

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 22nd November 2025

Under 11 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	379	Cora Alton	Chorley A & T	7:49	18	221	Alice Deaville	Blackpool Wyre & Fylde Ac	9:14
2	701	Teigan Wilcock	Kendal AAC	7:54	19	920	Chloe Bouffler	Leven Valley AC	9:14
3	394	Amelia Pendlebury	Chorley A & T	8:07	20	440	Harper Singleton	Clayton-Le-Moors Harriers	9:21
4	967	Elena Proctor	Leven Valley AC	8:12	21	2353	Amelie Roberts	Southport Waterloo Ac	9:25
5	1878	Eden Wilkins	Preston Harriers	8:17	22	362	Maisie Hall	Burnley Ac	9:31
6	1875	Eva Karran	Preston Harriers	8:22	23	365	Maisie Sayle	Burnley Ac	9:33
7	698	Romy Barron	Kendal AAC	8:24	24	363	Maya Marshall	Burnley Ac	9:34
8	222	Esame Gamble	Blackpool Wyre & Fylde Ac	8:26	25	381	Xanthe Bragg	Chorley A & T	9:36
9	220	Isabelle Cooper	Blackpool Wyre & Fylde Ac	8:26	26	781	Luisa Korne	Lancaster & Morecambe Ac	9:47
10	1844	Ella Jordan	Pendle Athletic Club	8:35	27	366	Isabelle Sutcliffe	Burnley Ac	9:56
11	384	Iris Thomson	Chorley A & T	8:37	28	1746	Isla Elsenter	Lytham St Annes Rr Club	10:04
12	225	Alana McMinnis	Blackpool Wyre & Fylde Ac	8:41	29	382	Erin Corrigan	Chorley A & T	10:11
13	2085	Emma Latella	Rossendale Harriers & Ac	8:42	30	780	Poppy Holroyd	Lancaster & Morecambe Ac	10:32
14	2752	Hannah Nicholls	Wigan & District H & Ac	8:42	31	2350	Robyn Benton	Southport Waterloo Ac	10:59
15	1876	Annie Turner	Preston Harriers	8:48	32	1846	Emma Mitchell	Pendle Athletic Club	11:09
16	1873	Julia Holden	Preston Harriers	8:56	33	1753	Jessica Neild	Lytham St Annes Rr Club	11:47
17	1874	Emily Holden	Preston Harriers	9:08	34	922	Lexi Fisher	Leven Valley AC	11:52

Under 11 Girls — TEAM RESULTS

1	Chorley A & T	15	—	1	Cora Alton	3	Amelia Pendlebury	11	Iris Thomson
2	Preston Harriers	26	—	5	Eden Wilkins	6	Eva Karran	15	Annie Turner
3	Blackpool Wyre & Fylde Ac	29	—	8	Esame Gamble	9	Isabelle Cooper	12	Alana McMinnis
4	Leven Valley AC	57	—	4	Elena Proctor	19	Chloe Bouffler	34	Lexi Fisher
5	Burnley Ac	69	—	22	Maisie Hall	23	Maisie Sayle	24	Maya Marshall

Under 11 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	249	Theo Minns	Blackpool Wyre & Fylde Ac	6:55	26	254	Luca Sewell	Blackpool Wyre & Fylde Ac	8:36
2	707	Sean Wild-Garcia	Kendal AAC	7:13	27	449	Theo Singleton	Clayton-Le-Moors Harriers	8:40
3	2356	Thomas Delamere	Southport Waterloo Ac	7:13	28	2494	Ellis Mitchell	Trawden Athletic Club	8:41
4	1611	Zac Rimmer	Liverpool Pembroke Sefton	7:16	29	2892	Harry Scholes	Preston Harriers	8:41
5	702	Jacob Bagshaw	Kendal AAC	7:17	30	1755	Arthur May	Lytham St Annes Rr Club	8:44
6	441	Henry Driver	Clayton-Le-Moors Harriers	7:25	31	1858	Bobby O'Brien	Pendle Athletic Club	8:49
7	236	Rio Cobb	Blackpool Wyre & Fylde Ac	7:32	32	364	Seth Phillipson	Burnley Ac	8:50
8	49	Toby Coward	Barrow & Furness Striders	7:42	33	1884	Fraser Mackie	Preston Harriers	8:52
9	1886	Zachary Olorenshaw	Preston Harriers	7:47	34	387	Noah Hendry	Chorley A & T	8:59
10	1609	Luka McGlone	Liverpool Pembroke Sefton	7:47	35	385	Rupert Bignell	Chorley A & T	9:07
11	705	Harrison Reid	Kendal AAC	7:48	36	2092	Laith Corbishley	Rossendale Harriers & Ac	9:08
12	391	William Wiggins	Chorley A & T	7:53	37	1603	Samuel Clancy	Liverpool Pembroke Sefton	9:11
13	447	Harry O'Brien	Clayton-Le-Moors Harriers	7:54	38	445	Eli Heys	Clayton-Le-Moors Harriers	9:11
14	448	Maxx Singleton	Clayton-Le-Moors Harriers	8:01	39	1855	Charlie Hook	Pendle Athletic Club	9:12
15	2361	Luca Whelan	Southport Waterloo Ac	8:05	40	1756	Benjamin Nield	Lytham St Annes Rr Club	9:19
16	1605	William Elliott	Liverpool Pembroke Sefton	8:09	41	245	Charlie Holifield	Blackpool Wyre & Fylde Ac	9:19
17	1879	Teddy Briers	Preston Harriers	8:09	42	51	Arlo Meacock	Barrow & Furness Striders	9:22
18	2891	Edward Rose	Preston Harriers	8:13	43	2093	Samuel Fenn	Rossendale Harriers & Ac	9:25
19	2887	Samuel Hudson	Lytham St Annes Rr Club	8:15	44	783	Jake Holroyd	Lancaster & Morecambe Ac	9:31
20	242	Bradley Hall	Blackpool Wyre & Fylde Ac	8:18	45	244	Archie Holifield	Blackpool Wyre & Fylde Ac	9:32
21	1881	Oliver Cliff	Preston Harriers	8:20	46	706	Matt Wild-Garcia	Kendal AAC	9:38
22	2097	Jude Kennedy	Rossendale Harriers & Ac	8:20	47	2094	Noah Hargreaves	Rossendale Harriers & Ac	9:38
23	2360	William Paybody	Southport Waterloo Ac	8:24	48	2102	Jacob Watkinson	Rossendale Harriers & Ac	9:44
24	1604	Cian Critchley	Liverpool Pembroke Sefton	8:24	49	1880	Logan Child	Preston Harriers	10:01
25	2096	Seb Hunt	Rossendale Harriers & Ac	8:27	50	388	Oliver Ivers	Chorley A & T	10:03

Under 11 Boys — TEAM RESULTS

1	Kendal AAC	18	—	2	Sean Wild-Garcia	5	Jacob Bagshaw	11	Harrison Reid
2	Blackpool Wyre & Fylde Ac	28	—	1	Theo Minns	7	Rio Cobb	20	Bradley Hall
3	Liverpool Pembroke Sefton	30	—	4	Zac Rimmer	10	Luka McGlone	16	William Elliott
4	Clayton-Le-Moors Harriers	33	—	6	Henry Driver	13	Harry O'Brien	14	Maxx Singleton
5	Southport Waterloo Ac	41	—	3	Thomas Delamere	15	Luca Whelan	23	William Paybody
6	Preston Harriers	44	—	9	Zachary Olorenshaw	17	Teddy Briers	18	Edward Rose
7	Chorley A & T	81	—	12	William Wiggins	34	Noah Hendry	35	Rupert Bignell
8	Rossendale Harriers & Ac	83	—	22	Jude Kennedy	25	Seb Hunt	36	Laith Corbishley
9	Lytham St Annes Rr Club	89	—	19	Samuel Hudson	30	Arthur May	40	Benjamin Nield

Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 22nd November 2025

Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	2867	Georgia Brambles	Blackburn Harriers & Ac	11:08	28	787	Isla Hamilton	Lancaster & Morecambe Ac	14:28
2	2110	Eva Pearce	Rossendale Harriers & Ac	11:51	29	710	Violet Benson	Kendal AAC	14:37
3	2111	Ivy Pilkington	Rossendale Harriers & Ac	12:01	30	2366	Harriet Honess	Southport Waterloo Ac	14:40
4	708	Mila Barron	Kendal AAC	12:09	31	2376	Grace Kelly	Southport Waterloo Ac	14:43
5	261	Saraya Plenderleith	Blackpool Wyre & Fylde Ac	12:29	32	371	Isabella Williams	Burnley Ac	14:58
6	1892	Isabel Owers	Preston Harriers	12:30	33	2373	Cara Wilson	Southport Waterloo Ac	15:04
7	1894	Scarlett Walker	Preston Harriers	12:34	34	2370	Lauren Sinha	Southport Waterloo Ac	15:05
8	2496	Mione Todd	Trawden Athletic Club	12:56	35	786	Scarlet Gora	Lancaster & Morecambe Ac	15:06
9	2103	Elsie Duffy	Rossendale Harriers & Ac	12:59	36	2365	Millie Drinkwater	Southport Waterloo Ac	15:10
10	1890	Tilly McKenna	Preston Harriers	13:00	37	72	Pippa Blackburn	Blackburn Harriers & Ac	15:11
11	2108	Amalee Morton	Rossendale Harriers & Ac	13:07	38	2104	Maia Earnshaw	Rossendale Harriers & Ac	15:17
12	2105	Isabelle Fenn	Rossendale Harriers & Ac	13:09	39	2367	Dora Loxham-Keenan	Southport Waterloo Ac	15:25
13	2363	Ava Abrahams	Southport Waterloo Ac	13:13	40	76	Esme Krige	Blackburn Harriers & Ac	15:37
14	2364	Claudia Davidson	Southport Waterloo Ac	13:18	41	369	Sadie Phillipson	Burnley Ac	15:46
15	2109	Thea Newton	Rossendale Harriers & Ac	13:20	42	1761	Lena Szargut	Lytham St Annes Rr Club	15:48
16	452	Molly Jackson	Clayton-Le-Moors Harriers	13:22	43	77	Hanna Krolikowska	Blackburn Harriers & Ac	15:49
17	368	Robyn Hall	Burnley Ac	13:30	44	1566	Isla Matthews	Kirkby Milers AC	15:52
18	75	Ruby Govier	Blackburn Harriers & Ac	13:33	45	1888	Lydia Gardiner	Preston Harriers	15:52
19	715	Isla Mackinnon	Kendal AAC	13:33	46	258	Maggie Belfield	Blackpool Wyre & Fylde Ac	16:03
20	2872	Silvia Parsons	Lancaster & Morecambe Ac	13:42	47	2369	Millie Pritchard	Southport Waterloo Ac	16:07
21	1618	Florence Millward	Liverpool Pembroke Sefton	13:52	48	262	Chloe Senior	Blackpool Wyre & Fylde Ac	16:15
22	1893	Mia Park	Preston Harriers	13:53	49	455	Amelia-Grace Rushton	Clayton-Le-Moors Harriers	16:22
23	1889	Harriet Johns	Preston Harriers	13:59	50	1617	Leah McGlone	Liverpool Pembroke Sefton	16:23
24	1891	Anais Mitchell	Preston Harriers	14:02	51	453	Lexie McLean	Clayton-Le-Moors Harriers	16:30
25	73	Sophie Douglas	Blackburn Harriers & Ac	14:04	52	1619	Jessica Nicol	Liverpool Pembroke Sefton	16:50
26	456	Freya Thomas	Clayton-Le-Moors Harriers	14:05	53	1616	Hattie Mahood	Liverpool Pembroke Sefton	17:12
27	926	Isabelle Coward	Leven Valley AC	14:20	54	393	Ayaanah Lulat	Chorley A & T	18:01

