

# Manchester Area Cross Country League at Heaton Park on Saturday 11th March 2023

## Under 11 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2334	Owen Oswick	Wirral Ac	11:03	17	1364	Edward Moran	Sale Harriers Manchester	13:05
2	734	Bobby McEvoy	Liverpool Harriers & AC	11:06	18	2437	Harry Bird	E Cheshire H & Tameside AC	13:06
3	1972	Thomas Daly	Trafford Athletic Club	11:22	19	2777	Woody Kelly	St Helens Sutton AC	13:15
4	2795	Ethan O'Brien	Manchester Harriers & AC	11:29	20	2555	Harry Emery	Salford Harriers & AC	13:15
5	1970	Matthew Aron	Trafford Athletic Club	11:31	21	2600	Luca Bedford	Trafford Athletic Club	13:21
6	2335	Thomas Smout	Wirral Ac	12:00	22	2808	Daniel White	Trafford Athletic Club	13:26
7	2578	Loxley Schofield	Salford Metropolitan AC	12:21	23	2892	Luca McFarland	Altrincham & District AC	13:39
8	487	Oliver Mannion	E Cheshire H & Tameside AC	12:24	24	1743	Noah Shirres	Stockport Harriers & Ac	13:54
9	2331	Charlie Bibby	Wirral Ac	12:26	25	488	James Nelson	E Cheshire H & Tameside AC	14:10
10	1359	Henry Friend	Sale Harriers Manchester	12:27	26	2662	George Allen	Macclesfield Harriers & AC	14:18
11	1367	James Walsh	Sale Harriers Manchester	12:27	27	2638	Charlie Latham	Vale Royal Ac	14:36
12	2660	Edward Walker	Warrington A C	12:30	28	486	Sebastien Gregory	E Cheshire H & Tameside AC	14:51
13	193	Oliver Ball	Buxton AC	12:36	29	2653	Thomas Horrocks	Warrington A C	14:57
14	2643	Billy Spann	Vale Royal Ac	12:40	30	2922	William Garside	Salford Metropolitan AC	15:09
15	2336	Orson Wakefield	Wirral Ac	12:42	31	2736	Oliver Sharp	St Helens Sutton AC	15:28
16	2945	George Corrigan	Salford Harriers & AC	12:52					

## Under 11 - Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Wirral Ac	16	—	1	Owen Oswick	6	Thomas Smout	9	Charlie Bibby
2	Trafford Athletic Club	28	—	3	Thomas Daly	5	Matthew Aron	20	Luca Bedford
3	Sale Harriers Manchester	38	—	10	Henry Friend	11	James Walsh	17	Edward Moran
4	E Cheshire H & Tameside AC	51	—	8	Oliver Mannion	18	Harry Bird	25	James Nelson

## Under 11 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	3079	Eve Beddow	Warriors Pentathlon & AC	10:52	28	2533	Alice Horsfall	Sale Harriers Manchester	13:46
2	3078	Isobel Beddow	Warriors Pentathlon & AC	11:14	29	744	Nancy McEvoy	Liverpool Harriers & AC	13:48
3	748	Beau Rawcliffe	Liverpool Harriers & AC	11:46	30	1368	Cicely Coldwell	Sale Harriers Manchester	13:48
4	746	Isabella Parry	Liverpool Harriers & AC	12:03	31	3082	Emily Niccolls	Warriors Pentathlon & AC	13:59
5	3071	Bleu Bailey	Staffs Moorlands AC	12:07	32	1746	Beth Healey	Stockport Harriers & Ac	14:01
6	739	Esme Cameron	Liverpool Harriers & AC	12:16	33	1371	Willow Fawley	Sale Harriers Manchester	14:05
7	3080	Maisy McGenity	Warriors Pentathlon & AC	12:28	34	174	Emilia Darnley	Bramhall Runners	14:07
8	1380	Lucy O'Brien	Sale Harriers Manchester	12:29	35	2420	Katherine Bennett	Buxton AC	14:08
9	3081	Daisy McVicar	Warriors Pentathlon & AC	12:30	36	2655	Elizabeth Lowe	Warrington A C	14:09
10	2470	Daisy Rushton	Liverpool Harriers & AC	12:39	37	1369	Florence Connelly	Sale Harriers Manchester	14:17
11	738	Alex Ball	Liverpool Harriers & AC	12:43	38	1596	Tess Mullen	St Helens Sutton AC	14:19
12	2756	Emily Todd	Liverpool Harriers & AC	12:50	39	2941	April Rimmer	Warrington A C	14:20
13	742	Jasmine Hardman	Liverpool Harriers & AC	12:54	40	2545	Beth Woodman	Sale Harriers Manchester	14:27
14	2198	Nia Manson	West Cheshire AC	12:56	41	922	Helena Parikh	Manchester Harriers & AC	14:37
15	2561	Emme Lowe	Salford Harriers & AC	12:58	42	2918	Natalie Almond	Manchester Harriers & AC	14:41
16	2657	Grace Rashud	Warrington A C	12:59	43	1373	Lois Heale	Sale Harriers Manchester	14:45
17	1370	Eve Dowling	Sale Harriers Manchester	13:00	44	1372	Grace Haywood	Sale Harriers Manchester	14:55
18	2935	Lottie Hughes	Liverpool Harriers & AC	13:01	45	1374	Isabella Holden	Sale Harriers Manchester	14:56
19	2781	Pearl Fay	Liverpool Harriers & AC	13:13	46	2444	Erin McMahon	E Cheshire H & Tameside AC	15:00
20	1377	Amber Khan	Sale Harriers Manchester	13:23	47	2755	Sarah Roberts	Liverpool Harriers & AC	15:02
21	2566	Isobel Woods	Salford Harriers & AC	13:29	48	2563	Alice Sneddon	Salford Harriers & AC	15:03
22	2940	Sarah Lawman	Horwich R M I Harriers	13:30	49	2859	Gracie Carthy	Salford Harriers & AC	15:13
23	740	Lila Carragher	Liverpool Harriers & AC	13:31	50	2464	Alys Lalley	Liverpool Harriers & AC	15:24
24	1506	Freya Lombard	Salford Harriers & AC	13:35	51	2710	Caoimhe Finley	Manchester Harriers & AC	15:31
25	2923	Alexia Pattle	Salford Metropolitan AC	13:43	52	627	Maddison Wilkinson	Horwich R M I Harriers	16:46
26	1376	Emma Jones	Sale Harriers Manchester	13:45	53	2713	Lily Hanson	Manchester Harriers & AC	17:10
27	2799	Lacey Steele	Manchester Harriers & AC	13:45	54	2580	Bronwen Soper	Salford Metropolitan AC	17:22

