

Manchester Area Cross Country League at Heaton Park on Saturday 7th February 2026

NOTE: The individual results include only runners who have run at least 4 races

Under 11 - Boys — Points after 5 races

1 Jacob Renshaw	SaleHM	8 (3, 1, 1, 3, 7)
= Joshua Leong	SaleHM	8 (2, 3, 2, 1, 5)
3 Oscar Reynolds	Altrincham	15(4, 6, 3, 5, 3)
4 Alex Bailey-Hall	LiverpoolH	16(6, 2, 7, 2, 6)
5 Sebastian O'Hare	SaleHM	26(5, 4, 13, 6, 11)
6 Freddie Jackson	Wirral Ac	30(13, 9, 0, 4, 4)
7 Jacob Leeming-Nelson	Wirral Ac	35(9, 5, 6, 15, 0)
8 James Moran	SaleHM	40(12, 10, 12, 9, 9)
9 Rafe Lucas	Altrincham	43(0, 7, 9, 10, 17)
10 Max Andres	StHSA	44(11, 13, 15, 12, 8)
11 Odhran Nash	TraffordAC	51(14, 14, 10, 14, 13)
12 Rohan Dickinson	StHSA	53(10, 11, 16, 18, 16)
13 James McMahon	ECH & TA	58(16, 8, 0, 16, 18)
14 Ellis Breukers	Salford Ha	67(18, 0, 17, 22, 10)
15 Ralph Abdulla	Warriors P	71(20, 18, 19, 26, 14)
16 Alpha Tham	SaleHM	88(24, 20, 21, 24, 23)
17 Daniel Lancaster	WarringtonA	90(21, 30, 24, 30, 15)
18 Oliver Shearing	ECH & TA	107(30, 29, 0, 27, 21)
19 Artur Karpov	Wirral Ac	117(28, 49, 20, 20, 0)
20 Henry Hooper-Loudon	TraffordAC	118(29, 45, 30, 39, 20)
= Stanley Alderson	ECH & TA	118(36, 32, 0, 23, 27)
22 Laurie Jones	StHSA	120(31, 37, 28, 0, 24)
23 Henry Pickles	ValeRA	133(39, 0, 31, 34, 29)
24 Joshua Stilwell	LiverpoolH	139(34, 26, 32, 0, 47)
= Milo Powell	StHSA	139(33, 47, 33, 38, 35)
26 Charlie Royle	ECH & TA	140(35, 50, 29, 0, 26)
27 Emrys Care	LiverpoolH	161(55, 28, 0, 37, 41)
28 Samuel Boothroyd	Altrincham	166(41, 51, 36, 57, 38)
29 Sasha Mamedov	Wirral Ac	168(49, 38, 35, 46, 0)
30 Oliver Bromley-Walsh	Warriors P	174(52, 54, 40, 48, 34)
= Ben Moth	SaleHM	174(51, 0, 37, 49, 37)
32 Oliver Platts	Warriors P	175(37, 56, 42, 56, 40)
33 Oakley Dickinson	StHSA	176(0, 60, 45, 40, 31)
34 Matthew Wilson	StHSA	189(54, 66, 39, 54, 42)
35 Austin Murphy	StHSA	197(46, 58, 48, 0, 45)
36 Brandon Rodger	M'chr Harr	204(60, 0, 47, 51, 46)
37 Jacob Richardson	SaleHM	210(69, 62, 50, 55, 43)
38 Arthur Nicholson	M'chr Harr	213(62, 61, 46, 63, 44)
39 Jacob Platts	Warriors P	241(61, 65, 59, 68, 56)
40 Jeremy Lam	M'chr Harr	252(0, 68, 55, 72, 57)
41 Archie Fletcher	HorwichRMI	256(68, 64, 0, 71, 53)
Sale Harriers Manchester		4 (1, 1, 1, 1, 1)
Wirral Ac		10 (2, 2, 4, 2, 0)
St Helens Sutton Ac		13 (3, 6, 3, 5, 2)
Altrincham & District AC		16 (0, 4, 2, 6, 4)
Warriors Pentathlon & AC		18 (7, 3, 6, 3, 6)
E Cheshire H & Tameside AC		22 (6, 7, 0, 4, 5)
Trafford Athletic Club		23 (8, 8, 5, 7, 3)
Liverpool Harriers & Ac		28 (9, 5, 7, 8, 8)
Manchester Harriers & AC		31 (5, 11, 8, 11, 7)

Under 11 - Girls — Points after 5 races

1 Melia Ferendus	SalfordMA	4 (1, 1, 1, 1, 2)
2 Sophia McCready	Wirral Ac	11(2, 3, 4, 2, 6)
= Sorcha Torhill	Salford Ha	11(5, 2, 6, 3, 1)
4 Georgiana Beech	SalfordMA	12(3, 4, 2, 0, 3)
5 Mila Price	Wirral Ac	21(7, 6, 3, 5, 8)
6 Ivy Davidson	WarringtonA	22(4, 5, 7, 6, 0)
7 Poppy Dowling	SaleHM	26(6, 10, 5, 8, 7)
8 Connie Summers	SaleHM	29(8, 7, 10, 0, 4)
9 Abby Gamble	WestCAC	33(10, 8, 8, 7, 10)
10 Alice Scholfield	SaleHM	50(12, 20, 17, 10, 11)
11 Rebekah Miller	M'chr Harr	52(0, 13, 11, 12, 16)
12 Sienna Jones	Wirral Ac	54(15, 21, 13, 9, 17)
13 Ziva Timson	Wirral Ac	55(14, 16, 12, 0, 13)
14 Darcey Davenport	SaleHM	69(21, 18, 23, 16, 14)
15 Milly Airey	Warriors P	75(23, 17, 21, 14, 27)
16 Isabel McGinnis	SalfordMA	82(0, 19, 25, 19, 19)
17 Maddison Entwistle	M'chr Harr	83(17, 26, 18, 23, 25)
18 Amelia Draper	Warriors P	85(25, 28, 24, 15, 21)
19 Molly Hounslow	SaleHM	95(26, 29, 27, 22, 20)
20 Florence Holden	SaleHM	115(35, 0, 34, 24, 22)
21 Arianwen Setters	WestCAC	121(28, 31, 30, 37, 32)
22 Harlow Young	Salford Ha	131(30, 42, 40, 35, 26)
23 Isabelle Mackie	Warriors P	132(29, 36, 33, 34, 0)
24 Lillia Agent	Warriors P	142(36, 45, 29, 32, 0)
25 Iona Donald	StHSA	143(37, 34, 36, 36, 37)
26 Aoife Carthy	Salford Ha	148(38, 47, 35, 41, 34)
27 Maya Radcliffe	StHSA	159(43, 46, 41, 39, 36)
28 Ffion Lawton	WarringtonA	167(0, 48, 38, 40, 41)
29 Lily-Mae McMullen	WarringtonA	168(0, 43, 42, 43, 40)

Under 13 - Boys — Points after 5 races

1 Arthur O'Hare	SaleHM	8 (2, 2, 2, 2, 3)
2 Ethan Statham	BuryAC	11(0, 7, 1, 1, 2)
3 Isaac Taylor-Unitt	Salford Ha	12(3, 8, 5, 3, 1)
4 Loxley Schofield	SalfordMA	14(1, 5, 3, 6, 5)
5 Jacob Shearing	ECH & TA	17(4, 4, 6, 5, 4)
6 Noah Hartley	Salford Ha	35(7, 18, 8, 12, 8)
7 Toby Harrison	SaleHM	41(6, 14, 11, 10, 0)
8 Quinn McCaul	Warriors P	50(9, 12, 0, 18, 11)
9 Thomas Fotheringham	TraffordAC	52(13, 34, 12, 17, 10)
10 Dominic Riley	StockportH	60(10, 24, 18, 20, 12)
11 Stanley Barber	TraffordAC	61(18, 0, 14, 15, 14)
12 James Walsh	SaleHM	66(14, 19, 13, 26, 20)
13 Oliver Ball	Buxton AC	69(12, 0, 15, 27, 15)
14 Joseph Havey	Warriors P	83(19, 26, 21, 0, 17)
15 Yusuf Elmi	SaleHM	99(0, 20, 20, 31, 28)
16 James Goddard	StHSA	103(24, 28, 0, 29, 22)
17 Benjamin Kohring	Warriors P	105(26, 29, 26, 43, 24)
18 Hamish Heginbotham	ECH & TA	112(21, 33, 0, 37, 21)
19 Woody Kelly	StHSA	116(34, 0, 22, 33, 27)
20 Woody Deane	StHSA	135(27, 44, 0, 35, 29)
21 Joseph McGinnis	SalfordMA	144(25, 39, 0, 49, 31)
22 Edward Moran	SaleHM	152(0, 48, 25, 46, 33)
23 Sam Sutton	LiverpoolH	158(0, 31, 32, 57, 38)
24 Isaac Bailey	M'chr Harr	159(41, 52, 34, 0, 32)
25 Harry Nichol	SaleHM	167(39, 40, 38, 50, 0)
26 Finley Edwards	WestCAC	197(58, 0, 41, 58, 40)
27 Jacob Bailey	ECH & TA	204(48, 57, 0, 62, 37)
28 Jack Chorley	ECH & TA	205(46, 59, 0, 59, 41)
29 Maximilian Svoboda	M'chr Harr	209(56, 64, 45, 0, 44)
30 Oliver Hughes	HorwichRMI	216(62, 63, 46, 66, 45)
31 Harry Jackson	StHSA	230(65, 68, 50, 69, 47)

