

## Mid Lancs Xc Junior Divisions

### Under 11 Girls

CLUB	KEN	LV	LAN	BKP	BNY -	Total	Best 3
Rossendale Harriers & Ac	10	9	9			28	28
Kendal Helm Composite	8	10	10			28	28
Clayton-Le-Moors Harriers	7	5	8			20	20
Chorley A & T	9	8				17	
Lancaster & Morecambe Ac	6		7			13	
Blackburn Harriers & Ac		6	6			12	
Burnley Ac	5	4				9	
Liverpool Harriers & Ac		7				7	

### Under 11 Boys

CLUB	KEN	LV	LAN	BKP	BNY -	Total	Best 3
Kendal Helm Composite	10	10	10			30	30
Clayton-Le-Moors Harriers	8	8	9			25	25
Rossendale Harriers & Ac	7	7	8			22	22
Kirkby Milers AC	3	2	7			12	12
Lancaster & Morecambe Ac	6	1	4			11	11
Blackburn Harriers & Ac	9	5				14	
Chorley A & T	5	6				11	
Liverpool Harriers & Ac		9				9	
Preston Harriers		4	5			9	
Southport Waterloo Ac		3	6			9	
Blackpool Wyre & Fylde Ac	4					4	
Barrow & Furness Striders	2					2	
Trawden Athletic Club		1				1	
Liverpool Pembroke Sefton		1				1	
Leigh Harriers & Ac		1				1	

### Under 13 Girls

CLUB	KEN	LV	LAN	BKP	BNY -	Total	Best 3
Liverpool Harriers & Ac	10	10	10			30	30
Rossendale Harriers & Ac	8	7	8			23	23
Preston Harriers	4	8	9			21	21
Chorley A & T	2	9	7			18	18
Blackburn Harriers & Ac	5	5	5			15	15
Leigh Harriers & Ac	1	2	6			9	9
Kirkby Milers AC	1	1	4			6	6
Southport Waterloo Ac	9	6				15	
Blackpool Wyre & Fylde Ac	6	4				10	
Kendal Helm Composite	7					7	
Pendle Athletic Club	3	3				6	
Lancaster & Morecambe Ac		1	3			4	
Liverpool Pembroke Sefton		1				1	

**Under 13Boys**

	99						
<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Blackpool Wyre & Fylde Ac	10	7	9			26	26
Kirkby Milers AC	8	3	8			19	19
Leigh Harriers & Ac	6	2	5			13	13
Preston Harriers		9	10			19	
Lancaster & Morecambe Ac	7		6			13	
Liverpool Harriers & Ac		10				10	
Wigan & District H & Ac	9					9	
Blackburn Harriers & Ac		8				8	
Clayton-Le-Moors Harriers		1	7			8	
Liverpool Pembroke Sefton		6				6	
Rosendale Harriers & Ac		5				5	
Chorley A & T		4				4	

**Under 15 Girls**

	99						
<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Blackpool Wyre & Fylde Ac	10	9	10			29	29
Blackburn Harriers & Ac	9	7	9			25	25
Kendal Helm Composite	7	8	7			22	22
Rosendale Harriers & Ac	8	6	8			22	22
Liverpool Harriers & Ac		10				10	
Lancaster & Morecambe Ac		5	5			10	
Chorley A & T	6	3				9	
Wigan & District H & Ac		1	6			7	
Clayton-Le-Moors Harriers	5					5	
Preston Harriers		4				4	
Southport Waterloo Ac		2				2	

**Under 15 Boys**

	99						
<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Blackburn Harriers & Ac	10	9	10			29	29
Kendal Helm Composite	9	7	9			25	25
Rosendale Harriers & Ac	8	3	5			16	16
Chorley A & T		5	8			13	
Sedbergh School RC		6	6			12	
Liverpool Pembroke Sefton	7	4				11	
Southport Waterloo Ac		10				10	
Leven Valley AC	6	2				8	
Liverpool Harriers & Ac		8				8	
Preston Harriers			7			7	
Clayton-Le-Moors Harriers		1				1	
Leigh Harriers & Ac		1				1	

