

Ov. Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	409	MICHAEL HOLNESS	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:34:55	00:34:54		1	1	1
2	242	ADAM THOMPSON	M	MSEN	STOCKPORT HARRIERS & AC	00:35:47	00:35:47		2	1	1
3	352	HARRY HIND	M	MSEN	STOCKPORT HARRIERS & AC	00:36:24	00:36:23		3	2	2
4	322	SIMON CURRIE	M	MSEN		00:36:38	00:36:37		4	3	
5	68	DARREN SHEPHERD	M	MV50	SADDLEWORTH RUNNERS CLUB	00:36:40	00:36:38		5	1	1
6	443	ROBIN MUIR	M	MSEN		00:37:03	00:37:02		6	4	
7	450	LUKE MENDHAM	M	MV50	WILMSLOW RUNNING CLUB	00:37:31	00:37:30		7	2	1
8	411	NATHAN PORTER	M	MSEN	GOYT VALLEY STRIDERS	00:37:53	00:37:52		8	5	1
9	179	MARK KIRKBY	M	MV40	WILMSLOW RUNNING CLUB	00:38:08	00:38:06		9	2	2
10	220	GEORGE SUMMERVILLE	M	MSEN	POYNTON RUNNERS	00:38:37	00:38:37		10	6	1
11	412	GAVIN PEACH	M	MV40	GOYT VALLEY STRIDERS	00:38:39	00:38:38		11	3	2
12	17	PAUL OAKLEY	M	MV60	GOYT VALLEY STRIDERS	00:38:48	00:38:45		12	1	3
13	337	ASHLEY FARRELL	M	MSEN	WILMSLOW RUNNING CLUB	00:38:52	00:38:50		13	7	3
14	357	FRASER MCLAREN	M	MSEN		00:39:01	00:39:00		14	8	
15	99	STEPHEN HUMPHRIES	M	MV50	STOCKPORT HARRIERS & AC	00:39:05	00:39:02		15	3	3
16	498	RICHARD OSULLIVAN	M	MSEN		00:39:05	00:39:04		16	9	
17	466	BEN SNELL	M	MV40	STOCKPORT HARRIERS & AC	00:39:19	00:39:16		17	4	4
18	426	CHRIS WALKER	M	MSEN		00:39:28	00:39:18		18	10	
19	168	BENJAMIN REEVE	M	MSEN		00:39:30	00:39:29		19	11	
20	230	AMY WEYERS	F	FSEN	CHORLTON RUNNERS	00:39:38	00:39:36	1		1	1
21	78	ADAM NORTH	M	MSEN		00:39:42	00:39:40		20	12	
22	243	RACHEL BROWN	F	FSEN	CHORLTON RUNNERS	00:39:49	00:39:46	2		2	2
23	218	NICOLA REECE	F	FV40	WILMSLOW RUNNING CLUB	00:40:04	00:40:03	3		1	1
24	505	CRAIG BRADBURY	M	MV45	CHORLTON RUNNERS	00:40:22	00:40:18		21	1	1
25	494	NICK LIVINGSTONE	M	MV40		00:40:30	00:40:26		22	5	
26	136	HARRY BOON	M	MSEN		00:40:44	00:40:36		23	13	
27	407	ROBIN LEATHLEY	M	MSEN	GOYT VALLEY STRIDERS	00:40:56	00:40:54		24	14	4
28	507	DAVID MOLYNEUX	M	MSEN		00:41:03	00:41:00		25	15	
29	167	NATHAN MAYOH	M	MV50	BRAMHALL RUNNERS	00:41:09	00:41:06		26	4	1
30	246	PAUL WALLACE	M	MSEN		00:41:36	00:41:27		27	16	
31	153	CARA JASMINE BRADLEY	F	FSEN		00:41:42	00:41:40	4		3	
32	428	LAUREN ROBINSON	F	FSEN	TRAFFORD ATHLETIC CLUB	00:41:45	00:41:42	5		4	1
33	476	DAN HOLMES	M	MV40		00:41:57	00:41:47		28	6	
34	119	TOBIAS MACKIE	M	MV40	CLAYTON-LE-MOORS HARRIERS	00:42:02	00:41:54		29	7	1
35	492	REBECCA JACKSON	F	FSEN	WILMSLOW RUNNING CLUB	00:42:06	00:42:04	6		5	2
36	164	GARY TAIT	M	MV60	WILMSLOW RUNNING CLUB	00:42:08	00:42:05		30	2	4
37	401	MARK DANIELS	M	MV50	DREIGIAU DWYFOR	00:42:09	00:42:06		31	5	1
38	217	HARRY NEVES-LOVE	M	MSEN		00:42:15	00:42:13		32	17	
39	219	GLEN GANDY	M	MV55	MANCHESTER HARRIERS & AC	00:42:22	00:42:11		33	1	1
40	326	IAN NUTTALL	M	MV55	PRESTWICH AC	00:42:27	00:42:25		34	2	1
41	64	STEPHEN BRUNDRETT	M	MV55	BRAMHALL RUNNERS	00:42:39	00:42:34		35	3	2
42	278	LAURIE BROWN	M	MSEN		00:42:49	00:42:42		36	18	
43	231	FRANK WILSON	M	MSEN		00:43:02	00:42:55		37	19	
44	425	MATTHEW TAYLOR	M	MV50	WILMSLOW RUNNING CLUB	00:43:03	00:42:59		38	6	5
45	137	LAURENCE TAYLOR	M	MSEN		00:43:04	00:42:56		39	20	
46	313	LIAM GORMAN	M	MV45		00:43:10	00:42:39		40	2	
47	183	STEPHEN GREAVES	M	MV50	WILMSLOW RUNNING CLUB	00:43:12	00:43:05		41	7	6
48	381	CARL PRATT	M	MV40	RUN SANDYMOOR	00:43:20	00:43:15		42	8	1
49	187	DAVID HUDSON	M	MV50	SALFORD HARRIERS & AC	00:43:24	00:43:22		43	8	1
50	270	RUSSELL KING	M	MSEN		00:43:40	00:42:55		44	21	
51	382	JOHN BROOKS	M	MSEN		00:44:01	00:43:55		45	22	
52	165	JON MORGAN	M	MV60	FANNY WHEELER WHIPPETS	00:44:02	00:43:49		46	3	1
53	504	JOE ALLABY	M	MSEN	POYNTON RUNNERS	00:44:06	00:44:02		47	23	2
54	237	ROB LILLEY	M	MV50	POYNTON RUNNERS	00:44:19	00:44:15		48	9	3
55	303	DAN KEOGH	M	MSEN		00:44:26	00:44:17		49	24	
56	16	DAVID THOMSON	M	MV40		00:44:27	00:44:22		50	9	
57	346	MARK NORTON	M	MV50		00:44:27	00:44:23		51	10	
58	471	PHILIP BILLINGSLEY	M	MSEN		00:44:34	00:44:00		52	25	
59	501	STUART SIMPSON	M	MV55		00:44:42	00:44:33		53	4	