Under 13 - Girls — Points after 5 races

1 Roni Kohring	Warriors P	4 (1, 1, 1, 1, 1)
2 Daisy McVicar	Warriors P	9 (2, 2, 0, 3, 2)
3 Tillie Wright	LiverpoolH	15(3, 5, 2, 0, 5)
4 Lucy O'Brien	SaleHM	25(5, 12, 0, 5, 3)
5 Poppy Baker	LiverpoolH	26(4, 4, 59, 10, 8)
= Poppy Boden	Warriors P	26(8, 3, 0, 9, 6)
7 Yemi Adebajo	LiverpoolH	43(17, 11, 4, 0, 11)
8 Phoebe Brew	LiverpoolH	51(0, 17, 5, 19, 10)
= Florence Connolly	SaleHM	51(9, 8, 0, 13, 21)
10 Isla Salisbury	Wirral Ac	54(16, 15, 6, 17, 0)
11 Anna Gately	Wirral Ac	55(0, 10, 12, 16, 17)
12 Cora Black	TraffordAC	56(22, 19, 7, 18, 12)
13 Violet Brady	Wirral Ac	59(0, 14, 15, 11, 19)
14 Norah Kohring	Warriors P	62(27, 16, 16, 21, 9)
15 Holly Coombe	LiverpoolH	63(14, 18, 8, 44, 23)
16 Zoe Dunning	Warriors P	65(15, 25, 0, 12, 13)
17 Sarah Roberts	LiverpoolH	69(19, 23, 9, 23, 18)
18 Cicely Coldwell	SaleHM	75(23, 26, 13, 24, 15)
19 Gabrielle Baxter	Salford Ha	80(29, 0, 11, 20, 20)
20 Natalie Almond	M'chr Harr	87(21, 0, 10, 42, 14)
21 Erin Sowerby-Cross	SaleHM	92(36, 0, 14, 26, 16)
22 Willow Fawley	SaleHM	94(18, 22, 0, 32, 22)
23 Emilia Darnley	StockportH	100(26, 0, 18, 27, 29)
24 Bella Parkinson	WarringtonA	103(25, 36, 17, 25, 0)
25 Katy Smith	LiverpoolH	107(32, 29, 20, 35, 26)
26 Seren Gush	ECH & TA	124(33, 35, 0, 29, 27)
27 Aoife Wilson	SaleHM	135(50, 45, 31, 31, 28)
28 Scarlett Miller	LiverpoolH	140(28, 28, 0, 51, 33)
= Eliza Corrigan	Salford Ha	140(35, 38, 26, 41, 48)
30 Florence Hain	WestCAC	152(49, 43, 22, 38, 0)
= Pippa Hunt	SalfordMA	152(37, 31, 0, 52, 32)
32 Helena Parikh	M'chr Harr	155(44, 37, 0, 37, 37)
33 Penelope Hilton	Salford Ha	156(56, 39, 21, 40, 0)
= Betsy Widdop	TraffordAC	156(52, 32, 24, 48, 0)
35 Libby Holcroft	LiverpoolH	173(47, 44, 29, 53, 0)
36 Charlotte Andrew	WarringtonA	174(59, 49, 39, 39, 47)
37 Rosanna Abdulla	Warriors P	186(58, 0, 37, 50, 41)
38 Abbie Brocklebank	SaleHM	195(67, 51, 42, 47, 55)
39 Aideen Noble	WarringtonA	208(62, 53, 44, 66, 49)
40 Nancy Polhill	LiverpoolH	211(66, 50, 43, 68, 52)
41 Penelope Curzon	Buxton AC	220(64, 61, 33, 83, 62)
42 Fleur Lumsden	M'chr Harr	255(69, 0, 52, 75, 59)
43 Odellia Maluleka	StockportH	264(75, 0, 51, 81, 57)
44 Lucy Clague	StHSA	265(81, 63, 58, 85, 63)
45 Abigail Taylor	HorwichRMI	278(72, 62, 0, 84, 60)
46 Esme Fenton	M'chr Harr	287(80, 0, 57, 86, 64)

Under 15 - Boys — Points after 5 races

1 Harry Shatwell	StockportH	7 (2, 2, 2, 2, 1)
= Noah Phillips	SaleHM	7 (3, 1, 1, 8, 2)
3 Alistair Daven	StockportH	10 (1, 3, 3, 4, 3)
4 Oliver Rayerport	TraffordAC	19 (4, 5, 8, 5, 5)
5 Tullius Arlo Mander	TraffordAC	20 (14, 7, 4, 1, 8)
6 George Horsfall	SaleHM	23 (6, 6, 5, 6, 6)
7 Owen Oswick	Warriors P	29 (8, 8, 7, 7, 7)
8 Thomas Daly	TraffordAC	38 (11, 11, 6, 10, 12)
9 Alfie Taylor-Wark	M'chr Harr	47 (18, 9, 9, 0, 11)
10 Charlie Millward	StockportH	52 (19, 13, 10, 12, 17)
11 Harvey Brown	ValeRA	55 (20, 15, 11, 9, 0)
12 Euan Lawton	WarringtonA	57 (10, 24, 12, 11, 0)
13 Bobby Birkett	StHSA	62 (40, 18, 15, 15, 14)
14 Logan Grocott	TraffordAC	72 (38, 17, 13, 23, 19)
15 S Ingleby-Castleton	TraffordAC	78 (21, 22, 21, 18, 18)
16 Joseph Thomas	TraffordAC	86 (26, 0, 18, 21, 21)
17 Oscar Bundy	TraffordAC	99 (30, 23, 0, 26, 20)
18 Jake Harrison	SaleHM	103 (22, 32, 25, 24, 0)
19 Thomas Heap	Wirral Ac	106 (35, 36, 30, 25, 16)
20 Micah Kenyon-Betts	ECH&TA	111 (33, 28, 26, 30, 27)
21 Oscar Curran	Altrincham	127 (39, 46, 31, 33, 24)
22 Reuben Dunn	SaleHM	128 (34, 41, 29, 37, 28)
23 Flynn Slattery	Salford Ha	143 (63, 37, 23, 20, 0)
24 Ben Jones	SaleHM	152 (42, 0, 39, 40, 31)
= James Warrington	Altrincham	152 (44, 35, 32, 41, 0)
26 Jonah Pickering	Warriors P	160 (53, 49, 34, 39, 38)
27 Elis Thomas	LiverpoolH	162 (46, 0, 35, 52, 29)
28 Aidan Greenfield	StockportH	163 (45, 38, 33, 47, 0)
29 Sam Moth	SaleHM	169 (54, 0, 36, 43, 36)
30 Hadley Lumsden	M'chr Harr	170 (43, 60, 42, 51, 34)
31 Flynn Harris	HorwichRMI	178 (0, 48, 58, 42, 30)
32 Samuel Haskins	SaleHM	182 (52, 59, 44, 54, 32)
33 Daniel Swinden	SaleHM	184 (51, 0, 47, 53, 33)
34 Max Tempest	Altrincham	201 (58, 0, 48, 56, 39)
35 Daniel White	TraffordAC	204 (56, 63, 0, 45, 40)
36 Callum Roberts	Altrincham	207 (72, 58, 43, 61, 45)
37 George Williams	ValeRA	209 (65, 55, 40, 49, 0)
= Jack Proctor	StockportH	209 (62, 57, 51, 60, 41)
39 Nico Sidebottom	Altrincham	210 (69, 0, 45, 59, 37)
40 Lucas Vine	StHSA	217 (55, 65, 57, 63, 42)
41 Finley Swift	StHSA	230 (67, 0, 54, 65, 44)
42 Joseph Bowden	TraffordAC	232 (79, 0, 55, 55, 43)
43 Jayden Hughes	StHSA	246 (78, 68, 63, 66, 49)
44 Rowan Trollope	StockportH	253 (77, 70, 64, 68, 51)
45 William Haskins	SaleHM	255 (75, 69, 61, 0, 50)

