	Andrew Pickford	V50 4	Altrincham & District AC	40:22
4	1478	George Ogden		Sale Harriers Manchester	34:37	89	1791	Jack Cooper		Stockport Harriers & Ac	40:24
5	1432	Nicholas Barry	V40 1	Sale Harriers Manchester	34:47	90	2267	Richard Dunning	V4013	Warriors Pentathlon & AC	40:27
6	414	Alex Lawton		Didsbury Runners	35:05	91	2468	William Ferguson		Wirral Ac	40:33
7	1601	Ryan Worland		Salford Harriers & AC	35:09	92	1557	Oliver Argyle		Salford Harriers & AC	40:39
8	1484	Philip Robertson		Sale Harriers Manchester	35:41	93	1466	Philip Largan	V4014	Sale Harriers Manchester	40:42
9	626	James Kevan		Horwich R M I Harriers	35:55	94	1617	Dayle Dwyer		Salford Metropolitan Ac	40:44
10	1570	Karl Darcy	V40 2	Salford Harriers & AC	35:57	95	1813	Mark Shatwell	V4015	Stockport Harriers & Ac	40:48
11	619	Luke Foley		Horwich R M I Harriers	36:03	96	2100	Stuart Doyle	V55 3	Vale Royal Ac	40:53
12	1495	Andrew Thompson		Sale Harriers Manchester	36:06	97	2275	David Pastor	V50 5	Warriors Pentathlon & AC	40:54
13	1583	Michael Mannings		Salford Harriers & AC	36:06	98	1796	Stuart Diamond		Stockport Harriers & Ac	40:56
14	1986	Jay Hutchinson	U20 1	Trafford Athletic Club	36:07	99	1048	Grant Boyne		Manchester Harriers & Ac	40:58
15	2118	Nathan Williams		Vale Royal Ac	36:07	100	1991	Evan Lewis	U2012	Trafford Athletic Club	41:29
16	533	Michael Holness	V40 3	East Cheshire Harriers & Tames	36:12	101	880	Ben Greene		Macclesfield Harriers & Ac	41:34
17	1789	Jack Catterall		Stockport Harriers & Ac	36:19	102	303	Dan Atkinson	V4513	Chorlton Runners	41:35
18	190	Sebastian Poma		Bury Athletic Club	36:19	103	41	Nick Bugler		Altrincham & District AC	41:35
19	892	Joseph Pickard		Macclesfield Harriers & Ac	36:23	104	2266	Matthew Cass	V4016	Warriors Pentathlon & AC	41:36
20	2105	John Humphries		Vale Royal Ac	36:27	105	2028	Alex Johnson		University Of Manchester	41:38
21	2025	George Hopkins		University Of Manchester	36:28	106	467	Colin Latham	V4514	Dragons Running Club (Sale)	41:41
22	1580	Callum Jones		Salford Harriers & AC	36:33	107	682	Riley Thomson	U2013	East Cheshire Harriers & Tames	41:47
23	828	Hywel Care	V40 4	Liverpool Harriers & AC	36:33	108	2104	Tom Heaword		Vale Royal Ac	41:49
24	2094	Jacob Brown		Vale Royal Ac	36:43	109	363	Corey Smith		Chorlton Runners	41:49
25	525	Gavin Browne		East Cheshire Harriers & Tames	36:43	110	1591	John Seed		Salford Harriers & AC	41:49
26	1981	Archie Greenwood	U20 2	Trafford Athletic Club	36:45	111	193	Ben Sunley		Bury Athletic Club	41:56
27	2101	Mark Gittins	V45 1	Vale Royal Ac	36:46	112	1127	Mark Condon		Manchester Ymca Harriers	41:56
28	176	James Brown		Bury Athletic Club	36:50	113	47	Craig Foster	V4017	Altrincham & District AC	41:58
29	1586	Harry Partington		Salford Harriers & AC	36:54	114	1566	Richard Brook	V50 6	Salford Harriers & AC	42:00
30	1782	William Bailey	U20 3	Stockport Harriers & Ac	36:55	115	840	Phil Rowen	V50 7	Lymm Runners	42:00
31	1474	Marcus Nicholson		Sale Harriers Manchester	36:57	116	836	Stuart Berry		Lymm Runners	42:03
32	38	Michael Berks	V40 5	Altrincham & District AC	37:06	117	2305	Graham Wells	V50 8	West Cheshire Athletic Club	42:04
33	1430	Matthew Barnes	V45 2	Sale Harriers Manchester	37:12	118	1807	David Maher	V50 9	Stockport Harriers & Ac	42:12
34	2300	Matthew Hughes		West Cheshire Athletic Club	37:17	119	1137	Tim Shanker	V55 4	Manchester Ymca Harriers	42:13
35	343	Fraser Macdonald	Ould	Chorlton Runners	37:18	120	1467	Oliver Lee		Sale Harriers Manchester	42:15
36	2492	\$Gavin Tomlinson		Chorlton Runners	37:20	121	312	Benjamin Brown		Chorlton Runners	42:17
37	2346	Peter Speake	V50 1	Wilmslow Running Club	37:22	122	425	Dan Scotson		Didsbury Runners	42:18
38	685	Josh Walton		Hyde Village Striders	37:23	123	1886	Simon Atkin	V5010	Swinton Running Club	42:18
39	1483	Phil Richardson		Sale Harriers Manchester	37:30	124	2174	E Clayton-Priestley		Warrington A C	42:20
40	530	Marshall Fleet	U20 4	East Cheshire Harriers & Tames	37:32	125	1131	Joseph Hayes		Manchester Ymca Harriers	42:24
41	1491	C Spence-Leslie		Sale Harriers Manchester	37:37	126	357	Al Robertson	V4515	Chorlton Runners	42:29
42	623	Robert Hope	V50 2	Horwich R M I Harriers	37:37	127	2096	Lee Carrington	V4018	Vale Royal Ac	42:31
43	423	Jonathan Pickup		Didsbury Runners	37:42	128	545	Jacob Taylor		East Cheshire Harriers & Tames	42:34
44	360	James Savage	V40 6	Chorlton Runners	37:51	129	2027	Thomas James		University Of Manchester	42:40
45	2269	Oberon Kearney	U20 5	Warriors Pentathlon & AC	37:53	130	2331	Markus Dalgaard		Wilmslow Running Club	42:47
46	549	Oliver Walker	U20 6	East Cheshire Harriers & Tames	38:02	131	2003	George Wright		Trafford Athletic Club	42:48
47	1564	Israel Bello		Salford Harriers & AC	38:07	132	527	Ben Dale	U2014	East Cheshire Harriers & Tames	42:51
