

Sunderland 5k (Race 1) - All Females Males over 50  
20th July 2023

Pos	Num	Name	Cat	Cat/Pos	Cat2	Club	ChipTime	ChipPos	GunTime	Tag
1	76	Sophie Pikett	FS	(1/53)	FS	Elswick Harriers	00:16:41	1	00:16:41	EN
2	171	Paul Robson	M50	(1/49)	M50	Wearside Triathlon Club	00:16:57	2	00:16:57	M
3	187	Iain Twaddle	M50	(2/49)	M50	Blackhill Bounders	00:17:02	3	00:17:02	EMN
4	24	Esme Davies	FS	(2/53)	FS	Border Harriers	00:17:02	4	00:17:03	EN
5	168	Wayne Pearson	M50	(3/49)	M55	Crook & District AC	00:17:05	5	00:17:06	M
6	45	Shona Haston	FS	(3/53)	FS	Gateshead Harriers	00:17:20	6	00:17:21	EN
7	134	James Duthie	M50	(4/49)	M50	Wallsend Harriers	00:17:25	8	00:17:26	EMN
8	160	Lindsay McEwan	M50	(5/49)	M50	Elvet Striders	00:17:25	7	00:17:26	EMN
9	99	Helen Warburton	FS	(4/53)	FS	Sale Harriers Manchester	00:17:32	9	00:17:33	N
10	169	Greg Penn	M60	(1/20)	M60	North Shields Poly AC	00:17:41	10	00:17:41	EMN
11	61	Catriona MacDonald	FS	(5/53)	FS	Morpeth Harriers & AC	00:17:42	11	00:17:43	EN
12	72	Jacqueline Penn	FS	(6/53)	FS	North Shields Poly AC	00:17:45	12	00:17:46	EN
13	21	Sophie Cowper	FS	(7/53)	FS	Rotherham Harriers	00:17:50	13	00:17:50	N
14	124	Guy Bracken	M60	(2/20)	M60	North Shields Poly AC	00:17:52	14	00:17:52	EMN
15	195	Darren Dodd	M50	(6/49)	M50	Sunderland Harriers	00:17:57	15	00:17:59	EMN
16	158	Kenneth MacPherson	M50	(7/49)	M55	Tyne Bridge Harriers	00:18:01	17	00:18:02	EN
17	70	Molly Pace	FS	(8/53)	FS	North Shields Poly AC	00:18:01	16	00:18:02	EN
18	130	James Douglas	M50	(8/49)	M50	Elswick Harriers	00:18:02	18	00:18:05	EMN
19	196	Darren Stoker	M50	(9/49)	M50	Sunderland Harriers	00:18:05	19	00:18:07	EMN
20	9	Jennifer Berry	FS	(9/53)	FS	Wallsend Harriers	00:18:12	20	00:18:14	EN
21	36	Katie Francis	FS	(10/53)	FS	Birtley AC	00:18:18	21	00:18:19	EN
22	27	Alexis Dodd	FS	(11/53)	F35	Jarrow & Hebburn AC	00:18:20	22	00:18:21	EMN
23	151	Steve Johnson	M50	(10/49)	M50	Houghton Harriers	00:18:21	23	00:18:23	EMN
24	63	Becky McDonald	FS	(12/53)	FS	Beverley AC	00:18:23	24	00:18:26	EN
25	75	Anna Pigford	FS	(13/53)	FS	Houghton Harriers	00:18:29	25	00:18:31	EN
26	144	Rob Hancox	M50	(11/49)	M55	Morpeth Harriers & AC	00:18:33	27	00:18:34	EN
27	163	Jonathan Murphy	M50	(12/49)	M55	North Shields Poly AC	00:18:31	26	00:18:35	EMN
28	200	Tim Field	M50	(13/49)	M55	Sunderland Harriers	00:18:36	31	00:18:36	EMN
29	52	Zara Patsy Jones	FS	(14/53)	FS	Darlington Harriers & AC	00:18:35	29	00:18:36	EN
30	109	Jessica Fox	F50	(1/21)	F50	Sunderland Harriers	00:18:36	30	00:18:37	EN
31	88	Kathryn Stevenson	F50	(2/21)	F50	Tyne Bridge Harriers	00:18:35	28	00:18:38	EMN
32	154	Shaun Kerry	M50	(14/49)	M50	Houghton Harriers	00:18:38	32	00:18:40	EMN
33	103	Amy Callaghan	F50	(3/21)	F50	Sunderland Harriers	00:18:40	33	00:18:42	EN
34	43	Claire E. Harlow	FS	(15/53)	F35	North Shields Poly AC	00:18:42	34	00:18:45	EMN
35	90	Kate E. Storey	FS	(16/53)	FS	Crook & District AC	00:18:44	35	00:18:47	
36	41	Kim Grimoldby	F40	(1/16)	F40	Gateshead Harriers	00:18:50	36	00:18:51	EMN
37	6	Maisey Bellwood	FS	(17/53)	FS	Keighley & Craven AC	00:18:55	37	00:18:56	N
38	117	George Arthur	M60	(3/20)	M60	South Shields Harriers	00:18:55	38	00:18:58	EN
39	189	Chris Waite	M50	(15/49)	M50	North Shields Poly AC	00:18:57	39	00:19:00	EMN
40	62	Gillian Manford	F40	(2/16)	F40	Gateshead Harriers	00:19:01	40	00:19:03	EMN
41	1	Sarah Acey	FS	(18/53)	FS	Ponteland Runners	00:19:10	41	00:19:13	
42	15	Rebecca Cairns	FS	(19/53)	FS	North East Project	00:19:12	43	00:19:14	EN
43	155	Stephen Kettle	M50	(16/49)	M55	Tyne Bridge Harriers	00:19:12	42	00:19:16	EN
44	60	Kirsty Lowery	F40	(3/16)	F45	Sunderland Strollers	00:19:16	44	00:19:19	
