

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 23rd November 2024

Under 11 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	3104	Savannah O'Hanlon	Leigh Harriers & Ac	8:00	24	2920	Maya Zaboklicka	Barrow & Furness Striders	9:27
2	1996	Poppy Baker	Liverpool Harriers & Ac	8:26	25	202	Iris Thomson	Chorley A & T	9:27
3	1841	Teigan Wilcock	Kendal AAC	8:32	26	2341	Annie Turner	Preston Harriers	9:28
4	3037	Holly Coombe	Liverpool Harriers & Ac	8:34	27	659	Lula Grimes	Liverpool Harriers & Ac	9:29
5	200	Cora Alton	Chorley A & T	8:45	28	2883	Hannah Nicholls	Wigan & District H & Ac	9:29
6	442	Elsie Duffy	Rossendale Harriers & Ac	8:47	29	3050	Lydia Gardiner	Preston Harriers	9:31
7	3048	Emily Holden	Preston Harriers	8:52	30	1632	Alana McMinnis	Blackpool Wyre & Fylde Ac	9:40
8	2339	Harriet Johns	Preston Harriers	8:52	31	2000	Nancy Polhill	Liverpool Harriers & Ac	9:46
9	84	Sophie Douglas	Blackburn Harriers & Ac	8:53	32	634	Poppy Conley-McQueen	Liverpool Harriers & Ac	9:58
10	448	Amalee Morton	Rossendale Harriers & Ac	8:53	33	2944	Phoebe Burquist	Kirkby Milers AC	10:00
11	1998	Caitlin McGuirk	Liverpool Harriers & Ac	8:55	34	81	Pippa Blackburn	Blackburn Harriers & Ac	10:01
12	1837	Romy Barron	Kendal AAC	8:58	35	601	Jacy Jewitt	Barrow & Furness Striders Ac	10:05
13	1997	Rose Fay	Liverpool Harriers & Ac	9:07	36	677	Lucy McNeill	Liverpool Harriers & Ac	10:11
14	201	Amelia Pendlebury	Chorley A & T	9:08	37	445	Ellie Hester	Rossendale Harriers & Ac	10:18
15	661	Ada Cameron	Liverpool Harriers & Ac	9:08	38	1630	Alice Deaville	Blackpool Wyre & Fylde Ac	10:21
16	2921	Isabella Scanlon	Barrow & Furness Striders	9:09	39	2072	Hattie Mahood	Liverpool Pembroke Sefton	10:25
17	1631	Esme Gamble	Blackpool Wyre & Fylde Ac	9:10	40	319	Amelia-Grace Rushton	Clayton-Le-Moors Harriers	10:46
18	1964	Elena Procter	Leven Valley AC	9:10	41	317	Zoe Carey	Clayton-Le-Moors Harriers	10:48
19	1633	Millie Omahoney	Blackpool Wyre & Fylde Ac	9:16	42	179	Maya Marshall	Burnley Ac	11:00
20	2919	Philippa Prearson	Blackpool Wyre & Fylde Ac	9:16	43	679	Charlotte Armstrong	Liverpool Pembroke Sefton	11:07
21	2667	Amelie Roberts	Southport Waterloo Ac	9:22	44	1635	Harper Sawbridge	Blackpool Wyre & Fylde Ac	11:42
22	2661	Ava Abrahams	Southport Waterloo Ac	9:24	45	316	Lily Carey	Clayton-Le-Moors Harriers	12:06
23	2663	Lily Clare	Southport Waterloo Ac	9:27					

Under 11 Girls — TEAM RESULTS

1	Liverpool Harriers & Ac	17	—	2	Poppy Baker	4	Holly Coombe	11	Caitlin McGuirk
2	Preston Harriers	41	—	7	Emily Holden	8	Harriet Johns	26	Annie Turner
3	Chorley A & T	44	—	5	Cora Alton	14	Amelia Pendlebury	25	Iris Thomson
4	Rossendale Harriers & Ac	53	—	6	Elsie Duffy	10	Amalee Morton	37	Ellie Hester
5	Southport Waterloo Ac	66	—	21	Amelie Roberts	22	Ava Abrahams	23	Lily Clare
6	Blackpool Wyre & Fylde Ac	66	—	17	Esme Gamble	19	Millie Omahoney	30	Alana McMinnis
7	Clayton-Le-Moors Harriers	126	—	40	Amelia-Grace Rushton	41	Zoe Carey	45	Lily Carey

Under 11 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	1626	Theo Minns	Blackpool Wyre & Fylde Ac	7:25	29	434	Seb Hunt	Rossendale Harriers & Ac	8:48
2	2656	Marcus Larkin	Southport Waterloo Ac	7:35	30	440	Henry Wright	Rossendale Harriers & Ac	8:49
3	683	Zac Rimmer	Liverpool Pembroke Sefton	7:38	31	1627	Jack Posner	Blackpool Wyre & Fylde Ac	8:49
4	196	Ben Maine	Chorley A & T	7:40	32	2658	Jack Mainey	Southport Waterloo Ac	8:56
5	307	Luca Crawshaw	Clayton-Le-Moors Harriers	7:44	33	662	Forrest Hopley	Liverpool Harriers & Ac	8:56
6	2336	Henry Taylor	Preston Harriers	7:45	34	3106	F McOnie-Lownsbrough	Leigh Harriers & Ac	8:56
7	1834	Kit Evans	Kendal AAC	7:49	35	2928	Alexander Parsons	Blackpool Wyre & Fylde Ac	9:00
8	3040	Freddie McDermott	Liverpool Harriers & Ac	7:49	36	176	Jamie Holder	Burnley Ac	9:02
9	313	Harry Lowde	Clayton-Le-Moors Harriers	7:50	37	439	Elliott Sanderson	Rossendale Harriers & Ac	9:05
10	2655	Thomas Delamere	Southport Waterloo Ac	7:52	38	1685	Ezra Nuttall-Andoh	Chorley A & T	9:07
11	678	James Smith	Liverpool Harriers & Ac	7:53	39	2657	Harvey Lloyd	Southport Waterloo Ac	9:12
12	431	Alexander Ball	Rossendale Harriers & Ac	7:53	40	346	Max Singleton	Hyndburn Ac	9:16
13	685	Ivor Holroyd	Liverpool Pembroke Sefton	8:01	41	312	George Lowde	Clayton-Le-Moors Harriers	9:22
14	177	Harry Sutcliffe	Burnley Ac	8:04	42	555	Ellis Mitchell	Trawden Athletic Club	9:28
15	437	Archie Pilling	Rossendale Harriers & Ac	8:04	43	1624	Grayson Glickman	Blackpool Wyre & Fylde Ac	9:29
16	1994	Alex Bailey-Hall	Liverpool Harriers & Ac	8:06	44	2924	Elliott Scanlon	Barrow & Furness Striders	9:32
17	2331	Harry Griffin	Preston Harriers	8:07	45	2923	Arlo Meacock	Barrow & Furness Striders	9:39
18	2947	Patrick Piron	Kirkby Milers AC	8:18	46	697	Logan Child	Preston Harriers	9:40
19	2659	Matthew Ndjambula	Southport Waterloo Ac	8:22	47	310	Eli Heys	Clayton-Le-Moors Harriers	9:50
20	663	Mohammed Kadar	Liverpool Harriers & Ac	8:25	48	660	Sonny Jones	Liverpool Harriers & Ac	9:53
21	2654	Sam Coughlan	Southport Waterloo Ac	8:27	49	2189	Benjamin Nield	Lytham St Annes Rr Club	9:54
22	664	Sam Sutton	Liverpool Harriers & Ac	8:28	50	2187	Arthur May	Lytham St Annes Rr Club	9:55
23	2660	William Paybody	Southport Waterloo Ac	8:34	51	433	Laith Corbishley	Rossendale Harriers & Ac	9:55
24	308	Henry Driver	Clayton-Le-Moors Harriers	8:37	52	2334	Archie Moffatt	Preston Harriers	10:00
25	193	Charlie Benson	Chorley A & T	8:38	53	347	Theo Singleton	Hyndburn Ac	10:03
26	305	Matthew Bissett	Clayton-Le-Moors Harriers	8:39	54	684	William Caddick	Liverpool Pembroke Sefton	10:05
27	76	Harry Holden	Blackburn Harriers & Ac	8:44	55	1684	Ted Cartwright	Chorley A & T	10:07
28	3039	Kian O'Rourke	Liverpool Harriers & Ac	8:47					

Under 11 Boys — TEAM RESULTS

1	Southport Waterloo Ac	31	—	2	Marcus Larkin	10	Thomas Delamere	19	Matthew Ndjambula
2	Liverpool Harriers & Ac	35	—	8	Freddie McDermott	11	James Smith	16	Alex Bailey-Hall
3	Clayton-Le-Moors Harriers	38	—	5	Luca Crawshaw	9	Harry Lowde	24	Henry Driver
4	Rossendale Harriers & Ac	56	—	12	Alexander Ball	15	Archie Pilling	29	Seb Hunt
5	Blackpool Wyre & Fylde Ac	67	—	1	Theo Minns	31	Jack Posner	35	Alexander Parsons
6	Chorley A & T	67	—	4	Ben Maine	25	Charlie Benson	38	Ezra Nuttall-Andoh
7	Preston Harriers	69	—	6	Henry Taylor	17	Harry Griffin	46	Logan Child
8	Liverpool Pembroke Sefton	70	—	3	Zac Rimmer	13	Ivor Holroyd	54	William Caddick