## Under 11 - Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Liverpool Harriers & AC	6	—	1	Beau Rawcliffe	2	Isabella Parry	3	Esme Cameron
2	Liverpool Harriers & AC 'B'	18	—	5	Daisy Rushton	6	Alex Ball	7	Emily Todd
3	Sale Harriers Manchester	31	—	4	Lucy O'Brien	12	Eve Dowling	15	Amber Khan
4	Liverpool Harriers & AC 'C'	35	—	8	Jasmine Hardman	13	Lottie Hughes	14	Pearl Fay
5	Salford Harriers & AC	45	—	10	Emme Lowe	16	Isobel Woods	19	Freya Lombard
6	Sale Harriers Manchester 'B'	69	—	21	Emma Jones	23	Alice Horsfall	25	Cicely Coldwell
7	Warrington A C	74	—	11	Grace Rashud	30	Elizabeth Lowe	33	April Rimmer
8	Liverpool Harriers & AC 'D'	83	—	18	Lila Carragher	24	Nancy McEvoy	41	Sarah Roberts
9	Sale Harriers Manchester 'C'	92	—	27	Willow Fawley	31	Florence Connelly	34	Beth Woodman
10	Manchester Harriers & AC	93	—	22	Lacey Steele	35	Helena Parikh	36	Natalie Almond
11	Sale Harriers Manchester 'D'	114	—	37	Lois Heale	38	Grace Haywood	39	Isabella Holden

# Manchester Area Cross Country League at Heaton Park on Saturday 11th March 2023

## Under 13 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	2754	Samuel Conkie	Vale Royal Ac	12:10	23	2669	James Binks	Wirral Ac	14:30
2	757	Sebastian Wheatcroft	Liverpool Harriers & AC	12:46	24	1748	Dillon Blackhurst	Stockport Harriers & Ac	14:39
3	2201	Thomas Rimmer	West Cheshire AC	12:47	25	842	Alex McLaren	Macclesfield Harriers & AC	14:55
4	2858	Finlay Carthy	Salford Harriers & AC	12:49	26	1509	Ryley Holden	Salford Harriers & AC	14:58
5	1752	Dylan Hodgson	Stockport Harriers & Ac	12:52	27	2649	Thomas Darbyshire	Warrington A C	15:08
6	2812	Harry Sharwell	Stockport Harriers & Ac	12:55	28	1598	Sam Callaghan	St Helens Sutton AC	15:08
7	632	Harry Yates	Horwich R M I Harriers	13:01	29	1754	Charlie Millward	Stockport Harriers & Ac	15:09
8	1394	Daniel Oakes	Sale Harriers Manchester	13:07	30	1979	Joe Cowles	Trafford Athletic Club	15:18
9	2585	Liam Collins	Stockport Harriers & Ac	13:08	31	2938	James Warrington	Altrincham & District AC	15:25
10	1393	Conor McManus	Sale Harriers Manchester	13:16	32	839	Eric Dickinson	Macclesfield Harriers & AC	15:28
11	1601	Dylan Roberts	St Helens Sutton AC	13:17	33	2939	Max Tempest	Altrincham & District AC	15:34
12	1573	Harry Skeer	Salford Metropolitan AC	13:42	34	1600	Jamie Hughes	St Helens Sutton AC	15:52
13	2936	Thomas Aron	Trafford Athletic Club	13:47	35	2397	S Ingleby-Castleton	Altrincham & District AC	15:55
14	1507	Sam Burton	Salford Harriers & AC	13:47	36	1985	James Wilson	Trafford Athletic Club	16:18
15	1983	Joseph Thomas	Trafford Athletic Club	13:58	37	2348	Thomas Heap	Wirral Ac	16:26
16	1571	Noah Cronshaw	Salford Metropolitan AC	13:59	38	2741	Harry Orr	Stockport Harriers & Ac	16:30
17	750	Callum Finch	Liverpool Harriers & AC	14:02	39	1572	Alfie Lavelle	Salford Metropolitan AC	16:34
18	629	Charlie Cowburn	Horwich R M I Harriers	14:06	40	2921	Ted Garside	Salford Metropolitan AC	16:36
19	1599	Noah Hammill	St Helens Sutton AC	14:14	41	1385	Leo Clarkson	Sale Harriers Manchester	17:03
20	2758	Christopher Houghton	Macclesfield Harriers & AC	14:18	42	2887	Matthew Bailey	E Cheshire H & Tameside AC	17:08
21	2753	John Wall	Vale Royal Ac	14:21	43	2408	Alexander Proudlove	Altrincham & District AC	17:18
22	754	Murphy Midgley	Liverpool Harriers & AC	14:21					

