



Senior Men 100m heat 1					
1	618	Harry Williams (NC)	Manchester Harriers & AC	11.0	
2	117	Joel Elphick	Blackpool Wyre & Fylde	11.3	
3	625	Ethan Roberts (NC)	Wigan & District H & AC	11.7	
4	164	Joshua Waddington	Burnley AC	12.2	
5	187	Rick Cordwell	Chorley AC & Tri	12.5	
6	460	Christopher Burgess	Southport Waterloo	12.5	
7	269	Joshua Roughley	Kirkby Milers AC	13.7	

Senior Men 100m heat 2					
1	614	Scott Sinclair	Blackpool Wyre & Fylde	11.7	
2	138	Jonathan Rutter	Blackpool Wyre & Fylde	12.9	
3	258	Ryan Jones	Kirkby Milers AC	14.0	
4	613	Graham Webster	Lytham St Annes	17.4	
5	249	Jeff Davies	Kirkby Milers AC	18.5	
6	616	Frank Lennon	Southport Waterloo	19.5	

Senior Men 100m overall					
1	618	Harry Williams (NC)	Manchester Harriers & AC	11.0	
2	117	Joel Elphick	Blackpool Wyre & Fylde	11.3	7 D2
3	625	Ethan Roberts (NC)	Wigan & District H & AC	11.7	
4	614	Scott Sinclair	Blackpool Wyre & Fylde	11.7	5 D2
5	164	Joshua Waddington	Burnley AC	12.2	7 D1
6	187	Rick Cordwell	Chorley AC & Tri	12.5	5 D1
7	460	Christopher Burgess	Southport Waterloo	12.5	4 D1
8	138	Jonathan Rutter	Blackpool Wyre & Fylde	12.9	
9	269	Joshua Roughley	Kirkby Milers AC	13.7	3 D1
10	258	Ryan Jones	Kirkby Milers AC	14.0	2 D1
11	613	Graham Webster	Lytham St Annes	17.4	4 D2
12	249	Jeff Davies	Kirkby Milers AC	18.5	
13	616	Frank Lennon	Southport Waterloo	19.5	1 D1

Senior Men 200m heat 1					
1	102	Charles Unsworth	Blackburn Harriers	22.2	
2	618	Harry Williams (NC)	Manchester Harriers & AC	22.4	
3	146	Osasu Fernandez Agho-Peter	Burnley AC	23.6	
4	625	Ethan Roberts (NC)	Wigan & District H & AC	23.7	
5	513	Thomas Fairhurst	Blackpool Wyre & Fylde	25.0	
6	269	Joshua Roughley	Kirkby Milers AC	28.1	

Senior Men 200m heat 2					
1	539	Jacob Smith	Kendal AAC	24.1	
2	164	Joshua Waddington	Burnley AC	25.3	
3	24	Luke Turner	Barrow & Furness	25.8	
4	4	Billy Ashton	Barrow & Furness	26.8	
5	6	Greg Barnard-MacKenzie	Barrow & Furness	27.0	
6	412	Leeroy Golding	Pendle AC	27.4	

Senior Men 200m heat 3					
1	157	John Linaker	Burnley AC	28.2	
2	152	Steve Goodwill	Burnley AC	28.3	
3	393	Andrew Paul McAllister	Lytham St Annes	33.6	
4	224	Peter Sagar	Hyndburn AC	35.9	
5	613	Graham Webster	Lytham St Annes	36.1	
6	249	Jeff Davies	Kirkby Milers AC	41.2	

Senior Men 200m overall					
1	102	Charles Unsworth	Blackburn Harriers	22.2	7 D1
2	618	Harry Williams (NC)	Manchester Harriers & AC	22.4	
3	146	Osasu Fernandez Agho-Peter	Burnley AC	23.6	5 D1
4	625	Ethan Roberts (NC)	Wigan & District H & AC	23.7	
5	539	Jacob Smith	Kendal AAC	24.1	7 D2
6	513	Thomas Fairhurst	Blackpool Wyre & Fylde	25.0	5 D2
7	164	Joshua Waddington	Burnley AC	25.3	4 D1
8	24	Luke Turner	Barrow & Furness	25.8	4 D2
9	4	Billy Ashton	Barrow & Furness	26.8	3 D2
10	6	Greg Barnard-MacKenzie	Barrow & Furness	27.0	
11	412	Leeroy Golding	Pendle AC	27.4	2 D2
12	269	Joshua Roughley	Kirkby Milers AC	28.1	3 D1
13	157	John Linaker	Burnley AC	28.2	
14	152	Steve Goodwill	Burnley AC	28.3	
15	393	Andrew Paul McAllister	Lytham St Annes	33.6	1 D2
16	224	Peter Sagar	Hyndburn AC	35.9	
17	613	Graham Webster	Lytham St Annes	36.1	
18	249	Jeff Davies	Kirkby Milers AC	41.2	2 D1

Senior Men 400m heat 1					
1	146	Osasu Fernandez Agho-Peter	Burnley AC	52.8	
2	78	Samuel Mutombo	Blackburn Harriers	56.0	
3	513	Thomas Fairhurst	Blackpool Wyre & Fylde	56.0	
4	455	Jenson Warren	Preston Harriers	57.3	
5	460	Christopher Burgess	Southport Waterloo	62.7	

Senior Men 400m heat 2					
1	466	John Delamere	Southport Waterloo	62.8	
2	473	Ken Lennon	Southport Waterloo	63.2	
3	157	John Linaker	Burnley AC	63.3	
4	224	Peter Sagar	Hyndburn AC	81.9	
5	613	Graham Webster	Lytham St Annes	82.6	
6	616	Frank Lennon	Southport Waterloo	90.2	
7	255	Nathaniel Hopkins	Kirkby Milers AC	94.4	

Senior Men 400m overall					
1	146	Osasu Fernandez Agho-Peter	Burnley AC	52.8	7 D1
2	78	Samuel Mutombo	Blackburn Harriers	56.0	5 D1
3	513	Thomas Fairhurst	Blackpool Wyre & Fylde	56.0	7 D2
4	455	Jenson Warren	Preston Harriers	57.3	4 D1
5	460	Christopher Burgess	Southport Waterloo	62.7	3 D1
6	466	John Delamere	Southport Waterloo	62.8	2 D1
7	473	Ken Lennon	Southport Waterloo	63.2	
8	157	John Linaker	Burnley AC	63.3	1 D1
9	224	Peter Sagar	Hyndburn AC	81.9	5 D2
10	613	Graham Webster	Lytham St Annes	82.6	4 D2
11	616	Frank Lennon	Southport Waterloo	90.2	
12	255	Nathaniel Hopkins	Kirkby Milers AC	94.4	



Senior Men 800m						
1	504	Grant Cunliffe (NC)	Rossendale Harriers & AC	1:59.7		
2	277	Tom Bowman	Lancaster & Morecambe	2:03.4	7	D2
3	620	Edward Falkingham (NC)	Torbay AAC	2:05.0		
4	6	Greg Barnard-MacKenzie	Barrow & Furness	2:06.2	5	D2
5	301	Fabian Schiller	Lancaster & Morecambe	2:06.6	4	D2
6	24	Luke Turner	Barrow & Furness	2:11.4	3	D2
7	611	Thomas McGrattan	Lancaster & Morecambe	2:16.5		
8	303	James Twigg	Lancaster & Morecambe	2:18.3		
9	37	James Bretherton	Blackburn Harriers	2:19.9	7	D1
10	473	Ken Lennon	Southport Waterloo	2:20.4	5	D1
11	466	John Delamere	Southport Waterloo	2:24.1	4	D1
12	4	Billy Ashton	Barrow & Furness	2:32.6		
13	255	Nathaniel Hopkins	Kirkby Milers AC	3:24.5	3	D1
14	213	Mark Lord	Hyndburn AC	3:55.9	2	D2

Senior Men Shot						
1	200	Felix Taylor	Chorley AC & Tri	10.86	7	D1
2	429	Brian Campbell	Preston Harriers	9.06	5	D1
3	169	Aaron Holliday	Carlisle Aspatria AC	8.76	7	D2
4	393	Andrew Paul McAllister	Lytham St Annes	8.07	5	D2
5	546	Stuart Cameron	Kirkby Milers AC	6.94	4	D1
6	561	Paul Holliday	Carlisle Aspatria AC	6.88	4	D2
7	213	Mark Lord	Hyndburn AC	6.51	3	D2
8	255	Nathaniel Hopkins	Kirkby Milers AC	4.73	3	D1

