

# Mid Lancs Cross Country League at Beacon Park, Skelmersdale on Saturday 1st March 2025

## Under 11 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	728	Alicia Baranowska	Liverpool Harriers & Ac	9:08	20	1633	Millie Omahoney	Blackpool Wyre & Fylde Ac	10:38
2	1996	Poppy Baker	Liverpool Harriers & Ac	9:14	21	2340	Eva Karran	Preston Harriers	10:40
3	3104	Savannah O'Hanlon	Leigh Harriers & Ac	9:24	22	1632	Alana McMinnis	Blackpool Wyre & Fylde Ac	10:44
4	442	Elsie Duffy	Rossendale Harriers & Ac	9:29	23	1906	Scarlet Gora	Lancaster & Morecambe Ac	10:45
5	201	Amelia Pendlebury	Chorley A & T	9:29	24	81	Pippa Blackburn	Blackburn Harriers & Ac	10:46
6	200	Cora Alton	Chorley A & T	9:36	25	2665	Dora Loxham-Keenan	Southport Waterloo Ac	10:48
7	1841	Teigan Wilcock	Kendal AAC	9:48	26	2883	Hannah Nicholls	Wigan & District H & Ac	11:03
8	3037	Holly Coombe	Liverpool Harriers & Ac	9:50	27	1631	Esme Gamble	Blackpool Wyre & Fylde Ac	11:04
9	2339	Harriet Johns	Preston Harriers	9:53	28	445	Ellie Hester	Rossendale Harriers & Ac	11:14
10	1837	Romy Barron	Kendal AAC	9:55	29	444	Ophelia Hartigan	Rossendale Harriers & Ac	11:17
11	720	Isla Dalton	Kendal AAC	9:59	30	2667	Amelie Roberts	Southport Waterloo Ac	11:27
12	448	Amalee Morton	Rossendale Harriers & Ac	10:14	31	2662	Emma Brighton	Southport Waterloo Ac	11:39
13	2000	Nancy Polhill	Liverpool Harriers & Ac	10:15	32	3050	Lydia Gardiner	Preston Harriers	11:51
14	84	Sophie Douglas	Blackburn Harriers & Ac	10:21	33	319	Amelia-Grace Rushton	Clayton-Le-Moors Harriers	11:58
15	202	Iris Thomson	Chorley A & T	10:22	34	2196	Lena Szargut	Lytham St Annes Rr Club	12:00
16	3048	Emily Holden	Preston Harriers	10:25	35	2195	Ruby Price-Edwards	Lytham St Annes Rr Club	12:07
17	1484	Ella Jordan	Pendle Athletic Club	10:28	36	178	Maisie Hall	Burnley Ac	13:06
18	1839	Poppy Carlton	Kendal AAC	10:33	37	2944	Phoebe Burquist	Kirkby Milers AC	13:14
19	1463	Isla McAvoy	Kirkby Milers AC	10:34	38	318	Stephanie McLean	Clayton-Le-Moors Harriers	14:13

## Under 11 Girls — TEAM RESULTS

1	Liverpool Harriers & Ac	11	—	1	Alicia Baranowska	2	Poppy Baker	8	Holly Coombe
2	Chorley A & T	26	—	5	Amelia Pendlebury	6	Cora Alton	15	Iris Thomson
3	Kendal AAC	28	—	7	Teigan Wilcock	10	Romy Barron	11	Isla Dalton
4	Rossendale Harriers & Ac	44	—	4	Elsie Duffy	12	Amalee Morton	28	Ellie Hester
5	Preston Harriers	46	—	9	Harriet Johns	16	Emily Holden	21	Eva Karran
6	Blackpool Wyre & Fylde Ac	69	—	20	Millie Omahoney	22	Alana McMinnis	27	Esme Gamble
7	Southport Waterloo Ac	86	—	25	Dora Loxham-Keenan	30	Amelie Roberts	31	Emma Brighton

## Under 11 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1626	Theo Minns	Blackpool Wyre & Fylde Ac	8:20	26	2654	Sam Coughlan	Southport Waterloo Ac	9:53
2	1836	Sean Wild-Garcia	Kendal AAC	8:41	27	199	William Wiggins	Chorley A & T	9:55
3	3040	Freddie McDermott	Liverpool Harriers & Ac	8:44	28	193	Charlie Benson	Chorley A & T	9:56
4	736	Ben Hawksworth	Preston Harriers	8:46	29	1628	Luca Sewell	Blackpool Wyre & Fylde Ac	10:01
5	307	Luca Crawshaw	Clayton-Le-Moors Harriers	8:50	30	1995	Sam XSutton	Liverpool Harriers & Ac	10:06
6	313	Harry Lowde	Clayton-Le-Moors Harriers	8:52	31	2333	Ollie Melling	Preston Harriers	10:08
7	683	Zac Rimmer	Liverpool Pembroke Sefton	8:57	32	682	William Elliott	Liverpool Pembroke Sefton	10:11
8	2655	Thomas Delamere	Southport Waterloo Ac	9:04	33	1438	Henry Wright	Rossendale Harriers & Ac	10:21
9	721	Harrison Reid	Kendal AAC	9:08	34	346	Maxx Singleton	Hyndburn Ac	10:22
10	431	Alexander Ball	Rossendale Harriers & Ac	9:09	35	1624	Grayson XGlickman	Blackpool Wyre & Fylde Ac	10:27
11	2331	Harry Griffin	Preston Harriers	9:10	36	2657	Harvey Lloyd	Southport Waterloo Ac	10:44
12	1833	Finn Dooley	Kendal AAC	9:11	37	439	Elliott Sanderson	Rossendale Harriers & Ac	10:46
13	2947	Patrick Piron	Preston Harriers	9:19	38	347	Theo Singleton	Hyndburn Ac	10:46
14	308	Henry Driver	Clayton-Le-Moors Harriers	9:22	39	2186	Frazer Croft	Lytham St Annes Rr Club	10:49
15	1994	Alex Bailey-Hall	Liverpool Harriers & Ac	9:23	40	2067	Ivor XHolroyd	Liverpool Pembroke Sefton	10:51
16	3039	Kian O'Rourke	Liverpool Harriers & Ac	9:25	41	198	Jasper Raby	Chorley A & T	10:52
17	76	Harry Holden	Blackburn Harriers & Ac	9:31	42	1433	Sebastian Hart	Pendle Athletic Club	10:56
18	1426	Myles Simpson	Liverpool Harriers & Ac	9:34	43	3106	F McOnie-Lownsbrough	Leigh Harriers & Ac	10:57
19	2659	Matthew Ndjambula	Southport Waterloo Ac	9:39	44	2928	Alexander Parsons	Blackpool Wyre & Fylde Ac	11:16
20	2337	Billy Woodruff	Preston Harriers	9:41	45	2189	Benjamin Nield	Lytham St Annes Rr Club	11:20
21	305	Matthew Bissett	Clayton-Le-Moors Harriers	9:43	46	310	Eli Heys	Clayton-Le-Moors Harriers	11:21
22	1625	Bradley Hall	Blackpool Wyre & Fylde Ac	9:44	47	2946	Mason Kitts	Kirkby Milers AC	11:26
23	2660	William Paybody	Southport Waterloo Ac	9:46	48	2070	Hugo Ward	Liverpool Pembroke Sefton	11:29
24	312	George Lowde	Clayton-Le-Moors Harriers	9:48	49	2187	Arthur May	Lytham St Annes Rr Club	11:45
25	2945	Harrison Harvey	Kirkby Milers AC	9:52	50	303	Ahmed Harris Banks	Clayton-Le-Moors Harriers	11:53

