

Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

Under 11 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1466	Isaac Taylor-Unitt	Salford Harriers & AC	10:20	27	850	Alex Almond	Manchester Harriers & AC	12:01
2	2052	Alex Farrell	Warrington A C	10:30	28	1533	Noah Macarthur	Salford Metropolitan Ac	12:05
3	443	Hamish Heginbotham	E Cheshire H & Tameside AC	10:35	29	2	Ugo Obianyor	Altrincham & District Ac	12:06
4	1246	Jude Rogers	Sale Harriers Manchester	10:44	30	1535	Jenson Snape	Salford Metropolitan Ac	12:08
5	1459	Max Casey	Salford Harriers & AC	10:50	31	759	Liam Labrosse	Macclesfield Harriers & Ac	12:10
6	1461	Harry Crowhurst	Salford Harriers & AC	10:54	32	442	Sidney Charles	E Cheshire H & Tameside AC	12:11
7	1688	Samuel Shatwell	Stockport Harriers & Ac	11:05	33	757	Thomas Clancy	Macclesfield Harriers & Ac	12:11
8	1460	Aaron Connor	Salford Harriers & AC	11:06	34	2051	Leonard Broadhurst	Warrington A C	12:20
9	852	Lucas Pendlebury	Manchester Harriers & AC	11:08	35	1242	Conan O'Donoghue	Sale Harriers Manchester	12:22
10	2130	Ben Dunning	Warriors Pentathlon & AC	11:11	36	1230	Edward Emms	Sale Harriers Manchester	12:32
11	1462	Mason Fletcher	Salford Harriers & AC	11:11	37	1835	Oliver McKiernan	Trafford Athletic Club	12:39
12	1236	Joshua Leong	Sale Harriers Manchester	11:12	38	854	Max Svaboda	Manchester Harriers & AC	12:41
13	1463	Noah Hartley	Salford Harriers & AC	11:12	39	1237	Kasper Lind-Hanson	Sale Harriers Manchester	12:41
14	1239	James Moran	Sale Harriers Manchester	11:20	40	853	Brandon Rodger	Manchester Harriers & AC	12:49
15	1597	Rohan Dickinson	St Helens Sutton Ac	11:26	41	2128	Sam Dunning	Warriors Pentathlon & AC	12:52
16	1238	Harry McLoone	Sale Harriers Manchester	11:31	42	1165	Willis Howard	Oldham & Royton H & Ac	12:54
17	1464	Zac Holman	Salford Harriers & AC	11:31	43	1532	William Garside	Salford Metropolitan Ac	13:09
18	2133	Aarav Shah	Warriors Pentathlon & AC	11:33	44	2050	Percy Booker	Warrington A C	13:12
19	2057	Tristan Tickle	Warrington A C	11:38	45	1229	Oliver Curvis	Sale Harriers Manchester	13:15
20	1243	Sebastian O'Hare	Sale Harriers Manchester	11:39	46	553	Archie Fletcher	Horwich R M I Harriers	13:19
21	5	Charles Thomas	Altrincham & District Ac	11:41	47	1834	Harry Armer	Trafford Athletic Club	13:21
22	2126	Ralph Abdulla	Warriors Pentathlon & AC	11:41	48	758	Harry Hussey	Macclesfield Harriers & Ac	13:21
23	2129	Jed Dunning	Warriors Pentathlon & AC	11:44	49	2055	Edie McArthur	Warrington A C	13:25
24	1241	Harry Nichol	Sale Harriers Manchester	11:49	50	1534	Maximilian North	Salford Metropolitan Ac	14:13
25	717	Kian O'Rourke	Liverpool Harriers & Ac	11:51	51	554	Oliver Hughes	Horwich R M I Harriers	14:28
26	1247	Alpha Them	Sale Harriers Manchester	11:52	52	1227	Ernie Coleman	Sale Harriers Manchester	14:46
					53	1233	Jenson Higby	Sale Harriers Manchester	15:09

Under 11 - Boys — TEAM RESULTS

1	Salford Harriers & AC	12	—	1	Isaac Taylor-Unitt	5	Max Casey	6	Harry Crowhurst
2	Sale Harriers Manchester	30	—	4	Jude Rogers	12	Joshua Leong	14	James Moran
3	Salford Harriers & AC 'B'	32	—	8	Aaron Connor	11	Mason Fletcher	13	Noah Hartley
4	Warriors Pentathlon & AC	50	—	10	Ben Dunning	18	Aarav Shah	22	Ralph Abdulla
5	Warrington A C	55	—	2	Alex Farrell	19	Tristan Tickle	34	Leonard Broadhurst
6	Sale Harriers Manchester 'B'	60	—	16	Harry McLoone	20	Sebastian O'Hare	24	Harry Nichol
7	Manchester Harriers & AC	74	—	9	Lucas Pendlebury	27	Alex Almond	38	Max Svaboda
8	Sale Harriers Manchester 'C'	97	—	26	Alpha Them	35	Conan O'Donoghue	36	Edward Emms
9	Salford Metropolitan Ac	101	—	28	Noah Macarthur	30	Jenson Snape	43	William Garside
10	Macclesfield Harriers & Ac	112	—	31	Liam Labrosse	33	Thomas Clancy	48	Harry Hussey
11	Sale Harriers Manchester 'D'	136	—	39	Kasper Lind-Hanson	45	Oliver Curvis	52	Ernie Coleman

Under 11 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2334	Sophia McCready	Wirral Ac	11:09	25	1257	Honor O'Donoghue	Sale Harriers Manchester	12:57
2	2135	Jessica Davidson	Warriors Pentathlon & AC	11:09	26	1538	Isabelle Farrelly	Salford Metropolitan Ac	13:02
3	2059	Emilia Gandy	Warrington A C	11:27	27	1543	Eloise Maplesden	Salford Metropolitan Ac	13:14
4	1471	Faye Johnson	Salford Harriers & AC	11:39	28	2062	Ettie Rashud	Warrington A C	13:14
5	2205	Abby Gamble	West Cheshire Athletic Club	11:39	29	723	Katy Smith	Liverpool Harriers & Ac	13:20
6	2058	Ivy Davidson	Warrington A C	11:42	30	719	Ada Cameron	Liverpool Harriers & Ac	13:31
7	1468	Eliza Corrigan	Salford Harriers & AC	11:56	31	1477	Aurellia Williams	Salford Harriers & AC	13:32
8	2333	Anna Gately	Wirral Ac	12:01	32	1540	Pippa Hunt	Salford Metropolitan Ac	13:36
9	1251	Poppy Dowling	Sale Harriers Manchester	12:02	33	1470	Erin Ingham	Salford Harriers & AC	13:48
10	2335	Mila Price	Wirral Ac	12:10	34	1476	Violet Thomas	Salford Harriers & AC	14:04
11	721	Caitlin McGuirk	Liverpool Harriers & Ac	12:12	35	1469	Lexi Evans	Salford Harriers & AC	14:11
12	1965	Orla Coates	Vale Royal Ac	12:19	36	162	Georgia Cudahy	Buxton AC	14:11
13	8	Isla Doyle	Altrincham & District Ac	12:23	37	762	Mariana McLanachan	Macclesfield Harriers & Ac	14:11
14	718	Florence Burman	Liverpool Harriers & Ac	12:28	38	2206	Isla Lambert	West Cheshire Athletic Club	14:11
15	857	Rebekah Miller	Manchester Harriers & AC	12:29	39	1473	Harriet Monaghan	Salford Harriers & AC	14:22
16	1837	Betsy Widdop	Trafford Athletic Club	12:29	40	855	Esme Fenton	Manchester Harriers & AC	15:08
17	720	Rose Fay	Liverpool Harriers & Ac	12:33	41	2063	Jessica Tregust	Warrington A C	15:17
18	1544	Alvia Smith	Salford Metropolitan Ac	12:35	42	760	Romaya Edisbury	Macclesfield Harriers & Ac	15:21
19	1536	Florence Barker	Salford Metropolitan Ac	12:40	43	1250	Abbie Brocklebank	Sale Harriers Manchester	15:24
20	856	Charlotte Hodkinson	Manchester Harriers & AC	12:43	44	1474	Molly Oram	Salford Harriers & AC	15:30
21	2137	Polly McVicar	Warriors Pentathlon & AC	12:44	45	1596	Lucy Clauge	St Helens Sutton Ac	15:33
22	1259	Connie Summers	Sale Harriers Manchester	12:50	46	1467	Aoife Carthy	Salford Harriers & AC	15:45
23	1256	Reeva Njie	Sale Harriers Manchester	12:54	47	557	Jennifer Irving	Horwich R M I Harriers	17:44
24	1541	Holly Hutchinson	Salford Metropolitan Ac	12:56					

Under 11 - Girls — TEAM RESULTS

1	Wirral Ac	19	—	1	Sophia McCready	8	Anna Gately	10	Mila Price
2	Warrington A C	37	—	3	Emilia Gandy	6	Ivy Davidson	28	Ettie Rashud
3	Liverpool Harriers & Ac	42	—	11	Caitlin McGuirk	14	Florence Burman	17	Rose Fay
4	Salford Harriers & AC	42	—	4	Faye Johnson	7	Eliza Corrigan	31	Aurellia Williams
5	Sale Harriers Manchester	54	—	9	Poppy Dowling	22	Connie Summers	23	Reeva Njie
6	Salford Metropolitan Ac	61	—	18	Alvia Smith	19	Florence Barker	24	Holly Hutchinson
7	Manchester Harriers & AC	75	—	15	Rebekah Miller	20	Charlotte Hodkinson	40	Esme Fenton
8	Salford Metropolitan Ac 'B'	85	—	26	Isabelle Farrelly	27	Eloise Maplesden	32	Pippa Hunt
9	Salford Harriers & AC 'B'	102	—	33	Erin Ingham	34	Violet Thomas	35	Lexi Evans
10	Salford Harriers & AC 'C'	129	—	39	Harriet Monaghan	44	Molly Oram	46	Aoife Carthy

Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

Under 13 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time		Club	Time	
1	2145	Owen Oswick	Warriors Pentathlon & AC	10:28	30	860Hadrian Pendlebury	Manchester Harriers & AC	12:09
2	1549	Loxley Schofield	Salford Metropolitan Ac	10:36	31	1266Samuel Haskins	Sale Harriers Manchester	12:09
3	2147	Harry Redhead	Warriors Pentathlon & AC	10:40	32	1843Thomas Fotheringham	Trafford Athletic Club	12:12
4	1841	Thomas Daly	Trafford Athletic Club	10:41	33	165Oliver Ball	Buxton AC	12:13
5	2142	Bobby Hughes	Warriors Pentathlon & AC	10:43	34	1548Joseph McGinnis	Salford Metropolitan Ac	12:17
6	2141	Tommy Calland	Warriors Pentathlon & AC	10:44	35	1479Harry Emery	Salford Harriers & AC	12:17
7	2139	Sam Baker	Warriors Pentathlon & AC	10:45	36	2341Orson Wakefield	Wirral Ac	12:17
8	450	Oliver Mannion	E Cheshire H & Tameside AC	10:51	37	1839Joseph Bowden	Trafford Athletic Club	12:18
9	1274	Daniel Topping	Sale Harriers Manchester	10:55	38	2203Quinn McCaul	Warriors Pentathlon & AC	12:19
10	1846	Ethan O'Brien	Trafford Athletic Club	10:59	39	1840Sammy Cowles	Trafford Athletic Club	12:25
11	1271	Arthur O'Hare	Sale Harriers Manchester	11:02	40	2377Aiden Cameron	Manchester Harriers & AC	12:27
12	452	Jacob Shearing	E Cheshire H & Tameside AC	11:04	41	1599Woody Deane	St Helens Sutton Ac	12:28
13	449	Zachary Jones	E Cheshire H & Tameside AC	11:16	42	859Hadley Lumsden	Manchester Harriers & AC	12:32
14	1546	Zac Edge	Salford Metropolitan Ac	11:23	43	1267William Haskins	Sale Harriers Manchester	12:34
15	2369	Isaac Chrippes	Stockport Harriers & Ac	11:25	44	1547Finlay Farmer	Salford Metropolitan Ac	12:35
16	1268	Joshua Howell	Sale Harriers Manchester	11:28	45	16Farland Luca Mc	Altrincham & District Ac	12:39
17	1275	James Walsh	Sale Harriers Manchester	11:31	46	1600James Goddard	St Helens Sutton Ac	13:00
18	2146	Finley Potter	Warriors Pentathlon & AC	11:33	47	1603Lucas Vine	St Helens Sutton Ac	13:00
19	858	Max Hornsby	Manchester Harriers & AC	11:52	48	1690Edward Jones	Stockport Harriers & Ac	13:09
20	1842	Ned Farncombe	Trafford Athletic Club	11:52	49	447Harry Bird	E Cheshire H & Tameside AC	13:15
21	1692	Jack Proctor	Stockport Harriers & Ac	11:53	50	969Freddie Marsh	Manchester Triathlon Club	13:46
22	1545	Arthur Barker	Salford Metropolitan Ac	11:55	51	451James Nelson	E Cheshire H & Tameside AC	13:52
23	1848	Patrick Widdop	Trafford Athletic Club	11:56	52	12Zach Cole	Altrincham & District Ac	14:04
24	559	Leo Orrell	Horwich R M I Harriers	11:59	53	1697Rowan Trollope	Stockport Harriers & Ac	14:19
25	13	Oscar Curran	Altrincham & District Ac	12:02	54	448Sebastien Gregory	E Cheshire H & Tameside AC	14:23
26	1269	Edward Moran	Sale Harriers Manchester	12:03	55	1698Robbie Winthorpe	Stockport Harriers & Ac	15:01
27	17	Harry Taylor-Kirk	Altrincham & District Ac	12:04	56	2064Aiden Losty	Warrington A C	16:26
28	1270	Sam Moth	Sale Harriers Manchester	12:06	57	1695Samuel Shaw	Stockport Harriers & Ac	23:26
29	1847	Daniel White	Trafford Athletic Club	12:06				

Under 13 - Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Warriors Pentathlon & AC	9	—	1	Owen Oswick	3	Harry Redhead	5	Bobby Hughes
2	Warriors Pentathlon & AC 'B'	31	—	6	Tommy Calland	7	Sam Baker	18	Finley Potter
3	E Cheshire H & Tameside AC	33	—	8	Oliver Mannion	12	Jacob Shearing	13	Zachary Jones
4	Trafford Athletic Club	34	—	4	Thomas Daly	10	Ethan O'Brien	20	Ned Farncombe
5	Sale Harriers Manchester	36	—	9	Daniel Topping	11	Arthur O'Hare	16	Joshua Howell
6	Salford Metropolitan Ac	38	—	2	Loxley Schofield	14	Zac Edge	22	Arthur Barker
7	Sale Harriers Manchester 'B'	71	—	17	James Walsh	26	Edward Moran	28	Sam Moth
8	Trafford Athletic Club 'B'	84	—	23	Patrick Widdop	29	Daniel White	32	Thomas Fotheringham
9	Stockport Harriers & Ac	84	—	15	Isaac Chrippes	21	Jack Proctor	48	Edward Jones
10	Manchester Harriers & AC	89	—	19	Max Hornsby	30	Hadrian Pendlebury	40	Aiden Cameron
11	Altrincham & District Ac	97	—	25	Oscar Curran	27	Harry Taylor-Kirk	45	Farland Luca Mc
12	St Helens Sutton Ac	134	—	41	Woody Deane	46	James Goddard	47	Lucas Vine
13	E Cheshire H & Tameside AC 'B'	154	—	49	Harry Bird	51	James Nelson	54	Sebastien Gregory
14	Stockport Harriers & Ac 'B'	165	—	53	Rowan Trollope	55	Robbie Winthorpe	57	Samuel Shaw

Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

Under 13 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2150	Eve Beddow	Warriors Pentathlon & AC	10:50	41	734	Nancy Howe	Liverpool Harriers & Ac	13:04
2	728	Esme Cameron	Liverpool Harriers & Ac	10:57	42	1704	Darcey Rushton	Stockport Harriers & Ac	13:04
3	2364	\$Bleu Bailey	U13 1 Bingley Harriers & Ac	11:05	43	1700	Emilia Darnley	Stockport Harriers & Ac	13:08
4	2156	Daisy McVicar	Warriors Pentathlon & AC	11:07	44	19	Alice Boothroyd	Altrincham & District Ac	13:10
5	732	Mia Ford	Liverpool Harriers & Ac	11:27	45	2070	Lois JohnstonStarrs	Warrington A C	13:11
6	2151	Isobel Beddow	Warriors Pentathlon & AC	11:28	46	22	Erin Maule	Altrincham & District Ac	13:16
7	1278	Eve Dowling	Sale Harriers Manchester	11:43	47	2155	Maisy McGenity	Warriors Pentathlon & AC	13:18
8	1485	Emme Lowe	Salford Harriers & AC	11:48	48	766	Phoebe Adams-Mercer	Macclesfield Harriers & Ac	13:23
9	2209	Poppy McKenna	West Cheshire Athletic Club	11:49	49	2149	Rosanna Abdulla	Warriors Pentathlon & AC	13:24
10	2152	Poppy Boden	Warriors Pentathlon & AC	11:50	50	1284	Isabella Holden	Sale Harriers Manchester	13:24
11	862	Natalie Almond	Manchester Harriers & AC	11:53	51	1605	Melissa Goddard	St Helens Sutton Ac	13:27
12	725	Tolu Adebajo	Liverpool Harriers & Ac	11:54	52	1285	Emma Jones	Sale Harriers Manchester	13:30
13	1281	Alesha Gubas	Sale Harriers Manchester	11:54	53	1701	Beth Healey	Stockport Harriers & Ac	13:30
14	1487	Imogen Weatherhead	Salford Harriers & AC	11:55	54	869	Helena Parikh	Manchester Harriers & AC	13:31
15	2153	Delphine Cross	Warriors Pentathlon & AC	11:57	55	1291	Isabel Summers	Sale Harriers Manchester	13:41
16	1289	Lucy O'Brien	Sale Harriers Manchester	11:57	56	970	Rosa Oliveira	Manchester Triathlon Club	13:42
17	871	Lacey Steele	Manchester Harriers & AC	11:58	57	1703	Imogen Meikle	Stockport Harriers & Ac	13:42
18	1979	Ella Drake	Vale Royal Ac	12:01	58	2154	Zoe Dunning	Warriors Pentathlon & AC	13:47
19	2157	Emily Niccolls	Warriors Pentathlon & AC	12:07	59	1550	Florence Bailey	Salford Metropolitan Ac	14:05
20	1604	Sophia Hunter	St Helens Sutton Ac	12:08	60	1975	Lily Beevers	Vale Royal Ac	14:12
21	167	Katherine Bennett	Buxton AC	12:08	61	560	Jessie Cox	Horwich R M I Harriers	14:13
22	729	Pearl Fay	Liverpool Harriers & Ac	12:14	62	1282	Grace Haywood	Sale Harriers Manchester	14:26
23	736	Sarah Roberts	Liverpool Harriers & Ac	12:19	63	1287	Evelyn Langford	Sale Harriers Manchester	14:39
24	1277	Florence Connolly	Sale Harriers Manchester	12:19	64	867	Fleur Lumsden	Manchester Harriers & AC	14:42
25	1607	Sophie Lang	St Helens Sutton Ac	12:21	65	866	Caoimhe Finley	Manchester Harriers & AC	14:45
26	735	Lottie Hughes	Liverpool Harriers & Ac	12:24	66	1483	Gracie Carthy	Salford Harriers & AC	14:48
27	453	Erin McMahon	E Cheshire H & Tameside AC	12:25	67	767	Lauren Harper	Macclesfield Harriers & Ac	14:55
28	730	Mia Feenan	Liverpool Harriers & Ac	12:26	68	1608	Lily McKeegan	St Helens Sutton Ac	15:01
29	731	Ava Feenan	Liverpool Harriers & Ac	12:26	69	1699	Charlotte Cooley	Stockport Harriers & Ac	15:01
30	1286	Amber Khan	Sale Harriers Manchester	12:36	70	2068	Charlotte Andrew	Warrington A C	15:13
31	1978	Eloise Davies	Vale Royal Ac	12:42	71	864	Esme Channon	Manchester Harriers & AC	15:23
32	2210	Rose Sheppard	West Cheshire Athletic Club	12:43	72	562	Maya Gosh	Horwich R M I Harriers	15:30
33	1276	Cicely Coldwell	Sale Harriers Manchester	12:44	73	1702	Annabella Heap	Stockport Harriers & Ac	15:36
34	1482	Gabrielle Baxter	Salford Harriers & AC	12:45	74	733	Libby Holcroft	Liverpool Harriers & Ac	15:44
35	726	Yemi Adebajo	Liverpool Harriers & Ac	12:46	75	166	Scarlet Aspinall	Buxton AC	15:54
36	2071	Grace Rashud	Warrington A C	12:48	76	863	Chloe Broadbent	Manchester Harriers & AC	16:01
37	1551	Francesca Cooper	Salford Metropolitan Ac	12:49	77	168	Hannah Cudahy	Buxton AC	16:04
38	1488	Isobel Woods	Salford Harriers & AC	12:50	78	564	Abigail Taylor	Horwich R M I Harriers	16:34
39	2211	Heidi Wetherall	West Cheshire Athletic Club	13:00	79	870	Zara Price	Manchester Harriers & AC	16:52
40	1279	Willow Fawley	Sale Harriers Manchester	13:00					

