

Ov. Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	223	JOE MERCER	M	MSEN	HORWICH RMI HARRIERS	00:36:38	00:36:37		1	1	1
2	323	ELLIOT WOOD-MEYNELL	M	MSEN		00:37:35	00:37:35		2	1	
3	293	GARETH GRIFFITHS	M	MSEN		00:38:15	00:38:13		3	2	
4	146	MARLOW UPTON	M	MSEN	MANCHESTER YMCA HARRIERS	00:38:22	00:38:20		4	3	1
5	315	HARLEY JAMES	M	MSEN		00:38:41	00:38:41		5	4	
6	182	ROBIN HULME	M	MSEN	BRAMHALL RUNNERS	00:39:14	00:39:12		6	5	1
7	15	ANDREW STEEL	M	MSEN	DAVENPORT RUNNERS	00:39:20	00:39:17		7	6	1
8	64	DARREN SHEPHERD	M	MV50	SADDLEWORTH RUNNERS CLUB	00:39:42	00:39:39		8	1	1
9	192	MARK SHATWELL	M	MV40		00:40:01	00:40:00		9	1	
10	321	KEITH MERCER	M	MV40		00:40:57	00:40:55		10	2	
11	47	GAVIN BRITAIN	M	MSEN	STOCKPORT HARRIERS & AC	00:41:29	00:41:27		11	7	1
12	147	MATTHEW MORAN	M	MV40	BRAMHALL RUNNERS	00:41:41	00:41:39		12	2	2
13	77	ANDY WOODHEAD	M	MV45		00:42:09	00:42:07		13	1	
14	218	STEPHEN HUMPHRIES	M	MV50	STOCKPORT HARRIERS & AC	00:42:12	00:42:11		14	2	2
15	322	PAUL ARMSTRONG	M	MV40		00:42:51	00:42:49		15	3	
16	222	MATTHEW FRANKLIN	M	MSEN		00:42:58	00:42:55		16	8	
17	211	ROB NOCK	M	MV45	GOYT VALLEY STRIDERS	00:43:18	00:43:15		17	2	1
18	141	DAVID MOLYNEUX	M	MSEN		00:43:42	00:43:38		18	9	
19	188	LUCAS JONES	M	MV50	GOYT VALLEY STRIDERS	00:44:02	00:44:00		19	3	2
20	48	MATT SMALL	M	MV40		00:44:04	00:44:01		20	3	
21	1	CARA JASMINE BRADLEY	F	FSEN		00:44:07	00:44:04	1		1	
22	209	IAIN SMITH	M	MSEN		00:44:11	00:44:10		21	10	
23	254	SIMON PICKARD	M	MV50	STOCKPORT HARRIERS & AC	00:44:29	00:44:25		22	4	3
24	61	ROBERT JENNINGS	M	MSEN		00:44:33	00:44:27		23	11	
25	248	JAMES STONE	M	MSEN		00:44:51	00:44:42		24	12	
26	42	LAURIE SAGE	M	MV40	LEVENSHULME RUNNERS	00:45:07	00:44:51		25	4	1
27	330	GRANT MARCUS	M	MV50		00:45:08	00:44:58		26	4	
28	96	GEORGE BENNETT	M	MV45		00:45:14	00:45:02		27	3	
29	309	SIMON STONEHOUSE	M	MV55	STOCKPORT HARRIERS & AC	00:45:35	00:45:32		28	1	4
30	283	RICHARD YATES	M	MV55		00:45:43	00:45:28		29	2	
31	193	WAYNE GRANT	M	MV45	GOYT VALLEY STRIDERS	00:45:47	00:45:36		30	4	3
32	130	NICK PEACH	M	MV60	SALE HARRIERS MANCHESTER	00:45:50	00:45:44		31	1	1
33	98	JONATHAN BEVINGTON	M	MSEN	CHORLTON RUNNERS	00:45:56	00:45:51		32	13	1
34	106	BEN VICKERS	M	MV40		00:45:59	00:45:49		33	5	
35	228	JOHN MOORE	M	MV60	GOYT VALLEY STRIDERS	00:46:04	00:45:58		34	2	4
36	191	DAVID LEWIN	M	MV45		00:46:12	00:45:58		35	5	