## Under 13 - Boys — TEAM RESULTS

1	Stockport Harriers & Ac	20	—	5	Dylan Hodgson	6	Harry Sharwell	9	Liam Collins
2	Liverpool Harriers & AC	41	—	2	Sebastian Wheatcroft	17	Callum Finch	22	Murphy Midgley
3	Salford Harriers & AC	44	—	4	Finlay Carthy	14	Sam Burton	26	Ryley Holden
4	St Helens Sutton AC	58	—	11	Dylan Roberts	19	Noah Hammill	28	Sam Callaghan
5	Trafford Athletic Club	58	—	13	Thomas Aron	15	Joseph Thomas	30	Joe Cowles
6	Sale Harriers Manchester	59	—	8	Daniel Oakes	10	Conor McManus	41	Leo Clarkson
7	Salford Metropolitan AC	67	—	12	Harry Skeer	16	Noah Cronshaw	39	Alfie Lavelle
8	Macclesfield Harriers & AC	77	—	20	Christopher Houghton	25	Alex McLaren	32	Eric Dickinson
9	Stockport Harriers & Ac 'B'	91	—	24	Dillon Blackhurst	29	Charlie Millward	38	Harry Orr
10	Altrincham & District AC	99	—	31	James Warrington	33	Max Tempest	35	S Ingleby-Castleton

## Under 13 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	763	Isobel Kavanagh	Liverpool Harriers & AC	14:00	14	493	Anna Rooke	E Cheshire H & Tameside AC	15:43
2	1986	Megan Boyer	Trafford Athletic Club	14:08	15	1759	Emily Fox	Stockport Harriers & Ac	15:44
3	2113	Nancy Carrington	Vale Royal Ac	14:22	16	1603	Chloe Brownbill	St Helens Sutton AC	15:46
4	1404	Isabelle Connolly	Sale Harriers Manchester	14:23	17	2668	Imogen Millington	Stockport Harriers & Ac	15:55
5	1514	Isabelle Hope	Salford Harriers & AC	14:29	18	633	Amelia Shan	Horwich R M I Harriers	15:56
6	2353	Holly Webster	Wirral Ac	14:32	19	2745	Beth Stanley	Trafford Athletic Club	16:01
7	2801	Eliza Doyle	Salford Harriers & AC	14:35	20	2351	Ellie Fraser	Wirral Ac	16:05
8	1399	Isla Anderson	Sale Harriers Manchester	14:43	21	1761	Eva McCarthy	Stockport Harriers & Ac	16:31
9	769	Marissa Phillips	Liverpool Harriers & AC	15:07	22	1405	Edie Friend	Sale Harriers Manchester	16:39
10	1991	Anna Thomas	Trafford Athletic Club	15:09	23	492	Imogen McBurnie	E Cheshire H & Tameside AC	16:54
11	2796	Lily Coates	Vale Royal Ac	15:34	24	765	Faye Lalley	Liverpool Harriers & AC	17:06
12	2944	Gracie Sherbourne	Horwich R M I Harriers	15:40	25	1217	Roisin Jordan	Oldham & Royton H & AC	17:43
13	1760	Rebecca Knight	Stockport Harriers & AC	15:41	26	1989	Rosie Lowther	Trafford Athletic Club	18:56

## Under 13 - Girls — TEAM RESULTS

1	Trafford Athletic Club	31	—	2	Megan Boyer	10	Anna Thomas	19	Beth Stanley
2	Sale Harriers Manchester	34	—	4	Isabelle Connolly	8	Isla Anderson	22	Edie Friend
3	Liverpool Harriers & AC	34	—	1	Isobel Kavanagh	9	Marissa Phillips	24	Faye Lalley
4	Stockport Harriers & Ac	45	—	13	Rebecca Knight	15	Emily Fox	17	Imogen Millington

# Manchester Area Cross Country League at Heaton Park on Saturday 11th March 2023

## Under 15 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1423	Finlay Goddard	Sale Harriers Manchester	18:06	19	1770	Joel Hulley	Stockport Harriers & Ac	21:02
2	3073	\$Oberon Kearney	Warriors Pentathlon & AC	18:12	20	500	Oliver Walker	E Cheshire H & Tameside AC	21:04
3	1515	Jamie Barber	Salford Harriers & AC	18:35	21	2641	Ethan Price	Vale Royal Ac	21:11
4	495	Marshall Fleet	E Cheshire H & Tameside AC	19:04	22	1427	Joshua Rogers	Sale Harriers Manchester	21:17
5	928	Christopher Parikh	Manchester Harriers & AC	19:12	23	2723	Rueben Jago	Sale Harriers Manchester	21:24
6	1997	Archie Greenwood	Trafford Athletic Club	19:24	24	2119	Noah Simpson	Vale Royal Ac	21:25
7	1993	Theodor Austin	Trafford Athletic Club	19:28	25	1421	Matthew CullenBrown	Sale Harriers Manchester	21:26
8	1516	Samuel Barlow	Salford Harriers & AC	19:33	26	2946	Rowan Leeming	Trafford Athletic Club	21:29
9	1425	James O'Brien	Sale Harriers Manchester	19:36	27	2000	Evan Horwell	Trafford Athletic Club	21:43
10	496	Alfie Manser	E Cheshire H & Tameside AC	19:42	28	637	Aidan McKenna	Horwich R M I Harriers	21:58
11	2004	Evan Lewis	Trafford Athletic Club	19:52	29	1996	Oscar Gascoine	Trafford Athletic Club	21:59
12	639	Mark Titmuss	Horwich R M I Harriers	19:57	30	2002	Atticus Jones	Trafford Athletic Club	22:24
13	1517	Alfie Bundy	Salford Harriers & AC	20:02	31	1771	William Jones	Stockport Harriers & Ac	22:34
14	499	Joe Taylor	E Cheshire H & Tameside AC	20:20	32	1607	Benjamin Genner	St Helens Sutton AC	23:20
15	848	Matthew Walker	Macclesfield Harriers & AC	20:25	33	1574	Jack Broadhurst	Salford Metropolitan AC	24:06
16	2005	Jake Royle	Trafford Athletic Club	20:26	34	498	Sebastian Stewart	E Cheshire H & Tameside AC	24:39
17	1776	Arthur Wolstenholme	Stockport Harriers & Ac	20:39	35	2809	Thomas Turner	Altrincham & District AC	24:43
18	1775	Will Walton	Stockport Harriers & Ac	20:51					

