

Midland Counties Road Relays at Sutton Park on Saturday 23rd September 2023

- Senior Women Stage 1 — Final Results

Pos	Name	Club	Leg Time			
1	Mia Atkinson	Charnwood. A	14:25	48	Gillian Newbould	NewarkAc . 19:03
2	Bethaneve Homer	Wreake&So. A	14:49	49	Jessica Woolley	Knowle&Do. A 19:06
3	Abbie Milnes	WesternTe. A	14:58	50	Emily Batkin	CityOfSto. C 19:19
4	Emma Taylor	CityOfSto. A	15:12	51	Amy Johnson	AldridgeR. 19:20
5	Rachel Gifford	Leamington. A	15:13	52	Joanne Matthews	Hermitage. 19:21
6	Freya Spruit	TeamBathA. A	15:24	53	Ellie Jones	CityOfBir. A 19:22
7	Rebecca Straw	Birchfiel. A	15:26	54	Victoria Williams	DudleyKin. A 19:22
8	Lauren Cooper	Shrewsbur. A	15:27	55	Verity Atkins	Leamington. B 19:23
9	Katie Hawkins	TiptonHar. A	15:30	56	Jessie Walker	TiptonHar. B 19:30
10	Amy Fuller	Kenilwort. A	15:35	57	Sade Mckenzie	Centurion. 19:30
11	Beth Sykes	Bromsgrov. 15:36	58	Amelia Mullins	ClcStride. 19:32	
12	Kate Mactear	Bristol&W. A	15:44	59	Grace Hinga	Glouceste. B 19:33
13	Inca Padfield	WesternTe. B	15:58	60	Lizzie Watts	MasseyFer. A 19:48
14	Amber Watson	WesternTe. C	16:07	61	Linda Fullaway	Kenilwort. B 19:50
15	Emily Chandler	Stroud&Di. 16:16	62	Beverley Armstrong	Mansfield. B 19:51	
16	Emma Robertson	Worcester. 16:21	63	Amber Spackman	Glouceste. A 19:55	
17	Lucy Stevens	Rugby&Nor. A	16:23	64	Jayne Lynas	HeanorRC . 19:56
18	Hermione Green	Lichfield. 16:28	65	Ellie Bagshaw	SpaStride. B 19:57	
19	Lucy Calrow	Wolverham. A	16:33	66	Anna Avery	BittonRoa. A 20:07
20	Alice Bourne	Rugby&Nor. B	16:34	67	Sophie Quinn	DesfordSt. 20:10
21	Nicola Sykes	Bournvill. A	16:37	68	E Skolimowska	BlackPear. A 20:11
22	Olivia Harris	RoyalSutt. A	16:39	69	Cathlyn Bone	Birmingham. C 20:13
23	Louise Collins	Halesowen. 16:41	70	Idella Goga	SevernAc . 20:19	
24	Megan Ribton	HuncoteHa. 16:47	71	Elizabeth Mckinlay	SphinxAc . B 20:23	
25	Hannah Miller	WorsopHa. A	16:49	72	C Rushby	WorksopHa. B 20:25
26	Meghan Beesley	Birchfiel. B	16:50	73	H Stlegerharris	SilsonAc . 20:29
27	Molly Johnson	Mansfield. A	16:53	74	Haley Cotton	Kenilwort. C 20:32
28	Emily Negus	NuneatonH. 16:59	75	Katie Speake	Notts Ac. B 20:37	
29	Amanda Deavey	Northbroo. A	17:05	76	Natalia Greenhill	Northbroo. C 20:42
30	Megan Powell	Bristol&W. B	17:07	77	Ingrid Rochelle	Knowle&Do. B 21:02
31	Joanne Clamp	Notts Ac. A	17:13	78	Caroline Hughes	Northbroo. D 21:35
32	India Ibbotson	SwindonHa. 17:16	79	Lucy Burdett	Bournvill. B 21:45	
33	Maggie Preece	TelfordAc. 17:18	80	Sharon Bailey	TiptonHar. C 21:48	
34	Florrie Betts	TeamBathA. B	17:20	81	Claudie Combelas	Northbroo. B 22:06
35	Tilly Lainchbury	BanburyHa. 17:21	82	Margot Weistroffer	HinckleyR. B 22:25	
36	Rebecca Cullen	Wreake&So. B	17:23	83	Sue Payton	DudleyKin. B 22:42
37	Salihah Baig	Birchfiel. C	17:29	84	Emiliana Doherty	HolmePier. 23:10
38	Helena Sexton	Birmingham. A	17:30	85	Emma Eastwood	MasseyFer. B 23:18
39	Emma Andrews	SpaStride. A	17:34	86	Helen Ranford	Newcastle. B 23:38
40	Gracierose Walters	Charnwood. B	17:40	87	Alex Moulton	WestBromw. A 24:07
41	Jemma Brown	Shrewsbur. B	17:41	88	Louise Dawes	Birmingham. D 24:46
42	Niamh Bould	CityOfSto. B	17:49	89	Emily Cresswell	WestBromw. B 25:11
43	Kelly Wilson	HinckleyR. A	18:15	90	Phoebe Tully	SphinxAc . A 26:04
44	Olivia Cunningham	Newcastle. A	18:23	91	E Wilson	Kenilwort. D 26:58
45	Josephine Wilkie	Cheltenham. A	18:26	92	Caroline Phipps	DudleyKin. C 28:38
46	Helen Pike	Birmingham. B	18:29	93	Lisajayne Arscott	CityOfBir. B 30:05
47	Sky Mileto	RoyalSutt. B	19:02	94	Laura Davis	WestBromw. C 30:50

