



English Cross Country Association

**saucony**

# The Saucony National Cross Country Championships 2024

Weston Park, Staffordshire on Saturday 14<sup>th</sup> September 2024 at 12.00 am

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## Online Info

### TIMETABLE

Under 13 Boys .....3K -13.30pm	Under 13 Girls .....3K - 12.45pm
Under 15 Boys ..... 4K – 12.25am	Under 15 Girls ..... 4K – 13.45 pm
Under 17 Men .....6K – 13.05pm	Under 17 Women ..... 5K – 12.00am
Junior Men .....10K – 15.20pm	Junior Women .....6K – 14.05pm
Senior Men .....12K – 16.00pm	Senior Women .....8K – 14.35pm

Attached is Information sheets giving details of :-

**TRAVEL      REGISTRATION      PARKING      TIMETABLE**

**Please NOTE:**

**ALL ATHLETES MUST WEAR CLUB COLOURS.** Failure to do so will lead to disqualification

### Changing

**Presentations** will be presented to winning Individuals and teams at 3.00 pm and 5.00 pm in the main marquee No.2 on site Map.

### Registration (In Large marquee – No.1 on site map)

Competitors Numbers & Chips are to be collected by appointed Team Managers from the Registration Marquee. In accordance with recent practise the Numbers & Chips for the first 5 races will be available from 9.00am and the other 5 from 11.00am.

**PLEASE NOTE: ANY COACHES without a Pass you will Be Charged £50.00 cash on the DAY, Passes can be obtained via the online system/**

**NOTE:** All clubs **MUST** have paid their Affiliation Fees to **ENGLAND ATHLETICS** otherwise they cannot take part in our championships.

**Hon. Championship Secretary**

**J.G.R.Mower. email [josephgmower@hotmail.com](mailto:josephgmower@hotmail.com)**

# **ECCA National Cross Country Championships 2024**

**The 2024 ECCA Cross Country Championships are taking place at  
Western Park, Weston Under Lizard Staffordshire TF11 8LE**

Western Park, Western-under-Lizard is situated on the south side of the A5

Vehicles coming from the North and South should use the M6 and get off at Junction12 Gailey and take the A5 sign posted Telford. From the South **DO NOT** follow sat nav along the M54.

Coming from the East use the A5 and head for Telford. The Park is Situated about 7 miles from the motorway.

The Gate for these vehicles to enter park is known as Shrewsbury Gates.

What3words code is **Promotion.Visitor.Blazed**

Anyone with tent drop off permit enter through Shrewsbury Gate and they will be directed to the Tentage area.