60	486	GUY JONES	M	MSEN		00:44:45	00:44:30		54	26	
61	225	ALEX GARNER	M	MSEN		00:44:48	00:44:24		55	27	
62	132	IAN BOWKER	M	MV55	MARPLE RUNNERS	00:44:49	00:44:41		56	5	1
63	172	NICK COCHRANE	M	MV45	MARPLE RUNNERS	00:44:55	00:44:48		57	3	2
64	113	DAVE CLARKE	M	MV55	PRESTWICH AC	00:44:58	00:44:45		58	6	2
65	442	ROSS WHITE	M	MSEN	BRAMHALL RUNNERS	00:45:01	00:44:44		59	28	3
66	262	OLIVER SIMPSON	M	MSEN		00:45:01	00:44:52		60	29	
67	454	EDWARD CREDLAND	M	MSEN	POYNTON RUNNERS	00:45:02	00:44:56		61	30	4
68	190	MATT SMITH	M	MV40		00:45:04	00:44:45		62	10	
69	197	THOMAS SMITH	M	MSEN		00:45:06	00:45:00		63	31	
70	324	ANDY LEE	M	MV50	POYNTON RUNNERS	00:45:14	00:45:10		64	11	5
71	223	DIANE BYGRAVE	F	FV50	WILMSLOW RUNNING CLUB	00:45:15	00:45:12	7		1	3
72	464	NICK JACKSON	M	MV55	WILMSLOW RUNNING CLUB	00:45:16	00:45:09		65	7	7
73	319	NEIL HARRISON	M	MV45		00:45:24	00:44:43		66	4	
74	134	MICHAEL AINSWORTH	M	MSEN		00:45:25	00:45:10		67	32	
75	51	NATHAN MOLYNEUX	M	MV45		00:45:26	00:44:57		68	5	
76	333	PHILIP MAKIN	M	MSEN		00:45:29	00:45:21		69	33	
77	266	AMANDA HURNDALL	F	FV45	SALFORD HARRIERS & AC	00:45:29	00:45:27	8		1	1
78	384	OWEN JONES	M	MV45		00:45:56	00:45:44		70	6	
79	396	ZACH WEAVER	M	MSEN	POYNTON RUNNERS	00:46:03	00:45:58		71	34	6
80	258	MICHAEL HAMILTON	M	MSEN	POYNTON RUNNERS	00:46:05	00:45:57		72	35	7
81	63	NEIL CLARKE	M	MV60	MACCLESFIELD HARRIERS & AC	00:46:12	00:46:02		73	4	1

82	380	ANDREW MCFADDEN	M	MV40		00:46:12	00:46:06		74	11	
83	79	EMILY HERD	F	FSEN		00:46:17	00:46:09	9		6	
84	308	GAVIN TREVENA	M	MSEN	RUNDAMENTALIST RUN CLUB	00:46:21	00:45:47		75	36	1
85	101	PHIL TYRER	M	MSEN	POYNTON RUNNERS	00:46:27	00:46:12		76	37	8
86	479	ROB MCDONAGH	M	MV40		00:46:29	00:46:17		77	12	
87	135	DAVID MEENEY	M	MV40		00:46:34	00:46:05		78	13	
88	176	ANDY MILES	M	MSEN		00:46:42	00:46:25		79	38	
89	131	ROBERT HIRST	M	MV45		00:46:43	00:46:33		80	7	
90	1	MICHAEL JONES	M	MV60		00:46:47	00:46:45		81	5	
91	451	ANDREA LYNES	F	FV55	MACCLESFIELD HARRIERS & AC	00:47:03	00:46:57	10		1	1
92	390	SHANTANU GUPTA	M	MSEN		00:47:06	00:46:56		82	39	
93	502	TIM ARCHER	M	MSEN	POYNTON RUNNERS	00:47:16	00:47:09		83	40	9
94	65	STEVE MCGOVERN	M	MV45	BRAMHALL RUNNERS	00:47:18	00:47:10		84	8	4
95	406	GWENNAN HENSTOCK	F	FV45	BUCKLEY RUNNERS	00:47:22	00:47:19	11		2	1
96	328	ELLA HOWELLS	F	FSEN	WILMSLOW RUNNING CLUB	00:47:28	00:47:22	12		7	4
97	19	WILLIAM SNELL	M	MV55	POYNTON RUNNERS	00:47:38	00:47:32		85	8	10
98	268	ADAM POTTS	M	MV50	BRAMHALL RUNNERS	00:47:44	00:47:30		86	12	5
99	104	DANIEL ADSHEAD	M	MSEN		00:47:45	00:47:27		87	41	
100	166	SIAN MORGAN	F	FV60	FANNY WHEELER WHIPPETS	00:47:47	00:47:33	13		1	1
101	452	DAN CROFT	M	MV55	MACCLESFIELD HARRIERS & AC	00:47:52	00:47:47		88	9	2
102	130	PAUL BARTON	M	MV50		00:47:55	00:47:45		89	13	
103	193	DAVID HOPE	M	MV50		00:47:58	00:47:43		90	14	
104	389	JAMES HYNES	M	MV55		00:48:02	00:47:08		91	10	
105	200	AMY POWE	F	FSEN	DISLEY RUNNERS	00:48:02	00:47:52	14		8	1
106	102	PETER BROWN	M	MV45		00:48:06	00:48:01		92	9	
107	205	MARK KNIGHT	M	MV45		00:48:09	00:47:45		93	10	
108	85	MARTIN HARRINGTON	M	MSEN		00:48:18	00:48:01		94	42	
109	392	PAUL ADAMS	M	MV60	CHORLTON RUNNERS	00:48:18	00:48:07		95	6	2
110	367	RACHEL GYTE	F	FSEN	CHORLTON RUNNERS	00:48:26	00:48:15	15		9	3
111	429	PETE STOCK	M	MV65	WILMSLOW RUNNING CLUB	00:48:34	00:48:19		96	1	8
112	6	JOHN BARRETT	M	MV50		00:48:38	00:48:06		97	15	
113	5	MERRYIN ROSELL	F	FSEN		00:48:38	00:48:06	16		10	
114	395	CLAIRE KEAT	F	FV40		00:48:39	00:48:35	17		2	
115	385	GARETH MAHER	M	MV40	BRAMHALL RUNNERS	00:48:39	00:48:35		98	14	6
116	185	LUCY GABRIELSEN	F	FV45	SPORTS FEET	00:48:40	00:48:36	18		3	1
117	171	FAEZ KAISER	M	MV50	BRAMHALL RUNNERS	00:48:47	00:48:28		99	16	7
118	307	NATHAN POWE	M	MSEN	DISLEY RUNNERS	00:48:50	00:48:38		100	43	1
119	90	ANDREW FREER	M	MV50		00:48:52	00:48:40		101	17	
120	141	CHRISTOPHER CHAN	M	MSEN		00:48:54	00:48:19		102	44	
121	496	JOSHUA SUTHERST	M	MSEN		00:49:00	00:48:32		103	45	
