

Mid Lancs Cross Country League at Lawsons Ground, Blackpool on Saturday 14th January 2023

Under 11 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1743	Lucy Delamere	Southport Waterloo Ac	8:39	18	469	Amelia Pendlebury	Chorley A & T	10:23
2	1511	Iona Bell	Rossendale Harriers & Ac	9:21	19	361	Chloe Senior	Blackpool Wyre & Fylde Ac	10:31
3	614	Molly Jackson	Clayton-Le-Moors Harriers	9:23	20	360	Esme Rutter	Blackpool Wyre & Fylde Ac	11:03
4	472	Ava Winstanley	Chorley A & T	9:24	21	2215	Maya Smith	Pendle Athletic Club	11:08
5	1380	Georgina Benson	Preston Harriers	9:33	22	358	Millie Omahoney	Blackpool Wyre & Fylde Ac	11:10
6	1896	Mione Todd	Trawden Athletic Club	9:38	23	2328	Hannah Sharrock	Kirkby Milers AC	11:20
7	357	Lily-Rose McMinnis	Blackpool Wyre & Fylde Ac	9:43	24	912	Michaela Donnolly	Kirkby Milers AC	11:24
8	913	Lola Hill	Kirkby Milers AC	9:54	25	915	Nancy Phillips	Kirkby Milers AC	11:28
9	355	Maggie Belfield	Blackpool Wyre & Fylde Ac	10:04	26	616	Stephanie McLean	Clayton-Le-Moors Harriers	11:31
10	615	Lexie McLean	Clayton-Le-Moors Harriers	10:12	27	2245	Melissa Cameron	Kirkby Milers AC	11:33
11	1513	Elsie Duffy	Rossendale Harriers & Ac	10:13	28	618	Amelia-Grace Rushton	Clayton-Le-Moors Harriers	11:46
12	976	Scarlet Gora	Lancaster & Morecambe Ac	10:14	29	90	Olivia Hart	Barrow & Furness Striders	12:07
13	1289	Emily Roberts	Pendle Athletic Club	10:15	30	910	Grace Balmer	Kirkby Milers AC	12:24
14	619	Freya Thomas	Clayton-Le-Moors Harriers	10:17	31	911	Susanna Brennan	Kirkby Milers AC	12:25
15	1053	Rea Vaughan	Leigh Harriers & Ac	10:21	32	916	Isla Roach	Kirkby Milers AC	12:26
16	2327	Bella McLoughlin	Kirkby Milers AC	10:22	33	362	Rosa Rutter	Blackpool Wyre & Fylde Ac	12:27
17	975	Alice Briffett	Lancaster & Morecambe Ac	10:22					

Under 11 Girls — TEAM RESULTS

1 Clayton-Le-Moors Harriers	27 —	3 Molly Jackson	10 Lexie McLean	14 Freya Thomas
2 Blackpool Wyre & Fylde Ac	35 —	7 Lily-Rose McMinnis	9 Maggie Belfield	19 Chloe Senior
3 Kirkby Milers AC	47 —	8 Lola Hill	16 Bella McLoughlin	23 Hannah Sharrock

Under 11 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	770	Harri Tancred	Kendal Helm Composite	7:58	23	2340	William Coward	Lytham St Annes Rr Club	9:28
2	349	Jasper Hall	Blackpool Wyre & Fylde Ac	8:08	24	1509	Harry Walker	Rossendale Harriers & Ac	9:28
3	2324	Ethan Statham	Bury Athletic Club	8:14	25	1505	Arthur Grenfell	Rossendale Harriers & Ac	9:28
4	1504	Charlie Dobson	Rossendale Harriers & Ac	8:15	26	973	Joe Maguire	Lancaster & Morecambe Ac	9:30
5	1172	Matthew Bennett	Liverpool Pembroke Sefton	8:16	27	459	Matthew Bissett	Chorley A & T	9:31
6	904	Harry Redhead	Kirkby Milers AC	8:19	28	771	Oliver Wrigley	Kendal Helm Composite	9:32
7	909	Edward Low	Kirkby Milers AC	8:25	29	907	Thomas Tailon	Kirkby Milers AC	9:36
8	769	Jos Jebb	Kendal Helm Composite	8:29	30	1286	Noah Roberts	Pendle Athletic Club	9:38
9	466	Thomas Stewart	Chorley A & T	8:39	31	1287	Max Williams	Pendle Athletic Club	9:41
10	905	Aron Savage	Kirkby Milers AC	8:47	32	347	Ralph Baron	Blackpool Wyre & Fylde Ac	9:42
11	613	Alex Smialek	Clayton-Le-Moors Harriers	8:51	33	1280	Oliver Dale	Pendle Athletic Club	9:43
12	1047	Tommy Calland	Leigh Harriers & Ac	8:52	34	903	Ryan Poland	Kirkby Milers AC	9:46
13	901	George Jackson	Kirkby Milers AC	8:52	35	350	Oliver Hall	Blackpool Wyre & Fylde Ac	9:50
14	898	M Burgan-Harrison	Kirkby Milers AC	8:54	36	972	Ruben Heath	Lancaster & Morecambe Ac	9:55
15	611	Harry Lowde	Clayton-Le-Moors Harriers	8:57	37	351	Bobby Hastwell	Blackpool Wyre & Fylde Ac	9:56
16	2214	Zachary XMacleod	Liverpool Pembroke Sefton	8:59	38	970	William Gardner	Lancaster & Morecambe Ac	9:58
17	2240	Theo Addy	Blackburn Harriers & Ac	8:59	39	974	Jack Parrington	Lancaster & Morecambe Ac	9:58
18	467	Morgan Watson	Chorley A & T	9:02	40	1263	Reuben May	Lytham St Annes Rr Club	10:00
19	1888	Jack Mitchell	Trawden Athletic Club	9:03	41	971	Luke Grant	Lancaster & Morecambe Ac	10:58
20	354	Harry Posner	Blackpool Wyre & Fylde Ac	9:06	42	900	Harrison Ellis	Kirkby Milers AC	11:10
21	1885	George Earl	Trawden Athletic Club	9:20	43	899	Ryan Cartwright	Kirkby Milers AC	11:24
22	906	F Shurie-Mackenzie	Kirkby Milers AC	9:24					

Under 11 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Kirkby Milers AC	20 —	5 Harry Redhead	6 Edward Low	9 Aron Savage
2 Kendal Helm Composite	35 —	1 Harri Tancred	7 Jos Jebb	27 Oliver Wrigley
3 Rossendale Harriers & Ac	50 —	3 Charlie Dobson	23 Harry Walker	24 Arthur Grenfell
4 Chorley A & T	51 —	8 Thomas Stewart	17 Morgan Watson	26 Matthew Bissett
5 Blackpool Wyre & Fylde Ac	52 —	2 Jasper Hall	19 Harry Posner	31 Ralph Baron
6 Pendle Athletic Club	91 —	29 Noah Roberts	30 Max Williams	32 Oliver Dale
7 Lancaster & Morecambe Ac	97 —	25 Joe Maguire	35 Ruben Heath	37 William Gardner

Mid Lancs Cross Country League at Lawsons Ground, Blackpool on Saturday 14th January 2023

Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	376	Pollyanna Kershaw	Blackpool Wyre & Fylde Ac	8:56	24	2094	Holly Nicholls	Wigan & District H & Ac	10:16
2	1778	Layla Graham	Southport Waterloo Ac	9:06	25	1787	Lauren Silcox	Southport Waterloo Ac	10:18
3	377	Kristy Leitch	Blackpool Wyre & Fylde Ac	9:08	26	490	Millie Reid	Chorley A & T	10:19
4	481	Isabel Goodman	Chorley A & T	9:22	27	489	Isobel Reid	Chorley A & T	10:20
5	371	Jemima Bradburn	Blackpool Wyre & Fylde Ac	9:34	28	983	Eve Briffett	Lancaster & Morecambe Ac	10:28
6	783	Isla Jebb	Kendal Helm Composite	9:35	29	201	Charlotte Smith	Blackburn Harriers & Ac	10:37
7	623	Lottie Hesketh	Clayton-Le-Moors Harriers	9:38	30	622	Jessica Gizon	Clayton-Le-Moors Harriers	10:51
8	1525	Alice Carr	Rossendale Harriers & Ac	9:50	31	2243	Avalina Cicconi	Clayton-Le-Moors Harriers	11:00
9	485	Millie Jordan	Chorley A & T	9:51	32	487	Georgia Pendlebury	Chorley A & T	11:17
10	488	Maisie Preston	Chorley A & T	9:52	33	486	Paige Kelly	Chorley A & T	11:18
11	1788	Grace Veevers	Southport Waterloo Ac	9:53	34	625	Louise Lusty	Clayton-Le-Moors Harriers	11:40
12	1527	Ruby Cleaver	Rossendale Harriers & Ac	9:54	35	927	Sophia Spurling	Kirkby Milers AC	11:43
13	1297	Marnie Nelson	Pendle Athletic Club	9:56	36	2334	Scarlett Jarvis	Wigan & District H & Ac	11:46
14	1530	Holly Nicholls	Rossendale Harriers & Ac	9:59	37	379	Isla Macpherson	Blackpool Wyre & Fylde Ac	11:50
15	784	Isla Pearman	Kendal Helm Composite	10:00	38	197	Charlotte Rothwell	Blackburn Harriers & Ac	11:54
16	484	Eleanor Jenner	Chorley A & T	10:01	39	787	Isabelle Wrigley	Kendal Helm Composite	12:09
17	785	Emmy Ranner	Kendal Helm Composite	10:06	40	2216	Chloe Smith	Pendle Athletic Club	12:17
18	2170	Harley Gregory	Hyndburn Ac	10:09	41	1067	Olivia Copper	Leigh Harriers & Ac	12:29
19	1294	Gabriella Dale	Pendle Athletic Club	10:10	42	97	Kenzie Jefferson	Barrow & Furness Striders	12:44
20	191	Evie Fort	Blackburn Harriers & Ac	10:11	43	624	Kristel Lusty	Clayton-Le-Moors Harriers	13:01
21	781	Anna Cobley	Kendal Helm Composite	10:14	44	985	Olivia Hemingway	Lancaster & Morecambe Ac	13:12
22	1528	Lyla Duffy	Rossendale Harriers & Ac	10:16	45	381	Chloe Whitehouse	Blackpool Wyre & Fylde Ac	14:12
23	2190	Lyra Krige	Blackburn Harriers & Ac	10:16	46	374	Isabelle Dunn	Blackpool Wyre & Fylde Ac	16:57