Senior Men Discus						
1	200	Felix Taylor	Chorley AC & Tri	29.60	7	D1
2	429	Brian Campbell	Preston Harriers	27.02	5	D1
3	329	David Brown	Liverpool P & S	26.49	4	D1
4	169	Aaron Holliday	Carlisle Aspatria AC	19.98	7	D2
5	546	Stuart Cameron	Kirkby Milers AC	19.57	3	D1
6	561	Paul Holliday	Carlisle Aspatria AC	18.04	5	D2
7	249	Jeff Davies	Kirkby Milers AC	15.46	2	D1
8	222	Nick Rawcliffe	Hyndburn AC	15.13	4	D2

Senior Men Javelin						
1	200	Felix Taylor	Chorley AC & Tri	32.90	7	D1
2	329	David Brown	Liverpool P & S	29.65	5	D1
3	614	Scott Sinclair	Blackpool Wyre & Fylde	27.72	7	D2
4	178	Paul Van Iterson	Carlisle Aspatria AC	25.11	5	D2
5	254	Derri Henderson	Kirkby Milers AC	24.16	4	D1
6	546	Stuart Cameron	Kirkby Milers AC	22.35	3	D1
7	222	Nick Rawcliffe	Hyndburn AC	18.73	4	D2
8	213	Mark Lord	Hyndburn AC	15.11	3	D2

Senior Men Hammer						
1	169	Aaron Holliday	Carlisle Aspatria AC	35.51	7	D2
2	429	Brian Campbell	Preston Harriers	31.04	7	D1
3	329	David Brown	Liverpool P & S	25.61	5	D1
4	561	Paul Holliday	Carlisle Aspatria AC	15.44	5	D2

Senior Men 1500m						
1	504	Grant Cunliffe (NC)	Rossendale Harriers & AC	4:07.1		
2	539	Jacob Smith	Kendal AAC	4:16.2	7	D2
3	366	Alexander Procter	Liverpool P & S	4:29.3	7	D1
4	258	Ryan Jones	Kirkby Milers AC	4:35.0	5	D1
5	6	Greg Barnard-MacKenzie	Barrow & Furness	4:35.4	5	D2
6	24	Luke Turner	Barrow & Furness	4:38.1	4	D2
7	73	Logan McCredie	Blackburn Harriers	4:41.9	4	D1
8	281	James Dagleish	Lancaster & Morecambe	4:57.8	3	D2
9	473	Ken Lennon	Southport Waterloo	5:02.0	3	D1
10	466	John Delamere	Southport Waterloo	5:02.7	2	D1
11	346	Mark Hudson	Liverpool P & S	5:41.5	1	D1

Senior Men 3000m						
1	258	Ryan Jones	Kirkby Milers AC	9:52.0	7	D1
2	254	Derri Henderson	Kirkby Milers AC	10:06.6	5	D1
3	466	John Delamere	Southport Waterloo	11:03.7	4	D1
4	346	Mark Hudson	Liverpool P & S	12:00.0	3	D1

Senior Men 4 x 400m Relay						
1	254		Kirkby Milers AC	4:08.0	7	D1

Senior Men High Jump						
1	614	Scott Sinclair	Blackpool Wyre & Fylde	1.80	7	D2

Senior Men Long Jump						
1	78	Samuel Mutombo	Blackburn Harriers	5.55	7	D1
2	138	Jonathan Rutter	Blackpool Wyre & Fylde	4.96	7	D2
3	187	Rick Cordwell	Chorley AC & Tri	4.46	5	D1
4	178	Paul Van Iterson	Carlisle Aspatria AC	4.00	5	D2
5	269	Joshua Roughley	Kirkby Milers AC	3.60	4	D1
6	222	Nick Rawcliffe	Hyndburn AC	2.80	4	D2
7	224	Peter Sagar	Hyndburn AC	2.69	3	D2

Senior Men Triple Jump						
1	138	Jonathan Rutter	Blackpool Wyre & Fylde	11.70	7	D2
2	78	Samuel Mutombo	Blackburn Harriers	11.46	7	D1
3	252	James Ellis	Kirkby Milers AC	9.59	5	D1
4	178	Paul Van Iterson	Carlisle Aspatria AC	8.62	5	D2
5	254	Derri Henderson	Kirkby Milers AC	8.47	4	D1
6	393	Andrew Paul McAllister	Lytham St Annes	8.27	4	D2

Under 17 Men 100m heat 1						
1	102	Charles Unsworth	Blackburn Harriers	11.2		
2	589	Thomas Kelsall	Preston Harriers	11.6		
3	124	Wyatt Holford	Blackpool Wyre & Fylde	11.7		
4	191	Lucas James	Chorley AC & Tri	12.2		
5	273	Evan Williams	Kirkby Milers AC	12.3		

Under 17 Men 100m heat 2						
1	79	Daniel Nuttall	Blackburn Harriers	11.7		
2	51	Jacob Fisher	Blackburn Harriers	12.0		
3	126	Teo Hopeng	Blackpool Wyre & Fylde	12.1		
4	542	Cameron Orr	Preston Harriers	12.3		

Under 17 Men 100m overall						
1	102	Charles Unsworth	Blackburn Harriers	11.2	7	D1
2	589	Thomas Kelsall	Preston Harriers	11.6	5	D1
3	124	Wyatt Holford	Blackpool Wyre & Fylde	11.7	7	D2
4	79	Daniel Nuttall	Blackburn Harriers	11.7	4	D1
5	51	Jacob Fisher	Blackburn Harriers	12.0		
6	126	Teo Hopeng	Blackpool Wyre & Fylde	12.1	5	D2
7	191	Lucas James	Chorley AC & Tri	12.2	3	D1
8	273	Evan Williams	Kirkby Milers AC	12.3	2	D1
9	542	Cameron Orr	Preston Harriers	12.3	1	D1



Under 17 Men 200m					
1	79	Daniel Nuttall	Blackburn Harriers	23.7	7 D1
2	51	Jacob Fisher	Blackburn Harriers	24.2	5 D1
3	482	Will Rothwell	Southport Waterloo	25.8	4 D1
Under 17 Men 400m					
1	495	Jack Winstanley	Preston Harriers	52.9	7 D1
2	425	Harry Appleton	Preston Harriers	53.0	5 D1
3	273	Evan Williams	Kirkby Milers AC	54.1	4 D1
4	135	Oliver Nunn	Blackpool Wyre & Fylde	57.3	7 D2
5	284	Zach Earnshaw	Lancaster & Morecambe	59.7	5 D2
6	59	Harvey Holden	Blackburn Harriers	61.3	3 D1
7	216	Finlay Lorimer	Hyndburn AC	66.4	4 D2
Under 17 Men 800m					
1	243	Joshua Todd	Kendal AAC	2:08.4	7 D2
2	242	Alfie Todd	Kendal AAC	2:08.8	5 D2
3	622	Sami Manir-Jolley (NC)	Wigan & District H & AC	2:11.6	
4	482	Will Rothwell	Southport Waterloo	2:13.7	7 D1
5	295	Ronan Maher	Lancaster & Morecambe	2:35.2	4 D2
Under 17 Men 1500m					
1	427	Thomas Bates	Preston Harriers	4:45.5	7 D1
2	285	Jack Eccles	Lancaster & Morecambe	4:49.5	7 D2
Under 17 Men 3000m					
1	253	Xander Heaton	Kirkby Milers AC	13:22.6	7 D1
Under 17 Men 4 x 100m Relay					
1	51		Blackburn Harriers	46.5	7 D1
Under 17 Men High Jump					
1	462	Adam Byrne	Southport Waterloo	1.70	7 D1
2	59	Harvey Holden	Blackburn Harriers	1.70	5 D1
3	615	Oliver Storey	Southport Waterloo	1.50	4 D1
Under 17 Men Long Jump					
1	589	Thomas Kelsall	Preston Harriers	5.78	7 D1
2	542	Cameron Orr	Preston Harriers	5.21	5 D1
3	434	Finlay Clash	Preston Harriers	5.20	
4	583	Kyran Kouacou	Lancaster & Morecambe	4.94	7 D2
5	462	Adam Byrne	Southport Waterloo	4.93	4 D1
6	430	Logan Campbell	Preston Harriers	4.90	
7	59	Harvey Holden	Blackburn Harriers	4.69	3 D1
8	273	Evan Williams	Kirkby Milers AC	4.52	2 D1
9	253	Xander Heaton	Kirkby Milers AC	4.06	1 D1
Under 17 Men Triple Jump					
1	583	Kyran Kouacou	Lancaster & Morecambe	11.51	7 D2
2	434	Finlay Clash	Preston Harriers	11.14	7 D1
3	295	Ronan Maher	Lancaster & Morecambe	9.47	5 D2
Under 17 Men Shot					
1	589	Thomas Kelsall	Preston Harriers	10.94	7 D1
2	135	Oliver Nunn	Blackpool Wyre & Fylde	7.50	7 D2
3	253	Xander Heaton	Kirkby Milers AC	7.04	5 D1
4	615	Oliver Storey	Southport Waterloo	6.47	4 D1