122	277	PAUL BAYLEY	M	MV60	POYNTON RUNNERS	00:49:09	00:48:38		104	7	11
123	327	HAYLEY NUTTALL	F	FV50	PRESTWICH AC	00:49:12	00:48:47	19		2	1
124	182	MICHAEL TALBOT	M	MV60		00:49:15	00:49:01		105	8	
125	56	JAMES NUTTALL	M	MV40	MARPLE RUNNERS	00:49:16	00:49:05		106	15	3
126	320	MARK SMITH	M	MV50	STOCKPORT HARRIERS & AC	00:49:18	00:49:03		107	18	5
127	281	SEAN O'SULLIVAN	M	MSEN		00:49:18	00:49:16		108	46	
128	229	ELLIOTT LEWIS-GEORGE	M	MSEN		00:49:19	00:48:59		109	47	
129	424	FREDDIE MACHIN	M	MSEN		00:49:20	00:48:35		110	48	
130	48	PHIL HAROLD	M	MV50	POYNTON RUNNERS	00:49:21	00:49:14		111	19	12
131	332	JACK ANDERSON	M	MSEN		00:49:22	00:49:15		112	49	
132	490	ELEANOR CONNELLY	F	FV40	MARPLE RUNNERS	00:49:23	00:49:15	20		3	1
133	210	PAUL NORRIS	M	MV65	WILMSLOW RUNNING CLUB	00:49:24	00:49:10		113	2	9
134	368	CALLUM GREY	M	MSEN		00:49:43	00:49:15		114	50	
135	517	STEVEN FLYNN	M	MSEN		00:49:45	00:49:39		115	51	
136	455	ROB MUNRO	M	MSEN		00:49:47	00:49:08		116	52	
137	173	SOPHIE TRIDDON	F	FSEN		00:49:50	00:49:36	21		11	
138	348	PAUL LOMAX	M	MV60	POYNTON RUNNERS	00:49:51	00:49:44		117	9	13
139	419	PETER TASKER	M	MV40	PRESTWICH AC	00:49:52	00:49:25		118	16	3
140	114	RACHEL GARNER	F	FV50	PRESTWICH AC	00:49:52	00:49:40	22		3	2
141	256	SEAN ADAMS	M	MV55	GOYT VALLEY STRIDERS	00:49:52	00:49:41		119	11	5
142	98	DAN SLATER	M	MSEN		00:49:54	00:49:27		120	53	
143	133	TOMMY BANCROFT	M	MV55	STOCKPORT HARRIERS & AC	00:49:57	00:49:53		121	12	6
144	214	ANDREW DECAUX	M	MV55	CAFE AZUL RUN CLUB	00:49:58	00:49:26		122	13	1
145	318	PAUL WOOD	M	MV70		00:50:05	00:49:39		123	1	
146	435	TRACY BOWN	F	FV60	WILMSLOW RUNNING CLUB	00:50:09	00:49:54	23		2	5
147	170	ELAINE FLAVELL	F	FSEN	STOCKPORT HARRIERS & AC	00:50:11	00:49:55	24		12	1
148	155	CIARAN HEGARTY	M	MSEN		00:50:16	00:49:49		124	54	
149	301	COLIN WALTON	M	MV60	WILMSLOW RUNNING CLUB	00:50:19	00:50:01		125	10	10
150	440	ALEX HARTLAND	F	FV50		00:50:21	00:50:15	25		4	
151	459	JAMES HOLLAND	M	MSEN		00:50:22	00:49:52		126	55	
152	437	HAYLEY COCKSEY	F	FSEN	HYDE VILLAGE STRIDERS	00:50:24	00:50:08	26		13	1
153	489	MICHAEL CONNELLY	M	MV45	MARPLE RUNNERS	00:50:27	00:50:20		127	11	4
154	344	MATT BIGLIN	M	MV60	GOYT VALLEY STRIDERS	00:50:30	00:50:06		128	11	6
155	75	AIDAN ROSE	M	MV50		00:50:31	00:50:18		129	20	
156	468	MATT COATH	M	MV55	POYNTON RUNNERS	00:50:33	00:50:26		130	14	14
157	470	KIER ARMITAGE	M	MV45	BRAMHALL RUNNERS	00:50:35	00:50:14		131	12	8
158	355	ELLIOTT EVANS	M	MSEN		00:50:37	00:50:16		132	56	
159	259	SHELLEY JONES	F	FV40		00:50:37	00:49:59	27		4	
160	420	CIARAN GARSIDE	M	MV40		00:50:39	00:50:06		133	17	
161	247	REBECCA KING	F	FSEN		00:50:41	00:50:24	28		14	
162	264	MICHAEL OLDLAND	M	MV40		00:50:42	00:50:28		134	18	
163	458	PAUL SHEPLEY	M	MV65		00:50:49	00:50:34		135	3	

164	110	SEAN LEACH	M	SEEN		00:50:59	00:50:44	136	57	
165	267	PAUL TAYLOR	M	SEEN		00:50:59	00:50:41	137	58	
166	433	GARETH TRIMBLE	M	MV50	WILMSLOW RUNNING CLUB	00:51:00	00:50:41	138	21	11
167	398	ELLE MERRIFIELD	F	FSEN		00:51:03	00:50:24	29	15	
168	446	LIAM O'NEILL	M	SEEN	PUSH PERFORMANCE CLUB	00:51:14	00:51:05	139	59	1
169	128	JAKE TAYLOR	M	SEEN		00:51:15	00:51:05	140	60	
170	249	STEVE CRICK	M	MV45		00:51:17	00:50:57	141	13	
171	180	PATRICK FARRELL	M	SEEN		00:51:19	00:50:50	142	61	
172	499	HOLLY LUCAS	F	FSEN	WILMSLOW RUNNING CLUB	00:51:21	00:51:04	30	16	6
173	69	HENRY ELVIN	M	MV65		00:51:23	00:51:19	143	4	
174	201	SIMON SPURRELL	M	MV55	RUNDAMENTALIST RUN CLUB	00:51:28	00:50:53	144	15	2
175	393	GRACE JAMES	F	FSEN		00:51:29	00:51:10	31	17	
176	310	PHILIP BROWN	M	MV55		00:51:31	00:51:18	145	16	
177	88	BEN WATT	M	SEEN		00:51:37	00:51:12	146	62	
178	160	JESS CONNORS	F	FSEN		00:51:38	00:51:21	32	18	
179	248	EMMETT HUNT	M	MV40		00:51:41	00:51:31	147	19	
180	432	OLIVER DICKINSON	M	SEEN		00:51:43	00:51:18	148	63	
181	253	NEAL MORRIS	M	SEEN		00:51:43	00:50:59	149	64	
182	175	GAVIN EYQUEM	M	MV40	STOCKPORT HARRIERS & AC	00:51:43	00:51:42	150	20	7