Under 13 Girls — TEAM RESULTS

1	Blackpool Wyre & Fylde Ac	9 —	1	Pollyanna Kershaw	3	Kristy Leitch	5	Jemima Bradburn
2	Chorley A & T	23 —	4	Isabel Goodman	9	Millie Jordan	10	Maisie Preston
3	Rossendale Harriers & Ac	34 —	8	Alice Carr	12	Ruby Cleaver	14	Holly Nicholls
4	Kendal Helm Composite	38 —	6	Isla Jebb	15	Isla Pearman	17	Emmy Ranner
5	Southport Waterloo Ac	38 —	2	Layla Graham	11	Grace Veevers	25	Lauren Silcox
6	Clayton-Le-Moors Harriers	68 —	7	Lottie Hesketh	30	Jessica Gizon	31	Avalina Cicconi
7	Blackburn Harriers & Ac	72 —	20	Evie Fort	23	Lyra Krige	29	Charlotte Smith
8	Pendle Athletic Club	72 —	13	Marnie Nelson	19	Gabriella Dale	40	Chloe Smith

Race 4 - Under 13 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	1756	William Delamere	Southport Waterloo Ac	11:27	18	476	Elliot James	Chorley A & T	14:44
2	1766	Caleb Still	Southport Waterloo Ac	11:34	19	1383	Lucas Cooke	Preston Harriers	14:57
3	366	William Kershaw	Blackpool Wyre & Fylde Ac	12:33	20	2202	Harry Wilkin	Kendal Helm Composite	15:09
4	778	Joseff Tancred	Kendal Helm Composite	12:35	21	2165	Junior Nicholls	Hyndburn Ac	15:14
5	777	Jake Smith	Kendal Helm Composite	12:39	22	2082	Henry Jeffs-Watts	Wigan & District H & Ac	15:29
6	364	Archie Belfield	Blackpool Wyre & Fylde Ac	12:56	23	620	Alfie Barnett	Clayton-Le-Moors Harriers	16:07
7	774	Harry Coulter	Kendal Helm Composite	13:06	24	1056	Barnaby Crombleholme	Leigh Harriers & Ac	16:07
8	180	Liam Bennison	Blackburn Harriers & Ac	13:24	25	978	Arthur Dickinson	Lancaster & Morecambe Ac	16:09
9	182	George Holman	Blackburn Harriers & Ac	13:25	26	415	Alexander Blanchet	Burnley Ac	16:23
10	478	Harry Walkden	Chorley A & T	13:38	27	363	Vincent Bateman	Blackpool Wyre & Fylde Ac	16:25
11	2083	Zak Manir-Jolley	Wigan & District H & Ac	13:49	28	924	Adam Robinson	Kirkby Milers AC	16:39
12	367	Ewan Leitch	Blackpool Wyre & Fylde Ac	14:10	29	416	Benjamin Mayhew	Burnley Ac	17:42
13	477	Benedict Raby	Chorley A & T	14:11	30	473	Oliver Bruce	Chorley A & T	18:24
14	64	Toby Nixon	Barlick Fell Runners	14:11	31	1061	Charlie Longworth	Leigh Harriers & Ac	18:26
15	621	Corbyn Thomas	Clayton-Le-Moors Harriers	14:15	32	95	Aston Hart	Barrow & Furness Striders	19:22
16	368	Jack Senior	Blackpool Wyre & Fylde Ac	14:25	33	1522	Toby Steel	Rossendale Harriers & Ac	20:08
17	2160	Sullivan Drury	Hyndburn Ac	14:35					

Race 4 - Under 13 Boys — TEAM RESULTS

1	Kendal Helm Composite	16 —	4	Joseff Tancred	5	Jake Smith	7	Harry Coulter
2	Blackpool Wyre & Fylde Ac	21 —	3	William Kershaw	6	Archie Belfield	12	Ewan Leitch
3	Chorley A & T	41 —	10	Harry Walkden	13	Benedict Raby	18	Elliot James

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Race 4 - Under 15 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	797	Kate Collin	Kendal Helm Composite	12:50	19	2102	Lucy Orrell	Wigan & District H & Ac	14:45
2	1075	Jessica Hodgkinson	Leigh Harriers & Ac	13:02	20	390	Ella Leonard	Blackpool Wyre & Fylde Ac	14:47
3	992	Anna Nicholson	Lancaster & Morecambe Ac	13:10	21	217	Hannah Davies	Blackburn Harriers & Ac	14:53
4	1122	Lucy Bell	Leven Valley AC	13:12	22	1542	Zara Lewis	Rossendale Harriers & Ac	14:58
5	799	Millie Jebb	Kendal Helm Composite	13:14	23	67	Lexi Allen	Barlick Fell Runners	15:06
6	1078	Rose XParry	Leigh Harriers & Ac	13:23	24	222	Tamzin Osborne	Blackburn Harriers & Ac	15:29
7	1540	Matilda Duffy	Rossendale Harriers & Ac	13:27	25	1409	Holly Moffatt	Preston Harriers	15:30
8	392	Gracie Scott	Blackpool Wyre & Fylde Ac	13:29	26	1405	Natasha Cooke	Preston Harriers	15:34
9	1202	Sarah Yates	Liverpool Pembroke Sefton	13:32	27	801	E Macpherson-Littler	Kendal Helm Composite	15:43
10	634	Eliena Lusty	Clayton-Le-Moors Harriers	13:39	28	2098	Esme Clark	Wigan & District H & Ac	15:52
11	803	Lara Smith	Kendal Helm Composite	13:58	29	221	Freya Neild	Blackburn Harriers & Ac	16:07
12	2274	Elif Sançar	Sedbergh School RuC	14:06	30	2277	Olivia Patchett	Sedbergh School RuC	16:30
13	990	Erin Gillan	Lancaster & Morecambe Ac	14:08	31	930	Lucy Dodd	Kirkby Milers AC	16:52
14	633	Phoebe Jackson	Clayton-Le-Moors Harriers	14:21	32	2181	Heidi Sagar-Moss	Hyndburn Ac	16:58
15	70	Gemma Roberts	Barlick Fell Runners	14:26	33	69	Lily Nixon	Barlick Fell Runners	17:27
16	989	Annie Dickinson	Lancaster & Morecambe Ac	14:26	34	2275	Nell Biker	Sedbergh School RuC	17:56
17	798	Ruby Duxbury	Kendal Helm Composite	14:31	35	2276	Kitty Millson	Sedbergh School RuC	18:00
18	100	Mahiya Mohan	Barrow & Furness Striders	14:41					

Race 4 - Under 15 Girls — TEAM RESULTS

1	Kendal Helm Composite	17	—	1	Kate Collin	5	Millie Jebb	11	Lara Smith
2	Lancaster & Morecambe Ac	32	—	3	Anna Nicholson	13	Erin Gillan	16	Annie Dickinson
3	Barlick Fell Runners	71	—	15	Gemma Roberts	23	Lexi Allen	33	Lily Nixon
4	Blackburn Harriers & Ac	24	—	21	Hannah Davies	24	Tamzin Osborne	29	Freya Neild
5	Sedbergh School RuC	76	—	12	Elif Sançar	30	Olivia Patchett	34	Nell Biker

