

# Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 25th November 2023

## Under 11 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time			Time	
1	763	Mila Barron	Kendal Helm Composite	7:40	27	2229 Hannah Nicholls	Wigan & District H & Ac	9:22
2	1161	Scarlett Clausen	Liverpool Harriers & Ac	7:54	28	2370 Maya Zabolicka	Barrow & Furness Striders	9:22
3	399	Winnie Lancaster	Chorley A & T	8:03	29	2564 Emmie Teshome	Liverpool Harriers & Ac	9:23
4	522	Molly Jackson	Clayton-Le-Moors Harriers	8:17	30	402 Iris Thomson	Chorley A & T	9:25
5	2036	Mione Todd	Trawden Athletic Club	8:18	31	37 Isabella Scanlon	Barrow & Furness Striders	9:29
6	2329	Ivy Marshall	Kendal Helm Composite	8:18	32	2558 Katie Smith	Liverpool Harriers & Ac	9:30
7	1642	Elsie Duffy	Rossendale Harriers & Ac	8:23	33	2371 Hanna Krolikowska	Blackburn Harriers & Ac	9:30
8	2398	Saraya Plenderleith	Blackpool Wyre & Fylde Ac	8:23	34	1127 Gabrielle Murray	Leven Valley AC	9:31
9	140	Amelia Pacelli	Blackburn Harriers & Ac	8:24	35	2565 Mya Teshome	Liverpool Harriers & Ac	9:32
10	1455	Isabel Owers	Preston Harriers	8:27	36	1647 Sophie Mangham	Rossendale Harriers & Ac	9:37
11	400	Amelia Pendlebury	Chorley A & T	8:34	37	766 Maia Dacre	Kendal Helm Composite	9:50
12	135	Sophie Douglas	Blackburn Harriers & Ac	8:35	38	349 Robyn Hall	Burnley Ac	9:55
13	1650	Ivy Pilkington	Rossendale Harriers & Ac	8:38	39	1643 Maia Earnshaw	Rossendale Harriers & Ac	10:06
14	928	Isla Matthews	Kirkby Milers AC	8:44	40	2035 Eleanor Reeder	Trawden Athletic Club	10:08
15	353	Isabella Williams	Burnley Ac	8:44	41	136 Esme Krige	Blackburn Harriers & Ac	10:10
16	2368	Gwen Rothwell	Leigh Harriers & Ac	8:49	42	1648 Georgia Marsden	Rossendale Harriers & Ac	10:12
17	2369	Caitlyn Webster	Southport Waterloo Ac	8:52	43	2528 Kaitlyn Hunt	Liverpool Harriers & Ac	10:19
18	1649	Thea Newton	Rossendale Harriers & Ac	8:54	44	350 Maya Marshall	Burnley Ac	10:23
19	1027	Scarlett Gora	Lancaster & Morecambe Ac	8:58	45	526 Amelia Rushton	Clayton-Le-Moors Harriers	10:27
20	765	Violet Benson	Kendal Helm Composite	9:03	46	2306 Chloe Bouffler	Leven Valley AC	10:49
21	524	Lexie McLean	Clayton-Le-Moors Harriers	9:11	47	2372 Isla Watson	Leigh Harriers & Ac	10:50
22	291	Maggie Belfield	Blackpool Wyre & Fylde Ac	9:14	48	134 Pippa Blackburn	Blackburn Harriers & Ac	11:10
23	1164	Jessica McLeod	Liverpool Harriers & Ac	9:15	49	2347 Izobel Berry	Liverpool Pembroke & Sefton	11:53
24	1644	Isabelle Fenn	Rossendale Harriers & Ac	9:16	50	351 Isabelle Nield	Burnley Ac	11:54
25	1163	Caitlin McGuirk	Liverpool Harriers & Ac	9:18	51	137 Mia Logan	Blackburn Harriers & Ac	12:33
26	2316	Maya Smith	Pendle Athletic Club	9:20	52	523 Stephanie McLean	Clayton-Le-Moors Harriers	12:48

## Under 11 Girls — TEAM RESULTS

1	Kendal Helm Composite	27	—	1	Mila Barron	6	Ivy Marshall	20	Violet Benson
2	Rossendale Harriers & Ac	38	—	7	Elsie Duffy	13	Ivy Pilkington	18	Thea Newton
3	Chorley A & T	44	—	3	Winnie Lancaster	11	Amelia Pendlebury	30	Iris Thomson
4	Liverpool Harriers & Ac	50	—	2	Scarlett Clausen	23	Jessica McLeod	25	Caitlin McGuirk
5	Blackburn Harriers & Ac	54	—	9	Amelia Pacelli	12	Sophie Douglas	33	Hanna Krolikowska
6	Clayton-Le-Moors Harriers	70	—	4	Molly Jackson	21	Lexie McLean	45	Amelia Rushton
7	Burnley Ac	97	—	15	Isabella Williams	38	Robyn Hall	44	Maya Marshall

# Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 25th November 2023

## Under 11 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time			Time	
1	2328	Tom Craker	Kendal Helm Composite	7:02	32	1634 Arthur Grenfell	Rossendale Harriers & Ac	8:27
2	757	Jos Jebb	Kendal Helm Composite	7:15	33	1452 Charlie Benson	Preston Harriers	8:32
3	756	Charles Hodgson	Kendal Helm Composite	7:21	34	519 George Lowde	Clayton-Le-Moors Harriers	8:32
4	1159	Joseph McKenna	Liverpool Harriers & Ac	7:22	35	390 Benjamin Leap	Chorley A & T	8:36
5	391	Benjamin Maine	Chorley A & T	7:23	36	924 Finley Mackenzie	Kirkby Milers AC	8:36
6	1160	Robert Worrall	Liverpool Harriers & Ac	7:37	37	2501 Alex Bailey Hall	Liverpool Harriers & Ac	8:37
7	133	Morgan Watson	Blackburn Harriers & Ac	7:43	38	1635 Seb Hunt	Rossendale Harriers & Ac	8:38
8	752	Kit Evans	Kendal Helm Composite	7:45	39	394 Logan O'Keeffe	Chorley A & T	8:39
9	129	Theo Addy	Blackburn Harriers & Ac	7:46	40	927 Ryan Poland	Kirkby Milers AC	8:41
10	520	Alex Smialek	Clayton-Le-Moors Harriers	7:47	41	1025 Jack Parrington	Lancaster & Morecambe Ac	8:43
11	2326	Thomas Stewart	Chorley Athletic And Triathlon	7:47	42	2313 William Elliott	Liverpool Pembroke & Sefton	8:52
12	2032	Jack Mitchell	Trawden Athletic Club	7:49	43	1021 William Gardner	Lancaster & Morecambe Ac	8:55
13	760	Ben Ryan	Kendal Helm Composite	7:53	44	2546 Kian O'Rourke	Liverpool Harriers & Ac	9:05
14	1638	Archie Pilling	Rossendale Harriers & Ac	7:56	45	1332 Joshua McAfee	Lytham St Annes Rr Club	9:07
15	518	Harry Lowde	Clayton-Le-Moors Harriers	7:56	46	345 Jamie Holder	Burnley Ac	9:12
16	516	Matthew Bissett	Clayton-Le-Moors Harriers	8:01	47	2516 Micah Forsythe	Liverpool Harriers & Ac	9:14
17	1905	Caden Walker	Southport Waterloo Ac	8:01	48	2030 Mason Brooks	Trawden Athletic Club	9:19
18	1904	Thomas Delamere	Southport Waterloo Ac	8:02	49	1085 Matthew Birch	Leigh Harriers & Ac	9:20
19	389	William Jenner	Chorley A & T	8:02	50	1903 Sam Coughlan	Southport Waterloo Ac	9:26
20	2358	Henry Taylor	Preston Harriers	8:04	51	2033 Oakley Todd	Trawden Athletic Club	9:27
21	1216	Jack Clancy	Liverpool Pembroke Sefton	8:04	52	925 Daniel Moran	Kirkby Milers AC	9:32
22	1636	Archie Little	Rossendale Harriers & Ac	8:05	53	346 Stanley Maney	Burnley Ac	9:33
23	1640	Harry Walker	Rossendale Harriers & Ac	8:06	54	1022 Luke Grant	Lancaster & Morecambe Ac	9:36
24	1630	Alexander Ball	Rossendale Harriers & Ac	8:10	55	287 Grayson Glickman	Blackpool Wyre & Fylde Ac	9:38
25	2359	William Woodruff	Preston Harriers	8:11	56	515 Harris Banks Ahmed	Clayton-Le-Moors Harriers	9:40
26	926	Patrick Piron	Kirkby Milers AC	8:11	57	2397 Hector Kazemi	Blackburn Harriers & Ac	9:42
27	2573	Lucas Winfield	Liverpool Harriers & Ac	8:18	58	1217 Sam Clancy	Liverpool Pembroke Sefton	9:48
28	1024	Joe Maguire	Lancaster & Morecambe Ac	8:18	59	923 Mason Kitts	Kirkby Milers AC	9:59
29	1637	Cole Marsden	Rossendale Harriers & Ac	8:20	60	1087 B McOnie-Lownsbrough	Leigh Harriers & Ac	10:01
30	1215	Saul Bromley-Taylor	Liverpool Pembroke Sefton	8:22	61	36 Elliot Scanlon	Barrow & Furness Striders	10:03
31	2560	Sam Sutton	Liverpool Harriers & Ac	8:23	62	1088 F McOnie-Lownsbrough	Leigh Harriers & Ac	10:15

## Under 11 Boys — TEAM RESULTS

1	Kendal Helm Composite	6	—	1	Tom Craker	2	Jos Jebb	3	Charles Hodgson
2	Liverpool Harriers & Ac	37	—	4	Joseph McKenna	6	Robert Worrall	27	Lucas Winfield
3	Clayton-Le-Moors Harriers	41	—	10	Alex Smialek	15	Harry Lowde	16	Matthew Bissett
4	Rossendale Harriers & Ac	59	—	14	Archie Pilling	22	Archie Little	23	Harry Walker
5	Chorley A & T	59	—	5	Benjamin Maine	19	William Jenner	35	Benjamin Leap
6	Blackburn Harriers & Ac	73	—	7	Morgan Watson	9	Theo Addy	57	Hector Kazemi
7	Preston Harriers	78	—	20	Henry Taylor	25	William Woodruff	33	Charlie Benson
8	Southport Waterloo Ac	85	—	17	Caden Walker	18	Thomas Delamere	50	Sam Coughlan
9	Kirkby Milers AC	102	—	26	Patrick Piron	36	Finley Mackenzie	40	Ryan Poland
10	Liverpool Pembroke Sefton	109	—	21	Jack Clancy	30	Saul Bromley-Taylor	58	Sam Clancy
11	Trawden Athletic Club	111	—	12	Jack Mitchell	48	Mason Brooks	51	Oakley Todd
12	Lancaster & Morecambe Ac	112	—	28	Joe Maguire	41	Jack Parrington	43	William Gardner
13	Leigh Harriers & Ac	171	—	49	Matthew Birch	60	B McOnie-Lownsbrough	62	F McOnie-Lownsbrough

# Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 25th November 2023

## Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	1178	Evie Worrall	Liverpool Harriers & Ac	11:43	43	2389	Annie Heaps	Blackburn Harriers & Ac	13:36
2	1928	Grace Veevers	Southport Waterloo Ac	11:44	44	2522	Jasmine Hardman	Liverpool Harriers & Ac	13:37
3	1177	Maisie Williams	Liverpool Harriers & Ac	11:47	45	2572	Stevie Williams	Liverpool Harriers & Ac	13:38
4	1175	Beau Rawcliffe	Liverpool Harriers & Ac	11:47	46	1473	Grace Taylor	Preston Harriers	13:38
5	1169	Esme Cameron	Liverpool Harriers & Ac	11:49	47	1919	Grace Cain	Southport Waterloo Ac	13:39
6	1176	Daisy Rushton	Liverpool Harriers & Ac	11:55	48	309	Isabelle Wood	Blackpool Wyre & Fylde Ac	13:39
7	778	Isla Jebb	Kendal Helm Composite	11:57	49	1098	Leah Farrell	Leigh Harriers & Ac	13:52
8	147	Millie Jordan	Blackburn Harriers & Ac	11:59	50	1130	Katelyn Douglas	Leven Valley AC	13:53
9	779	Emmy Ranner	Kendal Helm Composite	12:04	51	1171	Pearl Fay	Liverpool Harriers & Ac	14:04
10	304	Pollyanna Kershaw	Blackpool Wyre & Fylde Ac	12:06	52	1474	Francesca White	Preston Harriers	14:08
11	1100	Bee Metcalfe	Leigh Harriers & Ac	12:10	53	1252	Gabrielle Taylor	Liverpool Pembroke Sefton	14:16
12	1470	Ellie Blackhurst	Preston Harriers	12:15	54	410	Georgia Pendlebury	Chorley A & T	14:22
13	1658	Alice Carr	Rossendale Harriers & Ac	12:24	55	942	Lola Hill	Kirkby Milers AC	14:35
14	1162	Mia Ford	Liverpool Harriers & Ac	12:25	56	1661	Louise Lusty	Rossendale Harriers & Ac	14:36
15	1366	Marnie Nelson	Pendle Athletic Club	12:25	57	2524	Savanna Holcroft	Liverpool Harriers & Ac	14:39
16	409	Eleanor Jenner	Chorley A & T	12:27	58	146	Alexa Hunt	Blackburn Harriers & Ac	14:42
17	411	Isobel Reid	Chorley A & T	12:28	59	148	Charlotte Rothwell	Blackburn Harriers & Ac	14:50
18	1365	Gabriella Dale	Pendle Athletic Club	12:30	60	1248	Hattie Loughrey	Liverpool Pembroke Sefton	14:51
19	1168	Alex Ball	Liverpool Harriers & Ac	12:31	61	1251	Georgia Piron	Liverpool Pembroke Sefton	14:57
20	1472	Elsie McKeever	Preston Harriers	12:32	62	2315	Daisy Wells	Liverpool Pembroke & Sefton	15:09
21	1044	Fay Thomas	Lancaster & Morecambe Ac	12:35	63	2361	Eliza Garcia	Preston Harriers	15:12
22	1920	Lucy Delamere	Southport Waterloo Ac	12:42	64	1039	Alice Briffett	Lancaster & Morecambe Ac	15:13
23	415	Ava Winstanley	Chorley A & T	12:49	65	1241	Annina Carracoi	Liverpool Pembroke Sefton	15:14
24	2503	Mya Burney	Liverpool Harriers & Ac	12:49	66	2608	Alys Lally	Liverpool Harriers & Ac	15:23
25	413	Elsa Thomson	Chorley A & T	12:49	67	1369	Chloe Smith	Pendle Athletic Club	15:27
26	2548	Honor Peers	Liverpool Harriers & Ac	12:53	68	946	Hannah Sharrock	Kirkby Milers AC	15:28
27	1660	Lyla Duffy	Rossendale Harriers & Ac	12:54	69	2039	Grace Fort	Trawden Athletic Club	15:45
28	149	Charlotte Smith	Blackburn Harriers & Ac	12:56	70	1245	Isabelle Elliott	Liverpool Pembroke Sefton	15:46
29	1657	Iona Bell	Rossendale Harriers & Ac	12:59	71	2609	Ava Massey	Liverpool Harriers & Ac	16:07
30	305	Lily-Rose McMinnis	Blackpool Wyre & Fylde Ac	13:02	72	1663	Eva McClymont	Rossendale Harriers & Ac	16:12
31	1131	Imogen Moore	Leven Valley AC	13:04	73	944	Nancy Phillips	Kirkby Milers AC	16:13
32	2518	Janet GarciaMoreno	Liverpool Harriers & Ac	13:08	74	1659	Ami Derbyshire	Rossendale Harriers & Ac	16:15
33	2525	Nancy Howe	Liverpool Harriers & Ac	13:11	75	1666	Millie Smith	Rossendale Harriers & Ac	16:16
34	1174	Isabella Parry	Liverpool Harriers & Ac	13:14	76	2349	Renee Coulson	Southport Waterloo Ac	16:18
35	1469	Georgina Benson	Preston Harriers	13:20	77	2390	Anne Grogan	Leigh Harriers & Ac	16:20
36	940	Melissa Cameron	Kirkby Milers AC	13:27	78	412	Millie Reid	Chorley A & T	16:23
37	2235	Katie-Louise Malley	Wigan & District H & Ac	13:30	79	1043	Olivia Hemingway	Lancaster & Morecambe Ac	16:23
38	1170	Grace Doran	Liverpool Harriers & Ac	13:31	80	1089	Hope Stones	Leigh Harriers & Ac	16:25
39	1468	Georgina Andrews	Preston Harriers	13:33	81	1925	Emily Paybody	Southport Waterloo Ac	16:37
40	1172	Lottie Hughes	Liverpool Harriers & Ac	13:36	82	693	Esther Sagar-Moss	Hyndburn Ac	17:18
41	1101	Rae Vaughan	Leigh Harriers & Ac	13:36	83	1249	Isabella Nijis	Liverpool Pembroke Sefton	17:23
42	2234	Mia Lacey	Wigan & District H & Ac	13:36	84	1097	Dorothy Crombleholme	Leigh Harriers & Ac	18:01

## Under 13 Girls — TEAM RESULTS

1	Liverpool Harriers & Ac	8	—	1	Evie Worrall	3	Maisie Williams	4	Beau Rawcliffe
2	Chorley A & T	56	—	16	Eleanor Jenner	17	Isobel Reid	23	Ava Winstanley
3	Preston Harriers	67	—	12	Ellie Blackhurst	20	Elsie McKeever	35	Georgina Benson
4	Rossendale Harriers & Ac	69	—	13	Alice Carr	27	Lyla Duffy	29	Iona Bell
5	Southport Waterloo Ac	71	—	2	Grace Veevers	22	Lucy Delamere	47	Grace Cain
6	Blackburn Harriers & Ac	79	—	8	Millie Jordan	28	Charlotte Smith	43	Annie Heaps
7	Blackpool Wyre & Fylde Ac	88	—	10	Pollyanna Kershaw	30	Lily-Rose McMinnis	48	Isabelle Wood
8	Pendle Athletic Club	100	—	15	Marnie Nelson	18	Gabriella Dale	67	Chloe Smith
9	Leigh Harriers & Ac	101	—	11	Bee Metcalfe	41	Rae Vaughan	49	Leah Farrell
10	Kirkby Milers AC	159	—	36	Melissa Cameron	55	Lola Hill	68	Hannah Sharrock
11	Lancaster & Morecambe Ac	164	—	21	Fay Thomas	64	Alice Briffett	79	Olivia Hemingway
12	Liverpool Pembroke Sefton	174	—	53	Gabrielle Taylor	60	Hattie Loughrey	61	Georgia Piron

# Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 25th November 2023

## Race 4 - Under 13 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	141	Jack Baranowski	Blackburn Harriers & Ac	10:37	33	2538	Murphy Midgley	Liverpool Harriers & Ac	12:34
2	299	William Kershaw	Blackpool Wyre & Fylde Ac	10:59	34	929	Markus Burgan	Kirkby Milers AC	12:39
3	2345	Peter Herring	Liverpool Harriers & Ac	11:00	35	408	Elliot James	Chorley A & T	12:42
4	2555	Sebastian Rung	Liverpool Harriers & Ac	11:02	36	2231	Henry Jeffs-Watts	Wigan & District H & Ac	12:51
5	1166	Lucas Guyett	Liverpool Harriers & Ac	11:05	37	2282	Hussain Webster	Clayton-Le-Moors Harriers	12:57
6	1467	Albert Yates	Preston Harriers	11:09	38	533	Corbyn Thomas	Clayton-Le-Moors Harriers	12:57
7	1456	Samuel Bates	Preston Harriers	11:11	39	1232	Zachary Macleod	Liverpool Pembroke Sefton	13:07
8	2531	Samuel Lambert	Liverpool Harriers & Ac	11:12	40	936	Adam Robinson	Kirkby Milers AC	13:10
9	40	Noah Cook	Barrow & Furness Striders	11:21	41	298	Bobby Hastwell	Blackpool Wyre & Fylde Ac	13:14
10	1911	James McGroby	Southport Waterloo Ac	11:26	42	2545	Joseph O'Rourke	Liverpool Harriers & Ac	13:20
11	1652	Harry Hopkinson	Rossendale Harriers & Ac	11:29	43	2394	Daniel Chadwick	Leigh Harriers & Ac	13:21
12	2391	Theo Zaboklicka	Barrow & Furness Striders	11:29	44	2542	Daniel O'Brien	Liverpool Harriers & Ac	13:25
13	2346	Sebastian Wheatcroft	Liverpool Harriers & Ac	11:33	45	1038	Elijah O'Neill	Lancaster & Morecambe Ac	13:29
14	1167	Max Myles	Liverpool Harriers & Ac	11:34	46	934	George Jackson	Kirkby Milers AC	13:29
15	1463	Jack Mawdsley	Preston Harriers	11:35	47	404	Macleod Butterfield	Chorley A & T	13:36
16	297	Archie Belfield	Blackpool Wyre & Fylde Ac	11:35	48	528	Kaden Anderton	Clayton-Le-Moors Harriers	13:48
17	2393	Max Unthank	Blackburn Harriers & Ac	11:38	49	2521	Cian Hambleton	Liverpool Harriers & Ac	13:50
18	1226	Matthew Bennett	Liverpool Pembroke Sefton	11:49	50	937	Aron Savage	Kirkby Milers AC	14:05
19	1235	William Roberts	Liverpool Pembroke Sefton	11:52	51	1335	Reuben May	Lytham St Annes Rr Club	14:19
20	1651	Charlie Dobson	Rossendale Harriers & Ac	11:54	52	2395	Henri Mannion	Leigh Harriers & Ac	14:21
21	2514	Callum Finch	Liverpool Harriers & Ac	11:57	53	1034	Arthur Dickinson	Lancaster & Morecambe Ac	14:28
22	144	Oliver North	Blackburn Harriers & Ac	12:03	54	938	Zak Thompson	Kirkby Milers AC	14:30
23	1237	Harrison Wright	Liverpool Pembroke Sefton	12:09	55	1094	Robert Hamilton	Leigh Harriers & Ac	14:37
24	2292	Zak ManirJolley	Wigan & District H & Ac	12:10	56	531	Benjamin Potts	Clayton-Le-Moors Harriers	14:41
25	2392	James HowarthLinton	Leigh Harriers & Ac	12:15	57	2396	Flynn Whitehead	Leigh Harriers & Ac	14:46
26	1458	Ethan Bone	Preston Harriers	12:16	58	1653	Jacob Milnes	Rossendale Harriers & Ac	14:50
27	1129	Henry Murray	Leven Valley AC	12:27	59	296	Vincent Bateman	Blackpool Wyre & Fylde Ac	14:51
28	301	Jasper Hall	Blackpool Wyre & Fylde Ac	12:29	60	1457	Freddie Blackhurst	Preston Harriers	15:21
29	2559	Harrison Spencer	Liverpool Harriers & Ac	12:29	61	530	Leo Chatburn	Clayton-Le-Moors Harriers	15:23
30	405	Benedict Raby	Chorley A & T	12:31	62	930	Ryan Cartwright	Kirkby Milers AC	16:47
31	1234	Sam Quirk	Liverpool Pembroke Sefton	12:31	63	1086	James Cole	Leigh Harriers & Ac	17:06
32	1461	Freddy Cheyne	Preston Harriers	12:33	64	532	Owen Siguenza	Clayton-Le-Moors Harriers	17:08