183	111	MARTIN LINDSAY	M	MV60	STYAL RUNNING CLUB	00:51:50	00:51:36	151	12	1
184	46	MARK HETHERINGTON	M	MV50	POYNTON RUNNERS	00:51:51	00:51:26	152	22	15
185	122	FIONA MCCONKEY	F	FSEN		00:51:52	00:51:16	33	19	
186	54	MICHAEL WARREN	M	SEEN	POYNTON RUNNERS	00:51:55	00:51:11	153	65	16
187	148	EDWARD WHYTOCK	M	MV40		00:51:55	00:51:35	154	21	
188	221	NICHOLAS BOWN	M	MV60	WILMSLOW RUNNING CLUB	00:51:57	00:51:35	155	13	12
189	436	RACHAEL OLIVER	F	FSEN		00:52:09	00:51:57	34	20	
190	354	DANIEL HUNT	M	MV45		00:52:13	00:51:30	156	14	
191	235	STUART BUTLER-SMITH	M	MV60		00:52:14	00:51:46	157	14	
192	103	REBECCA LANSDOWN	F	FSEN		00:52:14	00:52:05	35	21	
193	107	KARA LYNCH	F	FSEN		00:52:23	00:52:08	36	22	
194	487	MELISSA JONES	F	FSEN		00:52:27	00:52:10	37	23	
195	335	JEN HELM	F	FV45	PRESTWICH AC	00:52:31	00:52:19	38	4	3
196	49	LISA PREECE	F	FV50	POYNTON RUNNERS	00:52:36	00:52:31	39	5	1
197	481	PAUL SMITH	M	MV45		00:52:36	00:52:18	158	15	
198	61	CATHERINE WILSON	F	FV55	MACCLESFIELD HARRIERS & AC	00:52:36	00:52:18	40	2	2
199	279	BRUCE MARSHALL	M	MV50		00:52:38	00:52:22	159	23	
200	125	GAVIN ARDERN	M	MV55		00:52:43	00:51:55	160	17	
201	274	PHILIPPA ROBINSON	F	FV40	BELLE VUE RACERS	00:52:48	00:52:23	41	5	1
202	485	KEITH WOLFENDALE	M	MV40	POYNTON RUNNERS	00:52:54	00:52:46	161	22	17
203	222	NICKY MOWAT	F	FV65	WILMSLOW RUNNING CLUB	00:53:03	00:52:46	42	1	7
204	142	HEATHER SPROWSON	F	FSEN		00:53:04	00:52:26	43	24	
205	410	ALAN BOCKING	M	MV70	MANCHESTER HARRIERS & AC	00:53:05	00:52:55	162	2	2
206	321	PAUL HAINES	M	MV50		00:53:06	00:52:26	163	24	
207	325	ANGELA MCCARTHY	F	FV60		00:53:09	00:52:53	44	3	
208	460	HELEN BERRY	F	FSEN	PRESTWICH AC	00:53:11	00:52:43	45	25	4
209	199	PAB MADDOX	M	MV55	NEWCASTLE STAFFS AC	00:53:19	00:53:15	164	18	1
210	513	DAVE LAFFERTY	M	MV40		00:53:24	00:52:57	165	23	
211	359	ALASDAIR BREED	M	SEEN		00:53:27	00:53:00	166	66	
212	449	JANE STURGESS	F	FV40		00:53:32	00:53:15	46	6	
213	338	RUSS HYDE	M	MV40		00:53:32	00:52:42	167	24	
214	351	AMY BILLING	F	FV40	STOCKPORT HARRIERS & AC	00:53:36	00:53:20	47	7	2
215	207	PETE COLLING	M	SEEN		00:53:42	00:53:11	168	67	
216	161	DOMINIC RUSHTON	M	SEEN		00:53:42	00:53:18	169	68	
217	232	ANDREW WATTS	M	MV70	WILMSLOW RUNNING CLUB	00:53:43	00:53:06	170	3	13
218	76	LESLEY SINCLAIR	F	FV60	STOCKPORT HARRIERS & AC	00:53:43	00:53:11	48	4	3
219	77	WENDY NORTH	F	FV50		00:53:44	00:53:10	49	6	
220	399	RICHARD SKELTON	M	SEEN		00:53:47	00:53:23	171	69	
221	191	SALLY JOHNSTON	F	FV60	WILMSLOW RUNNING CLUB	00:53:49	00:53:29	50	5	8
222	391	RACHAEL CLEGG	F	FV55	CHORLTON RUNNERS	00:53:56	00:53:44	51	3	4
223	430	LIZ ROBERTS	F	FV40	GOYT VALLEY STRIDERS	00:53:59	00:53:43	52	8	1
224	414	KIRSTY ASHWORTH	F	FV40		00:54:01	00:53:21	53	9	
225	81	SIMON RUSHTON	M	MV60	MARPLE RUNNERS	00:54:04	00:53:24	172	15	5
226	383	ANDREW BAGSHAW	M	MV55	BARLICK FELL RUNNERS	00:54:11	00:53:31	173	19	1
227	422	MATILDA HUGHES	F	FSEN		00:54:24	00:53:54	54	26	
228	254	SARAH TURNER	F	FV45		00:54:25	00:54:15	55	5	
229	315	ANDREW BRAMWELL	M	SEEN		00:54:27	00:53:58	174	70	
230	469	AFY AFROUZ	F	FV40	BRAMHALL RUNNERS	00:54:28	00:54:08	56	10	1
231	263	ANGELA OLDLAND	F	FV40		00:54:29	00:54:13	57	11	
232	152	NATASHA ADDISON	F	FSEN		00:54:34	00:54:17	58	27	
233	52	PAUL TANSEY	M	SEEN	CAFE AZUL RUN CLUB	00:54:36	00:53:54	175	71	2
234	421	NADIAH LAAJAM	F	FV45	WILMSLOW RUNNING CLUB	00:54:36	00:54:09	59	6	9
235	400	TILLY HARDWICK	F	FSEN	PRESTWICH AC	00:54:46	00:54:19	60	28	5
236	67	MATTHEW HOWARD	M	MV40		00:54:55	00:54:34	176	25	
237	209	PETER HOLDCROFT	M	MV60		00:54:57	00:54:32	177	16	
238	477	CHRIS SHONE	M	MV50		00:55:03	00:54:30	178	25	
239	177	LIBBY ALLAN	F	FSEN		00:55:06	00:54:49	61	29	
240	140	NATHAN ALLMAN	M	SEEN		00:55:09	00:54:31	179	72	
241	91	HARRISON FREER	M	SEEN		00:55:11	00:54:58	180	73	
242	439	ITA KELLY	F	FV60	GOYT VALLEY STRIDERS	00:55:11	00:54:46	62	6	2
243	4	ANTONIO ROSELL	M	SEEN		00:55:12	00:54:39	181	74	
244	226	ANDREA BOOTH	F	FV50	POYNTON RUNNERS	00:55:14	00:55:08	63	7	2