## Under 11 Boys — TEAM RESULTS

1	Kendal AAC	23	—	2	Sean Wild-Garcia	9	Harrison Reid	12	Finn Dooley
2	Clayton-Le-Moors Harriers	25	—	5	Luca Crawshaw	6	Harry Lowde	14	Henry Driver
3	Preston Harriers	28	—	4	Ben Hawksworth	11	Harry Griffin	13	Patrick Piron
4	Liverpool Harriers & Ac	34	—	3	Freddie McDermott	15	Alex Bailey-Hall	16	Kian O'Rourke
5	Southport Waterloo Ac	50	—	8	Thomas Delamere	19	Matthew Ndjambula	23	William Paybody
6	Blackpool Wyre & Fylde Ac	52	—	1	Theo Minns	22	Bradley Hall	29	Luca Sewell
7	Liverpool Pembroke Sefton	79	—	7	Zac Rimmer	32	William Elliott	40	Ivor XHolroyd
8	Rossendale Harriers & Ac	80	—	10	Alexander Ball	33	Henry Wright	37	Elliott Sanderson
9	Chorley A & T	96	—	27	William Wiggins	28	Charlie Benson	41	Jasper Raby
10	Lytham St Annes Rr Club	133	—	39	Frazer Croft	45	Benjamin Nield	49	Arthur May

# Mid Lancs Cross Country League at Beacon Park, Skelmersdale on Saturday 1st March 2025

## Under 13 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	3174	Sophia Hunter	Liverpool Harriers & Ac	9:55	24	1641	Maggie Belfield	Blackpool Wyre & Fylde Ac	11:48
2	1849	Mila Barron	Kendal AAC	9:59	25	2100	Georgia Piron	Liverpool Pembroke Sefton	11:53
3	210	Ava Winstanley	Chorley A & T	10:00	26	330	Freya Thomas	Clayton-Le-Moors Harriers	11:58
4	351	Eva Pearce	Hyndburn Ac	10:12	27	2929	Abigail McKone	Blackpool Wyre & Fylde Ac	12:07
5	562	Mione Todd	Trawden Athletic Club	10:13	28	2679	Harriet Honess	Southport Waterloo Ac	12:12
6	1644	Saraya Plenderleith	Blackpool Wyre & Fylde Ac	10:14	29	464	Carys Sanderson	Rossendale Harriers & Ac	12:13
7	717	Heidi Wilkinson	Bury Athletic Club	10:15	30	1918	Alice Briffett	Lancaster & Morecambe Ac	12:18
8	2930	Charlotte Robbins	Blackpool Wyre & Fylde Ac	10:18	31	2680	Ailsa McCann	Southport Waterloo Ac	12:23
9	2015	Tillie Wright	Liverpool Harriers & Ac	10:26	32	2094	Isabelle Elliott	Liverpool Pembroke Sefton	12:26
10	1923	Sienna Thorley	Lancaster & Morecambe Ac	10:32	33	328	Lexie McLean	Clayton-Le-Moors Harriers	12:28
11	2093	Poppy Colothan	Liverpool Pembroke Sefton	10:39	34	2948	Isla Matthews	Kirkby Milers AC	12:30
12	207	Georgina Benson	Chorley A & T	10:40	35	3003	Sophia Davies	Lancaster & Morecambe Ac	12:32
13	460	Isabelle Fenn	Rossendale Harriers & Ac	10:46	36	326	Maisie Ellis	Clayton-Le-Moors Harriers	12:35
14	462	Thea Newton	Rossendale Harriers & Ac	10:50	37	2676	Sophie Burns	Southport Waterloo Ac	12:39
15	463	Ivy Pilkington	Rossendale Harriers & Ac	10:57	38	182	Isabella Williams	Burnley Ac	12:40
16	380	Gwyneth Rothwell	Leigh Harriers & Ac	11:00	39	459	Maia Earnshaw	Rossendale Harriers & Ac	12:42
17	2949	Melissa Cameron	Kirkby Milers AC	11:04	40	2683	Lauren Sinha	Southport Waterloo Ac	13:22
18	327	Molly Jackson	Clayton-Le-Moors Harriers	11:07	41	3080	Sophia Bowden-McKay	Wigan & District H & Ac	13:30
19	1852	Izzy Leigh	Kendal AAC	11:13	42	2677	Renee Coulson	Southport Waterloo Ac	13:34
20	2353	Lucy Mitchell	Preston Harriers	11:17	43	3081	Emily Pennington	Wigan & District H & Ac	14:51
21	181	Robyn Hall	Burnley Ac	11:20	44	3108	Dorothy Crombleholme	Leigh Harriers & Ac	16:13
22	1643	Lily-Rose McMinnis	Blackpool Wyre & Fylde Ac	11:26	45	2675	Ella Boyd	Southport Waterloo Ac	16:58
23	1689	Emily Williams	Chorley A & T	11:30	46	2684	Esme Wilkinson	Southport Waterloo Ac	17:41

## Under 13 Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Blackpool Wyre & Fylde Ac	34	—	6	Saraya Plenderleith	7	Charlotte Robbins	21	Lily-Rose McMinnis
2	Chorley A & T	36	—	3	Ava Winstanley	11	Georgina Benson	22	Emily Williams
3	Rossendale Harriers & Ac	39	—	12	Isabelle Fenn	13	Thea Newton	14	Ivy Pilkington
4	Liverpool Pembroke Sefton	65	—	10	Poppy Colothan	24	Georgia Piron	31	Isabelle Elliott
5	Lancaster & Morecambe Ac	72	—	9	Sienna Thorley	29	Alice Briffett	34	Sophia Davies
6	Clayton-Le-Moors Harriers	74	—	17	Molly Jackson	25	Freya Thomas	32	Lexie McLean
7	Southport Waterloo Ac	93	—	27	Harriet Honess	30	Ailsa McCann	36	Sophie Burns

## Race 4 - Under 13 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	1516	Noah Cook	Barrow & Furness Striders	11:43	21	2953	Markus Burgan	Kirkby Milers AC	14:01
2	2671	James XMcGrory	Southport Waterloo Ac	11:48	22	3085	Joshua Waide	Wigan & District H & Ac	14:03
3	1637	Jasper Hall	Blackpool Wyre & Fylde Ac	12:07	23	3084	Elliot Molineux	Wigan & District H & Ac	14:03
4	3115	Oscar Davies	Leigh Harriers & Ac	12:26	24	730	Charlie Peters	Settle Harriers	14:14
5	206	Thomas Stewart	Chorley A & T	12:29	25	1686	Oscar Bragg	Chorley A & T	14:14
6	1466	George Jackson	Kirkby Milers AC	12:36	26	2952	F Shurie-Mackenzie	Kirkby Milers AC	14:20
7	3045	Matthew Bennett	Preston Harriers	12:38	27	3083	Jack Marsh	Wigan & District H & Ac	14:30
8	2670	Oliver Kimball	Southport Waterloo Ac	12:41	28	2080	Thomas Howard	Liverpool Pembroke Sefton	14:34
9	1638	Bobby Hastwell	Blackpool Wyre & Fylde Ac	12:43	29	1913	Joe Maguire	Lancaster & Morecambe Ac	14:36
10	2672	Lewis McLlroy	Southport Waterloo Ac	12:47	30	1483	Evan Allday	Liverpool Pembroke Sefton	14:49
11	324	Alex Smialek	Clayton-Le-Moors Harriers	12:49	31	3116	B McOnie-Lownsbrough	Leigh Harriers & Ac	14:51
12	204	William Jenner	Chorley A & T	12:56	32	1941	Flynn Whitehead	Leigh Harriers & Ac	15:16
13	321	Ethan Carson	Clayton-Le-Moors Harriers	13:00	33	3072	James Silcox	Southport Waterloo Ac	15:19
14	2076	Jack Clancy	Liverpool Pembroke Sefton	13:20	34	203	Oliver Holden	Chorley A & T	15:26
15	1916	Peter Talks	Lancaster & Morecambe Ac	13:23	35	1915	Jack Parrington	Lancaster & Morecambe Ac	15:29
16	1848	Oliver Wrigley	Kendal AAC	13:27	36	3082	Ryan Catton	Wigan & District H & Ac	15:31
17	457	Harry Walker	Rossendale Harriers & Ac	13:28	37	323	Braeden-Lee Robinson	Clayton-Le-Moors Harriers	15:43
18	2669	George Hawthorn	Southport Waterloo Ac	13:35	38	320	Kaden Anderton	Clayton-Le-Moors Harriers	15:46
19	715	E Russell-Blackburn	Blackburn Harriers & Ac	13:55	39	2201	Reuben May	Lytham St Annes Rr Club	16:03
20	2345	Ruben Harwood	Preston Harriers	13:57	40	2957	Aron Savage	Kirkby Milers AC	16:07
					41	378	Alfie Bradbury	Leigh Harriers & Ac	16:38