37	263	DAVE PEACH	M	MV60		00:46:16	00:46:07	36	3	
38	281	JAMES BRANDRETT	M	MSEN		00:46:17	00:46:14	37	14	
39	237	TOM CAPEWELL	M	MV40		00:46:30	00:46:21	38	6	
40	142	NICK HUMPHREY-TAYLOR	M	MV50	SEVENOAKS AC	00:46:43	00:46:33	39	5	1
41	260	PETER DEAN	M	MV40	STOCKPORT HARRIERS & AC	00:46:59	00:46:51	40	7	5
42	233	CHRIS HORKAN	M	MV40	STOCKPORT HARRIERS & AC	00:47:03	00:46:48	41	8	6
43	208	ALEX SMITH	M	MSEN	WIDNES RUNNING CLUB	00:47:13	00:47:03	42	15	1
44	341	MATTHEW FURNISS	M	MSEN	MARPLE RUNNERS	00:47:21	00:47:16	43	5	1
45	268	MATT HENDERSON	M	MSEN		00:47:22	00:47:14	44	16	
46	136	STEWART WALLACE	M	MSEN		00:47:34	00:47:27	45	17	
47	181	MICHAEL GRAHAM	M	MSEN		00:47:35	00:47:19	46	18	
48	316	ALEX JACKSON	M	MSEN	THE RUNNING CHARITY	00:47:36	00:47:33	47	6	1
49	157	ANNA TUFFS	F	FSEN		00:47:37	00:47:26	2	2	
50	343	CHRISTOPHER FIENDLEY	M	MSEN		00:47:39	00:47:29	48	7	
51	40	JOSEY TAYLOR	F	FV40	MARPLE RUNNERS	00:47:49	00:47:37	3	1	1
52	133	GRAHAM PAVITT	M	MV55	CHESHIRE HASH HOUSE HARRIERS	00:47:53	00:47:41	49	3	1
53	241	STUART COLLINS	M	MV40		00:47:59	00:47:44	50	9	
54	214	ROB SULLIVAN	M	MSEN	RUNTHROUGH NORTH	00:48:06	00:48:02	51	19	1
55	83	MARK WOODHEAD	M	MV45		00:48:17	00:48:01	52	6	
56	110	JAMES BAILEY	M	MSEN		00:48:42	00:48:33	53	20	
57	7	PETER BROWN	M	MV45		00:49:11	00:48:53	54	7	
58	331	LAURA HENDERSON	F	FSEN	HYDE VILLAGE STRIDERS	00:49:21	00:49:14	4	3	1
59	116	GEORGE OFFER	M	MSEN	MARPLE RUNNERS	00:49:26	00:49:02	55	21	2
60	287	ANNA WILDMAN	F	FV40	PENNINE FELL RUNNERS	00:49:49	00:49:33	5	2	1
61	216	STEVE SHAUGHNESSY	M	MV65	STOCKPORT HARRIERS & AC	00:49:56	00:49:46	56	1	7
62	243	DANIEL PARKER	M	MSEN		00:50:05	00:49:55	57	22	
63	335	GLYN WILLIAMS	M	MV55	PRESTWICH AC	00:50:13	00:49:54	58	8	1
64	57	SAM EVANS	M	MV40		00:50:21	00:50:17	59	10	
65	325	SAMUEL SMITH	M	MSEN	PRESTWICH AC	00:50:24	00:50:08	60	23	2
66	297	MATT BIGLIN	M	MV60	GOYT VALLEY STRIDERS	00:50:25	00:50:18	61	4	5
67	49	DAVID CHRYSTIE-LOWE	M	MV65	GLOSSOPDALE HARRIERS	00:50:26	00:50:18	62	2	1
68	311	KEVIN KEARSLEY	M	MSEN	THE RUNNING CHARITY	00:50:35	00:50:25	63	24	2
69	253	JENNIE PICKARD	F	FV50	STOCKPORT HARRIERS & AC	00:50:36	00:50:24	6	1	1
70	128	JACK LOUGHLIN	M	MSEN		00:50:39	00:50:21	64	25	
71	249	JOHN WHITE	M	MV40	ROYAL NAVY TRIATHLON	00:50:48	00:50:41	65	11	1
72	86	MAT LADLEY	M	MSEN		00:51:01	00:50:41	66	26	
73	212	BRIAN HOLLAND	M	MV65	GOYT VALLEY STRIDERS	00:51:03	00:50:55	67	3	6