## Under 15 - Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Trafford Athletic Club	21	—	5	Archie Greenwood	6	Theodor Austin	10	Evan Lewis
2	Salford Harriers & AC	21	—	2	Jamie Barber	7	Samuel Barlow	12	Alfie Bundy
3	E Cheshire H & Tameside AC	25	—	3	Marshall Fleet	9	Alfie Manser	13	Joe Taylor
4	Sale Harriers Manchester	30	—	1	Finlay Goddard	8	James O'Brien	21	Joshua Rogers
5	Stockport Harriers & Ac	51	—	16	Arthur Wolstenholme	17	Will Walton	18	Joel Hulley
6	Trafford Athletic Club 'B'	66	—	15	Jake Royle	25	Rowan Leeming	26	Evan Horwell

## Under 15 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1778	Ella Buckley	Stockport Harriers & Ac	21:36	16	1432	Niamh Cope	Sale Harriers Manchester	24:19
2	1523	Sophia Nation	Salford Harriers & AC	21:43	17	503	Ava Royle	E Cheshire H & Tameside AC	24:33
3	2009	Rachel Bowden	Trafford Athletic Club	22:09	18	2814	Rowan Goodrich	Trafford Athletic Club	24:41
4	1576	Esme Sly	Salford Metropolitan AC	22:20	19	1785	Felicity Thelwell	Stockport Harriers & Ac	24:46
5	851	Eva Mion	Macclesfield Harriers & AC	22:22	20	641	Lois Bowl	Horwich R M I Harriers	25:00
6	2163	Ellie Barker	Warrington A C	22:29	21	2468	Hannah Robinson	Liverpool Harriers & AC	25:04
7	644	Grace Mort	Horwich R M I Harriers	22:35	22	502	Harri-Ann Fleet	E Cheshire H & Tameside AC	25:22
8	1440	Hannah Squibbs	Sale Harriers Manchester	22:51	23	1220	Charlotte Green	Oldham & Royton H & AC	26:02
9	1436	Madison Holt	Sale Harriers Manchester	23:11	24	1437	Molly Irwin	Sale Harriers Manchester	26:11
10	2942	Isobel Robinson	Liverpool Harriers & AC	23:36	25	850	Martha Ireland	Macclesfield Harriers & AC	26:30
11	2014	Martha McCormack	Trafford Athletic Club	23:39	26	2120	Ruby Carrington	Vale Royal Ac	26:43
12	1524	Imogen Pattison	Salford Harriers & AC	23:44	27	2743	Ana Coronado	Trafford Athletic Club	26:50
13	2162	Sarah Ashcroft	Warrington A C	23:52	28	2537	Bethan McGrath	Sale Harriers Manchester	27:06
14	2010	Sophie Bowman	Trafford Athletic Club	24:08	29	642	Courtney Iredale	Horwich R M I Harriers	27:21
15	2169	Emma Whiston	Warrington A C	24:16					

## Under 15 - Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Trafford Athletic Club	28	—	3	Rachel Bowden	11	Martha McCormack	14	Sophie Bowman
2	Sale Harriers Manchester	33	—	8	Hannah Squibbs	9	Madison Holt	16	Niamh Cope
3	Warrington A C	34	—	6	Ellie Barker	13	Sarah Ashcroft	15	Emma Whiston
4	Horwich R M I Harriers	56	—	7	Grace Mort	20	Lois Bowl	29	Courtney Iredale

## Under 17 - Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2943	Joseph Deighton	Trafford Athletic Club	23:08	8	2018	Francis Atkinson	Trafford Athletic Club	26:43
2	2937	Gabriel Mullen	St Helens Sutton AC	23:30	9	646	Ted Billington	Horwich R M I Harriers	27:08
3	2030	Toby Robinson	Trafford Athletic Club	23:55	10	2034	Zack Watson	Trafford Athletic Club	27:26
4	2021	Joseph Daly	Trafford Athletic Club	24:00	11	1790	Oliver Thornhill	Stockport Harriers & Ac	27:56
5	2867	Jamie Robertson	Trafford Athletic Club	25:34	12	1062	Aidan Pagram	Manchester Triathlon Club	31:33
6	2029	Edwyn Robinson	Trafford Athletic Club	26:21	13	2739	Robert Gage	Start2jog	34:44
7	2396	Dominic Gibson	Altrincham & District AC	26:34					

## Under 17 - Men — TEAM RESULTS

1	Trafford Athletic Club	8	—	1	Joseph Deighton	3	Toby Robinson	4	Joseph Daly
2	Trafford Athletic Club 'B'	19	—	5	Jamie Robertson	6	Edwyn Robinson	8	Francis Atkinson

