

South East Lancashire Cross Country League at Heaton Park on Saturday 18th January 2025

Under 11 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2611	Hamish Heginbothom	East Cheshire	10:41	22	2899	Joseph Barriere	Prestwich AC	13:01
2	3113	Ben Essexcrossby	Horwich R M I Harriers	10:43	23	2997	Jacob Russell	Salford Mets	13:09
3	3104	Dexter Mesce	Bury Athletic Club	11:07	24	3003	Sammy Williamson	Salford Mets	13:17
4	2560	Max Worsley	Bury Athletic Club	11:18	25	3120	Joshua Goff	East Cheshire	13:19
5	2704	Louis Yates	Horwich R M I Harriers	11:22	26	2895	Louis Tebay	Prestwich AC	13:20
6	2562	Isaac Cullen	Bury Athletic Club	11:23	27	2991	Parker Kilbourn	Salford Mets	13:26
7	3004	Wilfred Wright	Salford Mets	11:52	28	2894	Elliot Tebay	Prestwich AC	13:32
8	3116	Toby Macdonald	Horwich R M I Harriers	12:06	29	2556	Ronan Parker	Bury Athletic Club	13:46
9	2523	Jack Walker	Blackley	12:10	30	3123	Teddy Bowma	Bury Athletic Club	14:03
10	2614	James McMahan	East Cheshire	12:13	31	2563	Kai Hilton	Bury Athletic Club	14:04
11	2994	Noah Macarthur	Salford Mets	12:20	32	2995	Xavier Nosegbe	Salford Mets	14:28
12	3000	Jenson Snape	Salford Mets	12:21	33	2987	Louie Feakins	Salford Mets	14:34
13	2996	Rory Prickett	Salford Mets	12:38	34	2901	Lorenz Slawycz	Prestwich AC	15:02
14	2989	William Garside	Salford Mets	12:45	35	3100	Jesse Hannon	Blackley	15:09
15	2617	Sidney Charles	East Cheshire	12:46	36	2612	Zach Gush	East Cheshire	15:26
16	2879	Willis Howard	Oldham	12:47	37	2565	Theo Overlunde	Bury Athletic Club	15:36
17	2999	Benjamin Smith	Salford Mets	12:49	38	2897	Euan Watson	Prestwich AC	15:44
18	2564	James Tallentire	Bury Athletic Club	12:50	39	3085	Finley Duckworth	Rochdale Harriers & AC	17:20
19	3002	George Walker	Salford Mets	12:51	40	2896	Rowan Theakstone	Prestwich AC	18:44
20	2559	Harry Sample	Bury Athletic Club	12:52	41	3001	Thomas Tandy	Salford Mets	18:51
21	2558	Hamish Simpson	Bury Athletic Club	12:57					

Under 11 - Boys — TEAM RESULTS

1	Bury Athletic Club	13	—	3	Dexter Mesce	4	Max Worsley	6	Isaac Cullen
2	Horwich R M I Harriers	15	—	2	Ben Essexcrossby	5	Louis Yates	8	Toby Macdonald
3	East Cheshire	26	—	1	Hamish Heginbothom	10	James McMahan	15	Sidney Charles
4	Salford Mets	30	—	7	Wilfred Wright	11	Noah Macarthur	12	Jenson Snape
5	Prestwich AC	76	—	22	Joseph Barriere	26	Louis Tebay	28	Elliot Tebay