48	2330	Richard Coen	V45 3	Wilmslow Running Club	38:12	133	122	Zain Karim		Bramhall Runners	42:55
49	1003	Christopher Parikh	U20 7	Manchester Harriers & Ac	38:16	134	2110	Robert Oliver	V5011	Vale Royal Ac	42:58
50	1497	Nicholas Tynan	V40 7	Sale Harriers Manchester	38:19	135	673	Stephen Kirk	V4019	Hyde Village Striders	43:02
51	1437	Alex Bradford		Sale Harriers Manchester	38:21	136	2268	Paul Grabe	V4516	Warriors Pentathlon & AC	43:04
52	2033	Joshua Selfridge		University Of Manchester	38:23	137	1055	Thomas Gunby		Manchester Harriers & Ac	43:05
53	2179	Adam Rashud	V45 4	Warrington A C	38:25	138	2029	Jonathan Kowal		University Of Manchester	43:07
54	417	Damien McHugh		Didsbury Runners	38:29	139	617	Matthew Dewhurst		Horwich R M I Harriers	43:08
55	1975	Luke Carrington		Trafford Athletic Club	38:29	140	362	Adam Smith		Chorlton Runners	43:09
56	372	David Wyeth	V45 5	Chorlton Runners	38:30	141	1487	Wayne Shaw	V4020	Sale Harriers Manchester	43:14
57	1672	Thomas Griffiths		St Helens Sutton Ac	38:47	142	625	Andrew Kelly		Horwich R M I Harriers	43:19
58	1815	Adam Thompson	V40 8	Stockport Harriers & Ac	38:48	143	1666	Matt Blake		St Helens Sutton Ac	43:22
59	1045	Luke Asante		Manchester Harriers & Ac	38:49	144	611	Adrian Bramham	V60 1	Horwich R M I Harriers	43:23
60	616	Ian Conroy	V45 6	Horwich R M I Harriers	38:57	145	2036	Jasper Travis		University Of Manchester	43:25
61	2301	Lewis Morris	U20 8	West Cheshire Athletic Club	38:58	146	1477	Peter O'Neill	V4517	Sale Harriers Manchester	43:29
62	317	Thomas Culshaw		Chorlton Runners	38:58	147	419	Miles Moran		Didsbury Runners	43:31
63	1817	Andy Woodhead	V45 7	Stockport Harriers & Ac	39:08	148	1492	Matthew Spragg	V5012	Sale Harriers Manchester	43:35
64	1469	Pierce Lyons	V40 9	Sale Harriers Manchester	39:10	149	742	Martin Dickson		Levenshulme Runners	43:38
65	620	Julian Goudge	V55 1	Horwich R M I Harriers	39:13	150	2487	\$Craig Jeffery	V5013	Dark Peak Fell Runners	43:39
66	2021	Finley Cant	U20 9	University Of Manchester	39:22	151	1001	Alex Masidlover	V4518	Manchester Harriers & Ac	43:40
67	1428	Rueben Ashton	U2010	Sale Harriers Manchester	39:29	152	536	Steven Jones	V4021	East Cheshire Harriers & Tames	43:41
68	1800	Ryan Harrison		Stockport Harriers & Ac	39:29	153	679	Darren Smith	V5014	Hyde Village Striders	43:42
69	408	Jordan Dover		Didsbury Runners	39:31	154	356	Brook Roberts		Chorlton Runners	43:44
70	1664	Steven Anders	V45 8	St Helens Sutton Ac	39:33	155	1810	Simon Pickard	V55 5	Stockport Harriers & Ac	43:47
71	526	Liam Browne	V4010	East Cheshire Harriers & Tames	39:38	156	2303	Paul Morrison		West Cheshire Athletic Club	43:53
72	2477	James Mackie	V50 3	Wirral Ac	39:39	157	1454	Olivier Gaillemine	V5015	Sale Harriers Manchester	43:54
73	1812	J Scott-Buccleuch	V45 9	Stockport Harriers & Ac	39:43	158	1806	Jonathon Knight	V5016	Stockport Harriers & Ac	43:58
74	1668	Michael Brussels		St Helens Sutton Ac	39:48	159	1459	Ben Hall		Sale Harriers Manchester	43:59
75	2001	Laurence Skidmore		Trafford Athletic Club	39:48	160	1107	Rohunsingh Sam		Manchester Triathlon Club	44:04
76	2097	Mark Crabtree	V4510	Vale Royal Ac	39:51	161	1494	Tom Stephenson	V4022	Sale Harriers Manchester	44:06
77	1091	Sam Barratt		Manchester Triathlon Club	39:52	162	532	James Hartshorne	V4023	East Cheshire Harriers & Tames	44:06
78	1449	Chris Donnelly	V4511	Sale Harriers Manchester	39:55	163	534	Robin Horner	V4519	East Cheshire Harriers & Tames	44:07
79	183	Luke Harrell	V4011	Bury Athletic Club	39:59	164	1976	Peter Cockings		Trafford Athletic Club	44:10
80	2306	Scott Wells	U2011	West Cheshire Athletic Club	40:01	165	2307	Noah Woolgar	U2015	West Cheshire Athletic Club	44:11
81	1665	Chris Birkett	V4512	St Helens Sutton Ac	40:01	166	1568	Shaun Chambers	V60 2	Salford Harriers & AC	44:13
82	1443	Andrew Curvis	V4012	Sale Harriers Manchester	40:01	167	541	Callum Parkinson		East Cheshire Harriers & Tames	44:16
83	1002	Luke Oldfield		Manchester Harriers & Ac	40:08	168	405	Eddie Campbell		Didsbury Runners	44:16
84	2030	Kier McCulloch		University Of Manchester	40:10	169	1818	Rob Woodhead	V4024	Stockport Harriers & Ac	44:19
85	128	Andy Porter	V55 2	Bramhall Runners	40:13	170	2176	Jonny Leatherbarrow		Warrington A C	44:20

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171	184	Joseph Hornsby	Bury Athletic Club	44:21	262	60	Mark Newton	V5514	Altrincham & District AC	48:55		
172	1896	Joseph Harrison	Swinton Running Club	44:26	263	706	Tom Edwards	V4532	Knutsford Tri Club	48:57		
173	115	Chris Belsham	V5017	Bramhall Runners	44:31	264	1799	Ronan Harkin	V4037	Stockport Harriers & Ac	48:58	
174	1622	Max Saleh		Salford Metropolitan Ac	44:33	265	413	Phil Kemp	V60	9	Didsbury Runners	48:58