## Race 4 - Under 13 Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Southport Waterloo Ac	20	—	2	James XMcGrory	8	Oliver Kimball	10	Lewis McLlroy
2	Chorley A & T	41	—	5	Thomas Stewart	12	William Jenner	24	Oscar Bragg
3	Kirkby Milers AC	52	—	6	George Jackson	21	Markus Burgan	25	F Shurie-Mackenzie
4	Clayton-Le-Moors Harriers	60	—	11	Alex Smialek	13	Ethan Carson	36	Braeden-Lee Robinson
5	Leigh Harriers & Ac	65	—	4	Oscar Davies	30	B McOnie-Lownsbrough	31	Flynn Whitehead
6	Liverpool Pembroke Sefton	70	—	14	Jack Clancy	27	Thomas Howard	29	Evan Allday
7	Wigan & District H & Ac	71	—	22	Joshua Waide	23	Elliot Molineux	26	Jack Marsh
8	Lancaster & Morecambe Ac	77	—	15	Peter Talks	28	Joe Maguire	34	Jack Parrington

# Mid Lancs Cross Country League at Beacon Park, Skelmersdale on Saturday 1st March 2025

## Race 4 - Under 15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	2694	Sienna Fortune	Southport Waterloo Ac	12:12	19	117	Hetty Green	Blackburn Harriers & Ac	15:07
2	2478	Julia Fielding	Sedbergh School RC	13:08	20	2891	Mia Lacy	Wigan & District H & Ac	15:17
3	2698	Lauren Silcox	Southport Waterloo Ac	13:25	21	1932	Rahael Talks	Lancaster & Morecambe Ac	15:23
4	2892	Holly Nicholls	Wigan & District H & Ac	13:37	22	1691	Isabelle Hopkins	Chorley A & T	15:32
5	473	Lyla Duffy	Rossendale Harriers & Ac	13:38	23	220	Georgia Pendlebury	Chorley A & T	15:38
6	221	Maisie Preston	Chorley A & T	13:39	24	2109	Daisy Wells	Liverpool Pembroke Sefton	15:47
7	219	Eleanor Jenner	Chorley A & T	13:41	25	1642	Abigail Cameron	Blackpool Wyre & Fylde Ac	15:50
8	2234	Gabriella Dale	Pendle Athletic Club	13:50	26	2692	Jessica Burns	Southport Waterloo Ac	15:59
9	1976	Katelyn Douglas	Leven Valley AC	14:05	27	2699	Dasiy Wong	Southport Waterloo Ac	16:13
10	222	Isobel Reid	Chorley A & T	14:06	28	2695	Olivia Johnson	Southport Waterloo Ac	16:21
11	223	Millie Reid	Chorley A & T	14:06	29	1865	Isabelle Wrigley	Kendal AAC	16:27
12	2483	Sophie Norman	Sedbergh School RC	14:26	30	1929	Tilly Dowthwaite	Lancaster & Morecambe Ac	16:40
13	2380	Erica Purnell	Preston Harriers	14:27	31	1927	Eve Briffett	Lancaster & Morecambe Ac	17:03
14	2484	Minnie Rowley	Sedbergh School RC	14:32	32	1930	Olivia Hemingway	Lancaster & Morecambe Ac	17:03
15	2233	Julia Biskupiak	Pendle Athletic Club	14:33	33	2931	Akalyna Boynton	Blackpool Wyre & Fylde Ac	17:15
16	1858	Anna Cobleigh	Kendal AAC	14:47	34	3006	Arwen Cresswell	Lancaster & Morecambe Ac	17:31
17	2479	Grace Goligher	Sedbergh School RC	14:59	35	218	Emma Hope	Chorley A & T	17:50
18	1658	Isla Macpherson	Blackpool Wyre & Fylde Ac	15:01					

## Race 4 - Under 15 Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Chorley A & T	23	—	6	Maisie Preston	7	Eleanor Jenner	10	Isobel Reid
2	Sedbergh School RC	28	—	2	Julia Fielding	12	Sophie Norman	14	Minnie Rowley
3	Southport Waterloo Ac	30	—	1	Sienna Fortune	3	Lauren Silcox	26	Jessica Burns
4	Blackpool Wyre & Fylde Ac	76	—	18	Isla Macpherson	25	Abigail Cameron	33	Akalyna Boynton
5	Lancaster & Morecambe Ac	82	—	21	Rahael Talks	30	Tilly Dowthwaite	31	Eve Briffett

## Race 5 - Under 15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	2688	William Delamere	Southport Waterloo Ac	15:01	18	2472	Logan Sefton	Sedbergh School RC	18:57
2	2691	Caleb Still	Southport Waterloo Ac	15:31	19	1690	Elliot James	Chorley A & T	18:59
3	112	William Grundy	Blackburn Harriers & Ac	15:39	20	727	Brody Greenwood	U15 1 Leigh Harriers & Ac	19:02
4	2471	George Martin	Sedbergh School RC	15:55	21	2885	James Darby	Wigan & District H & Ac	19:19
5	2687	Eddy Clark	Southport Waterloo Ac	16:18	22	2888	Henry Jeffs-Watts	Wigan & District H & Ac	19:36
6	3088	Dylan Gough	Wigan & District H & Ac	16:30	23	2456	Toby Steel	Rossendale Harriers & Ac	19:42
7	1854	Evan Mulvany	Kendal AAC	16:51	24	110	Liam Bennison	Blackburn Harriers & Ac	19:44
8	213	Benedict Raby	Chorley A & T	17:05	25	2467	Ollie Dunkin	Sedbergh School RC	19:54
9	2955	Dylan Houghton	Kirkby Milers AC	17:16	26	333	Oscar Clayton	Clayton-Le-Moors Harriers	19:59
10	565	Sam Midgley	Trawden Athletic Club	17:36	27	468	Sebastian Morris	Rossendale Harriers & Ac	20:06
11	466	Thomas Black	Rossendale Harriers & Ac	17:59	28	211	Oliver Bruce	Chorley A & T	20:45
12	2473	Harry Sewell	Sedbergh School RC	18:01	29	336	Hussain Webster	Clayton-Le-Moors Harriers	20:48
13	2685	Richard Berry	Southport Waterloo Ac	18:02	30	1924	Arthur Dickinson	Lancaster & Morecambe Ac	20:53
14	1491	Evan Thomas	Southport Waterloo Ac	18:18	31	3119	Barnaby Crombleholme	Leigh Harriers & Ac	21:11
15	2476	Daniel Young	Sedbergh School RC	18:33	32	2689	Harry Lavery	Southport Waterloo Ac	21:23
16	2468	Arthur Hampton	Sedbergh School RC	18:35	33	738	Henry McLeod	Wigan & District H & Ac	21:32
17	2686	Spencer Campbell	Southport Waterloo Ac	18:36	34	381	Charlie Longworth	Leigh Harriers & Ac	23:43
					35	332	Leo Chatburn	Clayton-Le-Moors Harriers	24:26

## Race 5 - Under 15 Boys — TEAM RESULTS

1	Southport Waterloo Ac	8	—	1	William Delamere	2	Caleb Still	5	Eddy Clark
2	Sedbergh School RC	31	—	4	George Martin	12	Harry Sewell	15	Daniel Young
3	Wigan & District H & Ac	49	—	6	Dylan Gough	21	James Darby	22	Henry Jeffs-Watts
4	Chorley A & T	55	—	8	Benedict Raby	19	Elliot James	28	Oliver Bruce
5	Rossendale Harriers & Ac	61	—	11	Thomas Black	23	Toby Steel	27	Sebastian Morris
6	Leigh Harriers & Ac	85	—	20	Brody Greenwood	31	Barnaby Crombleholme	34	Charlie Longworth
7	Clayton-Le-Moors Harriers	90	—	26	Oscar Clayton	29	Hussain Webster	35	Leo Chatburn