Under 11 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2571	Isla Taylor	Bury Athletic Club	11:29	24	2531	Penelope Carroll	Blackley	13:54
2	2574	Niamh Murray	Bury Athletic Club	11:38	25	2658	Daisy Fisher	East Cheshire	14:05
3	2599	Cora Alton	Chorley Athletic And Triathlon	11:43	26	3079	Chloe Day	East Cheshire	14:08
4	3035	Melia Ferendenus	Salford Mets	11:44	27	2903	Eva Ellison	Prestwich AC	14:10
5	2598	Iris Thomson	Chorley Athletic And Triathlon	11:56	28	3078	Lyra Nerison	Blackley	14:16
6	3031	Georgina Beech	Salford Mets	11:57	29	3044	Sophia Lamaris	Salford Mets	14:17
7	2530	Katie Rayner	Blackley	11:58	30	2720	Harper Day	Horwich R M I Harriers	14:35
8	2577	Myla Bryan	Bury Athletic Club	12:14	31	3101	Lila Metcalfe	Bury Athletic Club	14:42
9	2581	Violette Overlunde	Bury Athletic Club	12:16	32	2575	Kate Duddy	Bury Athletic Club	14:45
10	2600	Amelia Pendlebury	Chorley Athletic And Triathlon	12:22	33	3050	Megan Williamson	Salford Mets	14:47
11	2722	Imogen Meakin	Horwich R M I Harriers	12:24	34	2579	Jasmine Brisbane	Bury Athletic Club	14:53
12	3041	Pippa Hunt	Salford Mets	12:27	35	3080	Isabella Sharman	Bury Athletic Club	14:57
13	3034	Isobelle Farrelly	Salford Mets	13:02	36	3040	Pearl Hunt	Salford Mets	14:58
14	3030	Florence Barker	Salford Mets	13:07	37	2659	Caitlin McLeod	East Cheshire	14:59
15	3115	Freya Smith	Bury Athletic Club	13:10	38	3051	Niamh Williamson	Salford Mets	15:01
16	2660	Seren Gush	East Cheshire	13:14	39	2573	S Straffon-Finch	Bury Athletic Club	15:06
17	3042	Holly Hutchinson	Salford Mets	13:16	40	2904	Isabella Anne	Prestwich AC	16:13
18	3045	Isabel McGinnis	Salford Mets	13:29	41	2570	Maya Akram	Bury Athletic Club	16:50
19	2576	Honey-May Long	Bury Athletic Club	13:33	42	2580	Evelyn McDonald	Bury Athletic Club	16:51
20	2884	Anya Buchan	Oldham	13:34	43	2906	Maisey Murphy	Prestwich AC	16:58
21	3039	Martha Halliwell	Salford Mets	13:37	44	3043	Lila Jones	Salford Mets	17:28
22	3032	Libby Boyd	Salford Mets	13:40	45	3102	Serena McDonald	Bury Athletic Club	18:53
23	3049	Sophie Snape	Salford Mets	13:43					

Under 11 - Girls — TEAM RESULTS

1	Bury Athletic Club	11	—	1	Isla Taylor	2	Niamh Murray	8	Myla Bryan
2	Chorley Athletic And Triathlon	18	—	3	Cora Alton	5	Iris Thomson	10	Amelia Pendlebury
3	Salford Mets	22	—	4	Melia Ferendenus	6	Georgina Beech	12	Pippa Hunt
4	Blackley	59	—	7	Katie Rayner	24	Penelope Carroll	28	Lyra Nerison
5	East Cheshire	67	—	16	Seren Gush	25	Daisy Fisher	26	Chloe Day
6	Prestwich AC	110	—	27	Eva Ellison	40	Isabella Anne	43	Maisey Murphy

South East Lancashire Cross Country League at Heaton Park on Saturday 18th January 2025

Under 13 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	3012	Loxley Schofield	Salford Mets	11:02	12	2622	Harry Bird	East Cheshire	12:26
2	2593	Thomas Stewart	Chorley Athletic And Triathlon	11:05	13	2623	Archie Hennessy	East Cheshire	13:23
3	2624	Zack Jones	East Cheshire	11:13	14	2707	Matthew Macdonald	Horwich R M I Harriers	13:32
4	3006	Luke Bennett	Salford Mets	11:25	15	3013	Arayz Stanyard	Salford Mets	13:38
5	3005	Arthur Barker	Salford Mets	11:36	16	3009	Finlay Farmer	Salford Mets	13:48
6	3011	Joseph McGinnis	Salford Mets	11:36	17	2620	James Nelson	East Cheshire	13:52
7	14	Alex Smialek	Clayton Le Moors Harriers	11:49	18	2912	Alex Reay	Rochdale Harriers & AC	14:09
8	3121	Leo Ferendus	Salford Mets	12:04	19	2880	Mercy Odumosu	Oldham	14:44
9	2618	Issac Fisher	East Cheshire	12:14	20	2594	Oliver Holden	Chorley Athletic And Triathlon	14:58
10	13	Jorgey White	Unattached	12:18	21	2619	Sebastian Gregory	East Cheshire	15:07
11	3077	Chester Theakston	Prestwich AC	12:20	22	3010	Lucas Jones	Salford Mets	16:02