Race 5 - Under 15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	789	Alfie Addison	Kendal Helm Composite	15:10	17	2246	Oliver Ball	Lancaster & Morecambe Ac	17:08
2	791	Joe Hilborne	Kendal Helm Composite	15:16	18	1270	Jayden Richardson	Lytham St Annes Rr Club	17:10
3	795	Joshua Todd	Kendal Helm Composite	15:23	19	494	Robert Kellett	Chorley A & T	17:28
4	2292	Oliver Simpson	Sedbergh School RuC	15:28	20	387	Edward Willetts	Blackpool Wyre & Fylde Ac	17:36
5	987	Jack Eccles	Lancaster & Morecambe Ac	15:32	21	1072	Lucas Gregory	Leigh Harriers & Ac	17:37
6	988	William Wareing	Lancaster & Morecambe Ac	15:35	22	928	Luke Culshaw	Kirkby Milers AC	17:38
7	496	Henry Ward	Chorley A & T	15:41	23	1537	Alfie Walker	Rossendale Harriers & Ac	18:03
8	2329	Allan Sumner	Lancaster & Morecambe Ac	15:44	24	792	Harvey Shaw	Kendal Helm Composite	18:04
9	214	Matthew Smith	Blackburn Harriers & Ac	15:58	25	213	Alex Rothwell	Blackburn Harriers & Ac	18:06
10	631	Logan McCredie	Clayton-Le-Moors Harriers	16:03	26	2178	S John	Hyndburn Ac	18:21
11	794	Alfie Todd	Kendal Helm Composite	16:06	27	385	Alfie Hall	Blackpool Wyre & Fylde Ac	19:08
12	2097	Sami Manir-Jolley	Wigan & District H & Ac	16:20	28	382	Ethan Bateman	Blackpool Wyre & Fylde Ac	19:19
13	497	Max Winstanley	Chorley A & T	16:22	29	632	Devon Siguenza	Clayton-Le-Moors Harriers	19:30
14	215	Jack Wood	Blackburn Harriers & Ac	16:24	30	1401	Matthew Link	Preston Harriers	19:59
15	1400	Adam Link	Preston Harriers	16:56	31	1299	Hugh Williams	Pendle Athletic Club	22:57
16	790	Will Brayshaw	Kendal Helm Composite	16:58	32	383	Alex Fuller	Blackpool Wyre & Fylde Ac	29:01

Race 5 - Under 15 Boys — TEAM RESULTS

1	Kendal Helm Composite	6	—	1	Alfie Addison	2	Joe Hilborne	3	Joshua Todd
2	Lancaster & Morecambe Ac	19	—	5	Jack Eccles	6	William Wareing	8	Allan Sumner
3	Chorley A & T	39	—	7	Henry Ward	13	Max Winstanley	19	Robert Kellett
4	Blackburn Harriers & Ac	48	—	9	Matthew Smith	14	Jack Wood	25	Alex Rothwell
5	Blackpool Wyre & Fylde Ac	75	—	20	Edward Willetts	27	Alfie Hall	28	Ethan Bateman

Mid Lancs Cross Country League

at Lawsons Ground, Blackpool on Saturday 14th January 2023

Race 5 - Under 17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1132	Georgia Bell	Leven Valley AC	16:30	11	2280	Pia Hackstein	Sedbergh School RuC	20:35
2	507	Amelie Smethurst	Chorley A & T	16:55	12	504	Lara Ingram-Weston	Chorley A & T	20:54
3	1003	Elizabeth Wareing	Lancaster & Morecambe Ac	17:33	13	2285	Libby Martin	Sedbergh School RuC	21:02
4	1816	Emily Dean	Southport Waterloo Ac	17:38	14	2279	Kaia Felipe-Scargill	Sedbergh School RuC	21:22
5	806	Sarah Smith	Kendal Helm Composite	17:42	15	400	Louisa Bradburn	Blackpool Wyre & Fylde Ac	21:26
6	641	Helana White	Clayton-Le-Moors Harriers	18:25	16	2283	Heather Booth	Sedbergh School RuC	21:40
7	509	Poppi Watson	Chorley A & T	18:30	17	2282	Sophie Sterne	Sedbergh School RuC	21:55
8	2278	Eliza Barlow	Sedbergh School RuC	18:34	18	2281	Pippa Radford	Sedbergh School RuC	22:11
9	638	Ciara Duffy	Clayton-Le-Moors Harriers	18:36	19	1000	Niamh Barnsley-Ryan	Lancaster & Morecambe Ac	23:44
10	2284	Sophia Charlton	Sedbergh School RuC	18:44	20	1001	Sacha Liver	Lancaster & Morecambe Ac	24:08

Race 5 - Under 17 Women — TEAM RESULTS

1 Chorley A & T	21 —	2 Amelie Smethurst	7 Poppi Watson	12 Lara Ingram-Weston
2 Sedbergh School RuC	29 —	8 Eliza Barlow	10 Sophia Charlton	11 Pia Hackstein
3 Lancaster & Morecambe Ac	42 —	3 Elizabeth Wareing	19 Niamh Barnsley-Ryan	20 Sacha Liver

Race 6 - Under 17 Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2295	Daniel Dean	Sedbergh School RuC	21:58	12	996	Bertie Ellison	Lancaster & Morecambe Ac	26:59
2	993	Tom Bowman	Lancaster & Morecambe Ac	22:10	13	2294	Hugo Dollar	Sedbergh School RuC	27:18
3	1543	Joseph Ormrod	Rosendale Harriers & Ac	22:19	14	1130	Ollie Wilson	Leven Valley AC	27:36
4	637	William Walker	Clayton-Le-Moors Harriers	23:08	15	997	Ronan Maher	Lancaster & Morecambe Ac	27:52
5	502	Tom Murphy	Chorley A & T	23:16	16	2300	Alfie Sanosi	Sedbergh School RuC	27:59
6	934	Derri Henderson	Kirkby Milers AC	24:48	17	2297	Luke Cosgrove	Sedbergh School RuC	28:34
7	1945	Joe Turner	Walney Wind Cheetahs	25:04	18	2296	Mason Mora	Sedbergh School RuC	29:27
8	102	G Barnard-Mackenzie	Barrow & Furness Striders	25:21	19	2299	Nicolas Groenewegen	Sedbergh School RuC	30:50
9	236	Umair Rafiq	Blackburn Harriers & Ac	25:31	20	1085	George Thompson	Leigh Harriers & Ac	31:56
10	394	Rafael Eaton	Blackpool Wyre & Fylde Ac	26:11	21	1944	Edward Singleton	Walney Wind Cheetahs	34:04
11	1943	A Maggio-Poyntz	Walney Wind Cheetahs	26:55					

Race 6 - Under 17 Men — TEAM RESULTS

1 Lancaster & Morecambe Ac	29 —	2 Tom Bowman	12 Bertie Ellison	15 Ronan Maher
2 Sedbergh School RuC	30 —	1 Daniel Dean	13 Hugo Dollar	16 Alfie Sanosi
3 Walney Wind Cheetahs	39 —	7 Joe Turner	11 A Maggio-Poyntz	21 Edward Singleton

Race 6 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	1008	Kirsty Maher	L20	1 Lancaster & Morecambe Ac	25:48
2	260	Amy-Nicola Davies	L20	2 Blackburn Harriers & Ac	26:00
3	1007	Sophie Huxtable	L20	3 Lancaster & Morecambe Ac	26:28
4	2287	Doris Dixon	L20	4 Sedbergh School RuC	27:57
5	1275	Maddy Markham	L20	5 Lytham St Annes Rr Club	30:38
6	2217	Caitlin Bowden	L20	6 Pendle Athletic Club	30:45

Race 6 - Ladies under 20 — TEAM RESULTS

No complete teams

Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2255	Oliver Sutcliffe	U20	1 Liverpool Pembroke Sefton	34:03	9	2304	Matthew Lewin	U20	9 Sedbergh School RuC	39:38
2	2308	Samuel Gunning	U20	2 Sedbergh School RuC	34:17	10	2302	Benjamin Jackson	U20	10 Sedbergh School RuC	40:30
3	250	Sam Hodgkinson	U20	3 Blackburn Harriers & Ac	34:47	11	2305	Hugo Read	U20	11 Sedbergh School RuC	40:34
4	1425	Luke Suffolk	U20	4 Preston Harriers	36:16	12	2303	Angus Tiso	U20	12 Sedbergh School RuC	41:03
5	1005	Thomas McGrattan	U20	5 Lancaster & Morecambe Ac	38:23	13	2301	Oliver Bird	U20	13 Sedbergh School RuC	41:37
6	1006	Gianluca Mews	U20	6 Lancaster & Morecambe Ac	38:56	14	1946	Casey Turner	U20	14 Walney Wind Cheetahs	42:38
7	2353	Caleb Thornber	U20	7 Trawden Athletic Club	39:03	15	2306	Theodore Smalley	U20	15 Sedbergh School RuC	44:24
8	405	Joshua Mathias-Davey	U20	8 Blackpool Wyre & Fylde Ac	39:28	16	419	Nathan Green	U20	16 Burnley Ac	45:45

