

Stanley Park Arena, Blackpool
Held Under UKA Rules. Licence No. OUT 24/000

Lancashire Combined Events Championships 2024

6th & 7th April 2024

First Events start at: 10.00 am See timetable for details

Closing Date for Entries – Tuesday 2nd April 2024 Entries may close early if capacity is reached.

Under 11 Years 4&5	Girls Quadrathlon: Long Jump, 80m, 600m, Shot.	Boys Quadrathlon: 80m, Long Jump, 600m, Shot.
Under 13 Years 6&7	Girls Quadrathlon: Long Jump, 100m, 800m, Shot.	Boys Quadrathlon: 100m, Long Jump, 800m, Shot.
Under 13 Years 6&7	Girls Pentathlon: 70m Hurdles, Shot, High Jump, Break, Long Jump, 800m.	Boys Pentathlon: 75m Hurdles, High Jump, Break, Long Jump, Shot, 800m.
Under 15 Years 8&9	Girls Pentathlon: 75m Hurdles, Shot, Break, Long Jump, High Jump, 800m.	Boys Pentathlon: 80m Hurdles, Shot, Break, Long Jump, High Jump, 800m.
Under 17 Years 10 &11	Women. Heptathlon: 80m Hurdles, High Jump, Shot, 200m. Day 2: Long Jump, Javelin, 800m.	Men. Octathlon: 100m Hurdles, High Jump, Shot, 400m. Day 2: Discus, Long Jump, Javelin, 1500m
Under 20 & Seniors	Women. Heptathlon: 100m Hurdles, High Jump, Shot, 200m. Day 2: Long Jump, Javelin, 800m.	Men. Decathlon: 100m, Shot, High Jump, Long Jump, 400m, Day 2: 110m Hurdles, Discus, Pole Vault, Javelin, 1500m.

The meeting is Open to all.

This is promoted by Lancashire Schools AA and Lancashire AA.

The meeting is both the LSAA and the LAA Championships.

To be selected to represent Lancashire Schools AA, you must attend an educational establishment in Lancashire. (Under 15, Under 17 and Under 19 age groups only).

To be considered for the Lancashire AA Championships, you must either live in or have been born in Lancashire.

Masters may compete with hurdle heights and throwing weights as appropriate to their age group, but will not be eligible for a Lancashire AA medal.

Quadrathlons will take place on both days.

Quadrathlon Athletes can compete on either day, but not on both days.

U13 Athletes may enter either the U13 Quadrathlon or the U13 Pentathlon, but not both.

Boys Pentathlon will take place on the Saturday.

Girls Pentathlon will take place on the Sunday.

Heptathlons, Octathlons and Decathlons will take place over both days.

All throwers and jumpers will receive 3 trials in each event, apart from high jump and pole vault.

A maximum of two warm-up trials will be allowed.

Registration will open at 9.00am each day.

The final timetable will be completed as soon as possible after the entries close.

The order of events may need to change.

Entry Fee: Quadrathlon £15, Pentathlon £18, Heptathlon £22, Octathlon £24, Decathlon £28

Meeting information: <https://bwfac.co.uk/lancashire-combined-events-championships-2024>

Enquiries to dave.needham@ymail.com

Online entry at: www.race-results.co.uk

No entries on the day

All entrants shall be deemed to have made themselves familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.

The UKA Anti-Doping Rules apply to entrants participating in the sport of athletics, for 12 months from the meeting date, whether or not the entrant is a citizen of, or resident in, the UK.