245	70	NICK WALLWORK	M	MV40		00:55:14	00:54:29	182	26	

246	213	GEORGE MORRISON	M	MSEN	RUNDAMENTALIST RUN CLUB	00:55:14	00:54:40	183	75	3
247	461	TONY PAYNE	M	MV65	CHORLTON RUNNERS	00:55:19	00:55:07	184	5	3
248	228	FRED ADAMS	M	MSEN		00:55:22	00:55:01	185	76	
249	495	MADELEINE NORTH	F	FSEN		00:55:23	00:55:03	64	30	
250	276	GENEVIEVE NORTH	F	FSEN		00:55:23	00:55:04	65	31	
251	260	SUSANNAH WILLIAMS	F	FV40	MARPLE RUNNERS	00:55:23	00:54:52	66	12	2
252	115	GERRY ROGERS	M	MV70	STYAL RUNNING CLUB	00:55:26	00:55:16	186	4	2
253	106	SARAH ANTHONY	F	FSEN		00:55:27	00:55:12	67	32	
254	453	HEATHER ROONEY	F	FV55	LYME RUNNERS	00:55:33	00:55:16	68	4	1
255	188	AMY AYLWARD	F	FSEN		00:55:37	00:55:10	69	33	
256	345	JOSHUA MOSS	M	MSEN		00:55:40	00:55:37	187	77	
257	515	ROSE CASSIDY	F	FSEN		00:55:44	00:55:27	70	34	
258	120	AMY CROFTS	F	FSEN		00:55:50	00:55:15	71	35	
259	423	HELEN POINTON	F	FV45	RUNDAMENTALIST RUN CLUB	00:55:51	00:55:16	72	7	1
260	511	ALLISTER WORRALL	M	MSEN		00:55:55	00:55:27	188	78	
261	474	GARY WENN	M	MV55	POYNTON RUNNERS	00:55:55	00:55:22	189	20	18
262	342	HOLLY CLARKE	F	FSEN		00:55:58	00:55:24	73	36	
263	271	LISA NADIN	F	FSEN		00:56:00	00:55:22	74	37	
264	272	RICK EDWARDS	M	MV50		00:56:00	00:55:24	190	26	
265	343	PAUL CLARKE	M	MV55		00:56:05	00:55:32	191	21	
266	312	MARGARET GORMAN	F	FV65		00:56:07	00:55:41	75	2	
267	208	VICTORIA HANCOCKS-AMISON	F	FV40	MACCLESFIELD HARRIERS & AC	00:56:09	00:55:51	76	13	3
268	404	KEITH FROUD	M	MV55		00:56:12	00:55:34	192	22	
269	224	JASMINE HUGHES	F	FSEN		00:56:15	00:56:04	77	38	
270	387	SIMON LEES	M	MV55	POYNTON RUNNERS	00:56:18	00:55:47	193	23	19
271	408	HELEN CROFT	F	FV45	BRAMHALL RUNNERS	00:56:20	00:55:41	78	8	2
272	379	NATALIE THORNTON	F	FSEN	ASND	00:56:21	00:55:42	79	39	1
273	336	ISOBEL BAILEY	F	FV40		00:56:22	00:56:03	80	14	
274	364	GURPREET SINGH	M	MV40	CHORLTON RUNNERS	00:56:22	00:56:09	194	27	4
275	126	ANDREW HODSON	M	MV50	MARPLE RUNNERS	00:56:25	00:55:50	195	27	6
276	127	LAUREN HODSON	F	FSEN		00:56:25	00:55:49	81	40	
277	438	JANET SCREAWN	F	FV55	WILMSLOW RUNNING CLUB	00:56:26	00:56:03	82	5	10
278	484	LESLEY RAVEN	F	FV55		00:56:27	00:56:09	83	6	
279	377	ALEX CONNOLLY	F	FSEN		00:56:30	00:55:56	84	41	
280	488	GRAHAM DEWAR	M	MV55	POYNTON RUNNERS	00:56:33	00:55:59	196	24	20
281	50	CONNIE MAGUIRE	F	FSEN	CAFE AZUL RUN CLUB	00:56:36	00:56:04	85	42	1
282	18	DAVID BATE	M	MV45		00:56:43	00:56:24	197	16	
283	427	STEPHEN MIDDLETON	M	MV45		00:56:44	00:55:57	198	17	
284	341	CORAL POLLARD	F	FSEN		00:56:46	00:56:34	86	43	
285	93	JEFF DENNY	M	MV65		00:56:50	00:56:28	199	6	
286	514	NINA CASSIDY	F	FV50	POYNTON FITNESS	00:56:51	00:56:34	87	8	1
287	330	DARREL GOUGH	M	MV50	MARPLE RUNNERS	00:57:00	00:56:29	200	28	7
288	347	NEIL WICKER	M	MSEN		00:57:02	00:56:31	201	79	
289	26	JOHN CONNERY	M	MV45		00:57:02	00:56:36	202	18	
290	304	ALYSHIA KEOGH	F	FSEN		00:57:02	00:56:52	88	44	
291	388	SUSAN BROWNE	F	FV60		00:57:08	00:56:49	89	7	
292	15	ANN RICHARDSON	F	FV40	MARPLE RUNNERS	00:57:10	00:56:38	90	15	3
293	483	DREW CARSWELL	M	MSEN		00:57:13	00:56:29	203	80	
294	35	CHLOE FITZPATRICK	F	FSEN	WILMSLOW RUNNING CLUB	00:57:14	00:56:43	91	45	11
295	372	MR R MEHDI	M	MSEN		00:57:21	00:56:43	204	81	
296	503	JUDE GRADY	F	FV45	POYNTON RUNNERS	00:57:26	00:56:59	92	9	3
297	86	STEVEN CONNOR	M	MV45		00:57:31	00:57:03	205	19	
298	314	RUTH GORMAN	F	FSEN		00:57:31	00:57:04	93	46	
299	255	NATHAN BUCKLEY	M	MV40		00:57:33	00:57:03	206	28	
300	378	JENNY SHAW	F	FSEN		00:57:35	00:56:54	94	47	
301	480	ROSEMARIE MCARDLE	F	FV45	BRAMHALL RUNNERS	00:57:35	00:57:12	95	10	3
302	386	TOYA SIM	F	FV40	BRAMHALL RUNNING CLUB	00:57:36	00:57:12	96	16	1
303	366	MORGAN PRADY	F	FSEN		00:57:48	00:57:03	97	48	
304	162	EVE WORTHINGTON	F	FSEN		00:57:54	00:57:31	98	49	
305	445	CAROLYN SANT	F	FV55		00:57:55	00:57:12	99	7	
306	92	JACK KEMP	M	MSEN		00:57:57	00:57:35	207	82	
307	109	PAUL LEACH	M	MV60		00:58:02	00:57:48	208	17	
308	118	SOPHIE BOOTH	F	FSEN		00:58:07	00:57:39	100	50	