45	186	Matthew Tomlinson	M50	(17/49)	M50	Houghton Harriers	00:19:21	45	00:19:23	EN
46	67	Jackie Murdy	F50	(4/21)	F55	South Shields Harriers	00:19:22	46	00:19:25	EMN
47	89	Hannah Stewart	FS	(20/53)	FS	Tyne Bridge Harriers	00:19:23	47	00:19:27	EN
48	59	Hannah Linton	FS	(21/53)	FS	Birtley AC	00:19:23	48	00:19:29	EN
49	33	Erin Fairlamb	FS	(22/53)	FS	Tyne Bridge Harriers	00:19:27	50	00:19:30	EN
50	64	Nicole McIntyre	FS	(23/53)	FS	Tyne Bridge Harriers	00:19:28	52	00:19:31	EN
51	44	Natasha Harvey	FS	(24/53)	F35	North Shields Poly AC	00:19:27	49	00:19:31	EN
52	119	Gavin Bayne	M60	(4/20)	M65	Morpeth Harriers & AC	00:19:27	51	00:19:32	EMN
53	175	Paul Simpson	M60	(5/20)	M60	Jarrow & Hebburn AC	00:19:32	54	00:19:34	EMN
54	95	Zoe Thompson	FS	(25/53)	F35	Tyne Bridge Harriers	00:19:31	53	00:19:34	EMN
55	188	Cliff Veitch	M50	(18/49)	M55	Jesmond Joggers	00:19:33	55	00:19:36	M
56	68	Robyn Naylor	FS	(26/53)	FS	Tyne Bridge Harriers	00:19:36	56	00:19:39	EN
57	184	Graeme Swaddle	M50	(19/49)	M55	Birtley AC	00:19:37	57	00:19:42	EMN
58	192	Simon Wells	M50	(20/49)	M50	Jesmond Joggers	00:19:41	60	00:19:44	M

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59	7	Robyn Anne Bennett	FS	(27/53)	FS	Morpeth Harriers & AC	00:19:40	59	00:19:44	EN
60	172	Colin Rogerson	M50	(21/49)	M50	North Shields Poly AC	00:19:39	58	00:19:45	EN
61	120	Lee Bennett	M50	(22/49)	M50	Morpeth Harriers & AC	00:19:41	62	00:19:45	EMN
62	123	Stephen Boddy	M50	(23/49)	M55	Gosforth Harriers	00:19:41	61	00:19:45	EN
63	17	Wendy Chapman	F50	(5/21)	F50	Sunderland Strollers	00:19:48	64	00:19:48	M
64	79	Lindsey Quinn	FS	(28/53)	FS	Morpeth Harriers & AC	00:19:44	63	00:19:49	EN
65	53	Macy Kelly	FS	(29/53)	FS	Darlington Harriers & AC	00:19:54	66	00:19:55	EN
66	161	Jeff Miller	M60	(6/20)	M60	Darlington Harriers & AC	00:19:53	65	00:19:58	EN
67	85	Felicity Smith	F40	(4/16)	F45	Elswick Harriers	00:19:55	67	00:20:01	EN
68	50	Emily James	F40	(5/16)	F40	Wallsend Harriers	00:19:56	68	00:20:01	EN
69	127	Michael Cherrington	M50	(24/49)	M55	Sunderland Harriers	00:19:57	69	00:20:03	EMN
70	34	Kirsty Fearn	F40	(6/16)	F45	Wallsend Harriers	00:19:59	70	00:20:03	EN
71	104	Jennifer Tomlin	F50	(6/21)	F50	Sunderland Harriers	00:20:03	71	00:20:05	EN
72	177	Stephen Sparke	M50	(25/49)	M55	Ponteland Runners	00:20:10	72	00:20:18	
73	58	Joanne Lee	F40	(7/16)	F45	Unattached	00:20:14	74	00:20:19	
74	78	Rachel Pullan	FS	(30/53)	F35	Sunderland Strollers	00:20:14	73	00:20:23	
75	86	Laura Smith	FS	(31/53)	F35	Heaton Harriers	00:20:20	76	00:20:24	EMN
76	49	Laura Irving	FS	(32/53)	F35	Unattached	00:20:18	75	00:20:26	
77	105	Hayley Dobinson	F50	(7/21)	F50	Sunderland Harriers	00:20:21	77	00:20:26	EN
78	96	Rachel Turnbull	FS	(33/53)	F35	Tyne Bridge Harriers	00:20:23	78	00:20:27	EMN
79	131	Matty Down	M50	(26/49)	M55	Jesmond Joggers	00:20:27	79	00:20:30	M
80	106	Natasha Steel	F50	(8/21)	F50	Sunderland Harriers	00:20:31	81	00:20:37	EN
81	185	Alan Thompson	M50	(27/49)	M55	Elswick Harriers	00:20:32	82	00:20:38	EN
82	165	David Nicholson	M60	(7/20)	M65	Morpeth Harriers & AC	00:20:31	80	00:20:39	EMN
83	83	Izzy Sharrock	FS	(34/53)	FS	Jesmond Joggers	00:20:44	83	00:20:47	
84	133	Gary Dunmore	M50	(28/49)	M50	Sunderland Strollers	00:20:47	85	00:20:51	
85	190	David Wallace	M60	(8/20)	M65	Houghton Harriers	00:20:49	87	00:20:54	EMN
86	4	Georgina Barlow	FS	(35/53)	FS	North Shields Poly AC	00:20:49	86	00:20:55	EN
87	148	Ben Hodgson	M50	(29/49)	M50	South Shields Harriers	00:20:47	84	00:20:55	EN
88	150	Brian Hurst	M50	(30/49)	M55	Jarrow & Hebburn AC	00:20:55	88	00:21:01	EN
89	125	Roland Brown	M50	(31/49)	M50	Elswick Harriers	00:20:57	89	00:21:04	EMN
