

Mid Lancs Cross Country League at Westmorland Showground on Saturday 14th October 2023

Under 11 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	763	Mila Barron	Kendal Helm Composite	7:42	18	766	Maia Dacre	Kendal Helm Composite	8:52
2	1161	Scarlett Clausen	Liverpool Harriers & Ac	7:58	19	770	Isabelle Leigh	Kendal Helm Composite	8:53
3	399	Winnie Lancaster	Chorley A & T	8:04	20	2276	Isabelle Coward	Barrow & Furness Striders	8:54
4	522	Molly Jackson	Clayton-Le-Moors Harriers	8:07	21	524	Lexie McLean	Clayton-Le-Moors Harriers	9:00
5	400	Amelia Pendlebury	Chorley A & T	8:15	22	1353	Skyler Lemon	Pendle Athletic Club	9:07
6	1455	Isabel Owers	Preston Harriers	8:22	23	37	Isabella Scanlon	Barrow & Furness Striders	9:17
7	1642	Elsie Duffy	Rossendale Harriers & Ac	8:23	24	1030	Isla Heath	Lancaster & Morecambe Ac	9:18
8	349	Robyn Hall	Burnley Ac	8:24	25	398	Ava Harker	Chorley A & T	9:31
9	291	Maggie Belfield	Blackpool Wyre & Fylde Ac	8:25	26	1029	Sienna Hardiman	Lancaster & Morecambe Ac	9:32
10	1650	Ivy Pilkington	Rossendale Harriers & Ac	8:31	27	1089	Hope Stones	Leigh Harriers & Ac	9:35
11	527	Freya Thomas	Clayton-Le-Moors Harriers	8:35	28	1127	Gabrielle Murray	Leven Valley AC	9:39
12	1027	Scarlet Gora	Lancaster & Morecambe Ac	8:38	29	1031	Lily Hutchinson	Lancaster & Morecambe Ac	9:54
13	1644	Isabelle Fenn	Rossendale Harriers & Ac	8:40	30	526	Amelia Rushton	Clayton-Le-Moors Harriers	10:01
14	135	Sophie Douglas	Blackburn Harriers & Ac	8:42	31	350	Maya Marshall	Burnley Ac	10:05
15	765	Violet Benson	Kendal Helm Composite	8:46	32	523	Stephanie McLean	Clayton-Le-Moors Harriers	10:22
16	1649	Thea Newton	Rossendale Harriers & Ac	8:48	33	351	Isabelle Nield	Burnley Ac	11:24
17	2034	Pheobe Glowdansky	Trawden Athletic Club	8:48					

Under 11 Girls — TEAM RESULTS

1	Rossendale Harriers & Ac	30	—	7	Elsie Duffy	10	Ivy Pilkington	13	Isabelle Fenn
2	Chorley A & T	33	—	3	Winnie Lancaster	5	Amelia Pendlebury	25	Ava Harker
3	Kendal Helm Composite	34	—	1	Mila Barron	15	Violet Benson	18	Maia Dacre
4	Clayton-Le-Moors Harriers	36	—	4	Molly Jackson	11	Freya Thomas	21	Lexie McLean
5	Lancaster & Morecambe Ac	62	—	12	Scarlet Gora	24	Isla Heath	26	Sienna Hardiman
6	Burnley Ac	72	—	8	Robyn Hall	31	Maya Marshall	33	Isabelle Nield

Under 11 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2274	Thomas Craker	Ambleside Ac	6:51	27	390	Benjamin Leap	Chorley A & T	8:02
2	756	Charles Hodgson	Kendal Helm Composite	6:56	28	1637	Cole Marsden	Rossendale Harriers & Ac	8:06
3	1159	Joseph McKenna	Liverpool Harriers & Ac	6:58	29	1023	Ruben Heath	Lancaster & Morecambe Ac	8:08
4	131	Finn Morrison	Blackburn Harriers & Ac	7:04	30	1330	William Coward	Lytham St Annes Rr Club	8:09
5	757	Jos Jebb	Kendal Helm Composite	7:07	31	751	Jonty Brodie	Kendal Helm Composite	8:12
6	129	Theo Addy	Blackburn Harriers & Ac	7:11	32	1021	William Gardner	Lancaster & Morecambe Ac	8:22
7	758	Dallas Machell	Kendal Helm Composite	7:14	33	1452	Charlie Benson	Preston Harriers	8:24
8	133	Morgan Watson	Blackburn Harriers & Ac	7:15	34	1350	Oliver Dale	Pendle Athletic Club	8:25
9	1160	Robert Worrall	Liverpool Harriers & Ac	7:16	35	1332	Joshua McAfee	Lytham St Annes Rr Club	8:27
10	289	Harry Posner	Blackpool Wyre & Fylde Ac	7:18	36	761	Sean Wild-Garcia	Kendal Helm Composite	8:31
11	2032	Jack Mitchell	Trawden Athletic Club	7:19	37	130	Mohammed Azam	Blackburn Harriers & Ac	8:33
12	760	Ben Ryan	Kendal Helm Composite	7:27	38	759	Danny Nunns	Kendal Helm Composite	8:35
13	752	Kit Evans	Kendal Helm Composite	7:28	39	2277	Dylan Meacock	Barrow & Furness Striders	8:36
14	520	Alex Smialek	Clayton-Le-Moors Harriers	7:28	40	287	Grayson Glickman	Blackpool Wyre & Fylde Ac	8:39
15	1630	Alexander Ball	Rossendale Harriers & Ac	7:31	41	927	Ryan Poland	Kirkby Milers AC	8:44
16	926	Patrick Piron	Kirkby Milers AC	7:31	42	394	Logan O'Keeffe	Chorley A & T	8:46
17	762	Oliver Wrigley	Kendal Helm Composite	7:35	43	2030	Mason Brooks	Trawden Athletic Club	8:55
18	1905	Caden Walker	Southport Waterloo Ac	7:36	44	288	Alexander Parsons	Blackpool Wyre & Fylde Ac	9:00
19	389	William Jenner	Chorley A & T	7:37	45	290	Jack Posner	Blackpool Wyre & Fylde Ac	9:14
20	516	Matthew Bissett	Clayton-Le-Moors Harriers	7:42	46	1022	Luke Grant	Lancaster & Morecambe Ac	9:17
21	1024	Joe Maguire	Lancaster & Morecambe Ac	7:43	47	1085	Matthew Birch	Leigh Harriers & Ac	9:23
22	1638	Archie Pilling	Rossendale Harriers & Ac	7:49	48	36	Elliot Scanlon	Barrow & Furness Striders	9:31
23	518	Harry Lowde	Clayton-Le-Moors Harriers	7:51	49	1219	George Henry	Liverpool Pembroke Sefton	9:36
24	753	Jack Farrell	Kendal Helm Composite	7:55	50	2275	William Brough	Barrow & Furness Striders	9:44
25	519	George Lowde	Clayton-Le-Moors Harriers	7:59	51	923	Mason Kitts	Kirkby Milers AC	10:00
26	1640	Harry Walker	Rossendale Harriers & Ac	8:02	52	1565	Livesey Eli Davison	Red Rose Road Runners	10:58

Under 11 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Kendal Helm Composite	11	—	1	Charles Hodgson	4	Jos Jebb	6	Dallas Machell
2	Blackburn Harriers & Ac	15	—	3	Finn Morrison	5	Theo Addy	7	Morgan Watson
3	Clayton-Le-Moors Harriers	54	—	13	Alex Smialek	19	Matthew Bissett	22	Harry Lowde
4	Rossendale Harriers & Ac	60	—	14	Alexander Ball	21	Archie Pilling	25	Harry Walker
5	Lancaster & Morecambe Ac	79	—	20	Joe Maguire	28	Ruben Heath	31	William Gardner
6	Chorley A & T	85	—	18	William Jenner	26	Benjamin Leap	41	Logan O'Keeffe
7	Blackpool Wyre & Fylde Ac	91	—	9	Harry Posner	39	Grayson Glickman	43	Alexander Parsons
8	Kirkby Milers AC	105	—	15	Patrick Piron	40	Ryan Poland	50	Mason Kitts
9	Barrow & Furness Striders	134	—	38	Dylan Meacock	47	Elliot Scanlon	49	William Brough

Mid Lancs Cross Country League at Westmorland Showground on Saturday 14th October 2023

Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1178	Evie Worrall	Liverpool Harriers & Ac	8:15	25	305	Lily-Rose McMinnis	Blackpool Wyre & Fylde Ac	9:33
2	304	Pollyanna Kershaw	Blackpool Wyre & Fylde Ac	8:23	26	947	Halli Williams	Kirkby Milers AC	9:34
3	1174	Isabella Parry	Liverpool Harriers & Ac	8:27	27	1130	Katelyn Douglas	Leven Valley AC	9:37
4	147	Millie Jordan	Blackburn Harriers & Ac	8:29	28	534	Jessica Gizon	Clayton-Le-Moors Harriers	9:40
5	1928	Grace Veevers	Southport Waterloo Ac	8:30	29	940	Melissa Cameron	Kirkby Milers AC	9:43
6	1176	Daisy Rushton	Liverpool Harriers & Ac	8:33	30	1101	Rae Vaughan	Leigh Harriers & Ac	9:47
7	779	Emmy Ranner	Kendal Helm Composite	8:36	31	777	Lara Collin	Kendal Helm Composite	9:52
8	1169	Esme Cameron	Liverpool Harriers & Ac	8:38	32	1661	Louise Lusty	Rossendale Harriers & Ac	9:54
9	778	Isla Jebb	Kendal Helm Composite	8:41	33	303	Abigail Cameron	Blackpool Wyre & Fylde Ac	9:58
10	1100	Bee Metcalfe	Leigh Harriers & Ac	8:43	34	309	Isabelle Wood	Blackpool Wyre & Fylde Ac	10:01
11	1658	Alice Carr	Rossendale Harriers & Ac	8:44	35	1469	Georgina Benson	Preston Harriers	10:04
12	1366	Marnie Nelson	Pendle Athletic Club	8:46	36	46	Olivia Gomersall	Barrow & Furness Striders	10:08
13	1470	Ellie Blackhurst	Preston Harriers	8:47	37	2278	Emily Wood	Blackburn Harriers & Ac	10:12
14	1664	Holly Nicholls	Rossendale Harriers & Ac	8:47	38	1367	Emily Roberts	Pendle Athletic Club	10:22
15	1927	Lauren Silcox	Southport Waterloo Ac	8:59	39	410	Georgina Pendlebury	Chorley A & T	10:24
16	1920	Lucy Delamere	Southport Waterloo Ac	9:02	40	148	Charlotte Rothwell	Blackburn Harriers & Ac	10:31
17	409	Eleanor Jenner	Chorley A & T	9:04	41	945	Isla Roach	Kirkby Milers AC	10:44
18	2040	Isabel Gill	Trawden Athletic Club	9:08	42	1369	Chloe Smith	Pendle Athletic Club	11:00
19	1660	Lyla Duffy	Rossendale Harriers & Ac	9:12	43	1245	Isabelle Elliott	Liverpool Pembroke Sefton	11:05
20	415	Ava Winstanley	Chorley A & T	9:16	44	1039	Alice Briffett	Lancaster & Morecambe Ac	11:06
21	1365	Gabriella Dale	Pendle Athletic Club	9:24	45	1663	Eva McClymont	Rossendale Harriers & Ac	11:06
22	1657	Iona Bell	Rossendale Harriers & Ac	9:25	46	1043	Olivia Hemingway	Lancaster & Morecambe Ac	12:30
23	1468	Georgina Andrews	Preston Harriers	9:29	47	1097	Dorothy Crombleholme	Leigh Harriers & Ac	12:42
24	149	Charlotte Smith	Blackburn Harriers & Ac	9:32					

Under 13 Girls — TEAM RESULTS

1	Liverpool Harriers & Ac	10	—	1	Evie Worrall	3	Isabella Parry	6	Daisy Rushton
2	Southport Waterloo Ac	36	—	5	Grace Veevers	15	Lauren Silcox	16	Lucy Delamere
3	Rossendale Harriers & Ac	44	—	11	Alice Carr	14	Holly Nicholls	19	Lyla Duffy
4	Kendal Helm Composite	47	—	7	Emmy Ranner	9	Isla Jebb	31	Lara Collin
5	Blackpool Wyre & Fylde Ac	60	—	2	Pollyanna Kershaw	25	Lily-Rose McMinnis	33	Abigail Cameron
6	Blackburn Harriers & Ac	65	—	4	Millie Jordan	24	Charlotte Smith	37	Emily Wood
7	Preston Harriers	71	—	13	Ellie Blackhurst	23	Georgina Andrews	35	Georgina Benson
8	Pendle Athletic Club	71	—	12	Marnie Nelson	21	Gabriella Dale	38	Emily Roberts
9	Chorley A & T	76	—	17	Eleanor Jenner	20	Ava Winstanley	39	Georgina Pendlebury
10	Leigh Harriers & Ac	87	—	10	Bee Metcalfe	30	Rae Vaughan	47	Dorothy Crombleholme
11	Kirkby Milers AC	96	—	26	Halli Williams	29	Melissa Cameron	41	Isla Roach

Race 4 - Under 13 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	299	William Kershaw	Blackpool Wyre & Fylde Ac	10:56	18	937	Aron Savage	Kirkby Milers AC	13:03
2	40	Noah Cook	Barrow & Furness Striders	11:09	19	298	Bobby Hastwell	Blackpool Wyre & Fylde Ac	13:07
3	1167	Max Myles	Liverpool Harriers & Ac	11:33	20	1038	Elijah O'Neill	Lancaster & Morecambe Ac	13:14
4	297	Archie Belfield	Blackpool Wyre & Fylde Ac	11:34	21	2230	James Darby	Wigan & District H & Ac	13:14
5	301	Jasper Hall	Blackpool Wyre & Fylde Ac	11:56	22	533	Corbyn Thomas	Clayton-Le-Moors Harriers	13:17
6	773	Dougal Houston	Kendal Helm Composite	12:00	23	1355	Lewis Burt	Pendle Athletic Club	13:27
7	775	Harri Tancred	Kendal Helm Composite	12:01	24	1034	Arthur Dickinson	Lancaster & Morecambe Ac	13:36
8	1226	Matthew Bennett	Liverpool Pembroke Sefton	12:02	25	1335	Reuben May	Lytham St Annes Rr Club	13:38
9	2292	Zak ManirJolley	Wigan & District H & Ac	12:03	26	1092	Oisin Doran	Leigh Harriers & Ac	13:44
10	1128	Kyran Harvey	Leven Valley AC	12:06	27	1093	Alexander Duggan	Leigh Harriers & Ac	13:57
11	408	Elliot James	Chorley A & T	12:12	28	1457	Freddie Blackhurst	Preston Harriers	14:12
12	1235	William Roberts	Liverpool Pembroke Sefton	12:12	29	1035	Harry Macluskie	Lancaster & Morecambe Ac	14:13
13	1461	Freddy Cheyne	Preston Harriers	12:18	30	938	Zak Thompson	Kirkby Milers AC	14:14
14	1129	Henry Murray	Leven Valley AC	12:20	31	296	Vincent Bateman	Blackpool Wyre & Fylde Ac	14:26
15	929	Markus Burgan	Kirkby Milers AC	12:32	32	1095	Charlie Longworth	Leigh Harriers & Ac	15:42
16	2231	Henry Jeffs-Watts	Wigan & District H & Ac	12:48	33	1091	Alfie Bradbury	Leigh Harriers & Ac	17:24
17	934	George Jackson	Kirkby Milers AC	12:56					

Race 4 - Under 13 Boys — TEAM RESULTS

1	Blackpool Wyre & Fylde Ac	10	—	1	William Kershaw	4	Archie Belfield	5	Jasper Hall
2	Wigan & District H & Ac	46	—	9	Zak ManirJolley	16	Henry Jeffs-Watts	21	James Darby
3	Kirkby Milers AC	50	—	15	Markus Burgan	17	George Jackson	18	Aron Savage
4	Lancaster & Morecambe Ac	73	—	20	Elijah O'Neill	24	Arthur Dickinson	29	Harry Macluskie
5	Leigh Harriers & Ac	85	—	26	Oisin Doran	27	Alexander Duggan	32	Charlie Longworth

Mid Lancs Cross Country League at Westmorland Showground on Saturday 14th October 2023

