

Gloucester AC Spring Open – Sunday 28th April

60m	RACE 1	11.00am	Wind + 3.3			
Poss	Result	Surname	Forename	Category	Club	
1	9.1	Humphries	Evalyn	U11G	Yate & District AC	
2	9.64	Buescher	Annabel	U11G	Gloucester AC	
3	9.66	Howard	Ruby-May	U11G	Ealing Eagles RC	
4	9.7	Dixon-Groom	Iyla	U11G	Birchfield Harriers	
5	9.74	Papuca	Fay	U11G	Yate & District AC	
60m	RACE 2	11.06am	Wind + 2.0			
Poss	Result	Surname	Forename	Category	Club	
1	8.89	Barrett	Lottie	U11G	Telford AC	
2	9.27	Iheme-Madukairo	Robyn	U11G	Gloucester AC	
3	9.69	Parkes	Siena-Rose	U11G	Birchfield Harriers	
4	9.96	Gilmartin	Emily	U11G	North Somerset AC	
60m	RACE 3	11.12am	Wind + 1.2			
Poss	Result	Surname	Forename	Category	Club	
1	9.12	Sterling-Welford	Sebastian	U11B	Gloucester AC	
2	9.39	Cumming	Sam	U11B	North Somerset AC	
3	9.51	Rees	Theo	U11B	North Somerset AC	
4	9.77	Davis	Peter	U11B	Gloucester AC	
5	9.84	Vanderplank	Jonah	U11B	North Somerset AC	
6	10.07	Brailsford	Albi	U11B	North Somerset AC	
100m	RACE 4	11.18am	Wind + 1.7			
Poss	Result	Surname	Forename	Category	Club	
1	11.08	Townley	Joel	SM	Gloucester AC	
2	11.28	Kadiri	Oshotare	U20M	Gloucester AC	
3	11.62	Meredith	Garin	SM	Aberdare Valley AAC	
100m	RACE 5	11.24am	Wind + 1.9			
Poss	Result	Surname	Forename	Category	Club	
1	11.37	Reyes	Eddie	U17M	Team Bath AC	
2	11.59	Hawkins	David	M35	Gloucester AC	
3	11.74	Folkes	Samuel	SM	Belgrave Harriers	
4	11.78	Hula	Matthew	SM	Bristol & West AC	
5	12.1	McIntosh	Nyle	SM	Birchfield Harriers	
6	13.15	Maloney	Ruben	U20M	Gloucester AC	
100m	RACE 6	11.30am	Wind + 2.2			
Poss	Result	Surname	Forename	Category	Club	
1	12.08	Griffiths	Samantha	SW	Birchfield Harriers	
2	12.12	Gleadell-Burt	Isaac	U17M	Gloucester AC	
3	12.15	Wood	Daniel	U17M	Gloucester AC	
4	12.36	Nurminen	Sammy	U20M	North Somerset AC	
5	12.39	Lloyd	Chris	SM	Swansea Harriers	
100m	RACE 7	11.36am	Wind + 1.5			
Poss	Result	Surname	Forename	Category	Club	
1	12.25	Grant	Darius	U17M	Cheltenham Harriers	
2	12.76	Howard	Vince	M40	Unattached	
3	12.84	Behan	Daniel	U17M	Cheltenham Harriers	
4	13.08	Rowland-Evans	Eire	SW	Gloucester AC	
100m	RACE 8	11.42am	Wind + 0.9			
Poss	Result	Surname	Forename	Category	Club	
1	12.75	Jones	Joshua	U15B	Cheltenham Harriers	
2	12.81	Coote	Sarah	W40	Cardiff AAC	
3	12.84	Scherer-Cowell	Harry	U15B	Yate & District AC	
4	13.1	Healy	Ishwar	U17M	North Somerset AC	
5	13.24	Evans	Tommy	SM	Cardiff Archers	
6	13.87	Woodburn	Ella	U17W	Team Bath AC	