Under 13 - Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Salford Mets	10 —	1 Loxley Schofield	4 Luke Bennett	5 Arthur Barker
2 East Cheshire	21 —	3 Zack Jones	8 Issac Fisher	10 Harry Bird

Under 13 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2723	Grace Freary	Horwich R M I Harriers	11:52	8	3052	Florence Bailey	Salford Mets	13:49
2	2602	Georgina Benson	Chorley Athletic And Triathlon	12:09	9	3055	Rosie Russell	Salford Mets	14:04
3	2583	Heidi Wilkinson	Bury Athletic Club	12:33	10	2582	Ella Straffon-Finch	Bury Athletic Club	14:10
4	2661	Erin McMahon	East Cheshire	12:38	11	2939	Lola Whittaker	Rochdale Harriers & AC	14:40
5	2937	Lily Hirst	Rochdale Harriers & AC	12:44	12	3053	Emily Boyd	Salford Mets	15:32
6	3119	Olivia Goff	East Cheshire	13:24	13	3057	Mysha Stanyard	Salford Mets	15:35
7	2584	Kathryn Wolstenholme	Bury Athletic Club	13:36					

Under 13 - Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Bury Athletic Club	20 —	3 Heidi Wilkinson	7 Kathryn Wolstenholme	10 Ella Straffon-Finch
2 Salford Mets	29 —	8 Florence Bailey	9 Rosie Russell	12 Emily Boyd

Race 3 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2710	Harry Yates	Horwich R M I Harriers	21:16	5	2628	Sam Horner	East Cheshire	23:04
2	2914	Ben Hadfield	Rochdale Harriers & AC	21:31	6	3017	Alfie Lavelle	Salford Mets	24:27
3	2626	Lucas Rhodes	East Cheshire	22:42	7	2566	Daniel Taylor	Bury Athletic Club	25:13
4	2709	Finlay Mann	Horwich R M I Harriers	22:49	8	3015	Ted Garside	Salford Mets	25:51

Race 3 - Boys — TEAM RESULTS

No complete teams

Race 3 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2585	Lucy Dent	Bury Athletic Club	22:43	7	2662	Imogen Mc	East Cheshire	25:53
2	2605	Maisie Preston	Chorley Athletic And Triathlon	23:30	8	2664	Anna Rooke	East Cheshire	27:02
3	2606	Isobel Reid	Chorley Athletic And Triathlon	24:22	9	2665	Erin Royle	East Cheshire	28:36
4	2607	Millie Reid	Chorley Athletic And Triathlon	24:22	10	2727	Sophie Orrell	Horwich R M I Harriers	29:08
5	2940	Lottie Peacocke	Rochdale Harriers & AC	25:08	11	2588	Coco-Lily Honer	Bury Athletic Club	29:21
6	2726	Eve Macdonald	Horwich R M I Harriers	25:52					

Race 3 - Girls — TEAM RESULTS

1 Chorley Athletic And Triathlon	9 —	2 Maisie Preston	3 Isobel Reid	4 Millie Reid
2 East Cheshire	24 —	7 Imogen Mc	8 Anna Rooke	9 Erin Royle

Race 3 - U17 Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2635	Marshall Fleet	East Cheshire	21:02	6	3018	Jack Broadhurst	Salford Mets	24:31
2	2634	Oliver Walker	East Cheshire	21:11	7	3124	Thomas Turner	Altrincham & District Ac	26:10
3	2632	Nathan Dunn	East Cheshire	21:23	8	3019	Alfie Frost	Salford Mets	26:57
4	2630	Joe Taylor	East Cheshire	22:17	9	2636	Sebastian Stewart	East Cheshire	27:43
5	2637	Archie Bennett	East Cheshire	23:58					

Race 3 - U17 Men — TEAM RESULTS

1 East Cheshire	6 —	1 Marshall Fleet	2 Oliver Walker	3 Nathan Dunn
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Race 3 - U17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time
1	3059	Amber Clark	Salford Mets	25:49
2	2666	Harri-Ann Fleet	East Cheshire	25:57
3	2667	Meadow Wright	East Cheshire	27:08
4	2729	Tia Harris	Horwich R M I Harriers	35:00