Under 13 Girls — TEAM RESULTS

1	Rossendale Harriers & Ac	14	—	2	Eva Pearce	3	Ivy Pilkington	9	Elsie Duffy
2	Preston Harriers	23	—	6	Isabel Owers	7	Scarlett Walker	10	Tilly McKenna
3	Blackburn Harriers & Ac	44	—	1	Georgia Brambles	18	Ruby Govier	25	Sophie Douglas
4	Kendal AAC	52	—	4	Mila Barron	19	Isla Mackinnon	29	Violet Benson
5	Southport Waterloo Ac	57	—	13	Ava Abrahams	14	Claudia Davidson	30	Harriet Honess
6	Lancaster & Morecambe Ac	83	—	20	Silvia Parsons	28	Isla Hamilton	35	Scarlet Gora
7	Burnley Ac	90	—	17	Robyn Hall	32	Isabella Williams	41	Sadie Phillipson
8	Clayton-Le-Moors Harriers	91	—	16	Molly Jackson	26	Freya Thomas	49	Amelia-Grace Rushton
9	Blackpool Wyre & Fylde Ac	99	—	5	Saraya Plenderleith	46	Maggie Belfield	48	Chloe Senior
10	Liverpool Pembroke Sefton	123	—	21	Florence Millward	50	Leah McGlone	52	Jessica Nicol

Race 4 - Under 13 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	722	Jos Jebb	Kendal AAC	10:52	22	2112	Alexander Ball	Rossendale Harriers & Ac	12:47
2	2497	Jack Mitchell	Trawden Athletic Club	11:15	23	793	Jack Parrington	Lancaster & Morecambe Ac	12:52
3	268	Harry Posner	Blackpool Wyre & Fylde Ac	11:26	24	88	Harry Mitchell	Blackburn Harriers & Ac	12:57
4	90	Thomas Stewart	Blackburn Harriers & Ac	11:28	25	792	Joe Maguire	Lancaster & Morecambe Ac	13:02
5	460	Harry Lowde	Clayton-Le-Moors Harriers	11:34	26	405	Logan O'Keeffe	Chorley A & T	13:11
6	89E	Russell-Blackburn	Blackburn Harriers & Ac	11:39	27	1628	Thomas Howard	Liverpool Pembroke Sefton	13:11
7	398	Oscar Bragg	Chorley A & T	11:41	28	85	Zachary Falencki	Blackburn Harriers & Ac	13:12
8	1902	Nathaniel White	Preston Harriers	11:44	29	2120	Henry Wright	Rossendale Harriers & Ac	13:22
9	2375	George Hawthorn	Southport Waterloo Ac	11:44	30	402	Benjamin Leap	Chorley A & T	13:38
10	1900	Patrick Piron	Preston Harriers	11:48	31	2116	Cole Marsden	Rossendale Harriers & Ac	13:43
11	462	Alex Smialek	Clayton-Le-Moors Harriers	11:52	32	1632	Bromley Saul Taylor	Liverpool Pembroke Sefton	13:45
12	1895	Harry Griffin	Preston Harriers	11:54	33	2117	Elliott Sanderson	Rossendale Harriers & Ac	13:55
13	2377	Marcus Larkin	Southport Waterloo Ac	11:55	34	461	Rory Moss	Clayton-Le-Moors Harriers	14:04
14	92	Morgan Watson	Blackburn Harriers & Ac	11:55	35	1621	Evan Allday	Liverpool Pembroke Sefton	14:15
15	458	Ethan Carson	Clayton-Le-Moors Harriers	11:57	36	1897	Alex Hatch	Preston Harriers	14:18
16	403	Ben Maine	Chorley A & T	11:57	37	55	Dylan Meacock	Barrow & Furness Striders	14:34
17	2378	Matthew Ndjambula	Southport Waterloo Ac	11:57	38	2755	Ryan Catton	Wigan & District H & Ac	14:42
18	2119	Harry Walker	Rossendale Harriers & Ac	12:03	39	1623	Jack Clancy	Liverpool Pembroke Sefton	16:30
19	2115	Archie Little	Rossendale Harriers & Ac	12:04	40	400	Oliver Holden	Chorley A & T	16:40
20	83	Theo Addy	Blackburn Harriers & Ac	12:28	41	1633	Hugo Ward	Liverpool Pembroke Sefton	17:31
21	1896	Ruben Harwood	Preston Harriers	12:29	42	265	Eddie Deaville	Blackpool Wyre & Fylde Ac	18:11

Race 4 - Under 13 Boys — TEAM RESULTS

1	Blackburn Harriers & Ac	24	—	4	Thomas Stewart	6	E Russell-Blackburn	14	Morgan Watson
2	Preston Harriers	30	—	8	Nathaniel White	10	Patrick Piron	12	Harry Griffin
3	Clayton-Le-Moors Harriers	31	—	5	Harry Lowde	11	Alex Smialek	15	Ethan Carson
4	Southport Waterloo Ac	39	—	9	George Hawthorn	13	Marcus Larkin	17	Matthew Ndjambula
5	Chorley A & T	49	—	7	Oscar Bragg	16	Ben Maine	26	Logan O'Keeffe
6	Rossendale Harriers & Ac	59	—	18	Harry Walker	19	Archie Little	22	Alexander Ball
7	Liverpool Pembroke Sefton	94	—	27	Thomas Howard	32	Bromley Saul Taylor	35	Evan Allday

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 22nd November 2025

Race 4 - Under 15 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	96	Millie Jordan	Blackburn Harriers & Ac	11:16	23	929	Mia Griffiths	Leven Valley AC	13:53
2	1903	Ellie Blackhurst	Preston Harriers	11:16	24	1909	Erica Purnell	Preston Harriers	13:57
3	2387	Lauren Silcox	Southport Waterloo Ac	11:49	25	1866	Gabriella Dale	Pendle Athletic Club	14:00
4	2122	Alice Carr	Rossendale Harriers & Ac	11:49	26	1906	Lucy Mitchell	Preston Harriers	14:01
5	274	Pollyanna Kershaw	Preston Harriers	11:58	27	272	Abigail Cameron	Blackpool Wyre & Fylde Ac	14:15
6	2757	Maisie Cadman	Wigan & District H & Ac	12:02	28	2124	Carys Sanderson	Rossendale Harriers & Ac	14:21
7	1905	Elsie McKeever	Preston Harriers	12:08	29	408	Grace Daniels	Chorley A & T	14:25
8	1912	Millie Wright	Preston Harriers	12:30	30	271	Akalyna Boynton	Blackpool Wyre & Fylde Ac	14:39
9	99	Charlotte Smith	Blackburn Harriers & Ac	12:42	31	2125	Olivia Turner	Rossendale Harriers & Ac	14:40
10	410	Eleanor Jenner	Chorley A & T	12:48	32	1640	Isabelle Elliott	Liverpool Pembroke Sefton	14:41
11	2761	Sophie Willitts	Wigan & District H & Ac	12:51	33	1650	Ellie Price	Liverpool Pembroke Sefton	14:43
12	2123	Lyla Duffy	Rossendale Harriers & Ac	12:59	34	2386	Ava O'Rourke	Southport Waterloo Ac	14:43
13	276	Lily-Rose McMinnis	Blackpool Wyre & Fylde Ac	13:02	35	796	Alice Briffett	Lancaster & Morecambe Ac	14:44
14	1636	Lucy Armstrong	Liverpool Pembroke Sefton	13:13	36	275	Abigail McKone	Blackpool Wyre & Fylde Ac	15:00
15	2758	Mia Lacey	Wigan & District H & Ac	13:18	37	1652	Daisy Wells	Liverpool Pembroke Sefton	15:22
16	413	Elsa Thomson	Chorley A & T	13:19	38	802	Sofia Winterbottom	Lancaster & Morecambe Ac	15:33
17	2384	Phoebe-Rose Devlin	Southport Waterloo Ac	13:30	39	2186	S Bolton-Price	Sedbergh School RC	15:53
18	797	Sophie Brownsmith	Lancaster & Morecambe Ac	13:42	40	798	Olivia Hemingway	Lancaster & Morecambe Ac	16:14
19	1865	Julia Biskupiak	Pendle Athletic Club	13:45	41	1908	Macy Olorenshaw	Preston Harriers	16:17
20	1567	Melissa Cameron	Kirkby Milers AC	13:46	42	2498	Grace Fort	Trawden Athletic Club	18:31
21	1644	Bonnie Mahood	Liverpool Pembroke Sefton	13:48	43	2379	Ella Boyd	Southport Waterloo Ac	19:45
22	1649	Georgia Piron	Liverpool Pembroke Sefton	13:50	44	1635	Milly Arden	Liverpool Pembroke Sefton	20:31