Midland Counties Road Relays

at Sutton Park on Saturday 23rd September 2023

- Senior Women Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Jordan Matthews	WesternTe. A	15:13	30:11+	2	55	Kaylee Germann	CityOfBir. A	19:39	39:01-	2
2	Grace Tongue	Charnwood. A	16:18	30:43-	1	56	Alice Mortiboy	Mansfield. B	19:28	39:19+	6
3	Donna Sherwin	CityOfSto. A	15:45	30:57+	1	57	Kiera Radford	Hermitage.	20:11	39:32-	5
4	Bethan Francis	TeamBathA. A	15:45	31:09+	2	58	Kiera Bailey	HeanorRC .	20:01	39:57+	6
5	Lyla Bryan	Wreake&So. A	16:39	31:28-	3	59	Laura Leaver	ClcStride.	21:45	41:17-	1
6	Rae Nicholls	Birchfiel. A	16:09	31:35+	1	60	Rachel Brown	Birmingham. C	21:09	41:22+	9
7	Jan Cook	Shrewsbur. A	16:33	32:00+	1	61	Nicola Evans	Knowle&Do. B	20:21	41:23+	16
8	Bethany Tabor	Wolverham. A	15:29	32:02+	11	62	Lorraine Griffiths	BlackPear. A	21:23	41:34+	6
9	Amber Bullingham	WesternTe. B	16:07	32:05+	4	63	Hannah Jones	Kenilwort. C	21:19	41:51+	11
10	Anna Ford	Bristol&W. A	16:43	32:27+	2	64	Janette Popplewell	MasseyFer. B	18:43	42:01+	21
11	Nositsa Gugutkova	Leamington. A	17:17	32:30-	6	65	Samantha Watts	SevernAc .	21:47	42:06+	5
12	Susie McManus	Birchfiel. B	15:50	32:40+	14	66	Rachel Silcock	WorkshopHa. B	21:50	42:15+	6
13	Laura Pettifer	Kenilwort. A	17:32	33:07-	3	67	Lucy Walton	SpaStride. B	22:19	42:16-	2
14	Madeleine Jacks	Rugby&Nor. A	16:44	33:07+	3	68	Nicola Waters	Glouceste. B	23:22	42:55-	9
15	Brittany Teague	WesternTe. C	17:01	33:08-	1	69	Sally Gordon	AldridgeR.	23:59	43:19-	18
16	Georgia Delaney	RoyalSutt. A	16:35	33:14+	6	70	Kira Bowes	Centurion.	23:58	43:28-	13
17	Sophie Banks	TiptonHar. A	17:55	33:25-	8	71	Ann Gould	HolmerPier.	20:49	43:59+	13
18	Georgina Greenwood	Stroud&Di.	17:18	33:34-	3	72	Patricia Holland	HinckleyR. B	21:35	44:00+	10
19	Lauren Sykes	Bromsgrov.	18:37	34:13-	8	73	Alice Hopper	Bournvill. B	22:27	44:12+	6
20	Grace Manson	Mansfield. A	17:22	34:15+	7	74	Kirsty Brook	DudleyKin. A	24:52	44:14-	20
21	Danni Sinclair	Bristol&W. B	17:24	34:31+	9	75	Kate Williams	TiptonHar. C	22:28	44:16+	5
22	R Twardochleb	Birmingham. A	17:22	34:52+	16	76	Claire Taylor	SphinxAc . B	23:55	44:18-	5
23	Jaeda Goodman	Bournvill. A	18:17	34:54-	2	77	Michelle Edwards	Northbroo. D	23:01	44:36+	1
24	C Hutchison	Worcester.	18:34	34:55-	8	78	Julie Cozens	Northbroo. C	24:13	44:55-	2
25	Eleanor Pitcher	Shrewsbur. B	17:17	34:58+	16	79	Alison Lowe	MasseyFer. A	25:29	45:17-	19
26	Charlotte Jones	WorkshopHa. A	18:13	35:02-	1	80	Catherine Cox	DesfordSt.	25:38	45:48-	13
27	r Jansenvan	Birchfiel. C	17:37	35:06+	10	81	Susan Twardochleb	Newcastle. B	22:17	45:55+	5
28	Jemima Lambert	Rugby&Nor. B	18:55	35:29-	8	82	Teresa Cox	SilsonAc .	25:29	45:58-	9
29	Jennifer Critchley	BanburyHa.	18:12	35:33+	6	83	Laura Walton	WestBromw. A	22:29	46:36+	4
30	Cristina Obrien	TelfordAc.	18:30	35:48+	3	84	Lorraine Smith	SphinxAc . A	22:13	48:17+	6
31	Amber Owens	NewarkAc .	16:49	35:52+	17	85	Leah Kendall	WestBromw. B	23:34	48:45+	4
32	Tina Tosh	HuncoteHa.	19:14	36:01-	8	86	Helen Baker	Kenilwort. D	24:08	51:06+	5
33	Ruth Wilkinson	Birmingham. B	17:42	36:11+	13	87	Tammie Chater	DudleyKin. B	28:26	51:08-	4
34	Rachel Oram	SwindonHa.	19:01	36:17-	2	88	Fardusa Tawfiq	Birmingham. D	28:19	53:05	0
35	Joanna Alsop	Lichfield.	20:02	36:30-	17	89	Judith Haley	Northbroo. B	31:17	53:23-	8
36	Joanne Spencer	Notts Ac. A	19:42	36:55-	5	90	Shannon Oates	CityOfBir. B	24:04	54:09+	3
37	Ana Lovett	Leamington. B	17:41	37:04+	18	91	Michelle Marney	DudleyKin. C	25:32	54:10+	1
38	Tiagrace Walford	CityOfSto. B	19:16	37:05+	4	92	Michelle Cresswell	WestBromw. C	29:25	1:00:15+	2
39	Ryley Malonepriest	Halesowen.	20:28	37:09-	16						
40	Kalliopi Makraki	TeamBathA. B	19:50	37:10-	6						
41	Seren Jones	Glouceste. A	17:20	37:15+	22						
42	Debbie Campbell	Northbroo. A	20:11	37:16-	13						
43	Anna Delaney	Knowle&Do. A	18:15	37:21+	6						
44	Annie Cox	SpaStride. A	19:49	37:23-	5						
45	Penny Masser	HinckleyR. A	19:19	37:34-	2						
46	Sallyann Walker	TiptonHar. B	18:10	37:40+	10						
47	Martha Wood	RoyalSutt. B	18:47	37:49	0						
48	Claire Bryan	Wreake&So. B	20:43	38:06-	12						
49	M Cunningham	Newcastle. A	19:44	38:07-	5						
50	Nicola Dutton	NuneatonH.	21:15	38:14-	22						
51	Emma Garnett	Kenilwort. B	18:30	38:20+	10						
52	J Hattonbelliard	Cheltenham. A	19:54	38:20-	7						
53	Robyn Hinsley	BittonRoa. A	18:26	38:33+	13						
54	Alison Foord	Charnwood. B	21:20	39:00-	14						

Fastest runners over stage 2:

1	Jordan Matthews	WesternTe. A	15:13
2	Bethany Tabor	Wolverham. A	15:29
3	Bethan Francis	TeamBathA. A	15:45
4	Donna Sherwin	CityOfSto. A	15:45
5	Susie McManus	Birchfiel. B	15:50
6	Amber Bullingham	WesternTe. B	16:07
7	Rae Nicholls	Birchfiel. A	16:09
8	Grace Tongue	Charnwood. A	16:18
9	Jan Cook	Shrewsbur. A	16:33
10	Georgia Delaney	RoyalSutt. A	16:35

