



**MIDLAND COUNTIES ATHLETIC ASSOCIATION**

LICENCE NO. CC2023/1095

**MCCCA & DERBY RUNNER  
CROSS COUNTRY  
CHAMPIONSHIPS**

**PROGRAMME**



**SATURDAY  
27TH  
JANUARY  
2024**

**NEWBOLD COMYN  
LEAMINGTON SPA  
WARWICKSHIRE  
CV32 4EW**



**THE DERBY RUNNER**  
SPECIALIST RUNNING EQUIPMENT



UKA ATHLETICS



## **Welcome from the Championship President**

As President of the Midland Counties Cross Country Association, it gives me great pleasure to welcome you all on behalf of the Association, our sponsors Derby Runner and our very generous hosts Leamington Cycling & Athletic Club to Newbold Comyn for the running of the 2024 Midland Counties Cross Country Championships.

I extend a 'Special Thank you' to our hosts as the original venue for these Championships was to be Prestwold Hall but when this venue became unavailable 'Team Leamington' in true sporting manner stepped in and offered to host. Thankyou.

The history of these Championships is a little vague but records indicate that on 26<sup>th</sup> September 1879 the Midland Counties Amateur Cross Country Association was formed in response to a surge of interest in Cross Country Running throughout the Midlands and the rest of Great Britain; it was later renamed the Midland Counties Cross Country Association ( MCCCCA ) The Midlands especially has a historical link to cross country running as it is argued that cross country running has its origins in an event named 'The Rugby School Crick Run' dating back to 1837. Championships in the Midlands began as a challenge between Birchfield Harriers and Moseley Harriers on 15<sup>th</sup> March 1879 on a course which ran from Handsworth to Sutton Coldfield – there were 23 participants.

This venue for many of you is familiar territory particularly if you are associated with the Men's, Women's, Young Athletes Cross Country Leagues also many past Area and County Championships and once again in conjunction with Local Authorities our hosts have been so generous with their time and efforts in preparing this excellent facility.

To organise and prepare such a venue involves many hours from many colleagues on the days leading up to, on the day and afterwards for the event to be a success.

The Officials on the day who give up their valuable time and expertise.

The Athletes taking part and 'giving of their best' on the day.

The Coaches and Team Managers for preparing and getting their athletes 'on the line'.

Parents and Supporters

Best Wishes to you all – have a 'Good Day'

Terry Alcock  
President MCCCCA



## MIDLAND COUNTIES CROSS COUNTRY ASSOCIATION & DERBY RUNNER

### Midland Cross Country Championships

Newbold Comyn, Leamington

27<sup>TH</sup> JANUARY 2024

### TIMETABLE FOR THE CHAMPIONSHIPS

11:00	Under 13 GIRLS	Four to Score	3km
11:20	Under 13 BOYS	Four to Score	3km
11:35	Under 15 GIRLS	Four to Score	4km
11:55	Under 15 BOYS	Four to Score	4km
12:15	Under 17 WOMEN	Three to Score	5km
12:45	Under 17 MEN	Four to Score	6km
13:15	Under 20 WOMEN	Three to Score	6km
13:40	Senior WOMEN	Four to Score	8km
14:30	Under 20 MEN	Four to Score	8km
15:00	Senior MEN	Six to Score	12km





## **Welcome from the Championship Chairman**

It is with great pleasure that I offer a warm welcome to all athletes, officials and supporters to the 2024 Midland Counties Cross Country Championships.

We are back at the ever popular Newbold Comyn with the now infamous ditch and beacon hill to test every athlete to the full.

The Association are indebted to Leamington AC for their continued support hosting these Championships on a regular basis.

We are equally grateful to the event officials and all the other volunteers who carry out their various tasks with great efficiency, managed as ever by Mr Graham Heeley.

As with all competitive sports it will be a day of highs and lows as some achieve their goals and others go home disappointed. Athletics is a great leveller, reputations don't count when the gun goes and those who have prepared well will get their rewards.

Along with the individual awards goes the team competition with team managers striving to get their best scorers all out together, a near impossible task.

It all makes for an exciting day of cross country running.

Good luck to all of the athletes, enjoy the races and win or lose keep smiling!

Mick Robinson  
Chairman  
MCCCA



MIDLAND COUNTIES CROSS COUNTRY ASSOCIATION  
MIDLAND CROSS COUNTRY CHAMPIONSHIPS  
Newbold Comyn, Leamington, Warwickshire  
10-30am. Saturday 27<sup>th</sup> January 2024



**OFFICIALS**

<b>Championship President: -</b>		Terry ALCOCK
<b>Cross Country Association Chairman.</b>		Mick ROBINSON
<b>Meeting Manager: -</b>	#	Mary HODGES
<b>Referee: -</b>	#	Stewart BARNES
<b>Assistant Referee: -</b>	#	Rob MULGRUE
<b>Clerk of Course: -</b>	#	Pat CARLAN
<b>Starter: -</b>		Bob COOPER
<b>Chief Start Steward.</b>	#	Yasmine AL-DAFTARY
<b>Start Stewards: -</b>		Simon BROMLEY, Laura BURTON, Andrew CLINTON, Maurice ENDACOTT, Mark WALL, Peter WILLIAMS
<b>Line Judges: -</b>		Gareth BAGGULEY, Noel BUTLER
<b>Chief Timekeeper: -</b>	#	Nick FOLWELL
<b>Timekeepers: -</b>		John VICKERS, Ross VINCE
<b>Timekeepers Recorders: -</b>		David BENNETT, Steve WEBB
<b>Chief Finish Area Co-ordinator:- Finish Area: -</b>	#	Jane PIDGEON, Rita BROWNLIE, Ian CLARKE, Joan CLARKE, Chris CROSSWELL, Graham CURTIS, Ruth DOBBINS, Phil DRAGE, Joanne DULSTON COX, David PETTIFER, Fred PIDGEON
<b>Safeguarding Officer:-</b>	#	Ange ROE
<b>Chief Registration: -</b>	#	Colin FOX
<b>Registration: -</b>		Glen LOCK, Andrew MAIDEN, Barry PARKER, Alan ROBINSON
<b>Announcer's:-</b>	#	Steve WINFIELD
<b>Presentation and V.I.P Liaison: -</b>	#	Terry ALCOCK, Carolyn FRANKS, Richard CARNEY Mick ROBINSON
<b>Results.</b>		F.R Systems
<b>First Aid.</b>	#	Gator Medical
<b>Computer/Results Liaison: -</b>	#	Chris HITCHMAN
<b>Administration: -</b>		Graham HEELEY
<b>Officials Co-ordinator: -</b>		Graham HEELEY

Those officials marked with # are required to collect a Radio from the announcer.