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 23rd November 2024

Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2352	Ellie Blackhurst	Preston Harriers	11:33	38	2006	Ava Feenan	Liverpool Harriers & Ac	14:16
2	3041	Daisy Rushton	Liverpool Harriers & Ac	11:57	39	327	Molly Jackson	Clayton-Le-Moors Harriers	14:19
3	2008	Mia Ford	Liverpool Harriers & Ac	12:08	40	3113	Ella Wormleighton	Leigh Harriers & Ac	14:19
4	2013	Beau Rawcliffe	Liverpool Harriers & Ac	12:13	41	1641	Maggie Belfield	Blackpool Wyre & Fylde Ac	14:36
5	2678	Lucy Delamere	Southport Waterloo Ac	12:22	42	1965	Mia Griffiths	Leven Valley AC	14:37
6	2012	Honor Peers	Liverpool Harriers & Ac	12:23	43	2353	Lucy Mitchell	Preston Harriers	14:38
7	210	Ava Winstanley	Chorley A & T	12:25	44	330	Freya Thomas	Clayton-Le-Moors Harriers	14:40
8	351	Eva Pearce	Hyndburn Ac	12:28	45	2929	Abigail McKone	Blackpool Wyre & Fylde Ac	14:40
9	1849	Mila Barron	Kendal AAC	12:30	46	2100	Georgia Piron	Liverpool Pembroke Sefton	14:41
10	3109	Bee Metcalfe	Leigh Harriers & Ac	12:32	47	1850	Violet Benson	Kendal AAC	14:46
11	1922	Fay Thomas	Lancaster & Morecambe Ac	12:42	48	464	Carys Sanderson	Rossendale Harriers & Ac	14:46
12	1644	Saraya Plenderleith	Blackpool Wyre & Fylde Ac	12:45	49	2682	Amelia Salkeld	Southport Waterloo Ac	14:48
13	207	Georgina Benson	Chorley A & T	12:55	50	640	Mya Teshome	Liverpool Harriers & Ac	14:54
14	635	Tolu Adebajo	Liverpool Harriers & Ac	12:58	51	641	Brooklyn Carrasco	Liverpool Harriers & Ac	14:57
15	1977	Imogen Moore	Leven Valley AC	13:01	52	1643	Lily-Rose McMinnis	Blackpool Wyre & Fylde Ac	15:01
16	2884	Katie-Louise Malley	Wigan & District H & Ac	13:05	53	2948	Isla Matthews	Kirkby Milers AC	15:01
17	2005	Pearl Fay	Liverpool Harriers & Ac	13:05	54	3071	Caitlin Webster	Southport Waterloo Ac	15:03
18	642	Nancy Howe	Liverpool Harriers & Ac	13:06	55	2360	Millie Wright	Preston Harriers	15:15
19	2355	Isabel Owers	Preston Harriers	13:07	56	639	Emmie Teshome	Liverpool Harriers & Ac	15:17
20	636	Yemi Adebajo	Liverpool Harriers & Ac	13:11	57	680	Jessica Nicol	Liverpool Pembroke Sefton	15:19
21	2015	Tillie Wright	Liverpool Harriers & Ac	13:16	58	3107	Holly Bruce	Leigh Harriers & Ac	15:25
22	2007	Mia Feenan	Liverpool Harriers & Ac	13:20	59	2680	Ailsa McCann	Southport Waterloo Ac	15:28
23	638	Scarlett Clausen	Liverpool Harriers & Ac	13:20	60	182	Isabella Williams	Burnley Ac	15:33
24	2003	Phoebe Brew	Liverpool Harriers & Ac	13:21	61	1966	Madisyn Strydom	Leven Valley AC	15:34
25	2351	Iona Bell	Preston Harriers	13:22	62	2090	Lucy Armstrong	Liverpool Pembroke Sefton	15:36
26	463	Ivy Pilkington	Rossendale Harriers & Ac	13:25	63	2098	Bonnie Mahood	Liverpool Pembroke Sefton	15:40
27	2011	Isabella Parry	Liverpool Harriers & Ac	13:29	64	606	Myiah Berry	Blackpool Wyre & Fylde Ac	15:55
28	462	Thea Newton	Rossendale Harriers & Ac	13:32	65	1645	Chloe Senior	Blackpool Wyre & Fylde Ac	15:56
29	208	Winnie Lancaster	Chorley A & T	13:34	66	2676	Sophie Burns	Southport Waterloo Ac	16:01
30	2009	Lottie Hughes	Liverpool Harriers & Ac	13:37	67	329	Lucia Mitchell	Clayton-Le-Moors Harriers	16:02
31	181	Robyn Hall	Burnley Ac	13:39	68	328	Lexie McLean	Clayton-Le-Moors Harriers	16:09
32	1921	Mia Thistlethwaite	Lancaster & Morecambe Ac	13:43	69	325	Sophia Cicconi	Clayton-Le-Moors Harriers	16:25
33	380	Gwyneth Rothwell	Leigh Harriers & Ac	13:46	70	3108	Dorothy Crombleholme	Leigh Harriers & Ac	16:40
34	3111	Rae Vaughan	Leigh Harriers & Ac	13:52	71	2677	Renee Coulson	Southport Waterloo Ac	17:43
35	460	Isabelle Fenn	Rossendale Harriers & Ac	14:00	72	2089	Milly Arden	Liverpool Pembroke Sefton	18:47
36	209	Elsa Thomson	Chorley A & T	14:11	73	2675	Ella Boyd	Southport Waterloo Ac	22:40
37	2949	Melissa Cameron	Kirkby Milers AC	14:14					

Under 13 Girls — TEAM RESULTS

1	Liverpool Harriers & Ac	9	—	2	Daisy Rushton	3	Mia Ford	4	Beau Rawcliffe
2	Preston Harriers	45	—	1	Ellie Blackhurst	19	Isabel Owers	25	Iona Bell
3	Chorley A & T	49	—	7	Ava Winstanley	13	Georgina Benson	29	Winnie Lancaster
4	Leigh Harriers & Ac	77	—	10	Bee Metcalfe	33	Gwyneth Rothwell	34	Rae Vaughan
5	Rossendale Harriers & Ac	89	—	26	Ivy Pilkington	28	Thea Newton	35	Isabelle Fenn
6	Blackpool Wyre & Fylde Ac	98	—	12	Saraya Plenderleith	41	Maggie Belfield	45	Abigail McKone
7	Southport Waterloo Ac	108	—	5	Lucy Delamere	49	Amelia Salkeld	54	Caitlin Webster
8	Leven Valley AC	118	—	15	Imogen Moore	42	Mia Griffiths	61	Madisyn Strydom
9	Clayton-Le-Moors Harriers	150	—	39	Molly Jackson	44	Freya Thomas	67	Lucia Mitchell
10	Liverpool Pembroke Sefton	165	—	46	Georgia Piron	57	Jessica Nicol	62	Lucy Armstrong

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 23rd November 2024

Race 4 - Under 13 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	2348	Jack Turner	Preston Harriers	11:00	31	2672	Lewis Mcllroy	Southport Waterloo Ac	13:13
2	1516	Noah Cook	Barrow & Furness Striders	11:02	32	1848	Oliver Wrigley	Kendal AAC	13:14
3	2350	Albert Yates	Preston Harriers	11:11	33	3085	Joshua Waide	Wigan & District H & Ac	13:17
4	1520	Theo Zaboklicki	Barrow & Furness Striders	11:14	34	2956	George Jackson	Kirkby Milers AC	13:19
5	2346	Harry Hopkinson	Preston Harriers	11:17	35	321	Ethan Carson	Clayton-Le-Moors Harriers	13:19
6	2344	Freddy Cheyne	Preston Harriers	11:19	36	452	Arthur Grenfell	Rossendale Harriers & Ac	13:19
7	2671	James McGrory	Southport Waterloo Ac	11:26	37	3083	Jack Marsh	Wigan & District H & Ac	13:20
8	2002	Robert Worrall	Liverpool Harriers & Ac	11:36	38	2080	Thomas Howard	Liverpool Pembroke Sefton	13:23
9	2017	Max Myles	Liverpool Harriers & Ac	11:50	39	666	Lucas Winfield	Liverpool Harriers & Ac	13:26
10	1845	Jos Jebb	Kendal AAC	11:51	40	2073	Jacob Armstrong	Liverpool Pembroke Sefton	13:40
11	451	Charlie Dobson	Rossendale Harriers & Ac	11:54	41	454	Archie Little	Rossendale Harriers & Ac	13:41
12	3115	Oscar Davies	Leigh Harriers & Ac	11:59	42	3072	James Silcox	Southport Waterloo Ac	13:48
13	1637	Jasper Hall	Blackpool Wyre & Fylde Ac	12:01	43	665	Andrew Chadwick	Liverpool Harriers & Ac	13:50
14	1640	Harry Posner	Blackpool Wyre & Fylde Ac	12:09	44	2957	Aron Savage	Kirkby Milers AC	13:59
15	559	Jack Mitchell	Trawden Athletic Club	12:09	45	687	Bromley Saul Taylor	Liverpool Pembroke Sefton	14:16
16	206	Thomas Stewart	Chorley A & T	12:10	46	1913	Joe Maguire	Lancaster & Morecambe Ac	14:18
17	2001	Joseph McKenna	Liverpool Harriers & Ac	12:11	47	323	Braeden-Lee Robinson	Clayton-Le-Moors Harriers	14:25
18	1638	Bobby Hastwell	Blackpool Wyre & Fylde Ac	12:11	48	3120	Oisin Doran	Leigh Harriers & Ac	14:30
19	100	Max Unthank	Blackburn Harriers & Ac	12:12	49	2926	Dylan Meacock	Barrow & Furness Striders	14:56
20	3045	Matthew Bennett	Preston Harriers	12:24	50	3116	B McOnie-Lownsbrough	Leigh Harriers & Ac	14:56
21	2669	George Hawthorn	Southport Waterloo Ac	12:30	51	320	Kaden Anderton	Clayton-Le-Moors Harriers	15:06
22	324	Alex Smialek	Clayton-Le-Moors Harriers	12:50	52	2951	Ryan Poland	Kirkby Milers AC	15:08
23	2347	Dylan Parker	Preston Harriers	12:55	53	2201	Reuben May	Lytham St Annes Rr Club	15:09
24	204	William Jenner	Chorley A & T	12:56	54	3082	Ryan Catton	Wigan & District H & Ac	15:20
25	93	Theo Addy	Blackburn Harriers & Ac	12:57	55	2077	Cruz Edwards	Liverpool Pembroke Sefton	15:24
26	2076	Jack Clancy	Liverpool Pembroke Sefton	12:57	56	203	Oliver Holden	Chorley A & T	15:38
27	1842	Lawrie Belshaw	Kendal AAC	12:58	57	456	Robin Vidler	Rossendale Harriers & Ac	16:00
28	457	Harry Walker	Rossendale Harriers & Ac	13:00	58	2958	Zak Thompson	Kirkby Milers AC	16:15
29	2349	Nathaniel White	Preston Harriers	13:07	59	2938	Owen Walker	Burnley Ac	20:16
30	2345	Ruben Harwood	Preston Harriers	13:12					

Race 4 - Under 13 Boys — TEAM RESULTS

1	Preston Harriers	9	—	1	Jack Turner	3	Albert Yates	5	Harry Hopkinson
2	Liverpool Harriers & Ac	34	—	8	Robert Worrall	9	Max Myles	17	Joseph McKenna
3	Blackpool Wyre & Fylde Ac	45	—	13	Jasper Hall	14	Harry Posner	18	Bobby Hastwell
4	Barrow & Furness Striders	55	—	2	Noah Cook	4	Theo Zaboklicki	49	Dylan Meacock
5	Southport Waterloo Ac	59	—	7	James McGrory	21	George Hawthorn	31	Lewis Mcllroy
6	Kendal AAC	69	—	10	Jos Jebb	27	Lawrie Belshaw	32	Oliver Wrigley
7	Rossendale Harriers & Ac	75	—	11	Charlie Dobson	28	Harry Walker	36	Arthur Grenfell
8	Chorley A & T	96	—	16	Thomas Stewart	24	William Jenner	56	Oliver Holden
9	Liverpool Pembroke Sefton	104	—	26	Jack Clancy	38	Thomas Howard	40	Jacob Armstrong
10	Clayton-Le-Moors Harriers	104	—	22	Alex Smialek	35	Ethan Carson	47	Braeden-Lee Robinson
11	Leigh Harriers & Ac	110	—	12	Oscar Davies	48	Oisin Doran	50	B McOnie-Lownsbrough
12	Wigan & District H & Ac	124	—	33	Joshua Waide	37	Jack Marsh	54	Ryan Catton
13	Kirkby Milers AC	130	—	34	George Jackson	44	Aron Savage	52	Ryan Poland

Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 23rd November 2024

Race 4 - Under 15 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	2477	Lucia Connell	Sedbergh School RC	11:33	33	119	Lottie Hesketh	Blackburn Harriers & Ac	13:19
2	646	Rebecca Murphy	Liverpool Harriers & Ac	11:37	34	2891	Mia Lacy	Wigan & District H & Ac	13:22
3	1657	Kristy Leitch	Blackpool Wyre & Fylde Ac	11:49	35	644	Mya Burney	Liverpool Harriers & Ac	13:28
4	217	Isabel Goodman	Chorley A & T	11:54	36	1978	Rosie Scott	Leven Valley AC	13:29
5	121	Millie Jordan	Blackburn Harriers & Ac	12:03	37	2478	Julia Fielding	Sedbergh School RC	13:30
6	1655	Aimee Harling	Blackpool Wyre & Fylde Ac	12:09	38	696	Marianna Northwood	Preston Harriers	13:35
7	1656	Pollyanna Kershaw	Blackpool Wyre & Fylde Ac	12:14	39	1658	Isla Macpherson	Blackpool Wyre & Fylde Ac	13:43
8	2377	Sophie Mitchell	Preston Harriers	12:16	40	1864	Lily Slater	Kendal AAC	13:47
9	472	Ruby Cleaver	Rossendale Harriers & Ac	12:25	41	1976	Katelyn Douglas	Leven Valley AC	13:59
10	1861	Isla Jebb	Kendal AAC	12:27	42	219	Eleanor Jenner	Chorley A & T	14:04
11	2021	Maisie Williams	Liverpool Harriers & Ac	12:29	43	2480	Elizabeth Harrison	Sedbergh School RC	14:19
12	2022	Evie Worrall	Liverpool Harriers & Ac	12:30	44	647	Marissa Phillips	Liverpool Harriers & Ac	14:22
13	2698	Lauren Silcox	Southport Waterloo Ac	12:30	45	3042	Grace Doran	Liverpool Harriers & Ac	14:22
14	129	Agatha Taylor	Blackburn Harriers & Ac	12:37	46	1931	Alice Lupton	Lancaster & Morecambe Ac	14:27
15	2376	Elsie McKeever	Preston Harriers	12:39	47	1932	Rahael Talks	Lancaster & Morecambe Ac	14:35
16	2020	Grace Veevers	Liverpool Harriers & Ac	12:45	48	2479	Grace Goligher	Sedbergh School RC	14:38
17	6951	Thompson-Amrith	Preston Harriers	12:46	49	2482	Mariella Mycielska	Sedbergh School RC	14:40
18	1862	Isla Pearman	Kendal AAC	12:47	50	1929	Tilly Dowthwaite	Lancaster & Morecambe Ac	14:41
19	2694	Sienna Fortune	Southport Waterloo Ac	12:51	51	2699	Daisy Wong	Southport Waterloo Ac	14:52
20	471	Alice Carr	Rossendale Harriers & Ac	12:53	52	2109	Daisy Wells	Liverpool Pembroke Sefton	15:00
21	643	Frances O'Brien	Liverpool Harriers & Ac	13:00	53	2931	Akalyna Boynton	Blackpool Wyre & Fylde Ac	15:10
22	1857	Cara Bradley	Kendal AAC	13:05	54	675	Savanna Holcroft	Liverpool Harriers & Ac	15:18
23	2019	Maisie McGuirk	Liverpool Harriers & Ac	13:06	55	337	Avalina Cicconi	Clayton-Le-Moors Harriers	15:27
24	221	Maisie Preston	Chorley A & T	13:09	56	2695	Olivia Johnson	Southport Waterloo Ac	15:46
25	473	Lyla Duffy	Rossendale Harriers & Ac	13:11	57	3006	Arwen Cresswell	Lancaster & Morecambe Ac	15:49
26	223	Millie Reid	Chorley A & T	13:12	58	1865	Isabelle Wrigley	Kendal AAC	15:52
27	222	Isobel Reid	Chorley A & T	13:13	59	1930	Olivia Hemingway	Lancaster & Morecambe Ac	16:28
28	1860	Tess Evans	Kendal AAC	13:14	60	2105	Hattie Loughrey	Liverpool Pembroke Sefton	16:37
29	1652	Jemima Bradburn	Blackpool Wyre & Fylde Ac	13:17	61	474	Louise Lusty	Rossendale Harriers & Ac	17:10
30	2892	Holly Nicholls	Wigan & District H & Ac	13:18	62	215	Maisie Edwards	Chorley A & T	17:28
31	648	Lillian Rotheram	Liverpool Harriers & Ac	13:18	63	339	Annabelle Mitchell	Clayton-Le-Moors Harriers	18:17
32	2018	Bonita Kewley	Liverpool Harriers & Ac	13:19					

Race 4 - Under 15 Girls — TEAM RESULTS

1	Blackpool Wyre & Fylde Ac	16	—	3	Kristy Leitch	6	Aimee Harling	7	Pollyanna Kershaw
2	Liverpool Harriers & Ac	25	—	2	Rebecca Murphy	11	Maisie Williams	12	Evie Worrall
3	Preston Harriers	40	—	8	Sophie Mitchell	15	Elsie McKeever	17	I Thompson-Amrith
4	Kendal AAC	50	—	10	Isla Jebb	18	Isla Pearman	22	Cara Bradley
5	Blackburn Harriers & Ac	52	—	5	Millie Jordan	14	Agatha Taylor	33	Lottie Hesketh
6	Rossendale Harriers & Ac	54	—	9	Ruby Cleaver	20	Alice Carr	25	Lyla Duffy
7	Chorley A & T	54	—	4	Isabel Goodman	24	Maisie Preston	26	Millie Reid
8	Sedbergh School RC	81	—	1	Lucia Connell	37	Julia Fielding	43	Elizabeth Harrison
9	Southport Waterloo Ac	83	—	13	Lauren Silcox	19	Sienna Fortune	51	Daisy Wong
10	Lancaster & Morecambe Ac	143	—	46	Alice Lupton	47	Rahael Talks	50	Tilly Dowthwaite

Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 23rd November 2024

Race 5 - Under 15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2688	William Delamere	Southport Waterloo Ac	10:02	26	3088	Dylan Gough	Wigan & District H & Ac	12:25
2	2691	Caleb Still	Southport Waterloo Ac	10:18	27	111	Tom Falencki	Blackburn Harriers & Ac	12:32
3	469	Francis Vidler	Rossendale Harriers & Ac	10:34	28	688	Bentley McKintosh	Liverpool Pembroke Sefton	12:36
4	112	William Grundy	Blackburn Harriers & Ac	10:41	29	700	Oliver Caslake	Preston Harriers	12:37
5	2471	George Martin	Sedbergh School RC	10:50	30	2686	Spencer Campbell	Southport Waterloo Ac	12:58
6	2687	Eddy Clark	Southport Waterloo Ac	10:53	31	669	John Leonard	Liverpool Harriers & Ac	13:01
7	2367	Jack Mawdsley	Preston Harriers	11:07	32	1972	Henry Murray	Leven Valley AC	13:04
8	2371	Samuel Ridgway	Preston Harriers	11:16	33	2456	Toby Steel	Rossendale Harriers & Ac	13:10
9	1647	Archie Belfield	Blackpool Wyre & Fylde Ac	11:24	34	2885	James Darby	Wigan & District H & Ac	13:12
10	1648	William Kershaw	Blackpool Wyre & Fylde Ac	11:36	35	333	Oscar Clayton	Clayton-Le-Moors Harriers	13:13
11	115	Theo Robinson	Blackburn Harriers & Ac	11:38	36	2888	Henry Jeffs-Watts	Wigan & District H & Ac	13:15
12	701	Finley Greenhalgh	Preston Harriers	11:41	37	3119	Barnaby Crombleholme	Leigh Harriers & Ac	13:17
13	2383	Samuel Bates	Preston Harriers	11:45	38	211	Oliver Bruce	Chorley A & T	13:20
14	213	Benedict Raby	Chorley A & T	11:48	39	3123	Henri Mannion	Leigh Harriers & Ac	13:25
15	113	George Holman	Blackburn Harriers & Ac	11:52	40	2104	William Roberts	Liverpool Pembroke Sefton	13:34
16	466	Thomas Black	Rossendale Harriers & Ac	11:56	41	2689	Harry Lavery	Southport Waterloo Ac	13:35
17	2889	Zak Manir-Jolley	Wigan & District H & Ac	11:58	42	336	Hussain Webster	Clayton-Le-Moors Harriers	13:59
18	2971	Lucas Houghton	Kirkby Milers AC	12:06	43	668	Cian Hambleton	Liverpool Harriers & Ac	14:20
19	2473	Harry Sewell	Sedbergh School RC	12:09	44	702	Harvey McChrystal	Preston Harriers	14:25
20	667	Callum Finch	Liverpool Harriers & Ac	12:10	45	3044	Daniel Chadwick	Liverpool Harriers & Ac	14:30
21	2685	Richard Berry	Southport Waterloo Ac	12:11	46	335	Corbyn Thomas	Clayton-Le-Moors Harriers	15:25
22	212	Wilf Hudson	Chorley A & T	12:12	47	334	Owen Siguenza	Clayton-Le-Moors Harriers	15:50
23	2886	Alexander Glenn	Wigan & District H & Ac	12:17	48	332	Leo Chatburn	Clayton-Le-Moors Harriers	16:25
24	2690	Daniel Shalliker	Southport Waterloo Ac	12:24					
25	2102	Ben Maitland	Liverpool Pembroke Sefton	12:25					

Race 5 - Under 15 Boys — TEAM RESULTS

1 Southport Waterloo Ac	9 — 1 William Delamere	2 Caleb Still	6 Eddy Clark
2 Preston Harriers	27 — 7 Jack Mawdsley	8 Samuel Ridgway	12 Finley Greenhalgh
3 Blackburn Harriers & Ac	30 — 4 William Grundy	11 Theo Robinson	15 George Holman
4 Rossendale Harriers & Ac	52 — 3 Francis Vidler	16 Thomas Black	33 Toby Steel
5 Wigan & District H & Ac	66 — 17 Zak Manir-Jolley	23 Alexander Glenn	26 Dylan Gough
6 Chorley A & T	74 — 14 Benedict Raby	22 Wilf Hudson	38 Oliver Bruce
7 Liverpool Pembroke Sefton	93 — 25 Ben Maitland	28 Bentley McKintosh	40 William Roberts
8 Liverpool Harriers & Ac	94 — 20 Callum Finch	31 John Leonard	43 Cian Hambleton
9 Clayton-Le-Moors Harriers	123 — 35 Oscar Clayton	42 Hussain Webster	46 Corbyn Thomas