Race 4 - Under 15 Girls — TEAM RESULTS

1	Preston Harriers	14	—	2	Ellie Blackhurst	5	Pollyanna Kershaw	7	Elsie McKeever
2	Wigan & District H & Ac	32	—	6	Maisie Cadman	11	Sophie Willitts	15	Mia Lacey
3	Rossendale Harriers & Ac	44	—	4	Alice Carr	12	Lyla Duffy	28	Carys Sanderson
4	Southport Waterloo Ac	54	—	3	Lauren Silcox	17	Phoebe-Rose Devlin	34	Ava O'Rourke
5	Chorley A & T	55	—	10	Eleanor Jenner	16	Elsa Thomson	29	Grace Daniels
6	Liverpool Pembroke Sefton	57	—	14	Lucy Armstrong	21	Bonnie Mahood	22	Georgia Piron
7	Blackpool Wyre & Fylde Ac	70	—	13	Lily-Rose McMinnis	27	Abigail Cameron	30	Akalyna Boynton
8	Lancaster & Morecambe Ac	91	—	18	Sophie Brownsmith	35	Alice Briffett	38	Sofia Winterbottom

Race 5 - Under 15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	1921	Albert Yates	Preston Harriers	10:35	21	1918	Dylan Parker	Preston Harriers	11:46
2	287	William Kershaw	Preston Harriers	10:40	22	285	Jasper Hall	Blackpool Wyre & Fylde Ac	11:49
3	1913	Samuel Bates	Preston Harriers	10:43	23	2762	James Darby	Wigan & District H & Ac	11:49
4	2393	Lewis McIlroy	Southport Waterloo Ac	10:45	24	291	Jacob Wilson	Blackpool Wyre & Fylde Ac	11:50
5	2392	James McGrory	Southport Waterloo Ac	10:51	25	807	Dylan Leadsom	Lancaster & Morecambe Ac	11:57
6	1915	Freddy Cheyne	Preston Harriers	10:53	26	2766	Jack Marsh	Wigan & District H & Ac	12:04
7	106	Benedict Raby	Blackburn Harriers & Ac	10:53	27	2764	Henry Jeffs-Watts	Wigan & District H & Ac	12:12
8	931	Sam Fisher	Leven Valley AC	10:57	28	1660	Pierce Quinn	Liverpool Pembroke Sefton	12:18
9	2765	Zak Manir-Jolley	Wigan & District H & Ac	10:57	29	2763	Patrick Hind	Wigan & District H & Ac	12:28
10	1916	Harry Hopkinson	Preston Harriers	10:58	30	2767	Elliot Molineux	Wigan & District H & Ac	12:38
11	2127	Charlie Dobson	Rossendale Harriers & Ac	10:59	31	1653	Jacob Armstrong	Liverpool Pembroke Sefton	12:42
12	1919	Jack Turner	Preston Harriers	11:03	32	2129	Robin Vidler	Rossendale Harriers & Ac	12:52
13	933	Ollie Pearson	Leven Valley AC	11:05	33	1579	Dylan Houghton	Kirkby Milers AC	13:08
14	1658	Bentley McIntosh	Liverpool Pembroke Sefton	11:10	34	2769	Joshua Waide	Wigan & District H & Ac	13:10
15	806	Oscar Holroyd	Lancaster & Morecambe Ac	11:15	35	1581	Aron Savage	Kirkby Milers AC	13:29
16	1914	Matthew Bennett	Preston Harriers	11:16	36	2394	James Silcox	Southport Waterloo Ac	13:52
17	284	Archie Belfield	Blackpool Wyre & Fylde Ac	11:19	37	463	Kaden Anderton	Clayton-Le-Moors Harriers	14:07
18	1664	Harrison Wright	Liverpool Pembroke Sefton	11:23	38	1768	Reuben May	Lytham St Annes Rr Club	15:19
19	2389	Oliver Kimball	Southport Waterloo Ac	11:36	39	464	Leo Chatburn	Clayton-Le-Moors Harriers	15:40
20	415	Oliver Bruce	Chorley A & T	11:44	40	2126	Corey Budd	Rossendale Harriers & Ac	16:28

Race 5 - Under 15 Boys — TEAM RESULTS

1	Preston Harriers	6	—	1	Albert Yates	2	William Kershaw	3	Samuel Bates
2	Southport Waterloo Ac	28	—	4	Lewis McIlroy	5	James McGrory	19	Oliver Kimball
3	Wigan & District H & Ac	58	—	9	Zak Manir-Jolley	23	James Darby	26	Jack Marsh
4	Liverpool Pembroke Sefton	60	—	14	Bentley McIntosh	18	Harrison Wright	28	Pierce Quinn
5	Blackpool Wyre & Fylde Ac	63	—	17	Archie Belfield	22	Jasper Hall	24	Jacob Wilson
6	Rossendale Harriers & Ac	83	—	11	Charlie Dobson	32	Robin Vidler	40	Corey Budd

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 22nd November 2025

Race 5 - Under 17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2130	Ruby Cleaver	Rossendale Harriers & Ac	16:29	13	112	Isabelle Perry	Blackburn Harriers & Ac	18:44
2	297	Kristy Leitch	Preston Harriers	16:40	14	935	Rosie Scott	Leven Valley AC	19:34
3	2396	Sienna Fortune	Southport Waterloo Ac	17:12	15	111	Bella McCredie	Blackburn Harriers & Ac	19:59
4	1922	Sophie Mitchell	Preston Harriers	17:12	16	2132	Xara Lewis	Rossendale Harriers & Ac	20:14
5	113	Emma Robertshaw	Blackburn Harriers & Ac	18:10	17	2770	Katie Bonner	Wigan & District H & Ac	20:37
6	109	Lottie Hesketh	Blackburn Harriers & Ac	18:17	18	810	Eve Briffett	Lancaster & Morecambe Ac	21:00
7	731	Millie Jebb	Kendal AAC	18:21	19	815	Rahael Talks	Lancaster & Morecambe Ac	21:08
8	2397	C Monahan	Southport Waterloo Ac	18:21	20	812	Tilly Dowthwaite	Lancaster & Morecambe Ac	22:49
9	2131	Matilda Duffy	Rossendale Harriers & Ac	18:26	21	2201	Tilda Evans	Sedbergh School RC	23:19
10	416	Maisie Preston	Chorley A & T	18:32	22	2205	Mariella Mycielska	Sedbergh School RC	23:30
11	110	Lyra Krige	Blackburn Harriers & Ac	18:34	23	2398	Sophie Oleary	Southport Waterloo Ac	24:23
12	2774	Holly Nicholls	Wigan & District H & Ac	18:36	24	2773	Nour Kholeif	Wigan & District H & Ac	26:28

Race 5 - Under 17 Women — TEAM RESULTS

1	Blackburn Harriers & Ac	22	—	5	Emma Robertshaw	6	Lottie Hesketh	11	Lyra Krige
2	Rossendale Harriers & Ac	26	—	1	Ruby Cleaver	9	Matilda Duffy	16	Xara Lewis
3	Southport Waterloo Ac	34	—	3	Sienna Fortune	8	C Monahan	23	Sophie Oleary
4	Wigan & District H & Ac	53	—	12	Holly Nicholls	17	Katie Bonner	24	Nour Kholeif
5	Lancaster & Morecambe Ac	57	—	18	Eve Briffett	19	Rahael Talks	20	Tilly Dowthwaite

Race 6 - Under 17 Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2431	William Delamere	Southport Waterloo Ac	14:30	18	152	Tom Falencki	Blackburn Harriers & Ac	16:27
2	149	Samuel Aspey	Blackburn Harriers & Ac	14:38	19	155	George Holman	Blackburn Harriers & Ac	16:29
3	2433	Caleb Still	Southport Waterloo Ac	14:40	20	954	Oliver Scott	Leven Valley AC	16:33
4	951	Marley Griffiths	Leven Valley AC	14:46	21	950	Joseph Connolly	Leven Valley AC	16:42
5	2151	Francis Vidler	Rossendale Harriers & Ac	15:05	22	1953	Tom Jepson	Preston Harriers	16:49
6	2430	Eddy Clark	Southport Waterloo Ac	15:06	23	2152	Alfie Walker	Rossendale Harriers & Ac	16:51
7	2432	Liam McCormick	Southport Waterloo Ac	15:06	24	165	Harry Yates	Blackburn Harriers & Ac	16:57
8	164	Jack Wood	Blackburn Harriers & Ac	15:10	25	157	Loucas Lancashire	Blackburn Harriers & Ac	17:04
9	2889	Luke Kane	Preston Harriers	15:20	26	955	Riley Scott	Leven Valley AC	17:15
10	953	Ryan Proctor	Leven Valley AC	15:34	27	151	Liam Bennisson	Blackburn Harriers & Ac	17:23
11	163	Max Winstanley	Blackburn Harriers & Ac	15:48	28	158	Thomas North	Blackburn Harriers & Ac	17:27
12	159	Theo Robinson	Blackburn Harriers & Ac	15:52	29	2522	Henry Robinson	Trawden Athletic Club	17:50
13	1692	Daniel Procter	Liverpool Pembroke Sefton	15:52	30	1954	Samuel Ridgway	Preston Harriers	18:06
14	150	Max Belshaw	Blackburn Harriers & Ac	15:56	31	2147	Thomas Black	Rossendale Harriers & Ac	18:25
15	2521	Sam Midgley	Trawden Athletic Club	16:15	32	1582	Lucas Houghton	Kirkby Milers AC	19:02
16	2806	Dylan Gough	Wigan & District H & Ac	16:17	33	1691	Daniel Berry	Liverpool Pembroke Sefton	20:25
17	161	Peter Sagar-Moss	Blackburn Harriers & Ac	16:19					

Race 6 - Under 17 Men — TEAM RESULTS

1	Southport Waterloo Ac	10	—	1	William Delamere	3	Caleb Still	6	Eddy Clark
2	Blackburn Harriers & Ac	21	—	2	Samuel Aspey	8	Jack Wood	11	Max Winstanley
3	Leven Valley AC	34	—	4	Marley Griffiths	10	Ryan Proctor	20	Oliver Scott
4	Rossendale Harriers & Ac	59	—	5	Francis Vidler	23	Alfie Walker	31	Thomas Black
5	Preston Harriers	61	—	9	Luke Kane	22	Tom Jepson	30	Samuel Ridgway

Race 6 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time		
1	2877	Ella Headland	L20	1	Lancaster University	36:10	5	902	Eve Oxenbury	L20	5	Lancaster University	38:34
2	2791	Efa Rees	L20	2	Wigan & District H & Ac	36:55	6	1568	Poppy Ingarfield	L20	6	Kirkby Milers AC	39:49
3	2410	Emily Dean	L20	3	Southport Waterloo Ac	37:51							
4	896	Kate Cookson	L20	4	Lancaster University	38:23							