**MIDLAND CROSS-COUNTRY ASSOCIATION**  
**COMPETITION RULES**

**General Competition Rules**

- 1 All competitors must be eligible, as defined by the rules of UKA, at present rules 1-24, in the 2012 Rules for competition.
- 2 All entries must be on the prescribed entry form and must reach the honorary Secretary (or the nominated address), by the designated closing date as shown on the official entry form.
- 3 To compete in any Midland Counties Cross Country promotion athletes must be registered with England Athletics.
- 4 A 'Midland Qualification' to compete as an individual shall be acquired as follows: -
  - a) By Birth.
  - b) By nine months continuous service in HM Forces stationed within the Midland boundary immediately prior to the date of the competition.
  - c) By nine months continuous bona fide residence within the Midland's boundary, (Counties as listed below) immediately prior to the date of the competition. University students in temporary accommodation during term time do not qualify.  
Avon, Gloucestershire, Herefordshire, Leicestershire, Northamptonshire, Nottinghamshire, Shropshire, Staffordshire, Warwickshire, Worcestershire.
- 5 For Team Competition a Midland qualification to compete shall be by being a first claim member of a Club based within the Counties listed above. Athletes who compete for a Midland Club yet do not possess a Midland individual qualification as under rule 4 above may compete as a team member in Championships for their Midland affiliated Club. However, they are not eligible for individual awards.
- 6 Students/Universities shall abide by the following rule if they wish to enter Midland Cross Country Promotions/Championships:
  - a. Full time students at recognised establishments of higher Education within the above Counties shall be eligible to compete in Midland Cross Country competitions for their College or University team provided that their 'First Claim Club' is not competing in that competition.
  - b. An establishment of Higher Education can only invoke the provision in (a) above if membership of its club is solely restricted to students and staff at that establishment.
  - c. Athletes running for Higher Education Establishments, in the 'Midland Championships' shall only be eligible for Team Competition awards, unless the runner has a Midland Qualification, as stated in rule 4.
7. That all Cross Country runners when representing their Club must wear their club vest/colours at all levels of club competition. Club vest/colours must be worn for all team events promoted by the Association. Failure to comply with this rule will lead to the individual's disqualification.  
*Club colours will be described in the Association's programme.*
8. All protests must be made to the Referee as soon as possible after the race and confirmed in writing to the Secretary (*or other nominated person*) within seven days, accompanied by a deposit of £10 which shall be forfeited if such objection be ruled unfounded after a full investigation.
9. Unless stated in the rules of a competition the following shall apply: -  
The result of all Team Events will be decided on the lowest aggregate scoring system e.g. A winning competitor counting one, the second two and the third three and so on. In the event of a tie, the team whose last scoring member finishes nearest the first place shall determine the result. In compiling the Team result the position of all the runners participating shall be taken into consideration. Therefore, the actual finishing position of each athlete shall be the position of their Club team score. Individuals will not be taken out of the result for team scoring purposes.

“For all of the Midland Counties Cross Country Championships, the Midland 7 and Ladies 5 mile Team Composition will be:

Senior Men 6 to score.

All others 4 to score except under 17 women 3 to score and under 20 women 3 to score.

In the event of no Club finishing a team with the required number of athletes then the team awards should be calculated on the next highest number of team members finishing”.

10. Any athlete found mutilating their number, in any way, will immediately be disqualified. Numbers MUST be worn as handed out by the competitor’s steward. They must be fixed to the athlete’s vest with four pins. One in each corner.

11. Except as provided for in these and the event rules, the laws, rules and regulations of the English Cross Country Association and UKA shall apply to all competitions under the jurisdiction of this Association.

12. Tri Region Competition.

Individual athletes and clubs from the Counties of Derbyshire, Lincolnshire, Cornwall, Devon, Somerset, Dorset Wiltshire which form the Tri Region may compete in the Midland Counties events subject to the following.

a) Qualification to compete is

i) By Birth within those boundaries

ii) By nine months continuous bona fide residence within the Tri Region boundary immediately prior to the date of competition.

b) Any Tri Region athlete / team finishing in an award-winning position will be awarded a

Tri-Region award with the Midland award passing on to the next Midland qualified individual / team.

Any question as to the interpretation of these general Competition Rules shall be referred to General Committee of this Association.

#### **Specific Rules for Midland Cross-Country Championships.**

1. Entry for Championship events shall be through Clubs entering individual members from their Club. There is no Team Entry. However, a team competition shall be decided from individuals entered by each Club; and will be decided by adding the finishing positions of the number of scorers stated for each Championship race.

2. Any Club with less athletes entered than the number required to make up a scoring team, shall be deemed to have entered their athletes as Individuals.

3. In calculating the Team result the position of all finishing athletes (Including individuals) shall be taken into consideration. Therefore, the actual finishing position of each runner shall be the position recorded for their Club’s team score.

4. The team result shall be decided as set out below:

a) Under 13 GIRLS	Four to score	Distance 3km
b) Under 13 BOYS	Four to score	Distance 3km
c) U15 GIRLS	Four to score	Distance 4km
d) U15 BOYS	Four to score	Distance 4km
e) U17 WOMEN	Three to score	Distance 5km
f) U17 MEN	Four to score	Distance 6km
g) U20 WOMEN	Three to score	Distance 6km
h) Senior WOMEN	Four to score	Distance 8km
i) U20 MEN	Four to score	Distance 8km
j) Senior MEN	Six to score	Distance 12km

***However, if the situation should arise, where-by no team has the required number of scorers in an age group to give a team result then the team result shall be awarded to the team with the lowest score for the highest number of finishers. For example, say in the Under 20 men no team has the four required scorers’, yet several teams have three athletes finishing then the team result shall be worked out on three to score. Trophies and medals to be awarded appropriately.***

5. The Championship is limited to an 'A' Team competition only. Therefore, Clubs will only be eligible to win one team award within each gender age grouping.

**6. Trophies:**

- The Fox Cup** - awarded to the Club with the lowest accumulative score, when adding the team scores in all Male Championship age group races. To be eligible for this award Clubs must have scored a Team in all age group races
- U15 Boys** - Nigel Cooper Cup awarded to the winning team  
W.A. Evans Cup awarded to the individual winner
- U17 Men** - McKenna Shield awarded to the winning team  
Jim Peace Cup awarded to the individual winner
- U20 Men** - Boot Trophy awarded to the winning team  
J.H. Greenaway Cup awarded to the individual winner
- Senior Men** - Championship Challenge Cup awarded to the winning team  
Fred Smith Cup awarded to the individual winner  
The Ken Rickuss Trophy will be awarded to the most improved team position from last year's championships
- Senior Women**: Horace Brueton Team shield to the Winning Team  
Sports Argus Cup to the winning Individual

All other Trophies for Female events are Midland Counties A.A. trophies.

**Please note:** There is a cut off time of approx. 75 minutes for the Senior Men's race. Athletes still on the course can continue to finish but parts of the course will start to be dismantled after this cut off time.





## **IMPORTANT**

1. Would Clubs please ensure that they collect their numbers and chip envelopes from race registration at least 30 minutes prior to each race
2. It is **essential** that Team Managers give the correct numbers to the athletes concerned.
3. Thank you for your entry, the MCAA wish you a successful and enjoyable afternoon's sport.

## CHAMPIONCHIP Information

All entrants in the Midland Cross Country Championships will be issued with a ChampionChip – a small timing device which is worn around the ankle – see picture. The chip can be worn against the skin as in the photograph, over your sock or under your tracksuit and on either foot – it doesn't matter choose which ever is most comfortable for you.



The ChampionChip will accurately measure your time from the moment you cross the special mat at the Start Line to the moment you cross the mat at the Finish Line.

In your race pack you will receive your RACE NUMBER and a special ENVELOPE which contains your chip and Velcro ankle strap which you can assemble as in the picture below.

When fixing the strap around your ankle please keep the SMOOTH side of the strap towards the skin.

Also, on the ChampionChip Return envelope is your runner number – please ensure this matches the race number you have received.

Please **DO NOT FORGET** to wear your ChampionChip for your race  
**REMEMBER, NO CHIP = NO TIME**

Finally, when you cross the finish line you will be directed to the area where you can take off your chip and strap. Place both items in the plastic bags being held by volunteers.