Senior Men under 20 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sedbergh School RuC	21 —	2 Samuel Gunning	9 Matthew Lewin	10 Benjamin Jackson
2 Sedbergh School RuC	'B' 36 —	11 Hugo Read	12 Angus Tiso	13 Oliver Bird

Mid Lancs Cross Country League

at Lawsons Ground, Blackpool on Saturday 14th January 2023

Race 6 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time
1	1008	Kirsty Maher	L20 1	Lancaster & Morecambe Ac	25:48
2	260	Amy-Nicola Davies	L20 2	Blackburn Harriers & Ac	26:00
3	596	Nicola Moynihan	L 3	Clayton-Le-Moors Harriers	26:21
4	1007	Sophie Huxtable	L20 3	Lancaster & Morecambe Ac	26:28
5	717	Sharon Dixon	L50 1	Glaxo Hoad Hill Harriers	26:35
6	1605	Maria Cook	L45 1	Skelmersdale Boundary H	27:20
7	1708	Rachel Jacks	L35 1	Southport Waterloo Ac	27:22
8	1368	Jamie Robinson	L 8	Preston Harriers	27:34
9	2287	Doris Dixon	L20 4	Sedbergh School RuC	27:57
10	737	Emma Johnston	L 10	Helm Hill Runners	28:09
11	2358	Caroline Betmead	L50 2	Blackpool Wyre & Fylde Ac	28:36
12	2220	Hailey XFletcher	L35 2	Sedbergh School RuC	28:39
13	2270	Samantha Edwards	L35 3	Red Rose Road Runners	28:48
14	1028	Anna Lonsdale	L 14	Lancaster University	29:01
15	1361	Kate Lakeland	L 15	Preston Harriers	29:09
16	963	Lauren Gora	L35 4	Lancaster & Morecambe Ac	29:21
17	2071	Rachel Sidebotham	L 17	Wigan & District H & Ac	29:25
18	1702	Clare Constable	L50 3	Southport Waterloo Ac	29:51
19	1714	Andrea Scarborough	L40 1	Southport Waterloo Ac	30:08
20	1940	Amy Singleton	L40 2	Walney Wind Cheetahs	30:08
21	448	Lynne Clough	L50 4	Chorley A & T	30:09
22	1275	Maddy Markham	L20 5	Lytham St Annes Rr Club	30:38
23	337	Laura Lawler	L50 5	Blackpool Wyre & Fylde Ac	30:40
24	721	Joanne McLeod	L55 1	Glaxo Hoad Hill Harriers	30:43
25	2217	Caitlin Bowden	L20 6	Pendle Athletic Club	30:45
26	159	Lindsay Davies	L50 6	Blackburn Harriers & Ac	30:47
27	1488	Joanne Cleaver	L40 3	Rossendale Harriers & Ac	30:53
28	2313	Helen Buchan	L40 4	Trawden Athletic Club	30:56
29	2056	Jayne Collins	L60 1	Wigan & District H & Ac	30:58
30	457	Rebecca Ward	L40 5	Chorley A & T	30:59
31	669	Jayne Perry	L40 6	Garstang Running Club	31:12
32	1027	Merlyn Gilldaley	L 32	Lancaster University	31:16
33	580	Alison Dugdale	L50 7	Clayton-Le-Moors Harriers	31:20
34	2021	Carmel Sullivan	L55 2	Wesham Road Runners & Ac	31:25
35	718D	FletcherCooney	L 35	Glaxo Hoad Hill Harriers	31:36
36	968	Louise Wareing	L45 2	Lancaster & Morecambe Ac	31:38
37	1045	Katie Sanderson	L45 3	Leigh Harriers & Ac	31:39
38	2074	Kelly Towns	L45 4	Wigan & District H & Ac	31:41
39	2022	Kay Twist	L50 8	Wesham Road Runners & Ac	31:43
40	1358	Cathy Flitcroft	L55 3	Preston Harriers	31:46
41	589	Vicky Heys	L50 9	Clayton-Le-Moors Harriers	31:48
42	452	Laura Murphy	L45 5	Chorley A & T	31:49
43	2322	Suzanne Leonard	L50 10	Blackpool Wyre & Fylde Ac	31:49
44	1716	Michelle Spencer	L45 6	Southport Waterloo Ac	31:59
45	1609	Victoria Gilbody	L 45	Skelmersdale Boundary H	32:02
46	767	Amy Wilkin	L45 7	Kendal Amateur Athletic Club	32:08
47	2395	Carole James	L55 4	Southport Waterloo Ac	32:10
48	2061	Lisa Heyes	L50 11	Wigan & District H & Ac	32:14
49	582	Lisa Ellis	L40 7	Clayton-Le-Moors Harriers	32:16
50	2209	Rachel Hodgkinson	L50 12	Leigh Harriers & Ac	32:20
51	667	Claire Lyons	L35 5	Garstang Running Club	32:23
52	1936	Alex Earley	L 52	Walney Wind Cheetahs	32:32
53	80	Sarah Bouffler	L40 8	Barrow & Furness Striders	32:40
54	1374	Sharon Wilkinson	L50 13	Preston Harriers	32:48
55	1929	Kim Anderson	L40 9	Walney Wind Cheetahs	32:50
56	1492	Tanya King	L40 10	Rossendale Harriers & Ac	33:01
57	330	Karen Dunford	L55 5	Blackpool Wyre & Fylde Ac	33:05
58	1938	Karen Maggio-Poyntz	L50 14	Walney Wind Cheetahs	33:14
59	605	Michelle Sumner	L40 11	Clayton-Le-Moors Harriers	33:21
60	1837	Rebecca Courtney	L40 12	Thornton Cleveleys RC	33:31
61	1875	Clair Priestley	L45 8	Trawden Athletic Club	33:51
62	966	Miriam Maher	L50 15	Lancaster & Morecambe Ac	34:00
63	1841	Tracey Mullan	L45 9	Thornton Cleveleys RC	34:01
64	967	Emily Stapleton	L50 16	Lancaster & Morecambe Ac	34:05
65	662	Bryony Boutell	L35 6	Garstang Running Club	34:16
66	1242	Catherine Carrdus	L50 17	Lytham St Annes Rr Club	34:18
67	334	Helen Hall	L45 10	Blackpool Wyre & Fylde Ac	34:39
68	757	Helen Addison	L40 13	Kendal Amateur Athletic Club	34:50
69	1253	Claire Markham	L45 11	Lytham St Annes Rr Club	34:53
70	1710	Helen Lavelle	L45 12	Southport Waterloo Ac	34:58
71	762	Carolyn Kevan	L60 2	Kendal Amateur Athletic Club	35:08
72	82	Cathrine Grisdale	L60 3	Barrow & Furness Striders	35:15
73	1930	Joanna Barnard	L45 13	Walney Wind Cheetahs	35:21
74	1245	Julia Rolfe	L60 4	Lytham St Annes Rr Club	35:29
75	713	Stevie Barron	L65 1	Glaxo Hoad Hill Harriers	35:31
76	1934	Maria Blakey	L65 2	Walney Wind Cheetahs	35:44
77	2064	Rachel Lawton	L50 18	Wigan & District H & Ac	35:45
78	2023	Alona Versinina	L35 7	Wesham Road Runners & Ac	35:53
79	1836	Sarah Barton	L40 14	Thornton Cleveleys RC	36:10
80	340	Jayne Ogier	L40 15	Blackpool Wyre & Fylde Ac	36:11
81	587	Sarah Helliwell	L40 16	Clayton-Le-Moors Harriers	36:25
82	1840	Roxanne McAllister	L35 8	Thornton Cleveleys RC	36:38
83	1359	Marian Hesketh	L65 3	Preston Harriers	36:45
84	1707	Gemma Delamere	L40 17	Southport Waterloo Ac	36:51
85	583	Rachel Gilmore	L50 19	Clayton-Le-Moors Harriers	36:56
86	2321	Rebekah Caine	L40 18	Walney Wind Cheetahs	37:01
87	759	Sue Booth	L60 5	Kendal Amateur Athletic Club	37:14
88	965	Jennie Hodgson	L60 6	Lancaster & Morecambe Ac	37:16
89	1170	Sharon Roberts	L50 20	Liverpool Pembroke Sefton	37:20
90	2247	Gemma Wicks	L 90	Lancaster University	37:21
91	575	Rachel Airey	L 91	Clayton-Le-Moors Harriers	37:24
92	333	Beveley Gigli	L55 6	Blackpool Wyre & Fylde Ac	37:52
93	607	Katherine Thompson	L65 4	Clayton-Le-Moors Harriers	38:02
94	1257	Ruth XWilliams	L55 7	Lytham St Annes Rr Club	38:03
95	1448	Alison Parkinson	L55 8	Red Rose Road Runners	38:24
96	1939	Carol Park	L55 9	Walney Wind Cheetahs	38:31
97	2067	Ruth Peet	L50 21	Wigan & District H & Ac	39:08
98	1937	Helen Edwards	L50 22	Walney Wind Cheetahs	39:11
99	1371	Julie Tyrer	L45 14	Preston Harriers	39:14
100	1240	Kirsten Burnett	L45 15	Lytham St Annes Rr Club	39:18
101	1252	Catherine Maclachlan	L50 23	Lytham St Annes Rr Club	39:21
102	1992	Clare Belfield	L40 19	Wesham Road Runners & Ac	39:40
103	1498	Sara Steel	L40 20	Rossendale Harriers & Ac	40:00
104	411	Lisa Mayhew	L40 21	Burnley Ac	40:30
105	1446	Alison Mercer	L55 10	Red Rose Road Runners	40:38
106	2065	Lucy McKenna	L 106	Wigan & District H & Ac	40:47
107	586	Helen XHarrison	L55 11	Clayton-Le-Moors Harriers	41:21
108	663	Sheena Cottam	L50 24	Garstang Running Club	41:23
109	345	Michelle Tomlinson	L60 7	Blackpool Wyre & Fylde Ac	42:46
110	1942	Melissa Turner	L 110	Walney Wind Cheetahs	43:03
111	1372	Sue Wickham	L60 8	Preston Harriers	43:10
112	1863	Liz Allison	L55 12	Trawden Athletic Club	43:42
113	1876	Catherine Thornber	L55 13	Trawden Athletic Club	45:45
114	410	Sally Green	L50 25	Burnley Ac	46:06
115	2014	Susan Rigby	L45 16	Wesham Road Runners & Ac	46:12
116	1867	Julie Carman	L65 5	Trawden Athletic Club	46:28
117	1870	L Hawthornthwaite	L40 22	Trawden Athletic Club	46:55
118	1044	Debbie Copper	L40 23	Leigh Harriers & Ac	47:03
119	2354	Mel Macdonald	L45 17	Wesham Road Runners & Ac	47:19
120	594	Christine Leathley	L70 1	Clayton-Le-Moors Harriers	47:42
121	576	Susan Allen	L60 9	Clayton-Le-Moors Harriers	50:24