## Race 4 - Under 13 Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Liverpool Harriers & Ac	12	—	3	Peter Herring	4	Sebastian Rung	5	Lucas Guyett
2	Preston Harriers	28	—	6	Albert Yates	7	Samuel Bates	15	Jack Mawdsley
3	Blackburn Harriers & Ac	40	—	1	Jack Baranowski	17	Max Unthank	22	Oliver North
4	Blackpool Wyre & Fylde Ac	46	—	2	William Kershaw	16	Archie Belfield	28	Jasper Hall
5	Liverpool Pembroke Sefton	60	—	18	Matthew Bennett	19	William Roberts	23	Harrison Wright
6	Rossendale Harriers & Ac	89	—	11	Harry Hopkinson	20	Charlie Dobson	58	Jacob Milnes
7	Chorley A & T	112	—	30	Benedict Raby	35	Elliot James	47	Macleod Butterfield
8	Kirkby Milers AC	120	—	34	Markus Burgan	40	Adam Robinson	46	George Jackson
9	Leigh Harriers & Ac	120	—	25	James HowarthLinton	43	Daniel Chadwick	52	Henri Mannion
10	Clayton-Le-Moors Harriers	123	—	37	Hussain Webster	38	Corbyn Thomas	48	Kaden Anderton

# Mid Lancs Cross Country League

## at Sefton Park, Liverpool on Saturday 25th November 2023

### Race 4 - Under 15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	2287	Holly Cross	Liverpool Harriers & Ac	10:41	36	2553	Isobel Robinson	Liverpool Harriers & Ac	13:01
2	1139	Penelope Boyle	Leven Valley AC	11:20	37	2549	Marissa Phillips	Liverpool Harriers & Ac	13:04
3	2540	Rebecca Murphy	Liverpool Harriers & Ac	11:22	38	1941	Isla Gray	Southport Waterloo Ac	13:11
4	2512	Erin Fay	Liverpool Harriers & Ac	11:23	39	793E	Macpherson-Littler	Kendal Helm Composite	13:21
5	2505	Molly Carvell	Liverpool Harriers & Ac	11:35	40	787	Cara Bradley	Kendal Helm Composite	13:22
6	319	Kristy Leitch	Blackpool Wyre & Fylde Ac	11:44	41	1681	Isla McNally	Rossendale Harriers & Ac	13:23
7	2511	Isabella Doran	Liverpool Harriers & Ac	11:47	42	790	Tess Evans	Kendal Helm Composite	13:27
8	2563	Valerie Teare	Liverpool Harriers & Ac	11:48	43	2576	Grace Bomba	Liverpool Harriers & Ac	13:27
9	2543	Frances O'Brien	Liverpool Harriers & Ac	11:49	44	2311	Isobel Kavanagh	Liverpool Harriers & Ac	13:30
10	1138	Lucy Bell	Leven Valley AC	11:50	45	1679	Xara Lewis	Rossendale Harriers & Ac	13:31
11	318	Aimee Harling	Blackpool Wyre & Fylde Ac	11:53	46	795	Rosie Scott	Kendal Helm Composite	13:33
12	791	Millie Jebb	Kendal Helm Composite	11:55	47	165	Evie Fort	Blackburn Harriers & Ac	13:35
13	421	Isabel Goodman	Chorley A & T	11:56	48	1489	Lilly Washington	Preston Harriers	13:43
14	2551	Eleanor Redmond	Liverpool Harriers & Ac	11:58	49	1052	Alice Lupton	Lancaster & Morecambe Ac	13:47
15	2373	Anna Nicholson	Lancaster & Morecambe Ac	12:01	50	170	Tamzin Osborne	Blackburn Harriers & Ac	13:47
16	2285	Isabella Wright	Keighley & Craven Ac	12:07	51	320	Isla Macpherson	Blackpool Wyre & Fylde Ac	13:50
17	2363	Sophie Mitchell	Preston Harriers	12:09	52	2355	Esme Clark	Wigan & District H & Ac	13:52
18	317	Jemima Bradburn	Blackpool Wyre & Fylde Ac	12:10	53	2376	Sophie O'Leary	Southport Waterloo Ac	13:53
19	2554	Lillian Rotheram	Liverpool Harriers & Ac	12:11	54	169	Bella McCredie	Blackburn Harriers & Ac	13:59
20	167	Lottie Hesketh	Blackburn Harriers & Ac	12:12	55	1485	Marianna Northwood	Preston Harriers	14:03
21	2374	S MonaghanClarkson	Southport Waterloo Ac	12:15	56	22	Lexi Allen	Barlick Fell Runners	14:04
22	794	Isla Pearman	Kendal Helm Composite	12:17	57	2377	Eleanor Woodford	Blackburn Harriers & Ac	14:07
23	168	Lyra Krige	Blackburn Harriers & Ac	12:19	58	2320	Mia Hanley	Sedbergh School RC	14:10
24	1677	Ruby Cleaver	Rossendale Harriers & Ac	12:21	59	1051	Tilly Dowthwaite	Lancaster & Morecambe Ac	14:12
25	424	Maisie Preston	Chorley A & T	12:28	60	539	Avalina Cicconi	Clayton-Le-Moors Harriers	14:18
26	174	Agatha Taylor	Blackburn Harriers & Ac	12:33	61	2239	Nour Kholeif	Wigan & District H & Ac	14:19
27	1678	Matilda Duffy	Rossendale Harriers & Ac	12:33	62	2354	Katie Bonner	Wigan & District H & Ac	14:24
28	1050	Eve Briffett	Lancaster & Morecambe Ac	12:38	63	1266	Isabella Forshaw	Liverpool Pembroke Sefton	14:56
29	2375	Naomi Saint	Preston Harriers	12:43	64	2577	Fay Lalley	Liverpool Harriers & Ac	14:57
30	1680	Eliena Lusty	Rossendale Harriers & Ac	12:45	65	541	Phoebe Jackson	Clayton-Le-Moors Harriers	14:59
31	2552	Hannah Robinson	Liverpool Harriers & Ac	12:48	66	2578	Isla Gronert	Liverpool Harriers & Ac	15:01
32	1714	Sophie Norman	Sedbergh School RC	12:53	67	951	Lucy Dodd	Kirkby Milers AC	15:10
33	788	Anna Coble	Kendal Helm Composite	12:55	68	2238	Esme Harris	Wigan & District H & Ac	15:37
34	796	Lily Slater	Kendal Helm Composite	12:56	69	2318	Ruby Dower	Sedbergh School RC	16:07
35	2356	Lucy Orrell	Wigan & District H & Ac	12:58	70	1105	Olivia Copper	Leigh Harriers & Ac	16:33
					71	419	Maisie Edwards	Chorley A & T	17:06

### Race 4 - Under 15 Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Liverpool Harriers & Ac	8	—	1	Holly Cross	3	Rebecca Murphy	4	Erin Fay
2	Blackpool Wyre & Fylde Ac	34	—	6	Kristy Leitch	11	Aimee Harling	17	Jemima Bradburn
3	Kendal Helm Composite	65	—	12	Millie Jebb	21	Isla Pearman	32	Anna Coble
4	Blackburn Harriers & Ac	66	—	19	Lottie Hesketh	22	Lyra Krige	25	Agatha Taylor
5	Rossendale Harriers & Ac	78	—	23	Ruby Cleaver	26	Matilda Duffy	29	Eliena Lusty
6	Lancaster & Morecambe Ac	90	—	15	Anna Nicholson	27	Eve Briffett	48	Alice Lupton
7	Preston Harriers	91	—	16	Sophie Mitchell	28	Naomi Saint	47	Lilly Washington
8	Chorley A & T	107	—	13	Isabel Goodman	24	Maisie Preston	70	Maisie Edwards
9	Southport Waterloo Ac	109	—	20	S MonaghanClarkson	37	Isla Gray	52	Sophie O'Leary
10	Wigan & District H & Ac	145	—	34	Lucy Orrell	51	Esme Clark	60	Nour Kholeif

# Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 25th November 2023

## Race 5 - Under 15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	1936	William Delamere	Southport Waterloo Ac	9:51	29	781	Toby Acland	Kendal Helm Composite	12:07
2	2562	Max Taylor	Liverpool Harriers & Ac	10:05	30	157	Loucas Lancashire	Blackburn Harriers & Ac	12:08
3	1933	Caleb Still	Southport Waterloo Ac	10:07	31	152	Liam Bennison	Blackburn Harriers & Ac	12:10
4	150	Samuel Aspey	Blackburn Harriers & Ac	10:11	32	1254	Daniel Berry	Liverpool Pembroke Sefton	12:14
5	162	Henry Ward	Blackburn Harriers & Ac	10:16	33	1258	William Henry	Liverpool Pembroke Sefton	12:15
6	418	Max Winstanley	Chorley A & T	10:25	34	538	Devon Siguenza	Clayton-Le-Moors Harriers	12:16
7	1930	Liam McCormick	Southport Waterloo Ac	10:34	35	1103	Lucas Gregory	Leigh Harriers & Ac	12:30
8	782	Will Brayshaw	Kendal Helm Composite	10:48	36	50	Joseph Cook	Barrow & Furness Striders	12:30
9	163	Jack Wood	Blackburn Harriers & Ac	10:49	37	1104	Oscar Redmond	Leigh Harriers & Ac	12:34
10	159	Alex Rothwell	Blackburn Harriers & Ac	11:07	38	417	Harry Walkden	Chorley A & T	12:38
11	1935	Eddy Clark	Southport Waterloo Ac	11:08	39	1709	Daniel Young	Sedbergh School RC	12:39
12	1260	Daniel Procter	Liverpool Pembroke Sefton	11:12	40	1668	Archie Ogretmen	Rossendale Harriers & Ac	12:40
13	2517	Ryan French	Liverpool Harriers & Ac	11:15	41	1135	Sam Oldham	Leven Valley AC	12:47
14	158	Theo Robinson	Blackburn Harriers & Ac	11:16	42	1257	Tom Freeman	Liverpool Pembroke Sefton	12:51
15	2378	Peter Sagar-Moss	Hyndburn Ac	11:18	43	784	Harvey Shaw	Kendal Helm Composite	12:54
16	151	Max Belshaw	Blackburn Harriers & Ac	11:21	44	537	Oscar Clayton	Clayton-Le-Moors Harriers	12:58
17	1704	George Martin	Sedbergh School RC	11:27	45	1674	Joel Woods	Rossendale Harriers & Ac	12:58
18	1669	Theo Ormrod	Rossendale Harriers & Ac	11:32	46	1670	Thomas Smith	Rossendale Harriers & Ac	12:59
19	161	Callum Singleton	Blackburn Harriers & Ac	11:35	47	2579	George Duffy	Liverpool Harriers & Ac	13:01
20	785	Joseff Tancred	Kendal Helm Composite	11:39	48	1708	Thomas Sterne	Sedbergh School RC	13:08
21	2529	Daniel Johnson	Liverpool Harriers & Ac	11:39	49	311	Adam Jackson	Blackpool Wyre & Fylde Ac	13:22
22	1706	Henry Patchett	Sedbergh School RC	11:40	50	949	Ryan Jones(Jnr)	Kirkby Milers AC	13:42
23	1673	Alfie Walker	Rossendale Harriers & Ac	11:53	51	1102	Barnaby Crombleholme	Leigh Harriers & Ac	13:46
24	155	George Holman	Blackburn Harriers & Ac	11:54	52	536	Zachary Beresford	Clayton-Le-Moors Harriers	14:24
25	416	Wilf Hudson	Chorley A & T	11:54	53	1049	Zach Thomas	Lancaster & Morecambe Ac	15:01
26	1705	Sasha Moyle	Sedbergh School RC	11:56	54	1671	Toby Steel	Rossendale Harriers & Ac	15:53
27	1137	Riley Scott	Leven Valley AC	12:03	55	1700	William Biker	Sedbergh School RC	19:48
28	1136	Oliver Scott	Leven Valley AC	12:05					