Under 13 - Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Warriors Pentathlon & AC	9	—	1	Eve Beddow	3	Daisy McVicar	5	Isobel Beddow
2	Liverpool Harriers & Ac	17	—	2	Esme Cameron	4	Mia Ford	11	Tolu Adebajo
3	Sale Harriers Manchester	33	—	6	Eve Dowling	12	Alesha Gubas	15	Lucy O'Brien
4	Warriors Pentathlon & AC 'B'	41	—	9	Poppy Boden	14	Delphine Cross	18	Emily Niccolls
5	Salford Harriers & AC	53	—	7	Emme Lowe	13	Imogen Weatherhead	33	Gabrielle Baxter
6	Liverpool Harriers & Ac 'B'	68	—	21	Pearl Fay	22	Sarah Roberts	25	Lottie Hughes
7	West Cheshire Athletic Club	77	—	8	Poppy McKenna	31	Rose Sheppard	38	Heidi Wetherall
8	Manchester Harriers & AC	79	—	10	Natalie Almond	16	Lacey Steele	53	Helena Parikh
9	Sale Harriers Manchester 'B'	84	—	23	Florence Connolly	29	Amber Khan	32	Cicely Coldwell
10	Liverpool Harriers & Ac 'C'	89	—	27	Mia Feenan	28	Ava Feenan	34	Yemi Adebajo
11	St Helens Sutton Ac	93	—	19	Sophia Hunter	24	Sophie Lang	50	Melissa Goddard
12	Vale Royal Ac	106	—	17	Ella Drake	30	Eloise Davies	59	Lily Beevers
13	Stockport Harriers & Ac	135	—	41	Darcey Rushton	42	Emilia Darnley	52	Beth Healey
14	Sale Harriers Manchester 'C'	139	—	39	Willow Fawley	49	Isabella Holden	51	Emma Jones
15	Warrington A C	148	—	35	Grace Rashud	44	Lois JohnstonStarrs	69	Charlotte Andrew
16	Warriors Pentathlon & AC 'C'	151	—	46	Maisy McGenity	48	Rosanna Abdulla	57	Zoe Dunning
17	Buxton AC	170	—	20	Katherine Bennett	74	Scarlet Aspinall	76	Hannah Cudahy
18	Sale Harriers Manchester 'D'	177	—	54	Isabel Summers	61	Grace Haywood	62	Evelyn Langford
19	Stockport Harriers & Ac 'B'	196	—	56	Imogen Meikle	68	Charlotte Cooley	72	Annabella Heap
20	Manchester Harriers & AC 'B'	197	—	63	Fleur Lumsden	64	Caoimhe Finley	70	Esme Channon
21	Horwich R M I Harriers	208	—	60	Jessie Cox	71	Maya Gosh	77	Abigail Taylor

Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

Under 15 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time			Time		
1	770	Jake Ireland	Macclesfield Harriers & Ac	17:38	28	1296	Jake Harrison	Sale Harriers Manchester	22:12
2	1856	Adrian White	Trafford Athletic Club	17:48	29	1294	Reuben Dunn	Sale Harriers Manchester	22:25
3	2163	Michael Phelan	Warriors Pentathlon & AC	18:57	30	1708	Charlie Millward	Stockport Harriers & AC	22:30
4	773	Thomas Wood	Macclesfield Harriers & Ac	19:17	31	1489	Sam Burton	Salford Harriers & AC	22:37
5	1982	Samuel Conkie	Vale Royal Ac	19:19	32	2345	Thomas Heap	Wirral Ac	22:39
6	1709	Harry Shatwell	Stockport Harriers & Ac	19:33	33	1983	Alexander Kruihof	Vale Royal Ac	22:39
7	1301	Conor McManus	Sale Harriers Manchester	19:54	34	455	Lucas Rhodes	E Cheshire H & Tameside AC	22:52
8	1611	Bobby Birkett	St Helens Sutton Ac	20:01	35	2162	William Murphy	Warriors Pentathlon & AC	22:55
9	2074	Alfie Blizzard	Warrington A C	20:09	36	1706	Eli Bissett	Stockport Harriers & AC	22:56
10	1490	Finlay Carthy	Salford Harriers & AC	20:19	37	1612	Sam Callaghan	St Helens Sutton Ac	23:07
11	2076	Oliver Davenport	Warrington A C	20:23	38	740	Murphy Midgley	Liverpool Harriers & Ac	23:10
12	1981	Harvey Brown	Vale Royal Ac	20:28	39	173	Evan Fitzgerald	Buxton AC	23:13
13	2159	N Glascott-Tull	Warriors Pentathlon & AC	20:30	40	1493	Flynn Slattery	Salford Harriers & AC	23:14
14	2078	Isaac McGuffie	Warrington A C	20:33	41	566	Charlie Cowburn	Horwich R M I Harriers	23:43
15	2077	Euan Lawton	Warrington A C	20:50	42	30	James Warrington	Altrincham & District Ac	23:45
16	1297	George Horsfall	Sale Harriers Manchester	21:00	43	2344	James Binks	Wirral Ac	24:00
17	1615	Riley Underhill	St Helens Sutton Ac	21:22	44	24	Charles Bennett	Altrincham & District Ac	24:01
18	1854	Ralphie Rome	Trafford Athletic Club	21:30	45	1984	James Reynolds	Vale Royal Ac	24:01
19	1298	Oliver Howell	Sale Harriers Manchester	21:41	46	1299	Ben Jones	Sale Harriers Manchester	24:15
20	174	Joel Tidmarsh	Buxton AC	21:41	47	567	Flynn Harris	Horwich R M I Harriers	24:27
21	568	Finlay Mann	Horwich R M I Harriers	21:44	48	1293	Adam Corry-Wilson	Sale Harriers Manchester	25:22
22	2161	Huw Maddox	Warriors Pentathlon & AC	21:45	49	28	Nico Sidebottom	Altrincham & District Ac	25:39
23	454	Matthew Bailey	E Cheshire H & Tameside AC	22:03	50	1554	Alfie Lavelle	Salford Metropolitan Ac	25:50
24	172	William Aspinall	Buxton AC	22:06	51	872	Finley Hornsby	Manchester Harriers & AC	26:00
25	1850	Joe Cowles	Trafford Athletic Club	22:08	52	1553	Ted Garside	Salford Metropolitan Ac	27:31
26	1853	Tullius Arlo Mander	Trafford Athletic Club	22:11	53	26	Alex Cojeen	Altrincham & District Ac	27:51
27	27	Max McFarland	Altrincham & District Ac	22:11					

Under 15 - Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Warrington A C	34	—	9	Alfie Blizzard	11	Oliver Davenport	14	Isaac McGuffie
2	Warriors Pentathlon & AC	38	—	3	Michael Phelan	13	N Glascott-Tull	22	Huw Maddox
3	Sale Harriers Manchester	42	—	7	Conor McManus	16	George Horsfall	19	Oliver Howell
4	Trafford Athletic Club	45	—	2	Adrian White	18	Ralphie Rome	25	Joe Cowles
5	Vale Royal Ac	50	—	5	Samuel Conkie	12	Harvey Brown	33	Alexander Kruihof
6	St Helens Sutton Ac	62	—	8	Bobby Birkett	17	Riley Underhill	37	Sam Callaghan
7	Stockport Harriers & Ac	72	—	6	Harry Shatwell	30	Charlie Millward	36	Eli Bissett
8	Salford Harriers & AC	81	—	10	Finlay Carthy	31	Sam Burton	40	Flynn Slattery
9	Buxton AC	83	—	20	Joel Tidmarsh	24	William Aspinall	39	Evan Fitzgerald
10	Sale Harriers Manchester 'B'	103	—	28	Jake Harrison	29	Reuben Dunn	46	Ben Jones
11	Horwich R M I Harriers	109	—	21	Finlay Mann	41	Charlie Cowburn	47	Flynn Harris
12	Altrincham & District Ac	113	—	27	Max McFarland	42	James Warrington	44	Charles Bennett

Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

Under 15 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time		Time	
1	2171	Isla Yorke	Warriors Pentathlon & AC	20:08	26	1715	Harriet Starr
2	1319	Beatrix Soper	Sale Harriers Manchester	20:16	27	746	Marissa Phillips
3	1316	Oonagh McManus	Sale Harriers Manchester	20:28	28	1315	Ruby Langford
4	1312	Robyn Heywood-Young	Sale Harriers Manchester	20:34	29	744	Bonita Kewley
5	2169	Isla Pastor	Warriors Pentathlon & AC	21:11	30	2164	Poppy Coates
6	1321	Caitlin Wetters	Sale Harriers Manchester	21:57	31	458	Anna Rooke
7	1304	Isla Anderson	Sale Harriers Manchester	22:07	32	2081	Elizabeth Lees
8	1710	Poppy Branch	Stockport Harriers & Ac	22:08	33	2083	Annie Noone
9	749	Maisie Williams	Liverpool Harriers & Ac	22:15	34	1711	Abbie Fitzgerald
10	748	Grace Veevers	Liverpool Harriers & Ac	22:42	35	1496	Isabelle Hope
11	2086	EvieMay Williams	Warrington A C	22:50	36	1714	Olivia Kelly
12	1986	Lily Coates	Vale Royal Ac	22:55	37	873	Sophie Gawthorpe
13	1305	Maddy Appleby	Sale Harriers Manchester	22:58	38	2165	Sophie Davidson
14	745	Maisie McGuirk	Liverpool Harriers & Ac	23:20	39	457	Imogen McBurnie
15	1861	Sara Smith	Trafford Athletic Club	23:33	40	573	Olivia Taylor
16	1713	Imogen Garnett	Stockport Harriers & Ac	23:48	41	570	Sophie Orrell
17	1310	Isabelle Connolly	Sale Harriers Manchester	23:55	42	34	Emily Pattison
18	456	Demi Baxter	E Cheshire H & Tameside AC	23:55	43	1859	Ilanthe Jones
19	2080	Emily Kinsey	Warrington A C	24:02	44	1860	Zoe Placzkiewicz
20	1317	Lola Richardson	Sale Harriers Manchester	24:20	45	1172	Roisin Jordan
21	1495	Eliza Doyle	Salford Harriers & AC	24:27	46	571	Amelia Shan
22	2166	Savannah Mannhart	Warriors Pentathlon & AC	24:43	47	1173	Chloe Roper
23	1307	Lola Brown	Sale Harriers Manchester	24:45	48	574	Holly Turner
24	2079	Eva Hayes	Warrington A C	24:57	49	2167	Lucy Mercer
25	2168	Katie Merriman	Warriors Pentathlon & AC	25:04	50	1712	Emily Fox
					51	32	Genevieve Jackson
					52	743	Savanna Holcroft
					53	1616	Chloe Brownbill
							Stockport Harriers & Ac
							Liverpool Harriers & Ac
							Sale Harriers Manchester
							Liverpool Harriers & Ac
							Warriors Pentathlon & AC
							E Cheshire H & Tameside AC
							Warrington A C
							Warrington A C
							Stockport Harriers & Ac
							Salford Harriers & AC
							Stockport Harriers & Ac
							Manchester Harriers & AC
							Warriors Pentathlon & AC
							E Cheshire H & Tameside AC
							Horwich R M I Harriers
							Horwich R M I Harriers
							Altrincham & District Ac
							Trafford Athletic Club
							Trafford Athletic Club
							Oldham & Royton H & Ac
							Horwich R M I Harriers
							Oldham & Royton H & Ac
							Horwich R M I Harriers
							Warriors Pentathlon & AC
							Stockport Harriers & Ac
							Trafford Athletic Club
							Liverpool Harriers & Ac
							St Helens Sutton Ac

Under 15 - Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale Harriers Manchester	9 —	2 Beatrix Soper	3 Oonagh McManus	4 Robyn Heywood-Young
2 Sale Harriers Manchester 'B'	26 —	6 Caitlin Wetters	7 Isla Anderson	13 Maddy Appleby
3 Warriors Pentathlon & AC	28 —	1 Isla Yorke	5 Isla Pastor	22 Savannah Mannhart
4 Liverpool Harriers & Ac	33 —	9 Maisie Williams	10 Grace Veevers	14 Maisie McGuirk
5 Stockport Harriers & Ac	50 —	8 Poppy Branch	16 Imogen Garnett	26 Harriet Starr
6 Warrington A C	54 —	11 EvieMay Williams	19 Emily Kinsey	24 Eva Hayes
7 Sale Harriers Manchester 'C'	60 —	17 Isabelle Connolly	20 Lola Richardson	23 Lola Brown
8 E Cheshire H & Tameside AC	88 —	18 Demi Baxter	31 Anna Rooke	39 Imogen McBurnie
9 Warriors Pentathlon & AC 'B'	93 —	25 Katie Merriman	30 Poppy Coates	38 Sophie Davidson
10 Trafford Athletic Club	102 —	15 Sara Smith	43 Ianthe Jones	44 Zoe Placzkiewicz
11 Liverpool Harriers & Ac 'B'	107 —	27 Marissa Phillips	29 Bonita Kewley	51 Savanna Holcroft
12 Stockport Harriers & Ac 'B'	120 —	34 Abbie Fitzgerald	36 Olivia Kelly	50 Emily Fox
13 Horwich R M I Harriers	127 —	40 Olivia Taylor	41 Sophie Orrell	46 Amelia Shan

Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

Under 17 - Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1620	Liam Johnson	St Helens Sutton Ac	18:46	29	1724	Will Walton	Stockport Harriers & Ac	22:15
2	1870	Pio Aron	Trafford Athletic Club	19:05	30	1879	Thomas Harris	Trafford Athletic Club	22:28
3	1874	Emmas Finlay Dobson	Trafford Athletic Club	19:09	31	462	Nathan Dunn	E Cheshire H & Tameside AC	22:29
4	1871	Theodor Austin	Trafford Athletic Club	19:10	32	180	Jonty Brown	Buxton AC	22:38
5	1337	Finlay Goddard	Sale Harriers Manchester	19:16	33	1990	Ethan Price	Vale Royal Ac	22:44
6	2178	Oberon Kearney	Warriors Pentathlon & AC	19:21	34	2095	Elliot Taylor	Warrington A C	22:45
7	781	Michael Wood	Macclesfield Harriers & Ac	19:42	35	2179	George Murphy	Warriors Pentathlon & AC	23:04
8	465	Brandon Kenyon-Betts	E Cheshire H & Tameside AC	19:43	36	1344	Ewan Saunders	Sale Harriers Manchester	23:17
9	1723	Zach Rose	Stockport Harriers & Ac	19:47	37	1722	Ryan Potts	Stockport Harriers & Ac	23:18
10	2348	Ben Cronshaw	Wirral Ac	19:50	38	460	Archie Bennett	E Cheshire H & Tameside AC	24:14
11	1886	Tim Ye	Trafford Athletic Club	19:59	39	2094	Harvey Howard	Warrington A C	24:15
12	780	Cian Taylor	Macclesfield Harriers & Ac	20:05	40	35	Charlie Bumstead	Altrincham & District Ac	24:35
13	1881	Jay Hutchinson	Trafford Athletic Club	20:06	41	1556	Jack Broadhurst	Salford Metropolitan Ac	24:43
14	2096	Thomas Welsby	Warrington A C	20:07	42	1875	Finnan Docherty	Trafford Athletic Club	24:45
15	878	Christopher Parikh	Manchester Harriers & AC	20:27	43	1887	Isaac True	Trafford Athletic Club	24:52
16	1884	Evan Lewis	Trafford Athletic Club	20:38	44	461	Ben Dale	E Cheshire H & Tameside AC	25:09
17	2177	Noel Ford	Warriors Pentathlon & AC	20:41	45	876	Samuel Bailey	Manchester Harriers & AC	25:16
18	464	Marshall Fleet	E Cheshire H & Tameside AC	20:50	46	1557	Hayden Cooper	Salford Metropolitan Ac	25:22
19	1880	Evan Horwell	Trafford Athletic Club	20:51	47	181	Matthew Rolfe	Buxton AC	25:27
20	1622	Luke Wilson	St Helens Sutton Ac	21:15	48	1619	Benjamin Genner	St Helens Sutton Ac	25:34
21	1621	William Vose	St Helens Sutton Ac	21:27	49	37	Thomas Turner	Altrincham & District Ac	25:50
22	2220	Lewis Morris	West Cheshire Athletic Club	21:34	50	2222	Noah Woolgar	West Cheshire Athletic Club	26:01
23	469	Oliver Walker	E Cheshire H & Tameside AC	21:36	51	1721	Charlie Park	Stockport Harriers & Ac	26:16
24	583	Mark Timuss	Horwich R M I Harriers	21:54	52	1720	William Jones	Stockport Harriers & Ac	26:36
25	1501	Tim Elgar	Salford Harriers & AC	21:58	53	467	Sebastian Stewart	E Cheshire H & Tameside AC	26:37
26	779	Jared Dickinson	Macclesfield Harriers & Ac	21:58	54	579	Joseph Lawman	Horwich R M I Harriers	26:38
27	1878	Archie Greenwood	Trafford Athletic Club	22:01	55	1651	Finlay Smith	Start2jog	28:26
28	468	Joe Taylor	E Cheshire H & Tameside AC	22:03					

Under 17 - Men — TEAM RESULTS

1	Trafford Athletic Club	9	—	2	Pio Aron	3	Emmas Finlay Dobson	4	Theodor Austin
2	Trafford Athletic Club 'B'	40	—	11	Tim Ye	13	Jay Hutchinson	16	Evan Lewis
3	St Helens Sutton Ac	42	—	1	Liam Johnson	20	Luke Wilson	21	William Vose
4	Macclesfield Harriers & Ac	45	—	7	Michael Wood	12	Cian Taylor	26	Jared Dickinson
5	E Cheshire H & Tameside AC	49	—	8	Brandon Kenyon-Betts	18	Marshall Fleet	23	Oliver Walker
6	Warriors Pentathlon & AC	58	—	6	Oberon Kearney	17	Noel Ford	35	George Murphy
7	Stockport Harriers & Ac	75	—	9	Zach Rose	29	Will Walton	37	Ryan Potts
8	Trafford Athletic Club 'C'	76	—	19	Evan Horwell	27	Archie Greenwood	30	Thomas Harris
9	Warrington A C	87	—	14	Thomas Welsby	34	Elliot Taylor	39	Harvey Howard
10	E Cheshire H & Tameside AC 'B'	97	—	28	Joe Taylor	31	Nathan Dunn	38	Archie Bennett

Under 17 - Ladies — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2092	Imogen Wharton	Warrington A C	21:51	17	750	Hannah Robinson	Liverpool Harriers & Ac	26:38
2	1327	Isobel Hall	Sale Harriers Manchester	22:41	18	2087	Cara Gregory	Warrington A C	26:49
3	179	Constance Jennesson	Buxton AC	23:33	19	2172	Hannah Brearton	Warriors Pentathlon & AC	27:20
4	1717	Rosie Philbin	Stockport Harriers & Ac	23:49	20	1324	Nailah Christmas	Sale Harriers Manchester	27:37
5	2173	Holly Coates	Warriors Pentathlon & AC	23:55	21	1498	Imogen Pattison	Salford Harriers & AC	27:46
6	2219	Nancy Farmer	West Cheshire Athletic Club	23:57	22	751	Isobel Robinson	Liverpool Harriers & Ac	28:08
7	2091	Hannah Hull	Warrington A C	24:34	23	1617	Nicole Anders	St Helens Sutton Ac	28:12
8	1865	Rachel Bowden	Trafford Athletic Club	24:43	24	1877	Rowan Goodrich	Trafford Athletic Club	28:18
9	777	Eva Mion	Macclesfield Harriers & Ac	24:49	25	1864	Ursula Bailey	Trafford Athletic Club	28:29
10	874	Clara Galbraith	Manchester Harriers & AC	25:00	26	1555	Esme Sly	Salford Metropolitan Ac	28:53
11	1618	Lily Birkett	St Helens Sutton Ac	25:14	27	1718	Felicity Thelwell	Stockport Harriers & Ac	29:04
12	2174	Imogen Dunning	Warriors Pentathlon & AC	25:32	28	1866	Sophie Bowman	Trafford Athletic Club	29:41
13	1869	Isobel Thomas	Trafford Athletic Club	25:44	29	875	Jasmine Tarry	Manchester Harriers & AC	29:47
14	2175	Eve Grabe	Warriors Pentathlon & AC	25:50	30	1988	Ruby Carrington	Vale Royal Ac	29:52
15	2088	Sinead Gregory	Warrington A C	25:52	31	178	Scarlett Grice	Buxton AC	33:44
16	2089	Olivia Haselden	Warrington A C	26:08	32	576	Tia Harris	Horwich R M I Harriers	34:26

Under 17 - Ladies — TEAM RESULTS

1	Warrington A C	23	—	1	Imogen Wharton	7	Hannah Hull	15	Sinead Gregory
2	Warriors Pentathlon & AC	31	—	5	Holly Coates	12	Imogen Dunning	14	Eve Grabe
3	Trafford Athletic Club	45	—	8	Rachel Bowden	13	Isobel Thomas	24	Rowan Goodrich

Manchester Area Cross Country League

at Heaton Park on Saturday 12th October 2024

Senior Ladies aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	1508	Emilia Platt	L20	1 Salford Harriers & AC	28:44	10	2191	Sarah Smith	L20	10 Warriors Pentathlon & AC	37:00
2	1659	Nia Griffin	L20	2 Start2jog	32:22	11	1940	Paige Barker	L20	11 Unattached	38:05
3	1624	Lucy Clitheroe	L20	3 St Helens Sutton Ac	32:35	12	1948	Hannah Taylor	L20	12 Unattached	38:52
4	1347	Sophie Armitage	L20	4 Sale Harriers Manchester	33:47	13	1945	Helena Piotrowicz	L20	13 Unattached	38:55
5	2192	Evie Smith	L20	5 Warriors Pentathlon & AC	34:31	14	1941	Erin Doyle	L20	14 Unattached	43:02
6	787	Emma Johnson	L20	6 Macclesfield Harriers & Ac	34:45	15	2183	Isabella Clarke	L20	15 Warriors Pentathlon & AC	43:37
7	1943	Lucy Henson	L20	7 Unattached	35:26	16	2098	Joy Ashcroft-Carter	L20	16 Warrington A C	46:01
8	1630	Taylor Massey	L20	8 St Helens Sutton Ac	35:43	17	1897	Fay Lewis	L20	17 Trafford Athletic Club	50:30
9	474	Maria Rooke	L20	9 E Cheshire H & Tameside AC	36:04						