175	198	Conor Wilkinson		Bury Athletic Club	44:34	266	178	Ben Cole	V4038	Bury Athletic Club	49:00	
176	2345	Graham Screawn	V55	6	Wilmslow Running Club	44:34	267	116	Stephen Brundrett	V5515	Bramhall Runners	49:01
177	882	Zach Jones		Macclesfield Harriers & Ac	44:35	268	127	Frank Podd	V5516	Bramhall Runners	49:02	
178	537	Michael Kennedy		East Cheshire Harriers & Tames	44:39	269	196	Ian Warrington	V4039	Bury Athletic Club	49:03	
179	646	Matt Wilson	V4025	Horwich R M I Harriers	44:43	270	1142	Iain Wilson		Manchester Ymca Harriers	49:04	
180	248	William Throssel	V4026	Buxton AC	44:49	271	477	Nick Roberts	V5025	Dragons Running Club (sale)	49:08	
181	717	Richard Smart	V4520	Knutsford Tri Club	44:51	272	718	Samuel Stafford	V4533	Knutsford Tri Club	49:10	
182	2095	Steven Caldwell	V4027	Vale Royal Ac	44:56	273	1863	Andrew Davis		Styal Running Club	49:12	
183	684	Steven Walker	V5018	Hyde Village Striders	44:58	274	56	Kieran Livermore	V5517	Altrincham & District AC	49:12	
184	543	Haco Santana	V4521	East Cheshire Harriers & Tames	45:00	275	416	Dan Levin	V4534	Didsbury Runners	49:13	
185	45	Richard Evans	V60	3	Altrincham & District AC	45:04	276	746	Jonathan Jones	V4040	Levenshulme Runners	49:15
186	1471	David Marsh		Sale Harriers Manchester	45:16	277	542	Gary Royle	V4041	East Cheshire Harriers & Tames	49:17	
187	1192	Richard Williams	V5019	Marple Runners	45:16	278	2334	Stephen Greaves	V5518	Wilmslow Running Club	49:19	
188	365	Richard Turner	V60	4	Chorlton Runners	45:18	279	1190	Mike Taylor		Marple Runners	49:20
189	185	Ed Hunt	V55	7	Bury Athletic Club	45:20	280	925	Gettigan Declan Mc		Manchester Frontrunners	49:23
190	2023	Isaac East		University Of Manchester	45:21	281	2379	Marc Tarsky		Wilmslow Striders	49:28	
191	523	Jonathan Aust	V4522	East Cheshire Harriers & Tames	45:22	282	885	Daniel Leng		Macclesfield Harriers & Ac	49:28	
192	1898	Richard Jackson	V4523	Swinton Running Club	45:22	283	401	Michael Bean	V5026	Didsbury Runners	49:29	
193	998	Ed Fazakerley	V55	8	Manchester Harriers & Ac	45:26	284	2183	Deane Wharton	V5027	Warrington A C	49:31
194	348	Jamie Morwood		Chorlton Runners	45:31	285	1571	Christopher Dawson	V4535	Salford Harriers & AC	49:32	
195	1840	Paul Roberts	V4028	Stockport Tri Club	45:37	286	459	Nathan Cornish	V5028	Dragons Running Club (sale)	49:33	
196	1669	Joseph Byrne		St Helens Sutton Ac	45:43	287	875	Julian Brown	V6010	Macclesfield Harriers & Ac	49:35	
197	522	Hassan Ahmad		East Cheshire Harriers & Tames	45:44	288	1795	Evan Davies		Stockport Harriers & Ac	49:40	
198	118	Matt Darnley	V4524	Bramhall Runners	45:46	289	1011	David Gee	V70	1	Manchester Harriers & Ac	49:41
199	88	Ian Kramer	V55	9	Belle Vue Racers	45:52	290	922	Ho Ma	V4042	Manchester Frontrunners	49:42
200	309	Finn Boyd		Chorlton Runners	45:58	291	1134	Alexander Muirhead		Manchester Ymca Harriers	49:45	
201	1683	Andrew Wilson	V5510	St Helens Sutton Ac	45:59	292	704	Andy Dines	V6011	Knutsford Tri Club	49:46	
202	358	Andrew Robertson		Chorlton Runners	46:01	293	668	David Clarke	V65	3	Hyde Village Striders	49:50
203	197	Harry White		Bury Athletic Club	46:14	294	400	Lewis Barker		Didsbury Runners	49:50	
204	921	Vince Lister		Manchester Frontrunners	46:34	295	702	Doug Brammer	V4043	Knutsford Tri Club	49:53	
205	1615	Daniel Carney	V4029	Salford Metropolitan Ac	46:39	296	2115	Jack Whalley		Vale Royal Ac	49:56	
206	935	Matt Titterington		Manchester Frontrunners	46:40	297	331	Sebastian Greenhow		Chorlton Runners	49:56	
207	129	Gareth Pritchard	V4030	Bramhall Runners	46:41	298	1143	Robin Winkle	V4536	Manchester Ymca Harriers	49:57	
208	2090	Dan Adamson		Vale Royal Ac	46:41	299	992	Andrew Almond	V5029	Manchester Harriers & Ac	49:59	
209	1481	Aidan Raftery	V65	1	Sale Harriers Manchester	46:42	300	2339	Nick Jackson	V5519	Wilmslow Running Club	50:01
210	749	Doug Webb		Levenshulme Runners	46:42	301	1889	Paul Collins	V5520	Swinton Running Club	50:01	
211	1092	Rory Bell		Manchester Triathlon Club	46:45	302	240	Andrew Lidstone	V6012	Buxton AC	50:05	
212	1022	James Kay		Manchester Metropolitan Uni	46:55	303	186	Paul Marshall	V4537	Bury Athletic Club	50:05	
213	480	Tom Sylvester		Dragons Running Club (sale)	46:58	304	1670	Jon Donald	V4538	St Helens Sutton Ac	50:08	
214	2178	David Norman	V65	2	Warrington A C	47:04	305	2392	Cameron Aitken		Winston Runners	50:10
215	1436	John Bracegirdle	V4525	Sale Harriers Manchester	47:04	306	683	Adrian Walker	V4044	Hyde Village Striders	50:13	
216	1114	Samuel Williamson		Manchester Triathlon Club	47:06	307	2374	Jack Miller		Wilmslow Striders	50:13	
217	55	Richard Kennaugh	V5511	Altrincham & District AC	47:06	308	72	Jason Wells	V5521	Altrincham & District AC	50:14	
218	2265	Hareth Abdulla	V4526	Warriors Pentathlon & AC	47:08	309	125	Steve McGovern	V5030	Bramhall Runners	50:18	