## Under 17 - Ladies — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1535	Matilda Byrnes	Salford Harriers & AC	27:23	7	789	Emma Gittens	Liverpool Harriers & AC	30:40
2	1537	Amber Davidson	Salford Harriers & AC	28:23	8	1449	Sophie Armitage	Sale Harriers Manchester	30:42
3	650	Charlotte Wilkinson	Horwich R M I Harriers	28:50	9	2898	Alice Tucker	Horwich R M I Harriers	31:46
4	505	Alice Cunningham	E Cheshire H & Tameside AC	29:18	10	2947	Greta Brooks	Salford Harriers & AC	31:59
5	2041	Rosa Morrello	Trafford Athletic Club	29:41	11	1578	Charlotte Gee	Salford Metropolitan AC	35:06
6	507	María Rooke	E Cheshire H & Tameside AC	30:18	12	2040	Fay Lewis	Trafford Athletic Club	37:48

## Under 17 - Ladies — TEAM RESULTS

1	Salford Harriers & AC	13	—	1	Matilda Byrnes	2	Amber Davidson	10	Greta Brooks
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Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)  
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

# Manchester Area Cross Country League at Heaton Park on Saturday 11th March 2023

## Senior Ladies aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	2821	Grace Tobin	L20	1 Liverpool Harriers & AC	39:39
2	2618	Katie Hay	L20	2 University Of Manchester	40:05
3	2611	Erica Brodersen	L20	3 University Of Manchester	42:59
4	956	Scarlett Cotton	L20	4 Manchester Metropolitan Uni	43:19
5	957	Tanith-Jade Ellis	L20	5 Manchester Metropolitan Uni	45:59

## Senior Ladies aged 17 to 19 — TEAM RESULTS

No complete teams

## Senior Ladies aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time
1	2399	Naomi Kingston		Altrincham & District AC	34:28	22	1334	Sarah Goulden	Sale Harriers Manchester	41:48
2	1330	Beatrice Cordingley		Sale Harriers Manchester	35:30	23	2916	Allie Douglas	Manchester Frontrunners	42:06
3	1323	Laura Barber		Sale Harriers Manchester	36:09	24	980	M Glenister-Doyle	Manchester Road Runners	42:20
4	1961	Sarah Hudak		Trafford Athletic Club	36:18	25	1592	Amy Upton	St Helens Sutton AC	42:28
5	2954	Shannon Sinclair		Trafford Athletic Club	36:39	26	325	Nicola Dobra	Chorlton Runners	42:34
6	320	Jenny Clarke		Chorlton Runners	36:47	27	714	Nikita Berry	Levenshulme Runners	44:31
7	1738	Faye Waterhouse		Stockport Harriers & Ac	37:31	28	2055	Alice Woodbridge	University Of Manchester	44:46
8	1336	Heather Hughes		Sale Harriers Manchester	37:36	29	975	Heather Aspinall	Manchester Road Runners	44:59
9	717	F Gilham		Levenshulme Runners	37:57	30	715	Anya Dreiling	Levenshulme Runners	45:07
10	1033	Tilly Edwards		Manchester Triathlon Club	38:33	31	945	Sarah Goldswain	Manchester Metropolitan Uni	45:18
11	1566	Bethany Saunders		Salford Metropolitan AC	38:53	32	981	Katarzyna Raczkowska	Manchester Road Runners	45:45
12	2054	Anna Nicod		University Of Manchester	38:58	33	402	Georgina Gillot	Didsbury Runners	46:11
13	483	Hayley Simpson		E Cheshire H & Tameside AC	39:15	34	947	Charlotte Millington	Manchester Metropolitan Uni	47:02
14	1026	Fiona Blagg		Manchester Triathlon Club	39:22	35	312	Eloise Billington	Chorlton Runners	47:57
15	314	Rachel Brown		Chorlton Runners	39:34	36	725	Alice Thornton	Levenshulme Runners	48:16
16	1030	Emily Coffey		Manchester Triathlon Club	39:44	37	727	Lianne Williams	Levenshulme Runners	50:11
17	720	Ellie Kemp		Levenshulme Runners	39:56	38	1644	Helen Fairie	Start2jog	50:19
18	2926	Clara Pettitt		Vale Royal Ac	40:08	39	1648	Kaylea Haynes	Start2jog	51:53
19	307	Francesca Bale		Chorlton Runners	40:29	40	979	Briony Fagan	Manchester Road Runners	52:55
20	2492	Imme Herder		Manchester Metropolitan Uni	40:34	41	1567	Amy Stanley	Salford Metropolitan AC	55:39
21	1227	Lucy Gleave		Running Bear	41:44					

## Senior Ladies (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time
1	327	K Fitzpatrick	L35	1 Chorlton Runners	35:39	9	1136	Chelsea Mears-Graham	L359 Marple Runners	45:03
2	357	Amy Weyers	L35	2 Chorlton Runners	36:25	10	1051	Katherine Shinwell	L35 10 Manchester Triathlon Club	45:37
3	152	Samantha Jones	L35	3 Bramhall Runners	36:51	11	2597	Maria Wylenzek	L35 11 Swinton Running Club	45:51
4	1349	Sarah Saxton	L35	4 Sale Harriers Manchester	38:16	12	394	Hanna Burgess	L35 12 Didsbury Runners	49:00
5	1954	Louise Ambler	L35	5 Trafford Athletic Club	42:01	13	1662	Kizzy Nitzani	L35 13 Start2jog	51:22
6	356	Roz Webster	L35	6 Chorlton Runners	42:21	14	1636	Egle Bates	L35 14 Start2jog	54:26
7	1241	Rebecca Canaway	L35	7 Saddleworth Runners Club	42:29	15	2738	Charlotte Gage	L35 15 Start2jog	59:30
8	1557	Carolyn Bradshaw	L35	8 Salford Metropolitan AC	43:42	16	1651	Jamielee Johnston	L35 16 Start2jog	1:00:02

