

## Mid Lancs Xc Junior Divisions

### Under 11 Girls

CLUB	KEN	LV	LAN	BKP	BNY	-	Total	Best 3
Rossendale Harriers & Ac	10	9					19	
Kendal Helm Composite	8	10					18	
Chorley A & T	9	8					17	
Clayton-Le-Moors Harriers	7	5					12	
Burnley Ac	5	4					9	
Liverpool Harriers & Ac		7					7	
Lancaster & Morecambe Ac	6						6	
Blackburn Harriers & Ac		6					6	

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### Under 11 Boys

CLUB	KEN	LV	LAN	BKP	BNY	-	Total	Best 3
Kendal Helm Composite	10	10					20	
Clayton-Le-Moors Harriers	8	8					16	
Blackburn Harriers & Ac	9	5					14	
Rossendale Harriers & Ac	7	7					14	
Chorley A & T	5	6					11	
Liverpool Harriers & Ac		9					9	
Lancaster & Morecambe Ac	6	1					7	
Kirkby Milers AC	3	2					5	
Blackpool Wyre & Fylde Ac	4						4	
Preston Harriers		4					4	
Southport Waterloo Ac		3					3	
Barrow & Furness Striders	2						2	
Trawden Athletic Club		1					1	
Liverpool Pembroke Sefton		1					1	
Leigh Harriers & Ac		1					1	

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### Under 13 Girls

CLUB	KEN	LV	LAN	BKP	BNY	-	Total	Best 3
Liverpool Harriers & Ac	10	10					20	
Southport Waterloo Ac	9	6					15	
Rossendale Harriers & Ac	8	7					15	
Preston Harriers	4	8					12	
Chorley A & T	2	9					11	
Blackpool Wyre & Fylde Ac	6	4					10	
Blackburn Harriers & Ac	5	5					10	
Kendal Helm Composite	7						7	
Pendle Athletic Club	3	3					6	
Leigh Harriers & Ac	1	2					3	
Kirkby Milers AC	1	1					2	
Liverpool Pembroke Sefton		1					1	
Lancaster & Morecambe Ac		1					1	

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**Under 13Boys**

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<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Blackpool Wyre & Fylde Ac	10	7				17	
Kirkby Milers AC	8	3				11	
Liverpool Harriers & Ac		10				10	
Wigan & District H & Ac	9					9	
Preston Harriers		9				9	
Leigh Harriers & Ac	6	2				8	
Blackburn Harriers & Ac		8				8	
Lancaster & Morecambe Ac	7					7	
Liverpool Pembroke Sefton		6				6	
Rossendale Harriers & Ac		5				5	
Chorley A & T		4				4	
Clayton-Le-Moors Harriers		1				1	

**Under 15 Girls**

						99	
<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Blackpool Wyre & Fylde Ac	10	9				19	
Blackburn Harriers & Ac	9	7				16	
Kendal Helm Composite	7	8				15	
Rossendale Harriers & Ac	8	6				14	
Liverpool Harriers & Ac		10				10	
Chorley A & T	6	3				9	
Clayton-Le-Moors Harriers	5					5	
Lancaster & Morecambe Ac		5				5	
Preston Harriers		4				4	
Southport Waterloo Ac		2				2	
Wigan & District H & Ac		1				1	

**Under 15 Boys**

						99	
<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Blackburn Harriers & Ac	10	9				19	
Kendal Helm Composite	9	7				16	
Rossendale Harriers & Ac	8	3				11	
Liverpool Pembroke Sefton	7	4				11	
Southport Waterloo Ac		10				10	
Leven Valley AC	6	2				8	
Liverpool Harriers & Ac		8				8	
Sedbergh School RC		6				6	
Chorley A & T		5				5	
Clayton-Le-Moors Harriers		1				1	
Leigh Harriers & Ac		1				1	

**Under 17 Women**

						99	
<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Leven Valley AC		10				10	
Blackburn Harriers & Ac		9				9	

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**Under 17 Men**

<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Leven Valley AC	10	9				19	
Blackburn Harriers & Ac	9	10				19	
Blackpool Wyre & Fylde Ac	7	3				10	
Lancaster & Morecambe Ac	8					8	
Chorley A & T		8				8	
Rosendale Harriers & Ac	6	1				7	
Preston Harriers		7				7	
Kendal Helm Composite		6				6	
Southport Waterloo Ac		5				5	
Kirkby Milers AC		4				4	
Sedbergh School RC		2				2	

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**Under 20 Women**

<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
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**Under 20 Men**

<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
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## Mid Lancs Xc Senior Women's and Vets' Divisions

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<b>Division 1</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY</b>	<b>-</b>	<b>Total</b>	<b>Best 3</b>
Blackburn Harriers & Ac	7	7					14	
Wigan & District H & Ac	5	5					10	
Clayton-Le-Moors Harriers	4	6					10	
Lancaster & Morecambe Ac	6	2					8	
Southport Waterloo Ac	3	3					6	
Lytham St Annes Rr Club	2	1					3	