Under 17 Men Discus					
1	462	Adam Byrne	Southport Waterloo	20.36	7 D1
2	615	Oliver Storey	Southport Waterloo	18.15	5 D1
Under 15 Boys 100m heat 1					
1	194	Lucas Moon	Chorley AC & Tri	12.6	
2	578	Joshua Noland	Blackpool Wyre & Fylde	12.7	
3	580	Zion Abuah	Burnley AC	12.7	
4	331	Sam Christie	Liverpool P & S	13.9	
5	257	Ryan Jones	Kirkby Milers AC	14.0	
Under 15 Boys 100m heat 2					
1	621	Nathan Owen (NC)	West Cheshire Athletic Cl	12.6	
2	47	Jack Duxbury	Blackburn Harriers	12.6	
3	192	Oliver Jones	Chorley AC & Tri	14.3	
4	223	Rhys Rawcliffe	Hyndburn AC	14.5	
5	564	Thomas Dixon	Kirkby Milers AC	14.9	
Under 15 Boys 100m overall					
1	194	Lucas Moon	Chorley AC & Tri	12.6	7 D1
2	621	Nathan Owen (NC)	West Cheshire Athletic Cl	12.6	
3	47	Jack Duxbury	Blackburn Harriers	12.6	5 D1
4	578	Joshua Noland	Blackpool Wyre & Fylde	12.7	7 D2
5	580	Zion Abuah	Burnley AC	12.7	4 D1
6	331	Sam Christie	Liverpool P & S	13.9	3 D1
7	257	Ryan Jones	Kirkby Milers AC	14.0	2 D1
8	192	Oliver Jones	Chorley AC & Tri	14.3	1 D1
9	223	Rhys Rawcliffe	Hyndburn AC	14.5	5 D2
10	564	Thomas Dixon	Kirkby Milers AC	14.9	
Under 15 Boys 200m heat 1					
1	214	Archie Lorimer	Hyndburn AC	25.7	
2	580	Zion Abuah	Burnley AC	27.5	
3	90	Abdollah Shriha	Blackburn Harriers	27.6	
4	608	Ryan O'Neill	Blackpool Wyre & Fylde	28.0	
5	467	William Delamere	Southport Waterloo	28.1	
Under 15 Boys 200m heat 2					
1	621	Nathan Owen (NC)	West Cheshire Athletic Cl	25.8	
2	39	Sami Butt	Blackburn Harriers	26.1	
3	47	Jack Duxbury	Blackburn Harriers	26.2	
4	40	George Camara	Blackburn Harriers	27.3	
5	609	Justin Waters	Barrow & Furness	27.9	
6	192	Oliver Jones	Chorley AC & Tri	29.0	
Under 15 Boys 200m overall					
1	214	Archie Lorimer	Hyndburn AC	25.7	7 D2
2	621	Nathan Owen (NC)	West Cheshire Athletic Cl	25.8	
3	39	Sami Butt	Blackburn Harriers	26.1	7 D1
4	47	Jack Duxbury	Blackburn Harriers	26.2	5 D1
5	40	George Camara	Blackburn Harriers	27.3	
6	580	Zion Abuah	Burnley AC	27.5	4 D1
7	90	Abdollah Shriha	Blackburn Harriers	27.6	
8	609	Justin Waters	Barrow & Furness	27.9	5 D2
9	608	Ryan O'Neill	Blackpool Wyre & Fylde	28.0	4 D2
10	467	William Delamere	Southport Waterloo	28.1	3 D1
11	192	Oliver Jones	Chorley AC & Tri	29.0	2 D1



Under 15 Boys 400m						Under 15 Boys Javelin						
1	214	Archie Lorimer	Hyndburn AC	56.8	7 D2	1	597	Alfie Dodds (NC)	Leigh Harriers & AC	36.96		
2	608	Ryan O'Neill	Blackpool Wyre & Fylde	62.4	5 D2	2	154	Daniel Howe	Burnley AC	33.86	7	D1
3	331	Sam Christie	Liverpool P & S	66.9	7 D1	3	210	Peter John Sagar-Moss	Hyndburn AC	31.46	7	D2
4	170	Benjamin Holmes	Carlisle Aspatria AC	73.1	4 D2	4	69	Loucas Lancashire	Blackburn Harriers	22.99	5	D1
Under 15 Boys 800m						5	289	Sam Giles	Lancaster & Morecambe	20.87	5	D2
1	467	William Delamere	Southport Waterloo	2:16.8	7 D1	6	223	Rhys Rawcliffe	Hyndburn AC	20.71	4	D2
2	609	Justin Waters	Barrow & Furness	2:17.9	7 D2	7	11	Joseph Cook	Barrow & Furness	19.86	3	D2
3	452	Samuel Ridgway	Preston Harriers	2:30.6	5 D1	8	548	Luke Roughley	Kirkby Milers AC	17.28	4	D1
4	11	Joseph Cook	Barrow & Furness	2:34.2	5 D2	9	166	Daniel Cattermole	Carlisle Aspatria AC	7.67	2	D2
5	61	George Holman	Blackburn Harriers	2:40.8	4 D1	Under 15 Boys Hammer						
6	606	Harry Walkden	Chorley AC & Tri	2:48.3	3 D1	1	597	Alfie Dodds (NC)	Leigh Harriers & AC	43.40		
7	435	Lucas Cooke	Preston Harriers	2:54.2	2 D1	2	599	Jamie Greenhalgh (NC)	Leigh Harriers & AC	30.75		
8	302	Zach Thomas	Lancaster & Morecambe	3:20.4	4 D2	3	610	Charlie Lundy	Blackpool Wyre & Fylde	26.45	7	D2
Under 15 Boys 1500m						4	289	Sam Giles	Lancaster & Morecambe	13.07	5	D2
1	602	Samuel Parry (NC)	Rothwell Harriers & AC	4:35.9		5	170	Benjamin Holmes	Carlisle Aspatria AC	8.05	4	D2
2	436	George Darbyshire	Preston Harriers	4:53.7	7 D1	6	566	Kaiden Ellis	Kirkby Milers AC	0.00		
3	88	Theo Robinson	Blackburn Harriers	5:03.4	5 D1	Under 13 Boys 100m heat 1						
4	210	Peter John Sagar-Moss	Hyndburn AC	5:23.4	7 D2	1	190	Elliot James	Chorley AC & Tri	14.2		
5	617	Toby Nixon (NC)	Barlick Fell Runners	5:46.2		2	442	Beau Ince	Preston Harriers	14.2		
Under 15 Boys High Jump						3	471	Jake Edwards	Southport Waterloo	14.4		
1	597	Alfie Dodds (NC)	Leigh Harriers & AC	1.57		4	145	James Acton-Grievies	Blackburn Harriers	14.5		
2	90	Abdollah Shriha	Blackburn Harriers	1.55	7 D1	5	167	Harry Cattermole	Carlisle Aspatria AC	14.9		
3	40	George Camara	Blackburn Harriers	1.50	5 D1	6	623	Charlie Stretton (NC)	Wigan & District H & AC	15.0		
4	469	Kieran Edmunds	Southport Waterloo	1.45	4 D1	7	565	Harrison Ellis	Kirkby Milers AC	16.7		
5	606	Harry Walkden	Chorley AC & Tri	1.35	3 D1	Under 13 Boys 100m heat 2						
Under 15 Boys Long Jump						1	132	Jack McNiven	Blackpool Wyre & Fylde	14.7		
1	90	Abdollah Shriha	Blackburn Harriers	4.71	7 D1	2	276	Logan Bentley	Lancaster & Morecambe	14.9		
2	40	George Camara	Blackburn Harriers	4.67	5 D1	3	619	Freddie Allington (NC)	Millom Striders	14.9		
3	47	Jack Duxbury	Blackburn Harriers	4.27		4	403	Jacob Wilson	Lytham St Annes	15.0		
4	469	Kieran Edmunds	Southport Waterloo	4.17	4 D1	5	383	Thomas Yates	Liverpool P & S	15.8		
5	602	Samuel Parry (NC)	Rothwell Harriers & AC	4.10		6	523	Harry Lavery	Southport Waterloo	17.5		
6	39	Sami Butt	Blackburn Harriers	3.96		7	385	Lewis Ames	Lytham St Annes	17.7		
7	210	Peter John Sagar-Moss	Hyndburn AC	3.91	7 D2	Under 13 Boys 100m overall						
8	11	Joseph Cook	Barrow & Furness	3.85	5 D2	1	190	Elliot James	Chorley AC & Tri	14.2	7	D1
9	192	Oliver Jones	Chorley AC & Tri	3.82	3 D1	2	442	Beau Ince	Preston Harriers	14.2	5	D1
10	617	Toby Nixon (NC)	Barlick Fell Runners	3.69		3	471	Jake Edwards	Southport Waterloo	14.4	4	D1
Under 15 Boys Shot						4	145	James Acton-Grievies	Blackburn Harriers	14.5	3	D1
1	550	Benjamin Roberts	Preston Harriers	12.01	7 D1	5	132	Jack McNiven	Blackpool Wyre & Fylde	14.7	7	D2
2	166	Daniel Cattermole	Carlisle Aspatria AC	8.28	7 D2	6	167	Harry Cattermole	Carlisle Aspatria AC	14.9	5	D2
3	548	Luke Roughley	Kirkby Milers AC	6.50	5 D1	7	276	Logan Bentley	Lancaster & Morecambe	14.9	4	D2
4	566	Kaiden Ellis	Kirkby Milers AC	6.26	4 D1	8	619	Freddie Allington (NC)	Millom Striders	14.9		
5	223	Rhys Rawcliffe	Hyndburn AC	5.11	5 D2	9	623	Charlie Stretton (NC)	Wigan & District H & AC	15.0		
Under 15 Boys Discus						10	403	Jacob Wilson	Lytham St Annes	15.0	3	D2
1	550	Benjamin Roberts	Preston Harriers	44.32	7 D1	11	383	Thomas Yates	Liverpool P & S	15.8	2	D1
2	599	Jamie Greenhalgh (NC)	Leigh Harriers & AC	35.06		12	565	Harrison Ellis	Kirkby Milers AC	16.7	1	D1
3	166	Daniel Cattermole	Carlisle Aspatria AC	20.30	7 D2	13	523	Harry Lavery	Southport Waterloo	17.5		
4	548	Luke Roughley	Kirkby Milers AC	19.33	5 D1	14	385	Lewis Ames	Lytham St Annes	17.7	2	D2
5	154	Daniel Howe	Burnley AC	17.52	4 D1							
6	289	Sam Giles	Lancaster & Morecambe	13.22	5 D2							
7	170	Benjamin Holmes	Carlisle Aspatria AC	12.25	4 D2							
8	302	Zach Thomas	Lancaster & Morecambe	11.89	3 D2							
9	566	Kaiden Ellis	Kirkby Milers AC	10.29	3 D1							