## Race 5 - Under 17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time					
					5	2708	Amelie Scott	Southport Waterloo Ac	21:18
					6	2508	Elif Sancar	Sedbergh School RC	21:40
1	2707	Sydney Monahan	Southport Waterloo Ac	18:29	7	1936	Annie Dickinson	Lancaster & Morecambe Ac	22:03
2	485	Matilda Duffy	Rossendale Harriers & Ac	19:17	8	2506	Freyja Hawson	Sedbergh School RC	22:05
3	2507	Jemima Heard	Sedbergh School RC	20:26					
4	2895	Katie Bonner	Wigan & District H & Ac	20:28					

## Race 5 - Under 17 Women — TEAM RESULTS

1	Sedbergh School RC	17	—	3	Jemima Heard	6	Elif Sancar	8	Freyja Hawson
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# Mid Lancs Cross Country League at Beacon Park, Skelmersdale on Saturday 1st March 2025

## Race 6 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	1934	Jack Eccles	Lancaster & Morecambe Ac	22:21	10	2702	Will Rothwell	Southport Waterloo Ac	26:28
2	2700	Liam McCormick	Southport Waterloo Ac	23:03	11	2493	Joseph Haywood	Sedbergh School RC	27:08
3	148	Jack Wood	Blackburn Harriers & Ac	23:20	12	2497	George Scarr	Sedbergh School RC	27:13
4	2114	Daniel Procter	Liverpool Pembroke Sefton	23:41	13	2495	Sasha Moyle	Sedbergh School RC	27:19
5	135	Ethan Cutler	Blackburn Harriers & Ac	23:53	14	2893	Reuben Goulding	Wigan & District H & Ac	27:49
6	2110	Reuben Anderson	Liverpool Pembroke Sefton	24:14	15	2491	Harry Elliston	Sedbergh School RC	27:51
7	1455	Nathaniel Knowles	Bolton United Harriers & Ac	24:53	16	567	Max Burke	Trawden Athletic Club	28:13
8	483	Alfie Walker	Rossendale Harriers & Ac	25:19	17	140	Logan McCredie	Blackburn Harriers & Ac	29:18
9	2496	Henry Patchett	Sedbergh School RC	25:53	18	569	Henry Robinson	Trawden Athletic Club	30:27

## Race 6 - Under 17 Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Blackburn Harriers & Ac	24	—	3	Jack Wood	5	Ethan Cutler	16	Logan McCredie
2	Sedbergh School RC	29	—	8	Henry Patchett	10	Joseph Haywood	11	George Scarr

## Race 6 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	3007	Jessica X Milburn	L20 1	Lancaster University	27:21
2	2711	Emily Dean	L20 2	Southport Waterloo Ac	28:33
3	621	Eleanor Hughes	L20 3	Lancaster University	30:26
4	2516	Matilda Hynes	L20 4	Sedbergh School RC	30:47
5	2514	Scarlett Harrison	L20 5	Sedbergh School RC	31:04
6	2519	Grace Wells	L20 6	Sedbergh School RC	33:54
7	3008	Sophie Steele	L20 7	Lancaster University	34:41

## Race 6 - Ladies under 20 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Lancaster University	11	—	1	Jessica X Milburn	3	Eleanor Hughes	7	Sophie Steele
2	Sedbergh School RC	15	—	4	Matilda Hynes	5	Scarlett Harrison	6	Grace Wells