74	37	JOE BLAMEY	M	MSEN		00:51:14	00:50:57		68	27	
75	103	DAVIDE CUOGHI	M	MSEN	LEVENSHULME RUNNERS	00:51:18	00:50:52		69	28	2
76	258	HELEN BERRY	F	FSEN	PRESTWICH AC	00:51:27	00:51:10	7		4	1
77	220	ANDREW HUMPHREY-TAYLOR	M	MV40		00:51:42	00:51:23		70	12	
78	217	KEVIN DAY	M	MV55	GOYT VALLEY STRIDERS	00:51:43	00:51:32		71	4	7
79	31	VICKI CREIGHTON	F	FSEN	DAVENPORT RUNNERS	00:51:49	00:51:35	8		5	1
80	194	WAYNE FRANCIS	M	MV40		00:51:51	00:51:41		72	13	
81	231	MICHAEL FLANNERY	M	MSEN		00:52:06	00:51:51		73	29	
82	324	STUART SMITH	M	MV40	PRESTWICH AC	00:52:10	00:51:54		74	14	3
83	234	AARON CHESWORTH	M	MSEN		00:52:11	00:51:18		75	30	
84	152	MATHEW THOMAS	M	MSEN		00:52:13	00:51:23		76	31	
85	313	ETHAN PAUL	M	MSEN	THE RUNNING CHARITY	00:52:13	00:51:44		77	32	3
86	204	HADRIAN MALLINSON	M	MV55		00:52:22	00:52:00		78	5	
87	203	NICK TAYLOR	M	MV40		00:52:54	00:52:36		79	15	
88	344	LUCY RIDGWAY	F	FV40		00:52:54	00:52:31	9		9	
89	63	JOSÉ ALCARAZ	M	MV50		00:52:56	00:52:34		80	6	
90	299	MICHAEL CURRY	M	MV60		00:53:01	00:52:41		81	5	
91	262	ALEX LOUCH	M	MSEN		00:53:02	00:52:38		82	33	
92	84	TOM HADFIELD	M	MV45		00:53:03	00:52:38		83	8	
93	257	TIM HARGREAVES	M	MV65	STOCKPORT HARRIERS & AC	00:53:04	00:52:45		84	4	8
94	14	JO-ARE BJERKE	M	MV50		00:53:05	00:52:39		85	7	
95	111	MARK EVANS	M	MSEN		00:53:07	00:52:29		86	34	
96	21	PETE TOMLIN	M	MSEN	START2JOG	00:53:22	00:52:55		87	35	1
97	124	ELAINE JACKSON	F	FV60		00:53:26	00:53:05	10		1	
98	207	PETER TASKER	M	MV40	PRESTWICH AC	00:53:44	00:53:28		88	16	4
99	175	ALISON SMITH	F	FV40		00:53:54	00:53:39	11		3	
100	246	MATTHEW LUCCOCK	M	MV45	DRAGONS RUNNING CLUB (SALE)	00:54:00	00:53:43		89	9	1
101	158	JAMES MALONE	M	MV45	BELLE VUE RACERS	00:54:12	00:53:46		90	10	1
102	154	DALE COOPER-SHEPHERD	M	MSEN		00:54:23	00:53:43		91	36	
103	18	SAMUEL CRAWSHAW	M	MV45	LEVENSHULME RUNNERS	00:54:37	00:54:11		92	11	3
104	16	DARREN ATTWOOD	M	MV50	NORTHOWRAM PUMAS RUNNING CLUB	00:54:44	00:54:19		93	8	1
105	51	CATHAL MAGUIRE	M	MV45		00:54:49	00:54:18		94	12	
106	292	ANGELA MCCARTHY	F	FV60	WILMSLOW RC	00:54:54	00:54:35	12		2	1
107	92	ANGELA OLDHAM	F	FV70	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:54:57	00:54:45	13		1	1
108	267	DUNCAN SHUTTLEWORTH	M	MV65	PRESTWICH AC	00:54:59	00:54:37		95	5	5
109	10	ANDREW QUIGLEY	M	MV45		00:54:59	00:54:32		96	13	
110	278	RACHEL GARNER	F	FV50	PRESTWICH AC	00:55:03	00:54:43	14		2	2

