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THE DERBY RUNNER
SPECIALIST RUNNING EQUIPMENT



**MIDLAND COUNTIES AA
SENIOR MEN & MASTERS 6 X 5.88 Km ROAD RELAY CHAMPIONSHIP
SATURDAY 21st SEPTEMBER 2024 – 1.20pm - SUTTON PARK, BIRMINGHAM**

An unlimited number of teams can be entered. **CLOSING DATE SUNDAY 8TH SEPTEMBER 2024**

Clubs are not allowed to enter more than **THREE TIMES** the number entitled to compete. A Club entering one or more teams in a race shall **ONLY** be allowed to select their teams from their club's entry list. Teams must be declared before the start of the race. **Teams who are subsequently found to have declared non-entered runners will be disqualified.**

CLUB: Team Manager:

Club Colours: Category:

Address:

Tel: Mobile Number:

Date: E-mail:

Above is the Information required for competition purposes.

QR Code:



Entry fee £67 for Each Team

Entries to be submitted online at: <https://www.race-results.co.uk/m64rel24e>

All entries are to be submitted via the online entry system.

Postal entries only in Exceptional circumstances, contact by emailing: roadandxc@mcaa.org.uk

MIDLAND ELIGIBILITY – All competitors must have the following qualification:

By first claim membership of an England Athletics affiliated Club within the Midlands Competition area that has registered with EA for road running. and has a paid-up Affiliation to England Athletics.

Qualification is in one of the following Counties:

Avon, Gloucestershire, Herefordshire, Leicestershire, Northamptonshire, Nottinghamshire, Shropshire, Staffordshire, Warwickshire, Worcestershire. *NB: England South West (Cornwall, Devon, Dorset, Somerset, and Wiltshire) & East Midlands (Derbyshire, Lincolnshire) are recognised for qualification purposes **BUT** you can only compete in one Area Championships in a calendar year – January to December.*

NB: The organisers reserve the right to refuse entries and revise dates where necessary.

Note: UK Athletics Rule **TR3** age limits apply:

141 S3 (iv) For U20 men and women (age limits) shall be confined to competitors who are 17, 18 or 19 on 31 August prior to the commencement of the competition year (i.e. 17 and over as at midnight 31st August / 1st September 2024).

141 S3 (v) In road relays U20 Men and Women as appropriate may compete in senior events.

CLOTHING: All team runners **must** wear the same design of registered Club vest and colours unless the referee has given permission for a change to be made.

Any advertising or sponsorship on clothing must comply with UK Athletics Rule TR5.

FOREIGN ATHLETES: Clubs may enter as many foreign athletes registered with UKA as necessary, but the composition of any scoring team can include **ONLY TWO** foreign registered athletes.

IMPORTANT: PLEASE READ BEFORE SUBMITTING NAMES: A MANDATORY requirement is to provide the England Athletics (EA) number for all entries submitted. Without an EA number, the entry CANNOT be accepted.

All Athletes MUST have a fully paid up affiliation with EA at the time of entry to guarantee participation in this event.

For this competition, the information required is name, date of birth, EA number.

Details of teams are provided on competitor's entry site.

I hereby agree that all the entrants are eligible to compete according to the laws of UK Athletics. They are also eligible to represent the club under the rules governing team and relay races, and that the declared particulars are complete and correct.

Secretary/Team Manager:

Date:

No athlete may run more than one leg.