Race 6 - Vet 70 Men — FINAL RESULTS

Pos	Num	Name	Club	Time	
1	1302	Alan Appleby	V75 1	Preston Harriers	33:33
2	1853	John Carman	V70 1	Trawden Athletic Club	34:54
3	753	Mike XWalsh	V70 2	Kendal Amateur Athletic Club	35:22
4	1920	Dave Howie	V75 2	Walney Wind Cheetahs	36:03
5	658	Anthony Pritchard	V70 3	Garstang Running Club	37:12
6	1916	Robbie Edwards	V70 4	Walney Wind Cheetahs	38:17
7	561	David Scott	V75 3	Clayton-Le-Moors Harriers	43:28
8	288	Robert Massey	V75 4	Blackpool Wyre & Fylde Ac	44:56
9	314	Bill Smith	V70 5	Blackpool Wyre & Fylde Ac	46:26

Race 6 - Vet 70 Men — TEAM RESULTS

1	Walney Wind Cheetahs	10	—	4	Dave Howie	6	Robbie Edwards
2	Blackpool Wyre & Fylde Ac	17	—	8	Robert Massey	9	Bill Smith

Race 6 - Ladies over 18 — TEAM RESULTS

1 Lancaster & Morecambe Ac	21	—	1 Kirsty Maher	4 Sophie Huxtable	16 Lauren Gora
2 Southport Waterloo Ac	44	—	7 Rachel Jacks	18 Clare Constable	19 Andrea Scarborough
3 Preston Harriers	63	—	8 Jamie Robinson	15 Kate Lakeland	40 Cathy Flitcroft
4 Glaxo Hoad Hill Harriers	64	—	5 Sharon Dixon	24 Joanne McLeod	35 D FletcherCooney
5 Clayton-Le-Moors Harriers	77	—	3 Nicola Moynihan	33 Alison Dugdale	41 Vicky Heys
6 Blackpool Wyre & Fylde Ac	77	—	11 Caroline Betmead	23 Laura Lawler	43 Suzanne Leonard
7 Wigan & District H & Ac	84	—	17 Rachel Sidebotham	29 Jayne Collins	38 Kelly Towns
8 Chorley A & T	93	—	21 Lynne Clough	30 Rebecca Ward	42 Laura Murphy
9 Walney Wind Cheetahs	127	—	20 Amy Singleton	52 Alex Earley	55 Kim Anderson
10 Lancaster University	136	—	14 Anna Lonsdale	32 Merlyn Gilddaley	90 Gemma Wicks
11 Garstang Running Club	147	—	31 Jayne Perry	51 Claire Lyons	65 Bryony Boutell
12 Wesham Road Runners & Ac	151	—	34 Carmel Sullivan	39 Kay Twist	78 Alona Versinina
13 Lytham St Annes Rr Club	157	—	22 Maddy Markham	66 Catherine Carrdus	69 Claire Markham
14 Southport Waterloo Ac 'B'	161	—	44 Michelle Spencer	47 Carole James	70 Helen Lavelle
15 Lancaster & Morecambe Ac 'B'	162	—	36 Louise Wareing	62 Miriam Maher	64 Emily Stapleton
16 Kendal Amateur Athletic Club	185	—	46 Amy Wilkin	68 Helen Addison	71 Carolyn Kevan
17 Rossendale Harriers & Ac	186	—	27 Joanne Cleaver	56 Tanya King	103 Sara Steel
18 Clayton-Le-Moors Harriers 'B'	189	—	49 Lisa Ellis	59 Michelle Sumner	81 Sarah Helliwell
19 Trawden Athletic Club	201	—	28 Helen Buchan	61 Clair Priestley	112 Liz Allison
20 Thornton Cleveleys RC	202	—	60 Rebecca Courtney	63 Tracey Mullan	79 Sarah Barton
21 Blackpool Wyre & Fylde Ac 'B'	204	—	57 Karen Dunford	67 Helen Hall	80 Jayne Ogier
22 Leigh Harriers & Ac	205	—	37 Katie Sanderson	50 Rachel Hodgkinson	118 Debbie Copper
23 Walney Wind Cheetahs 'B'	207	—	58 Karen Maggio-Poyntz	73 Joanna Barnard	76 Maria Blakey
24 Red Rose Road Runners	213	—	13 Samantha Edwards	95 Alison Parkinson	105 Alison Mercer
25 Wigan & District H & Ac 'B'	222	—	48 Lisa Heyes	77 Rachel Lawton	97 Ruth Peet
26 Preston Harriers 'B'	236	—	54 Sharon Wilkinson	83 Marian Hesketh	99 Julie Tyrer
27 Lytham St Annes Rr Club 'B'	268	—	74 Julia Rolfe	94 Ruth XWilliams	100 Kirsten Burnett
28 Wesham Road Runners & Ac 'B'	336	—	102 Clare Belfield	115 Susan Rigby	119 Mel Macdonald
29 Trawden Athletic Club 'B'	346	—	113 Catherine Thornber	116 Julie Carman	117 L Hawthornthwaite

Race 6 - Ladies over 35 — TEAM RESULTS

1 Southport Waterloo Ac	20	—	3 Rachel Jacks	8 Clare Constable	9 Andrea Scarborough
2 Blackpool Wyre & Fylde Ac	45	—	4 Caroline Betmead	12 Laura Lawler	29 Suzanne Leonard
3 Chorley A & T	57	—	11 Lynne Clough	18 Rebecca Ward	28 Laura Murphy
4 Glaxo Hoad Hill Harriers	73	—	1 Sharon Dixon	13 Joanne McLeod	59 Stevie Barron
5 Wigan & District H & Ac	74	—	17 Jayne Collins	24 Kelly Towns	33 Lisa Heyes
6 Lancaster & Morecambe Ac	75	—	7 Lauren Gora	22 Louise Wareing	46 Miriam Maher
7 Clayton-Le-Moors Harriers	81	—	20 Alison Dugdale	27 Vicky Heys	34 Lisa Ellis
8 Walney Wind Cheetahs	91	—	10 Amy Singleton	39 Kim Anderson	42 Karen Maggio-Poyntz
9 Garstang Running Club	104	—	19 Jayne Perry	36 Claire Lyons	49 Bryony Boutell
10 Wesham Road Runners & Ac	108	—	21 Carmel Sullivan	25 Kay Twist	62 Alona Versinina
11 Preston Harriers	131	—	26 Cathy Flitcroft	38 Sharon Wilkinson	67 Marian Hesketh
12 Kendal Amateur Athletic Club	138	—	31 Amy Wilkin	52 Helen Addison	55 Carolyn Kevan
13 Rossendale Harriers & Ac	140	—	15 Joanne Cleaver	40 Tanya King	85 Sara Steel
14 Trawden Athletic Club	153	—	16 Helen Buchan	45 Clair Priestley	92 Liz Allison
15 Thornton Cleveleys RC	154	—	44 Rebecca Courtney	47 Tracey Mullan	63 Sarah Barton
16 Leigh Harriers & Ac	156	—	23 Katie Sanderson	35 Rachel Hodgkinson	98 Debbie Copper
17 Lytham St Annes Rr Club	161	—	50 Catherine Carrdus	53 Claire Markham	58 Julia Rolfe
18 Red Rose Road Runners	170	—	6 Samantha Edwards	77 Alison Parkinson	87 Alison Mercer