111	196	NICK GARNER	M	MSEN		00:55:05	00:54:11	97	37	
112	151	DAN THOMAS	M	MSEN	SEE YOU LATTE	00:55:05	00:54:12	98	38	1
113	30	IAN COLLYER	M	MV50		00:55:07	00:54:49	99	9	
114	85	ELAINE FLAVELL	F	FSEN	STOCKPORT HARRIERS & AC	00:55:12	00:54:54	15	6	2
115	264	DANIEL ADSHEAD	M	MSEN		00:55:13	00:54:34	100	39	
116	172	REBECCA BRIMAGE	F	FV45		00:55:17	00:54:56	16	1	
117	170	SEAN RODGERS	M	MV40		00:55:23	00:54:43	101	17	
118	342	DARREN ASPINALL	M	MV45	MONTON	00:55:25	00:54:38	102	14	1
119	13	BECKY LEES	F	FV50	BOLLINGTON HARRIERS	00:55:27	00:55:00	17	3	1
120	9	VICKY ROBINSON	F	FSEN		00:55:42	00:55:26	18	7	
121	307	JAMES NUTTALL	M	MV40		00:55:50	00:55:29	103	18	
122	6	TOM WOODS	M	MSEN	LEVENSHULME RUNNERS	00:55:52	00:55:25	104	40	4
123	131	PETER WALLEY	M	MSEN		00:55:55	00:55:17	105	41	
124	239	CHRISTOPHER CHIANG	M	MSEN		00:56:02	00:55:34	106	42	
125	168	IAIN WOOD	M	MV45		00:56:23	00:55:43	107	15	
126	173	JAMES MANUEL	M	MV40		00:56:31	00:55:51	108	19	
127	28	JAMIE PRYDE	M	MSEN		00:56:33	00:56:15	109	43	
128	271	BARRIE SCHOFIELD	M	MSEN		00:56:37	00:56:12	110	44	
129	245	GARY HILL	M	MV50		00:56:40	00:56:01	111	10	
130	255	JOSH BIRCH	M	MSEN		00:56:45	00:56:20	112	45	
131	20	MATT LEES	M	MV50	BOLLINGTON HARRIERS	00:56:53	00:56:25	113	11	1
132	23	ANDY MARTINDALE	M	MV45		00:57:00	00:56:32	114	16	
133	167	DANIEL GIANFERRARI	M	MV45		00:57:02	00:56:22	115	17	
134	26	JOHN VEL	M	MV60		00:57:12	00:56:30	116	6	
135	65	CHRISTINE HYDE	F	FV40		00:57:17	00:56:42	19	4	
136	139	LIZZIE MOYES	F	FSEN		00:57:32	00:57:02	20	8	
137	247	DANIEL HORROCKS	M	MSEN		00:57:35	00:57:06	117	46	
138	156	JACK GALLACHER	M	MSEN	BELLE VUE RACERS	00:57:36	00:57:09	118	47	2
139	186	JIM BRITTON	M	MV45		00:57:49	00:57:15	119	18	
140	310	DAN BRITTON	M	MV45		00:57:49	00:57:15	120	19	
141	339	GAIL STIRLING	F	FV60	DUNDEE ROADRUNNERS	00:57:57	00:57:28	21	3	1
142	36	KATHERINE GIBBS	F	FSEN		00:58:02	00:57:28	22	9	
143	11	VICTOR RIDDING	M	MV65	LEVENSHULME RUNNERS	00:58:05	00:57:37	121	6	5
144	259	AMANDA WARD	F	FV55		00:58:14	00:57:49	23	1	
145	126	ZOE GMEREK	F	FV45	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	00:58:24	00:57:56	24	2	1
146	300	LAUREN DURAMAN	F	FSEN		00:58:27	00:57:39	25	10	
147	127	NICHOLAS PETERKIN	M	MV50	PRESTWICH AC	00:58:45	00:58:20	122	12	6

148	112	JASMINE EMSLIE	F	FV45	PRESTWICH AC	00:58:55	00:58:18	26		3	3
149	183	KATIE O'BRIEN	F	FSEN		00:59:08	00:58:32	27		11	