Under 13 Boys 200m heat 1					
1	442	Beau Ince	Preston Harriers	29.3	
2	12	Noah Cook	Barrow & Furness	30.0	
3	564	Thomas Dixon	Kirkby Milers AC	30.8	
4	403	Jacob Wilson	Lytham St Annes	31.2	
5	276	Logan Bentley	Lancaster & Morecambe	33.4	

Under 13 Boys 200m heat 2					
1	256	George Jackson	Kirkby Milers AC	32.6	
2	267	Harry Redhead	Kirkby Milers AC	35.0	
3	626	Harry MacLuskie	Lancaster & Morecambe	37.8	
4	385	Lewis Ames	Lytham St Annes	38.0	
5	247	Ryan Cartwright	Kirkby Milers AC	38.3	

Under 13 Boys 200m overall					
1	442	Beau Ince	Preston Harriers	29.3	7 D1
2	12	Noah Cook	Barrow & Furness	30.0	7 D2
3	564	Thomas Dixon	Kirkby Milers AC	30.8	5 D1
4	403	Jacob Wilson	Lytham St Annes	31.2	5 D2
5	256	George Jackson	Kirkby Milers AC	32.6	4 D1
6	276	Logan Bentley	Lancaster & Morecambe	33.4	4 D2
7	267	Harry Redhead	Kirkby Milers AC	35.0	
8	626	Harry MacLuskie	Lancaster & Morecambe	37.8	3 D2
9	385	Lewis Ames	Lytham St Annes	38.0	2 D2
10	247	Ryan Cartwright	Kirkby Milers AC	38.3	

Under 13 Boys 800m					
1	32	Jack Baranowski	Blackburn Harriers	2:08.0	7 D1
2	12	Noah Cook	Barrow & Furness	2:32.3	7 D2
3	132	Jack McNiven	Blackpool Wyre & Fylde	2:40.0	5 D2
4	471	Jake Edwards	Southport Waterloo	2:41.3	5 D1
5	403	Jacob Wilson	Lytham St Annes	2:44.0	4 D2
6	256	George Jackson	Kirkby Milers AC	2:46.9	4 D1
7	612	Lucas Hall	Lancaster & Morecambe	3:05.6	3 D2
8	291	Luke Johnston	Lancaster & Morecambe	3:11.9	2 D2
9	385	Lewis Ames	Lytham St Annes	3:35.4	1 D2

Under 13 Boys 1500m					
1	426	Samuel Bates	Preston Harriers	4:57.4	7 D1
2	267	Harry Redhead	Kirkby Milers AC	5:20.6	5 D1

Under 13 Boys 4 x 100m Relay					
1	267		Kirkby Milers AC	66.4	7 D1

Under 13 Boys Long Jump					
1	145	James Acton-Grieves	Blackburn Harriers	4.29	7 D1
2	623	Charlie Stretton (NC)	Wigan & District H & AC	3.69	
3	12	Noah Cook	Barrow & Furness	3.63	7 D2
4	619	Freddie Allington (NC)	Millom Striders	3.58	
5	565	Harrison Ellis	Kirkby Milers AC	3.57	5 D1
6	383	Thomas Yates	Liverpool P & S	3.45	4 D1
7	167	Harry Cattermole	Carlisle Aspatria AC	3.35	5 D2
8	276	Logan Bentley	Lancaster & Morecambe	3.25	4 D2
9	256	George Jackson	Kirkby Milers AC	3.02	3 D1
10	626	Harry MacLuskie	Lancaster & Morecambe	2.96	3 D2
11	174	Eddie Knott	Carlisle Aspatria AC	2.94	2 D2
12	247	Ryan Cartwright	Kirkby Milers AC	2.64	

Under 13 Boys Shot					
1	145	James Acton-Grieves	Blackburn Harriers	6.71	7 D1
2	291	Luke Johnston	Lancaster & Morecambe	5.87	7 D2
3	167	Harry Cattermole	Carlisle Aspatria AC	5.00	5 D2
4	564	Thomas Dixon	Kirkby Milers AC	4.38	5 D1
5	247	Ryan Cartwright	Kirkby Milers AC	4.00	4 D1
6	177	Jamie Turnbull	Carlisle Aspatria AC	3.92	4 D2

Under 13 Boys Discus					
1	174	Eddie Knott	Carlisle Aspatria AC	11.96	7 D2
2	177	Jamie Turnbull	Carlisle Aspatria AC	10.19	5 D2

Under 13 Boys Javelin					
1	442	Beau Ince	Preston Harriers	28.90	7 D1
2	619	Freddie Allington (NC)	Millom Striders	21.09	
3	291	Luke Johnston	Lancaster & Morecambe	18.36	7 D2
4	523	Harry Lavery	Southport Waterloo	16.87	5 D1
5	626	Harry MacLuskie	Lancaster & Morecambe	14.25	5 D2
6	267	Harry Redhead	Kirkby Milers AC	11.42	4 D1
7	177	Jamie Turnbull	Carlisle Aspatria AC	7.17	4 D2
8	174	Eddie Knott	Carlisle Aspatria AC	6.90	3 D2
9	565	Harrison Ellis	Kirkby Milers AC	0.00	

Senior Women 100m heat 1					
1	194	Victoria Jade Levitt	Hyndburn AC	13.3	
2	201	Lisa Barlow	Kendal AAC	13.5	
3	330	Anita Saunders	Pendle AC	13.8	
4	293	Laura Purdy	Liverpool P & S	15.6	
5	224	Paula Heaton	Kirkby Milers AC	19.8	