Midland Counties Road Relays at Sutton Park on Saturday 23rd September 2023

- Senior Women Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Lauren Cooper	WesternTe. A	15:14	45:25	0	63	Susan Cox	SpaStride. B	21:16	1:03:32+	4
2	Anna Domville	TeamBathA. A	15:12	46:21+	2	64	Emma Stalberg	Glouceste. B	20:39	1:03:34+	4
3	Aimee Seager	Charnwood. A	16:25	47:08-	1	65	Julieann Hammond	SilsonAc .	18:00	1:03:58+	17
4	Aria Aberleybarker	CityOfSto. A	16:31	47:28-	1	66	Julia Gray	Birmingha. C	22:56	1:04:18-	6
5	Katrina Entwistle	Bristol&W. A	15:33	48:00+	5	67	Katie Price	Knowle&Do. B	23:29	1:04:52-	6
6	Elizabeth Watters	Birchfiel. A	16:26	48:01	0	68	Kate Powell	DudleyKin. A	21:14	1:05:28+	6
7	Alice Belcher	Rugby&Nor. A	14:55	48:02+	7	69	Sian Smith	Centurion.	22:09	1:05:37+	1
8	J Rockliffe	WesternTe. B	16:10	48:15+	1	70	Alice Smyth	Bournvill. B	21:49	1:06:01+	3
9	Victoria Weir	Birchfiel. B	16:32	49:12+	3	71	Ruth Horton	TiptonHar. C	22:00	1:06:16+	4
10	Rachael Handley	Shrewsbur. A	17:16	49:16-	3	72	Sue Grewcock	HinckleyR. B	22:26	1:06:26	0
11	Monica Williamson	Leamingto. A	17:01	49:31	0	73	Alison Foley	MasseyFer. B	24:45	1:06:46-	9
12	Jessica Smith	Wreake&So. A	18:51	50:19-	7	74	Gayl Nixon	Newcastle. B	21:53	1:07:48+	7
13	Izzy Broady	WesternTe. C	17:56	51:04+	2	75	Olivia Blezard	WestBromw. A	21:41	1:08:17+	8
14	Tanwen Bird	Stroud&Di.	17:49	51:23+	4	76	Kim Davies	MasseyFer. A	23:10	1:08:27+	3
15	Jenny Vaughan	Kenilwort. A	18:17	51:24-	2	77	Ellie Aldridge	Northbroo. C	23:41	1:08:36+	1
16	Ellen Humpherson	RoyalSutt. A	18:18	51:32	0	78	Abigail Wright	AldridgeR.	25:46	1:09:05-	9
17	C Buckeridge	Bristol&W. B	17:05	51:36+	4	79	Ann Chandler	DesfordSt.	24:15	1:10:03+	1
18	Emily Simmonds	Wolverham. A	19:39	51:41-	10	80	Victoria O'brien	SphinxAc. A	22:44	1:11:01+	4
19	Paige Roadley	Mansfield. A	17:45	52:00+	1	81	Sarah Goodland	SphinxAc. B	26:53	1:11:11-	5
20	Mya Woodward	TiptonHar. A	18:37	52:02-	3	82	Nicola Gibson	WestBromw. B	26:08	1:14:53+	3
21	Sarah Conway	Birchfiel. C	17:50	52:56+	6	83	Daisy Evans	Northbroo. B	22:13	1:15:36+	6
22	Nicola Nealon	HuncoteHa.	17:08	53:09+	10	84	Pauline Dable	Kenilwort. D	26:05	1:17:11+	2
23	Emily Dyer	Bromsgrov.	19:10	53:23-	4	85	Tracey Cox	Northbroo. D	32:40	1:17:16-	8
24	Madeleine Spencer	WorkshopHa. A	18:36	53:38+	2	86	Sharon Brotherton	DudleyKin. C	25:55	1:20:05+	5
25	Catherine Charlton	Notts Ac. A	16:49	53:44+	11	87	Lizzie Mitchell	CityOfBir. B	26:17	1:20:26+	3
26	Catherine Holden	TiptonHar. B	16:16	53:56+	20	88	Elizabeth Landers	DudleyKin. B	35:34	1:26:42-	1
27	Phoebe Dodd	Halesowen.	16:50	53:59+	12	89	Rabina Begum	WestBromw. C	27:02	1:27:17+	3
28	Esther Hunt	Lichfield.	17:42	54:12+	7	Fastest runners over stage 3:					
29	Chloe Hawkins	CityOfSto. B	17:08	54:13+	9	1	Alice Belcher	Rugby&Nor. A	14:55		
30	Kate Evason	Shrewsbur. B	19:21	54:19-	5	2	Anna Domville	TeamBathA. A	15:12		
31	Emma Oldham	Worcester.	19:29	54:24-	7	3	Lauren Cooper	WesternTe. A	15:14		
32	Rebecca Long	Bournvill. A	19:36	54:30-	9	4	Katrina Entwistle	Bristol&W. A	15:33		
33	Carly O'Neill	Birmingha. A	20:11	55:03-	11	5	J Rockliffe	WesternTe. B	16:10		
34	Lauren Turner	SpaStride. A	17:52	55:15+	10	6	Catherine Holden	TiptonHar. B	16:16		
35	Tilly Lea	Rugby&Nor. B	19:47	55:16-	7	7	Aimee Seager	Charnwood. A	16:25		
36	R Southerington	SwindonHa.	19:05	55:22-	2	8	Elizabeth Watters	Birchfiel. A	16:26		
37	Jessica Daly	HinckleyR. A	18:30	56:04+	8	9	Aria Aberleybarker	CityOfSto. A	16:31		
38	Monica Green	Knowle&Do. A	18:44	56:05+	5	10	Victoria Weir	Birchfiel. B	16:32		
39	Lucy Jeffery	Glouceste. A	18:58	56:13+	2						
40	Georgina Newell	BanburyHa.	20:55	56:28-	11						
41	Caitlin O'Connor	RoyalSutt. B	19:04	56:53+	6						
42	Leonie Goodwin	Birmingha. B	20:45	56:56-	9						
43	Nicola Johnston	Kenilwort. B	19:05	57:25+	8						
44	Jessica Hone	Northbroo. A	20:18	57:34-	2						
45	Eve Walpole	Leamingto. B	20:34	57:38-	8						
46	Jan Cassidy	Newcastle. A	19:33	57:40+	3						
47	Philippa Spruit	TeamBathA. B	20:38	57:48-	7						
48	Hannah Jones	Mansfield. B	18:44	58:03+	8						
49	Cassandra Dodge	Wreake&So. B	20:04	58:10-	1						
50	Lucy Gapper	TelfordAc.	22:32	58:20-	20						
51	Charlotte Kerr	Cheltenha. A	20:03	58:23+	1						
52	Bridie D'arcy	Hermitage.	19:12	58:44+	5						
53	Claire Barber	NuneatonH.	21:01	59:15-	3						
54	Fiona Bradymiller	ClcStride.	19:20	1:00:37+	5						
55	Kasia Niedzwiedzka	CityOfBir. A	21:52	1:00:53	0						
56	Clare Reeve	BittonRoa. A	22:31	1:01:04-	3						
57	Shamira Naiduyoung	Kenilwort. C	19:19	1:01:10+	6						
58	Katie Downing	BlackPear. A	20:21	1:01:55+	4						
59	Rita Fisher	HeanorRC .	22:22	1:02:19-	1						
60	Angela Wixey	SevernAc.	20:44	1:02:50+	5						
61	Aimee Palace	HolmePier.	19:11	1:03:10+	10						
62	Carol Lonsdale	WorkshopHa. B	21:08	1:03:23+	4						