# U13 GIRLS RACE

## BANBURY HARRIERS AC

1 Annie Eyre

## BIRCHFIELD HARRIERS

2 Finlee Brady 3 Trinity Conway  
Longworth 7 Lola-Mae Oury

## BROMSGROVE AND REDDITCH

8 Charlotte Ascough 9 Martha Blower

## CANNOCK & STAFFORD AC

11 Lily Crompton

## CHARNWOOD A C

12 Fifi Ball 13 Matilda Don  
17 Olivia Vasas 18 Ruby Whittaker

## CITY OF STOKE AC

19 Molly Forrester 20 Shauna Hamilton  
24 Cordelia Smart

## CORBAY AC

25 Elizabeth Griffiths 26 Phoebe Ives

## COVENTRY GODIVA HARRIERS

27 Grace Deavy 28 Leona Delahaye

## HALESOWEN ACC

29 Izabella Fereday

## LEAMINGTON ATHLETICS ACADEMY

30 Edith Ward

## LEAMINGTON CYCLING AND ATHLETICS

31 Floren Smith

## MANSFIELD HARRIERS

32 Evie Clifton 33 Isla Jones

## NEWARK AC

35 Olivia Lindsay

## NUNEATON HARRIERS

36 Hannah Jenkins

## ROYAL SUTTON COLDFIELD ATHLETICS

37 Isabella Kyriakou 38 Zara Lees 39 Charlotte Newby 40 Sofia Potocka

## RUGBY & NORTHAMPTON AC

41 Amelie Heron 42 Christabella Reitel 43 Hope Sharrock 44 Jemima Spiller

## SHREWSBURY AC

45 Megan Buckingham

## SOLIHULL & SMALL HEATH AC

46 Sadie Bywater 47 Layla Callow 48 Caitlin Duncan 49 Erin Huxtable 50 Freya Mustin

51 Emmie Spencer 52 Niamh Williamson

## STRATFORD UPON AVON AC

53 Jasmine Mothershaw 54 Georgia Sharpe

## STROUD & DISTRICT AC

55 Ruth Bransby 56 Sophie Carr 57 Tabitha Crampton 58 Constance Rendell 59 Amy Saunders

## TAMWORTH AC

60 Freya Armitage 61 Evie Edmead

## TELFORD AC

63 Annabelle Wood

## TIPTON HARRIERS

64 Layla Williams

## WOLVERHAMPTON & BILSTON

65 Gracie Billett 66 Alice Cattell

## WREAKE & SOAR VALLEY

67 Fionnuala Brotherton 68 Elsie Hillman 69 Anna Kemp 70 Maisie Mullett 71 Lily Nicholls

72 Abigail Puttnam 73 Florence Rudkin

## WREKIN HARRIERS

75 Jessica Howes

## Black with stag

4 Ellen Curley 5 India Holt 6 Sophie

## Red and blue diagonal

10 Imogen Wynne

## Green and gold

14 Daisy Green 15 Rose Green 16 Lola Rooney-Lee

## White vest red and black bands

21 Annaleigh Harrison 22 Evie Marsh 23 Zara McNamara

## Blue & red

## Red/yellow band

## Yellow white brown

## White, blue band

## Blue & green

34 Isla Millns

## Red and blue

## Blue and black

## Gold/navy stripe

48 Caitlin Duncan 49 Erin Huxtable 50 Freya Mustin

## Yellow with black hoop

## Red, dark & light blue band

57 Tabitha Crampton 58 Constance Rendell 59 Amy Saunders

## Green & white

62 Robyn Edwards

## Red blue yellow

## White, red, green & yellow

## Blue & white

69 Anna Kemp 70 Maisie Mullett 71 Lily Nicholls

74 Daisy West

# U13 BOYS RACE

## BANBURY HARRIERS AC

101 Monty Whitehead

## BIRCHFIELD HARRIERS

102 I Beckford 103 Maxwell Curley

## Black with stag

104 Oliver Evans 105 James Longworth

## BIRMINGHAM RUNNING ATHLETICS & Black & red

106 Mustopha Bailey 107 Max Bone 108 Ben Eden 109 Oliver Knight 110 Daniel Tyler

## BROMSGROVE AND REDDITCH

111 Jacob Wagstaff

## Red and blue diagonal

## BURTON AC

112 Jacob Harmon 113 Lincoln Shaw

## Blue & black

## CANNOCK & STAFFORD AC

114 Brandan Smart 115 Finlay Stanton

## Green and gold

## CHARNWOOD A C

116 Phoenix Castledine 117 Tom Clarke  
Harry Fletcher 121 Ewan Harris  
125 William Norman 126 Harley Valente

118 Joseph Cunningham 119 Cameron Docherty 120  
122 Logan Jones 123 Alastair McKittrick 124 Finley Melbourne

## CORBY AC

127 Barney Burman 128 Aubrey Elmer

## Blue & red

129 Jasper Neal

## COVENTRY GODIVA HARRIERS

130 Daniel Jackson 131 Alvin Wamala

## Red/yellow band

## HEANOR RUNNING CLUB

132 Ben Lynch

## Yellow, blue band

## IVANHOE ROBINS JUNIOR ATHLETIC

133 Sacchan Wilson 134 Leo Zebrowski

## KENILWORTH RUNNERS

135 Nimal Carson 136 Thomas Crabtree 137 Thomas Heather-Green 138 Archie Newton 139  
Reuben Pettifer

## LEAMINGTON ATHLETICS ACADEMY

140 Freddie Baker 141 Jack Boon

## Blue & green

## MANSFIELD HARRIERS

142 Edward Macintyre 143 Olivier Macutkiewicz 144 William McClemens 145 Mihnea Radu

## NEWCASTLE STAFFS AC

146 Charlie Brown 147 Sebastian Pickerill

## NOTTS AC

148 Joshua Groves 149 Harry Sayers

## ROYAL SUTTON COLDFIELD ATHLETIC

150 Oskar Alsop 151 Daniel Burman 152 Toby Clarke 153 George Harradence 154  
Yuvan Kanwal 155 Jack Radnor 156 Miren Randhawa