Race 5 - Under 17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1984	Marina Bailey	Leven Valley AC	17:52	16	650	Eleanor Redmond	Liverpool Harriers & Ac	20:02
2	670	Bailey Hughes	Liverpool Harriers & Ac	18:03	17	651	Hannah Robinson	Liverpool Harriers & Ac	20:18
3	2395	Sarah Yates	Preston Harriers	18:28	18	1936	Annie Dickinson	Lancaster & Morecambe Ac	20:33
4	653	Valerie Teare	Liverpool Harriers & Ac	18:35	19	2895	Katie Bonner	Wigan & District H & Ac	20:34
5	2393	Molly Taylor	Preston Harriers	18:43	20	487	Isla McNally	Rossendale Harriers & Ac	20:45
6	1938	Isabelle Murphy	Lancaster & Morecambe Ac	19:05	21	652	Isobel Robinson	Liverpool Harriers & Ac	21:20
7	2706	C XMonahan	Southport Waterloo Ac	19:12	22	2708	Amelie Scott	Southport Waterloo Ac	21:35
8	1986	Lucy Bell	Leven Valley AC	19:19	23	486	Xara Lewis	Rossendale Harriers & Ac	21:38
9	649	Isabella Doran	Liverpool Harriers & Ac	19:25	24	2705	Eva Meredith	Southport Waterloo Ac	21:48
10	1987	Ellen Douglas	Leven Valley AC	19:28	25	2508	Elif Sancar	Sedbergh School RC	21:53
11	2478	Julia Fielding	Sedbergh School RC	19:50	26	1937	Erin Gillan	Lancaster & Morecambe Ac	22:12
12	153	Isabelle Perry	Blackburn Harriers & Ac	19:51	27	1988	Sophie Leadbetter	Leven Valley AC	22:20
13	2392	Holly Moffatt	Preston Harriers	19:58	28	2704	Isla Gray	Southport Waterloo Ac	22:59
14	485	Matilda Duffy	Rossendale Harriers & Ac	19:59	29	2898	Nour Kholeif	Wigan & District H & Ac	24:42
15	1985	Barrowdale-Smith	Leven Valley AC	20:00					

Race 5 - Under 17 Women — TEAM RESULTS

1 Liverpool Harriers & Ac	15 — 2 Bailey Hughes	4 Valerie Teare	9 Isabella Doran
2 Leven Valley AC	19 — 1 Marina Bailey	8 Lucy Bell	10 Ellen Douglas
3 Preston Harriers	21 — 3 Sarah Yates	5 Molly Taylor	13 Holly Moffatt
4 Lancaster & Morecambe Ac	50 — 6 Isabelle Murphy	18 Annie Dickinson	26 Erin Gillan
5 Southport Waterloo Ac	53 — 7 C XMonahan	22 Amelie Scott	24 Eva Meredith
6 Rossendale Harriers & Ac	57 — 14 Matilda Duffy	20 Isla McNally	23 Xara Lewis

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 23rd November 2024

Race 6 - Under 17 Men — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	2487	Hugo Berry	Sedbergh School RC	14:37	22	2114	Daniel Procter	Liverpool Pembroke Sefton	17:26
2	1934	Jack Eccles	Lancaster & Morecambe Ac	15:10	23	2387	Tom Jepson	Preston Harriers	17:38
3	137	Oliver Gill	Blackburn Harriers & Ac	15:15	24	2113	Daniel Liggat	Liverpool Pembroke Sefton	17:41
4	132	Samuel Aspey	Blackburn Harriers & Ac	15:32	25	369	Peter Sagar-Moss	Hyndburn Ac	17:48
5	671	Max Taylor	Liverpool Harriers & Ac	15:36	26	2893	Reuben Goulding	Wigan & District H & Ac	18:00
6	1981	Will McNally	Leven Valley AC	15:42	27	481	Theo Ormrod	Rosendale Harriers & Ac	18:29
7	2700	Liam McCormick	Southport Waterloo Ac	15:49	28	568	Charlie Reeder	Trawden Athletic Club	18:33
8	2703	Luke Ward	Southport Waterloo Ac	16:04	29	2701	Theo Osborne	Southport Waterloo Ac	18:38
9	148	Jack Wood	Blackburn Harriers & Ac	16:12	30	139	Loucas Lancashire	Blackburn Harriers & Ac	18:50
10	147	Henry Ward	Blackburn Harriers & Ac	16:14	31	2702	Will Rothwell	Southport Waterloo Ac	18:51
11	2894	Sami Manor-Jolley	Wigan & District H & Ac	16:21	32	567	Max Burke	Trawden Athletic Club	18:59
12	1933	Ben Brassington	Lancaster & Morecambe Ac	16:28	33	713	Ben Norris	Trawden Athletic Club	19:02
13	703	Luke Kane	Preston Harriers	16:28	34	2386	George Darbyshire	Preston Harriers	19:33
14	224	Max Winstanley	Chorley A & T	16:30	35	2493	Joseph Haywood	Sedbergh School RC	19:41
15	1866	Alfie Addison	Kendal AAC	16:34	36	482	Laurence Vidler	Rosendale Harriers & Ac	19:41
16	135	Ethan Cutler	Blackburn Harriers & Ac	16:34	37	2074	Daniel Berry	Liverpool Pembroke Sefton	19:48
17	1980	Marley Griffiths	Leven Valley AC	16:52	38	480	Archie Ogretmen	Rosendale Harriers & Ac	19:49
18	1982	Oliver Oldham	Leven Valley AC	16:58	39	136	Owen Donnelly	Blackburn Harriers & Ac	20:25
19	1983	John Williamson	Leven Valley AC	16:59	40	569	Henry Robinson	Trawden Athletic Club	20:46
20	383	Lucas Gregory	Leigh Harriers & Ac	17:05	41	341	Devon Siguenza	Clayton-Le-Moors Harriers	21:45
21	2361	Thomas Bates	Preston Harriers	17:09					

Race 6 - Under 17 Men — TEAM RESULTS

1 Blackburn Harriers & Ac	16 — 3 Oliver Gill	4 Samuel Aspey	9 Jack Wood
2 Leven Valley AC	41 — 6 Will McNally	17 Marley Griffiths	18 Oliver Oldham
3 Southport Waterloo Ac	44 — 7 Liam McCormick	8 Luke Ward	29 Theo Osborne
4 Preston Harriers	57 — 13 Luke Kane	21 Thomas Bates	23 Tom Jepson
5 Liverpool Pembroke Sefton	83 — 22 Daniel Procter	24 Daniel Liggat	37 Daniel Berry
6 Trawden Athletic Club	93 — 28 Charlie Reeder	32 Max Burke	33 Ben Norris
7 Rosendale Harriers & Ac	101 — 27 Theo Ormrod	36 Laurence Vidler	38 Archie Ogretmen

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 23rd November 2024

Race 6 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time
1	71	Jessica Warner-Judd	L	1 Blackburn Harriers & Ac	28:59
2	420	Hannah Jarvis	L35	1 Rossendale Harriers & Ac	35:10
3	623	Maddie Clark	L20	1 Lancaster University	35:21
4	2558	Maria Cook	L45	1 Skelmersdale Boundary H	35:36
5	2323	Jamie Robinson	L35	2 Preston Harriers	35:56
6	275	Matilda Burnie	L	6 Clayton-Le-Moors Harriers	36:57
7	2315	Katie Littlefair	L	7 Preston Harriers	37:29
8	70	Rebecca Ward	L40	1 Blackburn Harriers & Ac	38:10
9	2562	Victoria Gilbody	L35	3 Skelmersdale Boundary H	38:22
10	625	Maggie Preece	L20	2 Lancaster University	38:26
11	3102	Lauren Gora	L35	4 Lancaster & Morecambe Ac	38:28
12	288	Kim Kennedy	L40	2 Clayton-Le-Moors Harriers	38:45
13	706	Sophie Murphy	L	13 Rossendale Harriers & Ac	38:50
14	612	Lynn Hamel	L35	5 Kendal AAC	39:00
15	620	Molly Busfield	L20	3 Lancaster University	39:02
16	2063	Rachel Yates	L45	2 Liverpool Pembroke Sefton	39:05
17	2053	Grace Beesley	L	17 Liverpool Pembroke Sefton	39:19
18	422	Sarah Longshaw	L	18 Rossendale Harriers & Ac	39:31
19	2651	Andrea Scarborough	L40	3 Southport Waterloo Ac	39:31
20	2304	Cathy Flitcroft	L60	1 Preston Harriers	39:34
21	190	Laura Livesey	L35	6 Chorley A & T	39:35
22	344	Emma Guilfoyle	L	22 Hyndburn Ac	39:37
23	1955	Elizabeth McNally	L50	1 Leven Valley AC	39:44
24	603	Mary O'Gorman	L	24 Blackburn Harriers & Ac	39:51
25	681	Amelia Newbold	L	25 Liverpool Pembroke Sefton	40:05
26	2876	Kelly Staunton	L	26 Wigan & District H & Ac	40:08
27	2170	Joanna Goorney	L55	1 Lytham St Annes Rr Club	40:25
28	2864	Jayne Collins	L60	2 Wigan & District H & Ac	40:44
29	2179	Leanne Nield	L35	7 Lytham St Annes Rr Club	40:53
30	2059	Amelia Hitchmough	L	30 Liverpool Pembroke Sefton	41:03
31	621	Eleanor Hughes	L20	4 Lancaster University	41:06
32	3130	Katie Sanderson	L45	3 Leigh Harriers & Ac	41:17
33	1823	Caroline Holden	L55	2 Kendal AAC	41:24
34	2965	Jennifer Houghton	L40	4 Kirkby Milers AC	41:34
35	281	Lisa Ellis	L40	5 Clayton-Le-Moors Harriers	41:49
36	1615	Basia Pawelczak	L	36 Blackpool Wyre & Fylde Ac	42:03
37	2061	Lisa Procter	L45	4 Liverpool Pembroke Sefton	42:09
38	276	Susan Burns	L65	1 Clayton-Le-Moors Harriers	42:11
39	2943	Carla Houghton	L	39 Kirkby Milers AC	42:11
40	280	Alison Dugdale	L55	3 Clayton-Le-Moors Harriers	42:14
41	2060	Ali Piron	L40	6 Liverpool Pembroke Sefton	42:18
42	2052	Gwennan Anderson	L45	5 Liverpool Pembroke Sefton	42:26
43	291	Kirstie Millar	L35	8 Clayton-Le-Moors Harriers	42:52
44	2176	Melanie Koth	L50	2 Lytham St Annes Rr Club	42:54
45	414	Joanne Cleaver	L40	7 Rossendale Harriers & Ac	42:59
46	1613	Suzanne Leonard	L50	3 Blackpool Wyre & Fylde Ac	43:03
47	1900	Miriam Maher	L55	4 Lancaster & Morecambe Ac	43:18
48	1612	Laura Lawler	L55	5 Blackpool Wyre & Fylde Ac	43:18
49	2867	Lisa Heyes	L50	4 Wigan & District H & Ac	43:23
50	619	Alana Bodell	L20	5 Lancaster University	44:00
51	626	Charlotte Xross	L	51 Lancaster University	44:02
52	2055	Katherine Clancy	L40	8 Liverpool Pembroke Sefton	44:06
53	1956	Niamh McNally	L	53 Leven Valley AC	44:12
54	2572	Jemma Taylor	L35	9 Skelmersdale Boundary H	44:37
55	3008	Sophie Steele	L20	6 Lancaster University	44:44
56	1901	Christina McGuire	L60	3 Lancaster & Morecambe Ac	44:47
57	604	Jenny McAndrew	L45	6 Blackburn Harriers & Ac	44:57
58	298	Michelle Sumner	L40	9 Clayton-Le-Moors Harriers	45:01
59	1609	Julie Hall	L45	7 Blackpool Wyre & Fylde Ac	45:06
60	1832	Lisa Wrigley	L45	8 Kendal AAC	45:26
61	292	Tracy Mitchell	L50	5 Clayton-Le-Moors Harriers	45:27
62	296	Julia Rushton	L60	4 Clayton-Le-Moors Harriers	45:36
63	3129	Rachel Pollitt	L	63 Leigh Harriers & Ac	45:45
64	416	Claire Dobson	L40	10 Rossendale Harriers & Ac	45:52
65	1825	Natasha Miller	L40	11 Kendal AAC	45:57
66	430	Shauna Williamson	L	66 Rossendale Harriers & Ac	46:18
67	415	Hena Corbishley	L40	12 Rossendale Harriers & Ac	46:27
68	2962	Nicola Kitts	L35	10 Kirkby Milers AC	46:57
69	283	Rachel Gilmore	L50	6 Blackpool Wyre & Fylde Ac	47:39
70	1603	Karen Dunford	L55	6 Blackpool Wyre & Fylde Ac	47:41
71	2566	Michelle Loughlin	L55	7 Skelmersdale Boundary H	47:47
72	2166	Xavia Cooper	L45	9 Lytham St Annes Rr Club	47:49
73	2812	Anne Mayers-Smith	L45	10 Wesham Road Runners & Ac	47:57
74	2436	Sarah Denver	L35	11 Red Rose Road Runners	48:02
75	2182	Julia Rolfe	L60	5 Lytham St Annes Rr Club	48:04
76	2576	Anna Williams	L45	11 Skelmersdale Boundary H	48:12
77	2813	Lisa Minns	L60	6 Wesham Road Runners & Ac	48:16
78	614	Alexandra XMounsey	L40	13 Lancaster & Morecambe Ac	48:32
79	2171	Ciara Greene	L	79 Lytham St Annes Rr Club	48:44
80	1957	Colleen Oldham	L45	12 Leven Valley AC	48:46
81	1824	Carolyn Kevan	L65	2 Kendal AAC	48:51
82	1827	Dianne Priestley	L70	1 Kendal AAC	49:12
83	2870	Rachel Lawton	L50	7 Wigan & District H & Ac	49:43
84	3170	Miriam Eaton	L	84 Kirkby Milers AC	49:56
85	707	Leah Quine	L	85 Skelmersdale Boundary Harrier	50:01
86	2551	Sally Adams	L50	8 Skelmersdale Boundary H	50:24
87	2062	Sharon Roberts	L50	9 Liverpool Pembroke Sefton	50:39
88	2054	Tracy Berry	L45	13 Liverpool Pembroke Sefton	50:40
89	2800	Clare Belfield	L40	14 Wesham Road Runners & Ac	51:41
90	285	Helen Harrison	L55	8 Clayton-Le-Moors Harriers	52:10
91	2966	Jayne Russell	L45	14 Kirkby Milers AC	52:36
92	301	Katy Thompson	L70	2 Clayton-Le-Moors Harriers	53:43
93	3009	Sophie Hartley	L20	7 Lancaster University	53:52
94	1992	Jess Bailey	L20	8 Leven Valley AC	53:56
95	300	Sarah Thomas	L35	12 Clayton-Le-Moors Harriers	54:04
96	287	Clare Jackson	L40	15 Clayton-Le-Moors Harriers	54:28
97	279	Carol Clegg	L40	16 Clayton-Le-Moors Harriers	54:36
98	2326	Julie Tyrer	L45	15 Preston Harriers	55:06
99	1898	Anne Carman	L65	3 Lancaster & Morecambe Ac	55:18
100	2313	Agnieszka Kowalczyk	L35	13 Preston Harriers	56:11
101	2455	Sara Steel	L45	16 Rossendale Harriers & Ac	57:08
102	2328	Sue Wickham	L60	7 Preston Harriers	58:19
103	1611	Claire Irons	L40	17 Blackpool Wyre & Fylde Ac	59:32
104	277	Judith Carey	L45	17 Clayton-Le-Moors Harriers	1:04:42
105	2578	Hannah Wilson	L40	18 Skelmersdale Boundary H	1:05:11
106	2571	Hamda Sandison	L	106 Skelmersdale Boundary H	1:05:16
107	3126	Debbie Copper	L40	19 Leigh Harriers & Ac	1:05:42
108	289	Christine Leathley	L75	1 Clayton-Le-Moors Harriers	1:09:37
109	284	Karin Goss	L75	2 Clayton-Le-Moors Harriers	1:09:40
110	2306	Charlotte Gregory	L	110 Preston Harriers	1:09:54
111	273	Sue Allen	L60	8 Clayton-Le-Moors Harriers	1:09:54