150	174	NICK HAM	M	MV60	GLOSSOPDALE HARRIERS	00:59:11	00:58:53		123	7	2
151	121	JOANNE HOUGHTON	F	FV55	PRESTWICH AC	00:59:24	00:58:59	28		2	4
152	180	NATHAN HOOLEY	M	MSEN		00:59:37	00:58:54		124	48	
153	261	RACHEL TAIT	F	FSEN	MARPLE RUNNERS	00:59:46	00:59:18	29		12	2
154	232	OWEN BASKEYFIELD	M	MSEN	SEE YOU LATTE	00:59:53	00:58:58		125	49	2
155	242	JED HUMPHREYS	M	MSEN	SEE YOU LATTE	00:59:53	00:59:00		126	50	3
156	165	TOM MATHESON	M	MV55		00:59:54	00:59:12		127	6	
157	295	CHRISTOPHER HILL	M	MSEN	MANCHESTER RUN CLUB	00:59:55	00:59:25		128	51	1
158	298	ITA KELLY	F	FV60	GOYT VALLEY STRIDERS	00:59:56	00:59:21	30		4	1
159	29	HILARY HERMAN	F	FV60	PRESTWICH AC	01:00:05	00:59:43	31		5	5
160	74	ALAN BOCKING	M	MV70	MANCHESTER HARRIERS & AC	01:00:09	00:59:56		129	1	1
161	270	MELANIE JONES	F	FV50	PRESTWICH AC	01:00:18	00:59:54	32		4	6
162	60	LISA CASSIDY	F	FV45		01:00:24	00:59:50	33		4	
163	90	PAUL NUGENT	M	MV60		01:00:33	00:59:35		130	8	
164	129	PAT PEACH	F	FV60		01:00:43	01:00:11	34		6	
165	301	DIANE HARROLD	F	FV55		01:00:49	01:00:00	35		3	
166	115	PATRICK BOYLE	M	MV40		01:01:04	01:00:33		131	20	
167	178	CATHERINE CARLIN	F	FV40		01:01:06	01:00:22	36		5	
168	132	ARRON PEARCE	M	MSEN		01:01:09	01:00:40		132	52	
169	340	HARRY MORRIS	M	MSEN		01:01:10	01:00:40		133	53	
170	179	SHANI HOOLEY	F	FV40		01:01:10	01:00:26	37		6	
171	162	ISOBELLE BLISSETT	F	FSEN		01:01:12	01:00:39	38		13	
172	89	DAVID LAWTON	M	MV40		01:01:17	01:00:23		134	21	
173	252	NICK HERD	M	MV50		01:01:18	01:00:33		135	13	
174	303	TOM WILSON	M	MSEN	SEE YOU LATTE	01:01:19	01:00:27		136	54	4
175	44	EMILY JONES	F	FSEN		01:01:31	01:00:58	39		14	
176	230	LUCY SCHOFIELD	F	FSEN		01:01:43	01:01:07	40		15	
177	35	DANIEL BARNETT	M	MV45		01:01:45	01:01:10		137	20	
178	279	OLLIE NEAVE	M	MSEN		01:01:49	01:01:22		138	55	
179	244	SARAH THOMAS	F	FV50		01:01:54	01:01:04	41		5	
180	134	DANNI BROOKS	F	FSEN		01:02:15	01:01:51	42		16	
181	338	ALYS DAVIES	F	FSEN	CHORLTON RUNNERS	01:02:16	01:01:43	43		17	1
182	184	GLENN FAIRHLL	M	MV45		01:02:16	01:01:44		139	21	
183	56	IAN RODGER	M	MV60	STOCKPORT HARRIERS & AC	01:02:17	01:01:37		140	9	9
184	210	ELLEN COX	F	FSEN	MILE SHY CLUB	01:02:17	01:01:31	44		18	1

185	284	ANDREW SHORT	M	MV50		01:02:22	01:01:38		141	14	
186	108	JO MCGRATH	F	FV45		01:02:41	01:02:12	45		5	
187	197	NATALIE SMITH	F	FSEN	MARPLE RUNNERS	01:02:42	01:02:07	46		19	3