Race 4 - Under 15 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	2287	Holly Cross	Liverpool Harriers & Ac	10:38	21	165	Evie Fort	Blackburn Harriers & Ac	13:19
2	1139	Penelope Boyle	Leven Valley AC	11:17	22	790	Tess Evans	Kendal Helm Composite	13:24
3	319	Kristy Leitch	Blackpool Wyre & Fylde Ac	11:31	23	22	Lexi Allen	Barlick Fell Runners	13:28
4	318	Aimee Harling	Blackpool Wyre & Fylde Ac	11:34	24	169	Bella McCredie	Blackburn Harriers & Ac	13:28
5	421	Isabel Goodman	Chorley A & T	11:46	25	1374	Maisie Warren-Beck	Pendle Athletic Club	13:32
6	317	Jemima Bradburn	Blackpool Wyre & Fylde Ac	11:49	26	539	Avalina Cicconi	Clayton-Le-Moors Harriers	13:34
7	172	Emma Robertshaw	Blackburn Harriers & Ac	11:51	27	795	Rosie Scott	Kendal Helm Composite	13:36
8	791	Millie Jebb	Kendal Helm Composite	11:59	28	1267	Mina Griffin	Liverpool Pembroke Sefton	13:39
9	168	Lyra Krige	Blackburn Harriers & Ac	12:04	29	1052	Alice Lupton	Lancaster & Morecambe Ac	13:43
10	1678	Matilda Duffy	Rossendale Harriers & Ac	12:11	30	793	E Macpherson-Littler	Kendal Helm Composite	13:45
11	424	Maisie Preston	Chorley A & T	12:23	31	170	Tamzin Osborne	Blackburn Harriers & Ac	14:05
12	174	Agatha Taylor	Blackburn Harriers & Ac	12:23	32	797	Isabelle Wrigley	Kendal Helm Composite	14:32
13	1680	Eliena Lusty	Rossendale Harriers & Ac	12:29	33	1051	Tilly Douthwaite	Lancaster & Morecambe Ac	14:32
14	1677	Ruby Cleaver	Rossendale Harriers & Ac	12:43	34	423	Sofia O'Reilly	Chorley A & T	14:33
15	1487	Naomi Sait	Preston Harriers	12:50	35	541	Phoebe Jackson	Clayton-Le-Moors Harriers	14:42
16	1679	Xara Lewis	Rossendale Harriers & Ac	12:57	36	794	Isla Pearman	Kendal Helm Composite	14:45
17	789	Ruby Duxbury	Kendal Helm Composite	12:58	37	1105	Olivia Copper	Leigh Harriers & Ac	15:45
18	792	Holly Jenner	Kendal Helm Composite	13:00	38	543	Ava Wright	Clayton-Le-Moors Harriers	16:23
19	171	Isabelle Perry	Blackburn Harriers & Ac	13:08					
20	796	Lily Slater	Kendal Helm Composite	13:16					

Race 4 - Under 15 Girls — TEAM RESULTS

1	Blackpool Wyre & Fylde Ac	13	—	3	Kristy Leitch	4	Aimee Harling	6	Jemima Bradburn
2	Blackburn Harriers & Ac	28	—	7	Emma Robertshaw	9	Lyra Krige	12	Agatha Taylor
3	Rossendale Harriers & Ac	37	—	10	Matilda Duffy	13	Eliena Lusty	14	Ruby Cleaver
4	Kendal Helm Composite	43	—	8	Millie Jebb	17	Ruby Duxbury	18	Holly Jenner
5	Chorley A & T	50	—	5	Isabel Goodman	11	Maisie Preston	34	Sofia O'Reilly
6	Clayton-Le-Moors Harriers	99	—	26	Avalina Cicconi	35	Phoebe Jackson	38	Ava Wright

Race 5 - Under 15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	1936	William Delamere	Southport Waterloo Ac	12:44	19	783	Evan Mulvany	Kendal Helm Composite	15:13
2	162	Henry Ward	Blackburn Harriers & Ac	13:08	20	1673	Alfie Walker	Rossendale Harriers & Ac	15:15
3	150	Samuel Aspey	Blackburn Harriers & Ac	13:15	21	152	Liam Bennison	Blackburn Harriers & Ac	15:26
4	1046	Ben Brassington	Lancaster & Morecambe Ac	13:22	22	1137	Riley Scott	Leven Valley AC	15:26
5	2237	John Hassan	Wigan & District H & Ac	13:27	23	155	George Holman	Blackburn Harriers & Ac	15:27
6	418	Max Winstanley	Chorley A & T	13:30	24	1103	Lucas Gregory	Leigh Harriers & Ac	15:31
7	163	Jack Wood	Blackburn Harriers & Ac	13:38	25	1136	Oliver Scott	Leven Valley AC	15:35
8	782	Will Brayshaw	Kendal Helm Composite	13:55	26	50	Joseph Cook	Barrow & Furness Striders	15:44
9	1260	Daniel Procter	Liverpool Pembroke Sefton	13:58	27	1134	Demitri Kyriacou	Leven Valley AC	15:57
10	159	Alex Rothwell	Blackburn Harriers & Ac	14:08	28	1668	Archie Ogretmen	Rossendale Harriers & Ac	16:02
11	1935	Eddy Clark	Southport Waterloo Ac	14:10	29	1258	William Henry	Liverpool Pembroke Sefton	16:28
12	785	Joseff Tancred	Kendal Helm Composite	14:15	30	1254	Daniel Berry	Liverpool Pembroke Sefton	16:34
13	696	S John	Hyndburn Ac	14:15	31	417	Harry Walkden	Chorley A & T	16:36
14	151	Max Belshaw	Blackburn Harriers & Ac	14:21	32	536	Zachary Beresford	Clayton-Le-Moors Harriers	17:52
15	158	Theo Robinson	Blackburn Harriers & Ac	14:24	33	1102	Barnaby Crombleholme	Leigh Harriers & Ac	17:57
16	161	Callum Singleton	Blackburn Harriers & Ac	14:38	34	314	Ewan Leitch	Blackpool Wyre & Fylde Ac	19:00
17	1669	Theo Ormrod	Rossendale Harriers & Ac	14:53	35	357	Benjamin Mayhew	Burnley Ac	19:28
18	781	Toby Acland	Kendal Helm Composite	15:12	36	356	Alexander Blanchet	Burnley Ac	19:28
					37	1671	Toby Steel	Rossendale Harriers & Ac	21:17

Race 5 - Under 15 Boys — TEAM RESULTS

1	Blackburn Harriers & Ac	12	—	2	Henry Ward	3	Samuel Aspey	7	Jack Wood
2	Kendal Helm Composite	38	—	8	Will Brayshaw	12	Joseff Tancred	18	Toby Acland
3	Rossendale Harriers & Ac	65	—	17	Theo Ormrod	20	Alfie Walker	28	Archie Ogretmen
4	Liverpool Pembroke Sefton	68	—	9	Daniel Procter	29	William Henry	30	Daniel Berry
5	Leven Valley AC	74	—	22	Riley Scott	25	Oliver Scott	27	Demitri Kyriacou

Mid Lancs Cross Country League at Westmorland Showground on Saturday 14th October 2023

Race 5 - Under 17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1063	Isabelle Murphy	Lancaster & Morecambe Ac	15:00	9	331	Ella Leonard	Blackpool Wyre & Fylde Ac	16:56
2	430	Amelie Smethurst	Chorley A & T	15:09	10	1061	Annie Dickinson	Lancaster & Morecambe Ac	16:58
3	1108	Rose Parry	Leigh Harriers & Ac	15:16	11	330	Louisa Bradburn	Blackpool Wyre & Fylde Ac	17:14
4	1278	Sarah Yates	Liverpool Pembroke Sefton	15:21	12	2046	Gemma Kenniford	Trawden Athletic Club	17:29
5	188	Charlotte Robertshaw	Blackburn Harriers & Ac	15:40	13	186	Freya Neild	Blackburn Harriers & Ac	17:57
6	1957	Emily Dean	Southport Waterloo Ac	15:58	14	707	Heidi Sagar-Moss	Hyndburn Ac	21:03
7	1962	Amelie Scott	Southport Waterloo Ac	16:44	15	706	Ellie Holt	Hyndburn Ac	22:35
8	806	Vicky Woof	Kendal Helm Composite	16:47					