Senior Ladies aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Warriors Pentathlon & AC	24	—	5	Evie Smith	9	Sarah Smith	10	Isabella Clarke
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Senior Ladies aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2188	K Haggard		Warriors Pentathlon & AC	28:52	30	1666	Jessica Mohan		Start2jog	40:49
2	1737	Mollie Williams		Stockport Harriers & Ac	30:18	31	472	Megan Lewis		E Cheshire H & Tameside AC	40:59
3	1345	Lucy Armitage		Sale Harriers Manchester	30:33	32	1662	Hazel Jones		Start2jog	41:02
4	891	Alice Stiles		Manchester Harriers & AC	31:59	33	984	Jade Ong		Manchester Triathlon Club	41:07
5	1509	Katie Reynolds		Salford Harriers & AC	32:18	34	883	Katie Cooper		Manchester Harriers & AC	41:25
6	2231	Lucie Truett		West Cheshire Athletic Club	33:35	35	1993	Lucy Burch		Vale Royal Ac	41:42
7	1902	Bethany Reid		Trafford Athletic Club	33:54	36	941	Briony Fagan		Manchester Road Runners	42:25
8	1376	Megan Tucker		Sale Harriers Manchester	34:10	37	980	Nanette Heystek		Manchester Triathlon Club	42:45
9	1735	Faye Waterhouse		Stockport Harriers & Ac	34:43	38	2187	Kirsty Greenwood		Warriors Pentathlon & AC	43:21
10	1503	Oriel Hardman		Salford Harriers & AC	34:48	39	919	Mae Grimshaw		Manchester Metropolitan Univer	43:35
11	681	Ellie Kemp		Levenshulme Runners	35:15	40	504	Natasha Broadhurst		Glossopdale Harriers	43:40
12	1904	Lauren Robinson		Trafford Athletic Club	35:19	41	692	Jenny Woods		Levenshulme Runners	44:07
13	1900	Kate Meeson		Trafford Athletic Club	35:25	42	139	Kim Rothwell		Bramhall Runners	44:23
14	1942	Katie Hay		Unattached	35:27	43	1995	Abbie Donegan		Vale Royal Ac	45:05
15	238	Rebecca Fitzsimmons		Chorlton Runners	35:50	44	696	Alex Bee		Levenshulme Runners	45:14
16	267	Siobhan Woods		Chorlton Runners	36:01	45	234	Abigail Dalton		Chorlton Runners	46:03
17	675	Catrin Austin		Levenshulme Runners	36:08	46	630	Hannah Buckley		Hyde Village Striders	47:33
18	686	Luisa Reininho		Levenshulme Runners	36:25	47	636	Kate Kinder		Hyde Village Striders	47:47
19	2228	Emma Nutt		West Cheshire Athletic Club	36:42	48	370	Natalia Olszewska		Didsbury Runners	49:15
20	1213	Samantha Newbound		Running Bear	36:51	49	1223	Hannah Roberts		Saddleworth Runners Club	49:25
21	250	Lucy Levine		Chorlton Runners	37:05	50	1572	Amy Stanley		Salford Metropolitan Ac	49:26
22	1944	Amelie Higgins		Unattached	37:35	51	632	Jennifer Garner		Hyde Village Striders	50:52
23	223	Francesca Bale		Chorlton Runners	37:40	52	952	Fedra Zaribaf		Manchester Road Runners	51:28
24	248	Yvonne King		Chorlton Runners	38:21	53	2365	\$Nandini Gadhia		Unattached	51:30
25	501	Charlotte Bliss		Glossopdale Harriers	38:38	54	947	Sophie Norris		Manchester Road Runners	51:57
26	372	Abbie Pickard		Didsbury Runners	39:32	55	361	Natasha Bradford		Didsbury Runners	53:18
27	943	M Glenister-Doyle		Manchester Road Runners	39:32	56	2366	\$Martha Gutteridge		Unattached	54:01
28	266	Alice Woodbridge		Chorlton Runners	39:45	57	1665	Kaylea Maidstone		Start2jog	54:06
29	1505	Catherine Hooper		Salford Harriers & AC	40:02	58	981	Liz Hird		Manchester Triathlon Club	54:10

Senior Ladies (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2229	Tracy Rogers	L35	1 West Cheshire Athletic Club	31:27	13	1029	Hannah Brierley	L35	13 Manchester Ymca Harriers	40:14
2	1355	Chloe Elliott	L35	2 Sale Harriers Manchester	32:19	14	1222	Kate Meskill	L35	14 Saddleworth Runners Club	40:56
3	2225	Claire Harris	L35	3 West Cheshire Athletic Club	34:05	15	1076	Chelsea Mears-Graham	L35	15 Marple Runners	42:57
4	1906	Zoe Storr	L35	4 Trafford Athletic Club	35:21	16	364	Katie-Niamh Crawford	L35	16 Didsbury Runners	43:22
5	1889	Amy Cauley	L35	5 Trafford Athletic Club	35:35	17	242	Hannah Greenlee	L35	17 Chorlton Runners	43:53
6	1888	Ruth Beresford	L35	6 Trafford Athletic Club	38:19	18	977	Eleanor Cuff	L35	18 Manchester Triathlon Club	44:02
7	1195	Annette McQueen	L35	7 Radcliffe Ac	38:33	19	2320	Michelle Thompson	L35	19 Winston Runners	46:23
8	1629	Siobhan Massey	L35	8 St Helens Sutton Ac	39:01	20	534	Alison Garrigan	L35	20 Goyt Valley Striders	46:45
9	375	Hollie Steed	L35	9 Didsbury Runners	39:19	21	987	Sarah Roberts	L35	21 Manchester Triathlon Club	47:17
10	2104	Faye Lawton	L35	10 Warrington A C	39:37	22	821	Kirsty Powers	L35	22 Manchester Frontrunners	52:57
11	185	Rebecca Corbett	L35	11 Buxton AC	39:46	23	1652	Egle Bates	L35	23 Start2jog	55:05
12	1901	Melanie Monks	L35	12 Trafford Athletic Club	40:10						

Senior Ladies (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	1507	Laura Lombard	L40	1 Salford Harriers & AC	31:48	19	637	Stephanie Mallett	L40	19 Hyde Village Striders	41:22
2	2180	Laura Baker	L40	2 Warriors Pentathlon & AC	34:53	20	99	Lisa Costello	L40	20 Belle Vue Racers	42:13
3	1357	Emma Finney	L40	3 Sale Harriers Manchester	35:06	21	1725	Amy Billing	L40	21 Stockport Harriers & Ac	42:39
4	1379	Jessica Welsh	L40	4 Sale Harriers Manchester	35:21	22	1561	Jennifer Donaldson	L40	22 Salford Metropolitan Ac	43:04
5	471	Katie Stepan	L40	5 E Cheshire H & Tameside AC	36:11	23	241	Charlotte Gilbert	L40	23 Chorlton Runners	43:06
6	1573	Alina Stepanchuk	L40	6 Salford Metropolitan Ac	36:22	24	2367	\$Nadijah Laajam	L40	24 Unattached	43:10
7	818	Rachel Kenyon	L40	7 Manchester Frontrunners	37:20	25	1136	Helen Mutch	L40	25 Middleton Harriers Ac	43:10
8	978	Winton Julie De	L40	8 Manchester Triathlon Club	37:42	26	631	Dannielle Burns	L40	26 Hyde Village Striders	43:12
9	530	Anna Aspinall	L40	9 Goyt Valley Striders	38:30	27	819	Claire Naylor	L40	27 Manchester Frontrunners	44:09
10	1359	Harriet Hamilton	L40	10 Sale Harriers Manchester	38:38	28	825	Meropi Tzanetakis	L40	28 Manchester Frontrunners	44:11
11	2308	Laura Bell	L40	11 Winston Runners	38:49	29	2186	Naomi Grabe	L40	29 Warriors Pentathlon & AC	44:15
12	2226	Anest Muller	L40	12 West Cheshire Athletic Club	39:05	30	663	Lauren Mollart	L40	30 Knutsford Tri Club	44:48
13	369	Helen Morgan	L40	13 Didsbury Runners	39:25	31	1132	Janine Jordan	L40	31 Middleton Harriers Ac	45:24
14	1813	Rebecca Mills	L40	14 Swinton Running Club	39:41	32	107	Aimee Woolley	L40	32 Belle Vue Racers	46:36
15	1083	Angela Stanley	L40	15 Marple Runners	40:07	33	126	Anna Dagnall	L40	33 Stockport Tri Club	49:33
16	2184	Kerry Dunning	L40	16 Warriors Pentathlon & AC	40:18	34	251	Elisabeth Lewis	L40	34 Chorlton Runners	50:32
17	254	Sarah Renshaw	L40	17 Chorlton Runners	40:46	35	782	Sarah Booth	L40	35 Macclesfield Harriers & Ac	51:02
18	127	Kim Davies	L40	18 Bramhall Runners	40:47	36	2254	Victoria Williams	L40	36 Wilmslow Running Club	56:07

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Senior Ladies (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2002	Sarah Murphy	L45 1	Vale Royal Ac	32:03	25	259	Katie Syrett	L45 25	Chorlton Runners	43:16
2	2097	Claire Andrew	L45 2	Warrington A C	34:15	26	245	Kate Harvest	L45 26	Chorlton Runners	43:22
3	2182	Eleanor Carney	L45 3	Warriors Pentathlon & AC	34:49	27	227	Amy Berrisford	L45 27	Chorlton Runners	43:25
4	783	Kristy Gill	L45 4	Macclesfield Harriers & Ac	35:23	28	784	Caroline Gisby	L45 28	Macclesfield Harriers & Ac	43:38
5	362	Laura Brown	L45 5	Didsbury Runners	35:45	29	235	Helen Daly	L45 29	Chorlton Runners	44:11
6	1563	Amanda Hurdall	L45 6	Salford Metropolitan Ac	37:08	30	1770	Nicola Brundrett	L45 30	Stockport Tri Club	45:08
7	1074	Victoria Jackson	L45 7	Marple Runners	37:11	31	506	Emma Rettig	L45 31	Glossopdale Harriers	45:20
8	2240	Victoria Brown	L45 8	Wilmslow Running Club	37:16	32	1796	Caroline Stonier	L45 32	Styal Running Club	45:22
9	1370	Sian Rowley	L45 9	Sale Harriers Manchester	37:59	33	1627	Colette Goddard	L45 33	St Helens Sutton Ac	45:39
10	194	Katie Rolfe	L45 10	Buxton AC	38:12	34	973	Veronica Barnsley	L45 34	Manchester Triathlon Club	45:43
11	1346	Helen Armitage	L45 11	Sale Harriers Manchester	38:34	35	1212	Holly Nettle	L45 35	Running Bear	45:46
12	665	Pamela Thurtle	L45 12	Knutsford Tri Club	39:50	36	106	Rachel Watson	L45 36	Belle Vue Racers	46:37
13	1628	Susan Johnson	L45 13	St Helens Sutton Ac	40:24	37	225	Alison Barbuti	L45 37	Chorlton Runners	47:57
14	371	Laura Parkin	L45 14	Didsbury Runners	40:38	38	1789	Johanne Greenwood	L45 38	Styal Running Club	48:40
15	535	Rebecca Glen	L45 15	Goyt Valley Striders	40:46	39	376	Anna Thurston	L45 39	Didsbury Runners	48:50
16	789	Rachael Lawrance	L45 16	Macclesfield Harriers & Ac	41:03	40	986	Kathryn Quinn	L45 40	Manchester Triathlon Club	50:07
17	1814	Helen Nation	L45 17	Swinton Running Club	41:12	41	2000	Paula Manley	L45 41	Vale Royal Ac	50:15
18	1087	Helena Tinker	L45 18	Marple Runners	41:18	42	1211	Sarah Miles	L45 42	Running Bear	51:22
19	1773	Janet Grint	L45 19	Stockport Tri Club	41:29	43	261	Rowena Thomas	L45 43	Chorlton Runners	51:58
20	39T	Erdenesuren	L45 20	Altrincham & District Ac	41:39	44	1070	Jenny Dockney	L45 44	Marple Runners	54:08
21	595	Hayley Winder	L45 21	Horwich R M I Harriers	42:17	45	1084	Helen Stonehouse	L45 45	Marple Runners	55:35
22	661	Claire Grimmer	L45 22	Knutsford Tri Club	42:21	46	1653	Kay Doyle	L45 46	Start2jog	57:24
23	191	Ruth Gowers	L45 23	Buxton AC	42:42	47	1833	Andy Smith	L45 47	Swinton Running Club	1:01:14
24	184	Kate Brown	L45 24	Buxton AC	43:14						

Senior Ladies (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2243	Louisa Harrison	L50 1	Wilmslow Running Club	36:49	23	1568	Laura Mercer	L50 23	Salford Metropolitan Ac	46:42
2	2239	Anna Woolgar	L50 2	West Cheshire Athletic Club	37:07	24	979	Sonia Harris	L50 24	Manchester Triathlon Club	46:43
3	477	Michelle Vaughan	L50 3	E Cheshire H & Tameside AC	37:10	25	890	Catherine Poole	L50 25	Manchester Harriers & AC	46:55
4	2004	Jude Peck	L50 4	Vale Royal Ac	37:12	26	186	Joanne Cudahy	L50 26	Buxton AC	47:30
5	2244	Susan Harrison	L50 5	Wilmslow Running Club	37:50	27	1077	Karen Molloy	L50 27	Marple Runners	47:35
6	1560	Jaine Brocklehurst	L50 6	Salford Metropolitan Ac	38:13	28	992	Marianne Veighey	L50 28	Manchester Triathlon Club	47:48
7	2242	Katy Green	L50 7	Wilmslow Running Club	38:24	29	97	Karen Charters	L50 29	Belle Vue Racers	48:09
8	1812	Lauren Marsden	L50 8	Swinton Running Club	38:28	30	538	Mary Jones	L50 30	Goyt Valley Striders	48:44
9	416	Madeleine Hill	L50 9	Dragons Running Club (sale)	38:48	31	635	Carol Kershaw	L50 31	Hyde Village Striders	48:59
10	795	Sue Stockdale	L50 10	Macclesfield Harriers & Ac	39:36	32	102	Julia Foy	L50 32	Belle Vue Racers	49:17
11	2351	Anne Rosbottom	L50 11	Wirral Ac	41:47	33	136	Shirley Ralph	L50 33	Bramhall Runners	51:20
12	1658	Tracey Griffin	L50 12	Start2jog	42:32	34	1067	Melanie Commins	L50 34	Marple Runners	52:06
13	224	Emma Banister	L50 13	Chorlton Runners	42:45	35	1065	Cath Broomfield	L50 35	Marple Runners	52:54
14	1558	Laura Benifer	L50 14	Salford Metropolitan Ac	43:04	36	633	Alison Goodall	L50 36	Hyde Village Striders	53:11
15	972	Cathy Atkinson	L50 15	Manchester Triathlon Club	43:33	37	634	Rachael Horrocks	L50 37	Hyde Village Striders	53:56
16	2230	Angela Tegg	L50 16	West Cheshire Athletic Club	43:33	38	130	Jill Harrison	L50 38	Bramhall Runners	56:25
17	373	Isabelle Qamar	L50 17	Didsbury Runners	44:08	39	233	Alison Coleridge	L50 39	Chorlton Runners	57:59
18	367	Victoria Hall	L50 18	Didsbury Runners	44:22	40	976	Judith Coker	L50 40	Manchester Triathlon Club	58:42
19	1806	Rhona Barker	L50 19	Swinton Running Club	45:09	41	1570	Joanna Nixon	L50 41	Salford Metropolitan Ac	1:01:26
20	2368	Anna Seale	L50 20	Unattached	45:10	42	982	Elizabeth King	L50 42	Manchester Triathlon Club	1:04:55
21	2295	Melissa Westwood	L50 21	Wilmslow Striders	46:18	43	1206	Kate Brown	L50 43	Running Bear	1:06:18
22	2322	Gaynor Williams	L50 22	Winston Runners	46:26						

Senior Ladies (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	193	Wendy Higginbottom	L55 1	Buxton AC	35:33	13	892	Jane Stiles	L55 13	Manchester Harriers & AC	47:42
2	1739	Kerrie Wood-Doyle	L55 2	Stockport Harriers & Ac	38:25	14	1771	Christine Copson	L55 14	Stockport Tri Club	48:22
3	1215	Yvonne Williams	L55 3	Running Bear	38:28	15	990	Jacky Taylor	L55 15	Manchester Triathlon Club	50:25
4	786	Joanne Hackett	L55 4	Macclesfield Harriers & Ac	41:17	16	1667	Kate Pusey	L55 16	Start2jog	51:16
5	1898	Joanne Lott	L55 5	Trafford Athletic Club	41:49	17	994	Michelle Wilder	L55 17	Manchester Triathlon Club	51:43
6	42	Steph Hughes	L55 6	Altrincham & District Ac	42:35	18	1125	Kyrynda Carter-Moorer	L55 18	Middleton Harriers Ac	52:48
7	1221	Fiona Dyson	L55 7	Saddleworth Runners Club	43:12	19	1209	Debra Jamieson	L55 19	Running Bear	53:21
8	2001	Debbie Moreton	L55 8	Vale Royal Ac	44:07	20	639	Lana Milligan	L55 20	Hyde Village Striders	53:28
9	887	Catherine Jones	L55 9	Manchester Harriers & AC	45:23	21	1135	Catherine Murphy	L55 21	Middleton Harriers Ac	54:06
10	189	Heather Fryer-Winder	L55 10	Buxton AC	46:11	22	880	Deborah Beresford	L55 22	Manchester Harriers & AC	54:18
11	2251	Janet Screawn	L55 11	Wilmslow Running Club	46:43	23	679	Jeanette Hanley	L55 23	Levenshulme Runners	54:55
12	1663	Clare Leith	L55 12	Start2jog	47:24	24	1668	Lyn Todd	L55 24	Start2jog	55:49

Senior Ladies (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	822	Linda Rix	L60 1	Manchester Fronrunners	40:31	7	421	Sue Strickland	L60 7	Dragons Running Club (sale)	47:25
2	1791	G Holland-Jones	L60 2	Styal Running Club	40:33	8	1566	Andrea Marsden	L60 8	Salford Metropolitan Ac	48:31
3	505	Jane Gornell	L60 3	Glossopdale Harriers	44:16	9	1730	Jennifer McGuinness	L60 9	Stockport Harriers & Ac	50:12
4	1134	Sandra McGrail	L60 4	Middleton Harriers Ac	45:11	10	1774	Sue Watts	L60 10	Stockport Tri Club	52:25
5	662	Karen Hatton	L60 5	Knutsford Tri Club	45:40	11	1208	Kerry Gleave	L60 11	Running Bear	54:22
6	889	Ann McLaughlin	L60 6	Manchester Harriers & AC	46:43	12	1895	Lucy Hickey	L60 12	Trafford Athletic Club	54:31

Senior Ladies (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	1352	J Cordingley	L65 1	Sale Harriers Manchester	40:30	4	125	Rowena Curley	L65 4	Bramhall Runners	54:03
2	1123	Fiona Bolton	L65 2	Middleton Harriers Ac	48:54	5	1797	Mandy Winckworth	L65 5	Styal Running Club	56:47
3	1063	Anna Ashton	L65 3	Marple Runners	49:48						

Senior Ladies (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	788	Ann-Marie Jones	L70 1	Macclesfield Harriers & Ac	42:03
2	1893	Sue Exon	L70 2	Trafford Athletic Club	51:23
3	1130	Teresa Hollins	L70 3	Middleton Harriers Ac	53:35

Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

Senior Ladies — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time	
1	1508	Emilia Platt	L20	1 Salford Harriers & AC	28:44	88	1813	Rebecca Mills	L40	14 Swinton Running Club	39:41
2	2188	K Haggard		Warriors Pentathlon & AC	28:52	89	266	Alice Woodbridge		Chorlton Runners	39:45
3	1737	Mollie Williams		Stockport Harriers & Ac	30:18	90	185	Rebecca Corbett	L35	11 Buxton AC	39:46
4	1345	Lucy Armitage		Sale Harriers Manchester	30:33	91	665	Pamela Thurtle	L45	12 Knutsford Tri Club	39:50
5	2229	Tracy Rogers	L35	1 West Cheshire Athletic Club	31:27	92	1505	Catherine Hooper		Salford Harriers & AC	40:02
6	1507	Laura Lombard	L40	1 Salford Harriers & AC	31:48	93	1083	Angela Stanley	L40	15 Marple Runners	40:07
7	891	Alice Stiles		Manchester Harriers & AC	31:59	94	1901	Melanie Monks	L35	12 Trafford Athletic Club	40:10
8	2002	Sarah Murphy	L45	1 Vale Royal Ac	32:03	95	1029	Hannah Brierley	L35	13 Manchester Ymca Harriers	40:14
9	1509	Katie Reynolds		Salford Harriers & AC	32:18	96	2184	Kerry Dunning	L40	16 Warriors Pentathlon & AC	40:18
10	1355	Chloe Elliott	L35	2 Sale Harriers Manchester	32:19	97	1628	Susan Johnson	L45	13 St Helens Sutton Ac	40:24
11	1659	Nia Griffin	L20	2 Start2jog	32:22	98	1352	J Cordingley	L65	1 Sale Harriers Manchester	40:30
12	1624	Lucy Clitheroe	L20	3 St Helens Sutton Ac	32:35	99	822	Linda Rix	L60	1 Manchester Frontrunners	40:31
13	2231	Lucie Truett		West Cheshire Athletic Club	33:35	100	1791	G Holland-Jones	L60	2 Styal Running Club	40:33
14	1347	Sophie Armitage	L20	4 Sale Harriers Manchester	33:47	101	371	Laura Parkin	L45	14 Didsbury Runners	40:38
15	1902	Bethany Reid		Trafford Athletic Club	33:54	102	254	Sarah Renshaw	L40	17 Chorlton Runners	40:46
16	2225	Claire Harris	L35	3 West Cheshire Athletic Club	34:05	103	535	Rebecca Glen	L45	15 Goyt Valley Striders	40:46
17	1376	Megan Tucker		Sale Harriers Manchester	34:10	104	127	Kim Davies	L40	18 Bramhall Runners	40:47
18	2097	Claire Andrew	L45	2 Warrington A C	34:15	105	1666	Jessica Mohan		Start2jog	40:49
19	2192	Evie Smith	L20	5 Warriors Pentathlon & AC	34:31	106	1222	Kate Meskill	L35	14 Saddleworth Runners Club	40:56
20	1735	Faye Waterhouse		Stockport Harriers & Ac	34:43	107	472	Megan Lewis		E Cheshire H & Tameside AC	40:59
21	787	Emma Johnson	L20	6 Macclesfield Harriers & Ac	34:45	108	1662	Hazel Jones		Start2jog	41:02
22	1503	Oriel Hardman		Salford Harriers & AC	34:48	109	789	Rachael Lawrance	L45	16 Macclesfield Harriers & Ac	41:03
23	2182	Eleanor Carney	L45	3 Warriors Pentathlon & AC	34:49	110	984	Jade Ong		Manchester Triathlon Club	41:07
24	2180	Laura Baker	L40	2 Warriors Pentathlon & AC	34:53	111	1814	Helen Nation	L45	17 Swinton Running Club	41:12
25	1357	Emma Finney	L40	3 Sale Harriers Manchester	35:06	112	786	Joanne Hackett	L55	4 Macclesfield Harriers & Ac	41:17
26	681	Ellie Kemp		Levenshulme Runners	35:15	113	1087	Helena Tinker	L45	18 Marple Runners	41:18
27	1904	Lauren Robinson		Trafford Athletic Club	35:19	114	637	Stephanie Mallett	L40	19 Hyde Village Striders	41:22
28	1379	Jessica Welsh	L40	4 Sale Harriers Manchester	35:21	115	883	Katie Cooper		Manchester Harriers & AC	41:25
29	1906	Zoe Storr	L35	4 Trafford Athletic Club	35:21	116	1773	Janet Grint	L45	19 Stockport Tri Club	41:29
30	783	Kristy Gill	L45	4 Macclesfield Harriers & Ac	35:23	117	39T	Erdenesuren	L45	20 Altrincham & District Ac	41:39
31	1900	Kate Meeson		Trafford Athletic Club	35:25	118	1993	Lucy Burch	L45	20 Vale Royal Ac	41:42
32	1943	Lucy Henson	L20	7 Unattached	35:26	119	2351	Anne Rosbottom	L50	11 Wirral Ac	41:47
33	1942	Katie Hay		Unattached	35:27	120	1898	Joanne Lott	L55	5 Trafford Athletic Club	41:49
34	193	Wendy Higginbottom	L55	1 Buxton AC	35:33	121	788	Ann-Marie Jones	L70	1 Macclesfield Harriers & Ac	42:03
35	1889	Amy Cauley	L35	5 Trafford Athletic Club	35:35	122	99	Lisa Costello	L40	20 Belle Vue Racers	42:13
36	1630	Taylor Massey	L20	8 St Helens Sutton Ac	35:43	123	595	Hayley Winder	L45	21 Horwich R M I Harriers	42:17
37	362	Laura Brown	L45	5 Didsbury Runners	35:45	124	661	Claire Grimmer	L45	22 Knutsford Tri Club	42:21
38	238	Rebecca Fitzsimmons		Chorlton Runners	35:50	125	941	Briony Fagan		Manchester Road Runners	42:25
39	267	Siobhan Woods		Chorlton Runners	36:01	126	1658	Tracey Griffin	L50	12 Start2jog	42:32
40	474	Maria Rooke	L20	9 E Cheshire H & Tameside AC	36:04	127	42	Steph Hughes	L55	6 Altrincham & District Ac	42:35
41	675	Catrin Austin		Levenshulme Runners	36:08	128	1725	Amy Billing	L40	21 Stockport Harriers & Ac	42:39
42	471	Katie Kay	L40	5 E Cheshire H & Tameside AC	36:11	129	191	Ruth Gowers	L45	23 Buxton AC	42:42
43	1573	Alina Stepanchuk	L40	6 Salford Metropolitan Ac	36:22	130	224	Emma Banister	L50	13 Chorlton Runners	42:45
44	686	Luisa Reininho		Levenshulme Runners	36:25	131	980	Nanette Heystek		Manchester Triathlon Club	42:45
45	2228	Emma Nutt		West Cheshire Athletic Club	36:42	132	1076	Chelsea Mears-Graham	L35	15 Marple Runners	42:57
46	2243	Louisa Harrison	L50	1 Wilmslow Running Club	36:49	133	1941	Erin Doyle	L20	14 Unattached	43:02
47	1213	Samantha Newbound		Running Bear	36:51	134	1561	Jennifer Donaldson	L40	22 Salford Metropolitan Ac	43:04
48	2191	Sarah Smith	L20	11 Warriors Pentathlon & AC	37:00	135	1558	Laura Benifer	L50	14 Salford Metropolitan Ac	43:04
49	250	Lucy Levine		Chorlton Runners	37:05	136	241	Charlotte Gilbert	L40	23 Chorlton Runners	43:06
50	2239	Anna Woolgar	L50	2 West Cheshire Athletic Club	37:07	137	2367	Nadia Laajam	L40	24 Unattached	43:10
51	1563	Amanda Hurdall	L45	6 Salford Metropolitan Ac	37:08	138	1136	Helen Mutch	L40	25 Middleton Harriers Ac	43:10
52	477	Michelle Vaughan	L50	3 E Cheshire H & Tameside AC	37:10	139	631	Dannielle Burns	L40	26 Hyde Village Striders	43:12
53	1074	Victoria Jackson	L45	7 Marple Runners	37:11	140	1221	Fiona Dyson	L55	7 Saddleworth Runners Club	43:12
54	2004	Jude Peck	L50	4 Vale Royal Ac	37:12	141	184	Kate Brown	L45	24 Buxton AC	43:14
55	2240	Victoria Brown	L45	8 Wilmslow Running Club	37:16	142	259	Katie Syrett	L45	25 Chorlton Runners	43:16
56	818	Rachel Kenyon	L40	7 Manchester Frontrunners	37:20	143	2187	Kirsty Greenwood		Warriors Pentathlon & AC	43:21
57	1944	Amelie Higgins		Unattached	37:35	144	245	Kate Harvest	L45	26 Chorlton Runners	43:22
58	223	Francesca Bale		Chorlton Runners	37:40	145	364	Katie-Niamh Crawford	L35	16 Didsbury Runners	43:22
59	978	Winton Julie De	L40	8 Manchester Triathlon Club	37:42	146	227	Amy Berrisford	L45	27 Chorlton Runners	43:25
60	2244	Susan Harrison	L50	5 Wilmslow Running Club	37:50	147	972	Cathy Atkinson	L50	15 Manchester Triathlon Club	43:33
61	1370	Sian Rowley	L45	9 Sale Harriers Manchester	37:59	148	2230	Angela Tegg	L50	16 West Cheshire Athletic Club	43:33
62	1940	Paige Barker	L20	11 Unattached	38:05	149	919	Mae Grimshaw		Manchester Metropolitan Univer	43:35
63	194	Katie Rolfe	L45	10 Buxton AC	38:12	150	2183	Isabella Clarke	L20	15 Warriors Pentathlon & AC	43:37
64	1560	Jaine Brocklehurst	L50	6 Salford Metropolitan Ac	38:13	151	784	Caroline Gisby	L45	28 Macclesfield Harriers & Ac	43:38
65	1888	Ruth Beresford	L35	6 Trafford Athletic Club	38:19	152	504	Natasha Broadhurst		Glossopdale Harriers	43:40
66	248	Yvonne King		Chorlton Runners	38:21	153	242	Hannah Greenlee	L35	17 Chorlton Runners	43:53
67	2242	Katy Green	L50	7 Wilmslow Running Club	38:24	154	977	Eleanor Cuff	L35	18 Manchester Triathlon Club	44:02
68	1739	Kerrie Wood-Doyle	L55	2 Stockport Harriers & Ac	38:25	155	692	Jenny Woods		Levenshulme Runners	44:07
69	1215	Yvonne Williams	L55	3 Running Bear	38:28	156	2001	Debbie Moreton	L55	8 Vale Royal Ac	44:07
70	1812	Lauren Marsden	L50	8 Swinton Running Club	38:28	157	373	Isabelle Qamar	L50	17 Didsbury Runners	44:08
71	530	Anna Aspinall	L40	9 Goyt Valley Striders	38:30	158	819	Claire Naylor	L40	27 Manchester Frontrunners	44:09
72	1195	Annette McQueen	L35	7 Radcliffe Ac	38:33	159	235	Helen Daly	L45	29 Chorlton Runners	44:11
73	1346	Helen Armitage	L45	11 Sale Harriers Manchester	38:34	160	825	Meropi Tzanetakis	L40	28 Manchester Frontrunners	44:11
74	1359	Harriet Hamilton	L40	10 Sale Harriers Manchester	38:38	161	2186	Naomi Grabe	L40	29 Warriors Pentathlon & AC	44:15
75	501	Charlotte Bliss		Glossopdale Harriers	38:38	162	505	Jane Gornell	L60	3 Glossopdale Harriers	44:16
76	416	Madeleine Hill	L50	9 Dragons Running Club (sale)	38:48	163	367	Victoria Hall	L50	18 Didsbury Runners	44:22
77	2308	Laura Bell	L40	11 Winston Runners	38:49	164	139	Kim Rothwell		Bramhall Runners	44:23
78	1948	Hannah Taylor	L20	12 Unattached	38:52	165	663	Lauren Mollart	L40	30 Knutsford Tri Club	44:48
79	1945	Helena Piotrowicz	L20	13 Unattached	38:55	166	1995	Abbie Donegan		Vale Royal Ac	45:05
80	1629	Siobhan Massey	L35	8 St Helens Sutton Ac	39:01	167	1770	Nicola Brundrett	L45	30 Stockport Tri Club	45:08
81	2226	Anest Muller	L40	12 West Cheshire Athletic Club	39:05	168	1806	Rhona Barker	L50	19 Swinton Running Club	45:09
82	375	Hollie Steed	L35	9 Didsbury Runners	39:19	169	2368	Anna Seale	L50	20 Unattached	45:10
83	369	Helen Morgan	L40	13 Didsbury Runners	39:25	170	1134	Sandra McGrail	L60	4 Middleton Harriers Ac	45:11
84	372	Abbie Pickard		Didsbury Runners	39:32	171	696	Alex Bee		Levenshulme Runners	45:14
85	943	M Glenister-Doyle		Manchester Road Runners	39:32	172	506	Emma Rettig	L45	31 Glossopdale Harriers	45:20
86	795	Sue Stockdale	L50	10 Macclesfield Harriers & Ac	39:36	173	1796	Caroline Stonier	L45	32 Styal Running Club	45:22
87	2104	Faye Lawton	L35	10 Warrington A C	39:37						

Results Service by **G.J. Fecitt (SportSoft)** Tel & Fax 01204 884887, Email: graham@race-results.co.uk

Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

174	887	Catherine Jones	L55	9	Manchester Harriers & AC	45:23	222	1897	Fay Lewis	L20	17	Trafford Athletic Club	50:30
175	1132	Janine Jordan	L40	31	Middleton Harriers Ac	45:24	223	251	Elisabeth Lewis	L40	34	Chorlton Runners	50:32
176	1627	Colette Goddard	L45	33	St Helens Sutton Ac	45:39	224	632	Jennifer Garner			Hyde Village Striders	50:52
177	662	Karen Hatton	L60	5	Knutsford Tri Club	45:40	225	782	Sarah Booth	L40	35	Macclesfield Harriers & Ac	51:02
178	973	Veronica Barnsley	L45	34	Manchester Triathlon Club	45:43	226	1667	Kate Pusey	L55	16	Start2jog	51:16
179	1212	Holly Nettle	L45	35	Running Bear	45:46	227	136	Shirley Ralph	L50	33	Bramhall Runners	51:20
180	2098	Joy Ashcroft-Carter	L20	16	Warrington A C	46:01	228	1211	Sarah Miles	L45	42	Running Bear	51:22
181	234	Abigail Dalton			Chorlton Runners	46:03	229	1893	Sue Exon	L70	2	Trafford Athletic Club	51:23
182	189	Heather Fryer-Winder	L55	10	Buxton AC	46:11	230	952	Fedra Zaribaf			Manchester Road Runners	51:28
183	2295	Melissa Westwood	L50	21	Wilmslow Striders	46:18	231	2365	Nandini Gadhia			Unattached	51:30
184	2320	Michelle Thompstone	L35	19	Winston Runners	46:23	232	994	Michelle Wilder	L55	17	Manchester Triathlon Club	51:43
185	2322	Gaynor Williams	L50	22	Winston Runners	46:26	233	947	Sophie Norris			Manchester Road Runners	51:57
186	107	Aimee Woolley	L40	32	Belle Vue Racers	46:36	234	261	Rowena Thomas	L45	43	Chorlton Runners	51:58
187	106	Rachel Watson	L45	36	Belle Vue Racers	46:37	235	1067	Melanie Commins	L50	34	Marple Runners	52:06
188	1568	Laura Mercer	L50	23	Salford Metropolitan Ac	46:42	236	1774	Sue Watts	L60	10	Stockport Tri Club	52:25
189	2251	Janet Screawn	L55	11	Wilmslow Running Club	46:43	237	1125	Kyrynda Carter-Moore	L55	18	Middleton Harriers Ac	52:48
190	979	Sonia Harris	L50	24	Manchester Triathlon Club	46:43	238	1065	Cath Broomfield	L50	35	Marple Runners	52:54
191	889	Ann McLaughlin	L60	6	Manchester Harriers & AC	46:43	239	821	Kirsty Powers	L35	22	Manchester Frontrunners	52:57
192	534	Alison Garrigan	L35	20	Goyt Valley Striders	46:45	240	633	Alison Goodall	L50	36	Hyde Village Striders	53:11
193	890	Catherine Poole	L50	25	Manchester Harriers & AC	46:55	241	361	Natasha Bradford			Didsbury Runners	53:18
194	987	Sarah Roberts	L35	21	Manchester Triathlon Club	47:17	242	1209	Debra Jamieson	L55	19	Running Bear	53:21
195	1663	Clare Leith	L55	12	Start2jog	47:24	243	639	Lana Milligan	L55	20	Hyde Village Striders	53:28
196	421	Sue Strickland	L60	7	Dragons Running Club (sale)	47:25	244	1130	Teresa Hollins	L70	3	Middleton Harriers Ac	53:35
197	186	Joanne Cudahy	L50	26	Buxton AC	47:30	245	634	Rachael Horrocks	L50	37	Hyde Village Striders	53:56
198	630	Hannah Buckley			Hyde Village Striders	47:33	246	2366	Martha Gutteridge			Unattached	54:01
199	1077	Karen Molloy	L50	27	Marple Runners	47:35	247	125	Rowena Curley	L65	4	Bramhall Runners	54:03
200	892	Jane Stiles	L55	13	Manchester Harriers & AC	47:42	248	1665	Kaylea Maidstone			Start2jog	54:06
201	636	Kate Kinder			Hyde Village Striders	47:47	249	1135	Catherine Murphy	L55	21	Middleton Harriers Ac	54:06
202	992	Marianne Veighey	L50	28	Manchester Triathlon Club	47:48	250	1070	Jenny Dockney	L45	44	Marple Runners	54:08
203	225	Alison Barbuti	L45	37	Chorlton Runners	47:57	251	981	Liz Hird			Manchester Triathlon Club	54:10
204	97	Karen Charters	L50	29	Belle Vue Racers	48:09	252	880	Deborah Beresford	L55	22	Manchester Harriers & AC	54:18
205	1771	Christine Copson	L55	14	Stockport Tri Club	48:22	253	1208	Kerry Gleave	L60	11	Running Bear	54:22
206	1566	Andrea Marsden	L60	8	Salford Metropolitan Ac	48:31	254	1895	Lucy Hickey	L60	12	Trafford Athletic Club	54:31
207	1789	Johanne Greenwood	L45	38	Styal Running Club	48:40	255	679	Jeanette Hanley	L55	23	Levenshulme Runners	54:55
208	538	Mary Jones	L50	30	Goyt Valley Striders	48:44	256	1652	Egle Bates	L35	23	Start2jog	55:05
209	376	Anna Thurston	L45	39	Didsbury Runners	48:50	257	1084	Helen Stonehouse	L45	45	Marple Runners	55:35
210	1123	Fiona Bolton	L65	2	Middleton Harriers Ac	48:54	258	1668	Lyn Todd	L55	24	Start2jog	55:49
211	635	Carol Kershaw	L50	31	Hyde Village Striders	48:59	259	2254	Victoria Williams	L40	36	Wilmslow Running Club	56:07
212	370	Natalia Olszewska			Didsbury Runners	49:15	260	130	Jill Harrison	L50	38	Bramhall Runners	56:25
213	102	Julia Foy	L50	32	Belle Vue Racers	49:17	261	1797	Mandy Winckworth	L65	5	Styal Running Club	56:47
214	1223	Hannah Roberts			Saddleworth Runners Club	49:25	262	1653	Kay Doyle	L45	46	Start2jog	57:24
215	1572	Amy Stanley			Salford Metropolitan Ac	49:26	263	233	Alison Coleridge	L50	39	Chorlton Runners	57:59
216	126	Anna Dagnall	L40	33	Stockport Tri Club	49:33	264	976	Judith Coker	L50	40	Manchester Triathlon Club	58:42
217	1063	Anna Ashton	L65	3	Marple Runners	49:48	265	1833	Andy Smith	L45	47	Swinton Running Club	1:01:14
218	986	Kathryn Quinn	L45	40	Manchester Triathlon Club	50:07	266	1570	Joanna Nixon	L50	41	Salford Metropolitan Ac	1:01:26
219	1730	Jennifer McGuinness	L60	9	Stockport Harriers & Ac	50:12	267	982	Elizabeth King	L50	42	Manchester Triathlon Club	1:04:55
220	2000	Paula Manley	L45	41	Vale Royal Ac	50:15	268	1206	Kate Brown	L50	43	Running Bear	1:06:18
221	990	Jacky Taylor	L55	15	Manchester Triathlon Club	50:25							