Under 15 - Girls — Points after 5 races

1 Megan Boyer	SaleHM	12 (4, 3, 2, 3, 0)
2 Emme Lowe	Salford Ha	19 (0, 5, 4, 9, 1)
3 Grace Hill	SaleHM	23 (8, 6, 0, 7, 2)
4 Imogen Weatherhead	Salford Ha	25 (3, 7, 8, 8, 7)
5 Lacey Steele	M'chr Harr	33 (11, 18, 5, 13, 4)
6 Isobel Woods	Salford Ha	44 (12, 17, 11, 12, 9)
7 Lily Coates	ValeRA	45 (6, 13, 10, 16, 0)
8 Amber Khan	SaleHM	53 (14, 21, 9, 18, 12)
9 Nancy Howe	LiverpoolH	67 (18, 24, 14, 25, 11)
10 Erin McMahon	ECH&TA	68 (17, 19, 0, 19, 13)
11 Freya Lombard	Salford Ha	70 (22, 25, 13, 26, 10)
12 Evie Willis	Buxton AC	75 (26, 32, 12, 22, 15)
13 Eve Dowling	SaleHM	83 (25, 41, 18, 23, 17)
14 Sophie Lang	StHSA	95 (24, 29, 19, 33, 23)
15 Katherine Bennett	Buxton AC	98 (0, 37, 17, 24, 20)
16 Isobel Reid	HorwichRMI	101 (31, 30, 0, 21, 19)
17 Annaleigh Harrison	Macclesfie	103 (32, 28, 16, 29, 30)
18 Millie Reid	HorwichRMI	110 (30, 35, 0, 20, 25)
19 Grace Haywood	SaleHM	122 (36, 50, 25, 34, 27)
20 Imogen Meikle	StockportH	125 (41, 40, 23, 40, 22)
21 Melissa Goddard	StHSA	129 (37, 43, 29, 37, 26)
22 Mya Black	TraffordAC	132 (29, 48, 24, 31, 0)
= Sophia Richardson	StHSA	132 (33, 47, 31, 39, 29)
24 Lily McKeegan	StHSA	134 (35, 45, 30, 0, 24)
= Isabella Holden	SaleHM	134 (39, 0, 28, 36, 31)
26 Florence Massey	Warriors P	161 (43, 53, 27, 38, 0)
27 Eva Townend	LiverpoolH	173 (48, 56, 36, 0, 33)
28 Esme Joynson	Warriors P	174 (44, 52, 35, 43, 0)
29 Roisin Jordan	Oldham&RH&	177 (42, 55, 0, 46, 34)

Under 17 - Men — Points after 5 races

1 Emmas Finlay Dobson	TraffordAC	9 (1, 3, 2, 3, 0)
2 Alfie Branch	Buxton AC	23 (16, 12, 3, 5, 3)
= Theodor Austin	TraffordAC	23 (4, 4, 4, 0, 11)
4 Matthew Cullen-Brown	SaleHM	32 (8, 10, 5, 9, 0)
5 Christopher Parikh	M'chr Harr	37 (21, 8, 6, 0, 2)
6 Marshall Fleet	ECH&TA	46 (15, 15, 0, 8, 8)
7 Conor McManus	SaleHM	47 (20, 13, 12, 13, 9)
8 Oliver Walker	ECH&TA	49 (11, 18, 0, 15, 5)
9 Zach Rose	TraffordAC	54 (3, 9, 15, 27, 0)
10 Finlay Carthy	Salford Ha	55 (17, 25, 16, 10, 12)
11 Evan Lewis	TraffordAC	59 (0, 11, 17, 16, 15)
12 Jared Dickinson	Macclesfie	60 (10, 20, 9, 21, 0)

13 George O'Donnell	Macclesfie	62 (13, 19, 13, 17, 0)
14 Evan Howell	TraffordAC	70 (23, 24, 11, 12, 0)
15 Nathan Dunn	ECH&TA	83 (22, 32, 25, 23, 13)
16 Mark Titmuss	HorwichRMI	89 (24, 33, 18, 0, 14)
17 Max Grabe	Warriors P	98 (36, 43, 23, 19, 20)
18 Huw Maddox	Warriors P	102 (0, 40, 20, 26, 16)
19 Dylan Roberts	StHSA	105 (0, 35, 22, 29, 19)
20 James Rook	ECH&TA	114 (35, 38, 24, 0, 17)
21 Jack Broadhurst	SalfordMA	119 (50, 45, 21, 32, 21)
22 George Murphy	Warriors P	121 (43, 0, 26, 34, 18)
23 Joe Ashton	StockportH	137 (41, 42, 0, 31, 23)
24 Samuel Horner	ECH&TA	141 (44, 48, 27, 0, 22)
25 William Aspinall	Buxton AC	142 (39, 44, 29, 30, 0)
26 Archie Bennett	ECH&TA	148 (42, 47, 0, 33, 26)
27 Benjamin Genner	StHSA	152 (53, 53, 31, 35, 33)
28 Ben Dale	ECH&TA	153 (49, 50, 30, 0, 24)
29 William McIntyre	SaleHM	156 (55, 0, 34, 40, 27)
30 Jenson Jones	Warriors P	171 (54, 54, 32, 0, 31)

Under 17 - Ladies — Points after 5 races

1 Isla Pastor	Warriors P	4 (1, 1, 0, 1, 1)
2 Poppy Branch	StockportH	8 (2, 3, 1, 4, 2)
3 Imogen Dunning	Warriors P	16 (3, 5, 0, 5, 3)
4 Savannah Mannhart	Warriors P	20 (5, 9, 2, 7, 6)
5 Hannah Robinson	LiverpoolH	29 (6, 11, 5, 10, 8)
6 Sarah Smith	TraffordAC	30 (7, 10, 7, 9, 7)
7 Cara Gregory	WarringtonA	31 (8, 14, 6, 8, 9)
8 Isobel Robinson	LiverpoolH	50 (15, 20, 9, 14, 12)
9 Lucy Mercer	Warriors P	62 (19, 26, 11, 18, 14)
10 Anna Rooke	ECH&TA	68 (0, 24, 12, 17, 15)
11 Jessica Andrew	WarringtonA	79 (20, 27, 13, 19, 0)

Race 6 - Senior Ladies under 20 — Points after 5 races

1 Rosie Philbin	U20 StockportH	8 (1, 1, 7, 5, 1)
2 Eve Grabe	U20 Warriors P	22 (4, 4, 10, 9, 5)
= Lily Birkett	U20 StHSA	22 (2, 0, 9, 8, 3)
= Sophie Armitage	U20 SaleHM	22 (5, 3, 0, 10, 4)
5 Alice Tucker	U20 HorwichRMI	39 (11, 11, 0, 11, 6)
= Harri-Ann Fleet	U20 ECH&TA	39 (13, 6, 0, 13, 7)
7 Rebecca Cudahy	U20 Buxton AC	42 (10, 7, 0, 15, 10)
8 Maria Rooke	U20 ECH&TA	43 (12, 9, 0, 14, 8)

Race 6 - Senior Ladies aged 20 to 34 — Points after 5 races

1 K Haggard	Warriors P	5 (1, 0, 1, 2, 1)
2 Alicia Roberts	Macclesfie	20 (3, 5, 3, 9, 9)
3 Rachel Brown	Chorlton R	32 (0, 10, 5, 12, 5)
4 P Moriarty	Chorlton R	38 (0, 9, 6, 19, 4)
5 L Gallyer-Barnett	Chorlton R	39 (6, 11, 9, 0, 13)
6 Jenna Williams	Macclesfie	45 (7, 13, 10, 15, 0)
7 Samantha Newbound	Running Be	59 (14, 15, 12, 26, 18)
8 Rebecca Jackson	WilmslowRC	63 (12, 0, 16, 20, 15)
9 Bethany Vella	SalfordMA	78 (15, 17, 0, 27, 19)
10 Lucy Gleave	Running Be	81 (0, 21, 18, 25, 17)
11 Milly Lever	HorwichRMI	95 (27, 20, 0, 24, 24)
12 Emma Nutt	WestCAC	99 (19, 0, 23, 31, 26)
13 Lucy Priestner	M'chr Road	111 (21, 25, 28, 37, 0)
14 Abbie Pickard	Didsbury R	117 (26, 34, 26, 0, 31)
15 Molly Curzon	Didsbury R	118 (28, 27, 0, 35, 28)
16 Eloise Billington	Chorlton R	137 (0, 29, 30, 43, 35)
17 Jessica Carey	SwintonRC	142 (29, 33, 32, 56, 48)
= Caitlin Morris	M'chr Road	142 (0, 28, 34, 48, 32)
19 Juliet Snow	Didsbury R	170 (0, 36, 35, 59, 40)
20 Alice Woodbridge	Chorlton R	187 (31, 0, 38, 66, 52)
= Marie Woodward	Start2jog	187 (30, 37, 0, 64, 56)
22 Batya Stimler	Chorlton R	192 (47, 43, 47, 71, 55)
23 Sophie Walton	HorwichRMI	215 (44, 41, 0, 68, 62)
24 Josie Rogers	Marple Run	229 (0, 45, 42, 81, 61)
25 Natasha Bradford	Didsbury R	236 (52, 54, 57, 88, 73)