Race 6 - Ladies over 18 — TEAM RESULTS

1	Lancaster University	28	—	3	Maddie Clark	10	Maggie Preece	15	Molly Busfield
2	Preston Harriers	32	—	5	Jamie Robinson	7	Katie Littlefair	20	Cathy Flitcroft
3	Rossendale Harriers & Ac	33	—	2	Hannah Jarvis	13	Sophie Murphy	18	Sarah Longshaw
4	Blackburn Harriers & Ac	33	—	1	Jessica Warner-Judd	8	Rebecca Ward	24	Mary O'Gorman
5	Clayton-Le-Moors Harriers	53	—	6	Matilda Burnie	12	Kim Kennedy	35	Lisa Ellis
6	Liverpool Pembroke Sefton	58	—	16	Rachel Yates	17	Grace Beesley	25	Amelia Newbold
7	Skelmersdale Boundary H	67	—	4	Maria Cook	9	Victoria Gilbody	54	Jemma Taylor
8	Lytham St Annes Rr Club	100	—	27	Joanna Goorney	29	Leanne Nield	44	Melanie Koth
9	Wigan & District H & Ac	103	—	26	Kelly Staunton	28	Jayne Collins	49	Lisa Heyes
10	Kendal AAC	107	—	14	Lynn Hamel	33	Caroline Holden	60	Lisa Wrigley
11	Liverpool Pembroke Sefton 'B'	108	—	30	Amelia Hitchmough	37	Lisa Procter	41	Ali Piron
12	Lancaster & Morecambe Ac	114	—	11	Lauren Gora	47	Miriam Maher	56	Christina McGuire
13	Clayton-Le-Moors Harriers 'B'	121	—	38	Susan Burns	40	Alison Dugdale	43	Kirstie Millar
14	Blackpool Wyre & Fylde Ac	130	—	36	Basia Pawelczak	46	Suzanne Leonard	48	Laura Lawler
15	Lancaster University 'B'	132	—	31	Eleanor Hughes	50	Alana Bodell	51	Charlotte Xross
16	Kirkby Milers AC	141	—	34	Jennifer Houghton	39	Carla Houghton	68	Nicola Kitts
17	Leven Valley AC	156	—	23	Elizabeth McNally	53	Niamh McNally	80	Colleen Oldham
18	Rossendale Harriers & Ac 'B'	175	—	45	Joanne Cleaver	64	Claire Dobson	66	Shauna Williamson
19	Leigh Harriers & Ac	202	—	32	Katie Sanderson	63	Rachel Pollitt	107	Debbie Copper
20	Lytham St Annes Rr Club 'B'	226	—	72	Xavia Cooper	75	Julia Rolfe	79	Ciara Greene
21	Kendal AAC 'B'	228	—	65	Natasha Miller	81	Carolyn Kevan	82	Dianne Priestley
22	Blackpool Wyre & Fylde Ac 'B'	232	—	59	Julie Hall	70	Karen Dunford	103	Claire Irons
23	Skelmersdale Boundary H 'B'	233	—	71	Michelle Loughlin	76	Anna Williams	86	Sally Adams
24	Wesham Road Runners & Ac	239	—	73	Anne Mayers-Smith	77	Lisa Minns	89	Clare Belfield
25	Preston Harriers 'B'	300	—	98	Julie Tyrer	100	Agnieszka Kowalczyk	102	Sue Wickham

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Race 6 - Ladies over 35 — TEAM RESULTS

1 Skelmersdale Boundary H	41 —	2 Maria Cook	5 Victoria Gilbody	34 Jemma Taylor
2 Clayton-Le-Moors Harriers	49 —	7 Kim Kennedy	20 Lisa Ellis	22 Susan Burns
3 Liverpool Pembroke Sefton	54 —	9 Rachel Yates	21 Lisa Procter	24 Ali Piron
4 Lytham St Annes Rr Club	57 —	14 Joanna Goorney	16 Leanne Nield	27 Melanie Koth
5 Kendal AAC	65 —	8 Lynn Hamel	18 Caroline Holden	39 Lisa Wrigley
6 Lancaster & Morecambe Ac	71 —	6 Lauren Gora	30 Miriam Maher	35 Christina McGuire
7 Rossendale Harriers & Ac	71 —	1 Hannah Jarvis	28 Joanne Cleaver	42 Claire Dobson
8 Preston Harriers	84 —	3 Jamie Robinson	11 Cathy Flitcroft	70 Julie Tyrer
9 Blackpool Wyre & Fylde Ac	98 —	29 Suzanne Leonard	31 Laura Lawler	38 Julie Hall
10 Wigan & District H & Ac	106 —	15 Jayne Collins	32 Lisa Heyes	59 Rachel Lawton
11 Kirkby Milers AC	129 —	19 Jennifer Houghton	45 Nicola Kitts	65 Jayne Russell
12 Wesham Road Runners & Ac	167 —	50 Anne Mayers-Smith	54 Lisa Minns	63 Clare Belfield

Race 6 - Ladies over 45 — TEAM RESULTS

1 Liverpool Pembroke Sefton	23 —	2 Rachel Yates	9 Lisa Procter	12 Gwennan Anderson
2 Clayton-Le-Moors Harriers	43 —	10 Susan Burns	11 Alison Dugdale	22 Tracy Mitchell
3 Lytham St Annes Rr Club	45 —	5 Joanna Goorney	13 Melanie Koth	27 Xavia Cooper
4 Blackpool Wyre & Fylde Ac	50 —	14 Suzanne Leonard	16 Laura Lawler	20 Julie Hall
5 Skelmersdale Boundary H	57 —	1 Maria Cook	26 Michelle Loughlin	30 Anna Williams
6 Wigan & District H & Ac	58 —	6 Jayne Collins	17 Lisa Heyes	35 Rachel Lawton
7 Kendal AAC	62 —	8 Caroline Holden	21 Lisa Wrigley	33 Carolyn Kevan
8 Lancaster & Morecambe Ac	76 —	15 Miriam Maher	18 Christina McGuire	43 Anne Carman
9 Preston Harriers	90 —	3 Cathy Flitcroft	42 Julie Tyrer	45 Sue Wickham

Race 6 - Ladies over 55 — TEAM RESULTS

1 Clayton-Le-Moors Harriers	21 —	5 Susan Burns	6 Alison Dugdale	10 Julia Rushton
2 Kendal AAC	35 —	4 Caroline Holden	15 Carolyn Kevan	16 Dianne Priestley
3 Lancaster & Morecambe Ac	35 —	7 Miriam Maher	9 Christina McGuire	19 Anne Carman

Race 6 - Ladies over 65 — TEAM RESULTS

1 Clayton-Le-Moors Harriers	11 —	1 Susan Burns	4 Katy Thompson	6 Christine Leathley
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Race 6 - Vet 70 Men — FINAL RESULTS