## Senior Ladies (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time
1	1504	Laura Lombard	L40	1 Salford Harriers & AC	35:19	18	158	Laura Murphy	L40 18 Bramhall Runners	45:34
2	2259	Nicola Reece	L40	2 Wilmslow Running Club	35:57	19	2849	Wendy Kelly	L40 19 Dragons Running Club (sale)	45:48
3	634	Lindsey Brindle	L40	3 Horwich R M I Harriers	36:51	20	2679	Rebecca McCarthy	L40 20 Stockport Tri Club	46:53
4	481	Katie Kay	L40	4 E Cheshire H & Tameside AC	37:52	21	407	Yvonne Hung	L40 21 Didsbury Runners	47:02
5	694	Jenny Graham	L40	5 Knutsford Tri Club	38:38	22	2436	Laura Parkin	L40 22 Didsbury Runners	47:19
6	1569	Alina Stepanchuk	L40	6 Salford Metropolitan AC	38:40	23	446	Joanne Slinger	L40 23 Dragons Running Club (sale)	48:11
7	2253	Frances Kenney	L40	7 Wilmslow Running Club	39:12	24	2295	Jayne Cordingley	L40 24 Winston Runners	49:07
8	2948	Anna Begbie	L40	8 Vale Royal Ac	39:32	25	1885	Julie Hamilton	L40 25 Swinton Running Club	49:30
9	2675	Harriet Hamilton	L40	9 Sale Harriers Manchester	41:23	26	1883	Rachel Billington	L40 26 Swinton Running Club	49:52
10	2956	Laura Bell	L40	10 Winston Runners	41:23	27	884	Paula Medley	L40 27 Manchester Frontrunners	50:18
11	1888	Rebecca Mills	L40	11 Swinton Running Club	42:07	28	1138	Emma Mooney	L40 28 Marple Runners	50:53
12	614	Alison Mort	L40	12 Horwich R M I Harriers	42:40	29	339	Elisabeth Lewis	L40 29 Chorlton Runners	51:22
13	613	Helen Macdonald	L40	13 Horwich R M I Harriers	42:49	30	2853	Lisa Wormleighton	L40 30 Sale Harriers Manchester	52:04
14	408	Helen Morgan	L40	14 Didsbury Runners	43:54	31	1130	Taylor Giacoma	L40 31 Marple Runners	53:28
15	146	Kim Davies	L40	15 Bramhall Runners	44:00	32	2094	Paula Manley	L40 32 Vale Royal Ac	57:40
16	2952	Sarah Cook	L40	16 Marple Runners	44:04	33	86	Jennifer Crocker	L40 33 Belle Vue Racers	1:09:43
17	2957	Diane Cawley	L40	17 Dragons Running Club (sale)	45:08					

## Senior Ladies (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	2257	Diane McVey	L45 1	Wilmslow Running Club	36:45
2	2410	Jo Rosenberg	L45 2	Altrincham & District AC	36:56
3	2248	Louisa Harrison	L45 3	Wilmslow Running Club	39:26
4	55	Alice Welch	L45 4	Altrincham & District AC	40:46
5	1889	Helen Nation	L45 5	Swinton Running Club	40:52
6	3074	Sarah Kearney	L45 6	Warriors Pentathlon & AC	41:47
7	618	Hayley Winder	L45 7	Horwich R M I Harriers	41:57
8	1560	Amanda Hurndall	L45 8	Salford Metropolitan AC	43:00
9	835	Sue Stockdale	L45 9	Macclesfield Harriers & AC	43:31
10	1957	Claire Chaffer	L45 10	Trafford Athletic Club	43:38
11	440	Madeleine Hill	L45 11	Dragons Running Club (sale)	44:11
12	1725	Jennifer Hulley	L45 12	Stockport Harriers & Ac	44:26
13	443	Ciara Miles	L45 13	Dragons Running Club (sale)	44:37
14	345	Jacqueline Perrot	L45 14	Chorlton Runners	44:38
15	1145	Helena Tinker	L45 15	Marple Runners	45:10
16	881	Jane Fletcher	L45 16	Manchester Frontrunners	45:27
17	187	Ruth Gowers	L45 17	Buxton AC	46:06
18	1230	Karen Little	L45 18	Running Bear	46:16
19	406	Victoria Hall	L45 19	Didsbury Runners	46:24
20	438	Claire Gwyer	L45 20	Dragons Running Club (sale)	47:08
21	405	Miranda Hall	L45 21	Didsbury Runners	47:40
22	1337	Catherine Jones	L45 22	Sale Harriers Manchester	47:55
23	1563	Laura Mercer	L45 23	Salford Metropolitan AC	48:19
24	2308	Gaynor Williams	L45 24	Winston Runners	49:32
25	410	Anna Thurston	L45 25	Didsbury Runners	51:51
26	882	Mel Johnson	L45 26	Manchester Frontrunners	52:33
27	1143	Joanne Stephenson	L45 27	Marple Runners	53:39
28	2293	Helen Blissett	L45 28	Winston Runners	54:08
29	437	Jane Damerum	L45 29	Dragons Running Club (sale)	54:34
30	444	Ceri Murray	L45 30	Dragons Running Club (sale)	55:55
31	1021	Gillian Aspin	L45 31	Manchester Triathlon Club	57:12