## Race 5 - Under 15 Boys — TEAM RESULTS

1	Southport Waterloo Ac	11	—	1	William Delamere	3	Caleb Still	7	Liam McCormick
2	Blackburn Harriers & Ac	18	—	4	Samuel Aspey	5	Henry Ward	9	Jack Wood
3	Liverpool Harriers & Ac	36	—	2	Max Taylor	13	Ryan French	21	Daniel Johnson
4	Kendal Helm Composite	57	—	8	Will Brayshaw	20	Joseff Tancred	29	Toby Acland
5	Sedbergh School RC	65	—	17	George Martin	22	Henry Patchett	26	Sasha Moyle
6	Chorley A & T	69	—	6	Max Winstanley	25	Wilf Hudson	38	Harry Walkden
7	Liverpool Pembroke Sefton	77	—	12	Daniel Procter	32	Daniel Berry	33	William Henry
8	Rossendale Harriers & Ac	81	—	18	Theo Ormrod	23	Alfie Walker	40	Archie Ogretmen
9	Leven Valley AC	96	—	27	Riley Scott	28	Oliver Scott	41	Sam Oldham
10	Leigh Harriers & Ac	123	—	35	Lucas Gregory	37	Oscar Redmond	51	Barnaby Crombleholme
11	Clayton-Le-Moors Harriers	130	—	34	Devon Siguenza	44	Oscar Clayton	52	Zachary Beresford

## Race 5 - Under 17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	1150	Georgia Bell	Leven Valley AC	16:00	14	2321	Matilda Hynes	Sedbergh School RC	20:14
2	1496	Zara Darkin	Preston Harriers	17:12	15	2046	Gemma Kenniford	Trawden Athletic Club	20:24
3	1148	Marina Bailey	Leven Valley AC	17:24	16	2379	Poppy Matter	Leigh Harriers & Ac	20:26
4	430	Amelie Smethurst	Chorley A & T	17:30	17	1061	Annie Dickinson	Lancaster & Morecambe Ac	20:33
5	1278	Sarah Yates	Liverpool Pembroke Sefton	17:59	18	1962	Amelie Scott	Southport Waterloo Ac	20:43
6	1063	Isabelle Murphy	Lancaster & Morecambe Ac	18:01	19	1155	Honor Morton	Leven Valley AC	20:59
7	188	Charlotte Robertshaw	Blackburn Harriers & Ac	18:08	20	1498	Holly Moffatt	Preston Harriers	21:20
8	190	Poppi Watson	Blackburn Harriers & Ac	18:12	21	1728	Sophie Sterne	Sedbergh School RC	21:46
9	1108	Rose Parry	Leigh Harriers & Ac	18:22	22	961	Poppy Ingarfield	Kirkby Milers AC	21:50
10	1151	Ellen Douglas	Leven Valley AC	18:55	23	1729	Grace Wells	Sedbergh School RC	22:09
11	1957	Emily Dean	Southport Waterloo Ac	19:09	24	186	Freya Neild	Blackburn Harriers & Ac	22:10
12	187	Isabella Pacelli	Blackburn Harriers & Ac	19:22	25	707	Heidi Sagar-Moss	Hyndburn Ac	25:19
13	11491	Barrowdale-Smith	Leven Valley AC	19:28					

## Race 5 - Under 17 Women — TEAM RESULTS

1	Leven Valley AC	14	—	1	Georgia Bell	3	Marina Bailey	10	Ellen Douglas
2	Blackburn Harriers & Ac	27	—	7	Charlotte Robertshaw	8	Poppi Watson	12	Isabella Pacelli

# Mid Lancs Cross Country League

## at Sefton Park, Liverpool on Saturday 25th November 2023

### Race 6 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	176	Oliver Gill	Blackburn Harriers & Ac	18:25	23	802	Oliver Willoughby	Kendal Helm Composite	21:20
2	1145	Will McNally	Leven Valley AC	18:28	24	957	Luke Culshaw	Kirkby Milers AC	21:29
3	181	Daniel Smith	Blackburn Harriers & Ac	18:42	25	1953	Will Rothwell	Southport Waterloo Ac	21:53
4	183	Ben Stratton	Blackburn Harriers & Ac	18:46	26	1721	Bruno Fielding	Sedbergh School RC	21:54
5	2280	Adam Varey	Border Harriers & Ac	19:10	27	2580	Daniel Adams	Liverpool Harriers & Ac	21:57
6	425	Freddie Edwards	Chorley A & T	19:18	28	1955	Julius Zajitschek	Southport Waterloo Ac	22:32
7	1143	Max Hazlehurst	Leven Valley AC	19:24	29	426	Reuben Goulding	Chorley A & T	22:48
8	1056	Jack Eccles	Lancaster & Morecambe Ac	19:42	30	1722	Joseph Haywood	Sedbergh School RC	22:49
9	428	Marcus Thomasson	Chorley A & T	19:52	31	1682	James Boyd	Rossendale Harriers & Ac	23:20
10	1146	Oliver Oldham	Leven Valley AC	20:15	32	2380	Edward Willetts	Blackpool Wyre & Fylde Ac	23:33
11	2241	Sami Manir-Jolley	Wigan & District H & Ac	20:15	33	323	Ethan Bateman	Blackpool Wyre & Fylde Ac	23:48
12	175	Ethan Cutler	Blackburn Harriers & Ac	20:17	34	1684	Billy Hilton	Rossendale Harriers & Ac	24:00
13	798	Alfie Addison	Kendal Helm Composite	20:24	35	958	Xander Heaton	Kirkby Milers AC	24:07
14	1954	Luke Ward	Southport Waterloo Ac	20:30	36	2045	Charlie Reeder	Trawden Athletic Club	24:12
15	1491	Thomas Bates	Preston Harriers	20:31	37	1057	Ronan Maher	Lancaster & Morecambe Ac	24:19
16	2364	Adam Link	Preston Harriers	20:31	38	1683	Alfie Hilton	Rossendale Harriers & Ac	24:22
17	959	Evan Williams	Kirkby Milers AC	20:38	39	2322	V PilarsDePilar	Sedbergh School RC	25:00
18	179	Logan McCredie	Blackburn Harriers & Ac	20:41	40	1717	E BellierDeGaulmyn	Sedbergh School RC	25:06
19	799	Alfie Todd	Kendal Helm Composite	20:53	41	2381	Kiernyn Blagg	Leigh Harriers & Ac	26:52
20	1490	Gordon Ballantyne	Preston Harriers	21:03	42	2324	Isaac Tang	Sedbergh School RC	27:53
21	325	Alfie Hall	Blackpool Wyre & Fylde Ac	21:13					
22	182	Matthew Smith	Blackburn Harriers & Ac	21:14					

### Race 6 - Under 17 Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Blackburn Harriers & Ac	8 — 1 Oliver Gill	3 Daniel Smith	4 Ben Stratton
2 Leven Valley AC	17 — 2 Will McNally	6 Max Hazlehurst	9 Oliver Oldham
3 Chorley A & T	41 — 5 Freddie Edwards	8 Marcus Thomasson	28 Reuben Goulding
4 Preston Harriers	48 — 14 Thomas Bates	15 Adam Link	19 Gordon Ballantyne
5 Kendal Helm Composite	52 — 12 Alfie Addison	18 Alfie Todd	22 Oliver Willoughby
6 Southport Waterloo Ac	64 — 13 Luke Ward	24 Will Rothwell	27 Julius Zajitschek
7 Kirkby Milers AC	73 — 16 Evan Williams	23 Luke Culshaw	34 Xander Heaton
8 Blackpool Wyre & Fylde Ac	83 — 20 Alfie Hall	31 Edward Willetts	32 Ethan Bateman
9 Sedbergh School RC	93 — 25 Bruno Fielding	29 Joseph Haywood	39 E BellierDeGaulmyn
10 Rossendale Harriers & Ac	100 — 30 James Boyd	33 Billy Hilton	37 Alfie Hilton

### Race 6 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	549	Helana White	L20	1 Clayton-Le-Moors Harriers	33:16
2	200	Eleesha Charnley	L20	2 Blackburn Harriers & Ac	33:40
3	2342	Maggie Preece	L20	3 Lancaster University Running &	37:18

### Race 6 - Ladies under 20 — TEAM RESULTS

No complete teams

### Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	1689	Joseph Hopley	U20	1 Rossendale Harriers & Ac	32:49
2	1690	Joseph Ormrod	U20	2 Rossendale Harriers & Ac	34:46
3	1064	Tom Bowman	U20	3 Lancaster & Morecambe Ac	35:41
4	2600	Tom Webster	U20	4 Liverpool Harriers & Ac	36:11
5	1501	Luke Suffolk	U20	5 Preston Harriers	36:25
6	433	Tom Murphy	U20	6 Chorley A & T	36:26
7	2078	Casey Turner	U20	7 Walney Wind Cheetahs	38:23
8	2332	Edward Cox	U20	8 Lancaster University Running &	38:57
9	1065	Thomas McGrattan	U20	9 Lancaster & Morecambe Ac	39:11
10	963	Derri Henderson	U20	10 Kirkby Milers AC	39:41
11	2344	Harry Stead	U20	11 Lancaster University Running &	39:45
12	2079	Joe Turner	U20	12 Walney Wind Cheetahs	41:40
13	358	Nathan Green	U20	13 Burnley Ac	43:30