Race 6 - Senior Ladies (Vets) aged 35 to 39 — Points after 5 races

1 K Fitzpatrick	L35 Chorlton R	5 (2, 0, 1, 1, 1)
2 Sarah Hudak	L35 TraffordAC	9 (3, 1, 2, 0, 3)
= Chloe Elliott	L35 SaleHM	9 (4, 2, 3, 2, 2)
4 R Rozhdestvenskaya	L35 SaleHM	16 (0, 3, 5, 4, 4)
5 Tine Johnson	L35 Running Be	42 (13, 13, 10, 0, 6)
6 Emma Mochan	L35 M'chr YMCA	48 (18, 12, 0, 9, 9)
= Rebecca Corbett	L35 Buxton AC	48 (23, 14, 12, 11, 11)
8 Sarah Goulden	L35 SaleHM	60 (19, 17, 0, 12, 12)
= Emma Parratt	L35 Chorlton R	60 (16, 15, 0, 14, 15)
10 Ruth Beresford	L35 TraffordAC	66 (15, 20, 13, 18, 0)
11 Faye Lawton	L35 WarringtonA	68 (20, 19, 14, 17, 18)
12 Sarah Foreman	L35 SwintonRC	75 (21, 21, 0, 16, 17)
13 Marion Davies	L35 Running Be	81 (24, 23, 15, 0, 19)
14 Joanna Turner	L35 SwintonRC	89 (26, 24, 18, 0, 21)
15 Claire Platts	L35 Warriors P	102 (32, 27, 23, 27, 25)
16 Kaylea Maidstone	L35 Start2jog	105 (27, 28, 0, 26, 24)
17 Kirsty Powers	L35 ManchesteF	106 (31, 26, 21, 28, 0)