Race 6 - Ladies under 20 — TEAM RESULTS

1	Lancaster University	10	—	1	Ella Headland	4	Kate Cookson	5	Eve Oxenbury
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Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time	
1	961	Will McNally	U20	1	Leven Valley AC	27:42	11	200	Thomas Monks	U2011	Blackburn Harriers & Ac	33:00
2	907	George BeEVERS	U20	2	Lancaster University	27:49	12	1585	Xander Heaton	U2012	Kirkby Milers AC	33:25
3	838	Jack Eccles	U20	3	Lancaster & Morecambe Ac	28:55	13	2876	Aleks Clayden	U2013	Lancaster University	33:33
4	347	Charlie Ormerod	U20	4	Blackpool Wyre & Fylde Ac	30:59	14	910	Toby Edwards	U2014	Lancaster University	35:35
5	1829	Jake Rodwell	U20	5	Lytham St Annes Rr Club	31:04	15	2584	Harry McMurdo	U2015	Walney Wind Cheetahs	37:25
6	911	Rohan Finch	U20	6	Lancaster University	31:27	16	2878	Harrison Lunan	U2016	Lancaster University	37:29
7	833	Tom Bowman	U20	7	Lancaster & Morecambe Ac	31:33	17	908	Rogan Cox	U2017	Lancaster University	38:11
8	1958	Thomas Bates	U20	8	Preston Harriers	31:35	18	2183	Laurence Vidler	U2018	Rossendale Harriers & Ac	39:11
9	1583	Luke Culshaw	U20	9	Kirkby Milers AC	32:26	19	914	Sander Morris	U2019	Lancaster University	40:43
10	2154	James Boyd	U2010	10	Rossendale Harriers & Ac	32:49	20	2900	Ben Chane	U2020	Skelmersdale Boundary H	46:54

Senior Men under 20 — TEAM RESULTS

1	Lancaster University	21	—	2	George BeEVERS	6	Rohan Finch	13	Aleks Clayden	
2	Lancaster University	'B'	47	—	14	Toby Edwards	16	Harrison Lunan	17	Rogan Cox

Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 22nd November 2025

Race 6 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time
1	313	Emily Simm	L	1 Blackpool Wyre & Fylde Ac	29:53
2	827	Santa Rumniece	L	2 Lancaster & Morecambe Ac	33:14
3	2144	Josephine Wells	L35	1 Rossendale Harriers & Ac	34:30
4	2402	Lara Beeley	L	4 Southport Waterloo Ac	35:15
5	146	Rebecca Ward	L40	1 Blackburn Harriers & Ac	35:28
6	1776	Cass Chisholm	L40	2 Lytham St Annes Rr Club	35:43
7	2139	Sarah Longshaw	L	7 Rossendale Harriers & Ac	35:50
8	1690	Rachel Yates	L45	1 Liverpool Pembroke Sefton	36:05
9	2877	Ella Headland	L20	1 Lancaster University	36:10
10	821	Lauren Gora	L40	3 Lancaster & Morecambe Ac	36:19
11	418	Livesey-Butterfield	L35	2 Chorley A & T	36:24
12	1780	Joanna Goorney	L55	1 Lytham St Annes Rr Club	36:26
13	1928	Charlotte Gregory	L	13 Preston Harriers	36:38
14	2017	Samantha Edwards	L35	3 Red Rose Road Runners	36:45
15	2791	Efa Rees	L20	2 Wigan & District H & Ac	36:55
16	588	Lauren Booth	L	16 Glaxo Hoad Hill Harriers	36:57
17	2511	Laura Monighan	L40	4 Trawden Athletic Club	36:58
18	2646	Ella Wilson	L	18 Wesham Road Runners & Ac	37:05
19	1573	Jennifer Houghton	L40	5 Kirkby Milers AC	37:10
20	2142	Charlotte Waddington	L	20 Rossendale Harriers & Ac	37:11
21	741	Lynn Hamel	L40	6 Kendal AAC	37:18
22	1682	Amelia Newbold	L	22 Liverpool Pembroke Sefton	37:33
23	2134	Joanne Cleaver	L40	7 Rossendale Harriers & Ac	37:35
24	485	Kim Kennedy	L40	8 Clayton-Le-Moors Harriers	37:43
25	2802	Melanie Walls	L40	9 Wigan & District H & Ac	37:47
26	1792	Leanne Nield	L35	4 Lytham St Annes Rr Club	37:48
27	2410	Emily Dean	L20	3 Southport Waterloo Ac	37:51
28	601	Joanne McLeod	L55	2 Glaxo Hoad Hill Harriers	37:57
29	2796	Kelly Staunton	L	29 Wigan & District H & Ac	37:59
30	943	Elizabeth McNally	L50	1 Leven Valley AC	38:02
31	2779	Jayne Collins	L60	1 Wigan & District H & Ac	38:04
32	2143	Louise Waller	L35	5 Rossendale Harriers & Ac	38:08
33	1669	Grace Beesley	L	33 Liverpool Pembroke Sefton	38:18
34	2425	Andrea Scarborough	L40	10 Southport Waterloo Ac	38:20
35	896	Kate Cookson	L20	4 Lancaster University	38:23
36	2574	Amy Singleton	L40	11 Walney Wind Cheetahs	38:28
37	902	Eve Oxenbury	L20	5 Lancaster University	38:34
38	946	Leanne Scott	L40	12 Leven Valley AC	38:47
39	2276	Alina Phantsulaia	L35	6 Skelmersdale Boundary H	38:53
40	477	Lisa Ellis	L40	13 Clayton-Le-Moors Harriers	39:12
41	2790	Nina Pilkington	L45	2 Wigan & District H & Ac	39:41
42	2512	Lucy Parker	L45	3 Trawden Athletic Club	39:45
43	595	Joanne Ellis	L45	4 Glaxo Hoad Hill Harriers	39:48
44	1568	Poppy Ingarfield	L20	6 Kirkby Milers AC	39:49
45	563	Jayne Perry	L45	5 Garstang Running Club	39:55
46	1684	Lisa Procter	L45	6 Liverpool Pembroke Sefton	39:57
47	471	Susan Burns	L65	1 Clayton-Le-Moors Harriers	39:59
48	2145	Shauna Williamson	L	48 Rossendale Harriers & Ac	40:29
49	1671	Katherine Clancy	L40	14 Liverpool Pembroke Sefton	40:31
50	1674	Loretta Davies	L	50 Liverpool Pembroke Sefton	40:47
51	1932	Kate Lakeland	L35	7 Preston Harriers	40:55
52	2780	Courtney Dodson	L	52 Wigan & District H & Ac	40:56
53	2899	Maggie Wild	L45	7 Sedbergh School RC	41:03
54	476	Alison Dugdale	L55	3 Clayton-Le-Moors Harriers	41:10
55	904	Charlotte Ross	L	55 Lancaster University	41:11
56	898	Amy Heaton	L	56 Lancaster University	41:13
57	1937	Catherine Mitchell	L45	8 Preston Harriers	41:29
58	2565	Alex Earley	L	58 Walney Wind Cheetahs	41:49
59	2262	Elizabeth Hughes	L45	9 Skelmersdale Boundary H	41:52
60	2786	Jacqui Jones	L60	2 Wigan & District H & Ac	42:00
61	824	Miriam Maher	L55	4 Lancaster & Morecambe Ac	42:01
62	604	Emily Quinn	L	62 Glaxo Hoad Hill Harriers	42:04
63	606	Jodie Ritchie	L	63 Glaxo Hoad Hill Harriers	42:09
64	303	Julie Hall	L45	10 Blackpool Wyre & Fylde Ac	42:15
65	2138	Tanya King	L45	11 Rossendale Harriers & Ac	42:17
66	591	Briony Coglan	L	66 Glaxo Hoad Hill Harriers	42:21
67	133	Jenny McAndrew	L50	2 Blackburn Harriers & Ac	42:26
68	1571	Nicola Kitts	L35	8 Kirkby Milers AC	42:42
69	1670	Tracy Berry	L45	12 Liverpool Pembroke Sefton	42:48
70	2404	Becca Burns	L	70 Southport Waterloo Ac	42:50
71	129	Sarah Krige	L50	3 Blackburn Harriers & Ac	42:52
72	488	Kirstie Millar	L35	9 Clayton-Le-Moors Harriers	42:57
73	1777	Xavia Cooper	L45	13 Lytham St Annes Rr Club	43:12
74	492	Michelle Sumner	L40	15 Clayton-Le-Moors Harriers	43:39
75	743	Carolyn Kevan	L65	2 Kendal AAC	44:01
76	897	Sophie Hartley	L	76 Lancaster University	44:09
77	2502	Samantha Barnes	L45	14 Trawden Athletic Club	44:15
78	2518	Julie Townson	L60	3 Trawden Athletic Club	44:20
79	739	Kerry Davies	L55	5 Kendal AAC	44:22
80	2241	Kathy Bloomfield	L45	15 Skelmersdale Boundary H	44:24
81	2018	Sarah Hargreaves	L35	10 Red Rose Road Runners	44:27
82	2514	Clair Priestley	L50	4 Trawden Athletic Club	44:30
83	1942	Zowie Purnell	L40	16 Preston Harriers	44:46
84	302	Helen Hall	L45	16 Blackpool Wyre & Fylde Ac	44:47
85	491	Julia Rushton	L60	4 Clayton-Le-Moors Harriers	45:07
86	1685	Sharon Roberts	L50	5 Liverpool Pembroke Sefton	45:09
87	1675	Michelle Durney	L50	6 Liverpool Pembroke Sefton	45:13
88	479	Rachel Gilmore	L55	6 Clayton-Le-Moors Harriers	45:29
89	493	Sarah Thom	L35	11 Clayton-Le-Moors Harriers	45:37
90	2647	Agness Woods	L55	7 Wesham Road Runners & Ac	45:42
91	2414	Yvonne Grunder	L45	17 Southport Waterloo Ac	45:51
92	1680	Michelle Loughlin	L55	8 Liverpool Pembroke Sefton	46:12
93	602	Nicola Molloy	L	93 Glaxo Hoad Hill Harriers	46:34
94	2638	Kay Twist	L55	9 Wesham Road Runners & Ac	46:35
95	2639	Alona Versinina	L35	12 Wesham Road Runners & Ac	47:13
96	1795	Julia Rolfe	L60	5 Lytham St Annes Rr Club	47:13
97	746	Dianne Priestley	L70	1 Kendal AAC	47:23
98	2556	Tracy Bell	L55	10 Walney Wind Cheetahs	47:25
99	60	Cathrine Grisdale	L65	3 Barrow & Furness Striders	47:26
100	2612	Kat Fawcett	L40	17 Wesham Road Runners & Ac	47:45
101	2036	Theresa Wilson	L55	11 Red Rose Road Runners	48:13
102	484	Clare Jackson	L45	18 Clayton-Le-Moors Harriers	48:28
103	470	Alison Brotherton	L45	19 Clayton-Le-Moors Harriers	48:35
104	58	Sarah Bouffler	L40	18 Barrow & Furness Striders	48:46
105	557	Mary Hewitt	L65	4 Garstang Running Club	48:50
106	2594	Clare Belfield	L40	19 Wesham Road Runners & Ac	49:06
107	474	Carol Clegg	L40	20 Clayton-Le-Moors Harriers	49:40
108	2573	Carol Park	L60	6 Walney Wind Cheetahs	49:51
109	2595	Anne Berry	L60	7 Wesham Road Runners & Ac	50:23
110	481	Helen Harrison	L55	12 Clayton-Le-Moors Harriers	50:34
111	494	Katy Thompson	L70	2 Clayton-Le-Moors Harriers	50:36
112	2140	Christine Smith	L50	7 Rossendale Harriers & Ac	50:47
113	2258	Carolyn Brown	L50	8 Walney Wind Cheetahs	50:55
114	2257	Jenny Hammett	L40	21 Skelmersdale Boundary H	51:13
115	1948	Sue Wickham	L65	5 Preston Harriers	51:45
116	1944	Angela Tranter	L60	8 Preston Harriers	53:03
117	59	Sonja Farish	L55	13 Barrow & Furness Striders	53:39
118	2292	Katie Waters	L40	22 Skelmersdale Boundary H	54:00
119	2789	Rebecca Nicholls	L45	20 Wigan & District H & Ac	54:09
120	2253	H Faithfull-Evans	L50	9 Skelmersdale Boundary H	54:36
121	2264	Karen Jones	L55	14 Skelmersdale Boundary H	56:07
122	2258	Vivien Hanson	L45	21 Skelmersdale Boundary H	56:19
123	2520	Karen Windle	L60	9 Trawden Athletic Club	56:20
124	1672	Pauline Clancy	L70	3 Liverpool Pembroke Sefton	56:45
125	2247	Vicky Cocks	L55	15 Skelmersdale Boundary H	56:56
126	1574	Paula Heaton	L50	10 Kirkby Milers AC	57:02
127	486	Christine Leathley	L75	1 Clayton-Le-Moors Harriers	1:00:49
128	2287	Jemma Taylor	L35	13 Skelmersdale Boundary H	1:05:11

