

Northern Athletics Road Relays at Birkenhead Park on Sunday 24th September 2023

- Senior Women Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Lauren Heyes	Hallamshi.	16:13	35	Emma Parkinson	Rotherham. B	19:26
2	Emily Kearney	WarriorsP. A	16:26	36	Emma Finney	SaleHarri. B	19:34
3	Heather Townsend	LeedsCity. A	16:30	37	Sarah Thomas	BuryAC. B	19:35
4	Anna Bracegirdle	SalfordHa. A	16:42	38	Niamh Gallagher	Lpool Har. C	19:43
5	Rebecca Flaherty	BingleyHa.	17:01	39	Annemarie Hindle	Rossendal.	19:43
6	Oliviagrace Mason	BorderHar. A	17:07	40	Andrea Bond	PennyLane. A	19:48
7	Katy Wood	CityOfYor.	17:08	41	Sherene Wilshere	CityOfHul.	19:58
8	Lucy Armitage	SaleHarri. A	17:12	42	Rachael Fairclough	StHelensS. A	20:01
9	S Dufourjackson	ValeRoyal. A	17:13	43	Molly Roberts	ValeRoyal. C	20:12
10	Jade Morgan	Lpool Har. A	17:21	44	Zoe Storr	TraffordA.	20:13
11	Becky Penty	YorkKnave. A	17:29	45	Lindsey Brindle	HorwichRM.	20:14
12	Abbey Brooke	Wakefield.	17:45	46	Jessica Haney	CheshireD.	20:14
13	Leila Armoush	LeedsCity. B	17:49	47	Nadine Weeks	UtsRC. A	20:18
14	Ruby Sykes	Holmfirth.	17:57	48	Juliet Smith	RochdaleH.	20:43
15	Gabrielle Phelan	WirralAc. A	17:58	49	Rebecca Burke	Lpool RC.	20:46
16	Caroline Brock	SteelCity.	18:00	50	Leah Hoole	Blackburn. B	21:05
17	Rosie Woodhams	KendalAma.	18:02	51	Esther Illman	BorderHar. B	21:13
18	Mya Taylor	Rotherham. A	18:06	52	Jayne Barlow	Wigan&Dis. B	21:22
19	Hannah Lucas	BuryAC. A	18:07	53	Aliesha Smith	EastChesh. B	21:25
20	Lucy Fairclough	StHelens.	18:12	54	Ruth Mccaul	WarriorsP. B	21:39
21	Niamh Donnelly	Lpool Har. B	18:27	55	Bree Sutcliffe	WirralAc. B	21:46
22	Chloe Leather	Lpool P&S. A	18:29	56	Sarah Osullivan	Keighley&.	21:58
23	Grace Roberts	ValeRoyal. B	18:32	57	Fiona Allen	UtsRC. B	22:03
24	Nicola Mason	SalfordHa. C	18:45	58	Clare Mallon	WestChesh.	22:05
25	Serena Walker	Wigan&Dis. A	18:57	59	Lynzie Fleming	UtsRC. C	22:08
26	Maria Cook	Skelmersd. A	18:59	60	Kathleen Cowdray	WallaseyA. B	22:18
27	Emily Russell	SalfordHa. B	19:01	61	Annmarie Riley	PennyLane. B	22:39
28	Rebecca Blacklock	WallaseyA. A	19:01	62	Helen Stansfield	WallaseyA. C	22:57
29	Rebecca Blain	TyneBridg.	19:06	63	Kirstie Mccaffrey	StHelensS. B	23:38
30	Nicola Moynihan	Clayton-l.	19:07	64	Lucy Mckenna	Wigan&Dis. C	23:39
31	Nicola Sutton	PrestonHa. A	19:16	65	Rebecca Baker	UtsRC. D	24:50
32	Kate Thompson	YorkKnave. B	19:20	66	Katie Green	Wigan&Dis. D	25:10
33	Louisa Powellsmith	Blackburn. A	19:23	67	Sian Guy	Lpool Har. D	25:38
34	Hayley Simpson	EastChesh. A	19:24	68	Janet Nichols	Wigan&Dis. E	27:24