Race 3 - U17 Women — TEAM RESULTS

No complete teams

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Ladies Race under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	2731	Charlotte Wilkinson	L20	1 Horwich R M I Harriers	36:31
2	2668	Maria Rooke	L20	2 East Cheshire	37:16
3	2730	Alice Tucker	L20	3 Horwich R M I Harriers	38:34
4	3090	Aliesha Smith	L20	4 East Cheshire	41:46

Ladies Race under 20 — TEAM RESULTS

No complete teams

Ladies Race over 18

Pos	Num	Name	Cat/Pos	Club	Time	
1	3062	Claire McMurdock	L35	1 Salford Mets	32:47	
2	2671	Katie Kay	L40	1 East Cheshire	34:55	
3	3111	Rachel Marshall	L45	1 Bury Athletic Club	35:01	
4	2669	Hayley Simpson		East Cheshire	35:08	
5	3066	Alina Stepanchuk	L40	2 Salford Mets	35:57	
6	2731	Charlotte Wilkinson	L20	1 Horwich R M I Harriers	36:31	
7	2750	Sarah Beever		Hyde Village	37:11	
8	2668	Maria Rooke	L20	2 East Cheshire	37:16	
9	2946	Juliet Smith	L45	2 Rochdale Harriers & AC	37:29	
10	2674	Michelle Vaughan	L50	1 East Cheshire	37:38	
11	2732	Helen Macdonald	L40	3 Horwich R M I Harriers	37:43	
12	2942	Zara Hirst		Rochdale Harriers & AC	37:45	
13	3068	Amanda Hurndall	L45	3 Salford Mets	38:03	
14	3071	Jaine Brocklehurst	L50	2 Salford Mets	38:15	
15	2673	Karen Fleming	L50	3 East Cheshire	38:19	
16	2812	Emma Mochan		M/r Ymca	38:24	
17	2730	Alice Tucker	L20	3 Horwich R M I Harriers	38:34	
18	2550	Lyndsay Darbyshire	L55	1 Burnden RR	38:38	
19	2553	Gwen Kinloch	L60	1 Burnden RR	38:48	
20	2757	Stephanie Mallett	L40	4 Hyde Village	38:57	
21	2698	Anne Williams	L50	4 Glossopdale	41:11	
22	2589	Beverley McAuley	L40	5 Bury Athletic Club	41:12	
23	2947	Susie Hirst	L50	5 Rochdale Harriers & AC	41:19	
24	17	Joanne Hackett	L55	2 Macclesfield Harriers & Ac	41:34	
25	3090	Aliesha Smith	L20	4 East Cheshire	41:46	
26	2514	Lisa Costello	L40	6 Belle Vue	41:51	
27	2817	Katie Baker	L35	2 M/r Ymca	41:58	
28	2555	Anne Ferguson	L65	1 Burnden RR	42:12	
29	2854	Helen Mutch	L40	7 Middleton H	42:46	
30	2670	Lois Ruebotham		East Cheshire	43:08	
31	2783	Rachel Hancock	L50	6 Lostock AC	44:02	
32	3061	Shu-Ling Li		Salford Mets	44:11	
33	2521	Nicola Pennington	L50	7 Belle Vue	44:15	
				34 2733 Helen Shan	L45 4 Horwich R M I Harriers	44:28
				35 2853 Janine Jordan	L40 8 Middleton H	44:29
				36 2863 Deborah Sheen	L55 3 Middleton H	44:29
				37 2855 Faya Aydin	L45 5 Middleton H	44:39
				38 3091 Anna Blomfield	L60 2 Rochdale Harriers & AC	44:49
				39 2591 Afrodite Kalambouka	L55 4 Bury Athletic Club	44:52
				40 2517 Rachel Watson	L45 6 Belle Vue	45:00
				41 2753 Kate Kinder	Hyde Village	45:23
				42 2700 Charmayne Brierley	L55 5 Glossopdale	45:27
				43 3074 Sharon Lightfoot	L55 6 Salford Mets	46:03
				44 3075 Andrea Marsdan	L60 3 Salford Mets	46:12
				45 2865 Sandra McGrail	L60 4 Middleton H	46:37
				46 2752 Jennifer Garner	Hyde Village	47:04
				47 2877 Laura Blythin	L40 9 Mossley	47:04
				48 2876 Cora Taylor	L40 10 Mossley	47:08
				49 2756 Danielle Burns	L40 11 Hyde Village	47:28
				50 2778 Jenna Wood	Lostock AC	47:31
				51 2701 Joanne Brack	L55 7 Glossopdale	47:38
				52 2866 Fiona Bolton	L65 2 Middleton H	48:35
				53 2759 Alison Goodall	L50 8 Hyde Village	49:06
				54 2761 Carol Kershaw	L50 9 Hyde Village	49:07
				55 2522 Sally Cheetham	L55 8 Belle Vue	49:08
				56 2518 Karen Charters	L50 10 Belle Vue	49:46
				57 2519 Julia Foy	L50 11 Belle Vue	50:11
				58 2977 Amanda Richardson	L55 9 Royton RR	52:49
				59 2765 Lana Milligan	L55 10 Hyde Village	54:11
				60 2760 Rachael Horrocks	L50 12 Hyde Village	54:41
				61 2976 Nicky Hall	L50 13 Royton RR	55:10
				62 2860 Dawn Anderson	L55 11 Middleton H	55:38
				63 2851 Jennifer Laptew	L40 12 Middleton H	56:23
				64 2869 Christine Eckersley	L75 1 Middleton H	57:52
				65 2978 Angela Rogowskyj	L55 12 Royton RR	59:55
				66 2867 Ruth Hare	L70 1 Middleton H	1:03:31

