

Manchester Area Cross Country League at Heaton Park on Saturday 14th October 2023

Under 11 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2503	Ethan Statham	Bury Athletic Club	11:18	25	1632	Joesph McGinnis	Salford Metropolitan Ac	13:12
2	2273	Tommy Calland	Warriors Pentathlon & AC	11:20	26	68	Farland Luca Mc	Altrincham & District Ac	13:17
3	1401	Toby Harrison	Sale Harriers Manchester	11:25	27	1550	Zac Holman	Salford Harriers & AC	13:18
4	1633	Loxley Schofield	Salford Metropolitan Ac	11:29	28	1634	Jenson Snape	Salford Metropolitan Ac	13:20
5	2281	Bobby Hughes	Warriors Pentathlon & AC	11:38	29	1681	James Goddard	St Helens Sutton Ac	13:27
6	2190	Alex Farrell	Warrington A C	11:48	30	1988	Sebastian White	Trafford Athletic Club	13:47
7	2301	Lucas Barnett	Warriors Pentathlon & AC	11:50	31	1405	Kasper Lind-Hanson	Sale Harriers Manchester	13:51
8	1404	Joshua Howell	Sale Harriers Manchester	11:58	32	2474	Hamish Casey	Wirral Ac	13:54
9	1408	Arthur O'Hare	Sale Harriers Manchester	12:00	33	1823	Thomas Sedgley	Stockport Harriers & Ac	13:56
10	1410	James Walsh	Sale Harriers Manchester	12:14	34	211M	Hibbert-Layland	Buxton AC	14:05
11	209	Oliver Ball	Buxton AC	12:15	35	2203	Sam Millar	Warrington A C	14:09
12	675	Theo Pickstone	Horwich R M I Harriers	12:19	36	66	Tobias Ditchfield	Altrincham & District Ac	14:14
13	1406	Harry McLoone	Sale Harriers Manchester	12:36	37	2475	Henry Oakes	Wirral Ac	14:20
14	2191	Alfie Furnival	Warrington A C	12:40	38	1635	Oliver Turner	Salford Metropolitan Ac	14:21
15	2283	Quinn McCaul	Warriors Pentathlon & AC	12:40	39	1552	Scott Wright	Salford Harriers & AC	14:29
16	1407	Edward Moran	Sale Harriers Manchester	12:46	40	2193	Luke Horman	Warrington A C	14:35
17	1545	Max Casey	Salford Harriers & AC	12:49	41	1398	Tristan Burton	Sale Harriers Manchester	14:48
18	1824	Samuel Shatwell	Stockport Harriers & Ac	12:50	42	1631	William Garside	Salford Metropolitan Ac	15:03
19	1822	Dominic Riley	Stockport Harriers & Ac	12:53	43	2189	Percy Booker	Warrington A C	15:26
20	1548	Harry Emery	Salford Harriers & AC	12:54	44	1399	Finley Coleman	Sale Harriers Manchester	15:51
21	2294	Jacob-Lee Wilson	Warriors Pentathlon & AC	12:55	45	70	Isaac Waite	Altrincham & District Ac	16:35
22	1629	Charles Adamson	Salford Metropolitan Ac	12:57	46	1987	Jake Moran	Trafford Athletic Club	17:08
23	534	Harry Bird	East Cheshire Harriers & Tames	12:58	47	676	Jacob Wilkinson	Horwich R M I Harriers	20:19
24	2290	Aarav Shah	Warriors Pentathlon & AC	13:00					

Under 11 - Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Warriors Pentathlon & AC	11	—	1	Tommy Calland	4	Bobby Hughes	6	Lucas Barnett
2	Sale Harriers Manchester	17	—	2	Toby Harrison	7	Joshua Howell	8	Arthur O'Hare
3	Sale Harriers Manchester 'B'	36	—	9	James Walsh	12	Harry McLoone	15	Edward Moran
4	Salford Metropolitan Ac	48	—	3	Loxley Schofield	21	Charles Adamson	24	Joesph McGinnis
5	Warrington A C	52	—	5	Alex Farrell	13	Alfie Furnival	34	Sam Millar
6	Warriors Pentathlon & AC 'B'	57	—	14	Quinn McCaul	20	Jacob-Lee Wilson	23	Aarav Shah
7	Salford Harriers & AC	61	—	16	Max Casey	19	Harry Emery	26	Zac Holman
8	Stockport Harriers & Ac	67	—	17	Samuel Shatwell	18	Dominic Riley	32	Thomas Sedgley
9	Altrincham & District Ac	104	—	25	Farland Luca Mc	35	Tobias Ditchfield	44	Isaac Waite
10	Salford Metropolitan Ac 'B'	105	—	27	Jenson Snape	37	Oliver Turner	41	William Garside
11	Sale Harriers Manchester 'C'	113	—	30	Kasper Lind-Hanson	40	Tristan Burton	43	Finley Coleman

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Under 11 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2258	Daisy McVicar	Warriors Pentathlon & AC	11:36	28	1555	Eliza Corrigan	Salford Harriers & AC	14:42
2	2199	Emilia Gandy	Warrington A C	12:24	29	2241	Rosanna Abdulla	Warriors Pentathlon & AC	14:47
3	1489	Lucy O'Brien	Sale Harriers Manchester	12:26	30	1556	Faye Johnson	Salford Harriers & AC	14:52
4	2240	Charlotte Mackie	Warriors Pentathlon & AC	12:36	31	2133	Jane Carrington	Vale Royal Ac	14:57
5	2264	Jasmine Rogan	Warriors Pentathlon & AC	12:43	32	1640	Holly Hutchinson	Salford Metropolitan Ac	15:05
6	1412	Florence Connolly	Sale Harriers Manchester	13:04	33	1644	Ella Sobowale	Salford Metropolitan Ac	15:09
7	1685	Sophia Hunter	St Helens Sutton Ac	13:14	34	2252	Ameka Eardley	Warriors Pentathlon & AC	15:14
8	811	Nancy McEvoy	Liverpool Harriers & Ac	13:24	35	956	Caoimhe Finley	Manchester Harriers & Ac	15:25
9	1416	Emma Jones	Sale Harriers Manchester	13:28	36	2260	Ava Neal	Warriors Pentathlon & AC	15:29
10	2261	Emily Niccolls	Warriors Pentathlon & AC	13:32	37	807	Ava Feenan	Liverpool Harriers & Ac	15:33
11	952	Natalie Almond	Manchester Harriers & Ac	13:35	38	1825	Emilia Darnley	Stockport Harriers & Ac	15:46
12	679	Isla Newton	Horwich R M I Harriers	13:36	39	2198	Charlotte Andrew	Warrington A C	15:47
13	2305	Poppy-Mai Boden	Warriors Pentathlon & AC	13:37	40	1420	Annabel Wetters	Sale Harriers Manchester	15:53
14	2204	Bethany Roberts	Warrington A C	13:38	41	680	Florence Simm	Horwich R M I Harriers	15:56
15	1553	Gabrielle Baxter	Salford Harriers & AC	13:44	42	1645	Bronwen Soper	Salford Metropolitan Ac	16:08
16	815	Sarah Roberts	Liverpool Harriers & Ac	13:45	43	1551	India Saunders	Salford Harriers & AC	16:19
17	2244	Isabelle Boyd	Warriors Pentathlon & AC	13:53	44	1414	Priya Fitton	Sale Harriers Manchester	16:22
18	71	Alice Boothroyd	Altrincham & District Ac	14:01	45	953	Esme Channon	Manchester Harriers & Ac	16:56
19	74	Erin Maule	Altrincham & District Ac	14:18	46	957	Helena Parikh	Manchester Harriers & Ac	17:04
20	1637	Florence Barker	Salford Metropolitan Ac	14:19	47	955	Esme Fenton	Manchester Harriers & Ac	17:05
21	72	Isla Doyle	Altrincham & District Ac	14:22	48	2333	Isla Lambert	West Cheshire Athletic Club	17:49
22	808	Mia Feenan	Liverpool Harriers & Ac	14:23	49	1683	Evelyn Bushell	St Helens Sutton Ac	18:06
23	73	Caitlin Fagan	Altrincham & District Ac	14:25	50	1684	Lucy Clauge	St Helens Sutton Ac	18:26
24	1421	Beth Woodman	Sale Harriers Manchester	14:26	51	1686	Juliana Roberts	St Helens Sutton Ac	18:49
25	2200	Florance Mark	Warrington A C	14:27	52	2551	LuCy O'Brien	Sale Harriers Manchester	19:15
26	812	Caitlin McGuirk	Liverpool Harriers & Ac	14:36	53	678	Jennifer Irving	Horwich R M I Harriers	19:41
27	1415	Alice Horsfall	Sale Harriers Manchester	14:40	54	845	Olivia Lord	Macclesfield Harriers & Ac	22:11

Under 11 - Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Warriors Pentathlon & AC	10	—	1	Daisy McVicar	4	Charlotte Mackie	5	Jasmine Rogan
2	Sale Harriers Manchester	18	—	3	Lucy O'Brien	6	Florence Connolly	9	Emma Jones
3	Warriors Pentathlon & AC 'B'	40	—	10	Emily Niccolls	13	Poppy-Mai Boden	17	Isabelle Boyd
4	Warrington A C	41	—	2	Emilia Gandy	14	Bethany Roberts	25	Florance Mark
5	Liverpool Harriers & Ac	46	—	8	Nancy McEvoy	16	Sarah Roberts	22	Mia Feenan
6	Altrincham & District Ac	58	—	18	Alice Boothroyd	19	Erin Maule	21	Isla Doyle
7	Salford Harriers & AC	73	—	15	Gabrielle Baxter	28	Eliza Corrigan	30	Faye Johnson
8	Salford Metropolitan Ac	85	—	20	Florence Barker	32	Holly Hutchinson	33	Ella Sobowale
9	Sale Harriers Manchester 'B'	91	—	24	Beth Woodman	27	Alice Horsfall	40	Annabel Wetters
10	Manchester Harriers & Ac	91	—	11	Natalie Almond	35	Caoimhe Finley	45	Esme Channon
11	Warriors Pentathlon & AC 'C'	99	—	29	Rosanna Abdulla	34	Ameka Eardley	36	Ava Neal
12	St Helens Sutton Ac	106	—	7	Sophia Hunter	49	Evelyn Bushell	50	Lucy Clauge
13	Horwich R M I Harriers	106	—	12	Isla Newton	41	Florence Simm	53	Jennifer Irving

Manchester Area Cross Country League at Heaton Park on Saturday 14th October 2023

Under 13 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	1688	Bobby Birkett	St Helens Sutton Ac	12:03	41	1426	Henry Friend	Sale Harriers Manchester	14:12
2	2278	N Glascott-Tull	Warriors Pentathlon & AC	12:16	42	1433	Ben Jones	Sale Harriers Manchester	14:16
3	823	Bobby McEvoy	Liverpool Harriers & Ac	12:20	43	1832	Alex Moore	Stockport Harriers & Ac	14:18
4	821	Peter Herring	Liverpool Harriers & Ac	12:26	44	2210	Edward Walker	Warrington A C	14:23
5	1431	George Horsfall	Sale Harriers Manchester	12:33	45	1429	William Haskins	Sale Harriers Manchester	14:27
6	2289	Harry Redhead	Warriors Pentathlon & AC	12:40	46	1423	Reuben Dunn	Sale Harriers Manchester	14:27
7	540	Oliver Mannion	East Cheshire Harriers & Tames	12:42	47	1833	Jack Proctor	Stockport Harriers & Ac	14:29
8	1997	Thomas Daly	Trafford Athletic Club	12:44	48	1830	Felix Dickinson	Stockport Harriers & Ac	14:36
9	2206	Euan Lawton	Warrington A C	12:48	49	542	Jake Reaney	East Cheshire Harriers & Tames	14:38
10	828	Sebastian Wheatcroft	Liverpool Harriers & Ac	12:50	50	2004	Daniel White	Trafford Athletic Club	14:40
11	217	Freddie Creswell	Buxton AC	12:59	51	1428	Samuel Haskins	Sale Harriers Manchester	14:41
12	2138	Harvey Brown	Vale Royal Ac	13:00	52	1691	Jamie Hughes	St Helens Sutton Ac	14:46
13	1999	Ethan O'Brien	Trafford Athletic Club	13:00	53	1827	Theodore Buckley	Stockport Harriers & Ac	14:48
14	1427	Jake Harrison	Sale Harriers Manchester	13:05	54	2285	William Murphy	Warriors Pentathlon & AC	14:49
15	2272	Charlie Bibby	Warriors Pentathlon & AC	13:07	55	77	Charles Bennett	Altrincham & District Ac	14:50
16	682	Charlie Cowburn	Horwich R M I Harriers	13:08	56	2142	James Reynolds	Vale Royal Ac	14:51
17	1834	Alistair Riley	Stockport Harriers & Ac	13:08	57	1996	Sammy Cowles	Trafford Athletic Club	14:51
18	2485	Thomas Smout	Wirral Ac	13:12	58	1650	Musab Noman	Salford Metropolitan Ac	14:52
19	818	Callum Finch	Liverpool Harriers & Ac	13:13	59	82	Nico Sidebottom	Buxton AC	14:54
20	2208	Harry Millar	Warrington A C	13:15	60	1648	Ted Garside	Salford Metropolitan Ac	15:08
21	1993	Thomas Aron	Trafford Athletic Club	13:16	61	858	Eric Dickinson	Macclesfield Harriers & Ac	15:11
22	1992	Matthew Aron	Trafford Athletic Club	13:20	62	2481	Thomas Heap	Wirral Ac	15:15
23	1652	Harry Skeer	Salford Metropolitan Ac	13:30	63	1430	Freddie Hooton	Sale Harriers Manchester	15:18
24	1564	Flynn Slattery	Salford Harriers & AC	13:30	64	83	Max Tempest	Altrincham & District Ac	15:20
25	1560	Sam Burton	Salford Harriers & AC	13:32	65	1836	Noah Shirres	Stockport Harriers & Ac	15:23
26	1559	Oscar Bundy	Salford Harriers & AC	13:34	66	81	Filip Mikolajczyk	Altrincham & District Ac	15:26
27	2482	Orson Wakefield	Wirral Ac	13:39	67	2478	Benjamin Chalmers	Wirral Ac	15:48
28	2483	Rory Boyd	Wirral Ac	13:41	68	216	George Cottrell	Buxton AC	15:50
29	2002	Joseph Thomas	Trafford Athletic Club	13:43	69	539	Sebastien Gregory	East Cheshire Harriers & Tames	15:51
30	2000	Ralphie Rome	Trafford Athletic Club	13:48	70	820	Cian Hambleton	Liverpool Harriers & Ac	15:59
31	1826	Eli Bissett	Stockport Harriers & Ac	13:50	71	1838	Will Edwards	Stockport Harriers & Ac	16:12
32	1432	Oliver Howell	Sale Harriers Manchester	13:51	72	541	James Nelson	East Cheshire Harriers & Tames	16:17
33	1689	Sam Callaghan	St Helens Sutton Ac	13:54	73	1694	Lucas Vine	St Helens Sutton Ac	16:21
34	824	Murphy Midgley	Liverpool Harriers & Ac	13:55	74	1649	Alfie Lavelle	Salford Metropolitan Ac	16:29
35	2005	Patrick Widdop	Trafford Athletic Club	13:59	75	683	Flynn Harris	Horwich R M I Harriers	16:39
36	2336	Max Henderson	West Cheshire Athletic Club	14:00	76	1837	Rowan Trollope	Stockport Harriers & Ac	16:42
37	827	Harrison Spencer	Liverpool Harriers & Ac	14:01	77	78	Alex Cojeen	Altrincham & District Ac	16:54
38	1561	George Corrigan	Salford Harriers & AC	14:01	78	1563	Rafael Lima	Salford Harriers & AC	17:45
39	1647	Arthur Barker	Salford Metropolitan Ac	14:03	79	1752	Louis Gage	Start2jog	20:21
40	538	Matthew Bailey	East Cheshire Harriers & Tames	14:05					

Under 13 - Boys — TEAM RESULTS

1	Liverpool Harriers & Ac	17	—	3	Bobby McEvoy	4	Peter Herring	10	Sebastian Wheatcroft
2	Warriors Pentathlon & AC	23	—	2	N Glascott-Tull	6	Harry Redhead	15	Charlie Bibby
3	Trafford Athletic Club	42	—	8	Thomas Daly	13	Ethan O'Brien	21	Thomas Aron
4	Sale Harriers Manchester	51	—	5	George Horsfall	14	Jake Harrison	32	Oliver Howell
5	Wirral Ac	73	—	18	Thomas Smout	27	Orson Wakefield	28	Rory Boyd
6	Warrington A C	73	—	9	Euan Lawton	20	Harry Millar	44	Edward Walker
7	Salford Harriers & AC	75	—	24	Flynn Slattery	25	Sam Burton	26	Oscar Bundy
8	Trafford Athletic Club 'B'	81	—	22	Matthew Aron	29	Joseph Thomas	30	Ralphie Rome
9	St Helens Sutton Ac	86	—	1	Bobby Birkett	33	Sam Callaghan	52	Jamie Hughes
10	Liverpool Harriers & Ac 'B'	90	—	19	Callum Finch	34	Murphy Midgley	37	Harrison Spencer
11	Stockport Harriers & Ac	91	—	17	Alistair Riley	31	Eli Bissett	43	Alex Moore
12	East Cheshire Harriers & Tames	96	—	7	Oliver Mannion	40	Matthew Bailey	49	Jake Reaney
13	Salford Metropolitan Ac	120	—	23	Harry Skeer	39	Arthur Barker	58	Musab Noman
14	Sale Harriers Manchester 'B'	128	—	41	Henry Friend	42	Ben Jones	45	William Haskins
15	Trafford Athletic Club 'C'	142	—	35	Patrick Widdop	50	Daniel White	57	Sammy Cowles
16	Stockport Harriers & Ac 'B'	148	—	47	Jack Proctor	48	Felix Dickinson	53	Theodore Buckley
17	Sale Harriers Manchester 'C'	160	—	46	Reuben Dunn	51	Samuel Haskins	63	Freddie Hooton
18	Altrincham & District Ac	178	—	55	Charles Bennett	59	Nico Sidebottom	64	Max Tempest
19	Stockport Harriers & Ac 'C'	212	—	65	Noah Shirres	71	Will Edwards	76	Rowan Trollope

Manchester Area Cross Country League at Heaton Park on Saturday 14th October 2023

Under 13 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	2242	Eve Beddow	Warriors Pentathlon & AC	12:10	37	1567	Freya Lombard	Salford Harriers & AC	15:28
2	2243	Isobel Beddow	Warriors Pentathlon & AC	12:17	38	690	Sarah Lawman	Horwich R M I Harriers	15:30
3	1451	Beatrix Soper	Sale Harriers Manchester	12:30	39	686	Freya Blomerley	Horwich R M I Harriers	15:33
4	1843	Emily Walton	Stockport Harriers & Ac	13:00	40	2147	Eleanor Heverin	Vale Royal Ac	15:34
5	817	Maisie Williams	Liverpool Harriers & Ac	13:16	41	1569	Isobel Woods	Salford Harriers & AC	15:39
6	813	Maisie McGuirk	Liverpool Harriers & Ac	13:18	42	2213	Annie Noone	Warrington A C	15:46
7	543	Demi Baxter	East Cheshire Harriers & Tames	13:22	43	1842	Beth Healey	Stockport Harriers & Ac	15:50
8	1443	Robyn Heywood-Young	Sale Harriers Manchester	13:26	44	218	Katherine Bennett	Buxton AC	15:51
9	1439	Alesha Gubas	Sale Harriers Manchester	13:35	45	692	Sophie Orrell	Horwich R M I Harriers	15:57
10	688	Kitty Crossland	Horwich R M I Harriers	13:44	46	220	Robyn Fisher	Buxton AC	16:04
11	1434	Isla Anderson	Sale Harriers Manchester	13:53	47	2268	I Wilson	Warriors Pentathlon & AC	16:05
12	1568	Emme Lowe	Salford Harriers & AC	13:55	48	2487	Faye McKeown	Wirral Ac	16:08
13	1436	Megan Boyer	Sale Harriers Manchester	13:57	49	547	Kyla Millington	East Cheshire Harriers & Tames	16:09
14	2216	Evie-May Williams	Warrington A C	14:04	50	2214	April Rimmer	Warrington A C	16:14
15	1444	Grace Hill	Sale Harriers Manchester	14:06	51	1441	Lois Heale	Sale Harriers Manchester	16:15
16	2257	Maisy McGenity	Warriors Pentathlon & AC	14:26	52	1447	Isabelle Knighting	Sale Harriers Manchester	16:20
17	2209	Grace Rashud	Warrington A C	14:30	53	2249	Delphine Cross	Warriors Pentathlon & AC	16:26
18	1437	Isabelle Connolly	Sale Harriers Manchester	14:32	54	2006	Mya Black	Trafford Athletic Club	16:27
19	2337	Lauren Higgins	West Cheshire Athletic Club	14:33	55	2212	Elizabeth Lowe	Warrington A C	16:31
20	814	Honor Peers	Liverpool Harriers & Ac	14:35	56	1697	Lily McKeegan	St Helens Sutton Ac	16:33
21	1435	Maddy Appleby	Sale Harriers Manchester	14:35	57	693	Amelia Shan	Horwich R M I Harriers	16:35
22	1699	Lois Wilson	St Helens Sutton Ac	14:42	58	1445	Isabella Holden	Sale Harriers Manchester	16:43
23	544	Molly Holness	East Cheshire Harriers & Tames	14:45	59	1696	Melissa Goddard	St Helens Sutton Ac	16:43
24	1841	Imogen Garnett	Stockport Harriers & Ac	14:45	60	1695	Chloe Brownbill	St Helens Sutton Ac	16:45
25	689	Grace Freary	Horwich R M I Harriers	14:52	61	696	Maddison Wilkinson	Horwich R M I Harriers	17:14
26	960	Lacey Steele	Manchester Harriers & Ac	14:54	62	695	Holly Turner	Horwich R M I Harriers	17:18
27	2211	Eva Hayes	Warrington A C	14:56	63	687	Jessie Cox	Horwich R M I Harriers	17:23
28	810	Grace McArthur	Liverpool Harriers & Ac	14:57	64	1449	Isobel Leak	Sale Harriers Manchester	17:39
29	809-	Garcia	Liverpool Harriers & Ac	14:57	65	1840	Emily Fox	Stockport Harriers & Ac	17:40
30	1438	Eve Dowling	Sale Harriers Manchester	15:01	66	1245	Roisin Jordan	Oldham & Royton H & Ac	17:40
31	546	Erin McMahan	East Cheshire Harriers & Tames	15:05	67	1440	Grace Haywood	Sale Harriers Manchester	17:41
32	1446	Amber Khan	Sale Harriers Manchester	15:09	68	1566	Gracie Carthy	Salford Harriers & AC	17:44
33	2248	Poppy Coates	Warriors Pentathlon & AC	15:15	69	1448	Evelyn Langford	Sale Harriers Manchester	17:44
34	545	Imogen McBurnie	East Cheshire Harriers & Tames	15:17	70	89	India Weir	Altrincham & District Ac	17:51
35	2215	Ellie-Grace Stuart	Warrington A C	15:19	71	887	Holly Walker	Macclesfield Harriers & Ac	18:02
36	2488	Katie Merriman	Wirral Ac	15:27					