Midland Counties Road Relays at Sutton Park on Saturday 23rd September 2023

- Senior Women Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	Megan Marchant	WesternTe. A	14:53	1:00:18	0	54	Katie Davis	HeanorRC .	20:26	1:22:45+	5
2	Bryony Gunn	Birchfiel. A	14:37	1:02:38+	4	55	Kirsty Middleton	SpaStride. B	19:36	1:23:08+	8
3	Annabelle Wallace	TeamBathA. A	16:22	1:02:43-	1	56	Julie Matthews	BittonRoa. A	22:15	1:23:19	0
4	Juliet Potter	Charnwood. A	15:47	1:02:55-	1	57	Emma Chapplehyam	SilsonAc .	19:39	1:23:37+	8
5	Nia Nokes	CityOfSto. A	16:11	1:03:39-	1	58	Vanisa Patel	CityOfBir. A	23:35	1:24:28-	3
6	Rosanna Andrews	Rugby&Nor. A	16:03	1:04:05+	1	59	Natalie Cunningham	WorksopHa. B	21:28	1:24:51+	3
7	Hannah Green	Bristol&W. A	16:35	1:04:35-	2	60	Megan Brown	SevernAc .	22:08	1:24:58	0
8	Emma Powell	WesternTe. B	16:24	1:04:39	0	61	Claire Fudge	Birmingha. C	20:48	1:25:06+	5
9	Zara Hadfield	Leamingto. A	16:49	1:06:20+	2	62	Tara Ricketts	HolmePier.	22:51	1:26:01-	1
10	Naomi Cook	Shrewsbur. A	17:18	1:06:34	0	63	Kathryn Sneyd	DudleyKin. A	20:40	1:26:08+	5
11	Isabella Wrightam	Wreake&So. A	16:28	1:06:47+	1	64	Sallyanne Sheppey	Knowle&Do. B	21:26	1:26:18+	3
12	Samantha Watters	Birchfiel. B	17:53	1:07:05-	3	65	Deborah Band	BlackPear. A	24:26	1:26:21-	7
13	K Newcombe	Stroud&Di.	16:09	1:07:32+	1	66	Sarah Richings	Centurion.	24:17	1:29:54+	3
14	Jade Charlton	TiptonHar. A	15:48	1:07:50+	6	67	Alissia Bradley	TiptonHar. C	23:45	1:30:01+	4
15	Sarah Everitt	Bristol&W. B	17:18	1:08:54+	2	68	Rachael Allen	MasseyFer. B	24:33	1:31:19+	5
16	Rachel Nealon	HuncoteHa.	16:11	1:09:20+	6	69	K O'donnell	Bournvill. B	25:21	1:31:22+	1
17	Sophie Toyn	Mansfield. A	17:24	1:09:24+	2	70	Isabel Verney	WestBromw. A	23:21	1:31:38+	5
18	Caroline Tarnowski	RoyalSutt. A	18:07	1:09:39-	2	71	Anne Kelsall	AldridgeR.	22:46	1:31:51+	7
19	Ruth Jones	WesternTe. C	18:40	1:09:44-	6	72	Susan Gough	SphinxAc. B	21:38	1:32:49+	9
20	Louise Andrews	Kenilwort. A	18:37	1:10:01-	5	73	Lucy Robinson	Newcastle. B	25:45	1:33:33+	1
21	Sarah Worley	WorksopHa. A	17:26	1:11:04+	3	74	Sarah James	MasseyFer. A	25:15	1:33:42+	2
22	Esme Ranger	Bromsgrov.	17:48	1:11:11+	1	75	Vicki Rees	SphinxAc. A	23:39	1:34:40+	5
23	Amanda Kelly	CityOfSto. B	17:09	1:11:22+	6	76	Tracy Jefferson	Northbroo. C	26:10	1:34:46+	1
24	Charlotte Baker	Bournvill. A	16:53	1:11:23+	8	77	Suzanne Carvell	DesfordSt.	26:21	1:36:24+	2
25	Ellen Gallie	Notts Ac. A	17:41	1:11:25	0	78	Sarah Franklin	WestBromw. B	23:18	1:38:11+	4
26	Grace Allen	Birmingha. A	16:43	1:11:46+	7	79	Amy Peters	Northbroo. D	24:58	1:42:14+	6
27	Sarah Gill	Halesowen.	18:26	1:12:25	0	80	Catherine Atkinson	Kenilwort. D	25:19	1:42:30+	4
28	Lisa Kendrick	TiptonHar. B	18:43	1:12:39-	2	81	Amy Hooper	CityOfBir. B	23:49	1:44:15+	6
29	Hannah Pease	Shrewsbur. B	18:23	1:12:42+	1	82	Jane Sommerville	DudleyKin. C	25:36	1:45:41+	4
30	Sarah Hayman	Lichfield.	18:35	1:12:47-	2	83	J Elsonwhittaker	DudleyKin. B	21:56	1:48:38+	5
31	Kat Robertson	SpaStride. A	17:58	1:13:13+	3	84	Kelly Dawes	WestBromw. C	24:29	1:51:46+	5
32	Anna Moore	Wolverham. A	21:41	1:13:22-	14	Fastest runners over stage 4:					
33	Victoria Watkins	Worcester.	19:06	1:13:30-	2	1	Bryony Gunn	Birchfiel. A	14:37		
34	Sara Mcnamee	Birchfiel. C	21:03	1:13:59-	13	2	Megan Marchant	WesternTe. A	14:53		
35	Myshola Kirkham	Knowle&Do. A	18:27	1:14:32+	3	3	Juliet Potter	Charnwood. A	15:47		
36	Emma Jeffery	Glouceste. A	19:02	1:15:15+	3	4	Jade Charlton	TiptonHar. A	15:48		
37	Sophie Wright	Rugby&Nor. B	20:31	1:15:47-	2	5	Rosanna Andrews	Rugby&Nor. A	16:03		
38	Emma Morley	Birmingha. B	19:06	1:16:02+	4	6	K Newcombe	Stroud&Di.	16:09		
39	Katherine Kabala	TeamBathA. B	18:22	1:16:10+	8	7	Rachel Nealon	HuncoteHa.	16:11		
40	Katherine Perkins	HinckleyR. A	20:32	1:16:36-	3	8	Nia Nokes	CityOfSto. A	16:11		
41	Rachel Armstrong	Kenilwort. B	19:27	1:16:52+	2	9	Annabelle Wallace	TeamBathA. A	16:22		
42	Rosalind Kelling	BanburyHa.	20:59	1:17:27-	2	10	Emma Powell	WesternTe. B	16:24		
43	Clare Hawling	Cheltenha. A	19:11	1:17:34+	8						
44	Julie Parry	Newcastle. A	20:28	1:18:08+	2						
45	Alison Murphy	Hermitage.	19:30	1:18:14+	7						
46	Annette Belcher	RoyalSutt. B	21:49	1:18:42-	5						
47	Jane Spencer	SwindonHa.	24:06	1:19:28-	11						
48	Sarah Bradbury	Mansfield. B	21:30	1:19:33	0						
49	Carol Blower	Leamingto. B	21:59	1:19:37-	4						
50	Jo Grant	NuneatonH.	20:24	1:19:39+	3						
51	Karen Brewster	Northbroo. A	22:07	1:19:41-	7						
52	Stephanie Parker	ClcStride.	19:12	1:19:49+	2						
53	K Burnettnicholl	Kenilwort. C	19:17	1:20:27+	4						