Race 5 - Under 17 Women — TEAM RESULTS

No complete teams

Race 6 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1145	Will McNally	Leven Valley AC	22:13	16	325	Alfie Hall	Blackpool Wyre & Fylde Ac	25:37
2	1144	Max Hazlehurst	Leven Valley AC	22:27	17	179	Logan McCredie	Blackburn Harriers & Ac	25:41
3	183	Ben Stratton	Blackburn Harriers & Ac	22:31	18	957	Luke Culshaw	Kirkby Milers AC	25:51
4	798	Alfie Addison	Kendal Helm Composite	22:45	19	958	Xander Heaton	Kirkby Milers AC	27:42
5	1055	James Brassington	Lancaster & Morecambe Ac	22:59	20	427	Robert Kellett	Chorley A & T	27:58
6	2280	Adam Varey	Border Harriers & Ac	23:17	21	329	Edward Willetts	Blackpool Wyre & Fylde Ac	28:15
7	1056	Jack Eccles	Lancaster & Morecambe Ac	23:19	22	180	George Ramsden	Blackburn Harriers & Ac	28:31
8	425	Freddie Edwards	Chorley A & T	23:26	23	1107	Eddie Sanderson	Leigh Harriers & Ac	28:37
9	1950	Reuben Donnelly	Southport Waterloo Ac	23:35	24	1682	James Boyd	Rossendale Harriers & Ac	29:08
10	1147	John Williamson	Leven Valley AC	23:51	25	1684	Billy Hilton	Rossendale Harriers & Ac	29:14
11	2241	Sami Manir-Jolley	Wigan & District H & Ac	23:54	26	323	Ethan Bateman	Blackpool Wyre & Fylde Ac	29:17
12	1270	Reuben Anderson	Liverpool Pembroke Sefton	24:04	27	1106	Lyndon Higgins	Leigh Harriers & Ac	29:19
13	1375	Finlay Hall	Pendle Athletic Club	24:19	28	1058	Milo Renolds	Lancaster & Morecambe Ac	29:37
14	182	Matthew Smith	Blackburn Harriers & Ac	24:47	29	1683	Alfie Hilton	Rossendale Harriers & Ac	29:57
15	802	Oliver Willoughby	Kendal Helm Composite	25:24	30	1057	Ronan Maher	Lancaster & Morecambe Ac	32:42

Race 6 - Under 17 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Leven Valley AC	12 —	1 Will McNally	2 Max Hazlehurst	9 John Williamson
2 Blackburn Harriers & Ac	32 —	3 Ben Stratton	13 Matthew Smith	16 Logan McCredie
3 Lancaster & Morecambe Ac	38 —	5 James Brassington	6 Jack Eccles	27 Milo Renolds
4 Blackpool Wyre & Fylde Ac	60 —	15 Alfie Hall	20 Edward Willetts	25 Ethan Bateman
5 Rossendale Harriers & Ac	75 —	23 James Boyd	24 Billy Hilton	28 Alfie Hilton

Race 6 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	1504	Libby Huxley	L20	1 Preston Harriers	23:24	5	1346	Maddy Markham	L20	5 Lytham St Annes Rr Club	33:22
2	203	Isabel Holt	L20	2 Blackburn Harriers & Ac	23:48	6	434	Lara Ingram-Weston	L20	6 Chorley A & T	34:56
3	809	Sarah Smith	L20	3 Kendal AAC	26:17	7	337	Elizabeth Kershaw	L20	7 Blackpool Wyre & Fylde Ac	35:04
4	1833	Alicia Wadson	L20	4 Skelmersdale Boundary H	27:50						

Race 6 - Ladies under 20 — TEAM RESULTS

No complete teams

Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2273	Liam McCay	U20	1 Liverpool Harriers & Ac	36:03	6	963	Derri Henderson	U20	6 Kirkby Milers AC	41:33
2	1064	Tom Bowman	U20	2 Lancaster & Morecambe Ac	37:00	7	193	Hayden Mercer	U20	7 Blackburn Harriers & Ac	42:26
3	197	Dexta Thompson	U20	3 Blackburn Harriers & Ac	37:41	8	1067	James Twigg	U20	8 Lancaster & Morecambe Ac	45:27
4	546	William Walker	U20	4 Clayton-Le-Moors Harriers	37:41	9	431	T Bidlake-Corser	U20	9 Chorley A & T	45:29
5	1501	Luke Suffolk	U20	5 Preston Harriers	40:26	10	545	Jack Villiers	U20	10 Clayton-Le-Moors Harriers	49:58