Ladies Race over 18 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 East Cheshire	14 —	2 Katie Kay	4 Hayley Simpson	8 Maria Rooke
2 Salford Mets	19 —	1 Claire McMurdock	5 Alina Stepanchuk	13 Amanda Hurndall
3 Horwich R M I Harriers	34 —	6 Charlotte Wilkinson	11 Helen Macdonald	17 Alice Tucker
4 Rochdale Harriers & AC	44 —	9 Juliet Smith	12 Zara Hirst	23 Susie Hirst
5 Bury Athletic Club	63 —	3 Rachel Marshall	22 Beverley McAuley	38 Afrodite Kalambouka
6 Burnden RR	64 —	18 Lyndsay Darbyshire	19 Gwen Kinloch	27 Anne Ferguson
7 Hyde Village	67 —	7 Sarah Beever	20 Stephanie Mallett	40 Kate Kinder
8 Belle Vue	96 —	25 Lisa Costello	32 Nicola Pennington	39 Rachel Watson
9 Middleton H	97 —	28 Helen Mutch	34 Janine Jordan	35 Deborah Sheen
10 Glossopdale	112 —	21 Anne Williams	41 Charmayne Brierley	50 Joanne Brack
11 Royton RR	181 —	57 Amanda Richardson	60 Nicky Hall	64 Angela Rogowskyj

Ladies Race over 40 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 East Cheshire	15 —	1 Katie Kay	5 Michelle Vaughan	9 Karen Fleming
2 Salford Mets	18 —	3 Alina Stepanchuk	7 Amanda Hurndall	8 Jaine Brocklehurst
3 Burnden RR	38 —	10 Lyndsay Darbyshire	11 Gwen Kinloch	17 Anne Ferguson
4 Bury Athletic Club	42 —	2 Rachel Marshall	14 Beverley McAuley	26 Afrodite Kalambouka
5 Rochdale Harriers & AC	44 —	4 Juliet Smith	15 Susie Hirst	25 Anna Blomfield
6 Middleton H	63 —	18 Helen Mutch	22 Janine Jordan	23 Deborah Sheen
7 Belle Vue	63 —	16 Lisa Costello	20 Nicola Pennington	27 Rachel Watson
8 Glossopdale	76 —	13 Anne Williams	28 Charmayne Brierley	35 Joanne Brack
9 Hyde Village	83 —	12 Stephanie Mallett	34 Danielle Burns	37 Alison Goodall
10 Royton RR	136 —	42 Amanda Richardson	45 Nicky Hall	49 Angela Rogowskyj