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- Senior Women Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain					
1	Eleanor Curran	LeedsCity. A	17:11	33:41+	2	41	Lauren Waddington	PrestonHa. A	21:45	41:01- 10
2	T Brockleylangford	SalfordHa. A	17:28	34:10+	2	42	Sarah Flett	BuryAC. B	21:30	41:05- 5
3	Abigail Howarth	ValeRoyal. A	17:26	34:39+	6	43	Elizabeth Evans	YorkKnave. B	22:07	41:27- 11
4	Catherine Allen	Hallamshi.	18:54	35:07-	3	44	Carolyn Millican	BorderHar. B	20:58	42:11+ 7
5	Rachael Burns	Lpool Har. A	17:50	35:11+	5	45	Jayne Collins	Wigan&Dis. B	21:41	43:03+ 7
6	Jessica Nugent	SaleHarri. A	18:21	35:33+	2	46	Claire Harris	WestChesh.	21:08	43:13+ 12
7	Sarah Flaherty	BingleyHa.	18:36	35:37-	2	47	Jennifer Ransome	RochdaleH.	22:52	43:35+ 1
8	Natasha Hatswell	Rotherham. A	17:53	35:59+	10	48	Sarah Bradley	PennyLane. B	21:14	43:53+ 13
9	Rhiannon Douglas	BorderHar. A	19:02	36:09-	3	49	Louise Cooper	UtsRC. B	21:54	43:57+ 8
10	Laura Baker	WarriorsP. A	20:00	36:26-	8	50	Gemma Stokes	HorwichRM.	23:51	44:05- 5
11	Helena Croft	Holmfirth.	18:31	36:28+	3	51	Sharon Goldrick	WirralAc. B	22:27	44:13+ 4
12	J Robertsondover	CityOfYor.	19:43	36:51-	5	52	Angela Oldham	EastChesh. B	22:52	44:17+ 1
13	Ellie Bushill	ValeRoyal. B	18:26	36:58+	10	53	Barbara Ford	WarriorsP. B	22:42	44:21+ 1
14	Hannah Mainprize	SteelCity.	19:04	37:04+	2	54	Erin Dabner	WallaseyA. B	22:36	44:54+ 6
15	Rachel Marshall	BuryAC. A	19:02	37:09+	4	55	Deborah Hurst	Rossendal.	25:22	45:05- 16
16	Hannah Morrison	YorkKnave. A	19:42	37:11-	5	56	Melanie Monks	TraffordA.	25:11	45:24- 12
17	Lucy Clitheroe	StHelens.	19:08	37:20+	3	57	Joanne Edwards	CheshireD.	25:24	45:38- 11
18	Lara Crawford	SalfordHa. B	18:19	37:20+	9	58	Cherryl Orrick	StHelensS. A	25:51	45:52- 16
19	Isabel Holt	Blackburn. A	18:00	37:23+	14	59	Bal Johnson	UtsRC. C	23:49	45:57 0
20	Whitney Larkin	LeedsCity. B	19:41	37:30-	7	60	Naomi Tomlinson	Wigan&Dis. C	23:11	46:50+ 4
21	Helen Beck	Wakefield.	19:50	37:35-	9	61	Brenda Cahill	StHelensS. B	24:15	47:53+ 2
22	Debra Crook	Lpool P&S. A	19:12	37:41	0	62	Jennifer Bowen	Wigan&Dis. D	24:00	49:10+ 4
23	Sarah Phelan	WirralAc. A	19:45	37:43-	8	63	Zoe Crisp	WallaseyA. C	26:20	49:17- 1
24	Sarah Carroll	SalfordHa. C	19:05	37:50	0	64	Becki Wilson	UtsRC. D	29:17	54:07+ 1
25	Sasha Ryan	Lpool Har. B	19:36	38:03-	4	65	Christina King	Wigan&Dis. E	27:02	54:26+ 3
26	Katielouise Kay	EastChesh. A	18:54	38:18+	8	66	Megan Ball	Lpool RC.	42:38	1:03:24- 17
27	Alice Alcock	Wigan&Dis. A	19:27	38:24-	2	Fastest runners over stage 2:				
28	Hannah Stewart	TyneBridg.	19:22	38:28+	1	1	Eleanor Curran	LeedsCity. A	17:11	
29	Helana White	Clayton-l.	20:23	39:30+	1	2	Abigail Howarth	ValeRoyal. A	17:26	
30	Hollie Carrington	ValeRoyal. C	19:24	39:36+	13	3	T Brockleylangford	SalfordHa. A	17:28	
31	Grace Tobin	Lpool Har. C	20:19	40:02+	7	4	Rachael Burns	Lpool Har. A	17:50	
32	Amy Wilkin	KendalAma.	22:01	40:03-	15	5	Natasha Hatswell	Rotherham. A	17:53	
33	Victoria Gilbody	Skelmersd. A	21:18	40:17-	7	6	Isabel Holt	Blackburn. A	18:00	
34	Jo Irvin	UtsRC. A	20:09	40:27+	13	7	Lara Crawford	SalfordHa. B	18:19	
35	Elaine Opara	WallaseyA. A	21:29	40:30-	7	8	Jessica Nugent	SaleHarri. A	18:21	
36	Nicole Norton	Rotherham. B	21:09	40:35-	1	9	Ellie Bushill	ValeRoyal. B	18:26	
37	Sarah Goulden	SaleHarri. B	21:05	40:39-	1	10	Helena Croft	Holmfirth.	18:31	
38	Isabel Davison	CityOfHul.	20:45	40:43+	3					
39	Eleesha Charnley	Blackburn. B	19:47	40:52+	11					
40	Kathryn Bradley	PennyLane. A	21:05	40:53	0					