Under 13 - Girls — TEAM RESULTS

1	Warriors Pentathlon & AC	19	—	1	Eve Beddow	2	Isobel Beddow	16	Maisy McGenity	
2	Sale Harriers Manchester	20	—	3	Beatrix Soper	8	Robyn Heywood-Young	9	Alesha Gubas	
3	Liverpool Harriers & Ac	31	—	5	Maisie Williams	6	Maisie McGuirk	20	Honor Peers	
4	Sale Harriers Manchester 'B'	39	—	11	Isla Anderson	13	Megan Boyer	15	Grace Hill	
5	Warrington A C	58	—	14	Evie-May Williams	17	Grace Rashud	27	Eva Hayes	
6	East Cheshire Harriers & Tames	61	—	7	Demi Baxter	23	Molly Holness	31	Erin McMahan	
7	Sale Harriers Manchester 'C'	69	—	18	Isabelle Connolly	21	Maddy Appleby	30	Eve Dowling	
8	Stockport Harriers & Ac	71	—	4	Emily Walton	24	Imogen Garnett	43	Beth Healey	
9	Horwich R M I Harriers	73	—	10	Kitty Crossland	25	Grace Freary	38	Sarah Lawman	
10	Salford Harriers & AC	90	—	12	Emme Lowe	37	Freya Lombard	41	Isobel Woods	
11	Warrington A C 'B'	127	—	35	Ellie-Grace Stuart	42	Annie Noone	50	April Rimmer	
12	Warriors Pentathlon & AC 'B'	133	—	33	Poppy Coates	47	I Wilson	53	Delphine Cross	
13	Sale Harriers Manchester 'D'	135	—	32	Amber Khan	51	Lois Heale	52	Isabelle Knighting	
14	St Helens Sutton Ac	137	—	22	Lois Wilson	56	Lily McKeegan	59	Melissa Goddard	
15	Horwich R M I Harriers 'B'	141	—	39	Freya Blomerley	45	Sophie Orrell	57	Amelia Shan	
16	Horwich R M I Harriers 'C'	186	—	61	Maddison Wilkinson	62	Holly Turner	63	Jessie Cox	
17	Sale Harriers Manchester 'E'	189	—	58	Isabella Holden	64	Isobel Leak	67	Grace Haywood	

Manchester Area Cross Country League at Heaton Park on Saturday 14th October 2023

Under 15 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	2007	Pio Aron	Trafford Athletic Club	17:40	35	1453	Matthew Cullen-Brown	Sale Harriers Manchester	20:55
2	1454	Alex Fraser	Sale Harriers Manchester	17:46	36	548	Nathan Dunn	East Cheshire Harriers & Tames	21:03
3	866	Jake Ireland	Macclesfield Harriers & Ac	17:53	37	2149	Ethan Price	Vale Royal Ac	21:05
4	2015	Archie Greenwood	Trafford Athletic Club	17:59	38	2150	Noah Simpson	Vale Royal Ac	21:13
5	2026	Tim Ye	Trafford Athletic Club	18:01	39	1703	Luke Wilson	St Helens Sutton Ac	21:14
6	1850	Zach Rose	Stockport Harriers & Ac	18:02	40	1701	Dylan Roberts	St Helens Sutton Ac	21:23
7	2024	Adrian White	Trafford Athletic Club	18:03	41	698	Finlay Mann	Horwich R M I Harriers	21:28
8	2008	Theodor Austin	Trafford Athletic Club	18:18	42	222	William Aspinall	Buxton AC	21:40
9	1459	Liam O'Brien	Sale Harriers Manchester	18:40	43	2282	Huw Maddox	Warriors Pentathlon & AC	21:41
10	962	Christopher Parikh	Manchester Harriers & Ac	18:40	44	2018	Atticus Jones	Trafford Athletic Club	21:48
11	2012	Ben Gardner	Trafford Athletic Club	18:50	45	2016	Thomas Harris	Trafford Athletic Club	21:55
12	859	Jared Dickinson	Macclesfield Harriers & Ac	18:52	46	92	Charlie Bumstead	Altrincham & District Ac	22:10
13	550	Marshall Fleet	East Cheshire Harriers & Tames	19:03	47	2220	Harvey Howard	Warrington A C	22:10
14	2021	Evan Lewis	Trafford Athletic Club	19:17	48	223	Jonty Brown	Buxton AC	22:14
15	888	Thomas Wood	Macclesfield Harriers & Ac	19:20	49	2010	Joe Cowles	Trafford Athletic Club	22:25
16	2009	A Cavanagh	Trafford Athletic Club	19:24	50	961	Joe McDonald	Manchester Harriers & Ac	22:37
17	2490	Malachi Harty	Wirral Ac	19:32	51	1847	Dylan Hodgson	Stockport Harriers & Ac	22:40
18	2148	Samuel Conkie	Vale Royal Ac	19:34	52	1849	Joshua Kanda	Stockport Harriers & Ac	22:44
19	2491	Joshua Hatton	Wirral Ac	19:41	53	1848	William Jones	Stockport Harriers & Ac	23:00
20	551	Alfie Manser	East Cheshire Harriers & Tames	19:44	54	2217	Alfie Blizzard	Warrington A C	23:01
21	2013	Oscar Gascoine	Trafford Athletic Club	19:48	55	1700	Benjamin Genner	St Helens Sutton Ac	23:01
22	1846	Sam Hill	Stockport Harriers & Ac	19:49	56	97	Thomas Turner	Altrincham & District Ac	23:02
23	2221	Elliot Taylor	Warrington A C	20:03	57	865	Christopher Houghton	Macclesfield Harriers & Ac	23:03
24	700	Harry Yates	Horwich R M I Harriers	20:04	58	96	Max McFarland	Altrincham & District Ac	23:15
25	1570	Finlay Carthy	Salford Harriers & AC	20:06	59	1653	Jack Broadhurst	Salford Metropolitan Ac	23:39
26	554	Oliver Walker	East Cheshire Harriers & Tames	20:08	60	2218	Thomas Darbyshire	Warrington A C	24:13
27	699	Mark Titmuss	Horwich R M I Harriers	20:18	61	1456	William McIntyre	Sale Harriers Manchester	24:23
28	2344	Daniel Walker	West Cheshire Athletic Club	20:20	62	1845	George Grindrod	Stockport Harriers & Ac	24:24
29	1461	Joshua Rogers	Sale Harriers Manchester	20:30	63	2025	James Wilson	Trafford Athletic Club	24:43
30	2341	Lewis Morris	West Cheshire Athletic Club	20:33	64	552	Alfie Millington	East Cheshire Harriers & Tames	24:49
31	2345	Noah Woolgar	West Cheshire Athletic Club	20:33	65	1455	Otis Kershaw	Sale Harriers Manchester	25:16
32	2020	Rowan Leeming	Trafford Athletic Club	20:38	66	1755	Finlay Smith	Start2jog	27:00
33	2307	Max Grabe	Warriors Pentathlon & AC	20:44	67	93	Alex Ditchfield	Altrincham & District Ac	30:26
34	1702	Riley Underhill	St Helens Sutton Ac	20:51	68	1246	Michal Romanowski	Oldham & Royton H & Ac	32:19

Under 15 - Boys — TEAM RESULTS

1	Trafford Athletic Club	10	—	1	Pio Aron	4	Archie Greenwood	5	Tim Ye
2	Trafford Athletic Club 'B'	26	—	7	Adrian White	8	Theodor Austin	11	Ben Gardner
3	Macclesfield Harriers & Ac	30	—	3	Jake Ireland	12	Jared Dickinson	15	Thomas Wood
4	Sale Harriers Manchester	40	—	2	Alex Fraser	9	Liam O'Brien	29	Joshua Rogers
5	Trafford Athletic Club 'C'	51	—	14	Evan Lewis	16	A Cavanagh	21	Oscar Gascoine
6	East Cheshire Harriers & Tames	59	—	13	Marshall Fleet	20	Alfie Manser	26	Oliver Walker
7	Stockport Harriers & Ac	79	—	6	Zach Rose	22	Sam Hill	51	Dylan Hodgson
8	West Cheshire Athletic Club	89	—	28	Daniel Walker	30	Lewis Morris	31	Noah Woolgar
9	Horwich R M I Harriers	92	—	24	Harry Yates	27	Mark Titmuss	41	Finlay Mann
10	Vale Royal Ac	93	—	18	Samuel Conkie	37	Ethan Price	38	Noah Simpson
11	St Helens Sutton Ac	113	—	34	Riley Underhill	39	Luke Wilson	40	Dylan Roberts
12	Trafford Athletic Club 'D'	121	—	32	Rowan Leeming	44	Atticus Jones	45	Thomas Harris
13	Warrington A C	124	—	23	Elliot Taylor	47	Harvey Howard	54	Alfie Blizzard
14	Altrincham & District Ac	160	—	46	Charlie Bumstead	56	Thomas Turner	58	Max McFarland
15	Sale Harriers Manchester 'B'	161	—	35	Matthew Cullen-Brown	61	William McIntyre	65	Otis Kershaw
16	Stockport Harriers & Ac 'B'	167	—	52	Joshua Kanda	53	William Jones	62	George Grindrod

Manchester Area Cross Country League at Heaton Park on Saturday 14th October 2023

Under 15 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	2262	Isla Pastor	Warriors Pentathlon & AC	20:01	24	1469	Ruby Langford	Sale Harriers Manchester	24:52
2	1471	Oonagh McManus	Sale Harriers Manchester	20:21	25	98	Genevieve Jackson	Altrincham & District Ac	24:53
3	2247	Holly Coates	Warriors Pentathlon & AC	21:15	26	1577	Imogen Pattison	Salford Harriers & AC	25:11
4	2224	Lilly-Ella Ford	Warrington A C	21:44	27	1704	Nicole Anders	St Helens Sutton Ac	25:27
5	816	Lillian Rotheram	Liverpool Harriers & Ac	21:54	28	2032	Beth Stanley	Trafford Athletic Club	25:29
6	1576	Sophia Nation	Salford Harriers & AC	21:58	29	1759	Felicity Thelwell	Stockport Harriers & Ac	25:44
7	2028	Rachel Bowden	Trafford Athletic Club	22:01	30	2027	Ursula Bailey	Trafford Athletic Club	26:00
8	2227	Emily Kinsey	Warrington A C	22:41	31	2230	Emma Whiston	Warrington A C	26:02
9	2346	Emilia Pyper	West Cheshire Athletic Club	22:42	32	1468	Molly Irwin	Sale Harriers Manchester	26:20
10	1463	Phoebe Carroll	Sale Harriers Manchester	22:58	33	2495	Ellie Fraser	Wirral Ac	26:53
11	1474	Maya Ross	Sale Harriers Manchester	23:04	34	2223	Orlaith Clarke	Warrington A C	26:57
12	847	Eva Mion	Macclesfield Harriers & Ac	23:16	35	2031	Sadie McCormack	Trafford Athletic Club	27:39
13	703	Grace Mort	Horwich R M I Harriers	23:17	36	1247	Charlotte Green	Oldham & Royton H & Ac	27:50
14	1575	Isabelle Hope	Salford Harriers & AC	23:24	37	557	Ava Royle	East Cheshire Harriers & Tames	27:58
15	555	Isla Herring	East Cheshire Harriers & Tames	23:31	38	225	Florence Brown	Buxton AC	28:05
16	1855	Charlotte Underwood	Stockport Harriers & Ac	23:44	39	702	Courtney Iredale	Horwich R M I Harriers	28:14
17	2029	Rowan Goodrich	Trafford Athletic Club	23:55	40	856	Daisy Whittington	Macclesfield Harriers & Ac	28:22
18	1470	Kaitlyn Malone	Sale Harriers Manchester	24:01	41	1249	Chloe Roper	Oldham & Royton H & Ac	28:30
19	2034	Anna Thomas	Trafford Athletic Club	24:12	42	701	Tia Harris	Horwich R M I Harriers	29:52
20	558	Meadow Wright	East Cheshire Harriers & Tames	24:17	43	1853	Jennifer Kennedy	Stockport Harriers & Ac	30:31
21	556	Anna Rooke	East Cheshire Harriers & Tames	24:29	44	2259	Lucy Mercer	Warriors Pentathlon & AC	31:05
22	2263	Annabelle Rogan	Warriors Pentathlon & AC	24:38	45	2030	Rosie Lowther	Trafford Athletic Club	32:25
23	2222	Sarah Ashcroft	Warrington A C	24:50					

Under 15 - Girls — TEAM RESULTS

1	Sale Harriers Manchester	23	—	2	Oonagh McManus	10	Phoebe Carroll	11	Maya Ross
2	Warriors Pentathlon & AC	26	—	1	Isla Pastor	3	Holly Coates	22	Annabelle Rogan
3	Warrington A C	35	—	4	Lilly-Ella Ford	8	Emily Kinsey	23	Sarah Ashcroft
4	Trafford Athletic Club	43	—	7	Rachel Bowden	17	Rowan Goodrich	19	Anna Thomas
5	Salford Harriers & AC	46	—	6	Sophia Nation	14	Isabelle Hope	26	Imogen Pattison
6	East Cheshire Harriers & Tames	56	—	15	Isla Herring	20	Meadow Wright	21	Anna Rooke
7	Sale Harriers Manchester 'B'	74	—	18	Kaitlyn Malone	24	Ruby Langford	32	Molly Irwin
8	Stockport Harriers & Ac	88	—	16	Charlotte Underwood	29	Felicity Thelwell	43	Jennifer Kennedy
9	Trafford Athletic Club 'B'	93	—	28	Beth Stanley	30	Ursula Bailey	35	Sadie McCormack
10	Horwich R M I Harriers	94	—	13	Grace Mort	39	Courtney Iredale	42	Tia Harris

Manchester Area Cross Country League at Heaton Park on Saturday 14th October 2023

Under 17 - Men — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	1478	Finlay Day	Sale Harriers Manchester	21:34	18	2277	Noel Ford	Warriors Pentathlon & AC	23:38
2	1479	Finlay Goddard	Sale Harriers Manchester	21:39	19	1578	Samuel Barlow	Salford Harriers & AC	23:40
3	2308	Oberon Kearney	Warriors Pentathlon & AC	21:45	20	1579	Alfie Bundy	Salford Harriers & AC	23:50
4	2039	Jay Hutchinson	Trafford Athletic Club	21:47	21	2037	Luke Carrington	Trafford Athletic Club	24:09
5	890	Michael Wood	Macclesfield Harriers & Ac	21:48	22	2233	Alexander Rix	Warrington A C	24:13
6	2498	Jack Heap	Wirral Ac	21:51	23	1477	Alfie Clare	Sale Harriers Manchester	24:18
7	2496	Ben Cronshaw	Wirral Ac	22:19	24	1761	Cian Taylor	Macclesfield Harriers & Ac	24:21
8	2045	James Walton	Trafford Athletic Club	22:35	25	889	Matthew Walker	Macclesfield Harriers & Ac	24:34
9	2155	Rhys Bowden	Vale Royal Ac	22:38	26	2499	Ben Williams	Wirral Ac	24:38
10	2044	Charlie Stanway	Trafford Athletic Club	22:43	27	2041	Dan Partington	Trafford Athletic Club	24:45
11	1710	William Vose	St Helens Sutton Ac	23:06	28	874	Hugh Noden	Macclesfield Harriers & Ac	25:06
12	2046	Josh Watson	Trafford Athletic Club	23:09	29	559	Joe Taylor	East Cheshire Harriers & Tames	25:58
13	1483	Gabor Pongracz	Sale Harriers Manchester	23:13	30	2234	Thomas Welsby	Warrington A C	26:15
14	708	Ben Topham	Horwich R M I Harriers	23:26	31	2038	Jamie Deighton	Trafford Athletic Club	27:35
15	2232	Jacob Pryor	Warrington A C	23:29	32	963	Samuel Bailey	Manchester Harriers & Ac	27:54
16	2497	Louis Hatton	Wirral Ac	23:33	33	705	Ted Billington	Horwich R M I Harriers	30:46
17	1480	Rueben Jago	Sale Harriers Manchester	23:38					

Under 17 - Men — TEAM RESULTS

1	Sale Harriers Manchester	16	—	1	Finlay Day	2	Finlay Goddard	13	Gabor Pongracz
2	Trafford Athletic Club	22	—	4	Jay Hutchinson	8	James Walton	10	Charlie Stanway
3	Wirral Ac	29	—	6	Jack Heap	7	Ben Cronshaw	16	Louis Hatton
4	Macclesfield Harriers & Ac	54	—	5	Michael Wood	24	Cian Taylor	25	Matthew Walker
5	Trafford Athletic Club 'B'	60	—	12	Josh Watson	21	Luke Carrington	27	Dan Partington
6	Warrington A C	67	—	15	Jacob Pryor	22	Alexander Rix	30	Thomas Welsby

Under 17 - Ladies — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	1756	Nia Griffin	Start2jog	25:26	16	712	Charlotte Wilkinson	Horwich R M I Harriers	29:14
2	1864	Rosie Philbin	Stockport Harriers & Ac	26:25	17	2500	Orla Smout	Wirral Ac	29:26
3	2266	Sarah Smith	Warriors Pentathlon & AC	26:40	18	710	Emma Bradley	Horwich R M I Harriers	30:33
4	2265	Evie Smith	Warriors Pentathlon & AC	26:58	19	1655	Esmé Sly	Salford Metropolitan Ac	30:36
5	1861	Ella Buckley	Stockport Harriers & Ac	27:12	20	560	Alice Cunningham	East Cheshire Harriers & Tames	30:48
6	562	Maria Rooke	East Cheshire Harriers & Tames	27:27	21	1485	Hannah Beaver	Sale Harriers Manchester	31:07
7	2348	Nancy Farmer	West Cheshire Athletic Club	27:36	22	2156	Erin Carney	Vale Royal Ac	31:17
8	2053	Isobel Thomas	Trafford Athletic Club	27:46	23	1472	Holly Nolan	Sale Harriers Manchester	31:19
9	1862	Niamh Mackintosh	Stockport Harriers & Ac	27:57	24	561	Harri-Ann Fleet	East Cheshire Harriers & Tames	31:23
10	2255	Megumi Hoshiko	Warriors Pentathlon & AC	28:09	25	2051	Martha McCormack	Trafford Athletic Club	31:28
11	1859	Rosie Bradshaw	Stockport Harriers & Ac	28:13	26	1486	Nailah Christmas	Sale Harriers Manchester	31:37
12	1711	Lily Birkett	St Helens Sutton Ac	28:22	27	711	Alice Tucker	Horwich R M I Harriers	31:45
13	2245	Hannah Brearton	Warriors Pentathlon & AC	28:33	28	1757	Poppy Mohan	Start2jog	37:00
14	105	Francesca Kent	Altrincham & District Ac	28:36	29	2050	Fay Lewis	Trafford Athletic Club	37:19
15	1484	Sophie Armitage	Sale Harriers Manchester	28:49	30	1654	Charlotte Gee	Salford Metropolitan Ac	39:59

Under 17 - Ladies — TEAM RESULTS

1	Stockport Harriers & Ac	16	—	2	Rosie Philbin	5	Ella Buckley	9	Niamh Mackintosh
2	Warriors Pentathlon & AC	17	—	3	Sarah Smith	4	Evie Smith	10	Megumi Hoshiko
3	East Cheshire Harriers & Tames	50	—	6	Maria Rooke	20	Alice Cunningham	24	Harri-Ann Fleet
4	Sale Harriers Manchester	59	—	15	Sophie Armitage	21	Hannah Beaver	23	Holly Nolan
5	Horwich R M I Harriers	61	—	16	Charlotte Wilkinson	18	Emma Bradley	27	Alice Tucker
6	Trafford Athletic Club	62	—	8	Isobel Thomas	25	Martha McCormack	29	Fay Lewis

Senior Ladies aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time							
1	1714	Lucy Fairclough	L20	1	St Helens Sutton Ac	36:25	10	1098	Isabelle Bryan	L2010	Manchester Triathlon Club	42:17
2	1713	Lucy Clitheroe	L20	2	St Helens Sutton Ac	39:24	11	995	Minette Watkins	L2011	Manchester Metropolitan Univer	42:55
3	2086	Lucy Henson	L20	3	University Of Manchester	39:41	12	2088	Eleanor Payne	L2012	University Of Manchester	43:21
4	2063	Freya Griffiths	L20	4	Trafford Athletic Club	39:47	13	2087	Ella Meijboom	L2013	University Of Manchester	43:41
5	1715	Taylor Massey	L20	5	St Helens Sutton Ac	39:51	14	990	Tanith-Jade Ellis	L2014	Manchester Metropolitan Univer	43:49
6	989	Amelia Corke	L20	6	Manchester Metropolitan Univer	39:56	15	2236	Joy Ashcroft-Carter	L2015	Warrington A C	43:56
7	2064	Isabel Pearson	L20	7	Trafford Athletic Club	40:44	16	2238	Ellen Turnbull	L2016	Warrington A C	44:07
8	715	Milly Lever	L20	8	Horwich R M I Harriers	41:45	17	2465	Ella Heap	L2017	Wirral Ac	45:52
9	2085	Verity Garcia	L20	9	University Of Manchester	42:03	18	991	Isobel Haynes	L2018	Manchester Metropolitan Univer	56:03

Senior Ladies aged 17 to 19 — TEAM RESULTS

1	St Helens Sutton Ac	8	—	1	Lucy Fairclough	2	Lucy Clitheroe	5	Taylor Massey
2	University Of Manchester	24	—	3	Lucy Henson	9	Verity Garcia	12	Eleanor Payne
3	Manchester Metropolitan Univer	31	—	6	Amelia Corke	11	Minette Watkins	14	Tanith-Jade Ellis