90	18	Ellie Clark	FS	(36/53)	FS	Heaton Harriers	00:21:02	90	00:21:05	EN
91	116	Kenneth Addison	M60	(9/20)	M65	Red Rose Road Runners	00:21:06	91	00:21:10	
92	145	Andrew Hay	M50	(32/49)	M55	Sunderland Strollers	00:21:07	92	00:21:15	
93	191	Robert Weightman	M60	(10/20)	M65	Jarrow & Hebburn AC	00:21:14	95	00:21:19	EMN
94	2	Caroline Ames	FS	(37/53)	F35	Jarrow & Hebburn AC	00:21:12	93	00:21:19	EMN
95	97	Emily Vasey	FS	(38/53)	FS	Tyne Bridge Harriers	00:21:12	94	00:21:21	EMN
96	81	Heather Robinson	F60	(1/4)	F60	Jarrow & Hebburn AC	00:21:18	96	00:21:23	EMN
97	142	Charles Hall	M60	(11/20)	M65	North Shields Poly AC	00:21:24	98	00:21:27	EMN
98	31	Rachel Dugan	FS	(39/53)	FS	Sunderland Strollers	00:21:20	97	00:21:29	
99	135	Mark Dutton	M50	(33/49)	M50	North Shields Poly AC	00:21:26	99	00:21:31	EN
100	194	Willard Wright	M50	(34/49)	M55	Heaton Harriers	00:21:26	101	00:21:32	EMN
101	28	Heather Donald	FS	(40/53)	FS	Elswick Harriers	00:21:26	100	00:21:33	EN
102	137	David Francis	M50	(35/49)	M50	Birtley AC	00:21:30	102	00:21:37	EMN
103	48	Ellie Howarth	FS	(41/53)	FS	Darlington Harriers & AC	00:21:37	104	00:21:42	EN
104	13	Joanne Brown	F50	(9/21)	F50	Elswick Harriers	00:21:35	103	00:21:42	EN
105	205	Geoff Hewitson	M60	(12/20)	M65	Crook & District AC	00:21:37	105	00:21:44	M
106	73	Laura Percy	FS	(42/53)	FS	Heaton Harriers	00:21:41	107	00:21:45	EN
107	12	Stephanie Boyd	FS	(43/53)	FS	Jarrow & Hebburn AC	00:21:39	106	00:21:48	N
108	69	Quynh Nguyen	F40	(8/16)	F45	North Shields Poly AC	00:21:43	108	00:21:48	EN
109	87	Debbie Spoor	F50	(10/21)	F50	Elswick Harriers	00:21:44	109	00:21:51	EMN
110	129	John Dobbs	M50	(36/49)	M55	Tyne Bridge Harriers	00:21:45	111	00:21:52	EN
111	139	Chris Grassam	M50	(37/49)	M55	Sunderland Strollers	00:21:44	110	00:21:52	
112	107	Charlotte Stidolph	F50	(11/21)	F50	Sunderland Harriers	00:21:47	112	00:21:53	EN
113	156	Robert Lambert	M50	(38/49)	M55	Elswick Harriers	00:21:51	113	00:21:58	EMN
114	122	Dave Blewitt	M50	(39/49)	M55	Aycliffe Running Club	00:21:53	114	00:22:00	
115	198	Dean Phillips	M50	(40/49)	M50	Sunderland Harriers	00:22:02	115	00:22:04	EMN
116	91	Laura Stout	FS	(44/53)	F35	Wallsend Harriers	00:22:03	116	00:22:08	EN
117	114	Nicola Hadden	F50	(12/21)	F50	Sunderland Harriers	00:22:08	117	00:22:15	EN

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118	128	Malcolm Cox	M60	(13/20)	M65	Sunderland Strollers	00:22:08	118	00:22:18	M
119	26	Beth Deutsch	FS	(45/53)	FS	Jesmond Joggers	00:22:13	119	00:22:19	
120	74	Kayleigh Pickersgill	FS	(46/53)	F35	Sunderland Strollers	00:22:25	120	00:22:33	
121	65	Maxine Minchella	F60	(2/4)	F60	South Shields Harriers	00:22:29	121	00:22:34	EMN
122	80	Jo Robertson	F40	(9/16)	F40	Elvet Striders	00:22:39	122	00:22:48	EMN
123	176	Mick Skirving	M50	(41/49)	M50	Hartlepool Burn Road Harr	00:23:03	123	00:23:11	EMN
124	193	Graeme Wharton	M50	(42/49)	M50	Lonely Goat RC	00:23:16	124	00:23:26	
125	8	Kelly Bentley	F50	(13/21)	F55	Birtley AC	00:23:24	126	00:23:30	EMN
126	178	Mike Steven	M60	(14/20)	M65	Elswick Harriers	00:23:21	125	00:23:31	EN
127	19	Olivia Clark	FS	(47/53)	FS	Gateshead Harriers	00:23:39	127	00:23:46	EN
128	84	Linda Smith	F50	(14/21)	F55	Jarrow & Hebburn AC	00:23:47	128	00:23:54	EMN
129	14	Linda Bulfin	F40	(10/16)	F40	North Shields Poly AC	00:23:53	129	00:24:00	EN
130	38	Laura Gabriele	FS	(48/53)	F35	Tyne Bridge Harriers	00:23:56	130	00:24:06	EN
131	23	Jayne Cuskern	FS	(49/53)	FS	Elswick Harriers	00:23:57	131	00:24:07	EN
132	136	Aubrey Form	M60	(15/20)	M65	Washington Running Club	00:23:58	132	00:24:10	
133	179	Colin Storey	M50	(43/49)	M55	Unattached	00:24:09	133	00:24:19	