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- Senior Women Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Camilla Mcknespiey	LeedsCity. A	16:56	50:37	0	39	V Rankin	BorderHar. B	20:12	1:02:23+	5
2	Helen Smith	SalfordHa. A	17:37	51:47	0	40	TracyBerry	Lpool P&S. A	25:46	1:03:27-	18
3	Kate Moulds	ValeRoyal. A	18:04	52:43	0	41	Emelia Smith	Lpool Har. C	23:47	1:03:49-	10
4	S Wigfieldturner	Hallamshi.	17:48	52:55	0	42	Emily Mills	UtsRC. B	21:12	1:05:09+	7
5	Ella Taylor	SaleHarri. A	17:47	53:20+	1	43	Lauren Dimmack	YorkKnave. B	24:02	1:05:29	0
6	Sarah Howard	Lpool Har. A	18:35	53:46-	1	44	Lisa Heyes	Wigan&Dis. B	22:27	1:05:30+	1
7	Zara Knappy	Rotherham. A	17:58	53:57+	1	45	MillyLever	HorwichRM.	21:38	1:05:43+	5
8	Yasmin Small	BingleyHa.	18:55	54:32-	1	46	Joanne Cleaver	Rossendal.	20:41	1:05:46+	9
9	Sarah Murphy	ValeRoyal. B	18:12	55:10+	4	47	Bethany Mcmanus	EastChesh. B	22:17	1:06:34+	5
10	Katrina Ballantyne	LeedsCity. B	17:49	55:19+	10	48	Ellen McMahon	WestChesh.	24:11	1:07:24-	2
11	Fiona Todd	BorderHar. A	19:40	55:49-	2	49	Susan Reynolds	WallaseyA. B	23:04	1:07:58+	5
12	Laura Lombard	SalfordHa. B	18:30	55:50+	6	50	Danielle Dignan	RochdaleH.	24:37	1:08:12-	3
13	Eleanor Carney	WarriorsP. A	19:44	56:10-	3	51	TracyDover	CheshireD.	22:48	1:08:26+	6
14	C Leaverhewitt	Holmfirth.	19:55	56:23-	3	52	Jennifer Martin	StHelensS. A	23:18	1:09:10+	6
15	Evie Taylor	Blackburn. A	19:24	56:47+	4	53	Anne Rosbottom	WirralAc. B	25:04	1:09:17-	2
16	Nicola Ryan	BuryAC. A	19:51	57:00-	1	54	Emma Bibby	WarriorsP. B	25:06	1:09:27-	1
17	Holly Love	Lpool Har. B	19:16	57:19+	8	55	Rachel Lawton	Wigan&Dis. C	24:14	1:11:04+	5
18	Zoe Thompson	TyneBridg.	19:25	57:53+	10	56	Joanne Porteous	UtsRC. C	25:32	1:11:29+	3
19	Kathryn Liddiard	SteelCity.	20:52	57:56-	5	57	Emma Collings	StHelensS. B	23:44	1:11:37+	4
20	Paige Watson	Wakefield.	20:26	58:01+	1	58	Wendy Osborne	PennyLane. B	28:42	1:12:35-	10
21	Rachel Sidebotham	Wigan&Dis. A	19:41	58:05+	6	59	Rebecca Wadeson	Skelmersd. A	32:29	1:12:46-	26
22	Sarah Birkett	StHelens.	20:49	58:09-	5	60	Sue Exon	TraffordA.	28:51	1:14:15-	4
23	Imogen Gush	EastChesh. A	20:05	58:23+	3	61	Ella Heyes	Wigan&Dis. D	26:34	1:15:44+	1
24	Melanie Ellwood	YorkKnave. A	21:30	58:41-	8	62	Alison Macdonald	UtsRC. D	23:32	1:17:39+	2
25	Helen Kini	WirralAc. A	21:22	59:05-	2	63	Susie Cosgrove	WallaseyA. C	28:37	1:17:54	0
26	Briony Holt	Clayton-l.	19:59	59:29+	3	64	Laura Owens	Lpool RC.	24:08	1:27:32+	2
27	Karen Wood	CityOfYor.	23:12	1:00:03-	15	Fastest runners over stage 3:					
28	Julia Hartley	ValeRoyal. C	20:39	1:00:15+	2	1	Camilla Mcknespiey	LeedsCity. A	16:56		
29	Keira Haxton	Blackburn. B	19:39	1:00:31+	10	2	Helen Smith	SalfordHa. A	17:37		
30	Lucy Cooke	SaleHarri. B	19:59	1:00:38+	7	3	Ella Taylor	SaleHarri. A	17:47		
31	Lenka Vidamour	PennyLane. A	20:35	1:01:28+	9	4	S Wigfieldturner	Hallamshi.	17:48		
32	Jan Mcard	WallaseyA. A	21:08	1:01:38+	3	5	Katrina Ballantyne	LeedsCity. B	17:49		
33	Fiona Lynch	BuryAC. B	20:40	1:01:45+	9	6	Zara Knappy	Rotherham. A	17:58		
34	Yvie Ryan	UtsRC. A	21:23	1:01:50	0	7	Kate Moulds	ValeRoyal. A	18:04		
35	Christie Byrne	KendalAma.	21:55	1:01:58-	3	8	Sarah Murphy	ValeRoyal. B	18:12		
36	Naomi Clegg	Rotherham. B	21:25	1:02:00	0	9	Laura Lombard	SalfordHa. B	18:30		
37	K Littlefair	PrestonHa. A	21:00	1:02:01+	4	10	Sarah Howard	Lpool Har. A	18:35		
38	Sophie Lee	CityOfHul.	21:27	1:02:10	0						