Senior Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Salford Harriers & AC	38	—	1 Emilia Platt	6 Laura Lombard	9 Katie Reynolds	22 Oriel Hardman
2 Sale Harriers Manchester	45	—	4 Lucy Armitage	10 Chloe Elliott	14 Sophie Armitage	17 Megan Tucker
3 Warriors Pentathlon & AC	68	—	2 K Haggard	19 Evie Smith	23 Eleanor Carney	24 Laura Baker
4 West Cheshire Athletic Club	77	—	5 Tracy Rogers	13 Lucie Truett	16 Claire Harris	43 Emma Nutt
5 Trafford Athletic Club	102	—	15 Bethany Reid	27 Lauren Robinson	29 Zoe Storr	31 Kate Meeson
6 Chorlton Runners	175	—	36 Rebecca Fitzsimmons	37 Siobhan Woods	47 Lucy Levine	55 Francesca Bale
7 Sale Harriers Manchester 'B'	180	—	25 Emma Finney	28 Jessica Welsh	58 Sian Rowley	69 Helen Armitage
8 Stockport Harriers & Ac	209	—	3 Mollie Williams	20 Faye Waterhouse	64 Kerrie Wood-Doyle	122 Amy Billing
9 St Helens Sutton Ac	211	—	12 Lucy Clitheroe	34 Taylor Massey	74 Siobhan Massey	91 Susan Johnson
10 Wilmslow Running Club	217	—	44 Louisa Harrison	53 Victoria Brown	57 Susan Harrison	63 Katy Green
11 E Cheshire H & Tameside AC	229	—	38 Maria Rooke	40 Katie Kay	50 Michelle Vaughan	101 Megan Lewis
12 Macclesfield Harriers & Ac	234	—	21 Emma Johnson	30 Kristy Gill	80 Sue Stockdale	103 Rachael Lawrence
13 Levenshulme Runners	254	—	26 Ellie Kemp	39 Catrin Austin	42 Luisa Reininho	147 Jenny Woods
14 Didsbury Runners	266	—	35 Laura Brown	76 Hollie Steed	77 Helen Morgan	78 Abbie Pickard
15 Trafford Metropolitan Ac	277	—	41 Alina Stepanchuk	49 Amanda Hurdall	60 Jaine Brocklehurst	127 Jennifer Donaldson
16 Trafford Athletic Club 'B'	296	—	33 Amy Cauley	61 Ruth Beresford	88 Melanie Monks	114 Joanne Lott
17 Buxton AC	298	—	32 Wendy Higginbottom	59 Katie Rolfe	84 Rebecca Corbett	123 Ruth Gowers
18 Vale Royal Ac	320	—	8 Sarah Murphy	52 Jude Peck	112 Lucy Burch	148 Debbie Moreton
19 Start2jog	332	—	11 Nia Griffin	99 Jessica Mohan	102 Hazel Jones	120 Tracey Griffin
20 Chorlton Runners 'B'	365	—	62 Yvonne King	83 Alice Woodbridge	96 Sarah Renshaw	124 Emma Banister
21 Marple Runners	371	—	51 Victoria Jackson	87 Angela Stanley	107 Helena Tinker	126 Chelsea Mears-Graham
22 Warriors Pentathlon & AC 'B'	413	—	46 Sarah Smith	90 Kerry Dunning	135 Kirsty Greenwood	142 Isabella Clarke
23 Swinton Running Club	413	—	66 Lauren Marsden	82 Rebecca Mills	105 Helen Nation	160 Rhona Barker
24 Manchester Triathlon Club	424	—	56 Winton Julie De	104 Jade Ong	125 Nanette Heystek	139 Cathy Atkinson
25 Manchester Frontrunners	449	—	54 Rachel Kenyon	93 Linda Rix	150 Claire Naylor	152 Meropi Tzanetakis
26 Manchester Harriers & AC	463	—	7 Alice Stiles	109 Katie Cooper	165 Catherine Jones	182 Ann McLaughlin
27 Running Bear	499	—	45 Samantha Newbound	65 Yvonne Williams	170 Holly Nettle	219 Sarah Miles
28 Knutsford Tri Club	528	—	85 Pamela Thurtle	118 Claire Grimmer	157 Lauren Mollart	168 Karen Hatton
29 Glossopdale Harriers	532	—	71 Charlotte Bliss	144 Natasha Broadhurst	154 Jane Gornell	163 Emma Rettig
30 Didsbury Runners 'B'	536	—	95 Laura Parkin	137 Katie-Niamh Crawford	149 Isabelle Qamar	155 Victoria Hall
31 Chorlton Runners 'C'	537	—	129 Charlotte Gilbert	134 Katie Syrett	136 Kate Harvest	138 Amy Berrisford
32 Goyt Valley Striders	546	—	67 Anna Aspinall	97 Rebecca Glen	183 Alison Garrigan	199 Mary Jones
33 Macclesfield Harriers & Ac 'B'	580	—	106 Joanne Hackett	115 Ann-Marie Jones	143 Caroline Gisby	216 Sarah Booth
34 Hyde Village Striders	620	—	108 Stephanie Mallett	131 Danielle Burns	189 Hannah Buckley	192 Kate Kinder
35 Manchester Road Runners	642	—	79 M Glenister-Doyle	119 Briony Fagan	221 Fedra Zaribaf	223 Sophie Norris
36 Middleton Harriers Ac	658	—	130 Helen Mutch	161 Sandra McGrail	166 Janine Jordan	201 Fiona Bolton
37 Chorlton Runners 'D'	662	—	145 Hannah Greenlee	151 Helen Daly	172 Abigail Dalton	194 Alison Barbuti
38 Belle Vue Racers	666	—	116 Lisa Costello	177 Aimee Woolley	178 Rachel Watson	195 Karen Charters
39 Stockport Tri Club	672	—	110 Janet Grint	159 Nicola Brundrett	196 Christine Copson	207 Anna Dagnall
40 Manchester Triathlon Club 'B'	681	—	146 Eleanor Cuff	169 Veronica Barnsley	181 Sonia Harris	185 Sarah Roberts
41 Styal Running Club	706	—	94 G Holland-Jones	164 Caroline Stonier	198 Johanne Greenwood	250 Mandy Winckworth
42 Bramhall Runners	708	—	98 Kim Davies	156 Kim Rothwell	218 Shirley Ralph	236 Rowena Curley
43 Salford Metropolitan Ac 'B'	710	—	128 Laura Benifer	179 Laura Mercer	197 Andrea Marsden	206 Amy Stanley
44 Manchester Triathlon Club 'C'	836	—	193 Marianne Veighey	209 Kathryn Quinn	212 Jacky Taylor	222 Michelle Wilder
45 Marple Runners 'B'	851	—	190 Karen Molloy	208 Anna Ashton	225 Melanie Commins	228 Cath Broomfield
46 Hyde Village Striders 'B'	880	—	202 Carol Kershaw	215 Jennifer Garner	230 Alison Goodall	233 Lana Milligan
47 Start2jog 'B'	885	—	186 Clare Leith	217 Kate Pusey	237 Kaylea Maidstone	245 Egle Bates

Senior Ladies (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale Harriers Manchester	23	—	4 Chloe Elliott	9 Emma Finney	10 Jessica Welsh
2 West Cheshire Athletic Club	25	—	1 Tracy Rogers	5 Claire Harris	19 Anna Woolgar
3 Trafford Athletic Club	56	—	11 Zoe Storr	14 Amy Cauley	31 Ruth Beresford
4 Salford Metropolitan Ac	67	—	17 Alina Stepanchuk	20 Amanda Hurndall	30 Jaine Brocklehurst
5 Wilmslow Running Club	69	—	18 Louisa Harrison	24 Victoria Brown	27 Susan Harrison
6 Warriors Pentathlon & AC	69	—	7 Eleanor Carney	8 Laura Baker	54 Kerry Dunning
7 Buxton AC	91	—	13 Wendy Higginbottom	29 Katie Rolfe	49 Rebecca Corbett
8 Didsbury Runners	104	—	15 Laura Brown	44 Hollie Steed	45 Helen Morgan
9 Sale Harriers Manchester 'B'	105	—	28 Sian Rowley	38 Helen Armitage	39 Harriet Hamilton
10 Macclesfield Harriers & Ac	122	—	12 Kristy Gill	46 Sue Stockdale	64 Rachael Lawrance
11 Vale Royal Ac	125	—	3 Sarah Murphy	23 Jude Peck	99 Debbie Moreton
12 Marple Runners	140	—	22 Victoria Jackson	51 Angela Stanley	67 Helena Tinker
13 Swinton Running Club	148	—	35 Lauren Marsden	48 Rebecca Mills	65 Helen Nation
14 Manchester Frontrunners	183	—	25 Rachel Kenyon	57 Linda Rix	101 Claire Naylor
15 St Helens Sutton Ac	212	—	42 Siobhan Massey	55 Susan Johnson	115 Colette Goddard
16 Manchester Triathlon Club	218	—	26 Winton Julie De	94 Cathy Atkinson	98 Eleanor Cuff
17 Chorlton Runners	226	—	60 Sarah Renshaw	81 Emma Banister	85 Charlotte Gilbert
18 Goyt Valley Striders	226	—	36 Anna Aspinall	61 Rebecca Glen	129 Alison Garrigan
19 Knutsford Tri Club	233	—	50 Pamela Thurtle	76 Claire Grimmer	107 Lauren Mollart
20 Macclesfield Harriers & Ac 'B'	235	—	66 Joanne Hackett	73 Ann-Marie Jones	96 Caroline Gisby
21 Didsbury Runners 'B'	251	—	59 Laura Parkin	92 Katie-Niamh Crawford	100 Isabelle Qamar
22 Stockport Harriers & Ac	263	—	33 Kerrie Wood-Doyle	79 Amy Billing	151 Jennifer McGuinness
23 Chorlton Runners 'B'	274	—	90 Katie Syrett	91 Kate Harvest	93 Amy Berrisford
24 Trafford Athletic Club 'B'	283	—	52 Melanie Monks	72 Joanne Lott	159 Sue Exon
25 Winston Runners	284	—	41 Laura Bell	121 Michelle Thompson	122 Gaynor Williams
26 Buxton AC 'B'	288	—	80 Ruth Gowers	89 Kate Brown	119 Heather Fryer-Winder
27 Salford Metropolitan Ac 'B'	292	—	83 Jennifer Donaldson	84 Laura Benifer	125 Laura Mercer
28 Hyde Village Striders	301	—	68 Stephanie Mallett	87 Dannielle Burns	146 Carol Kershaw
29 Middleton Harriers Ac	310	—	86 Helen Mutch	110 Sandra McGrail	114 Janine Jordan
30 Running Bear	310	—	34 Yvonne Williams	118 Holly Nettle	158 Sarah Miles
31 Styal Running Club	312	—	58 G Holland-Jones	112 Caroline Stonier	142 Johanne Greenwood
32 Stockport Tri Club	317	—	69 Janet Grint	108 Nicola Brundrett	140 Christine Copson
33 Belle Vue Racers	321	—	74 Lisa Costello	123 Aimee Woolley	124 Rachel Watson
34 Chorlton Runners 'C'	337	—	97 Hannah Greenlee	102 Helen Daly	138 Alison Barbuti
35 Wilmslow Running Club 'B'	340	—	32 Katy Green	126 Janet Screawn	182 Victoria Williams
36 Start2jog	365	—	77 Tracey Griffin	132 Clare Leith	156 Kate Pusey
37 Marple Runners 'B'	366	—	82 Chelsea Mears-Graham	135 Karen Molloy	149 Anna Ashton
38 Manchester Harriers & AC	371	—	113 Catherine Jones	128 Ann McLaughlin	130 Catherine Poole
39 Manchester Triathlon Club 'B'	375	—	117 Veronica Barnsley	127 Sonia Harris	131 Sarah Roberts
40 Bramhall Runners	391	—	62 Kim Davies	157 Shirley Ralph	172 Rowena Curley
41 Manchester Triathlon Club 'C'	440	—	137 Marianne Veighey	150 Kathryn Quinn	153 Jacky Taylor
42 Middleton Harriers Ac 'B'	479	—	145 Fiona Bolton	164 Kyrinda Carter-Moore	170 Teresa Hollins
43 Marple Runners 'C'	501	—	162 Melanie Commins	165 Cath Broomfield	174 Jenny Dockney
44 Chorlton Runners 'D'	501	—	154 Elisabeth Lewis	161 Rowena Thomas	186 Alison Coleridge
45 Hyde Village Striders 'B'	507	—	167 Alison Goodall	169 Lana Milligan	171 Rachael Horrocks
46 Running Bear 'B'	535	—	168 Debra Jamieson	176 Kerry Gleave	191 Kate Brown
47 Manchester Triathlon Club 'D'	537	—	160 Michelle Wilder	187 Judith Coker	190 Elizabeth King
48 Start2jog 'B'	545	—	179 Egle Bates	181 Lyn Todd	185 Kay Doyle

Senior Ladies - Men aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	1833	Andy Smith	L45 1	Swinton Running Club	1:01:14

Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time				
1	1436	George Noble	U20 1	Sale Harriers Manchester	28:49	11	483	Callum Fricker	U2011 E Cheshire H & Tameside AC 33:34
2	1402	Finlay Day	U20 2	Sale Harriers Manchester	28:58	12	924	Matthew Barker	U2012 Manchester Metropolitan Univer 33:41
3	2015	Rhys Bowden	U20 3	Vale Royal Ac	30:27	13	1928	Toby Robinson	U2013 Trafford Athletic Club 34:17
4	2357	Jack Heap	U20 4	Wirral Ac	30:33	14	809	Will Nettle	U2014 Macclesfield Harriers & Ac 35:37
5	2370	Oliver Bailey	U20 5	Staffs Moorlands AC	30:41	15	1951	William Chandler	U2015 Unattached 35:53
6	1914	Joseph Deighton	U20 6	Trafford Athletic Club	31:19	16	933	D Quiroga	U2016 Manchester Metropolitan Univer 37:14
7	1744	Jack Catterall	U20 7	Stockport Harriers & Ac	32:11	17	934	Charles Scanlon	U2017 Manchester Metropolitan Univer 37:35
8	1952	Daniel Groves	U20 8	Unattached	33:16	18	932	Harley Milburn	U2018 Manchester Metropolitan Univer 37:51
9	1954	Keir McCulloch	U20 9	Unattached	33:28	19	653	Kairan Mallett	U2019 Hyde Village Striders 41:25
10	1924	Dan Partington	U20 10	Trafford Athletic Club	33:33	20	1751	Edward Gough	U2020 Stockport Harriers & Ac 42:57

Senior Men aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Trafford Athletic Club	22	—	5	Joseph Deighton	7	Dan Partington	10	Toby Robinson
2	Manchester Metropolitan Univer	34	—	9	Matthew Barker	12	D Quiroga	13	Charles Scanlon

Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time				
1	1926	Finlay Proffitt		Trafford Athletic Club	27:23	65	384	Joe Callaghan	Didsbury Runners 35:14
2	1428	Arlo Ludewick		Sale Harriers Manchester	27:48	66	394	Meng Leong	Didsbury Runners 35:16
3	1528	Harry Wakefield		Salford Harriers & AC	28:10	67	2017	Lee Carrington	Vale Royal Ac 35:24
4	1388	Nicholas Barry		Sale Harriers Manchester	28:27	68	1635	Michael Brussels	St Helens Sutton Ac 35:33
5	1515	Matthew Cooper		Salford Harriers & AC	28:54	69	960	D Harrison-Croft	Manchester Road Runners 35:37
6	1526	Callum Rowlinson		Salford Harriers & AC	28:58	70	524	Joshua Southall	Glossopdale Harriers 35:40
7	2113	Daniel Fox		Warrington A C	29:06	71	959	Thomas Grime	Manchester Road Runners 35:43
8	2199	Kearney Alex Haggard		Warriors Pentathlon & AC	29:11	72	399	Miles Moran	Didsbury Runners 35:43
9	927	Campo Sebastian Del		Manchester Metropolitan Univer	29:11	73	2305	Peter Williams	Wilmslow Striders 35:52
10	2371	Louis Hudson		Keighley & Craven Ac	29:16	74	1579	Dayle Dwyer	Salford Metropolitan Ac 35:54
11	2022	Aaron Doyle		Vale Royal Ac	29:26	75	2236	Paul Morrison	West Cheshire Athletic Club 36:01
12	2048	Chris Williams		Vale Royal Ac	29:30	76	1453	Christopher Tait	Sale Harriers Manchester 36:03
13	1931	Harry Sinclair		Trafford Athletic Club	29:32	77	1936	Chris Wilson	Trafford Athletic Club 36:07
14	936	Elliot Smith		Manchester Metropolitan Univer	29:34	78	1825	Mark Cordiner	Swinton Running Club 36:18
15	2372	R Evans		Windsor Slough Eton & Hounslow	29:50	79	285	Benjamin Brown	Chorlton Runners 36:19
16	481	Gavin Browne		E Cheshire H & Tameside AC	29:52	80	834	Martin Dunn	Manchester Frontrunners 36:23
17	1955	Jonah Murray		Unattached	29:59	81	53	Nick Bugler	Altrincham & District Ac 36:28
18	1513	Akeal Chambers		Salford Harriers & AC	30:09	82	1396	George Carley	Sale Harriers Manchester 36:34
19	2028	John Humphries		Vale Royal Ac	30:44	83	1043	Richard Brierley	Manchester Ymca Harriers 36:37
20	900	Joseph Farrelly		Manchester Harriers & AC	30:50	84	1048	Joseph Hayes	Manchester Ymca Harriers 36:44
21	2047	Oliver Williams		Vale Royal Ac	31:16	85	954	Robert Cook	Manchester Road Runners 36:46
22	1445	Phil Richardson		Sale Harriers Manchester	31:18	86	698	T Boyesen-Corballis	Levenshulme Runners 36:50
23	1822	Daniel Bird		Swinton Running Club	31:24	87	439	Adam Turner	Dragons Running Club (sale) 36:59
24	1754	Harry Hind		Stockport Harriers & Ac	31:26	88	318	Louis James	Chorlton Runners 37:10
25	1522	Marcus Law		Salford Harriers & AC	31:31	89	339	Sam Poland	Chorlton Runners 37:19
26	2046	Sam Whitehead		Vale Royal Ac	31:42	90	2298	Oliver Fairbairn	Wilmslow Striders 37:35
27	338	Alister Pearson		Chorlton Runners	31:47	91	953	Teifion Best	Manchester Road Runners 37:36
28	281	Liam Braby		Chorlton Runners	31:52	92	334	Elliot Drummond	Chorlton Runners 37:48
29	658	Matt Snowdon		Hyde Village Striders	31:58	93	1417	Nicholas Grimshaw	Sale Harriers Manchester 37:59
30	956	Nicholas Crisp		Manchester Road Runners	32:08	94	1830	Daniel Martin	Swinton Running Club 38:01
31	2030	Daniel Lightfoot		Vale Royal Ac	32:10	95	1756	Sam Johnson	Stockport Harriers & Ac 38:03
32	323	George Langford		Chorlton Runners	32:16	96	386	Chris Essex	Didsbury Runners 38:06
33	400	Jonathan Pickup		Didsbury Runners	32:19	97	290	Justin Cleary	Chorlton Runners 38:13
34	496	Matthew Smith		E Cheshire H & Tameside AC	32:20	98	1637	Joseph Byrne	St Helens Sutton Ac 38:22
35	1929	Thomas Rogers		Trafford Athletic Club	32:28	99	385	Eddie Campbell	Didsbury Runners 38:23
36	271	Tom Arthur		Chorlton Runners	32:33	100	1041	Andrew Bowler	Manchester Ymca Harriers 38:29
37	345	Adam Rosillo		Chorlton Runners	32:38	101	1426	Philip Largan	Sale Harriers Manchester 38:35
38	997	Sam Barratt		Manchester Triathlon Club	32:48	102	491	Michael Kennedy	E Cheshire H & Tameside AC 38:36
39	1184	Matt Harratt		Oldham & Royton H & Ac	32:51	103	276	Sebastian Bate	Chorlton Runners 38:38
40	1957	Matthew Robson		Unattached	32:54	104	205	Callum D'souza	Buxton AC 38:38
41	497	Jacob Taylor		E Cheshire H & Tameside AC	32:56	105	962	Thomas Lewis	Manchester Road Runners 38:47
42	527	James Stubbs		Glossopdale Harriers	32:56	106	478	Daniel Armstrong	E Cheshire H & Tameside AC 38:56
43	2014	Josh Betteley		Vale Royal Ac	32:59	107	2302	Jack Miller	Wilmslow Striders 39:16
44	2268	Robert Jackson		Wilmslow Running Club	33:01	108	2303	Andrew Neilson	Wilmslow Striders 39:16
45	1045	Mark Condon		Manchester Ymca Harriers	33:03	109	513	Lewis Bigham	Glossopdale Harriers 39:20
46	150	Robin Hulme		Bramhall Runners	33:04	110	1586	Malcolm Orrell	Salford Metropolitan Ac 39:25
47	278	Duncan Birtwistle		Chorlton Runners	33:14	111	1958	Max Waring	Unattached 39:29
48	699	Rob Cleaver		Levenshulme Runners	33:21	112	694	Nicholas Barton	Levenshulme Runners 39:33
49	648	Callum Dinsdale		Hyde Village Striders	33:26	113	968	Tom Williams	Manchester Road Runners 39:38
50	2258	Matthew Braybrooke		Wilmslow Running Club	33:26	114	490	Daniel Kavanagh	E Cheshire H & Tameside AC 40:03
51	838	Pierce Lyons		Manchester Frontrunners	33:38	115	493	Paul Minton	E Cheshire H & Tameside AC 40:07
52	701	Martin Dickson		Levenshulme Runners	33:40	116	403	Jamie Soul	Didsbury Runners 40:17
53	494	Callum Parkinson		E Cheshire H & Tameside AC	33:44	117	840	Declan McGettigan	Manchester Frontrunners 40:41
54	398	Damien McHugh		Didsbury Runners	33:51	118	1109	Alexander Ratcliffe	Marple Runners 40:47
55	209	Ben Light		Buxton AC	34:02	119	1394	Mark Brown	Sale Harriers Manchester 40:56
56	1686	Oliver Woodcock		Start2jog	34:03	120	841	Niall McInnes	Manchester Frontrunners 41:12
57	704	Kitt Garvey		Levenshulme Runners	34:09	121	212	William McDonald	Buxton AC 41:12
58	511	James Barnard		Glossopdale Harriers	34:09	122	1956	A Nithianantharajah	Unattached 41:34
59	1057	Philip Tomkinson		Manchester Ymca Harriers	34:18	123	847	Alexander Vdovin	Manchester Frontrunners 42:04
60	359	Oliver Wood		Chorlton Runners	34:24	124	1012	Anthony McGuirk	Manchester Triathlon Club 42:15
61	931	Mark Lioyd		Manchester Metropolitan Univer	34:30	125	1112	James Stockdale	Marple Runners 42:32
62	2378	Thomas Clowes		Chorlton Runners	34:43	126	1820	Dean Barker-Smith	Swinton Running Club 42:34
63	926	Jack Cunningham		Manchester Metropolitan Univer	35:00	127	808	Owain Morris	Macclesfield Harriers & Ac 42:39
64	833	George Cooper		Manchester Frontrunners	35:13	128	837	Joe Jarvis	Manchester Frontrunners 42:45

129	304	William Franks	Chorlton Runners	42:54	135	697	Chris Bennett	Levenshulme Runners	45:07
130	158	2Matthew Hill	Salford Metropolitan Ac	43:44	136	1156	Mishka Pillay	Middleton Harriers Ac	45:49
131	714	Tom Woods	Levenshulme Runners	43:56	137	1056	Nathaniel Stanton	Manchester Ymca Harriers	47:15
132	955	Jonathan Coulson	Manchester Road Runners	43:57	138	1679	Robert Maidstone	Start2jog	48:09
133	1674	Nick Grayson	Start2jog	44:05	139	1419	Christopher Hertzog	Sale Harriers Manchester	48:35
134	1676	Tom Hall	Start2jog	44:54	140	2121	Joao Santos	Warrington A C	51:39

Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	487	Michael Holness	V40 1	E Cheshire H & Tameside AC	29:09	31	1002	Tom Elphick	V4031 Manchester Triathlon Club	37:09
2	288	Thomas Charles	V40 2	Chorlton Runners	29:43	32	2374	John Roper	V4032 Unattached	37:13
3	82	Andrew Norman	V40 3	Altrincham & District Ac	29:46	33	1576	Paul Connolly	V4033 Salford Metropolitan Ac	37:27
4	299	Matthew Devlin	V40 4	Chorlton Runners	30:45	34	313	Michael Hargreaves	V4034 Chorlton Runners	37:43
5	753	Hywel Care	V40 5	Liverpool Harriers & Ac	30:54	35	1749	Peter Dean	V4035 Stockport Harriers & Ac	37:49
6	52	Michael Berks	V40 6	Altrincham & District Ac	31:10	36	1747	Ian Crabtree	V4036 Stockport Harriers & Ac	38:05
7	2119	Adam Rashud	V40 7	Warrington A C	31:24	37	844	John Ross	V4037 Manchester Frontrunners	38:39
8	1764	Mark Shatwell	V40 8	Stockport Harriers & Ac	31:27	38	1162	John Weaver	V4038 Middleton Harriers Ac	38:51
9	1757	Greg Kelly	V40 9	Stockport Harriers & Ac	31:48	39	1781	Robert Heathcote	V4039 Stockport Tri Club	39:07
10	360	David Wyeth	V4010	Chorlton Runners	31:54	40	153	Mike Kinnear	V4040 Bramhall Runners	39:14
11	1529	Kev Waterhouse	V4011	Salford Harriers & AC	32:34	41	425	Graham Brownhill	V4041 Dragons Running Club (sale)	39:20
12	405	Steven Townley	V4012	Didsbury Runners	33:21	42	911	Neil Ryan	V4042 Manchester Harriers & AC	40:06
13	324	Phil Larratt	V4013	Chorlton Runners	33:24	43	2304	Andrew Tomlinson	V4043 Wilmslow Striders	40:30
14	492	Tom McMahon	V4014	E Cheshire H & Tameside AC	33:46	44	440	Steven Ward	V4044 Dragons Running Club (sale)	41:26
15	1740	James Barnett	V4015	Stockport Harriers & Ac	33:49	45	2329	Michael Thompstone	V4045 Winston Runners	41:43
16	908	Michael Merchant	V4016	Manchester Harriers & AC	34:09	46	1585	Lee Marks	V4046 Salford Metropolitan Ac	41:45
17	308	Patrick Goodrich	V4017	Chorlton Runners	34:10	47	2380	Nicholas Colwill	V4047 Chorlton Runners	41:52
18	2286	Billy Wilson	V4018	Wilmslow Running Club	34:20	48	112	Chris Harries	V4048 Belle Vue Racers	42:07
19	430	Colin Latham	V4019	Dragons Running Club (sale)	34:32	49	644	Craig Butterworth	V4049 Hyde Village Striders	43:36
20	155	Matt Moran	V4020	Bramhall Runners	34:58	50	317	Etienne Humphries	V4050 Chorlton Runners	43:37
21	2197	Richard Dunning	V4021	Warriors Pentathlon & AC	35:06	51	849	Chris Woolfenden	V4051 Manchester Frontrunners	43:55
22	627	Matthew Wilson	V4022	Horwich R M I Harriers	35:10	52	2195	Chris Brearton	V4052 Warriors Pentathlon & AC	44:12
23	1452	Tom Stephenson	V4023	Sale Harriers Manchester	35:14	53	712	Tim Watson	V4053 Levenshulme Runners	44:44
24	2198	Paul Grabe	V4024	Warriors Pentathlon & AC	35:38	54	1644	Alan Mahoney	V4054 St Helens Sutton Ac	44:48
25	1455	Christopher Topping	V4025	Sale Harriers Manchester	35:48	55	1204	Warren Simmens	V4055 Radcliffe Ac	44:50
26	1829	Richard Jackson	V4026	Swinton Running Club	35:57	56	1634	Paul Brownbill	V4056 St Helens Sutton Ac	47:43
27	489	Steven Jones	V4027	E Cheshire H & Tameside AC	36:10	57	1061	Graeme Wilkinson	V4057 Manchester Ymca Harriers	49:41
28	1424	Mark Johnson	V4028	Sale Harriers Manchester	36:10	58	2235	Jeff Lambert	V4058 West Cheshire Athletic Club	50:36
29	51	Matthew Allen	V4029	Altrincham & District Ac	36:13	59	1684	Barry Sherwood	V4059 Start2jog	57:55
30	913	George Steele	V4030	Manchester Harriers & AC	36:29					

Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	83	David Norman	V45 1	Altrincham & District Ac	30:06	33	152	Chris Kershaw	V4533 Bramhall Runners	38:05
2	613	Nick Leigh	V45 2	Horwich R M I Harriers	30:11	34	160	Phil Ramsey	V4534 Bramhall Runners	38:06
3	528	Ben Tetler	V45 3	Glossopdale Harriers	31:35	35	387	Matt Farr	V4535 Didsbury Runners	38:13
4	2279	Peter Speake	V45 4	Wilmslow Running Club	31:55	36	2361	Lee McKeown	V4536 Wirral Ac	38:23
5	346	Darren Russell	V45 5	Chorlton Runners	32:00	37	802	Graeme Eddie	V4537 Macclesfield Harriers & Ac	38:23
6	619	Alastair Murray	V45 6	Horwich R M I Harriers	32:58	38	815	James Wood	V4538 Macclesfield Harriers & Ac	38:27
7	1632	Steven Anders	V45 7	St Helens Sutton Ac	33:01	39	522	Rob Sheldon	V4539 Glossopdale Harriers	38:37
8	622	James Titmuss	V45 8	Horwich R M I Harriers	33:10	40	1584	Richard Knight	V4540 Salford Metropolitan Ac	38:40
9	2360	James Mackie	V45 9	Wirral Ac	33:20	41	1225	Carl Martin	V4541 Saddleworth Runners Club	38:43
10	1406	Chris Donnelly	V4510	Sale Harriers Manchester	33:22	42	897	Matthew Crimes	V4542 Manchester Harriers & AC	38:46
11	1226	Michael Stansfield	V4511	Saddleworth Runners Club	34:01	43	552	Pete Woodhead	V4543 Goyt Valley Striders	38:55
12	1187	Lee Robinson	V4512	Oldham & Royton H & Ac	34:08	44	321	Eamonn Keogh	V4544 Chorlton Runners	38:56
13	523	Paul Skuse	V4513	Glossopdale Harriers	34:09	45	389	Matthew Herbert	V4545 Didsbury Runners	39:10
14	1633	Chris Birkett	V4514	St Helens Sutton Ac	34:27	46	2194	Hareth Abdulla	V4546 Warriors Pentathlon & AC	40:41
15	118	Vic Walsh	V4515	Belle Vue Racers	34:40	47	1643	Martin Johnson	V4547 St Helens Sutton Ac	40:50
16	1742	Philip Burns	V4516	Stockport Harriers & Ac	34:48	48	2044	David Ward	V4548 Vale Royal Ac	40:54
17	488	Robin Horner	V4517	E Cheshire H & Tameside AC	35:06	49	143	Richard Adams	V4549 Bramhall Runners	41:19
18	2040	Robert Roe	V4518	Vale Royal Ac	35:18	50	319	Philip Jenkinson	V4550 Chorlton Runners	41:37
19	657	Darren Smith	V4519	Hyde Village Striders	35:20	51	1144	Joe Cannavan	V4551 Middleton Harriers Ac	41:46
20	479	Jonathan Aust	V4520	E Cheshire H & Tameside AC	35:23	52	202	Duncan Campbell	V4552 Buxton AC	41:55
21	1758	Jonathon Knight	V4521	Stockport Harriers & Ac	35:41	53	298	Stephen Davison	V4553 Chorlton Runners	42:15
22	836	Jono Guildford	V4522	Manchester Frontrunners	35:50	54	1798	McNally Richard Bond	V4554 Styal Running Club	42:23
23	390	Mark Keatley	V4523	Didsbury Runners	36:21	55	912	Chris Sewart	V4555 Manchester Harriers & AC	42:46
24	2276	Andy Quicke	V4524	Wilmslow Running Club	36:26	56	1575	Martin Burke	V4556 Salford Metropolitan Ac	42:53
25	1520	David Hudson	V4525	Salford Harriers & AC	36:40	57	1683	Matt Selby	V4557 Start2jog	44:00
26	282	Craig Bradbury	V4526	Chorlton Runners	36:52	58	284	David Brocklebank	V4558 Chorlton Runners	44:35
27	148	Matt Darnley	V4527	Bramhall Runners	37:04	59	116	Andrew Taylor	V4559 Belle Vue Racers	45:13
28	355	Guy Weaver	V4528	Chorlton Runners	37:04	60	1096	Michael Connelly	V4560 Marple Runners	46:36
29	510	Dan Bailey	V4529	Glossopdale Harriers	37:22	61	703	Mohammed Faruque	V4561 Levenshulme Runners	46:47
30	1015	Mark Pagram	V4530	Manchester Triathlon Club	37:30	62	1685	Tom Turner	V4562 Start2jog	49:39
31	1512	Richard Brook	V4531	Salford Harriers & AC	37:32	63	109	James Corrigan	V4563 Belle Vue Racers	50:11
32	1410	Robert Fairbanks	V4532	Sale Harriers Manchester	37:41	64	1673	Jason Gould	V4564 Start2jog	50:29

Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	2023	Stuart Doyle	V50 1	Vale Royal Ac	31:57	25	1022	Stephen Taylor	V5025 Manchester Triathlon Club	39:41
2	609	Julian Goudge	V50 2	Horwich R M I Harriers	32:44	26	349	Ian Sharpe	V5026 Chorlton Runners	39:52
3	1743	Mark Burton	V50 3	Stockport Harriers & Ac	32:56	27	894	Andrew Almond	V5027 Manchester Harriers & AC	40:02
4	495	Gareth Raven	V50 4	E Cheshire H & Tameside AC	33:07	28	380	Michael Bean	V5028 Didsbury Runners	40:04
5	514	Stefan Bramwell	V50 5	Glossopdale Harriers	33:12	29	645	Andrew Charlesworth	V5029 Hyde Village Striders	40:33
6	2256	Barry Archbold	V50 6	Wilmslow Running Club	33:13	30	1401	Mark Day	V5030 Sale Harriers Manchester	41:01
7	1411	Tom Fordyce	V50 7	Sale Harriers Manchester	33:47	31	813	Gareth Stockdale	V5031 Macclesfield Harriers & Ac	41:17
8	1925	Jeff Prest	V50 8	Trafford Athletic Club	34:04	32	1767	Mark Smith	V5041 Vale Royal Ac	41:51
9	1778	Nicholas Chick	V50 9	Stockport Tri Club	34:07	33	144	Steve Aughton	V5033 Bramhall Runners	41:55
10	1413	Olivier Gaillemin	V5010	Sale Harriers Manchester	35:00	34	406	Andrew Vaughan	V5034 Didsbury Runners	42:37
11	2375	Craig Jeffery	V5011	Unattached	35:07	35	2196	Steve Cole	V5035 Warriors Pentathlon & AC	42:48
12	1024	Roger Thomas	V5012	Manchester Triathlon Club	35:39	36	2200	Ronan Kearney	V5036 Warriors Pentathlon & AC	42:49
13	1391	Jason Bowers	V5013	Sale Harriers Manchester	36:09	37	1785	Colin Shore	V5037 Stockport Tri Club	42:49
14	157	Frank Podd	V5014	Bramhall Runners	36:11	38	2026	David Haines	V5038 Vale Royal Ac	43:02
15	1650	Andrew Wilson	V5015	St Helens Sutton Ac	36:27	39	1775	Scott Armstrong	V5039 Stockport Tri Club	43:07
16	800	Gareth Briggs	V5016	Macclesfield Harriers & Ac	37:11	40	2264	Stephen Greaves	V5040 Wilmslow Running Club	43:16
17	1113	John Stockdale	V5017	Marple Runners	37:22	41	2025	Geoff Fawkes	V5041 Vale Royal Ac	43:31
18	1746	James Corden	V5018	Stockport Harriers & Ac	37:28	42	1108	Darren Peatfield	V5042 Marple Runners	43:48
19	827	John Ash	V5019	Manchester Frontrunners	37:37	43	1458	Wayne Wardle	V5043 Sale Harriers Manchester	44:46
20	214	Jonathan Sewell	V5020	Buxton AC	37:45	44	378	Jonathan Atkinson	V5044 Didsbury Runners	45:57
21	1780	Paul Graveney	V5021	Stockport Tri Club	38:07	45	2238	Julian Tegg	V5045 West Cheshire Athletic Club	46:13
22	499	Dennis Thomas	V5022	E Cheshire H & Tameside AC	38:59	46	1106	Gavin Nixon	V5046 Marple Runners	47:37
23	1595	Shane Wolstencroft	V5023	Salford Metropolitan Ac	39:13	47	1407	Chris Downs	V5047 Sale Harriers Manchester	50:50
24	1098	Steve Grace	V5024	Marple Runners	39:13	48	213	Tim Rolfe	V5048 Buxton AC	51:18

Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	70	Richard Johnson	V55 1	Altrincham & District Ac	33:42	19	896	Lloyd Barlow	V5519 Manchester Harriers & AC	42:05
2	1055	Tim Shanker	V55 2	Manchester Ymca Harriers	34:10	20	2376	Ben Shaw	V5520 Eryri Harriers	42:10
3	801	Darren Dunn	V55 3	Macclesfield Harriers & Ac	35:12	21	146	Adam Brown	V5521 Bramhall Runners	42:13
4	2362	Steve Spence	V55 4	Wirral Ac	36:01	22	1590	Mark Shuttleworth	V5522 Salford Metropolitan Ac	42:24
5	2049	Gareth Williams	V55 5	Vale Royal Ac	36:35	23	2114	Mark Gregory	V5523 Warrington A C	42:27
6	2233	Andrew Clague	V55 6	West Cheshire Athletic Club	36:52	24	358	Ian Williamson	V5524 Chorlton Runners	42:28
7	1678	Craig Leith	V55 7	Start2jog	38:01	25	814	Michael Thorley	V5525 Macclesfield Harriers & Ac	42:37
8	74	Jonathan Leslie	V55 8	Altrincham & District Ac	38:04	26	1161	Anthony Walsh	V5526 Middleton Harriers Ac	44:10
9	1009	Tim Johns	V55 9	Manchester Triathlon Club	38:16	27	279	Warren Bowden	V5527 Chorlton Runners	44:28
10	904	Glen Gandy	V5510	Manchester Harriers & AC	39:06	28	649	Andrew Horrocks	V5528 Hyde Village Striders	46:02
11	1091	Ian Bowker	V5511	Marple Runners	40:12	29	210	Paul Markall	V5529 Buxton AC	46:39
12	71	Richard Kennaugh	V5512	Altrincham & District Ac	40:14	30	305	Mark Gambin	V5530 Chorlton Runners	47:28
13	517	Peter Daly	V5513	Glossopdale Harriers	40:16	31	1000	Simon Davidson	V5531 Manchester Triathlon Club	48:13
14	810	Ray O'Keefe	V5514	Macclesfield Harriers & Ac	40:23	32	1784	Nick Roberts	V5532 Stockport Tri Club	48:19
15	529	Michael Unsworth	V5515	Glossopdale Harriers	40:38	33	441	Dennis Yarwood	V5533 Dragons Running Club (sale)	48:53
16	1639	Barry Graney	V5516	St Helens Sutton Ac	40:40	34	337	Chris Peachey	V5534 Chorlton Runners	49:27
17	1777	Paul Carrington	V5517	Stockport Tri Club	41:20	35	117	Farouk Vawda	V5535 Belle Vue Racers	50:43
18	2274	Gary Morrison	V5518	Wilmslow Running Club	41:40	36	1116	Mark Warner	V5536 Marple Runners	53:43

Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	2124	Stephen Watmough	V60 1	Warrington A C	33:57	14	1524	Trevor Rayner	V6014 Salford Harriers & AC	42:32
2	547	Paul Oakley	V60 2	Goyt Valley Striders	35:48	15	95	Phil Vesey	V6015 Altrincham & District Ac	42:35
3	58	Richard Evans	V60 3	Altrincham & District Ac	36:41	16	2325	Anthony Harrison	V6016 Winston Runners	43:22
4	2038	Colin Price	V60 4	Vale Royal Ac	36:56	17	1593	Ian Taylor	V6017 Salford Metropolitan Ac	45:02
5	1910	Richard Byers	V60 5	Trafford Athletic Club	37:02	18	2278	Ian Smallwood	V6018 Wilmslow Running Club	45:09
6	486	Barry Hirst	V60 6	E Cheshire H & Tameside AC	38:14	19	307	Sean Glaister	V6019 Chorlton Runners	45:34
7	215	David Soles	V60 7	Buxton AC	38:45	20	1010	George Lipscomb	V6020 Manchester Triathlon Club	46:29
8	392	Phil Kemp	V60 8	Didsbury Runners	38:51	21	1398	Frank Cordingley	V6021 Sale Harriers Manchester	47:32
9	429	Andy Land	V60 9	Dragons Running Club (sale)	39:44	22	438	Rob Todd	V6022 Dragons Running Club (sale)	47:35
10	2116	David Norman	V6010	Warrington A C	40:28	23	1677	Iain Johnson	V6023 Start2jog	48:10
11	843	Roberto Raso	V6011	Manchester Frontrunners	40:52	24	2299	Toby Gold	V6024 Wilmslow Striders	48:31
12	1776	Paul Beckett	V6012	Stockport Tri Club	41:06	25	709	Julian Sacofsky	V6025 Levenshulme Runners	49:31
13	540	Matt Biglin	V6013	Goyt Valley Striders	42:02	26	1439	Stephen Parry	V6026 Sale Harriers Manchester	50:03

Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time					
1	1443	Aidan Raftery	V65 1	Sale Harriers Manchester	37:44	6	2324	Paul Barber	V65 6 Winston Runners	42:35
2	2272	Tom McGaff	V65 2	Wilmslow Running Club	39:02	7	2281	Pete Stock	V65 7 Wilmslow Running Club	44:40
3	1589	Mike Race	V65 3	Salford Metropolitan Ac	40:07	8	115	Patrick O'Brien	V65 8 Belle Vue Racers	45:19
4	121	Steven Wyatt	V65 4	Belle Vue Racers	41:57	9	596	David Barnes	V65 9 Horwich R M I Harriers	48:21
5	515	David Chrystie-Lowe	V65 5	Glossopdale Harriers	42:25					

Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time					
1	296	Michael Curley	V75 1	Chorlton Runners	40:58	7	898	Michael Cunningham	V75 2 Manchester Harriers & AC	50:55
2	2011	Tony Archer	V70 1	Vale Royal Ac	44:18	8	1826	Glyn Davies	V70 6 Swinton Running Club	51:34
3	2379	John Pollard	V70 2	Glossopdale Harriers	45:54	9	550	Stephen Sanders	V70 7 Goyt Valley Striders	51:45
4	2020	John Clarke	V70 3	Vale Royal Ac	47:18	10	1768	Robert Taylor	V75 3 Stockport Harriers & Ac	55:44
5	1146	Alan Garvey	V70 4	Middleton Harriers Ac	49:43					
6	1383	John Archer	V70 5	Sale Harriers Manchester	50:09					

Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	1926	Finley Proffitt		Trafford Athletic Club	27:23	86	648	Callum Dinsdale	Hyde Village Striders	33:26
2	1428	Arlo Ludewick		Sale Harriers Manchester	27:48	87	2258	Matthew Braybrooke	Wilmslow Running Club	33:26
3	1528	Harry Wakefield		Salford Harriers & AC	28:10	88	1954	Keir McCulloch	U20 9 Unattached	33:28
4	1388	Nicholas Barry		Sale Harriers Manchester	28:27	89	1924	Dan Partington	U2010 Trafford Athletic Club	33:33
5	1436	George Noble	U20 1	Sale Harriers Manchester	28:49	90	483	Callum Fricker	U2011 E Cheshire H & Tameside AC	33:34
6	1515	Matthew Cooper		Salford Harriers & AC	28:54	91	838	Pierce Lyons	Manchester Frontrunners	33:38
7	1526	Callum Rowlinson		Salford Harriers & AC	28:58	92	701	Martin Dickson	Levenshulme Runners	33:40
8	1402	Finlay Day	U20 2	Sale Harriers Manchester	28:58	93	924	Matthew Barker	U2012 Manchester Metropolitan Univer	33:41
9	2113	Daniel Fox		Warrington A C	29:06	94	70	Richard Johnson	V55 1 Altrincham & District Ac	33:42
10	487	Michael Holness	V40 1	E Cheshire H & Tameside AC	29:09	95	494	Callum Parkinson	E Cheshire H & Tameside AC	33:44
11	2199	Kearney Alex Haggard		Warriors Pentathlon & AC	29:11	96	492	Tom McMahon	V4014 E Cheshire H & Tameside AC	33:46
12	927	Campo Sebastian Del		Manchester Metropolitan Univer	29:11	97	1411	Tom Fordyce	V50 7 Sale Harriers Manchester	33:47
13	2371	\$Louis Hudson		Keighley & Craven Ac	29:16	98	1740	James Barnett	V4015 Stockport Harriers & Ac	33:49
14	2022	Aaron Doyle		Vale Royal Ac	29:26	99	398	Damien McHugh	Didsbury Runners	33:51
15	2048	Chris Williams		Vale Royal Ac	29:30	100	2124	Stephen Watmough	V60 1 Warrington A C	33:57
16	1931	Harry Sinclair		Trafford Athletic Club	29:32	101	1226	Michael Stansfield	V4511 Saddleworth Runners Club	34:01
17	936	Elliot Smith		Manchester Metropolitan Univer	29:34	102	209	Ben Light	Buxton AC	34:02
18	288	Thomas Charles	V40 2	Chorlton Runners	29:43	103	1686	Oliver Woodcock	Start2jog	34:03
19	82	Andrew Norman	V40 3	Altrincham & District Ac	29:46	104	1925	Jeff Prest	V50 8 Trafford Athletic Club	34:04
20	2372	\$R Evans		Windsor Slough Eton & Hounsl	29:50	105	1778	Nicholas Chick	V50 9 Stockport Tri Club	34:07
21	481	Gavin Browne		E Cheshire H & Tameside AC	29:52	106	1187	Lee Robinson	V4512 Oldham & Royton H & Ac	34:08
22	1955	Jonah Murray		Unattached	29:59	107	704	Kitt Garvey	Levenshulme Runners	34:09
23	83	David Norman	V45 1	Altrincham & District Ac	30:06	108	511	James Barnard	Glossopdale Harriers	34:09
24	1513	Akhaal Chambers		Salford Harriers & AC	30:09	109	908	Michael Merchant	V4016 Manchester Harriers & AC	34:09
25	613	Nick Leigh	V45 2	Horwich R M I Harriers	30:11	110	523	Paul Skuse	V4513 Glossopdale Harriers	34:09
26	2015	Rhys Bowden	U20 3	Vale Royal Ac	30:27	111	308	Patrick Goodrich	V4017 Chorlton Runners	34:10
27	2357	Jack Heap	U20 4	Wirral Ac	30:33	112	1055	Tim Shanker	V55 2 Manchester Ymca Harriers	34:10
28	2370	\$Oliver Bailey	U20 5	Staffs Moorlands AC	30:41	113	1928	Toby Robinson	U2013 Trafford Athletic Club	34:17
29	2028	John Humphries		Vale Royal Ac	30:44	114	1057	Philip Tomkinson	Manchester Ymca Harriers	34:18
30	299	Matthew Devlin	V40 4	Chorlton Runners	30:45	115	2286	Billy Wilson	V4018 Wilmslow Running Club	34:20
31	900	Joseph Farrelly		Manchester Harriers & AC	30:50	116	359	Oliver Wood	Chorlton Runners	34:24
32	753	Hywel Care	V40 5	Liverpool Harriers & Ac	30:54	117	1633	Chris Birkett	V4514 St Helens Sutton Ac	34:27
33	52	Michael Berks	V40 6	Altrincham & District Ac	31:10	118	931	Mark Lloyd	Manchester Metropolitan Univer	34:30
34	2047	Oliver Williams		Vale Royal Ac	31:16	119	430	Colin Latham	V4019 Dragons Running Club (sale)	34:32
35	1445	Phil Richardson		Sale Harriers Manchester	31:18	120	118	Vic Walsh	V4515 Belle Vue Racers	34:40
36	1914	Joseph Deighton	U20 6	Trafford Athletic Club	31:19	121	2378	Thomas Clowes	Chorlton Runners	34:43
37	2119	Adam Rashud	V40 7	Warrington A C	31:24	122	1742	Philip Burns	V4516 Stockport Harriers & Ac	34:48
38	1822	Daniel Bird		Swinton Running Club	31:24	123	155	Matt Moran	V4020 Bramhall Runners	34:58
39	1754	Harry Hind		Stockport Harriers & Ac	31:26	124	926	Jack Cunningham	Manchester Metropolitan Univer	35:00
40	1764	Mark Shatwell	V40 8	Stockport Harriers & Ac	31:27	125	1413	Olivier Gaillemin	V5010 Sale Harriers Manchester	35:00
41	1522	Marcus Law		Salford Harriers & AC	31:31	126	488	Robin Horner	V4517 E Cheshire H & Tameside AC	35:06
42	528	Ben Tetler	V45 3	Glossopdale Harriers	31:35	127	2197	Richard Dunning	V4021 Warriors Pentathlon & AC	35:06
43	2046	Sam Whitehead		Vale Royal Ac	31:42	128	2375	\$Craig Jeffery	V5011 Unattached	35:07
44	338	Alister Pearson		Chorlton Runners	31:47	129	627	Matthew Wilson	V4022 Horwich R M I Harriers	35:10
45	1757	Greg Kelly	V40 9	Stockport Harriers & Ac	31:48	130	801	Darren Dunn	V55 3 Macclesfield Harriers & Ac	35:12
46	281	Liam Braby		Chorlton Runners	31:52	131	833	George Cooper	Manchester Frontrunners	35:13
47	360	David Wyeth	V4010	Chorlton Runners	31:54	132	384	Joe Callaghan	Didsbury Runners	35:14
48	2279	Peter Speake	V45 4	Wilmslow Running Club	31:55	133	1452	Tom Stephenson	V4023 Sale Harriers Manchester	35:14
49	2023	Stuart Doyle	V50 1	Vale Royal Ac	31:57	134	394	Meng Leong	Didsbury Runners	35:16
50	658	Matt Snowdon		Hyde Village Striders	31:58	135	2040	Robert Roe	V4518 Vale Royal Ac	35:18
51	346	Darren Russell	V45 5	Chorlton Runners	32:00	136	657	Darren Smith	V4519 Hyde Village Striders	35:20
52	956	Nicholas Crisp		Manchester Road Runners	32:08	137	479	Jonathan Aust	V4520 E Cheshire H & Tameside AC	35:23
53	2030	Daniel Lightfoot		Vale Royal Ac	32:10	138	2017	Lee Carrington	Vale Royal Ac	35:24
54	1744	Jack Catterall	U20 7	Stockport Harriers & Ac	32:11	139	1635	Michael Brussels	St Helens Sutton Ac	35:33
55	323	George Langford		Chorlton Runners	32:16	140	960	D Harrison-Croft	Manchester Road Runners	35:37
56	400	Jonathan Pickup		Didsbury Runners	32:19	141	809	Will Nettle	U2014 Macclesfield Harriers & Ac	35:37
57	496	Matthew Smith		E Cheshire H & Tameside AC	32:20	142	2198	Paul Grabe	V4024 Warriors Pentathlon & AC	35:38
58	1929	Thomas Rogers		Trafford Athletic Club	32:28	143	1024	Roger Thomas	V5012 Manchester Triathlon Club	35:39
59	271	Tom Arthur		Chorlton Runners	32:33	144	524	Joshua Southall	Glossopdale Harriers	35:40
60	1529	Kev Waterhouse	V4011	Salford Harriers & AC	32:34	145	1758	Jonathon Knight	V4521 Stockport Harriers & Ac	35:41
61	345	Adam Rosillo		Chorlton Runners	32:38	146	959	Thomas Grime	Manchester Road Runners	35:43
62	609	Julian Goudge	V50 2	Horwich R M I Harriers	32:44	147	399	Miles Moran	Didsbury Runners	35:43
63	997	Sam Barratt		Manchester Triathlon Club	32:48	148	1455	Christopher Topping	V4025 Sale Harriers Manchester	35:48
64	1184	Matt Harratt		Oldham & Royton H & Ac	32:51	149	547	Paul Oakley	V60 2 Goyt Valley Striders	35:48
65	1957	Matthew Robson		Unattached	32:54	150	836	Jono Guildford	V4522 Manchester Frontrunners	35:50
66	1743	Mark Burton	V50 3	Stockport Harriers & Ac	32:56	151	2305	Peter Williams	Wilmslow Striders	35:52
67	497	Jacob Taylor		E Cheshire H & Tameside AC	32:56	152	1951	William Chandler	U2015 Unattached	35:53
68	527	James Stubbs		Glossopdale Harriers	32:56	153	1579	Dayle Dwyer	Salford Metropolitan Ac	35:54
69	619	Alastair Murray	V45 6	Horwich R M I Harriers	32:58	154	1829	Richard Jackson	V4026 Swinton Running Club	35:57
70	2014	Josh Betteley		Vale Royal Ac	32:59	155	2236	Paul Morrison	West Cheshire Athletic Club	36:01
71	2268	Robert Jackson		Wilmslow Running Club	33:01	156	2362	Steve Spence	V55 4 Wirral Ac	36:01
72	1632	Steven Anders	V45 7	St Helens Sutton Ac	33:01	157	1453	Christopher Tait	Sale Harriers Manchester	36:03
73	1045	Mark Condon		Manchester Ymca Harriers	33:03	158	1936	Chris Wilson	Trafford Athletic Club	36:07
74	150	Robin Hulme		Bramhall Runners	33:04	159	1391	Jason Bowers	V5013 Sale Harriers Manchester	36:09
75	495	Gareth Raven	V50 4	E Cheshire H & Tameside AC	33:07	160	489	Steven Jones	V4027 E Cheshire H & Tameside AC	36:10
76	622	James Titmuss	V45 8	Horwich R M I Harriers	33:10	161	1424	Mark Johnson	V4028 Sale Harriers Manchester	36:10
77	514	Stefan Bramwell	V50 5	Glossopdale Harriers	33:12	162	157	Frank Podd	V5014 Bramhall Runners	36:11
78	2256	Barry Archbold	V50 6	Wilmslow Running Club	33:13	163	51	Matthew Allen	V4029 Altrincham & District Ac	36:13
79	278	Duncan Birtwistle		Chorlton Runners	33:14	164	1825	Mark Cordiner	Swinton Running Club	36:18
80	1952	Daniel Groves	U20 8	Unattached	33:16	165	285	Benjamin Brown	Chorlton Runners	36:19
81	2360	James Mackie	V45 9	Wirral Ac	33:20	166	390	Mark Keatley	V4523 Didsbury Runners	36:21
82	405	Steven Townley	V4012	Didsbury Runners	33:21	167	834	Martin Dunn	Manchester Frontrunners	36:23
83	699	Rob Cleaver		Levenshulme Runners	33:21	168	2276	Andy Quicke	V4524 Wilmslow Running Club	36:26
84	1406	Chris Donnelly	V4510	Sale Harriers Manchester	33:22	169	1650	Andrew Wilson	V5015 St Helens Sutton Ac	36:27
85	324	Phil Larratt	V4013	Chorlton Runners	33:24	170	53	Nick Bugler	Altrincham & District Ac	36:28

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171	913George Steele	V4030	Manchester Harriers & AC	36:29	262	1022Stephen Taylor	V5025	Manchester Triathlon Club	39:41
172	1396George Carley		Sale Harriers Manchester	36:34	263	429Andy Land	V60	9 Dragons Running Club (sale)	39:44
173	2049Gareth Williams	V55	5 Vale Royal Ac	36:35	264	349Ian Sharpe	V5026	Chorlton Runners	39:52
174	1043Richard Brierley		Manchester Ymca Harriers	36:37	265	894Andrew Almond	V5027	Manchester Harriers & AC	40:02
175	1520David Hudson	V4525	Salford Harriers & AC	36:40	266	490Daniel Kavanagh		E Cheshire H & Tameside AC	40:03
176	58Richard Evans	V60	3 Altrincham & District Ac	36:41	267	380Michael Bean	V5028	Didsbury Runners	40:04
177	1048Joseph Hayes		Manchester Ymca Harriers	36:44	268	911Neil Ryan	V4042	Manchester Harriers & AC	40:06
178	954Robert Cook		Manchester Road Runners	36:46	269	493Paul Minton		E Cheshire H & Tameside AC	40:07
179	698T Boyesen-Corballis		Levenshulme Runners	36:50	270	1589Mike Race	V65	3 Salford Metropolitan Ac	40:07
180	2233Andrew Clague	V55	6 West Cheshire Athletic Club	36:52	271	1091Ian Bowker	V5511	Marple Runners	40:12
181	282Craig Bradbury	V4526	Chorlton Runners	36:52	272	71Richard Kennaugh	V5512	Altrincham & District Ac	40:14
182	2038Colin Price	V60	4 Vale Royal Ac	36:56	273	517Peter Daly	V5513	Glossopdale Harriers	40:16
183	439Adam Turner		Dragons Running Club (sale)	36:59	274	403Jamie Soul		Didsbury Runners	40:17
184	1910Richard Byers	V60	5 Trafford Athletic Club	37:02	275	810Ray O'Keefe	V5514	Macclesfield Harriers & Ac	40:23
185	148Matt Darnley	V4527	Bramhall Runners	37:04	276	2116David Norman	V6010	Warrington A C	40:28
186	355Guy Weaver	V4528	Chorlton Runners	37:04	277	2304Andrew Tomlinson	V4043	Wilmslow Striders	40:30
187	1002Tom Elphick	V4031	Manchester Triathlon Club	37:09	278	645Andrew Charlesworth	V5029	Hyde Village Striders	40:33
188	318Louis James		Chorlton Runners	37:10	279	529Michael Unsworth	V5515	Glossopdale Harriers	40:38
189	800Gareth Briggs	V5016	Macclesfield Harriers & Ac	37:11	280	1639Barry Graney	V5516	St Helens Sutton Ac	40:40
190	2374\$John Roper	V4032	Unattached	37:13	281	840Declan McGettigan		Manchester Frontrunners	40:41
191	933D Quiroga	U2016	Manchester Metropolitan Univer	37:14	282	2194Hareth Abdulla	V4546	Warriors Pentathlon & AC	40:41
192	339Sam Poland		Chorlton Runners	37:19	283	1109Alexander Ratcliffe		Marple Runners	40:47
193	1113John Stockdale	V5017	Marple Runners	37:22	284	1643Martin Johnson	V4547	St Helens Sutton Ac	40:50
194	510Dan Bailey	V4529	Glossopdale Harriers	37:22	285	843Roberto Raso	V6011	Manchester Frontrunners	40:52
195	1576Paul Connolly	V4033	Salford Metropolitan Ac	37:27	286	2044David Ward	V4548	Vale Royal Ac	40:54
196	1746James Corden	V5018	Stockport Harriers & Ac	37:28	287	1394Mark Brown		Sale Harriers Manchester	40:56
197	1015Mark Pagram	V4530	Manchester Triathlon Club	37:30	288	296Michael Curley	V75	1 Chorlton Runners	40:58
198	1512Richard Brook	V4531	Salford Harriers & AC	37:32	289	1401Mark Day	V5030	Sale Harriers Manchester	41:01
199	934Charles Scanlon	U2017	Manchester Metropolitan Univer	37:35	290	1776Paul Beckett	V6012	Stockport Tri Club	41:06
200	2298Oliver Fairbairn		Wilmslow Striders	37:35	291	841Niall McInnes		Manchester Frontrunners	41:12
201	953Teifion Best		Manchester Road Runners	37:36	292	212William McDonald		Buxton AC	41:12
202	827John Ash	V5019	Manchester Frontrunners	37:37	293	813Gareth Stockdale	V5031	Macclesfield Harriers & Ac	41:17
203	1410Robert Fairbanks	V4532	Sale Harriers Manchester	37:41	294	143Richard Adams	V4549	Bramhall Runners	41:19
204	313Michael Hargreaves	V4034	Chorlton Runners	37:43	295	1777Paul Carrington	V5517	Stockport Tri Club	41:20
205	1443Aidan Raftery	V65	1 Sale Harriers Manchester	37:44	296	653Kairan Mallett	U2019	Hyde Village Striders	41:25
206	214Jonathan Sewell	V5020	Buxton AC	37:45	297	440Steven Ward	V4044	Dragons Running Club (sale)	41:26
207	334Elliot Drummond		Chorlton Runners	37:48	298	1956A Nithianantharajah		Unattached	41:34
208	1749Peter Dean	V4035	Stockport Harriers & Ac	37:49	299	319Philip Jenkinson	V4550	Chorlton Runners	41:37
209	932Harley Milburn	U2018	Manchester Metropolitan Univer	37:51	300	2274Gary Morrison	V5518	Wilmslow Running Club	41:40
210	1417Nicholas Grimshaw		Sale Harriers Manchester	37:59	301	2329Michael Thompstone	V4045	Winston Runners	41:43
211	1830Daniel Martin		Swinton Running Club	38:01	302	1585Lee Marks	V4046	Salford Metropolitan Ac	41:45
212	1678Craig Leith	V55	7 Start2jog	38:01	303	1144Joe Cannavan	V4551	Middleton Harriers Ac	41:46
213	1756Sam Johnson		Stockport Harriers & Ac	38:03	304	1167Mark Smith	V5032	Stockport Harriers & Ac	41:51
214	74Jonathan Leslie	V55	8 Altrincham & District Ac	38:04	305	2380Nicholas Colwill	V4047	Chorlton Runners	41:52
215	1747Ian Crabtree	V4036	Stockport Harriers & Ac	38:05	306	202Duncan Campbell	V4552	Buxton AC	41:55
216	152Chris Kershaw	V4533	Bramhall Runners	38:05	307	144Steve Aughton	V5033	Bramhall Runners	41:55
217	386Chris Essex		Didsbury Runners	38:06	308	121Steven Wyatt	V65	4 Belle Vue Racers	41:57
218	160Phil Ramsey	V4534	Bramhall Runners	38:06	309	540Matt Biglin	V6013	Goyt Valley Striders	42:02
219	1780Paul Graveney	V5021	Stockport Tri Club	38:07	310	847Alexander Vdovin		Manchester Frontrunners	42:04
220	290Justin Cleary		Chorlton Runners	38:13	311	896Lloyd Barlow	V5519	Manchester Harriers & AC	42:05
221	387Matt Farr	V4535	Didsbury Runners	38:13	312	112Chris Harries	V4048	Belle Vue Racers	42:07
222	486Barry Hirst	V60	6 E Cheshire H & Tameside AC	38:14	313	2376\$Ben Shaw	V5520	Eryl Harriers	42:10
223	1009Tim Johns	V55	9 Manchester Triathlon Club	38:16	314	146Adam Brown	V5521	Bramhall Runners	42:13
224	1637Joseph Byrne		St Helens Sutton Ac	38:22	315	1012Anthony McGuirk		Manchester Triathlon Club	42:15
225	385Eddie Campbell		Didsbury Runners	38:23	316	298Stephen Davison	V4553	Chorlton Runners	42:15
226	2361Lee McKeown	V4536	Wirral Ac	38:23	317	1798McNally Richard Bond	V4554	Styal Running Club	42:23
227	802Graeme Eddie	V4537	Macclesfield Harriers & Ac	38:23	318	1590Mark Shuttleworth	V5522	Salford Metropolitan Ac	42:24
228	815James Wood	V4538	Macclesfield Harriers & Ac	38:27	319	515David Chrystie-Lowe	V65	5 Glossopdale Harriers	42:25
229	1041Andrew Bowler		Manchester Ymca Harriers	38:29	320	2114Mark Gregory	V5523	Warrington A C	42:27
230	1426Philip Largan		Sale Harriers Manchester	38:35	321	358Ian Williamson	V5524	Chorlton Runners	42:28
231	491Michael Kennedy		E Cheshire H & Tameside AC	38:36	322	1524Trevor Rayner	V6014	Salford Harriers & AC	42:32
232	522Rob Sheldon	V4539	Glossopdale Harriers	38:37	323	1112James Stockdale		Marple Runners	42:32
233	276Sebastian Bate		Chorlton Runners	38:38	324	1820Dean Barker-Smith		Swinton Running Club	42:34
234	205Callum D'souza		Buxton AC	38:38	325	2324Paul Barber	V65	6 Winston Runners	42:35
235	844John Ross	V4037	Manchester Frontrunners	38:39	326	95Phil Vesey	V6015	Altrincham & District Ac	42:35
236	1584Richard Knight	V4540	Salford Metropolitan Ac	38:40	327	814Michael Thorley	V5525	Macclesfield Harriers & Ac	42:37
237	1225Carl Martin	V4541	Saddleworth Runners Club	38:43	328	406Andrew Vaughan	V5034	Didsbury Runners	42:37
238	215David Soles	V60	7 Buxton AC	38:45	329	808Owain Morris		Macclesfield Harriers & Ac	42:39
239	897Matthew Crimes	V4542	Manchester Harriers & AC	38:46	330	837Joe Jarvis		Manchester Frontrunners	42:45
240	962Thomas Lewis		Manchester Road Runners	38:47	331	912Chris Sewart	V4555	Manchester Harriers & AC	42:46
241	392Phil Kemp	V60	8 Didsbury Runners	38:51	332	2196Steve Cole	V5035	Warriors Pentathlon & AC	42:48
242	1162John Weaver	V4038	Middleton Harriers Ac	38:51	333	2200Ronan Kearney	V5036	Warriors Pentathlon & AC	42:49
243	552Pete Woodhead	V4543	Goyt Valley Striders	38:55	334	1785Colin Shore	V5037	Stockport Tri Club	42:49
244	321Eamonn Keogh	V4544	Chorlton Runners	38:56	335	1575Martin Burke	V4556	Salford Metropolitan Ac	42:53
245	478Daniel Armstrong		E Cheshire H & Tameside AC	38:56	336	304William Franks		Chorlton Runners	42:54
246	499Dennis Thomas	V5022	E Cheshire H & Tameside AC	38:59	337	1751Edward Gough	U2020	Stockport Harriers & Ac	42:57
247	2272Tom McGaff	V65	2 Wilmslow Running Club	39:02	338	2026David Haines	V5038	Vale Royal Ac	43:02
248	904Glen Gandy	V5510	Manchester Harriers & AC	39:06	339	1775Scott Armstrong	V5039	Stockport Tri Club	43:07
249	1781Robert Heathcote	V4039	Stockport Tri Club	39:07	340	2264Stephen Greaves	V5040	Wilmslow Running Club	43:16
250	389Matthew Herbert	V4545	Didsbury Runners	39:10	341	2325Anthony Harrison	V6016	Winston Runners	43:22
251	1595Shane Wolstencroft	V5023	Salford Metropolitan Ac	39:13	342	2025Geoff Fawkes	V5041	Vale Royal Ac	43:31
252	1098Steve Grace	V5024	Marple Runners	39:13	343	644Craig Butterworth	V4049	Hyde Village Striders	43:36
253	153Mike Kinnear	V4040	Bramhall Runners	39:14	344	317Etienne Humphries	V4050	Chorlton Runners	43:37
254	2302Jack Miller		Wilmslow Striders	39:16	345	1582Matthew Hill		Salford Metropolitan Ac	43:44
255	2303Andrew Neilson		Wilmslow Striders	39:16	346	1108Darren Peatfield	V5042	Marple Runners	43:48
256	513Lewis Bigham		Glossopdale Harriers	39:20	347	849Chris Woolfenden	V4051	Manchester Frontrunners	43:55
257	425Graham Brownhill	V4041	Dragons Running Club (sale)	39:20	348	714Tom Woods		Levenshulme Runners	43:56
258	1586Malcolm Orrell		Salford Metropolitan Ac	39:25	349	955Jonathan Coulson		Manchester Road Runners	43:57
259	1958Max Waring		Unattached	39:29	350	1683Matt Selby	V4557	Start2jog	44:00
260	694Nicholas Barton		Levenshulme Runners	39:33	351	1674Nick Grayson		Start2jog	44:05
261	968Tom Williams		Manchester Road Runners	39:38	352	1161Anthony Walsh	V5526	Middleton Harriers Ac	44:10