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100m Poss	RACE 9 Result	11.48am Surname	Forename	Wind + 1.7 Category	Club
1	12.91	O'Kane	Benjamin	U15B	Gloucester AC
2	13.36	Brookes	Bertie	U15B	Cheltenham Harriers
3	13.58	Riley-Elder	Betty	U15G	Team Bath AC
4	13.77	Barrett	Jessica	U15G	Telford AC
5	13.84	Schofield	Natasha	U20W	Gloucester AC
6	14.7	Pockett	Lily	U15G	Cheltenham Harriers
100m Poss	RACE 10 Result	11.54am Surname	Forename	Wind + 2.8 Category	Club
1	13.69	Coote	Madison	U15G	Cardiff AAC
2	14.26	Sterling	Kane	M45	Gloucester AC
3	14.36	Gamble	Neil	M50	Western Tempo
4	14.41	Mackie	Alastair	U13B	Cheltenham Harriers
100m Poss	RACE 11 Result	12.00pm Surname	Forename	Wind + 1.9 Category	Club
1	13.26	Coote	Olivia	U15G	Cardiff AAC
2	13.5	Akerman	Harriet	U17W	Gloucester AC
3	14	Powell	Heidi	U17W	Unattached
4	14.2	Stewart-Hodges	Holly	U13G	Cirencester AC
5	14.39	Teofili	Sofia	U15G	Cheltenham Harriers
6	14.55	Blackmore	Erin	U15G	Gloucester AC
100m Poss	RACE 12 Result	12.06pm Surname	Forename	Wind + 2.8 Category	Club
1	13.96	Peters	Milo	U13B	North Somerset AC
2	14.3	Barrett	Lottie	U11G	Telford AC
3	14.28	Merry	Jade	W35	Worcester AC
4	14.42	Andrews	Libby	U17W	Gloucester AC
100m Poss	RACE 13 Result	12.12pm Surname	Forename	Wind + 2.4 Category	Club
1	13.27	Iheme-Madukairo	Rubi	U13G	Gloucester AC
2	13.76	Iheme-Madukairo	Rayna	U15B	Gloucester AC
3	13.84	Muccilli	Matilda	U15G	Team Bath AC
4	14.54	Brace	Riley	U13B	North Somerset AC
5	14.61	Horder	Jane	W65	Cheltenham Harriers
6	14.69	Stavrakakis	Aria	U13G	Cirencester AC
7	15.29	Garland	Melanie	W60	Worcester AC
100m Poss	RACE 14 Result	12.18pm Surname	Forename	Wind + 1.0 Category	Club
1	13.98	Lyden	Sophie	U15G	North Somerset AC
2	14.49	Castle	Jacob	U13B	Team Bath AC
3	14.58	Withers	Isla	U13G	Telford AC
4	14.67	Jones	Olivia	U13G	Stroud & District AC
5	14.98	Davis	Zac	U13B	North Somerset AC
6	15.77	Clissold	Lacey	U15G	Aberdare Valley AAC
100m Poss	RACE 15 Result	12.24pm Surname	Forename	Wind +0.5 Category	Club
1	14.19	Smith	Aurelia	U17W	North Somerset AC
2	14.35	Howell	Henry	U15B	Gloucester AC
3	14.75	Brown	Joshua	U13B	Gloucester AC
4	14.99	Thurston	Tess	U13G	North Somerset AC
5	15.01	Evans	Charlotte	U13G	North Somerset AC
6	15.16	Siestrzykowski	Alan	U13B	Gloucester AC