Northern Athletics Road Relays at Birkenhead Park on Sunday 24th September 2023

- Senior Women Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Georgia Malir	LeedsCity. A	16:55	1:07:32	0
2	Holly Weedall	ValeRoyal. A	16:31	1:09:14+	1
3	Samantha Mason	SalfordHa. A	17:56	1:09:43-	1
4	Nicola Squires	Hallamshi.	18:31	1:11:26	0
5	Sophie Cowper	Rotherham. A	17:36	1:11:33+	2
6	Faye O'hare	Lpool Har. A	17:52	1:11:38	0
7	Helen Warburton	SaleHarri. A	18:40	1:12:00-	2
8	Emma Clayton	BingleyHa.	18:10	1:12:42	0
9	Anna Begbie	ValeRoyal. B	18:57	1:14:07	0
10	Amelia Bratt	SalfordHa. B	18:37	1:14:27+	2
11	H Hannahstroud	LeedsCity. B	19:43	1:15:02-	1
12	Fiona Smith	BorderHar. A	19:49	1:15:38-	1
13	Ellen Sagarhesketh	Blackburn. A	19:38	1:16:25+	2
14	Josie Rawes	YorkKnave. A	17:52	1:16:33+	10
15	Gillian Allen	SteelCity.	18:42	1:16:38+	4
16	Abigail Preece	Lpool Har. B	19:20	1:16:39+	1
17	Nicola Steel	Wakefield.	19:05	1:17:06+	3
18	Caitlyn Johnston	BuryAC. A	20:07	1:17:07-	2
19	Sarah Kearney	WarriorsP. A	21:11	1:17:21-	6
20	Robyn Naylor	TyneBridg.	19:31	1:17:24-	2
21	K Staunton	Wigan&Dis. A	19:39	1:17:44	0
22	Fay Hughes	WirralAc. A	19:03	1:18:08+	3
23	Megan Lewis	EastChesh. A	22:04	1:20:27	0
24	Siobhan Massey	StHelens.	22:46	1:20:55-	2
25	Diane Baldwin	Holmfirth.	24:47	1:21:10-	11
26	Kasey Parkington	Blackburn. B	20:45	1:21:16+	3
27	Helen Armitage	SaleHarri. B	20:42	1:21:20+	3
28	Megan White	ValeRoyal. C	21:23	1:21:38	0
29	Michelle Abbott	Clayton-l.	22:49	1:22:18-	3
30	Clare Mckeown	BorderHar. B	20:00	1:22:23+	9
31	Hayley Fairclough	PennyLane. A	20:58	1:22:26	0
32	Charlotte Gregory	PrestonHa. A	20:27	1:22:28+	5
33	Nicole Appleton	CityOfHul.	20:43	1:22:53+	5
34	Emmajane Ball	Rotherham. B	21:11	1:23:11+	2
35	Michele Alty	WallaseyA. A	21:46	1:23:24-	3
36	Felicity Newton	UtsRC. A	21:39	1:23:29-	2
37	Beverley Mcauley	BuryAC. B	22:48	1:24:33-	4
38	Kerry Davies	KendalAma.	22:45	1:24:43-	3
39	Ella Mcmutrie	Lpool Har. C	21:12	1:25:01+	2
40	Barbora Kolarikova	YorkKnave. B	20:46	1:26:15+	3
41	Catherine Reilly	UtsRC. B	22:01	1:27:10+	1
42	Sophie Howard	Rossendal.	21:40	1:27:26+	4
43	Alison Mort	HorwichRM.	22:24	1:28:07+	2
44	Amy Gaskell	Wigan&Dis. B	23:19	1:28:49	0
45	Kelly Hamilton	StHelensS. A	20:18	1:29:28+	7
46	Vicky Mcconnell	WallaseyA. B	21:49	1:29:47+	3
47	Sharon Roberts	Lpool P&S. A	26:42	1:30:09-	7
48	Bea Suthard	CheshireD.	22:17	1:30:43+	3
49	Debra Bemand	WestChesh.	23:56	1:31:20-	1
50	Clare Dignan	RochdaleH.	23:28	1:31:40	0
51	Kellyanne Towns	Wigan&Dis. C	22:18	1:33:22+	4
52	Joanne Fraser	WirralAc. B	24:07	1:33:24+	1
53	Catherine Howell	WarriorsP. B	24:57	1:34:24+	1
54	Vicky Kehoe	UtsRC. C	23:01	1:34:30+	2
55	Sarah Jackson	PennyLane. B	24:14	1:36:49+	3
56	Amy Cauley	TraffordA.	25:21	1:39:36+	4
57	Ruth Peet	Wigan&Dis. D	25:40	1:41:24+	4
58	Katherine Andrews	WallaseyA. C	24:48	1:42:42+	5
59	Susan Beckett	UtsRC. D	26:26	1:44:05+	3
60	Honor Thompson	Skelmersd. A	32:15	1:45:01-	1