# Mid Lancs Cross Country League at Beacon Park, Skelmersdale on Saturday 1st March 2025

## Race 6 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time	
1	1617	(Simm)	L	1 Blackpool Wyre & Fylde Ac	23:40	
2	2317	Emma McColm	L	2 Preston Harriers	24:17	
3	2749	Sarah Jones	L	3 Walney Wind Cheetahs	25:39	
4	729	Debra Crook	L40	1 Liverpool Pembroke Sefton	26:51	
5	422	Sarah Longshaw	L	5 Rossendale Harriers & Ac	26:58	
6	3007	Jessica XMilburn	L20	1 Lancaster University	27:21	
7	2306	Charlotte Gregory	L	7 Preston Harriers	27:41	
8	2164	Cass Chisholm	L40	2 Lytham St Annes Rr Club	27:53	
9	288	Kim Kennedy	L40	3 Clayton-Le-Moors Harriers	28:21	
10	190	Laura Livesey	L35	1 Chorley A & T	28:29	
11	2711	Emily Dean	L20	2 Southport Waterloo Ac	28:33	
12	2315	Katie Littlefair	L	12 Preston Harriers	28:42	
13	1820	Christie Byrne	L	13 Kendal AAC	28:58	
14	2063	Rachel Yates	L45	1 Liverpool Pembroke Sefton	29:12	
15	2170	Joanna Goorney	L55	1 Lytham St Annes Rr Club	29:21	
16	3102	Lauren Gora	L35	2 Lancaster & Morecambe Ac	29:27	
17	1772	Lauren Booth	L	17 Glaxo Hoad Hill Harriers	29:28	
18	2644	Rachel Jacks	L35	3 Southport Waterloo Ac	29:39	
19	1615	Basia Pawelczak	L	19 Blackpool Wyre & Fylde Ac	30:05	
20	2876	Kelly Staunton	L	20 Wigan & District H & Ac	30:17	
21	612	Lynn Hamel	L35	4 Kendal AAC	30:21	
22	621	Eleanor Hughes	L20	3 Lancaster University	30:26	
23	735	Sophie Hill	L	23 Bury Athletic Club	30:29	
24	2651	Andrea Scarborough	L40	4 Southport Waterloo Ac	30:31	
25	1830	Amy Wilkin	L45	2 Kendal AAC	30:31	
26	2052	Gwennan Anderson	L45	3 Liverpool Pembroke Sefton	30:41	
27	3130	Katie Sanderson	L45	4 Leigh Harriers & Ac	30:45	
28	2516	Matilda Hynes	L20	4 Sedbergh School RC	30:47	
29	2300	Hannah Bruce	L35	5 Preston Harriers	30:50	
30	2514	Scarlett Harrison	L20	5 Sedbergh School RC	31:04	
31	2882	Natalie Vose	L35	6 Wigan & District H & Ac	31:05	
32	2755	Amy Singleton	L40	5 Walney Wind Cheetahs	31:16	
33	2176	Melanie Koth	L50	1 Lytham St Annes Rr Club	31:19	
34	2314	Kate Lakeland	L	34 Preston Harriers	31:22	
35	1823	Caroline Holden	L55	2 Kendal AAC	31:28	
36	626	Charlotte XRoss	L	36 Lancaster University	31:34	
37	2309	Elizabeth Horne	L45	5 Preston Harriers	31:47	
38	2061	Lisa Procter	L45	6 Liverpool Pembroke Sefton	31:49	
39	281	Lisa Ellis	L40	6 Clayton-Le-Moors Harriers	31:50	
40	2304	Cathy Flitcroft	L60	1 Preston Harriers	31:53	
41	1729	Jayne Perry	L40	7 Garstang Running Club	32:02	
42	2965	Jennifer Houghton	L40	8 Kirkby Milers AC	32:09	
43	2943	Carla Houghton	L	43 Kirkby Milers AC	32:19	
44	1786	Hilary Stephenson	L40	9 Glaxo Hoad Hill Harriers	32:23	
45	426	Charlotte Waddington	L	45 Rossendale Harriers & Ac	32:25	
46	2319	Catherine Mitchell	L45	7 Preston Harriers	32:38	
47	2180	E Price	L35	7 Lytham St Annes Rr Club	32:42	
48	2867	Lisa Heyes	L50	2 Wigan & District H & Ac	32:56	
49	718	Joanne Ellis	L	49 Glaxo Hoad Hill Harriers	33:00	
50	1612	Laura Lawler	L55	3 Blackpool Wyre & Fylde Ac	33:07	
51	1900	Miriam Maher	L55	4 Lancaster & Morecambe Ac	33:10	
				52 2863 Anne Burgess	L50 3 Wigan & District H & Ac	33:18
				53 2652 Michelle Spencer	L45 8 Southport Waterloo Ac	33:29
				54 2572 Jemma Taylor	L35 8 Skelmersdale Boundary H	33:30
				55 1609 Julie Hall	L45 9 Blackpool Wyre & Fylde Ac	33:37
				56 2881 Emily Valentine	L 56 Wigan & District H & Ac	33:38
				57 2060 Ali Piron	L40 10 Liverpool Pembroke Sefton	33:40
				58 280 Alison Dugdale	L55 5 Clayton-Le-Moors Harriers	33:42
				59 2519 Grace Wells	L20 6 Sedbergh School RC	33:54
				60 296 Julia Rushton	L60 2 Clayton-Le-Moors Harriers	34:09
				61 2055 Katherine Clancy	L40 11 Liverpool Pembroke Sefton	34:14
				62 1774 Briony Coglan	L 62 Glaxo Hoad Hill Harriers	34:22
				63 1832 Lisa Wrigley	L45 10 Kendal AAC	34:30
				64 3008 Sophie Steele	L20 7 Lancaster University	34:41
				65 418 Karen Goldswain	L60 3 Rossendale Harriers & Ac	34:54
				66 2166 Xavia Cooper	L45 11 Lytham St Annes Rr Club	35:03
				67 2436 Sarah Denver	L35 9 Red Rose Road Runners	35:11
				68 2058 Sarah Henry	L35 10 Liverpool Pembroke Sefton	35:14
				69 295 Irene Roche	L65 1 Clayton-Le-Moors Harriers	35:40
				70 2736 Tracy Bell	L55 6 Walney Wind Cheetahs	35:45
				71 722 Emma Davies	L45 12 Lancaster & Morecambe Ac	35:52
				72 2564 Nicola Jones	L 72 Skelmersdale Boundary H	36:21
				73 2871 Lucy McKenna	L 73 Wigan & District H & Ac	36:43
				74 2645 Carole James	L60 4 Southport Waterloo Ac	36:45
				75 2322 Zowie Purnell	L40 12 Preston Harriers	36:47
				76 1424 Nicola Molloy	L 76 Glaxo Hoad Hill Harriers	37:01
				77 1619 Andrea Smith	L55 7 Blackpool Wyre & Fylde Ac	37:06
				78 283 Rachel Gilmore	L50 4 Clayton-Le-Moors Harriers	37:28
				79 2551 Sally Adams	L50 5 Skelmersdale Boundary H	37:55
				80 2559 Su Crossland	L45 13 Skelmersdale Boundary H	38:15
				81 2445 Paula Plowman	L60 5 Red Rose Road Runners	38:18
				82 1824 Carolyn Kevan	L65 2 Kendal AAC	38:25
				83 1827 Dianne Priestley	L70 1 Kendal AAC	38:29
				84 2870 Rachel Lawton	L50 6 Wigan & District H & Ac	38:31
				85 2642 Gemma Delamere	L40 13 Southport Waterloo Ac	38:39
				86 2800 Clare Belfield	L40 14 Wesham Road Runners & Ac	38:57
				87 2305 Rachel Gelder	L50 7 Preston Harriers	39:18
				88 2030 Michelle Durney	L50 8 Liverpool Pembroke Sefton	39:33
				89 2054 Tracy Berry	L45 14 Liverpool Pembroke Sefton	39:50
				90 2062 Sharon Roberts	L50 9 Liverpool Pembroke Sefton	39:50
				91 2326 Julie Tyrer	L45 15 Preston Harriers	40:07
				92 285 Helen Harrison	L55 8 Clayton-Le-Moors Harriers	40:33
				93 533 Helen Beech	L40 15 Trawden Athletic Club	40:44
				94 1511 Sonja Farrish	L50 10 Barrow & Furness Striders	40:46
				95 300 Sarah Thomas	L35 11 Clayton-Le-Moors Harriers	40:57
				96 278 Samantha Clayton	L35 12 Clayton-Le-Moors Harriers	41:08
				97 1898 Anne Carman	L65 3 Lancaster & Morecambe Ac	41:28
				98 2455 Sara Steel	L45 16 Rossendale Harriers & Ac	42:18
				99 279 Carol Clegg	L40 16 Clayton-Le-Moors Harriers	42:52
				100 2313 Agnieszka Kowalczyk	L35 13 Preston Harriers	43:12
				101 2328 Sue Wickham	L60 6 Preston Harriers	43:42
				102 608 Paula Herbert	L55 9 Glaxo Hoad Hill Harriers	46:35

## Race 6 - Ladies over 18 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Preston Harriers	21	—	2	Emma McColm	7	Charlotte Gregory	12	Katie Littlefair
2	Liverpool Pembroke Sefton	43	—	4	Debra Crook	14	Rachel Yates	25	Gwennan Anderson
3	Southport Waterloo Ac	52	—	11	Emily Dean	18	Rachel Jacks	23	Andrea Scarborough
4	Lytham St Annes Rr Club	55	—	8	Cass Chisholm	15	Joanna Goorney	32	Melanie Koth
5	Kendal AAC	58	—	13	Christie Byrne	21	Lynn Hamel	24	Amy Wilkin
6	Lancaster University	63	—	6	Jessica XMilburn	22	Eleanor Hughes	35	Charlotte XRoss
7	Blackpool Wyre & Fylde Ac	69	—	1	(Simm)	19	Basia Pawelczak	49	Laura Lawler
8	Preston Harriers 'B'	97	—	28	Hannah Bruce	33	Kate Lakeland	36	Elizabeth Horne
9	Wigan & District H & Ac	97	—	20	Kelly Staunton	30	Natalie Vose	47	Lisa Heyes
10	Walney Wind Cheetahs	103	—	3	Sarah Jones	31	Amy Singleton	69	Tracy Bell
11	Clayton-Le-Moors Harriers	104	—	9	Kim Kennedy	38	Lisa Ellis	57	Alison Dugdale
12	Glaxo Hoad Hill Harriers	108	—	17	Lauren Booth	43	Hilary Stephenson	48	Joanne Ellis
13	Rossendale Harriers & Ac	113	—	5	Sarah Longshaw	44	Charlotte Waddington	64	Karen Goldswain
14	Sedbergh School RC	114	—	27	Matilda Hynes	29	Scarlett Harrison	58	Grace Wells
15	Lancaster & Morecambe Ac	136	—	16	Lauren Gora	50	Miriam Maher	70	Emma Davies
16	Liverpool Pembroke Sefton 'B'	153	—	37	Lisa Procter	56	Ali Piron	60	Katherine Clancy
17	Kendal AAC 'B'	177	—	34	Caroline Holden	62	Lisa Wrigley	81	Carolyn Kevan
18	Wigan & District H & Ac 'B'	178	—	51	Anne Burgess	55	Emily Valentine	72	Lucy McKenna
19	Skelmersdale Boundary H	202	—	53	Jemma Taylor	71	Nicola Jones	78	Sally Adams
20	Clayton-Le-Moors Harriers 'B'	204	—	59	Julia Rushton	68	Irene Roche	77	Rachel Gilmore
21	Southport Waterloo Ac 'B'	209	—	52	Michelle Spencer	73	Carole James	84	Gemma Delamere
22	Glaxo Hoad Hill Harriers 'B'	237	—	61	Briony Coglan	75	Nicola Molloy	101	Paula Herbert