Midland Counties Road Relays

at Sutton Park on Saturday 23rd September 2023

Senior Women — Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 Western Tempo. 'A' 1:00:18</p> <p>1 Abbie Milnes (3) 14:58 2 Jordan Matthews (1) 15:13 3 Lauren Cooper (1) 15:14 4 Megan Marchant (1) 14:53</p>	<p>18 Royal Sutton Coldfield Ac. 'A' 1:09:39</p> <p>1 Olivia Harris (22) 16:39 2 Georgia Delaney (16) 16:35 3 Ellen Humphreys (16) 18:18 4 Caroline Tarnowski (18) 18:07</p>
<p>2 Birchfield Harriers. 'A' 1:02:38</p> <p>1 Rebecca Straw (7) 15:26 2 Rae Nicholls (6) 16:09 3 Elizabeth Watters (6) 16:26 4 Bryony Gunn (2) 14:37</p>	<p>19 Western Tempo. 'C' 1:09:44</p> <p>1 Amber Watson (14) 16:07 2 Brittany Teague (15) 17:01 3 Izzy Broady (13) 17:56 4 Ruth Jones (19) 18:40</p>
<p>3 Team Bath Ac. 'A' 1:02:43</p> <p>1 Freya Spruit (6) 15:24 2 Bethan Francis (4) 15:45 3 Anna Domville (2) 15:12 4 Annabelle Wallace (3) 16:22</p>	<p>20 Kenilworth Runners. 'A' 1:10:01</p> <p>1 Amy Fuller (10) 15:35 2 Laura Pettifer (13) 17:32 3 Jenny Vaughan (15) 18:17 4 Louise Andrews (20) 18:37</p>
<p>4 Charnwood A.C. 'A' 1:02:55</p> <p>1 Mia Atkinson (1) 14:25 2 Grace Tongue (2) 16:18 3 Aimee Seager (3) 16:25 4 Juliet Potter (4) 15:47</p>	<p>21 Worksop Harriers. 'A' 1:11:04</p> <p>1 Hannah Miller (25) 16:49 2 Charlotte Jones (26) 18:13 3 Madeleine Spencer (24) 18:36 4 Sarah Worley (21) 17:26</p>
<p>5 City Of Stoke Ac. 'A' 1:03:39</p> <p>1 Emma Taylor (4) 15:12 2 Donna Sherwin (3) 15:45 3 Aria Aberleybarker (4) 16:31 4 Nia Nokes (5) 16:11</p>	<p>22 Bromsgrove & Redditch. 1:11:11</p> <p>1 Beth Sykes (11) 15:36 2 Lauren Sykes (19) 18:37 3 Emily Dyer (23) 19:10 4 Esme Ranger (22) 17:48</p>
<p>6 Rugby & Northampton Ac. 'A' 1:04:05</p> <p>1 Lucy Stevens (17) 16:23 2 Madeleine Jacks (14) 16:44 3 Alice Belcher (7) 14:55 4 Rosanna Andrews (6) 16:03</p>	<p>23 City Of Stoke Ac. 'B' 1:11:22</p> <p>1 Niamh Bould (42) 17:49 2 Tiagrace Walford (38) 19:16 3 Chloe Hawkins (29) 17:08 4 Amanda Kelly (23) 17:09</p>
<p>7 Bristol & West Ac. 'A' 1:04:35</p> <p>1 Kate Mactear (12) 15:44 2 Anna Ford (10) 16:43 3 Katrina Entwistle (5) 15:33 4 Hannah Green (7) 16:35</p>	<p>24 Bournville Harriers. 'A' 1:11:23</p> <p>1 Nicola Sykes (21) 16:37 2 Jaeda Goodman (23) 18:17 3 Rebecca Long (32) 19:36 4 Charlotte Baker (24) 16:53</p>
<p>8 Western Tempo. 'B' 1:04:39</p> <p>1 Inca Padfield (13) 15:58 2 Amber Bullingham (9) 16:07 3 J Rockliffe (8) 16:10 4 Emma Powell (8) 16:24</p>	<p>25 Notts Ac. 'A' 1:11:25</p> <p>1 Joanne Clamp (31) 17:13 2 Joanne Spencer (36) 19:42 3 Catherine Charlton (25) 16:49 4 Ellen Gallie (25) 17:41</p>
<p>9 Leamington Cycling & Ac. 'A' 1:06:20</p> <p>1 Rachel Gifford (5) 15:13 2 Rositsa Gugutkova (11) 17:17 3 Monica Williamson (11) 17:01 4 Zara Hadfield (9) 16:49</p>	<p>26 Birmingham Running A&t. 'A' 1:11:46</p> <p>1 Helena Sexton (38) 17:30 2 R Twardochleb (22) 17:22 3 Carly Oneill (33) 20:11 4 Grace Allen (26) 16:43</p>
<p>10 Shrewsbury Ac. 'A' 1:06:34</p> <p>1 Lauren Cooper (8) 15:27 2 Jan Cook (7) 16:33 3 Rachael Handley (10) 17:16 4 Naomi Cook (10) 17:18</p>	<p>27 Halesowen Acc. 1:12:25</p> <p>1 Louise Collins (23) 16:41 2 Ryley Malonepriest (39) 20:28 3 Phoebe Dodd (27) 16:50 4 Sarah Gill (27) 18:26</p>
<p>11 Wreake & Soar Valley. 'A' 1:06:47</p> <p>1 Bethaneve Homer (2) 14:49 2 Lyla Bryan (5) 16:39 3 Jessica Smith (12) 18:51 4 Isabella Wrightam (11) 16:28</p>	<p>28 Tipton Harriers. 'B' 1:12:39</p> <p>1 Jessie Walker (56) 19:30 2 Sallyann Walker (46) 18:10 3 Catherine Holden (26) 16:16 4 Lisa Kendrick (28) 18:43</p>
<p>12 Birchfield Harriers. 'B' 1:07:05</p> <p>1 Meghan Beesley (26) 16:50 2 Susie McManus (12) 15:50 3 Victoria Weir (9) 16:32 4 Samantha Watters (12) 17:53</p>	<p>29 Shrewsbury Ac. 'B' 1:12:42</p> <p>1 Jemma Brown (41) 17:41 2 Eleanor Pitcher (25) 17:17 3 Kate Evason (30) 19:21 4 Hannah Pease (29) 18:23</p>
<p>13 Stroud & District Ac. 1:07:32</p> <p>1 Emily Chandler (15) 16:16 2 Georgina Greenwood (18) 17:18 3 Tanwen Bird (14) 17:49 4 K Newcombe (13) 16:09</p>	<p>30 Lichfield Running Club. 1:12:47</p> <p>1 Hermione Green (18) 16:28 2 Joanna Alsop (35) 20:02 3 Esther Hunt (28) 17:42 4 Sarah Hayman (30) 18:35</p>
<p>14 Tipton Harriers. 'A' 1:07:50</p> <p>1 Katie Hawkins (9) 15:30 2 Sophie Banks (17) 17:55 3 Mya Woodward (20) 18:37 4 Jade Charlton (14) 15:48</p>	<p>31 Spa Striders. 'A' 1:13:13</p> <p>1 Emma Andrews (39) 17:34 2 Annie Cox (44) 19:49 3 Lauren Turner (34) 17:52 4 Kat Robertson (31) 17:58</p>
<p>15 Bristol & West Ac. 'B' 1:08:54</p> <p>1 Megan Powell (30) 17:07 2 Danni Sinclair (21) 17:24 3 C Buckeridge (17) 17:05 4 Sarah Everitt (15) 17:18</p>	<p>32 Wolverhampton & Bilston. 'A' 1:13:22</p> <p>1 Lucy Calrow (19) 16:33 2 Bethany Tabor (8) 15:29 3 Emily Simmonds (18) 19:39 4 Anna Moore (32) 21:41</p>
<p>16 Huncote Harriers. 1:09:20</p> <p>1 Megan Ribton (24) 16:47 2 Tina Tosh (32) 19:14 3 Nicola Nealon (22) 17:08 4 Rachel Nealon (16) 16:11</p>	<p>33 Worcester Ac. 1:13:30</p> <p>1 Emma Robertson (16) 16:21 2 C Hutchison (24) 18:34 3 Emma Oldham (31) 19:29 4 Victoria Watkins (33) 19:06</p>
<p>17 Mansfield Harriers. 'A' 1:09:24</p> <p>1 Molly Johnson (27) 16:53 2 Grace Manson (20) 17:22 3 Paige Roadley (19) 17:45 4 Sophie Toyn (17) 17:24</p>	<p>34 Birchfield Harriers. 'C' 1:13:59</p> <p>1 Salihah Baig (37) 17:29 2 r Jansenvan (27) 17:37 3 Sarah Conway (21) 17:50 4 Sara Mcnamee (34) 21:03</p>