Fastest runners over stage 4:			
1	Holly Weedall	ValeRoyal. A	16:31
2	Georgia Malir	LeedsCity. A	16:55
3	Sophie Cowper	Rotherham. A	17:36
4	Faye O'hare	Lpool Har. A	17:52
5	Josie Rawes	YorkKnave. A	17:52
6	Samantha Mason	SalfordHa. A	17:56
7	Emma Clayton	BingleyHa.	18:10
8	Nicola Squires	Hallamshi.	18:31
9	Amelia Bratt	SalfordHa. B	18:37
10	Helen Warburton	SaleHarri. A	18:40

Northern Athletics Road Relays at Birkenhead Park on Sunday 24th September 2023

Senior Women — Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 Leeds City Ac. 'A' 1:07:32</p> <p>1 Heather Townsend (3) 16:30 3 Camilla Mcknespiey (1) 16:56</p>	<p>17 Wakefield District H & Ac. 1:17:06</p> <p>1 Abbey Brooke (12) 17:45 3 Paige Watson (20) 20:26 2 Helen Beck (21) 19:50 4 Nicola Steel (17) 19:05</p>
<p>2 Vale Royal Ac. 'A' 1:09:14</p> <p>1 S Dufourjackson (9) 17:13 3 Kate Moulds (3) 18:04 2 Abigail Howarth (3) 17:26 4 Holly Weedall (2) 16:31</p>	<p>18 Bury Ac. 'A' 1:17:07</p> <p>1 Hannah Lucas (19) 18:07 3 Nicola Ryan (16) 19:51 2 Rachel Marshall (15) 19:02 4 Caitlyn Johnston (18) 20:07</p>
<p>3 Salford Harriers & Ac. 'A' 1:09:43</p> <p>1 Anna Bracegirdle (4) 16:42 3 Helen Smith (2) 17:37 2 T Brockleylangford (2) 17:28 4 Samantha Mason (3) 17:56</p>	<p>19 Warriors Pentathlon & Ac. 'A' 1:17:21</p> <p>1 Emily Kearney (2) 16:26 3 Eleanor Carney (13) 19:44 2 Laura Baker (10) 20:00 4 Sarah Kearney (19) 21:11</p>
<p>4 Hallamshire Harriers Sheffiel. 1:11:26</p> <p>1 Lauren Heyes (1) 16:13 3 S Wigfieldturner (4) 17:48 2 Catherine Allen (4) 18:54 4 Nicola Squires (4) 18:31</p>	<p>20 Tyne Bridge Harriers. 1:17:24</p> <p>1 Rebecca Blain (29) 19:06 3 Zoe Thompson (18) 19:25 2 Hannah Stewart (28) 19:22 4 Robyn Naylor (20) 19:31</p>
<p>5 Rotherham Harriers & Ac. 'A' 1:11:33</p> <p>1 Mya Taylor (18) 18:06 3 Zara Knappy (7) 17:58 2 Natasha Hatswell (8) 17:53 4 Sophie Cowper (5) 17:36</p>	<p>21 Wigan & District H & Ac. 'A' 1:17:44</p> <p>1 Serena Walker (25) 18:57 3 Rachel Sidebotham (21) 19:41 2 Alice Alcock (27) 19:27 4 K Staunton (21) 19:39</p>
<p>6 Liverpool Harriers & Ac. 'A' 1:11:38</p> <p>1 Jade Morgan (10) 17:21 3 Sarah Howard (6) 18:35 2 Rachael Burns (5) 17:50 4 Faye O'hare (6) 17:52</p>	<p>22 Wirral Ac. 'A' 1:18:08</p> <p>1 Gabrielle Phelan (15) 17:58 3 Helen Kini (25) 21:22 2 Sarah Phelan (23) 19:45 4 Fay Hughes (22) 19:03</p>
<p>7 Sale Harriers Manchester. 'A' 1:12:00</p> <p>1 Lucy Armitage (8) 17:12 3 Ella Taylor (5) 17:47 2 Jessica Nugent (6) 18:21 4 Helen Warburton (7) 18:40</p>	<p>23 East Cheshire Harriers & Tame. 'A' 1:20:27</p> <p>1 Hayley Simpson (34) 19:24 3 Imogen Gush (23) 20:05 2 Katielouise Kay (26) 18:54 4 Megan Lewis (23) 22:04</p>