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				Wind + 1.1		
100m	RACE 16	12.30pm				
Poss	Result	Surname	Forename	Category		Club
1	14.5	Gardiner	Eliza	U15G		Gloucester AC
2	15.02	Mayes	Sam	U13B		Team Bath AC
3	16.09	Hamoud	Amira	U13G		Gloucester AC
4	16.67	Foster	Mary	U13G		North Somerset AC
5	16.78	Stamp	Thomas	SM		Gloucester AC
100m	RACE 17	12.36pm		Wind + 1.2		
Poss	Result	Surname	Forename	Category		Club
1	15.95	Morris	Meadow	U15G		Aberdare Valley AAC
2	16.2	Moran	Alexander	U15B		Gloucester AC
3	16.39	Jacobs	Edna	U13G		North Somerset AC
4	16.67	Thrupp	Emily	U13G		North Somerset AC
100m FR	RACE 18	12.42pm		Wind +2.1		
Poss	Result	Surname	Forename	Category		Club
1	17.13	Callow	Chris	SM		Yate & District AC
2	17.8	Solaiman	Rafeek	SM		Charnwood AC
3	19.21	Denman	Charlie	SW		Gloucester AC
100m FR	RACE 19	12.48pm		Wind + 1.6		
Poss	Result	Surname	Forename	Category		Club
1	21.36	McKenna	Steven	M40		Gloucester AC
2	40.16	Hewitt	Eleanor	W40		Yate & District AC
600m	RACE 20	12.55pm				
Poss	Result	Surname	Forename	Category		Club
1	1:58.17s	Mansfield	Charlotte	U11G		North Somerset AC
2	2:00.8s	Allen	Tilly	U11G		Unattached
3	2:03.69s	Humphries	Evalyn	U11G		Yate & District AC
4	2:07.65s	Buescher	Annabel	U11G		Gloucester AC
5	2:09.41s	Harris	Bethany	U11G		Gloucester AC
6	2:09.61s	Parkes	Siena-Rose	U11G		Birchfield Harriers
7	2:12.21s	Robinson	Amelia	U11G		Stroud & District AC
8	2:16.57s	Gilmartin	Emily	U11G		North Somerset AC
9	2:21.66s	Papuca	Fay	U11G		Yate & District AC
10	2:25.06s	Hammond	Rose	U11G		Gloucester AC
600m	RACE 21	1.02pm				
Poss	Result	Surname	Forename	Category		Club
1	2:00.78s	Rees	Theo	U11B		North Somerset AC
2	2:03.34s	Brailsford	Albi	U11B		North Somerset AC
3	2:04.70s	Cumming	Sam	U11B		North Somerset AC
4	2:05.07s	Rendell	Albert	U11B		Stroud & District AC
5	2:10.01s	Miles	Ethan	U11B		Unattached
6	2:18.13s	Hastings	Archer	U11B		Gloucester AC
7	2:19.38s	Vanderplank	Jonah	U11B		North Somerset AC
8	2:20.18s	Robinson	Aaron	U11B		Stroud & District AC
800m	RACE 22	1.09pm				
Poss	Result	Surname	Forename	Category		Club
1	1:51.20s	Cann	Jacob	SM		Western Tempo
2	2:01.69s	Smith	Oliver	U17M		Worcester AC
3	2:07.52s	Cruise	Joe	U17M		Gloucester AC
4	2:11.98s	Burford	Kyle	U20M		North Somerset AC
800m	RACE 23	1.16pm				

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Poss	Result	Surname	Forename	Category	Club
1	2:07.31s	Yates	Callum	U15B	Gloucester AC
2	2:15.19s	Davies	Dylan	M40	Sarn Helen
3	2:19.29s	Skidmore	Callum	U15B	Bristol & West AC
4	2:19.60s	Parkes	Hallie	U15G	Dudley & Stourbridge Harriers
5	2:19.84s	Gardner	Barry	M55	Halesowen AC
6	2:24.61s	Sheffield	Eleanor	U17W	Stroud & District AC
7	2:27.25s	Hathway	Jos	U15G	Stroud & District AC
800m	RACE 24	1.23pm			
Poss	Result	Surname	Forename	Category	Club
1	2:18.78s	Overthrow	Harry	U15B	Gloucester AC
2	2:20.20s	Atkins	Rosie	U15G	Cheltenham Harriers
3	2:22.58s	Featherstone	John	M55	Newent Runners
4	2:26.12s	Heathcock	Isabella	U15G	Dudley & Stourbridge Harriers
5	2:38.76s	Gardiner	Layla	U17W	Yate & District AC
800m	RACE 25	1.30pm			
Poss	Result	Surname	Forename	Category	Club
1	2:29.11s	Brooks	Toby	U13B	Gloucester AC
2	2:30.25s	Fry	Jasmine	U15G	Team Bath AC
3	2:30.44s	Gamble	Lucy	U15G	Team Bath AC
4	2:33.56s	Guzman	Sebastian	U13B	Yate & District AC
800m	RACE 26	1.37pm			
Poss	Result	Surname	Forename	Category	Club
1	2:38.10s	Howell	Henry	U15B	Gloucester AC
2	2:42.75s	Leaney	Olive	U17W	North Somerset AC
3	2:43.10s	England	Oscar	U13B	Stroud & District AC
4	2:46.07s	Wood	Owen	U13B	Gloucester AC
5	2:47.03s	Golledge	Phoebe	U15G	Gloucester AC
800m	RACE 27	1.44pm			
Poss	Result	Surname	Forename	Category	Club
1	2:40.74s	Watts	Bella	U15G	Cheltenham Harriers
2	2:44.39s	Palmer	Aoife	U15G	Yate & District AC
3	2:48.53s	Moran	Alexander	U15B	Gloucester AC
4	2:49.34s	Cullimore-Davies	Zoe	U13G	Westbury Harriers
5	2:57.10s	Edwards	Imogen	U13G	Westbury Harriers
6	3:07.13s	Villacis	Leonardo	SM	Unattached
800m	RACE 28	1.51pm			
Poss	Result	Surname	Forename	Category	Club
1	2:59.41s	Davis	Zac	U13B	North Somerset AC
2	3:03.52s	Mayes	Sam	U13B	Team Bath AC
3	3:04.47s	Adcock	Eloise	U15G	Gloucester AC
4	3:08.51s	Bowman-Wright	Ayra	U20W	Gloucester AC
5	3:20.07s	Jacobs	Edna	U13G	North Somerset AC
6	3:21.12s	Clissold	Lacey	U15G	Aberdare Valley AAC
800m	RACE 29	1.58pm			
Poss	Result	Surname	Forename	Category	Club
1	2:43.09s	Jonas	William	U13B	North Somerset AC
2	2:54.89s	Flintoff	Beth	U13G	North Somerset AC
3	3:00.94s	Vidgen	Lucia	U13G	Gloucester AC
4	3:01.07s	Stopa	Nelly	U13G	Team Bath AC
5	3:54.63s	Wood	Lilliah	U15G	Gloucester AC
6	3:55.03s	Rees	Noah	SM	Brighton & Hove AC