Senior Women 100m heat 2					
1	362	Emily Rankin	Preston Harriers	12.9	
2	240	Grace Wakeman	Lancaster & Morecambe	13.2	
3	114	Gracie Rutter	Blackpool Wyre & Fylde	13.3	
4	116	Nia Rutter	Blackpool Wyre & Fylde	13.4	
5	349	Carol Holt	Preston Harriers	13.6	

Senior Women 100m overall					
1	362	Emily Rankin	Preston Harriers	12.9	7 D1
2	240	Grace Wakeman	Lancaster & Morecambe	13.2	7 D2
3	194	Victoria Jade Levitt	Hyndburn AC	13.3	5 D2
4	114	Gracie Rutter	Blackpool Wyre & Fylde	13.3	5 D1
5	116	Nia Rutter	Blackpool Wyre & Fylde	13.4	4 D1
6	201	Lisa Barlow	Kendal AAC	13.5	4 D2
7	349	Carol Holt	Preston Harriers	13.6	3 D1
8	330	Anita Saunders	Pendle AC	13.8	2 D1
9	293	Laura Purdy	Liverpool P & S	15.6	1 D1
10	224	Paula Heaton	Kirkby Milers AC	19.8	3 D2

Senior Women 200m					
1	194	Victoria Jade Levitt	Hyndburn AC	27.6	7 D2
2	349	Carol Holt	Preston Harriers	27.8	7 D1
3	240	Grace Wakeman	Lancaster & Morecambe	27.8	5 D2
4	330	Anita Saunders	Pendle AC	29.3	5 D1
5	293	Laura Purdy	Liverpool P & S	32.8	4 D1
6	224	Paula Heaton	Kirkby Milers AC	42.5	4 D2



Senior Women 400m						
1	365	Lauren Waddington	Preston Harriers	61.4	7	D1
2	530	Martha Rayner	Preston Harriers	62.1	5	D1
3	240	Grace Wakeman	Lancaster & Morecambe	63.2	7	D2
4	87	Joanne Upton-Fletcher	Blackpool Wyre & Fylde	64.3	4	D1
Senior Women 800m						
1	174	Bethany Reid	Chorley AC & Tri	2:21.7	7	D1
2	532	Ebony Blackwell (NC)	Border Harriers & AC	2:27.3		
3	182	Rebecca Ward	Blackburn Harriers	2:42.9	5	D1
Senior Women 1500m						
1	218	Sarah Smith	Kendal AAC	4:50.5	7	D2
Senior Women 3000m						
1	190	Emma Guilfoyle	Hyndburn AC	12:15.2	7	D2
Senior Women High Jump						
1	428	Millie O'Hanlon	Liverpool P & S	1.55	7	D1
2	116	Nia Rutter	Blackpool Wyre & Fylde	1.50	5	D1
3	260	Georgia Barrett	Liverpool P & S	1.50	4	D1
Senior Women Long Jump						
1	388	Amber Hughes	Southport Waterloo	4.74	7	D1
2	116	Nia Rutter	Blackpool Wyre & Fylde	4.71	5	D1
3	330	Anita Saunders	Pendle AC	4.09	4	D1
4	500	Sarah Scott	Blackpool Wyre & Fylde	2.52	3	D1
5	224	Paula Heaton	Kirkby Milers AC	2.10	7	D2
Senior Women Triple Jump						
1	153	Blythe Cordwell	Chorley AC & Tri	10.21	7	D1
Senior Women Shot						
1	114	Gracie Rutter	Blackpool Wyre & Fylde	7.76	7	D1
2	238	Emily Sim	Lancaster & Morecambe	6.35	7	D2
3	500	Sarah Scott	Blackpool Wyre & Fylde	5.19	5	D1
Senior Women Discus						
1	295	Nicky Saunders	Liverpool P & S	30.74	7	D1
2	496	Abigail Brown	Blackburn Harriers	19.62	5	D1
3	114	Gracie Rutter	Blackpool Wyre & Fylde	18.49	4	D1
Senior Women Javelin						
1	238	Emily Sim	Lancaster & Morecambe	29.44	7	D2
2	388	Amber Hughes	Southport Waterloo	26.81	7	D1
3	295	Nicky Saunders	Liverpool P & S	26.71	5	D1
Senior Women Hammer						
1	499	Charlotte Williams	Blackburn Harriers	51.19	7	D1
2	295	Nicky Saunders	Liverpool P & S	29.39	5	D1
3	238	Emily Sim	Lancaster & Morecambe	17.81	7	D2
Under 17 Women 100m						
1	523	Rebecca Savarin	Chorley AC & Tri	13.2	7	D1
2	47	Alisha Lehner	Blackburn Harriers	13.7	5	D1
3	115	Marcia Rutter	Blackpool Wyre & Fylde	14.1	4	D1
4	159	Caitlin Hodgson	Chorley AC & Tri	14.1	3	D1
5	340	Natasha Cooke	Preston Harriers	14.8	2	D1
6	105	Katie Longbottom	Blackpool Wyre & Fylde	15.2	1	D1
7	487	Scarlett Martin	Kirkby Milers AC	15.3	7	D2
Under 17 Women 200m heat 1						
1	67	Millee Schofield	Blackburn Harriers	26.7		
2	47	Alisha Lehner	Blackburn Harriers	28.6		
3	433	Sinead O'Neill	Blackpool Wyre & Fylde	28.9		
4	498	Sienna Wareing	Blackburn Harriers	29.1		
5	219	Vicky Woof	Kendal AAC	30.8		
Under 17 Women 200m heat 2						
1	340	Natasha Cooke	Preston Harriers	30.2		
2	306	Sarah Yates	Liverpool P & S	30.9		
3	41	Connie Humes	Blackburn Harriers	31.0		
4	64	Imogen Robinson	Blackburn Harriers	31.6		
5	105	Katie Longbottom	Blackpool Wyre & Fylde	32.1		
Under 17 Women 200m overall						
1	67	Millee Schofield	Blackburn Harriers	26.7	7	D1
2	47	Alisha Lehner	Blackburn Harriers	28.6	5	D1
3	433	Sinead O'Neill	Blackpool Wyre & Fylde	28.9	4	D1
4	498	Sienna Wareing	Blackburn Harriers	29.1		
5	340	Natasha Cooke	Preston Harriers	30.2	3	D1
6	219	Vicky Woof	Kendal AAC	30.8	7	D2
7	306	Sarah Yates	Liverpool P & S	30.9	2	D1
8	41	Connie Humes	Blackburn Harriers	31.0		
9	64	Imogen Robinson	Blackburn Harriers	31.6		
10	105	Katie Longbottom	Blackpool Wyre & Fylde	32.1	1	D1
Under 17 Women 300m						
1	498	Sienna Wareing	Blackburn Harriers	46.0	7	D1
2	433	Sinead O'Neill	Blackpool Wyre & Fylde	46.6	5	D1
3	41	Connie Humes	Blackburn Harriers	50.0	4	D1
Under 17 Women 800m						
1	306	Sarah Yates	Liverpool P & S	2:39.0	7	D1
2	430	Holly Moffatt	Preston Harriers	2:39.4	5	D1
3	159	Caitlin Hodgson	Chorley AC & Tri	2:48.9	4	D1
4	245	Iona Barrowdale-Smith	Leven Valley AC	2:54.7	7	D2
5	198	Heidi Sagar-Moss	Hyndburn AC	2:55.9	5	D2
Under 17 Women 1500m						
1	51	Freya Neild	Blackburn Harriers	5:51.2	7	D1
Under 17 Women 3000m						
1	245	Iona Barrowdale-Smith	Leven Valley AC	12:34.2	7	D2
Under 17 Women High Jump						
1	536	Amy Hewitt (NC)	Wigan & District H & AC	1.64		
2	64	Imogen Robinson	Blackburn Harriers	1.45	7	D1
3	219	Vicky Woof	Kendal AAC	1.35	7	D2
Under 17 Women Long Jump						
1	523	Rebecca Savarin	Chorley AC & Tri	4.80	7	D1
2	198	Heidi Sagar-Moss	Hyndburn AC	4.03	7	D2
3	389	Charlotte Hughes	Southport Waterloo	4.00	5	D1
4	487	Scarlett Martin	Kirkby Milers AC	3.43	5	D2
5	105	Katie Longbottom	Blackpool Wyre & Fylde	2.90	4	D1