Senior Men under 20 — TEAM RESULTS

No complete teams

Mid Lancs Cross Country League

at Westmorland Showground on Saturday 14th October 2023

Race 6 - Ladies over 18

1	1504Libby Huxley	L20	1	Preston Harriers	23:24	75	745Natalasha Miller	L40	15	Kendal AAC	34:04
2	203Isabel Holt	L20	2	Blackburn Harriers & Ac	23:48	76	906Nicola Kitts	L	76	Kirkby Milers AC	34:11
3	1439Emma McColm	L	3	Preston Harriers	24:23	77	2215Lucy McKenna	L	77	Wigan & District H & Ac	34:26
4	748Rebecca Robinson	L40	1	Kendal AAC	24:42	78	1125Colleen Oldham	L40	16	Leven Valley AC	34:28
5	659Sharon Taylor	L40	2	Helm Hill Runners	25:06	79	1548Sarah Denver	L35	11	Red Rose Road Runners	34:30
6	1123Antonia Fan	L	6	Leven Valley AC	25:11	80	1323Claire Markham	L50	9	Lytham St Annes Rr Club	34:39
7	1205Debra Crook	L40	3	Liverpool Pembroke Sefton	25:43	81	658Vicki Sherrington	L50	10	Helm Hill Runners	34:43
8	2072Sarah Jones	L	8	Walney Wind Cheetahs	26:09	82	1015Miriam Maher	L50	11	Lancaster & Morecambe Ac	34:48
9	809Sarah Smith	L20	3	Kendal AAC	26:17	83	914Susan Moran	L40	17	Kirkby Milers AC	34:48
10	646Amy Whelan	L35	1	Glaxo Hoad Hill Harriers	27:06	84	35Cathrine Grisdale	L60	4	Barrow & Furness Striders	34:50
11	496Briony Holt	L	11	Clayton-Le-Moors Harriers	27:07	85	1318Pamela Hardman	L65	2	Lytham St Annes Rr Club	34:53
12	126Ellen Sagar-Hesketh	L	12	Blackburn Harriers & Ac	27:22	86	117Lindsay Davies	L50	12	Blackburn Harriers & Ac	34:54
13	1890Rachel Jacks	L35	2	Southport Waterloo Ac	27:38	87	434Lara Ingram-Weston	L20	6	Chorley A & T	34:56
14	1010Lauren Gora	L40	4	Lancaster & Morecambe Ac	27:47	88	2020Clair Priestley	L45	12	Trawden Athletic Club	34:56
15	1833Alicia Wadeson	L20	4	Skelmersdale Boundary H	27:50	89	642Dorothy Stirling	L55	8	Glaxo Hoad Hill Harriers	34:58
16	1011Mary Heald	L35	3	Lancaster & Morecambe Ac	27:56	90	266Karen Dunford	L55	9	Blackpool Wyre & Fylde Ac	34:59
17	1447Emma Watson	L35	4	Preston Harriers	28:21	91	337Elizabeth Kershaw	L20	7	Blackpool Wyre & Fylde Ac	35:04
18	12Laura Craig	L35	5	Barlick Fell Runners	28:22	92	1556Paula Plowman	L60	5	Red Rose Road Runners	35:09
19	1555Sophie Pilkington	L	19	Red Rose Road Runners	28:24	93	1553Alison Parkinson	L55	10	Red Rose Road Runners	35:13
20	2220Kelly Staunton	L	20	Wigan & District H & Ac	28:24	94	2203Jennifer Bowen	L	94	Wigan & District H & Ac	35:17
21	127Rebecca Ward	L40	5	Blackburn Harriers & Ac	28:42	95	2213Rachel Lawton	L50	13	Wigan & District H & Ac	35:20
22	626Lauren Booth	L	22	Glaxo Hoad Hill Harriers	28:46	96	576Becky Howell	L55	11	Garstang Running Club	35:22
23	1214Rachel Yates	L45	1	Liverpool Pembroke Sefton	28:51	97	1826Anna Williams	L40	18	Skelmersdale Boundary H	35:23
24	15Fiona Hall	L45	2	Barlick Fell Runners	28:52	98	2151Lisa Minns	L55	12	Wesham Road Runners & Ac	35:42
25	1549Samantha Edwards	L35	6	Red Rose Road Runners	29:17	99	490Rachel Gilmore	L50	14	Clayton-Le-Moors Harriers	35:43
26	18Hayley Whitehead	L35	7	Barlick Fell Runners	29:32	100	511Katherine Ward	L50	15	Clayton-Le-Moors Harriers	35:45
27	1124Elizabeth McNally	L50	1	Leven Valley AC	29:37	101	2065Joanna Barnard	L50	16	Walney Wind Cheetahs	35:46
28	1697Hailey Fletcher	L35	8	Sedbergh School RC	29:39	102	1791Louise Ball	L45	13	Skelmersdale Boundary H	35:48
29	1322Melanie Koth	L50	2	Lytham St Annes Rr Club	29:41	103	1789Sally Adams	L50	17	Skelmersdale Boundary H	35:50
30	1803Victoria Gilbody	L	30	Skelmersdale Boundary H	29:46	104	1317Ciara Greene	L	104	Lytham St Annes Rr Club	36:05
31	2283Heather Eccles	L35	9	Eden Runners	30:00	105	744Carolyn Kevan	L60	6	Kendal AAC	36:08
32	2076Amy Singleton	L40	6	Walney Wind Cheetahs	30:06	106	747Dianne Priestley	L70	1	Kendal AAC	36:11
33	1823Rebecca Wadeson	L40	7	Skelmersdale Boundary H	30:08	107	1887Katy Coupland	L45	14	Southport Waterloo Ac	36:20
34	2204Jayne Collins	L60	1	Wigan & District H & Ac	30:12	108	2068Rebekah Caine	L40	19	Walney Wind Cheetahs	36:34
35	498Kim Kennedy	L40	8	Clayton-Le-Moors Harriers	30:16	109	1203Tracy Berry	L40	20	Liverpool Pembroke Sefton	36:40
36	1898Andrea Scarborough	L40	9	Southport Waterloo Ac	30:19	110	1213Sharon Roberts	L50	18	Liverpool Pembroke Sefton	36:54
37	640Ellie Simmonds	L	37	Glaxo Hoad Hill Harriers	30:24	111	1017Emily Stapleton	L50	19	Lancaster & Morecambe Ac	37:01
38	644Heather Travis	L45	3	Glaxo Hoad Hill Harriers	30:37	112	1327Ruth Williams	L55	13	Lytham St Annes Rr Club	37:12
39	1083Katie Sanderson	L45	4	Leigh Harriers & Ac	30:43	113	1808Michelle Loughlin	L55	14	Skelmersdale Boundary H	37:14
40	276Suzanne Leonard	L50	3	Blackpool Wyre & Fylde Ac	30:58	114	2003Helen Beech	L40	21	Trawden Athletic Club	37:22
41	578Claire Lyons	L35	10	Garstang Running Club	31:02	115	1624Sarah Pilkington	L40	22	Rossendale Harriers & Ac	37:33
42	637Joanne McLeod	L55	1	Glaxo Hoad Hill Harriers	31:06	116	1012Jennie Hodgson	L60	7	Lancaster & Morecambe Ac	37:35
43	1436Kate Lakeland	L	43	Preston Harriers	31:11	117	2210Ella Heyes	L	117	Wigan & District H & Ac	37:38
44	749Amy Wilkin	L45	5	Kendal AAC	31:14	118	740Helen Addison	L40	23	Kendal AAC	37:52
45	1428Cathy Flitcroft	L55	2	Preston Harriers	31:22	119	1552Lesley Nixon	L55	15	Red Rose Road Runners	37:55
46	2137Susan Coulthurst	L55	3	Wesham Road Runners & Ac	31:25	120	2291Sharlan Butcher	L50	20	Wesham Road Runners & Ac	38:22
47	2209Lisa Heyes	L50	4	Wigan & District H & Ac	31:27	121	575Mary Hewitt	L65	3	Garstang Running Club	38:36
48	1212Lisa Procter	L40	10	Liverpool Pembroke Sefton	31:29	122	1889Gemma Delamere	L40	24	Southport Waterloo Ac	39:01
49	1321Barbara Holmes	L60	2	Lytham St Annes Rr Club	31:31	123	513Yvonne Wickham	L60	8	Clayton-Le-Moors Harriers	39:19
50	1007Sally Brassington	L45	6	Lancaster & Morecambe Ac	31:33	124	629Rachel Dioni	L40	25	Glaxo Hoad Hill Harriers	39:20
51	2008Helen Buchan	L45	7	Trawden Athletic Club	31:39	125	653Angela Burley	L65	4	Helm Hill Runners	39:47
52	1620Tanya King	L45	8	Rossendale Harriers & Ac	31:42	126	577Laura Ibson	L	126	Garstang Running Club	39:58
53	643Joanne Taylor-Friell	L50	5	Glaxo Hoad Hill Harriers	31:48	127	574Sheena Cottam	L50	21	Garstang Running Club	40:04
54	2025Paula Walsh	L45	9	Trawden Athletic Club	31:50	128	492Helen Harrison	L55	16	Clayton-Le-Moors Harriers	40:09
55	1562Melissa Scott	L	55	Red Rose Road Runners	31:52	129	2134Clare Belfield	L40	26	Wesham Road Runners & Ac	40:37
56	272Amy Hunter	L40	11	Blackpool Wyre & Fylde Ac	31:52	130	1557Debbie Porter	L50	22	Red Rose Road Runners	41:19
57	1009Louise Goddard	L55	4	Lancaster & Morecambe Ac	31:54	131	1550Melanie Lowe	L40	27	Red Rose Road Runners	41:19
58	274Laura Lawler	L55	5	Blackpool Wyre & Fylde Ac	32:09	132	1627Sara Steel	L40	28	Rossendale Harriers & Ac	41:30
59	2073Poyntz Karen Maggio	L50	6	Walney Wind Cheetahs	32:19	133	1551Alison Mercer	L60	9	Red Rose Road Runners	41:49
60	2161Kay Twist	L50	7	Wesham Road Runners & Ac	32:26	134	342Lisa Mayhew	L40	29	Burnley Ac	42:42
61	1891Carole James	L55	6	Southport Waterloo Ac	32:28	135	2001Liz Allison	L55	17	Trawden Athletic Club	42:57
62	508Michelle Sumner	L40	12	Clayton-Le-Moors Harriers	32:28	136	1446Julie Tyrer	L45	15	Preston Harriers	43:08
63	628Alison Cooke	L60	3	Glaxo Hoad Hill Harriers	32:31	137	1081Debbie Copper	L40	30	Leigh Harriers & Ac	43:24
64	2222Naomi Tomlinson	L	64	Wigan & District H & Ac	32:34	138	341Sally Green	L50	23	Burnley Ac	44:40
65	33Sarah Bouffler	L40	13	Barrow & Furness Striders	32:46	139	2022Deborah Stevenson	L45	16	Trawden Athletic Club	45:12
66	13Paula Cullen	L45	10	Barlick Fell Runners	33:05	140	2202Becki Barnes	L45	17	Wigan & District H & Ac	45:20
67	1443Kimberley Slater	L50	8	Preston Harriers	33:20	141	901Paula Heaton	L45	18	Kirkby Milers AC	46:03
68	1346Maddy Markham	L20	5	Lytham St Annes Rr Club	33:22	142	2014L Hawthornthwaite	L45	19	Trawden Athletic Club	47:44
69	641Hilary Stephenson	L40	14	Glaxo Hoad Hill Harriers	33:23	143	1547Andrea Davison	L40	31	Red Rose Road Runners	47:50
70	1554Sarah Parkinson	L	70	Red Rose Road Runners	33:28	144	1544Gina Biggs	L	144	Red Rose Road Runners	47:50
71	2075Karen Oldham	L55	7	Walney Wind Cheetahs	33:30	145	491Karin Goss	L75	1	Clayton-Le-Moors Harriers	48:42
72	1900Michelle Spencer	L45	11	Southport Waterloo Ac	33:34	146	499Christine Leathley	L70	2	Clayton-Le-Moors Harriers	50:57
73	504Irene Roche	L65	1	Clayton-Le-Moors Harriers	33:46	147	484Susan Allen	L60	10	Clayton-Le-Moors Harriers	54:33
74	17Hannah Newbold	L	74	Barlick Fell Runners	33:52						