219	1135	Martin Rimmer		Manchester Ymca Harriers	47:08	310	1021	- Hardwood		Manchester Metropolitan Uni	50:18	
220	1974	Richard Byers	V60	5	Trafford Athletic Club	47:10	311	2467	Mark Evens	V4539	Wirral Ac	50:19
221	1792	James Corden	V5512	Stockport Harriers & Ac	47:14	312	548	Dennis Thomas	V5031	East Cheshire Harriers & Tames	50:31	
222	1126	Ted Coles		Manchester Ymca Harriers	47:14	313	1025	D Quiroga		Manchester Metropolitan Uni	50:32	
223	1096	Tim Johns	V5513	Manchester Triathlon Club	47:17	314	300	Paul Adams	V6013	Chorlton Runners	50:35	
224	1125	Alan Beaumont		Manchester Ymca Harriers	47:19	315	918	Ross Dent		Manchester Frontrunners	50:37	
225	58	Dan Martell		Altrincham & District AC	47:25	316	665	Tommy Bancroft	V5522	Hyde Village Striders	50:38	
226	2488	Matthew Oldham	V4527	Unattached	47:26	317	1439	Hector Chinoy	V5032	Sale Harriers Manchester	50:39	
227	126	Paul Oakley	V60	6	Bramhall Runners	47:26	318	89	Anthony McGivney		Belle Vue Racers	50:41
228	471	John McIntyre		Dragons Running Club (sale)	47:26	319	462	Ian Emerton	V5033	Dragons Running Club (sale)	50:48	
229	920	Jono Guildford	V4528	Manchester Frontrunners	47:32	320	931	Michael Prionas		Manchester Frontrunners	50:49	
230	2092	Tom Barnett		Vale Royal Ac	47:36	321	42	Sousa Costain Al De		Altrincham & District AC	50:51	
231	1130	Samuel Gilmore		Manchester Ymca Harriers	47:42	322	1264	Jake Coles		Running Bear	50:54	
232	324	William Franks		Chorlton Runners	47:46	323	1618	John Lee		Salford Metropolitan Ac	50:55	
233	461	Phill Edwards	V4031	Dragons Running Club (sale)	47:46	324	1062	Steven Parkinson		Manchester Harriers & Ac	50:56	
234	1104	Daniel Parker		Manchester Triathlon Club	47:48	325	917	Amir Dar		Manchester Frontrunners	51:05	
235	36	Paul Abraham	V5020	Altrincham & District AC	47:49	326	721	James Upton	V5034	Knutsford Tri Club	51:09	
236	1460	Christopher Hertzog		Sale Harriers Manchester	47:50	327	475	B Raju	V4045	Dragons Running Club (sale)	51:12	
237	2397	James Phillips	V4032	Winston Runners	47:57	328	1894	Steven Doxey	V65	4	Swinton Running Club	51:15
238	924	Stanley May	V4529	Manchester Frontrunners	47:58	329	1189	Rob Stutchfield	V5035	Marple Runners	51:22	
239	1106	Robert Russell		Manchester Triathlon Club	48:09	330	328	Sean Glaister	V6014	Chorlton Runners	51:24	
240	410	Carl Healy		Didsbury Runners	48:10	331	933	Aaron Shaughnessy		Manchester Frontrunners	51:31	
241	339	Eamonn Keogh	V4530	Chorlton Runners	48:12	332	546	Joe Taylor	U2016	East Cheshire Harriers & Tames	51:32	
242	1006	Timothy Smith		Manchester Harriers & Ac	48:13	333	2366	Chris Eldred		Wilmslow Striders	51:33	
243	1019	Jacob Dockree		Manchester Metropolitan Uni	48:13	334	2344	Rana Rajan	V5523	Wilmslow Running Club	51:37	
244	995	Adam Calthorpe		Manchester Harriers & Ac	48:17	335	701	Naveen Bhatia	V4046	Knutsford Tri Club	51:38	
245	1095	Daniel Hunt-Earle		Manchester Triathlon Club	48:18	336	1446	Mark Day	V5036	Sale Harriers Manchester	51:38	
246	2271	Chris Levick	V4033	Warriors Pentathlon & AC	48:21	337	1186	Lewis Smith	V5524	Marple Runners	51:39	
247	622	Brett Hazelwood		Horwich R M I Harriers	48:25	338	64	Neil Pendlebury	V5525	Altrincham & District AC	51:40	
248	237	Callum D'souza	V4034	Buxton AC	48:26	339	476	Evan Roberts		Dragons Running Club (sale)	51:42	
249	1868	Russell Jones	V4035	Styal Running Club	48:26	340	881	Duncan James		Macclesfield Harriers & Ac	51:46	
250	399	Andrew Ballantyne	V5021	Didsbury Runners	48:29	341	703	Paul Brocklehurst	V4540	Knutsford Tri Club	51:48	
251	1111	Roger Thomas	V5022	Manchester Triathlon Club	48:30	342	326	Richard Gardner	V4541	Chorlton Runners	51:50	
252	2478	Samuel Nickson		Wirral Ac	48:32	343	1187	Paul Smith	V6015	Marple Runners	51:51	
253	403	Rob Bell	V5023	Didsbury Runners	48:38	344	1100	Stephen McFarland		Manchester Triathlon Club	51:55	
254	932	Roberto Raso	V60	7	Manchester Frontrunners	48:39	345	1468	Ashley Lindsey	V5526	Sale Harriers Manchester	51:58
255	1063	George Rogerson		Manchester Harriers & Ac	48:41	346	1272	Tom Scott	V4047	Running Bear	52:00	
256	1093	Martin Forker	V4036	Manchester Triathlon Club	48:42	347	37	David Ainsworth	V65	5	Altrincham & District AC	52:04
257	528	Gary Dean	V4531	East Cheshire Harriers & Tames	48:47	348	1866	Simon Holman	V4542	Styal Running Club	52:10	
258	547	Joshua Taylor		East Cheshire Harriers & Tames	48:48	349	426	Jamie Soul		Didsbury Runners	52:15	
259	877	Graeme Eddie	V5024	Macclesfield Harriers & Ac	48:49	350	872	Richard Applewhite	V5037	Macclesfield Harriers & Ac	52:16	
260	1798	Edward Gough		Stockport Harriers & Ac	48:52	351	473	Geoff Paley	V4543	Dragons Running Club (sale)	52:17	
261	119	Robert Elstone	V60	8	Bramhall Runners	48:53	352	1900	Tom Porter		Swinton Running Club	52:24