### Senior Men under 20 — TEAM RESULTS

No complete teams

# Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 25th November 2023

## Race 6 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time					
1	128	Jessica Warner-Judd	L	1 Blackburn Harriers & Ac	27:09	78	579	Jayne Perry	L4016 Garstang Running Club	41:17
2	1439	Emma McColm	L	2 Preston Harriers	30:05	79	2266	Lynn Manir-Jolley	L5010 Wigan Phoenix	41:20
3	750	Rosie Woodhams	L	3 Kendal AAC	31:03	80	1554	Sarah Parkinson	L 80 Red Rose Road Runners	41:26
4	2581	Niamh Donnelly	L	4 Liverpool Harriers & Ac	31:14	81	274	Laura Lawler	L55 3 Blackpool Wyre & Fylde Ac	41:38
5	659	Sharon Taylor	L40	1 Helm Hill Runners	31:16	82	1204	Katherine Clancy	L4017 Liverpool Pembroke Sefton	41:43
6	2582	Alex O'Brien	L40	2 Liverpool Harriers & Ac	31:32	83	1016	Christina McGuire	L60 2 Lancaster & Morecambe Ac	41:52
7	1444	Nicola Sutton	L35	1 Preston Harriers	31:53	84	1082	Rachel Pollitt	L 84 Leigh Harriers & Ac	41:53
8	1205	Debra Crook	L40	3 Liverpool Pembroke Sefton	32:11	85	1891	Carole James	L55 4 Southport Waterloo Ac	42:03
9	267	Layla Foley	L	9 Blackpool Wyre & Fylde Ac	32:42	86	2211	Bethany Higson	L 86 Wigan & District H & Ac	42:14
10	120	Maddie Elliott	L	10 Blackburn Harriers & Ac	32:47	87	2070	Janice Callister	L55 5 Walney Wind Cheetahs	42:33
11	501	Nicola Moynihan	L	11 Clayton-Le-Moors Harriers	32:54	88	2161	Kay Twist	L5011 Wesham Road Runners & Ac	42:34
12	2583	Holly Love	L	12 Liverpool Harriers & Ac	33:00	89	505	Julia Rushton	L55 6 Wigan-Le-Moors Harriers	42:51
13	549	Helana White	L20	1 Clayton-Le-Moors Harriers	33:16	90	745	Natasha Miller	L4018 Kendal AAC	42:54
14	2072	Sarah Jones	L	14 Walney Wind Cheetahs	33:25	91	2020	Clair Priestley	L4512 Trawden Athletic Club	43:06
15	654	Joanne Hickman	DunneL	15 Helm Hill Runners	33:29	92	1323	Claire Markham	L5012 Lytham St Annes Rr Club	43:09
16	1442	Jamie Robinson	L35	2 Preston Harriers	33:31	93	1612	Claire Dobson	L35 6 Rossendale Harriers & Ac	43:10
17	200	Eleesha Charnley	L20	2 Blackburn Harriers & Ac	33:40	94	1826	Anna Williams	L4019 Skelmersdale Boundary H	43:13
18	1430	Charlotte Gregory	L	18 Preston Harriers	33:51	95	2031	Beverley Wright	L60 3 Blackpool Wyre & Fylde Ac	43:15
19	1798	Maria Cook	L45	1 Skelmersdale Boundary H	33:56	96	266	Karen Dunford	L55 7 Blackpool Wyre & Fylde Ac	43:16
20	2584	Sasha Ryan	L	20 Liverpool Harriers & Ac	34:03	97	1125	Colleen Oldham	L4020 Leven Valley AC	43:17
21	2585	Fiona Corrick	L	21 Liverpool Harriers & Ac	34:08	98	2343	Luisa Shield	L 98 Lancaster University Running &	43:29
22	126	Ellen Sagar-Hesketh	L	22 Blackburn Harriers & Ac	34:41	99	1610	Hena Chaudry	L4021 Rossendale Harriers & Ac	43:41
23	2586	Abigail Preece	L	23 Liverpool Harriers & Ac	34:53	100	906	Nicola Kitts	L 100 Kirkby Milers AC	43:47
24	1429	Nicola Foster	L	24 Preston Harriers	34:56	101	1548	Alison Parkinson	L55 8 Red Rose Road Runners	43:49
25	2337	Anna Lonsdale	L	25 Lancaster University Running &	35:10	102	117	Lindsay Davies	L5013 Blackburn Harriers & Ac	43:53
26	1010	Lauren Gora	L40	4 Lancaster & Morecambe Ac	35:11	103	633	Natasha Gray	L 103 Glaxo Hoad Hill Harriers	44:02
27	626	Lauren Booth	L	27 Glaxo Hoad Hill Harriers	35:38	104	2383	Rudof Maclejkowicz	L 104 Kendal AAC	44:04
28	2220	Kelly Staunton	L	28 Wigan & District H & Ac	35:42	105	1556	Paula Plowman	L60 4 Red Rose Road Runners	44:04
29	264	Kira Cheshire	L	29 Blackpool Wyre & Fylde Ac	36:12	106	2213	Rachel Lawton	L5014 Wigan & District H & Ac	44:06
30	1893	Katie Lee	L	30 Southport Waterloo Ac	36:13	107	2151	Lisa Minns	L55 9 Wesham Road Runners & Ac	44:16
31	1214	Rachel Yates	L45	2 Liverpool Pembroke Sefton	36:14	108	1545	Zoe Cain	L35 7 Red Rose Road Runners	44:26
32	1124	Elizabeth McNally	L50	1 Leven Valley AC	36:26	109	1622	Caroline Ogden	L5015 Rossendale Harriers & Ac	44:26
33	668	Emma Guilfoyle	L	33 Hyndburn Ac	36:31	110	1548	Sarah Denver	L35 8 Red Rose Road Runners	44:28
34	1126	Leanne Scott	L40	5 Leven Valley AC	36:51	111	1889	Gemma Delamere	L4022 Southport Waterloo Ac	44:43
35	1549	Samantha Edwards	L35	3 Red Rose Road Runners	37:07	112	35	Cathrine Grisdale	L60 5 Barrow & Furness Striders	44:46
36	127	Rebecca Ward	L40	6 Blackburn Harriers & Ac	37:18	113	1017	Emily Stapleton	L5016 Lancaster & Morecambe Ac	45:00
37	2342	Maggie Preece	L20	3 Lancaster University Running &	37:18	114	1895	Helen Lodge	L5510 Southport Waterloo Ac	45:00
38	1898	Andrea Scarborough	L40	7 Southport Waterloo Ac	37:22	115	1887	Katy Coupland	L4513 Southport Waterloo Ac	45:08
39	1441	Eleanor Palmer	L	39 Preston Harriers	37:24	116	1808	Michelle Loughlin	L5511 Skelmersdale Boundary H	45:18
40	1623	Lisa Parker	L45	3 Rossendale Harriers & Ac	37:24	117	576	Becky Howell	L5512 Garstang Running Club	45:21
41	1611	Joanne Cleaver	L40	8 Rossendale Harriers & Ac	37:28	118	2010	Elaine Corcoran	L4514 Trawden Athletic Club	45:24
42	742	Christie Byrne	L	42 Kendal AAC	37:45	119	1326	Julia Rolfe	L60 6 Lytham St Annes Rr Club	45:28
43	1447	Emma Watson	L35	4 Preston Harriers	37:46	120	2215	Lucy McKenna	L 120 Wigan & District H & Ac	45:32
44	639	Elsie Roberts	L45	4 Glaxo Hoad Hill Harriers	37:55	121	279	Jayne Ogier	L4023 Blackpool Wyre & Fylde Ac	45:46
45	749	Amy Wilkin	L45	5 Kendal AAC	38:05	122	1203	Tracy Berry	L4024 Liverpool Pembroke Sefton	45:56
46	498	Kim Kennedy	L40	9 Clayton-Le-Moors Harriers	38:09	123	1213	Sharon Roberts	L5017 Liverpool Pembroke Sefton	45:57
47	644	Heather Travis	L45	6 Glaxo Hoad Hill Harriers	38:11	124	902	Pat Helsby	L65 2 Kirkby Milers AC	46:20
48	1322	Melanie Koth	L50	2 Lytham St Annes Rr Club	38:16	125	747	Dianne Priestley	L70 1 Kendal AAC	46:24
49	2008	Helen Buchan	L45	7 Trawden Athletic Club	38:23	126	918	Jayne Russell	L4515 Kirkby Milers AC	46:55
50	1083	Katie Sanderson	L45	8 Leigh Harriers & Ac	38:30	127	1327	Ruth Williams	L5513 Lytham St Annes Rr Club	47:10
51	640	Ellie Simmonds	L	51 Glaxo Hoad Hill Harriers	38:35	128	1012	Jennie Hodgson	L60 7 Lancaster & Morecambe Ac	47:28
52	1428	Cathy Flitcroft	L55	1 Preston Harriers	38:37	129	907	Jayne Land	L5018 Kirkby Milers AC	47:44
53	1212	Lisa Procter	L40	10 Liverpool Pembroke Sefton	38:46	130	1449	Olga Wiggins	L4025 Preston Harriers	47:47
54	1616	Sophie Howard	L	54 Rossendale Harriers & Ac	38:54	131	2068	Rebekah Caine	L4026 Walney Wind Cheetahs	48:03
55	2201	Jayne Barlow	L50	3 Wigan & District H & Ac	38:59	132	1825	Andrea Welsh	L4027 Skelmersdale Boundary H	48:14
56	485	Susan Burns	L65	1 Clayton-Le-Moors Harriers	39:00	133	575	Mary Hewitt	L65 3 Garstang Running Club	48:24
57	2223	Kelly Towns	L45	9 Wigan & District H & Ac	39:00	134	492	Helen Harrison	L5514 Clayton-Le-Moors Harriers	48:59
58	276	Suzanne Leonard	L50	4 Blackpool Wyre & Fylde Ac	39:03	135	1902	Susan Stewart	L75 1 Southport Waterloo Ac	49:06
59	488	Alison Dugdale	L50	5 Clayton-Le-Moors Harriers	39:03	136	574	Sheena Cottam	L5019 Garstang Running Club	49:09
60	2076	Amy Singleton	L40	11 Walney Wind Cheetahs	39:05	137	1624	Sarah Pilkington	L4028 Rossendale Harriers & Ac	49:11
61	280	Basia Pawelczak	L	61 Blackpool Wyre & Fylde Ac	39:21	138	510	Katy Thompson	L65 4 Clayton-Le-Moors Harriers	49:19
62	743	Kerry Davies	L50	6 Kendal AAC	39:24	139	2066	Tracy Bell	L5020 Walney Wind Cheetahs	49:22
63	384	Laura Livesey	L35	5 Chorley A & T	39:35	140	635	Paula Herbert	L5515 Glaxo Hoad Hill Harriers	49:56
64	631	D FletcherCooney	L	64 Glaxo Hoad Hill Harriers	39:43	141	577	Laura Ibson	L 141 Garstang Running Club	51:08
65	1321	Barbara Holmes	L60	1 Lytham St Annes Rr Club	39:45	142	1446	Julie Tyrer	L4516 Preston Harriers	51:18
66	2075	Karen Oldham	L55	2 Walney Wind Cheetahs	39:46	143	1627	Sara Steel	L4029 Rossendale Harriers & Ac	51:47
67	2382	Che McGarvey-Gill	L	67 Lancaster & Morecambe Ac	40:14	144	892	Helen Eaton	L5021 Kirkby Milers AC	51:54
68	641	Hilary Stephenson	L40	12 Glaxo Hoad Hill Harriers	40:16	145	914	Susan Moran	L4030 Kirkby Milers AC	53:21
69	2025	Paula Walsh	L45	10 Trawden Athletic Club	40:26	146	273	Claire Irons	L4031 Blackpool Wyre & Fylde Ac	54:40
70	508	Michelle Sumner	L40	13 Clayton-Le-Moors Harriers	40:44	147	2029	Karen Windle	L60 8 Trawden Athletic Club	55:07
71	1015	Miriam Maher	L50	7 Lancaster & Morecambe Ac	40:45	148	341	Sally Green	L5022 Burnley Ac	55:55
72	1443	Kimberley Slater	L50	8 Preston Harriers	40:51	149	1448	Sue Wickham	L60 9 Preston Harriers	56:11
73	2073	Karen Maggio-Poyntz	L50	9 Walney Wind Cheetahs	40:55	150	2009	Julie Carman	L65 5 Trawden Athletic Club	57:32
74	1803	Victoria Gilbody	L	74 Skelmersdale Boundary H	40:56	151	1794	Ursula Cheetham	L5023 Skelmersdale Boundary H	57:43
75	33	Sarah Bouffler	L40	14 Barrow & Furness Striders	41:02	152	1081	Debbie Copper	L4032 Leigh Harriers & Ac	58:37
76	123	Sarah Krige	L45	11 Blackburn Harriers & Ac	41:04	153	499	Christine Leathley	L70 2 Clayton-Le-Moors Harriers	1:04:41
77	272	Amy Hunter	L40	15 Blackpool Wyre & Fylde Ac	41:15	154	484	Susan Allen	L6010 Clayton-Le-Moors Harriers	1:05:44