Pos	Num	Name	Club	Time
1	2760	John Collier	V70 1 Wesham Road Runners & Ac	45:29
2	2244	Alan Appleby	V75 1 Preston Harriers	46:35
3	1698	Anthony Pritchard	V70 2 Garstang Running Club	53:05
4	1697	Kevin Daniels	V75 2 Garstang Running Club	1:14:34

Race 6 - Vet 70 Men — TEAM RESULTS

1 Garstang Running Club	7 —	3 Anthony Pritchard	4 Kevin Daniels
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Race 6 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	623	Maddie Clark	L20	1 Lancaster University	35:21	5	619	Alana Bodell	L20	5 Lancaster University	44:00
2	625	Maggie Preece	L20	2 Lancaster University	38:26	6	3008	Sophie Steele	L20	6 Lancaster University	44:44
3	620	Molly Busfield	L20	3 Lancaster University	39:02	7	3009	Sophie Hartley	L20	7 Lancaster University	53:52
4	621	Eleanor Hughes	L20	4 Lancaster University	41:06	8	1992	Jess Bailey	L20	8 Leven Valley AC	53:56

Race 6 - Ladies under 20 — TEAM RESULTS

1 Lancaster University	6 —	1 Maddie Clark	2 Maggie Preece	3 Molly Busfield
2 Lancaster University 'B'	15 —	4 Eleanor Hughes	5 Alana Bodell	6 Sophie Steele

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 23rd November 2024

Senior Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	25	Ross Harrison		Blackburn Harriers & Ac	27:31	85	2634	Steven Wilkinson	V50	6	Southport Waterloo Ac	36:06	V50	6	Southport Waterloo Ac	36:06	
2	390	Grant Cunliffe		Rossendale Harriers & Ac	28:21	86	3148	Allister Goulding	V55	5	Leigh Harriers & Ac	36:08	V55	5	Leigh Harriers & Ac	36:08	
3	401	Joseph Johnston		Rossendale Harriers & Ac	29:12	87	2155	Jonathan Tuck	V50	7	Lytham St Annes Rr Club	36:09	V50	7	Lytham St Annes Rr Club	36:09	
4	488	William Curry	U20	1	Rossendale Harriers & Ac	29:34	88	630	Ben Bolton	U20	14	Lancaster University	36:10	U20	14	Lancaster University	36:10
5	403	Benjamin Kirkman		Rossendale Harriers & Ac	29:42	89	2548	David Stoddern			Skelmersdale Boundary H	36:11			Skelmersdale Boundary H	36:11	
6	3153	Thomas Knelier		Leigh Harriers & Ac	29:56	90	2410	Emil Bowe			Red Rose Road Runners	36:14			Red Rose Road Runners	36:14	
7	400	Matthew Harris		Rossendale Harriers & Ac	30:02	91	2986	James Ellis	V40	13	Kirkby Milers AC	36:20	V40	13	Kirkby Milers AC	36:20	
8	1939	James Brassington	U20	2	Lancaster & Morecambe Ac	30:03	92	239	Scott Cunliffe	V50	8	Clayton-Le-Moors Harriers	36:25	V50	8	Clayton-Le-Moors Harriers	36:25
9	387	Jonathan Cleaver	V40	1	Rossendale Harriers & Ac	30:06	93	689	Adrian Rogers	V45	11	Liverpool Pembroke Sefton	36:28	V45	11	Liverpool Pembroke Sefton	36:28
10	1943	Ross Campbell		Leven Valley AC	30:14	94	2981	Ben Smith			Kirkby Milers AC	36:34			Kirkby Milers AC	36:34	
11	268	Adam Wale	V40	2	Clayton-Le-Moors Harriers	30:24	95	3171	Adam Fitzsimmons			Kirkby Milers AC	36:41			Kirkby Milers AC	36:41
12	489	Joseph Ormrod	U20	3	Rossendale Harriers & Ac	30:35	96	1879	John Brassington	V50	9	Lancaster & Morecambe Ac	36:45	V50	9	Lancaster & Morecambe Ac	36:45
13	412	Robert Webb		Rossendale Harriers & Ac	30:35	97	1950	Ben Oldham	V45	12	Leven Valley AC	36:47	V45	12	Leven Valley AC	36:47	
14	2598	Ben Johnson		Southport Waterloo Ac	30:40	98	255	David Motley	V40	14	Clayton-Le-Moors Harriers	36:53	V40	14	Clayton-Le-Moors Harriers	36:53	
15	407	Andrew Mellor		Rossendale Harriers & Ac	30:43	99	3143	Joel Denton			Leigh Harriers & Ac	36:56			Leigh Harriers & Ac	36:56	
16	3024	George Booth		Lancaster University	30:45	100	256	Benjamin Nield			Clayton-Le-Moors Harriers	36:58			Clayton-Le-Moors Harriers	36:58	
17	2154	Mike Toft		Lytham St Annes Rr Club	30:59	101	386	Matthew Clawson			Rossendale Harriers & Ac	37:00			Rossendale Harriers & Ac	37:00	
18	2798	Adam Wilding		Wesham Road Runners & Ac	31:03	102	2936	Dominic Lavelle			Blackpool Wyre & Fylde Ac	37:08			Blackpool Wyre & Fylde Ac	37:08	
19	2615	Francois Rafferty	V55	1	Southport Waterloo Ac	31:06	103	633	Addie Tomas Infante			Lancaster University	37:14			Lancaster University	37:14
20	2762	Tom Bamber	V40	3	Wesham Road Runners & Ac	31:09	104	1679	Christopher Hodgson	V45	13	Chorley A & T	37:19	V45	13	Chorley A & T	37:19
21	398	Andrew Grenfell	V40	4	Rossendale Harriers & Ac	31:13	105	629	Sam Sawczuk-Wood	U20	15	Lancaster University	37:21	U20	15	Lancaster University	37:21
22	1547	Noah Cox	U20	4	Blackpool Wyre & Fylde Ac	31:28	106	404	Stuart Lewis	V45	14	Rossendale Harriers & Ac	37:22	V45	14	Rossendale Harriers & Ac	37:22
23	3021	Matthew Lowe	U20	5	Lancaster University	31:34	107	2260	Steve Hallas	V50	10	Preston Harriers	37:26	V50	10	Preston Harriers	37:26
24	3032	Sam Fairhurst		Lancaster University	31:39	108	628	Jamieson McLaren	U20	16	Lancaster University	37:30	U20	16	Lancaster University	37:30	
25	10	Paul Bradshaw		Blackburn Harriers & Ac	31:40	109	2298	Robert Worsey			Preston Harriers	37:32			Preston Harriers	37:32	
26	1887	Mark Leadbeater	V45	1	Lancaster & Morecambe Ac	31:41	110	2987	Gary Fisher	V40	15	Kirkby Milers AC	37:40	V40	15	Kirkby Milers AC	37:40
27	2989	Kevin Polhill	V40	5	Kirkby Milers AC	31:43	111	132	Samuel Aspey			Blackburn Harriers & Ac	37:48			Blackburn Harriers & Ac	37:48
28	17	Christopher Davies	V45	2	Blackburn Harriers & Ac	31:43	112	2631	Stephen Ward	V40	16	Southport Waterloo Ac	37:54	V40	16	Southport Waterloo Ac	37:54
29	618	Joseph Twigg		Lancaster & Morecambe Ac	31:55	113	185	Dominic Raby	V50	11	Chorley A & T	37:54	V50	11	Chorley A & T	37:54	
30	24	Stephen Hall	V45	3	Blackburn Harriers & Ac	31:57	114	2781	Daniel Hounslea			Wesham Road Runners & Ac	37:56			Wesham Road Runners & Ac	37:56
31	3162	Adam Teece		Leigh Harriers & Ac	32:06	115	2777	Carl Groome	V55	6	Wesham Road Runners & Ac	37:58	V55	6	Wesham Road Runners & Ac	37:58	
32	158	Jack Lamb	U20	6	Blackburn Harriers & Ac	32:08	116	2616	Peter Roome	V60	1	Southport Waterloo Ac	38:00	V60	1	Southport Waterloo Ac	38:00
33	388	Michael Corbishley	V40	6	Rossendale Harriers & Ac	32:08	117	183	Dan Edwards	V45	15	Chorley A & T	38:02	V45	15	Chorley A & T	38:02
34	2593	David Hamilton	V55	2	Southport Waterloo Ac	32:19	118	2268	Christopher McCarthy			Preston Harriers	38:06			Preston Harriers	38:06
35	2401	Jenson Warren	U20	7	Preston Harriers	32:28	119	2265	David Lea	V60	2	Preston Harriers	38:07	V60	2	Preston Harriers	38:07
36	3025	Edward Brading		Lancaster University	32:33	120	3168	Thomas Wright			Kirkby Milers AC	38:07			Kirkby Milers AC	38:07	
37	2636	Mark Wynne	V45	4	Southport Waterloo Ac	32:34	121	2536	Daniel Gilbody			Skelmersdale Boundary H	38:14			Skelmersdale Boundary H	38:14
38	2596	George Ingram		Southport Waterloo Ac	32:36	122	395	Alex Frost	V55	7	Rossendale Harriers & Ac	38:15	V55	7	Rossendale Harriers & Ac	38:15	
39	2400	Billy Reid	U20	8	Preston Harriers	32:44	123	2836	Mike Harris	V50	12	Wigan & District H & Ac	38:19	V50	12	Wigan & District H & Ac	38:19
40	2627	Alexander Vernon		Southport Waterloo Ac	32:48	124	2975	Xander Heaton	U20	17	Kirkby Milers AC	38:24	U20	17	Kirkby Milers AC	38:24	
41	710	Ian Roberts	V40	7	Skelmersdale Boundary Harrier	32:55	125	2997	Mark Ingarfield	V50	13	Kirkby Milers AC	38:28	V50	13	Kirkby Milers AC	38:28
42	2286	Luke Suffolk		Preston Harriers	32:59	126	2529	Tom Cocks			Skelmersdale Boundary H	38:28			Skelmersdale Boundary H	38:28	
43	1	Richard Addy	V45	5	Blackburn Harriers & Ac	33:07	127	1710	Colin Jennings	V50	14	Garstang Running Club	38:29	V50	14	Garstang Running Club	38:29
44	2252	Simon Collins	V40	8	Preston Harriers	33:09	128	2584	Neil Adshead	V60	3	Southport Waterloo Ac	38:36	V60	3	Southport Waterloo Ac	38:36
45	2770	Thomas Crabtree		Wesham Road Runners & Ac	33:17	129	2857	Simon Tubbs	V45	16	Wigan & District H & Ac	38:42	V45	16	Wigan & District H & Ac	38:42	
46	2983	Ryan Jones		Kirkby Milers AC	33:18	130	709	Harry Beaumont	U20	18	Skelmersdale Boundary Harrier	38:47	U20	18	Skelmersdale Boundary Harrier	38:47	
47	2622	Ben Stones		Southport Waterloo Ac	33:20	131	2144	Steve Pepper	V40	17	Lytham St Annes Rr Club	38:55	V40	17	Lytham St Annes Rr Club	38:55	
48	1562	Andrew Harling	V40	9	Blackpool Wyre & Fylde Ac	33:21	132	1561	Stuart Hall	V45	17	Blackpool Wyre & Fylde Ac	39:07	V45	17	Blackpool Wyre & Fylde Ac	39:07
49	2050	Nick Turner	V40	10	Liverpool Pembroke Sefton	33:22	133	3158	David Pollitt	V55	8	Leigh Harriers & Ac	39:09	V55	8	Leigh Harriers & Ac	39:09
50	384	Aaron Barker		Rossendale Harriers & Ac	33:22	134	2789	William Parkinson			Wesham Road Runners & Ac	39:12			Wesham Road Runners & Ac	39:12	
51	631	Callum Fricker	U20	9	Lancaster University	33:23	135	2029	John Dickinson	V55	9	Liverpool Pembroke Sefton	39:15	V55	9	Liverpool Pembroke Sefton	39:15
52	2044	Alexander Procter	U20	10	Liverpool Pembroke Sefton	33:26	136	1497	Chris Balderson			Blackburn Harriers & Ac	39:19			Blackburn Harriers & Ac	39:19
53	187	Robert Walsh	V50	1	Chorley A & T	33:32	137	2145	Dominic Read-Garrett			Lytham St Annes Rr Club	39:20			Lytham St Annes Rr Club	39:20
54	250	Calum Holmes		Clayton-Le-Moors Harriers	33:33	138	2408	Jonathan XBorg			Red Rose Road Runners	39:25			Red Rose Road Runners	39:25	
55	2590	John Delamere	V45	6	Southport Waterloo Ac	33:35	139	493	Adrian Blackledge	V45	18	Trawden Athletic Club	39:32	V45	18	Trawden Athletic Club	39:32
56	3028	Hamish Wills		Lancaster University	33:36	140	2850	Wesley Piper			Wigan & District H & Ac	39:34			Wigan & District H & Ac	39:34	
57	2419	Daniel Hughes		Red Rose Road Runners	33:39	141	254	Kieron Mitchell	V50	15	Clayton-Le-Moors Harriers	39:38	V50	15	Clayton-Le-Moors Harriers	39:38	
58	3019	Ed Cox	U20	11	Lancaster University	33:56	142	257	Andrew Payne	V50	16	Clayton-Le-Moors Harriers	39:41	V50	16	Clayton-Le-Moors Harriers	39:41
59	1808	Will Sisson		Kendal AAC	33:59	143	2423	Simon Major			Red Rose Road Runners	39:42			Red Rose Road Runners	39:42	
60	2977	Derri Henderson	U20	12	Kirkby Milers AC	34:04	144	3016	Toby Edwards	U20	19	Lancaster University	39:46	U20	19	Lancaster University	39:46
61	3015	George Beevers	U20	13	Lancaster University	34:05	145	2453	Matthew Ramsden	U20	20	Red Rose Road Runners	39:49	U20	20	Red Rose Road Runners	39:49
62	2156	James Whittle		Lytham St Annes Rr Club	34:12	146	3	Mark Almond	V55	10	Blackburn Harriers & Ac	39:53	V55	10	Blackburn Harriers & Ac	39:53	
63	2845	Mark Morgan-Hillam	V50	2	Wigan & District H & Ac	34:15	147	2824	Sanjay Bisnauthsing			Wigan & District H & Ac	39:53			Wigan & District H & Ac	39:53
64	2767	Mark Belfield	V40	11	Wesham Road Runners & Ac	34:21	148	1583	Jonathon Sanderson			Blackpool Wyre & Fylde Ac	39:55			Blackpool Wyre & Fylde Ac	39:55
65	1881	James Dalgleish	V50	3	Lancaster & Morecambe Ac	34:22	149	2420	Scott Jackson	V45	19	Red Rose Road Runners	39:57	V45	19	Red Rose Road Runners	39:57
66	2838	George Heyes		Wigan & District H & Ac	34:23	150	188	Paul Wareing	V60	4	Chorley A & T	40:03	V60	4	Chorley A & T	40:03	
67	2032	Thomas Harkin	V50	4	Liverpool Pembroke Sefton	34:34	151	2051	Mitchell Wells	V50	17	Liverpool Pembroke Sefton	40:03	V50	17	Liverpool Pembroke Sefton	40:03
68	2620	Marc Singer		Southport Waterloo Ac	34:40	152	235	Carl Carey	V50	18	Clayton-Le-Moors Harriers	40:05	V50	18	Clayton-Le-Moors Harriers	40:05	
69	1885	Mark Holgate	V50	5	Lancaster & Morecambe Ac	34:45	153	1681	Barry Wheeler	V40	18	Chorley A & T	40:10	V40	18	Chorley A & T	40:10
70	2048	Oliver Sutcliffe		Liverpool Pembroke Sefton	34:46	154	1505	Edward Falkingham			Barrow & Furness Striders	40:10			Barrow & Furness Striders	40:10	
71	691	Murray Pattison		Lytham St Annes Rr Club	34:48	155	2995	David Matthews	V45	20	Kirkby Milers AC	40:15	V45	20	Kirkby Milers AC	40:15	
72	266	Richard Stevenson	V45	7	Clayton-Le-Moors Harriers	34:58	156	3136	Anthony Bayley			Leigh Harriers & Ac	40:19			Leigh Harriers & Ac	40:19
73	3161	Dave Smith	V45	8	Leigh Harriers & Ac	35:03	157	1949	Chris Moore	V40	19	Leven Valley AC	40:19	V40	19	Leven Valley AC	40:19
74	3029	Morgan Harley		Lancaster University	35:04	158	2272	Stephen Mort	V50	19	Preston Harriers	40:27	V50	19	Preston Harriers	40:27	
75	1942	John Bell		Leven Valley AC	35:24	159	2545	Andrew Mowatt	V45	21	Skelmersdale Boundary H	40:33	V45	21	Skelmersdale Boundary H	40:33	
76	1589	Joshua Smith		Blackpool Wyre & Fylde Ac	35:26	160	3169	Gary English			Kirkby Milers AC	40:39			Kirkby Milers AC	40:39	
77	392	Ian Duffy	V45	9	Rossendale Harriers & Ac	35:29	161	2414	John Caruthers	V60	5	Red Rose Road Runners	40:43	V60	5	Red Rose Road Runners	40:43
78	2839	John Heyes	V55	3	Wigan & District H & Ac	35:34	162	3026	Alexander Inkester			Lancaster University	40:46			Lancaster University	40:46
79	2795	David Taylor		Wesham Road Runners & Ac	35:38	163	2994	Graham Cushion	V45	22	Kirkby Milers AC	40:46	V45	22	Kirkby Milers AC	40:46	
80	2855	Mark Rogers	V55	4	Wigan & District H & Ac	35:40	164	2411	Christopher Bridge			Red Rose Road Runners	40:49			Red Rose Road Runners	40:49
81	2257	Peter Gibson		Preston Harriers	35:45	165											