## Race 6 - Ladies over 35 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Liverpool Pembroke Sefton	18 —	1 Debra Crook	5 Rachel Yates	12 Gwennan Anderson
2 Lytham St Annes Rr Club	25 —	2 Cass Chisholm	6 Joanna Goorney	17 Melanie Koth
3 Kendal AAC	38 —	9 Lynn Hamel	11 Amy Wilkin	18 Caroline Holden
4 Southport Waterloo Ac	50 —	8 Rachel Jacks	10 Andrea Scarborough	32 Michelle Spencer
5 Preston Harriers	55 —	14 Hannah Bruce	19 Elizabeth Horne	22 Cathy Flitcroft
6 Clayton-Le-Moors Harriers	60 —	3 Kim Kennedy	21 Lisa Ellis	36 Alison Dugdale
7 Wigan & District H & Ac	74 —	15 Natalie Vose	28 Lisa Heyes	31 Anne Burgess
8 Lancaster & Morecambe Ac	83 —	7 Lauren Gora	30 Miriam Maher	46 Emma Davies
9 Blackpool Wyre & Fylde Ac	112 —	29 Laura Lawler	34 Julie Hall	49 Andrea Smith
10 Skelmersdale Boundary H	136 —	33 Jemma Taylor	51 Sally Adams	52 Su Crossland

## Race 6 - Ladies over 45 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Liverpool Pembroke Sefton	14 —	1 Rachel Yates	4 Gwennan Anderson	9 Lisa Procter
2 Preston Harriers	29 —	8 Elizabeth Horne	10 Cathy Flitcroft	11 Catherine Mitchell
3 Kendal AAC	30 —	3 Amy Wilkin	7 Caroline Holden	20 Lisa Wrigley
4 Lytham St Annes Rr Club	30 —	2 Joanna Goorney	6 Melanie Koth	22 Xavia Cooper
5 Blackpool Wyre & Fylde Ac	57 —	13 Laura Lawler	17 Julie Hall	27 Andrea Smith
6 Clayton-Le-Moors Harriers	60 —	18 Alison Dugdale	19 Julia Rushton	23 Irene Roche
7 Wigan & District H & Ac	61 —	12 Lisa Heyes	15 Anne Burgess	34 Rachel Lawton
8 Lancaster & Morecambe Ac	81 —	14 Miriam Maher	25 Emma Davies	42 Anne Carman

## Race 6 - Ladies over 55 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Clayton-Le-Moors Harriers	22 —	6 Alison Dugdale	7 Julia Rushton	9 Irene Roche
2 Kendal AAC	31 —	2 Caroline Holden	14 Carolyn Kevan	15 Dianne Priestley

## Race 6 - Ladies over 65 — TEAM RESULTS

No complete teams

## Race 6 - Vet 70 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	2121	Graham Webster	V70 1 Lytham St Annes Rr Club	35:04
2	2244	Alan Appleby	V75 1 Preston Harriers	35:06
3	1698	Anthony Pritchard	V70 2 Garstang Running Club	38:44
4	1697	Kevin Daniels	V75 2 Garstang Running Club	1:02:32

## Race 6 - Vet 70 Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Garstang Running Club	7 —	3 Anthony Pritchard	4 Kevin Daniels
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## Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	723	Charlie Allmond	U20 1	Lancaster University	35:15
2	2510	George Dodgson	U20 2	Sedbergh School RC	37:35
3	2401	Jenson Warren	U20 3	Preston Harriers	38:51
4	3015	George Beevers	U20 4	Lancaster University	39:05
5	2400	Billy Reid	U20 5	Preston Harriers	39:30
6	2710	Reuben Donnelly	U20 6	Southport Waterloo Ac	39:41
7	629	Sam Sawczuk-Wood	U20 7	Lancaster University	41:28
8	724	Regan Hickman	U20 8	Lancaster University	42:04
9	725	Daniel Williams	U20 9	Lancaster University	42:19
10	2511	Bruno Fielding	U2010	Sedbergh School RC	43:00
11	709	Harry Beaumont	U2011	Skelmersdale Boundary H	43:20
12	2512	R Ogilvie	U2012	Sedbergh School RC	48:46
13	2757	Edward Singleton	U2013	Walney Wind Cheetahs	59:02

## Senior Men under 20 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Lancaster University	12 —	1 Charlie Allmond	4 George Beevers	7 Sam Sawczuk-Wood
2 Sedbergh School RC	24 —	2 George Dodgson	10 Bruno Fielding	12 R Ogilvie