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200m	RACE 30	2.05pm		Wind +0.6		
Poss	Result	Surname	Forename	Category	Club	
1	23.41	Kazemaks	Kaspars	M40	Woking AC	
2	23.43	Meredith	Garin	SM	Aberdare Valley AAC	
3	23.71	Hula	Matthew	SM	Bristol & West AC	
4	26.18	Maloney	Ruben	U20M	Gloucester AC	
200m	RACE 31	2.11pm		Wind + 1.3		
Poss	Result	Surname	Forename	Category	Club	
1	23.02	Reyes	Eddie	U17M	Team Bath AC	
2	23.79	Mhlanga	Sibusiso	U20M	Bristol & West AC	
3	23.96	Hawkins	David	M35	Gloucester AC	
4	24.55	Wood	Daniel	U17M	Gloucester AC	
200m	RACE 32	2.17pm		Wind + 1.5		
Poss	Result	Surname	Forename	Category	Club	
1	24.20s	Gleadell-Burt	Isaac	U17M	Gloucester AC	
2	24.74	Reeves	Ben	M45	Gloucester AC	
3	24.94	Lloyd	Chris	SM	Swansea Harriers	
4	25.38	Griffiths	Samantha	SW	Birchfield Harriers	
5	25.47	Grant	Darius	U17M	Cheltenham Harriers	
6	27.24	Hopton	Matthew	SM	Neath Harriers	
200m	RACE 33	2.23pm		Wind + 2.6		
Poss	Result	Surname	Forename	Category	Club	
1	25.22	Sutherland	Joseph	U15B	Yate & District AC	
2	25.59	Scherer-Cowell	Harry	U15B	Yate & District AC	
3	25.79	Mazzone Boomsma	Jesse	SM	Gloucester AC	
4	26.87	Cambridge	Amari	U15G	Gloucester AC	
200m	RACE 34	2.29pm		Wind + 2.7		
Poss	Result	Surname	Forename	Category	Club	
1	25.75	Benn	Melody	U17W	Gloucester AC	
2	26.03	Coote	Sarah	W40	Cardiff AAC	
3	26.96	Behan	Daniel	U17M	Cheltenham Harriers	
200m	RACE 35	2.35pm		Wind + 1.8		
Poss	Result	Surname	Forename	Category	Club	
1	26.36	Healy	Ishwar	U17M	North Somerset AC	
2	28.11	Drake	Amber	U20W	North Devon AC	
3	28.81	Powell	Heidi	U17W	Unattached	
4	29.29	Woodburn	Ella	U17W	Team Bath AC	
5	30.40s	Pockett	Lily	U15G	Cheltenham Harriers	
200m	RACE 36	2.41pm		Wind + 1.6		
Poss	Result	Surname	Forename	Category	Club	
1	28.47	Akerman	Harriet	U17W	Gloucester AC	
2	30.60s	Swift-Smith	Lucy	U13G	Westbury Harriers	
3	31.12	Mackie	Alastair	U13B	Cheltenham Harriers	
200m	RACE 37	2.47pm		Wind + 1.5		
Poss	Result	Surname	Forename	Category	Club	
1	28.97	Barrett	Jessica	U15G	Telford AC	
2	30.24	Andrews	Libby	U17W	Gloucester AC	
3	30.32	Merry	Jade	W35	Worcester AC	

