

Position	Race no.	Name	Gender	Cat	Club	Gun Time	F Pos	M Pos	Cat Pos	Team Pos
1	65	ANDREW HEYES	M	MSEN	DARK PEAK FELL RUNNERS	0:33:17		1	1	1
2	66	LAUREN HEYES	F	FSEN	HALLAMSHIRE HARRIERS SHEFFIELD	0:38:26	1		1	1
3	125	DARREN SHEPHERD	M	MV50	SADDLEWORTH RUNNERS CLUB	0:38:45		2	1	1
4	16	LUKE BERESFORD	M	MV40	CASIO WARRIORS	0:39:48		3	1	1
5	32	RICHARD COOKE	M	MSEN		0:40:46		4	2	1
6	79	MALCOLM JOHNSON	M	MV50	STOCKPORT HARRIERS & AC	0:41:19		5	2	1
7	109	GAVIN PEACH	M	MV40	GOYT VALLEY STRIDERS	0:41:58		6	2	1
8	34	SAM COOPER	M	MV40	BOLLINGTON HARRIERS	0:42:30		7	3	1
9	3	WILLIAM ASPINALL	M	MJUN	BUXTON AC	0:42:37		8	1	1
10	114	ARTHUR RAFFLE	M	MSEN	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	0:43:07		9	3	1
11	23	BENJAMIN BROWN	M	MSEN	CHORLTON RUNNERS	0:43:36		10	4	1
12	68	REBECCA HORMANN	F	FSEN		0:43:39	2		2	1
13	149	EVAN FITZGERALD	M	MJUN	BUXTON AC	0:44:21		11	2	2
14	44	MARK EASTMAN	M	MSEN	BOLLINGTON HARRIERS	0:44:30		12	5	2
15	162	NATHAN GRAVES	M	MSEN		0:44:32		13	6	2
16	22	GARETH BRIGGS	M	MV50	MACCLESFIELD HARRIERS & AC	0:44:39		14	3	1
17	132	ALICE SWIFT	F	FSEN		0:44:48	3		3	2
18	117	STEVE RENNY	M	MV55	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	0:45:35		15	1	2
19	61	PHIL HARRIS	M	MV40	MARPLE RUNNERS	0:45:47		16	4	1
20	84	LUKE KELLY	M	MSEN	CHORLTON RUNNERS	0:46:04		17	7	2
21	92	MARCUS MARSDEN	M	MSEN	STARTZJOG	0:46:38		18	8	1
22	101	JOHN MOORE	M	MV60	GOYT VALLEY STRIDERS	0:46:42		19	1	2
23	156	JAMES MCGILL	M	MV45	GOYT VALLEY STRIDERS	0:46:53		20	1	3
24	121	HELEN SAUNDERS	F	FSEN	MACCLESFIELD HARRIERS & AC	0:47:46	4		4	1
25	36	DUNCAN COWIE	M	MV60	SINFIN RUNNING CLUB	0:47:56		21	2	1
26	37	DAN CROFT	M	MV55	MACCLESFIELD HARRIERS & AC	0:48:03		22	2	2
27	55	WAYNE GRANT	M	MV45	GOYT VALLEY STRIDERS	0:48:09		23	2	4
28	116	TIM RAFFLE	M	MV60	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	0:48:18		24	3	3
29	10	OLIVER BARBER	M	MV40	MACCLESFIELD HARRIERS & AC	0:48:25		25	5	3
30	150	MATT WALL	M	MV45	STAFFORDSHIRE MOORLANDS AC	0:48:27		26	3	1
31	151	JOSEPH MURPHY	M	MSEN		0:48:27		27	9	3
32	74	LEWIS HYDE	M	MSEN	STILTON STRIDERS	0:48:35		28	10	1
33	158	CHRIS DAVIES	M	MV70	SADDLEWORTH RUNNERS CLUB	0:49:14		29	1	2
34	136	MATTHEW THOMAS	M	MSEN		0:49:42		30	11	4
35	29	NEIL CLARKE	M	MV60	MACCLESFIELD HARRIERS & AC	0:50:11		31	4	4
36	21	SIMON BRAY	M	MV50	SINFIN RUNNING CLUB	0:50:16		32	4	2
37	64	CLAIR HEAVISIDE	F	FV40	HIGH PEAK RUNNERS	0:50:17	5		1	1
38	134	JAMES TAYLOR	M	MV45		0:50:19		33	4	5
39	137	MARK TYLER	M	MV60	STILTON STRIDERS	0:50:22		34	5	2
40	40	BRENDAN DEVLIN	M	MV50	SINFIN RUNNING CLUB	0:50:24		35	5	3
41	160	JANE CROWSON	F	FV60	DARK PEAK FELL RUNNERS	0:50:27	6		1	1
42	155	BARRY WILKINSON	M	MV55	BORROWDALE FELL RUNNERS	0:50:28		36	3	1
43	75	GEORGIE ILLSLEY	F	FSEN	SINFIN RUNNING CLUB	0:50:30	7		5	1