Race 6 - Vet 70 Men — FINAL RESULTS

Pos	Num	Name	Club	Time
1	2665	John Collier	V70 1 Wesham Road Runners & Ac	44:03
2	1984	Michael McLoughlin	V70 2 Preston Harriers	44:51
3	1956	Alan Appleby	V70 3 Preston Harriers	45:33
4	572	Graham Hobson	V70 4 Garstang Running Club	47:05
5	2751	Simon Young	V70 5 Wesham Road Runners & Ac	49:54
6	583	Anthony Pritchard	V70 6 Garstang Running Club	50:05
7	356	Bill Smith	V70 7 Blackpool Wyre & Fylde Ac	57:54

Race 6 - Vet 70 Men — TEAM RESULTS

1	Preston Harriers	5	—	2	Michael McLoughlin	3	Alan Appleby
2	Wesham Road Runners & Ac	6	—	1	John Collier	5	Simon Young
3	Garstang Running Club	10	—	4	Graham Hobson	6	Anthony Pritchard

Race 6 - Ladies over 18 — TEAM RESULTS

1	Rossendale Harriers & Ac	30	—	3	Josephine Wells	7	Sarah Longshaw	20	Charlotte Waddington
2	Lytham St Annes Rr Club	44	—	6	Cass Chisholm	12	Joanna Goorney	26	Leanne Nield
3	Liverpool Pembroke Sefton	63	—	8	Rachel Yates	22	Amelia Newbold	33	Grace Beesley
4	Southport Waterloo Ac	65	—	4	Lara Beeley	27	Emily Dean	34	Andrea Scarborough
5	Wigan & District H & Ac	69	—	15	Efa Rees	25	Melanie Walls	29	Kelly Staunton
6	Lancaster & Morecambe Ac	73	—	2	Santa Rumniece	10	Lauren Gora	61	Miriam Maher
7	Lancaster University	81	—	9	Ella Headland	35	Kate Cookson	37	Eve Oxenbury
8	Glaxo Hoad Hill Harriers	87	—	16	Lauren Booth	28	Joanne McLeod	43	Joanne Ellis
9	Rossendale Harriers & Ac 'B'	103	—	23	Joanne Cleaver	32	Louise Waller	48	Shauna Williamson
10	Clayton-Le-Moors Harriers	111	—	24	Kim Kennedy	40	Lisa Ellis	47	Susan Burns
11	Preston Harriers	121	—	13	Charlotte Gregory	51	Kate Lakeland	57	Catherine Mitchell
12	Wigan & District H & Ac 'B'	124	—	31	Jayne Collins	41	Nina Pilkington	52	Courtney Dodson
13	Kirkby Milers AC	131	—	19	Jennifer Houghton	44	Poppy Ingarfield	68	Nicola Kitts
14	Trawden Athletic Club	136	—	17	Laura Monaghan	42	Lucy Parker	77	Samantha Barnes
15	Blackburn Harriers & Ac	143	—	5	Rebecca Ward	67	Jenny McAndrew	71	Sarah Krige
16	Liverpool Pembroke Sefton 'B'	145	—	46	Lisa Procter	49	Katherine Clancy	50	Loretta Davies
17	Blackpool Wyre & Fylde Ac	149	—	1	Emily Simm	64	Julie Hall	84	Helen Hall
18	Kendal AAC	175	—	21	Lynn Hamel	75	Carolyn Kevan	79	Kerry Davies
19	Skelmersdale Boundary H	178	—	39	Alina Phantsulaia	59	Elizabeth Hughes	80	Kathy Bloomfield
20	Lancaster University 'B'	187	—	55	Charlotte Ross	56	Amy Heaton	76	Sophie Hartley
21	Glaxo Hoad Hill Harriers 'B'	191	—	62	Emily Quinn	63	Jodie Ritchie	66	Briony Coglan
22	Walney Wind Cheetahs	192	—	36	Amy Singleton	58	Alex Earley	98	Tracy Bell
23	Red Rose Road Runners	196	—	14	Samantha Edwards	81	Sarah Hargreaves	101	Theresa Wilson
24	Clayton-Le-Moors Harriers 'B'	200	—	54	Alison Dugdale	72	Kirstie Millar	74	Michelle Sumner
25	Wesham Road Runners & Ac	202	—	18	Ella Wilson	90	Agness Woods	94	Kay Twist
26	Trawden Athletic Club 'B'	283	—	78	Julie Townson	82	Clair Priestley	123	Karen Windle
27	Wesham Road Runners & Ac 'B'	301	—	95	Alona Versinina	100	Kat Fawcett	106	Clare Belfield
28	Preston Harriers 'B'	314	—	83	Zowie Purnell	115	Sue Wickham	116	Angela Tranter
29	Barrow & Furness Striders	320	—	99	Cathrine Grisdale	104	Sarah Bouffler	117	Sonja Farish
30	Skelmersdale Boundary H 'B'	352	—	114	Jenny Hammett	118	Katie Waters	120	H Faithfull-Evans

Race 6 - Ladies over 35 — TEAM RESULTS

1	Lytham St Annes Rr Club	25	—	3	Cass Chisholm	7	Joanna Goorney	15	Leanne Nield
2	Rossendale Harriers & Ac	32	—	1	Josephine Wells	12	Joanne Cleaver	19	Louise Waller
3	Wigan & District H & Ac	57	—	14	Melanie Walls	18	Jayne Collins	25	Nina Pilkington
4	Liverpool Pembroke Sefton	64	—	4	Rachel Yates	29	Lisa Procter	31	Katherine Clancy
5	Clayton-Le-Moors Harriers	67	—	13	Kim Kennedy	24	Lisa Ellis	30	Susan Burns
6	Trawden Athletic Club	84	—	9	Laura Monaghan	26	Lucy Parker	49	Samantha Barnes
7	Blackburn Harriers & Ac	87	—	2	Rebecca Ward	41	Jenny McAndrew	44	Sarah Krige
8	Kendal AAC	110	—	11	Lynn Hamel	48	Carolyn Kevan	51	Kerry Davies
9	Skelmersdale Boundary H	111	—	23	Alina Phantsulaia	36	Elizabeth Hughes	52	Kathy Bloomfield
10	Preston Harriers	122	—	32	Kate Lakeland	35	Catherine Mitchell	55	Zowie Purnell
11	Red Rose Road Runners	133	—	8	Samantha Edwards	53	Sarah Hargreaves	72	Theresa Wilson
12	Kirkby Milers AC	149	—	10	Jennifer Houghton	42	Nicola Kitts	97	Paula Heaton
13	Walney Wind Cheetahs	169	—	21	Amy Singleton	69	Tracy Bell	79	Carol Park
14	Wesham Road Runners & Ac	193	—	62	Agness Woods	65	Kay Twist	66	Alona Versinina
15	Barrow & Furness Striders	233	—	70	Cathrine Grisdale	75	Sarah Bouffler	88	Sonja Farish

Race 6 - Ladies over 45 — TEAM RESULTS

1	Wigan & District H & Ac	27	—	5	Jayne Collins	6	Nina Pilkington	16	Jacqui Jones
2	Liverpool Pembroke Sefton	32	—	1	Rachel Yates	10	Lisa Procter	21	Tracy Berry
3	Clayton-Le-Moors Harriers	55	—	11	Susan Burns	13	Alison Dugdale	31	Julia Rushton
4	Trawden Athletic Club	58	—	7	Lucy Parker	25	Samantha Barnes	26	Julie Townson
5	Lytham St Annes Rr Club	64	—	2	Joanna Goorney	23	Xavia Cooper	39	Julia Rolfe
6	Kendal AAC	91	—	24	Carolyn Kevan	27	Kerry Davies	40	Dianne Priestley
7	Skelmersdale Boundary H	100	—	15	Elizabeth Hughes	28	Kathy Bloomfield	57	H Faithfull-Evans
8	Wesham Road Runners & Ac	121	—	35	Agness Woods	38	Kay Twist	48	Anne Berry
9	Preston Harriers	121	—	14	Catherine Mitchell	53	Sue Wickham	54	Angela Tranter
10	Walney Wind Cheetahs	140	—	41	Tracy Bell	47	Carol Park	52	Carolyn Brown

