

Midland Counties Road Relays at Sutton Park on Saturday 23rd September 2023

- Senior Men Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Jack Millar	Bristol&We A	17:34	66	James Pickering	LichfieldR	20:37
2	Joshua Lay	Rugby&Nort A	17:40	67	Joby Hobbs	WesternTem E	20:40
3	George Beardmore	WorcesterA	17:41	68	Peter Boyd	Cheltenham A	20:45
4	Daniel Galloway	TelfordAc A	17:46	69	Chris Ward	NewarkAc B	20:48
5	Alex Hampson	MansfieldH A	17:48	70	Simon Dill	SwindonHar D	20:52
6	Matthew Nelson	WesternTem A	18:01	71	Jack Speake	NottsAc C	20:58
7	Scott Hudspith	CoventryGo A	18:11	72	John Mac	HinckleyRC A	20:59
8	Matthew Howard	NorthSomer A	18:12	73	Rob Cooke	CityOfBirm A	21:01
9	Jenson Williams	Solihull&S	18:14	74	Paul Brady	MasseyFerg A	21:02
10	Stuart Spencer	NottsAc A	18:15	75	Jamie Bell	Cheltenham B	21:04
11	Matt Scarsbrook	Birchfield B	18:20	76	Alex Dicken	AldridgeRc B	21:05
12	Dylan Stoneman	TeamBathAC A	18:22	77	Archie Fox	SevernAc B	21:15
13	Richard Decamps	Gloucester A	18:23	78	Lewis Tarnaiwilson	SuttonInAs	21:16
14	Adam Hill	Birmingham A	18:24	79	Nathan Adams	HuncoteHar	21:17
15	James Vaughan	Birchfield A	18:25	80	Sam Godwin	NottsAc D	21:21
16	Ben Lines	SwindonHar A	18:28	81	Barry Lloyd	RoyalSutto B	21:22
17	Andrew Parkinson	RoyalSutto A	18:29	82	Thomas Smith	Birchfield C	21:26
18	Nick Hardy	TiptonHarr A	18:33	83	Pete Stafford	Northbrook A	21:27
19	Tesfay Teweled	Birmingham C	18:36	84	Dylan Illidge	Wolverhamp B	21:29
20	Alexander Adams	Bromsgrove A	18:37	85	Daniel Durn	DudleyKing A	21:34
21	David Brewis	SphinxAc A	18:41	86	Henry Brady	WorksopHar B	21:44
22	Daniel Robinson	Birmingham B	18:42	87	Aiden Wiffen	TeamBathAC B	21:47
23	Ethan O'shea	CharnwoodA A	18:44	88	Mike Mansfield	Gloucester B	21:49
24	Tom Evetts	WesternTem B	18:46	89	Oliver Flippance	Kenilworth A	21:54
25	AlexPercy	HermitageH	19:01	90	Gavin Mccaugherty	WesternTem F	21:55
26	Alastair Cambell	Stroud&Dis A	19:02	91	Ben Mcclemens	MansfieldH B	22:07
27	Shajahan Janally	CityOfStok A	19:03	92	Nick Price	HalesowenA C	22:12
28	Daniel Turner	Wolverhamp A	19:04	93	Joshua Bough	Bournville B	22:16
29	Liam Rawlings	Shrewsbury A	19:07	94	Nicholas Moore	HinckleyRC B	22:35
30	Joshua Morland	WestburyHa A	19:08	95	Keith Wilson	SpaStrider A	22:41
31	Joseph Donkin	HalesowenA A	19:12	96	Andrew Freeman	Bromsgrove B	22:42
32	Jack Wilkinson	NorthSomer B	19:12	97	Mark Dewhirst	Stourbridg	22:43
33	Courtenay Chessell	SwindonHar B	19:14	98	Dean Cross	HeanorRC B	22:44
34	Jacob Droogmans	NewcastleS A	19:14	99	Nathan Pettit	SevernAc C	22:45
35	Stanley Doxey	Leamington	19:15	100	N Hitchcroft	Stroud&Dis B	22:47
36	Robert Farley	BittonRoad	19:18	101	Matt Lambourne	WesternTem G	22:51
37	Rob Green	ClcStrider	19:20	102	Carl Follows	HalesowenA D	23:03
38	Josh Moody	Bristol&We B	19:23	103	David Gresswell	Gloucester C	23:08
39	Miles Chandler	Bristol&We C	19:28	104	Elliott Beard	BlackPearJ	23:13
40	Steve Kenyon	SevernAc A	19:30	105	Damian Pharoah	Northbrook C	23:17
41	Andy Harding	HeanorRC A	19:31	106	Chris Treble	WestburyHa B	23:37
42	Adam Bodin	Dudley&Sto	19:33	107	Iain Roebuck	SpaStrider B	23:38
43	AlexAdie	DesfordStr A	19:34	108	Karl Moore	WestBromwi B	23:43
44	Liam Colahan	WesternTem C	19:35	109	Colin Bailey	Kenilworth B	23:45
45	Richard Bayliss	Bournville A	19:36	110	Carl Horton	Birmingham D	23:50
46	Ryan Deakin	WestBromwi A	19:38	111	Andrew Prophet	WesternTem H	23:53
47	Josh Burns	SwindonHar C	19:47	112	Dave Mclean	SphinxAc B	24:02
48	Daniel Roberts	BanburyHar	19:49	113	John Mckeeon	Birmingham E	24:14
49	Matt Hipwell	Knowle&Dor B	19:50	114	Chris Cleaver	CenturionR	24:16
50	Alistair Mcdonnell	Rugby&Nort B	19:51	115	Ryan Francis	DesfordStr B	24:19
51	Connor Middleton	Shrewsbury B	19:52	116	Alfie Brusch	CoventryGo C	24:28
52	Gareth Wainwright	Knowle&Dor A	19:53	117	Stuart Whysall	MansfieldH C	24:41
53	Jamie Frost	ErmeValley	19:54	118	Stuart Cassidy	NewcastleS B	24:53
54	Liam Harrold	AldridgeRc A	19:56	119	Mark Eastwood	MasseyFerg B	25:10
55	Patric Clark	NottsAc B	19:58	120	SmitäAlan	Northbrook B	25:17
56	Karl Quiney	TiptonHarr B	20:01	121	Balal Qureshi	CityOfBirm B	25:21
57	Martin Pratt	TrenthamRc	20:16	122	Paul Robbins	Northbrook D	25:34
58	Ben Pearson	NewarkAc A	20:18	123	Paul Cherry	CharnwoodA B	26:23
59	Andrew Boon	CoventryGo B	20:19	124	Peter Austin	Knowle&Dor C	26:26
60	Alex Smith	WesternTem D	20:21	125	T Dunne	DudleyKing B	27:28
61	Ryan Ashforth	Cannock&St	20:23	126	Matt Allen	HalesowenA E	27:59
62	Thomas Shaw	WorksopHar A	20:24	127	Mark Homer	(DudleyKing C)	28:34
63	Daniel Ray	CityOfStok B	20:29	128	Tajinder Gill	CityOfBirm C	29:01
64	Joshua Cannell	KetteringT	20:34	129	Stewart Crowton	Bournville C	30:10
65	Ian Higgins	TelfordAc B	20:36				