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353	1987	Michael Hutchinson	V6016	Trafford Athletic Club	52:25	409	1479	Stephen Parry	V65 9	Sale Harriers Manchester	56:58
354	1094	Charlie Horne		Manchester Triathlon Club	52:25	410	1667	Gary Briscoe	V4058	St Helens Sutton Ac	57:01
355	2020	Dylan Barbone		University Of Manchester	52:27	411	1862	Steven Creasey	V5538	Styal Running Club	57:10
356	1216	James O'Connor	V5527	Middleton Harriers Ac	52:29	412	421	Adrian Palmer	V5539	Didsbury Runners	57:24
357	456	Richard Broster	V5038	Dragons Running Club (sale)	52:34	413	1113	Nick Wheeler	V5540	Manchester Triathlon Club	57:27
358	478	Jonathan Sharp	V4544	Dragons Running Club (sale)	52:35	414	1271	Stephen Parhizgar	V4549	Running Bear	57:28
359	572	Michael Unsworth	V5528	Glossopdale Harriers	52:36	415	912	Michael Bailey	V4059	Manchester Frontrunners	57:34
360	483	Steven Ward	V4048	Dragons Running Club (sale)	52:37	416	1809	Paul Moran	V5045	Stockport Harriers & Ac	57:37
361	479	Mike Shea	V4545	Dragons Running Club (sale)	52:40	417	1219	Anthony Walsh	V6023	Middleton Harriers Ac	57:39
362	1785	Stephen Brown	V5529	Stockport Harriers & Ac	52:53	418	2032	Nicolas Mitchiner		University Of Manchester	57:41
363	838	Anthony Hilton	V5039	Lymm Runners	53:00	419	463	George Fleming		Dragons Running Club (sale)	57:46
364	1470	Rob Marsden	V4049	Sale Harriers Manchester	53:16	420	1168	Zeki Al-Khishali		Marple Runners	57:53
365	1614	Chris Berrington	V4050	Salford Metropolitan Ac	53:24	421	398	Jonathan Atkinson	V5541	Didsbury Runners	57:58
366	670	John Hare	V4051	Hyde Village Striders	53:25	422	1179	Gavin Nixon	V5542	Marple Runners	58:00
367	2351	Colin Walton	V6017	Wilmslow Running Club	53:39	423	1239	Jay Marley	V4060	Oldham & Royton H & Ac	58:04
368	1833	Stuart Day	V5040	Stockport Tri Club	53:41	424	2338	Craig Hunt	V5543	Wilmslow Running Club	58:12
369	1837	Adam Leake		Stockport Tri Club	53:52	425	2484	\$Haroon Khan	V4061	Runna	58:15
370	1267	Trevor Haworth	V65 6	Running Bear	54:00	426	1176	Richard Furniss	V6024	Marple Runners	58:34
371	919	Robert Gregory	V4546	Manchester Frontrunners	54:01	427	246	Mark Shorter	V5046	Buxton AC	58:42
372	567	David Chrystie-Lowe	V65 7	Glossopdale Harriers	54:06	428	740	Ernesto DeLaFuente	V4550	Levenshulme Runners	58:46
373	1212	Dean Clapworthy	V5530	Middleton Harriers Ac	54:08	429	719	J Stubbs	V6510	Knutsford Tri Club	59:10
374	1023	Jack Lewis		Manchester Metropolitan Uni	54:12	430	1870	Ian Morton	V6025	Styal Running Club	59:21
375	54	Oliver Jones		Altrincham & District AC	54:19	431	1221	Michael Wild	V5047	Middleton Harriers Ac	59:31
376	1270	William Mitchell		Running Bear	54:34	432	1237	Paul Bartholomew	V4551	Oldham & Royton H & Ac	59:52
377	676	Michael Monaghan		Hyde Village Striders	54:37	433	472	Kam Ng	V5048	Dragons Running Club (sale)	1:00:02
378	879	Nathan Finnis		Macclesfield Harriers & Ac	54:39	434	738	Chris Bennett		Levenshulme Runners	1:00:12
379	342	John Lugsden	V4052	Chorlton Runners	54:41	435	2395	Steven Parry	V4062	Winston Runners	1:00:30
380	43	Duncan Dickinson	V6018	Altrincham & District AC	54:41	436	481	Robert Todd	V6511	Dragons Running Club (sale)	1:00:57
381	2274	Eric Osayande	V4053	Warriors Pentathlon & AC	54:42	437	1899	Andrew Porter		Swinton Running Club	1:01:02
382	71	Phil Vesey	V6019	Altrincham & District AC	54:43	438	256	Tom McGaff	V70 3	Cheshire Hill Racers	1:01:14
383	1456	Steven Gavin	V5531	Sale Harriers Manchester	54:45	439	1217	Mishka Pillay		Middleton Harriers Ac	1:01:20
384	474	Brendan Pugh	V5532	Dragons Running Club (sale)	54:48	440	460	Paul Davidson	V4552	Dragons Running Club (sale)	1:01:33
385	934	S Stillingfleet		Manchester Frontrunners	54:53	441	1709	Stephen Minshall	V6026	Start2jog	1:01:42
386	1266	Richard Hadley	V5041	Running Bear	54:56	442	1708	Robert Maidstone		Start2jog	1:02:12
387	1180	James Nuttall	V4054	Marple Runners	54:58	443	1860	Paul Arrowsmith	V5544	Styal Running Club	1:02:18
388	2355	Andy Watts	V75 1	Wilmslow Running Club	55:00	444	748	Julian Sacofsky	V6512	Levenshulme Runners	1:03:07
389	997	James English		Manchester Harriers & Ac	55:07	445	1224	Alan Garvey	V70 4	Middleton Harriers Ac	1:03:30
390	714	Sam Kania		Knutsford Tri Club	55:10	446	1129	Sean Duff		Manchester Ymca Harriers	1:03:58
391	1005	Chris Sewart	V5042	Manchester Harriers & Ac	55:15	447	1144	Jon Paramor	V75 2	Manchester Ymca Harriers	1:03:58
392	1440	Frank Cordingley	V65 8	Sale Harriers Manchester	55:17	448	1895	Stuart Ellis	V5545	Swinton Running Club	1:04:42
393	67	Jim Rimmer	V5533	Altrincham & District AC	55:17	449	1169	Peter Black	V6027	Marple Runners	1:04:45
394	333	Paul Hardy	V5043	Chorlton Runners	55:24	450	1218	Craig Sutherland	V6513	Middleton Harriers Ac	1:05:30