134	182	Andrew Stubbings	M50	(44/49)	M55	Tyne & Wear Fire Service	00:24:16	134	00:24:29	
135	55	Imogen King	FS	(50/53)	FS	Elswick Harriers	00:24:19	135	00:24:32	EN
136	40	Judith Grassam	F50	(15/21)	F50	Sunderland Strollers	00:24:30	136	00:24:40	
137	181	David Stothard	M50	(45/49)	M50	Aycliffe Running Club	00:24:31	137	00:24:41	
138	174	Garry Scrafton	M50	(46/49)	M55	Sunderland Strollers	00:24:31	138	00:24:43	
139	98	Rachel Waite	FS	(51/53)	FS	Heaton Harriers	00:24:37	139	00:24:45	EN
140	101	Diane Wood	F50	(16/21)	F55	Durham City Harriers	00:24:47	140	00:24:53	EN
141	159	Andrew Manning	M50	(47/49)	M55	Sunderland Strollers	00:24:59	142	00:24:59	
142	3	Gayle Askwith	F40	(11/16)	F40	Crook & District AC	00:24:55	141	00:25:02	
143	146	Philip Healey	M60	(16/20)	M60	Crook & District AC	00:25:11	143	00:25:20	M
144	138	Joe Glancy	M60	(17/20)	M60	Sunderland Strollers	00:25:21	144	00:25:29	
145	132	Brian Dugan	M60	(18/20)	M65	Sunderland Strollers	00:25:28	145	00:25:39	
146	56	Ria Knox	FS	(52/53)	F35	Tyne Bridge Harriers	00:25:33	146	00:25:43	EN
147	47	Fatima Horn	F40	(12/16)	F40	Sunderland Strollers	00:25:35	147	00:25:44	
148	102	Christine Woods	F60	(3/4)	F65	Durham City Harriers	00:26:13	149	00:26:19	EMN
149	153	Steven Key	M60	(19/20)	M60	Tyne Bridge Harriers	00:26:09	148	00:26:22	EN
150	37	Ali French	F40	(13/16)	F45	Blyth Running Club	00:26:26	150	00:26:34	EN
151	66	Sarah Muparutsa	F40	(14/16)	F45	Elswick Harriers	00:26:27	151	00:26:40	EN
152	93	Kate Taylor	F40	(15/16)	F40	Elswick Harriers	00:26:37	152	00:26:48	EN
153	5	Marie Bell	F40	(16/16)	F45	Tyne Bridge Harriers	00:26:56	153	00:27:06	EMN
154	111	Hanna Hughes	F50	(17/21)	F50	Sunderland Harriers	00:27:09	154	00:27:17	EN
155	100	Lisa Wild	FS	(53/53)	F35	North Shields Poly AC	00:27:11	155	00:27:20	EMN
156	157	Malcolm Liddle	M60	(20/20)	M65	Elswick Harriers	00:27:16	157	00:27:23	EN
157	140	Andrew Hall	M50	(48/49)	M50	Unattached	00:27:15	156	00:27:24	
158	35	Lisa Form	F50	(18/21)	F50	Washington Running Club	00:27:33	158	00:27:45	
159	20	Maxine Cottam	F50	(19/21)	F50	Elswick Harriers	00:28:11	159	00:28:24	EN
160	39	Heather Gould	F60	(4/4)	F60	North Shields Poly AC	00:28:58	160	00:29:07	EN
161	10	Yvonne Blewitt	F50	(20/21)	F55	Aycliffe Running Club	00:29:16	161	00:29:26	
162	54	Janette Kilgour	F70	(1/1)	F70	Heaton Harriers	00:31:59	162	00:32:09	EMN
163	180	Ian Stothard	M50	(49/49)	M50	Aycliffe Running Club	00:33:43	163	00:33:54	
164	173	George Routledge	M70	(1/1)	M75	Heaton Harriers	00:35:12	164	00:35:26	EMN
165	209	Heidi Ure	F50	(21/21)	F50	Sunderland Harriers	00:35:55	165	00:36:07	

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Sunderland 5k (Race 2) - All Men under 50  
20th July 2023

Pos	Num	Name	Cat	Cat/Pos	Cat2	Club	ChipTime	ChipPos	GunTime	Tag
1	293	Dan Dixon	MS	(1/117)	MS	Morpeth Harriers & AC	00:14:35	1	00:14:35	EN
2	289	William De Vere Owen	MS	(2/117)	MS	Morpeth Harriers & AC	00:14:50	2	00:14:52	EN
3	279	Chris Coulson	MS	(3/117)	MS	Houghton Harriers	00:14:52	3	00:14:52	EN
4	320	Sam Hancox	MS	(4/117)	MS	Morpeth Harriers & AC	00:14:53	4	00:14:53	EN
5	366	Jarlath McKenna	M40	(1/68)	M40	Tyne Bridge Harriers	00:14:54	5	00:14:54	EMN
6	441	Joseph Wilson	MS	(5/117)	MS	North East Project	00:14:54	6	00:14:54	EN
7	411	Peter Smallcombe	MS	(6/117)	MS	Morpeth Harriers & AC	00:14:56	7	00:14:57	EN
8	486	Will Cork	MS	(7/117)	MS	Morpeth Harriers & AC	00:14:58	8	00:14:59	EN
9	283	Max Creasey	MS	(8/117)	MS	Middlesbrough Mandale AC	00:14:59	9	00:14:59	EN
10	297	Oliver Donkin	MS	(9/117)	MS	Barton & District AC	00:14:59	10	00:15:00	EN
11	465	Liam Taylor	MS	(10/117)	M35	Sunderland Harriers	00:15:04	11	00:15:04	EN