# Mid Lancs Cross Country League at Beacon Park, Skelmersdale on Saturday 1st March 2025

## Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	401	Joseph Johnston		Rosendale Harriers & Ac	34:33	82	2780	Jamie Houghton	Wesham Road Runners & Ac	44:53
2	723	Charlie Allmond	U20 1	Lancaster University	35:15	83	2529	Tom Cocks	Skelmersdale Boundary H	44:59
3	739	Aiden Briffett		Wigan & District H & Ac	35:42	84	495	Ryan Bradshaw	Trawden Athletic Club	45:16
4	1806	Alasdair Russell		Kendal AAC	35:53	85	2616	Peter Roome	V60 2 Southport Waterloo Ac	45:26
5	2296	Wesley Wilkinson		Preston Harriers	36:28	86	2826	Christopher Burgess	V4011 Wigan & District H & Ac	45:34
6	726	Charlie Daley		Lancaster University	36:30	87	522	Tom Stansfield	Trawden Athletic Club	46:00
7	1894	Beau Smith		Lancaster & Morecambe Ac	36:54	88	2420	Scott Jackson	V45 6 Red Rose Road Runners	46:01
8	504	Brent Gardner		Trawden Athletic Club	36:58	89	2902	Mark Collier	V45 7 Wigan Phoenix	46:10
9	2598	Ben Johnson		Southport Waterloo Ac	37:01	90	1561	Stuart Hall	V45 8 Blackpool Wyre & Fylde Ac	46:11
10	250	Calum Holmes		Clayton-Le-Moors Harriers	37:18	91	1749	Rich Greenfield	V4012 Glaxo Hoad Hill Harriers	46:13
11	2510	George Dodgson	U20 2	Sedbergh School RC	37:35	92	2621	John Sprackland	V60 3 Southport Waterloo Ac	46:21
12	2798	Adam Wilding		Wesham Road Runners & Ac	37:37	93	188	Paul Wareing	V60 4 Chorley A & T	46:29
13	2762	Tom Bamber	V40 1	Wesham Road Runners & Ac	37:50	94	2051	Mitchell Wells	V5016 Liverpool Pembroke Sefton	46:32
14	719	Sam Upton		Helm Hill Runners	37:51	95	1703	Simon Gora	V4013 Garstang Running Club	46:34
15	1891	Lee Parrington	V40 2	Lancaster & Morecambe Ac	38:11	96	2408	Jonathan XBorg	Red Rose Road Runners	46:35
16	3024	George Booth		Lancaster University	38:21	97	1596	John Wright	V55 6 Blackpool Wyre & Fylde Ac	46:37
17	2842	Jonathan Kearsley		Wigan & District H & Ac	38:23	98	529	James Wright	Trawden Athletic Club	46:43
18	2457	Eddie Fletcher		Sedbergh School RC	38:40	99	2901	Paul Blakemore	V4014 Wigan Phoenix	46:56
19	2401	Jenson Warren	U20 3	Preston Harriers	38:51	100	2910	Mark Tamlin	V5017 Wigan Phoenix	47:01
20	187	Robert Walsh	V50 1	Chorley A & T	38:53	101	2988	Andrew Kitts	V4015 Kirkby Milers AC	47:10
21	734	Jordan Strachan		Trawden Athletic Club	38:55	102	2024	Richard Beesley	V5018 Liverpool Pembroke Sefton	47:17
22	1753	Charles Jeffrey		Glaxo Hoad Hill Harriers	38:57	103	2995	David Matthews	V45 9 Kirkby Milers AC	47:23
23	3015	George Beevers	U20 4	Lancaster University	39:05	104	2789	William Parkinson	Wesham Road Runners & Ac	47:24
24	2252	Simon Collins	V40 3	Preston Harriers	39:08	105	3158	David Pollitt	V55 7 Leigh Harriers & Ac	47:25
25	507	Martin Greenwood		Trawden Athletic Club	39:17	106	2026	Greg Callaghan	V60 5 Liverpool Pembroke Sefton	47:33
26	2593	David Hamilton	V55 1	Southport Waterloo Ac	39:22	107	2136	Dominic Kirby	V4510 Lytham St Annes Rr Club	47:54
27	2400	Billy Reid	U20 5	Preston Harriers	39:30	108	2261	Paul Jeffries	V5019 Preston Harriers	47:57
28	2627	Alexander Vernon		Southport Waterloo Ac	39:37	109	1486	Ross Cowburn	Red Rose Road Runners	48:00
29	2710	Reuben Donnelly	U20 6	Southport Waterloo Ac	39:41	110	2835	Phil Hamilton	V55 8 Wigan & District H & Ac	48:01
30	2770	Thomas Crabtree		Wesham Road Runners & Ac	39:43	111	2857	Simon Tubbs	V4511 Wigan & District H & Ac	48:08
31	2715	Jon Benson		Walney Wind Cheetahs	39:44	112	2602	Ken Lennon	V60 6 Southport Waterloo Ac	48:16
32	1885	Mark Holgate	V50 2	Lancaster & Morecambe Ac	40:05	113	2545	Andrew Mowatt	V4512 Skelmersdale Boundary H	48:23
33	2989	Kevin Polhill	V40 4	Kirkby Milers AC	40:22	114	2298	Robert Worsey	Preston Harriers	48:33
34	737	Chris Banks	V40 5	Wesham Road Runners & Ac	40:25	115	1712	Richard Jones	V4513 Garstang Running Club	48:45
35	731	John Peters	V50 3	Settle Harriers	40:27	116	2512	R Ogilvie	U2012 Sedbergh School RC	48:46
36	710	Ian Roberts	V40 6	Skelmersdale Boundary H	40:33	117	1884	Graham Hodgson	V60 7 Lancaster & Morecambe Ac	48:52
37	2462	Richard Wells	V50 4	Sedbergh School RC	40:38	118	1442	Ray Fry	V4514 Skelmersdale Boundary H	49:13
38	2767	Mark Belfield	V40 7	Wesham Road Runners & Ac	40:41	119	2033	Mark Hudson	V60 8 Liverpool Pembroke Sefton	49:17
39	2032	Thomas Harkin	V50 5	Liverpool Pembroke Sefton	40:50	120	2714	Steven Batty	V60 9 Walney Wind Cheetahs	49:21
40	2838	George Heyes		Wigan & District H & Ac	40:54	121	2284	Joseph Sharples	Preston Harriers	49:25
41	1502	Robert Atkinson	V65 1	Barrow & Furness Striders	40:55	122	1747	Richard Felton	V5020 Glaxo Hoad Hill Harriers	49:27
42	3029	Morgan Harley		Lancaster University	40:56	123	1755	Andy Johannesen	Glaxo Hoad Hill Harriers	49:28
43	2590	John Delamere	V45 1	Southport Waterloo Ac	40:58	124	2129	Chris Cottam	Lytham St Annes Rr Club	49:34
44	1741	Darren Coward		Glaxo Hoad Hill Harriers	41:18	125	2589	Mike Cunningham	V6010 Southport Waterloo Ac	49:47
45	2768	Daniel Bolton		Wesham Road Runners & Ac	41:19	126	2825	Liam Booth	Wigan & District H & Ac	49:48
46	629	Sam Sawczuk-Wood	U20 7	Lancaster University	41:28	127	2785	Steve Myerscough	V5021 Wesham Road Runners & Ac	49:55
47	2596	George Ingram		Southport Waterloo Ac	41:32	128	3160	Gary Anderson	V4515 Leigh Harriers & Ac	50:05
48	2836	Mike Harris	V50 6	Wigan & District H & Ac	41:33	129	2144	Steve Pepper	V4016 Lytham St Annes Rr Club	50:15
49	2271	Gareth Morris	V40 8	Preston Harriers	41:36	130	3001	K Shurie-Mackenzie	V55 9 Kirkby Milers AC	50:16
50	2634	Steven Wilkinson	V50 7	Southport Waterloo Ac	41:42	131	2428	Simon Shaw	V6011 Red Rose Road Runners	50:23
51	2531	Phillip Derry	V45 2	Skelmersdale Boundary H	41:48	132	3145	Joseph Dillon	V5510 Leigh Harriers & Ac	50:24
52	2795	David Taylor		Wesham Road Runners & Ac	41:58	133	2043	Chris Pedder	V65 2 Liverpool Pembroke Sefton	50:34
53	2844	Adam McKenna		Wigan & District H & Ac	41:59	134	263	Martin Smyth	V5022 Clayton-Le-Moors Harriers	50:35
54	724	Regan Hickman	U20 8	Lancaster University	42:04	135	1758	George Mabey	Glaxo Hoad Hill Harriers	50:51
55	2620	Marc Singer		Southport Waterloo Ac	42:07	136	1508	Ray Jones	V6012 Barrow & Furness Striders	50:55
56	2039	Chris Melling		Liverpool Pembroke Sefton	42:12	137	1733	John Austin	Glaxo Hoad Hill Harriers	51:03
57	2045	Michael Procter	V50 8	Liverpool Pembroke Sefton	42:14	138	2991	Stuart Cameron	V4516 Kirkby Milers AC	51:22
58	689	Adrian Rogers	V45 3	Liverpool Pembroke Sefton	42:17	139	2528	Paul Cheetham	V5023 Skelmersdale Boundary H	51:31
59	725	Daniel Williams	U20 9	Lancaster University	42:19	140	2412	Philip Butler	V6013 Red Rose Road Runners	51:35
60	3148	Allister Goulding	V55 2	Leigh Harriers & Ac	42:38	141	2985	Andrew McGlone	V4017 Kirkby Milers AC	51:48
61	239	Scott Cunliffe	V50 9	Clayton-Le-Moors Harriers	42:40	142	2794	Nigel Shepherd	V65 3 Wesham Road Runners & Ac	51:51
62	2156	James Whittle		Lytham St Annes Rr Club	42:51	143	2411	Christopher Bridge	Red Rose Road Runners	52:22
63	2268	Christopher McCarthy		Preston Harriers	42:54	144	2413	Stuart Cann	V6014 Red Rose Road Runners	52:32
64	266	Richard Stevenson	V45 4	Clayton-Le-Moors Harriers	42:55	145	2526	Peter Carney	V4018 Skelmersdale Boundary H	54:36
65	2511	Bruno Fielding	U2010	Sedbergh School RC	43:00	146	2939	Mark Holden	V5511 Glaxo Hoad Hill Harriers	55:42
66	33	Anton Krige	V5010	Blackburn Harriers & Ac	43:01	147	3141	Brian Copper	V4517 Leigh Harriers & Ac	56:35
67	2142	Ross McKelvie		Lytham St Annes Rr Club	43:02	148	2527	Paul Casey	V5024 Skelmersdale Boundary H	56:58
68	2852	Daniel Price		Wigan & District H & Ac	43:17	149	2981	Ben Smith	Kirkby Milers AC	57:16
69	709	Harry Beaumont	U2011	Skelmersdale Boundary H	43:20	150	2722	Philip Horrocks	V5512 Walney Wind Cheetahs	58:07
70	1881	James Dalgleish	V5011	Lancaster & Morecambe Ac	43:22	151	2757	Edward Singleton	U2013 Walney Wind Cheetahs	59:02
71	2845	Mark Morgan-Hillam	V5012	Wigan & District H & Ac	43:30	152	1762	Frank McKeown	V5513 Glaxo Hoad Hill Harriers	59:25
72	1695	Jonathan Ratcliffe	V55 3	Clayton-Le-Moors Harriers	43:36	153	2760	John Collier	V70 1 Wesham Road Runners & Ac	59:37
73	518	Paul Needham	V55 4	Trawden Athletic Club	43:38	154	2726	Chris Palmen	V6015 Walney Wind Cheetahs	1:00:54
74	2986	James Ellis	V40 9	Kirkby Milers AC	43:40	155	2537	Adrian Goulding	V4518 Skelmersdale Boundary H	1:01:13
75	2779	Christopher Hastwell	V4010	Wesham Road Runners & Ac	43:41	156	1704	Graham Hobson	V65 4 Garstang Running Club	1:01:27
76	2913	Paul Weall	V45 5	Wigan Phoenix	43:45	157	2771	James Danson	V5514 Wesham Road Runners & Ac	1:02:28
77	2265	David Lea	V60 1	Preston Harriers	44:03	158	2729	Dave Rawlinson	V4519 Walney Wind Cheetahs	1:08:55
78	2996	Nicholas McCole	V5013	Kirkby Milers AC	44:10	159	2721	Andrew Hemsley	V6016 Walney Wind Cheetahs	1:10:32
79	2041	Steven Nijis	V5014	Liverpool Pembroke Sefton	44:19	160	521	Philip Simpson	V5025 Trawden Athletic Club	1:16:40
80	2846	Jamie Munro	V55 5	Wigan & District H & Ac	44:26	161	2546	Nick Paul	V6017 Skelmersdale Boundary H	1:16:43
81	2155	Jonathan Tuck	V5015	Lytham St Annes Rr Club	44:36					