## RUGBY & NORTHAMPTON AC

## Blue and black

157 David Allen 158 Isaac Brierley-York 159 Alexander Kampta 160 Miles Taylor

## SHREWSBURY AC

161 Oscar Adams 162 Rufus Bennion 163 Charlie Stuart

## STRATFORD UPON AVON AC

## Yellow with black hoop

164 Alistair Durance 165 Eli Ford

166 Kipp Stevens 167 Reece Yamold

## STROUD & DISTRICT AC

## Red, dark & light blue band

168 Jack Bodenham 169 Oscar Charlwood

170 Harry Coombs 171 Jackson Stoneman

## TAMWORTH AC

172 Freddie Burgess 173 Alex Hall

## Green & white

174 Alexander Haywood

## TELFORD AC

187 Zhong Yi Wang 188 Dexter Pile

## WARWICKSHIRE

175 Luke Ager 176 Freddie Freeman 177 Elijah Hartland 178 George Hobden 179 Jack Larkin

180 Zakariya Rush

## WOLVERHAMPTON & BILSTON

## White, red, green & yellow

181 Rocco Hawley

## WORCESTER AC

## Yellow

182 Lucas Seyler

## WREAKE & SOAR VALLEY

## Blue & white

183 Charlie Adkins 184 Bailey Dadd

185 Kieran James 186 Edward Rudkin

# U15 GIRLS RACE

## BANBURY HARRIERS AC

201 Mollie Davis

## BIRMINGHAM RUNNING ATHLETICS & Black & red

202 Amira Emery 203 Alba Smith-Pena

## BROMSGROVE AND REDDITCH Red and blue diagonal

204 Flora Blower 205 Caitlin Pridden 206 Phoebe Ranger 207 Kara-Rose Welborn

## BURTON AC Blue & black

208 Isobel Harmon 209 Amelia Nettleton 210 Charlotte Nettleton

## CANNOCK & STAFFORD AC

211 Georgia Griffiths

## CHARNWOOD A C Green and gold

212 Anora Bottrill 213 Frankie Castledine 214 Jessica Gordon 215 Eleanor Morley 216 Elizabeth Morley

217 Jessica Morris 218 Matilda Sheldon 219 Freya Suart 220 Florence Wheeler

## CITY OF STOKE AC White vest red and black bands

221 Grace Burge 222 Lexi Dundas 223 Mia Hearson 224 Hasset Kifle 225 Harriet Penn

226 Lara Smith 227 Tilly Thursfield 228 Holly Turner

## CORBAY AC Blue & red

229 Phoebe Ives

## COVENTRY GODIVA HARRIERS Red/yellow band

230 Eleanor Barker 231 Faith Katanda 232 Ella Martin 233 Elizabeth Oyedele 234 Lina Zhang-Green

## GLOUCESTER AC

235 Evie Avery 236 Olivia Avery

## HALESOWEN ACC Yellow white brown

237 F Chapman 238 Ffion Collins 239 Lucy Hellingsworth 240 Olive Thomas

## HEANOR RUNNING CLUB Yellow, blue band

241 Lucy Lynas

## KENILWORTH RUNNERS

242 Lotta Crofts

## LEAMINGTON ATHLETICS ACADEMY

243 Olivia Bull 244 Daisy Golding

## LEAMINGTON CYCLING AND AC White, blue band

245 Lily Hunter

## MANSFIELD HARRIERS Blue & green

246 Amelia Arbon 247 Lily Mason 248 Olivia Shaw 249 Maisy Slack

## NOTTS AC

250 Lucia Caseldine 251 Millie Huntley

## RETFORD AC

252 Holly Limmer

## RUGBY & NORTHAMPTON AC Blue and black

253 Peyton Almond 254 E Hutchins-Morant 255 M Hutchins-Morant 256 Jess Lamb 257 Olivia McGhee

258 Claudia Terrell

## SHREWSBURY AC

259 Elsa Lovelock 260 Chloe Stuart

## SOLIHULL & SMALL HEATH AC Gold/navy stripe

261 Katie Anderton 262 Lola Barker 263 Lucy Hannington 264 Lottie Jones

## STRATFORD UPON AVON AC Yellow with black hoop

265 Lois Ford 266 Amelia Peeke 267 Brooke Rossney 268 Ava Sheppard 269 Annie Silvers

270 Bayleigh Stubbins 271 Marijke Tear-Verweij

## STROUD & DISTRICT AC Red, dark & light blue band

272 Millie Cossins 273 Georgina Crampton 274 Chloe Harbord 275 Amelia Harsant 276 Mia Hogg

277 Flo McFadden 278 Eleanor Sheffield 279 Lottie Tomkins

## TAMWORTH AC Green & white

280 Lacey Bailey 281 Lucy Hornby 282 Holly Preston 283 Isla Rogers

## TELFORD AC

297 Constance Anderson-Edge

**TIPTON HARRIERS**

284 Zoleka Mzuku

**WORCESTER AC**

285 Tamsin Pedlar 286 Lucy Tebbett

**WREAKE & SOAR VALLEY**

287 Millie Battison 288 Madeleine Dodge 289 Sian Evans 290 Grace Hatherley 291 Harriet Jackson  
292 Phoebe Langlands 293 Luan Power 294 Violet Rudkin 295 Amelia Towlson 296 Ruby West

**Yellow**

**Blue & white**



# U15 BOYS RACE

## **BANBURY HARRIERS AC**

301 Olly Ormond 302 Thomas Roberts

## **BIRCHFIELD HARRIERS**

303 Rohan Child 304 Patrick Shiner

**Black with stag**

## **BIRMINGHAM RUNNING ATHLETICS & Black & red**

305 Diego Dalmedo 306 Elliot Dawlaty 307 Joshua Taylor 308 Evan Tomlinson

## **BROMSGROVE AND REDDITCH**

309 Gabriel Wagstaff

**Red and blue diagonal**

## **BURTON AC**

310 Lewis Boyce 311 Jonah Hearn

**Blue & black**

312 William Kelsall 313 Aleksander Tutt 314 Ewan Withnall

## **CANNOCK & STAFFORD AC**

315 Ben Allen 316 Zachary Bent

317 Jack Hadley 318 Callum Pearson

## **CHARNWOOD A C**

319 Joshua Adkin 320 Olly Lockton

**Green and gold**

321 Ewan McKittrick 322 Max Muddle 323 Oliver Stenhouse

324 Alex Suart

## **CITY OF STOKE AC**

325 Arthur Elliott

**White vest red and black bands**

## **CORBY AC**

326 William Griffiths 327 Edward Joyce

**Blue & red**

## **COVENTRY GODIVA HARRIERS**

328 Harrison Cartwright 329 James Delahaye

**Red/yellow band**

330 Seb Macgibbon 331 Declan Moorcroft

332 Nzumbu Nemukovhani

333 Lucas Webber

## **DAVENTRY AAC**

334 Charlie Atkins

## **HALESOWEN ACC**

335 Edward Bates 336 Kian Hazelwood

**Yellow white brown**

337 Jack Leader

## **HEANOR RUNNING CLUB**

338 Samuel Edwards

**Yellow, blue band**

## **LEAMINGTON ATHLETICS ACADEMY**

339 Jacob Smith

## **LEAMINGTON CYCLING AND ATHLETI White, blue band**

340 Caleb Davy 341 Kieran Halsey 342 Archie Lane

## **MANSFIELD HARRIERS**

343 Oliver McClemens

**Blue & green**

## **NOTTS AC**

344 William Reddish

## **NUNEATON HARRIERS**

345 William Showler 346 Charlie Yates

**Red and blue**

## **OWLS AC**

347 Charlie Allen 348 Harry Campion

349 Laurie McDonald 350 Edward Orchard

## **RETFORD AC**

351 Samuel Limmer

## **ROYAL SUTTON COLDFIELD ATHLETI**

352 Oliver Allen

## **RUGBY & NORTHAMPTON AC**

353 Emmett Chambers 354 Freddie Harris

**Blue and black**

355 Stanley Sage 356 Jamie Styring 357 Jack Twining

## **SHREWSBURY AC**

358 Sam Taylor

## **SPHINX AC**

359 Henry Beale

## **STRATFORD UPON AVON AC**

360 Aran Cooper 361 Thomas Fisher

**Yellow with black hoop**

362 William Hovell 363 Sam Lambert 364 Joel Ledgard

## **STROUD & DISTRICT AC**

365 Laurence Rose

**Red, dark & light blue band**

## **TAMWORTH AC**

366 Zac Edwards 367 William Upton

**Green & white**

## **TELFORD AC**

368 Simon Bagshaw 369 Lewis Howard

**Red blue yellow**

**TIPTON HARRIERS**

370 Jake Harding

**WARWICKSHIRE**

371 Calum Ashford Elsheikh	372 Oliver Burtenshaw 376 Joe Fox	373 Tristan Bywater 377 William Irvine	374 Derin Cooper 378 John Mitchell	375 Noor-Eldeen
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**WOLVERHAMPTON & BILSTON**

**White, red, green & yellow**

379 William Hughes	380 Samuel Southall	381 Jack Stockton	382 Samuel Thursfield
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**WREAKE & SOAR VALLEY**

**Blue & white**

383 Sam Ball	384 Samuel Collins	385 Jenson Drage	386 Harrison Hill	387 Noah Homer
388 Kellam James	389 Beckett Moore	390 Freddie Sharpe	391 Jake Tyrrell	