309	34	LESLEY BAILEY	F	FV50	WILMSLOW RUNNING CLUB	00:58:13	00:57:42	101	9	12
310	275	MELANIE JONES	F	FV50	PRESTWICH AC	00:58:16	00:57:48	102	10	6
311	105	MICHAEL ROONEY	M	MV65	DISLEY RUNNERS	00:58:20	00:58:09	209	7	2
312	195	HELEN HOLME	F	FV60	MANCHESTER HARRIERS & AC	00:58:33	00:58:13	103	8	1
313	216	ELLIOT BRADY	M	MSEN	MANCHESTER HARRIERS & AC	00:58:34	00:58:14	210	83	3
314	456	EMMA MORONEY	F	FSEN		00:58:46	00:58:07	104	51	
315	94	CLAIRE STAIN	F	FSEN		00:58:47	00:58:11	105	52	
316	280	MANDY ELLISON	F	FV50		00:58:48	00:58:19	106	11	
317	465	LISA SWEENEY	F	FV40		00:58:48	00:58:09	107	17	
318	116	KATHRYN COOPER	F	FV40	MARPLE RUNNERS	00:58:53	00:58:09	108	18	4
319	475	GAVIN BATTY	M	MV40		00:59:00	00:58:30	211	29	
320	413	JOANNA COLE	F	FV45		00:59:07	00:58:26	109	11	
321	154	PETA WALSH	F	FV65	STOCKPORT HARRIERS & AC	00:59:08	00:58:50	110	3	4
322	491	NICOLA WHITWORTH	F	FV45		00:59:11	00:58:17	111	12	
323	402	ALAN JENKINSON	M	MV75	STYAL RUNNING CLUB	00:59:12	00:59:03	212	1	3
324	95	TOM ROWLANDS	M	MSEN		00:59:12	00:58:25	213	84	
325	100	THOMAS LAWLOR	M	MSEN		00:59:13	00:58:26	214	85	
326	121	LAURA FOULKES	F	FSEN		00:59:18	00:58:44	112	53	
327	431	ZAC TAYLOR	M	MSEN	PRESTWICH AC	00:59:29	00:59:04	215	86	4

328	97	AIMEE TOWNLEY	F	FSEN		00:59:29	00:59:03	113		54	
329	261	CHARLOTTE OWEN	F	FSEN		00:59:31	00:59:07	114		55	
330	397	PETER COOPER	M	MV40		00:59:35	00:59:06		216	30	
331	144	JEMMA PRICE	F	FSEN		00:59:36	00:58:50	115		56	
332	145	SARAH WELLS	F	FSEN		00:59:38	00:58:52	116		57	
333	473	SHELLEY MORRALL	F	FV40	POYNTON RUNNERS	00:59:45	00:59:35	117		19	4
334	472	PAUL TWINE	M	MV45		00:59:49	00:59:12		217	20	
335	463	NICK HERD	M	MV50		00:59:49	00:59:16		218	29	
336	159	AMANDA CONNORS	F	FV45		00:59:50	00:59:33	118		13	
337	138	ANNIE KACPEREK	F	FSEN		00:59:58	00:59:50	119		58	
338	139	VICKY FRYER	F	FSEN		01:00:01	00:59:53	120		59	
339	358	LUCY DERBY	F	FV50		01:00:02	00:59:31	121		12	
340	493	JANET HARDWICK	F	FV65	PRESTWICH AC	01:00:03	00:59:35	122		4	7
341	334	PIP TAYLOR	M	MV55	PRESTWICH AC	01:00:04	00:59:38		219	25	5
342	20	EMMA PARDNER	F	FV45	SK STRIDERS	01:00:19	01:00:02	123		14	1
343	156	ZOE HEGARTY	F	FSEN		01:00:27	00:59:48	124		60	
344	340	BETHANY DAVIDSON	F	FSEN		01:00:31	01:00:19	125		61	
345	143	KATHRYN SPROWSON	F	FV45		01:00:37	00:59:58	126		15	
346	482	CATRIONA MARSHALL	F	FV55	WILMSLOW RUNNING CLUB	01:00:51	01:00:22	127		8	13
347	30	DEBBIE WILSON	F	FV45		01:00:59	01:00:32	128		16	
348	269	DAN MOWAT	M	MSEN		01:01:13	01:00:28		220	87	
349	41	LAURA AHEARN	F	FV40	MARPLE RUNNERS	01:01:20	01:00:28	129		20	5
350	83	KATE JACKSON	F	FV65		01:01:21	01:00:58	130		5	
351	331	HANNAH HADFIELD	F	FV40		01:01:22	01:00:54	131		21	
352	241	ALAN WILLIAMS	M	MV60	LONELY GOAT RC	01:01:23	01:00:31		221	18	1
353	194	KATY BUTLER	F	FSEN		01:01:30	01:01:17	132		62	
354	189	AMANDA AYLWARD	F	FV50		01:01:32	01:01:03	133		13	
355	32	AMANDA KINSLEY	F	FV55	SPORTS FEET	01:01:36	01:01:12	134		9	2
356	60	REBECCA SCANLON	F	FV50	LONELY GOAT RC	01:01:38	01:00:59	135		14	1
357	375	NICOLA HODGSON	F	FV40		01:01:40	01:01:14	136		22	
358	305	RACHEL HARTLEY	F	FSEN		01:01:41	01:01:05	137		63	
359	376	LEANNE DULSON	F	FV45	WOBBLY BUMS	01:01:43	01:01:17	138		17	1
360	57	CHRIS HARRISSON	M	MV40		01:01:50	01:00:54		222	31	
361	265	ULRICH ELBRACHT	M	MV50		01:01:57	01:01:39		223	30	
362	417	BETHAN SCORER	F	FSEN	POYNTON RUNNERS	01:01:58	01:01:21	139		64	5
363	361	KATE DRAPER	F	FV40	BRAMHALL RUNNERS	01:02:08	01:01:26	140		23	4
364	282	JULIE LUCAS	F	FV60	WILMSLOW RUNNING CLUB	01:02:17	01:01:44	141		9	14
365	39	IAN GALLOWAY	M	MV50	MARPLE RUNNERS	01:02:21	01:02:21		224	31	8
366	448	DENISE GREGORY	F	FV60	BRAMHALL RUNNERS	01:02:41	01:02:30	142		10	5
367	350	JASON WALKER	M	MV50	POYNTON RUNNERS	01:02:48	01:02:16		225	32	21
368	506	MATTHEW DAVIES	M	MV40		01:02:51	01:02:00		226	32	
369	306	ANTHONY DONALDSON	M	MV45	N/A	01:02:55	01:02:00		227	21	1
370	234	CLAIRE CRITCHLEY	F	FSEN		01:02:58	01:02:18	143		65	
371	349	EMMA RANSOM	F	FSEN		01:03:03	01:02:13	144		66	
