

## Mid Lancs Xc Junior Divisions

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### Under 11 Girls

| CLUB                      | KEN | LV | BKP | LAN | Total | Best 3 |
|---------------------------|-----|----|-----|-----|-------|--------|
| Blackpool Wyre & Fylde Ac | 9   | 8  |     |     | 17    |        |
| Preston Harriers          | 7   | 9  |     |     | 16    |        |
| Chorley A & T             | 6   | 10 |     |     | 16    |        |
| Leven Valley AC           | 8   | 7  |     |     | 15    |        |
| Kendal AAC                | 10  |    |     |     | 10    |        |
| Burnley Ac                |     | 6  |     |     | 6     |        |
| Lancaster & Morecambe Ac  | 5   |    |     |     | 5     |        |
| Lytham St Annes Rr Club   | 4   |    |     |     | 4     |        |

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### Under 11 Boys

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| CLUB                      | KEN | LV | BKP | LAN | Total | Best 3 |
|---------------------------|-----|----|-----|-----|-------|--------|
| Kendal AAC                | 10  | 10 |     |     | 20    |        |
| Liverpool Pembroke Sefton | 9   | 8  |     |     | 17    |        |
| Blackpool Wyre & Fylde Ac | 6   | 9  |     |     | 15    |        |
| Preston Harriers          | 8   | 5  |     |     | 13    |        |
| Southport Waterloo Ac     | 7   | 6  |     |     | 13    |        |
| Chorley A & T             | 4   | 4  |     |     | 8     |        |
| Clayton-Le-Moors Harriers |     | 7  |     |     | 7     |        |
| Lytham St Annes Rr Club   | 5   | 2  |     |     | 7     |        |
| Barrow & Furness Striders | 3   |    |     |     | 3     |        |
| Rossendale Harriers & Ac  |     | 3  |     |     | 3     |        |

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### Under 13 Girls

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| CLUB                      | KEN | LV | BKP | LAN | Total | Best 3 |
|---------------------------|-----|----|-----|-----|-------|--------|
| Preston Harriers          | 9   | 9  |     |     | 18    |        |
| Kendal AAC                | 10  | 7  |     |     | 17    |        |
| Blackburn Harriers & Ac   | 8   | 8  |     |     | 16    |        |
| Lancaster & Morecambe Ac  | 7   | 5  |     |     | 12    |        |
| Rossendale Harriers & Ac  |     | 10 |     |     | 10    |        |
| Burnley Ac                | 6   | 4  |     |     | 10    |        |
| Southport Waterloo Ac     |     | 6  |     |     | 6     |        |
| Clayton-Le-Moors Harriers |     | 3  |     |     | 3     |        |
| Blackpool Wyre & Fylde Ac |     | 2  |     |     | 2     |        |
| Liverpool Pembroke Sefton |     | 1  |     |     | 1     |        |

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### Under 13Boys

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| CLUB                      | KEN | LV | BKP | LAN | Total | Best 3 |
|---------------------------|-----|----|-----|-----|-------|--------|
| Blackburn Harriers & Ac   | 9   | 10 |     |     | 19    |        |
| Preston Harriers          | 8   | 9  |     |     | 17    |        |
| Southport Waterloo Ac     | 7   | 7  |     |     | 14    |        |
| Kendal AAC                | 10  |    |     |     | 10    |        |
| Clayton-Le-Moors Harriers |     | 8  |     |     | 8     |        |
| Lancaster & Morecambe Ac  | 6   |    |     |     | 6     |        |
| Chorley A & T             |     | 6  |     |     | 6     |        |
| Rossendale Harriers & Ac  |     | 5  |     |     | 5     |        |
| Liverpool Pembroke Sefton |     | 4  |     |     | 4     |        |

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**Under 15 Girls****CLUB**

|                           | KEN | LV | BKP | LAN | Total | Best 3 |
|---------------------------|-----|----|-----|-----|-------|--------|
| Preston Harriers          | 10  | 10 |     |     | 20    |        |
| Liverpool Pembroke Sefton | 7   | 5  |     |     | 12    |        |
| Blackpool Wyre & Fylde Ac | 6   | 4  |     |     | 10    |        |
| Chorley A & T             | 4   | 6  |     |     | 10    |        |
| Wigan & District H & Ac   |     | 9  |     |     | 9     |        |
| Leven Valley AC           | 8   |    |     |     | 8     |        |
| Rossendale Harriers & Ac  |     | 8  |     |     | 8     |        |
| Lancaster & Morecambe Ac  | 5   | 3  |     |     | 8     |        |
| Southport Waterloo Ac     |     | 7  |     |     | 7     |        |
| Blackburn Harriers & Ac   | 9   |    |     |     | 9     |        |