Under 17 Women Triple Jump						
1	523	Rebecca Savarin	Chorley AC & Tri	10.40	7	D1
2	528	Hannah Carruthers	Lancaster & Morecambe	9.75	7	D2
3	538	Lauren Hewitt (NC)	Wigan & District H & AC	9.20		
4	115	Marcia Rutter	Blackpool Wyre & Fylde	8.96	5	D1
Under 17 Women Shot						
1	528	Hannah Carruthers	Lancaster & Morecambe	10.59	7	D2
2	487	Scarlett Martin	Kirkby Milers AC	6.94	5	D2
3	198	Heidi Sagar-Moss	Hyndburn AC	6.90	4	D2
Under 17 Women Discus						
1	219	Vicky Woof	Kendal AAC	18.00	7	D2
2	115	Marcia Rutter	Blackpool Wyre & Fylde	17.17	7	D1
Under 17 Women Javelin						
1	536	Amy Hewitt (NC)	Wigan & District H & AC	30.11		
2	431	Sophia Ince	Preston Harriers	29.84	7	D1
3	41	Connie Humes	Blackburn Harriers	16.27	5	D1
4	389	Charlotte Hughes	Southport Waterloo	15.19	4	D1
Under 17 Women Hammer						
1	528	Hannah Carruthers	Lancaster & Morecambe	28.48	7	D2
Under 15 Girls 100m heat 1						
1	516	Eva Anwyl (NC)	Sale Harriers Manchester	13.0		
2	343	Lucie Duckett	Preston Harriers	13.3		
3	237	Isla Roberts	Lancaster & Morecambe	14.3		
4	6	Grace Hartley	Barrow & Furness	14.6		
5	49	Holly Moore	Blackburn Harriers	15.0		
6	531	Amelia Barwise	Southport Waterloo	15.0		
Under 15 Girls 100m heat 2						
1	120	Natasha Trajanovski	Blackpool Wyre & Fylde	13.0		
2	91	Camilla Coupe	Blackpool Wyre & Fylde	13.0		
3	344	Abbie Ely	Preston Harriers	13.8		
4	520	Olivia Berry (NC)	Wigan & District H & AC	14.5		
5	10	Lexi Shay Marshall	Barrow & Furness	14.8		
6	234	Tilly Dowthwaite	Lancaster & Morecambe	16.6		
Under 15 Girls 100m heat 3						
1	96	Millie Haden-Brown	Blackpool Wyre & Fylde	13.6		
2	93	Emily Ford	Blackpool Wyre & Fylde	14.1		
3	537	Lucy Stretton (NC)	Wigan & District H & AC	14.4		
4	109	Jessica McNiven	Blackpool Wyre & Fylde	14.4		
5	524	Lucie Mitchel	Blackpool Wyre & Fylde	14.5		
Under 15 Girls 100m overall						
1	516	Eva Anwyl (NC)	Sale Harriers Manchester	13.0		
2	120	Natasha Trajanovski	Blackpool Wyre & Fylde	13.0	7	D1
3	91	Camilla Coupe	Blackpool Wyre & Fylde	13.0	5	D1
4	343	Lucie Duckett	Preston Harriers	13.3	4	D1
5	96	Millie Haden-Brown	Blackpool Wyre & Fylde	13.6		
6	344	Abbie Ely	Preston Harriers	13.8	3	D1
7	93	Emily Ford	Blackpool Wyre & Fylde	14.1		
8	237	Isla Roberts	Lancaster & Morecambe	14.3	7	D2
9	109	Jessica McNiven	Blackpool Wyre & Fylde	14.4		
10	537	Lucy Stretton (NC)	Wigan & District H & AC	14.4		
11	520	Olivia Berry (NC)	Wigan & District H & AC	14.5		
12	524	Lucie Mitchel	Blackpool Wyre & Fylde	14.5		
13	6	Grace Hartley	Barrow & Furness	14.6	5	D2
14	10	Lexi Shay Marshall	Barrow & Furness	14.8	4	D2
15	49	Holly Moore	Blackburn Harriers	15.0	2	D1
16	531	Amelia Barwise	Southport Waterloo	15.0	1	D1
17	234	Tilly Dowthwaite	Lancaster & Morecambe	16.6	3	D2
Under 15 Girls 200m heat 1						
1	120	Natasha Trajanovski	Blackpool Wyre & Fylde	27.0		
2	442	Thia Grice	Preston Harriers	27.1		
3	533	Martha Allington (NC)	Millom Striders	27.7		
4	441	Anna Nicholson	Lancaster & Morecambe	28.6		
5	520	Olivia Berry (NC)	Wigan & District H & AC	30.7		
6	49	Holly Moore	Blackburn Harriers	31.5		
Under 15 Girls 200m heat 2						
1	91	Camilla Coupe	Blackpool Wyre & Fylde	27.3		
2	503	Annabelle Hoyle	Preston Harriers	29.8		
3	237	Isla Roberts	Lancaster & Morecambe	30.5		
4	232	Eve Briffett	Lancaster & Morecambe	30.8		
5	31	Evie Fort	Blackburn Harriers	30.9		
6	450	Lilly Nixon	Preston Harriers	31.5		
Under 15 Girls 200m heat 3						
1	96	Millie Haden-Brown	Blackpool Wyre & Fylde	28.5		
2	358	Bettelin Ojumobi	Preston Harriers	29.8		
3	93	Emily Ford	Blackpool Wyre & Fylde	30.5		
4	524	Lucie Mitchel	Blackpool Wyre & Fylde	31.1		
5	357	Balin Ojumobi	Preston Harriers	31.6		