169 2413	Stuart Cann	V60 8	Red Rose Road Runners	40:57	196 2527	Paul Casey	V5031	Skelmersdale Boundary H	43:55
170 2790	Philip Quibell	V65 1	Wesham Road Runners & Ac	41:27	197 2038	Jeff McCarthy	V5513	Liverpool Pembroke Sefton	44:18
171 3144	Jason Denton	V5022	Leigh Harriers & Ac	41:49	198 1716	Laurence Shackleton	V5032	Garstang Running Club	44:33
172 1886	Eryl Husband	V65 2	Lancaster & Morecambe Ac	41:54	199 3141	Brian Copper	V4527	Leigh Harriers & Ac	44:47
173 2428	Simon Shaw	V60 9	Red Rose Road Runners	41:56	200 4	John Aspey	V5033	Blackburn Harriers & Ac	44:47
174 2129	Chris Cottam		Lytham St Annes Rr Club	41:56	201 2852	Daniel Price		Wigan & District H & Ac	44:47
175 3160	Gary Sanderson	V4523	Leigh Harriers & Ac	42:05	202 189	Mike Wilson	V6014	Chorley A & T	44:50
176 263	Martin Smyth	V5023	Clayton-Le-Moors Harriers	42:11	203 1814	Joe Todd	V4528	Kendal AAC	44:54
177 2589	Mike Cunningham	V6010	Southport Waterloo Ac	42:11	204 3142	Matt Corlett		Leigh Harriers & Ac	45:02
178 2829	David Collins	V6011	Wigan & District H & Ac	42:17	205 22	Keith Gill	V5514	Blackburn Harriers & Ac	45:17
179 3172	Robert Burke		Kirkby Milers AC	42:25	206 2982	Michael Dodd		Kirkby Milers AC	45:25
180 497	Chris Burfitt	V5024	Trawden Athletic Club	42:28	207 245	Paul Hammerton	V4020	Clayton-Le-Moors Harriers	45:47
181 2043	Chris Pedder	V65 3	Liverpool Pembroke Sefton	42:32	208 2546	Nick Paul	V6015	Skelmersdale Boundary H	46:03
182 1543	Peter Bradburn	V5025	Blackpool Wyre & Fylde Ac	42:33	209 2157	Stephen Wise	V6016	Lytham St Annes Rr Club	46:09
183 690	Robbie Edwards	V5026	Liverpool Pembroke Sefton	42:35	210 2454	James Steel	V5034	Rosendale Harriers & Ac	47:12
184 1706	Chris Horner	V5027	Garstang Running Club	42:39	211 2543	Paul Land	V5515	Skelmersdale Boundary H	47:23
185 3145	Joseph Dillon	V5511	Leigh Harriers & Ac	42:42	212 2587	Lee Coupland	V4529	Southport Waterloo Ac	47:57
186 2247	Steven Boardman	V4524	Preston Harriers	42:57	213 2991	Stuart Cameron	V4530	Kirkby Milers AC	49:42
187 2588	Graham Cuddy	V6012	Southport Waterloo Ac	43:15	214 2248	Michael Brown	V65 4	Preston Harriers	50:23
188 2290	Steve Townhill	V4525	Preston Harriers	43:19	215 2771	James Danson	V5516	Wesham Road Runners & Ac	51:14
189 1707	Phil Horner	V5028	Garstang Running Club	43:26	216 2522	Mike Ashton	V4021	Skelmersdale Boundary H	52:03
190 2292	Chris Wales	V5029	Preston Harriers	43:36	217 1704	Graham Hobson	V65 5	Garstang Running Club	52:12
191 2632	Paul Warrington	V4526	Southport Waterloo Ac	43:39	218 2761	Ryan Azzopardi	V4022	Wesham Road Runners & Ac	52:25
192 2284	Joseph Sharples		Preston Harriers	43:43	219 632	Kin Lai		Lancaster University	55:05
193 607	Paul Eaton	V5030	Blackpool Wyre & Fylde Ac	43:46	220 2984	Ben Cross	V4023	Kirkby Milers AC	59:09
194 2412	Philip Butler	V6013	Red Rose Road Runners	43:52	221 2613	Ian Pike	V5517	Southport Waterloo Ac	59:25
195 2046	Neil Roberts	V5512	Liverpool Pembroke Sefton	43:52					