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200m	RACE 38	2.53pm			
	Wind + 2.5				
Poss	Result	Surname	Forename	Category	Club
1	29.18	Lyden	Sophie	U15G	North Somerset AC
2	29.19	Guzman	Sebastian	U13B	Yate & District AC
3	29.58	Stewart-Hodges	Holly	U13G	Cirencester AC
4	29.69	Papuca	Max	U13B	Yate & District AC
5	29.80s	Castle	Jacob	U13B	Team Bath AC
6	30.83	Fry	Jasmine	U15G	Team Bath AC
200m	RACE 39	2.59pm			
	Wind + 0.9				
Poss	Result	Surname	Forename	Category	Club
1	28.47	Muccilli	Matilda	U15G	Team Bath AC
2	29.25	Gamble	Neil	M50	Western Tempo
3	29.82	Barrett	Lottie	U11G	Telford AC
4	30.09	Smith	Aurelia	U17W	North Somerset AC
5	30.41	Withers	Isla	U13G	Telford AC
200m	RACE 40	3.05pm			
	Wind + 2.0				
Poss	Result	Surname	Forename	Category	Club
1	29.94	Gardiner	Eliza	U15G	Gloucester AC
2	30.45	Parsons	Ivor	U13B	North Somerset AC
3	31.37	Jones	Olivia	U13G	Stroud & District AC
4	32.79	Clissold	Lacey	U15G	Aberdare Valley AAC
5	33.20s	Flintoff	Beth	U13G	North Somerset AC
200m	RACE 41	3.11pm			
	Wind + 1.5				
Poss	Result	Surname	Forename	Category	Club
1	30.27	Cullimore-Davies	Zoe	U13G	Westbury Harriers
2	31.33	Stavrakakis	Aria	U13G	Cirencester AC
3	32.31	Siestrzykowski	Alan	U13B	Gloucester AC
4	32.69	Bryant	Angela	W60	Worcester AC
5	33.01	Villacis	Leonardo	SM	Unattached
200m	RACE 42	3.17pm			
	Wind + 2.1				
Poss	Result	Surname	Forename	Category	Club
1	34.02	Arkell	Cody	U11B	Gloucester AC
2	36.39	Stamp	Thomas	SM	Gloucester AC
3	50.01	O'Carroll	Chris	M80	Gloucester AC
200m	RACE 43	3.23pm			
	Wind +2.5				
Poss	Result	Surname	Forename	Category	Club
1	33.48	Hamoud	Amira	U13G	Gloucester AC
2	34.27	Edwards	Imogen	U13G	Westbury Harriers
3	34.73	Thrupp	Emily	U13G	North Somerset AC
4	35.80s	Stopa	Nelly	U13G	Team Bath AC
200m FR	RACE 44	3.29pm			
	Wind +1.0				
Poss	Result	Surname	Forename	Category	Club
1	34.99	Callow	Chris	SM	Yate & District AC
2	50.83	Rees	Noah	SM	Brighton & Hove AC
3	1:29.78s	Hewitt	Eleanor	W40	Yate & District AC