12	447	Adrian Bailes	MS	(11/117)	MS	Birtley AC	00:15:06	13	00:15:06	EN
13	343	Gregory Jayasuriya	MS	(12/117)	M35	Middlesbrough & Cleveland	00:15:05	12	00:15:06	EN
14	476	Stephen Jackson	M40	(2/68)	M40	Sunderland Harriers	00:15:07	14	00:15:08	EMN
15	352	Lewis Liddle	MS	(13/117)	MS	Gateshead Harriers	00:15:20	15	00:15:20	EN
16	299	Alistair Douglass	MS	(14/117)	MS	Morpeth Harriers & AC	00:15:22	16	00:15:24	EN
17	400	Liam Roche	MS	(15/117)	MS	Morpeth Harriers & AC	00:15:24	17	00:15:25	EN
18	270	Silas Christie	MS	(16/117)	MS	Gosforth Harriers	00:15:28	18	00:15:29	EN
19	382	Daniel O'Boyle	MS	(17/117)	M35	Durham City Harriers	00:15:31	19	00:15:33	EN
20	398	Dave Richardson	MS	(18/117)	M35	Gateshead Harriers	00:15:33	20	00:15:34	EN
21	337	Duncan Hughes	MS	(19/117)	MS	Blackhill Bounders	00:15:34	21	00:15:35	EN
22	351	James Largey	MS	(20/117)	MS	North East Project	00:15:37	22	00:15:38	EN
23	284	James Cripwell	MS	(21/117)	MS	Gateshead Harriers	00:15:40	24	00:15:41	EN
24	380	James Nettleton	MS	(22/117)	M35	Unattached	00:15:39	23	00:15:42	
25	418	Thomas Sursham	MS	(23/117)	MS	Wallsend Harriers	00:15:40	26	00:15:42	EN
26	252	James Anderson	M40	(3/68)	M40	North Shields Poly AC	00:15:40	25	00:15:42	EN
27	394	Thomas Prentice	MS	(24/117)	MS	Morpeth Harriers & AC	00:15:42	27	00:15:43	EN
28	474	Steven Rankin	MS	(25/117)	MS	Sunderland Harriers	00:15:44	28	00:15:45	EN
29	414	Ben Sproats	MS	(26/117)	MS	North Shields Poly AC	00:15:45	29	00:15:46	EN
30	464	Adam Hughes	MS	(27/117)	MS	Sunderland Harriers	00:15:47	30	00:15:48	EN
31	327	Andrew Heppell	M40	(4/68)	M45	Gosforth Harriers	00:15:47	31	00:15:49	EMN
32	325	Louis Head	MS	(28/117)	MS	Heaton Harriers	00:15:49	32	00:15:50	EN
33	298	Jack Douglas	MS	(29/117)	MS	Gateshead Harriers	00:15:49	33	00:15:51	EN
34	339	Liviu Ionita	MS	(30/117)	MS	Darlington Harriers & AC	00:15:52	34	00:15:54	EN
35	258	Alex Black	MS	(31/117)	MS	North Shields Poly AC	00:15:58	35	00:16:00	EN
36	261	Connor Braithwaite	MS	(32/117)	MS	Tyne Bridge Harriers	00:15:59	36	00:16:00	EN
37	255	Kris Axon	MS	(33/117)	MS	Wallsend Harriers	00:16:00	37	00:16:01	EN
38	347	Elliot Kelso	MS	(34/117)	MS	Morpeth Harriers & AC	00:16:02	39	00:16:03	EN
39	349	Eddie Knight	MS	(35/117)	MS	Heaton Harriers	00:16:00	38	00:16:03	EN
40	335	Matthew Hornsby	M40	(5/68)	M40	Durham City Harriers	00:16:04	40	00:16:05	EN
41	344	Craig Jones	MS	(36/117)	M35	Tyne Bridge Harriers	00:16:08	41	00:16:08	EN
42	488	Liam Walshaw	MS	(37/117)	MS	Sunderland Harriers	00:16:13	42	00:16:14	
43	328	David Heslop	M40	(6/68)	M40	Hartlepool Burn Road Harr	00:16:15	43	00:16:18	EMN
44	256	Aaron Bark	MS	(38/117)	MS	Unattached	00:16:19	44	00:16:21	
45	443	Sam Wood	MS	(39/117)	MS	Tyne Bridge Harriers	00:16:20	45	00:16:23	EN
46	266	Andy Burn	M40	(7/68)	M40	Jarrow & Hebburn AC	00:16:22	47	00:16:24	EMN
47	361	Mitchell Marshall	MS	(40/117)	MS	Durham City Harriers	00:16:21	46	00:16:24	EN
48	340	Sam Jackson	MS	(41/117)	MS	Elvet Striders	00:16:23	48	00:16:25	EN
49	331	Alex Hird	MS	(42/117)	MS	Crook & District AC	00:16:23	49	00:16:26	
50	425	Lee Thompson	MS	(43/117)	M35	Crook & District AC	00:16:25	50	00:16:27	
51	372	Matthew Moran	MS	(44/117)	MS	North Shields Poly AC	00:16:26	51	00:16:29	EN
52	393	Bryan Potts	MS	(45/117)	M35	Elvet Striders	00:16:27	53	00:16:30	EMN
53	412	Adam Smith	MS	(46/117)	MS	North Shields Poly AC	00:16:27	52	00:16:30	EN
54	267	John Butters	M40	(8/68)	M45	Morpeth Harriers & AC	00:16:31	55	00:16:33	EMN
55	333	Robert Holt	M40	(9/68)	M40	Ponteland Runners	00:16:30	54	00:16:33	
56	306	John Firby	MS	(47/117)	MS	Aycliffe Running Club	00:16:35	57	00:16:37	E
