

The Manchester Mile hosted by Manchester Harriers & AC at Sportscity on Wednesday 21st

Event	Heat	Pos	First Name	Surname	Club
Mile		9	1 Harry	Wakefield	Salford Harriers & AC
Mile		9	2 Chris	Livesey	Preston Harriers
Mile		9	3 Ryan	Moore	Vale Royal Ac
Mile		9	4 Harry	Sinclair	Trafford AC
Mile		9	5 Bruno	Lima	Salford Harriers & AC
Mile		9	6 Cameron	Oliver	Kirkby Milers AC
Mile		9	7 George	Wallace	City Of Sheffield And Dearne A
Mile		9	8 Luke	Turner	Glaxo Hoad Hill Harriers
Mile		9	9 Conor	Wilkinson	Bury Athletic Club
Mile		8	1 David	Carroll	Oldham & Royton H & Ac
Mile		9	10 Mark	Ward	Cheshire Dragons
Mile		8	2 Tom	Stephenson	Sale Harriers Manchester
Mile		7	1 Sam	Caddick	Didsbury Runners
Mile		7	2 Alex	Randerson	Manchester YMCA Harriers
Mile		7	3 Meng Chong	Leong	Didsbury Runners
Mile		7	4 Damien	McHugh	Didsbury Runners
Mile		7	5 Luke	Kelly	Chorlton Runners
Mile		8	3 Joseph	Twigg	Salford Harriers & AC
Mile		8	4 Neil	Pendlebury	Altrincham & District Athletic Cl
Mile		6	1 David	Kearney	Manchester YMCA Harriers
Mile		8	5 Richard	Johnson	Altrincham & District Athletic Cl
Mile		8	6 Philip	Tompkinson	Manchester YMCA Harriers
Mile		7	6 Sam	Perkins	Didsbury Runners
Mile		7	7 Graham	Topping	Preston Harriers
Mile		8	7 Fahmi	Mohammed	Belle Vue Racers
Mile		8	8 Nick	Jackson	Manchester YMCA Harriers
Mile		8	9 Lawrence	Ferguson	Manchester YMCA Harriers
Mile		8	10 Thomas	Minshull	Boalloy Running Club
Mile		4	1 James	Williams	Lymm Runners
Mile		7	8 Lee	Hulme	Manchester Triathlon Club
Mile		6	2 Tony	Hughes	Manchester YMCA Harriers
Mile		7	9 Nick	Lyon	Rothwell Harriers & AC
Mile		6	3 Giles	Bennett	Bury Athletic Club
Mile		7	10 Phil	Facey	Manchester YMCA Harriers
Mile		5	1 Daniel	Martin	Swinton Runners
Mile		5	2 Tim	Shanker	Manchester YMCA Harriers
Mile		7	11 Phill	Edwards	Dragons Running Club (Sale)
Mile		7	12 Samuel	Drinkwater	Eryri Harriers
Mile		6	4 Chris	Essex	Unattached
Mile		6	5 Fred	Salvini	Swinton Running Club
Mile		6	6 Lisa	Gawthorne	Liverpool Pembroke & Sefton F
Mile		6	7 Dominic	Sexton	Northern Masters AC
Mile		5	3 Richard	Jackson	Swinton Running Club
Mile		6	8 Caitlyn	Johnston	Bury Athletic Club
Mile		5	4 Dominic	Gibson	Altrincham & District Athletic Cl
Mile		6	9 Steve	Taylor	Wirral AC
Mile		5	5 Danielle	Jepson	Fylde Coast Runners
Mile		5	6 Tom	Watson	Boalloy Running Club
Mile		6	10 Sarah	Goulden	Sale Harriers Manchester
Mile		5	7 Matthew	Parmenter	St Helens Striders
Mile		5	8 Matt	Farr	Didsbury Runners
Mile		4	2 Barry	Greaves	Royton Road Runners
Mile		4	3 Barry	Fenton	Manchester Harriers & AC
Mile		5	9 Steven	Doxey	Swinton Running Club
Mile		4	4 Laura	Brown	Didsbury Runners
Mile		5	10 Jane	Halloran	Skyrac Athletic Club
Mile		5	11 Ben	Stredder	Didsbury Runners