Senior Ladies aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time		Club	Time	
1	2299	Emily Kearney		Warriors Pentathlon & AC	31:56	38	351 Diane Enderby	Chorlton Runners	43:07
2	1819	Mollie Williams		Stockport Harriers & Ac	33:19	39	2181 Faye Lawton	Warrington A C	43:11
3	1394	Sophie Wood		Sale Harriers Manchester	33:39	40	801 Luisa Reininho	Levenshulme Runners	43:31
4	1496	Ruth Jones		Salford Harriers & AC	34:04	41	1810 Imogen Nutter	Stockport Harriers & Ac	44:01
5	1391	Helen Warburton		Sale Harriers Manchester	34:08	42	1984 Alice Woodbridge	Trafford Athletic Club	44:25
6	2122	Kate Moulds		Vale Royal Ac	34:20	43	1077 Nanette Heystek	Manchester Triathlon Club	44:43
7	2368	Louisa Whittingham		Wilmslow Running Club	35:07	44	363 Rachel Innis	Chorlton Runners	45:18
8	1396	Alice Wright		Sale Harriers Manchester	35:32	45	1744 Jessica Mohan	Start2jog	45:49
9	981	Bethany Reid		Manchester Metropolitan Univer	35:35	46	1969 Amy Cauley	Trafford Athletic Club	46:14
10	2182	Rachel McQuillan		Warrington A C	36:20	47	152 Kim Rogers	Bramhall Runners	46:16
11	602	Imogen Trinder		Glossopdale Harriers	37:14	48	1741 Hazel Jones	Start2jog	46:28
12	1971	Vicki Cronin		Trafford Athletic Club	37:18	49	1083 Charlotte Marr	Manchester Triathlon Club	46:56
13	1977	Sarah Hudak		Trafford Athletic Club	37:46	50	1090 Natasha Sutherland	Manchester Triathlon Club	48:20
14	1498	Katie Reynolds		Salford Harriers & AC	37:48	51	1617 Shu-Ling Li	Salford Metropolitan Ac	48:24
15	1983	Amelia Williams		Trafford Athletic Club	38:00	52	853 Imogen Spector-Hill	Macclesfield Harriers & Ac	48:26
16	1387	R Rozhdestvenskaya		Sale Harriers Manchester	38:32	53	1152 Josie Rogers	Marple Runners	49:09
17	1980	Kate Meeson		Trafford Athletic Club	38:50	54	446 Zosia Rozalska	Didsbury Runners	49:15
18	2517	Heather Statham		Chorlton Runners	39:01	55	1019 Briony Fagan	Manchester Road Runners	50:22
19	2331	Lucie Truett		West Cheshire Athletic Club	39:07	56	1615 Jennifer Hargreaves	Salford Metropolitan Ac	50:58
20	2076	Katie Hay		University Of Manchester	39:26	57	838 Jess Hartopp	Macclesfield Harriers & Ac	51:09
21	1746	Emily Mylchreest		Start2jog	39:30	58	356 Hannah Greenlee	Chorlton Runners	51:36
22	531	Hayley Simpson		East Cheshire Harriers & Tames	39:38	59	1072 Eleanor Cuff	Manchester Triathlon Club	51:48
23	1981	Isobel Robinson		Trafford Athletic Club	40:05	60	803 Lianne Williams	Levenshulme Runners	52:18
24	371	Elisabeth Ogbonmwan		Chorlton Runners	40:13	61	440 Maire McHugh	Didsbury Runners	52:27
25	2075	Olivia Graham		University Of Manchester	40:14	62	980 Molly O'Shea	Manchester Metropolitan Univer	53:20
26	798	Ellie Kemp		Levenshulme Runners	40:18	63	1806 Sarah Goring	Stockport Harriers & Ac	53:21
27	833	Alannah Birtwistle		Macclesfield Harriers & Ac	40:35	64	1625 Amy Stanley	Salford Metropolitan Ac	53:33
28	1076	Lily Heron		Manchester Triathlon Club	41:13	65	1895 Louise Davies	Styal Running Club	53:42
29	1279	Lucy Gleave		Running Bear	41:17	66	737 Kate Kinder	Hyde Village Striders	55:06
30	2077	Hedda Kjeldsen		University Of Manchester	41:21	67	425 Natasha Bradford	Didsbury Runners	56:20
31	795	Naomi Gray		Levenshulme Runners	41:59	68	452 Esma Yilmaz	Didsbury Runners	57:31
32	360	Suzy Hill		Chorlton Runners	41:59	69	1902 Lucy Hughes	Styal Running Club	1:01:30
33	1020	M Glenister-Doyle		Manchester Road Runners	42:15	70	2239 Molly Wormald	Warrington A C	1:02:32
34	1376	Sarah Goulden		Sale Harriers Manchester	42:17	71	1258 Laura Hughes	Quays Running Club	1:03:03
35	1080	A Kendal-Smith		Manchester Triathlon Club	42:29	72	1259 Laura Swann	Quays Running Club	1:03:25
36	1976	Elizabeth Heslop		Trafford Athletic Club	42:39				
37	2073	Georgina Annett		University Of Manchester	42:48				

Senior Ladies (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time		Club	Time	
1	352	K Fitzpatrick	L35	1 Chorlton Runners	35:18	23	1207 Jo Bishop	L35 23 Middleton Harriers Ac	47:25
2	1384	Jess Nugent	L35	2 Sale Harriers Manchester	35:36	24	487 Lauren Johnson	L35 24 Dragons Running Club (sale)	47:58
3	830	Laura Quine	L35	3 Liverpool Harriers & Ac	35:49	25	1627 Rachel Thomas	L35 25 Salford Metropolitan Ac	48:05
4	1614	Chloe Elliott	L35	4 Salford Metropolitan Ac	38:10	26	1222 Helen Mutch	L35 26 Middleton Harriers Ac	48:12
5	1982	Zoe Storr	L35	5 Trafford Athletic Club	38:59	27	2442 Michelle Hazlehurst	L35 27 Winston Runners	48:46
6	755	Natalie Duncombe	L35	6 Knutsford Tri Club	39:55	28	1021 Catherine Kilbane	L35 28 Manchester Road Runners	48:56
7	1368	Katherine Barker	L35	7 Sale Harriers Manchester	41:55	29	1868 Anna Senuita	L35 29 Stockport Tri Club	49:09
8	1129	Rowena Leary	L35	8 Manchester Ymca Harriers	42:01	30	2529 Denise Yarrow	L35 30 Chorlton Runners	49:46
9	2127	Siobhan Tarbuck	L35	9 Vale Royal Ac	42:57	31	1271 Chemane Golding	L35 31 Radcliffe Ac	50:25
10	1676	Siobhan Massey	L35	10 St Helens Sutton Ac	43:14	32	1157 Susannah Williams	L35 32 Marple Runners	50:36
11	1147	Ruth Mackenzie	L35	11 Marple Runners	43:20	33	2443 Christina Hodges	L35 33 Winston Runners	50:51
12	1374	Bizunesh Deggefa	L35	12 Sale Harriers Manchester	43:23	34	139 Nicola Combs	L35 34 Bramhall Runners	51:04
13	2518	Naomi Stones	L35	13 Chorlton Runners	43:47	35	1150 Ann Richardson	L35 35 Marple Runners	52:22
14	1287	Rebecca Canaway	L35	14 Saddleworth Runners Club	43:48	36	493 Ruth Perkins	L35 36 Dragons Running Club (sale)	53:03
15	206	Heather Haggis	L35	15 Buxton AC	43:53	37	2444 Cintia Maldonado	L35 37 Winston Runners	54:23
16	1968	Louise Ambler	L35	16 Trafford Athletic Club	43:54	38	372 Geraldine O'Kane	L35 38 Chorlton Runners	57:11
17	1674	Sarah Birkett	L35	17 St Helens Sutton Ac	44:10	39	1953 Shelley Hignett	L35 39 Total Run Training	57:13
18	1016	Heather Aspinall	L35	18 Manchester Road Runners	45:24	40	1149 Rachel Myers	L35 40 Marple Runners	58:11
19	1088	Katherine Shinwell	L35	19 Manchester Triathlon Club	45:29	41	741 Sumiyya Shafiq	L35 41 Hyde Village Striders	1:01:13
20	1373	V Cordingley-Gaunt	L35	20 Sale Harriers Manchester	46:10	42	1740 Jamielee Johnston	L35 42 Start2jog	1:03:17
21	1612	Carolyn Bradshaw	L35	21 Salford Metropolitan Ac	46:16	43	940 Tracy Farrell	L35 43 Manchester Harriers & Ac	1:03:39
22	1122	Katie Baker	L35	22 Manchester Ymca Harriers	46:43				

Senior Ladies (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	1497	Laura Lombard	L40	1 Salford Harriers & AC	36:30	23	621S Fanthorpe-Smith	L4023	Goyt Valley Striders	46:01
2	529	Katie Kay	L40	2 East Cheshire Harriers & Tames	38:20	24	1073Winton Julie De	L4024	Manchester Triathlon Club	46:12
3	2360	Frances Kenney	L40	3 Wilmslow Running Club	38:40	25	2511Sarah Renshaw	L4025	Chorlton Runners	46:30
4	146	Samantha Jones	L40	4 Bramhall Runners	38:45	26	56Katy Fagan	L4026	Altrincham & District Ac	46:52
5	53	Lora Blann	L40	5 Altrincham & District Ac	38:56	27	1241Rebecca Savage	L4027	Oldham & Royton H & Ac	47:06
6	2114	Anna Begbie	L40	6 Vale Royal Ac	40:16	28	950Wendy Woodhead	L4028	Manchester Harriers & Ac	48:08
7	426	Laura Brown	L40	7 Didsbury Runners	40:20	29	1929Rachel Billington	L4029	Swinton Running Club	48:19
8	2185	Alison Roberts	L40	8 Warrington A C	40:30	30	126Lisa Costello	L4030	Belle Vue Racers	48:25
9	839	Alice Houghton	L40	9 Macclesfield Harriers & Ac	40:42	31	2520Alison Wainwright	L4031	Chorlton Runners	48:39
10	1084	Deirdre McCarthy	L4010	Manchester Triathlon Club	40:57	32	1369Helen Carter	L4032	Sale Harriers Manchester	51:03
11	758	Jenny Graham	L4011	Knutsford Tri Club	41:35	33	332Bryony Bell	L4033	Chorlton Runners	51:55
12	666	Helen Macdonald	L4012	Horwich R M I Harriers	42:55	34	733Dannielle Burns	L4034	Hyde Village Striders	51:56
13	2436	Laura Bell	L4013	Winston Runners	43:27	35	1025Morse Claudia Robles	L4035	Manchester Triathlon Club	
14	1377	Harriet Hamilton	L4014	Sale Harriers Manchester	43:34		52:05			
15	334	Alexa Besnard	L4015	Chorlton Runners	43:44	36	1153Angela Stanley	L4036	Marple Runners	52:10
16	1938	Rebecca Mills	L4016	Swinton Running Club	43:52	37	1089Jayne Speers	L4037	Manchester Triathlon Club	53:33
17	1626	Alina Stepanchuk	L4017	Salford Metropolitan Ac	44:06	38	1395Lisa Wormleighton	L4038	Sale Harriers Manchester	53:46
18	142	Kim Davies	L4018	Bramhall Runners	44:11	39	369Elisabeth Lewis	L4039	Chorlton Runners	53:57
19	441	Helen Morgan	L4019	Didsbury Runners	44:55	40	2121Paula Manley	L4040	Vale Royal Ac	54:43
20	1675	Susan Johnson	L4020	St Helens Sutton Ac	45:26	41	2363Catherine Machin	L4041	Wilmslow Running Club	57:04
21	358	Kate Harvest	L4021	Chorlton Runners	45:44	42	2298Naomi Grabe	L4042	Warriors Pentathlon & AC	58:22
22	488	Wendy Kelly	L4022	Dragons Running Club (sale)	45:53	43	1274Louise Shield	L4043	Radcliffe Ac	59:08

Senior Ladies (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	2365	Diane McVey	L45	1 Wilmslow Running Club	37:28	23	153Sarah Senior	L4523	Bramhall Runners	47:43
2	2178	Claire Andrew	L45	2 Warrington A C	38:01	24	484Claire Gwyer	L4524	Dragons Running Club (sale)	48:08
3	2356	Louisa Harrison	L45	3 Wilmslow Running Club	39:25	25	601Emma Rettig	L4525	Glossopdale Harriers	48:15
4	2246	Eleanor Carney	L45	4 Warriors Pentathlon & AC	39:39	26	756Sarah Eglin	L4526	Knutsford Tri Club	48:37
5	2332	Anna Woolgar	L45	5 West Cheshire Athletic Club	40:53	27	2519Katie Syrett	L4527	Chorlton Runners	48:44
6	2300	Sarah Kearney	L45	6 Warriors Pentathlon & AC	41:27	28	2452Gaynor Williams	L4528	Winston Runners	48:48
7	1616	Amanda Hurdall	L45	7 Salford Metropolitan Ac	41:57	29	199Kate Brown	L4529	Buxton AC	48:56
8	65	Alice Welch	L45	8 Altrincham & District Ac	42:07	30	1282Holly Nettle	L4530	Running Bear	49:18
9	595	Zoe Barton	L45	9 Glossopdale Harriers	42:10	31	333Amy Berrisford	L4531	Chorlton Runners	50:15
10	2469	Helen Kini	L4510	Wirral Ac	42:18	32	132Rachel Watson	L4532	Belle Vue Racers	50:24
11	1622	Belinda Neild	L4511	Salford Metropolitan Ac	42:49	33	1380Catherine Jones	L4533	Sale Harriers Manchester	51:04
12	156	Karen Wileman	L4512	Bramhall Runners	43:30	34	432Miranda Hall	L4534	Didsbury Runners	51:12
13	1127	Jane Fletcher	L4513	Manchester Ymca Harriers	43:57	35	2448Hayley O'Hare	L4535	Winston Runners	51:27
14	672	Hayley Winder	L4514	Horwich R M I Harriers	44:07	36	742Shameen Younis	L4536	Hyde Village Striders	54:51
15	1280	Karen Little	L4515	Running Bear	44:41	37	527Catherine Daly	L4537	East Cheshire Harriers & Tames	55:36
16	486	Madeleine Hill	L4516	Dragons Running Club (sale)	44:51	38	1930Sarah Bullock	L4538	Swinton Running Club	56:46
17	434	Victoria Hall	L4517	Didsbury Runners	45:05	39	1206Faye Aydin	L4539	Middleton Harriers Ac	58:04
18	1939	Helen Nation	L4518	Swinton Running Club	45:32	40	735Rachael Horrocks	L4540	Hyde Village Striders	1:00:02
19	620	Rebecca Day	L4519	Goyt Valley Striders	45:37	41	1064Gillian Aspin	L4541	Manchester Triathlon Club	1:04:49
20	622	Rebecca Glen	L4520	Goyt Valley Striders	46:03	42	943Ekaterina Ivanova	L4542	Manchester Harriers & Ac	1:04:50
21	935	Caroline Baba	L4521	Manchester Harriers & Ac	46:18	43	1924Andy Smith	L4543	Swinton Running Club	1:07:21
22	2424	Anne Thomas	L4522	Wilmslow Striders	46:33					

Senior Ladies (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	1370	Anne Chinoy	L50	1 Sale Harriers Manchester	39:50	17	1901Jane Hughes	L5017	Styal Running Club	48:24
2	1811	Jennie Pickard	L50	2 Stockport Harriers & Ac	41:04	18	598Melanie Bray	L5018	Glossopdale Harriers	49:31
3	1095	Jude Wall	L50	3 Manchester Triathlon Club	41:42	19	2187Sharon Taylor	L5019	Warrington A C	50:21
4	1613	Jaine Brocklehurst	L50	4 Salford Metropolitan Ac	42:34	20	1618Sharon Lightfoot	L5020	Salford Metropolitan Ac	50:45
5	1804	Sarah Brown	L50	5 Stockport Harriers & Ac	43:11	21	2514Helen Short	L5021	Chorlton Runners	50:49
6	2355	Janine Ellis	L50	6 Wilmslow Running Club	44:13	22	619Julia Carter	L5022	Goyt Valley Striders	53:19
7	1898	Sara Harris	L50	7 Styal Running Club	45:29	23	1742Clare Leith	L5023	Start2jog	55:53
8	1937	Lauren Marsden	L50	8 Swinton Running Club	45:30	24	736Carol Kershaw	L5024	Hyde Village Striders	56:39
9	2179	Anne Gregory	L50	9 Warrington A C	45:32	25	796Jeanette Hanley	L5025	Levenshulme Runners	1:01:38
10	1815	Sophie Seingier	L5010	Stockport Harriers & Ac	45:35	26	344Alison Coleridge	L5026	Chorlton Runners	1:01:41
11	330	Emma Banister	L5011	Chorlton Runners	45:41	27	2440Helen Darlaston	L5027	Winston Runners	1:01:44
12	1140	Elise Evans	L5012	Marple Runners	46:00	28	1745Jo Mohan	L5028	Start2jog	1:03:12
13	1065	Cathy Atkinson	L5013	Manchester Triathlon Club	46:20	29	148Melanie Li	L5029	Bramhall Runners	1:05:57
14	444	Isabelle Qamar	L5014	Didsbury Runners	46:31	30	144Jill Harrison	L5030	Bramhall Runners	1:06:04
15	2470	Anne Rosbottom	L5015	Wirral Ac	46:53					
16	1215	Karen Hallett	L5016	Middleton Harriers Ac	48:17					

Senior Ladies (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	1973	Alison Drasdo	L55	1 Trafford Athletic Club	42:35
2	1821	Kerrie Wood-Doyle	L55	2 Stockport Harriers & Ac	43:38
3	6	Beverley Jackson	L55	3 Altrincham & District Ac	44:01
4	916	Linda Rix	L55	4 Manchester Frontrunners	46:27
5	136	Andrea Buckingham	L55	5 Bramhall Runners	46:46
6	1286	Pippa Price	L55	6 Running Bear	47:38
7	1978	Joanne Lott	L55	7 Trafford Athletic Club	48:02
8	734	Diane Clarke	L55	8 Hyde Village Striders	48:07
9	343	Rachael Clegg	L55	9 Chorlton Runners	48:11
10	1224	Deborah Sheen	L55	10 Middleton Harriers Ac	48:13
11	1903	Catherine Jackson	L55	11 Styal Running Club	48:42
12	2364	Catriona Marshall	L55	12 Wilmslow Running Club	50:26
13	2366	Janet Screawn	L55	13 Wilmslow Running Club	50:26
14	2521	Sue Waring	L55	14 Chorlton Runners	52:02
15	202	Heather Fryer-Winder	L55	15 Buxton AC	53:01
16	738	Elizabeth Mason	L55	16 Hyde Village Striders	53:38
17	1143	Helen Gray	L55	17 Marple Runners	53:39
18	942	Helen Holme	L55	18 Manchester Harriers & Ac	54:03
19	1221	Catherine Murphy	L55	19 Middleton Harriers Ac	54:36
20	1278	Kerry Gleave	L55	20 Running Bear	54:41
21	761	Miranda Taylor	L55	21 Knutsford Tri Club	54:49
22	739	Lana Milligan	L55	22 Hyde Village Striders	55:05
23	205	Tracy Gregory	L55	23 Buxton AC	55:55
24	1209	Louise Butterworth	L55	24 Middleton Harriers Ac	56:23
25	1096	Michelle Wilder	L55	25 Manchester Triathlon Club	56:24
26	1220	Sandra McGrail	L55	26 Middleton Harriers Ac	56:37
27	1205	Dawn Anderson	L55	27 Middleton Harriers Ac	57:08
28	937	Deborah Beresford	L55	28 Manchester Harriers & Ac	57:48
29	1091	Jacky Taylor	L55	29 Manchester Triathlon Club	59:49
30	1210	Kyrynda Carter-Moore	L55	30 Middleton Harriers Ac	1:00:52
31	479	Deborah Barnby	L55	31 Dragons Running Club (sale)	1:05:32

Senior Ladies (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	670	Janet Rashleigh	L60	1 Horwich R M I Harriers	41:54
2	1372	J Cordingley	L60	2 Sale Harriers Manchester	42:03
3	64	Alison Vesey	L60	3 Altrincham & District Ac	48:10
4	495	Sue Strickland	L60	4 Dragons Running Club (sale)	52:06
5	339	Ann Carney	L60	5 Chorlton Runners	55:13
6	1809	Jennifer McGuinness	L60	6 Stockport Harriers & Ac	56:10
7	182	Pauline White	L60	7 Bramhall Runners	1:01:33
8	1933	Wendy Doxey	L60	8 Swinton Running Club	1:04:04

Senior Ladies (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	198	Sheila Bradley	L65	1 Buxton AC	49:57
2	1817	Helen Todd	L65	2 Stockport Harriers & Ac	51:33
3	623	Maira Hunt	L65	3 Goyt Valley Striders	52:15
4	1208	Fiona Bolton	L65	4 Middleton Harriers Ac	53:53

Senior Ladies (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	530	Angela Oldham	L70	1 East Cheshire Harriers & Tames	45:08
2	1123	Gail Brierley	L70	2 Manchester Ymca Harriers	48:37
3	1975	Sue Exon	L70	3 Trafford Athletic Club	56:08
4	1213	Christine Eckersley	L75	1 Middleton Harriers Ac	59:42
5	1216	Ruth Hare	L70	4 Middleton Harriers Ac	1:07:40
6	2128	Carole Williams	L70	5 Vale Royal Ac	1:09:39

Manchester Area Cross Country League at Heaton Park on Saturday 14th October 2023