Race 6 - Ladies over 55 — TEAM RESULTS

1	Clayton-Le-Moors Harriers	20	—	4	Susan Burns	5	Alison Dugdale	11	Julia Rushton
2	Kendal AAC	35	—	8	Carolyn Kevan	10	Kerry Davies	17	Dianne Priestley
3	Wesham Road Runners & Ac	51	—	13	Agness Woods	15	Kay Twist	23	Anne Berry

Race 6 - Ladies over 65 — TEAM RESULTS

1	Clayton-Le-Moors Harriers	16	—	1	Susan Burns	6	Katy Thompson	9	Christine Leathley
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Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 22nd November 2025

Senior Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time
1	345	Luke Minns		Blackpool Wyre & Fylde Ac	26:50	86	918	Daniel Williams	Lancaster University	33:47
2	2175	Benjamin Kirkman		Rossendale Harriers & Ac	27:29	87	522	Jordan Heys	Clayton-Le-Moors Harriers	33:52
3	183	Ben Fish	V40 1	Blackburn Harriers & Ac	27:32	88	2488	Steven Wilkinson	V50 9 Southport Waterloo Ac	33:53
4	971	Philip Waite		Leven Valley AC	27:36	89	2749	James Wilson	Wesham Road Runners & Ac	33:54
5	972	Matthew Wall		Leven Valley AC	27:42	90	2464	Dazza Moore	Southport Waterloo Ac	33:58
6	961	Will McNally	U20 1	Leven Valley AC	27:42	91	1730	Michael Procter	V5010 Liverpool Pembroke Sefton	33:58
7	907	George Beevers	U20 2	Lancaster University	27:49	92	2853	Joe Wilson	V4013 Wigan & District H & Ac	34:02
8	768	Alasdair Russell		Kendal AAC	28:00	93	531	David Motley	V4014 Clayton-Le-Moors Harriers	34:08
9	327	Jude Cowan		Blackpool Wyre & Fylde Ac	28:21	94	2835	Adam McKenna	Wigan & District H & Ac	34:13
10	1737	Oliver Sutcliffe		Liverpool Pembroke Sefton	28:31	95	628	Gary Dover	V60 3 Glaxo Hoad Hill Harriers	34:13
11	2157	Jonathan Cleaver	V45 1	Rossendale Harriers & Ac	28:43	96	2554	James Wright	Trawden Athletic Club	34:14
12	545	Bradley Walsh		Clayton-Le-Moors Harriers	28:54	97	1726	Steven Nijs	V5011 Liverpool Pembroke Sefton	34:15
13	838	Jack Eccles	U20 3	Lancaster & Morecambe Ac	28:55	98	2176	Stuart Lewis	V5012 Rossendale Harriers & Ac	34:21
14	2811	Aiden Briffett		Wigan & District H & Ac	29:01	99	2693	Christopher Hastwell	V4015 Wesham Road Runners & Ac	34:22
15	2172	Matthew Harris		Rossendale Harriers & Ac	29:08	100	2346	Jack Valentine	Skelmersdale Boundary H	34:22
16	530	Peter Mackrell	V40 2	Clayton-Le-Moors Harriers	29:12	101	501	Shaun Turner	V4016 Wigan & District H & Ac	34:25
17	176	Paul Bradshaw		Blackburn Harriers & Ac	29:14	102	194	Anton Krige	V55 6 Blackburn Harriers & Ac	34:25
18	2185	Robert Webb		Rossendale Harriers & Ac	29:19	103	339	Dominic Lavelle	Blackpool Wyre & Fylde Ac	34:26
19	2470	Francois Rafferty	V55 1	Southport Waterloo Ac	29:24	104	1834	Jonathan Tuck	V5013 Lytham St Annes Rr Club	34:28
20	2534	Brent Gardner		Trawden Athletic Club	29:24	105	912	Regan Hickman	Lancaster University	34:29
21	2536	Martin Greenwood		Trawden Athletic Club	29:40	106	529	Tobias Mackie	V4017 Clayton-Le-Moors Harriers	34:32
22	2746	Adam Wilding		Wesham Road Runners & Ac	29:41	107	759	Alex Davies	V55 7 Kendal AAC	34:48
23	976	Will Wright		Leven Valley AC	29:44	108	167	Mark Almond	V55 8 Blackburn Harriers & Ac	34:51
24	2155	Chris Clare	V40 3	Rossendale Harriers & Ac	29:54	109	1972	Steve Hallas	V5014 Preston Harriers	34:52
25	2446	Mark Dunham	V45 2	Southport Waterloo Ac	29:56	110	1725	Stephen Newbold	Liverpool Pembroke Sefton	35:01
26	2491	Mark Wynne	V50 1	Southport Waterloo Ac	29:58	111	2477	Marc Singer	Southport Waterloo Ac	35:08
27	1822	Ross McKelvie		Lytham St Annes Rr Club	30:04	112	2895	James Corrigan	Sedburgh School RC	35:12
28	2652	Tom Bamber	V45 3	Wesham Road Runners & Ac	30:05	113	2750	Steve Wilson	V5015 Wesham Road Runners & Ac	35:14
29	663	Luke Turner		Glaxo Hoad Hill Harriers	30:20	114	2838	Jamie Munro	V55 9 Wigan & District H & Ac	35:16
30	2479	Ben Stones		Southport Waterloo Ac	30:21	115	962	David McNally	V45 7 Leven Valley AC	35:17
31	775	Sam Upton	V45 4	Kendal AAC	30:29	116	616	Daniel Booth	Glaxo Hoad Hill Harriers	35:18
32	1996	Billy Reid		Preston Harriers	30:33	117	331	Stuart Ford	V4018 Blackpool Wyre & Fylde Ac	35:26
33	2181	Dominic Popland	V40 4	Rossendale Harriers & Ac	30:33	118	957	Danny Bouffler	V4019 Leven Valley AC	35:33
34	2474	Lewis Rooney		Southport Waterloo Ac	30:38	119	1735	Adrian Rogers	V45 8 Liverpool Pembroke Sefton	35:33
35	2448	David Hamilton	V55 2	Southport Waterloo Ac	30:38	120	910	Toby Edwards	U2014 Lancaster University	35:35
36	2454	Mark Keenan		Southport Waterloo Ac	30:48	121	2177	Alan Lundberg-Bury	V60 4 Rossendale Harriers & Ac	35:38
37	1740	Nick Turner	V40 5	Liverpool Pembroke Sefton	30:56	122	2438	Matthew Bailey	Southport Waterloo Ac	35:39
38	514	Martin Driver		Clayton-Le-Moors Harriers	30:57	123	329	Ian Dawson	V45 9 Blackpool Wyre & Fylde Ac	35:39
39	347	Charlie Ormerod	U20 4	Blackpool Wyre & Fylde Ac	30:59	124	1743	Mitchell Wells	V5016 Liverpool Pembroke Sefton	35:40
40	1829	Jake Rodwell	U20 5	Lytham St Annes Rr Club	31:04	125	540	Mark Stevenson	V4020 Clayton-Le-Moors Harriers	35:42
41	2469	Callum Queen		Southport Waterloo Ac	31:10	126	1800	Nathan Allcock	Lytham St Annes Rr Club	35:47
42	2483	Alexander Vernon		Southport Waterloo Ac	31:21	127	1712	Michael Gall	V4021 Liverpool Pembroke Sefton	35:47
43	541	Richard Stevenson	V50 2	Clayton-Le-Moors Harriers	31:22	128	2541	Paul Needham	V5510 Trawden Athletic Club	35:52
44	911	Rohan Finch	U20 6	Lancaster University	31:27	129	2011	Robert Worsey	V4022 Preston Harriers	35:56
45	342	Philip Leybourne	V55 3	Blackpool Wyre & Fylde Ac	31:27	130	2671	Jordan Doddmeade	Wesham Road Runners & Ac	36:01
46	516	Callum Gee		Clayton-Le-Moors Harriers	31:29	131	2070	David Simmons	V5017 Red Rose Road Runners	36:01
47	833	Tom Bowman	U20 7	Lancaster & Morecambe Ac	31:33	132	1817	Dominic Kirby	V4510 Lytham St Annes Rr Club	36:06
48	1958	Thomas Bates	U20 8	Preston Harriers	31:35	133	1989	Michael O'Donnell	V60 5 Preston Harriers	36:09
49	2658	Mark Belfield	V40 6	Wesham Road Runners & Ac	31:39	134	2839	Stephen Nicholls	V4023 Wigan & District H & Ac	36:12
50	623	Darren Coward		Glaxo Hoad Hill Harriers	31:40	135	321	Nathan Baker	Blackpool Wyre & Fylde Ac	36:21
51	2171	Andrew Grenfell	V40 7	Rossendale Harriers & Ac	31:44	136	1823	Simon Nield	Lytham St Annes Rr Club	36:25
52	2232	Richard Wells	V55 4	Sedburgh School RC	31:53	137	643	Howard Lindow	V4511 Glaxo Hoad Hill Harriers	36:27
53	2653	Chris Banks	V40 8	Wesham Road Runners & Ac	31:58	138	430	Dominic Raby	V5018 Chorley A & T	36:30
54	348	Michael Osinski-Gray	V40 9	Blackpool Wyre & Fylde Ac	32:07	139	2437	Mark Ashcroft	V4024 Southport Waterloo Ac	36:38
55	2669	Thomas Crabtree		Wesham Road Runners & Ac	32:20	140	350	Tom Raybould	V4512 Blackpool Wyre & Fylde Ac	36:51
56	2444	John Delamere	V50 3	Southport Waterloo Ac	32:22	141	632	Rich Greenfield	V4025 Glaxo Hoad Hill Harriers	36:51
57	1713	Thomas Harkin	U50 4	Liverpool Pembroke Sefton	32:24	142	188	Craig Greenough	V5511 Blackburn Harriers & Ac	36:52
58	1583	Luke Culshaw	V50 9	Kirkby Milers AC	32:26	143	2722	William Parkinson	Wesham Road Runners & Ac	36:57
59	21	Glen Goodwin	V60 1	Accrington Road Runners	32:31	144	1802	Jack Atkin	Lytham St Annes Rr Club	37:02
60	433	Robert Walsh	V50 5	Chorley A & T	32:33	145	2486	Stephen Ward	V4513 Southport Waterloo Ac	37:04
61	906	Eric Austin		Lancaster University	32:34	146	2435	Neil Adshead	V60 6 Southport Waterloo Ac	37:09
62	2837	Mark Morgan-Hillam	V50 6	Wigan & District H & Ac	32:35	147	2691	Chris Haines	V4026 Wesham Road Runners & Ac	37:10
63	638	Charles Jeffrey		Glaxo Hoad Hill Harriers	32:39	148	2824	Gareth Harrison	V4027 Wigan & District H & Ac	37:11
64	969	Jack Smith		Leven Valley AC	32:47	149	1977	David Lea	V65 1 Preston Harriers	37:13
65	2154	James Boyd	U2010	Rossendale Harriers & Ac	32:49	150	2526	Adrian Blackledge	V5019 Trawden Athletic Club	37:19
66	352	Joe Rutland		Blackpool Wyre & Fylde Ac	32:50	151	2056	Scott Jackson	V5020 Red Rose Road Runners	37:20
67	770	William Sisson		Kendal AAC	32:54	152	2695	Jamie Houghton	Wesham Road Runners & Ac	37:21
68	2055	Daniel Hughes		Red Rose Road Runners	32:59	153	171	Balderson	V60 7 Blackburn Harriers & Ac	37:21
69	200	Thomas Monks	U2011	Blackburn Harriers & Ac	33:00	154	2531	Mark Duerden	V60 8 Trawden Athletic Club	37:24
70	956	John Bell		Leven Valley AC	33:00	155	2584	Harry McMurdo	U2015 Walney Wind Cheetahs	37:25
71	965	Tony Murray	V50 7	Leven Valley AC	33:03	156	2473	Peter Roome	V60 9 Southport Waterloo Ac	37:26
72	1837	James Whittle		Lytham St Annes Rr Club	33:05	157	2338	Andrew Mowatt	V4514 Skelmersdale Boundary H	37:28
73	2482	Andrew Veevers	V4010	Southport Waterloo Ac	33:06	158	2878	Harrison Lunan	U2016 Lancaster University	37:29
74	2527	Ryan Bradshaw		Trawden Athletic Club	33:08	159	1597	Mark Ingarfield	V5021 Kirkby Milers AC	37:33
75	548	Lucas Wrench	V55 5	Clayton-Le-Moors Harriers	33:09	160	761	Carl Hanaghan	V4028 Kendal AAC	37:43
76	33	Graham Morris	V60 2	Accrington Road Runners	33:11	161	1593	Kevin Polhill	V4029 Kirkby Milers AC	37:43
77	1720	Philip Macdonald	V45 5	Liverpool Pembroke Sefton	33:20	162	2458	Ken Lennon	V6010 Southport Waterloo Ac	37:46
78	2524	Christopher Atherton	V4011	Trawden Athletic Club	33:21	163	427	Christopher Hodgson	V5022 Chorley A & T	37:50
79	2823	Mike Harris	V50 8	Wigan & District H & Ac	33:23	164	1696	Jack Benham	Liverpool Pembroke Sefton	37:52
80	1585	Xander Heaton	U2012	Kirkby Milers AC	33:25	165	1807	Chris Cottam	Lytham St Annes Rr Club	37:57
81	2736	David Taylor		Wesham Road Runners & Ac	33:31	166	1589	Thomas Wright	Kirkby Milers AC	38:00
82	2876	Aleks Clayden	U2013	Lancaster University	33:33	167	2589	Ian Sadler	V6011 Walney Wind Cheetahs	38:03
83	428	Keith Johnston	V45 6	Chorley A & T	33:36	168	2717	Steve Myerscough	V5023 Wesham Road Runners & Ac	38:05
84	1819	Matthias Lindorfer		Lytham St Annes Rr Club	33:37	169	1704	Andrew Dean	Liverpool Pembroke Sefton	38:08
85	2852	Jonathan Willitts	V4012	Wigan & District H & Ac	33:42	170	908	Rogan Cox	U2017 Lancaster University	38:11