57	472	Alex Seed	MS	(48/117)	MS	Sunderland Harriers	00:16:36	58	00:16:40	EN
58	310	Louis Gardner	MS	(49/117)	MS	Jesmond Joggers	00:16:37	59	00:16:40	
59	362	Shaun Marshall	MS	(50/117)	MS	Darlington Harriers & AC	00:16:37	60	00:16:41	EN
60	290	Lee Dickens	MS	(51/117)	M35	South Shields Harriers	00:16:34	56	00:16:43	EN
61	368	Rudy McLeod	MS	(52/117)	M35	Alnwick Harriers	00:16:43	61	00:16:45	EN
62	461	Jonathan Collins	MS	(53/117)	MS	Sunderland Harriers	00:16:43	62	00:16:46	EN

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63	460	Michael Rodenby	MS	(54/117)	M35	Sunderland Harriers	00:16:48	63	00:16:51	EN
64	406	Jack Shawcross	MS	(55/117)	MS	Heaton Harriers	00:16:49	64	00:16:52	EN
65	404	Phil Sharpe	MS	(56/117)	MS	North East Project	00:16:49	65	00:16:53	EN
66	350	Gareth Kyle	MS	(57/117)	MS	Darlington Harriers & AC	00:16:51	66	00:16:53	EN
67	424	Robert Teasdale	MS	(58/117)	M35	Crook & District AC	00:16:51	67	00:16:54	
68	275	Joseph Cook	MS	(59/117)	MS	Leeds City AC	00:16:55	68	00:17:00	EN
69	364	Rory McConnachy	M40	(10/68)	M40	North Shields Poly AC	00:16:56	69	00:17:00	EN
70	269	John Carr	MS	(60/117)	MS	Tyne Bridge Harriers	00:17:00	70	00:17:03	EN
71	334	Steven Horn	M40	(11/68)	M45	Elswick Harriers	00:17:02	73	00:17:04	EN
72	338	Keith Hutchinson	M40	(12/68)	M40	Hartlepool Burn Road Harr	00:17:04	74	00:17:04	EMN
73	264	Ben Brunton	MS	(61/117)	MS	Tynedale Harriers	00:17:01	71	00:17:04	EN
74	315	James Gray	MS	(62/117)	MS	Blaydon Harriers	00:17:01	72	00:17:06	EN
75	355	Michael Littlewood	M40	(13/68)	M45	Elvet Striders	00:17:04	76	00:17:06	EMN
76	415	Matt Steanson	MS	(63/117)	MS	Heaton Harriers	00:17:04	75	00:17:08	EN
77	329	James Hill	MS	(64/117)	MS	Wallsend Harriers	00:17:05	77	00:17:08	EN
78	413	Daniel Spoor	MS	(65/117)	MS	Elswick Harriers	00:17:09	84	00:17:11	EN
79	427	Mark Toward	MS	(66/117)	MS	Tyne Bridge Harriers	00:17:06	78	00:17:11	EN
80	281	Mark Covell	M40	(14/68)	M40	Wallsend Harriers	00:17:08	82	00:17:11	EN
81	260	Scott Brady	MS	(67/117)	M35	Elswick Harriers	00:17:08	79	00:17:12	EMN
82	314	Martin Graham	MS	(68/117)	M35	Blaydon Harriers	00:17:08	81	00:17:13	EN
83	318	S Hamil	M40	(15/68)	M45	Durham City Harriers	00:17:10	85	00:17:13	EMN
84	307	Andrew Forbes	M40	(16/68)	M40	Sunderland Strollers	00:17:08	80	00:17:14	
85	375	Simon Mowbray	M40	(17/68)	M40	Wearside Triathlon Club	00:17:10	87	00:17:14	M
86	402	Chris Scott	M40	(18/68)	M40	North Shields Poly AC	00:17:08	83	00:17:14	EMN
87	469	Joe Willis	MS	(69/117)	MS	Sunderland Harriers	00:17:10	86	00:17:14	EN
88	482	Sam Thurlbeck	M40	(19/68)	M40	Sunderland Harriers	00:17:12	88	00:17:16	EMN
89	295	James Dixon	M40	(20/68)	M40	Morpeth Harriers & AC	00:17:14	89	00:17:23	EN
90	369	Sean Mennim	MS	(70/117)	MS	Elswick Harriers	00:17:21	92	00:17:23	EN
91	384	Owen Ovens	MS	(71/117)	MS	Darlington Harriers & AC	00:17:20	91	00:17:23	EN
92	401	Cian Rynne	MS	(72/117)	MS	Durham City Harriers	00:17:20	90	00:17:24	EN
93	305	Hugh Fenwick	MS	(73/117)	MS	Wallsend Harriers	00:17:22	95	00:17:25	EN
94	263	Jake Brown	MS	(74/117)	MS	Darlington Harriers & AC	00:17:21	93	00:17:26	EN
95	321	Michael Harcourt	MS	(75/117)	M35	Darlington Harriers & AC	00:17:25	96	00:17:27	EMN
96	473	Chris Bell	MS	(76/117)	MS	Sunderland Harriers	00:17:22	94	00:17:28	EN
97	409	Nigel Simpson	M40	(21/68)	M45	Birtley AC	00:17:26	97	00:17:30	EMN
98	428	Matthew Turnbull	M40	(22/68)	M40	Stockfield Striders	00:17:30	99	00:17:34	
99	356	Alastair Locke	M40	(23/68)	M40	Low Fell Running Club	00:17:29	98	00:17:34	
100	301	Gavin Duke	M40	(24/68)	M45	North Shields Poly AC	00:17:31	100	00:17:35	EN