Senior Ladies — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	2299	Emily Kearney		Warriors Pentathlon & AC	31:56
2	1819	Mollie Williams		Stockport Harriers & Ac	33:19
3	1394	Sophie Wood		Sale Harriers Manchester	33:39
4	1496	Ruth Jones		Salford Harriers & AC	34:04
5	1391	Helen Warburton		Sale Harriers Manchester	34:08
6	2122	Kate Moulds		Vale Royal Ac	34:20
7	2368	Louisa Whittingham		Wilmslow Running Club	35:07
8	352K	Fitzpatrick	L35 1	Chorlton Runners	35:18
9	1396	Alice Wright		Sale Harriers Manchester	35:32
10	981	Bethany Reid		Manchester Metropolitan Univer	35:35
11	1384	Jess Nugent	L35 2	Sale Harriers Manchester	35:36
12	830	Laura Quine	L35 3	Liverpool Harriers & Ac	35:49
13	2182	Rachel McQuillan		Warrington A C	36:20
14	1714	Lucy Fairclough	L20 1	St Helens Sutton Ac	36:25
15	1497	Laura Lombard	L40 1	Salford Harriers & AC	36:30
16	602	Imogen Trinder		Glossopdale Harriers	37:14
17	1971	Vicki Cronin		Trafford Athletic Club	37:18
18	2365	Diane McVey	L45 1	Wilmslow Running Club	37:28
19	1977	Sarah Hudak		Trafford Athletic Club	37:46
20	1498	Katie Reynolds		Salford Harriers & AC	37:48
21	1983	Amelia Williams		Trafford Athletic Club	38:00
22	2178	Claire Andrew	L45 2	Warrington A C	38:01
23	1614	Chloe Elliott	L35 4	Salford Metropolitan Ac	38:10
24	529	Katie Kay	L40 2	East Cheshire Harriers & Tames	38:20
25	1387R	Rozhdestvenskaya		Sale Harriers Manchester	38:32
26	2360	Frances Kenney	L40 3	Wilmslow Running Club	38:40
27	146	Samantha Jones	L40 4	Bramhall Runners	38:45
28	1980	Kate Meeson		Trafford Athletic Club	38:50
29	53	Lora Blann	L40 5	Altrincham & District Ac	38:56
30	1982	Zoe Storr	L35 5	Trafford Athletic Club	38:59
31	2517	Heather Statham		Chorlton Runners	39:01
32	2331	Lucie Truett		West Cheshire Athletic Club	39:07
33	1713	Lucy Clitheroe	L20 2	St Helens Sutton Ac	39:24
34	2356	Louisa Harrison	L45 3	Wilmslow Running Club	39:25
35	2076	Katie Hay		University Of Manchester	39:26
36	1746	Emily Mylchreest		Start2jog	39:30
37	531	Hayley Simpson		East Cheshire Harriers & Tames	39:38
38	2246	Eleanor Carney	L45 4	Warriors Pentathlon & AC	39:39
39	2086	Lucy Henson	L20 3	University Of Manchester	39:41
40	2063	Freya Griffiths	L20 4	Trafford Athletic Club	39:47
41	1370	Anne Chinoy	L50 1	Sale Harriers Manchester	39:50
42	1715	Taylor Massey	L20 5	St Helens Sutton Ac	39:51
43	755	Natalie Duncombe	L35 6	Knutsford Tri Club	39:55
44	989	Amelia Corke	L20 6	Manchester Metropolitan Univer	39:56
45	1981	Isobel Robinson		Trafford Athletic Club	40:05
46	371	Elisabeth Ogbonmwan		Chorlton Runners	40:13
47	2075	Olivia Graham		University Of Manchester	40:14
48	2114	Anna Begbie	L40 6	Vale Royal Ac	40:16
49	798	Ellie Kemp		Levenshulme Runners	40:18
50	426	Laura Brown	L40 7	Didsbury Runners	40:20
51	2185	Alison Roberts	L40 8	Warrington A C	40:30
52	833	Alannah Birtwistle		Macclesfield Harriers & Ac	40:35
53	839	Alice Houghton	L40 9	Macclesfield Harriers & Ac	40:42
54	2064	Isabel Pearson	L20 7	Trafford Athletic Club	40:44
55	2332	Anna Woolgar	L45 5	West Cheshire Athletic Club	40:53
56	1084	Deirdre McCarthy	L40 10	Manchester Triathlon Club	40:57
57	1811	Jennie Pickard	L50 2	Stockport Harriers & Ac	41:04
58	1076	Lily Heron		Manchester Triathlon Club	41:13
59	1279	Lucy Gleave		Running Bear	41:17
60	2077	Hedda Kjeldsen		University Of Manchester	41:21
61	2300	Sarah Kearney	L45 6	Warriors Pentathlon & AC	41:27
62	758	Jenny Graham	L40 11	Knutsford Tri Club	41:35
63	1095	Jude Wall	L50 3	Manchester Triathlon Club	41:42
64	715	Milly Lever	L20 8	Horwich R M I Harriers	41:45
65	670	Janet Rashleigh	L60 1	Horwich R M I Harriers	41:54
66	1368	Katherine Barker	L35 7	Sale Harriers Manchester	41:55
67	1616	Amanda Hurndall	L45 7	Salford Metropolitan Ac	41:57
68	795	Naomi Gray		Levenshulme Runners	41:59
69	360	Suzy Hill		Chorlton Runners	41:59
70	1129	Rowena Leary	L35 8	Manchester Ymca Harriers	42:01
71	1372J	Cordingley	L60 2	Sale Harriers Manchester	42:03
72	2085	Verity Garcia	L20 9	University Of Manchester	42:03
73	65	Alice Welch	L45 8	Altrincham & District Ac	42:07
74	595	Zoe Barton	L45 9	Glossopdale Harriers	42:10
75	1020M	Glenister-Doyle		Manchester Road Runners	42:15
76	1098	Isabelle Bryan	L20 10	Manchester Triathlon Club	42:17
77	1376	Sarah Goulden		Sale Harriers Manchester	42:17
78	2469	Helen Kini	L45 10	Wirral Ac	42:18
79	1080A	Kendal-Smith		Manchester Triathlon Club	42:29
80	1613	Jaine Brocklehurst	L50 4	Salford Metropolitan Ac	42:34
81	1973	Alison Drasdo	L55 1	Trafford Athletic Club	42:35
82	1976	Elizabeth Heslop		Trafford Athletic Club	42:39
83	2073	Georgina Annett		University Of Manchester	42:48
84	1622	Belinda Neild	L45 11	Salford Metropolitan Ac	42:49
85	666	Helen Macdonald	L40 12	Horwich R M I Harriers	42:55
86	995	Minette Watkins	L20 11	Manchester Metropolitan Univer	42:55
87	2127	Siobhan Tarbuck	L35 9	Vale Royal Ac	42:57
88	351	Diane Enderby		Chorlton Runners	43:07
89	2181	Faye Lawton		Warrington A C	43:11
90	1804	Sarah Brown	L50 5	Stockport Harriers & Ac	43:11
91	1676	Siobhan Massey	L35 10	St Helens Sutton Ac	43:14
92	1147	Ruth Mackenzie	L35 11	Marple Runners	43:20
93	2088	Eleanor Payne	L20 12	University Of Manchester	43:21
94	1374	Bizunesh Deggefa	L35 12	Sale Harriers Manchester	43:23
95	2436	Laura Bell	L40 13	Winston Runners	43:27
96	156	Karen Wileman	L45 12	Bramhall Runners	43:30
97	801	Luisa Reininho		Levenshulme Runners	43:31
98	1377	Harriet Hamilton	L40 14	Sale Harriers Manchester	43:34
99	1821	Kerrie Wood-Doyle	L55 2	Stockport Harriers & Ac	43:38
100	2087	Ella Meijboom	L20 13	University Of Manchester	43:41
101	334	Alexa Besnard	L40 15	Chorlton Runners	43:44
102	2518	Naomi Stones	L35 13	Chorlton Runners	43:47
103	1287	Rebecca Canaway	L35 14	Saddleworth Runners Club	43:48
104	990	Tanith-Jade Ellis	L20 14	Manchester Metropolitan Univer	43:49
105	1938	Rebecca Mills	L40 16	Swinton Running Club	43:52
106	206	Heather Haggis	L35 15	Buxton AC	43:53
107	1968	Louise Ambler	L35 16	Trafford Athletic Club	43:54
108	2236	Joy Ashcroft-Carter	L20 15	Warrington A C	43:56
109	1127	Jane Fletcher	L45 13	Manchester Ymca Harriers	43:57
110	1810	Imogen Nutter		Stockport Harriers & Ac	44:01
111	61	Beverley Jackson	L55 3	Altrincham & District Ac	44:01
112	1626	Alina Stepanchuk	L40 17	Salford Metropolitan Ac	44:06
113	2238	Ellen Turnbull	L20 16	Warrington A C	44:07
114	672	Hayley Winder	L45 14	Horwich R M I Harriers	44:07
115	1674	Sarah Birkett	L35 17	St Helens Sutton Ac	44:10
116	142	Kim Davies	L40 18	Bramhall Runners	44:11
117	2355	Janine Ellis	L50 6	Wilmslow Running Club	44:13
118	1984	Alice Woodbridge		Trafford Athletic Club	44:25
119	1280	Karen Little	L45 15	Running Bear	44:41
120	1077	Nanette Heystek		Manchester Triathlon Club	44:43
121	486	Madeleine Hill	L45 16	Dragons Running Club (sale)	44:51
122	441	Helen Morgan	L40 19	Didsbury Runners	44:55
123	434	Victoria Hall	L45 17	Didsbury Runners	45:05
124	530	Angela Oldham	L70 1	East Cheshire Harriers & Tames	45:08
125	363	Rachel Innis		Chorlton Runners	45:18
126	1016	Heather Aspinall	L35 18	Manchester Road Runners	45:24
127	1675	Susan Johnson	L40 20	St Helens Sutton Ac	45:26
128	1898	Sara Harris	L50 7	Styal Running Club	45:29
129	1088	Katherine Shinwell	L35 19	Manchester Triathlon Club	45:29
130	1937	Lauren Marsden	L50 8	Swinton Running Club	45:30
131	1939	Helen Nation	L45 18	Swinton Running Club	45:32
132	2179	Anne Gregory	L50 9	Warrington A C	45:32
133	1815	Sophie Seingier	L50 10	Stockport Harriers & Ac	45:35
134	620	Rebecca Day	L45 19	Goyt Valley Striders	45:37
135	330	Emma Banister	L50 11	Chorlton Runners	45:41
136	358	Kate Harvest	L40 21	Chorlton Runners	45:44
137	1744	Jessica Mohan		Start2jog	45:49
138	2465	Ella Heap	L20 17	Wirral Ac	45:52
139	488	Wendy Kelly	L40 22	Dragons Running Club (sale)	45:53
140	1140	Elise Evans	L50 12	Marple Runners	46:00
141	621S	Fanthorpe-Smith	L40 23	Goyt Valley Striders	46:01
142	622	Rebecca Glen	L45 20	Goyt Valley Striders	46:03
143	1373V	Cordingley-Gaunt	L35 20	Sale Harriers Manchester	46:10
144	1073	Winton Julie De	L40 24	Manchester Triathlon Club	46:12
145	1969	Amy Cauley		Trafford Athletic Club	46:14
146	1612	Carolyn Bradshaw	L35 21	Salford Metropolitan Ac	46:16
147	152	Kim Rogers		Bramhall Runners	46:16
148	935	Caroline Baba	L45 21	Manchester Harriers & Ac	46:18
149	1065	Cathy Atkinson	L50 13	Manchester Triathlon Club	46:20
150	916	Linda Rix	L55 4	Manchester Fronrunners	46:27
151	1741	Hazel Jones		Start2jog	46:28
152	2511	Sarah Renshaw	L40 25	Chorlton Runners	46:30
153	444	Isabelle Qamar	L50 14	Didsbury Runners	46:31
154	2424	Anne Thomas	L45 22	Wilmslow Striders	46:33
155	1122	Katie Baker	L35 22	Manchester Ymca Harriers	46:43
156	136	Andrea Buckingham	L55 5	Bramhall Runners	46:46
157	56	Katy Fagan	L40 26	Altrincham & District Ac	46:52
158	2470	Anne Rosbottom	L50 15	Wirral Ac	46:53
159	1083	Charlotte Marr		Manchester Triathlon Club	46:56
160	1241	Rebecca Savage	L40 27	Oldham & Royton H & Ac	47:06
161	1207	Jo Bishop	L35 23	Middleton Harriers Ac	47:25
162	1286	Pippa Price	L55 6	Running Bear	47:38
163	153	Sarah Senior	L45 23	Bramhall Runners	47:43
164	487	Lauren Johnson	L35 24	Dragons Running Club (sale)	47:58
165	1978	Joanne Lott	L55 7	Trafford Athletic Club	48:02
166	1627	Rachel Thomas	L35 25	Salford Metropolitan Ac	48:05
167	734	Diane Clarke	L55 8	Hyde Village Striders	48:07
168	950	Wendy Woodhead	L40 28	Manchester Harriers & Ac	48:08
169	484	Claire Gwyer	L45 24	Dragons Running Club (sale)	48:08
170	64	Alison Vesey	L60 3	Altrincham & District Ac	48:10
171	343	Rachael Clegg	L55 9	Chorlton Runners	48:11

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

172	1222	Helen Mutch	L35 26	Middleton Harriers Ac	48:12	236	738	Elizabeth Mason	L55 16	Hyde Village Striders	53:38
173	1224	Deborah Sheen	L55 10	Middleton Harriers Ac	48:13	237	1143	Helen Gray	L55 17	Marple Runners	53:39
174	601	Emma Rettig	L45 25	Glossopdale Harriers	48:15	238	1895	Louise Davies		Styal Running Club	53:42
175	1215	Karen Hallett	L50 16	Middleton Harriers Ac	48:17	239	1395	Lisa Wormleighton	L40 38	Sale Harriers Manchester	53:46
176	1929	Rachel Billington	L40 29	Swinton Running Club	48:19	240	1208	Fiona Bolton	L65 4	Middleton Harriers Ac	53:53
177	1090	Natasha Sutherland		Manchester Triathlon Club	48:20	241	369	Elisabeth Lewis	L40 39	Chorlton Runners	53:57
178	1901	Jane Hughes	L50 17	Styal Running Club	48:24	242	942	Helen Holme	L55 18	Manchester Harriers & Ac	54:03
179	1617	Shu-Ling Li		Salford Metropolitan Ac	48:24	243	2444	Cintia Maldonado	L35 37	Winston Runners	54:23
180	126	Lisa Costello	L40 30	Belle Vue Racers	48:25	244	1221	Catherine Murphy	L55 19	Middleton Harriers Ac	54:36
181	853	Imogen Spector-Hill		Macclesfield Harriers & Ac	48:26	245	1278	Kerry Gleave	L55 20	Running Bear	54:41
182	1123	Gail Brierley	L70 2	Manchester Ymca Harriers	48:37	246	2121	Paula Manley	L40 40	Vale Royal Ac	54:43
183	756	Sarah Eglin	L45 26	Knutsford Tri Club	48:37	247	761	Miranda Taylor	L55 21	Knutsford Tri Club	54:49
184	2520	Alison Wainwright	L40 31	Chorlton Runners	48:39	248	742	Shameen Younis	L45 36	Hyde Village Striders	54:51
185	1903	Catherine Jackson	L55 11	Styal Running Club	48:42	249	739	Lana Milligan	L55 22	Hyde Village Striders	55:05
186	2519	Katie Syrett	L45 27	Chorlton Runners	48:44	250	737	Kate Kinder		Hyde Village Striders	55:06
187	2442	Michelle Hazlehurst	L35 27	Winston Runners	48:46	251	339	Ann Carney	L60 5	Chorlton Runners	55:13
188	2452	Gaynor Williams	L45 28	Winston Runners	48:48	252	527	Catherine Daly	L45 37	East Cheshire Harriers & Tames	55:36
189	1021	Catherine Kilbane	L35 28	Manchester Road Runners	48:56	253	1742	Clare Leith	L50 23	Start2jog	55:53
190	199	Kate Brown	L45 29	Buxton AC	48:56	254	205	Tracy Gregory	L55 23	Buxton AC	55:55
191	1868	Anna Senuita	L35 29	Stockport Tri Club	49:09	255	991	Isobel Haynes	L20 18	Manchester Metropolitan Univer	56:03
192	1152	Josie Rogers		Marple Runners	49:09	256	1975	Sue Exon	L70 3	Trafford Athletic Club	56:08
193	446	Zosia Rozalska		Didsbury Runners	49:15	257	1809	Jennifer McGuinness	L60 6	Stockport Harriers & Ac	56:10
194	1282	Holly Nettle	L45 30	Running Bear	49:18	258	425	Natasha Bradford		Didsbury Runners	56:20
195	598	Melanie Bray	L50 18	Glossopdale Harriers	49:31	259	1209	Louise Butterworth	L55 24	Middleton Harriers Ac	56:23
196	2529	Denise Yarrow	L35 30	Chorlton Runners	49:46	260	1096	Michelle Wilder	L55 25	Manchester Triathlon Club	56:24
197	198	Sheila Bradley	L65 1	Buxton AC	49:57	261	1220	Sandra McGrail	L55 26	Middleton Harriers Ac	56:37
198	333	Amy Berrisford	L45 31	Chorlton Runners	50:15	262	736	Carol Kershaw	L50 24	Hyde Village Striders	56:39
199	2187	Sharon Taylor	L50 19	Warrington A C	50:21	263	1930	Sarah Bullock	L45 38	Swinton Running Club	56:46
200	1019	Briony Fagan		Manchester Road Runners	50:22	264	2363	Catherine Machin	L40 41	Wilmslow Running Club	57:04
201	132	Rachel Watson	L45 32	Belle Vue Racers	50:24	265	1205	Dawn Anderson	L55 27	Middleton Harriers Ac	57:08
202	1271	Chemane Golding	L35 31	Radcliffe Ac	50:25	266	372	Geraldine O'Kane	L35 38	Chorlton Runners	57:11
203	2364	Catriona Marshall	L55 12	Wilmslow Running Club	50:26	267	1953	Shelley Hignett	L35 39	Total Run Training	57:13
204	2366	Janet Screawn	L55 13	Wilmslow Running Club	50:26	268	452	Esma Yilmaz		Didsbury Runners	57:31
205	1157	Susannah Williams	L35 32	Marple Runners	50:36	269	937	Deborah Beresford	L55 28	Manchester Harriers & Ac	57:48
206	1618	Sharon Lightfoot	L50 20	Salford Metropolitan Ac	50:45	270	1206	Faye Aydin	L45 39	Middleton Harriers Ac	58:04
207	2514	Helen Short	L50 21	Chorlton Runners	50:49	271	1149	Rachel Myers	L35 40	Marple Runners	58:11
208	2443	Christina Hodges	L35 33	Chorlton Runners	50:51	272	2298	Naomi Grabe	L40 42	Warriors Pentathlon & AC	58:22
209	1615	Jennifer Hargreaves		Salford Metropolitan Ac	50:58	273	1274	Louise Shield	L40 43	Radcliffe Ac	59:08
210	1369	Helen Carter	L40 32	Sale Harriers Manchester	51:03	274	1213	Christine Eckersley	L75 1	Middleton Harriers Ac	59:42
211	139	Nicola Combs	L35 34	Bramhall Runners	51:04	275	1091	Jacky Taylor	L55 29	Manchester Triathlon Club	59:49
212	1380	Catherine Jones	L45 33	Sale Harriers Manchester	51:04	276	735	Rachael Horrocks	L45 40	Hyde Village Striders	1:00:02
213	838	Jess Hartopp		Macclesfield Harriers & Ac	51:09	277	1210	Kyrinda Carter-Moore	L55 30	Middleton Harriers Ac	1:00:52
214	432	Miranda Hall	L45 34	Didsbury Runners	51:12	278	741	Sumiyya Shafiq	L35 41	Hyde Village Striders	1:01:13
215	2448	Hayley O'Hare	L45 35	Winston Runners	51:27	279	1902	Lucy Hughes		Styal Running Club	1:01:30
216	1817	Helen Todd	L65 2	Stockport Harriers & Ac	51:33	280	182	Pauline White	L60 7	Bramhall Runners	1:01:33
217	356	Hannah Greenlee		Chorlton Runners	51:36	281	796	Jeanette Hanley	L50 25	Levenshulme Runners	1:01:38
218	1072	Eleanor Cuff		Manchester Triathlon Club	51:48	282	344	Alison Coleridge	L50 26	Chorlton Runners	1:01:41
219	332	Bryony Bell	L40 33	Chorlton Runners	51:55	283	2440	Helen Darlaston	L50 27	Winston Runners	1:01:44
220	733	Dannielle Burns	L40 34	Hyde Village Striders	51:56	284	2239	Molly Wormald		Warrington A C	1:02:32
221	2521	Sue Waring	L55 14	Chorlton Runners	52:02	285	1258	Laura Hughes		Quays Running Club	1:03:03
222	1025	Morse Claudia Robles	L40 35	Manchester Triathlon Club	52:05	286	1745	Jo Mohan	L50 28	Start2jog	1:03:12
223	495	Sue Strickland	L60 4	Dragons Running Club (sale)	52:06	287	1740	Jamielee Johnston	L35 42	Start2jog	1:03:17
224	1153	Angela Stanley	L40 36	Marple Runners	52:10	288	1259	Laura Swann		Quays Running Club	1:03:25
225	623	Moira Hunt	L65 3	Goyt Valley Striders	52:15	289	940	Tracy Farrell	L35 43	Manchester Harriers & Ac	1:03:39
226	803	Lianne Williams		Levenshulme Runners	52:18	290	1933	Wendy Doxey	L60 8	Swinton Running Club	1:04:04
227	1150	Ann Richardson	L35 35	Marple Runners	52:22	291	1064	Gillian Aspin	L45 41	Manchester Triathlon Club	1:04:49
228	440	Maire McHugh		Didsbury Runners	52:27	292	943	Ekaterina Ivanova	L45 42	Manchester Harriers & Ac	1:04:50
229	202	Heather Fryer-Winder	L55 15	Buxton AC	53:01	293	479	Deborah Barnby	L55 31	Dragons Running Club (sale)	1:05:32
230	493	Ruth Perkins	L35 36	Dragons Running Club (sale)	53:03	294	148	Melanie Li	L50 29	Bramhall Runners	1:05:57
231	619	Julia Carter	L50 22	Goyt Valley Striders	53:19	295	144	Jill Harrison	L50 30	Bramhall Runners	1:06:04
232	980	Molly O'Shea		Manchester Metropolitan Univer	53:20	296	1924	Andy Smith	L45 43	Swinton Running Club	1:07:21
233	1806	Sarah Goring		Stockport Harriers & Ac	53:21	297	1216	Ruth Hare	L70 4	Middleton Harriers Ac	1:07:40
234	1625	Amy Stanley		Salford Metropolitan Ac	53:33	298	2128	Carole Williams	L70 5	Vale Royal Ac	1:09:39
235	1089	Jayne Speers	L40 37	Manchester Triathlon Club	53:33	299	0	???		???	