**Under 15 Boys****CLUB**

|                           | KEN | LV | BKP | LAN | Total | Best 3 |
|---------------------------|-----|----|-----|-----|-------|--------|
| Preston Harriers          | 10  | 10 |     |     | 20    |        |
| Liverpool Pembroke Sefton | 9   | 7  |     |     | 16    |        |
| Southport Waterloo Ac     | 7   | 9  |     |     | 16    |        |
| Blackpool Wyre & Fylde Ac | 8   | 6  |     |     | 14    |        |
| Wigan & District H & Ac   | 4   | 8  |     |     | 12    |        |
| Blackburn Harriers & Ac   | 6   |    |     |     | 6     |        |
| Lancaster & Morecambe Ac  | 5   |    |     |     | 5     |        |
| Rossendale Harriers & Ac  |     | 5  |     |     | 5     |        |
| Sedbergh School RC        | 3   |    |     |     | 3     |        |
| Kirkby Milers AC          | 2   |    |     |     | 2     |        |

**Under 17 Women****CLUB**

|                          | KEN | LV | BKP | LAN | Total | Best 3 |
|--------------------------|-----|----|-----|-----|-------|--------|
| Blackburn Harriers & Ac  | 10  | 10 |     |     | 20    |        |
| Lancaster & Morecambe Ac | 7   | 6  |     |     | 13    |        |
| Kendal AAC               | 9   |    |     |     | 9     |        |
| Rossendale Harriers & Ac |     | 9  |     |     | 9     |        |
| Sedbergh School RC       | 8   |    |     |     | 8     |        |
| Southport Waterloo Ac    |     | 8  |     |     | 8     |        |
| Wigan & District H & Ac  |     | 7  |     |     | 7     |        |

**Under 17 Men****CLUB**

|                          | KEN | LV | BKP | LAN | Total | Best 3 |
|--------------------------|-----|----|-----|-----|-------|--------|
| Blackburn Harriers & Ac  | 10  | 9  |     |     | 19    |        |
| Leven Valley AC          | 7   | 8  |     |     | 15    |        |
| Southport Waterloo Ac    |     | 10 |     |     | 10    |        |
| Sedbergh School RC       | 9   |    |     |     | 9     |        |
| Kendal AAC               | 8   |    |     |     | 8     |        |
| Rossendale Harriers & Ac |     | 7  |     |     | 7     |        |
| Preston Harriers         |     | 6  |     |     | 6     |        |

**Under 20 Women****CLUB**

|                          | KEN | LV | BKP | LAN | Total | Best 3 |
|--------------------------|-----|----|-----|-----|-------|--------|
| Lancaster University     | 10  | 10 |     |     | 20    |        |
| Lancaster University 'B' | 9   |    |     |     | 9     |        |

**Under 20 Men****CLUB**

|                          | KEN | LV | BKP | LAN | Total | Best 3 |
|--------------------------|-----|----|-----|-----|-------|--------|
| Lancaster University     | 10  | 10 |     |     | 20    |        |
| Lancaster University 'B' | 9   | 9  |     |     | 18    |        |

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## Mid Lancs Xc Senior Women's and Vets' Divis

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| <b>Division 1</b>         | <b>KEN</b> | <b>LV</b> | <b>BKP</b> | <b>LAN</b> | <b>Total</b> | <b>Best 3</b> |
|---------------------------|------------|-----------|------------|------------|--------------|---------------|
| Lancaster University      | 6          | 4         |            |            | 10           |               |
| Southport Waterloo Ac     | 4          | 6         |            |            | 10           |               |
| Preston Harriers          | 7          | 2         |            |            | 9            |               |
| Liverpool Pembroke Sefton | 2          | 7         |            |            | 9            |               |
| Wigan & District H & Ac   | 3          | 5         |            |            | 8            |               |
| Kendal AAC                | 5          | 1         |            |            | 6            |               |
| Clayton-Le-Moors Harriers |            | 3         |            |            | 3            |               |