## Senior Ladies (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time
1	2101	Helen Smith	L50 1	Vale Royal Ac	40:10
2	1734	Jennie Pickard	L50 2	Stockport Harriers & Ac	40:35
3	1059	Jude Wall	L50 3	Manchester Triathlon Club	41:45
4	436	Vicki Cleall	L50 4	Dragons Running Club (sale)	41:53
5	2901	Cathy Atkinson	L50 5	Manchester Triathlon Club	42:13
6	2249	Susan Harrison	L50 6	Wilmslow Running Club	42:26
7	1887	Lauren Marsden	L50 7	Swinton Running Club	42:49
8	1558	Jaine Brocklehurst	L50 8	Salford Metropolitan AC	43:04
9	2246	Janine Ellis	L50 9	Wilmslow Running Club	44:06
10	2279	Philippa Whittingham	L50 10	Wilmslow Striders	44:55
11	308	Emma Banister	L50 11	Chorlton Runners	45:07
12	1128	Elise Evans	L50 12	Marple Runners	46:45
13	2327	Anne Rosbottom	L50 13	Wirral Ac	46:54
14	2953	Nicola Pennington	L50 14	Belle Vue Racers	47:36
15	2194	Angela Tegg	L50 15	West Cheshire AC	48:00
16	1882	Rhona Barker	L50 16	Swinton Running Club	48:29
17	912	Catherine Jones	L50 17	Manchester Harriers & AC	48:41
18	2596	Sara Harris	L50 18	Styal Running Club	48:49
19	1561	Sharon Lightfoot	L50 19	Salford Metropolitan AC	50:12
20	887	Ruth Travis	L50 20	Manchester Frontrunners	51:08
21	90	Julia Foy	L50 21	Belle Vue Racers	51:27
22	1653	Clare Leith	L50 22	Start2jog	51:54
23	409	Isabelle Qamar	L50 23	Didsbury Runners	52:40
24	85	Karen Charters	L50 24	Belle Vue Racers	52:48
25	334	Joanne Hill	L50 25	Chorlton Runners	54:18
26	1126	Melanie Commins	L50 26	Marple Runners	55:09
27	2422	Rachel Dowle	L50 27	Buxton AC	55:31
28	442	Cathy McCabe	L50 28	Dragons Running Club (sale)	57:20
29	719	Jeanette Hanley	L50 29	Levenshulme Runners	1:10:33

## Senior Ladies (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	1741	Kerrie Wood-Doyle	L55 1	Stockport Harriers & Ac	42:56
2	1212	Jenny Yates	L55 2	Oldham & Royton H & AC	43:34
3	886	Linda Rix	L55 3	Manchester Frontrunners	44:15
4	192	Tania Wilson	L55 4	Buxton AC	44:37
5	1242	Fiona Dyson	L55 5	Saddleworth Runners Club	45:24
6	141	Andrea Buckingham	L55 6	Bramhall Runners	46:08
7	2193	Traci Shipley	L55 7	West Cheshire AC	46:18
8	50	Carole Harrison	L55 8	Altrincham & District AC	46:26
9	143	Fiona Cooke	L55 9	Bramhall Runners	47:11
10	1231	Pippa Price	L55 10	Running Bear	47:24
11	1893	Ann Wright	L55 11	Swinton Running Club	51:18
12	913	Ann McLaughlin	L55 12	Manchester Harriers & AC	53:10
13	2927	Sally Cheatham	L55 13	Belle Vue Racers	53:27
14	186	Heather Fryer-Winder	L55 14	Buxton AC	53:39
15	343	Anne Morgan	L55 15	Chorlton Runners	54:26
16	2951	Erika Heap	L55 16	Bramhall Runners	55:49
17	1228	Kerry Gleave	L55 17	Running Bear	55:55
18	2489	Caroline Lacey	L55 18	Manchester Harriers & AC	58:58
19	434	Deborah Barnby	L55 19	Dragons Running Club (sale)	1:00:55
20	909	Linda Cross	L55 20	Manchester Harriers & AC	1:04:03

## Senior Ladies (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	1331	J Cordingley	L60 1	Sale Harriers Manchester	41:33
2	820	Sallyann Hales	L60 2	Macclesfield Harriers & AC	45:30
3	54	Alison Vesey	L60 3	Altrincham & District AC	48:59
4	318	Ann Carney	L60 4	Chorlton Runners	50:29
5	153	Cath Jones	L60 5	Bramhall Runners	56:46

## Senior Ladies (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	822	Ann-Marie Jones	L65 1	Macclesfield Harriers & AC	45:25
2	829	Barbara Murray	L65 2	Macclesfield Harriers & AC	54:56
3	1960	Sue Exon	L65 3	Trafford Athletic Club	56:43

## Senior Ladies (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	1722	Alexis Dinsmor	L70 1	Stockport Harriers & Ac	56:55
2	2103	Carole Williams	L70 2	Vale Royal Ac	1:07:11

## Senior Ladies - Men over 70 (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	2261	Trevor Faulkner	L80 1	Wilmslow Running Club	1:09:30