Race 6 - Senior Ladies (Vets) aged 40 to 44 — Points after 5 races				Race 6 - Senior Ladies (Vets) aged 70 to 74 — Points after 5 races			
1 Nicola Reece	L40	WilmslowRC	5 (0, 2, 1, 1, 1)	1 Angela Oldham	L70	ECH&TA	4 (1, 1, 1, 1, 1)
2 Amy Weyers	L40	Chorlton R	8 (0, 1, 2, 3, 2)	2 Sue Exon	L70	TraffordAC	12(3, 3, 3, 6, 3)
3 Holly Martin	L40	StockportH	18(3, 4, 5, 7, 6)	Race 6 - Senior Ladies — Points after 5 races			
4 Katie Kay	L40	ECH&TA	20(2, 3, 0, 11, 4)	1 K Haggard		Warriors P	5 (1, 0, 1, 2, 1)
5 Anna Begbie	L40	ValeRA	32(8, 5, 9, 10, 13)	2 K Fitzpatrick	L35	Chorlton R	19(4, 0, 2, 10, 3)
6 Jessica Welsh	L40	SaleHM	34(1, 0, 6, 13, 14)	3 Nicola Reece	L40	WilmslowRC	24(0, 5, 4, 9, 6)
7 Stephanie Mallett	L40	Hyde Villa	43(9, 8, 12, 14, 17)	4 Chloe Elliott	L35	SaleHM	32(7, 8, 10, 16, 7)
8 Rebecca Mills	L40	SwintonRC	50(18, 7, 10, 15, 21)	5 Alicia Roberts		Macclesfie	39(6, 9, 11, 18, 13)
9 Anest Muller	L40	WestCAC	52(10, 0, 8, 18, 16)	6 Sarah Hudak	L35	TraffordAC	40(5, 7, 9, 0, 19)
10 Helen Macdonald	L40	HorwichRMI	63(14, 10, 0, 19, 20)	7 Amy Weyers	L40	Chorlton R	43(0, 3, 8, 17, 15)
11 Rachel Kenyon	L40	Manchestef	64(5, 9, 0, 28, 22)	8 Rachel Brown		Chorlton R	63(0, 15, 17, 22, 9)
12 Sarah Birkett	L40	StHSA	71(17, 15, 15, 24, 0)	9 Rosie Philbin	U20	StockportH	65(14, 19, 27, 29, 5)
13 Anna Aspinall	L40	GoytVS	79(24, 14, 18, 23, 0)	10 P Moriarty		Chorlton R	73(0, 14, 18, 33, 8)
14 Rachel Thomas	L40	SalfordMA	86(22, 18, 20, 29, 26)	11 L Gallyer-Barnett		Chorlton R	75(11, 16, 25, 0, 23)
15 Charlotte Gilbert	L40	Chorlton R	87(21, 16, 22, 30, 28)	12 R Rozhdestvenskaya	L35	SaleHM	82(0, 12, 23, 26, 21)
16 Katy Barnes	L40	KnutsfordT	95(25, 21, 19, 36, 30)	13 Jenna Williams		Macclesfie	84(12, 21, 26, 25, 0)
17 Jenna Bardsley	L40	Start2jog	127(40, 26, 27, 40, 34)	14 Claire Andrew	L45	WarringtonA	108(19, 0, 34, 35, 20)
18 Janine Jordan	L40	MiddletonH	128(34, 25, 0, 37, 32)	15 Samantha Newbound		Running Be	118(32, 25, 30, 53, 31)
19 Alison Bembenek	L40	Running Be	130(39, 27, 29, 0, 35)	16 Rebecca Jackson		WilmslowRC	124(23, 0, 39, 36, 26)
20 W Selby	L40	DragonsRC(147(41, 28, 0, 41, 37)	17 Lily Birkett	U20	StHSA	148(17, 0, 48, 44, 39)
Race 6 - Senior Ladies (Vets) aged 45 to 49 — Points after 5 races				18 Lora Blann	L45	Altrincham	151(29, 29, 33, 60, 0)
1 Claire Andrew	L45	WarringtonA	6 (2, 0, 2, 1, 1)	= Samantha Willis	L45	Buxton AC	151(33, 33, 47, 49, 38)
2 Lora Blann	L45	Altrincham	12(3, 1, 1, 7, 0)	20 Holly Martin	L40	StockportH	152(28, 38, 42, 56, 44)
3 Samantha Willis	L45	Buxton AC	16(4, 3, 4, 5, 5)	21 Bethany Vella		SalfordMA	157(36, 32, 0, 55, 34)
4 Alina Stepanchuk	L45	SalfordMA	23(0, 4, 5, 8, 6)	22 Katie Kay	L40	ECH&TA	158(26, 28, 0, 76, 28)
5 Karen Oldland	L45	Running Be	31(10, 5, 9, 11, 7)	23 Lucy Gleave		Running Be	162(0, 44, 41, 48, 29)
6 Claire Bardsley	L45	Start2jog	38(0, 6, 8, 12, 12)	24 Eve Grabe	U20	Warriors P	169(27, 42, 52, 51, 49)
7 Lisa Davies	L45	StockportH	56(13, 0, 13, 17, 13)	25 Sophie Armitage	U20	SaleHM	175(31, 31, 0, 68, 45)
8 Harriet Hamilton	L45	SaleHM	58(11, 12, 16, 0, 19)	26 Anne Chinoy	L50	SaleHM	187(0, 36, 43, 58, 50)
9 Dianna Mannhart	L45	Warriors P	60(5, 17, 28, 10, 0)	27 Milly Lever		HorwichRMI	201(71, 41, 0, 47, 42)
10 Alison Mort	L45	HorwichRMI	62(0, 10, 14, 23, 15)	28 Alina Stepanchuk	L45	SalfordMA	212(0, 43, 53, 69, 47)
11 Helen Shan	L45	HorwichRMI	89(0, 16, 20, 28, 25)	29 Amanda Hurdall	L50	SalfordMA	224(40, 46, 0, 80, 58)
12 Mel Johnson	L45	Manchestef	93(0, 14, 19, 33, 27)	30 Emma Nutt		WestCAC	226(49, 0, 64, 65, 48)
13 Rachel Billington	L45	SwintonRC	108(21, 23, 32, 43, 32)	31 Karen Oldland	L45	Running Be	236(93, 47, 60, 77, 52)
= Amy Berrisford	L45	Chorlton R	108(24, 18, 24, 42, 0)	32 Jessica Welsh	L40	SaleHM	238(24, 0, 56, 87, 71)
15 Alison Barbuti	L45	Chorlton R	111(26, 25, 27, 44, 33)	33 Anna Begbie	L40	ValeRA	239(51, 48, 74, 74, 66)
16 Karen Wileman	L45	Bramhall R	115(22, 22, 0, 41, 30)	34 Tine Johnson	L35	Running Be	247(70, 65, 59, 0, 53)
17 Naomi Grabe	L45	Warriors P	118(25, 26, 29, 0, 38)	= Jennie Pickard	L50	StockportH	247(47, 60, 62, 103, 78)
18 Anna Thurston	L45	Didsbury R	147(0, 27, 35, 48, 37)	36 Vicki Cleall	L50	DragonsRC(261(66, 58, 68, 113, 69)
19 Sarah Borkin	L45	SwintonRC	153(33, 29, 0, 50, 41)	37 Lucy Priestner		M'chr Road	270(54, 55, 73, 88, 0)
Race 6 - Senior Ladies (Vets) aged 50 to 54 — Points after 5 races				38 Molly Curzon		Didsbury R	276(77, 57, 0, 81, 61)
1 Anne Chinoy	L50	SaleHM	7 (0, 1, 2, 2, 2)	39 Claire Bardsley	L45	Start2jog	279(0, 52, 58, 79, 90)
2 Amanda Hurdall	L50	SalfordMA	11(2, 2, 0, 4, 3)	40 Abbie Pickard		Didsbury R	286(63, 83, 67, 0, 73)
3 Jennie Pickard	L50	StockportH	16(3, 4, 4, 8, 5)	41 Stephanie Mallett	L40	Hyde Villa	307(69, 67, 79, 92, 92)
4 Vicki Cleall	L50	DragonsRC(17(5, 3, 5, 9, 4)	42 Emma Mochan	L35	M'chr YMCA	310(92, 64, 0, 84, 70)
5 Fiona Walton	L50	StockportH	24(4, 0, 6, 6, 8)	43 Fiona Walton	L50	StockportH	322(59, 0, 75, 97, 91)
6 Katy Green	L50	WilmslowRC	32(7, 6, 0, 10, 9)	44 Rebecca Corbett	L35	Buxton AC	334(153, 69, 96, 90, 79)
7 Madeleine Hill	L50	DragonsRC(33(10, 7, 9, 11, 7)	45 Eloise Billington		Chorlton R	336(0, 63, 83, 106, 84)
8 Simone Fisher	L50	Start2jog	38(8, 0, 8, 12, 10)	46 Rebecca Mills	L40	SwintonRC	338(102, 59, 77, 100, 105)
9 Sue Stockdale	L50	Macclesfie	41(6, 10, 15, 14, 11)	47 Anest Muller	L40	WestCAC	341(72, 0, 72, 112, 85)
10 Karen Little	L50	Running Be	53(14, 12, 12, 15, 0)	48 Caitlin Morris		M'chr Road	343(0, 62, 92, 114, 75)
11 Victoria Hall	L50	Didsbury R	55(13, 8, 14, 0, 20)	49 Jaine Brocklehurst	L55	SalfordMA	350(58, 68, 0, 126, 98)
12 Tracey Griffin	L50	Start2jog	60(0, 16, 13, 18, 13)	50 Jessica Carey		SwintonRC	362(82, 79, 85, 142, 116)
13 Kylie Nixon	L50	Marple Run	82(23, 0, 18, 23, 18)	51 Madeleine Hill	L50	DragonsRC(380(106, 85, 103, 133, 86)
14 Sarah Wharton	L50	WarringtonA	89(0, 19, 20, 26, 24)	52 Helen Macdonald	L40	HorwichRMI	383(87, 77, 0, 117, 102)
15 Gaynor Williams	L50	WinstonR	99(26, 0, 22, 30, 21)	53 Rachel Kenyon	L40	Manchestef	390(43, 73, 0, 163, 111)
16 Rachel Watson	L50	BelleVR	107(31, 25, 0, 28, 23)	54 Katy Green	L50	WilmslowRC	395(76, 75, 0, 131, 113)
17 Shirley Ralph	L50	Bramhall R	118(43, 27, 28, 35, 28)	55 Alice Tucker	U20	HorwichRMI	396(110, 129, 0, 85, 72)
18 Rachael Horrocks	L50	Hyde Villa	131(50, 30, 31, 38, 32)	56 Sarah Goulden	L35	SaleHM	397(97, 92, 0, 120, 88)
19 Melanie Commins	L50	Marple Run	149(44, 0, 33, 43, 29)	57 Lisa Davies	L45	StockportH	410(116, 0, 82, 119, 93)
Race 6 - Senior Ladies (Vets) aged 55 to 59 — Points after 5 races				58 Harri-Ann Fleet	U20	ECH&TA	412(144, 80, 0, 105, 83)
1 Jaine Brocklehurst	L55	SalfordMA	5 (1, 2, 0, 1, 1)	59 Emma Parratt	L35	Chorlton R	420(86, 72, 0, 141, 121)
2 Joanne Hackett	L55	Macclesfie	10(3, 6, 2, 2, 3)	60 Dianna Mannhart	L45	Warriors P	421(39, 138, 169, 75, 0)
= Nicola Boot	L55	Chorlton R	10(0, 3, 1, 4, 2)	61 Sue Stockdale	L50	Macclesfie	427(67, 91, 131, 148, 138)
4 Anne Gregory	L55	WarringtonA	21(15, 5, 5, 5, 6)	62 Sarah Birkett	L40	StHSA	433(96, 105, 94, 138, 0)
5 Philippa Whittingham	L55	Wilmslow S	28(13, 4, 4, 7, 0)	63 Harriet Hamilton	L45	SaleHM	434(98, 101, 102, 0, 133)
6 Catherine Jackson	L55	StyalRC	40(14, 8, 0, 10, 8)	64 Joanne Hackett	L55	Macclesfie	437(85, 120, 97, 170, 135)
7 Allison Kirkbride	L55	StyalRC	46(16, 9, 0, 14, 7)	65 Alison Mort	L45	HorwichRMI	445(0, 94, 99, 145, 107)
8 Catherine Jones	L55	M'chr Harr	50(18, 11, 9, 17, 13)	66 Simone Fisher	L50	Start2jog	449(83, 0, 90, 144, 132)
9 Janet Screawn	L55	WilmslowRC	55(17, 0, 8, 16, 14)	67 Janet Rashleigh	L60	HorwichRMI	450(0, 86, 86, 156, 122)
10 Julia Foy	L55	BelleVR	63(0, 13, 12, 19, 19)	= Juliet Snow		Didsbury R	450(0, 99, 101, 151, 99)
11 Clare Leith	L55	Start2jog	72(19, 14, 16, 23, 25)	69 G Holland-Jones	L65	StyalRC	476(127, 100, 125, 183, 124)
12 Carol Kershaw	L55	Hyde Villa	75(27, 15, 18, 25, 17)	70 Faye Lawton	L35	WarringtonA	478(117, 108, 106, 165, 147)
13 Rachel Bell	L55	DragonsRC(86(26, 0, 14, 22, 24)	71 Nicola Boot	L55	Chorlton R	480(0, 98, 88, 174, 120)
14 Rebecca Meeten	L55	Didsbury R	92(29, 16, 0, 24, 23)	72 Ruth Beresford	L35	TraffordAC	484(79, 113, 98, 194, 0)
Race 6 - Senior Ladies (Vets) aged 60 to 64 — Points after 5 races				73 Anna Aspinall	L40	GoytVS	497(147, 97, 117, 136, 0)
1 Janet Rashleigh	L60	HorwichRMI	4 (0, 1, 1, 1, 1)	74 Karen Little	L50	Running Be	513(118, 124, 121, 150, 0)
2 Linda Rix	L60	Manchestef	10(0, 2, 4, 4, 2)	75 Victoria Hall	L50	Didsbury R	515(115, 88, 126, 0, 186)
3 Pippa Price	L60	Running Be	14(5, 3, 3, 5, 3)	76 Alice Woodbridge		Chorlton R	516(101, 0, 109, 177, 129)
4 Kate Sutton	L60	WilmslowRC	28(11, 0, 5, 7, 5)	77 Marie Woodward		Start2jog	518(94, 103, 0, 171, 150)
5 Heather Fryer-Winder	L60	Buxton AC	31(9, 6, 7, 13, 9)	78 Rachel Thomas	L40	SalfordMA	529(128, 123, 130, 176, 148)
6 Jennifer McGuinness	L60	StockportH	40(0, 7, 9, 16, 8)	79 Linda Rix	L60	Manchestef	530(0, 102, 123, 179, 126)
Race 6 - Senior Ladies (Vets) aged 65 to 69 — Points after 5 races				80 Rebecca Cudahy	U20	Buxton AC	533(107, 96, 0, 168, 162)
1 G Holland-Jones	L65	StyalRC	5 (1, 1, 2, 2, 1)	81 J Cordingley	L65	SaleHM	535(0, 109, 119, 167, 140)
2 J Cordingley	L65	SaleHM	6 (0, 2, 1, 1, 2)	82 Maria Rooke	U20	ECH&TA	545(135, 121, 0, 155, 134)
Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk				83 Charlotte Gilbert	L40	Chorlton R	547(126, 112, 140, 186, 169)
Internet: http://www.race-results.co.uk -- full results will be available for downloading tonight				84 Sarah Foreman	L35	SwintonRC	550(130, 116, 0, 160, 144)
				85 Anne Gregory	L55	WarringtonA	555(167, 117, 115, 181, 156)
				86 Philippa Whittingham	L55	Wilmslow S	572(142, 114, 111, 205, 0)