Midland Counties Road Relays at Sutton Park on Saturday 23rd September 2023

- Senior Men Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Daniel Studley	Bristol&We A	18:15	35:49	0	74	Charlie Marshall	WesternTem F	21:12	43:07+	16
2	Haydn Arnall	Rugby&Nort A	18:15	35:55	0	75	John Clarke	MasseyFerg A	22:09	43:11-	1
3	Joseph Tuffin	Birmingham A	17:46	36:10+	11	76	Chris Else	TeamBathAC B	21:25	43:12+	11
4	Jack Bancroft	WesternTem A	18:24	36:25+	2	77	Phil Woods	HuncoteHar	21:57	43:14+	2
5	Dominic Smith	Birchfield A	18:01	36:26+	10	78	Shaman Asghar	SevernAc B	22:06	43:21-	1
6	Ben Holmes	Solihull&S	18:12	36:26+	3	79	Leigh Reeve	Kenilworth A	21:29	43:23+	10
7	Thomas Gostelow	NorthSomer A	18:18	36:30+	1	80	Tony James	KetteringT	22:52	43:26-	16
8	Lewis Boswell	MansfieldH A	18:54	36:42-	3	81	Steve Coldicott	Stourbridg	20:51	43:34+	16
9	Harry Woods	SwindonHar A	18:20	36:48+	7	82	Stephen Buck	Rugby&Nort B	23:49	43:40-	32
10	Pierce Clisham	CoventryGo A	18:44	36:55-	3	83	Matthew Wood	BittonRoad	24:36	43:54-	47
11	Luke Davis	WesternTem B	18:17	37:03+	13	84	Jay Doukas	BlackPearJ	21:05	44:18+	20
12	Jack Cole	TelfordAc A	19:21	37:07-	8	85	Thomas Archer	AldridgeRc B	23:32	44:37-	9
13	Michael Banks	TiptonHarr A	18:42	37:15+	5	86	Graham Davis	Gloucester B	22:53	44:42+	2
14	Daniel Swain	Birchfield B	18:55	37:15-	3	87	Ben Stone	WestburyHa B	21:10	44:47+	19
15	Matthew Williams	NottsAc A	19:11	37:26-	5	88	John Hayes	CityOfBirm A	24:00	45:01-	15
16	Luke Richardson	Bromsgrove A	18:57	37:34+	4	89	Calvin Scoltock	Bromsgrove B	22:37	45:19+	7
17	Ellis Garamszegi	Shrewsbury A	18:30	37:37+	12	90	Joseph Flatley	Wolverhamp B	24:11	45:40-	6
18	Lewis Roberts	WorcesterA	20:00	37:41-	15	91	Chris Johnson	WorksopHar B	24:00	45:44-	5
19	Frazer Knowles	Leamington	18:27	37:42+	16	92	James Taylor	NewcastleS B	21:03	45:56+	26
20	Seamus Robinson	WestburyHa A	18:48	37:56+	10	93	Mark Gatenby	DudleyKing A	24:26	46:00-	8
21	E. Smithrasnussen	NewarkAc A	17:40	37:58+	37	94	Adam Mills	DesfordStr A	26:36	46:10-	51
22	Christian Hine	RoyalSutto A	19:31	38:00-	5	95	Phillip Scarr	HalesowenA C	24:15	46:27-	3
23	Aaron Pritchard	TeamBathAC A	19:45	38:07-	11	96	George Lynch	Bournville B	24:14	46:30-	3
24	Steve Turner	Birmingham B	19:29	38:11-	2	97	Gethyn Friswell	SpaStrider A	24:01	46:42-	2
25	Joe Rainsford	HeanorRC A	18:53	38:24+	16	98	Russell Myatt	CenturionR	22:30	46:46+	16
26	Charlie Worsfold	Gloucester A	20:06	38:29-	13	99	Jacob Muskett	Stroud&Dis B	24:02	46:49+	1
27	Mark Couldwell	CharnwoodA A	19:47	38:31-	4	100	Scott Wigman	HeanorRC B	24:16	47:00-	2
28	Stuart Fisher	CityOfStok A	19:28	38:31-	1	101	Lloyd Davies	WesternTem G	24:09	47:00-	0
29	Alister Liscott	Stroud&Dis A	19:35	38:37-	3	102	Robert Blackmun	WesternTem H	23:52	47:45+	9
30	William Christofi	Bristol&We B	19:16	38:39+	8	103	Duncan Myford	SuttonInAs	26:36	47:52-	25
31	James Thomas	HalesowenA A	19:30	38:42	0	104	Stephen Plummer	WestBromwi B	24:17	48:00+	4
32	Harry Dyall	Wolverhamp A	19:39	38:43-	4	105	Matt Leydon	SpaStrider B	24:26	48:04+	2
33	T Osborne	Dudley&Sto	19:19	38:52+	9	106	Peter Jeffery	Gloucester C	25:00	48:08-	3
34	Cortney Edie	AldridgeRc A	19:10	39:06+	20	107	A Dolphinrowland	HinckleyRC B	25:34	48:09-	13
35	Joseph Willgoss	ClcStrider	19:49	39:09+	2	108	Andrew Boulton	MansfieldH C	23:35	48:16+	9
36	Ben Hope	SevernAc A	19:54	39:24+	4	109	Michael Stephenson	SevernAc C	25:35	48:20-	10
37	Matthew Gilvear	ErmeValley	19:32	39:26+	16	110	Mark Griffiths	Birmingham D	24:50	48:40	0
38	Aaron Bruce	Bristol&We C	20:09	39:37+	1	111	Simonrobert Duck	HalesowenA D	25:41	48:44-	9
39	Lewis Nagington	NewcastleS A	20:25	39:39-	5	112	Lee Newark	Northbrook C	26:31	49:48-	7
40	C Burrows	Birmingham C	21:04	39:40-	21	113	Graham Hobbs	DesfordStr B	26:51	51:10+	2
41	Oli Moore	WestBromwi A	20:02	39:40+	5	114	Anthony O'brien	SphinxAc B	27:31	51:33-	2
42	Jack Edwards	SphinxAc A	21:00	39:41-	21	115	Matthew Allen	CityOfBirm B	26:14	51:35+	6
43	Gary Obrien	SwindonHar C	20:03	39:50+	4	116	Paul Curtis	MasseyFerg B	26:38	51:48+	3
44	Tom Whetton	WesternTem C	20:17	39:52	0	117	Andy Hyland	Northbrook B	27:39	52:56+	3
45	Isaac Henderson	Cheltenham A	19:14	39:59+	23	118	Martin Broomfield	Kenilworth B	30:20	54:05-	9
46	Omer Homer	SwindonHar B	20:52	40:06-	13	119	Kevin Coughlan	Northbrook D	29:53	55:27+	3
47	Edward Griffiths	CoventryGo B	19:57	40:16+	12	120	Cameron Brown	Knowle&Dor C	29:05	55:31+	4
48	Tom Dejong	NottsAc B	20:21	40:19+	7	121	Nigel Scoggins	CharnwoodA B	29:20	55:43+	2
49	James Stuart	Shrewsbury B	20:28	40:20+	2	122	David Nunezbecerra	CityOfBirm C	27:22	56:23+	6
50	William Kennedy	WesternTem D	20:00	40:21+	10	123	Robert Jones	DudleyKing B	29:21	56:49+	2
51	Sam Bentham	Bournville A	20:49	40:25-	6	124	Peter Stevens	(DudleyKing C)	28:41	57:15+	3
52	William Douglas	WesternTem E	19:51	40:31+	15	125	Ian Priest	HalesowenA E	33:28	1:01:27+	1
53	Jonathan Bradford	Birchfield C	19:17	40:43+	29	126	Michael Mcdermott	Bournville C	31:18	1:01:28+	3
54	Rohan Patel	TiptonHarr B	20:43	40:44+	2	127	Sandeep Dhani	Birmingham E	39:27	1:03:41-	14
55	Ben Rhodes	WorksopHar A	20:22	40:46+	7	Fastest runners over stage 2:					
56	Ryan Simms	LichfieldR	20:10	40:47+	10	1	E. Smithrasnussen	NewarkAc A	17:40		
57	James Mccann	Cannock&St	20:45	41:08+	4	2	Joseph Tuffin	Birmingham A	17:46		
58	Peter Armstrong	HermitageH	22:11	41:12-	33	3	Dominic Smith	Birchfield A	18:01		
59	Gary Polhill	Knowle&Dor A	21:23	41:16-	7	4	Ben Holmes	Solihull&S	18:12		
60	Adrian Mcbride	Northbrook A	19:55	41:22+	23	5	Haydn Arnall	Rugby&Nort A	18:15		
61	David Carbutt	Knowle&Dor B	21:47	41:37-	12	6	Daniel Studley	Bristol&We A	18:15		
62	Ian Smith	HinckleyRC A	20:39	41:38+	10	7	Luke Davis	WesternTem B	18:17		
63	Max Davies	NorthSomer B	22:34	41:46-	31	8	Thomas Gostelow	NorthSomer A	18:18		
64	Martin Foster	Cheltenham B	20:55	41:59+	11	9	Harry Woods	SwindonHar A	18:20		
65	David Robinson	NewarkAc B	21:12	42:00+	4	10	Jack Bancroft	WesternTem A	18:24		
66	Archie Street	BanburyHar	22:17	42:06-	18						
67	Finlay Hutchinson	NottsAc C	21:27	42:25+	4						
68	Nick Crees	RoyalSutto B	21:09	42:31+	13						
69	Brendon Millman	TelfordAc B	21:56	42:32-	4						
70	Dan Salt	CityOfStok B	22:06	42:35-	7						
71	Ben McIntyre	SwindonHar D	21:51	42:43-	1						
72	Drew Hurst	MansfieldH B	20:53	43:00+	19						
73	Martin Mcguigan	TrenthamRc	22:50	43:06-	16						

Midland Counties Road Relays at Sutton Park on Saturday 23rd September 2023

- Senior Men Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain	
1	Max Davis	Bristol&We	A	17:30	53:19	0	72	Tommy Davies	WesternTem	F	21:33	1:04:40+ 2
2	Charlie Davis	Birmingham	A	17:45	53:55+	1	73	Craig Wescott	NottsAc	C	22:20	1:04:45- 6
3	Adam Wright	Rugby&Nort	A	18:12	54:07-	1	74	Paul Bentley	Knowle&Dor	B	23:23	1:05:00- 13
4	Ed Banks	Birchfield	A	18:07	54:33+	1	75	Joshuadavid Evans	TelfordAc	B	22:50	1:05:22- 6
5	Ben Price	WesternTem	A	18:15	54:40-	1	76	C Anderson	SevernAc	B	22:15	1:05:36+ 2
6	Alfie Hocking	NorthSomer	A	18:35	55:05+	1	77	Owen Davies	TeamBathAC	B	22:41	1:05:53- 1
7	Philip Wylie	WesternTem	B	18:29	55:32+	4	78	Lee Palmer	Stourbridg		22:33	1:06:07+ 3
8	Fletcher Hart	SwindonHar	A	19:04	55:52+	1	79	Henry Gibbs	Bromsgrove	B	21:05	1:06:24+ 10
9	Jamie Hnatushka	CoventryGo	A	19:09	56:04+	1	80	Matthew Patten	HuncoteHar		24:09	1:07:23- 3
10	Jake Greenhalgh	MansfieldH	A	19:30	56:12-	2	81	Simon Neale	MasseyFerg	A	24:13	1:07:24- 6
11	George Phillips	NottsAc	A	18:47	56:13+	4	82	Iestyn Rimmer	CityOfBirm	A	22:54	1:07:55+ 6
12	Shaun Evans	Birchfield	B	19:14	56:29+	2	83	Chris Nield	Gloucester	B	23:22	1:08:04+ 3
13	Will Massey	WestburyHa	A	18:48	56:44+	7	84	Julian Waldron	TrenthamRc		25:13	1:08:19- 11
14	Mark Appleton	Bromsgrove	A	19:12	56:46+	2	85	Matthew Robinson	NewcastleS	B	22:25	1:08:21+ 7
15	Paul Aston	Shrewsbury	A	19:22	56:59+	2	86	Alastair Blackwood	WestburyHa	B	23:37	1:08:24+ 1
16	Jake Williamson	Birmingham	B	18:50	57:01+	8	87	Kieran Golding	SwindonHar	D	25:47	1:08:30- 16
17	Dean Mawby	Leamington		19:28	57:10+	2	88	David Newport	Wolverhamp	B	22:53	1:08:33+ 2
18	C Patterson	HeanorRC	A	18:47	57:11+	7	89	William New	WesternTem	G	21:50	1:08:50+ 12
19	Joseph Read	TiptonHarr	A	19:59	57:14-	6	90	Duncan Gould	AldridgeRc	B	24:19	1:08:56- 5
20	Aidan Daniel	TeamBathAC	A	19:10	57:17+	3	91	George Allen	HalesowenA	C	22:35	1:09:02+ 4
21	Samuel Davey	WorcesterA		19:40	57:21-	3	92	Jamie Hudson	DudleyKing	A	23:11	1:09:11+ 1
22	Oliver Carvell	TelfordAc	A	20:17	57:24-	10	93	Adam Jonczyk	WorksopHar	B	23:44	1:09:28- 2
23	David Sutton	RoyalSutto	A	19:25	57:25-	1	94	Jack Cooke	MansfieldH	C	21:33	1:09:49+ 14
24	Keelan Hopewell	Solihull&S		21:03	57:29-	18	95	John Sowden	Stroud&Dis	B	23:23	1:10:12+ 4
25	Steven Marriott	CityOfStok	A	18:59	57:30+	3	96	Michael Burrows	CenturionR		23:27	1:10:13+ 2
26	William Tucker	NewarkAc	A	20:06	58:04-	5	97	Jason Hemming	SpaStrider	A	23:36	1:10:18 0
27	Tyler Hawley	Wolverhamp	A	19:34	58:17+	5	98	Chris Wallace	SpaStrider	B	22:22	1:10:26+ 7
28	Samuel Crowther	Gloucester	A	20:30	58:59-	2	99	John Queenan	HeanorRC	B	23:39	1:10:39+ 1
29	Lee Gawler	Bristol&We	C	19:27	59:04+	9	100	Gareth Jones	BlackPearJ		26:32	1:10:50- 16
30	Harry Edwards	SwindonHar	C	19:17	59:07+	13	101	Thomas Newbold	NewarkAc	B	29:05	1:11:05- 36
31	David Ratcliffe	Dudley&Sto		20:19	59:11+	2	102	Tim Lowrie	WesternTem	H	23:51	1:11:36 0
32	Jarratt Perkins	NottsAc	B	18:53	59:12+	16	103	Chris Crabbe	WestBromwi	B	24:22	1:12:22+ 1
33	Nathan Hackley	SwindonHar	B	19:14	59:20+	13	104	Rich Frape	SevernAc	C	24:27	1:12:47+ 5
34	Quentin Oury	AldridgeRc	A	20:15	59:21 0		105	Chris Hamlett	Bournville	B	26:51	1:13:21- 9
35	Andrew Butler	HalesowenA	A	20:51	59:33-	4	106	Paul Cannon	Birmingham	D	24:45	1:13:25+ 4
36	Alexander Jones	WesternTem	C	19:44	59:36+	8	107	Neil Hobbs	Gloucester	C	25:42	1:13:50- 1
37	Benjamin Brereton	NewcastleS	A	20:03	59:42+	2	108	Gavin Heward	DesfordStr	A	28:12	1:14:22- 14
38	Benjamin Stanaway	WestBromwi	A	20:23	1:00:03+	3	109	Jonathan Vardy	Northbrook	C	25:08	1:14:56+ 3
39	Harrison Miles	Cheltenham	A	20:05	1:00:04+	6	110	Martin Greensmith	SuttonInAs		27:36	1:15:28- 7
40	Graham Peacock	CharnwoodA	A	21:34	1:00:05-	13	111	Jamie Sircom	HalesowenA	D	26:47	1:15:31 0
41	Peter Brookes	TiptonHarr	B	19:22	1:00:06+	13	112	Richard Mckenna	CityOfBirm	B	25:43	1:17:18+ 3
42	Samuel Baylis	ClcStrider		20:59	1:00:08-	7	113	James Oulton	DesfordStr	B	27:17	1:18:27 0
43	Daniel Taylor	CoventryGo	B	20:02	1:00:18+	4	114	Andrew Popplewell	MasseyFerg	B	27:58	1:19:46+ 2
44	Chris Brown	SevernAc	A	20:58	1:00:22-	8	115	Rhys Robbins	Northbrook	B	27:21	1:20:17+ 2
45	Pawel Langer	SphinxAc	A	20:48	1:00:29-	3	116	Fintan Mcsharry	SphinxAc	B	29:00	1:20:33- 2
46	Peter Douglass	WesternTem	E	20:09	1:00:40+	6	117	Ryan Baker	Kenilworth	B	26:31	1:20:36+ 1
47	Graham Reed	ErmeValley		21:16	1:00:42-	10	118	Spencer Davies	Northbrook	D	25:52	1:21:19+ 1
48	Ryan Knight	WesternTem	D	20:25	1:00:46+	2	119	Gary Carlile	HinckleyRC	B	33:56	1:22:05- 12
49	Thomas Eustace	Cannock&St		19:40	1:00:48+	8	120	John Parkin	Knowle&Dor	C	26:53	1:22:24 0
50	Carl Aveyard	Shrewsbury	B	20:34	1:00:54-	1	121	Liam Simner	(DudleyKing	C)	26:22	1:23:37+ 3
51	Khumchoojoonpijarn	Birmingham	C	21:19	1:00:59-	11	122	Joshua Dyal	CityOfBirm	C	30:27	1:26:50 0
52	Benjamin Gregory	Stroud&Dis	A	22:24	1:01:01-	23	123	Alexander Kennedy	HalesowenA	E	26:53	1:28:20+ 2
53	Owain Jones	Bristol&We	B	22:43	1:01:22-	23	124	Robert Langford	DudleyKing	B	31:52	1:28:41- 1
54	Dominic Fielding	WorksopHar	A	20:47	1:01:33+	1	125	Kevin Peace	Bournville	C	30:11	1:31:39+ 1
55	James Ashley	Bournville	A	21:09	1:01:34-	4	126	David Sansom	Birmingham	E	30:31	1:34:12+ 1
56	Jonathan Estridge	Birchfield	C	21:00	1:01:43-	3	Fastest runners over stage 3:					
57	Daniel Stevens	Northbrook	A	20:54	1:02:16+	3	1	Max Davis	Bristol&We	A	17:30	
58	Torsten Roesler	Knowle&Dor	A	21:19	1:02:35+	1	2	Charlie Davis	Birmingham	A	17:45	
59	Daniel Prior	HermitageH		21:25	1:02:37-	1	3	Ed Banks	Birchfield	A	18:07	
60	Ben Masser	HinckleyRC	A	21:20	1:02:58+	2	4	Adam Wright	Rugby&Nort	A	18:12	
61	Callum Day	NorthSomer	B	21:23	1:03:09+	2	5	Ben Price	WesternTem	A	18:15	
62	Richie Talbot	MansfieldH	B	20:17	1:03:17+	10	6	Philip Wylie	WesternTem	B	18:29	
63	Matthew Everett	Rugby&Nort	B	19:48	1:03:28+	19	7	Alfie Hocking	NorthSomer	A	18:35	
64	Ruben Snelson	BanburyHar		21:33	1:03:39+	2	8	George Phillips	NottsAc	A	18:47	
65	Josh Roura	CityOfStok	B	21:11	1:03:46+	5	9	C Patterson	HeanorRC	A	18:47	
66	Thomas Lloyd	RoyalSutto	B	21:21	1:03:52+	2	10	Will Massey	WestburyHa	A	18:48	
67	Konrad Wainaina	LichfieldR		23:12	1:03:59-	11						
68	Elliot Prince	Cheltenham	B	22:07	1:04:06-	4						
69	Joshua Geddes	KetteringT		20:53	1:04:19+	11						
70	Harry Purewal	Kenilworth	A	21:04	1:04:27+	9						
71	Philip Barker	BittonRoad		20:33	1:04:27+	12						