Midland Counties Road Relays

at Sutton Park on Saturday 23rd September 2023

<p>35 Knowle & Dorridge Rc. 'A' 1:14:32</p> <p>1 Jessica Woolley (49) 19:06 2 Anna Delaney (43) 18:15 3 Monica Green (38) 18:44 4 Myshola Kirkham (35) 18:27</p>	<p>52 Clc Striders. 1:19:49</p> <p>1 Amelia Mullins (58) 19:32 2 Laura Leaver (59) 21:45 3 Fiona Brady Miller (54) 19:20 4 Stephanie Parker (52) 19:12</p>
<p>36 Gloucester Ac. 'A' 1:15:15</p> <p>1 Amber Spackman (63) 19:55 2 Seren Jones (41) 17:20 3 Lucy Jeffery (39) 18:58 4 Emma Jeffery (36) 19:02</p>	<p>53 Kenilworth Runners. 'C' 1:20:27</p> <p>1 Haley Cotton (74) 20:32 2 Hannah Jones (63) 21:19 3 Shamira Naidouyoung (57) 19:19 4 K Bumetnicholl (53) 19:17</p>
<p>37 Rugby & Northampton Ac. 'B' 1:15:47</p> <p>1 Alice Bourne (20) 16:34 2 Jemima Lambert (28) 18:55 3 Tilly Lea (35) 19:47 4 Sophie Wright (37) 20:31</p>	<p>54 Heanor Rc. 1:22:45</p> <p>1 Jayne Lynas (64) 19:56 2 Kiera Bailey (58) 20:01 3 Rita Fisher (59) 22:22 4 Katie Davis (54) 20:26</p>
<p>38 Birmingham Running A&t. 'B' 1:16:02</p> <p>1 Helen Pike (46) 18:29 2 Ruth Wilkinson (33) 17:42 3 Leonie Goodwin (42) 20:45 4 Emma Morley (38) 19:06</p>	<p>55 Spa Striders. 'B' 1:23:08</p> <p>1 Ellie Bagshaw (65) 19:57 2 Lucy Walton (67) 22:19 3 Susan Cox (63) 21:16 4 Kirsty Middleton (55) 19:36</p>
<p>39 Team Bath Ac. 'B' 1:16:10</p> <p>1 Florrie Betts (34) 17:20 2 Kalliopi Makraki (40) 19:50 3 Philippa Spruit (47) 20:38 4 Katherine Kabala (39) 18:22</p>	<p>56 Bitton Road Runners. 'A' 1:23:19</p> <p>1 Anna Avery (66) 20:07 2 Robyn Hinsley (53) 18:26 3 Clare Reeve (56) 22:31 4 Julie Matthews (56) 22:15</p>
<p>40 Hinckley Rc. 'A' 1:16:36</p> <p>1 Kelly Wilson (43) 18:15 2 Penny Masser (45) 19:19 3 Jessica Daly (37) 18:30 4 Katherine Perkins (40) 20:32</p>	<p>57 Silson Ac. 1:23:37</p> <p>1 H Stiegerharris (73) 20:29 2 Teresa Cox (82) 25:29 3 Julieann Hammond (65) 18:00 4 Emma Chappleham (57) 19:39</p>
<p>41 Kenilworth Runners. 'B' 1:16:52</p> <p>1 Linda Fullaway (61) 19:50 2 Emma Gamett (51) 18:30 3 Nicola Johnston (43) 19:05 4 Rachel Armstrong (41) 19:27</p>	<p>58 City Of Birmingham Striders. 'A' 1:24:28</p> <p>1 Ellie Jones (53) 19:22 2 Kaylee Germann (55) 19:39 3 Kasia Niedzwiedzka (55) 21:52 4 Vanisa Patel (58) 23:35</p>
<p>42 Banbury Harriers Ac. 1:17:27</p> <p>1 Tilly Lainchbury (35) 17:21 2 Jennifer Critchley (29) 18:12 3 Georgina Newell (40) 20:55 4 Rosalind Kelling (42) 20:59</p>	<p>59 Worksop Harriers. 'B' 1:24:51</p> <p>1 C Rushby (72) 20:25 2 Rachel Silcock (66) 21:50 3 Carol Lonsdale (62) 21:08 4 Natalie Cunningham (59) 21:28</p>