<b>Division 2</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY</b>	<b>-</b>	<b>Total</b>	<b>Best 3</b>
Preston Harriers	7	7					14	
Kendal AAC	6	6					12	
Glaxo Hoad Hill Harriers	5	4	0	0	0	0	9	
Blackpool Wyre & Fylde Ac	3	5	0	0	0	0	8	0
Walney Wind Cheetahs	4	3					7	
Wesham Road Runners & Ac	2						2	

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<b>Division 3</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY</b>	<b>-</b>	<b>Total</b>	<b>Best 3</b>
Liverpool Pembroke Sefton	8	7					15	
Preston Harriers 'B'	4	8					12	
Barlick Fell Runners	10	0	0	0	0	0	10	
Skelmersdale Boundary H	9	1					10	
Leven Valley AC	6	4					10	
Liverpool Harriers & Ac		10					10	
Liverpool Harriers & Ac 'B'		9					9	
Red Rose Road Runners	7	1					8	
Glaxo Hoad Hill Harriers 'B'	5	3					8	
Rosendale Harriers & Ac	1	5					6	
Blackburn Harriers & Ac 'B'		6					6	
Trawden Athletic Club	3	1					4	
Clayton-Le-Moors Harriers 'B'	1	2					3	
Helm Hill Runners	2						2	
Garstang Running Club	1	1					2	
Walney Wind Cheetahs 'B'	1	1					2	
Southport Waterloo Ac 'B'	1	1					2	
Trawden Athletic Club 'B'	1	1					2	
Wigan & District H & Ac 'B'	1	1					2	
Lancaster & Morecambe Ac 'B'	1	1					2	
Kirkby Milers AC	1	1					2	
Skelmersdale Boundary H 'B'	1	1					2	
Red Rose Road Runners 'B'	1	1					2	
Lytham St Annes Rr Club 'B'	1						1	
Blackpool Wyre & Fylde Ac 'B'		1					1	
Leigh Harriers & Ac		1					1	
Kirkby Milers AC 'B'		1					1	
Rosendale Harriers & Ac 'B'		1					1	
Liverpool Pembroke Sefton 'B'		1					1	

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**Vet 35 Teams**

<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Liverpool Pembroke Sefton	9	9				18	
Glaxo Hoad Hill Harriers	7	8				15	
Preston Harriers	4	10				14	
Lancaster & Morecambe Ac	8	4				12	
Barlick Fell Runners	10					10	
Kendal AAC	5	3				8	
Clayton-Le-Moors Harriers	1	7				8	
Southport Waterloo Ac	6	1				7	
Rossendale Harriers & Ac	1	5				6	
Leven Valley AC		6				6	
Blackpool Wyre & Fylde Ac	3	1				4	
Lytham St Annes Rr Club	2	1				3	
Walney Wind Cheetahs	1	2				3	
Wigan & District H & Ac	1	1				2	
Garstang Running Club	1	1				2	
Trawden Athletic Club	1	1				2	
Skelmersdale Boundary H	1	1				2	
Red Rose Road Runners	1	1				2	
Wesham Road Runners & Ac	1					1	
Helm Hill Runners	1					1	
Kirkby Milers AC		1				1	
Blackburn Harriers & Ac		1				1	

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**Vet 45 Teams**

<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Lytham St Annes Rr Club	9	10				19	
Wigan & District H & Ac	8	7				15	
Glaxo Hoad Hill Harriers	10	3				13	
Trawden Athletic Club	5	8				13	
Blackpool Wyre & Fylde Ac	6	5				11	
Clayton-Le-Moors Harriers	1	9				10	
Lancaster & Morecambe Ac	7	2				9	
Walney Wind Cheetahs	3	6				9	
Kendal AAC	1	4				5	
Wesham Road Runners & Ac	4					4	
Southport Waterloo Ac	2	1				3	
Preston Harriers	1	1				2	
Skelmersdale Boundary H	1	1				2	
Garstang Running Club	1	1				2	
Red Rose Road Runners	1					1	
Kirkby Milers AC		1				1	

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**Vet 55 Teams**

<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Lytham St Annes Rr Club	9	8				17	
Clayton-Le-Moors Harriers	7	9				16	
Glaxo Hoad Hill Harriers	10					10	
Blackpool Wyre & Fylde Ac		10				10	
Red Rose Road Runners	8					8	
Southport Waterloo Ac		7				7	

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**Vet 65 Teams**

<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
Clayton-Le-Moors Harriers	10	10				20	

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## Mid Lancs Xc Senior Men's and Vets' Divisions