Mile	4	5 Chris	Sewart	Manchester Harriers & Ac
Mile	2	1 Carl	Braddock	Unattached
Mile	4	6 Rebecca	Mills	Swinton Running Club
Mile	3	1 Paul	Turner	Unattached
Mile	3	2 Casey	Longden	Manchester Harriers & AC
Mile	3	3 Ani	Das	Swinton Running Club
Mile	4	7 Matt	Hanson	Manchester Harriers & AC
Mile	3	4 Ian	Aitchison	Rochdale Harriers & AC
Mile	4	8 Helen	Nation	Swinton Running Club
Mile	4	9 Eloise	Billington	Chorlton Runners
Mile	3	5 Catriona	Marshall	Wilmslow Running Club
Mile	3	6 Caroline	Baba	Manchester Harriers & AC
Mile	3	7 Kate	Sutton	Wilmslow Running Club
Mile	2	2 Alan	Beaumont	Manchester YMCA Harriers
Mile	3	8 Sally	Wood	Manchester YMCA Harriers
Mile	2	3 Paul	Rutherford	Swinton Running Club
Mile	1	1 Justin	Coleman	Swinton Running Club
Mile	2	4 Rob	Parkin	Congleton Harriers
Mile	2	5 Isabelle	Qamar	Didsbury Runners
Mile	3	9 Adam	Connell	Swinton Running Club
Mile	2	6 Lindsey	Farrelly	Manchester Harriers & AC
Mile	2	7 John	Archer	Sale Harriers Manchester
Mile	2	8 Mike	Cunningham	Manchester Harriers & AC
Mile	2	9 Geoff	Beattie	Sale Harriers Manchester
Mile	2	10 Angela	Turner	Unattached
Mile	3	10 Ray	Dalby	Rochdale Harriers & AC
Mile	2	11 Rod	Scholes	Barnsley AC
Mile	1	2 Hannah	Blackwell	Manchester Harriers & AC
Mile	2	12 John	Waterton	Didsbury Runners
Mile	1	3 Sarah	Bullock	Swinton Running Club
Mile	2	13 Craig	Turner	Manchester Harriers & AC
Mile	1	4 Kerry	Adamsbaum	Swinton Running Club
Mile	1	5 Sara	Das	Swinton Running Club
Mile	1	6 Katherine	Jackson	Swinton Running Club
Mile	1	7 Graeme	Wilkinson	Manchester YMCA Harriers
Mile	1	8 Heather	Mitchell	Dewsbury Road Runners
Mile	1	9 Wendy	Doxey	Swinton Running Club
Mile	1	10 Amanda	Coleman	Swinton Running Club
Mile	1	11 Debbie	Boardman	Stockport Harriers & AC
Mile	1	12 John	O'Brien	Manchester Harriers & AC

t June 2023

Cat	Time (m:s)
MSEN	04:08.18
M40	04:20.19
MSEN	04:24.42
M23	04:25.01
M40	04:29.72
M20	04:34.36
M17	04:42.16
MSEN	04:43.80
M35	04:45.75
M40	04:46.57
M40	04:47.68
M40	04:48.76
MSEN	04:52.25
MSEN	04:53.74
M35	04:56.10
M35	04:57.04
M35	04:58.20
MSEN	05:01.12
M50	05:03.38
M35	5:04.06
M55	05:05.58
M35	5:05.82
MSEN	05:07.18
M40	05:07.51
M40	05:08.81
M35	05:09.30
M35	05:10.79
MSEN	05:16.51
M45	05:19.19
M40	05:20.40
MSEN	05:21.94
M40	05:23.67
M55	05:23.91
M45	05:25.22
M50	05:25.63
M55	05:26.47
M35	05:27.99
MSEN	05:28.02
MSEN	05:29.47
M55	05:30.23
F40	05:30.30
M55	05:32.38
M40	05:34.39
F23	05:36.59
M17	05:37.30
M60	05:38.44
F45	05:39.43
MSEN	05:40.68
FSEN	05:44.67
M45	05:47.40
M40	05:49.42
M65	05:50.87
M45	05:51.87
M60	05:54.79
F40	05:58.21
F50	05:59.60
M45	06:00.32

M45	06:14.34
M60	06:17.23
F40	06:17.57
M40	06:20.76
M40	06:22.67
M40	06:25.68
M45	06:26.25
M65	06:29.90
F45	06:30.04
FSEN	06:37.53
F55	06:39.74
F40	06:41.20
F60	06:42.79
MSEN	06:44.16
F35	06:58.58
M55	07:06.64
M50	07:09.17
M50	07:12.16
F50	07:12.93
M35	07:15.03
F45	07:20.91
M70	07:21.79
M75	07:23.62
M70	07:31.78
F45	07:34.61
M65	07:35.07
M75	07:46.79
FSEN	07:50.24
M65	07:51.65
F45	07:51.93
M55	08:03.40
F45	08:28.44
F35	08:41.15
F40	08:47.75
M40	08:53.18
F70	09:10.16
F60	09:13.29
F50	09:25.69
F50	09:47.65
M65	10:44.35