Midland Counties Road Relays at Sutton Park on Saturday 23rd September 2023

- Senior Men Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain					
1	Jonathan Thewlis	Bristol&We A	18:12	1:11:31	0	72	Owen Davies	LichfieldR	22:44	1:26:43- 5
2	Jethro Mcgraw	Birmingham A	17:55	1:11:50	0	73	Isaac Mcadam	SwindonHar D	19:16	1:27:46+ 14
3	Dom James	WesternTem A	17:37	1:12:17+	2	74	David Clarke	SevernAc B	22:27	1:28:03+ 2
4	Ben Musgrove	Rugby&Nort A	18:20	1:12:27-	1	75	James Pigot	TeamBathAC B	22:16	1:28:09+ 2
5	Jason Bennett	Birchfield A	18:12	1:12:45-	1	76	Kevin Fisher	Bromsgrove B	22:04	1:28:28+ 3
6	Benjamin Hamblin	NorthSomer A	18:23	1:13:28	0	77	Jonathan Mahoney	TelfordAc B	23:48	1:29:10- 2
7	Simon Byrne	SwindonHar A	17:37	1:13:29+	1	78	Michael Day	Knowle&Dor B	24:29	1:29:29- 4
8	Matthew Brunnock	WesternTem B	18:23	1:13:55-	1	79	Chris Nealon	HuncoteHar	22:41	1:30:04+ 1
9	Jack Holland	NottsAc A	19:02	1:15:15+	2	80	Robert Woodward	Stourbridg	23:58	1:30:05- 2
10	M Costello	Shrewsbury A	18:41	1:15:40+	5	81	James Corden	CityOfBirm A	22:47	1:30:42+ 1
11	Ben Burnham	MansfieldH A	19:30	1:15:42-	1	82	Adam Busby	WestburyHa B	22:29	1:30:53+ 4
12	Joe Mcleod	CoventryGo A	19:41	1:15:45-	3	83	Jack Mcconnell	HalesowenA C	21:55	1:30:57+ 8
13	William Mckemey	Birmingham B	18:54	1:15:55+	3	84	Ben Hampson	MansfieldH C	21:10	1:30:59+ 10
14	Arty Wilsonspence	WorcesterA	18:38	1:15:59+	7	85	Tony Cheema	Wolverhamp B	22:35	1:31:08+ 3
15	Orlando Corea	Birchfield B	19:35	1:16:04-	3	86	James Morgan	WesternTem G	22:49	1:31:39+ 3
16	Joe Smith	TiptonHarr A	18:51	1:16:05+	3	87	Ryan Noon	AldridgeRc B	22:49	1:31:45+ 3
17	Elliott Avis	TeamBathAC A	18:50	1:16:07+	3	88	Daniel Fleming	SpaStrider A	21:30	1:31:48+ 9
18	Liam Hendricken	CityOfStok A	19:14	1:16:44+	7	89	Lee Smith	Gloucester B	23:54	1:31:58- 6
19	David Gemmell	Bromsgrove A	20:07	1:16:53-	5	90	Peter Paprcka	MasseyFerg A	24:47	1:32:11- 9
20	Alexander Wilson	WestburyHa A	20:18	1:17:02-	7	91	James Holliday	Stroud&Dis B	22:52	1:33:04+ 4
21	Jai Sispal	Leamington	20:02	1:17:12-	4	92	Richard Jones	DudleyKing A	24:07	1:33:18 0
22	Jedid Mensah	TelfordAc A	19:58	1:17:22 0	93	93	Harry Julian	TrenthamRc	25:18	1:33:37- 9
23	Alex Seabright	RoyalSutto A	19:58	1:17:23 0	94	94	Lee Kempson	NewcastleS B	25:29	1:33:50- 9
24	James Neilson	Wolverhamp A	19:12	1:17:29+	3	95	Dominic Ayton	WorksopHar B	24:47	1:34:15- 2
25	Ethan Rowley	HeanorRC A	20:24	1:17:35-	7	96	Jason Gilligan	CenturionR	24:34	1:34:47 0
26	Thomas Braithwaite	NewarkAc A	19:44	1:17:48 0	97	97	Nick Currie	WesternTem H	23:37	1:35:13+ 5
27	Alex Lee	WesternTem C	18:34	1:18:10+	9	98	Ian Davis	SpaStrider B	25:48	1:36:14 0
28	Ethan Pierce	SwindonHar B	19:01	1:18:21+	5	99	Peter Edwards	HeanorRC B	25:51	1:36:30 0
29	Andrew Drake	Bristol&We C	19:46	1:18:50 0	100	100	Tom Newbould	NewarkAc B	25:45	1:36:50+ 1
30	Tomas Maidment	Solihull&S	21:26	1:18:55-	6	101	Steven Hill	Birmingham D	23:58	1:37:23+ 5
31	John Muddeman	NottsAc B	20:16	1:19:28+	1	102	Richard Davies	Bournville B	24:31	1:37:52+ 3
32	Theo Cinnamon	SwindonHar C	20:22	1:19:29-	2	103	Michael Errington	SevernAc C	25:28	1:38:15+ 1
33	Sam Butler	WesternTem D	19:16	1:20:02+	15	104	Ashley Taylor	BlackPearJ	28:06	1:38:56- 4
34	Charlie Coles	Gloucester A	21:13	1:20:12-	6	105	Robert Mann	WestBromwi B	27:36	1:39:58- 2
35	Gary Worrall	Dudley&Sto	21:09	1:20:20-	4	106	Daniel Crow	SuttonInAs	24:31	1:39:59+ 4
36	Andrew Watt	Bristol&We B	19:01	1:20:23+	17	107	Benjamin Griffiths	Gloucester C	26:36	1:40:26 0
37	Joel Frost	Cheltenham A	20:30	1:20:34+	2	108	Bill Nock	HalesowenA D	25:30	1:41:01+ 3
38	Bill Chesters	Cannock&St	19:47	1:20:35+	11	109	Craig Webb	Northbrook C	26:37	1:41:33 0
39	Peter Stephens	SevernAc A	20:13	1:20:35+	5	110	Craig Holmes	Northbrook B	22:15	1:42:32+ 5
40	Chris Roxburgh	WesternTem E	19:55	1:20:35+	6	111	Henry Metcalf	CityOfBirm B	26:38	1:43:56+ 1
41	James Hoult	HalesowenA A	21:06	1:20:39-	6	112	Alan Mcdougall	MasseyFerg B	24:17	1:44:03+ 2
42	Sam Palmer	SphinxAc A	20:55	1:21:24+	3	113	Matthew Atkinson	Kenilworth B	25:02	1:45:38+ 4
43	Craig Taylor	NewcastleS A	21:49	1:21:31-	6	114	Ian Birnie	DesfordStr A	31:57	1:46:19- 6
44	Korey Hazlewood	TiptonHarr B	21:28	1:21:34-	3	115	Andrew Winn	SphinxAc B	26:47	1:47:20+ 1
45	Luke White	AldridgeRc A	22:14	1:21:35-	11	116	Lee Randall	HinckleyRC B	26:21	1:48:26+ 3
46	James Jefferson	WestBromwi A	21:42	1:21:45-	8	117	Sam Tyler	DISQUALIFIED	27:25	1:51:02+ 4
47	John Comer	ClcStrider	21:51	1:21:59-	5	118	Adrian Lowe	Northbrook D	29:55	1:51:14 0
48	Peter Eccleston	CoventryGo B	21:48	1:22:06-	5	119	Naved Akhtar	CityOfBirm C	27:01	1:53:51+ 3
49	Joe Phillips	Stroud&Dis A	21:32	1:22:33+	3	120	Steven Horton	HalesowenA E	28:05	1:56:25+ 3
50	J Malecki	Birchfield C	21:05	1:22:48+	6	121	James Simms	DudleyKing B	29:49	1:58:30+ 3
51	William Thomas	Bournville A	21:26	1:23:00+	4	122	Andrew Knight	Birmingham E	26:24	2:00:36+ 4
52	Abder Mokhbat	Birmingham C	22:23	1:23:22-	1	123	Anthony Hayward	Bournville C	39:44	2:11:23+ 2
53	Matthew Chappell	WorksopHar A	21:56	1:23:29+	1	Fastest runners over stage 4:				
54	Joseph Smith	CharnwoodA A	23:50	1:23:55-	14	1	Dom James	WesternTem A	17:37	
55	Richard Whitelegg	HinckleyRC A	21:28	1:24:26+	5	2	Simon Byrne	SwindonHar A	17:37	
56	Thomas Mitchell	Northbrook A	22:10	1:24:26+	1	3	Jethro Mcgraw	Birmingham A	17:55	
57	Alfie Ratcliffe	BanburyHar	20:55	1:24:34+	7	4	Jason Bennett	Birchfield A	18:12	
58	Paul Baker	Knowle&Dor A	22:02	1:24:37 0		5	Jonathan Thewlis	Bristol&We A	18:12	
59	Kyle Burford	NorthSomer B	21:47	1:24:56+	2	6	Ben Musgrove	Rugby&Nort A	18:20	
60	Nicholas Bristow	ErmeValley	24:28	1:25:10-	13	7	Matthew Brunnock	WesternTem B	18:23	
61	Dan Cook	Rugby&Nort B	21:48	1:25:16+	2	8	Benjamin Hamblin	NorthSomer A	18:23	
62	Steve Long	NottsAc C	20:41	1:25:26+	11	9	Alex Lee	WesternTem C	18:34	
63	Jordan Brown	Shrewsbury B	24:48	1:25:42-	13	10	Arty Wilsonspence	WorcesterA	18:38	
64	Patrick Searle	BittonRoad	21:15	1:25:42+	7					
65	Steve Linton	WesternTem F	21:13	1:25:53+	7					
66	Nicolas Blunt	RoyalSutto B	22:10	1:26:02 0	0					
67	Ryan Ballard	HermitageH	23:29	1:26:06-	8					
68	Matthew Evans	Cheltenham B	22:11	1:26:17 0	0					
69	Callum Dillon	CityOfStok B	22:37	1:26:23-	4					
70	George Holden	MansfieldH B	23:08	1:26:25-	8					
71	Connor Carson	Kenilworth A	22:04	1:26:31-	1					