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Lancaster University	133	—	2 Charlie Allmond	6 Charlie Daley	16 George Booth	23 George Beevers	41 Morgan Harley	45 Sam Sawczuk-Wood
2 Wesham Road Runners & Ac	170	—	12 Adam Wilding	13 Tom Bamber	30 Thomas Crabtree	34 Chris Banks	37 Mark Belfield	44 Daniel Bolton
3 Southport Waterloo Ac	180	—	9 Ben Johnson	26 David Hamilton	28 Alexander Vernon	29 Reuben Donnelly	42 John Delamere	46 George Ingram
4 Preston Harriers	185	—	5 Wesley Wilkinson	19 Jenson Warren	24 Simon Collins	27 Billy Reid	48 Gareth Morris	62 Christopher McCarthy
5 Wigan & District H & Ac	225	—	3 Aiden Briffett	17 Jonathan Kearsley	39 George Heyes	47 Mike Harris	52 Adam McKenna	67 Daniel Price
6 Trawden Athletic Club	295	—	8 Brent Gardner	21 Jordan Strachan	25 Martin Greenwood	72 Paul Needham	83 Ryan Bradshaw	86 Tom Stansfield
7 Liverpool Pembroke Sefton	377	—	38 Thomas Harkin	55 Chris Melling	56 Michael Procter	57 Adrian Rogers	78 Steven Nijs	93 Mitchell Wells
8 Skelmersdale Boundary H	464	—	35 Ian Roberts	50 Phillip Derry	68 Harry Beaumont	82 Tom Cocks	112 Andrew Mowatt	117 Ray Fry
9 Southport Waterloo Ac 'B'	513	—	49 Steven Wilkinson	54 Marc Singer	84 Peter Roome	91 John Sprackland	111 Ken Lennon	124 Mike Cunningham
10 Kirkby Milers AC	514	—	33 Kevin Polhill	73 James Ellis	77 Nicholas McCole	100 Andrew Kitts	102 David Matthews	129 KShurie-Mackenzie
11 Glaxo Hoad Hill Harriers	532	—	22 Charles Jeffrey	43 Darren Coward	90 Rich Greenfield	121 Richard Felton	122 Andy Johannesen	134 George Mabey
12 Lytham St Annes Rr Club	564	—	61 James Whittle	66 Ross McKelvie	80 Jonathan Tuck	106 Dominic Kirby	123 Chris Cottam	128 Steve Pepper
13 Wesham Road Runners & Ac 'B'	576	—	51 David Taylor	74 Christopher Hastwell	81 Jamie Houghton	103 William Parkinson	126 Steve Myerscough	141 Nigel Shepherd
14 Wigan & District H & Ac 'B'	578	—	70 Mark Morgan-Hillam	79 Jamie Munro	85 Christopher Burgess	109 Phil Hamilton	110 Simon Tubbs	125 Liam Booth
15 Red Rose Road Runners	701	—	87 Scott Jackson	95 Jonathan XBorg	108 Ross Cowburn	130 Simon Shaw	139 Philip Butler	142 Christopher Bridge
16 Walney Wind Cheetahs	759	—	31 Jon Benson	119 Steven Batty	149 Philip Horrocks	150 Edward Singleton	153 Chris Palmen	157 Dave Rawlinson

## Senior Men (Vets) over 40 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wesham Road Runners & Ac	50	—	1 Tom Bamber	8 Chris Banks	11 Mark Belfield	30 Christopher Hastwell
2 Southport Waterloo Ac	73	—	5 David Hamilton	14 John Delamere	17 Steven Wilkinson	37 Peter Roome
3 Liverpool Pembroke Sefton	85	—	12 Thomas Harkin	19 Michael Procter	20 Adrian Rogers	34 Steven Nijs
4 Lancaster & Morecambe Ac	95	—	2 Lee Parrington	6 Mark Holgate	25 James Dalgleish	62 Graham Hodgson
5 Preston Harriers	108	—	4 Simon Collins	16 Gareth Morris	32 David Lea	56 Paul Jeffries
6 Wigan & District H & Ac	114	—	15 Mike Harris	26 Mark Morgan-Hillam	35 Jamie Munro	38 Christopher Burgess
7 Kirkby Milers AC	119	—	7 Kevin Polhill	29 James Ellis	33 Nicholas McCole	50 Andrew Kitts
8 Clayton-Le-Moors Harriers	147	—	22 Scott Cunliffe	23 Richard Stevenson	27 Jonathan Ratcliffe	75 Martin Smyth
9 Skelmersdale Boundary H	150	—	9 Ian Roberts	18 Phillip Derry	60 Andrew Mowatt	63 Ray Fry
10 Wigan Phoenix	168	—	31 Paul Weall	40 Mark Collier	48 Paul Blakemore	49 Mark Tamlin
11 Leigh Harriers & Ac	216	—	21 Allister Goulding	53 David Pollitt	69 Gary Sanderson	73 Joseph Dillon
12 Red Rose Road Runners	272	—	39 Scott Jackson	72 Simon Shaw	79 Philip Butler	82 Stuart Cann
13 Glaxo Hoad Hill Harriers	280	—	42 Rich Greenfield	66 Richard Felton	84 Mark Holden	88 Frank McKeown
14 Walney Wind Cheetahs	336	—	65 Steven Batty	87 Philip Horrocks	90 Chris Palmen	94 Dave Rawlinson

## Senior Men (Vets) over 50 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Southport Waterloo Ac	32	—	2 David Hamilton	8 Steven Wilkinson	22 Peter Roome
2 Liverpool Pembroke Sefton	33	—	5 Thomas Harkin	9 Michael Procter	19 Steven Nijs
3 Wigan & District H & Ac	41	—	7 Mike Harris	14 Mark Morgan-Hillam	20 Jamie Munro
4 Lancaster & Morecambe Ac	50	—	3 Mark Holgate	13 James Dalgleish	34 Graham Hodgson
5 Clayton-Le-Moors Harriers	70	—	11 Scott Cunliffe	15 Jonathan Ratcliffe	44 Martin Smyth
6 Leigh Harriers & Ac	81	—	10 Allister Goulding	29 David Pollitt	42 Joseph Dillon
7 Red Rose Road Runners	137	—	41 Simon Shaw	47 Philip Butler	49 Stuart Cann
8 Glaxo Hoad Hill Harriers	140	—	37 Richard Felton	50 Mark Holden	53 Frank McKeown
9 Wesham Road Runners & Ac	141	—	39 Steve Myerscough	48 Nigel Shepherd	54 John Collier
10 Walney Wind Cheetahs	143	—	36 Steven Batty	52 Philip Horrocks	55 Chris Palmen
11 Skelmersdale Boundary H	157	—	46 Paul Cheetham	51 Paul Casey	60 Nick Paul

## Senior Men (Vets) over 60 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Southport Waterloo Ac	14	—	3 Peter Roome	4 John Sprackland	7 Ken Lennon
2 Liverpool Pembroke Sefton	28	—	6 Greg Callaghan	9 Mark Hudson	13 Chris Pedder
3 Red Rose Road Runners	44	—	12 Simon Shaw	15 Philip Butler	17 Stuart Cann
4 Walney Wind Cheetahs	50	—	10 Steven Batty	19 Chris Palmen	21 Andrew Hemsley