44	105	GORDON NICOLL	M	MV60	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	0:51:16		37	6	4
45	67	TREVOR HIBBERT	M	MV45	SINFIN RUNNING CLUB	0:51:28		38	5	4
46	71	JOEL HOWARTH	M	MV40	BOLLINGTON HARRIERS	0:51:36		39	6	3
47	144	ALICE WELCH	F	FV45	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	0:51:59	8		1	1
48	76	RACHEL INNIS	F	FSEN	CHORLTON RUNNERS	0:52:07	9		6	1
49	91	ANDREA LYNES	F	FV55	MACCLESFIELD HARRIERS & AC	0:52:10	10		1	2
50	135	JOSEPH THOMAS	M	MSEN		0:52:11		40	12	6
51	78	FIONA JOHNSON	F	FV45	STOCKPORT HARRIERS & AC	0:52:14	11		2	1
52	73	TIM HUDSON	M	MV40	BOLLINGTON HARRIERS	0:52:29		41	7	4
53	104	CHRIS NAPPIN	M	MV50	SINFIN RUNNING CLUB	0:52:37		42	6	5
54	130	JASON STOTT	M	MV55	WILMSLOW STRIDERS	0:52:39		43	4	1
55	131	NEIL SWAINSTON	M	MV50	CHORLTON RUNNERS	0:52:57		44	7	3
56	45	PHILIP EASTMAN	M	MSEN		0:52:59		45	13	7
57	48	BEN EVANS	M	MSEN		0:53:01		46	14	8
58	154	GRAEME MARSH	M	MV60	DISLEY RUNNERS	0:53:03		47	7	1
59	128	SPENCE SIVEWRIGHT	M	MV60	MACCLESFIELD HARRIERS & AC	0:53:06		48	8	5
60	115	GEORGE RAFFLE	M	MSEN	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	0:53:24		49	15	5
61	9	EMMA BANISTER	F	FV50	CHORLTON RUNNERS	0:53:31	12		1	2
62	58	JOANNE HACKETT	F	FV55	MACCLESFIELD HARRIERS & AC	0:53:36	13		2	3
63	146	IVAN WHIGHAM	M	MV60	GOYT VALLEY STRIDERS	0:53:53		50	9	5
64	86	MATTHEW LEES	M	MV55	BOLLINGTON HARRIERS	0:53:58		51	5	5
65	54	MIKEY GOODMAN	M	MV40		0:54:04		52	8	9
66	123	CAROLINE SCOTT	F	FV50	SINFIN RUNNING CLUB	0:54:09	14		2	2
67	119	LIZ ROBERTS	F	FV40	GOYT VALLEY STRIDERS	0:54:21	15		2	1
68	18	MATT BIGLIN	M	MV60	GOYT VALLEY STRIDERS	0:54:31		53	10	6
69	35	FIONA COSGROVE	F	FV55	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	0:54:52	16		3	2
70	102	DAN MORRIS	M	MSEN		0:54:55		54	16	10
71	118	SARAH RENSHAW	F	FV40	CHORLTON RUNNERS	0:55:10	17		3	3
72	143	EDDY WEBB	M	MV50	GOYT VALLEY STRIDERS	0:55:21		55	8	7
73	90	STEPHEN LUMBARD	M	MV40	WILMSLOW STRIDERS	0:55:28		56	9	2
74	13	CATHERINE BATT	F	FV45	BOLLINGTON HARRIERS	0:55:43	18		3	1
75	89	CONNOR LOMAX	M	MV50	GOYT VALLEY STRIDERS	0:55:49		57	9	8
76	106	PATRICK O'BRIEN	M	MV65	BELLE VUE RACERS	0:56:17		58	1	1
77	47	BEN EMBERY	M	MSEN		0:56:36		59	17	11
78	94	KATE MCCREERY	F	FV50	BOLLINGTON HARRIERS	0:57:10	19		3	2
79	93	BERNARD MCCARRON	M	MV60	MACCLESFIELD HARRIERS & AC	0:57:15		60	11	6
80	112	BENJAMIN PLANT	M	MV50	CONGLETON HARRIERS	0:57:31		61	10	1
81	108	JEN PARSONS	F	FV40	GOYT VALLEY STRIDERS	0:57:41	20		4	2

82	14	BRYONY BELL	F	FV40	CHORLTON RUNNERS	0:58:12	21		5	4
83	52	MARTIN GALLAGHER	M	MV40		0:58:23		62	10	12
84	113	BEN PYCROFT	M	MV40	GOYT VALLEY STRIDERS	0:58:29		63	11	9
85	59	CLAIRE HAMILTON	F	FSEN	POYNTON RUNNERS	0:58:34	22		7	1
86	25	JULIA MARIE CARTER	F	FV50	GOYT VALLEY STRIDERS	0:58:50	23		4	3
87	6	MARK ATHERTON	M	MV50		0:59:07		64	11	13
88	157	SIMON BRANDRETH	M	MV45		0:59:33		65	6	14