## Race 6 - Ladies over 18 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Liverpool Harriers & Ac	22	—	4	NiamhDonnelly	6	Alex O'Brien	12	Holly Love
2	Preston Harriers	25	—	2	EmmaMcColm	7	Nicola Sutton	16	Jamie Robinson
3	Blackburn Harriers & Ac	28	—	1	Jessica Warner-Judd	10	Maddie Elliott	17	Eleesha Charnley
4	Liverpool Harriers & Ac 'B'	64	—	20	Sasha Ryan	21	Fiona Corrick	23	Abigail Preece
5	Clayton-Le-Moors Harriers	70	—	11	Nicola Moynihan	13	Helana White	46	Kim Kennedy
6	Preston Harriers 'B'	81	—	18	Charlotte Gregory	24	Nicola Foster	39	Eleanor Palmer
7	Kendal AAC	90	—	3	Rosie Woodhams	42	Christie Byrne	45	Amy Wilkin
8	Liverpool Pembroke Sefton	92	—	8	Debra Crook	31	Rachel Yates	53	Lisa Procter
9	Blackpool Wyre & Fylde Ac	96	—	9	Layla Foley	29	Kira Cheshire	58	Suzanne Leonard
10	Glaxo Hoad Hill Harriers	118	—	27	Lauren Booth	44	Elsie Roberts	47	Heather Travis
11	Blackburn Harriers & Ac 'B'	134	—	22	Ellen Sagar-Hesketh	36	Rebecca Ward	76	Sarah Krige
12	Rossendale Harriers & Ac	135	—	40	Lisa Parker	41	Joanne Cleaver	54	Sophie Howard
13	Wigan & District H & Ac	140	—	28	Kelly Staunton	55	Jayne Barlow	57	Kelly Towns
14	Walney Wind Cheetahs	140	—	14	Sarah Jones	60	Amy Singleton	66	Karen Oldham
15	Southport Waterloo Ac	153	—	30	Katie Lee	38	Andrea Scarborough	85	Carole James
16	Lancaster University Running & Leven Valley AC	160	—	25	Anna Lonsdale	37	Maggie Preece	98	Luisa Shield
17	Leven Valley AC	163	—	32	Elizabeth McNally	34	Leanne Scott	97	Colleen Oldham
18	Lancaster & Morecambe Ac	164	—	26	Lauren Gora	67	Che McGarvey-Gill	71	Miriam Maher
19	Glaxo Hoad Hill Harriers 'B'	183	—	51	Ellie Simmonds	64	D FletcherCooney	68	Hilary Stephenson
20	Clayton-Le-Moors Harriers 'B'	185	—	56	Susan Burns	59	Alison Dugdale	70	Michelle Sumner
21	Skelmersdale Boundary H	187	—	19	Maria Cook	74	Victoria Gilbody	94	Anna Williams
22	Lytham St Annes Rr Club	205	—	48	Melanie Koth	65	Barbara Holmes	92	Claire Markham
23	Trawden Athletic Club	209	—	49	Helen Buchan	69	Paula Walsh	91	Clair Priestley
24	Red Rose Road Runners	216	—	35	Samantha Edwards	80	Sarah Parkinson	101	Alison Parkinson
25	Blackpool Wyre & Fylde Ac 'B'	219	—	61	Basia Pawelczak	77	Amy Hunter	81	Laura Lawler
26	Kendal AAC 'B'	256	—	62	Kerry Davies	90	Natasha Miller	104	Rudof Maciejkowicz
27	Leigh Harriers & Ac	286	—	50	Katie Sanderson	84	Rachel Pollitt	152	Debbie Copper
28	Walney Wind Cheetahs 'B'	291	—	73	Karen Maggio-Poyntz	87	Janice Callister	131	Rebekah Caine
29	Rossendale Harriers & Ac 'B'	301	—	93	Claire Dobson	99	Hena Chaudry	109	Caroline Ogden
30	Wigan & District H & Ac 'B'	312	—	86	Bethany Higson	106	Rachel Lawton	120	Lucy McKenna
31	Red Rose Road Runners 'B'	323	—	105	Paula Plowman	108	Zoe Cain	110	Sarah Denver
32	Lancaster & Morecambe Ac 'B'	324	—	83	Christina McGuire	113	Emily Stapleton	128	Jennie Hodgson
33	Liverpool Pembroke Sefton 'B'	327	—	82	Katherine Clancy	122	Tracy Berry	123	Sharon Roberts
34	Garstang Running Club	328	—	78	Jayne Perry	117	Becky Howell	133	Mary Hewitt
35	Southport Waterloo Ac 'B'	340	—	111	Gemma Delamere	114	Helen Lodge	115	Katy Coupland
36	Kirkby Milers AC	350	—	100	Nicola Kitts	124	Pat Helsby	126	Jayne Russell
37	Skelmersdale Boundary H 'B'	399	—	116	Michelle Loughlin	132	Andrea Welsh	151	Ursula Cheetham
38	Trawden Athletic Club 'B'	415	—	118	Elaine Corcoran	147	Karen Windle	150	Julie Carman
39	Kirkby Milers AC 'B'	418	—	129	Jayne Land	144	Helen Eaton	145	Susan Moran

## Race 6 - Ladies over 35 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Preston Harriers	24	—	3	Nicola Sutton	5	Jamie Robinson	16	Emma Watson
2	Liverpool Pembroke Sefton	37	—	4	Debra Crook	8	Rachel Yates	25	Lisa Procter
3	Glaxo Hoad Hill Harriers	73	—	17	Elsie Roberts	20	Heather Travis	36	Hilary Stephenson
4	Clayton-Le-Moors Harriers	76	—	19	Kim Kennedy	27	Susan Burns	30	Alison Dugdale
5	Leven Valley AC	80	—	9	Elizabeth McNally	10	Leanne Scott	61	Colleen Oldham
6	Rossendale Harriers & Ac	86	—	14	Lisa Parker	15	Joanne Cleaver	57	Claire Dobson
7	Lancaster & Morecambe Ac	95	—	7	Lauren Gora	39	Miriam Maher	49	Christina McGuire
8	Kendal AAC	104	—	18	Amy Wilkin	32	Kerry Davies	54	Natasha Miller
9	Walney Wind Cheetahs	107	—	31	Amy Singleton	35	Karen Oldham	41	Karen Maggio-Poyntz
10	Lytham St Annes Rr Club	111	—	21	Melanie Koth	34	Barbara Holmes	56	Claire Markham
11	Trawden Athletic Club	114	—	22	Helen Buchan	37	Paula Walsh	55	Clair Priestley
12	Blackburn Harriers & Ac	119	—	12	Rebecca Ward	43	Sarah Krige	64	Lindsay Davies
13	Blackpool Wyre & Fylde Ac	120	—	29	Suzanne Leonard	44	Amy Hunter	47	Laura Lawler
14	Wigan & District H & Ac	120	—	26	Jayne Barlow	28	Kelly Towns	66	Rachel Lawton
15	Southport Waterloo Ac	134	—	13	Andrea Scarborough	50	Carole James	71	Gemma Delamere
16	Red Rose Road Runners	139	—	11	Samantha Edwards	63	Alison Parkinson	65	Paula Plowman
17	Skelmersdale Boundary H	140	—	6	Maria Cook	58	Anna Williams	76	Michelle Loughlin
18	Garstang Running Club	214	—	45	Jayne Perry	77	Becky Howell	92	Mary Hewitt
19	Kirkby Milers AC	256	—	83	Pat Helsby	85	Jayne Russell	88	Jayne Land

## Race 6 - Ladies over 45 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Lytham St Annes Rr Club	59	—	8	Melanie Koth	18	Barbara Holmes	33	Claire Markham
2	Clayton-Le-Moors Harriers	60	—	13	Susan Burns	16	Alison Dugdale	31	Julia Rushton
3	Trawden Athletic Club	61	—	9	Helen Buchan	20	Paula Walsh	32	Clair Priestley
4	Wigan & District H & Ac	65	—	12	Jayne Barlow	14	Kelly Towns	39	Rachel Lawton
5	Walney Wind Cheetahs	71	—	19	Karen Oldham	23	Karen Maggio-Poyntz	29	Janice Callister
6	Blackpool Wyre & Fylde Ac	75	—	15	Suzanne Leonard	26	Laura Lawler	34	Beverly Wright
7	Kendal AAC	75	—	6	Amy Wilkin	17	Kerry Davies	52	Dianne Priestley
8	Glaxo Hoad Hill Harriers	75	—	5	Elsie Roberts	7	Heather Travis	63	Paula Herbert
9	Lancaster & Morecambe Ac	91	—	21	Miriam Maher	27	Christina McGuire	43	Emily Stapleton
10	Preston Harriers	97	—	11	Cathy Flitcroft	22	Kimberley Slater	64	Julie Tyrer
11	Southport Waterloo Ac	117	—	28	Carole James	44	Helen Lodge	45	Katy Coupland
12	Skelmersdale Boundary H	117	—	1	Maria Cook	46	Michelle Loughlin	70	Ursula Cheetham
13	Kirkby Milers AC	160	—	51	Pat Helsby	53	Jayne Russell	56	Jayne Land
14	Garstang Running Club	164	—	47	Becky Howell	57	Mary Hewitt	60	Sheena Cottam

### Race 6 - Ladies over 55 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Blackpool Wyre & Fylde Ac	26	—	5	Laura Lawler	10	Beverley Wright	11	Karen Dunford
2	Clayton-Le-Moors Harriers	36	—	2	Susan Burns	9	Julia Rushton	25	Helen Harrison
3	Lytham St Annes Rr Club	44	—	3	Barbara Holmes	19	Julia Rolfe	22	Ruth Williams
4	Southport Waterloo Ac	49	—	7	Carole James	16	Helen Lodge	26	Susan Stewart