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SportSoft

171 1595 David Matthews	V4515 Kirkby Milers AC	38:12	204 914 Sander Morris	U2019 Lancaster University	40:43
172 2555 Michael Wrigley	V5024 Trawden Athletic Club	38:15	205 359 Paul Woolford	V4033 Blackpool Wyre & Fylde Ac	40:53
173 2443 Graham Cuddy	V6012 Southport Waterloo Ac	38:21	206 2007 Craig Walker	Preston Harriers	40:55
174 1703 Robert Coppell	V4516 Liverpool Pembroke Sefton	38:21	207 2308 Paul Casey	V5514 Skelmersdale Boundary H	41:08
175 2828 Graeme Higgins	V6013 Wigan & District H & Ac	38:32	208 357 Paul Sparrow	V5515 Skelmersdale Wyre & Fylde Ac	41:23
176 532 Andrew Payne	V5025 Clayton-Le-Moors Harriers	38:33	209 1830 Stephen Rodwell	V6021 Lytham St Annes Rr Club	41:27
177 434 Paul Wareing	V6014 Chorley A & T	38:33	210 641 Damian Jones	V6022 Glaxo Hoad Hill Harriers	41:54
178 39 Darrin Robinson	V5512 Accrington Road Runners	38:36	211 2651 Ryan Azzopardi	V4519 Wesham Road Runners & Ac	41:55
179 334 Stuart Hall	V4517 Blackpool Wyre & Fylde Ac	38:46	212 432 Simon Thomason	V4520 Chorley A & T	41:56
180 1999 Joseph Sharples	Preston Harriers	38:51	213 2583 Philip Horrocks	V6023 Walney Wind Cheetahs	42:22
181 2478 John Sprackland	V6015 Southport Waterloo Ac	38:52	214 635 Mark Holden	V6024 Glaxo Hoad Hill Harriers	42:45
182 2321 Ray Fry	V4518 Skelmersdale Boundary H	39:00	215 1814 Dan Gregson	V5031 Lytham St Annes Rr Club	43:01
183 1826 Steve Pepper	V4030 Lytham St Annes Rr Club	39:00	216 2580 Jason Cordes	V4034 Walney Wind Cheetahs	43:05
184 2005 Andrew Tranter	V5513 Preston Harriers	39:09	217 337 Daniel Higgins	V4521 Blackpool Wyre & Fylde Ac	43:08
185 1987 Stephen Mort	V5026 Preston Harriers	39:11	218 2339 Nick Paul	V6025 Skelmersdale Boundary H	43:15
186 2183 Laurence Vidler	U2018 Rossendale Harriers & Ac	39:11	219 2178 Steve Melling	V65 4 Rossendale Harriers & Ac	43:24
187 2335 Jamie McMahon	V5027 Skelmersdale Boundary H	39:14	220 649 Frank McKeown	V5516 Glaxo Hoad Hill Harriers	43:57
188 2715 Max Watson	Wesham Road Runners & Ac	39:23	221 1594 Stuart Cameron	V4522 Kirkby Milers AC	43:59
189 1714 Mark Hudson	V65 2 Liverpool Pembroke Sefton	39:29	222 2061 Steven Moon	V5032 Red Rose Road Runners	44:14
190 1592 Andrew Kitts	V4031 Kirkby Milers AC	39:35	223 170 John Aspey	V5033 Blackburn Harriers & Ac	44:22
191 2045 Stuart Cann	V6016 Red Rose Road Runners	39:37	224 324 Peter Bradburn	V5517 Blackpool Wyre & Fylde Ac	45:15
192 2672 Jack Doyle	Wesham Road Runners & Ac	39:49	225 1702 Andrew Conway	V6026 Liverpool Pembroke Sefton	46:26
193 1695 Richard Beesley	V5028 Liverpool Pembroke Sefton	39:50	226 2900 Ben Chane	U2020 Skelmersdale Boundary H	46:54
194 378 Ben Williams	V4032 Burnley Ac	39:51	227 1821 Andrew McAllister	V5518 Lytham St Annes Rr Club	46:58
195 630 Richard Felton	V5029 Glaxo Hoad Hill Harriers	40:01	228 1596 Nicholas McCole	V5034 Kirkby Milers AC	47:05
196 2068 Simon Shaw	V6017 Red Rose Road Runners	40:02	229 1838 Stephen Wise	V6027 Lytham St Annes Rr Club	48:18
197 2077 Stephen Woodruffe	V6018 Red Rose Road Runners	40:09	230 1962 Michael Brown	V65 5 Preston Harriers	48:19
198 2575 Steven Batty	V6019 Walney Wind Cheetahs	40:09	231 2588 Dave Rawlinson	V4523 Walney Wind Cheetahs	49:15
199 2044 Philip Butler	V6020 Red Rose Road Runners	40:18	232 2468 Ian Pike	V5519 Southport Waterloo Ac	49:25
200 2310 Paul Cheetham	V5030 Skelmersdale Boundary H	40:20	233 2323 Adrian Goulding	V4524 Skelmersdale Boundary H	50:49
201 841 Eryl Husband	V65 3 Lancaster & Morecambe Ac	40:22	234 346 Andrew Neal	V65 6 Blackpool Wyre & Fylde Ac	51:34
202 2042 Christopher Bridge	Red Rose Road Runners	40:31	235 2670 James Danson	V6028 Wesham Road Runners & Ac	52:08
203 644 George Mabeay	Glaxo Hoad Hill Harriers	40:35	236 2591 Paul Smith	V5035 Walney Wind Cheetahs	55:58