Race 6 - Ladies over 45 — TEAM RESULTS

1 Blackpool Wyre & Fylde Ac	28	—	3 Caroline Betmead	6 Laura Lawler	19 Suzanne Leonard
2 Southport Waterloo Ac	46	—	4 Clare Constable	20 Michelle Spencer	22 Carole James
3 Wigan & District H & Ac	46	—	9 Jayne Collins	14 Kelly Towns	23 Lisa Heyes
4 Glaxo Hoad Hill Harriers	48	—	1 Sharon Dixon	7 Joanne McLeod	40 Stevie Barron
5 Clayton-Le-Moors Harriers	71	—	10 Alison Dugdale	17 Vicky Heys	44 Rachel Gilmore
6 Lancaster & Morecambe Ac	72	—	12 Louise Wareing	29 Miriam Maher	31 Emily Stapleton
7 Preston Harriers	84	—	16 Cathy Flitcroft	25 Sharon Wilkinson	43 Marian Hesketh
8 Wesham Road Runners & Ac	92	—	11 Carmel Sullivan	15 Kay Twist	66 Susan Rigby
9 Kendal Amateur Athletic Club	102	—	21 Amy Wilkin	36 Carolyn Kevan	45 Sue Booth
10 Lytham St Annes Rr Club	105	—	32 Catherine Carrdus	34 Claire Markham	39 Julia Rolfe
11 Walney Wind Cheetahs	106	—	27 Karen Maggio-Poyntz	38 Joanna Barnard	41 Maria Blakey
12 Trawden Athletic Club	155	—	28 Clair Priestley	63 Liz Allison	64 Catherine Thornber

Race 6 - Ladies over 55 — TEAM RESULTS

1 Preston Harriers	39	—	4 Cathy Flitcroft	12 Marian Hesketh	23 Sue Wickham
2 Blackpool Wyre & Fylde Ac	43	—	6 Karen Dunford	15 Beveley Gigli	22 Michelle Tomlinson
3 Clayton-Le-Moors Harriers	64	—	16 Katherine Thompson	21 Helen XHarrison	27 Christine Leathley
4 Trawden Athletic Club	75	—	24 Liz Allison	25 Catherine Thornber	26 Julie Carman

Race 6 - Ladies over 65 — TEAM RESULTS

No complete teams

Mid Lancs Cross Country League at Lawsons Ground, Blackpool on Saturday 14th January 2023