<p>8 Bingley Harriers & Ac. 1:12:42</p> <p>1 Rebecca Flaherty (5) 17:01 3 Yasmin Small (8) 18:55 2 Sarah Flaherty (7) 18:36 4 Emma Clayton (8) 18:10</p>	<p>24 St Helens Sutton Ac. 1:20:55</p> <p>1 Lucy Fairclough (20) 18:12 3 Sarah Birkett (22) 20:49 2 Lucy Clitheroe (17) 19:08 4 Siobhan Massey (24) 22:46</p>
<p>9 Vale Royal Ac. 'B' 1:14:07</p> <p>1 Grace Roberts (23) 18:32 3 Sarah Murphy (9) 18:12 2 Ellie Bushill (13) 18:26 4 Anna Begbie (9) 18:57</p>	<p>25 Holmfirth Harriers Ac. 1:21:10</p> <p>1 Ruby Sykes (14) 17:57 3 C Leaverhewitt (14) 19:55 2 Helena Croft (11) 18:31 4 Diane Baldwin (25) 24:47</p>
<p>10 Salford Harriers & Ac. 'B' 1:14:27</p> <p>1 Emily Russell (27) 19:01 3 Laura Lombard (12) 18:30 2 Lara Crawford (18) 18:19 4 Amelia Bratt (10) 18:37</p>	<p>26 Blackburn Harriers & Ac. 'B' 1:21:16</p> <p>1 Leah Hoole (50) 21:05 3 Keira Haxton (29) 19:39 2 Eleesha Charnley (39) 19:47 4 Kasey Parkington (26) 20:45</p>
<p>11 Leeds City Ac. 'B' 1:15:02</p> <p>1 Leila Armoush (13) 17:49 3 Katrina Ballantyne (10) 17:49 2 Whitney Larkin (20) 19:41 4 H Hannahstroud (11) 19:43</p>	<p>27 Sale Harriers Manchester. 'B' 1:21:20</p> <p>1 Emma Finney (36) 19:34 3 Lucy Cooke (30) 19:59 2 Sarah Goulden (37) 21:05 4 Helen Armitage (27) 20:42</p>
<p>12 Border Harriers & Ac. 'A' 1:15:38</p> <p>1 Oliviagrace Mason (6) 17:07 3 Fiona Todd (11) 19:40 2 Rhiannon Douglas (9) 19:02 4 Fiona Smith (12) 19:49</p>	<p>28 Vale Royal Ac. 'C' 1:21:38</p> <p>1 Molly Roberts (43) 20:12 3 Julia Hartley (28) 20:39 2 Hollie Carrington (30) 19:24 4 Megan White (28) 21:23</p>
<p>13 Blackburn Harriers & Ac. 'A' 1:16:25</p> <p>1 Louisa Powellsmith (33) 19:23 3 Evie Taylor (15) 19:24 2 Isabel Holt (19) 18:00 4 Ellen Sagarhesketh (13) 19:38</p>	<p>29 Clayton-Le-Moors Harriers. 1:22:18</p> <p>1 Nicola Moynihan (30) 19:07 3 Briony Holt (26) 19:59 2 Helana White (29) 20:23 4 Michelle Abbott (29) 22:49</p>
<p>14 York Knavesmire Harriers. 'A' 1:16:33</p> <p>1 Becky Penty (11) 17:29 3 Melanie Ellwood (24) 21:30 2 Hannah Morrison (16) 19:42 4 Josie Rawes (14) 17:52</p>	<p>30 Border Harriers & Ac. 'B' 1:22:23</p> <p>1 Esther Illman (51) 21:13 3 V Rankin (39) 20:12 2 Carolyn Millican (44) 20:58 4 Clare Mckeown (30) 20:00</p>
<p>15 Steel City Striders Rc. 1:16:38</p> <p>1 Caroline Brock (16) 18:00 3 Kathryn Liddiard (19) 20:52 2 Hannah Mainprize (14) 19:04 4 Gillian Allen (15) 18:42</p>	<p>31 Penny Lane Striders. 'A' 1:22:26</p> <p>1 Andrea Bond (40) 19:48 3 Lenka Vidamour (31) 20:35 2 Kathryn Bradley (40) 21:05 4 Hayley Fairclough (31) 20:58</p>
<p>16 Liverpool Harriers & Ac. 'B' 1:16:39</p> <p>1 Niamh Donnelly (21) 18:27 3 Holly Love (17) 19:16 2 Sasha Ryan (25) 19:36 4 Abigail Preece (16) 19:20</p>	<p>32 Preston Harriers. 'A' 1:22:28</p> <p>1 Nicola Sutton (31) 19:16 3 K Littlefair (37) 21:00 2 Lauren Waddington (41) 21:45 4 Charlotte Gregory (32) 20:27</p>