87 Pippa Price	L60	Running Be	591(150,131,143,195,167)	34 Mark Cordiner	SwintonRC	279(84,72,71,81,55)
88 Helen Shan	L45	HorwichRMI	603(0,137,127,180,159)	35 Dayle Dwyer	SalfordMA	280(77,75,59,102,69)
89 Katy Barnes	L40	KnutsfordT	605(151,147,128,265,179)	36 Nick Bugler	Altrincham	286(62,68,67,0,89)
90 Angela Oldham	L70	ECH&TA	609(174,141,137,204,157)	37 Rob Cleaver	StockportH	293(0,81,53,85,74)
91 Mel Johnson	L45	ManchesteF	612(0,122,122,202,166)	38 D Harrison-Croft	M'chr Road	295(66,91,58,80,0)
= Tracey Griffin	L50	Start2jog	612(0,140,124,199,149)	39 Matthew Dewhurst	HorwichRMI	302(83,78,69,98,72)
93 Marion Davies	L35	Running Be	616(187,148,118,0,163)	40 Peter Williams	Wilmslow S	324(73,90,62,99,0)
94 Batya Stimler		Chorlton R	632(191,143,157,196,141)	41 Philip Tomkinson	M'chr YMCA	335(76,88,0,86,85)
95 Sophie Walton		HorwichRMI	684(180,132,0,184,188)	42 James Braban	Chorlton R	336(0,92,78,89,77)
96 Catherine Jackson	L55	StyalRC	690(159,142,0,216,173)	43 Teifion Best	M'chr Road	344(82,94,80,0,88)
97 Rachel Billington	L45	SwintonRC	702(165,156,181,258,200)	44 Adam Turner	DragonsRC(357(0,83,83,104,87)
98 Josie Rogers		Marple Run	709(0,150,145,230,184)	45 Steven Parkinson	M'chr Road	401(0,101,90,120,90)
99 Kylie Nixon	L50	Marple Run	717(169,0,146,227,175)	46 Will Platts	Warriors P	404(96,105,99,130,104)
100 Amy Berrisford	L45	Chorlton R	735(190,145,156,244,0)	47 Ben Moriarty	BelleVR	411(101,112,88,143,110)
101 Sarah Wharton	L50	WarringtonA	744(0,162,150,236,196)	48 Doug Webb	LevenshulR	435(0,108,100,116,111)
102 Joanna Turner	L35	SwintonRC	754(197,177,171,0,209)	49 Alexander Ratcliffe	Marple Run	437(104,119,96,133,118)
= Alison Barbuti	L45	Chorlton R	754(216,171,164,262,203)	50 Callum D'souza	Buxton AC	443(103,115,106,0,119)
104 Karen Wileman	L45	Bramhall R	755(175,155,0,240,185)	51 Jack Whalley	ValeRA	470(116,122,115,0,117)
105 Allison Kirkbride	L55	StyalRC	758(192,144,0,251,171)	52 Carl Healy	Didsbury R	474(0,127,97,138,112)
= Catherine Jones	L55	M'chr Harr	758(204,169,175,273,210)	53 William Mitchell	Running Be	486(115,131,109,150,131)
107 Naomi Grabe	L45	Warriors P	767(195,179,170,0,223)	54 Josh Draper	Chorlton R	492(113,120,108,151,0)
108 Gaynor Williams	L50	WinstonR	778(176,0,163,248,191)	55 William Franks	Chorlton R	499(0,129,107,139,124)
109 Rachel Watson	L50	BelleVR	817(189,189,0,245,194)	56 Andrew Davis	StyalRC	520(0,128,121,145,126)
110 Janet Screawn	L55	WilmslowRC	839(200,0,162,264,213)	57 Tom Cornes	SwintonRC	527(0,130,117,148,132)
111 Shirley Ralph	L50	Bramhall R	841(245,199,185,270,212)	58 Dave Bradford	Didsbury R	548(123,132,0,158,135)
112 Kate Sutton	L60	WilmslowRC	856(235,0,187,237,197)	59 Jonathan Coulson	M'chr Road	553(119,0,125,170,139)
113 Clare Leith	L55	Start2jog	862(218,183,208,298,253)	60 Robert Maidstone	Start2jog	593(133,144,0,174,142)
114 Heather Fryer-Winder	L60	Buxton AC	865(228,182,214,287,241)			
115 Anna Thurston	L45	Didsbury R	874(0,185,188,280,221)			
116 Julia Foy	L55	BelleVR	886(0,181,191,284,230)			
117 Carol Kershaw	L55	Hyde Villa	892(259,187,219,305,227)			
118 Janine Jordan	L40	MiddletonH	897(219,184,0,275,219)			
119 Jenna Bardsley	L40	Start2jog	925(270,197,206,308,252)			
120 Alison Bembenek	L40	Running Be	930(250,207,216,0,257)			
121 Claire Platts	L35	Warriors P	942(267,200,224,306,251)			
122 Natasha Bradford		Didsbury R	952(271,210,222,307,249)			
123 Kaylea Maidstone	L35	Start2jog	954(208,201,0,297,248)			
124 Sue Exon	L70	TraffordAC	958(264,205,218,327,271)			
125 Jennifer McGuinness	L60	StockportH	970(0,203,217,310,240)			
126 Sarah Borkin	L45	SwintonRC	975(253,192,0,291,239)			
127 Rachael Horrocks	L50	Hyde Villa	980(280,213,220,313,267)			
128 Kirsty Powers	L35	ManchesteF	991(263,198,221,309,0)			
129 Rachel Bell	L55	DragonsRC(993(255,0,202,293,243)			
130 Rebecca Meeten	L55	Didsbury R	1013(273,196,0,302,242)			
131 Melanie Commins	L50	Marple Run	1062(248,0,228,336,250)			
132 W Selby	L40	DragonsRC(1073(272,208,0,321,272)			

Senior Men (Vets) aged 40 to 44 — Points after 5 races

1 Karl Darcy	V40	Salford Ha	5(1,1,2,1,0)
2 Michael Holness	V40	ECH&TA	8(0,2,3,2,1)
3 Robert Dunn	V40	SaleHM	15(3,3,4,7,5)
4 David Wyeth	V40	Chorlton R	25(6,6,0,9,4)
5 Mark Shatwell	V40	StockportH	35(0,8,7,10,10)
6 Tom Moseley	V40	Altrincham	37(0,7,10,12,8)
7 Matthew Wilson	V40	HorwichRMI	48(13,10,11,20,14)
8 Matthew Gittins	V40	Didsbury R	61(19,16,15,22,11)
9 George Steele	V40	M'chr Harr	65(17,19,13,25,16)
10 Luke Kieman	V40	M'chr Tri	88(25,22,20,36,21)
11 Haco Santana	V40	ECH&TA	92(23,21,0,29,19)
12 Adam Horrocks	V40	KnutsfordT	107(24,0,19,38,26)
13 Chris Turner	V40	StyalRC	115(33,30,29,33,23)
14 Alan McKeegan	V40	StHSA	138(43,36,31,0,28)
= D Rozhdestvenskiy	V40	SaleHM	138(0,32,27,47,32)
16 Dan Levin	V40	Didsbury R	146(40,43,33,0,30)
17 Martin Forker	V40	M'chr Tri	154(39,38,0,48,29)
= Ryan McCue	V40	Chorlton R	154(47,42,34,49,31)
19 Russell Jones	V40	StyalRC	173(51,39,0,50,33)
20 Graeme Wilkinson	V40	M'chr YMCA	202(56,47,0,57,42)

Senior Men (Vets) aged 45 to 49 — Points after 5 races

1 Matthew Barnes	V45	SaleHM	6(1,0,3,1,1)
2 Peter Speake	V45	WilmslowRC	7(2,1,5,2,2)
3 Mark Crabtree	V45	ValeRA	18(4,3,6,5,0)
4 Tim Fletcher	V45	Chorlton R	21(0,6,7,3,5)
= Mark Walker	V45	Macclesfie	21(5,4,8,4,0)
6 Tom McMahon	V45	ECH&TA	32(8,8,0,9,7)
7 Robin Horner	V45	ECH&TA	50(11,14,13,16,12)
8 Vic Walsh	V45	BelleVR	51(14,0,12,14,11)
9 Ian Blann	V45	Altrincham	57(15,18,14,0,10)
= Matt Darnley	V45	Bramhall R	57(16,16,16,10,15)
11 Tony Davenport	V45	SaleHM	58(0,13,15,17,13)
12 Darren Smith	V45	Hyde Villa	71(20,0,17,18,16)
13 Jonathan Aust	V45	ECH&TA	73(22,17,0,20,14)
14 Paul Grabe	V45	Warriors P	82(17,20,20,0,25)
15 Mark Shorter	V45	Buxton AC	92(28,23,21,30,20)
16 Chris Kershaw	V45	Bramhall R	93(26,0,24,24,19)
17 Paul Brocklehurst	V45	KnutsfordT	95(29,21,19,0,26)
18 Matt Farr	V45	Didsbury R	103(25,22,0,34,22)
19 Graeme Eddie	V45	Macclesfie	118(34,26,26,32,0)
20 Hareth Abdulla	V45	Warriors P	126(38,30,31,38,27)
21 Graham Brownhill	V45	DragonsRC(137(36,33,0,39,29)