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time						
1	1011	Matthew Briggs		Lancaster University	32:56	85	2303	Angus Tiso	U2012	Sedbergh School RuC	41:03
2	1226	Ross McKelvie		Lytham St Annes Rr Club	33:28	86	1217	Andrew Draper	V4011	Lytham St Annes Rr Club	41:04
3	1468	Andrew Grenfell	V40 1	Rossendale Harriers & Ac	33:51	87	2039	George Heyes		Wigan & District H & Ac	41:06
4	1018	Aaron Doyle		Lancaster University	33:57	88	1323	David Lea	V60 3	Preston Harriers	41:08
5	2255	Oliver Sutcliffe	U20 1	Liverpool Pembroke Sefton	34:03	89	529	Martin Connolly		Clayton-Le-Moors Harriers	41:19
6	2323	Blain Rooney		Border Harriers & Ac	34:03	90	1347	David Watson	V50 6	Preston Harriers	41:23
7	1022	Calum Laing		Lancaster University	34:04	91	324	John Wright	V55 5	Blackpool Wyre & Fylde Ac	41:28
8	2308	Samuel Gunning	U20 2	Sedbergh School RuC	34:17	92	320	Mark Warner		Blackpool Wyre & Fylde Ac	41:31
9	1349	Wesley Wilkinson		Preston Harriers	34:42	93	2301	Oliver Bird	U2013	Sedbergh School RuC	41:37
10	250	Sam Hodgkinson	U20 3	Blackburn Harriers & Ac	34:47	94	1340	Benjamin Read		Preston Harriers	41:55
11	2345	Joshua Whitehead		Rossendale Harriers & Ac	34:52	95	2037	Gareth Harrison	V4012	Wigan & District H & Ac	41:58
12	74	Ross Campbell		Barrow & Furness Striders	34:59	96	1336	Douglas Potter		Preston Harriers	42:10
13	1989	Adam Wilding		Wesham Road Runners & Ac	35:23	97	1915	Gareth Davies		Walney Wind Cheetahs	42:19
14	1312	Sam Evans		Preston Harriers	35:27	98	651	Colin Jennings	V50 7	Garstang Running Club	42:22
15	1661	Ben Johnson		Southport Waterloo Ac	35:38	99	1021	Matthew Green		Lancaster University	42:24
16	1682	Francois Rafferty	V50 1	Southport Waterloo Ac	35:42	100	1820	David Barras		Thornton Cleveleys RC	42:25
17	1454	Michael Corbishley		Rossendale Harriers & Ac	35:44	101	1033	Martin Conroy	V50 8	Leigh Harriers & Ac	42:31
18	733	Laurie Kearsey		Helm Hill Runners	35:46	102	559	Craig Nicholls	V4511	Clayton-Le-Moors Harriers	42:34
19	1467	Sean Greenwood		Rossendale Harriers & Ac	36:12	103	949	Graham Hodgson	V60 4	Lancaster & Morecambe Ac	42:37
20	1425	Luke Suffolk	U20 4	Preston Harriers	36:16	104	1946	Casey Turner	U2014	Walney Wind Cheetahs	42:38
21	2042	Jonathan Kearsley		Wigan & District H & Ac	36:18	105	2251	Matthew XWhittingham		Lancaster University	42:39
22	2335	Daniel Mitchinson		Leigh Harriers & Ac	36:18	106	1581	Andrew Mowatt	V4013	Skelmersdale Boundary H	42:45
23	710	Nathan White		Glaxo Hoad Hill Harriers	36:29	107	1827	Simon XHall	V4512	Thornton Cleveleys RC	42:57
24	842	David Low	V40 2	Kirkby Milers AC	36:31	108	1215	Chris Cottam		Lytham St Annes Rr Club	43:01
25	1307	Simon Collins	V40 3	Preston Harriers	36:32	109	683	Sean Dixon	V55 6	Glaxo Hoad Hill Harriers	43:01
26	751	Joe Todd	V45 1	Kendal Amateur Athletic Club	36:34	110	1236	James Whittle		Lytham St Annes Rr Club	43:02
27	707	Luke Turner		Glaxo Hoad Hill Harriers	36:41	111	1926	Ian Sadler	V55 7	Walney Wind Cheetahs	43:04
28	1473	Benjamin Kirkman		Rossendale Harriers & Ac	36:47	112	530	Ben Cook		Clayton-Le-Moors Harriers	43:15
29	1656	David Hamilton	V55 1	Southport Waterloo Ac	36:49	113	267	Jordan Cobb		Blackpool Wyre & Fylde Ac	43:20
30	72	Robert Atkinson	V60 1	Barrow & Furness Striders	37:07	114	1912	Steven Batty	V60 5	Walney Wind Cheetahs	43:22
31	2040	John Heyes	V50 2	Wigan & District H & Ac	37:15	115	1441	Barry Wheeler		Red Rose Road Runners	43:31
32	1343	Matthew Sowerby		Preston Harriers	37:24	116	1337	John Rainford	V60 6	Preston Harriers	43:41
33	1348	Andy Whaley	V45 2	Preston Harriers	37:33	117	2330	Allan Sumner	V50 9	Lancaster & Morecambe Ac	43:42
34	2232	Richard Addy	V45 3	Blackburn Road Runners	37:39	118	653	Richard Jones	V4014	Garstang Running Club	43:45
35	840	Ben Lewington		Kirkby Milers AC	37:41	119	1038	David Pollitt	V55 8	Leigh Harriers & Ac	43:46
36	538	Daniel Fleming		Clayton-Le-Moors Harriers	37:42	120	1972	Damian Ings	V4513	Wesham Road Runners & Ac	43:54
37	2357	Lee Peake	V40 4	Wigan & District H & Ac	37:44	121	648	Simon Gora		Garstang Running Club	44:15
38	1652	John Delamere	V45 4	Southport Waterloo Ac	37:45	122	1431	John Caruthers	V55 9	Red Rose Road Runners	44:18
39	2221	Eddie Fletcher		Sedbergh School RuC	37:51	123	2306	Theodore Smalley	U2015	Sedbergh School RuC	44:24
40	2310	Richard Wells	V50 3	Sedbergh School RuC	37:53	124	2052	Simon Tubbs	V5010	Wigan & District H & Ac	44:31
41	1669	Robert McGrath	V55 2	Southport Waterloo Ac	37:56	125	282	Nick Hume	V65 1	Blackpool Wyre & Fylde Ac	44:35
42	694	Charles Jeffrey		Glaxo Hoad Hill Harriers	38:10	126	1670	Carl McMahon	V4514	Southport Waterloo Ac	44:41
43	1985	David Taylor		Wesham Road Runners & Ac	38:12	127	647	James Cornall		Garstang Running Club	44:45
44	119	Mark Chippendale	V50 4	Blackburn Harriers & Ac	38:16	128	852	Nick Morton		Kirkby Milers AC	44:46
45	1436	Daniel Hughes		Red Rose Road Runners	38:18	129	1980	William Parkinson		Wesham Road Runners & Ac	44:46
46	1005	Thomas McGrattan	U20 5	Lancaster & Morecambe Ac	38:23	130	1314	John Griffiths	V5510	Preston Harriers	44:48
47	1958	Thomas Crabtree		Wesham Road Runners & Ac	38:24	131	2049	Alex Roberts		Wigan & District H & Ac	45:06
48	274	James Dyson	V40 5	Blackpool Wyre & Fylde Ac	38:30	132	820	Graham Cushion	V4515	Kirkby Milers AC	45:06
49	1009	Luke Ashcroft		Lancaster University	38:35	133	2149	Peter Sagar	V60 7	Hyndburn Ac	45:09
50	742	Carl Hanaghan	V40 6	Kendal Amateur Athletic Club	38:41	134	1688	John Sprackland	V60 8	Southport Waterloo Ac	45:18
51	2311	Robert Chesters		Southport Waterloo Ac	38:44	135	1957	Elliot Costello		Wesham Road Runners & Ac	45:21
52	1010	Charlie Bradbury		Lancaster University	38:44	136	2035	Christopher Green		Wigan & District H & Ac	45:23
53	534	James Dunderdale	V40 7	Clayton-Le-Moors Harriers	38:46	137	323	Steve Wilson	V4516	Blackpool Wyre & Fylde Ac	45:29
54	2337	Adam Teece		Leigh Harriers & Ac	38:48	138	2326	Michael McIntyre	V4015	Kirkby Milers AC	45:30
55	1452	Matthew Clawson		Rossendale Harriers & Ac	38:50	139	312	Lee Shockledge	V4016	Blackpool Wyre & Fylde Ac	45:33
56	1006	Gianluca Mews	U20 6	Lancaster & Morecambe Ac	38:56	140	1642	Neil Adshead	V60 9	Southport Waterloo Ac	45:33
57	276	Andrew Fairbairn	V45 5	Blackpool Wyre & Fylde Ac	38:57	141	1319	William Johnstone	V5511	Preston Harriers	45:33
58	1315	Steve Hallas	V45 6	Preston Harriers	38:59	142	1977	Steve Myerscough	V4517	Wesham Road Runners & Ac	45:35
59	289	Gruff Matthew		Blackpool Wyre & Fylde Ac	39:01	143	1335	Roy Parkinson	V5512	Preston Harriers	45:37
60	2353	Caleb Thornber	U20 7	Trawden Athletic Club	39:03	144	1923	Paul Managh	V4518	Walney Wind Cheetahs	45:42
61	826	James Ellis		Kirkby Milers AC	39:10	145	419	Nathan Green	U2016	Burnley Ac	45:45
62	1233	Jonathan Tuck	V45 7	Lytham St Annes Rr Club	39:16	146	1571	Richard Gregory	V5513	Skelmersdale Boundary H	45:54
63	405	Joshua Mathias-Davey	U20 8	Blackpool Wyre & Fylde Ac	39:28	147	1223	Mark Hughes	V4519	Lytham St Annes Rr Club	46:05
64	2046	Mark Morgan-Hillam	V45 8	Wigan & District H & Ac	39:29	148	306	Jonathan Rutter	V4017	Blackpool Wyre & Fylde Ac	46:11
65	945	Adam Elkin	V40 8	Lancaster & Morecambe Ac	39:31	149	2352	Luke James		Trawden Athletic Club	46:20
66	1683	Peter Roome	V55 3	Southport Waterloo Ac	39:33	150	1220	Dan Gregson	V5011	Lytham St Annes Rr Club	46:25
67	2304	Matthew Lewin	U20 9	Sedbergh School RuC	39:38	151	1855	Stuart Hayton	V5514	Trawden Athletic Club	46:27
68	1020	William Eley		Lancaster University	39:54	152	265	Peter Bradburn	V5012	Blackpool Wyre & Fylde Ac	46:30
69	1459	Jonathan English		Rossendale Harriers & Ac	39:55	153	1963	Michael Edge	V6010	Wesham Road Runners & Ac	46:35
70	684	Gary Dover	V55 4	Glaxo Hoad Hill Harriers	39:55	154	2252	Kyle Smyth		Lancaster University	46:45
71	1460	Robert English		Rossendale Harriers & Ac	39:58	155	1024	James Walker		Lancaster University	46:48
72	1563	Phillip Derry	V40 9	Skelmersdale Boundary H	40:15	156	695	Damian Jones	V6011	Glaxo Hoad Hill Harriers	47:04
73	278	Stuart Hall	V4010	Blackpool Wyre & Fylde Ac	40:17	157	1919	Philip Horrocks	V5515	Walney Wind Cheetahs	47:16
74	296	Michael Osinski-Gray		Blackpool Wyre & Fylde Ac	40:19	158	1976	Anthony Leach	V6012	Wesham Road Runners & Ac	47:18
75	2333	Adam Howarth		Leigh Harriers & Ac	40:22	159	1983	Nigel Shepherd	V6013	Wesham Road Runners & Ac	47:18
76	2302	Benjamin Jackson	U2010	Sedbergh School RuC	40:30	160	1430	Philip Butler	V5516	Red Rose Road Runners	47:19
77	1219	Joe Greenwood		Lytham St Annes Rr Club	40:31	161	1439	John Naylor	V4018	Red Rose Road Runners	47:26
78	2305	Hugo Read	U2011	Sedbergh School RuC	40:34	162	307	Jonathon Sanderson		Blackpool Wyre & Fylde Ac	47:32
79	1154	Tom Mattack		Liverpool Pembroke Sefton	40:37	163	322	Mark Whitehouse	V4520	Blackpool Wyre & Fylde Ac	47:52
80	1665	Ken Lennon	V60 2	Southport Waterloo Ac	40:39	164	861	Matthew Whalley		Kirkby Milers AC	48:12
81	2036	Mike Harris	V50 5	Wigan & District H & Ac	40:46	165	2029	David Collins	V6014	Wigan & District H & Ac	48:20
82	1697	Steven Wilkinson	V45 9	Southport Waterloo Ac	40:51	166	1432	Philip Davidson	V6015	Red Rose Road Runners	48:46
83	942	James Dalgleish	V4510	Lancaster & Morecambe Ac	40:53	167	2332	Joseph Dillon	V5517	Leigh Harriers & Ac	49:00
84	1913	Jason Caine		Walney Wind Cheetahs	40:57	168	1437	Fred Lynch	V65 2	Red Rose Road Runners	49:08

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

SportSoft

169 1954 Martin Bates	V65 3	Wesham Road Runners & Ac	49:13	186 650 Adrian Ibison	V5521	Garstang Running Club	52:12
170 1465 David Greenwood	V6016	Rossendale Harriers & Ac	49:20	187 1216 Graham Cunliffe	V65 7	Lytham St Annes Rr Club	52:16
171 275 Paul Eaton	V4521	Blackpool Wyre & Fylde Ac	49:26	188 2355 Andrew Wilkinson	V5015	Wesham Road Runners & Ac	52:33
172 1831 Mark Nussey	V5013	Thornton Cleveleys RC	49:44	189 73 Colin Campbell	V5522	Barrow & Furness Striders	52:44
173 1213 John Bertenshaw	V65 4	Lytham St Annes Rr Club	49:50	190 649 Graham Hobson	V65 8	Garstang Running Club	52:50
174 1034 Brian Copper	V4522	Leigh Harriers & Ac	49:56	191 309 Simon Scarr	V5523	Blackpool Wyre & Fylde Ac	53:01
175 1821 Duncan Beattie	V5518	Thornton Cleveleys RC	50:13	192 1959 James Danson	V5524	Wesham Road Runners & Ac	53:13
176 1956 John Collier	V65 5	Wesham Road Runners & Ac	50:20	193 1860 Paul Roberts	V4525	Trawden Athletic Club	54:25
177 699 Cormac Murray		Glaxo Hoad Hill Harriers	51:26	194 1438 Rob Mather	V5016	Red Rose Road Runners	54:36
178 711 Alan Wilson	V5519	Glaxo Hoad Hill Harriers	51:33	195 439 Darrel Smethurst	V4526	Chorley A & T	54:52
179 1921 Andrew Leece	V5014	Walney Wind Cheetahs	51:37	196 1221 Terry Helligs	V65 9	Lytham St Annes Rr Club	55:14
180 286 David Marsland	V65 6	Blackpool Wyre & Fylde Ac	51:41	197 1227 Greg Oulton	V5525	Lytham St Annes Rr Club	55:35
181 277 Andrew Hall	V4523	Blackpool Wyre & Fylde Ac	51:48	198 1238 Peter Thomson	V6017	Lytham St Annes Rr Club	55:44
182 1986 Stephen Twist	V5520	Wesham Road Runners & Ac	51:52	199 1311 Jim Doherty	V5526	Preston Harriers	57:31
183 1040 Gary Sanderson	V4524	Leigh Harriers & Ac	51:54	200 2347 Stephen Buston	V5527	Thornton Cleveleys RC	59:32
184 2343 Roger Harrison		Red Rose Road Runners	51:56	201 659 Adrian Shaw	V6018	Garstang Running Club	1:02:31
185 1948 Martin Allison		Wesham Road Runners & Ac	51:57	202 272 John Dunn	V4527	Blackpool Wyre & Fylde Ac	1:06:15