### Race 6 - Ladies over 65 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Clayton-Le-Moors Harriers	15	—	1	Susan Burns	6	Katy Thompson	8	Christine Leathley
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### Race 6 - Vet 70 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	1306	Graham Webster	V70 1 Lytham St Annes Rr Club	41:40
2	1377	Alan Appleby	V75 1 Preston Harriers	43:15
3	569	Anthony Pritchard	V70 2 Garstang Running Club	44:49
4	250	Bill Smith	V70 3 Blackpool Wyre & Fylde Ac	54:05

### Race 6 - Vet 70 Men — TEAM RESULTS

**No complete teams**



173 2351	Michael Wrigley	V4518	Trawden Athletic Club	42:33	236 873K	Shurie-Mackenzie	V5520	Kirkby Milers AC	45:59
174 1293	Dominic Kirby	V4030	Lytham St Annes Rr Club	42:36	237 1418	Chris Wales	V5027	Preston Harriers	46:05
175 258	Steve Wilson	V5016	Blackpool Wyre & Fylde Ac	42:37	238 2047	Steven Batty	V6011	Walney Wind Cheetahs	46:18
176 1384	Andy Eaves		Preston Harriers	42:38	239 1190	Adam Jones		Liverpool Pembroke Sefton	46:24
177 2103	Carl Groom	V5017	Wesham Road Runners & Ac	42:38	240 1540	Daniel Watson	V4036	Red Rose Road Runners	46:26
178 1969	Scott Berry	V4519	Trawden Athletic Club	42:43	241 565	Richard Jones	V4527	Garstang Running Club	46:40
179 1410	Brendan Pugh	V5510	Preston Harriers	42:47	242 857	David Matthews	V4528	Kirkby Milers AC	46:43
180 379	Paul Wareing	V60 5	Chorley A & T	42:48	243 2289	David Hemmings	V5521	Southport Waterloo Ac	46:58
181 1881	Mitchell Wells	V5018	Southport Waterloo Ac	42:48	244 1858	Sam Moran		Southport Waterloo Ac	47:15
182 2281	\$Martin Varey	V4520	Border Harriers & Ac	42:48	245 665	Peter Sagar	V6012	Hyndburn Ac	47:17
183 1536	Simon Shaw	V60 6	Red Rose Road Runners	42:49	246 611	George Mabey		Glaxo Hoad Hill Harriers	47:23
184 712	Alex Davies	V5019	Kendal AAC	42:53	247 1838	Graham Cuddy	V5522	Southport Waterloo Ac	47:28
185 885	Thomas Wright		Kirkby Milers AC	42:57	248 1580	Alex Frost	V5523	Rossendale Harriers & Ac	47:41
186 1870	Keith Swift	V4521	Southport Waterloo Ac	42:59	249 2288	David Brunton	V5028	Red Rose Road Runners	47:42
187 2607	Abdulla AIKuware		Liverpool Harriers & Ac	43:07	250 608	David Kitts	V4037	Glaxo Hoad Hill Harriers	47:45
188 2387	John Mason	V5020	Barlick Fell Runners	43:10	251 728	Andrew Sheldon	V5524	Kendal AAC	47:54
189 1883	David Wright		Southport Waterloo Ac	43:12	252 1073	Brian Copper	V4529	Leigh Harriers & Ac	48:06
190 993	Chris O'Neill	V4031	Lancaster & Morecambe Ac	43:15	253 1404	Roy Parkinson	V5525	Preston Harriers	48:09
191 617	Tom Southward	V4032	Glaxo Hoad Hill Harriers	43:21	254 1516	Philip Butler	V6013	Red Rose Road Runners	48:18
192 1879	Stephen Ward	V4033	Southport Waterloo Ac	43:26	255 1199	Neil Roberts	V5526	Liverpool Pembroke Sefton	48:24
193 1514	Christopher Bridge		Red Rose Road Runners	43:29	256 1535	Imtiaz Patel	V5527	Red Rose Road Runners	48:25
194 358	Nathan Green	U2013	Burnley Ac	43:30	257 1078	Gary Sanderson	V4530	Leigh Harriers & Ac	48:30
195 614	Harry McCullough		Glaxo Hoad Hill Harriers	43:35	258 2060	Paul Quinn	V5528	Walney Wind Cheetahs	48:31
196 1399	Stephen Mort	V4522	Preston Harriers	43:37	259 1982	Stuart Hayton	V5529	Trawden Athletic Club	48:32
197 1763	Jim Dyson	V5021	Skelmersdale Boundary H	43:40	260 978	Darren Francis	V4531	Lancaster & Morecambe Ac	49:27
198 2388	Jay Johnson		Kirkby Milers AC	43:43	261 1782	Nick Paul	V6014	Skelmersdale Boundary H	49:36
199 1423	Robert Worsey		Preston Harriers	43:44	262 1522	Philip Davidson	V6015	Red Rose Road Runners	49:49
200 1527	Scott Jackson	V4523	Red Rose Road Runners	43:56	263 2171	Stephen Davies	V5029	Wigan & District H & Ac	49:59
201 2119	William Parkinson		Wesham Road Runners & Ac	43:57	264 2053	Philip Horrocks	V5530	Walney Wind Cheetahs	50:08
202 877	Lee Walmsley	V5022	Kirkby Milers AC	43:59	265 2198	Simon Tubbs	V4532	Wigan & District H & Ac	50:10
203 1077	David Pollitt	V5511	Leigh Harriers & Ac	44:03	266 2092	John Collier	V65 3	Wesham Road Runners & Ac	50:51
204 2062	Ian Sadler	V5512	Walney Wind Cheetahs	44:04	267 1115	Stephen Leadbetter	V4038	Leven Valley AC	51:27
205 2166	Sanjay Bisnauthsing	V4034	Wigan & District H & Ac	44:11	268 1784	Barry Ryder		Skelmersdale Boundary H	52:02
206 1298	Steve Pepper		Lytham St Annes Rr Club	44:14	269 1181	Andrew Conway	V5531	Liverpool Pembroke Sefton	52:11
207 979	Paul Gillon	V5513	Lancaster & Morecambe Ac	44:22	270 2327	Adam Rounce		Glaxo Hoad Hill Harriers	52:23
208 1543	Stephen Woodruffe	V60 7	Red Rose Road Runners	44:24	271 855	Sean Loughran	V6016	Kirkby Milers AC	53:09
209 1967	Christopher Atherton		Trawden Athletic Club	44:27	272 1512	Peter Bolton	V6017	Red Rose Road Runners	53:21
210 845	Mark Ingarfield	V5023	Kirkby Milers AC	44:32	273 1295	Lewis McAfee	V4039	Lytham St Annes Rr Club	53:35
211 72C	Balderson	V5514	Blackburn Harriers & Ac	44:34	274 376	Darrel Smethurst	V5030	Chorley A & T	53:43
212 2262	Christopher Wilson	V5515	Wigan Phoenix	44:35	275 1531	Rob Mather	V5031	Red Rose Road Runners	53:48
213 582	Rowan Barton		Glaxo Hoad Hill Harriers	44:41	276 553	Elliot Catterson		Garstang Running Club	53:52
214 563	Colin Jennings	V5024	Garstang Running Club	44:41	277 1777	Paul Land	V5032	Skelmersdale Boundary H	54:02
215 1766	Daniel Gilbody		Skelmersdale Boundary H	44:42	278 2052	Andrew Hemsley	V6018	Walney Wind Cheetahs	54:10
216 1530	Simon Major		Red Rose Road Runners	44:45	279 2096	James Danson	V5532	Wesham Road Runners & Ac	54:18
217 212	Peter Bradburn	V5025	Blackpool Wyre & Fylde Ac	44:57	280 1837	Lee Coupland	V4533	Southport Waterloo Ac	54:24
218 560	Chris Horner	V4524	Garstang Running Club	45:01	281 562	Adrian Ibison	V5533	Garstang Running Club	54:31
219 867	Nick Morton		Kirkby Milers AC	45:03	282 1380	Michael Brown	V6019	Preston Harriers	54:36
220 1518	Stuart Cann	V5516	Red Rose Road Runners	45:11	283 818	Stuart Cameron	V4534	Kirkby Milers AC	55:14
221 1532	Steven Moon	V4525	Red Rose Road Runners	45:12	284 1397	George McLaughlin	V65 4	Preston Harriers	55:45
222 984	Graham Hodgson	V60 8	Lancaster & Morecambe Ac	45:13	285 1308	Stephen Wise	V6020	Lytham St Annes Rr Club	55:48
223 2199	Dino Vernazza		Wigan & District H & Ac	45:20	286 848	Michael Jones	V5033	Kirkby Milers AC	55:49
224 836	Gary English	V60 9	Kirkby Milers AC	45:23	287 1974	John Carman	V70 1	Trawden Athletic Club	55:58
225 876	Gary Thompson	V4035	Kirkby Milers AC	45:25	288 245	Simon Scarr	V6021	Blackpool Wyre & Fylde Ac	56:13
226 2178	Phil Hamilton	V5517	Wigan & District H & Ac	45:26	289 1862	Ian Pike	V5034	Southport Waterloo Ac	56:37
227 1519	John Carruthers	V5518	Red Rose Road Runners	45:27	290 555	Mark Dobson	V5534	Garstang Running Club	56:53
228 1752	Paul Cheetham	V5026	Skelmersdale Boundary H	45:31	291 2170	Jeff Darbyshire	V5035	Wigan & District H & Ac	57:12
229 1582	Nigel Goldswain	V5519	Rossendale Harriers & Ac	45:37	292 1297	Greg Oulton	V5535	Lytham St Annes Rr Club	58:12
230 2120	Phillip Quibell	V65 1	Wesham Road Runners & Ac	45:40	293 1302	Peter Thomson	V6022	Lytham St Annes Rr Club	1:00:31
231 226	Nick Hume	V65 2	Blackpool Wyre & Fylde Ac	45:40	294 2056	Chris Palmen	V6023	Walney Wind Cheetahs	1:00:44
232 1286	Chris Cottam		Lytham St Annes Rr Club	45:41	295 2063	Paul Smith	V5036	Walney Wind Cheetahs	1:01:19
233 827	Graham Cushion	V4526	Kirkby Milers AC	45:43	296 826	Ben Cross		Kirkby Milers AC	1:03:08
234 2168	Paul Collins		Wigan & District H & Ac	45:48	297 813	David Barrow	V65 5	Kirkby Milers AC	1:03:31
235 1188	Mark Hudson	V6010	Liverpool Pembroke Sefton	45:54					