89	96	LOUISE MCHUGH	F	FV40		0:59:34	24		6	3
90	39	SARAH DALY	F	FV50	WILMSLOW STRIDERS	0:59:45	25		5	1
91	12	VERONICA BARNSELY	F	FV45	MANCHESTER TRIATHLON CLUB	0:59:52	26		4	1
92	129	MARTIN SOWER	M	MSEN	SINFIN RUNNING CLUB	0:59:59		66	18	6
93	28	ANDREW CHAPLIN	M	MV60	BOLLINGTON HARRIERS	1:00:12		67	12	6
94	120	REBECCA SADLER	F	FV40		1:00:17	27		7	4
95	80	RACHEL JONES	F	FV40	BOLLINGTON HARRIERS	1:00:18	28		8	3
96	57	HANNAH GREENLEE	F	FSEN	CHORLTON RUNNERS	1:00:24	29		8	5
97	20	LUCY BISHOP	F	FV40	SINFIN RUNNING CLUB	1:00:38	30		9	3
98	5	IONA ATHERTON	F	FSEN		1:00:40	31		9	5
99	148	JOHN RUSSELL	M	MV60		1:01:05		68	13	15
100	126	CHELSEA SHOESMITH	F	FSEN	MACCLESFIELD HARRIERS & AC	1:01:13	32		10	4
101	26	SARAH CASSIE	F	FV50	MACCLESFIELD HARRIERS & AC	1:01:23	33		6	5
102	138	REBECCA VAUDREY	F	FSEN	MACCLESFIELD HARRIERS & AC	1:01:54	34		11	6
103	50	ALISON FOX	F	FV55		1:01:55	35		4	6
104	83	ITA KELLY	F	FV60	GOYT VALLEY STRIDERS	1:02:03	36		2	4
105	100	KILORAN METCALFE	F	FSEN	CHORLTON RUNNERS	1:02:37	37		12	6
106	2	LUCY AIRD	F	FV40		1:02:44	38		10	7
107	97	LUCY MEDWELL	F	FV45		1:02:55	39		5	8
108	41	ANDREW DIXON	M	MV65	BOLLINGTON HARRIERS	1:03:03		69	2	7
109	85	NATHALIE LACROIX	F	FV40	WILMSLOW STRIDERS	1:03:26	40		11	2
110	153	ROBERT GLYNN	M	MV55		1:04:06		70	1	16
111	107	NATALIA OLSZEWSKA	F	FSEN	DIDSBURY RUNNERS	1:04:21	41		13	1
112	56	YASMIN GREATOREX BRIGGS	F	FSEN	SINFIN RUNNING CLUB	1:04:35	42		14	4
113	51	CLAUDIA FRISTON	F	FSEN		1:04:48	43		15	9
114	95	SUE MCGUINNESS	F	FV60	CHORLTON RUNNERS	1:05:00	44		3	7
115	147	GEMMA WILLIAMSON	F	FSEN		1:05:10	45		16	10
116	60	CHARLOTTE HARRIOTT	F	FSEN		1:05:22	46		17	11
117	82	STUART KEEN	M	MV55	GOYT VALLEY STRIDERS	1:05:23		71	6	10
118	139	JANE WADE	F	FV55	SINFIN RUNNING CLUB	1:05:51	47		5	5
119	110	ANDY PEET	M	MV60	MACCLESFIELD HARRIERS & AC	1:06:03		72	14	7
120	161	SARA JACOBS	F	FV55	ERYRI HARRIERS	1:06:47	48		6	1
121	122	GRAHAM SCHOFIELD	M	MV70	CHORLEY ATC	1:07:38		73	2	1
122	49	IAIN FAIRNINGTON	M	MSEN	SINFIN RUNNING CLUB	1:09:07		74	19	7
123	46	CATHERINE ELLIOTT	F	FV50	CHORLTON RUNNERS	1:09:10	49		7	8
124	31	MELANIE COMMINS	F	FV50	MARPLE RUNNERS	1:09:41	50		8	1
125	33	NEIL COMMINS	M	MV50		1:09:42		75	12	2
126	145	ROBERT WEST	M	MV40		1:09:44		76	12	17
127	63	TOMMY HAYNE	M	MV65	SKELMERSDALE RUNNING CLUB	1:09:52		77	3	1
128	163	MATTHEW OTTO-DAVIES	M	MSEN		1:10:25		78	20	18
129	15	ALICIA BELLISHAW	F	FV45		1:10:34	51		6	12
130	24	RACHEL BROWNE	F	FV55		1:10:35	52		7	13
131	19	KRIS BIRTWISTLE	M	MSEN		1:10:35		79	21	19
132	99	WILL MEREDITH	M	MV50		1:11:07		80	13	20
133	159	DANIEL SHERWOOD	M	MSEN		1:11:46		81	22	21
134	152	JOHN MURPHY	M	MV60	BOLLINGTON HARRIERS	1:13:34		82	15	8
135	4	ANGELA ATHERTON	F	FV50		1:15:12	53		9	14
136	62	CONNIE HAYES	F	FSEN		1:19:12	54		18	15
137	81	JANE KEEN	F	FV55	GOYT VALLEY STRIDERS	1:22:04	55		8	5