395	1263	Daren Clarke	V5534	Running Bear	55:31	451	720	Edward Taylor	V5546	Knutsford Tri Club	1:06:02
396	923	Chris Mathers	V4547	Manchester Frontrunners	55:32	452	361	Ian Sharpe	V5547	Chorlton Runners	1:06:02
397	1619	Stuart Mairs	V4548	Salford Metropolitan Ac	55:40	453	1172	Shaun Donaghy	V4553	Marple Runners	1:07:15
398	739	Samuel Crawshaw	V5044	Levenshulme Runners	55:42	454	2486	\$Mark Fearnley	V6028	Northwich Running Club	1:07:19
399	97	Patrick O'Brien	V70 2	Belle Vue Racers	56:05	455	1500	John Archer	V75 3	Sale Harriers Manchester	1:07:49
400	716	Paul Lawton	V6020	Knutsford Tri Club	56:15	456	1099	Anthony Lock		Manchester Triathlon Club	1:08:28
401	711	Adam Horrocks	V4055	Knutsford Tri Club	56:15	457	466	Stephen Jewell	V5049	Dragons Running Club (sale)	1:08:47
402	2102	David Haines	V5535	Vale Royal Ac	56:16	458	842	Duncan Forsyth	V70 5	Lymm Runners	1:09:34
403	1260	Jim Anthony	V4056	Running Bear	56:25	459	647	Gordon Stone	V70 6	Horwich R M I Harriers	1:11:09
404	564	Andrew Baron	V4057	Glossopdale Harriers	56:39	460	1225	John Hall	V80 1	Middleton Harriers Ac	1:11:46
405	633	Jason Middleton	V5536	Horwich R M I Harriers	56:50	461	1009	Craig Turner	V6029	Manchester Harriers & Ac	1:18:09
406	254	Paul Garnett	V6021	Cheshire Hill Racers	56:55	462	1268	Glyn Lewis	V5050	Running Bear	1:18:40
407	1262	Paul Carroll	V5537	Running Bear	56:57	463	686	Raymond Howarth	V80 2	Hyde Village Striders	1:19:16
408	2394	Anthony Harrison	V6022	Winston Runners	56:57	464	1820	Robert Taylor	V75 4	Stockport Harriers & Ac	1:32:47

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale Harriers Manchester	56	—	1 Nigel Martin	3 George Ogden	4 Nicholas Barry	7 Philip Robertson	11 Andrew Thompson	30 Marcus Nicholson
2 Salford Harriers & AC	78	—	2 Callum Rowlinson	6 Ryan Worland	9 Karl Darcy	12 Michael Mannings	21 Callum Jones	28 Harry Partington
3 Vale Royal Ac	250	—	14 Nathan Williams	19 John Humphries	23 Jacob Brown	26 Mark Gittins	74 Mark Crabtree	94 Stuart Doyle
4 Sale Harriers Manchester 'B'	267	—	32 Matthew Barnes	37 Phil Richardson	39 C Spence-Leslie	48 Nicholas Tynan	49 Alex Bradford	62 Pierce Lyons
5 East Cheshire Harriers & Tames	295	—	15 Michael Holness	24 Gavin Browne	38 Marshall Fleet	44 Oliver Walker	69 Liam Browne	105 Riley Thomson
6 Stockport Harriers & Ac	299	—	16 Jack Catterall	29 William Bailey	56 Adam Thompson	61 Andy Woodhead	66 Ryan Harrison	71 J Scott-Buckleuch
7 Horwich R M I Harriers	316	—	8 James Kevan	10 Luke Foley	40 Robert Hope	58 Ian Conroy	63 Julian Goudge	137 Matthew Dewhurst
8 Trafford Athletic Club	346	—	13 Jay Hutchinson	25 Archie Greenwood	53 Luke Carrington	73 Laurence Skidmore	84 Theo Jacques	98 Evan Lewis
9 Chorlton Runners	375	—	34 Fraser Macdonald	42 James Savage	54 David Wyeth	60 Thomas Culshaw	85 Luke Donald	100 Dan Atkinson
10 Didsbury Runners	430	—	5 Alex Lawton	41 Jonathan Pickup	52 Damien McHugh	67 Jordan Dover	120 Dan Scotson	145 Miles Moran
11 University Of Manchester	446	—	20 George Hopkins	50 Joshua Selfridge	64 Finley Cant	82 Kier McCulloch	103 Alex Johnson	127 Thomas James
12 Manchester Harriers & Ac	565	—	47 Christopher Parikh	57 Luke Asante	81 Luke Oldfield	97 Grant Boyne	135 Thomas Gunby	148 Alex Masidlover
13 Sale Harriers Manchester 'C'	569	—	65 Rueben Ashton	76 Chris Donnelly	80 Andrew Curvis	91 Philip Lorgan	118 Oliver Lee	139 Wayne Shaw
14 Bury Athletic Club	570	—	17 Sebastian Poma	27 James Brown	77 Luke Harreld	109 Ben Sunley	168 Joseph Hornsby	172 Conor Wilkinson
15 West Cheshire Athletic Club	600	—	33 Matthew Hughes	59 Lewis Morris	78 Scott Wells	115 Graham Wells	153 Paul Morrison	162 Noah Woolgar
16 St Helens Sutton Ac	608	—	55 Thomas Griffiths	68 Steven Anders	72 Michael Brussels	79 Chris Birkett	141 Matt Blake	193 Joseph Byrne
17 Warriors Pentathlon & AC	677	—	43 Oberon Keamey	88 Richard Dunning	95 David Pastor	102 Matthew Cass	134 Paul Grabe	215 Hareth Abdulla
18 Stockport Harriers & Ac 'B'	699	—	87 Jack Cooper	93 Mark Shatwell	96 Stuart Diamond	116 David Maher	152 Simon Pickard	155 Jonathon Knight
19 Altrincham & District AC	725	—	31 Michael Berks	86 Andrew Pickford	101 Nick Bugler	111 Craig Foster	182 Richard Evans	214 Richard Kennaugh
20 Salford Harriers & AC 'B'	799	—	45 Israel Bello	90 Oliver Argyle	108 John Seed	112 Richard Brook	163 Shaun Chambers	281 Christopher Dawson
21 Chorlton Runners 'B'	824	—	107 Corey Smith	119 Benjamin Brown	124 Al Robertson	138 Adam Smith	151 Brook Roberts	185 Richard Turner
22 East Cheshire Harriers & T 'B'	888	—	126 Jacob Taylor	130 Ben Dale	149 Steven Jones	159 James Hartshome	160 Robin Horner	164 Callum Parkinson
23 Sale Harriers Manchester 'D'	941	—	144 Peter O'Neill	146 Matthew Spragg	154 Olivier Gaillemain	156 Ben Hall	158 Tom Stephenson	183 David Marsh