101	317	Kirk Haddon	M40	(25/68)	M40	Gosforth Harriers	00:17:32	101	00:17:37	EMN
102	285	Lee Cuthbertson	MS	(77/117)	MS	Morpeth Harriers & AC	00:17:34	102	00:17:38	EN
103	462	Daniel Sutcliffe	MS	(78/117)	MS	Sunderland Harriers	00:17:36	103	00:17:41	EN
104	371	Jake Moir	MS	(79/117)	MS	Tyne Bridge Harriers	00:17:39	104	00:17:43	EN
105	377	Gavin Mulvaney	M40	(26/68)	M45	South Shields Harriers	00:17:40	105	00:17:45	EMN
106	312	Iain Gibson	M40	(27/68)	M40	Elvet Striders	00:17:44	107	00:17:48	EMN
107	373	Robert Morris	MS	(80/117)	MS	Blyth Running Club	00:17:42	106	00:17:49	EN
108	434	Paul Waller	MS	(81/117)	M35	Gateshead Harriers	00:17:45	108	00:17:51	EN
109	319	Ian Hall	MS	(82/117)	M35	Wallsend Harriers	00:17:48	109	00:17:51	EN
110	304	Sam Etherington	MS	(83/117)	MS	Crook & District AC	00:17:49	111	00:17:54	
111	468	Cameron Lawton	MS	(84/117)	MS	Sunderland Harriers	00:17:55	116	00:17:55	EN
112	282	David Cowell	M40	(28/68)	M45	Elvet Striders	00:17:48	110	00:17:55	EN
113	423	Jack Taylor-Burns	MS	(85/117)	MS	North Shields Poly AC	00:17:50	112	00:17:55	EN
114	348	Joe Kirtley	MS	(86/117)	MS	Jesmond Joggers	00:17:51	114	00:17:56	
115	259	Jonathan Boxshall	M40	(29/68)	M45	North Shields Poly AC	00:17:50	113	00:17:56	EN
116	471	Robert King	MS	(87/117)	MS	Sunderland Harriers	00:17:52	115	00:17:59	EN
117	417	John Sturman	M40	(30/68)	M45	Heaton Harriers	00:17:59	118	00:18:02	EMN
118	483	Mark Head	M40	(31/68)	M45	Sunderland Harriers	00:17:58	117	00:18:04	EN
119	391	Jorge PintoFernandes	M40	(32/68)	M40	Jesmond Joggers	00:18:03	120	00:18:07	
120	387	Christopher Parkin	MS	(88/117)	M35	Gateshead Harriers	00:18:01	119	00:18:07	EN
121	322	Adam Harker	MS	(89/117)	M35	Darlington Harriers & AC	00:18:06	123	00:18:10	EMN
122	253	Bryan Ankers	MS	(90/117)	M35	Heaton Harriers	00:18:06	122	00:18:12	EN
123	438	Gary Weir	M40	(33/68)	M45	Blyth Running Club	00:18:05	121	00:18:12	EN
124	478	Scott Crawford	M40	(34/68)	M40	Sunderland Harriers	00:18:11	124	00:18:19	EN
125	479	Chris Jackson	M40	(35/68)	M40	Sunderland Harriers	00:18:11	125	00:18:20	EN

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126	440	Andrew Wigmore	M40	(36/68)	M40	Wallsend Harriers	00:18:12	126	00:18:21	EN
127	436	Ben Ward	MS	(91/117)	MS	Gosforth Harriers	00:18:19	128	00:18:24	EN
128	291	Matthew Diment	MS	(92/117)	M35	North Shields Poly AC	00:18:18	127	00:18:24	EN
129	431	Martin Varey	M40	(37/68)	M45	Border Harriers	00:18:20	129	00:18:25	EN
130	358	Henry Madden	MS	(93/117)	M35	Blyth Running Club	00:18:20	130	00:18:28	EMN
131	467	Kevin Johnson	MS	(94/117)	MS	Sunderland Harriers	00:18:25	131	00:18:31	EN
132	273	Richard Conder	M40	(38/68)	M40	Low Fell Running Club	00:18:30	133	00:18:36	
133	278	Alan Cooney	M40	(39/68)	M40	Sunderland Strollers	00:18:30	132	00:18:37	
134	268	Dan Calvert	MS	(95/117)	MS	North Shields Poly AC	00:18:32	134	00:18:39	EN
135	324	Dominic Harris	MS	(96/117)	M35	Unattached	00:18:36	136	00:18:42	
136	292	David Diston	MS	(97/117)	M35	Wallsend Harriers	00:18:35	135	00:18:44	EN
137	470	Chris Newby	MS	(98/117)	MS	Sunderland Harriers	00:18:41	137	00:18:49	EN
138	370	Craig Miles	MS	(99/117)	M35	North East Project	00:18:43	138	00:18:50	EN
139	311	Chris George	M40	(40/68)	M45	Heaton Harriers	00:18:44	139	00:18:50	EN
140	336	Richard Houghton	M40	(41/68)	M40	Elswick Harriers	00:18:48	142	00:18:53	EMN
141	481	Andrew Hughes	M40	(42/68)	M40	Sunderland Harriers	00:18:47	140	00:18:53	EMN
142	367	Nicholas McKnight	M40	(43/68)	M40	Sunderland Strollers	00:18:47	141	00:18:54	
143	354	Lewis Littlewood	MS	(100/117)	MS	Durham City Harriers	00:18:53	145	00:18:58	EN
144	381	Paul Norvell	M40	(44/68)	M40	Blyth Running Club	00:18:51	143	00:18:59	EMN