188	290	THOMAS PADDEN	M	MSEN		01:02:43	01:01:46		142	56	
189	274	JAMIE CORBETT	M	MSEN		01:02:54	01:02:26		143	57	
190	46	CHRIS ROBINSON	M	MV40		01:02:58	01:02:35		144	22	
191	269	JANET HARDWICK	F	FV65	PRESTWICH AC	01:02:59	01:02:35	47		1	7
192	235	ELEANOR ROBINSON	F	FSEN	SEE YOU LATTE	01:03:05	01:02:12	48		20	1
193	238	ABBIE WRIGHT	F	FSEN		01:03:06	01:02:12	49		21	
194	227	LUCY HARRISON	F	FSEN	SEE YOU LATTE	01:03:06	01:02:13	50		22	2
195	87	ROBERT SMITH	M	MV45		01:03:11	01:02:36		145	22	
196	62	EMMA STONER	F	FSEN		01:03:14	01:02:42	51		23	
197	206	VICKI BANKS	F	FV50	WARRINGTON RUNNING CLUB	01:03:22	01:02:44	52		6	1
198	59	ALEX TARLING	F	FV40		01:03:23	01:02:57	53		7	
199	117	LUCY EVANS	F	FSEN	MARPLE RUNNERS	01:03:26	01:02:50	54		24	4
200	277	LEWIS CORBETT	M	MSEN		01:03:42	01:03:13		146	58	
201	100	STUART KEEN	M	MV55	GOYT VALLEY STRIDERS	01:03:44	01:03:01		147	7	8
202	327	MIKE BALL	M	MV45		01:03:52	01:03:01		148	10	
203	345	ALICE CASEY	F	FSEN		01:04:24	01:03:57	55		25	
204	97	SAFAK BENNETT	F	FV40		01:04:29	01:03:47	56		8	
205	332	JANETTE WATSON	F	FV50	LEVENSHULME RUNNERS	01:04:34	01:03:44	57		11	1
206	205	NISHA PARMAR	F	FSEN		01:04:41	01:04:00	58		26	
207	317	ELLIE CARR	F	FSEN	THE RUNNING CHARITY	01:04:44	01:04:14	59		27	1
208	8	PAUL DALE	M	MV70		01:04:58	01:04:45		149	2	
209	328	STE PARK	M	MV45	WARRINGTON RUNNING CLUB	01:05:14	01:04:36		150	12	1
210	53	DAVID TOMLINSON	M	MV40		01:05:14	01:04:31		151	23	
211	280	CHRISTINE LAND	F	FSEN	CHORLTON RUNNERS	01:05:18	01:04:39	60		28	2
212	138	JOANNE BARROW	F	FV40		01:05:25	01:04:46	61		9	
213	296	CATHERINE HETHERINGTON	F	FV50	POYNTON RUNNERS	01:05:26	01:05:02	62		7	1
214	308	MARK HETHERINGTON	M	MV50	POYNTON RUNNERS	01:05:26	01:05:03		152	15	1
215	229	CATRIONA MOORE	F	FV55	GOYT VALLEY STRIDERS	01:05:29	01:04:55	63		4	2
216	224	MATT PARR	M	MV40	MARPLE RUNNERS	01:05:30	01:04:50		153	24	3
217	302	PETER HARROLD	M	MV60		01:05:31	01:04:42		154	10	
218	114	GAVIN NIXON	M	MV50		01:05:52	01:05:07		155	16	
219	69	LIZ ANDERTON	F	FV45		01:06:16	01:05:30	64		6	
220	88	AMY LAWTON	F	FV40		01:06:17	01:05:21	65		10	
221	219	RICK ANDERTON	M	MV40		01:06:20	01:05:34		156	25	

222	185	NICOLA FAIRHALL	F	FV45		01:06:27	01:05:52	66		7	
223	226	LEONI LIEBERT	F	FSEN	SEE YOU LATTE	01:06:27	01:05:34	67		29	3
224	305	KATH SWALLOW	F	FV60		01:06:28	01:05:47	68		7	
225	306	IAN SWALLOW	M	MV60		01:06:29	01:05:47		157	11	