24 Wilmslow Running Club	952	—	35 Peter Speake	46 Richard Coen	128 Markus Dalgaard	173 Graham Screawn	274 Stephen Greaves	296 Nick Jackson
25 Vale Royal Ac 'B'	973	—	106 Tom Heaword	125 Lee Carrington	132 Robert Olliver	179 Steven Caldwell	205 Dan Adamson	226 Tom Barnett
26 Manchester Ymca Harriers	1006	—	110 Mark Condon	117 Tim Shanker	123 Joseph Hayes	216 Martin Rimmer	219 Ted Coles	221 Alan Beaumont
27 Bramhall Runners	1006	—	83 Andy Porter	131 Zain Karim	170 Chris Belsham	195 Matt Darnley	204 Gareth Pritchard	223 Paul Oakley
28 Hyde Village Striders	1090	—	36 Josh Walton	133 Stephen Kirk	150 Darren Smith	180 Steven Walker	289 David Clarke	302 Adrian Walker
29 Manchester Triathlon Club	1103	—	75 Sam Barratt	157 Rohunsingh Sam	208 Rory Bell	213 Samuel Williamson	220 Tim Johns	230 Daniel Parker
30 Macclesfield Harriers & Ac	1107	—	18 Joseph Pickard	99 Ben Greene	174 Zach Jones	255 Graeme Eddie	278 Daniel Leng	283 Julian Brown
31 East Cheshire Harriers & T 'C'	1245	—	175 Michael Kennedy	181 Haco Santana	188 Jonathan Aust	194 Hassan Ahmad	253 Gary Dean	254 Joshua Taylor
32 Dragons Running Club (sale)	1316	—	104 Colin Latham	210 Tom Sylvester	224 John McIntyre	229 Phill Edwards	267 Nick Roberts	282 Nathan Cornish
33 Chorlton Runners 'C'	1345	—	191 Jamie Morwood	197 Finn Boyd	199 Andrew Robertson	228 William Franks	237 Eamonn Keogh	293 Sebastian Greenhow
34 Manchester Frontrunners	1389	—	201 Vince Lister	203 Matt Titterington	225 Jono Guildford	234 Stanley May	250 Roberto Raso	276 Gettigan Declan Mc
35 Didsbury Runners 'B'	1428	—	165 Eddie Campbell	236 Carl Healy	246 Andrew Ballantyne	249 Rob Bell	261 Phil Kemp	271 Dan Levin
36 Swinton Running Club	1448	—	121 Simon Atkin	169 Joseph Harrison	189 Richard Jackson	297 Paul Collins	324 Steven Doxey	348 Tom Porter
37 Manchester Harriers & Ac 'B'	1499	—	190 Ed Fazakerley	238 Timothy Smith	240 Adam Calthorpe	251 George Rogerson	285 David Gee	295 Andrew Almond
38 Salford Metropolitan Ac	1538	—	92 Dayle Dwyer	171 Max Saleh	202 Daniel Carney	319 John Lee	361 Chris Berrington	393 Stuart Mairs
39 Stockport Harriers & Ac 'C'	1542	—	166 Rob Woodhead	218 James Corden	256 Edward Gough	260 Ronan Harkin	284 Evan Davies	358 Stephen Brown
40 Horwich R M I Harriers 'B'	1555	—	140 Andrew Kelly	142 Adrian Bramham	176 Matt Wilson	243 Brett Hazelwood	401 Jason Middleton	453 Gordon Stone
41 Altrincham & District AC 'B'	1602	—	222 Dan Martell	231 Paul Abraham	258 Mark Newton	270 Kieran Livermore	304 Jason Wells	317 Sousa Costain Al De
42 Knutsford Tri Club	1606	—	178 Richard Smart	259 Tom Edwards	268 Samuel Stafford	288 Andy Dines	291 Doug Brammer	322 James Upton
43 Sale Harriers Manchester 'E'	1636	—	206 Aidan Raftery	212 John Bracegirdle	232 Christopher Hertzog	313 Hector Chinoy	332 Mark Day	341 Ashley Lindsey
44 Manchester Triathlon Club 'B'	1665	—	235 Robert Russell	241 Daniel Hunt-Earle	247 Roger Thomas	252 Martin Forker	340 Stephen McFarland	350 Charlie Horne
45 Marple Runners	1839	—	184 Richard Williams	275 Mike Taylor	325 Rob Stutchfield	333 Lewis Smith	339 Paul Smith	383 James Nuttall
46 Levenshulme Runners	1872	—	147 Martin Dickson	207 Doug Webb	272 Jonathan Jones	394 Samuel Crawshaw	423 La Fuente Ernesto De	429 Chris Bennett
47 Manchester Frontrunners 'B'	1928	—	286 Ho Ma	311 Ross Dent	316 Michael Prionas	321 Amir Dar	327 Aaron Shaughnessy	367 Robert Gregory
48 Manchester Ymca Harriers 'B'	1957	—	227 Samuel Gilmore	266 Iain Wilson	287 Alexander Muirhead	294 Robin Winkle	441 Sean Duff	442 Jon Paramor
49 Dragons Running Club (sale 'B')	2027	—	315 Ian Emerton	323 B Raju	335 Evan Roberts	347 Geoff Paley	353 Richard Broster	354 Jonathan Sharp
50 Styal Running Club	2128	—	245 Russell Jones	269 Andrew Davis	344 Simon Holman	407 Steven Creasey	425 Ian Morton	438 Paul Arrowsmith
51 Running Bear	2171	—	318 Jake Coles	342 Tom Scott	366 Trevor Haworth	372 William Mitchell	382 Richard Hadley	391 Daren Clarke
52 Chorlton Runners 'D'	2186	—	310 Paul Adams	326 Sean Glaister	338 Richard Gardner	375 John Lugsden	390 Paul Hardy	447 Ian Sharpe
53 Altrincham & District AC 'C'	2191	—	334 Neil Pendlebury	343 David Ainsworth	371 Oliver Jones	376 Duncan Dickinson	378 Phil Vesey	389 Jim Rimmer
54 Knutsford Tri Club 'B'	2271	—	331 Naveen Bhatia	337 Paul Brocklehurst	386 Sam Kania	396 Paul Lawton	397 Adam Horrocks	424 J Stubbs
55 Dragons Running Club (sale 'C')	2367	—	356 Steven Ward	357 Mike Shea	380 Brendan Pugh	415 George Fleming	428 Kam Ng	431 Robert Todd
56 Middleton Harriers Ac	2434	—	352 James O'Connor	369 Dean Clapworthy	413 Anthony Walsh	426 Michael Wild	434 Mishka Pillay	440 Alan Garvey

Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale Harriers Manchester	38	—	1 Nicholas Barry	7 Matthew Barnes	12 Nicholas Tynan	18 Pierce Lyons