Ladies Race over 50 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Burnden RR	17 —	4 Lyndsay Darbyshire	5 Gwen Kinloch	8 Anne Ferguson
2 Salford Mets	33 —	2 Jaine Brocklehurst	15 Sharon Lightfoot	16 Andrea Marsdan
3 Glossopdale	38 —	6 Anne Williams	14 Charmayne Brierley	18 Joanne Brack
4 Middleton H	47 —	11 Deborah Sheen	17 Sandra McGrail	19 Fiona Bolton
5 Belle Vue	55 —	10 Nicola Pennington	22 Sally Cheetham	23 Karen Charters
6 Hyde Village	67 —	20 Alison Goodall	21 Carol Kershaw	26 Lana Milligan
7 Royton RR	84 —	25 Amanda Richardson	28 Nicky Hall	31 Angela Rogowskyj

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Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	15	Josh Watson	U20 1	Trafford Athletic Club	30:14	54	2504	Chris Harries	V4510 Belle Vue	40:37
2	2643	Michael Harris		East Cheshire	30:40	55	2776	David Wilkes	V60 3 Lostock AC	40:37
3	3126	Dave Norman	V45 1	Altrincham & District Ac	30:56	56	2963	Anthony Rogers	V50 3 Royton RR	40:44
4	2640	Liam Browne		East Cheshire	30:57	57	3122	Steve Bailey	V4014 Salford Mets	40:56
5	2832	Jorden Burke	V40 1	Middleton H	32:51	58	2960	Andy Hall	V50 4 Royton RR	41:11
6	3024	Ben Farrelly	V40 2	Salford Mets	33:02	59	2713	Michael Wilkinson	V4015 Horwich R M I Harriers	41:12
7	2677	Luke Bidwell		Glossopdale	33:15	60	2919	Michael Jackson	V4016 Rochdale Harriers & AC	41:16
8	2638	Callum Fricker	U20 2	East Cheshire	33:17	61	2805	Ben Watson	V4017 M/r Ymca	41:18
9	2795	Mark Condon		M/r Ymca	33:19	62	2767	Paul Edwards	Lostock AC	41:25
10	2798	Nicholas Jackson		M/r Ymca	33:29	63	3109	Ben Williamson	Salford Mets	41:28
11	2655	Robin Horner	V45 2	East Cheshire	33:30	64	2968	Neil Brock	V60 4 Royton RR	41:40
12	2639	Jacob Taylor		East Cheshire	33:35	65	2511	Steven Wyatt	V65 1 Belle Vue	41:53
13	2675	Nathaniel Hicks		Glossopdale	34:01	66	3029	Matthew Pollard	V55 7 Salford Mets	42:10
14	2650	Tom McMahon	V40 3	East Cheshire	34:07	67	2966	Bryan Lawton	V55 8 Royton RR	42:26
15	2809	Tim Shanker	V55 1	M/r Ymca	34:11	68	2874	Richard Wilson	V50 5 Mossley	42:52
16	2683	Paul Skuse	V45 3	Glossopdale	34:16	69	2691	David Christie-Lowe	V65 2 Glossopdale	42:58
17	2956	James Henderson	V45 4	Royton RR	34:17	70	2922	Neil Hirst	V55 9 Rochdale Harriers & AC	43:00
18	2799	Phil Tomkinson		M/r Ymca	34:18	71	2921	Peter Butterworth	V50 6 Rochdale Harriers & AC	43:06
19	2654	Jonathan Aust	V45 5	East Cheshire	34:41	72	2961	Simon Howard	V50 7 Royton RR	43:08
20	2505	Vic Walsh	V45 6	Belle Vue	34:50	73	2934	Ian Aitchison	V65 3 Rochdale Harriers & AC	43:12
21	2712	Adam Macdonald	V40 4	Horwich R M I Harriers	34:55	74	2930	Stephen Leak	V60 5 Rochdale Harriers & AC	43:45
22	2833	Stuart Litster	V40 5	Middleton H	34:58	75	2510	Phil Wilcoxon	V65 4 Belle Vue	43:46
23	2870	Louis Brierley		Mossley	35:03	76	2845	Anthony Walsh	V5510 Middleton H	44:00