Senior Ladies — TEAM RESULTS

1 Sale Harriers Manchester	28	—	3 Sophie Wood	5 Helen Warburton	9 Alice Wright	11 Jess Nugent
2 Trafford Athletic Club	85	—	17 Vicki Cronin	19 Sarah Hudak	21 Amelia Williams	28 Kate Meeson
3 Wilmslow Running Club	85	—	7 Louisa Whittingham	18 Diane McVey	26 Frances Kenney	34 Louisa Harrison
4 Chorlton Runners	154	—	8 K Fitzpatrick	31 Heather Statham	46 Elisabeth Ogbonmwan	69 Suzy Hill
5 Trafford Athletic Club 'B'	169	—	30 Zoe Storr	40 Freya Griffiths	45 Isobel Robinson	54 Isabel Pearson
6 Warrington A C	175	—	13 Rachel McQuillan	22 Claire Andrew	51 Alison Roberts	89 Faye Lawton
7 St Helens Sutton Ac	180	—	14 Lucy Fairclough	33 Lucy Clitheroe	42 Taylor Massey	91 Siobhan Massey
8 University Of Manchester	181	—	35 Katie Hay	39 Lucy Henson	47 Olivia Graham	60 Hedda Kjeldsen
9 Sale Harriers Manchester 'B'	203	—	25 R Rozhdestvenskaya	41 Anne Chinoy	66 Katherine Barker	71 J Cordingley
10 Manchester Metropolitan Univer	244	—	10 Bethany Reid	44 Amelia Corke	86 Minette Watkins	104 Tanith-Jade Ellis
11 Stockport Harriers & Ac	248	—	2 Mollie Williams	57 Jennie Pickard	90 Sarah Brown	99 Kerrie Wood-Doyle
12 Manchester Triathlon Club	253	—	56 Deirdre McCarthy	58 Lily Heron	63 Jude Wall	76 Isabelle Bryan
13 Salford Metropolitan Ac	254	—	23 Chloe Elliott	67 Amanda Hurdall	80 Jaine Brocklehurst	84 Belinda Neild
14 Horwich R M I Harriers	328	—	64 Milly Lever	65 Janet Rashleigh	85 Helen Macdonald	114 Hayley Winder
15 University Of Manchester 'B'	348	—	72 Verity Garcia	83 Georgina Annett	93 Eleanor Payne	100 Ella Meijboom
16 Altrincham & District Ac	370	—	29 Lora Blann	73 Alice Welch	111 Beverley Jackson	157 Katy Fagan
17 Warriors Pentathlon & AC	372	—	1 Emily Kearney	38 Eleanor Carney	61 Sarah Kearney	272 Naomi Grabe
18 Bramhall Runners	386	—	27 Samantha Jones	96 Karen Wileman	116 Kim Davies	147 Kim Rogers
19 Vale Royal Ac	387	—	6 Kate Moulds	48 Anna Begbie	87 Siobhan Tarbuck	246 Paula Manley
20 Trafford Athletic Club 'C'	388	—	81 Alison Drasdo	82 Elizabeth Heslop	107 Louise Ambler	118 Alice Woodbridge
21 Sale Harriers Manchester 'C'	412	—	77 Sarah Goulden	94 Bizunesh Deggefa	98 Harriet Hamilton	143 V Cordingley-Gaunt
22 Chorlton Runners 'B'	416	—	88 Diane Enderby	101 Alexa Besnard	102 Naomi Stones	125 Rachel Innis
23 East Cheshire Harriers & Tames	437	—	24 Katie Kay	37 Hayley Simpson	124 Angela Oldham	252 Catherine Daly
24 Levenshulme Runners	440	—	49 Ellie Kemp	68 Naomi Gray	97 Luisa Reininho	226 Lianne Williams
25 Didsbury Runners	448	—	50 Laura Brown	122 Helen Morgan	123 Victoria Hall	153 Isabelle Qamar
26 Glossopdale Harriers	459	—	16 Imogen Trinder	74 Zoe Barton	174 Emma Rettig	195 Melanie Bray
27 Manchester Triathlon Club 'B'	472	—	79 A Kendal-Smith	120 Nanette Heystek	129 Katherine Shinwell	144 Winton Julie De
28 Macclesfield Harriers & Ac	499	—	52 Alannah Birtwistle	53 Alice Houghton	181 Imogen Spector-Hill	213 Jess Hartopp
29 Manchester Ymca Harriers	516	—	70 Rowena Leary	109 Jane Fletcher	155 Katie Baker	182 Gail Brierley
30 Running Bear	534	—	59 Lucy Gleave	119 Karen Little	162 Pippa Price	194 Holly Nettle
31 Knutsford Tri Club	535	—	43 Natalie Duncombe	62 Jenny Graham	183 Sarah Eglin	247 Miranda Taylor
32 Swinton Running Club	542	—	105 Rebecca Mills	130 Lauren Marsden	131 Helen Nation	176 Rachel Billington
33 Warrington A C 'B'	552	—	108 Joy Ashcroft-Carter	113 Ellen Turnbull	132 Anne Gregory	199 Sharon Taylor
34 Start2jog	577	—	36 Emily Mylchreest	137 Jessica Mohan	151 Hazel Jones	253 Clare Leith
35 Manchester Road Runners	590	—	75 M Glenister-Doyle	126 Heather Aspinall	189 Catherine Kilbane	200 Briony Fagan
36 Dragons Running Club (sale)	593	—	121 Madeleine Hill	139 Wendy Kelly	164 Lauren Johnson	169 Claire Gwyer
37 Chorlton Runners 'C'	594	—	135 Emma Banister	136 Kate Harvest	152 Sarah Renshaw	171 Rachael Clegg
38 Salford Metropolitan Ac 'B'	603	—	112 Alina Stepanchuk	146 Carolyn Bradshaw	166 Rachel Thomas	179 Shu-Ling Li
39 Marple Runners	629	—	92 Ruth Mackenzie	140 Elise Evans	192 Josie Rogers	205 Susannah Williams
40 Goyt Valley Striders	642	—	134 Rebecca Day	141 S Fanthorpe-Smith	142 Rebecca Glen	225 Moira Hunt
41 Winston Runners	678	—	95 Laura Bell	187 Michelle Hazlehurst	188 Gaynor Williams	208 Christina Hodges
42 Middleton Harriers Ac	681	—	161 Jo Bishop	172 Helen Mutch	173 Deborah Sheen	175 Karen Hallett
43 Stockport Harriers & Ac 'B'	692	—	110 Imogen Nutter	133 Sophie Seingier	216 Helen Todd	233 Sarah Goring
44 Manchester Triathlon Club 'C'	703	—	149 Cathy Atkinson	159 Charlotte Marr	177 Natasha Sutherland	218 Eleanor Cuff
45 Buxton AC	722	—	106 Heather Haggis	190 Kate Brown	197 Sheila Bradley	229 Heather Fryer-Winder
46 Styal Running Club	729	—	128 Sara Harris	178 Jane Hughes	185 Catherine Jackson	238 Louise Davies
47 Chorlton Runners 'D'	764	—	184 Alison Wainwright	186 Katie Syrett	196 Denise Yarrow	198 Amy Berrisford
48 Wilmslow Running Club 'B'	788	—	117 Janine Ellis	203 Catriona Marshall	204 Janet Screawn	264 Catherine Machin
49 Bramhall Runners 'B'	810	—	156 Andrea Buckingham	163 Sarah Senior	211 Nicola Combs	280 Pauline White
50 Manchester Harriers & Ac	827	—	148 Caroline Baba	168 Wendy Woodhead	242 Helen Holme	269 Deborah Beresford
51 Chorlton Runners 'E'	864	—	207 Helen Short	217 Hannah Greenlee	219 Bryony Bell	221 Sue Waring
52 Hyde Village Striders	871	—	167 Diane Clarke	220 Dannielle Burns	236 Elizabeth Mason	248 Shameen Younis
53 Didsbury Runners 'B'	893	—	193 Zosia Rozalska	214 Miranda Hall	228 Maire McHugh	258 Natasha Bradford
54 Marple Runners 'B'	959	—	224 Angela Stanley	227 Ann Richardson	237 Helen Gray	271 Rachel Myers
55 Manchester Triathlon Club 'D'	992	—	222 Morse Claudia Robles	235 Jayne Speers	260 Michelle Wilder	275 Jacky Taylor
56 Middleton Harriers Ac 'B'	1004	—	240 Fiona Bolton	244 Catherine Murphy	259 Louise Butterworth	261 Sandra McGrail
57 Hyde Village Striders 'B'	1037	—	249 Lana Milligan	250 Kate Kinder	262 Carol Kershaw	276 Rachael Horrocks
58 Chorlton Runners 'F'	1040	—	241 Elisabeth Lewis	251 Ann Carney	266 Geraldine O'Kane	282 Alison Coleridge
59 Middleton Harriers Ac 'C'	1086	—	265 Dawn Anderson	270 Faye Aydin	274 Christine Eckersley	277 Kyrinda Carter-Moore

Senior Ladies (Vets) — TEAM RESULTS

1 Wilmslow Running Club	27	—	5 Diane McVey	9 Frances Kenney	13 Louisa Harrison
2 Sale Harriers Manchester	45	—	2 Jess Nugent	15 Anne Chinoy	28 Katherine Barker
3 Salford Metropolitan Ac	71	—	7 Chloe Elliott	29 Amanda Hurndall	35 Jaine Brocklehurst
4 Warrington A C	97	—	6 Claire Andrew	19 Alison Roberts	72 Anne Gregory
5 Chorlton Runners	98	—	1 K Fitzpatrick	48 Alexa Besnard	49 Naomi Stones
6 Altrincham & District Ac	98	—	11 Lora Blann	32 Alice Welch	55 Beverley Jackson
7 Trafford Athletic Club	101	—	12 Zoe Storr	36 Alison Drasdo	53 Louise Ambler
8 Stockport Harriers & Ac	110	—	23 Jennie Pickard	40 Sarah Brown	47 Kerrie Wood-Doyle
9 Bramhall Runners	114	—	10 Samantha Jones	45 Karen Wileman	59 Kim Davies
10 Manchester Triathlon Club	117	—	22 Deirdre McCarthy	26 Jude Wall	69 Katherine Shinwell
11 Sale Harriers Manchester 'B'	120	—	31 J Cordingley	43 Bizunesh Deggefa	46 Harriet Hamilton
12 Horwich R M I Harriers	122	—	27 Janet Rashleigh	38 Helen Macdonald	57 Hayley Winder
13 Didsbury Runners	145	—	18 Laura Brown	63 Helen Morgan	64 Victoria Hall
14 Knutsford Tri Club	155	—	16 Natalie Duncombe	25 Jenny Graham	114 Sarah Eglin
15 St Helens Sutton Ac	166	—	41 Siobhan Massey	58 Sarah Birkett	67 Susan Johnson
16 Manchester Ymca Harriers	174	—	30 Rowena Leary	54 Jane Fletcher	90 Katie Baker
17 Salford Metropolitan Ac 'B'	176	—	37 Belinda Neild	56 Alina Stepanchuk	83 Carolyn Bradshaw
18 Swinton Running Club	192	—	51 Rebecca Mills	70 Lauren Marsden	71 Helen Nation
19 Vale Royal Ac	220	—	17 Anna Begbie	39 Siobhan Tarbuck	164 Paula Manley
20 Warriors Pentathlon & AC	224	—	14 Eleanor Carney	24 Sarah Kearney	186 Naomi Grabe
21 Goyt Valley Striders	233	—	74 Rebecca Day	79 S Fanthorpe-Smith	80 Rebecca Glen
22 Dragons Running Club (sale)	237	—	62 Madeleine Hill	77 Wendy Kelly	98 Lauren Johnson
23 Chorlton Runners 'B'	238	—	75 Emma Banister	76 Kate Harvest	87 Sarah Renshaw
24 East Cheshire Harriers & Tames	242	—	8 Katie Kay	65 Angela Oldham	169 Catherine Daly
25 Marple Runners	253	—	42 Ruth Mackenzie	78 Elise Evans	133 Susannah Williams
26 Glossopdale Harriers	265	—	33 Zoe Barton	108 Emma Rettig	124 Melanie Bray
27 Running Bear	280	—	61 Karen Little	96 Pippa Price	123 Holly Nettle
28 Winston Runners	281	—	44 Laura Bell	118 Michelle Hazlehurst	119 Gaynor Williams
29 Styal Running Club	295	—	68 Sara Harris	111 Jane Hughes	116 Catherine Jackson
30 Buxton AC	299	—	52 Heather Haggis	121 Kate Brown	126 Sheila Bradley
31 Middleton Harriers Ac	308	—	95 Jo Bishop	106 Helen Mutch	107 Deborah Sheen
32 Manchester Triathlon Club 'B'	313	—	82 Winton Julie De	85 Cathy Atkinson	146 Morse Claudia Robles
33 Wilmslow Running Club 'B'	323	—	60 Janine Ellis	131 Catriona Marshall	132 Janet Screawn
34 Bramhall Runners 'B'	326	—	91 Andrea Buckingham	97 Sarah Senior	138 Nicola Combs
35 Chorlton Runners 'C'	337	—	105 Rachael Clegg	115 Alison Wainwright	117 Katie Syrett
36 Manchester Harriers & Ac	346	—	84 Caroline Baba	102 Wendy Woodhead	160 Helen Holme
37 Sale Harriers Manchester 'C'	357	—	81 V Cordingley-Gaunt	137 Helen Carter	139 Catherine Jones
38 Chorlton Runners 'D'	387	—	125 Denise Yarrow	127 Amy Berrisford	135 Helen Short
39 Stockport Harriers & Ac 'B'	388	—	73 Sophie Seingier	142 Helen Todd	173 Jennifer McGuinness
40 Hyde Village Striders	400	—	101 Diane Clarke	144 Dannielle Burns	155 Elizabeth Mason
41 Dragons Running Club (sale 'B')	402	—	103 Claire Gwyer	147 Sue Strickland	152 Ruth Perkins
42 Middleton Harriers Ac 'B'	429	—	109 Karen Hallett	158 Fiona Bolton	162 Catherine Murphy
43 Winston Runners 'B'	438	—	136 Christina Hodges	141 Hayley O'Hare	161 Cintia Maldonado
44 Chorlton Runners 'E'	447	—	143 Bryony Bell	145 Sue Waring	159 Elisabeth Lewis
45 Marple Runners 'B'	454	—	148 Angela Stanley	150 Ann Richardson	156 Helen Gray
46 Swinton Running Club 'B'	488	—	110 Rachel Billington	178 Sarah Bullock	200 Wendy Doxey
47 Hyde Village Striders 'B'	510	—	166 Shameen Younis	167 Lana Milligan	177 Carol Kershaw
48 Manchester Triathlon Club 'C'	518	—	154 Jayne Speers	175 Michelle Wilder	189 Jacky Taylor
49 Middleton Harriers Ac 'C'	530	—	174 Louise Butterworth	176 Sandra McGrail	180 Dawn Anderson
50 Chorlton Runners 'F'	544	—	168 Ann Carney	181 Geraldine O'Kane	195 Alison Coleridge
51 Middleton Harriers Ac 'D'	563	—	184 Faye Aydin	188 Christine Eckersley	191 Kyrinda Carter-Moore
52 Start2jog	565	—	170 Clare Leith	197 Jo Mohan	198 Jamielee Johnston
53 Manchester Harriers & Ac 'B'	584	—	183 Deborah Beresford	199 Tracy Farrell	202 Ekaterina Ivanova
54 Bramhall Runners 'C'	602	—	193 Pauline White	204 Melanie Li	205 Jill Harrison

Senior Ladies - Men over 70 — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	1924	Andy Smith	L45	1 Swinton Running Club	1:07:21

Senior Ladies - Men over 70 — TEAM RESULTS

No complete teams

Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time						
1	2510	Joshua Wragg	U20	1 Rotherham Harriers And AC	35:17	8	2082	Anastasios Kousis	U20	8 University Of Manchester	41:07
2	1492	George Noble	U20	2 Sale Harriers Manchester	36:39	9	1656	Benjamin Knight	U20	9 Salford Metropolitan Ac	41:35
3	2058	Finley Mayoh	U20	3 Trafford Athletic Club	36:53	10	2081	Daniel Groves	U20	10 University Of Manchester	41:47
4	2055	Joseph Daly	U20	4 Trafford Athletic Club	37:27	11	1165	Matthew Furniss	U20	11 Marple Runners	42:33
5	987	Ben Smithies	U20	5 Manchester Metropolitan Uni	39:35	12	1712	Joseph Byrne	U20	12 St Helens Sutton Ac	44:13
6	2060	Ned Silvey	U20	6 Trafford Athletic Club	40:38	13	986	Nathan Green	U20	13 Manchester Metropolitan Uni	45:58
7	563	Callum Fricker	U20	7 East Cheshire Harriers & Tames	40:51	14	2080	Michael Degu	U20	14 University Of Manchester	54:45

Senior Men aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Trafford Athletic Club	10	—	2 Finley Mayoh	3 Joseph Daly	5 Ned Silvey
2 University Of Manchester	29	—	7 Anastasios Kousis	9 Daniel Groves	13 Michael Degu

Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time					
1	2108	Ed Shepherd		Vale Royal Ac	32:56	82	1670	Ryan Molyneux	St Helens Sutton Ac	41:01
2	2096	Aaron Doyle		Vale Royal Ac	33:20	83	2165	Jonny Leatherbarrow	Warrington A C	41:06
3	1772	Edward Corden		Stockport Harriers & Ac	33:38	84	2069	Luvuyo Gantsho	University Of Manchester	41:09
4	822	Matthew Leahy		Liverpool Harriers & Ac	33:46	85	999	Robert Cook	Manchester Road Runners	41:18
5	1661	Joseph Buckley		St Helens Sutton Ac	33:46	86	1660	Michael Brussels	St Helens Sutton Ac	41:20
6	1332	Alex Lawton		Sale Harriers Manchester	33:49	87	1329	Mark Johnson	Sale Harriers Manchester	41:23
7	644	James Kevan		Horwich R M I Harriers	33:52	88	1967	George Wright	Trafford Athletic Club	41:25
8	317	Peter Taylor-Bray		Chorlton Runners	34:03	89	1294	Stephen Ford	Saddleworth Runners Club	41:32
9	2070	Louis Hudson		University Of Manchester	34:04	90	322	Daniel Vasey	Chorlton Runners	41:38
10	2066	Callum Broadbent		University Of Manchester	34:19	91	1004	Thomas Grime	Manchester Road Runners	41:39
11	636	Luke Foley		Horwich R M I Harriers	34:25	92	1334	David Marsh	Sale Harriers Manchester	41:43
12	2162	Daniel Fox		Warrington A C	34:29	93	1664	Dean Dale	St Helens Sutton Ac	41:54
13	2505	Reid Sharkey		Unattached	34:48	94	1182	Paul Cain	Middleton Harriers Ac	42:05
14	1540	Ryan Worland		Salford Harriers & AC	34:51	95	1945	David Burgess	Total Run Training	42:08
15	513	Joseph Hudak		East Cheshire Harriers & Tames	34:55	96	1006	D Harrison-Croft	Manchester Road Runners	42:10
16	970	Sebastian DelCampo		Manchester Metropolitan Univer	35:00	97	7	Nick Cuff	Altrincham & District Ac	42:11
17	1802	Doyle Jacob Wood		Stockport Harriers & Ac	35:04	98	290	Max Letchfield	Chorlton Runners	42:13
18	1518	Robert Smyk		Salford Harriers & AC	35:08	99	882	Ciaran Wright	Macclesfield Harriers & Ac	42:14
19	292	O Macdonald		Chorlton Runners	35:11	100	903	Pierce Lyons	Manchester Fronrunners	42:15
20	2111	Samuel Whitehead		Vale Royal Ac	35:12	101	2092	Lee Carrington	Vale Royal Ac	42:16
21	2279	Alex Haggard		Warriors Pentathlon & AC	35:38	102	185	Callum D'souza	Buxton AC	42:21
22	502	Gavin Browne		East Cheshire Harriers & Tames	35:46	103	898	Martin Dunn	Manchester Fronrunners	42:30
23	1322	Joseph Godwood		Sale Harriers Manchester	35:58	104	1040	Greg Godley	Manchester Triathlon Club	42:35
24	1960	Simon O'Meara		Trafford Athletic Club	36:09	105	1308	D Cordingley-Gaunt	Sale Harriers Manchester	42:42
25	2508	R Evans		Windsor Slough Eton & Hounslow	36:10	106	1531	Ben Rix	Salford Harriers & AC	42:43
26	1662	Daniel Cooke		St Helens Sutton Ac	36:19	107	170	Zain Karim	Bramhall Runners	42:48
27	714	Benjamin Hall		Horwich R M I Harriers	36:25	108	1002	Sam Dawes	Manchester Road Runners	42:53
28	1786	David Lewin		Stockport Harriers & Ac	36:27	109	933	George Steele	Manchester Harriers & Ac	43:07
29	1231	Michael Mannings		Oldham & Royton H & Ac	36:32	110	247	Benjamin Brown	Chorlton Runners	43:08
30	1959	Michael Melarkey		Trafford Athletic Club	36:38	111	402	Chris Essex	Didsbury Runners	43:08
31	503	Liam Browne		East Cheshire Harriers & Tames	36:44	112	2434	Phillip Williams	Winston Runners	43:30
32	1666	Thomas Griffiths		St Helens Sutton Ac	36:50	113	1008	Thomas Lewis	Manchester Road Runners	43:38
33	1347	Phil Richardson		Sale Harriers Manchester	37:13	114	1114	Martin Rimmer	Manchester Ymca Harriers	43:56
34	2171	Daniel Schofield		Warrington A C	37:15	115	2319	Paul Morrison	West Cheshire Athletic Club	44:15
35	969	Mark Loyd		Manchester Metropolitan Univer	37:18	116	1591	David Comes	Salford Metropolitan Ac	44:29
36	1780	Alec Francis		Stockport Harriers & Ac	37:21	117	1526	Jockey McLaughlin	Salford Harriers & AC	44:35
37	1041	Nikolas Heinloth		Manchester Triathlon Club	37:30	118	1892	Chris Turner	Styal Running Club	44:59
38	1001	Nicholas Crisp		Manchester Road Runners	37:32	119	324	Doug Webb	Chorlton Runners	45:12
39	1522	Marcus Law		Salford Harriers & AC	37:36	120	1011	Benjamin Pygott	Manchester Road Runners	45:16
40	51	Michael Whitham		Altrincham & District Ac	37:37	121	1922	Daniel Martin	Swinton Running Club	45:28
41	1504	Ashley Buckley		Salford Harriers & AC	37:42	122	894	Chris Barcroft	Manchester Fronrunners	45:33
42	1521	Matthew Latham		Salford Harriers & AC	37:46	123	1003	Thomas Elmore	Manchester Road Runners	45:44
43	1770	Phil Carpenter		Stockport Harriers & Ac	37:50	124	2432	James Phillips	Winston Runners	45:45
44	518	Nigel Malkin		East Cheshire Harriers & Tames	37:53	125	783	Russell Scott	Levenshulme Runners	45:56
45	288	George Langford		Chorlton Runners	37:58	126	420	Jamie Soul	Didsbury Runners	45:58
46	1357	Benjamin Tolputt		Sale Harriers Manchester	37:59	127	2317	Joe Massey	West Cheshire Athletic Club	46:22
47	2509	Harri Jackson		Menai Track And Field	38:01	128	873	Owain Morris	Macclesfield Harriers & Ac	46:39
48	526	Josh Walton		East Cheshire Harriers & Tames	38:07	129	1601	Malcolm Orrell	Salford Metropolitan Ac	47:01
49	1005	Thomas Gunby		Manchester Road Runners	38:11	130	1043	Joe Holmes	Manchester Triathlon Club	47:02
50	590	James Stubbs		Glossopdale Harriers	38:13	131	283	Peter Holmes	Chorlton Runners	47:04
51	2068	Jude Bush		University Of Manchester	38:13	132	763	Nicholas Barton	Levenshulme Runners	47:07
52	1331	M Kidd-Rossiter		Sale Harriers Manchester	38:15	133	786	Sam Ward	Levenshulme Runners	47:34
53	1958	Alex Jones		Trafford Athletic Club	38:18	134	308	Andrew Robertson	Chorlton Runners	48:06
54	2110	Charlie Weaver		Vale Royal Ac	38:22	135	743	Scott Armstrong	Knutsford Tri Club	48:16
55	1778	Ciaran Ferris		Stockport Harriers & Ac	38:25	136	1795	William Pritchard	Stockport Harriers & Ac	48:22
56	413	Damien McHugh		Didsbury Runners	38:33	137	310	Mo Sayed	Chorlton Runners	48:31
57	566	James Barnard		Glossopdale Harriers	38:39	138	772	Alastair Fensome	Levenshulme Runners	48:34
58	762	Dominic Allen		Levenshulme Runners	38:48	139	1053	Anthony McGuirk	Manchester Triathlon Club	48:35
59	1104	Mark Condon		Manchester Ymca Harriers	38:49	140	862	Rob Gorton	Macclesfield Harriers & Ac	48:43
60	612	Nathan Porter		Goyt Valley Striders	38:54	141	1013	Curtis Rothwell	Manchester Road Runners	48:50
61	524	Jacob Taylor		East Cheshire Harriers & Tames	38:57	142	2274	Steve Cole	Warriors Pentathlon & AC	49:09
62	305	Alister Pearson		Chorlton Runners	39:06	143	297	Paul Molloy	Chorlton Runners	49:10
63	1789	Simon McConville		Stockport Harriers & Ac	39:11	144	1235	Callum Wood	Oldham & Royton H & Ac	49:53
64	768	Martin Dickson		Levenshulme Runners	39:11	145	864	Colin Hill	Macclesfield Harriers & Ac	49:57
65	641	Mike Hampson		Horwich R M I Harriers	39:21	146	2507	Peter Cockings	Unattached	50:50
66	1519	Archie Jones		Salford Harriers & AC	39:36	147	474	Steven Ward	Dragons Running Club (sale)	51:08
67	523	Matthew Smith		East Cheshire Harriers & Tames	39:40	148	902	Joe Jarvis	Manchester Fronrunners	51:23
68	871	Arran McCloskey		Macclesfield Harriers & Ac	39:46	149	1785	Jonathan Laver	Stockport Harriers & Ac	51:27
69	1194	Andrew Ndlovu		Middleton Harriers Ac	39:55	150	189	William McDonald	Buxton AC	51:41
70	2072	Rhydian Watson		University Of Manchester	39:56	151	44	George Raffle	Altrincham & District Ac	52:41
71	1912	Daniel Bird		Swinton Running Club	40:08	152	774	Mike Hawkins	Levenshulme Runners	54:12
72	22	Richard Jellyman		Altrincham & District Ac	40:11	153	777	Josh Marsden	Levenshulme Runners	55:26
73	2320	Bradley Spurdens		West Cheshire Athletic Club	40:20	154	876	Tom Phillips	Macclesfield Harriers & Ac	56:35
74	1109	Nicholas Jackson		Manchester Ymca Harriers	40:31	155	1720	Robert Maidstone	Start2jog	56:35
75	263	Luke Donald		Chorlton Runners	40:36	156	401	Robert Cusack	Didsbury Runners	57:47
76	1913	Edmund Bishanga		Swinton Running Club	40:39	157	1916	Ian Cronshaw	Swinton Running Club	1:01:02
77	1727	Oliver Woodcock		Start2jog	40:39	158	2316	Jeff Lambert	West Cheshire Athletic Club	1:01:13
78	567	Luke Bidwell		Glossopdale Harriers	40:40	159	2170	Joao Santos	Warrington A C	1:06:46
79	766	Rob Cleaver		Levenshulme Runners	40:52					
80	2416	Peter Williams		Wilmslow Striders	40:53					
81	1360	James Walsh		Sale Harriers Manchester	41:01					

Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time
1	1541	Karl Darcy	V40 1	Salford Harriers & AC	34:22
2	36	David Norman	V40 2	Altrincham & District Ac	35:16
3	309	James Savage	V40 3	Chorlton Runners	36:01
4	3	Michael Berks	V40 4	Altrincham & District Ac	36:06
5	511	Michael Holness	V40 5	East Cheshire Harriers & Tames	36:11
6	1523	Bruno Lima	V40 6	Salford Harriers & AC	36:21
7	1537	Chris Webb	V40 7	Salford Harriers & AC	37:09
8	1657	Steven Anders	V40 8	St Helens Sutton Ac	37:35
9	2169	Adam Rashud	V40 9	Warrington A C	37:40
10	1513	Carl Hardman	V4010	Salford Harriers & AC	37:45
11	1314	Robert Dunn	V4011	Sale Harriers Manchester	37:59
12	998	Michael Buckley	V4012	Manchester Road Runners	38:44
13	1877	Carl Krystek	V4013	Stockport Tri Club	38:56
14	569	Steve Brown	V4014	Glossopdale Harriers	39:12
15	1061	Aaron Saxton	V4015	Manchester Triathlon Club	39:16
16	1354	Tom Stephenson	V4016	Sale Harriers Manchester	39:33
17	274	Patrick Goodrich	V4017	Chorlton Runners	39:40
18	2392	Mark Kirkby	V4018	Wilmslow Running Club	39:59
19	32	Tom Moseley	V4019	Altrincham & District Ac	40:05
20	504	Lee Butler	V4020	Sale Cheshire Harriers & Tames	40:23
21	765	Ben Caldwell	V4021	Levenshulme Runners	40:39
22	664	Matthew Wilson	V4022	Horwich R M I Harriers	40:45
23	1543	Leo Loughran	V4023	Salford Harriers & AC	41:02
24	1293	Michael Fleming	V4024	Saddleworth Runners Club	41:05
25	2459	Neil Oakes	V4025	Wirral Ac	41:06
26	1954	Dan Atkinson	V4026	Trafford Athletic Club	41:11
27	466	Thomas Magdzinski	V4027	Dragons Running Club (sale)	41:21
28	1342	Peter O'Neill	V4028	Sale Harriers Manchester	41:33
29	508	James Hartshorne	V4029	East Cheshire Harriers & Tames	41:59
30	2295	Paul Grabe	V4030	Warriors Pentathlon & AC	42:27
31	160	Matt Darnley	V4031	Bramhall Runners	42:32
32	1919	Christopher Frost	V4032	Swinton Running Club	43:07
33	591	Colin Taylor	V4033	Glossopdale Harriers	43:11
34	1590	Paul Connolly	V4034	Salford Metropolitan Ac	44:05
35	778	Steve Parkinson	V4035	Levenshulme Runners	44:19
36	454	Graham Brownhill	V4036	Dragons Running Club (sale)	44:27
37	1045	Abraham Ingersoll	V4037	Manchester Triathlon Club	45:15
38	589	Daniel Stinton	V4038	Glossopdale Harriers	45:17
39	286	Philip Jenkinson	V4039	Chorlton Runners	45:28
40	410	Dan Levin	V4040	Didsbury Runners	45:37
41	1774	Ian Crabtree	V4041	Stockport Harriers & Ac	45:40
42	1509	Paul Creighton	V4042	Salford Harriers & AC	46:21
43	748	Adam Horrocks	V4043	Knutsford Tri Club	46:23
44	1875	Robert Heathcote	V4044	Stockport Tri Club	46:33
45	1192	Stephen Lowe	V4045	Middleton Harriers Ac	46:43
46	255	Nicholas Colwill	V4046	Chorlton Runners	47:09
47	745	Matthew Eglin	V4047	Knutsford Tri Club	49:42
48	1119	Ben Watson	V4048	Manchester Ymca Harriers	50:21
49	1054	Simon Moss	V4049	Manchester Triathlon Club	50:22
50	1659	Paul Brownbill	V4050	St Helens Sutton Ac	51:03
51	1196	Paul Sale	V4051	Middleton Harriers Ac	51:07
52	252	Simon Clarke	V4052	Chorlton Runners	52:29
53	1175	Matthew Pierce	V4053	Marple Runners	53:00
54	293	Peter Marks	V4054	Chorlton Runners	57:15
55	2172	Brian Shaw	V4055	Warrington A C	58:42
56	1724	Barry Sherwood	V4056	Start2jog	1:11:28

Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	1299	Matthew Barnes	V45 1	Sale Harriers Manchester	34:43
2	2398	Peter Speake	V45 2	Wilmslow Running Club	35:51
3	645	Nick Leigh	V45 3	Horwich R M I Harriers	35:55
4	1534	Anthony Taylor	V45 4	Salford Harriers & AC	36:29
5	2378	Richard Coen	V45 5	Wilmslow Running Club	37:01
6	1525	Billy McCartney	V45 6	Salford Harriers & AC	38:17
7	2288	David Pastor	V45 7	Warriors Pentathlon & AC	38:35
8	1060	Al Robertson	V45 8	Manchester Triathlon Club	39:41
9	929	Alex Masidlover	V45 9	Manchester Harriers & Ac	39:52
10	17	Mick Hill	V4510	Altrincham & District Ac	40:14
11	581	Steven Knight	V4511	Glossopdale Harriers	40:18
12	1787	David Maher	V4512	Stockport Harriers & Ac	40:25
13	1030	Craig Chapman	V4513	Manchester Triathlon Club	40:34
14	654	Alastair Murray	V4514	Horwich R M I Harriers	40:36
15	1517	David Hudson	V4515	Salford Harriers & AC	40:46
16	311	Gary Scott	V4516	Chorlton Runners	40:58
17	1353	Matthew Spragg	V4517	Sale Harriers Manchester	41:13
18	1232	Lee Robinson	V4518	Oldham & Royton H & Ac	41:28
19	497	Jonathan Aust	V4519	East Cheshire Harriers & Tames	41:40
20	1056	Paul O'Donoghue	V4520	Manchester Triathlon Club	41:46
21	323	Guy Weaver	V4521	Chorlton Runners	41:58
22	195	Robert White	V4522	Buxton AC	42:02
23	1323	Barnaby Gordon	V4523	Sale Harriers Manchester	42:29
24	2107	Robert Roe	V4524	Vale Royal Ac	42:34
25	607	Lucas Jones	V4525	Goyt Valley Striders	42:38
26	1956	Daniel Hill	V4526	Trafford Athletic Club	43:19
27	1658	Chris Birkett	V4527	St Helens Sutton Ac	43:26
28	1057	Mark Pagram	V4528	Manchester Triathlon Club	43:26
29	877	Andrew Power	V4529	Macclesfield Harriers & Ac	43:30
30	900	Jono Guildford	V4530	Manchester Frontrunners	43:31
31	604	Alistair Fitzgerald	V4531	Goyt Valley Striders	43:56
32	316	Nick Syrett	V4532	Chorlton Runners	44:15
33	627	Paul Battye	V4533	Horwich R M I Harriers	44:55
34	861	Graeme Eddie	V4534	Macclesfield Harriers & Ac	45:05
35	584	Rob Sheldon	V4535	Glossopdale Harriers	45:36
36	1597	Richard Knight	V4536	Salford Metropolitan Ac	45:41
37	1027	Damian Aspin	V4537	Manchester Triathlon Club	45:44
38	180	Phil Ramsey	V4538	Bramhall Runners	45:49
39	525	Dennis Thomas	V4539	East Cheshire Harriers & Tames	45:50
40	747	John Goggins	V4540	Knutsford Tri Club	46:10
41	280	Robert Hegg	V4541	Chorlton Runners	46:30
42	921	Matthew Crimes	V4542	Manchester Harriers & Ac	46:51
43	1338	V Moreira	V4543	Sale Harriers Manchester	46:53
44	1596	David Hughes	V4544	Salford Metropolitan Ac	46:55
45	158	Richard Adams	V4545	Bramhall Runners	47:01
46	1669	Martin Johnson	V4546	St Helens Sutton Ac	47:41
47	1184	Joe Cannavan	V4547	Middleton Harriers Ac	47:52
48	1037	Chris Evans	V4548	Manchester Triathlon Club	48:02
49	300	Andy Nicol	V4549	Chorlton Runners	48:05
50	2408	Damian Biswell	V4550	Wilmslow Striders	49:04
51	1361	Wayne Wardle	V4551	Sale Harriers Manchester	49:11
52	1167	Steve Grace	V4552	Marple Runners	49:20
53	119	Andrew Taylor	V4553	Belle Vue Racers	50:38
54	1012	Christopher Rider	V4554	Manchester Road Runners	50:39
55	773	Martin Hall	V4555	Levenshulme Runners	50:55
56	1876	Gareth Jones	V4556	Stockport Tri Club	50:56
57	260	Stephen Davison	V4557	Chorlton Runners	50:59
58	408	Andrew Knox	V4558	Didsbury Runners	51:00
59	932	Chris Sewart	V4559	Manchester Harriers & Ac	51:16
60	460	Duncan Gazeley	V4560	Dragons Running Club (sale)	51:38
61	722	Stephen Limb	V4561	Hyde Village Striders	53:00
62	1324	Guy Grundy	V4562	Sale Harriers Manchester	54:02
63	1179	Steven Woodward	V4563	Marple Runners	54:51
64	867	David Larkin	V4564	Macclesfield Harriers & Ac	55:25
65	106	James Corrigan	V4565	Belle Vue Racers	55:54
66	928	Matt Hanson	V4566	Manchester Harriers & Ac	56:25
67	2430	Paul Lockett	V4567	Winston Runners	57:17

Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	639	Julian Goudge	V50 1	Horwich R M I Harriers	37:19	27	1227Ged Critchley	V5027	Oldham & Royton H & Ac	46:59
2	568	Stefan Bramwell	V50 2	Glossopdale Harriers	37:39	28	470Tristan Pocock	V5028	Dragons Running Club (sale)	47:20
3	266	Stephen Edwards	V50 3	Chorlton Runners	38:23	29	1779Christian Fox	V5029	Stockport Harriers & Ac	47:38
4	1870	Nicholas Chick	V50 4	Stockport Tri Club	38:57	30	2163Mark Gregory	V5030	Warrington A C	47:50
5	1512	Ian Grime	V50 5	Salford Harriers & AC	40:03	31	1878Colin Shore	V5031	Stockport Tri Club	48:17
6	2461	Mark Smith	V50 6	Wirral Ac	40:27	32	1188Peter Hughes	V5032	Middleton Harriers Ac	48:28
7	275	Paul Griffiths	V50 7	Chorlton Runners	41:04	33	1174Darren Peatfield	V5033	Marple Runners	48:38
8	318	Roger Thomas	V50 8	Chorlton Runners	41:38	34	395Michael Bean	V5034	Didsbury Runners	48:39
9	1794	Simon Pickard	V50 9	Stockport Harriers & Ac	41:49	35	1263Mark Garner	V5035	Radcliffe Ac	48:41
10	174	Nathan Mayoh	V5010	Bramhall Runners	41:51	36	727Garry Roy	V5036	Hyde Village Striders	48:48
11	1340	Paul Noble	V5011	Sale Harriers Manchester	41:57	37	918Andrew Almond	V5037	Manchester Harriers & Ac	48:53
12	1051	Joab Lunel	V5012	Manchester Triathlon Club	42:18	38	2296Ronan Kearney	V5038	Warriors Pentathlon & AC	49:10
13	1773	James Corden	V5013	Stockport Harriers & Ac	42:40	39	1284Edward Davies	V5039	Running Bear	49:16
14	177	Frank Podd	V5014	Bramhall Runners	42:53	40	1800Mark Smith	V5040	Stockport Harriers & Ac	49:37
15	2396	Jim Pendrill	V5015	Wilmslow Running Club	42:54	41	923David Dyer	V5041	Manchester Harriers & Ac	49:45
16	108	Tony Coyne	V5016	Belle Vue Racers	42:57	42	1722Andy Mohan	V5042	Start2jog	50:29
17	660	Marcus Taylor	V5017	Horwich R M I Harriers	43:00	43	2385Stephen Greaves	V5043	Wilmslow Running Club	50:52
18	510	Carl Hodskinson	V5018	East Cheshire Harriers & Tames	43:37	44	746Dave Gaskell	V5044	Knutsford Tri Club	51:31
19	1874	Paul Graveney	V5019	Stockport Tri Club	43:59	45	1766Stephen Brown	V5045	Stockport Harriers & Ac	51:34
20	191	Jonathan Sewell	V5020	Buxton AC	44:04	46	472Paul Stansbury	V5046	Dragons Running Club (sale)	52:29
21	2315	Richard Hayes	V5021	West Cheshire Athletic Club	44:23	47	169Lee Jones	V5047	Bramhall Runners	52:46
22	728	Paul Stewart	V5022	Hyde Village Striders	44:55	48	1784Ian Kennedy	V5048	Stockport Harriers & Ac	53:01
23	437	Matthew Joslin	V5023	Didsbury Runners	45:44	49	1185Dean Clapworthy	V5049	Middleton Harriers Ac	54:15
24	1173	Pete Ogley	V5024	Marple Runners	46:13	50	751Edward Taylor	V5050	Knutsford Tri Club	1:00:13
25	1251	Lee Dunn	V5025	Quays Running Club	46:25	51	1171Mike Kelly	V5051	Marple Runners	1:00:21
26	1595	Paul Gee	V5026	Salford Metropolitan Ac	46:53					

Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	1532	Mark Russell	V55 1	Salford Harriers & AC	38:45	24	875Ray O'Keefe	V5524	Macclesfield Harriers & Ac	47:28
2	1115	Tim Shanker	V55 2	Manchester Ymca Harriers	39:47	25	1667Ian Hayburn	V5525	St Helens Sutton Ac	47:33
3	178	Andy Porter	V55 3	Bramhall Runners	40:59	26	1792Ian Mulligan	V5526	Stockport Harriers & Ac	48:12
4	611	Paul Oakley	V55 4	Goyt Valley Striders	41:30	27	908Roberto Raso	V5527	Manchester Frontrunners	48:56
5	193	Andrew Stokes	V55 5	Buxton AC	42:28	28	2395Gary Morrison	V5528	Wilmslow Running Club	49:06
6	655	Richard O'Reilly	V55 6	Horwich R M I Harriers	43:18	29	2428James Golden	V5529	Winston Runners	49:23
7	18	Andrew Holloway	V55 7	Altrincham & District Ac	43:27	30	112Jimmy Mo	V5530	Belle Vue Racers	49:40
8	1046	Tim Johns	V55 8	Manchester Triathlon Club	43:40	31	1603Matthew Pollard	V5531	Salford Metropolitan Ac	49:47
9	187	Andrew Lidstone	V55 9	Buxton AC	44:27	32	1166Richard Furniss	V5532	Marple Runners	49:56
10	2504	Giles Bennett	V5510	Bury Athletic Club	44:44	33	1606Mark Shuttleworth	V5533	Salford Metropolitan Ac	50:00
11	1719	Craig Leith	V5511	Start2jog	44:47	34	188Paul Markall	V5534	Buxton AC	50:33
12	869	Steve Lomas	V5512	Macclesfield Harriers & Ac	45:01	35	723Mike Mason	V5535	Hyde Village Striders	50:36
13	2388	Jarrod Homer	V5513	Wilmslow Running Club	45:27	36	1200Anthony Walsh	V5536	Middleton Harriers Ac	50:36
14	573	Peter Daly	V5514	Glossopdale Harriers	45:29	37	1160Ian Bowker	V5537	Marple Runners	52:11
15	926	Glen Gandy	V5515	Manchester Harriers & Ac	45:35	38	2413Robert Hall	V5538	Wilmslow Striders	52:32
16	407	Phil Kemp	V5516	Didsbury Runners	45:35	39	396Jeff Blackford	V5539	Didsbury Runners	52:57
17	190	Neil Pearsons	V5517	Buxton AC	45:59	40	1199Darren Wallis	V5540	Middleton Harriers Ac	53:13
18	1055	John Murray	V5518	Manchester Triathlon Club	46:03	41	656Lawrence Pinnell	V5541	Horwich R M I Harriers	53:56
19	181	Stephen Brundrett	V5519	Bramhall Runners	46:13	42	606Paul Hunt	V5542	Goyt Valley Striders	55:28
20	2501	Paul Beckett	V5520	Unattached	47:00	43	304Chris Peachey	V5543	Chorlton Runners	56:46
21	24	Richard Kenneough	V5521	Altrincham & District Ac	47:07	44	1255Stephen Symons	V5544	Quays Running Club	59:01
22	242	Warren Bowden	V5522	Chorlton Runners	47:16	45	934Craig Turner	V5545	Manchester Harriers & Ac	59:27
23	1949	Nicholas Welch	V5523	Total Run Training	47:28					

Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	1511	Gary Dale	V60 1	Salford Harriers & AC	40:12	11	397Dave Bradford	V6011	Didsbury Runners	50:45
2	11	Richard Evans	V60 2	Altrincham & District Ac	42:39	12	2429Anthony Harrison	V6012	Winston Runners	51:56
3	2166	David Norman	V60 3	Warrington A C	43:12	13	114Carl Moriarty	V6013	Belle Vue Racers	51:59
4	717	David Clarke	V60 4	Hyde Village Striders	44:17	14	1671Connor Andy O	V6014	St Helens Sutton Ac	53:08
5	1917	Steven Doxey	V60 5	Swinton Running Club	46:56	15	2405Colin Walton	V6015	Wilmslow Running Club	55:21
6	594	Ian Warhurst	V60 6	Glossopdale Harriers	46:57	16	2412Toby Gold	V6016	Wilmslow Striders	55:33
7	1604	Mike Race	V60 7	Salford Metropolitan Ac	47:50	17	473Robert Todd	V6017	Dragons Running Club (sale)	56:59
8	1965	Richard Wallace	V60 8	Trafford Athletic Club	48:53	18	165Mike Hall	V6018	Bramhall Runners	1:00:05
9	231	Paul Adams	V60 9	Chorlton Runners	49:24	19	781Julian Sacofsky	V6019	Levenshulme Runners	1:00:37
10	1306	Frank Cordingley	V6010	Sale Harriers Manchester	49:25					

Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time					
1	2393	Tom McGaff	V65 1	Wilmslow Running Club	45:08	9	115Patrick O'Brien	V65 9	Belle Vue Racers	52:23
2	571	David Christy-Lowe	V65 2	Glossopdale Harriers	47:56	10	779Victor Ridding	V6510	Levenshulme Runners	53:21
3	1798	Steve Shaughnessy	V65 3	Stockport Harriers & Ac	48:36	11	626David Barnes	V6511	Horwich R M I Harriers	54:20
4	2090	Tony Archer	V65 4	Vale Royal Ac	48:48	12	2094John Clarke	V6512	Vale Royal Ac	54:33
5	2426	Paul Barber	V65 5	Winston Runners	49:29	13	1186Alan Garvey	V6513	Middleton Harriers Ac	54:58
6	1782	Tim Hargreaves	V65 6	Stockport Harriers & Ac	49:55	14	9Mike Duncombe	V6514	Altrincham & District Ac	59:42
7	2433	Peter Walters	V65 7	Winston Runners	50:52	15	615Stephen Sanders	V6515	Goyt Valley Striders	1:01:07
8	2401	Pete Stock	V65 8	Wilmslow Running Club	50:58					

Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time					
1	927	David Gee	L70 1	Manchester Harriers & Ac	46:07	56:52				
2	2406	Andy Watts	L70 2	Wilmslow Running Club	48:58	7	1113Jon Paramor	L70 6	Manchester Ymca Harriers	58:20
3	1230	John Hudson	L70 3	Oldham & Royton H & Ac	49:18	8	642Anthony Hesketh	L75 2	Horwich R M I Harriers	58:35
4	575	Frank Fielding	L70 4	Glossopdale Harriers	50:42	9	37Jeff Norman	L75 3	Altrincham & District Ac	58:44
5	1762	Robert Taylor	L70 5	Stockport Harriers & Ac	56:17	10	1176David Shoemsmith	L70 7	Marple Runners	1:01:28
6	922	Michael Cunningham	L75 1	Manchester Harriers & Ac	56:52	11	2384Trevor Faulkner	L80 1	Wilmslow Running Club	1:19:25

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Manchester Area Cross Country League at Heaton Park on Saturday 14th October 2023