Race 6 - Ladies over 18 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Preston Harriers	21	—	1 Libby Huxley	3 EmmaMcColm	17 EmmaWatson
2 Blackburn Harriers & Ac	35	—	2 Isabel Holt	12 Ellen Sagar-Hesketh	21 Rebecca Ward
3 Kendal AAC	56	—	4 Rebecca Robinson	9 Sarah Smith	43 AmyWilkin
4 Barlick Fell Runners	68	—	18 Laura Craig	24 Fiona Hall	26 Hayley Whitehead
5 Glaxo Hoad Hill Harriers	68	—	10 Amy Whelan	22 Lauren Booth	36 Ellie Simmonds
6 Skelmersdale Boundary H	77	—	15 Alicia Wadeson	30 Victoria Gilbody	32 Rebecca Wadeson
7 Liverpool Pembroke Sefton	77	—	7 Debra Crook	23 Rachel Yates	47 Lisa Procter
8 Lancaster & Morecambe Ac	79	—	14 Lauren Gora	16 Mary Heald	49 Sally Brassington
9 Walney Wind Cheetahs	97	—	8 Sarah Jones	31 Amy Singleton	58 Poyntz Karen Maggio-
10 Red Rose Road Runners	98	—	19 Sophie Pilkington	25 Samantha Edwards	54 Melissa Scott
11 Wigan & District H & Ac	99	—	20 Kelly Staunton	33 Jayne Collins	46 Lisa Heyes
12 Clayton-Le-Moors Harriers	106	—	11 Briony Holt	34 Kim Kennedy	61 Michelle Sumner
13 Southport Waterloo Ac	108	—	13 Rachel Jacks	35 Andrea Scarborough	60 Carole James
14 Leven Valley AC	110	—	6 Antonia Fan	27 Elizabeth McNally	77 Colleen Oldham
15 Glaxo Hoad Hill Harriers 'B'	130	—	37 Heather Travis	41 Joanne McLeod	52 Joanne Taylor-Friell
16 Lytham St Annes Rr Club	144	—	29 Melanie Koth	48 Barbara Holmes	67 Maddy Markham
17 Blackpool Wyre & Fylde Ac	151	—	39 Suzanne Leonard	55 Amy Hunter	57 Laura Lawler
18 Preston Harriers 'B'	152	—	42 Kate Lakeland	44 Cathy Flitcroft	66 Kimberley Slater
19 Trawden Athletic Club	190	—	50 Helen Buchan	53 Paula Walsh	87 Clair Priestley
20 Wesham Road Runners & Ac	201	—	45 Susan Coulthurst	59 Kay Twist	97 Lisa Minns
21 Helm Hill Runners	209	—	5 Sharon Taylor	80 Vicki Sherrington	124 Angela Burley
22 Wigan & District H & Ac 'B'	232	—	63 Naomi Tomlinson	76 Lucy McKenna	93 Jennifer Bowen
23 Red Rose Road Runners 'B'	238	—	69 Sarah Parkinson	78 Sarah Denver	91 Paula Plowman
24 Lancaster & Morecambe Ac 'B'	247	—	56 Louise Goddard	81 Miriam Maher	110 Emily Stapleton
25 Garstang Running Club	255	—	40 Claire Lyons	95 Becky Howell	120 Mary Hewitt
26 Lytham St Annes Rr Club 'B'	266	—	79 Claire Markham	84 Pamela Hardman	103 Ciara Greene
27 Clayton-Le-Moors Harriers 'B'	269	—	72 Irene Roche	98 Rachel Gilmore	99 Katherine Ward
28 Walney Wind Cheetahs 'B'	277	—	70 Karen Oldham	100 Joanna Barnard	107 Rebekah Caine
29 Kendal AAC 'B'	283	—	74 Natasha Miller	104 Carolyn Kevan	105 Dianne Priestley
30 Rossendale Harriers & Ac	296	—	51 Tanya King	114 Sarah Pilkington	131 Sara Steel
31 Kirkby Milers AC	297	—	75 Nicola Kitts	82 Susan Moran	140 Paula Heaton
32 Southport Waterloo Ac 'B'	298	—	71 Michelle Spencer	106 Katy Coupland	121 Gemma Delamere
33 Skelmersdale Boundary H 'B'	299	—	96 Anna Williams	101 Louise Ball	102 Sally Adams
34 Trawden Athletic Club 'B'	385	—	113 Helen Beech	134 Liz Allison	138 Deborah Stevenson

Race 6 - Ladies over 35 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Barlick Fell Runners	35	—	9 Laura Craig	12 Fiona Hall	14 Hayley Whitehead
2 Liverpool Pembroke Sefton	46	—	3 Debra Crook	11 Rachel Yates	32 Lisa Procter
3 Lancaster & Morecambe Ac	47	—	6 Lauren Gora	7 Mary Heald	34 Sally Brassington
4 Glaxo Hoad Hill Harriers	54	—	4 Amy Whelan	23 Heather Travis	27 Joanne McLeod
5 Southport Waterloo Ac	71	—	5 Rachel Jacks	22 Andrea Scarborough	44 Carole James
6 Kendal AAC	83	—	1 Rebecca Robinson	28 Amy Wilkin	54 Natasha Miller
7 Preston Harriers	86	—	8 Emma Watson	29 Cathy Flitcroft	49 Kimberley Slater
8 Blackpool Wyre & Fylde Ac	105	—	25 Suzanne Leonard	39 Amy Hunter	41 Laura Lawler
9 Lytham St Annes Rr Club	107	—	17 Melanie Koth	33 Barbara Holmes	57 Claire Markham
10 Walney Wind Cheetahs	111	—	18 Amy Singleton	42 Poyntz Karen Maggio-	51 Karen Oldham
11 Clayton-Le-Moors Harriers	119	—	21 Kim Kennedy	45 Michelle Sumner	53 Irene Roche
12 Wigan & District H & Ac	120	—	20 Jayne Collins	31 Lisa Heyes	69 Rachel Lawton
13 Red Rose Road Runners	136	—	13 Samantha Edwards	56 Sarah Denver	67 Paula Plowman
14 Trawden Athletic Club	137	—	35 Helen Buchan	38 Paula Walsh	64 Clair Priestley
15 Wesham Road Runners & Ac	145	—	30 Susan Coulthurst	43 Kay Twist	72 Lisa Minns
16 Helm Hill Runners	157	—	2 Sharon Taylor	58 Vicki Sherrington	97 Angela Burley
17 Skelmersdale Boundary H	166	—	19 Rebecca Wadeson	71 Anna Williams	76 Louise Ball
18 Garstang Running Club	189	—	26 Claire Lyons	70 Becky Howell	93 Mary Hewitt
19 Rossendale Harriers & Ac	227	—	36 Tanya King	88 Sarah Pilkington	103 Sara Steel

Race 6 - Ladies over 45 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Glaxo Hoad Hill Harriers	33	—	6 Heather Travis	9 Joanne McLeod	18 Joanne Taylor-Friell
2 Lytham St Annes Rr Club	49	—	4 Melanie Koth	14 Barbara Holmes	31 Claire Markham
3 Wigan & District H & Ac	60	—	5 Jayne Collins	13 Lisa Heyes	42 Rachel Lawton
4 Lancaster & Morecambe Ac	68	—	15 Sally Brassington	20 Louise Goddard	33 Miriam Maher
5 Blackpool Wyre & Fylde Ac	68	—	8 Suzanne Leonard	21 Laura Lawler	39 Karen Dunford
6 Trawden Athletic Club	72	—	16 Helen Buchan	19 Paula Walsh	37 Clair Priestley
7 Wesham Road Runners & Ac	79	—	12 Susan Coulthurst	23 Kay Twist	44 Lisa Minns
8 Walney Wind Cheetahs	97	—	22 Poyntz Karen Maggio-	28 Karen Oldham	47 Joanna Barnard
9 Southport Waterloo Ac	105	—	24 Carole James	29 Michelle Spencer	52 Katy Coupland
10 Preston Harriers	106	—	11 Cathy Flitcroft	27 Kimberley Slater	68 Julie Tyrer
11 Kendal AAC	111	—	10 Amy Wilkin	50 Carolyn Kevan	51 Dianne Priestley
12 Clayton-Le-Moors Harriers	121	—	30 Irene Roche	45 Rachel Gilmore	46 Katherine Ward
13 Red Rose Road Runners	139	—	40 Paula Plowman	41 Alison Parkinson	58 Lesley Nixon
14 Skelmersdale Boundary H	153	—	48 Louise Ball	49 Sally Adams	56 Michelle Loughlin
15 Garstang Running Club	166	—	43 Becky Howell	60 Mary Hewitt	63 Sheena Cottam

Race 6 - Ladies over 55 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Glaxo Hoad Hill Harriers	25	—	2 Joanne McLeod	9 Alison Cooke	14 Dorothy Stirling
2 Lytham St Annes Rr Club	40	—	5 Barbara Holmes	13 Pamela Hardman	22 Ruth Williams
3 Red Rose Road Runners	58	—	16 Paula Plowman	17 Alison Parkinson	25 Lesley Nixon
4 Clayton-Le-Moors Harriers	67	—	11 Irene Roche	27 Yvonne Wickham	29 Helen Harrison

Race 6 - Ladies over 65 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton-Le-Moors Harriers	14	—	1 Irene Roche	6 Karin Goss	7 Christine Leathley
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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