# U17 WOMEN RACE

## **BANBURY HARRIERS AC**

401 Charlotte Hall 402 Imogen Ransom 403 Caitlin Smith

## **BIRCHFIELD HARRIERS**

404 Kiera Nee 405 Cassie Pearson 406 Holly Saunders 407 Jorja Wright

## **BIRMINGHAM RUNNING ATHLETICS & Black & red**

408 Lauren Hevey

## **BURTON AC**

409 Saffron Bowley 410 Connie Lees 411 Caitlin McCarney

## **CITY OF STOKE AC**

412 Charlotte Lunt

## **COVENTRY GODIVA HARRIERS**

413 Harriet Garnett

## **DAVENTRY AAC**

414 Evie Brooker

## **GLOUCESTER AC**

415 Ruth Brook

## **HEANOR RUNNING CLUB**

416 Charlotte Hicks 417 Holly Lynas

## **LEAMINGTON CYCLING AND ATHLETI White, blue band**

418 Lauren Davis

## **NEWARK AC**

419 Jasmine Braithwaite 420 Amy Newbould

## **NEWCASTLE STAFFS AC**

421 Hannah Royse

## **NOTTS AC**

422 Maya Rakadjieva 423 Megan Taylor

## **ROYAL SUTTON COLDFIELD ATHLETI**

424 Emily Lloyd

## **RUGBY & NORTHAMPTON AC**

425 Jemima Cooper 426 Rebecca Eaton 427 Ava Rogerson

## **SHREWSBURY AC**

428 Bethany Trow

## **SOLIHULL & SMALL HEATH AC**

429 Amira Hamilton

## **STRATFORD UPON AVON AC**

430 Bo Algate 431 Tilly Campbell 432 Abbi Cooper 433 Niamh Hillard 434 Maisie-Joy Spriggs

## **STROUD & DISTRICT AC**

435 Amy Bond 436 Freya McFadden 437 Dulcie Troy

## **TAMWORTH AC**

438 Jessica Salt

## **TELFORD AC**

439 Zoe Asquith 440 Emily Gapper 441 Isobelle Standell

## **WORCESTER AC**

442 Alice Lazenbury 443 Lilia Mico 444 Isabella Porteus

## **WREAKE & SOAR VALLEY**

445 Lucy Donaghey 446 Shaikira King 447 Patience Lamb 448 Imogen Saunders 449 Rosie West



# U17 MEN RACE

## ALDRIDGE RC

501 George Brizell

## BANBURY HARRIERS AC

502 Felix Batty 503 Samuel Davis

504 Leo Parry

## BIRCHFIELD HARRIERS

**Black with stag**

505 Alim Seki Adachi 506 George Astbury

507 Jesse Bradley 508 Ash Burgess 509 Paul Harrison

510 Charlie Smith 511 Simeon Swain

512 Zac Yates

## BIRMINGHAM RUNNING ATHLETICS & BIRMINGHAM HARRIERS

**Black & red**

513 Jack Price 514 Dylan Teasdale

515 Mourik Niklas Van 516 Vliet Kaelen Van 517 Alexander Werrest

## BROMSGROVE AND REDDITCH

518 Willem Hembry 519 Nathan Sanders

**Red and blue diagonal**

## CHARNWOOD A C

520 G Beetham 521 Miles Food

522 James Norman 523 Samuel Tansey 524 Harry Warburton

## CITY OF STOKE AC

525 Murphy Hamilton 526 Daniel Hilditch

**White vest red and black bands**

527 Jack Jones 528 Lewis Smith 529 Jacob Taylor

## COVENTRY GODIVA HARRIERS

530 Toby Doy 531 Douglas Garnett

**Red/yellow band**

532 Eidlis Kabango

## DAVENTRY AAC

533 Joshua Orchard

**Yellow white brown**

## HALESOWEN ACC

534 D Morgan-Salcombe

535 Alex Taylor

## HARBOROUGH AC

536 George Brooks

**Yellow, blue band**

## HEANOR RUNNING CLUB

537 Tom Blythe

## KETTERING TOWN HARRIERS

538 Joseph Pickering

## LEAMINGTON ATHLETICS ACADEMY

539 Sam Robbins

## LEICESTER CORITANIAN AC

540 Finlay Friedersdorff

## MANSFIELD HARRIERS

541 Reece Carver 542 Jacob Nugent

**Blue & green**

543 Jude Ryan 544 Edward Sankey

## NOTTS AC

545 Charles Prestwich 546 Joshua Smith

## NUNEATON HARRIERS

547 Zachary Clarke 548 Travis Scrivens

**Red and blue**

## ROYAL SUTTON COLDFIELD ATHLETICS

549 Charlie Stroud

## RUGBY & NORTHAMPTON AC

550 Ibrahim Achchi 551 Malachy Collins

**Blue and black**

552 Nathan Lamb 553 Dylan Mander 554 Sam McInally

555 Ben Smith 556 Arthur Tilt

## SOLIHULL & SMALL HEATH AC

557 Titouan Bernhard 558 Peter Mitchell

**Gold/navy stripe**

559 S Selvaganapathy 560 Daniel Wort

## STAFFS MOORLANDS AC

561 Oliver Bailey

## STRATFORD UPON AVON AC

562 James Day 563 Zak Lambert

**Yellow with black hoop**

564 James Mayes 565 William Mayes

## STROUD & DISTRICT AC

566 James Charwood 567 Philip Crampton

**Red, dark & light blue band**

568 Zack Marshfield 569 Thomas Moreton

## TAMWORTH AC

570 Benjamin Godber

**Green & white**

## TIPTON HARRIERS

571 Elliott Boden 572 Thomas Hynes-Oughton

573 Tyler Kendrick

## WREAKE & SOAR VALLEY

574 Milo Brotherton 575 Harry Dadd

**Blue & white**

576 Josh Hatherley 577 Jack Llewellyn 578 Louie Paddison

# U20 WOMEN RACE

## 1485 TRIATHLON CLUB

601 Isobel Sykes

## BANBURY HARRIERS AC

602 Tilly Lainchbury

## BIRCHFIELD HARRIERS

603 Salihah Baig 604 Susan McManus 605 Hana Mehager

## BIRMINGHAM RUNNING ATHLETICS & Black & red

606 Jemima Jackson

## BROMSGROVE AND REDDITCH Red and blue diagonal

607 Josie Mawdsley 608 Esme Ranger 609 Lauren Sykes

## BURTON AC

610 Cara McCamey

## CHARNWOOD A C

611 Amelie McCann 612 Lexie McLoughlin 613 Rachel Newport 614 Katie Parker 615 Gracie-Rose Walters

## CORBY AC

616 Ashleigh Walters

## COVENTRY GODIVA HARRIERS

617 Shona Murray

## DAVENTRY AAC

618 Greta Grindrod

## DERBY AC

619 Rosie Challenger

## MANSFIELD HARRIERS

620 Amelia Corke 621 Grace Manson 622 Sophie Toyn

## NEWARK AC

623 Elizabeth Wynn-Jones

## NOTTS AC

624 Holly Hipkiss 625 Emily Rawson 626 Gaby Sutton

## NUNEATON HARRIERS

627 Olivia Bailey

## ROYAL SUTTON COLDFIELD ATHLETI

628 Sian Duval

## RUGBY & NORTHAMPTON AC

629 Grace Darcy 630 Madeleine Jacks 631 Jemima Lambert