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time			Time	
1	2108	Ed Shepherd		Vale Royal Ac	32:56	87	612Nathan Porter	Goyt Valley Striders	38:54
2	2096	Aaron Doyle		Vale Royal Ac	33:20	88	1877Carl Krystek	V4013 Stockport Tri Club	38:56
3	1772	Edward Corden		Stockport Harriers & Ac	33:38	89	524Jacob Taylor	East Cheshire Harriers & Tames	38:57
4	822	Matthew Leahy		Liverpool Harriers & Ac	33:46	90	1870Nicholas Chick	V50 4 Stockport Tri Club	38:57
5	1661	Joseph Buckley		St Helens Sutton Ac	33:46	91	305Alistair Pearson	Chorlton Runners	39:06
6	1332	Alex Lawton		Sale Harriers Manchester	33:49	92	1789Simon McConville	Stockport Harriers & Ac	39:11
7	644	James Kevan		Horwich R M I Harriers	33:52	93	768Martin Dickson	Levenshulme Runners	39:11
8	317	Peter Taylor-Bray		Chorlton Runners	34:03	94	569Steve Brown	V4014 Glossopdale Harriers	39:12
9	2070	Louis Hudson		University Of Manchester	34:04	95	1061Aaron Saxton	V4015 Manchester Triathlon Club	39:16
10	2066	Callum Broadbent		University Of Manchester	34:19	96	641Mike Hampson	Horwich R M I Harriers	39:21
11	1541	Karl Darcy	V40 1	Salford Harriers & AC	34:22	97	1354Tom Stephenson	V4016 Sale Harriers Manchester	39:33
12	636	Luke Foley		Horwich R M I Harriers	34:25	98	987Ben Smithies	U20 5 Manchester Metropolitan Univer	39:35
13	2162	Daniel Fox		Warrington A C	34:29	99	1519Archie Jones	Salford Harriers & AC	39:36
14	1299	Matthew Barnes	V45 1	Sale Harriers Manchester	34:43	100	523Matthew Smith	East Cheshire Harriers & Tames	39:40
15	2505	\$Reid Sharkey		Unattached	34:48	101	274Patrick Goodrich	V4017 Chorlton Runners	39:40
16	1540	Ryan Worland		Salford Harriers & AC	34:51	102	1060Al Robertson	V45 8 Manchester Triathlon Club	39:41
17	513	Joseph Hudak		East Cheshire Harriers & Tames	34:55	103	871Arran McCloskey	Macclesfield Harriers & Ac	39:46
18	970	Sebastian DelCampo		Manchester Metropolitan Univer	35:00	104	1115Tim Shanker	V55 2 Manchester Ymca Harriers	39:47
19	1802	Doyle Jacob Wood		Stockport Harriers & Ac	35:04	105	929Alex Masidlover	V45 9 Manchester Harriers & Ac	39:52
20	1518	Robert Smyk		Salford Harriers & AC	35:08	106	1194Andrew Ndlovu	Middleton Harriers Ac	39:55
21	2920	O Macdonald		Chorlton Runners	35:11	107	2072Rhydian Watson	University Of Manchester	39:56
22	2111	Samuel Whitehead		Vale Royal Ac	35:12	108	2392Mark Kirby	V4018 Wilmslow Running Club	39:59
23	36	David Norman	V40 2	Altrincham & District Ac	35:16	109	1512Ian Grime	V50 5 Salford Harriers & AC	40:03
24	2510	\$Joshua Wragg	U20 1	Rotherham Harriers And AC	35:17	110	32Tom Moseley	V4019 Altrincham & District Ac	40:05
25	2279	Alex Haggard		Warriors Pentathlon & AC	35:38	111	1912Daniel Bird	Swinton Running Club	40:08
26	502	Gavin Browne		East Cheshire Harriers & Tames	35:46	112	22Richard Jellyman	Altrincham & District Ac	40:11
27	2398	Peter Speake	V45 2	Wilmslow Running Club	35:51	113	1511Gary Dale	V60 1 Salford Harriers & AC	40:12
28	645	Nick Leigh	V45 3	Horwich R M I Harriers	35:55	114	17Mick Hill	V4510 Altrincham & District Ac	40:14
29	1322	Joseph Godwood		Sale Harriers Manchester	35:58	115	581Steven Knight	V4511 Glossopdale Harriers	40:18
30	309	James Savage	V40 3	Chorlton Runners	36:01	116	2320Bradley Spurdens	West Cheshire Athletic Club	40:20
31	3	Michael Berks	V40 4	Altrincham & District Ac	36:06	117	504Lee Butler	V4020 East Cheshire Harriers & Tames	40:23
32	1960	Simon O'Meara		Trafford Athletic Club	36:09	118	1787David Maher	V4512 Stockport Harriers & Ac	40:25
33	2508	\$R Evans		Windsor Slough Eton & Hounslow	36:10	119	2461Mark Smith	V50 6 Wirral Ac	40:27
34	511	Michael Holness	V40 5	East Cheshire Harriers & Tames	36:11	120	1109Nicholas Jackson	Manchester Ymca Harriers	40:31
35	1662	Daniel Cooke		St Helens Sutton Ac	36:19	121	1030Craig Chapman	V4513 Manchester Triathlon Club	40:34
36	1523	Bruno Lima	V40 6	Salford Harriers & AC	36:21	122	263Luke Donald	Chorlton Runners	40:36
37	714	Benjamin Hall		Horwich R M I Harriers	36:25	123	654Alastair Murray	V4514 Horwich R M I Harriers	40:36
38	1786	David Lewin		Stockport Harriers & Ac	36:27	124	2060Ned Silvey	U20 6 Trafford Athletic Club	40:38
39	1534	Anthony Taylor	V45 4	Salford Harriers & AC	36:29	125	1913Edmund Bishanga	Swinton Running Club	40:39
40	1231	Michael Mannings		Oldham & Royton H & Ac	36:32	126	1727Oliver Woodcock	Start2jog	40:39
41	1959	Michael Melarkey		Trafford Athletic Club	36:38	127	765Ben Caldwell	V4021 Levenshulme Runners	40:39
42	1492	George Noble	U20 2	Sale Harriers Manchester	36:39	128	567Luke Bidwell	Glossopdale Harriers	40:40
43	503	Liam Browne	V45 5	East Cheshire Harriers & Tames	36:44	129	664Matthew Wilson	V4022 Horwich R M I Harriers	40:45
44	1666	Thomas Griffiths		St Helens Sutton Ac	36:50	130	1517David Hudson	V4515 Salford Harriers & AC	40:46
45	2058	Finley Mayoh	U20 3	Trafford Athletic Club	36:53	131	563Callum Fricker	U20 7 East Cheshire Harriers & Tames	40:51
46	2378	Richard Coen	V45 5	Wilmslow Running Club	37:01	132	766Rob Cleaver	Levenshulme Runners	40:52
47	1537	Chris Webb	V40 7	Salford Harriers & AC	37:09	133	2416Peter Williams	Wilmslow Striders	40:53
48	1347	Phil Richardson		Sale Harriers Manchester	37:13	134	311Gary Scott	V4516 Chorlton Runners	40:58
49	2171	Daniel Schofield		Warrington A C	37:15	135	178Andy Porter	V55 3 Bramhall Runners	40:59
50	969	Mark Llyod		Manchester Metropolitan Univer	37:18	136	1360James Walsh	Sale Harriers Manchester	41:01
51	639	Julian Goudge	V50 1	Horwich R M I Harriers	37:19	137	1670Ryan Molyneux	St Helens Sutton Ac	41:01
52	1780	Alec Francis		Stockport Harriers & Ac	37:21	138	1543Leo Loughran	V4023 Salford Harriers & AC	41:02
53	2055	Joseph Daly	U20 4	Trafford Athletic Club	37:27	139	275Paul Griffiths	V50 7 Chorlton Runners	41:04
54	1041	Nikolas Heinloth		Manchester Triathlon Club	37:30	140	1293Michael Fleming	V4024 Saddleworth Runners Club	41:05
55	1001	Nicholas Crisp		Manchester Road Runners	37:32	141	2459Neil Oakes	V4025 Wirral Ac	41:06
56	1657	Steven Anders	V40 8	St Helens Sutton Ac	37:35	142	2165Jonny Leatherbarrow	Warrington A C	41:06
57	1522	Marcus Law		Salford Harriers & AC	37:36	143	2082Anastasios Kousis	U20 8 University Of Manchester	41:07
58	51	Michael Whitham		Altrincham & District Ac	37:37	144	2069Luvuyo Gantsho	University Of Manchester	41:09
59	568	Stefan Bramwell	V50 2	Glossopdale Harriers	37:39	145	1954Dan Atkinson	V4026 Trafford Athletic Club	41:11
60	2169	Adam Rashud	V40 9	Warrington A C	37:40	146	1353Matthew Spragg	V4517 Sale Harriers Manchester	41:13
61	1504	Ashley Buckley		Salford Harriers & AC	37:42	147	999Robert Cook	Manchester Road Runners	41:18
62	1513	Carl Hardman	V4010	Salford Harriers & AC	37:45	148	1660Michael Brussels	St Helens Sutton Ac	41:20
63	1521	Matthew Latham		Salford Harriers & AC	37:46	149	466Thomas Magdzinski	V4027 Dragons Running Club (sale)	41:21
64	1770	Phil Carpenter		Stockport Harriers & Ac	37:50	150	1329Mark Johnson	Sale Harriers Manchester	41:23
65	518	Nigel Malkin		East Cheshire Harriers & Tames	37:53	151	1967George Wright	Trafford Athletic Club	41:25
66	288	George Langford		Chorlton Runners	37:58	152	1232Lee Robinson	V4518 Oldham & Royton H & Ac	41:28
67	1357	Benjamin Tolputt		Sale Harriers Manchester	37:59	153	611Paul Oakley	V55 4 Goyt Valley Striders	41:30
68	1314	Robert Dunn	V4011	Sale Harriers Manchester	37:59	154	1294Stephen Ford	Saddleworth Runners Club	41:32
69	2509	\$Harri Jackson		Menai Track And Field	38:01	155	1342Peter O'Neill	V4028 Sale Harriers Manchester	41:33
70	526	Josh Walton		East Cheshire Harriers & Tames	38:07	156	1656Benjamin Knight	U20 9 Salford Metropolitan Ac	41:35
71	1005	Thomas Gunby		Manchester Road Runners	38:11	157	318Roger Thomas	V50 8 Chorlton Runners	41:38
72	590	James Stubbs		Glossopdale Harriers	38:13	158	322Daniel Vasey	Chorlton Runners	41:38
73	2068	Jude Bush		University Of Manchester	38:13	159	1004Thomas Grime	Manchester Road Runners	41:39
74	1331	M Kidd-Rossiter		Sale Harriers Manchester	38:15	160	497Jonathan Aust	V4519 East Cheshire Harriers & Tames	41:40
75	1525	Billy McCartney	V45 6	Salford Harriers & AC	38:17	161	1334David Marsh	Sale Harriers Manchester	41:43
76	1958	Alex Jones		Trafford Athletic Club	38:18	162	1056Paul O'Donoghue	V4520 Manchester Triathlon Club	41:46
77	2110	Charlie Weaver		Vale Royal Ac	38:22	163	2081Daniel Groves	U2010 University Of Manchester	41:47
78	266	Stephen Edwards	V50 3	Chorlton Runners	38:23	164	1794Simon Pickard	V50 9 Stockport Harriers & Ac	41:49
79	1778	Ciaran Ferris		Stockport Harriers & Ac	38:25	165	174Nathan Mayoh	V5010 Bramhall Runners	41:51
80	413	Damien McHugh		Didsbury Runners	38:33	166	1664Dean Dale	St Helens Sutton Ac	41:54
81	2288	David Pastor	V45 7	Warriors Pentathlon & AC	38:35	167	1340Paul Noble	V5011 Sale Harriers Manchester	41:57
82	566	James Barnard		Glossopdale Harriers	38:39	168	323Guy Weaver	V4521 Chorlton Runners	41:58
83	998	Michael Buckley	V4012	Manchester Road Runners	38:44	169	508James Hartshorne	V4029 East Cheshire Harriers & Tames	41:59
84	1532	Mark Russell	V55 1	Salford Harriers & AC	38:45	170	195Robert White	V4522 Buxton AC	42:02
85	762	Dominic Allen		Levenshulme Runners	38:48	171	1182Paul Cain	Middleton Harriers Ac	42:05
86	1104	Mark Condon		Manchester Ymca Harriers	38:49	172	1945David Burgess	Total Run Training	42:08

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173	1006D Harrison-Croft	Manchester Road Runners	42:10	264	190Neil Pearsons	V5517 Buxton AC	45:59
174	7 Nick Cuff	Altrincham & District Ac	42:11	265	1055John Murray	V5518 Manchester Triathlon Club	46:03
175	290Max Letchfield	Chorlton Runners	42:13	266	927David Gee	L70 1 Manchester Harriers & Ac	46:07
176	882Ciaran Wright	Macclesfield Harriers & Ac	42:14	267	747John Goggins	V4540 Knutsford Tri Club	46:10
177	903Pierce Lyons	Manchester Frontrunners	42:15	268	1173Pete Ogley	V5024 Marple Runners	46:13
178	2092Lee Carrington	Vale Royal Ac	42:16	269	181Stephen Brundrett	V5519 Bramhall Runners	46:13
179	1051Joab Lunel	V5012 Manchester Triathlon Club	42:18	270	1509Paul Creighton	V4042 Salford Harriers & AC	46:21
180	185Callum D'souza	Buxton AC	42:21	271	2317Joe Massey	West Cheshire Athletic Club	46:22
181	2295Paul Grabe	V4030 Warriors Pentathlon & AC	42:27	272	748Adam Horrocks	V4043 Knutsford Tri Club	46:23
182	193Andrew Stokes	V55 5 Buxton AC	42:28	273	1251Lee Dunn	V5025 Quays Running Club	46:25
183	1323Barnaby Gordon	V4523 Sale Harriers Manchester	42:29	274	280Robert Heggs	V4541 Chorlton Runners	46:30
184	898Martin Dunn	Manchester Frontrunners	42:30	275	1875Robert Heathcote	V4044 Stockport Tri Club	46:33
185	160Matt Darnley	V4031 Bramhall Runners	42:32	276	873Owain Morris	Macclesfield Harriers & Ac	46:39
186	1165Matthew Furniss	U2011 Marple Runners	42:33	277	1192Stephen Lowe	V4045 Middleton Harriers Ac	46:43
187	2107Robert Roe	V4524 Vale Royal Ac	42:34	278	921Matthew Crimes	V4542 Manchester Harriers & Ac	46:51
188	1040Greg Godley	Manchester Triathlon Club	42:35	279	1595Paul Gee	V5026 Salford Metropolitan Ac	46:53
189	607Lucas Jones	V4525 Goyt Valley Striders	42:38	280	1338V Moreira	V4543 Sale Harriers Manchester	46:53
190	11Richard Evans	V60 2 Altrincham & District Ac	42:39	281	1596David Hughes	V4544 Salford Metropolitan Ac	46:55
191	1773James Corden	V5013 Stockport Harriers & Ac	42:40	282	1917Steven Doney	V60 5 Swinton Running Club	46:56
192	1308D Cordingley-Gaunt	Sale Harriers Manchester	42:42	283	594Ian Warhurst	V60 6 Glossopdale Harriers	46:57
193	1531Ben Rix	Salford Harriers & AC	42:43	284	1227Ged Critchley	V5027 Oldham & Royton H & Ac	46:59
194	170Zain Karim	Bramhall Runners	42:48	285	2501\$Paul Beckett	V5520 Unattached	47:00
195	177Frank Podd	V5014 Bramhall Runners	42:53	286	1601Malcolm Orrell	Salford Metropolitan Ac	47:01
196	1002Sam Dawes	Manchester Road Runners	42:53	287	158Richard Adams	V4545 Bramhall Runners	47:01
197	2396Jim Pendrill	V5015 Wilmslow Running Club	42:54	288	1043Joe Holmes	Manchester Triathlon Club	47:02
198	108Tony Coyne	V5016 Belle Vue Racers	42:57	289	283Peter Holmes	Chorlton Runners	47:04
199	660Marcus Taylor	V5017 Horwich R M I Harriers	43:00	290	763Nicholas Barton	Levenshulme Runners	47:07
200	933George Steele	Manchester Harriers & Ac	43:07	291	24Richard Kenneough	V5521 Altrincham & District Ac	47:07
201	1919Christopher Frost	V4032 Swinton Running Club	43:07	292	255Nicholas Colwill	V4046 Chorlton Runners	47:09
202	247Benjamin Brown	Chorlton Runners	43:08	293	242Warren Bowden	V5522 Chorlton Runners	47:16
203	402Chris Essex	Didsbury Runners	43:08	294	470Tristan Pocock	V5028 Dragons Running Club (sale)	47:20
204	591Colin Taylor	V4033 Glossopdale Harriers	43:11	295	1949Nicholas Welch	V5523 Total Run Training	47:28
205	2166David Norman	V60 3 Warrington A C	43:12	296	875Ray O'Keefe	V5524 Macclesfield Harriers & Ac	47:28
206	655Richard O'Reilly	V55 6 Horwich R M I Harriers	43:18	297	1667Ian Hayburn	V5525 St Helens Sutton Ac	47:33
207	1956Daniel Hill	V4526 Trafford Athletic Club	43:19	298	786Sam Ward	Levenshulme Runners	47:34
208	1658Chris Birkett	V4527 St Helens Sutton Ac	43:26	299	1779Christian Fox	V5029 Stockport Harriers & Ac	47:38
209	1057Mark Pagram	V4528 Manchester Triathlon Club	43:26	300	1669Martin Johnson	V4546 St Helens Sutton Ac	47:41
210	18Andrew Holloway	V55 7 Altrincham & District Ac	43:27	301	2163Mark Gregory	V5030 Warrington A C	47:50
211	877Andrew Power	V4529 Macclesfield Harriers & Ac	43:30	302	1604Mike Race	V60 7 Salford Metropolitan Ac	47:50
212	2434Phillip Williams	Winston Runners	43:30	303	1184Joe Cannavan	V4547 Middleton Harriers Ac	47:52
213	900Jono Guildford	V4530 Manchester Frontrunners	43:31	304	571David Chrystie-Lowe	V65 2 Glossopdale Harriers	47:56
214	510Carl Hodkinson	V5018 East Cheshire Harriers & Tames	43:37	305	1037Chris Evans	V4548 Manchester Triathlon Club	48:02
215	1008Thomas Lewis	Manchester Road Runners	43:38	306	300Andy Nicol	V4549 Chorlton Runners	48:05
216	1046Tim Johns	V55 8 Manchester Triathlon Club	43:40	307	308Andrew Robertson	Chorlton Runners	48:06
217	1114Martin Rimmer	Manchester Ymca Harriers	43:56	308	1792Ian Mulligan	V5526 Stockport Harriers & Ac	48:12
218	604Alistair Fitzgerald	V4531 Goyt Valley Striders	43:56	309	743Scott Armstrong	Knutsford Tri Club	48:16
219	1874Paul Graveney	V5019 Stockport Tri Club	43:59	310	1878Colin Shore	V5031 Stockport Tri Club	48:17
220	191Jonathan Sewell	V5020 Buxton AC	44:04	311	1795William Pritchard	Stockport Harriers & Ac	48:22
221	1590Paul Connolly	V4034 Salford Metropolitan Ac	44:05	312	1188Peter Hughes	V5032 Middleton Harriers Ac	48:28
222	1712Joseph Byrne	U2012 St Helens Sutton Ac	44:13	313	310Mo Sayed	Chorlton Runners	48:31
223	316Nick Syrett	V4532 Chorlton Runners	44:15	314	772Alastair Fensome	Levenshulme Runners	48:34
224	2319Paul Morrison	West Cheshire Athletic Club	44:15	315	1053Anthony McGuirk	Manchester Triathlon Club	48:35
225	717David Clarke	V60 4 Hyde Village Striders	44:17	316	1798Steve Shaughnessy	V65 3 Stockport Harriers & Ac	48:36
226	778Steve Parkinson	V4035 Levenshulme Runners	44:19	317	1174Darren Peatfield	V5033 Marple Runners	48:38
227	2315Richard Hayes	V5021 West Cheshire Athletic Club	44:23	318	395Michael Bean	V5034 Didsbury Runners	48:39
228	187Andrew Lidstone	V55 9 Buxton AC	44:27	319	1263Mark Garner	V5035 Radcliffe Ac	48:41
229	454Graham Brownhill	V4036 Dragons Running Club (sale)	44:27	320	862Rob Gorton	Macclesfield Harriers & Ac	48:43
230	1591David Cornes	Salford Metropolitan Ac	44:29	321	727Garry Roy	V5036 Hyde Village Striders	48:48
231	1526Jockey McLaughlin	Salford Harriers & AC	44:35	322	2090Tony Archer	V65 4 Vale Royal Ac	48:48
232	2504\$Giles Bennett	V5510 Bury Athletic Club	44:44	323	1013Curtis Rothwell	Manchester Road Runners	48:50
233	1719Craig Leith	V5511 Start2jog	44:47	324	1965Richard Wallace	V60 8 Trafford Athletic Club	48:53
234	627Paul Battye	V4533 Horwich R M I Harriers	44:55	325	918Andrew Almond	V5037 Manchester Harriers & Ac	48:53
235	728Paul Stewart	V5022 Hyde Village Striders	44:55	326	908Roberto Raso	V5527 Manchester Frontrunners	48:56
236	1892Chris Turner	Styal Running Club	44:59	327	2406Andy Watts	L70 2 Wilmslow Running Club	48:58
237	869Steve Lomas	V5512 Macclesfield Harriers & Ac	45:01	328	2408Damian Biswell	V4550 Wilmslow Striders	49:04
238	861Graeme Eddie	V4534 Macclesfield Harriers & Ac	45:05	329	2395Gary Morrison	V5528 Wilmslow Running Club	49:06
239	2393Tom McGaff	V65 1 Wilmslow Running Club	45:08	330	2274Steve Cole	Warriors Pentathlon & AC	49:09
240	324Doug Webb	Chorlton Runners	45:12	331	2296Ronan Kearney	V5038 Warriors Pentathlon & AC	49:10
241	1045Abraham Ingersoll	Manchester Triathlon Club	45:15	332	297Paul Molloy	Chorlton Runners	49:10
242	1011Benjamin Pygott	Manchester Road Runners	45:16	333	1361Wayne Wardle	V4551 Sale Harriers Manchester	49:11
243	589Daniel Stinton	V4038 Glossopdale Harriers	45:17	334	1284Edward Davies	V5039 Running Bear	49:16
244	2388Jarrod Homer	V5513 Wilmslow Running Club	45:27	335	1230John Hudson	L70 3 Oldham & Royton H & Ac	49:18
245	1922Daniel Martin	Swinton Running Club	45:28	336	1167Steve Grace	V4552 Marple Runners	49:20
246	286Philip Jenkinson	V4039 Chorlton Runners	45:28	337	2428James Golden	V5529 Winston Runners	49:23
247	573Peter Daly	V5514 Glossopdale Harriers	45:29	338	231Paul Adams	V60 9 Chorlton Runners	49:24
248	894Chris Barcroft	Manchester Frontrunners	45:33	339	1306Frank Cordingley	V6010 Sale Harriers Manchester	49:25
249	926Glen Gandy	V5515 Manchester Harriers & Ac	45:35	340	2426Paul Barber	V65 5 Winston Runners	49:29
250	407Phil Kemp	V5516 Didsbury Runners	45:35	341	1800Mark Smith	V5040 Stockport Harriers & Ac	49:37
251	584Rob Sheldon	V4535 Glossopdale Harriers	45:36	342	112Jimmy Mo	V5530 Belle Vue Racers	49:40
252	410Dan Levin	V4040 Didsbury Runners	45:37	343	745Matthew Eglin	V4047 Knutsford Tri Club	49:42
253	1774Ian Crabtree	V4041 Stockport Harriers & Ac	45:40	344	923David Dyer	V5041 Manchester Harriers & Ac	49:45
254	1597Richard Knight	V4536 Salford Metropolitan Ac	45:41	345	1603Matthew Pollard	V5531 Salford Metropolitan Ac	49:47
255	1003Thomas Elmore	Manchester Road Runners	45:44	346	1235Callum Wood	Oldham & Royton H & Ac	49:53
256	437Matthew Joslin	V5023 Didsbury Runners	45:44	347	1782Tim Hargreaves	V65 6 Stockport Harriers & Ac	49:55
257	1027Damian Aspin	V4537 Manchester Triathlon Club	45:44	348	1166Richard Furniss	V5532 Marple Runners	49:56
258	2432James Phillips	Winston Runners	45:45	349	864Colin Hill	Macclesfield Harriers & Ac	49:57
259	180Phil Ramsey	V4538 Bramhall Runners	45:49	350	1606Mark Shuttleworth	V5533 Salford Metropolitan Ac	50:00
260	525Dennis Thomas	V4539 East Cheshire Harriers & Tames	45:50	351	1119Ben Watson	V4048 Manchester Ymca Harriers	50:01
261	783Russell Scott	Levenshulme Runners	45:56	352	1054Simon Moss	V4049 Manchester Triathlon Club	50:22
262	986Nathan Green	U2013 Manchester Metropolitan Uni	45:58	353	1722Andy Mohan	V5042 Start2jog	50:29
263	420Jamie Soul	Didsbury Runners	45:58	354	188Paul Markall	V5534 Buxton AC	50:33