Northern Athletics Road Relays

at Birkenhead Park on Sunday 24th September 2023

<p>33 City Of Hull Ac. 1:22:53</p> <p>1 Sherene Wilshere (41) 19:58 2 Isabel Davison (38) 20:45 3 Sophie Lee (38) 21:27 4 Nicole Appleton (33) 20:43</p>	<p>50 Rochdale Harriers & Ac. 1:31:40</p> <p>1 Juliet Smith (48) 20:43 2 Jennifer Ransome (47) 22:52 3 Danielle Dignan (50) 24:37 4 Clare Dignan (50) 23:28</p>
<p>34 Rotherham Harriers & Ac. 'B' 1:23:11</p> <p>1 Emma Parkinson (35) 19:26 2 Nicole Norton (36) 21:09 3 Naomi Clegg (36) 21:25 4 Emmajane Ball (34) 21:11</p>	<p>51 Wigan & District H & Ac. 'C' 1:33:22</p> <p>1 Lucy Mckenna (64) 23:39 2 Naomi Tomlinson (60) 23:11 3 Rachel Lawton (55) 24:14 4 Kellyanne Towns (51) 22:18</p>
<p>35 Wallasey Ac. 'A' 1:23:24</p> <p>1 Rebecca Blacklock (28) 19:01 2 Elaine Opara (35) 21:29 3 Jan Mcard (32) 21:08 4 Michele Alty (35) 21:46</p>	<p>52 Wirral Ac. 'B' 1:33:24</p> <p>1 Bree Sutcliffe (55) 21:46 2 Sharon Goldrick (51) 22:27 3 Anne Rosbottom (53) 25:04 4 Joanne Fraser (52) 24:07</p>
<p>36 UtsRc. 'A' 1:23:29</p> <p>1 Nadine Weeks (47) 20:18 2 Jo Irvin (34) 20:09 3 Yvie Ryan (34) 21:23 4 Felicity Newton (36) 21:39</p>	<p>53 Warriors Pentathlon & Ac. 'B' 1:34:24</p> <p>1 Ruth Mccaull (54) 21:39 2 Barbara Ford (53) 22:42 3 Emma Bibby (54) 25:06 4 Catherine Howell (53) 24:57</p>
<p>37 Bury Ac. 'B' 1:24:33</p> <p>1 Sarah Thomas (37) 19:35 2 Sarah Flett (42) 21:30 3 Fiona Lynch (33) 20:40 4 Beverley Mcauley (37) 22:48</p>	<p>54 UtsRc. 'C' 1:34:30</p> <p>1 Lynzie Fleming (59) 22:08 2 Bal Johnson (59) 23:49 3 Joanne Porteous (56) 25:32 4 Vicky Kehoe (54) 23:01</p>
<p>38 Kendal Amateur Ac. 1:24:43</p> <p>1 Rosie Woodhams (17) 18:02 2 Amy Wilkin (32) 22:01 3 Christie Byrne (35) 21:55 4 Kerry Davies (38) 22:45</p>	<p>55 Penny Lane Striders. 'B' 1:36:49</p> <p>1 Annmarie Riley (61) 22:39 2 Sarah Bradley (48) 21:14 3 Wendy Osborne (58) 28:42 4 Sarah Jackson (55) 24:14</p>
<p>39 Liverpool Harriers & Ac. 'C' 1:25:01</p> <p>1 Niamh Gallagher (38) 19:43 2 Grace Tobin (31) 20:19 3 Emelia Smith (41) 23:47 4 Ella Mcmutrie (39) 21:12</p>	<p>56 Trafford Ac. 1:39:36</p> <p>1 Zoe Storr (44) 20:13 2 Melanie Monks (56) 25:11 3 Sue Exon (60) 28:51 4 Amy Cauley (56) 25:21</p>
<p>40 York Knavesmire Harriers. 'B' 1:26:15</p> <p>1 Kate Thompson (32) 19:20 2 Elizabeth Evans (43) 22:07 3 Lauren Dimmack (43) 24:02 4 Barbora Kolarikova (40) 20:46</p>	<p>57 Wigan & District H & Ac. 'D' 1:41:24</p> <p>1 Katie Green (66) 25:10 2 Jennifer Bowen (62) 24:00 3 Ella Heyes (61) 26:34 4 Ruth Peet (57) 25:40</p>
<p>41 UtsRc. 'B' 1:27:10</p> <p>1 Fiona Allen (57) 22:03 2 Louise Cooper (49) 21:54 3 Emily Mills (42) 21:12 4 Catherine Reilly (41) 22:01</p>	<p>58 Wallasey Ac. 'C' 1:42:42</p> <p>1 Helen Stansfield (62) 22:57 2 Zoe Crisp (63) 26:20 3 Susie Cosgrove (63) 28:37 4 Katherine Andrews (58) 24:48</p>