<p>43 Cheltenham & County Harriers. 'A' 1:17:34</p> <p>1 Josephine Wilkie (45) 18:26 2 J Hattonbelliard (52) 19:54 3 Charlotte Kerr (51) 20:03 4 Clare Hawling (43) 19:11</p>	<p>60 Severn Ac. 1:24:58</p> <p>1 Idella Goga (70) 20:19 2 Samantha Watts (65) 21:47 3 Angela Wixey (60) 20:44 4 Megan Brown (60) 22:08</p>
<p>44 Newcastle Staffs Ac. 'A' 1:18:08</p> <p>1 Olivia Cunningham (44) 18:23 2 MCunningham (49) 19:44 3 Jan Cassidy (46) 19:33 4 Julie Parry (44) 20:28</p>	<p>61 Birmingham Running A&t. 'C' 1:25:06</p> <p>1 Cathlyn Bone (69) 20:13 2 Rachel Brown (60) 21:09 3 Julia Gray (66) 22:56 4 Claire Fudge (61) 20:48</p>
<p>45 Hermitage Harriers. 1:18:14</p> <p>1 Joanne Matthews (52) 19:21 2 Kiera Radford (57) 20:11 3 Bridie D'arcy (52) 19:12 4 Alison Murphy (45) 19:30</p>	<p>62 Holme Pierrepont Rc. 1:26:01</p> <p>1 Emiliana Doherty (84) 23:10 2 Ann Gould (71) 20:49 3 Aimee Palace (61) 19:11 4 Tara Ricketts (62) 22:51</p>
<p>46 Royal Sutton Coldfield Ac. 'B' 1:18:42</p> <p>1 Sky Mileto (47) 19:02 2 Martha Wood (47) 18:47 3 Caitlin Oconnor (41) 19:04 4 Annette Belcher (46) 21:49</p>	<p>63 Dudley Kingswinford Rc. 'A' 1:26:08</p> <p>1 Victoria Williams (54) 19:22 2 Kirsty Brook (74) 24:52 3 Kate Powell (68) 21:14 4 Kathryn Sneyd (63) 20:40</p>
<p>47 Swindon Harriers. 1:19:28</p> <p>1 India Ibbotson (32) 17:16 2 Rachel Oram (34) 19:01 3 R Southerington (36) 19:05 4 Jane Spencer (47) 24:06</p>	<p>64 Knowle & Dorridge Rc. 'B' 1:26:18</p> <p>1 Ingrid Rochelle (77) 21:02 2 Nicola Evans (61) 20:21 3 Katie Price (67) 23:29 4 Sallyanne Sheppey (64) 21:26</p>
<p>48 Mansfield Harriers. 'B' 1:19:33</p> <p>1 Beverley Armstrong (62) 19:51 2 Alice Mortiboy (56) 19:28 3 Hannah Jones (48) 18:44 4 Sarah Bradbury (48) 21:30</p>	<p>65 Black Pear Joggers. 'A' 1:26:21</p> <p>1 E Skolimowska (68) 20:11 2 Lorraine Griffiths (62) 21:23 3 Katie Downing (58) 20:21 4 Deborah Band (65) 24:26</p>
<p>49 Leamington Cycling & Ac. 'B' 1:19:37</p> <p>1 Verity Atkins (55) 19:23 2 Ana Lovett (37) 17:41 3 Eve Walpole (45) 20:34 4 Carol Blower (49) 21:59</p>	<p>66 Centurion Rc. 1:29:54</p> <p>1 Sade McKenzie (57) 19:30 2 Kira Bowes (70) 23:58 3 Sian Smith (69) 22:09 4 Sarah Richings (66) 24:17</p>
<p>50 Nuneaton Harriers. 1:19:39</p> <p>1 Emily Negus (28) 16:59 2 Nicola Dutton (50) 21:15 3 Claire Barber (53) 21:01 4 Jo Grant (50) 20:24</p>	<p>67 Tipton Harriers. 'C' 1:30:01</p> <p>1 Sharon Bailey (80) 21:48 2 Kate Williams (75) 22:28 3 Ruth Horton (71) 22:00 4 Alissia Bradley (67) 23:45</p>
<p>51 Northbrook Ac. 'A' 1:19:41</p> <p>1 Amanda Deavey (29) 17:05 2 Debbie Campbell (42) 20:11 3 Jessica Hone (44) 20:18 4 Karen Brewster (51) 22:07</p>	<p>68 Massey Ferguson Rc. 'B' 1:31:19</p> <p>1 Emma Eastwood (85) 23:18 2 Janette Poplewell (64) 18:43 3 Alison Foley (73) 24:45 4 Rachael Allen (68) 24:33</p>