Senior Men (Vets) aged 50 to 54 — Points after 5 races

1 Julian Goudge	V50	HorwichRMI	9(2,7,1,2,4)
2 Jeff Prest	V50	TraffordAC	13(4,5,2,4,3)
3 Stuart Doyle	V50	ValeRA	16(6,4,4,3,5)
4 Mark Burton	V50	StockportH	17(5,3,3,0,6)
5 Tim Greenald	V50	Altrincham	36(0,8,5,10,13)
6 Robert White	V50	Buxton AC	38(12,13,0,6,7)
7 Olivier Gaillemin	V50	SaleHM	50(13,16,6,0,15)
8 Matthew Spragg	V50	SaleHM	53(15,14,10,14,22)
9 Richard Brook	V50	Salford Ha	60(11,0,15,15,19)
10 Andrew Wilson	V50	StHSA	63(18,19,12,17,16)
11 Paul Noble	V50	SaleHM	66(16,17,17,16,0)
12 Simon Pickard	V50	StockportH	67(14,21,11,21,29)
13 Gareth Briggs	V50	Macclesfie	72(17,22,13,23,20)
14 Roger Thomas	V50	M'chr Tri	80(21,23,16,20,23)
15 James Corden	V50	StockportH	87(20,24,18,25,0)
16 Dennis Thomas	V50	ECH&TA	108(27,29,25,27,32)
17 Andrew Almond	V50	M'chr Harr	110(29,31,27,30,24)

Senior Men under 20 — Points after 5 races

1 Oberon Kearney	U20	Warriors P	10(1,2,0,5,2)
2 Brandon Kenyon-Betts	U20	ECH&TA	11(3,1,3,0,4)
3 Alfie Bundy	U20	TraffordAC	24(9,4,6,11,5)
4 Jack Berry	U20	Warriors P	31(10,5,9,13,7)
5 Samuel Bailey	U20	M'chr Harr	46(0,10,10,17,9)
6 Harley Milburn	U20	MMU	47(17,9,12,15,11)
7 Ceri Basi	U20	TraffordAC	51(16,0,11,16,8)
8 Aidan McKenna	U20	HorwichRMI	66(20,12,0,21,13)

Senior Men aged 20 to 39 — Points after 5 races

1 Arlo Ludewick	Man uni	4(1,1,1,0,1)
2 Fredrick Roden	Man uni	17(7,3,0,5,2)
= Aaron Doyle	ValeRA	17(4,4,5,8,4)
4 Jacob Wood-Doyle	Salford Ha	20(5,6,4,0,5)
5 Matt Crichton	SwintonRC	42(0,12,7,16,7)
6 Samuel Whitehead	ValeRA	48(12,19,9,10,17)
7 Paul Peters	SaleHM	57(14,18,14,19,11)
8 Michael Mannings	Salford Ha	74(0,21,19,15,19)
9 Jack Catterall	StockportH	78(16,29,20,39,13)
10 J Evans-Rodriguez	TraffordAC	81(20,14,0,24,23)
11 Brandon Whitehead	HorwichRMI	104(29,33,21,38,21)
12 Phil Richardson	SaleHM	106(15,30,24,0,37)
13 Christian Smith	Salford Ha	108(26,0,27,26,29)
14 Nicholas Tynan	SaleHM	129(21,0,30,43,35)
15 Jonathan Pickup	Didsbury R	132(23,0,29,41,39)
16 Sam Fairhurst	HorwichRMI	135(27,37,0,44,27)
17 Ben Hobson	Chorlton R	137(0,41,32,31,33)
18 Howard Oldham	ECH&TA	158(25,40,31,62,0)
19 Damien McHugh	Didsbury R	167(28,58,50,48,41)
20 Grant Boyne	M'chr Road	179(57,51,36,52,40)
21 Luke Donald	Chorlton R	188(56,47,41,54,46)
22 Jordan Dover	Didsbury R	193(0,55,39,56,43)
23 Ryan Snee	HorwichRMI	195(30,0,84,51,30)
24 Matthew Smith	HorwichRMI	203(42,52,0,65,44)
25 Ryan Harrison	StockportH	205(44,65,42,57,62)
26 Luke Asante	M'chr Road	207(35,0,46,76,50)
27 Ben Rees	SaleHM	228(0,70,52,59,47)
28 Robert Armstrong	WilmslowRC	230(58,48,40,84,0)
29 Paul Morrison	WestCAC	246(78,61,49,77,59)
30 Dan Scotson	Didsbury R	252(0,66,54,72,60)
31 Martin Dickson	LevenshulR	253(45,73,72,70,66)
32 Benjamin Brown	Chorlton R	269(59,64,0,78,68)
33 Ewan Edmondson	Macclesfie	278(55,86,68,82,73)

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 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