226	346	HANNAH SHORE	F	FSEN		01:06:30	01:06:04	69		30	
227	99	NICHOLA COOKE	F	FV40	PRESTWICH AC	01:06:32	01:06:07	70		11	8
228	190	BETH COLLYER	F	FSEN		01:06:39	01:05:44	71		31	
229	79	TOM JOHNSTON	M	MV50		01:06:43	01:05:58		158	17	
230	118	SARAH OFFER	F	FV65		01:06:50	01:06:11	72		2	
231	326	STEVEN TOWNLEY	M	MV60		01:06:59	01:06:09		159	13	
232	200	LINDA JONES	F	FV55	WARRINGTON RUNNING CLUB	01:07:01	01:06:24	73		5	2
233	312	COURTNEY ARNOLD-HARRISON	F	FSEN	THE RUNNING CHARITY	01:07:10	01:06:40	74		14	2
234	215	JANE BRITTON	F	FV45		01:07:13	01:06:18	75		8	
235	199	AMANDA BENTLEY	F	FV50	WARRINGTON RUNNING CLUB	01:07:33	01:06:56	76		8	3
236	334	STEPHANIE CALDWELL	F	FV70	PRESTWICH AC	01:07:33	01:07:10	77		15	9
237	17	GAIL BAILEY	F	FV50	NORTHOWRAM PUMAS RUNNING CLUB	01:07:36	01:07:10	78		9	1
238	304	GRACE DONOVAN	F	FSEN	SEE YOU LATTE	01:07:44	01:06:52	79		32	4
239	120	JENNA DILKES	F	FV40		01:07:45	01:06:54	80		12	
240	102	MAGGIE LISTER	F	FSEN		01:08:11	01:07:27	81		33	
241	149	GREG GILES	M	MSEN		01:08:16	01:07:27		160	59	
242	125	JOANNE HILL	F	FV50	CHORLTON RUNNERS	01:08:18	01:07:37	82		10	3
243	294	DUNCAN CROSS	M	MV45		01:08:23	01:07:43		161	23	
244	288	MIKE O'BRIEN	M	MV65	MANCHESTER YMCA HARRIERS	01:08:43	01:08:28		162	7	2
245	45	JASON WARD	M	MV50		01:08:49	01:08:28		163	18	
246	41	JEANETTE HANLEY	F	FV55	LEVENSHULME RUNNERS	01:09:06	01:08:34	83		6	2
247	333	EMILY JOHNSON	F	FV40	LEVENSHULME RUNNERS	01:09:18	01:08:27	84		16	3
248	265	JULIE SHERIDAN	F	FV50		01:09:30	01:08:35	85		11	
249	286	ALISTAIR THORNTON	M	MV45		01:09:35	01:08:51		164	24	
250	337	IAIN MCDONALD	M	MSEN		01:09:37	01:08:50		165	17	
251	54	SHAHINA ALVI	F	FV45	MILE SHY CLUB	01:09:54	01:09:23	86		9	2
252	266	HANNAH MURPHY	F	FSEN	SWINTON RUNNING CLUB	01:10:01	01:09:13	87		34	1
253	187	LAUREN THOMPSON	F	FSEN		01:10:02	01:09:28	88		35	
254	34	JOSEPHINE BARNETT	F	FV45		01:10:10	01:09:31	89		10	
255	58	NATASHA ADDISON	F	FSEN		01:10:29	01:09:54	90		36	
256	336	LOUISE TOACH	F	FV40	NANTWICH RUNNING CLUB	01:10:45	01:10:01	91		13	1
257	153	JESSICA MAYCOCK	F	FSEN		01:10:53	01:09:58	92		37	
258	348	ELIZABETH BAIN	F	FSEN	INSPIRE RUNNERS CHICHESTER	01:11:17	01:10:41	93		18	1

259	104	CLAIRE ELSWORTH	F	FV50	GOYT VALLEY STRIDERS	01:11:19	01:10:42	94	12	3	
260	33	HELEN DUNLEY	F	FV50		01:11:27	01:10:49	95	13		
261	291	MIKE LIVINGSTONE	M	MV60		01:11:30	01:10:34		166	12	