2 Stockport Harriers & Ac	88	—	15 Adam Thompson	17 Andy Woodhead	23 J Scott-Buccleuch	33 Mark Shatwell
3 Horwich R M I Harriers	96	—	9 Robert Hope	16 Ian Conroy	19 Julian Goudge	52 Adrian Bramham
4 Chorlton Runners	106	—	10 James Savage	14 David Wyeth	36 Dan Atkinson	46 Al Robertson
5 Vale Royal Ac	110	—	5 Mark Gittins	24 Mark Crabtree	34 Stuart Doyle	47 Lee Carrington
6 Sale Harriers Manchester 'B'	136	—	25 Chris Donnelly	28 Andrew Curvis	32 Philip Largan	51 Wayne Shaw
7 East Cheshire Harriers & Tames	142	—	3 Michael Holness	21 Liam Browne	56 Steven Jones	62 James Hartshorne
8 Altrincham & District AC	149	—	6 Michael Berks	30 Andrew Pickford	39 Craig Foster	74 Richard Evans
9 Warriors Pentathlon & AC	153	—	31 Richard Dunning	35 David Pastor	37 Matthew Cass	50 Paul Grabe
10 Wilmslow Running Club	213	—	8 Peter Speake	11 Richard Coen	67 Graham Screawn	127 Stephen Greaves
11 Stockport Harriers & Ac 'B'	226	—	43 David Maher	58 Simon Pickard	60 Jonathon Knight	65 Rob Woodhead
12 Sale Harriers Manchester 'C'	227	—	53 Peter O'Neill	54 Matthew Spragg	59 Olivier Gaillemain	61 Tom Stephenson
13 Salford Harriers & AC	236	—	2 Karl Darcy	40 Richard Brook	64 Shaun Chambers	130 Christopher Dawson
14 Bramhall Runners	263	—	29 Andy Porter	66 Chris Belsham	82 Matt Darnley	86 Gareth Pritchard
15 St Helens Sutton Ac	275	—	20 Steven Anders	27 Chris Birkett	84 Andrew Wilson	144 Jon Donald
16 Hyde Village Striders	314	—	49 Stephen Kirk	57 Darren Smith	72 Steven Walker	136 David Clarke
17 East Cheshire Harriers & T 'B'	324	—	63 Robin Horner	73 Haco Santana	78 Jonathan Aust	110 Gary Dean
18 Bury Athletic Club	340	—	26 Luke Harreld	77 Ed Hunt	117 Ben Cole	120 Ian Warrington
19 Dragons Running Club (sale)	387	—	38 Colin Latham	97 Phill Edwards	121 Nick Roberts	131 Nathan Cornish
20 Manchester Harriers & Ac	407	—	55 Alex Masidlover	80 Ed Fazakerley	133 David Gee	139 Andrew Almond
21 Swinton Running Club	421	—	45 Simon Atkin	79 Richard Jackson	141 Paul Collins	156 Steven Doxey
22 Altrincham & District AC 'B'	424	—	90 Richard Kennaugh	98 Paul Abraham	113 Mark Newton	123 Kieran Livermore
23 Manchester Frontrunners	438	—	96 Jono Guildford	100 Stanley May	108 Roberto Raso	134 Ho Ma
24 Knutsford Tri Club	441	—	70 Richard Smart	114 Tom Edwards	122 Samuel Stafford	135 Andy Dines
25 Bramhall Runners 'B'	444	—	95 Paul Oakley	112 Robert Elstone	118 Stephen Brundrett	119 Frank Podd
26 Didsbury Runners	452	—	105 Andrew Ballantyne	107 Rob Bell	116 Phil Kemp	124 Dan Levin
27 Chorlton Runners 'B'	485	—	76 Richard Turner	101 Eamonn Keogh	150 Paul Adams	158 Sean Glaister
28 Sale Harriers Manchester 'D'	489	—	87 Aidan Raftery	89 John Bracegirdle	152 Hector Chinoy	161 Mark Day
29 Manchester Triathlon Club	531	—	94 Tim Johns	106 Roger Thomas	109 Martin Forker	222 Nick Wheeler
30 Buxton AC	546	—	69 William Throssel	103 Callum D'souza	142 Andrew Lidstone	232 Mark Shorter
31 Marple Runners	560	—	75 Richard Williams	157 Rob Stutchfield	162 Lewis Smith	166 Paul Smith
32 Stockport Harriers & Ac 'C'	613	—	93 James Corden	115 Ronan Harkin	180 Stephen Brown	225 Paul Moran
33 Knutsford Tri Club 'B'	615	—	137 Doug Brammer	154 James Upton	160 Naveen Bhatia	164 Paul Brocklehurst
34 Dragons Running Club (sale 'B')	655	—	153 Ian Emerton	155 B Raju	172 Geoff Paley	175 Richard Broster
35 Altrincham & District AC 'C'	670	—	146 Jason Wells	163 Neil Pendlebury	169 David Ainsworth	192 Duncan Dickinson
36 Wilmslow Running Club 'B'	683	—	140 Nick Jackson	159 Rana Rajan	185 Colin Walton	199 Andy Watts
37 Dragons Running Club (sale 'C')	729	—	176 Jonathan Sharp	178 Steven Ward	179 Mike Shea	196 Brendan Pugh
38 Styal Running Club	729	—	104 Russell Jones	170 Simon Holman	220 Steven Creasey	235 Ian Morton
39 Hyde Village Striders 'B'	741	—	145 Adrian Walker	151 Tommy Bancroft	184 John Hare	261 Raymond Howarth
40 Sale Harriers Manchester 'E'	745	—	167 Ashley Lindsey	182 Rob Marsden	195 Steven Gavin	201 Frank Cordingley
41 Running Bear	756	—	168 Tom Scott	187 Trevor Haworth	197 Richard Hadley	204 Daren Clarke
42 Levenshulme Runners	810	—	125 Jonathan Jones	207 Samuel Crawshaw	233 La Fuente Ernesto De	245 Julian Sacofsky
43 Chorlton Runners 'C'	811	—	165 Richard Gardner	191 John Lugsden	203 Paul Hardy	252 Ian Sharpe
44 Middleton Harriers Ac	826	—	174 James O'Connor	190 Dean Clapworthy	226 Anthony Walsh	236 Michael Wild
45 Knutsford Tri Club 'C'	904	—	209 Paul Lawton	210 Adam Horrocks	234 J Stubbs	251 Edward Taylor
46 Marple Runners 'B'	906	—	198 James Nuttall	228 Gavin Nixon	231 Richard Furniss	249 Peter Black
47 Running Bear 'B'	911	—	212 Jim Anthony	216 Paul Carroll	223 Stephen Parhizgar	260 Glyn Lewis
48 Dragons Running Club (sale 'D')	975	—	238 Kam Ng	240 Robert Todd	242 Paul Davidson	255 Stephen Jewell