Senior Men — TEAM RESULTS

1 Rossendale Harriers & Ac	103 —	2 Benjamin Kirkman	11 Jonathan Cleaver	15 Matthew Harris	18 Robert Webb	24 Chris Clare	33 Dominic Popland
2 Southport Waterloo Ac	169 —	19 Francois Rafferty	25 Mark Dunham	26 Mark Wynne	30 Ben Stones	34 Lewis Rooney	35 David Hamilton
3 Leven Valley AC	172 —	4 Philip Waite	5 Matthew Wall	6 Will McNally	23 Will Wright	64 Jack Smith	70 John Bell
4 Blackpool Wyre & Fylde Ac	214 —	1 Luke Minns	9 Jude Cowan	39 Charlie Ormerod	45 Philip Leybourne	54 Michael Osinski-Gray	66 Joe Rutland
5 Clayton-Le-Moors Harriers	230 —	12 Bradley Walsh	16 Peter Mackrell	38 Martin Driver	43 Richard Stevenson	46 Callum Gee	75 Lucas Wrench
6 Wesham Road Runners & Ac	288 —	22 Adam Wilding	28 Tom Bamber	49 Mark Belfield	53 Chris Banks	55 Thomas Crabtree	81 David Taylor
7 Southport Waterloo Ac 'B'	336 —	36 Mark Keenan	41 Callum Queen	42 Alexander Vernon	56 John Delamere	73 Andrew Veevers	88 Steven Wilkinson
8 Liverpool Pembroke Sefton	369 —	10 Oliver Sutcliffe	37 Nick Turner	57 Thomas Harkin	77 Philip Macdonald	91 Michael Procter	97 Steven Nijs
9 Lancaster University	385 —	7 George Beevers	44 Rohan Finch	61 Eric Austin	82 Aleks Clayden	86 Daniel Williams	105 Regan Hickman
10 Trawden Athletic Club	417 —	20 Brent Gardner	21 Martin Greenwood	74 Ryan Bradshaw	78 Christopher Atherton	96 James Wright	128 Paul Needham
11 Wigan & District H & Ac	426 —	14 Aiden Briffett	62 Mark Morgan-Hillam	79 Mike Harris	85 Jonathan Willits	92 Joe Wilson	94 Adam McKenna
12 Blackburn Harriers & Ac	441 —	3 Ben Fish	17 Paul Bradshaw	69 Thomas Monks	102 Anton Krige	108 Mark Almond	142 Craig Greenough
13 Lytham St Annes Rr Club	453 —	27 Ross McKelvie	40 Jake Rodwell	72 James Whittle	84 Matthias Lindorfer	104 Jonathan Tuck	126 Nathan Alcock
14 Glaxo Hoad Hill Harriers	490 —	29 Luke Turner	50 Darren Coward	63 Charles Jeffrey	95 Gary Dover	116 Daniel Booth	137 Howard Lindow
15 Preston Harriers	600 —	32 Billy Reid	48 Thomas Bates	109 Steve Hallas	129 Robert Worsey	133 Michael O'Donnell	149 David Lea
16 Clayton-Le-Moors Harriers 'B'	688 —	87 Jordan Heys	93 David Motley	101 Shaun Turner	106 Tobias Mackie	125 Mark Stevenson	176 Andrew Payne
17 Wesham Road Runners & Ac 'B'	721 —	89 James Wilson	99 Christopher Hastwell	113 Steve Wilson	130 Jordan Doddemeade	143 William Parkinson	147 Chris Haines
18 Rossendale Harriers & Ac 'B'	740 —	51 Andrew Grenfell	65 James Boyd	98 Stuart Lewis	121 Alan Lundberg-Bury	186 Laurence Vidler	219 Steve Melling
19 Kirkby Milers AC	795 —	58 Luke Culshaw	80 Xander Heaton	159 Mark Ingarfield	161 Kevin Polhill	166 Thomas Wright	171 David Matthews
20 Blackpool Wyre & Fylde Ac 'B'	797 —	103 Dominic Lavelle	117 Stuart Ford	123 Ian Dawson	135 Nathan Baker	140 Tom Raybould	179 Stuart Hall
21 Liverpool Pembroke Sefton 'B'	813 —	110 Stephen Newbold	119 Adrian Rogers	124 Mitchell Wells	127 Michael Gall	164 Jack Benham	169 Andrew Dean
22 Chorley A & T	833 —	60 Robert Walsh	83 Keith Johnston	138 Dominic Raby	163 Christopher Hodgson	177 Paul Wareing	212 Simon Thomason
23 Red Rose Road Runners	934 —	68 Daniel Hughes	131 David Simmons	151 Scott Jackson	191 Stuart Cann	196 Simon Shaw	197 Stephen Woodruffe
24 Lytham St Annes Rr Club 'B'	969 —	132 Dominic Kirby	136 Simon Nield	144 Jack Atkin	165 Chris Cottam	183 Steve Pepper	209 Stephen Rodwell
25 Skelmersdale Boundary H	1033 —	100 Jack Valentine	157 Andrew Mowatt	182 Ray Fry	187 Jamie McMahon	200 Paul Cheetham	207 Paul Casey
26 Walney Wind Cheetahs	1180 —	155 Harry McMurdo	167 Ian Sadler	198 Steven Batty	213 Philip Horrocks	216 Jason Cordes	231 Dave Rawlinson
27 Glaxo Hoad Hill Harriers 'B'	1183 —	141 Rich Greenfield	195 Richard Felton	203 George Mabeay	210 Damian Jones	214 Mark Holden	220 Frank McKeown

Senior Men (Vets) over 40 — TEAM RESULTS

1 Southport Waterloo Ac	28 —	4 Francois Rafferty	6 Mark Dunham	7 Mark Wynne	11 David Hamilton
2 Rossendale Harriers & Ac	33 —	2 Jonathan Cleaver	5 Chris Clare	10 Dominic Popland	16 Andrew Grenfell
3 Clayton-Le-Moors Harriers	80 —	3 Peter Mackrell	13 Richard Stevenson	27 Lucas Wrench	37 David Motley
4 Wesham Road Runners & Ac	82 —	8 Tom Bamber	15 Mark Belfield	18 Chris Banks	41 Christopher Hastwell
5 Liverpool Pembroke Sefton	97 —	12 Nick Turner	21 Thomas Harkin	29 Philip Macdonald	35 Michael Procter
6 Wigan & District H & Ac	124 —	24 Mark Morgan-Hillam	31 Mike Harris	33 Jonathan Willitts	36 Joe Wilson
7 Blackpool Wyre & Fylde Ac	141 —	14 Philip Leybourne	19 Michael Osinski-Gray	52 Stuart Ford	56 Ian Dawson
8 Blackburn Harriers & Ac	162 —	1 Ben Fish	43 Anton Krige	47 Mark Almond	71 Craig Greenough
9 Chorley A & T	209 —	23 Robert Walsh	32 Keith Johnston	67 Dominic Raby	87 Christopher Hodgson
10 Trawden Athletic Club	247 —	30 Christopher Atherton	60 Paul Needham	77 Adrian Blackledge	80 Mark Duerden
11 Preston Harriers	249 —	48 Steve Hallas	61 Robert Worsley	64 Michael O'Donnell	76 David Lea
12 Glaxo Hoad Hill Harriers	284 —	38 Gary Dover	66 Howard Lindow	70 Rich Greenfield	110 Richard Felton
13 Lytham St Annes Rr Club	328 —	44 Jonathan Tuck	63 Dominic Kirby	101 Steve Pepper	120 Stephen Rodwell
14 Red Rose Road Runners	358 —	62 David Simmons	78 Scott Jackson	107 Stuart Cann	111 Simon Shaw
15 Kirkby Milers AC	364 —	83 Mark Ingarfield	85 Kevin Polhill	90 David Matthews	106 Andrew Kitts
16 Skelmersdale Boundary H	401 —	82 Andrew Mowatt	100 Ray Fry	104 Jamie McMahon	115 Paul Cheetham
17 Walney Wind Cheetahs	452 —	88 Ian Sadler	113 Steven Batty	124 Philip Horrocks	127 Jason Cordes

Senior Men (Vets) over 50 — TEAM RESULTS

1 Southport Waterloo Ac	6 —	1 Francois Rafferty	2 Mark Wynne	3 David Hamilton
2 Liverpool Pembroke Sefton	44 —	8 Thomas Harkin	17 Michael Procter	19 Steven Nijs
3 Wigan & District H & Ac	53 —	11 Mark Morgan-Hillam	15 Mike Harris	27 Jamie Munro
4 Clayton-Le-Moors Harriers	67 —	4 Richard Stevenson	13 Lucas Wrench	50 Andrew Payne
5 Accrington Road Runners	75 —	9 Glen Goodwin	14 Graham Morris	52 Darrin Robinson
6 Blackburn Harriers & Ac	79 —	21 Anton Krige	24 Mark Almond	34 Craig Greenough
7 Chorley A & T	87 —	10 Robert Walsh	33 Dominic Raby	44 Christopher Hodgson
8 Preston Harriers	93 —	25 Steve Hallas	32 Michael O'Donnell	36 David Lea
9 Trawden Athletic Club	107 —	30 Paul Needham	37 Adrian Blackledge	40 Mark Duerden
10 Rossendale Harriers & Ac	123 —	20 Stuart Lewis	28 Alan Lundberg-Bury	75 Steve Melling
11 Red Rose Road Runners	127 —	31 David Simmons	38 Scott Jackson	58 Stuart Cann
12 Glaxo Hoad Hill Harriers	148 —	18 Gary Dover	60 Richard Felton	70 Damian Jones
13 Blackpool Wyre & Fylde Ac	152 —	5 Philip Leybourne	68 Paul Sparrow	79 Peter Bradburn
14 Wesham Road Runners & Ac	159 —	26 Steve Wilson	46 Steve Myerscough	87 James Danson
15 Lytham St Annes Rr Club	164 —	22 Jonathan Tuck	69 Stephen Rodwell	73 Dan Gregson
16 Walney Wind Cheetahs	179 —	45 Ian Sadler	63 Steven Batty	71 Philip Horrocks
17 Skelmersdale Boundary H	188 —	56 Jamie McMahon	65 Paul Cheetham	67 Paul Casey

Senior Men (Vets) over 60 — TEAM RESULTS

1 Southport Waterloo Ac	27 —	6 Neil Adshead	10 Peter Roome	11 Ken Lennon
2 Preston Harriers	44 —	5 Michael O'Donnell	7 David Lea	32 Michael Brown
3 Glaxo Hoad Hill Harriers	55 —	3 Gary Dover	25 Damian Jones	27 Mark Holden
4 Red Rose Road Runners	57 —	18 Stuart Cann	19 Simon Shaw	20 Stephen Woodruffe
5 Walney Wind Cheetahs	59 —	12 Ian Sadler	21 Steven Batty	26 Philip Horrocks