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353 2195	Chris Brearton	V4052	Warriors Pentathlon & AC	44:12	383 1106	Gavin Nixon	V5046	Marple Runners	47:37
354 2011	Tony Archer	V70 1	Vale Royal Ac	44:18	384 1634	Paul Brownbill	V4056	St Helens Sutton Ac	47:43
355 279	Warren Bowden	V5527	Chorlton Runners	44:28	385 1679	Robert Maidstone		Start2jog	48:09
356 284	David Brocklebank	V4558	Chorlton Runners	44:35	386 1677	Iain Johnson	V6023	Start2jog	48:10
357 2281	Pete Stock	V65 7	Wilmslow Running Club	44:40	387 1000	Simon Davidson	V5531	Manchester Triathlon Club	48:13
358 712	Tim Watson	V4053	Levenshulme Runners	44:44	388 1784	Nick Roberts	V5532	Stockport Tri Club	48:19
359 1458	Wayne Wardle	V5043	Sale Harriers Manchester	44:46	389 596	David Barnes	V65 9	Horwich R M I Harriers	48:21
360 1644	Alan Mahoney	V4054	St Helens Sutton Ac	44:48	390 2299	Toby Gold	V6024	Wilmslow Striders	48:31
361 1204	Warren Simmens	V4055	Radcliffe Ac	44:50	391 1419	Christopher Hertzog		Sale Harriers Manchester	48:35
362 1676	Tom Hall		Start2jog	44:54	392 441	Dennis Yarwood	V5533	Dragons Running Club (sale)	48:53
363 1593	Ian Taylor	V6017	Salford Metropolitan Ac	45:02	393 337	Chris Peachey	V5534	Chorlton Runners	49:27
364 697	Chris Bennett		Levenshulme Runners	45:07	394 709	Julian Sacofsky	V6025	Levenshulme Runners	49:31
365 2278	Ian Smallwood	V6018	Wilmslow Running Club	45:09	395 1685	Tom Turner	V4562	Start2jog	49:39
366 116	Andrew Taylor	V4559	Belle Vue Racers	45:13	396 1061	Graeme Wilkinson	V4057	Manchester Ymca Harriers	49:41
367 115	Patrick O'Brien	V65 8	Belle Vue Racers	45:19	397 1146	Alan Garvey	V70 4	Middleton Harriers Ac	49:43
368 307	Sean Glaister	V6019	Chorlton Runners	45:34	398 1439	Stephen Parry	V6026	Sale Harriers Manchester	50:03
369 1156	Mishka Pillay		Middleton Harriers Ac	45:49	399 1383	John Archer	V70 5	Sale Harriers Manchester	50:09
370 2379	John Pollard	V70 2	Glossopdale Harriers	45:54	400 109	James Corrigan	V4563	Belle Vue Racers	50:11
371 378	Jonathan Atkinson	V5044	Didsbury Runners	45:57	401 1673	Jason Gould	V4564	Start2jog	50:29
372 649	Andrew Horrocks	V5528	Hyde Village Striders	46:02	402 2235	Jeff Lambert	V4058	West Cheshire Athletic Club	50:36
373 2238	Julian Tegg	V5045	West Cheshire Athletic Club	46:13	403 117	Farouk Wawda	V5535	Belle Vue Racers	50:43
374 1010	George Lipscomb	V6020	Manchester Triathlon Club	46:29	404 1407	Chris Downs	V5047	Sale Harriers Manchester	50:50
375 1096	Michael Connelly	V4560	Marple Runners	46:36	405 898	Michael Cunningham	V75 2	Manchester Harriers & AC	50:55
376 210	Paul Markall	V5529	Buxton AC	46:39	406 213	Tim Rolfe	V5048	Buxton AC	51:18
377 703	Mohammed Faruque	V4561	Levenshulme Runners	46:47	407 1826	Glyn Davies	V70 6	Swinton Running Club	51:34
378 1056	Nathaniel Stanton		Manchester Ymca Harriers	47:15	408 2121	Joao Santos		Warrington A C	51:39
379 2020	John Clarke	V70 3	Vale Royal Ac	47:18	409 550	Stephen Sanders	V70 7	Goyt Valley Striders	51:45
380 305	Mark Gamblin	V5530	Chorlton Runners	47:28	410 1116	Mark Warner	V5536	Marple Runners	53:43
381 1398	Frank Cordingley	V6021	Sale Harriers Manchester	47:32	411 1768	Robert Taylor	V75 3	Stockport Harriers & Ac	55:44
382 438	Rob Todd	V6022	Dragons Running Club (sale)	47:35	412 1684	Barry Sherwood	V4059	Start2jog	57:55

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale Harriers Manchester	128	—	2 Arlo Ludewick	4 Nicholas Barry	5 George Noble	8 Finlay Day	31 Phil Richardson	78 Chris Donnelly
2 Salford Harriers & AC	130	—	3 Harry Wakefield	6 Matthew Cooper	7 Callum Rowlinson	21 Akkeal Chambers	37 Marcus Law	56 Kev Waterhouse
3 Vale Royal Ac	144	—	13 Aaron Doyle	14 Chris Williams	23 Rhys Bowden	25 John Humphries	30 Oliver Williams	39 Sam Whitehead
4 Chorlton Runners	215	—	17 Thomas Charles	26 Matthew Devlin	40 Alister Pearson	42 Liam Braby	43 David Wyeth	47 Darren Russell
5 Trafford Athletic Club	281	—	1 Finley Proffitt	15 Harry Sinclair	32 Joseph Deighton	54 Thomas Rogers	82 Dan Partington	97 Jeff Prest
6 E Cheshire H & Tameside AC	297	—	10 Michael Holness	19 Gavin Browne	53 Matthew Smith	62 Jacob Taylor	70 Gareth Raven	83 Callum Fricker
7 Stockport Harriers & Ac	314	—	35 Harry Hind	36 Mark Shatwell	41 Greg Kelly	50 Jack Catterall	61 Mark Burton	91 James Barnett
8 Chorlton Runners 'B'	420	—	51 George Langford	55 Tom Arthur	57 Adam Rosillo	74 Duncan Birtwistle	79 Phil Larratt	104 Patrick Goodrich
9 Altrincham & District Ac	469	—	18 Andrew Norman	20 David Norman	29 Michael Berks	87 Richard Johnson	154 Matthew Allen	161 Nick Bugler
10 Glossopdale Harriers	513	—	38 Ben Tetler	63 James Stubbs	72 Stefan Bramwell	101 James Barnard	103 Paul Skuse	136 Joshua Southall
11 Manchester Metropolitan Univer	523	—	12 Campo Sebastian Del	16 Elliot Smith	86 Matthew Barker	111 Mark Lloyd	117 Jack Cunningham	181 D Quiroga
12 Wilmslow Running Club	531	—	44 Peter Speake	66 Robert Jackson	73 Barry Archbold	81 Matthew Braybrooke	108 Billy Wilson	159 Andy Quicke
13 Vale Royal Ac 'B'	580	—	45 Stuart Doyle	49 Daniel Lightfoot	65 Josh Betteley	127 Robert Roe	130 Lee Carrington	164 Gareth Williams
14 Didsbury Runners	609	—	52 Jonathan Pickup	76 Steven Townley	92 Damien McHugh	124 Joe Callaghan	126 Meng Leong	139 Miles Moran
15 Horwich R M I Harriers	712	—	22 Nick Leigh	58 Julian Goudge	64 Alastair Murray	71 James Timuss	121 Matthew Wilson	376 David Barnes
16 Sale Harriers Manchester 'B'	771	—	90 Tom Fordyce	118 Olivier Gaillemin	125 Tom Stephenson	140 Christopher Topping	148 Christopher Tait	150 Jason Bowers
17 E Cheshire H & Tameside AC 'B'	788	—	88 Callum Parkinson	89 Tom McMahon	119 Robin Horner	129 Jonathan Aust	151 Steven Jones	212 Barry Hirst
18 Manchester Ymca Harriers	832	—	68 Mark Condon	105 Tim Shanker	107 Philip Tomkinson	165 Richard Brierley	168 Joseph Hayes	219 Andrew Bowler
19 Chorlton Runners 'C'	907	—	109 Oliver Wood	114 Thomas Clowes	156 Benjamin Brown	172 Craig Bradbury	177 Guy Weaver	197 Louis James
20 Manchester Road Runners	908	—	48 Nicholas Crisp	132 D Harrison-Croft	138 Thomas Grime	169 Robert Cook	191 Teifion Best	230 Thomas Lewis
21 Manchester Frontrunners	924	—	84 Pierce Lyons	123 George Cooper	142 Jono Guildford	158 Martin Dunn	192 John Ash	225 John Ross
22 Bramhall Runners	928	—	69 Robin Hulme	126 Matt Moran	153 Frank Podel	176 Matt Darney	206 Chris Kershaw	208 Phil Ramsey
23 St Helens Sutton Ac	951	—	67 Steven Anders	110 Chris Birkett	131 Michael Brussels	160 Andrew Wilson	214 Joseph Byrne	269 Barry Graney
24 Manchester Harriers & AC	1012	—	27 Joseph Farrelly	102 Michael Merchant	162 George Steele	229 Matthew Crimes	238 Glen Gandy	254 Andrew Almond
25 Levenshulme Runners	1016	—	77 Rob Cleaver	85 Martin Dickson	100 Kitt Garvey	170 T Boyesen-Corballis	249 Nicholas Barton	335 Tom Woods
26 Manchester Triathlon Club	1023	—	59 Sam Barratt	135 Roger Thomas	178 Tom Elphick	187 Mark Pagram	213 Tim Johns	251 Stephen Taylor
27 Stockport Harriers & Ac 'B'	1044	—	115 Philip Burns	137 Jonathan Knight	186 James Corden	198 Peter Dean	203 Sam Johnson	205 Ian Crabtree
28 Warrington A C	1102	—	9 Daniel Fox	33 Adam Rashud	93 Stephen Watmough	265 David Norman	307 Mark Gregory	395 Joao Santos
29 Sale Harriers Manchester 'C'	1123	—	152 Mark Johnson	163 George Carley	193 Robert Fairbanks	195 Aidan Raftery	200 Nicholas Grimshaw	220 Philip Lorgan
30 Macclesfield Harriers & Ac	1134	—	122 Darren Dunn	133 Will Nettle	180 Gareth Briggs	217 Graeme Eddie	218 James Wood	264 Ray O'Keefe
31 Hyde Village Striders	1136	—	46 Matt Snowdon	80 Callum Dinsdale	128 Darren Smith	267 Andrew Charlesworth	285 Kairan Mallett	330 Craig Butterworth
32 Warriors Pentathlon & AC	1175	—	11 Kearney Alex Haggard	120 Richard Dunning	134 Paul Grabe	271 Hareth Abdulla	319 Steve Cole	320 Ronan Keamey
33 Chorlton Runners 'D'	1240	—	182 Sam Poland	194 Michael Hargreaves	197 Elliot Drummond	210 Justin Cleary	223 Sebastian Bate	234 Eamonn Keogh
34 Swinton Running Club	1240	—	34 Daniel Bird	145 Richard Jackson	155 Mark Cordiner	201 Daniel Martin	311 Dean Barker-Smith	372 Robert Maidstone
35 Didsbury Runners 'B'	1261	—	157 Mark Keatley	207 Chris Essex	211 Matt Farr	215 Eddie Campbell	231 Phil Kemp	240 Matthew Herbert
36 Salford Metropolitan Ac	1303	—	144 Dayle Dwyer	185 Paul Connolly	226 Richard Knight	241 Shane Wolstencroft	248 Malcolm Orrell	259 Mike Race
37 Buxton AC	1318	—	95 Ben Light	196 Jonathan Sewell	224 Callum D'souza	228 David Soles	281 William McDonald	294 Duncan Campbell
38 Stockport Tri Club	1430	—	98 Nicholas Chick	209 Paul Graveney	239 Robert Heathcote	279 Paul Beckett	284 Paul Carrington	321 Colin Shore
39 Dragons Running Club (sale)	1440	—	112 Colin Latham	174 Adam Turner	247 Graham Brownhill	252 Andy Land	286 Steven Ward	369 Rob Todd
40 Wilmslow Striders	1465	—	143 Peter Williams	190 Oliver Fairbairn	244 Jack Miller	245 Andrew Neilson	266 Andrew Tomlinson	377 Toby Gold
41 Glossopdale Harriers 'B'	1488	—	184 Dan Bailey	222 Rob Sheldon	246 Lewis Bigham	262 Peter Daly	268 Michael Unsworth	306 David Chrystie-Lowe
42 Marple Runners	1600	—	183 John Stockdale	242 Steve Grace	260 Ian Bowker	272 Alexander Ratcliffe	310 James Stockdale	333 Darren Peatfield
43 Start2jog	1694	—	96 Oliver Woodcock	202 Craig Leith	337 Matt Selby	338 Nick Grayson	349 Tom Hall	372 Robert Maidstone
44 Chorlton Runners 'E'	1721	—	253 Ian Sharpe	277 Michael Curley	287 Philip Jenkinson	293 Nicholas Colwill	303 Stephen Davison	308 Ian Williamson
45 Manchester Frontrunners 'B'	1773	—	270 Declan McGettigan	274 Roberto Raso	280 Niall McInnes	298 Alexander Vdovin	317 Joe Jarvis	334 Chris Woolfenden
46 Belle Vue Racers	1803	—	113 Vic Walsh	296 Steven Wyatt	300 Chris Harries	353 Andrew Taylor	354 Patrick O'Brien	387 James Corrigan
47 Vale Royal Ac 'C'	1809	—	173 Colin Price	275 David Ward	325 David Haines	329 Geoff Fawkes	341 Tony Archer	366 John Clarke
48 Sale Harriers Manchester 'D'	2031	—	276 Mark Brown	278 Mark Day	346 Wayne Wardle	368 Frank Cordingley	378 Christopher Hertzog	385 Stephen Parry
49 Chorlton Runners 'F'	2061	—	323 William Franks	331 Etienne Humphries	342 Warren Bowden	343 David Brocklebank	355 Sean Glaister	367 Mark Gamblin

Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Chorlton Runners	37	—	2 Thomas Charles	6 Matthew Devlin	13 David Wyeth	16 Darren Russell
2 Altrincham & District Ac	45	—	3 Andrew Norman	4 David Norman	8 Michael Berks	30 Richard Johnson
3 Horwich R M I Harriers	66	—	5 Nick Leigh	18 Julian Goudge	20 Alastair Murray	23 James Titmuss
4 Stockport Harriers & Ac	74	—	10 Mark Shatwell	12 Greg Kelly	19 Mark Burton	33 James Barnett
5 E Cheshire H & Tameside AC	104	—	1 Michael Holness	22 Gareth Raven	31 Tom McMahon	50 Robin Horner
6 Wilmslow Running Club	154	—	14 Peter Speake	25 Barry Archbold	43 Billy Wilson	72 Andy Quicke
7 Glossopdale Harriers	162	—	11 Ben Tetler	24 Stefan Bramwell	40 Paul Skuse	87 Dan Bailey
8 Sale Harriers Manchester	163	—	28 Chris Donnelly	32 Tom Fordyce	49 Olivier Gaillemain	54 Tom Stephenson
9 Vale Royal Ac	225	—	15 Stuart Doyle	55 Robert Roe	75 Gareth Williams	80 Colin Price
10 Chorlton Runners 'B'	232	—	29 Phil Larratt	41 Patrick Goodrich	79 Craig Bradbury	83 Guy Weaver
11 St Helens Sutton Ac	282	—	21 Steven Anders	44 Chris Birkett	73 Andrew Wilson	144 Barry Graney
12 Sale Harriers Manchester 'B'	288	—	61 Christopher Topping	66 Jason Bowers	68 Mark Johnson	93 Robert Fairbanks
13 Stockport Harriers & Ac 'B'	293	—	47 Philip Burns	60 Jonathon Knight	89 James Corden	97 Peter Dean
14 Bramhall Runners	300	—	48 Matt Moran	69 Frank Podd	82 Matt Darnley	101 Chris Kershaw
15 Didsbury Runners	318	—	27 Steven Townley	71 Mark Keatley	104 Matt Farr	116 Phil Kemp
16 Manchester Triathlon Club	339	—	59 Roger Thomas	84 Tom Elphick	90 Mark Pagram	106 Tim Johns
17 E Cheshire H & Tameside AC 'B'	349	—	57 Jonathan Aust	67 Steven Jones	105 Barry Hirst	120 Dennis Thomas
18 Manchester Harriers & AC	350	—	39 Michael Merchant	74 George Steele	115 Matthew Crimes	122 Glen Gandy
19 Macclesfield Harriers & Ac	355	—	53 Darren Dunn	85 Gareth Briggs	108 Graeme Eddie	109 James Wood
20 Warrington A C	357	—	9 Adam Rashud	34 Stephen Watmough	140 David Norman	174 Mark Gregory
21 Salford Harriers & AC	360	—	17 Kev Waterhouse	76 David Hudson	91 Richard Brook	176 Trevor Rayner
22 Altrincham & District Ac 'B'	383	—	70 Matthew Allen	77 Richard Evans	99 Jonathan Leslie	137 Richard Kennaugh
23 Manchester Frontrunners	413	—	63 Jono Guildford	92 John Ash	111 John Ross	147 Roberto Raso
24 Stockport Tri Club	414	—	37 Nicholas Chick	103 Paul Graveney	123 Robert Heathcote	151 Paul Beckett
25 Warriors Pentathlon & AC	436	—	51 Richard Dunning	58 Paul Grabe	145 Hareth Abdulla	182 Steve Cole
26 Dragons Running Club (sale)	458	—	45 Colin Latham	128 Graham Brownhill	130 Andy Land	155 Steven Ward
27 Salford Metropolitan Ac	460	—	88 Paul Connolly	112 Richard Knight	125 Shane Wolstencroft	135 Mike Race
28 Chorlton Runners 'C'	493	—	94 Michael Hargreaves	119 Eamonn Keogh	131 Ian Sharpe	149 Michael Curley
29 Marple Runners	541	—	86 John Stockdale	126 Steve Grace	136 Ian Bowker	193 Darren Peatfield
30 Bramhall Runners 'B'	546	—	102 Phil Ramsey	127 Mike Kinnear	153 Richard Adams	164 Steve Aughton
31 Glossopdale Harriers 'B'	564	—	110 Rob Sheldon	138 Peter Daly	143 Michael Unsworth	173 David Chrystie-Lowe
32 Belle Vue Racers	587	—	46 Vic Walsh	165 Steven Wyatt	168 Chris Harries	208 Andrew Taylor
33 Buxton AC	590	—	96 Jonathan Sewell	114 David Soles	163 Duncan Campbell	217 Paul Markall
34 Goyt Valley Striders	592	—	62 Paul Oakley	118 Pete Woodhead	166 Matt Biglin	246 Stephen Sanders
35 Hyde Village Striders	602	—	56 Darren Smith	142 Andrew Charlesworth	191 Craig Butterworth	213 Andrew Horrocks
36 Manchester Harriers & AC 'B'	614	—	132 Andrew Almond	134 Neil Ryan	167 Lloyd Barlow	181 Chris Sewart
37 Didsbury Runners 'B'	649	—	124 Matthew Herbert	133 Michael Bean	180 Andrew Vaughan	212 Jonathan Atkinson
38 Chorlton Runners 'D'	663	—	156 Philip Jenkinson	162 Nicholas Colwill	170 Stephen Davison	175 Ian Williamson
39 Wilmslow Running Club 'B'	667	—	121 Tom McGaff	157 Gary Morrison	188 Stephen Greaves	201 Pete Stock
40 Sale Harriers Manchester 'C'	669	—	95 Aidan Raftery	150 Mark Day	203 Wayne Wardle	221 Frank Cordingley
41 Middleton Harriers Ac	708	—	117 John Weaver	160 Joe Cannavan	196 Anthony Walsh	235 Alan Garvey
42 Vale Royal Ac 'B'	722	—	148 David Ward	186 David Haines	190 Geoff Fawkes	198 Tony Archer
43 Salford Metropolitan Ac 'B'	722	—	159 Lee Marks	172 Mark Shuttleworth	185 Martin Burke	206 Ian Taylor
44 Start2jog	751	—	98 Craig Leith	195 Matt Selby	225 Iain Johnson	233 Tom Turner
45 Stockport Tri Club 'B'	752	—	154 Paul Carrington	184 Colin Shore	187 Scott Armstrong	227 Nick Roberts
46 Chorlton Runners 'E'	801	—	192 Etienne Humphries	199 Warren Bowden	200 David Brocklebank	210 Sean Glaister