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1500m	RACE 46	3.42pm			
Poss	Result	Surname	Forename	Category	Club
1	3:47.16s	Cann	Jacob	SM	Western Tempo
2	4:13.05s	Moreton	Thomas	U20M	Stroud & District AC
3	4:13.19s	Canavan	Oliver	U17M	Bournemouth AC
4	4:14.18s	Collings	Jack	U20M	Newbury AC
5	4:26.97s	Nield	Arthur	U17M	Gloucester AC
6	4:27.58s	Schofield	Dan	M35	Western Tempo
7	4:42.97s	Rice	Alex	U15B	North Somerset AC
8	4:45.19s	Davies	Dylan	M40	Sarn Helen
9	4:45.71s	Greiten	Brecht	SM	Cirencester AC
10	4:47.43s	Bridges	Craig	M35	Team Bath AC
11	4:48.73s	Hilton	Max	U17M	Yate & District AC

1500m	RACE 47	3.51pm			
Poss	Result	Surname	Forename	Category	Club
1	4:53.35s	Rendell	Frederick	U13B	Stroud & District AC
2	4:55.53s	Faubel	Killian	U15B	North Somerset AC
3	5:03.04s	Lewis	Adrian	M50	Black Pear Joggers
4	5:03.71s	Avery	Evie	U17W	Gloucester AC
5	5:14.74s	Howe	Iggy	U17M	Liswerry Runners
6	5:17.84s	Hallford	George	U15B	North Somerset AC
7	5:21.24s	Rendell	Constance	U15G	Stroud & District AC
8	5:23.07s	Reid	Saffi	U15G	Hereford & County AC
9	5:24.24s	Cornish	Lily	U15G	Newport Harriers

1500m	RACE 48	4.00pm			
Poss	Result	Surname	Forename	Category	Club
1	5:08.94s	Holland	Molly	U15G	Gloucester AC
2	5:16.03s	Mullin	Hannah	U13G	Yate & District AC
3	05:17.80s	Ward	Eve	U15G	Bristol & West AC
4	5:20.92s	Leach	Lyra	U13G	Stroud & District AC
5	5:21.02s	Woodall	Seren	SW	Colwyn Bay AC
6	5:31.69s	Tipper	Henry	U13B	Gloucester AC
7	5:34.20s	Poore	Francesca	U17W	North Somerset AC
8	5:48.34s	Oliveira	Lucas	U13B	Cheltenham Harriers
9	6:04.15s	Hunter	Amelia	U15G	North Somerset AC
10	6:16.35s	Church	Avery	U13G	Cheltenham Harriers
11	6:17.35s	Montilla	Ben	M45	London Heathside AC

1500m FR	RACE 49	4.10pm			
Poss	Result	Surname	Forename	Category	Club
1	6:04.05s	Denman	Charlie	SW	Gloucester AC
2	06:07.36s	Solaiman	Rafeek	SM	Charnwood AC
3	7:04.23s	Brown	Kyrby	SW	Unattached
4	7:34.07s	Callow	Chris	SM	Yate & District AC
5	7:34.88s	Rees	Noah	SM	Brighton & Hove AC

400m	RACE 50	4.22pm			
Poss	Result	Surname	Forename	Category	Club
1	51.64	Hogg	Matt	SM	North Somerset AC
2	52.16	Ouiles	Sulaiman	SM	Cheltenham Harriers
3	52.63	Meredith	Garin	SM	Aberdare Valley AAC
4	53.03	Jones	Zach	U17M	Taunton AC
5	54.08	Gawthorn	Luke	SM	Newport Harriers