372	28	JOHN NORMANSELL	M	MV65		01:03:05	01:02:35		228	8	
373	356	HELEN FOTHERINGHAM	F	FV45	POYNTON RUNNERS	01:03:06	01:02:33	145		18	6
374	24	MALCOLM SUGDEN	M	MV65		01:03:10	01:02:44		229	9	
375	540	CHARLIE WESTBROOK-PLATTS	F	FV45	POYNTON RUNNERS	01:03:14	01:02:38	146		19	7
376	158	PHILLIP WARDLE	M	MV55		01:03:20	01:02:52		230	26	
377	181	RACHEL GREIG	F	FSEN		01:03:22	01:02:37	147		67	
378	317	ANTHONY WRIGLEY	M	MV50		01:03:23	01:03:00		231	33	
379	418	MAGS BRADBURY	F	FV45		01:03:25	01:03:00	148		20	
380	510	EMMA LOCK	F	FSEN	POYNTON RUNNERS	01:03:28	01:02:53	149		68	8
381	508	GAVIN MCKAY	M	MV40	POYNTON RUNNERS	01:03:28	01:02:53		232	33	22
382	478	PETER EVANS	M	MV60		01:03:30	01:02:46		233	19	
383	59	PHILIP BROADBENT	M	MV50	LONELY GOAT RC	01:03:31	01:02:53		234	34	2
384	467	RHONA JOHNSON	F	FV60	BRAMHALL RUNNERS	01:03:34	01:02:51	150		11	6
385	245	NIA MORGAN	F	FV55	AMMAN VALLEY HARRIERS	01:03:34	01:02:52	151		10	1
386	71	PETER ROWE	M	MV70	GOYT VALLEY STRIDERS	01:03:37	01:02:48		235	5	7
387	257	SARAH ROBINSON	F	FV40		01:03:39	01:02:58	152		24	
388	416	SAMANTHA GRIFFIN	F	FV45		01:03:42	01:03:07	153		21	
389	89	PHIL HOLLAND	M	MV60		01:03:44	01:03:13		236	20	
390	405	LEE MCCOURT	M	MV45	POYNTON RUNNERS	01:03:45	01:02:58		237	22	23
391	80	MARIA RUSHTON	F	FV60	MARPLE RUNNERS	01:03:46	01:03:05	154		12	6
392	329	MALCOLM ADAMS	M	MV70	POYNTON RUNNERS	01:03:52	01:03:06		238	6	24
393	84	HAZEL HARRINGTON	F	FV60	BRAMHALL RUNNERS	01:04:06	01:03:51	155		13	7
394	215	PHILIP CHADWICK	M	MV55		01:04:06	01:03:22		239	27	
395	55	IAN WILLIAMS	M	MV40		01:04:17	01:03:47		240	34	
396	227	KEVIN BOOTH	M	MV50	POYNTON RUNNERS	01:04:21	01:04:15		241	35	25
397	206	SALLY BAMFORD	F	FV50		01:04:22	01:03:58	156		15	
398	211	ANTHONY FOSTER	M	MV40		01:04:27	01:03:38		242	35	
399	403	LUCINDA STONE	F	FV45	STAFFS MOORLANDS AC	01:04:36	01:04:22	157		22	1
400	239	SHIRLEY WILLIAMS	F	FV55	LONELY GOAT RC	01:04:49	01:03:58	158		11	2
401	236	ANDREW LAKE	M	MSEN	CAFE AZUL RUN CLUB	01:04:51	01:04:09		243	88	3
402	45	CATHERINE HETHERINGTON	F	FV50	POYNTON RUNNERS	01:05:00	01:04:34	159		16	9
403	13	DEAN CAVANAGH	M	MV40		01:05:18	01:04:36		244	36	
404	353	JOHN SZUBERT	M	MSEN	RADCLIFFE AC	01:05:27	01:04:44		245	89	1
405	7	FRAN STEWART	F	FV65	BRAMHALL RUNNERS	01:05:27	01:04:50	160		6	8
406	509	MATTHEW WESTBROOK	M	MV40	POYNTON RUNNERS	01:05:30	01:04:55		246	37	26
407	82	STUART JACKSON	M	MV65		01:05:37	01:05:14		247	10	
408	129	DAVID EVANS	M	MV45	CAFE AZUL RUN CLUB	01:05:40	01:04:58		248	23	4
409	497	JULIE SHERIDAN	F	FV50		01:05:47	01:05:18	161		17	

410	302	HUGH MCKENNA	M	MV75	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	01:05:52	01:05:10		249	2	1
411	369	KATIE SCOTT	F	FV45		01:05:52	01:05:25	162		23	
412	212	CATHRINE HOLLAND	F	FV55		01:05:55	01:05:04	163		12	
413	40	RACHEL MYERS	F	FSEN	MARPLE RUNNERS	01:05:56	01:05:03	164		69	7
414	31	SALLY CAPPER	F	FV45	SPORTS FEET	01:06:19	01:05:55	165		24	3
415	33	SONIA FLETCHER	F	FV45		01:06:19	01:05:54	166		25	
416	371	CATRIN MORRIS	F	FSEN		01:06:41	01:05:56	167		70	
417	252	HARRY WALLACE	M	MSEN		01:06:50	01:06:27		250	90	
418	250	REBECCA SEDDON	F	FV40	MILE SHY CLUB	01:06:53	01:06:32	168		25	1
419	2	MORAG MORGAN	F	FV70	BRAMHALL RUNNERS	01:07:04	01:06:26	169		1	9
420	311	COLIN HUNTER	M	MV40	MILE SHY CLUB	01:07:06	01:06:15		251	38	1
421	22	EMMA HEAP	F	FSEN		01:07:06	01:06:12	170		71	
422	192	JAMES BOSTOCK	M	MSEN		01:07:13	01:06:44		252	91	
423	374	BRIAN HARWOOD	M	MV70		01:07:24	01:06:33		253	7	
424	447	FRANCES BILLS	F	FV60	BRAMHALL RUNNERS	01:07:26	01:07:10	171		14	10
425	66	LAURA TOMAN	F	FV50		01:07:29	01:06:35	172		18	
426	238	CHRISTY SIMPSON	F	FSEN		01:07:44	01:06:59	173		72	
427	14	PAULINE WHITE	F	FV65	BRAMHALL RUNNERS	01:07:50	01:06:57	174		7	11
428	87	LIZZY ANDERTON	F	FV45		01:07:53	01:07:24	175		26	
429	9	PETER GREEN	M	MV55	SK STRIDERS	01:07:56	01:07:17		254	28	1
430	323	DAMIAN LUTMAN	M	MV45		01:08:12	01:07:49		255	24	