## SOLIHULL & SMALL HEATH AC

632 Elizabeth Wood

## SPHINX AC

633 Phoebe Tully

## STRATFORD UPON AVON AC

634 Perdomo Onna Dowling 635 Charlotte Marshall 636 Olivia Robinson

## TELFORD AC

637 Leonie Childs 638 Lucy Gapper 639 Maggie Preece

## TIPTON HARRIERS

640 Sophie Banks 641 Evie Tromans 642 Mya Woodward

## WELLS CITY HARRIERS

643 Hannah Blundy

## WREAKE & SOAR VALLEY

644 Lyla Bryan 645 Cassandra Dodge 646 Bethan Homer 647 Isabella Wrightam



# U20 MEN RACE

## ABSOLUTE TRI

701 Louis Buttrick

## BANBURY HARRIERS AC

702 Ruben Snelson

## BIRCHFIELD HARRIERS

703 Aron Gebremariam 704 Jan Malecki 705 Max Price 706 Dominic Smith 707 James Vaughan

## BIRMINGHAM RUNNING ATHLETICS & Black & red

708 Oscar Fleming 709 Mulugeta Girmay 710 Morgan Hill 711 Khumchoo-Joonpijam

712 Khumchoo-Joonpijam

## BROMSGROVE AND REDDITCH

713 Alex Adams 714 Henry Gibbs

## CHARNWOOD A C

715 Sam Haines

## CITY OF STOKE AC

716 Harry Bond 717 Fynn Churton

## COVENTRY GODIVA HARRIERS

720 William Chalmers 721 Adam Jackson

## GLOUCESTER AC

722 Charlie Coles

## HALESOWEN ACC

723 George Allen 724 Aaron Nicholls

## HEANOR RUNNING CLUB

725 Charlie Cotton

## HUNCOTE HARRIERS

726 Jayjay Rathod

## MANSFIELD HARRIERS

727 Jake Greenhalgh

## NEWCASTLE STAFFS AC

728 Bradley Shields

## NOTTS AC

729 Luke Hesketh 730 Ben Taylor

## NUNEATON HARRIERS

731 Joseph Pointon 732 Sam Yates

## ROYAL SUTTON COLDFIELD ATHLETI

733 Nick Crees

## RUGBY & NORTHAMPTON AC

734 Thomas Brinkley 735 Dominic Evans 736 Ned Gifford 737 Joseph Jones 738 Louis Starr

739 Finlay Ward

## SHREWSBURY AC

740 Daniel Newman

## SOLIHULL & SMALL HEATH AC

741 Thomas Dainty 742 William Jameson 743 Tomas Maidment 744 Ewan Naisbitt 745 Jenson Williams

## SPARKHILL HARRIERS

746 James Phillips

## STRATFORD UPON AVON AC

747 Ned Campbell 748 Alex Pester 749 Taylor Stubbins

## TELFORD AC

750 Charlie Preece

## TIPTON HARRIERS

751 Michael Banks 752 Thomas Bentley 753 Ethan Compton 754 Korey Hazlewood 755 Cameron Lomax

756 Rohan Patel

## WENLOCK OLYMPIANS

757 Ruari Frankel

## WREAKE & SOAR VALLEY

758 Daniel VanAardt

Black with stag

Black & red

Red and blue diagonal

Green and gold

White vest red and black bands

718 Neill Cameron O 719 Alex Wood

Red/yellow band

Yellow white brown

Yellow, blue band

Blue & green

Red and blue

Blue and black

Gold/navy stripe

Yellow with black hoop

Red blue yellow

Blue & white

# LADIES RACE

## ALDRIDGE RC

801 Helen Beecham 802 Melissa Crowley 803 Anne Kelsall 804 Shelley Nicholls 805 Abigail Wright  
806 Katrina Wyke

## BANBURY HARRIERS AC

807 Rosie Weston

## BIRCHFIELD HARRIERS

808 Hourai Ghita Bahim 809 Meghan Beesley 810 Katherine Bradley 811 Hayley Carruthers 812  
Sarah Conway 813 Bryony Gunn 814 V Jansen 815 Wendy Morant 816 Lucy Niemz  
817 Lillian Partridge 818 Hannah Robinson 819 Rebecca Straw 820 Elizabeth Watters 821 Samantha  
Watters

## BIRMINGHAM RUNNING ATHLETICS & Black & red

822 Grace Brocklehurst 823 Rachel Brown 824 Molly Browne 825 Louise Dawes 826 Leonie Goodwin  
827 Emily Jones 828 Emma Morley 829 Helen Pike 830 Naomi Rae 831 Rebecca  
Twardochleb

## BOURNVILLE HARRIERS

832 Lorna Al-Ani 833 Jude Glynn 834 Marianne Hensman 835 Sara Hewison 836 Faith Lucas  
837 Nicola Sykes

## BRISTOL AND WEST AC

838 Kirstin Bamford 839 Emma Clarke 840 Katrina Entwistle 841 Emma Gardner 842 Hannah Pollak  
843 Jessie Sanzo

## BROMSGROVE AND REDDITCH

844 Tamara Freeman 845 Faye Stanyard 846 Lisa Thomas 847 Liz Vaughan 848 Caroline  
Warrington

## CANNOCK & STAFFORD AC

849 Christine Kilkenny 850 Susan Kneill-Boxley 851 Nina Skilton

## CENTURION RC

852 Kira Bowes 853 Alison Fergusson 854 Lucy McCann 855 Sade McKenzie 856 Sharon Seston  
857 Theresa Woolley

## CHARNWOOD A C

858 Sophie Coldwell 859 Natalie Egginton 860 Alison Foord 861 Juliet Potter 862 Kate Ramsey  
863 Aimee Seager 864 Elaine Seager 865 Emily Smith 866 Gemma Steel 867 Grace Tongue

## CITY OF STOKE AC

868 Sarah Mackness 869 Donna Sherwin

## COVENTRY GODIVA HARRIERS

870 Isabella Boneham 871 Sophia Charters 872 Hannah Covell 873 Dewi Dankmeyer 874 Julie Emmerson  
875 Jodie Greenfield 876 Sophie Hurst 877 Rebecca Leadbeater 878 L Martinez 879 Jayne Mumford  
880 Penny Oliver 881 Flavie Rasson 882 Victoria Wilson 883 Paige Zhang-Green

## DAVENTRY AAC

884 Elana Alberty

## HALESOWEN ACC

885 Heather Bills 886 Abigail Saker 887 Sally Spencer

## HEANOR RUNNING CLUB

888 Kiera Bailey 889 Rita Fisher 890 Anita Hicks 891 Jayne Lynas 892 Joanne Potter  
893 Georgina Riley

## HOLME PIERREPONT RC

894 Sue Chicken 895 Tara Ricketts

## ILKESTON RUNNING CLUB

896 Sarah Taylor

## KENILWORTH RUNNERS

897 Louise Andrews 898 Helen Baker 899 Melanie Beasley 900 N Burnett 901 Pauline Dable  
902 Tracy Edwards 903 Amy Fuller 904 Emma Garnett 905 Lucy Green 906 Gemma Joiner  
907 Jane Kidd 908 Stef Lunn 909 Samantha Moffatt 910 Shamira Naidu-Young  
911 Laura Pettifer 912 Ramajo Angela Pozo 913 Emma Reid 914 Shanika Samarasekera  
915 Elizabeth Wilson