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400m		RACE 51	4.28pm			
Poss	Result	Surname	Forename	Category	Club	
1	57.57	Mazzone Boomsma	Jesse	SM	Gloucester AC	
2	59.48	Cooper	David	M35	Unattached	
3	1:01.20s	Benn	Melody	U17W	Gloucester AC	
4	1:01.67s	Drake	Amber	U20W	North Devon AC	
5	1:02.35s	Harwood	Olivia	SW	Hereford & County AC	
400m		RACE 52	4.34pm			
Poss	Result	Surname	Forename	Category	Club	
1	1:01.55s	Featherstone	John	M55	Newent Runners	
2	1:02.13s	Cossins	Millie	U17W	Stroud & District AC	
3	1:03.24s	McFadden	Freya	U20W	Stroud & District AC	
4	1:03.63s	Tomkins	Lottie	U17W	Stroud & District AC	
5	1:09.96s	McFadden	Florence	U17W	Stroud & District AC	
400m		RACE 53	4.40pm			
Poss	Result	Surname	Forename	Category	Club	
1	1:31.71s	Callow	Chris	SM	Yate & District AC	
2	1:44.19s	McKenna	Steven	M40	Gloucester AC	
3000m		RACE 54	4.48pm			
Poss	Result	Surname	Forename	Category	Club	
1	8:25.77s	Robinson	Ben	M35	Bristol & West AC	
2	8:26.30s	Owen	Dan	SM	Western Tempo	
3	8:29.29s	Gillett	Dylan	SM	Western Tempo	
4	8:50.73s	Hamblin	Ben	SM	North Somerset AC	
5	8:59.78s	Awde	David	M35	Bristol & West AC	
6	9:04.70s	Colahan	Liam	SM	Western Tempo	
7	9:05.80s	Bennett	James	U17M	North Somerset AC	
8	9:08.32s	Darton	Thomas	U20M	Yate & District AC	
9	9:08.82s	Bate	Isaac	SM	Western Tempo	
10	9:10.67s	Finch	Joe	U17M	North Somerset AC	
11	9:12.02s	Collins	Benjamin	U20M	North Somerset AC	
12	9:27.27s	Bees	Akira	U20M	Yate & District AC	
13	9:33.30s	Coelho	Orion	SM	University of Bath AC	
14	9:35.38s	Marchant	Megan	SW	Western Tempo	
15	9:46.67s	Parry	Owen	M45	Gloucester AC	
16	9:53.28s	Gilbert	Matthew	SM	Exeter University AC	
17	9:55.11s	Fallows	Marc	M50	Western Tempo	
3000m		RACE 55	5.03pm			
Poss	Result	Surname	Forename	Category	Club	
1	9:56.65s	Barry	Isaac	U17M	Newport Harriers	
2	10:06.84s	Wallis	Bethany	SW	Exeter University AC	
3	10:06.85s	Robinson	Matthew	M60	Bristol & West AC	
4	10:16.86s	Dwerryhouse	Matt	SM	Cheltenham Harriers	
5	10:18.56s	Conway	Ben	U15B	Swindon Harriers	
6	10:27.25s	Diz	Eugenio	SM	Gloucester AC	
7	10:29.17s	Powell	Chloe	SW	Swindon Harriers	
8	10:34.13s	Seabright	Noah	U15B	Cheltenham Harriers	
9	10:38.60s	Hyams	Robert	M35	CLC Striders	
10	10:42.45s	Stratton-Thomas	Bronwen	SW	Swansea Harriers	
11	10:47.08s	Ritter Sherratt	Gabriela	U17W	Bristol & West AC	
12	10:56.38s	Watson	Amber	SW	Western Tempo	
13	11:02.03s	Hall	Michael	M45	Gloucester AC	
14	11:15.96s	Oliver	Poppy	U17G	Newport Harriers	

3000m		RACE 56	5.19pm			
Poss	Result	Surname	Forename	Category		Club
1	10:43.34s	Faubel	Nick	M55		North Somerset AC
2	10:52.50s	Davis	Sidney	U17M		Yate & District AC
3	10:53.87s	Hopkins	Matt	M40		Les Croupiers AC
4	10:58.97s	Davies	Eloise	SW		Hercules Wimbledon AC
5	11:00.49s	Brown	Charlotte	SW		Exeter University AC
6	11:06.88s	Shuttleworth	Will	U15B		Gloucester AC
7	11:15.04s	Treby	Ella	SW		Team Bath AC
8	11:15.21s	Davis	Andrew	M45		Yate & District AC
9	11:39.93s	Ivanics-Filip	Daniel	U20M		Gloucester AC
10	11:58.33s	Vines	Rachel	W40		CLC Striders
11	12:22.47s	Lowe	Felicity	U20W		Gloucester AC
12	12:23.52s	Faubel	Helen	W45		North Somerset AC
13	12:31.74s	Faubel	Thea	U17W		North Somerset AC