24	2687	Steve Crossman	V55 2	Glossopdale	35:06	77	3027	Ian Thompson	V4511 Salford Mets	44:01
25	2651	James Hartshorne	V40 6	East Cheshire	35:08	78	2773	Andy Laycock	V5511 Lostock AC	44:19
26	2743	Darren Smith	V45 7	Hyde Village	35:16	79	2546	Keith Thomas	V65 5 Burnden RR	44:36
27	2791	Daniel Bailey		M/r Ymca	35:32	80	2920	Chris Gee	V4512 Rochdale Harriers & AC	44:40
28	16	Gareth Briggs	V50 1	Macclesfield Harriers & Ac	35:51	81	2955	Jonathan Green	V4513 Royton RR	44:47
29	2802	Joseph Hayes		M/r Ymca	35:59	82	3125	Warren Siddall	V5512 Royton RR	44:54
30	2796	Martin Rimmer		M/r Ymca	36:16	83	2827	Mishka Pillay	Middleton H	45:38
31	2982	Richard Brook	V45 8	Salford Harr	36:29	84	2972	Mark Heaney	V65 6 Royton RR	45:39
32	2871	Adam Battersby	V40 7	Mossley	36:34	85	2596	Adrian Pilkington	V50 8 Chorley Athletic And Triathlon	46:30
33	3095	Alistair Goulding	V55 3	Leigh Harriers & Ac	36:43	86	2872	Anthony Shepherd	V4514 Mossley	46:57
34	2642	Mike Kennedy		East Cheshire	36:47	87	3093	James Carter	Rochdale Tri	47:16
35	2951	Ed Grimley		Royton RR	36:49	88	2929	John Mayall	V60 6 Rochdale Harriers & AC	47:26
36	3094	Anthony Hallahan	V40 8	Bury Athletic Club	36:55	89	2965	Jason Keast	V5513 Royton RR	48:05
37	2828	Leon Wint		Middleton H	36:57	90	2509	Andy Wood	V60 7 Belle Vue	48:12
38	2653	Steve Jones	V40 9	East Cheshire	37:02	91	2967	Ray Williams	V5514 Royton RR	48:14
39	2744	Stephen Kirk	V4010	Hyde Village	37:09	92	2962	Andrew Naismith	V50 9 Royton RR	48:18
40	2539	Paul Duke	V45 9	Burnden RR	37:14	93	2933	Matthew Cox	V65 7 Rochdale Harriers & AC	48:39
41	2716	Richard O'Reilly	V55 4	Horwich R M I Harriers	37:23	94	2806	Graeme Wilkinson	V4018 M/r Ymca	49:05
42	2657	Barry Hirst	V60 1	East Cheshire	37:29	95	2847	Alan Garvey	V70 1 Middleton H	49:38
43	2954	Brett Spivey	V4011	Royton RR	37:45	96	2932	Ray Dalby	V65 8 Rochdale Harriers & AC	49:51
44	2831	John Weaver	V4012	Middleton H	37:50	97	2969	Stephen Rogowskyj	V60 8 Royton RR	50:26
45	18	Dominic Jones		Unattached	38:17	98	2507	Farouk Wawda	V5515 Belle Vue	50:51
46	3127	Giles Bennett	V55 5	Bury Athletic Club	38:45	99	2927	Neil Eaton	V60 9 Rochdale Harriers & AC	51:08
47	2794	Liam Ward		M/r Ymca	38:54	100	2775	Mark Checkley	V6010 Lostock AC	51:42
48	2931	Ian Dale	V60 2	Rochdale Harriers & AC	39:10	101	2935	Ian Holloway	V70 2 Rochdale Harriers & AC	53:47
49	2688	Peter Daly	V55 6	Glossopdale	39:18	102	2848	John Hall	V75 1 Middleton H	56:02
50	2824	Ashley McCabe		Middleton H	39:29	103	2964	James Wright	V5010 Royton RR	1:00:52
51	3025	Lee Marks	V4013	Salford Mets	39:52	104	2849	Zcynel Aydin	V75 2 Middleton H	1:07:53
52	2958	Lee Earnshaw	V50 2	Royton RR	40:09	105	2545	Anthony Fulop	V6011 Burnden RR	1:17:19
53	2787	Alan Beaumont		M/r Ymca	40:23					