Senior Men — TEAM RESULTS

1	Rosendale Harriers & Ac	30	—	2	Grant Cunliffe	3	Joseph Johnston	4	William Curry	5	Benjamin Kirkman	7	Matthew Harris	9	Jonathan Cleaver
2	Rosendale Harriers & Ac 'B'	144	—	12	Joseph Omrod	13	Robert Webb	15	Andrew Mellor	21	Andrew Grenfell	33	Michael Corbishley	50	Aaron Barker
3	Blackburn Harriers & Ac	159	—	1	Ross Harrison	25	Paul Bradshaw	28	Christopher Davies	30	Stephen Hall	32	Jack Lamb	43	Richard Addy
4	Southport Waterloo Ac	182	—	14	Ben Johnson	19	Francois Rafferty	34	David Hamilton	37	Mark Wynne	38	George Ingram	40	Alexander Vernon
5	Lancaster University	206	—	16	George Booth	23	Matthew Lowe	24	Sam Fairhurst	36	Edward Brading	51	Callum Fricker	56	Hamish Wills
6	Lancaster & Morecambe Ac	293	—	8	James Brassington	26	Mark Leadbeater	29	Joseph Twigg	65	James Daigleish	69	Mark Holgate	96	John Brassington
7	Wesham Road Runners & Ac	309	—	18	Adam Wilding	20	Tom Bamber	45	Thomas Crabtree	64	Mark Belfield	79	David Taylor	83	Christopher Hastwell
8	Preston Harriers	348	—	35	Jenson Warren	39	Billy Reid	42	Luke Suffolk	44	Simon Collins	81	Peter Gibson	107	Steve Hallas
9	Kirkby Milers AC	413	—	27	Kevin Polhill	46	Ryan Jones	60	Derri Henderson	91	James Ellis	94	Ben Smith	95	Adam Fitzsimmons
10	Clayton-Le-Moors Harriers	427	—	11	Adam Wale	54	Calum Holmes	72	Richard Stevenson	92	Scott Cunliffe	98	David Motley	100	Benjamin Nield
11	Leigh Harriers & Ac	428	—	6	Thomas Kneller	31	Adam Teece	73	Dave Smith	86	Allister Goulding	99	Joel Denton	133	David Pollitt
12	Liverpool Pembroke Sefton	466	—	49	Nick Turner	52	Alexander Procter	67	Thomas Harkin	70	Oliver Sutcliffe	93	Adrian Rogers	135	John Dickinson
13	Southport Waterloo Ac 'B'	483	—	47	Ben Stones	55	John Delamere	68	Marc Singer	85	Steven Wilkinson	112	Stephen Ward	116	Peter Roome
14	Lancaster University 'B'	489	—	58	Ed Cox	61	George Beevers	74	Morgan Harley	88	Ben Bolton	103	Addie Tomas Infante	105	Sam Sawczuk-Wood
15	Wigan & District H & Ac	494	—	63	Mark Morgan-Hillam	66	George Heyes	78	John Heyes	80	Mark Rogers	84	Adam McKenna	123	Mike Harris
16	Lytham St Annes Rr Club	505	—	17	Mike Toft	62	James Whittle	71	Murray Pattison	87	Jonathan Tuck	131	Steve Pepper	137	Dominic Read-Garrett
17	Blackpool Wyre & Fylde Ac	528	—	22	Noah Cox	48	Andrew Harling	76	Joshua Smith	102	Dominic Lavelle	132	Stuart Hall	148	Jonathon Sanderson
18	Chorley A & T	690	—	53	Robert Walsh	104	Christopher Hodgson	113	Dominic Raby	117	Dan Edwards	150	Paul Wareing	153	Barry Wheeler
19	Red Rose Road Runners	722	—	57	Daniel Hughes	90	Emil Bowe	138	Jonathan X Borg	143	Simon Major	145	Matthew Ramsden	149	Scott Jackson
20	Skelmersdale Boundary H	773	—	82	Phillip Derry	89	David Stoddern	121	Daniel Gilbody	126	Tom Cocks	159	Andrew Mowatt	196	Paul Casey
21	Kirkby Milers AC 'B'	794	—	110	Gary Fisher	120	Thomas Wright	124	Xander Heaton	125	Mark Ingarfield	155	David Matthews	160	Gary English
22	Preston Harriers 'B'	878	—	109	Robert Worsey	118	Christopher McCarthy	119	David Lea	158	Stephen Mort	186	Steven Boardman	188	Steve Townhill
23	Wesham Road Runners & Ac 'B'	966	—	114	Daniel Hounslea	115	Carl Groome	134	William Parkinson	170	Philip Quibell	215	James Danson	218	Ryan Azzopardi
24	Red Rose Road Runners 'B'	1026	—	161	John Caruthers	164	Christopher Bridge	165	Stephen Woodruffe	169	Stuart Cann	173	Simon Shaw	194	Philip Butler
25	Liverpool Pembroke Sefton 'B'	1074	—	151	Mitchell Wells	167	Mark Hudson	181	Chris Pedder	183	Robbie Edwards	195	Neil Roberts	197	Jeff McCarthy
26	Leigh Harriers & Ac 'B'	1090	—	156	Anthony Bayley	171	Jason Denton	175	Gary Sanderson	185	Joseph Dillon	199	Brian Copper	204	Matt Corlett

Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time										
1	488	William Curry	U20 1	Rosendale Harriers & Ac	29:34	11	3019	Ed Cox	U2011	Lancaster University	33:56				
2	1939	James Brassington	U20 2	Lancaster & Morecambe Ac	30:03	12	2977	Derri Henderson	U2012	Kirkby Milers AC	34:04				
3	489	Joseph Omrod	U20 3	Rosendale Harriers & Ac	30:35	13	3015	George Beevers	U2013	Lancaster University	34:05				
4	1547	Noah Cox	U20 4	Blackpool Wyre & Fylde Ac	31:28	14	630	Ben Bolton	U2014	Lancaster University	36:10				
5	3021	Matthew Lowe	U20 5	Lancaster University	31:34	15	629	Sam Sawczuk-Wood	U2015	Lancaster University	37:21				
6	158	Jack Lamb	U20 6	Blackburn Harriers & Ac	32:08	16	628	Hamieson McLaren	U2016	Lancaster University	37:30				
7	2401	Jenson Warren	U20 7	Preston Harriers	32:28	17	709	Jarry Beaumont	U2017	Skelmersdale Boundary Harriers					
8	2400	Billy Reid	U20 8	Preston Harriers	32:44			38:47							
9	631	Callum Fricker	U20 9	Lancaster University	33:23	18	3016	Toby Edwards	U2018	Lancaster University	39:46				
10	2044	Alexander Procter	U2010	Liverpool Pembroke Sefton	33:26	19	2453	Matthew Ramsden	U2019	Red Rose Road Runners	39:49				

Senior Men under 20 — TEAM RESULTS

1	Lancaster University	25	—	5	Matthew Lowe	9	Callum Fricker	11	Ed Cox
2	Lancaster University 'B'	42	—	13	George Beevers	14	Ben Bolton	15	Sam Sawczuk-Wood

Senior Men (Vets) over 40 — TEAM RESULTS

1 Rossendale Harriers & Ac	43 —	1 Jonathan Cleaver	5 Andrew Grenfell	10 Michael Corbishley	27 Ian Duffy
2 Southport Waterloo Ac	45 —	3 Francois Rafferty	11 David Hamilton	12 Mark Wynne	19 John Delamere
3 Lancaster & Morecambe Ac	90 —	6 Mark Leadbeater	22 James Dagleish	24 Mark Holgate	38 John Brassington
4 Blackburn Harriers & Ac	95 —	8 Christopher Davies	9 Stephen Hall	14 Richard Addy	64 Mark Almond
5 Clayton-Le-Moors Harriers	103 —	2 Adam Wale	25 Richard Stevenson	36 Scott Cunliffe	40 David Motley
6 Wesham Road Runners & Ac	103 —	4 Tom Bamber	21 Mark Belfield	31 Christopher Hastwell	47 Carl Groome
7 Wigan & District H & Ac	129 —	20 Mark Morgan-Hillam	28 John Heyes	29 Mark Rogers	52 Mike Harris
8 Liverpool Pembroke Sefton	137 —	17 Nick Turner	23 Thomas Harkin	37 Adrian Rogers	60 John Dickinson
9 Kirkby Milers AC	139 —	7 Kevin Polhill	35 James Ellis	44 Gary Fisher	53 Mark Ingarfield
10 Chorley A & T	154 —	18 Robert Walsh	41 Christopher Hodgson	46 Dominic Raby	49 Dan Edwards
11 Preston Harriers	180 —	15 Simon Collins	43 Steve Hallas	50 David Lea	72 Stephen Mort
12 Leigh Harriers & Ac	200 —	26 Dave Smith	33 Allister Goulding	59 David Pollitt	82 Jason Denton
13 Blackpool Wyre & Fylde Ac	266 —	16 Andrew Harling	58 Stuart Hall	91 Peter Bradburn	101 Paul Eaton
14 Red Rose Road Runners	295 —	65 Scott Jackson	74 John Carruthers	76 Stephen Woodruffe	80 Stuart Cann
15 Skelmersdale Boundary H	320 —	30 Phillip Derry	73 Andrew Mowatt	104 Paul Casey	113 Nick Paul
16 Garstang Running Club	351 —	54 Colin Jennings	93 Chris Horner	98 Phil Horner	106 Laurence Shackleton

Senior Men (Vets) over 50 — TEAM RESULTS

1 Southport Waterloo Ac	13 —	1 Francois Rafferty	2 David Hamilton	10 Steven Wilkinson
2 Wigan & District H & Ac	21 —	4 Mark Morgan-Hillam	8 John Heyes	9 Mark Rogers
3 Lancaster & Morecambe Ac	26 —	5 James Dagleish	7 Mark Holgate	14 John Brassington
4 Chorley A & T	49 —	3 Robert Walsh	16 Dominic Raby	30 Paul Wareing
5 Liverpool Pembroke Sefton	63 —	6 Thomas Harkin	26 John Dickinson	31 Mitchell Wells
6 Preston Harriers	67 —	15 Steve Hallas	19 David Lea	33 Stephen Mort
7 Clayton-Le-Moors Harriers	68 —	13 Scott Cunliffe	27 Kieron Mitchell	28 Andrew Payne
8 Leigh Harriers & Ac	77 —	11 Allister Goulding	25 David Pollitt	41 Jason Denton
9 Red Rose Road Runners	108 —	34 John Carruthers	35 Stephen Woodruffe	39 Stuart Cann
10 Wesham Road Runners & Ac	127 —	17 Carl Groome	40 Philip Quibell	70 James Danson
11 Garstang Running Club	128 —	23 Colin Jennings	51 Chris Horner	54 Phil Horner
12 Blackburn Harriers & Ac	155 —	29 Mark Almond	62 John Aspey	64 Keith Gill
13 Skelmersdale Boundary H	192 —	59 Paul Casey	65 Nick Paul	68 Paul Land

Senior Men (Vets) over 60 — TEAM RESULTS

1 Southport Waterloo Ac	16 —	1 Peter Roome	3 Neil Adshead	12 Mike Cunningham
2 Red Rose Road Runners	19 —	5 John Carruthers	6 Stephen Woodruffe	8 Stuart Cann