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| <b>Division 2</b>         | <b>KEN</b> | <b>LV</b> | <b>BKP</b> | <b>LAN</b> | <b>Total</b> | <b>Best 3</b> |
|---------------------------|------------|-----------|------------|------------|--------------|---------------|
| Lancaster & Morecambe Ac  | 6          | 5         |            |            | 11           |               |
| Blackpool Wyre & Fylde Ac | 7          | 3         |            |            | 10           |               |
| Lytham St Annes Rr Club   | 4          | 6         |            |            | 10           |               |
| Rossendale Harriers & Ac  | 0          | 7         |            |            | 7            |               |
| Preston Harriers 'B'      | 5          | 1         |            |            | 6            |               |
| Blackburn Harriers & Ac   |            | 4         |            |            | 4            |               |
| Skelmersdale Boundary H   | 3          | 2         |            |            | 5            |               |

| <b>Division 3</b>             | <b>KEN</b> | <b>LV</b> | <b>BKP</b> | <b>LAN</b> | <b>Total</b> | <b>Best 3</b> |
|-------------------------------|------------|-----------|------------|------------|--------------|---------------|
| Glaxo Hoad Hill Harriers      | 8          | 10        |            |            | 18           |               |
| Trawden Athletic Club         | 6          | 6         |            |            | 12           |               |
| Kirkby Milers AC              | 4          | 7         |            |            | 11           |               |
| Leven Valley AC               | 10         |           |            |            | 10           |               |
| Sedbergh School RC            | 9          |           |            |            | 9            |               |
| Lancaster University 'B'      | 5          | 4         |            |            | 9            |               |
| Rossendale Harriers & Ac 'B'  |            | 9         |            |            | 9            |               |
| Wigan & District H & Ac 'B'   |            | 8         |            |            | 8            |               |
| Leven Valley AC 'B'           | 7          |           |            |            | 7            |               |
| Glaxo Hoad Hill Harriers 'B'  | 3          | 3         |            |            | 6            |               |
| Liverpool Pembroke Sefton 'B' |            | 5         |            |            | 5            |               |
| Walney Wind Cheetahs          |            | 2         |            |            | 2            |               |
| Red Rose Road Runners         | 1          | 1         |            |            | 2            |               |
| Lancaster & Morecambe Ac 'B'  | 2          |           |            |            | 2            |               |
| Wesham Road Runners & Ac      | 1          | 1         |            |            | 2            |               |
| Trawden Athletic Club 'B'     | 1          | 1         |            |            | 2            |               |
| Wesham Road Runners & Ac 'B'  | 1          | 1         |            |            | 2            |               |
| Clayton-Le-Moors Harriers 'B' |            | 1         |            |            | 1            |               |
| Lytham St Annes Rr Club 'B'   | 1          |           |            |            | 1            |               |
| Blackpool Wyre & Fylde Ac 'B' | 1          |           |            |            | 1            |               |
| Garstang Running Club         | 1          |           |            |            | 1            |               |
| Skelmersdale Boundary H 'B'   |            | 1         |            |            | 1            |               |
| Red Rose Road Runners 'B'     | 1          |           |            |            | 1            |               |
| Barrow & Furness Striders     |            | 1         |            |            | 1            |               |
| Garstang Running Club 'B'     | 1          |           |            |            | 1            |               |

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**Vet 35 Teams**

| <b>CLUB</b>               | <b>KEN</b> | <b>LV</b> | <b>BKP</b> | <b>LAN</b> | <b>Total</b> | <b>Best 3</b> |
|---------------------------|------------|-----------|------------|------------|--------------|---------------|
| Lytham St Annes Rr Club   | 8          | 10        |            |            | 18           |               |
| Preston Harriers          | 10         | 1         |            |            | 11           |               |
| Trawden Athletic Club     | 5          | 5         |            |            | 10           |               |
| Glaxo Hoad Hill Harriers  | 9          |           |            |            | 9            |               |
| Wigan & District H & Ac   | 1          | 8         |            |            | 9            |               |
| Rossendale Harriers & Ac  |            | 9         |            |            | 9            |               |
| Liverpool Pembroke Sefton | 1          | 7         |            |            | 8            |               |
| Lancaster & Morecambe Ac  | 7          |           |            |            | 7            |               |
| Kendal AAC                | 4          | 3         |            |            | 7            |               |
| Leven Valley AC           | 6          |           |            |            | 6            |               |
| Clayton-Le-Moors Harriers |            | 6         |            |            | 6            |               |
| Blackburn Harriers & Ac   |            | 4         |            |            | 4            |               |
| Skelmersdale Boundary H   | 1          | 2         |            |            | 3            |               |
| Garstang Running Club     | 3          |           |            |            | 3            |               |
| Blackpool Wyre & Fylde Ac | 2          |           |            |            | 2            |               |
| Wesham Road Runners & Ac  | 1          | 1         |            |            | 2            |               |
| Red Rose Road Runners     | 1          | 1         |            |            | 2            |               |
| Southport Waterloo Ac     | 1          |           |            |            | 1            |               |
| Kirkby Milers AC          |            | 1         |            |            | 1            |               |
| Walney Wind Cheetahs      |            | 1         |            |            | 1            |               |
| Barrow & Furness Striders |            | 1         |            |            | 1            |               |