Midland Counties Road Relays at Sutton Park on Saturday 23rd September 2023

- Senior Men Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain							
1	Omar Ahmed	Birchfield A	16:52	1:29:37+	4	73	Anthony Ellis	Knowle&Dor B	21:59	1:51:28+	5	
2	Adam Peacock	Birmingham A	17:50	1:29:40	0	74	Stephen Hale	SevernAc B	23:39	1:51:42	0	
3	Alexander Stewart	Bristol&We A	18:18	1:29:49-	2	75	Matthew Dumelow	HermitageH	25:59	1:52:05-	8	
4	Dylan Gillett	WesternTem A	17:53	1:30:10-	1	76	Tom Watts	MasseyFerg A	20:27	1:52:38+	14	
5	Noah Bennett	Rugby&Nort A	19:09	1:31:36-	1	77	Paul Marson	Wolverhamp B	21:57	1:53:05+	8	
6	Joe Gentry	NorthSomer A	18:27	1:31:55	0	78	S Davison	SpaStrider A	21:18	1:53:06+	10	
7	Luke Byrne	SwindonHar A	18:46	1:32:15	0	79	Craig Free	HuncoteHar	23:10	1:53:14	0	
8	Henry James	WesternTem B	19:10	1:33:05	0	80	Elliot Jones	DudleyKing A	20:56	1:54:14+	12	
9	Alastair Watson	NottsAc A	17:53	1:33:08	0	81	Ian Keyte	Bromsgrove B	25:51	1:54:19-	5	
10	Patrick Townsend	Birmingham B	18:52	1:34:47+	3	82	James Walters	Gloucester B	22:24	1:54:22+	7	
11	William Fuller	CoventryGo A	19:14	1:34:59+	1	83	Jack Walton	CityOfBirm A	23:42	1:54:24-	2	
12	Richard Carpenter	TiptonHarr A	18:55	1:35:00+	4	84	James Pugh	HalesowenA C	23:48	1:54:45-	1	
13	Sean Barry	TeamBathAC A	18:55	1:35:02+	4	85	Jorge Crockford	TeamBathAC B	26:46	1:54:55-	10	
14	Charlie Costello	Shrewsbury A	19:32	1:35:12-	4	86	Conrad Watson	MansfieldH C	23:57	1:54:56-	2	
15	Brad Caress	MansfieldH A	20:04	1:35:46-	4	87	Bryan Vaughan	WesternTem G	23:27	1:55:06-	1	
16	Jamie Arnold	CityOfStok A	19:16	1:36:00+	2	88	Adrian Alamosanz	WestburyHa B	24:53	1:55:46-	6	
17	Adam Pollock	WorcesterA	20:53	1:36:52-	3	89	James Greenway	Stourbridg	25:46	1:55:51-	9	
18	James Denne	WesternTem C	18:49	1:36:59+	9	90	Joseph Amedo	TelfordAc B	26:49	1:55:59-	13	
19	Frederick Cooper	WestburyHa A	19:59	1:37:01+	1	91	Paul Marshall	TrenthamRc	22:25	1:56:02+	2	
20	Daniel Ullah	Birchfield B	20:58	1:37:02-	5	92	Dominic Salter	Stroud&Dis B	23:39	1:56:43-	1	
21	Ty Adkins	Bromsgrove A	20:10	1:37:03-	2	93	Harshad Patel	AldridgeRc B	25:15	1:57:00-	6	
22	Isaac Mould	SwindonHar B	18:48	1:37:09+	6	94	Steve Carr	WorkshopHar B	23:14	1:57:29+	1	
23	Louie Lambeth	Wolverhamp A	19:50	1:37:19+	1	95	Daniel Wrenn	CenturionR	23:06	1:57:53+	1	
24	C Rawcliffe	Leamington	20:47	1:37:59-	3	96	Adrian Dix	NewarkAc B	22:39	1:59:29+	4	
25	Robert Lindsay	NewarkAc A	20:19	1:38:07+	1	97	Jonathan Ranford	NewcastleS B	25:39	1:59:29-	3	
26	Charlie Preece	TelfordAc A	20:50	1:38:12-	4	98	Jonathan Mould	Bournville B	23:19	2:01:11+	4	
27	Daniel Orme	HeanorRC A	21:20	1:38:55-	2	99	Philip Harding	WesternTem H	27:09	2:02:22-	2	
28	Sam Crawford	RoyalSutto A	21:36	1:38:59-	5	100	Ryan Lyttle	BlackPearJ	23:59	2:02:55+	4	
29	Ishmael Bradley	Bristol&We C	20:13	1:39:03	0	101	Ryan McClure	Birmingham D	26:09	2:03:32	0	
30	Hugh Brashaw	Bristol&We B	18:45	1:39:08+	6	102	Adrian England	SevernAc C	25:34	2:03:49+	1	
31	Douglas Wight	WesternTem D	19:39	1:39:41+	2	103	Marco Frondella	DISQUALIFIED	27:53	2:04:07-	5	
32	Michael Gilbert	SwindonHar C	20:15	1:39:44	0	104	Paul Mercer	HeanorRC B	28:40	2:05:10-	5	
33	Stuart King	NottsAc B	20:51	1:40:19-	2	105	Oliver Dodd	HalesowenA D	24:32	2:05:33+	3	
34	Rupert Denny	Cheltenham A	19:51	1:40:25+	3	106	Ian Summers	Gloucester C	25:29	2:05:55+	1	
35	Ewan Naisbitt	Solihull&S	21:39	1:40:34-	5	107	Chris Smith	Northbrook C	26:12	2:07:45+	2	
36	Owen Parry	Gloucester A	20:24	1:40:36-	2	108	Chris Davis	WestBromwi B	28:31	2:08:29-	3	
37	Marc Turner	HalesowenA A	20:21	1:41:00+	4	109	Steven Roebuck	SuttonInAs	29:01	2:09:00-	3	
38	James Rose	SevernAc A	20:47	1:41:22+	1	110	Tim Hughes	Northbrook B	27:00	2:09:32	0	
39	Phil Wolfe	Cannock&St	20:48	1:41:23-	1	111	David Clarke	MasseyFerg B	25:52	2:09:55+	1	
40	Nicholas Coyle	Stroud&Dis A	19:01	1:41:34+	9	112	Richard Beattie	Kenilworth B	24:19	2:09:57+	1	
41	Alex Johnston	ClcStrider	20:01	1:42:00+	6	113	Kevin Sylvester	CityOfBirm B	27:30	2:11:26-	2	
42	Thomas Kennedy	WesternTem E	21:54	1:42:29-	2	114	Simon Clough	DesfordStr A	26:35	2:12:54	0	
43	George Appleby	TiptonHarr B	21:32	1:43:06+	1	115	Terry Moynaan	Northbrook D	24:09	2:15:23+	3	
44	Andrew Walker	NewcastleS A	21:51	1:43:22-	1	116	Paul Godfrey	HinckleyRC B	28:21	2:16:47	0	
45	Daniel Dalton	CoventryGo B	21:21	1:43:27+	3	117	Paul Stalford	SphinxAc B	29:49	2:17:09-	2	
46	Matthew Mold	SphinxAc A	22:11	1:43:35-	4	118	Andrew Weaver	(DudleyKing C)	29:40	2:20:42-	1	
47	Ben Dean	AldridgeRc A	22:11	1:43:46-	2	119	Sam Pickering	CityOfBirm C	30:00	2:23:51	0	
48	Matthew Daly	WorkshopHar A	20:56	1:44:25+	5	120	Andrew Nock	HalesowenA E	27:58	2:24:23	0	
49	Paul Jolliffe	Birmingham C	21:14	1:44:36+	3	121	Hamed Stevens	DudleyKing B	27:43	2:26:13	0	
50	Aidan Walker	BanburyHar	20:27	1:45:01+	7	122	Tim Rogers	Birmingham E	26:57	2:27:33	0	
51	Daniel Anderson	WestBromwi A	23:22	1:45:07-	5	123	Richard Leaper	Bournville C	28:21	2:39:44	0	
52	Matthew Adcock	HinckleyRC A	20:51	1:45:17+	3							
53	Matthew Hathrell	Northbrook A	21:14	1:45:40+	3							
54	Tim Ogbourn	Bournville A	22:46	1:45:46-	3							
55	Simon Blizzard	Dudley&Sto	25:27	1:45:47-	20							
56	Andrew Jacobs	Birchfield C	23:00	1:45:48-	6							
57	Michael Kingsbury	CharnwoodA A	22:23	1:46:18-	3							
58	Charlie Milward	ErmeValley	21:37	1:46:47+	2							
59	Harry Foster	NottsAc C	21:54	1:47:20+	3							
60	Alex Blackham	RoyalSutto B	21:33	1:47:35+	6							
61	David Smith	WesternTem F	21:56	1:47:49+	4							
62	Matthew Wooden	Shrewsbury B	22:16	1:47:58+	1							
63	Samuel Gentry	NorthSomer B	23:05	1:48:01-	4							
64	Richard Bravington	LichfieldR	21:28	1:48:11+	8							
65	Edward Bower	Knowle&Dor A	23:40	1:48:17-	7							
66	Paul Whittingham	MansfieldH B	21:59	1:48:24+	4							
67	Sebastian Reynolds	SwindonHar D	20:51	1:48:37+	6							
68	Paul Price	Rugby&Nort B	23:51	1:49:07-	7							
69	Stuart Greenway	Kenilworth A	22:42	1:49:13+	2							
70	Steve Bradley	Cheltenham B	23:50	1:50:07-	2							
71	Charles Hann	BittonRoad	24:48	1:50:30-	7							
72	Phil Rowley	CityOfStok B	24:15	1:50:38-	3							

Fastest runners over stage 5:

1	Omar Ahmed	Birchfield A	16:52
2	Adam Peacock	Birmingham A	17:50
3	Alastair Watson	NottsAc A	17:53
4	Dylan Gillett	WesternTem A	17:53
5	Alexander Stewart	Bristol&We A	18:18
6	Joe Gentry	NorthSomer A	18:27
7	Hugh Brashaw	Bristol&We B	18:45
8	Luke Byrne	SwindonHar A	18:46
9	Isaac Mould	SwindonHar B	18:48
10	James Denne	WesternTem C	18:49

Midland Counties Road Relays at Sutton Park on Saturday 23rd September 2023

- Senior Men Stage 6 — Final Results

Pos	Name	Club	Leg	Time	Cum	Time	Gain										
1	Kadar Omar	Birchfield A		17:12	1:46:49	0		71	Hossein Pirooz	BittonRoad	24:22	2:14:52	0				
2	John Stolberg	Birmingham A		18:05	1:47:45	0		72	Rob Carr	Kenilworth A	25:46	2:14:59-	3				
3	Ben Robinson	Bristol&We A		18:02	1:47:51	0		73	Gary Lawson	MasseyFerg A	22:28	2:15:06+	3				
4	Charlie Jones	WesternTem A		17:50	1:48:00	0		74	Finn Goodhew	WestburyHa B	19:31	2:15:17+	14				
5	Matthew Woodward	SwindonHar A		18:35	1:50:50+	2		75	Richard Boseley	SevernAc B	23:36	2:15:18-	1				
6	Louismls Starr	Rugby&Nort A		19:23	1:50:59-	1		76	Tom Dudden	TeamBathAC B	20:29	2:15:24+	9				
7	William Cheek	NorthSomer A		19:08	1:51:03-	1		77	Alasdair Stewart	Gloucester B	21:47	2:16:09+	5				
8	Daniel Owen	WesternTem B		18:45	1:51:50	0		78	Glen Mcilreavy	SpaStrider A	23:10	2:16:16	0				
9	Merhawi Tkue	NottsAc A		19:29	1:52:37	0		79	Thomas Walker	HermitageH	24:38	2:16:43-	4				
10	Henry Brocklehurst	Birmingham B		18:28	1:53:15	0		80	Darren Owenjones	Wolverhamp B	24:28	2:17:33-	3				
11	Justin Davies	TeamBathAC A		18:40	1:53:42+	2		81	Lucas Wolfpudney	HalesowenA C	22:52	2:17:37+	3				
12	Daniel Husbands	Shrewsbury A		18:40	1:53:52+	2		82	Chris Monk	MansfieldH C	22:59	2:17:55+	4				
13	Nick Woolley	CoventryGo A		19:03	1:54:02-	2		83	Robert Colman	Stourbridg	22:15	2:18:06+	6				
14	Thomas Bentley	TiptonHarr A		20:11	1:55:11-	2		84	Liam Kelly	CityOfBirm A	23:47	2:18:11-	1				
15	Stephen Derrett	WesternTem C		18:16	1:55:15+	3		85	Will Noyce	Bromsgrove B	24:01	2:18:20-	4				
16	Jordan Boam	MansfieldH A		19:44	1:55:30-	1		86	Chris James	WesternTem G	23:15	2:18:21+	1				
17	Andrew Jeavons	WorcesterA		18:47	1:55:39	0		87	Chris Mosiuk	TrenthamRc	22:23	2:18:25+	4				
18	Ashley Dennett	CityOfStok A		19:59	1:55:59-	2		88	Andrew Harrop	TelfordAc B	23:10	2:19:09+	2				
19	Bal Kampola	Leamington		18:27	1:56:26+	5		89	Michael Morley	AldridgeRc B	22:11	2:19:11+	4				
20	Robert Meredith	Wolverhamp A		19:15	1:56:34+	3		90	Matthew Gorman	Stroud&Dis B	23:00	2:19:43+	2				
21	Michael Passmore	SwindonHar B		19:26	1:56:35+	1		91	Bryan Cherry	WorkshopHar B	22:18	2:19:47+	3				
22	Matthew Cant	WestburyHa A		20:13	1:57:14-	3		92	Chris Raw	Knowle&Dor B	28:47	2:20:15-	19				
23	Michael Cowley	Bromsgrove A		20:21	1:57:24-	2		93	David Round	DudleyKing A	26:53	2:21:07-	13				
24	Luca Bradley	Birchfield B		20:38	1:57:40-	4		94	Alex Harford	NewcastleS B	24:14	2:23:43+	3				
25	Leigh Marshall	NewarkAc A		20:05	1:58:12	0		95	Mike Hughes	WesternTem H	22:14	2:24:36+	4				
26	Chris Carter	Bristol&We B		19:26	1:58:34+	4		96	Andrew Wheeler	Bournville B	23:26	2:24:37+	2				
27	Brady Watkinson	TelfordAc A		21:06	1:59:18-	1		97	Nathan Beard	CenturionR	28:44	2:26:37-	2				
28	Tim Hartley	NottsAc B		19:03	1:59:22+	5		98	Kirk Denton	BlackPearJ	23:54	2:26:49+	2				
29	O Robertsonkurd	Bristol&We C		20:20	1:59:23	0		99	Peter Undery	Birmingham D	23:57	2:27:29+	2				
30	Brad Watkins	RoyalSutto A		20:26	1:59:25-	2		100	Ashley Deeming	HeanorRC B	24:27	2:29:37+	4				
31	Simon Hall	WesternTem D		19:58	1:59:39	0		101	Graeme Brand	SevernAc C	26:13	2:30:02+	1				
32	Lee Stopford	Stroud&Dis A		18:30	2:00:04+	8		102	Darren Tosh	(SpaStrider B)	25:56	2:30:03+	1				
33	Christopher Reade	SwindonHar C		20:37	2:00:21-	1		103	Alex Morgan	HalesowenA D	25:29	2:31:02+	2				
34	Peter Dear	HalesowenA A		19:34	2:00:34+	3		104	Martin Brook	Gloucester C	26:48	2:32:43+	2				
35	Stephen Ashmore	HeanorRC A		22:08	2:01:03-	8		105	Ben Eastland	CityOfBirm B	25:16	2:36:42+	8				
36	Jamie Hawthorne	Cheltenham A		21:19	2:01:44-	2		106	Anton Newell	SuttonInAs	27:49	2:36:49+	3				
37	William Jameson	Solihull&S		21:26	2:02:00-	2		107	Barry Allen	MasseyFerg B	26:55	2:36:50+	4				
38	Dan Nurse	SevernAc A		20:57	2:02:19	0		108	Kevin Erne	Northbrook C	30:40	2:38:25-	1				
39	Jeremy Mower	Gloucester A		22:13	2:02:49-	3		109	Matt Curtis	DesfordStr A	28:50	2:41:44+	5				
40	Skip Snelson	BanburyHar		17:56	2:02:57+	10		110	Tom Miller	Northbrook D	27:48	2:43:11+	5				
41	Craig Pearson	Cannock&St		21:45	2:03:08-	2		111	Andy Wilkinson	SphinxAc B	27:09	2:44:18+	6				
42	Daniel Bazzard	ClcStrider		21:11	2:03:11-	1		112	Andrew Wood	(DudleyKing C)	25:54	2:46:36+	6				
43	James Lonsdale	WorkshopHar A		19:05	2:03:30+	5		113	Richard Tonks	DudleyKing B	26:17	2:52:30+	8				
44	Roberto Ortolan	SphinxAc A		19:56	2:03:31+	2		114	Daniel Snook	CityOfBirm C	30:38	2:54:29+	5				
45	Cameron Lomax	TiptonHarr B		20:44	2:03:50-	2		115	Adrian Low	HalesowenA E	30:34	2:54:57+	5				
46	Darren Broady	WesternTem E		22:04	2:04:33-	4		116	Nigel Dawes	Birmingham E	30:50	2:58:23+	6				
47	Matthew Mccullagh	Birmingham C		20:15	2:04:51+	2		117	Stephen Doswell	Bournville C	29:57	3:09:41+	6				
48	Adam Jackson	CoventryGo B		21:41	2:05:08-	3											
49	Jerome Stevens	NewcastleS A		21:53	2:05:15-	5											
50	Andrew Wood	AldridgeRc A		21:30	2:05:16-	3											
51	Harry Law	Dudley&Sto		20:18	2:06:05+	4											
52	Ronnie Haynes	ErneValley		20:43	2:07:30+	6											
53	James Taylor	Bournville A		21:47	2:07:33+	1											
54	Samuel Holloway	NorthSomer B		19:37	2:07:38+	9											
55	Peter Middleton	Shrewsbury B		19:43	2:07:41+	7											
56	Dave Masser	HinckleyRC A		22:34	2:07:51-	4											
57	Marti Whitehouse	NottsAc C		20:31	2:07:51+	2											
58	Chris Sharp	Knowle&Dor A		19:44	2:08:01+	7											
59	Damien Dear	Northbrook A		22:58	2:08:38-	6											
60	Paul Harmer	CharnwoodA A		22:59	2:09:17-	3											
61	Dan Schofield	WesternTem F		21:53	2:09:42	0											
62	Ashish Patel	WestBromwi A		24:51	2:09:58-	11											
63	Jamie Macintyre	MansfieldH B		21:51	2:10:15+	3											
64	Elliot Doughty	SwindonHar D		21:40	2:10:17+	3											
65	Stephen Rivers	LichfieldR		22:09	2:10:20-	1											
66	Samuel Jackson	Rugby&Nort B		21:49	2:10:56+	2											
67	Sam Micklewright	RoyalSutto B		23:26	2:11:01-	7											
68	Jayjay Rathod	HuncoteHar		19:39	2:12:53+	11											
69	Roger Mullins	Cheltenham B		23:01	2:13:08+	1											
70	Dave Ellis	Birchfield C		27:47	2:13:35-	14											

Fastest runners over stage 6:

1	Kadar Omar	Birchfield A	17:12
2	Charlie Jones	WesternTem A	17:50
3	Skip Snelson	BanburyHar	17:56
4	Ben Robinson	Bristol&We A	18:02
5	John Stolberg	Birmingham A	18:05
6	Stephen Derrett	WesternTem C	18:16
7	Bal Kampola	Leamington	18:27
8	Henry Brocklehurst	Birmingham B	18:28
9	Lee Stopford	Stroud&Dis A	18:30
10	Matthew Woodward	SwindonHar A	18:35