145	274	Benjamin Cook	MS	(101/117)	MS	Heaton Harriers	00:18:52	144	00:19:00	EN
146	383	James O'Connell Nash	MS	(102/117)	MS	Durham City Harriers	00:18:56	146	00:19:01	EN
147	302	Joseph Dungworth	MS	(103/117)	MS	Blyth Running Club	00:18:58	147	00:19:05	EN
148	272	John Collins	M40	(45/68)	M45	Unattached	00:18:59	148	00:19:06	
149	439	Brad Wight	M40	(46/68)	M40	Crook & District AC	00:19:14	149	00:19:22	M
150	287	Iain Dalby	MS	(104/117)	M35	South Shields Harriers	00:19:16	150	00:19:24	EMN
151	396	Ben Rea	M40	(47/68)	M45	Tyne Bridge Harriers	00:19:19	151	00:19:28	EN
152	420	Alex Tang	MS	(105/117)	MS	North Shields Poly AC	00:19:22	152	00:19:30	EN
153	422	Paul Taylor	M40	(48/68)	M40	Elswick Harriers	00:19:30	153	00:19:37	EMN
154	405	Robert Sharratt	M40	(49/68)	M40	Blyth Running Club	00:19:34	154	00:19:43	EMN
155	164	John Nash	M50	(1/1)	M50	Durham City Harriers	00:19:36	155	00:19:44	EN
156	392	Mark Poole	MS	(106/117)	M35	North East Project	00:19:42	156	00:19:49	EN
157	280	Lee Coulson	M40	(50/68)	M45	Elswick Harriers	00:19:44	157	00:19:51	EMN
158	389	Simon Pickering	MS	(107/117)	M35	Crook & District AC	00:19:48	158	00:19:56	
159	435	Peter Wallis	M40	(51/68)	M45	North Shields Poly AC	00:19:59	159	00:20:09	EN
160	262	Matthew Brimm	M40	(52/68)	M45	Crook & District AC	00:20:11	163	00:20:19	
161	487	No entry forms	MS	(108/117)	MS	Unattached	00:20:10	160	00:20:19	
162	390	Chris Pickersgill	MS	(109/117)	M35	Sunderland Strollers	00:20:11	161	00:20:20	
163	437	Darren Watson	M40	(53/68)	M45	South Shields Harriers	00:20:11	162	00:20:20	EMN
164	316	Matthew Gwilym	M40	(54/68)	M40	Durham City Harriers	00:20:11	164	00:20:21	EN
165	444	Paul Wright	M40	(55/68)	M40	North Shields Poly AC	00:20:21	165	00:20:30	EN
166	341	Simon Jamison	M40	(56/68)	M45	North Shields Poly AC	00:20:31	166	00:20:38	EMN
167	346	Will Keay	MS	(110/117)	MS	Unattached	00:20:37	167	00:20:46	
168	399	Michael Robson	M40	(57/68)	M40	Washington Running Club	00:20:38	168	00:20:48	
169	426	Gavin Thompson	M40	(58/68)	M45	Tyne Bridge Harriers	00:20:44	169	00:20:54	EN
170	326	Andrew Heavyside	M40	(59/68)	M45	Crook & District AC	00:20:51	170	00:20:58	
171	296	Alex Docherty	MS	(111/117)	M35	Houghton Harriers	00:21:04	171	00:21:15	EN
172	286	Anthony Daghish	MS	(112/117)	M35	Heaton Harriers	00:21:21	172	00:21:32	EN
173	308	Steven French	M40	(60/68)	M45	Blyth Running Club	00:21:26	173	00:21:35	EMN
174	403	Andrew Sears	MS	(113/117)	M35	Unattached	00:21:34	174	00:21:45	
175	309	Angelo Gabriele	M40	(61/68)	M40	Tyne Bridge Harriers	00:21:37	175	00:21:47	EN
176	475	Jack Reveley	MS	(114/117)	MS	Sunderland Harriers	00:21:41	176	00:21:50	EN
177	359	Charlie Marsh	MS	(115/117)	MS	Tyne Bridge Harriers	00:22:02	177	00:22:13	EN
178	378	Frankie Naughton	M40	(62/68)	M40	Gateshead Harriers	00:22:11	178	00:22:20	EN
179	463	Dillon Revell	MS	(116/117)	MS	Sunderland Harriers	00:22:20	179	00:22:29	EN
180	388	Stuart Paul	M40	(63/68)	M45	Sunderland Strollers	00:22:30	180	00:22:41	
181	429	Jeff Tweedy	M40	(64/68)	M40	Sunderland Strollers	00:22:48	181	00:22:59	
182	484	David Hughes	M40	(65/68)	M45	Sunderland Harriers	00:23:08	182	00:23:20	EMN
183	386	Michael Parkin	MS	(117/117)	MS	Jarrow & Hebburn AC	00:23:55	183	00:24:06	EN
184	271	Robert Clark	M40	(66/68)	M40	Unattached	00:24:23	184	00:24:35	
185	397	Keith Rhowbotham	M40	(67/68)	M40	Sunderland Strollers	00:24:35	185	00:24:46	
186	202	Alan Chapman	M60	(1/1)	M60	Sunderland Harriers	00:25:06	186	00:25:17	EN
187	416	Marc Stubbs	M40	(68/68)	M40	Sunderland Strollers	00:25:42	187	00:25:53	

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