<p>42 Rossendale Harriers & Ac. 1:27:26</p> <p>1 Annemarie Hindle (39) 19:43 2 Deborah Hurst (55) 25:22 3 Joanne Cleaver (46) 20:41 4 Sophie Howard (42) 21:40</p>	<p>59 UtsRc. 'D' 1:44:05</p> <p>1 Rebecca Baker (65) 24:50 2 Becki Wilson (64) 29:17 3 Alison Macdonald (62) 23:32 4 Susan Beckett (59) 26:26</p>
<p>43 Horwich R M I Harriers. 1:28:07</p> <p>1 Lindsey Brindle (45) 20:14 2 Gemma Stokes (50) 23:51 3 Milly Lever (45) 21:38 4 Alison Mort (43) 22:24</p>	<p>60 Skelmersdale Boundary Harrier. 'A' 1:45:01</p> <p>1 Maria Cook (26) 18:59 2 Victoria Gilbody (33) 21:18 3 Rebecca Wadeson (59) 32:29 4 Honor Thompson (60) 32:15</p>
<p>44 Wigan & District H & Ac. 'B' 1:28:49</p> <p>1 Jayne Barlow (52) 21:22 2 Jayne Collins (45) 21:41 3 Lisa Heyes (44) 22:27 4 Amy Gaskell (44) 23:19</p>	<p>Incomplete Teams:</p> <p>City Of York Ac.</p> <p>1 Katy Wood (7) 17:08 2 J Robertsonover (12) 19:43 3 Karen Wood (27) 23:12</p>
<p>45 St Helens Striders. 'A' 1:29:28</p> <p>1 Rachael Fairclough (42) 20:01 2 Cheryl Orrick (58) 25:51 3 Jennifer Martin (52) 23:18 4 Kelly Hamilton (45) 20:18</p>	<p>East Cheshire Harriers & Tame. 'B'</p> <p>1 Aliesha Smith (53) 21:25 2 Angela Oldham (52) 22:52 3 Bethany Mcmanus (47) 22:17</p>
<p>46 Wallasey Ac. 'B' 1:29:47</p> <p>1 Kathleen Cowdray (60) 22:18 2 Erin Dabner (54) 22:36 3 Susan Reynolds (49) 23:04 4 Vicky Mcconnell (46) 21:49</p>	<p>St Helens Striders. 'B'</p> <p>1 Kirstie Mcaffrey (63) 23:38 2 Brenda Cahill (61) 24:15 3 Emma Collings (57) 23:44</p>
<p>47 Liverpool Pembroke & Sefton H. 'A' 1:30:09</p> <p>1 Chloe Leather (22) 18:29 2 Debra Crook (22) 19:12 3 Tracy Berry (40) 25:46 4 Sharon Roberts (47) 26:42</p>	<p>Liverpool Rc.</p> <p>1 Rebecca Burke (49) 20:46 2 Megan Ball (66) 42:38 3 Laura Owens (64) 24:08</p>
<p>48 Cheshire Dragons. 1:30:43</p> <p>1 Jessica Haney (46) 20:14 2 Joanne Edwards (57) 25:24 3 Tracy Dover (51) 22:48 4 Bea Suthard (48) 22:17</p>	<p>Salford Harriers & Ac. 'C'</p> <p>1 Nicola Mason (24) 18:45 2 Sarah Carroll (24) 19:05</p>
<p>49 West Cheshire Ac. 1:31:20</p> <p>1 Clare Mallon (58) 22:05 2 Claire Harris (46) 21:08 3 Ellen McMahon (48) 24:11 4 Debra Bernand (49) 23:56</p>	<p>Wigan & District H & Ac. 'E'</p> <p>1 Janet Nichols (68) 27:24 2 Christina King (65) 27:02</p>
	<p>Keighley & Craven Ac.</p> <p>1 Sarah Osullivan (56) 21:58</p> <p>Liverpool Harriers & Ac. 'D'</p> <p>1 Sian Guy (67) 25:38</p>

Northern Athletics Road Relays

at Birkenhead Park on Sunday 24th September 2023

Fastest of all legs

1	Lauren Heyes	Hallamshi.	16:13(1)
2	Emily Kearney	WarriorsP.	A 16:26(1)
3	Heather Townsend	LeedsCity.	A 16:30(1)
4	Holly Weedall	ValeRoyal.	A 16:31(4)
5	Anna Bracegirdle	SalfordHa.	A 16:42(1)
6	Georgia Malir	LeedsCity.	A 16:55(4)
7	Camilla Mcknespiey	LeedsCity.	A 16:56(3)
8	Rebecca Flaherty	BingleyHa.	17:01(1)
9	Oliviagrace Mason	BorderHar.	A 17:07(1)
10	Katy Wood	CityOfYor.	17:08(1)