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**Vet 45 Teams**

| <b>CLUB</b>               | <b>KEN</b> | <b>LV</b> | <b>BKP</b> | <b>LAN</b> | <b>Total</b> | <b>Best 3</b> |
|---------------------------|------------|-----------|------------|------------|--------------|---------------|
| Trawden Athletic Club     | 9          | 7         |            |            | 16           |               |
| Lytham St Annes Rr Club   | 7          | 6         |            |            | 13           |               |
| Liverpool Pembroke Sefton | 3          | 9         |            |            | 12           |               |
| Leven Valley AC           | 10         |           |            |            | 10           |               |
| Wigan & District H & Ac   |            | 10        |            |            | 10           |               |
| Kendal AAC                | 4          | 5         |            |            | 9            |               |
| Lancaster & Morecambe Ac  | 8          |           |            |            | 8            |               |
| Clayton-Le-Moors Harriers |            | 8         |            |            | 8            |               |
| Glaxo Hoad Hill Harriers  | 6          |           |            |            | 6            |               |
| Skelmersdale Boundary H   | 1          | 4         |            |            | 5            |               |
| Blackpool Wyre & Fylde Ac | 5          |           |            |            | 5            |               |
| Preston Harriers          | 1          | 2         |            |            | 3            |               |
| Wesham Road Runners & Ac  |            | 3         |            |            | 3            |               |
| Garstang Running Club     | 2          |           |            |            | 2            |               |
| Walney Wind Cheetahs      |            | 1         |            |            | 1            |               |
| Red Rose Road Runners     | 1          |           |            |            | 1            |               |

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**Vet 55 Teams**

| <b>CLUB</b>               | <b>KEN</b> | <b>LV</b> | <b>BKP</b> | <b>LAN</b> | <b>Total</b> | <b>Best 3</b> |
|---------------------------|------------|-----------|------------|------------|--------------|---------------|
| Kendal AAC                | 7          | 9         |            |            | 16           |               |
| Lancaster & Morecambe Ac  | 10         |           |            |            | 10           |               |
| Clayton-Le-Moors Harriers |            | 10        |            |            | 10           |               |
| Blackpool Wyre & Fylde Ac | 9          |           |            |            | 9            |               |
| Glaxo Hoad Hill Harriers  | 8          |           |            |            | 8            |               |
| Wesham Road Runners & Ac  |            | 8         |            |            | 8            |               |
| Red Rose Road Runners     | 6          |           |            |            | 6            |               |

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**Vet 65 Teams**

| <b>CLUB</b>               | <b>KEN</b> | <b>LV</b> | <b>BKP</b> | <b>LAN</b> | <b>Total</b> | <b>Best 3</b> |
|---------------------------|------------|-----------|------------|------------|--------------|---------------|
| Clayton-Le-Moors Harriers |            | 10        |            |            | 10           |               |

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## Mid Lancs Xc Senior Men's and Vets' Division:

| Division 1                | KEN | LV | BKP | LAN | Total | Best 3 |
|---------------------------|-----|----|-----|-----|-------|--------|
| Southport Waterloo Ac     | 7   | 6  |     |     | 13    |        |
| Lancaster University      | 5   | 4  |     |     | 9     |        |
| Preston Harriers          | 6   | 1  |     |     | 7     |        |
| Rossendale Harriers & Ac  |     | 7  |     |     | 7     |        |
| Glaxo Hoad Hill Harriers  | 4   | 2  |     |     | 6     |        |
| Wigan & District H & Ac   | 3   | 3  |     |     | 6     |        |
| Clayton-Le-Moors Harriers |     | 5  |     |     | 5     |        |