Under 15 Girls 200m overall							Under 15 Girls Long Jump						
1	120	Natasha Trajanovski	Blackpool Wyre & Fylde	27.0	7	D1	1	538	Lauren Hewitt (NC)	Wigan & District H & AC	4.72		
2	442	Thia Grice	Preston Harriers	27.1	5	D1	2	344	Abbie Ely	Preston Harriers	4.71	7	D1
3	91	Camilla Coupe	Blackpool Wyre & Fylde	27.3	4	D1	3	442	Thia Grice	Preston Harriers	4.70	5	D1
4	533	Martha Allington (NC)	Millom Striders	27.7			4	91	Camilla Coupe	Blackpool Wyre & Fylde	4.53	4	D1
5	96	Millie Haden-Brown	Blackpool Wyre & Fylde	28.5			5	343	Lucie Duckett	Preston Harriers	4.50		
6	441	Anna Nicholson	Lancaster & Morecambe	28.6	7	D2	6	237	Isla Roberts	Lancaster & Morecambe	4.39	7	D2
7	503	Annabelle Hoyle	Preston Harriers	29.8	3	D1	7	96	Millie Haden-Brown	Blackpool Wyre & Fylde	4.15	3	D1
8	358	Bettelin Ojumobi	Preston Harriers	29.8			8	537	Lucy Stretton (NC)	Wigan & District H & AC	4.06		
9	237	Isla Roberts	Lancaster & Morecambe	30.5	5	D2	9	93	Emily Ford	Blackpool Wyre & Fylde	4.04		
10	93	Emily Ford	Blackpool Wyre & Fylde	30.5			10	120	Natasha Trajanovski	Blackpool Wyre & Fylde	4.00		
11	520	Olivia Berry (NC)	Wigan & District H & AC	30.7			11	506	Olivia Taylor	Preston Harriers	3.84		
12	232	Eve Briffett	Lancaster & Morecambe	30.8			12	469	Katie Bonner (NC)	Wigan & District H & AC	3.72		
13	31	Evie Fort	Blackburn Harriers	30.9	2	D1	13	6	Grace Hartley	Barrow & Furness	3.72	5	D2
14	524	Lucie Mitchel	Blackpool Wyre & Fylde	31.1			14	10	Lexi Shay Marshall	Barrow & Furness	3.72	4	D2
15	49	Holly Moore	Blackburn Harriers	31.5	1	D1	15	48	Bella Rose McCredie	Blackburn Harriers	3.63	2	D1
16	450	Lilly Nixon	Preston Harriers	31.5			16	232	Eve Briffett	Lancaster & Morecambe	3.13	3	D2
17	357	Balin Ojumobi	Preston Harriers	31.6			17	49	Holly Moore	Blackburn Harriers	2.73	1	D1
							18	234	Tilly Dowthwaite	Lancaster & Morecambe	2.61		
Under 15 Girls 300m							Under 15 Girls Shot						
1	503	Annabelle Hoyle	Preston Harriers	47.9	7	D1	1	358	Bettelin Ojumobi	Preston Harriers	8.72	7	D1
2	534	Matilda Duffy (NC)	Rosendale Harriers & AC	48.5			Under 15 Girls Discus						
3	143	Lucy Knott	Carlisle Aspatria AC	48.8	7	D2	1	264	Margaret-isobel Casey	Liverpool P & S	19.46	7	D1
4	109	Jessica McNiven	Blackpool Wyre & Fylde	49.5	5	D1	2	109	Jessica McNiven	Blackpool Wyre & Fylde	19.38	5	D1
5	450	Lilly Nixon	Preston Harriers	50.5	4	D1	Under 15 Girls Javelin						
6	31	Evie Fort	Blackburn Harriers	50.6	3	D1	1	538	Lauren Hewitt (NC)	Wigan & District H & AC	23.19		
Under 15 Girls 800m							2	6	Grace Hartley	Barrow & Furness	20.49	7	D2
1	441	Anna Nicholson	Lancaster & Morecambe	2:32.5	7	D2	3	344	Abbie Ely	Preston Harriers	18.72	7	D1
2	143	Lucy Knott	Carlisle Aspatria AC	2:33.4	5	D2	4	441	Anna Nicholson	Lancaster & Morecambe	11.67	5	D2
3	534	Matilda Duffy (NC)	Rosendale Harriers & AC	2:33.8			5	264	Margaret-isobel Casey	Liverpool P & S	10.78	5	D1
4	419	Eliena Lusty (NC)	Rosendale Harriers & AC	2:34.4			6	506	Olivia Taylor	Preston Harriers	7.50	4	D1
5	232	Eve Briffett	Lancaster & Morecambe	2:35.1	4	D2	Under 15 Girls Hammer						
6	400	Sydney Monahan Clarkson	Southport Waterloo	2:36.0	7	D1	1	264	Margaret-isobel Casey	Liverpool P & S	38.02	7	D1
7	353	Lilli-mai McCarthy	Preston Harriers	2:39.6	5	D1	2	92	Nevaeh Fenton	Blackpool Wyre & Fylde	14.55	5	D1
8	210	Holly Jenner	Kendal AAC	2:40.7	3	D2	Under 13 Girls 100m heat 1						
9	234	Tilly Dowthwaite	Lancaster & Morecambe	3:00.0			1	356	Jemma McMaster	Preston Harriers	13.3		
Under 15 Girls 1500m							2	525	Amy Johnstone	Carlisle Aspatria AC	13.8		
1	204	Anna Cobley	Kendal AAC	5:33.2	7	D2	3	470	Olivia Windows	Blackpool Wyre & Fylde	14.3		
2	46	Lyra Krige	Blackburn Harriers	5:35.6	7	D1	4	13	Madisyn Strydom	Barrow & Furness	15.1		
3	48	Bella Rose McCredie	Blackburn Harriers	5:36.1	5	D1	5	231	Alice Briffett	Lancaster & Morecambe	16.7		
4	384	Isla Gray	Southport Waterloo	5:40.6	4	D1	6	228	Nancy Phillips	Kirkby Milers AC	17.6		
5	469	Katie Bonner (NC)	Wigan & District H & AC	5:47.8			Under 13 Girls 100m heat 2						
Under 15 Girls 4 x 100m Relay							1	301	Gabrielle Taylor	Liverpool P & S	13.2		
1	344		Preston Harriers	55.4	7	D1	2	113	Esme Rutter	Blackpool Wyre & Fylde	14.6		
2	441		Lancaster & Morecambe	60.5	7	D2	3	160	Ella Holden	Chorley AC & Tri	14.7		
Under 15 Girls High Jump							4	526	Amelia Hardman	Kendal AAC	15.2		
1	343	Lucie Duckett	Preston Harriers	1.48	7	D1	5	242	Sofia Ann Winterbottom	Lancaster & Morecambe	16.8		
2	261	Dakota Backhouse	Liverpool P & S	1.45	5	D1	6	136	Eva Preston	Burnley AC	17.1		
3	442	Thia Grice	Preston Harriers	1.35	4	D1							



Under 13 Girls 100m heat 3						Under 13 Girls 200m heat 2							
1	350	Jasmine Houghton	Preston Harriers	14.2		1	356	Jemma McMaster	Preston Harriers	27.7			
2	94	Lucy Ford	Blackpool Wyre & Fylde	14.9		2	525	Amy Johnstone	Carlisle Aspatria AC	29.0			
3	176	Isobel Reid	Chorley AC & Tri	15.0		3	113	Esme Rutter	Blackpool Wyre & Fylde	30.3			
4	527	Anna Bateman	Lancaster & Morecambe	15.6		4	94	Lucy Ford	Blackpool Wyre & Fylde	31.8			
5	145	Christina Monkhouse	Carlisle Aspatria AC	16.0		5	231	Alice Briffett	Lancaster & Morecambe	36.0			
6	221	Melissa Cameron	Kirkby Milers AC	16.5		6	440	Rosie Beaton	Kendal AAC	36.7			
Under 13 Girls 100m heat 4						Under 13 Girls 200m heat 3							
1	89	Kirsten Charnley	Blackpool Wyre & Fylde	14.6		1	89	Kirsten Charnley	Blackpool Wyre & Fylde	31.0			
2	476	Kristen Badrock (NC)	Liverpool Harriers & AC	14.7		2	368	Francesca White	Preston Harriers	31.5			
3	177	Millie Reid	Chorley AC & Tri	14.9		3	355	Elsie McKeever	Preston Harriers	32.7			
4	354	Ellie McDonald	Preston Harriers	15.0		4	90	Emily Clarkson	Blackpool Wyre & Fylde	32.8			
5	345	Kara Giddins	Preston Harriers	15.0		5	145	Christina Monkhouse	Carlisle Aspatria AC	33.0			
6	440	Rosie Beaton	Kendal AAC	17.3		6	527	Anna Bateman	Lancaster & Morecambe	33.1			
7	485	Hannah Sharrock	Kirkby Milers AC	17.9									
Under 13 Girls 100m overall						Under 13 Girls 200m overall							
1	301	Gabrielle Taylor	Liverpool P & S	13.2	7	D1	1	356	Jemma McMaster	Preston Harriers	27.7	7	D1
2	356	Jemma McMaster	Preston Harriers	13.3	5	D1	2	525	Amy Johnstone	Carlisle Aspatria AC	29.0	7	D2
3	525	Amy Johnstone	Carlisle Aspatria AC	13.8	7	D2	3	113	Esme Rutter	Blackpool Wyre & Fylde	30.3	5	D1
4	350	Jasmine Houghton	Preston Harriers	14.2	4	D1	4	165	Millie Jordan	Blackburn Harriers	30.9	4	D1
5	470	Olivia Windows	Blackpool Wyre & Fylde	14.3	3	D1	5	89	Kirsten Charnley	Blackpool Wyre & Fylde	31.0	3	D1
6	113	Esme Rutter	Blackpool Wyre & Fylde	14.6	2	D1	6	368	Francesca White	Preston Harriers	31.5	2	D1
7	89	Kirsten Charnley	Blackpool Wyre & Fylde	14.6			7	13	Madisyn Strydom	Barrow & Furness	31.6	5	D2
8	160	Ella Holden	Chorley AC & Tri	14.7	1	D1	8	373	Grace Cain	Southport Waterloo	31.7	1	D1
9	476	Kristen Badrock (NC)	Liverpool Harriers & AC	14.7			9	239	Fay Thomas	Lancaster & Morecambe	31.7	4	D2
10	94	Lucy Ford	Blackpool Wyre & Fylde	14.9			10	94	Lucy Ford	Blackpool Wyre & Fylde	31.8		
11	177	Millie Reid	Chorley AC & Tri	14.9			11	229	Halli Williams	Kirkby Milers AC	32.5	3	D2
12	176	Isobel Reid	Chorley AC & Tri	15.0			12	355	Elsie McKeever	Preston Harriers	32.7		
13	354	Ellie McDonald	Preston Harriers	15.0			13	526	Amelia Hardman	Kendal AAC	32.8	2	D2
14	345	Kara Giddins	Preston Harriers	15.0			14	90	Emily Clarkson	Blackpool Wyre & Fylde	32.8		
15	13	Madisyn Strydom	Barrow & Furness	15.1	5	D2	15	145	Christina Monkhouse	Carlisle Aspatria AC	33.0	1	D2
16	526	Amelia Hardman	Kendal AAC	15.2	4	D2	16	527	Anna Bateman	Lancaster & Morecambe	33.1		
17	527	Anna Bateman	Lancaster & Morecambe	15.6	3	D2	17	231	Alice Briffett	Lancaster & Morecambe	36.0		
18	145	Christina Monkhouse	Carlisle Aspatria AC	16.0	2	D2	18	440	Rosie Beaton	Kendal AAC	36.7		
19	221	Melissa Cameron	Kirkby Milers AC	16.5	1	D2							
20	231	Alice Briffett	Lancaster & Morecambe	16.7									
21	242	Sofia Ann Winterbottom	Lancaster & Morecambe	16.8									
22	136	Eva Preston	Burnley AC	17.1									
23	440	Rosie Beaton	Kendal AAC	17.3									
24	228	Nancy Phillips	Kirkby Milers AC	17.6									
25	485	Hannah Sharrock	Kirkby Milers AC	17.9									
Under 13 Girls 200m heat 1						Under 13 Girls 800m							
1	165	Millie Jordan	Blackburn Harriers	30.9			1	165	Millie Jordan	Blackburn Harriers	2:33.2	7	D1
2	13	Madisyn Strydom	Barrow & Furness	31.6			2	70	Charlotte Lily Smith	Blackburn Harriers	2:35.4	5	D1
3	239	Fay Thomas	Lancaster & Morecambe	31.7			3	209	Lili Guthrie	Kendal AAC	2:37.9	7	D2
4	373	Grace Cain	Southport Waterloo	31.7			4	420	Holly Nicholls (NC)	Rosendale Harriers & AC	2:41.7		
5	229	Halli Williams	Kirkby Milers AC	32.5			5	378	Lucy Delamere	Southport Waterloo	2:45.6	4	D1
6	526	Amelia Hardman	Kendal AAC	32.8			6	355	Elsie McKeever	Preston Harriers	2:46.7	3	D1
							7	368	Francesca White	Preston Harriers	2:47.4	2	D1
							8	535	Lyla Duffy (NC)	Rosendale Harriers & AC	2:49.9		
							9	373	Grace Cain	Southport Waterloo	2:50.3	1	D1
							10	253	Imogen Moore	Leven Valley AC	2:53.8	5	D2
							11	229	Halli Williams	Kirkby Milers AC	2:57.8	4	D2
							12	236	Olivia Hemingway	Lancaster & Morecambe	3:26.3	3	D2
							13	228	Nancy Phillips	Kirkby Milers AC	3:29.1	2	D2
							14	485	Hannah Sharrock	Kirkby Milers AC	3:32.4		