Midland Counties Road Relays

at Sutton Park on Saturday 23rd September 2023

69 Bournville Harriers. 'B' 1:31:22

1 Lucy Burdett (79) 21:45	2 Alice Hopper (73) 22:27
3 Alice Smyth (70) 21:49	4 KO'donnell (69) 25:21

70 West Bromwich Harriers. 'A' 1:31:38

1 Alex Moulton (87) 24:07	2 Laura Walton (83) 22:29
3 Olivia Blezard (75) 21:41	4 Isabel Verney (70) 23:21

71 Aldridge Rc. 1:31:51

1 Amy Johnson (51) 19:20	2 Sally Gordon (69) 23:59
3 Abigail Wright (78) 25:46	4 Anne Kelsall (71) 22:46

72 Sphinx Ac. 'B' 1:32:49

1 Elizabeth Mckinlay (71) 20:23	2 Claire Taylor (76) 23:55
3 Sarah Goodland (81) 26:53	4 Susan Gough (72) 21:38

73 Newcastle Staffs Ac. 'B' 1:33:33

1 Helen Ranford (86) 23:38	2 Susan Twardochleb (81) 22:17
3 Gayl Nixon (74) 21:53	4 Lucy Robinson (73) 25:45

74 Massey Ferguson Rc. 'A' 1:33:42

1 Lizzie Watts (60) 19:48	2 Alison Lowe (79) 25:29
3 Kim Davies (76) 23:10	4 Sarah James (74) 25:15

75 Sphinx Ac. 'A' 1:34:40

1 Phoebe Tully (90) 26:04	2 Lorraine Smith (84) 22:13
3 Victoria O'brien (80) 22:44	4 Vicki Rees (75) 23:39

76 Northbrook Ac. 'C' 1:34:46

1 Natalia Greenhill (76) 20:42	2 Julie Cozens (78) 24:13
3 Ellie Aldridge (77) 23:41	4 Tracy Jefferson (76) 26:10

77 Desford Striders. 1:36:24

1 Sophie Quinn (67) 20:10	2 Catherine Cox (80) 25:38
3 Ann Chandler (79) 24:15	4 Suzanne Carvell (77) 26:21

78 West Bromwich Harriers. 'B' 1:38:11

1 Emily Cresswell (89) 25:11	2 Leah Kendall (85) 23:34
3 Nicola Gibson (82) 26:08	4 Sarah Franklin (78) 23:18

79 Northbrook Ac. 'D' 1:42:14

1 Caroline Hughes (78) 21:35	2 Michelle Edwards (77) 23:01
3 Tracey Cox (85) 32:40	4 Amy Peters (79) 24:58

80 Kenilworth Runners. 'D' 1:42:30

1 E Wilson (91) 26:58	2 Helen Baker (86) 24:08
3 Pauline Dable (84) 26:05	4 Catherine Atkinson (80) 25:19

81 City Of Birmingham Striders. 'B' 1:44:15

1 Lisajayne Arscott (93) 30:05	2 Shannon Oates (90) 24:04
3 Lizzie Mitchell (87) 26:17	4 Amy Hooper (81) 23:49

82 Dudley Kingswinford Rc. 'C' 1:45:41

1 Caroline Phipps (92) 28:38	2 Michelle Marney (91) 25:32
3 Sharon Brotherton (86) 25:55	4 Jane Sommerville (82) 25:36

83 Dudley Kingswinford Rc. 'B' 1:48:38

1 Sue Payton (83) 22:42	2 Tammie Chater (87) 28:26
3 Elizabeth Landers (88) 35:34	4 J Elsonwhittaker (83) 21:56

84 West Bromwich Harriers. 'C' 1:51:46

1 Laura Davis (94) 30:50	2 Michelle Cresswell (92) 29:25
3 Rabina Begum (89) 27:02	4 Kelly Dawes (84) 24:29

Incomplete Teams:

Wreake & Soar Valley. 'B'

1 Rebecca Cullen (36) 17:23	2 Claire Bryan (48) 20:43
3 Cassandra Dodge (49) 20:04	

Telford Ac.

1 Maggie Preece (33) 17:18	2 Cristina Obrien (30) 18:30
3 Lucy Gapper (50) 22:32	

Gloucester Ac. 'B'

1 Grace Hinga (59) 19:33	2 Nicola Waters (68) 23:22
3 Emma Stalberg (64) 20:39	

Hinckley Rc. 'B'

1 Margot Weistroffer (82) 22:25	2 Patricia Holland (72) 21:35
3 Sue Grewcock (72) 22:26	

Northbrook Ac. 'B'

1 Claudie Combelas (81) 22:06	2 Judith Haley (89) 31:17
3 Daisy Evans (83) 22:13	

Newark Ac.

1 Gillian Newbould (48) 19:03	2 Amber Owens (31) 16:49
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Charnwood A C. 'B'

1 Graciere Walters (40) 17:40	2 Alison Foord (54) 21:20
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Birmingham Running A&t. 'D'

1 Louise Dawes (88) 24:46	2 Fardusa Tawfiq (88) 28:19
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City Of Stoke Ac. 'C'

1 Emily Batkin (50) 19:19

Notts Ac. 'B'

1 Katie Speake (75) 20:37

Fastest of all legs

1 Mia Atkinson	Charnwood.	A	14:25(1)
2 Bryony Gunn	Birchfiel.	A	14:37(4)
3 Bethaneve Homer	Wreake&So.	A	14:49(1)
4 Megan Marchant	WesternTe.	A	14:53(4)
5 Alice Belcher	Rugby&Nor.	A	14:55(3)
6 Abbie Milnes	WesternTe.	A	14:58(1)
7 Anna Domville	TeamBathA.	A	15:12(3)
= Emma Taylor(V35)	CityOfSto.	A	15:12(1)
9 Rachel Gifford	Leamingto.	A	15:13(1)
= Jordan Matthews	WesternTe.	A	15:13(2)