173	993	Chris O'Neill	V4029	Lancaster & Morecambe Ac	49:13	216	1078	Gary Sanderson	V4529	Leigh Harriers & Ac	52:59
174	1746	Michael Aisbitt	V4526	Skelmersdale Boundary H	49:16	217	618	Nigel Storey	V5527	Glaxo Hoad Hill Harriers	53:03
175	984	Graham Hodgson	V60	8 Lancaster & Morecambe Ac	49:20	218	592	Peter Davison	V5528	Glaxo Hoad Hill Harriers	53:09
176	2288	David Brunton	V5018	Red Rose Road Runners	49:23	219	1871	Richard Talbot	V5529	Southport Waterloo Ac	53:16
177	2184	Stuart Hickinson	V4030	Wigan & District H & Ac	49:32	220	1535	Imtiaz Patel	V5530	Red Rose Road Runners	53:29
178	587	Jeffrey Chadwick	V5515	Glaxo Hoad Hill Harriers	49:43	221	1692	Richard Gorst	V5531	Sedbergh School RC	53:33
179	979	Paul Gillon	V5516	Lancaster & Morecambe Ac	49:46	222	1199	Neil Roberts	V5532	Liverpool Pembroke Sefton	53:37
180	2189	Mark Moreno	V4031	Wigan & District H & Ac	49:47	223	852	Andrew Kitts	V4036	Kirkby Milers AC	53:43
181	545	Jack Villiers	U2010	Clayton-Le-Moors Harriers	49:58	224	1880	Paul Warrington	V4530	Southport Waterloo Ac	53:45
182	1514	Christopher Bridge		Red Rose Road Runners	49:58	225	1073	Brian Copper	V4531	Leigh Harriers & Ac	54:08
183	2119	William Parkinson		Wesham Road Runners & Ac	49:59	226	726	Stephen Roberts	V5019	Kendal AAC	54:14
184	210	David Barras		Blackpool Wyre & Fylde Ac	50:03	227	212	Peter Bradburn	V5020	Blackpool Wyre & Fylde Ac	54:24
185	2195	Alex Roberts		Wigan & District H & Ac	50:05	228	1597	Steve Melling	V65	5 Rossendale Harriers & Ac	54:41
186	1513	Emil Bowe		Red Rose Road Runners	50:06	229	1308	Stephen Wise	V6015	Lytham St Annes Rr Club	55:03
187	2173	Mark Eccleston	V4032	Wigan & District H & Ac	50:16	230	1533	John Naylor	V4037	Red Rose Road Runners	55:07
188	1967	Christopher Atherton		Trawden Athletic Club	50:19	231	1782	Nick Paul	V6016	Skelmersdale Boundary H	55:10
189	827	Graham Cushion	V4527	Kirkby Milers AC	50:23	232	1987	Andrew Kenniford	V5021	Trawden Athletic Club	55:25
190	832	Paul Doran	V4033	Kirkby Milers AC	50:24	233	2060	Paul Quinn	V5533	Walney Wind Cheetahs	55:30
191	226	Nick Hume	V65	3 Blackpool Wyre & Fylde Ac	50:26	234	978	Darren Francis	V4532	Lancaster & Morecambe Ac	55:34
192	1188	Mark Hudson	V60	9 Liverpool Pembroke Sefton	50:37	235	1522	Philip Davidson	V6017	Red Rose Road Runners	56:19
193	467	Andrew Payne	V4528	Clayton-Le-Moors Harriers	50:39	236	1391	Nicholas Johns		Preston Harriers	56:51
194	1540	Daniel Watson	V4034	Red Rose Road Runners	50:41	237	1837	Lee Coupland	V4533	Southport Waterloo Ac	57:11
195	2262	Christopher Wilson	V5517	Wigan Phoenix	50:47	238	1531	Rob Mather	V5022	Red Rose Road Runners	57:16
196	2167	David Collins	V6010	Wigan & District H & Ac	50:54	239	2092	John Collier	V65	6 Wesham Road Runners & Ac	57:24
197	2168	Paul Collins		Wigan & District H & Ac	51:11	240	566	Geoff Lyons	V6018	Garstang Running Club	57:50
198	468	John Roche	V65	4 Clayton-Le-Moors Harriers	51:15	241	1848	Clive James	V6019	Southport Waterloo Ac	58:00
199	2289	David Hemmings	V5518	Southport Waterloo Ac	51:22	242	1295	Lewis McAfee	V4038	Lytham St Annes Rr Club	58:18
200	1580	Alex Frost	V5519	Rossendale Harriers & Ac	51:26	243	1784	Barry Ryder		Skelmersdale Boundary H	58:31
201	1180	David Cartwright		Liverpool Pembroke Sefton	51:29	244	25	Colin Campbell	V5534	Barrow & Furness Striders	58:54
202	1519	John Carruthers	V5520	Red Rose Road Runners	51:32	245	1747	Mike Ashton	V4039	Skelmersdale Boundary H	58:58
203	648	Robert Campbell	V5521	Helm Hill Runners	51:40	246	1512	Peter Bolton	V6020	Red Rose Road Runners	59:12
204	28	Neil Grace	V5522	Barrow & Furness Striders	51:43	247	2096	James Danson	V5535	Wesham Road Runners & Ac	59:32
205	1516	Philip Butler	V6011	Red Rose Road Runners	51:45	248	562	Adrian Ibson	V5536	Garstang Running Club	1:00:19
206	876	Gary Thompson	V4035	Kirkby Milers AC	51:55	249	555	Mark Dobson	V5537	Garstang Running Club	1:00:28
207	873	K Shurie-Mackenzie	V5523	Kirkby Milers AC	51:56	250	2054	Andrew Leece	V5023	Walney Wind Cheetahs	1:00:51
208	980	Clive Gregory	V6012	Lancaster & Morecambe Ac	52:02	251	1510	Gareth Bell	V4040	Red Rose Road Runners	1:02:36
209	665	Peter Sagar	V6013	Hyndburn Ac	52:15	252	830	Michael Dodd		Kirkby Milers AC	1:03:30
210	1080	Adam Wilkinson		Leigh Harriers & Ac	52:30	253	1991	Paul Roberts	V5024	Trawden Athletic Club	1:03:38
211	1839	Michael Cunningham	V5524	Southport Waterloo Ac	52:35	254	1862	Ian Pike	V5025	Southport Waterloo Ac	1:04:55
212	1788	Joseph Cook		Skelmersdale Boundary H	52:42	255	1302	Peter Thomson	V6021	Lytham St Annes Rr Club	1:06:10
213	720	Stuart McGurk	V6014	Kendal AAC	52:53	256	2056	Chris Palmen	V6022	Walney Wind Cheetahs	1:09:06
214	2053	Philip Horrocks	V5525	Walney Wind Cheetahs	52:54	257	2063	Paul Smith	V5026	Walney Wind Cheetahs	1:10:07
215	728	Andrew Sheldon	V5526	Kendal AAC	52:58						