## KNOWLE & DORRIDGE RC

916 Myshola Kirkham

## LEAMINGTON CYCLING AND ATHLETI

917 Carol Blower 918 Rachel Gifford 919 Zara Hadfield 920 Monica Williamson

**LEICESTER CORITANIAN AC**

921 Amy Jackson

**MANSFIELD HARRIERS**

922 Sarah Bradbury 923 Libby Coleman 924 Cristina Dinescu 925 Hannah Jones 926 Paige Roadley

**MERCIA FELL RUNNERS**

927 Eloise Lee

**NEWARK AC**

928 Helena Burnett 929 Gillian Newbould

**NEWCASTLE STAFFS AC**

930 Claire Capper 931 Jan Cassidy

**NORTHBROOK ATHLETIC CLUB**

934 Debbie Campbell 935 Julie Cozens

939 Jessica Hone 940 Tracy Jefferson

**NOTTS AC**

942 Catherine Charlton 943 Joanne Clamp

947 Beth Neal 948 Emma Williams

**NUNEATON HARRIERS**

949 Eleanor Fowler 950 Michele Kondakor

**ROYAL SUTTON COLDFIELD ATHLETI**

954 Georgia Delaney

**RUGBY & NORTHAMPTON AC**

955 Alice Boume 956 Minerva Chesser

960 Katerina Hemmington 961 Lorna Hession

965 Tilly Lea 966 Lyndsey Owen

970 Catherine Williams 971 Kate Williams

**SILSON AC**

972 Julie-Ann Hammond

**SNEYD STRIDERS**

973 Maureen Dargavel 974 Abbie Dunne

978 Sarah Pallatt

**SOUTH BIRMINGHAM STRIDERS**

979 Leah Powell 980 Nattalie Ward

**SPA STRIDERS**

981 Claire Davidson 982 Kate Evans

986 Bethan Gwynn 987 Sara Northover

991 Claire Westrope

**SPARKHILL HARRIERS**

992 Jane Bartholomew 993 Krissie Davies

997 Jennifer Price

**SPHINX AC**

998 Sarah Goodland 999 Susan Gough

1003 Sally-Anne Tully

**STAFFS MOORLANDS AC**

1004 Rachael Bourne 1005 Joanne Clay

**STOURBRIDGE RC**

1008 Lisa Coyne 1009 Rachel Smith

**STRATFORD UPON AVON AC**

1010 Lisa Bagnall 1011 Pip Bell

1015 Sarah Gillard 1016 Suzi Graham

1020 Bethany Swain 1021 Sam Swanepoel

**TELFORD AC**

1023 Lisa Blagden 1024 Michelle Clarke

1028 Alison Preece

**TELFORD HARRIERS**

1029 Helen Blake 1030 Clare Cotterill

1033 Hayley Wells 1034 Tania Willoughby

**TIPTON HARRIERS**

1036 Penelope Barber 1037 Amy Hadley

1041 Sally-Ann Walker 1042 Amie Williams

**WESTBURY HARRIERS**

1043 Olivia Zeltner

**Blue & white quarters****Red/white/blue**

932 Sophie Goodfellow 933 Julie Parry

**Black, green & yellow**

936 Michelle Edwards 937 Joanne Evans 938 Ruth Hallett

941 Kelly Parker

**Green, gold, white**

944 Donna Davenport 945 Lisa Deacon 946 Ellen Gallie

951 Emily Negus 952 Katherine Spencer 953 Simone Wilson

957 Alison Cobb 958 Angela Copson 959 Courtney Depala

962 Helen Jones 963 Lorna Latimer 964 Tilly Lea

967 Megan Stenhouse 968 Lucy Stevens 969 S Wilkinson-Hargate

975 Kelly Garner 976 Emma Hagan 977 Teressa Longhurst

983 Charlotte Everard 984 Fiona Ferguson 985 Louise Fielding

988 Kat Robertson 989 Lucy Tugwell 990 Lauren Turner

994 Megan Harris 995 Pauline Hygate 996 Manisha Pearce

1000 Claire Jessup 1001 Lorraine Smith 1002 Jackie Stuart

1006 Amy Neill 1007 Hollie Wall

1012 Emma Bexson 1013 Georgina Campbell 1014 Emma Davis

1017 Katharine Pester 1018 Rebecca Pridham 1019 Suzanne Ross

1022 Emma Vickers

1025 Rachel Coupe 1026 Jessica Harvey 1027 Claire Martin

1031 Victoria Doran 1032 Samantha Hall-Davies

1035 Lisa Yeomans

1038 Catherine Holden 1039 Lisa Kendrick 1040 Susan Street-Hall

**WIGSTON PHOENIX RC**

1044 Linda New

**WOLVERHAMPTON & BILSTON**

1045 Bethany Tabor

**WREAKE & SOAR VALLEY**

1046 Amy Pizzorno



# SENIOR MEN RACE

## ABSOLUTE TRI

1101 Louis Dunne

## ALDRIDGE RC

1102 Philip Brayford 1103 Peter Dimbleby 1104 Bruce Fanshawe 1105 Lee Harris 1106 Michael Morley  
1107 Quentin Oury 1108 Toby Oury

## BANBURY HARRIERS AC

1109 Skip Snelson

## Maroon, green & white

## BARROW RUNNERS

1110 Timothy Don 1111 Lewis Moses

## BEAUMONT RC

1112 Mehul Vaitha

## BIRCHFIELD HARRIERS

## Black with stag

1113 Omar Ahmed 1114 Ed Banks 1115 Jason Bennett 1116 Joseph Heathcock  
1117 Matt Scarsbrook 1118 Daniel Swain 1220 Kadar Omar

## BIRMINGHAM RUNNING ATHLETICS & Black & red

1119 Abayomi Adedimeji 1120 David Bissuel 1121 Henry Brocklehurst 1122 Paul Cannon  
1123 Robert Chesner 1124 Charlie Davis 1125 Nigel Dawes 1126 Oliver Hugh 1127 Andrew Knight  
1128 Martin Ludford 1129 Jethro McGraw 1130 Adam Peacock 1131 Stuart Pearson 1132 Daniel Robinson  
1133 Sean Rose 1134 Ben Stokes 1135 John Stolberg 1136 Joseph Tuffin

## BOURNVILLE HARRIERS

## Teal

1137 Andrew Balzan 1138 David Bristol 1139 Chris Hartley 1140 Thomas Parkin 1141 Kevin Peace  
1142 David Pownner 1143 Aidan Wheeler 1144 Peter Williams

## BRISTOL AND WEST AC

## White & red

1145 Aled Anderson 1146 David Awde 1147 Will Battershill 1148 Aaron Bruce 1149 Matt Brydon  
1150 Andrew Chambers 1151 William Christofi 1152 Joe Connors 1153 Max Davis 1154 Graham Donald  
1155 Richard Elston 1156 Alex Hobley 1157 Felix McGrath 1158 Jack Millar 1159 Dominic Priest  
1160 Ben Robinson 1161 Kurt Taylor 1162 Jonathan Thewlis

## BROMSGROVE AND REDDITCH

## Red and blue diagonal

1163 Ty Adkins 1164 Mark Appleton 1165 Peter Ball 1166 Scott Beverley 1167 Brett Elesmore  
1168 Andrew Freeman 1169 David Gemmell 1170 Joe Smith

## CAMBRIDGE & COLERIDGE AC

1171 Jack Gray

## CENTURION RC

## Blue and white hoops

1172 Lee Caves 1173 Russell Lane 1174 Andy Rea 1175 Stuart Righton 1176 Peter Thomas

## CHARNWOOD A C

## Green and gold

1177 Nick Castledine 1178 Mark Couldwell 1179 Dave Foord 1180 Steven Hillman 1181 Harry Lupton  
1182 Cameron Main 1183 Gareth Pymm 1184 Joseph Smith 1185 Mark Whitmore

## CHELtenham AND COUNTY HARRIERS

1186 George Watson

## CITY OF STOKE AC

## White vest red and black bands

1187 Ross Connor 1188 Ross Coulbeck 1189 Vinnie Martin 1190 Jordan Thomas

## CORBAY AC

## Blue red

1191 Jack Green 1192 John Treacy

## COVENTRY GODIVA HARRIERS

## Red/yellow band

1193 Dale Ball 1194 Andrew Boon 1195 Jason Brotherhood 1196 Joe Chalmers 1197 David Cooper  
1198 Daniel Dalton 1199 Matthew Danes 1200 Peter Eccleston 1201 Daniel Gaggini 1202 Martin Gittins  
1203 Matthew Hadlum 1204 Ben Hoskings 1205 Chris Hurst 1206 Muhammad Ibrahim 1207 Samuel Katanda  
1208 Samuel Marshall 1209 Joe McLeod 1210 Anthony Mitrofanuiuk 1211 Gonzalez Jose Ortiz  
1212 Clark Roberts 1213 Daniel Taylor 1214 Michael Todd 1215 Richard Todd 1216 Benjamin Tran  
1217 John Treadwell 1218 James Wright 1219 Waising Yip

## DUDLEY AND STOURBRIDGE HARRIER Yellow/blue

1221 Gary Worrall

## GLAXO HOAD HILL HARRIERS

1222 Matthew Elkington

## GLOUCESTER AC

1223 Martin Brook

**HALESOWEN ACC**

1224 Paul Allen	1225 Andrew Carruthers	1226 Peter Dear	1227 Carl Follows	1228 James Hoult
1229 David Jackson	1230 David Lewis	1231 Alex Morgan	1232 Andrew Nock	1233 Bill Nock
1234 Phillip Scarr	1235 Andrew Yapp			

**HARBOROUGH AC**

1236 Lewis Parker	1237 Dan Perrin	1238 Tom Ranger	1239 Graeme Rolfe	1240 Gary Wallis
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**HATTON DARTS**

1241 Peter Wright

**HEANOR RUNNING CLUB**

1242 Stephen Ashmore	1243 Chris Cotton	1244 Dean Cross	1245 Ashley Deeming	1246 Peter Edwards
1247 Paul Mercer	1248 Joe Rainsford	1249 Ethan Rowley	1250 Adrian Smith	

**HERMITAGE HARRIERS**

1251 Scott Baxter	1252 Alex Percy	1253 Jason Williams
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**HOLME PIERREPONT RC**