Midland Counties Road Relays

at Sutton Park on Saturday 23rd September 2023

Senior Men — Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 Birchfield Harriers 'A' 1:46:49</p> <p>1 James Vaughan (15) 18:25 3 Ed Banks (4) 18:07 5 Omar Ahmed (1) 16:52</p>	<p>14 Tipton Harriers 'A' 1:55:11</p> <p>1 Nick Hardy (18) 18:33 3 Joseph Read (19) 19:59 5 Richard Carpenter (12) 18:55</p>
<p>2 Birmingham Running A&T 'A' 1:47:45</p> <p>1 Adam Hill (14) 18:24 3 Charlie Davis (2) 17:45 5 Adam Peacock (2) 17:50</p>	<p>15 Western Tempo 'C' 1:55:15</p> <p>1 Liam Colahan (44) 19:35 3 Alexander Jones (36) 19:44 5 James Denne (18) 18:49</p>
<p>3 Bristol & West AC 'A' 1:47:51</p> <p>1 Jack Millar (1) 17:34 3 Max Davis (1) 17:30 5 Alexander Stewart (3) 18:18</p>	<p>16 Mansfield Harriers 'A' 1:55:30</p> <p>1 Alex Hampson (5) 17:48 3 Jake Greenhalgh (10) 19:30 5 Brad Caress (15) 20:04</p>
<p>4 Western Tempo 'A' 1:48:00</p> <p>1 Matthew Nelson (6) 18:01 3 Ben Price (5) 18:15 5 Dylan Gillett (4) 17:53</p>	<p>17 Worcester AC 1:55:39</p> <p>1 George Beardmore (3) 17:41 3 Samuel Davey (21) 19:40 5 Adam Pollock (17) 20:53</p>
<p>5 Swindon Harriers 'A' 1:50:50</p> <p>1 Ben Lines (16) 18:28 3 Fletcher Hart (8) 19:04 5 Luke Byrne (7) 18:46</p>	<p>18 City Of Stoke AC 'A' 1:55:59</p> <p>1 Shajahan Janally (27) 19:03 3 Steven Marriott (25) 18:59 5 Jamie Arnold (16) 19:16</p>
<p>6 Rugby & Northampton AC 'A' 1:50:59</p> <p>1 Joshua Lay (2) 17:40 3 Adam Wright (3) 18:12 5 Noah Bennett (5) 19:09</p>	<p>19 Leamington Cycling & AC 1:56:26</p> <p>1 Stanley Doxey (35) 19:15 3 Dean Mawby (17) 19:28 5 C Rawcliffe (24) 20:47</p>
<p>7 North Somerset AC 'A' 1:51:03</p> <p>1 Matthew Howard (8) 18:12 3 Alfie Hocking (6) 18:35 5 Joe Gentry (6) 18:27</p>	<p>20 Wolverhampton & Bilston 'A' 1:56:34</p> <p>1 Daniel Turner (28) 19:04 3 Tyler Hawley (27) 19:34 5 Louie Lambeth (23) 19:50</p>
<p>8 Western Tempo 'B' 1:51:50</p> <p>1 Tom Evetts (24) 18:46 3 Philip Wylie (7) 18:29 5 Henry James (8) 19:10</p>	<p>21 Swindon Harriers 'B' 1:56:35</p> <p>1 Courtenay Chessell (33) 19:14 3 Nathan Hackley (33) 19:14 5 Isaac Mould (22) 18:48</p>
<p>9 Notts AC 'A' 1:52:37</p> <p>1 Stuart Spencer (10) 18:15 3 George Phillips (11) 18:47 5 Alastair Watson (9) 17:53</p>	<p>22 Westbury Harriers 'A' 1:57:14</p> <p>1 Joshua Morland (30) 19:08 3 Will Massey (13) 18:48 5 Frederick Cooper (19) 19:59</p>
<p>10 Birmingham Running A&T 'B' 1:53:15</p> <p>1 Daniel Robinson (22) 18:42 3 Jake Williamson (16) 18:50 5 Patrick Townsend (10) 18:52</p>	<p>23 Bromsgrove & Redditch 'A' 1:57:24</p> <p>1 Alexander Adams (20) 18:37 3 Mark Appleton (14) 19:12 5 Ty Adkins (21) 20:10</p>
<p>11 Team Bath AC 'A' 1:53:42</p> <p>1 Dylan Stoneman (12) 18:22 3 Aidan Daniel (20) 19:10 5 Sean Barry (13) 18:55</p>	<p>24 Birchfield Harriers 'B' 1:57:40</p> <p>1 Matt Scarsbrook (11) 18:20 3 Shaun Evans (12) 19:14 5 Daniel Ullah (20) 20:58</p>
<p>12 Shrewsbury AC 'A' 1:53:52</p> <p>1 Liam Rawlings (29) 19:07 3 Paul Aston (15) 19:22 5 Charlie Costello (14) 19:32</p>	<p>25 Newark AC 'A' 1:58:12</p> <p>1 Ben Pearson (58) 20:18 3 William Tucker (26) 20:06 5 Robert Lindsay (25) 20:19</p>
<p>13 Coventry Godiva Harriers 'A' 1:54:02</p> <p>1 Scott Hudspith (7) 18:11 3 Jamie Hnatushka (9) 19:09 5 William Fuller (11) 19:14</p>	<p>26 Bristol & West AC 'B' 1:58:34</p> <p>1 Josh Moody (38) 19:23 3 Owain Jones (53) 22:43 5 Hugh Brashaw (30) 18:45</p>

Midland Counties Road Relays

at Sutton Park on Saturday 23rd September 2023

27 Telford AC 1 Daniel Galloway (4) 17:46 3 Oliver Carvell (22) 20:17 5 Charlie Preece (26) 20:50	'A' 1:59:18 2 Jack Cole (12) 19:21 4 Jedid Mensah (22) 19:58 6 Brady Watkinson (27) 21:06	41 Cannock & Stafford AC 1 Ryan Ashforth (61) 20:23 3 Thomas Eustace (49) 19:40 5 Phil Wolfe (39) 20:48	2:03:08 2 James Mccann (57) 20:45 4 Bill Chesters (38) 19:47 6 Craig Pearson (41) 21:45
28 Notts AC 1 Patric Clark (55) 19:58 3 Jarratt Perkins (32) 18:53 5 Stuart King (33) 20:51	'B' 1:59:22 2 Tom Dejong (48) 20:21 4 John Muddeman (31) 20:16 6 Tim Hartley (28) 19:03	42 Clc Striders 1 Rob Green (37) 19:20 3 Samuel Baylis (42) 20:59 5 Alex Johnston (41) 20:01	2:03:11 2 Joseph Willgoss (35) 19:49 4 John Comer (47) 21:51 6 Daniel Bazzard (42) 21:11
29 Bristol & West AC 1 Miles Chandler (39) 19:28 3 Lee Gawler (29) 19:27 5 Ishmael Bradley (29) 20:13	'C' 1:59:23 2 Aaron Bruce (38) 20:09 4 Andrew Drake (29) 19:46 6 O Robertsonkurd (29) 20:20	43 Worksop Harriers 1 Thomas Shaw (62) 20:24 3 Dominic Fielding (54) 20:47 5 Matthew Daly (48) 20:56	'A' 2:03:30 2 Ben Rhodes (55) 20:22 4 Matthew Chappell (53) 21:56 6 James Lonsdale (43) 19:05
30 Royal Sutton Coldfield AC 1 Andrew Parkinson (17) 18:29 3 David Sutton (23) 19:25 5 Sam Crawford (28) 21:36	'A' 1:59:25 2 Christian Hine (22) 19:31 4 Alex Seabright (23) 19:58 6 Brad Watkins (30) 20:26	44 Sphinx AC 1 David Brewis (21) 18:41 3 Pawel Langer (45) 20:48 5 Matthew Mold (46) 22:11	'A' 2:03:31 2 Jack Edwards (42) 21:00 4 Sam Palmer (42) 20:55 6 Roberto Ortolan (44) 19:56
31 Western Tempo 1 Alex Smith (60) 20:21 3 Ryan Knight (48) 20:25 5 Douglas Wight (31) 19:39	'D' 1:59:39 2 William Kennedy (50) 20:00 4 Sam Butler (33) 19:16 6 Simon Hall (31) 19:58	45 Tipton Harriers 1 Karl Quiney (56) 20:01 3 Peter Brookes (41) 19:22 5 George Appleby (43) 21:32	'B' 2:03:50 2 Rohan Patel (54) 20:43 4 Korey Hazlewood (44) 21:28 6 Cameron Lomax (45) 20:44
32 Stroud & District AC 1 Alastair Cambell (26) 19:02 3 Benjamin Gregory (52) 22:24 5 Nicholas Coyle (40) 19:01	'A' 2:00:04 2 Alister Liscott (29) 19:35 4 Joe Phillips (49) 21:32 6 Lee Stopford (32) 18:30	46 Western Tempo 1 Joby Hobbs (67) 20:40 3 Peter Douglass (46) 20:09 5 Thomas Kennedy (42) 21:54	'E' 2:04:33 2 William Douglas (52) 19:51 4 Chris Roxburgh (40) 19:55 6 Darren Broady (46) 22:04
33 Swindon Harriers 1 Josh Burns (47) 19:47 3 Harry Edwards (30) 19:17 5 Michael Gilbert (32) 20:15	'C' 2:00:21 2 Gary Obrien (43) 20:03 4 Theo Cinnamond (32) 20:22 6 Christopher Reade (33) 20:37	47 Birmingham Running A&t 1 Tesfay Teweled (19) 18:36 3 Khumchoojoonpijam (51) 21:19 5 Paul Jolliffe (49) 21:14	'C' 2:04:51 2 C Burrows (40) 21:04 4 Abder Mokhbat (52) 22:23 6 Matthew Mccullagh (47) 20:15
34 Halesowen Acc 1 Joseph Donkin (31) 19:12 3 Andrew Butler (35) 20:51 5 Marc Turner (37) 20:21	'A' 2:00:34 2 James Thomas (31) 19:30 4 James Houlit (41) 21:06 6 Peter Dear (34) 19:34	48 Coventry Godiva Harriers 1 Andrew Boon (59) 20:19 3 Daniel Taylor (43) 20:02 5 Daniel Dalton (45) 21:21	'B' 2:05:08 2 Edward Griffiths (47) 19:57 4 Peter Eccleston (48) 21:48 6 Adam Jackson (48) 21:41
35 Heanor RC 1 Andy Harding (41) 19:31 3 C Patterson (18) 18:47 5 Daniel Orme (27) 21:20	'A' 2:01:03 2 Joe Rainsford (25) 18:53 4 Ethan Rowley (25) 20:24 6 Stephen Ashmore (35) 22:08	49 Newcastle Staffs AC 1 Jacob Droogmans (34) 19:14 3 Benjamin Brereton (37) 20:03 5 Andrew Walker (44) 21:51	'A' 2:05:15 2 Lewis Nagington (39) 20:25 4 Craig Taylor (43) 21:49 6 Jerome Stevens (49) 21:53
36 Cheltenham & County Harriers 1 Peter Boyd (68) 20:45 3 Harrison Miles (39) 20:05 5 Rupert Denny (34) 19:51	'A' 2:01:44 2 Isaac Henderson (45) 19:14 4 Joel Frost (37) 20:30 6 Jamie Hawthorne (36) 21:19	50 Aldridge RC 1 Liam Harrold (54) 19:56 3 Quentin Oury (34) 20:15 5 Ben Dean (47) 22:11	'A' 2:05:16 2 Cortney Edie (34) 19:10 4 Luke White (45) 22:14 6 Andrew Wood (50) 21:30
37 Solihull & Small Heath AC 1 Jenson Williams (9) 18:14 3 Keelan Hopewell (24) 21:03 5 Ewan Naisbitt (35) 21:39	2:02:00 2 Ben Holmes (6) 18:12 4 Tomas Maidment (30) 21:26 6 William Jameson (37) 21:26	51 Dudley & Stourbridge Harriers 1 Adam Bodin (42) 19:33 3 David Ratcliffe (31) 20:19 5 Simon Blizzard (55) 25:27	2:06:05 2 T Osborne (33) 19:19 4 Gary Worrall (35) 21:09 6 Harry Law (51) 20:18
38 Severn AC 1 Steve Kenyon (40) 19:30 3 Chris Brown (44) 20:58 5 James Rose (38) 20:47	'A' 2:02:19 2 Ben Hope (36) 19:54 4 Peter Stephens (39) 20:13 6 Dan Nurse (38) 20:57	52 Erme Valley Harriers 1 Jamie Frost (53) 19:54 3 Graham Reed (47) 21:16 5 Charlie Milward (58) 21:37	2:07:30 2 Matthew Gilvear (37) 19:32 4 Nicholas Bristow (60) 24:28 6 Ronnie Haynes (52) 20:43
39 Gloucester AC 1 Richard Decamps (13) 18:23 3 Samuel Crowther (28) 20:30 5 Owen Parry (36) 20:24	'A' 2:02:49 2 Charlie Worsfold (26) 20:06 4 Charlie Coles (34) 21:13 6 Jeremy Mower (39) 22:13	53 Bournville Harriers 1 Richard Bayliss (45) 19:36 3 James Ashley (55) 21:09 5 Tim Ogbourn (54) 22:46	'A' 2:07:33 2 Sam Bentham (51) 20:49 4 William Thomas (51) 21:26 6 James Taylor (53) 21:47
40 Banbury Harriers AC 1 Daniel Roberts (48) 19:49 3 Ruben Snelson (64) 21:33 5 Aidan Walker (50) 20:27	2:02:57 2 Archie Street (66) 22:17 4 Alfie Ratcliffe (57) 20:55 6 Skip Snelson (40) 17:56	54 North Somerset AC 1 Jack Wilkinson (32) 19:12 3 Callum Day (61) 21:23 5 Samuel Gentry (63) 23:05	'B' 2:07:38 2 Max Davies (63) 22:34 4 Kyle Burford (59) 21:47 6 Samuel Holloway (54) 19:37