262	43	JONATHAN OGDEN	M	MV45	MID LIFE CRISIS GLADIATORS	01:11:34	01:10:52		167	25	1
263	80	CATH DEVANEY	F	FV50	MILE SHY CLUB	01:11:53	01:11:04	96		14	3
264	275	SIMON CORBETT	M	MV55		01:12:06	01:11:37		168	8	
265	329	DAVID MAY	M	MSEN		01:12:09	01:11:30		169	19	
266	76	ANNA MORRIS	F	FV40		01:12:12	01:11:25	97		14	
267	93	JO CLARKE	F	FV50	MILE SHY CLUB	01:12:49	01:11:59	98		15	4
268	163	SOFIA LASKARI	F	FSEN		01:12:53	01:11:54	99		38	
269	272	CHARLOTTE GOONAN	F	FSEN		01:12:56	01:12:23	100		39	
270	273	MIKEY J	M	MSEN		01:12:57	01:12:23		170	60	
271	50	PETA WALSH	F	FV65	STOCKPORT HARRIERS & AC	01:13:18	01:12:40	101		3	3
272	347	HOLLY STEWART	F	FSEN	MARPLE RUNNERS	01:13:19	01:12:44	102		20	5
273	289	DELPHINE EVANS	F	FSEN		01:13:27	01:12:45	103		40	
274	66	GAIL HEATH	F	FV55	MILE SHY CLUB	01:13:28	01:12:57	104		7	5
275	67	JENNIFER LEWIS	F	FV45		01:13:39	01:12:54	105		11	
276	164	SARAH MATHERSON	F	FV50		01:13:45	01:12:47	106		16	
277	22	HASNA BUDSWORTH	F	FV40		01:14:03	01:13:05	107		15	
278	71	HELEN TODD	F	FV70	STOCKPORT HARRIERS & AC	01:14:16	01:13:49	108		2	4
279	319	LUKE CLARK	M	MSEN	THE RUNNING CHARITY	01:14:31	01:14:00		171	61	4
280	314	LEE MARTIN	M	MV45	LEVENSHULME RUNNERS	01:14:36	01:14:04		172	21	6
281	320	GEORGE BATE	M	MV55	THE RUNNING CHARITY	01:15:43	01:15:12		173	22	5
282	318	MOHAMMED AHMED	M	MSEN	THE RUNNING CHARITY	01:15:45	01:15:15		174	23	6
283	256	HELEN ELMES	F	FSEN		01:16:03	01:15:05	109		41	
284	91	KIRSTIE HESKETH	F	FV45	MILE SHY CLUB	01:17:35	01:16:48	110		12	6
285	25	SUE FOSTER	F	FV50		01:17:40	01:16:55	111		17	
286	24	TAMMY ELLIOTT	F	FV55		01:17:40	01:16:55	112		8	
287	123	JACKIE SHAH	F	FV55		01:18:06	01:17:11	113		9	
288	105	JO EGELI	F	FV45	DIDSBURY RUNNERS	01:18:26	01:17:40	114		13	1
289	19	TONY BRAY	M	MV70		01:19:16	01:18:28		175	3	
290	27	LISA LINGARD	F	FV50		01:19:56	01:19:00	115		18	
291	202	VICKY MULLEN	F	FV45	LIVERPOOL IRISH ROVERS	01:20:17	01:19:39	116		14	1
292	144	BRIAN ROBINSON	M	MV80		01:21:31	01:21:08		176	1	
293	160	SARAH HARTLEY-KANE	F	FSEN		01:22:03	01:21:27	117		42	
294	12	HELEN EDDIE	F	FV45	MACCLESFIELD HARRIERS & AC	01:23:03	01:22:16	118		15	1
295	5	JANE KEEN	F	FV55	GOYT VALLEY STRIDERS	01:25:49	01:25:08	119		10	4



296	2	EMMA MARTIN	F	FSEN	GOYT VALLEY STRIDERS	01:26:52	01:25:59	120	43	5
297	240	KELLY SLANEY	F	FV40		01:28:51	01:28:00	121	16	
298	143	RUTH ROBINSON	F	FV75		01:30:38	01:30:14	122	1	