Long Jump		Group 1	11.30am			
44	Jones	Olivia	U13G	Stroud & District AC		3.96m
24	Spencer	Charlotte	U13G	Bristol & West AC		3.73m
121	Thurston	Tess	U13G	North Somerset AC		3.71m
53	Stavrakakis	Aria	U13G	Cirencester AC		3.67m
122	Evans	Charlotte	U13G	North Somerset AC		3.65m
221	Souch	Natalee	U13G	Yate & District AC		3.60m
57	Sterling-Welford	Sebastian	U11B	Gloucester AC		4.02m
232	Rees	Theo	U11B	North Somerset AC		3.60m
69	Vanderplank	Jonah	U11B	North Somerset AC		3.55m
84	Humphries	Evalyn	U11G	Yate & District AC		3.83m
234	Dixon-Groom	Iyla	U11G	Birchfield Harriers		3.59m
187	Parkes	Siena-Rose	U11G	Birchfield Harriers		3.42m
4	Papuca	Fay	U11G	Yate & District AC		2.92m

Long Jump		Group 2	1.15pm			
26	Coote	Olivia	U15G	Cardiff AAC		4.27m
27	Coote	Madison	U15G	Cardiff AAC		4.25m
200	Schultz	Tara	U15G	Cheltenham Harriers		3.86m
8	Blackmore	Erin	U15G	Gloucester AC		3.72m
213	Morris	Meadow	U15G	Aberdare Valley AAC		3.38m
38	Yates	Callum	U15B	Gloucester AC		4.86m
2	Papuca	Max	U13B	Yate & District AC		4.17m
162	MacKie	Alastair	U13B	Cheltenham Harriers		3.85m

Sheet1

Long Jump		Group 3	3.45pm		
300	Griffiths	Iolo	SM	Pembrokeshire Harriers	6.24m
197	Ritchie	James	SM	Gloucester AC	5.52m
194	Rehm	Nils	SM	Bristol & West AC	5.14m
180	Evans	Tommy	SM	Cardiff Archers	5.10m
14	Kadiri	Oshotare	U20M	Gloucester AC	6.68m
6	Hawkins	David	M35	Gloucester AC	5.94m
56	Sterling	Kane	M45	Gloucester AC	4.65m
42	Garland	Melanie	W60	Worcester AC	4.13m
25	Mohammed	Ula	U20W	Gloucester AC	5.37m
77	Highway	Darcey	U20W	Team Bath AC	3.04m
Shot Put		2.30pm			
67	Winter	Gareth	SM	Woodford Green & Essex Ladies	17.04m
1	Jones	Scott	SM	Trafford AC	14.30m
114	Hogan	Oakley	U17M	Gloucester AC	10.65m
59	Walsh	Ryan	U17M	Yate & District AC	8.12m
83	Seabright	Noah	U15B	Cheltenham Harriers	9.84m
238	Sutherland	Joseph	U15B	Yate & District AC	9.23m
145	Parsons	Ivor	U13B	North Somerset AC	8.46m
161	Brown	Joshua	U13B	Gloucester AC	4.82m
66	O'Carroll	Chris	M80	Gloucester AC	6.55m
142	Adcock	Eloise	U15G	Gloucester AC	6.99m
33	Spencer	Isabelle	U15G	Bristol & West AC	6.18m
221	Souch	Natalee	U13G	Yate & District AC	4.89m
144	Ashmore	Katrina	W50	Central Park Athletics	6.02m

Sheet1

Javelin		12.00pm			
91	McHattie	Izzy	SW	Trafford AC	42.44m
25	Mohammed	Ula	U20W	Gloucester AC	29.94m
44	Ashmore	Katrina	W50	Gloucester AC	10.65m
65	Oviatt	Darcey	U15G	Yate & District AC	20.71m
33	Spencer	Isabelle	U15G	Bristol & West AC	19.95m
24	Spencer	Charlotte	U13G	Bristol & West AC	21.20m
75	Cullimore-Davies	Zoe	U13G	Yate & District AC	18.74m
56	Sterling	Kane	M45	Gloucester AC	25.78m
59	Walsh	Ryan	U17M	Yate & District AC	25.46m
71	Grant	Darius	U17M	Cheltenham Harriers	20.55m
83	Seabright	Noah	U15B	Cheltenham Harriers	28.62m
18	Howell	Henry	U15B	Gloucester AC	26.26m
43	Mead	Jacob	U13B	Yate & District AC	32.82m
100	Grant	Eli	U13B	Yate & District AC	27.12m
2	Papuca	Max	U13B	Yate & District AC	22.77m
57	Sterling-Welford	Sebastian	U11B	Gloucester AC	18.09m