Midland Counties Road Relays

at Sutton Park on Saturday 23rd September 2023

55 Shrewsbury AC 1 Connor Middleton (51) 19:52 3 Carl Aveyard (50) 20:34 5 Matthew Wooden (62) 22:16	'B' 2:07:41 2 James Stuart (49) 20:28 4 Jordan Brown (63) 24:48 6 Peter Middleton (55) 19:43	69 Cheltenham & County Harriers 1 Jamie Bell (75) 21:04 3 Elliot Prince (68) 22:07 5 Steve Bradley (70) 23:50	'B' 2:13:08 2 Martin Foster (64) 20:55 4 Matthew Evans (68) 22:11 6 Roger Mullins (69) 23:01
56 Hinckley RC 1 John Mac (72) 20:59 3 Ben Masser (60) 21:20 5 Matthew Adcock (52) 20:51	'A' 2:07:51 2 Ian Smith (62) 20:39 4 Richard Whitelegg (55) 21:28 6 Dave Masser (56) 22:34	70 Birchfield Harriers 1 Thomas Smith (82) 21:26 3 Jonathan Estridge (56) 21:00 5 Andrew Jacobs (56) 23:00	'C' 2:13:35 2 Jonathan Bradford (53) 19:17 4 J Malecki (50) 21:05 6 Dave Ellis (70) 27:47
57 Notts AC 1 Jack Speake (71) 20:58 3 Craig Wescott (73) 22:20 5 Harry Foster (59) 21:54	'C' 2:07:51 2 Finlay Hutchinson (67) 21:27 4 Steve Long (62) 20:41 6 Marti Whitehouse (57) 20:31	71 Bitton Road Runners 1 Robert Farley (36) 19:18 3 Philip Barker (71) 20:33 5 Charles Hann (71) 24:48	2:14:52 2 Matthew Wood (83) 24:36 4 Patrick Searle (64) 21:15 6 Hossein Pirooz (71) 24:22
58 Knowle & Dorridge RC 1 Gareth Wainwright (52) 19:53 3 Torsten Roesler (58) 21:19 5 Edward Bower (65) 23:40	'A' 2:08:01 2 Gary Polhill (59) 21:23 4 Paul Baker (58) 22:02 6 Chris Sharp (58) 19:44	72 Kenilworth Runners 1 Oliver Flippance (89) 21:54 3 Harry Purewal (70) 21:04 5 Stuart Greenway (69) 22:42	'A' 2:14:59 2 Leigh Reeve (79) 21:29 4 Connor Carson (71) 22:04 6 Rob Carr (72) 25:46
59 Northbrook AC 1 Pete Stafford (83) 21:27 3 Daniel Stevens (57) 20:54 5 Matthew Hathrell (53) 21:14	'A' 2:08:38 2 Adrian McBride (60) 19:55 4 Thomas Mitchell (56) 22:10 6 Damien Dear (59) 22:58	73 Massey Ferguson RC 1 Paul Brady (74) 21:02 3 Simon Neale (81) 24:13 5 Tom Watts (76) 20:27	'A' 2:15:06 2 John Clarke (75) 22:09 4 Peter Paprcka (90) 24:47 6 Gary Lawson (73) 22:28
60 Charnwood A C 1 Ethan O'shea (23) 18:44 3 Graham Peacock (40) 21:34 5 Michael Kingsbury (57) 22:23	'A' 2:09:17 2 Mark Couldwell (27) 19:47 4 Joseph Smith (54) 23:50 6 Paul Harmer (60) 22:59	74 Westbury Harriers 1 Chris Treble (106) 23:37 3 Alastair Blackwood (86) 23:37 5 Adrian Alamosanz (88) 24:53	'B' 2:15:17 2 Ben Stone (87) 21:10 4 Adam Busby (82) 22:29 6 Finn Goodhew (74) 19:31
61 Western Tempo 1 Gavin McCaugherty (90) 21:55 3 Tommy Davies (72) 21:33 5 David Smith (61) 21:56	'F' 2:09:42 2 Charlie Marshall (74) 21:12 4 Steve Linton (65) 21:13 6 Dan Schofield (61) 21:53	75 Severn AC 1 Archie Fox (77) 21:15 3 C Anderson (76) 22:15 5 Stephen Hale (74) 23:39	'B' 2:15:18 2 Shaman Asghar (78) 22:06 4 David Clarke (74) 22:27 6 Richard Boseley (75) 23:36
62 West Bromwich Harriers 1 Ryan Deakin (46) 19:38 3 Benjamin Stanaway (38) 20:23 5 Daniel Anderson (51) 23:22	'A' 2:09:58 2 Oli Moore (41) 20:02 4 James Jefferson (46) 21:42 6 Ashish Patel (62) 24:51	76 Team Bath AC 1 Aiden Wiffen (87) 21:47 3 Owen Davies (77) 22:41 5 Jorge Crockford (85) 26:46	'B' 2:15:24 2 Chris Else (76) 21:25 4 James Pigot (75) 22:16 6 Tom Dudden (76) 20:29
63 Mansfield Harriers 1 Ben McClemens (91) 22:07 3 Richie Talbot (62) 20:17 5 Paul Whittingham (66) 21:59	'B' 2:10:15 2 Drew Hurst (72) 20:53 4 George Holden (70) 23:08 6 Jamie Macintyre (63) 21:51	77 Gloucester AC 1 Mike Mansfield (88) 21:49 3 Chris Nield (83) 23:22 5 James Walters (82) 22:24	'B' 2:16:09 2 Graham Davis (86) 22:53 4 Lee Smith (89) 23:54 6 Alasdair Stewart (77) 21:47
64 Swindon Harriers 1 Simon Dill (70) 20:52 3 Kieran Golding (87) 25:47 5 Sebastian Reynolds (67) 20:51	'D' 2:10:17 2 Ben McIntyre (71) 21:51 4 Isaac Mcadam (73) 19:16 6 Elliot Doughty (64) 21:40	78 Spa Striders 1 Keith Wilson (95) 22:41 3 Jason Hemming (97) 23:36 5 S Davison (78) 21:18	'A' 2:16:16 2 Gethyn Friswell (97) 24:01 4 Daniel Fleming (88) 21:30 6 Glen McIlreavy (78) 23:10
65 Lichfield Running Club 1 James Pickering (66) 20:37 3 Konrad Wainaina (67) 23:12 5 Richard Bravington (64) 21:28	2:10:20 2 Ryan Simms (56) 20:10 4 Owen Davies (72) 22:44 6 Stephen Rivers (65) 22:09	79 Hermitage Harriers 1 Alex Percy (25) 19:01 3 Daniel Prior (59) 21:25 5 Matthew Dumelow (75) 25:59	2:16:43 2 Peter Armstrong (58) 22:11 4 Ryan Ballard (67) 23:29 6 Thomas Walker (79) 24:38
66 Rugby & Northampton AC 1 Alistair McDonnell (50) 19:51 3 Matthew Everett (63) 19:48 5 Paul Price (68) 23:51	'B' 2:10:56 2 Stephen Buck (82) 23:49 4 Dan Cook (61) 21:48 6 Samuel Jackson (66) 21:49	80 Wolverhampton & Bilston 1 Dylan Illidge (84) 21:29 3 David Newport (88) 22:53 5 Paul Marson (77) 21:57	'B' 2:17:33 2 Joseph Flatley (90) 24:11 4 Tony Cheema (85) 22:35 6 Darren Owen Jones (80) 24:28
67 Royal Sutton Coldfield AC 1 Barry Lloyd (81) 21:22 3 Thomas Lloyd (66) 21:21 5 Alex Blackham (60) 21:33	'B' 2:11:01 2 Nick Crees (68) 21:09 4 Nicolas Blunt (66) 22:10 6 Sam Micklewright (67) 23:26	81 Halesowen Acc 1 Nick Price (92) 22:12 3 George Allen (91) 22:35 5 James Pugh (84) 23:48	'C' 2:17:37 2 Phillip Scarr (95) 24:15 4 Jack McConnell (83) 21:55 6 Lucas Wolfpudney (81) 22:52
68 Huncote Harriers 1 Nathan Adams (79) 21:17 3 Matthew Patten (80) 24:09 5 Craig Free (79) 23:10	2:12:53 2 Phil Woods (77) 21:57 4 Chris Nealon (79) 22:41 6 Jayjay Rathod (68) 19:39	82 Mansfield Harriers 1 Stuart Whysall (117) 24:41 3 Jack Cooke (94) 21:33 5 Conrad Watson (86) 23:57	'C' 2:17:55 2 Andrew Boulton (108) 23:35 4 Ben Hampson (84) 21:10 6 Chris Monk (82) 22:59