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	East Cheshire	21	—	1	Michael Harris	3	Liam Browne	7	Callum Fricker	10	Robin Horner
2	M/r Ymca	48	—	8	Mark Condon	9	Nicholas Jackson	14	Tim Shanker	17	Phil Tomkinson
3	Glossopdale	56	—	6	Luke Bidwell	12	Nathaniel Hicks	15	Paul Skuse	23	Steve Crossman
4	Middleton H	102	—	4	Jorden Burke	21	Stuart Litster	35	Leon Wint	42	John Weaver
5	Royton RR	139	—	16	James Henderson	33	Ed Grimley	41	Brett Spivey	49	Lee Earnshaw
6	Salford Mets	167	—	5	Ben Farrelly	48	Lee Marks	54	Steve Bailey	60	Ben Williamson
7	Mossley	200	—	22	Louis Brierley	30	Adam Battersby	65	Richard Wilson	83	Anthony Shepherd
8	Belle Vue	204	—	19	Vic Walsh	51	Chris Harries	62	Steven Wyatt	72	Phil Wilcoxon
9	Rochdale Harriers & AC	237	—	45	Ian Dale	57	Michael Jackson	67	Neil Hirst	68	Peter Butterworth
10	Lostock AC	283	—	52	David Wilkes	59	Paul Edwards	75	Andy Laycock	97	Mark Checkley

Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	15	Josh Watson	U20 1	Trafford Athletic Club	30:14
2	2638	Callum Fricker	U20 2	East Cheshire	33:17

Senior Men under 20 — TEAM RESULTS

No complete teams

Senior Men (Vets) over 40 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 East Cheshire	18 —	4 Robin Horner	5 Tom McMahon	9 Jonathan Aust
2 Middleton H	40 —	2 Jordan Burke	12 Stuart Litster	26 John Weaver
3 Glossopdale	49 —	7 Paul Skuse	13 Steve Crossman	29 Peter Daly
4 Royton RR	64 —	8 James Henderson	25 Brett Spivey	31 Lee Earnshaw
5 Salford Mets	68 —	3 Ben Farrelly	30 Lee Marks	35 Steve Bailey
6 Horwich R M I Harriers	71 —	11 Adam Macdonald	23 Richard O'Reilly	37 Michael Wilkinson
7 Belle Vue	83 —	10 Vic Walsh	32 Chris Harries	41 Steven Wyatt
8 Rochdale Harriers & AC	112 —	28 Ian Dale	38 Michael Jackson	46 Neil Hirst
9 M/r Ymca	113 —	6 Tim Shanker	39 Ben Watson	68 Graeme Wilkinson
10 Mossley	122 —	17 Adam Battersby	44 Richard Wilson	61 Anthony Shepherd
11 Burnden RR	156 —	22 Paul Duke	55 Keith Thomas	79 Anthony Fulop
12 Lostock AC	161 —	33 David Wilkes	54 Andy Laycock	74 Mark Checkley

Senior Men (Vets) over 50 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Glossopdale	28 —	2 Steve Crossman	8 Peter Daly	18 David Christie-Lowe
2 Royton RR	32 —	9 Lee Earnshaw	11 Anthony Rogers	12 Andy Hall
3 Rochdale Harriers & AC	46 —	7 Ian Dale	19 Neil Hirst	20 Peter Butterworth
4 Belle Vue	71 —	14 Steven Wyatt	24 Phil Wilcoxon	33 Andy Wood
5 Lostock AC	78 —	10 David Wilkes	26 Andy Laycock	42 Mark Checkley
6 Middleton H	106 —	25 Anthony Walsh	37 Alan Garvey	44 John Hall

Senior Men (Vets) over 60 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Rochdale Harriers & AC	17 —	2 Ian Dale	7 Ian Aitchison	8 Stephen Leak
2 Belle Vue	27 —	5 Steven Wyatt	9 Phil Wilcoxon	13 Andy Wood
3 Royton RR	32 —	4 Neil Brock	11 Mark Heaney	17 Stephen Rogowskyj
4 Middleton H	58 —	15 Alan Garvey	21 John Hall	22 Zcynel Aydin