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Liverpool Harriers & Ac	62	—	5	Matt Jackson	6	Matthew Leahy	8	Ethan Ackroyd	11	Jonjo Doherty	12	Joer Roberts	20	Matthew Skaiffe
2 Rossendale Harriers & Ac	117	—	3	Grant Cunliffe	9	Joseph Hopley	23	Andrew Grenfell	25	Chris Clare	26	Jonathan Cleaver	31	Joseph Ormrod
3 Blackburn Harriers & Ac	156	—	1	Matthew Ramsden	2	Daniel Bebbington	7	Tim Raynes	36	Ben Makin	42	Christopher Davies	68	Richard Addy
4 Liverpool Harriers & Ac 'B'	171	—	22	Mark Ryan	24	Steve Campbell	29	Ethan Dunn	30	Lee Siemaszko	32	Hywel Care	34	Dean Hanwell
5 Lancaster & Morecambe Ac	308	—	41	Tom Bowman	44	Joseph Twigg	45	David Brown	49	Beau Smith	59	Mark Holgate	70	Gareth Lee
6 Glaxo Hoad Hill Harriers	328	—	16	Matthew Elkington	33	Joseph Body	52	Luke Turner	62	Nathan White	77	Charles Jeffrey	83	Darren Coward
7 Southport Waterloo Ac	340	—	37	Ben Johnson	40	Francois Rafferty	61	Mark Dunham	63	David Hamilton	65	Andy Veevers	74	Alexander Vernon
8 Clayton-Le-Moors Harriers	410	—	14	Chris Holdsworth	28	Michael Stevens	72	Richard Stevenson	82	Peter Stevens	102	David Fort	112	Jonny Hall
9 Preston Harriers	430	—	17	Chris Livesey	39	Wesley Wilkinson	54	Luke Suffolk	62	Simon Collins	116	Peter Gibson	142	Graham Topping
10 Kendal AAC	503	—	19	Alasdair Russell	71	Joe Todd	79	Richard Wilson	106	Andrew Wallace	113	Will Sisson	115	Matthew Wilson
11 Liverpool Pembroke Sefton	505	—	4	Ross Harrison	38	Daniel Jones	91	Kevin Usher	97	Philip Macdonald	111	Thomas Harkin	164	Michael Gall
12 Rossendale Harriers & Ac 'B'	508	—	50	Michael Corbishley	57	Benjamin Kirkman	69	Henry Fitton-Thomas	81	Ed Hunt	105	Matthew Clawson	146	Jonathan English
13 Blackpool Wyre & Fylde Ac	577	—	10	Luke Minns	27	Harry Poole	98	Andrew Harling	139	Michael Osinski-Gray	151	Joshua Smith	152	Scott Ross
14 Wigan & District H & Ac	599	—	75	George Heyes	85	John Heyes	101	Benjamin Barnes	103	Lee Peake	117	Mark Morgan-Hillam	118	Mark Rogers
15 Lytham St Annes Rr Club	654	—	21	Alister Leivers	80	Ross McKelvie	100	Andrew Draper	133	Jonathan Tuck	147	James Whittle	173	Dominic Kirby
16 Chorley A & T	675	—	55	Tom Murphy	76	Robert Walsh	108	Keith Johnston	128	Dominic Raby	129	Ryan Ashcroft	179	Paul Wareing
17 Southport Waterloo Ac 'B'	720	—	88	John Delamere	107	Alex Waddelove	119	David McDonough	121	James Paybody	137	Ken Lennon	148	Peter Roome
18 Kirkby Milers AC	735	—	56	Liam Brown	92	James Williams	125	Derri Henderson	134	James Ellis	162	Gary Wilton	166	Ben Smith
19 Lancaster & Morecambe Ac 'B'	785	—	89	Lee Parrington	99	Matt Guilder	114	Thomas McGrattan	138	Paul Marshall	157	James Dalgleish	188	Chris O'Neill
20 Wesham Road Runners & Ac	805	—	43	Tom Bamber	64	Adam Wilding	95	Mark Belfield	176	Carl Groome	199	William Parkinson	228	Phillip Quibell
21 Trawden Athletic Club	819	—	51	Martin Greenwood	131	Ryan Bradshaw	143	Mark Walsh	145	James Wright	172	Michael Wrigley	177	Scott Berry
22 Red Rose Road Runners	847	—	46	Karl Hodgson	90	Daniel Hughes	141	Andrew Christie	181	Simon Shaw	191	Christopher Bridge	198	Scott Jackson
23 Leigh Harriers & Ac	921	—	53	Daniel Mitchinson	78	Chris Benjamin	84	Dave Smith	201	David Pollitt	250	Brian Copper	255	Gary Sanderson
24 Wigan & District H & Ac 'B'	922	—	135	Stuart Towns	136	Adam McKenna	140	Mike Harris	209	Gareth Harrison	259	Jamie Munro	203	Sanjay Bisnauthsing
25 Walney Wind Cheetahs	1030	—	86	Jonathan Benson	94	Casby Turner	156	Joe Turner	202	Ian Sadler	159	Steven Batty	256	Paul Quinn
26 Preston Harriers 'B'	1043	—	144	Steve Hallas	155	David Lea	175	Andy Eaves	178	Brendan Pugh	194	Stephen Mort	197	Robert Worsley
27 Blackpool Wyre & Fylde Ac 'B'	1127	—	168	David Barras	170	Andrew Fairbairn	171	Nathan Baker	174	Steve Wilson	215	Peter Bradburn	229	Nick Hume
28 Skelmersdale Boundary H	1155	—	130	Phillip Derry	132	Tom Cocks	195	Jim Dyson	213	Daniel Gilbody	226	Paul Cheetham	259	Nick Paul
29 Kirkby Milers AC 'B'	1171	—	167	Daniel McKeivitt	183	Thomas Wright	196	Jay Johnson	200	Lee Walmsley	208	Mark Ingarfield	217	Nick Morton
30 Red Rose Road Runners 'B'	1320	—	206	Stephen Woodruffe	214	Simon Major	218	Stuart Cann	219	Steven Moon	225	John Caruthers	238	Daniel Watson
31 Glaxo Hoad Hill Harriers 'B'	1353	—	189	Tom Southward	193	Harry McCulloch	211	Rowan Barton	244	George Mabey	248	David Kitts	268	Adam Rounce
32 Garstang Running Club	1385	—	165	Simon Gora	212	Colin Jennings	216	Chris Horner	239	Richard Jones	274	Elliot Catterson	279	Adrian Ibison
33 Lytham St Annes Rr Club 'B'	1569	—	204	Steve Pepper	230	Chris Cottam	271	Lewis McAfee	283	Stephen Wise	290	Greg Oulton	291	Peter Thomson

## Senior Men (Vets) over 40 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Rossendale Harriers & Ac	18	—	2	Andrew Grenfell	3	Chris Clare	4	Jonathan Cleaver	9	Michael Corbishley
2 Southport Waterloo Ac	44	—	6	Francois Rafferty	11	Mark Dunham	13	David Hamilton	14	Andy Veevers
3 Kendal AAC	108	—	16	Joe Todd	19	Richard Wilson	35	Andrew Wallace	38	Matthew Wilson
4 Preston Harriers	125	—	1	Chris Livesey	12	Simon Collins	55	Graham Topping	57	Steve Hallas
5 Liverpool Harriers & Ac	127	—	5	Lee Siemaszko	34	Adrian Roach	43	Lee Midghall	45	Peter Brame
6 Wigan & District H & Ac	134	—	22	John Heyes	33	Lee Peake	39	Mark Morgan-Hillam	40	Mark Rogers
7 Liverpool Pembroke Sefton	162	—	25	Kevin Usher	29	Philip Macdonald	37	Thomas Harkin	71	Michael Gall
8 Blackburn Harriers & Ac	166	—	7	Christopher Davies	15	Richard Addy	44	Mark Chippendale	100	C Balderson
9 Chorley A & T	181	—	18	Robert Walsh	36	Keith Johnston	46	Dominic Raby	81	Paul Wareing
10 Lancaster & Morecambe Ac	186	—	10	Mark Holgate	24	Lee Parrington	65	James Dalgleish	87	Chris O'Neill
11 Kirkby Milers AC	217	—	26	James Williams	49	James Ellis	69	Gary Wilton	73	Daniel McKeivitt
12 Blackpool Wyre & Fylde Ac	217	—	30	Andrew Harling	52	Michael Osinski-Gray	61	Scott Ross	74	Andrew Fairbairn
13 Wesham Road Runners & Ac	228	—	8	Tom Bamber	28	Mark Belfield	78	Carl Groome	114	Phillip Quibell
14 Lytham St Annes Rr Club	305	—	31	Andrew Draper	48	Jonathan Tuck	76	Dominic Kirby	150	Lewis McAfee
15 Red Rose Road Runners	327	—	54	Andrew Christie	83	Simon Shaw	92	Scott Jackson	98	Stephen Woodruffe
16 Trawden Athletic Club	348	—	56	Mark Walsh	75	Michael Wrigley	79	Scott Berry	138	Stuart Hayton
17 Leigh Harriers & Ac	382	—	21	Dave Smith	94	David Pollitt	131	Brian Copper	136	Gary Sanderson
18 Skelmersdale Boundary H	390	—	47	Phillip Derry	91	Jim Dyson	112	Paul Cheetham	140	Nick Paul
19 Garstang Running Club	400	—	72	Simon Gora	102	Colin Jennings	104	Chris Horner	122	Richard Jones
20 Walney Wind Cheetahs	495	—	95	Ian Sadler	120	Steven Batty	137	Paul Quinn	143	Philip Horrocks

## Senior Men (Vets) over 50 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Southport Waterloo Ac	17	—	1	Francois Rafferty	3	David Hamilton	13	David McDonough
2 Wigan & District H & Ac	29	—	6	John Heyes	11	Mark Morgan-Hillam	12	Mark Rogers
3 Chorley A & T	52	—	4	Robert Walsh	16	Dominic Raby	32	Paul Wareing
4 Liverpool Pembroke Sefton	73	—	7	Kevin Usher	9	Thomas Harkin	57	Mark Hudson
5 Preston Harriers	76	—	20	Steve Hallas	25	David Lea	31	Brendan Pugh
6 Rossendale Harriers & Ac	81	—	5	Ed Hunt	22	Michael Toman	54	Nigel Goldswain
7 Lancaster & Morecambe Ac	92	—	2	Mark Holgate	41	Paul Gillon	49	Graham Hodgson
8 Blackpool Wyre & Fylde Ac	99	—	23	Scott Ross	29	Steve Wilson	47	Peter Bradburn
9 Kendal AAC	111	—	10	Matthew Wilson	35	Alex Davies	66	Andrew Sheldon
10 Red Rose Road Runners	124	—	34	Simon Shaw	42	Stephen Woodruffe	48	Stuart Cann
11 Kirkby Milers AC	131	—	38	Lee Walmsley	43	Mark Ingarfield	50	Gary English
12 Wesham Road Runners & Ac	162	—	30	Carl Groome	55	Phillip Quibell	77	John Collier
13 Skelmersdale Boundary H	163	—	37	Jim Dyson	53	Paul Cheetham	73	Nick Paul
14 Walney Wind Cheetahs	171	—	40	Ian Sadler	60	Steven Batty	71	Paul Quinn
15 Trawden Athletic Club	182	—	19	Mark Walsh	72	Stuart Hayton	91	John Carman
16 Garstang Running Club	226	—	46	Colin Jennings	86	Adrian Ibison	94	Mark Dobson
17 Lytham St Annes Rr Club	282	—	89	Stephen Wise	96	Greg Oulton	97	Peter Thomson

## Senior Men (Vets) over 60 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Red Rose Road Runners	28	—	6	Simon Shaw	7	Stephen Woodruffe	15	Philip Butler
2 Preston Harriers	48	—	3	David Lea	22	Michael Brown	23	George McLaughlin
3 Kirkby Milers AC	57	—	9	Gary English	19	Sean Loughran	29	David Barrow
4 Walney Wind Cheetahs	62	—	13	Steven Batty	21	Andrew Hemsley	28	Chris Palmen

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