Under 13 Girls 1500m							Under 13 Girls Javelin						
1	475	Lauren Silcox	Southport Waterloo	5:27.2	7	D1	1	197	Esther Sagar-Moss	Hyndburn AC	19.37	7	D2
2	177	Millie Reid	Chorley AC & Tri	5:35.4	5	D1	2	209	Lili Guthrie	Kendal AAC	16.51	5	D2
3	176	Isobel Reid	Chorley AC & Tri	5:38.6	4	D1	3	176	Isobel Reid	Chorley AC & Tri	16.36	7	D1
4	239	Fay Thomas	Lancaster & Morecambe	5:51.5	7	D2	4	92	Nevaeh Fenton	Blackpool Wyre & Fylde	13.53	5	D1
5	337	Georgina Benson	Preston Harriers	6:08.4	3	D1	5	200	Freya Addison	Kendal AAC	11.43	4	D2
6	108	Lily-rose McMinnis	Blackpool Wyre & Fylde	6:16.9	2	D1	6	239	Fay Thomas	Lancaster & Morecambe	10.99	3	D2
7	221	Melissa Cameron	Kirkby Milers AC	6:24.9	5	D2	7	177	Millie Reid	Chorley AC & Tri	9.09	4	D1
Under 13 Girls 4 x 100m Relay													
1	236		Lancaster & Morecambe	69.0	7	D2							
2	228		Kirkby Milers AC	71.9	5	D2							
Under 13 Girls High Jump													
1	301	Gabrielle Taylor	Liverpool P & S	1.55	7	D1							
2	350	Jasmine Houghton	Preston Harriers	1.46	5	D1							
3	345	Kara Giddins	Preston Harriers	1.35	4	D1							
4	476	Kristen Badrock (NC)	Liverpool Harriers & AC	1.30									
5	535	Lyla Duffy (NC)	Rosendale Harriers & AC	1.25									
6	236	Olivia Hemingway	Lancaster & Morecambe	1.15	7	D2							
7	70	Charlotte Lily Smith	Blackburn Harriers	1.10	3	D1							
Under 13 Girls Long Jump													
1	301	Gabrielle Taylor	Liverpool P & S	4.50	7	D1							
2	160	Ella Holden	Chorley AC & Tri	4.12	5	D1							
3	476	Kristen Badrock (NC)	Liverpool Harriers & AC	4.10									
4	525	Amy Johnstone	Carlisle Aspatria AC	3.95	7	D2							
5	350	Jasmine Houghton	Preston Harriers	3.94	4	D1							
6	470	Olivia Windows	Blackpool Wyre & Fylde	3.79	3	D1							
7	345	Kara Giddins	Preston Harriers	3.78	2	D1							
8	373	Grace Cain	Southport Waterloo	3.73	1	D1							
9	113	Esme Rutter	Blackpool Wyre & Fylde	3.62									
10	535	Lyla Duffy (NC)	Rosendale Harriers & AC	3.52									
11	527	Anna Bateman	Lancaster & Morecambe	3.36	5	D2							
12	13	Madisyn Strydom	Barrow & Furness	3.35	4	D2							
13	90	Emily Clarkson	Blackpool Wyre & Fylde	3.24									
14	94	Lucy Ford	Blackpool Wyre & Fylde	3.18									
15	236	Olivia Hemingway	Lancaster & Morecambe	3.09	3	D2							
16	221	Melissa Cameron	Kirkby Milers AC	3.07	2	D2							
17	136	Eva Preston	Burnley AC	3.01	1	D2							
18	145	Christina Monkhouse	Carlisle Aspatria AC	2.99									
19	231	Alice Briffett	Lancaster & Morecambe	2.91									
20	242	Sofia Ann Winterbottom	Lancaster & Morecambe	2.84									
21	440	Rosie Beaton	Kendal AAC	2.70									
22	228	Nancy Phillips	Kirkby Milers AC	2.66									
23	485	Hannah Sharrock	Kirkby Milers AC	2.14									
24	197	Esther Sagar-Moss	Hyndburn AC	2.04									
25	229	Halli Williams	Kirkby Milers AC	0.00									
Under 13 Girls Shot													
1	209	Lili Guthrie	Kendal AAC	7.05	7	D2							
2	529	Hannah Roberts	Preston Harriers	5.14	7	D1							
3	242	Sofia Ann Winterbottom	Lancaster & Morecambe	4.44	5	D2							
Under 13 Girls Discus													
1	470	Olivia Windows	Blackpool Wyre & Fylde	17.77	7	D1							
2	529	Hannah Roberts	Preston Harriers	14.07	5	D1							
3	92	Nevaeh Fenton	Blackpool Wyre & Fylde	13.55	4	D1							

**Female Division 1***(Doesn't include officials points)*

Preston Harriers	178
Blackpool Wyre & Fylde AC	152
Blackburn Harriers & AC	106
Liverpool Pembroke & Sefton H AC	87
Chorley Athletic and Triathlon Club	68
Southport Waterloo AC	49
Pendle Athletic Club	11

Female Division 2*(Doesn't include officials points)*

Lancaster & Morecambe AC	163
Kendal Amateur Athletic Club	71
Kirkby Milers AC	53
Hyndburn AC	42
Barrow & Furness Striders AC	39
Carlisle Aspatria AC	36
Leven Valley AC	19
Burnley AC	1

Male Division 1*(Doesn't include officials points)*

Kirkby Milers AC	160
Blackburn Harriers & AC	157
Preston Harriers	126
Southport Waterloo AC	102
Chorley Athletic and Triathlon Club	60
Burnley AC	43
Liverpool Pembroke & Sefton H AC	41

Male Division 2*(Doesn't include officials points)*

Carlisle Aspatria AC	118
Blackpool Wyre & Fylde AC	113
Lancaster & Morecambe AC	113
Hyndburn AC	81
Barrow & Furness Striders AC	70
Lytham St Annes RR Club	35
Kendal Amateur Athletic Club	26
Pendle Athletic Club	2