18 Chris Goodfellow	V50	Macclesfie	113(28, 0, 28, 32, 25)	35 Mark Walker	V45	Macclesfie	254(64, 59, 65, 66, 0)
19 David Hope	V50	StockportH	128(30, 0, 36, 31, 31)	36 Luke Donald		Chorlton R	275(95, 63, 66, 78, 68)
20 Mark Day	V50	SaleHM	137(35, 34, 33, 35, 0)	37 Jordan Dover		Didsbury R	280(0, 78, 59, 81, 62)
21 Stephen Greaves	V50	WilmslowRC	148(0, 38, 40, 37, 33)	38 Matthew Smith		HorwichRMI	305(71, 73, 0, 96, 65)
22 Chris Sewart	V50	M'chr Harr	178(45, 41, 0, 48, 44)	= Ryan Snee		HorwichRMI	305(44, 0, 151, 73, 37)
23 Gavin Nixon	V50	Marple Run	189(52, 0, 44, 50, 43)	40 Alfie Bundy	U20	TraffordAC	309(73, 105, 63, 104, 69)
24 Tim Rolfe	V50	Buxton AC	194(0, 45, 45, 55, 49)	41 Ryan Harrison		StockportH	318(74, 93, 68, 83, 95)
25 Paul Arrowsmith	V50	StyalRC	205(56, 0, 46, 56, 47)	42 Mark Shatwell	V40	StockportH	328(0, 97, 58, 91, 82)
				43 Luke Asante		M'chr Road	332(58, 0, 75, 122, 77)
				44 Tom Moseley	V40	Altrincham	342(0, 85, 79, 100, 78)
				45 Ben Rees		SaleHM	348(0, 103, 85, 87, 73)
				46 Robert Armstrong		WilmslowRC	358(98, 64, 61, 135, 0)
				47 Paul Morrison		WestCAC	385(144, 88, 81, 124, 92)
				48 Tom McMahon	V45	ECH&TA	388(84, 96, 0, 112, 96)
				= Dan Scotson		Didsbury R	388(0, 94, 87, 114, 93)
				50 Martin Dickson		LevenshulR	402(75, 112, 120, 108, 107)
				51 Tim Greenald	V50	Altrincham	412(0, 75, 80, 152, 105)
				52 Robert White	V50	Buxton AC	421(140, 104, 0, 107, 70)
				53 Benjamin Brown		Chorlton R	426(99, 91, 0, 127, 109)
				54 Andy Porter	V55	Bramhall R	442(198, 76, 78, 90, 0)
				55 Mark Cordiner		SwintonRC	443(160, 109, 117, 131, 86)
				= Matthew Wilson	V40	HorwichRMI	443(103, 119, 109, 158, 112)
				57 Tim Shanker	V55	M'chr YMCA	454(109, 106, 0, 137, 102)
				= Ewan Edmondson		Macclesfie	454(94, 149, 111, 133, 116)
				59 Nick Bugler		Altrincham	458(102, 100, 105, 0, 151)
				60 Dayle Dwyer		SalfordMA	461(143, 114, 93, 182, 111)
				61 Jack Berry	U20	Warriors P	467(87, 116, 132, 132, 154)
				62 Adrian Bramham	V60	HorwichRMI	474(134, 110, 112, 157, 118)
				63 Rob Cleaver		StockportH	475(0, 136, 86, 136, 117)
				64 Robin Horner	V45	ECH&TA	479(113, 134, 107, 159, 125)
				65 Vic Walsh	V45	BelleVR	498(119, 0, 106, 151, 122)
				66 D Harrison-Croft		M'chr Road	499(112, 166, 92, 129, 0)
				67 Ian Blann	V45	Altrincham	503(125, 145, 113, 0, 120)
				68 Olivier Gaillemin	V50	SaleHM	507(145, 133, 102, 0, 127)
				69 Matthew Dewhurst		HorwichRMI	512(159, 124, 114, 169, 115)
				70 Matt Darnley	V45	Bramhall R	520(126, 140, 134, 120, 141)
				71 Matthew Gittins	V40	Didsbury R	529(150, 153, 128, 162, 98)
				72 Tony Davenport	V45	SaleHM	530(0, 126, 115, 160, 129)
				73 George Steele	V40	M'chr Harr	553(132, 162, 124, 170, 135)
				74 Peter Williams		Wilmslow S	566(130, 163, 97, 176, 0)
				75 James Braban		Chorlton R	571(0, 167, 136, 144, 124)
				76 Philip Tomkinson		M'chr YMCA	574(141, 152, 0, 138, 143)
				77 Matthew Spragg	V50	SaleHM	578(158, 127, 121, 172, 178)
				78 Richard Brook	V50	Salford Ha	579(110, 0, 148, 175, 146)
				79 Darren Smith	V45	Hyde Villa	594(138, 0, 146, 166, 144)
				80 Andrew Wilson	V50	StHSA	596(171, 161, 131, 189, 133)
				81 Paul Oakley	V60	GoytVS	601(142, 158, 0, 173, 128)
				82 Jonathan Aust	V45	ECH&TA	611(157, 141, 0, 174, 139)
				83 Teifion Best		M'chr Road	612(153, 171, 138, 0, 150)
				84 Adam Turner		DragonsRC(627(0, 144, 150, 185, 148)
				85 Gareth Briggs	V50	Macclesfie	629(166, 173, 141, 234, 149)
				86 Paul Noble	V50	SaleHM	641(165, 139, 156, 181, 0)
				87 Simon Pickard	V50	StockportH	669(151, 170, 130, 218, 220)
				88 Luke Kiernan	V40	M'chr Tri	672(169, 172, 162, 212, 169)
				89 Richard Turner	V60	Chorlton R	684(168, 159, 0, 197, 160)
				90 Haco Santana	V40	ECH&TA	685(164, 169, 0, 193, 159)
				91 Paul Grabe	V45	Warriors P	688(128, 180, 170, 0, 210)
				92 Harley Milburn	U20	MMU	701(248, 175, 167, 179, 180)
				93 Samuel Bailey	U20	M'chr Harr	722(0, 177, 144, 228, 173)
				94 Roger Thomas	V50	M'chr Tri	727(203, 190, 153, 214, 181)
				95 Adam Horrocks	V40	KnutsfordT	742(167, 0, 154, 219, 202)
				96 Steven Parkinson		M'chr Road	753(0, 191, 164, 237, 161)
				97 Will Platts		Warriors P	775(186, 199, 197, 257, 193)
				98 Mark Shorter	V45	Buxton AC	780(212, 211, 178, 259, 179)
				99 Richard Evans	V60	Altrincham	781(182, 0, 179, 262, 158)
				100 Chris Kershaw	V45	Bramhall R	788(199, 0, 189, 229, 171)
				101 Ceri Basi	U20	TraffordAC	790(234, 0, 163, 223, 170)
				102 Ben Moriarty		BelleVR	792(204, 220, 160, 297, 208)
				103 Paul Brocklehurst	V45	KnutsfordT	798(214, 196, 165, 0, 223)
				104 Chris Turner	V40	StyalRC	802(219, 207, 230, 201, 175)
				105 James Corden	V50	StockportH	803(201, 192, 168, 242, 0)
				106 Andrew Clague	V55	WestCAC	829(191, 0, 171, 269, 198)
				107 Doug Webb		LevenshulR	846(0, 209, 198, 225, 214)
				108 Phil Kemp	V60	Didsbury R	857(0, 208, 184, 265, 200)
				109 Matt Farr	V45	Didsbury R	870(196, 201, 0, 276, 197)
				110 Alexander Ratcliffe		Marple Run	888(232, 243, 188, 264, 225)
				111 Glen Gandy	V55	M'chr Harr	899(192, 237, 206, 0, 264)
				112 Callum D'souza		Buxton AC	903(230, 231, 216, 0, 226)
				113 Andrew Almond	V50	M'chr Harr	917(242, 255, 217, 285, 203)
				114 Dennis Thomas	V50	ECH&TA	924(236, 233, 213, 260, 242)
				115 David Soles	V60	Buxton AC	937(0, 236, 194, 280, 227)
				116 Aidan Raftery	V65	SaleHM	946(218, 212, 0, 287, 229)
				117 Graeme Eddie	V45	Macclesfie	958(270, 224, 193, 271, 0)
				118 Carl Healy		Didsbury R	959(0, 272, 190, 282, 215)
				119 Chris Goodfellow	V50	Macclesfie	964(239, 0, 218, 301, 206)
				120 Alan McKeegan	V40	StHSA	987(265, 248, 239, 0, 235)
				121 Robert Kirkbride	V55	StyalRC	1001(243, 244, 0, 284, 230)
				122 D Rozhdestvenskiy	V40	SaleHM	1007(0, 223, 224, 308, 252)
				123 Hareth Abdulla	V45	Warriors P	1011(285, 260, 232, 320, 234)
				124 Jack Whalley		ValeRA	1013(282, 257, 250, 0, 224)
				125 William Franks		Chorlton R	1033(0, 281, 223, 283, 246)

126	David Hope	V50	StockportH	1039(245, 0,263,292,239)
127	Dan Levin	V40	Didsbury R	1040(256,291,255, 0,238)
128	Martin Forker	V40	M'chr Tri	1053(254,253, 0,310,236)
129	David Gee	V70	M'chr Harr	1064(249, 0,267,298,250)
130	Josh Draper		Chorlton R	1070(271,246,228,325, 0)
131	William Mitchell		Running Be	1071(278,298,229,319,266)
132	Ryan McCue	V40	Chorlton R	1088(296,290,258,326,244)
133	Stephen Brundrett	V55	BramhallR	1101(247,262, 0,333,259)
134	Andrew Davis		StyalRC	1103(0,280,270,304,249)
135	Mark Day	V50	SaleHM	1119(281,278,251,309, 0)
	= Steven Doxey	V65	SwintonRC	1119(0,256,240,349,274)
137	Graham Brownhill	V45	DragonsRC(1122(275,277, 0,322,248)
138	Tom Cornes		SwintonRC	1126(0,288,256,315,267)
139	Roberto Raso	V60	ManchesteF	1128(0,269,269,337,253)
140	Aidan McKenna	U20	HorwichRMI	1131(284,234, 0,362,251)
141	Mark Gregory	V55	WarringtonA	1148(341,286,261,323,278)
142	Sean Glaister	V60	Chorlton R	1168(299,303,280,359,286)
143	Russell Jones	V40	StyalRC	1172(320,254, 0,335,263)
144	Stephen Greaves	V50	WilmslowRC	1174(0,293,292,321,268)
145	Antonio Mion	V60	Running Be	1178(329,304,273,351,272)
146	Ian Bowker	V55	Marple Run	1202(277, 0,282,366,277)
147	Paul Smith	V60	Marple Run	1221(318, 0,276,357,270)
148	Paul Barber	V65	WinstonR	1254(322, 0,295,355,282)
149	Ian Ireland	V60	MiddletonH	1287(301,287, 0,420,279)
150	Dave Bradford		Didsbury R	1293(328,301, 0,367,297)
151	Jonathan Coulson		M'chr Road	1314(302, 0,290,410,312)
152	Anthony Harrison	V60	WinstonR	1316(350,326,311,389,329)
153	Victor Ridding	V65	LevenshulR	1336(353,334,316,404,333)
154	Iain Johnson	V60	Start2jog	1350(377,329,310,428,334)
155	Chris Sewart	V50	M'chr Harr	1385(355,316, 0,390,324)
156	Stuart Ellis	V55	SwintonRC	1389(389,338,321,452,341)
157	Julian Sacofsky	V65	LevenshulR	1407(383,345,339,435,340)
158	Gavin Nixon	V50	Marple Run	1423(368, 0,322,412,321)
159	Glyn Davies	V70	SwintonRC	1430(394,344,345,433,347)
160	John Clarke	V70	ValeRA	1432(373,332,319,408, 0)
161	Tim Rolfe	V50	Buxton AC	1441(0,337,329,431,344)
162	David Shoesmith	V70	Marple Run	1443(398,353,341,447,351)
163	Robert Todd	V60	DragonsRC(1455(0,346,333,434,342)
164	Paul Arrowsmith	V50	StyalRC	1479(381, 0,331,432,335)
165	David Wilson	V60	Running Be	1482(385, 0,330,430,337)
	= John Archer	V70	SaleHM	1482(367, 0,327,440,348)
167	Duncan Forsyth	V70	Lymm Runne	1504(0,352,344,450,358)
168	Mike Hall	V60	Bramhall R	1506(0,351,343,455,357)
169	Robert Maidstone		Start2jog	1522(382,349, 0,439,352)
170	Michael Cunningham	V80	M'chr Harr	1532(393,348, 0,442,349)
171	Graeme Wilkinson	V40	M'chr YMCA	1542(392,350, 0,445,355)