1254 Richard Anderton	1255 Gary Cragg	1256 Matthew Grainge	1257 Chris Rhodes	1258 Andrew Soley
1259 Anthony Squire	1260 John Sutherns	1261 Steve Tupholme		

**ILKESTON RUNNING CLUB**

1262 Ian Hunter

**KENILWORTH RUNNERS**

1263 Stan Alexander	1264 Colin Bailey	1265 Ryan Baker	1266 Ian Beasley	1267 Graham Birch
1268 Nick Bolland	1269 Connor Carson	1270 Matt Dyer	1271 Barry Elkington	
1272 Jordi Femenia-Nobell	1273 Tim Fenton	1274 Steve Joiner	1275 Gavin Kirby	1276 Alistair Kirkwood
1277 Nick Lawrence	1278 Harry Purewal	1279 Neil Smith	1280 Stewart Underhill	1281 Dewi Williams

**KNOWLE & DORRIDGE RC**

1282 Jonathan Lewis

**LEAMINGTON CYCLING AND ATHLETIC**

1283 Guy Allen	1284 Callum Hanlon	1285 James Hunter	1286 Bal Kandola	1287 Henry Morton
1288 Steven Roberts	1289 Howard Roden			

**LEICESTER CORITANIAN AC**

1290 P Bouttier-Butler

**LEWES AC**

1291 Tom Evans

**LONELY GOAT RC**

1292 Samuel Ledsham

**LONG EATON RUNNING CLUB**

1293 Ben Plummer 1294 Kevin Roughton

**MANSFIELD HARRIERS**

1295 Jordan Boam	1296 Brad Caress	1297 Alex Hampson	1298 Joe Henstock	1299 Dan Nugent
1300 C Patterson	1301 Dave Savage			

**MERCIA FELL RUNNERS**

1302 Simon Lanckham

**MIDLAND MASTERS AC**

1303 Anthony Marshall

**NEWARK AC**

1304 Timothy Bagguley	1305 Lee Braithwaite	1306 Marcus Chesterton	1307 Oliver Crampton
1308 Adrian Dix	1309 Geoffrey Gregory	1310 Chris Harrison	1311 George Hatton
1312 Robert Lindsay	1313 Leigh Marshall	1314 Tom Marshall	1315 George Hatton
1316 David Robinson	1317 Tom Newbould	1318 Conor Pacey	1319 David Robinson
1320 William Tucker	1321 Rasmussen	1322 Rasmussen	

**NEWCASTLE STAFFS AC**

1320 Martin Bailey	1321 Stuart Cassidy	1322 Jacob Droogmans	1323 Neil Gerrity	1324 Lewis Nagington
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**NORTHBROOK ATHLETIC CLUB**

1325 Malc Copeland	1326 Charlie Cunningham	1327 Spencer Davies	1328 Tommy Dempsey
1329 Cliff Evans	1330 Dave Halford	1331 David Mills	1332 Terry Moynihan
1333 Lee Newark	1334 Rob Richardson	1335 Paul Robbins	1336 Alan Smith
1337 Chris Smith	1338 Kevin Spare		

**NOTTS AC**

1339 H Beech-McPhilbin	1340 Milan Campion	1341 Patric Clark	1342 Jong Tom De	1343 Sam Godwin
1344 Tim Hartley	1345 Rezene Hayle	1346 Freddie Hessian	1347 Stuart King	1348 Steve Long
1349 Stuart Mason	1350 John Muddeman	1351 Ben Norris	1352 Bruce Raesside	1353 Jack Speake
1354 George Tipping	1355 Merhawi Tkue	1356 Alastair Watson	1357 Craig Wescott	1358 Andrew Williams
1359 Matthew Williams	1360 Allan Wilson	1361 Anthony Woodward		

**Yellow white brown****Yellow and black****Red****Yellow/blue band****Yellow/blue band****White Vest Red Horizontal Band****Green/black/white****Green & gold****Black****Blue & white quarters****Red/white/blue****Black, green & yellow****Green, gold, white**



**NUNEATON HARRIERS**

1362 Chris Hamer-Hodges	1363 Andy Harris	1364 Andrew Massey	1365 Luke Melling	1366 Matiss Murphy
1367 Andrew Offor	1368 William Pither	1369 Thomas Randle	1370 Paul Smith	

**OWLS AC**

1371 Simon Allen	1372 Jake Boat	1373 Bilal Farah	1374 Luke Ingram	1375 Mark McCall
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**POPLAR RUNNING CLUB**

1376 Matthew Coffey

**REDHILL ROAD RUNNERS**

1377 Martyn McHale	1378 Simon Nash	1379 Paul Newton	1380 Timothy Raynor
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**RETFORD AC**

1381 Samuel Roberts

**ROADHOGGS LEICESTER AC**

1382 Gurmit Singh

**ROYAL SUTTON COLDFIELD ATHLETI**

1383 Richard Burman	1384 Oliver Harradence	1385 Andrew Parkinson
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**RUGBY & NORTHAMPTON AC**

1386 Matthew Everett	1387 Paul Furness	1388 George Goodwin	1389 Samuel Jackson	1390 Alex Rose
1391 Michael Starr	1392 Richard Thomas			

**RUGELEY RUNNERS**

1393 Lee Gratton	1394 Oliver Stone
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**SINFIN RUNNING CLUB**

1395 Christopher Morrison

**White Vest 1 Gold & Green Hoop****SOLIHULL & SMALL HEATH AC**

1396 Ben Holmes	1397 Steve Howes	1398 Prince Laryea	1399 Paul Lloyd	1400 Michael Reynolds
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**SOUTH BIRMINGHAM STRIDERS**

1401 Joseph Duffy	1402 Oliver Duguay	1403 Kevin McManus	1404 Kevin Oakes	1405 Luke Powell
1406 Keith Ward	1407 Andrew Young			

**SPA STRIDERS**

1408 Jason Hemming	1409 Richard Spear
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**SPARKHILL HARRIERS**

1410 Patrick Finnegan	1411 James Hannon	1412 Craig Hinks	1413 Andrew Law	1414 Andrew Manning
1415 Darren Riley	1416 Sasta Ullah			

**SPHINX AC**

1417 Wayne Broadbent	1418 Kevin Naughton	1419 Paul Slatford
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**STAFFORD HARRIERS**

1420 Michael Dobson	1421 Justin Green	1422 Jake Oliver
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**STONE MASTER MARATHONERS**

1423 Mark Williamson

**STOURBRIDGE RC**

1424 Paul Bradley	1425 Steve Coldicott	1426 Robert Colman	1427 John Coyne	1428 Philip Kinghorn
1429 Tim Lloydlangston	1430 David Pentreath	1431 David Sheppard		

**STRATFORD UPON AVON AC**

1432 Paul Baird	1433 Steven Batsford	1434 David Battersby	1435 Tim Hutchinson	1436 James Lake
1437 S Lawrence-George	1438 Simon Penson	1439 Phil Reading	1440 Christopher Spriggs	
1441 Kieran Tursner	1442 Damian Wheeler	1443 Sam Wilks		

**TAMWORTH AC**

1444 Robert Dyjak	1445 Ben Evans
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**TEAM DERBY RUNNER**

1446 Mark Ison

**TELFORD AC**

1447 Virgil Barton	1448 Kelvin Bierton	1449 Daniel Connolly	1450 Dominic Farley	1451 Darren Hands
1452 Brendon Millman	1453 Tony Preece			

**TELFORD HARRIERS**

1454 Tomos Hales	1455 Tim Jones	1456 Ian Laverie	1457 Neil Price	1458 Philip Roberts
1459 Ian Simmonds				

**TIPTON HARRIERS**

1460 George Appleby	1461 Andrew Bentley	1462 Ben Gamble	1463 Zabe Hassan	1464 Dean Hill
1465 Tom Holden	1466 Krisztian Karasz	1467 Darren Perry	1468 Adam Quiney	1469 Karl Quiney
1470 Todd Quiney	1471 Joseph Read	1472 Martin Williams	1473 Myles Wilson	