**Under 17 Women**

	99						
<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Leven Valley AC		10	10			20	
Blackburn Harriers & Ac		9				9	
Lancaster & Morecambe Ac			9			9	
Sedbergh School RC			8			8	

99

**Under 17 Men**

<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Blackburn Harriers & Ac	9	10	10			29	29
Rossendale Harriers & Ac	6	1	5			12	12
Leven Valley AC	10	9				19	
Chorley A & T		8	9			17	
Lancaster & Morecambe Ac	8		7			15	
Kendal Helm Composite		6	8			14	
Blackpool Wyre & Fylde Ac	7	3				10	
Sedbergh School RC		2	6			8	
Preston Harriers		7				7	
Southport Waterloo Ac		5				5	
Kirkby Milers AC		4				4	

99

**Under 20 Women**

<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Blackburn Harriers & Ac			10			10	
Lancaster University			9			9	

99

99

**Under 20 Men**

<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Lancaster University			9			9	

99

99

99

**Mid Lancs Xc Senior Women's and Vets' Divisions**

99

99

<b>Division 1</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY</b>	<b>-</b>	<b>Total</b>	<b>Best 3</b>
Blackburn Harriers & Ac	7	7	7				21	21
Clayton-Le-Moors Harriers	4	6	3				13	13
Wigan & District H & Ac	5	5	2				12	12
Lancaster & Morecambe Ac	6	2	4				12	12
Southport Waterloo Ac	3	3	5				11	11
Lytham St Annes Rr Club	2	1	1				4	4
Lancaster University			6				6	

<b>Division 2</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY</b>	<b>-</b>	<b>Total</b>	<b>Best 3</b>
Preston Harriers	7	7	7				21	21
Kendal AAC	6	6	4				16	16
Glaxo Hoad Hill Harriers	5	4	6	0	0	0	15	15
Blackpool Wyre & Fylde Ac	3	5	5	0	0	0	13	13
Walney Wind Cheetahs	4	3	3				10	10
Wesham Road Runners & Ac	2		2				4	

99

<b>Division 3</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY</b>	<b>-</b>	<b>Total</b>	<b>Best 3</b>
Liverpool Pembroke Sefton	8	7	6				21	21
Skelmersdale Boundary H	9	1	10				20	20
Preston Harriers 'B'	4	8	7	0	0	0	19	19
Rosendale Harriers & Ac	1	5	8				14	14
Red Rose Road Runners	7	1	2				10	10
Glaxo Hoad Hill Harriers 'B'	5	3	1				9	9
Trawden Athletic Club	3	1	4				8	8
Clayton-Le-Moors Harriers 'B'	1	2	1				4	4
Garstang Running Club	1	1	1				3	3
Walney Wind Cheetahs 'B'	1	1	1				3	3
Southport Waterloo Ac 'B'	1	1	1				3	3
Wigan & District H & Ac 'B'	1	1	1				3	3
Kirkby Milers AC	1	1	1				3	3
Blackburn Harriers & Ac 'B'		6	5				11	
Barlick Fell Runners	10						10	
Leven Valley AC	6	4					10	
Liverpool Harriers & Ac		10					10	
Liverpool Harriers & Ac 'B'		9					9	
Sedbergh School RC			9				9	
Helm Hill Runners	2		3				5	
Trawden Athletic Club 'B'	1	1					2	
Lancaster & Morecambe Ac 'B'	1	1					2	
Skelmersdale Boundary H 'B'	1	1					2	
Red Rose Road Runners 'B'	1	1					2	
Blackpool Wyre & Fylde Ac 'B'		1	1				2	
Lytham St Annes Rr Club 'B'	1						1	
Leigh Harriers & Ac		1					1	
Kirkby Milers AC 'B'		1					1	
Rosendale Harriers & Ac 'B'		1					1	
Liverpool Pembroke Sefton 'B'		1					1	
Lancaster University 'B'			1				1	