431	444	JONATHAN BERRY	M	MV45	CAFE AZUL RUN CLUB	01:08:14	01:07:29		256	25	5
432	186	NATASHA ELLIS	F	FSEN	HEATON RUNNERS	01:08:16	01:07:30	176		73	1
433	112	DAVID WARD	M	MSEN		01:08:22	01:07:48		257	92	
434	251	CLAIRE WALLACE	F	FV50	MILE SHY CLUB	01:08:26	01:08:04	177		19	2
435	29	JOANNE RHODES	F	FV45		01:08:50	01:08:22	178		27	
436	512	GEORGIA SMITH	F	FSEN		01:09:00	01:08:15	179		74	
437	500	LAUREN HOLT	F	FSEN	TNT	01:09:06	01:08:44	180		75	1
438	53	HELEN DOYLE	F	FV50		01:09:16	01:08:31	181		20	
439	58	SHELDON KORPET	F	FSEN		01:09:46	01:08:51	182		76	
440	339	THOMAS WICKENDEN	M	MSEN	WILMSLOW STRIDERS	01:09:49	01:09:08		258	93	1
441	370	HEATHER AINSWORTH	F	FSEN		01:10:09	01:09:23	183		77	
442	169	CELIA MACDONALD	F	FV60		01:10:16	01:09:56	184		15	
443	373	STEPH BRAY	F	FSEN		01:10:33	01:09:42	185		78	
444	151	HELEN WHITE	F	FV55	BRAMHALL RUNNERS	01:10:33	01:09:53	186		13	12
445	174	JAMES BARBER	M	MSEN		01:10:52	01:10:04		259	94	
446	25	KAY FAULKNER	F	FV45		01:11:08	01:10:42	187		28	
447	37	SANDRA FENTON	F	FV70	CHORLTON RUNNERS	01:11:25	01:10:44	188		2	5
448	516	GUY THOMPSON	M	MV55		01:11:32	01:10:53		260	29	
449	8	SHARON GREEN	F	FV60	SK STRIDERS	01:11:44	01:11:07	189		16	2
450	196	JULIE EVANS	F	FV60	BRAMHALL RUNNERS	01:11:47	01:11:31	190		17	13
451	441	KATE WICKER	F	FV40		01:11:54	01:11:01	191		26	
452	273	CLARE DRAPER	F	FSEN	BRAMHALL RUNNERS	01:12:27	01:11:47	192		79	14
453	150	DIANE CHADWICK	F	FV50	BRAMHALL RUNNERS	01:12:32	01:11:52	193		21	15
454	178	MICHELLE CRONSHAW	F	FV45		01:12:51	01:12:04	194		29	
455	10	KATE TAYLOR	F	FV60	SK STRIDERS	01:12:56	01:12:19	195		18	3
456	74	COLIN WRIGHT	M	MV60	BOLLINGTON HARRIERS	01:13:00	01:12:12		261	21	1
457	434	ELSPETH TRIMBLE	F	FV50	WILMSLOW RUNNING CLUB	01:13:18	01:12:37	196		22	15
458	149	LESLEY MILLICAN	F	FV50	STOCKPORT HARRIERS & AC	01:13:35	01:13:14	197		23	5
459	244	GWEN SPRUCE	F	FV60		01:13:49	01:13:07	198		19	
460	283	TESSA FULLER	F	FV40		01:13:52	01:13:07	199		27	
461	146	PETER FOTHERINGHAM	M	MV65	GOYT VALLEY STRIDERS	01:14:32	01:13:45		262	11	8
462	117	ELLA LINTOTT	F	FV40		01:14:58	01:14:14	200		28	
463	12	LISA O'NEILL	F	FV50	SK STRIDERS	01:14:58	01:14:19	201		24	4
464	363	FAYE WRIGHT	F	FSEN		01:15:40	01:14:47	202		80	
465	362	CHRIS WRIGHT	M	MV40		01:15:40	01:14:46		263	39	
466	360	DANIEL PROCTER	M	MV50		01:15:51	01:15:17	264		36	
467	365	JOHN GILES	M	MV45		01:15:56	01:15:07	265		26	
468	147	JULIE ARROWSMITH	F	FSEN		01:16:13	01:15:32	203		81	
469	462	WILL SMYTH	M	MSEN		01:16:16	01:15:27		266	95	
470	73	TERRY NEILD	M	MV60	BOLLINGTON HARRIERS	01:16:24	01:15:35		267	22	2
471	394	VICTORIA WILLIAMS	F	FV40	WILMSLOW RUNNING CLUB	01:16:30	01:15:54	204		29	16
472	457	DEBBIE BOARDMAN	F	FV55	STOCKPORT HARRIERS & AC	01:16:43	01:15:54	205		14	6
473	198	SAMANTHA GIBSON	F	FV50		01:16:52	01:16:04	206		25	
474	38	GEOFFREY FENTON	M	MV75	CHORLTON RUNNERS	01:18:07	01:17:26		268	3	5
475	21	CHRIS BEARD	M	MSEN		01:18:27	01:17:34		269	96	
476	42	BERNIE CUNLIFFE	F	FV65	HEATON RUNNERS	01:19:23	01:18:36	207		8	2
477	43	CARMEL BARR	F	FV65	HEATON RUNNERS	01:19:23	01:18:35	208		9	3
478	44	PAULA BYRNE	F	FV50	HEATON RUNNERS	01:19:23	01:18:37	209		26	4
479	233	DEBORAH ROYAN	F	FV45		01:19:32	01:18:38	210		30	
480	309	IAN ASHCROFT	M	MV75	WILMSLOW RUNNING CLUB	01:19:44	01:19:27		270	4	14
481	36	LYNDSY HOLLAND	F	FV55		01:19:48	01:18:54	211		15	
482	23	HAZEL SUGDEN	F	FV65		01:19:48	01:19:00	212		10	
483	163	SOPHIE HOURIHAN	F	FV50		01:20:24	01:19:34	213		27	
484	240	CHARLOTTE WILLIAMS	F	FSEN		01:20:26	01:19:36	214		82	
485	72	MICHAEL PATON	M	MV60	BOLLINGTON HARRIERS	01:21:11	01:20:23		271	23	3
486	202	MEGAN WOODING	F	FV60		01:21:21	01:20:31	215		20	
487	204	HELEN LENEHAN	F	FV75		01:21:21	01:20:31	216		1	
488	3	DIANA POWELL	F	FV70	BRAMHALL RUNNERS	01:27:50	01:26:58	217		3	16
489	316	CHARLOTTE WILDING	F	FSEN		01:29:33	01:28:43	218		83	
490	415	ARTHUR ADAMS	M	MV70		01:29:33	01:28:56		272	8	
491	203	ELAINE DEVINE	F	FV70	STOCKPORT HARRIERS & AC	01:29:33	01:28:43	219		4	7