| Division 2                | KEN | LV | BKP | LAN | Total | Best 3 |
|---------------------------|-----|----|-----|-----|-------|--------|
| Wesham Road Runners & Ac  | 7   | 6  |     |     | 13    |        |
| Blackpool Wyre & Fylde Ac | 5   | 7  |     |     | 12    |        |
| Trawden Athletic Club     | 6   | 5  |     |     | 11    |        |
| Lytham St Annes Rr Club   | 4   | 4  |     |     | 8     |        |
| Preston Harriers 'B'      | 3   |    |     |     | 3     |        |
| Kirkby Milers AC          |     | 3  |     |     | 3     |        |

| Division 3                   | KEN | LV | BKP | LAN | Total | Best 3 |
|------------------------------|-----|----|-----|-----|-------|--------|
| Southport Waterloo Ac 'B'    | 6   | 7  |     |     | 13    |        |
| Blackburn Harriers & Ac      | 7   | 6  |     |     | 13    |        |
| Wesham Road Runners & Ac 'B' | 5   | 5  |     |     | 10    |        |
| Red Rose Road Runners        | 4   | 3  |     |     | 7     |        |
| Skelmersdale Boundary H      | 3   | 2  |     |     | 5     |        |
| Walney Wind Cheetahs         | 2   | 1  |     |     | 3     |        |

| 1                             |            |           |            |            |              |               |
|-------------------------------|------------|-----------|------------|------------|--------------|---------------|
| <b>Division 4</b>             | <b>KEN</b> | <b>LV</b> | <b>BKP</b> | <b>LAN</b> | <b>Total</b> | <b>Best 3</b> |
| Leven Valley AC               | 10         | 10        |            |            | 20           |               |
| Liverpool Pembroke Sefton     | 8          | 9         |            |            | 17           |               |
| Glaxo Hoad Hill Harriers 'B'  | 7          | 3         |            |            | 10           |               |
| Kendal AAC                    | 9          |           |            |            | 9            |               |
| Blackpool Wyre & Fylde Ac 'B' | 3          | 6         |            |            | 9            |               |
| Clayton-Le-Moors Harriers 'B' |            | 8         |            |            | 8            |               |
| Chorley A & T                 | 4          | 4         |            |            | 8            |               |
| Rosendale Harriers & Ac 'B'   |            | 7         |            |            | 7            |               |
| Garstang Running Club         | 6          |           |            |            | 6            |               |
| Trawden Athletic Club 'B'     | 5          |           |            |            | 5            |               |
| Liverpool Pembroke Sefton 'B' |            | 5         |            |            | 5            |               |

|                           |            |           |            |            |              |               |
|---------------------------|------------|-----------|------------|------------|--------------|---------------|
|                           |            |           |            |            |              | 1             |
| <b>Vet 40 Teams</b>       |            |           |            |            |              | 1             |
| <b>Division 1</b>         |            |           |            |            |              |               |
|                           | <b>KEN</b> | <b>LV</b> | <b>BKP</b> | <b>LAN</b> | <b>Total</b> | <b>Best 3</b> |
| Southport Waterloo Ac     | 7          | 7         |            |            | 14           |               |
| Wesham Road Runners & Ac  | 5          | 4         |            |            | 9            |               |
| Lancaster & Morecambe Ac  | 6          |           |            |            | 6            |               |
| Preston Harriers          | 4          | 2         |            |            | 6            |               |
| Wigan & District H & Ac   | 3          | 3         |            |            | 6            |               |
| Rosendale Harriers & Ac   |            | 6         |            |            | 6            |               |
| Clayton-Le-Moors Harriers |            | 5         |            |            | 5            |               |
|                           |            |           |            |            |              | 1             |
| <b>Division 2</b>         |            |           |            |            |              |               |
|                           | <b>KEN</b> | <b>LV</b> | <b>BKP</b> | <b>LAN</b> | <b>Total</b> | <b>Best 3</b> |
| Red Rose Road Runners     | 6          | 5         |            |            | 11           |               |
| Blackpool Wyre & Fylde Ac | 4          | 7         |            |            | 11           |               |
| Chorley A & T             | 3          | 6         |            |            | 9            |               |
| Skelmersdale Boundary H   | 5          | 3         |            |            | 8            |               |
| Kendal AAC                | 7          |           |            |            | 7            |               |
| Kirkby Milers AC          |            | 4         |            |            | 4            |               |
| Walney Wind Cheetahs      | 2          | 2         |            |            | 4            |               |
|                           |            |           |            |            |              | 1             |
| <b>Division 3</b>         |            |           |            |            |              |               |
|                           | <b>KEN</b> | <b>LV</b> | <b>BKP</b> | <b>LAN</b> | <b>Total</b> | <b>Best 3</b> |
| Trawden Athletic Club     | 10         | 8         |            |            | 18           |               |
| Blackburn Harriers & Ac   | 8          | 9         |            |            | 17           |               |
| Liverpool Pembroke Sefton | 6          | 10        |            |            | 16           |               |
| Glaxo Hoad Hill Harriers  | 7          | 7         |            |            | 14           |               |
| Leven Valley AC           | 9          |           |            |            | 9            |               |
| Lytham St Annes Rr Club   |            | 6         |            |            | 6            |               |
| Garstang Running Club     | 5          |           |            |            | 5            |               |