Division 1	KEN	LV	LAN	BKP	BNY	-	Total	Best 3
Lancaster & Morecambe Ac	7	7					14	
Southport Waterloo Ac	6	5					11	
Glaxo Hoad Hill Harriers	5	6					11	
Preston Harriers	4	4					8	
Wigan & District H & Ac	3	3					6	
Kirkby Milers AC	2	2					4	
Division 2	KEN	LV	LAN	BKP	BNY	-	Total	Best 3
Clayton-Le-Moors Harriers	7	7					14	
Lytham St Annes Rr Club	6	5					11	
Blackpool Wyre & Fylde Ac	3	6					9	
Wesham Road Runners & Ac	4	3					7	
Preston Harriers 'B'	5	1					6	
Southport Waterloo Ac 'B'	1	4					5	
Red Rose Road Runners	2	2					4	
Division 3	KEN	LV	LAN	BKP	BNY	-	Total	Best 3
Rosendale Harriers & Ac	4	7					11	
Leigh Harriers & Ac	3	4					7	
Leven Valley AC	5						5	
Walney Wind Cheetahs	2	3					5	
Blackburn Harriers & Ac	7	6					13	
Kendal AAC	6	5					11	
Division 4	KEN	LV	LAN	BKP	BNY	-	Total	Best 3
Trawden Athletic Club	10	4					14	
Lancaster & Morecambe Ac 'B'	8	5					13	
Liverpool Pembroke Sefton	5	8					13	
Wigan & District H & Ac 'B'	9	3					12	
Liverpool Harriers & Ac		10					10	
Liverpool Harriers & Ac 'B'		9					9	
Clayton-Le-Moors Harriers 'B'	7						7	
Glaxo Hoad Hill Harriers 'B'	6	1					7	
Rosendale Harriers & Ac 'B'		7					7	
Chorley A & T	0	6	0	0	0	0	6	0
Garstang Running Club	4	1					5	
Red Rose Road Runners 'B'	3	1					4	
Skelmersdale Boundary H	2	1					3	
Blackpool Wyre & Fylde Ac 'B'		2					2	
Kirkby Milers AC 'B'		1					1	

## Vet 40 Teams

<b>Division 1</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY</b>	<b>-</b>	<b>Total</b>	<b>Best 3</b>
Southport Waterloo Ac	6	7					13	
Wigan & District H & Ac	5	5					10	
Preston Harriers	4	6					10	
Clayton-Le-Moors Harriers	7						7	
Lancaster & Morecambe Ac	3	4					7	
Blackpool Wyre & Fylde Ac	2	2					4	
Kirkby Milers AC	1	3					4	
<b>Division 2</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY</b>	<b>-</b>	<b>Total</b>	<b>Best 3</b>
Kendal AAC	7	7					14	
Wesham Road Runners & Ac	6	5					11	
Red Rose Road Runners	5	3					8	
Lytham St Annes Rr Club	4	4					8	
Blackburn Harriers & Ac		6					6	
Walney Wind Cheetahs	3	1					4	
Leigh Harriers & Ac		2					2	
<b>Division 3</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY</b>	<b>-</b>	<b>Total</b>	<b>Best 3</b>
Liverpool Pembroke Sefton	10	8					18	
Rosendale Harriers & Ac	7	10					17	
Garstang Running Club	9	4					13	
Trawden Athletic Club	6	6					12	
Liverpool Harriers & Ac		9					9	
Glaxo Hoad Hill Harriers	8						8	
Chorley A & T		7					7	
Skelmersdale Boundary H		5					5	

## Vet 50 Teams

<b>CLUB</b>	<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY</b>	<b>-</b>	<b>Total</b>	<b>Best 3</b>
Wigan & District H & Ac	10	9					19	
Southport Waterloo Ac	5	10					15	
Preston Harriers	8	6					14	
Lancaster & Morecambe Ac	9	3					12	
Liverpool Pembroke Sefton	2	7					9	
Blackpool Wyre & Fylde Ac	4	4					8	
Chorley A & T		8					8	
Clayton-Le-Moors Harriers	7						7	
Glaxo Hoad Hill Harriers	6						6	
Rosendale Harriers & Ac		5					5	
Red Rose Road Runners	3	1					4	
Kendal AAC	1	2					3	
Wesham Road Runners & Ac	1	1					2	
Walney Wind Cheetahs	1	1					2	
Garstang Running Club	1	1					2	
Trawden Athletic Club	1	1					2	
Barrow & Furness Striders	1						1	
Lytham St Annes Rr Club		1					1	
Kirkby Milers AC		1					1	
Skelmersdale Boundary H		1					1	

**Vet 60 Teams****CLUB**

Red Rose Road Runners  
Preston Harriers  
Kirkby Milers AC  
Walney Wind Cheetahs

<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
10	10				20	
	9				9	
	8				8	
	7				7	

**Vet 70 Teams****CLUB**

Lancaster & Morecambe Ac

<b>KEN</b>	<b>LV</b>	<b>LAN</b>	<b>BKP</b>	<b>BNY -</b>	<b>Total</b>	<b>Best 3</b>
10					10	