Midland Counties Road Relays

at Sutton Park on Saturday 23rd September 2023

<p>83 Stourbridge RC 2:18:06</p> <p>1 Mark Dewhirst (97) 22:43 2 Steve Coldicott (81) 20:51 3 Lee Palmer (78) 22:33 4 Robert Woodward (80) 23:58 5 James Greenway (89) 25:46 6 Robert Colman (83) 22:15</p>	<p>97 Centurion RC 2:26:37</p> <p>1 Chris Cleaver (114) 24:16 2 Russell Myatt (98) 22:30 3 Michael Burrows (96) 23:27 4 Jason Gilligan (96) 24:34 5 Daniel Wrenn (95) 23:06 6 Nathan Beard (97) 28:44</p>
<p>84 City Of Birmingham Striders 'A' 2:18:11</p> <p>1 Rob Cooke (73) 21:01 2 John Hayes (88) 24:00 3 Iestyn Rimmer (82) 22:54 4 James Corden (81) 22:47 5 Jack Walton (83) 23:42 6 Liam Kelly (84) 23:47</p>	<p>98 Black Pear Joggers 2:26:49</p> <p>1 Elliott Beard (104) 23:13 2 Jay Doukas (84) 21:05 3 Gareth Jones (100) 26:32 4 Ashley Taylor (104) 28:06 5 Ryan Lyttle (100) 23:59 6 Kirk Denton (98) 23:54</p>
<p>85 Bromsgrove & Redditch 'B' 2:18:20</p> <p>1 Andrew Freeman (96) 22:42 2 Calvin Scoltock (89) 22:37 3 Henry Gibbs (79) 21:05 4 Kevin Fisher (76) 22:04 5 Ian Keyte (81) 25:51 6 Will Noyce (85) 24:01</p>	<p>99 Birmingham Running A&T 'D' 2:27:29</p> <p>1 Carl Horton (110) 23:50 2 Mark Griffiths (110) 24:50 3 Paul Cannon (106) 24:45 4 Steven Hill (101) 23:58 5 Ryan McClure (101) 26:09 6 Peter Undery (99) 23:57</p>
<p>86 Western Tempo 'G' 2:18:21</p> <p>1 Matt Lambourne (101) 22:51 2 Lloyd Davies (101) 24:09 3 William New (89) 21:50 4 James Morgan (86) 22:49 5 Bryan Vaughan (87) 23:27 6 Chris James (86) 23:15</p>	<p>100 Heanor RC 'B' 2:29:37</p> <p>1 Dean Cross (98) 22:44 2 Scott Wigman (100) 24:16 3 John Queenan (99) 23:39 4 Peter Edwards (99) 25:51 5 Paul Mercer (104) 28:40 6 Ashley Deeming (100) 24:27</p>
<p>87 Trentham RC 2:18:25</p> <p>1 Martin Pratt (57) 20:16 2 Martin Mcguigan (73) 22:50 3 Julian Waldron (84) 25:13 4 Harry Julian (93) 25:18 5 Paul Marshall (91) 22:25 6 Chris Mosiuk (87) 22:23</p>	<p>101 Severn AC 'C' 2:30:02</p> <p>1 Nathan Pettit (99) 22:45 2 Michael Stephenson (109) 25:35 3 Rich Frape (104) 24:27 4 Michael Errington (103) 25:28 5 Adrian England (102) 25:34 6 Graeme Brand (101) 26:13</p>
<p>88 Telford AC 'B' 2:19:09</p> <p>1 Ian Higgins (65) 20:36 2 Brendon Millman (69) 21:56 3 Joshua David Evans (75) 22:50 4 Jonathan Mahoney (77) 23:48 5 Joseph Amedo (90) 26:49 6 Andrew Harrop (88) 23:10</p>	<p>102 Halesowen Acc 'D' 2:31:02</p> <p>1 Carl Follows (102) 23:03 2 Simon Robert Duck (111) 25:41 3 Jamie Sircom (111) 26:47 4 Bill Nock (108) 25:30 5 Oliver Dodd (105) 24:32 6 Alex Morgan (103) 25:29</p>
<p>89 Aldridge RC 'B' 2:19:11</p> <p>1 Alex Dicken (76) 21:05 2 Thomas Archer (85) 23:32 3 Duncan Gould (90) 24:19 4 Ryan Noon (87) 22:49 5 Harshad Patel (93) 25:15 6 Michael Morley (89) 22:11</p>	<p>103 Gloucester AC 'C' 2:32:43</p> <p>1 David Gresswell (103) 23:08 2 Peter Jeffery (106) 25:00 3 Neil Hobbs (107) 25:42 4 Benjamin Griffiths (107) 26:36 5 Ian Summers (106) 25:29 6 Martin Brook (104) 26:48</p>
<p>90 Stroud & District AC 'B' 2:19:43</p> <p>1 N Hitchcroft (100) 22:47 2 Jacob Muskett (99) 24:02 3 John Sowden (95) 23:23 4 James Holliday (91) 22:52 5 Dominic Salter (92) 23:39 6 Matthew Gorman (90) 23:00</p>	<p>104 City Of Birmingham Striders 'B' 2:36:42</p> <p>1 Balal Qureshi (121) 25:21 2 Matthew Allen (115) 26:14 3 Richard Mckenna (112) 25:43 4 Henry Metcalf (111) 26:38 5 Kevin Sylvester (113) 27:30 6 Ben Eastland (105) 25:16</p>
<p>91 Worksop Harriers 'B' 2:19:47</p> <p>1 Henry Brady (86) 21:44 2 Chris Johnson (91) 24:00 3 Adam Jonczyk (93) 23:44 4 Dominic Ayton (95) 24:47 5 Steve Carr (94) 23:14 6 Bryan Cherry (91) 22:18</p>	<p>105 Sutton In Ashfield Harriers & 2:36:49</p> <p>1 Lewis Tarnai Wilson (78) 21:16 2 Duncan Myford (103) 26:36 3 Martin Greensmith (110) 27:36 4 Daniel Crow (106) 24:31 5 Steven Roebuck (109) 29:01 6 Anton Newell (106) 27:49</p>
<p>92 Knowle & Dorridge RC 'B' 2:20:15</p> <p>1 Matt Hipwell (49) 19:50 2 David Carbutt (61) 21:47 3 Paul Bentley (74) 23:23 4 Michael Day (78) 24:29 5 Anthony Ellis (73) 21:59 6 Chris Raw (92) 28:47</p>	<p>106 Massey Ferguson RC 'B' 2:36:50</p> <p>1 Mark Eastwood (119) 25:10 2 Paul Curtis (116) 26:38 3 Andrew Popplewell (114) 27:58 4 Alan McDougall (112) 24:17 5 David Clarke (111) 25:52 6 Barry Allen (107) 26:55</p>
<p>93 Dudley Kingswinford RC 'A' 2:21:07</p> <p>1 Daniel Durn (85) 21:34 2 Mark Gatenby (93) 24:26 3 Jamie Hudson (92) 23:11 4 Richard Jones (92) 24:07 5 Elliot Jones (80) 20:56 6 David Round (93) 26:53</p>	<p>107 Northbrook AC 'C' 2:38:25</p> <p>1 Damian Pharoah (105) 23:17 2 Lee Newark (112) 26:31 3 Jonathan Vardy (109) 25:08 4 Craig Webb (109) 26:37 5 Chris Smith (107) 26:12 6 Kevin Erne (108) 30:40</p>
<p>94 Newcastle Staffs AC 'B' 2:23:43</p> <p>1 Stuart Cassidy (118) 24:53 2 James Taylor (92) 21:03 3 Matthew Robinson (85) 22:25 4 Lee Kempson (94) 25:29 5 Jonathan Ranford (97) 25:39 6 Alex Harford (94) 24:14</p>	<p>108 Desford Striders 'A' 2:41:44</p> <p>1 Alex Adie (43) 19:34 2 Adam Mills (94) 26:36 3 Gavin Heward (108) 28:12 4 Ian Birnie (114) 31:57 5 Simon Clough (114) 26:35 6 Matt Curtis (109) 28:50</p>
<p>95 Western Tempo 'H' 2:24:36</p> <p>1 Andrew Prohett (111) 23:53 2 Robert Blackmun (102) 23:52 3 Tim Lowrie (102) 23:51 4 Nick Currie (97) 23:37 5 Philip Harding (99) 27:09 6 Mike Hughes (95) 22:14</p>	<p>109 Northbrook AC 'D' 2:43:11</p> <p>1 Paul Robbins (122) 25:34 2 Kevin Coughlan (119) 29:53 3 Spencer Davies (118) 25:52 4 Adrian Lowe (118) 29:55 5 Terry Moynaan (115) 24:09 6 Tom Miller (110) 27:48</p>
<p>96 Bournville Harriers 'B' 2:24:37</p> <p>1 Joshua Bough (93) 22:16 2 George Lynch (96) 24:14 3 Chris Hamlett (105) 26:51 4 Richard Davies (102) 24:31 5 Jonathan Mould (98) 23:19 6 Andrew Wheeler (96) 23:26</p>	<p>110 Sphinx AC 'B' 2:44:18</p> <p>1 Dave Mclean (112) 24:02 2 Anthony O'Brien (114) 27:31 3 Fintan Mcsharry (116) 29:00 4 Andrew Winn (115) 26:47 5 Paul Slatford (117) 29:49 6 Andy Wilkinson (111) 27:09</p>

Midland Counties Road Relays

at Sutton Park on Saturday 23rd September 2023

111 Dudley Kingswinford RC

'B' 2:52:30			
1 T Dunne (125) 27:28	2 Robert Jones (123) 29:21		
3 Robert Langford (124) 31:52	4 James Simms (121) 29:49		
5 Hamed Stevens (121) 27:43	6 Richard Tonks (113) 26:17		

112 City Of Birmingham Striders

'C' 2:54:29			
1 Tajinder Gill (128) 29:01	2 David Nunezbecerra (122) 27:22		
3 Joshua Dyal (122) 30:27	4 Naved Akhtar (119) 27:01		
5 Sam Pickering (119) 30:00	6 Daniel Snook (114) 30:38		

113 Halesowen Acc

'E' 2:54:57			
1 Matt Allen (126) 27:59	2 Ian Priest (125) 33:28		
3 Alexander Kennedy (123) 26:53	4 Steven Horton (120) 28:05		
5 Andrew Nock (120) 27:58	6 Adrian Low (115) 30:34		

114 Birmingham Running A&T

'E' 2:58:23			
1 John Mckeeon (113) 24:14	2 Sandeep Dharmi (127) 39:27		
3 David Sansom (126) 30:31	4 Andrew Knight (122) 26:24		
5 Tim Rogers (122) 26:57	6 Nigel Dawes (116) 30:50		

115 Bournville Harriers

'C' 3:09:41			
1 Stewart Crowton (129) 30:10	2 Michael McDermott (126) 31:18		
3 Kevin Peace (125) 30:11	4 Anthony Hayward (123) 39:44		
5 Richard Leaper (123) 28:21	6 Stephen Doswell (117) 29:57		

Disqualified -

Spa Striders

'B' 2:30:03			
1 Iain Roebuck (107) 23:38	2 Matt Leydon (105) 24:26		
3 Chris Wallace (98) 22:22	4 Ian Davis (98) 25:48		
5 DISQUALIFIED (103) 27:53	6 Darren Tosh (102) 25:56		

Dudley Kingswinford RC

'C' 2:46:36			
1 Mark Homer (127) 28:34	2 Peter Stevens (124) 28:41		
3 Liam Simner (121) 26:22	4 DISQUALIFIED (117) 27:25		
5 Andrew Weaver (118) 29:40	6 Andrew Wood (112) 25:54		

Incomplete Teams:

City Of Stoke AC

'B'			
1 Daniel Ray (63) 20:29	2 Dan Salt (70) 22:06		
3 Josh Roura (65) 21:11	4 Callum Dillon (69) 22:37		
5 Phil Rowley (72) 24:15			

Newark AC

'B'			
1 Chris Ward (69) 20:48	2 David Robinson (65) 21:12		
3 Thomas Newbold (101) 29:05	4 Tom Newbould (100) 25:45		
5 Adrian Dix (96) 22:39			

West Bromwich Harriers

'B'			
1 Karl Moore (108) 23:43	2 Stephen Plummer (104) 24:17		
3 Chris Crabbe (103) 24:22	4 Robert Mann (105) 27:36		
5 Chris Davis (108) 28:31			

Northbrook AC

'B'			
1 Smita Alan (120) 25:17	2 Andy Hyland (117) 27:39		
3 Rhys Robbins (115) 27:21	4 Craig Holmes (110) 22:15		
5 Tim Hughes (110) 27:00			

Kenilworth Runners

'B'			
1 Colin Bailey (109) 23:45	2 Martin Broomfield (118) 30:20		
3 Ryan Baker (117) 26:31	4 Matthew Atkinson (113) 25:02		
5 Richard Beattie (112) 24:19			

Hinckley RC

'B'			
1 Nicholas Moore (94) 22:35	2 A Dolphinrowland (107) 25:34		
3 Gary Carille (119) 33:56	4 Lee Randall (116) 26:21		
5 Paul Godfrey (116) 28:21			

Kettering Town Harriers

'B'			
1 Joshua Cannell (64) 20:34	2 Tony James (80) 22:52		
3 Joshua Geddes (69) 20:53			

Desford Striders

'B'			
1 Ryan Francis (115) 24:19	2 Graham Hobbs (113) 26:51		
3 James Oulton (113) 27:17			

Knowle & Dorrige RC

'C'			
1 Peter Austin (124) 26:26	2 Cameron Brown (120) 29:05		
3 John Parkin (120) 26:53			

Charnwood A C

'B'			
1 Paul Cherry (123) 26:23	2 Nigel Scoggins (121) 29:20		

Notts AC

'D'			
1 Sam Godwin (80) 21:21			

Coventry Godiva Harriers

'C'			
1 Alfie Bruschi (116) 24:28			

Fastest of all legs

1 Omar Ahmed	Birchfield	A	16:52(5)
2 Kadar Omar	Birchfield	A	17:12(6)
3 Max Davis	Bristol&We	A	17:30(3)
4 Jack Millar	Bristol&We	A	17:34(1)
5 Simon Byrne	SwindonHar	A	17:37(4)
= Dom James	WesternTem	A	17:37(4)
7 E Smithrasmussen	NewarkAc	A	17:40(2)
= Joshua Lay	Rugby&Nort	A	17:40(1)
9 George Beardmore	WorcesterA		17:41(1)
10 Charlie Davis	Birmingham	A	17:45(3)