99

99

**Vet 35 Teams**

<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Preston Harriers	4	10	10			24	24
Liverpool Pembroke Sefton	9	9	5			23	23
Lancaster & Morecambe Ac	8	4	8			20	20
Kendal AAC	5	3	9			17	17
Glaxo Hoad Hill Harriers	7	8	1			16	16
Clayton-Le-Moors Harriers	1	7	7			15	15
Southport Waterloo Ac	6	1	4			11	11
Rossendale Harriers & Ac	1	5	1			7	7
Blackpool Wyre & Fylde Ac	3	1	3			7	7
Walney Wind Cheetahs	1	2	1			4	4
Wigan & District H & Ac	1	1	2			4	4
Garstang Running Club	1	1	1			3	3
Trawden Athletic Club	1	1	1			3	3
Red Rose Road Runners	1	1	1			3	3
Barlick Fell Runners	10					10	
Blackburn Harriers & Ac		1	6			7	
Leven Valley AC		6				6	
Lytham St Annes Rr Club	2	1				3	
Skelmersdale Boundary H	1	1				2	
Wesham Road Runners & Ac	1		1			2	
Helm Hill Runners	1		1			2	
Kirkby Milers AC		1	1			2	

99

**Vet 45 Teams**

<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Wigan & District H & Ac	8	7	6			21	21
Trawden Athletic Club	5	8	7			20	20
Blackpool Wyre & Fylde Ac	6	5	9			20	20
Glaxo Hoad Hill Harriers	10	3	1			14	14
Walney Wind Cheetahs	3	6	5			14	14
Clayton-Le-Moors Harriers	1	9	3			13	13
Lancaster & Morecambe Ac	7	2	4			13	13
Kendal AAC	1	4	8			13	13
Preston Harriers	1	1	10			12	12
Southport Waterloo Ac	2	1	2			5	5
Lytham St Annes Rr Club	9	10				19	
Wesham Road Runners & Ac	4					4	
Skelmersdale Boundary H	1	1				2	
Garstang Running Club	1	1				2	
Red Rose Road Runners	1					1	
Kirkby Milers AC		1				1	
Helm Hill Runners			1			1	

99

1

**Vet 55 Teams**

<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Clayton-Le-Moors Harriers	7	9	7			23	23
Blackpool Wyre & Fylde Ac		10	10			20	
Lytham St Annes Rr Club	9	8				17	
Glaxo Hoad Hill Harriers	10					10	
Kendal AAC			9			9	
Red Rose Road Runners	8					8	
Preston Harriers			8			8	
Southport Waterloo Ac		7				7	

1

1

1

**Vet 65 Teams**

**CLUB**

Clayton-Le-Moors Harriers

<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
10	10	10			30	30

## Mid Lancs Xc Senior Men's and Vets' Divisions

Division 1	KEN	LV	LAN	BKP	BNY	-	Total	Best 3
Lancaster & Morecambe Ac	7	7	5				19	19
Glaxo Hoad Hill Harriers	5	6	6				17	17
Southport Waterloo Ac	6	5	4				15	15
Preston Harriers	4	4	3				11	11
Wigan & District H & Ac	3	3	2				8	8
Kirkby Milers AC	2	2	1				5	5
Lancaster University			7				7	

Division 2	KEN	LV	LAN	BKP	BNY	-	Total	Best 3
Clayton-Le-Moors Harriers	7	7	6				20	20
Lytham St Annes Rr Club	6	5	7				18	18
Wesham Road Runners & Ac	4	3	4				11	11
Southport Waterloo Ac 'B'	1	4	5				10	10
Blackpool Wyre & Fylde Ac	3	6	1				10	10
Preston Harriers 'B'	5	1	3				9	9
Red Rose Road Runners	2	2	2				6	6

Division 3	KEN	LV	LAN	BKP	BNY	-	Total	Best 3
Rossendale Harriers & Ac	4	7	7				18	18
Leigh Harriers & Ac	3	4	5				12	12
Leven Valley AC	5						5	
Walney Wind Cheetahs	2	3					5	
Kendal AAC	6	5	6				17	
Blackburn Harriers & Ac	7	6					13	