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

355	723	Mike Mason	V5535	Hyde Village Striders	50:36	398	1185	Dean Clapworthy	V5049	Middleton Harriers Ac	54:15
356	1200	Anthony Walsh	V5536	Middleton Harriers Ac	50:36	399	626	David Barnes	V6511	Horwich R M I Harriers	54:20
357	119	Andrew Taylor	V4553	Belle Vue Racers	50:38	400	2094	John Clarke	V6512	Vale Royal Ac	54:33
358	1012	Christopher Rider	V4554	Manchester Road Runners	50:39	401	2080	Michael Degu	U2014	University Of Manchester	54:45
359	575	Frank Fielding	L70	4 Glossopdale Harriers	50:42	402	1179	Steven Woodward	V4563	Marple Runners	54:51
360	397	Dave Bradford	V6011	Didsbury Runners	50:45	403	1186	Alan Garvey	V6513	Middleton Harriers Ac	54:58
361	2507	\$Peter Cockings		Unattached	50:50	404	2405	Colin Walton	V6015	Wilmslow Running Club	55:21
362	2385	Stephen Greaves	V5043	Wilmslow Running Club	50:52	405	867	David Larkin	V4564	Macclesfield Harriers & Ac	55:25
363	2433	Peter Walters	V65	7 Winston Runners	50:52	406	777	Josh Marsden		Levenshulme Runners	55:26
364	773	Martin Hall	V4555	Levenshulme Runners	50:55	407	606	Paul Hunt	V5542	Goyt Valley Striders	55:28
365	1876	Gareth Jones	V4556	Stockport Tri Club	50:56	408	2412	Toby Gold	V6016	Wilmslow Striders	55:33
366	2401	Pete Stock	V65	8 Wilmslow Running Club	50:58	409	106	James Corrigan	V4565	Belle Vue Racers	55:54
367	260	Stephen Davison	V4557	Chorlton Runners	50:59	410	1762	Robert Taylor	L70	5 Stockport Harriers & Ac	56:17
368	408	Andrew Knox	V4558	Didsbury Runners	51:00	411	928	Matt Hanson	V4566	Manchester Harriers & Ac	56:25
369	1659	Paul Brownbill	V4050	St Helens Sutton Ac	51:03	412	876	Tom Phillips		Macclesfield Harriers & Ac	56:35
370	1196	Paul Sale	V4051	Middleton Harriers Ac	51:07	413	1720	Robert Maidstone		Start2jog	56:35
371	474	Steven Ward		Dragons Running Club (sale)	51:08	414	304	Chris Peachey	V5543	Chorlton Runners	56:46
372	932	Chris Sewart	V4559	Manchester Harriers & Ac	51:16	415	922	Michael Cunningham	L75	1 Manchester Harriers & Ac	56:52
373	902	Joe Jarvis		Manchester Frontrunners	51:23	416	473	Robert Todd	V6017	Dragons Running Club (sale)	56:59
374	1785	Jonathan Laver		Stockport Harriers & Ac	51:27	417	293	Peter Marks	V4054	Chorlton Runners	57:15
375	746	Dave Gaskell	V5044	Knutsford Tri Club	51:31	418	2430	Paul Lockett	V4567	Winston Runners	57:17
376	1766	Stephen Brown	V5045	Stockport Harriers & Ac	51:34	419	401	Robert Cusack		Didsbury Runners	57:47
377	460	Duncan Gazeley	V4560	Dragons Running Club (sale)	51:38	420	1113	Jon Paramor	L70	6 Manchester Ymca Harriers	58:20
378	189	William McDonald		Buxton AC	51:41	421	642	Anthony Hesketh	L75	2 Horwich R M I Harriers	58:35
379	2429	Anthony Harrison	V6012	Winston Runners	51:56	422	2172	Brian Shaw	V4055	Warrington A C	58:42
380	114	Carl Moriarty	V6013	Belle Vue Racers	51:59	423	37	Jeff Norman	L75	3 Altrincham & District Ac	58:44
381	1160	Ian Bowker	V5537	Marple Runners	52:11	424	1255	Stephen Symons	V5544	Quays Running Club	59:01
382	115	Patrick O'Brien	V65	9 Belle Vue Racers	52:23	425	934	Craig Turner	V5545	Manchester Harriers & Ac	59:27
383	472	Paul Stansbury	V5046	Dragons Running Club (sale)	52:29	426	9	Mike Duncombe	V6514	Altrincham & District Ac	59:42
384	252	Simon Clarke	V4052	Chorlton Runners	52:29	427	165	Mike Hall	V6018	Bramhall Runners	1:00:05
385	2413	Robert Hall	V5538	Wilmslow Striders	52:32	428	751	Edward Taylor	V5050	Knutsford Tri Club	1:00:13
386	44	George Raffle		Altrincham & District Ac	52:41	429	1171	Mike Kelly	V5051	Marple Runners	1:00:21
387	169	Lee Jones	V5047	Bramhall Runners	52:46	430	781	Julian Sacofsky	V6019	Levenshulme Runners	1:00:37
388	396	Jeff Blackford	V5539	Didsbury Runners	52:57	431	1916	Ian Cronshaw		Swinton Running Club	1:01:02
389	722	Stephen Limb	V4561	Hyde Village Striders	53:00	432	615	Stephen Sanders	V6515	Goyt Valley Striders	1:01:07
390	1175	Matthew Pierce	V4053	Marple Runners	53:00	433	2316	Jeff Lambert		West Cheshire Athletic Club	1:01:13
391	1784	Ian Kennedy	V5048	Stockport Harriers & Ac	53:01	434	1176	David Shoemsmith	L70	7 Marple Runners	1:01:28
392	1671	Connor Andy O	V6014	St Helens Sutton Ac	53:08	435	2170	Joao Santos		Warrington A C	1:06:46
393	1199	Darren Wallis	V5540	Middleton Harriers Ac	53:13	436	1724	Barry Sherwood	V4056	Start2jog	1:11:28
394	779	Victor Ridding	V6510	Levenshulme Runners	53:21	437	2384	Trevor Faulkner	L80	1 Wilmslow Running Club	1:19:25
395	656	Lawrence Pinnell	V5541	Horwich R M I Harriers	53:56						
396	1324	Guy Grundy	V4562	Sale Harriers Manchester	54:02						
397	774	Mike Hawkins		Levenshulme Runners	54:12						

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Salford Harriers & AC	158	—	11	Karl Darcy	15	Ryan Worland	19	Robert Smyk	33	Bruno Lima	36	Anthony Taylor	44	Chris Webb
2 Sale Harriers Manchester	195	—	6	Alex Lawton	14	Matthew Barnes	27	Joseph Godwood	39	George Noble	45	Phil Richardson	64	Benjamin Tolputt
3 Horwich R M I Harriers	219	—	7	James Kevan	12	Luke Foley	26	Nick Leigh	34	Benjamin Hall	48	Julian Goudge	92	Mike Hampson
4 East Cheshire Harriers & Times	239	—	16	Joseph Hudak	24	Gavin Browne	31	Michael Holness	40	Liam Browne	62	Nigel Malkin	66	Josh Walton
5 Stockport Harriers & Ac	241	—	3	Edward Corden	18	Doyle Jacob Wood	35	David Lewin	49	Alec Francis	61	Phil Carpenter	75	Ciaran Ferris
6 Chorlton Runners	280	—	8	Peter Taylor-Bray	20	O Macdonald	28	James Savage	63	George Langford	74	Stephen Edwards	87	Alister Pearson
7 Trafford Athletic Club	352	—	30	Simon O'Meara	38	Michael Melarkey	42	Finley Mayoh	50	Joseph Daly	72	Alex Jones	120	Ned Silvey
8 Salford Harriers & AC 'B'	382	—	54	Marcus Law	58	Ashley Buckley	59	Carl Hardman	60	Matthew Latham	71	Billy McCartney	80	Mark Russell
9 St Helens Sutton Ac	408	—	5	Joseph Buckley	32	Daniel Cooke	41	Thomas Griffiths	53	Steven Anders	133	Ryan Molyneux	144	Michael Brussels
10 Altrincham & District Ac	430	—	22	David Norman	29	Michael Berks	55	Michael Whitham	106	Tom Moseley	108	Richard Jellyman	110	Mick Hill
11 Vale Royal Ac	454	—	1	Ed Shepherd	2	Aaron Doyle	21	Samuel Whitehead	73	Charlie Weaver	174	Lee Carrington	183	Robert Roe
12 University Of Manchester	470	—	9	Louis Hudson	10	Callum Broadbent	69	Jude Bush	103	Rhydian Watson	201	Anastasios Kousis	140	Luvuyo Gantsho
13 Glossopdale Harriers	527	—	56	Stefan Bramwell	68	James Stubbs	78	James Barnard	90	Steve Brown	111	Steven Knight	124	Luke Bidwell
14 Sale Harriers Manchester 'B'	648	—	65	Robert Dunn	70	M Kidd-Rossiter	93	Tom Stephenson	132	James Walsh	142	Matthew Spragg	146	Mark Johnson
15 Manchester Road Runners	665	—	52	Nicholas Crisp	67	Thomas Gunby	79	Michael Buckley	143	Robert Cook	155	Thomas Grime	169	D Harrison-Croft
16 Manchester Triathlon Club	690	—	51	Nikolas Heinloth	91	Aaron Saxton	98	Al Robertson	117	Craig Chapman	158	Paul O'Donoghue	175	Joab Lunel
17 East Cheshire Harriers & T 'B'	742	—	85	Jacob Taylor	96	Matthew Smith	113	Lee Butler	127	Callum Fricker	156	Jonathan Aust	165	James Hartshorne
18 Warrington A C	750	—	13	Daniel Fox	46	Daniel Schofield	138	Adam Rashud	139	Jonny Leatherbarrow	201	Frank Podd	295	Mark Gregory
19 Salford Harriers & AC 'C'	758	—	95	Archie Jones	105	Ian Grime	109	Gary Dale	126	David Hudson	134	Leo Loughran	189	Ben Rix
20 Chorlton Runners 'B'	787	—	97	Patrick Goodrich	118	Luke Donald	130	Gary Scott	135	Paul Griffiths	153	Roger Thomas	154	Daniel Vasey
21 Wilmslow Running Club	838	—	25	Peter Speake	43	Richard Coen	104	Mark Kirby	193	Jim Pendrill	234	Tom McGaff	239	Jarrod Homer
22 Levenshulme Runners	899	—	81	Dominic Allen	89	Martin Dickson	123	Ben Caldwell	128	Rob Cleaver	222	Steve Parkinson	256	Russell Scott
23 Stockport Harriers & Ac 'B'	1090	—	88	Simon McConville	114	David Maher	160	Simon Pickard	187	James Corden	248	Ian Crabtree	293	Christian Fox
24 Bramhall Runners	1108	—	131	Andy Porter	161	Nathan Mayoh	181	Matt Darnley	190	Zain Karim	191	Frank Podd	254	Phil Ramsey
25 Sale Harriers Manchester 'C'	1113	—	151	Peter O'Neill	157	David Marsh	163	Paul Noble	179	Barnaby Gordon	188	D Cordingley-Gaunt	275	V Moreira
26 Macclesfield Harriers & Ac	1214	—	99	Arran McCloskey	172	Ciaran Wright	207	Andrew Power	232	Steve Lomas	233	Graeme Eddie	271	Owain Morris
27 Buxton AC	1219	—	166	Robert White	176	Callum D'souza	178	Andrew Stokes	216	Jonathan Sewell	224	Andrew Lidstone	259	Neil Pearsons
28 Chorlton Runners 'C'	1228	—	164	Guy Weaver	171	Max Letchfield	198	Benjamin Brown	219	Nick Syrett	235	Doug Webb	241	Phillip Jenkinson
29 Horwich R M I Harriers 'B'	1258	—	119	Alastair Murray	125	Matthew Wilson	195	Marcus Taylor	202	Richard O'Reilly	229	Paul Batty	388	Lawrence Pinnell
30 Manchester Ymca Harriers	1269	—	82	Mark Condon	100	Tim Shanker	116	Nicholas Jackson	213	Martin Rimmer	345	Ben Watson	413	Jon Paramor
31 Didsbury Runners	1276	—	76	Damien McHugh	199	Chris Essex	245	Phil Kemp	247	Dan Levin	251	Matthew Joslin	258	Jamie Soul
32 Stockport Tri Club	1317	—	84	Carl Krystek	86	Nicholas Chick	215	Paul Graveney	270	Robert Heathcote	304	Colin Shore	358	Gareth Jones
33 Manchester Triathlon Club 'B'	1349	—	184	Greg Godley	205	Mark Pagram	212	Tim Johns	236	Abraham Ingersoll	252	Damian Aspin	260	John Murray
34 Swinton Running Club	1366	—	107	Daniel Bird	121	Edmund Bishanga	197	Christopher Frost	240	Daniel Martin	277	Steven Doxey	424	Ian Cronshaw
35 Salford Metropolitan Ac	1394	—	152	Benjamin Knight	217	Paul Connolly	226	David Comes	249	Richard Knight	274	Paul Gee	276	David Hughes
36 Manchester Harriers & Ac	1394	—	101	Alex Masidlover	196	George Steele	244	Glen Gandy	261	David Gee	273	Matthew Crimes	319	Andrew Almond
37 Goyt Valley Striders	1456	—	83	Nathan Porter	149	Paul Oakley	185	Lucas Jones	214	Alistair Fitzgerald	400	Paul Hunt	425	Stephen Sanders
38 Manchester Frontrunners	1491	—	173	Pierce Lyons	180	Martin Dunn	209	Jono Guildford	243	Chris Barcroft	320	Roberto Raso	366	Joe Jarvis
39 Middleton Harriers Ac	1494	—	102	Andrew Ndlovu	167	Paul Cain	272	Stephen Lowe	297	Joe Cannavan	306	Peter Hughes	350	Anthony Walsh
40 Glossopdale Harriers 'B'	1502	—	200	Colin Taylor	238	Daniel Stinton	242	Peter Daly	246	Rob Sheldon	278	Ian Warhurst	298	David Chrystie-
				Lowe										
41 St Helens Sutton Ac 'B'	1531	—	162	Dean Dale	204	Chris Birkett	218	Joseph Byrne	291	Ian Hayburn	294	Martin Johnson	362	Paul Brownbill
42 Manchester Road Runners 'B'	1559	—	192	Sam Dawes	211	Thomas Lewis	237	Benjamin Pygott	250	Thomas Elmore	317	Curtis Rothwell	352	Christopher Rider
43 Altrincham & District Ac 'B'	1642	—	170	Nick Cuff	186	Richard Evans	206	Andrew Holloway	285	Richard Kennaugh	379	George Raffle	416	Jeff Norman
44 Chorlton Runners 'D'	1726	—	269	Robert Heggs	283	Peter Holmes	286	Nicholas Colwill	287	Warren Bowden	300	Andy Nicol	301	Andrew Robertson
45 Dragons Running Club (sale)	1768	—	145	Thomas Magdzinski	225	Graham Brownhill	288	Tristan Pocock	364	Steven Ward	370	Duncan Gazeley	376	Paul Stansbury
46 Marple Runners	1802	—	182	Matthew Furniss	263	Pete Ogley	311	Darren Peatfield	330	Steve Grace	342	Richard Furniss	374	Ian Bowker
47 Winston Runners	1854	—	208	Phillip Williams	253	James Phillips	331	James Golden	334	Paul Barber	356	Peter Walters	372	Anthony Harrison
48 Knutsford Tri Club	1958	—	262	John Goggins	267	Adam Horrocks	303	Scott Armstrong	337	Matthew Eglin	368	Dave Gaskell	421	Edward Taylor
49 Stockport Harriers & Ac 'C'	1960	—	302	Ian Mulligan	305	William Pritchard	310	Steve Shaughnessy	335	Mark Smith	341	Tim Hargreaves	367	Jonathan Laver
50 Levenshulme Runners 'B'	2018	—	284	Nicholas Barton	292	Sam Ward	308	Alastair Fensome	357	Martin Hall	387	Victor Ridding	390	Mike Hawkins
51 Belle Vue Racers	2031	—	194	Tony Coyne	336	Jimmy Mo	351	Andrew Taylor	373	Carl Moriarty	375	Patrick O'Brien	402	James Corrigan
52 Chorlton Runners 'E'	2109	—	307	Mo Sayed	326	Paul Molloy	332	Paul Adams	360	Stephen Davison	377	Simon Clarke	407	Chris Peachey
53 Wilmslow Running Club 'B'	2185	—	321	Andy Watts	323	Gary Morrison	355	Stephen Greaves	359	Pete Stock	397	Colin Walton	430	Trevor Faulkner

Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Salford Harriers & AC	32	—	1 Karl Darcy	9 Bruno Lima	10 Anthony Taylor	12 Chris Webb
2 Altrincham & District Ac	82	—	3 David Norman	7 Michael Berks	35 Tom Moseley	37 Mick Hill
3 Salford Harriers & AC 'B'	93	—	17 Carl Hardman	19 Billy McCartney	23 Mark Russell	34 Ian Grime
4 Chorlton Runners	102	—	6 James Savage	20 Stephen Edwards	29 Patrick Goodrich	47 Gary Scott
5 Sale Harriers Manchester	102	—	2 Matthew Barnes	18 Robert Dunn	28 Tom Stephenson	54 Matthew Spragg
6 Horwich R M I Harriers	106	—	5 Nick Leigh	13 Julian Goudge	43 Alastair Murray	45 Matthew Wilson
7 Wilmslow Running Club	126	—	4 Peter Speake	11 Richard Coen	33 Mark Kirkby	78 Jim Pendrill
8 Manchester Triathlon Club	160	—	27 Aaron Saxton	30 Al Robertson	42 Craig Chapman	61 Paul O'Donoghue
9 Glossopdale Harriers	161	—	15 Stefan Bramwell	26 Steve Brown	38 Steven Knight	82 Colin Taylor
10 East Cheshire Harriers & Tames	173	—	8 Michael Holness	39 Lee Butler	60 Jonathan Aust	66 James Hartshorne
11 Bramhall Runners	260	—	48 Andy Porter	63 Nathan Mayoh	72 Matt Darnley	77 Frank Podd
12 Salford Harriers & AC 'C'	261	—	36 Gary Dale	46 David Hudson	49 Leo Loughran	130 Paul Creighton
13 Chorlton Runners 'B'	271	—	50 Paul Griffiths	59 Roger Thomas	65 Guy Weaver	97 Nick Syrett
14 Stockport Tri Club	277	—	24 Carl Krystek	25 Nicholas Chick	94 Paul Graveney	134 Robert Heathcote
15 Stockport Harriers & Ac	296	—	40 David Maher	62 Simon Pickard	76 James Corden	118 Ian Crabtree
16 Sale Harriers Manchester 'B'	331	—	58 Peter O'Neill	64 Paul Noble	71 Barnaby Gordon	138 V Moreira
17 Buxton AC	333	—	67 Robert White	70 Andrew Stokes	95 Jonathan Sewell	101 Andrew Lidstone
18 Manchester Triathlon Club 'B'	356	—	68 Joab Lunel	87 Mark Pagram	92 Tim Johns	109 Abraham Ingersoll
19 St Helens Sutton Ac	402	—	14 Steven Anders	86 Chris Birkett	150 Ian Hayburn	152 Martin Johnson
20 Manchester Harriers & Ac	408	—	32 Alex Masidlover	114 Glen Gandy	126 David Gee	136 Matthew Crimes
21 Macclesfield Harriers & Ac	451	—	89 Andrew Power	106 Steve Lomas	107 Graeme Eddie	149 Ray O'Keefe
22 Goyt Valley Striders	462	—	57 Paul Oakley	74 Lucas Jones	93 Alistair Fitzgerald	238 Paul Hunt
23 Glossopdale Harriers 'B'	480	—	110 Daniel Stinton	113 Peter Daly	116 Rob Sheldon	141 Ian Warhurst
24 Salford Metropolitan Ac	491	—	96 Paul Connolly	119 Richard Knight	137 Paul Gee	139 David Hughes
25 Horwich R M I Harriers 'B'	497	—	80 Marcus Taylor	84 Richard O'Reilly	104 Paul Battye	229 Lawrence Pinnell
26 Warrington A C	502	—	16 Adam Rashud	83 David Norman	153 Mark Gregory	250 Brian Shaw
27 Didsbury Runners	516	—	115 Phil Kemp	117 Dan Levin	120 Matthew Joslin	164 Michael Bean
28 Dragons Running Club (sale)	517	—	55 Thomas Magdzinski	102 Graham Brownhill	147 Tristan Pocock	213 Duncan Gazeley
29 Chorlton Runners 'C'	536	—	112 Philip Jenkinson	133 Robert Heggs	145 Nicholas Colwill	146 Warren Bowden
30 Altrincham & District Ac 'B'	558	—	75 Richard Evans	88 Andrew Holloway	144 Richard Kenneough	251 Jeff Norman
31 Wilmslow Running Club 'B'	563	—	108 Tom McGaff	111 Jarrod Homer	171 Andy Watts	173 Gary Morrison
32 Hyde Village Striders	564	—	98 David Clarke	105 Paul Stewart	166 Garry Roy	195 Mike Mason
33 Levenshulme Runners	574	—	44 Ben Caldwell	99 Steve Parkinson	203 Martin Hall	228 Victor Ridding
34 Manchester Triathlon Club 'C'	595	—	121 Damian Aspin	125 John Murray	157 Chris Evans	192 Simon Moss
35 Bramhall Runners 'B'	615	—	122 Phil Ramsey	129 Stephen Brundrett	143 Richard Adams	221 Lee Jones
36 Middleton Harriers Ac	647	—	135 Stephen Lowe	155 Joe Cannavan	161 Peter Hughes	196 Anthony Walsh
37 Knutsford Tri Club	654	—	127 John Goggins	131 Adam Horrocks	185 Matthew Eglin	211 Dave Gaskell
38 Stockport Harriers & Ac 'B'	655	—	151 Christian Fox	159 Ian Mulligan	162 Steve Shaughnessy	183 Mark Smith
39 Marple Runners	658	—	128 Pete Ogley	163 Darren Peatfield	178 Steve Grace	189 Richard Furniss
40 Belle Vue Racers	675	—	79 Tony Coyne	184 Jimmy Mo	197 Andrew Taylor	215 Carl Moriarty
41 Chorlton Runners 'D'	763	—	158 Andy Nicol	180 Paul Adams	206 Stephen Davison	219 Simon Clarke
42 Winston Runners	777	—	179 James Golden	182 Paul Barber	202 Peter Walters	214 Anthony Harrison
43 Manchester Harriers & Ac 'B'	807	—	169 Andrew Almond	186 David Dyer	210 Chris Sewart	242 Matt Hanson
44 Stockport Harriers & Ac 'C'	866	—	188 Tim Hargreaves	212 Stephen Brown	225 Ian Kennedy	241 Robert Taylor
45 Middleton Harriers Ac 'B'	902	—	209 Paul Sale	227 Darren Wallis	231 Dean Clapworthy	235 Alan Garvey
46 Wilmslow Running Club 'C'	904	—	201 Stephen Greaves	205 Pete Stock	236 Colin Walton	262 Trevor Faulkner
47 Marple Runners 'B'	931	—	216 Ian Bowker	224 Matthew Pierce	234 Steven Woodward	257 Mike Kelly