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Blackburn Harriers & Ac	98	—	1	Matthew Ramsden	4	Luke Betts	7	Sam Hodgkinson	11	Dexta Thompson	18	Ben Makin	57	Hayden Mercer
2	Clayton-Le-Moors Harriers	181	—	12	William Walker	16	Peter Mackrell	22	Adam Wale	39	David Fort	40	Richard Stevenson	52	David Motley
3	Lancaster & Morecambe Ac	222	—	5	Tom Bowman	23	Beau Smith	28	Joseph Twigg	31	Mark Holgate	67	Sean Bolland	68	Matt Guilder
4	Southport Waterloo Ac	251	—	13	Ben Johnson	45	Rob Chesters	46	Alexander Vernon	47	James Paybody	49	Andy Veivers	51	John Delamere
5	Glaxo Hoad Hill Harriers	253	—	9	Matthew Elkington	24	Joseph Body	36	Darren Coward	48	Charles Jeffrey	66	Graham Jessop	70	Rory Anderson
6	Preston Harriers	265	—	20	Wesley Wilkinson	27	Luke Suffolk	29	Matthew Sowerby	35	Simon Collins	75	Andy Eaves	79	Peter Gibson
7	Wigan & District H & Ac	278	—	15	Jonathan Kearsley	41	Lee Peake	42	George Heyes	50	John Heyes	58	Mark Morgan-Hillam	72	Benjamin Barnes
8	Kendal AAC	330	—	6	Alasdair Russell	32	Joe Todd	59	Will Sisson	64	James Mulvany	77	Andrew Wallace	92	Adam Taylor
9	Leven Valley AC	342	—	8	Ross Campbell	10	Matthew Wall	37	Joe Woodley	74	David McNally	85	Ben Oldham	128	David Kyriacou
10	Lytham St Annes Rr Club	497	—	17	Mike Toft	33	Ross McKelvie	53	Andrew Draper	115	James Whittle	138	Steve Pepper	141	Dominic Kirby
11	Rossendale Harriers & Ac	512	—	19	Benjamin Kirkman	65	Henry Fitton-Thomas	80	Matthew Clawson	82	Ian Duffy	103	Stuart Lewis	163	Christian Waller
12	Trawden Athletic Club	569	—	25	Martin Greenwood	76	Ryan Bradshaw	97	James Wright	104	Martin Hounslow	107	Michael Dobson	160	Adrian Blackledge
13	Preston Harriers 'B'	570	—	81	David Watson	87	Steve Hallas	88	Alex Venables	99	Michael O'Donnell	105	Steve Tappenden	110	Jonathan Green
14	Wesham Road Runners & Ac	577	—	43	Adam Wilding	73	Alek Walker	86	Thomas Crabtree	109	Carl Groome	117	Chris Haines	149	Damian Ings
15	Blackpool Wyre & Fylde Ac	578	—	3	Luke Minns	60	Andrew Harling	114	Scott Ross	120	Nathan Baker	124	Steve Wilson	157	Michael Hall
16	Wigan & District H & Ac 'B'	623	—	83	Adam McKenna	89	Mike Harris	98	Mark Rogers	102	Gareth Harrison	108	Paul Fitzsimmons	143	Simon Tubbs
17	Lancaster & Morecambe Ac 'B'	707	—	93	John Brassington	100	James Twigg	106	Christopher Pyle	121	Peter Heald	129	James Dalgleish	158	Peter Lloyd
18	Clayton-Le-Moors Harriers 'B'	729	—	55	Daniel Fleming	62	Jonny Hall	119	Chris Funnell	125	James Crook	178	Jack Villiers	190	Andrew Payne
19	Kirkby Milers AC	759	—	44	Derri Henderson	90	James Ellis	118	Lee Walmsley	134	Gary Wilton	186	Graham Cushion	187	Paul Doran
20	Red Rose Road Runners	790	—	56	Daniel Hughes	111	Simon Shaw	133	Scott Jackson	152	Stuart Cann	165	Simon Major	173	David Brunton
21	Glaxo Hoad Hill Harriers 'B'	848	—	96	Pete Hopley	140	Ken Lamb	146	Sean Dixon	151	Rowan Barton	156	Glenn Boulter	159	Harry McCullough
22	Leigh Harriers & Ac	867	—	54	Chris Benjamin	71	Daniel Mitchinson	155	David Pollitt	167	Joshua Bailey	207	Adam Wilkinson	213	Gary Sanderson
23	Southport Waterloo Ac 'B'	912	—	84	Peter Roome	95	Marc Singer	113	Ken Lennon	196	David Hemmings	208	Michael Cunningham	216	Richard Talbot
24	Liverpool Pembroke Sefton	913	—	63	Philip Macdonald	94	Michael Procter	150	Michael Gall	189	Mark Hudson	198	David Cartwright	219	Neil Roberts
25	Garstang Running Club	994	—	122	Simon Gora	123	Chris Horner	131	Richard Jones	136	Colin Jennings	237	Geoff Lyons	245	Adrian Ibson
26	Walney Wind Cheetahs	1137	—	132	Gareth Davies	153	Paul Managh	164	Steven Batty	211	Philip Horrocks	230	Paul Quinn	247	Andrew Leece
27	Red Rose Road Runners 'B'	1171	—	179	Christopher Bridge	183	Emil Bowe	191	Daniel Watson	199	John Carruthers	202	Philip Butler	217	Imtiaz Patel
28	Skelmersdale Boundary H	1216	—	126	Gary Dobson	171	Michael Aisbitt	209	Joseph Cook	228	Nick Paul	240	Barry Ryder	242	Mike Ashton

Senior Men (Vets) over 40 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton-Le-Moors Harriers	23	—	1 Peter Mackrell	3 Adam Wale	9 David Fort	10 Richard Stevenson
2 Southport Waterloo Ac	55	—	12 Alexander Vernon	13 James Paybody	14 Andy Veevers	16 John Delamere
3 Wigan & District H & Ac	79	—	11 Lee Peake	15 John Heyes	19 Mark Morgan-Hillam	34 Mike Harris
4 Preston Harriers	101	—	8 Simon Collins	28 David Watson	32 Steve Hallas	33 Alex Venables
5 Lancaster & Morecambe Ac	111	—	6 Mark Holgate	23 Sean Bolland	37 John Brassington	45 Christopher Pyle
6 Kendal AAC	177	—	7 Joe Todd	22 James Mulvany	27 Andrew Wallace	121 Stuart McGurk
7 Blackpool Wyre & Fylde Ac	214	—	20 Andrew Harling	53 Scott Ross	59 Steve Wilson	82 Michael Hall
8 Wesham Road Runners & Ac	227	—	25 Alek Walker	48 Carl Groome	75 Damian Ings	79 Phillip Quibell
9 Liverpool Pembroke Sefton	239	—	21 Philip Macdonald	38 Michael Procter	76 Michael Gall	104 Mark Hudson
10 Garstang Running Club	246	—	57 Simon Gora	58 Chris Horner	64 Richard Jones	67 Colin Jennings
11 Kirkby Milers AC	257	—	35 James Ellis	55 Lee Walmsley	66 Gary Wilton	101 Graham Cushion
12 Glaxo Hoad Hill Harriers	264	—	39 Pete Hopley	70 Ken Lamb	74 Sean Dixon	81 Glenn Boulter
13 Rossendale Harriers & Ac	270	—	29 Ian Duffy	43 Stuart Lewis	87 Christian Waller	111 Alex Frost
14 Red Rose Road Runners	287	—	50 Simon Shaw	65 Scott Jackson	77 Stuart Cann	95 David Brunton
15 Trawden Athletic Club	360	—	46 Michael Dobson	84 Adrian Blackledge	90 Mark Duerden	140 Andrew Kenniford
16 Lytham St Annes Rr Club	375	—	18 Andrew Draper	71 Dominic Kirby	137 Stephen Wise	149 Lewis McAfee
17 Walney Wind Cheetahs	429	—	78 Paul Managh	88 Steven Batty	122 Philip Horrocks	141 Paul Quinn

Senior Men (Vets) over 50 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Wigan & District H & Ac	20	—	4 John Heyes	5 Mark Morgan-Hillam	11 Mike Harris
2 Lancaster & Morecambe Ac	24	—	2 Mark Holgate	6 Sean Bolland	16 Christopher Pyle
3 Preston Harriers	33	—	8 David Watson	10 Steve Hallas	15 Michael O'Donnell
4 Clayton-Le-Moors Harriers	57	—	3 David Fort	26 Chris Funnell	28 James Crook
5 Glaxo Hoad Hill Harriers	76	—	13 Pete Hopley	31 Ken Lamb	32 Sean Dixon
6 Southport Waterloo Ac	81	—	9 Peter Roome	22 Ken Lennon	50 David Hemmings
7 Blackpool Wyre & Fylde Ac	86	—	23 Scott Ross	27 Steve Wilson	36 Michael Hall
8 Red Rose Road Runners	95	—	20 Simon Shaw	33 Stuart Cann	42 David Brunton
9 Liverpool Pembroke Sefton	126	—	12 Michael Procter	46 Mark Hudson	68 Neil Roberts
10 Trawden Athletic Club	131	—	17 Michael Dobson	40 Mark Duerden	74 Andrew Kenniford
11 Wesham Road Runners & Ac	131	—	19 Carl Groome	34 Phillip Quibell	78 John Collier
12 Barrow & Furness Striders	136	—	1 Robert Atkinson	54 Neil Grace	81 Colin Campbell
13 Walney Wind Cheetahs	174	—	38 Steven Batty	61 Philip Horrocks	75 Paul Quinn
14 Kendal AAC	191	—	60 Stuart McGurk	62 Andrew Sheldon	69 Stephen Roberts
15 Garstang Running Club	192	—	29 Colin Jennings	79 Geoff Lyons	84 Adrian Ibson

Senior Men (Vets) over 60 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Red Rose Road Runners	40	—	3 Simon Shaw	15 Philip Butler	22 Philip Davidson
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Race 6 - Vet 70 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	1377	Alan Appleby	V75 1 Preston Harriers	34:06
2	569	Anthony Pritchard	V70 1 Garstang Running Club	35:50
3	994	George Parrington	V75 2 Lancaster & Morecambe Ac	36:09
4	2133	Simon Young	V75 3 Wesham Road Runners & Ac	38:42
5	31	Peter Leviston	V70 2 Barrow & Furness Striders	39:53
6	250	Bill Smith	V70 3 Blackpool Wyre & Fylde Ac	41:51
7	970	Michael Bray	V70 4 Lancaster & Morecambe Ac	42:10

Race 6 - Vet 70 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Lancaster & Morecambe Ac	10	—	3 George Parrington	7 Michael Bray
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