Division 4	KEN	LV	LAN	BKP	BNY	-	Total	Best 3
Lancaster & Morecambe Ac 'B'	8	5	10				23	23
Wigan & District H & Ac 'B'	9	3	9				21	21
Glaxo Hoad Hill Harriers 'B'	6	1	8				15	15
Garstang Running Club	4	1	5				10	10
Trawden Athletic Club	10	4	6				20	
Liverpool Pembroke Sefton	5	8					13	
Liverpool Harriers & Ac		10					10	
Liverpool Harriers & Ac 'B'		9					9	
Clayton-Le-Moors Harriers 'B'	7						7	
Rossendale Harriers & Ac 'B'		7					7	
Lancaster University 'B'			7				7	
Chorley A & T		6					6	
Red Rose Road Runners 'B'	3	1					4	
Skelmersdale Boundary H	2	1					3	
Blackpool Wyre & Fylde Ac 'B'		2					2	
Kirkby Milers AC 'B'		1					1	

## Vet 40 Teams

### Division 1

	KEN	LV	LAN	BKP	BNY	-	Total	Best 3
Southport Waterloo Ac	6	7	7				20	20
Wigan & District H & Ac	5	5	5				15	15
Preston Harriers	4	6	4				14	14
Lancaster & Morecambe Ac	3	4	6				13	13
Blackpool Wyre & Fylde Ac	2	2	3				7	7
Kirkby Milers AC	1	3	2				6	6
Clayton-Le-Moors Harriers	7						7	

### Division 2

	KEN	LV	LAN	BKP	BNY	-	Total	Best 3
Kendal AAC	7	7	5				19	19
Wesham Road Runners & Ac	6	5	7				18	18
Red Rose Road Runners	5	3	6				14	14
Lytham St Annes Rr Club	4	4	4				12	12
Walney Wind Cheetahs	3	1	3				7	7
Blackburn Harriers & Ac		6					6	
Leigh Harriers & Ac		2					2	

### Division 3

	KEN	LV	LAN	BKP	BNY	-	Total	Best 3
Rosendale Harriers & Ac	7	10	10				27	27
Liverpool Pembroke Sefton	10	8	8				26	26
Garstang Running Club	9	4	7				20	20
Trawden Athletic Club	6	6	6				18	18
Glaxo Hoad Hill Harriers	8		9				17	
Liverpool Harriers & Ac		9					9	
Chorley A & T		7					7	
Skelmersdale Boundary H		5					5	

## Vet 50 Teams

### CLUB

	KEN	LV	LAN	BKP	BNY	-	Total	Best 3
Wigan & District H & Ac	10	9	9				28	28
Southport Waterloo Ac	5	10	10				25	25
Preston Harriers	8	6	6				20	20
Lancaster & Morecambe Ac	9	3	8				20	20
Blackpool Wyre & Fylde Ac	4	4	5				13	13
Liverpool Pembroke Sefton	2	7	3				12	12
Red Rose Road Runners	3	1	2				6	6
Wesham Road Runners & Ac	1	1	4				6	6
Walney Wind Cheetahs	1	1	1				3	3
Garstang Running Club	1	1	1				3	3
Glaxo Hoad Hill Harriers	6		7				13	
Chorley A & T		8					8	
Clayton-Le-Moors Harriers	7						7	
Rosendale Harriers & Ac		5					5	
Kendal AAC	1	2					3	
Trawden Athletic Club	1	1					2	
Barrow & Furness Striders	1						1	
Lytham St Annes Rr Club		1					1	
Kirkby Milers AC		1					1	
Skelmersdale Boundary H		1					1	

**Vet 60 Teams**

<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Red Rose Road Runners	10	10	9			29	29
Southport Waterloo Ac			10			10	
Preston Harriers		9				9	
Kirkby Milers AC		8				8	
Wesham Road Runners & Ac			8			8	
Walney Wind Cheetahs		7				7	

**Vet 70 Teams**

<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Lancaster & Morecambe Ac	10					10	
Preston Harriers			10			10	
Kendal AAC			9			9	