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Rossendale Harriers & Ac	132 — 3	Andrew Grenfell	11 Joshua Whitehead	17 Michael Corbishley	19 Sean Greenwood	28 Benjamin Kirkman	54 Matthew Clawson
2 Preston Harriers	133 — 9	Wesley Wilkinson	14 Sam Evans	20 Luke Suffolk	25 Simon Collins	32 Matthew Sowerby	33 Andy Whaley
3 Lancaster University	178 — 1	Matthew Briggs	4 Aaron Doyle	7 Calum Laing	48 Luke Ashcroft	51 Charlie Bradbury	67 William Eley
4 Southport Waterloo Ac	187 — 15	Ben Johnson	16 Francois Rafferty	29 David Hamilton	37 John Delamere	40 Robert McGrath	50 Robert Chesters
5 Sedburgh School RuC	303 — 8	Samuel Gunning	38 Eddie Fletcher	39 Richard Wells	66 Matthew Lewin	75 Benjamin Jackson	77 Hugo Read
6 Wigan & District H & Ac	317 — 21	Jonathan Kearsley	31 John Heyes	36 Lee Peake	63 Mark Morgan-Hillam	80 Mike Harris	86 George Heyes
7 Blackpool Wyre & Fylde Ac	368 — 47	James Dyson	56 Andrew Fairbairn	58 Gruff Matthew	62 Joshua Mathias-Davey	72 Stuart Hall	73 Michael Osinski-Gray
8 Glaxo Hoad Hill Harriers	423 — 23	Nathan White	27 Luke Turner	41 Charles Jeffrey	69 Gary Dover	108 Sean Dixon	155 Damian Jones
9 Lytham St Annes Rr Club	440 — 2	Ross McKelvie	61 Jonathan Tuck	76 Joe Greenwood	85 Andrew Draper	107 Chris Cottam	109 James Whittle
10 Lancaster & Morecambe Ac	464 — 45	Thomas McGrattan	55 Gianluca Mews	64 Adam Elkin	82 James Dalgleish	102 Graham Hodgson	116 Allan Sumner
11 Wesham Road Runners & Ac	482 — 13	Adam Wilding	42 David Taylor	46 Thomas Crabtree	119 Damian Ings	128 William Parkinson	134 Elliot Costello
12 Kirkby Milers Ac	513 — 24	David Low	34 Ben Lewington	60 James Ellis	127 Nick Morton	131 Graham Cushion	137 Michael McIntyre
13 Leigh Harriers & Ac	533 — 22	Daniel Mitchinson	53 Adam Teece	74 Adam Howarth	100 Martin Conroy	118 David Pollitt	166 Joseph Dillon
14 Preston Harriers 'B'	536 — 57	Steve Hallas	87 David Lea	89 David Watson	93 Benjamin Read	95 Douglas Potter	115 John Rainford
15 Southport Waterloo Ac 'B'	622 — 65	Peter Roome	79 Ken Lennon	81 Steven Wilkinson	125 Carl McMahon	133 John Sprackland	139 Neil Adshead
16 Walney Wind Cheetahs	648 — 83	Jason Caine	96 Gareth Davies	103 Casey Turner	110 Ian Sadler	113 Steven Batty	143 Paul Managh
17 Blackpool Wyre & Fylde Ac 'B'	691 — 90	John Wright	91 Mark Warner	112 Jordan Cobb	124 Nick Hume	136 Steve Wilson	138 Lee Shockledge
18 Red Rose Road Runners	763 — 44	Daniel Hughes	114 Barry Wheeler	121 John Carruthers	159 Philip Butler	160 John Naylor	165 Philip Davidson
19 Garstang Running Club	834 — 97	Colin Jennings	117 Richard Jones	120 Simon Gora	126 James Cornall	185 Adrian Ibison	189 Graham Hobson
20 Wesham Road Runners & Ac 'B'	951 — 141	Steve Myerscough	152 Michael Edge	157 Anthony Leach	158 Nigel Shepherd	168 Martin Bates	175 John Collier
21 Lytham St Annes Rr Club 'B'	1044 — 146	Mark Hughes	149 Dan Gregson	172 John Bertenshaw	186 Graham Cunliffe	195 Terry Helligs	196 Greg Oulton

Senior Men (Vets) over 40 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Southport Waterloo Ac	32 — 2	Francois Rafferty	6 David Hamilton	11 John Delamere	13 Robert McGrath
2 Preston Harriers	64 — 4	Simon Collins	9 Andy Whaley	19 Steve Hallas	32 David Lea
3 Wigan & District H & Ac	67 — 8	John Heyes	10 Lee Peake	21 Mark Morgan-Hillam	28 Mike Harris
4 Blackpool Wyre & Fylde Ac	93 — 15	James Dyson	18 Andrew Fairbairn	26 Stuart Hall	34 John Wright
5 Lancaster & Morecambe Ac	137 — 22	Adam Elkin	30 James Dalgleish	39 Graham Hodgson	46 Allan Sumner
6 Lytham St Annes Rr Club	187 — 20	Jonathan Tuck	31 Andrew Draper	67 Mark Hughes	69 Dan Gregson
7 Walney Wind Cheetahs	226 — 43	Ian Sadler	44 Steven Batty	65 Paul Managh	74 Philip Horrocks
8 Glaxo Hoad Hill Harriers	231 — 24	Gary Dover	42 Sean Dixon	73 Damian Jones	92 Alan Wilson
9 Leigh Harriers & Ac	256 — 37	Martin Conroy	48 David Pollitt	82 Joseph Dillon	89 Brian Copper
10 Wesham Road Runners & Ac	259 — 49	Damian Ings	63 Steve Myerscough	72 Michael Edge	75 Anthony Leach
11 Garstang Running Club	283 — 36	Colin Jennings	47 Richard Jones	98 Adrian Ibison	102 Graham Hobson
12 Red Rose Road Runners	286 — 50	John Carruthers	77 Philip Butler	78 John Naylor	81 Philip Davidson
13 Thornton Cleveleys RC	330 — 41	Simon XHall	87 Mark Nussey	90 Duncan Beattie	112 Stephen Buston

Senior Men (Vets) over 50 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Southport Waterloo Ac	9 — 1	Francois Rafferty	2 David Hamilton	6 Robert McGrath
2 Wigan & District H & Ac	40 — 4	John Heyes	11 Mike Harris	25 Simon Tubbs
3 Preston Harriers	46 — 12	David Lea	13 David Watson	21 John Rainford
4 Glaxo Hoad Hill Harriers	65 — 9	Gary Dover	18 Sean Dixon	38 Damian Jones
5 Blackpool Wyre & Fylde Ac	76 — 14	John Wright	26 Nick Hume	36 Peter Bradburn
6 Walney Wind Cheetahs	78 — 19	Ian Sadler	20 Steven Batty	39 Philip Horrocks
7 Leigh Harriers & Ac	84 — 16	Martin Conroy	23 David Pollitt	45 Joseph Dillon
8 Red Rose Road Runners	110 — 24	John Carruthers	42 Philip Butler	44 Philip Davidson
9 Wesham Road Runners & Ac	118 — 37	Michael Edge	40 Anthony Leach	41 Nigel Shepherd
10 Garstang Running Club	133 — 15	Colin Jennings	57 Adrian Ibison	61 Graham Hobson
11 Lytham St Annes Rr Club	142 — 34	Dan Gregson	50 John Bertenshaw	58 Graham Cunliffe
12 Thornton Cleveleys RC	169 — 49	Mark Nussey	51 Duncan Beattie	69 Stephen Buston

Senior Men (Vets) over 60 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Southport Waterloo Ac	21 — 2	Ken Lennon	9 John Sprackland	10 Neil Adshead
2 Wesham Road Runners & Ac	38 — 11	Michael Edge	13 Anthony Leach	14 Nigel Shepherd
3 Lytham St Annes Rr Club	68 — 20	John Bertenshaw	23 Graham Cunliffe	25 Terry Helligs