|                           |            |           |            |            |              |               |
|---------------------------|------------|-----------|------------|------------|--------------|---------------|
|                           |            |           |            |            | 1            |               |
| <b>Vet 50 Teams</b>       |            |           |            |            | 1            |               |
| <b>CLUB</b>               | <b>KEN</b> | <b>LV</b> | <b>BKP</b> | <b>LAN</b> | <b>Total</b> | <b>Best 3</b> |
| Southport Waterloo Ac     | 10         | 10        |            |            | 20           |               |
| Wigan & District H & Ac   | 9          | 8         |            |            | 17           |               |
| Liverpool Pembroke Sefton | 4          | 9         |            |            | 13           |               |
| Blackburn Harriers & Ac   | 7          | 5         |            |            | 12           |               |
| Glaxo Hoad Hill Harriers  | 8          | 1         |            |            | 9            |               |
| Preston Harriers          | 5          | 3         |            |            | 8            |               |
| Wesham Road Runners & Ac  | 6          | 1         |            |            | 7            |               |
| Clayton-Le-Moors Harriers |            | 7         |            |            | 7            |               |
| Accrington Road Runners   |            | 6         |            |            | 6            |               |
| Chorley A & T             | 1          | 4         |            |            | 5            |               |
| Red Rose Road Runners     | 3          | 1         |            |            | 4            |               |
| Trawden Athletic Club     | 2          | 2         |            |            | 4            |               |
| Blackpool Wyre & Fylde Ac | 1          | 1         |            |            | 2            |               |
| Walney Wind Cheetahs      | 1          | 1         |            |            | 2            |               |
| Skelmersdale Boundary H   | 1          | 1         |            |            | 2            |               |
| Garstang Running Club     | 1          |           |            |            | 1            |               |
| Kendal AAC                | 1          |           |            |            | 1            |               |
| Rossendale Harriers & Ac  |            | 1         |            |            | 1            |               |
| Lytham St Annes Rr Club   |            | 1         |            |            | 1            |               |

|                          |            |           |            |            |              |               |
|--------------------------|------------|-----------|------------|------------|--------------|---------------|
|                          |            |           |            |            | 1            |               |
| <b>Vet 60 Teams</b>      |            |           |            |            | 1            |               |
| <b>CLUB</b>              | <b>KEN</b> | <b>LV</b> | <b>BKP</b> | <b>LAN</b> | <b>Total</b> | <b>Best 3</b> |
| Preston Harriers         | 9          | 9         |            |            | 18           |               |
| Red Rose Road Runners    | 10         | 7         |            |            | 17           |               |
| Glaxo Hoad Hill Harriers | 8          | 8         |            |            | 16           |               |
| Walney Wind Cheetahs     | 7          | 6         |            |            | 13           |               |
| Southport Waterloo Ac    |            | 10        |            |            | 10           |               |

|                          |            |           |            |            |              |               |
|--------------------------|------------|-----------|------------|------------|--------------|---------------|
|                          |            |           |            |            | 1            |               |
| <b>Vet 70 Teams</b>      |            |           |            |            | 1            |               |
| <b>CLUB</b>              | <b>KEN</b> | <b>LV</b> | <b>BKP</b> | <b>LAN</b> | <b>Total</b> | <b>Best 3</b> |
| Preston Harriers         | 9          | 10        |            |            | 19           |               |
| Wesham Road Runners & Ac | 10         | 9         |            |            | 19           |               |
| Garstang Running Club    | 8          | 8         |            |            | 16           |               |