## Senior Ladies - Men over 70 — TEAM RESULTS

No complete teams

# Manchester Area Cross Country League at Heaton Park on Saturday 11th March 2023

## Senior Ladies — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time				
1	2399	Naomi Kingston		Altrincham & District AC	34:28				
2	1504	Laura Lombard	L40 1	Salford Harriers & AC	35:19	86	975	Heather Aspinall	Manchester Road Runners
3	1330	Beatrice Cordingley		Sale Harriers Manchester	35:30	87	1136	Chelsea Mears-Graham	L359 Marple Runners
4	327K	Fitzpatrick	L35 1	Chorlton Runners	35:39	88	715	Anya Dreiling	Levenshulme Runners
5	2259	Nicola Reece	L40 2	Wilmslow Running Club	35:57	89	308	Emma Banister	L50 11 Chorlton Runners
6	1323	Laura Barber		Sale Harriers Manchester	36:09	90	2957	Diane Cawley	L40 17 Dragons Running Club (sale)
7	1961	Sarah Hudak		Trafford Athletic Club	36:18	91	1145	Helena Tinker	L45 15 Marple Runners
8	357	Amy Weyers	L35 2	Chorlton Runners	36:25	92	945	Sarah Goldswain	Manchester Metropolitan Uni
9	2954	Shannon Sinclair		Trafford Athletic Club	36:39	93	1242	Fiona Dyson	L55 5 Saddleworth Runners Club
10	2257	Diane McVey	L45 1	Wilmslow Running Club	36:45	94	822	Ann-Marie Jones	L65 1 Macclesfield Harriers & AC
11	320	Jenny Clarke		Chorlton Runners	36:47	95	881	Jane Fletcher	L45 16 Manchester Frontrunners
12	152	Samantha Jones	L35 3	Bramhall Runners	36:51	96	820	Sallyann Hales	L60 2 Macclesfield Harriers & AC
13	634	Lindsey Brindle	L40 3	Horwich R M I Harriers	36:51	97	158	Laura Murphy	L40 18 Bramhall Runners
14	2410	Jo Rosenberg	L45 2	Altrincham & District AC	36:56	98	1051	Katherine Shinwell	L35 10 Manchester Triathlon Club
15	1738	Faye Waterhouse		Stockport Harriers & Ac	37:31	99	981	Katarzyna Raczkowska	Manchester Road Runners
16	1336	Heather Hughes		Sale Harriers Manchester	37:36	100	2849	Wendy Kelly	L40 19 Dragons Running Club (sale)
17	481	Katie Kay	L40 4	E Cheshire H & Tameside AC	37:52	101	2597	Maria Wylenzek	L35 11 Swinton Running Club
18	717F	Gilham		Levenshulme Runners	37:57	102	957	Tanith-Jade Ellis	L20 5 Manchester Metropolitan Uni
19	1349	Sarah Saxton	L35 4	Sale Harriers Manchester	38:16	103	187	Ruth Gowers	L45 17 Buxton AC
20	1033	Tilly Edwards		Manchester Triathlon Club	38:33	104	141	Andrea Buckingham	L55 6 Bramhall Runners
21	694	Jenny Graham	L40 5	Knutsford Tri Club	38:38	105	402	Georgina Gillot	Didsbury Runners
22	1569	Alina Stepanchuk	L40 6	Salford Metropolitan AC	38:40	106	1230	Karen Little	L45 18 Running Bear
23	1566	Bethany Saunders		Salford Metropolitan AC	38:53	107	2193	Traci Shipley	L55 7 West Cheshire AC
24	2054	Anna Nicod		University Of Manchester	38:58	108	406	Victoria Hall	L45 19 Didsbury Runners
25	2253	Frances Kenney	L40 7	Wilmslow Running Club	39:12	109	50	Carole Harrison	L55 8 Altrincham & District AC
26	483	Hayley Simpson		E Cheshire H & Tameside AC	39:15	110	1128	Elise Evans	L50 12 Marple Runners
27	1026	Fiona Blagg		Manchester Triathlon Club	39:22	111	2679	Rebecca McCarthy	L40 20 Stockport Tri Club
28	2248	Louisa Harrison	L45 3	Wilmslow Running Club	39:26	112	2327	Anne Rosbottom	L50 13 Wirral Ac
29	2948	Anna Begbie	L40 8	Vale Royal Ac	39:32	113	407	Yvonne Hung	L40 21 Didsbury Runners
30	314	Rachel Brown		Chorlton Runners	39:34	114	947	Charlotte Millington	Manchester Metropolitan Uni
31	2821	Grace Tobin	L20 1	Liverpool Harriers & AC	39:39	115	438	Claire Gwyer	L45 20 Dragons Running Club (sale)
32	1030	Emily Coffey		Manchester Triathlon Club	39:44	116	143	Fiona Cooke	L55 9 Bramhall Runners
33	720	Ellie Kemp		Levenshulme Runners	39:56	117	2436	Laura Parkin	L40 22 Didsbury Runners
34	2618	Katie Hay	L20 2	University Of Manchester	40:05	118	1231	Pippa Price	L55 10 Running Bear
35	2926	Clara Pettitt		Vale Royal Ac	40:08	119	2953	Nicola Pennington	L50 14 Belle Vue Racers
36	2101	Helen Smith	L50 1	Vale Royal Ac	40:10	120	405	Miranda Hall	L45 21 Didsbury Runners
37	307	Francesca Bale		Chorlton Runners	40:29	121	1337	Catherine Jones	L45 22 Sale Harriers Manchester
38	2492	Imme Herder		Manchester Metropolitan Uni	40:34	122	312	Eloise Billington	Chorlton Runners
39	1734	Jennie Pickard	L50 2	Stockport Harriers & Ac	40:35	123	2194	Angela Tegg	L50 15 West Cheshire AC
40	55	Alice Welch	L45 4	Altrincham & District AC	40:46	124	446	Joanne Slinger	L40 23 Dragons Running Club (sale)
41	1889	Helen Nation	L45 5	Swinton Running Club	40:52	125	725	Alice Thornton	Levenshulme Runners
42	2675	Harriet Hamilton	L40 9	Sale Harriers Manchester	41:23	126	1563	Laura Mercer	L45 23 Salford Metropolitan AC
43	2956	Laura Bell	L40 10	Winston Runners	41:23	127	1882	Rhona Barker	L50 16 Swinton Running Club
44	1331J	Cordingley	L60 1	Sale Harriers Manchester	41:33	128	912	Catherine Jones	L50 17 Manchester Harriers & AC
45	1227	Lucy Gleave		Running Bear	41:44	129	2596	Sara Harris	L50 18 Styal Running Club
46	1059	Jude Wall	L50 3	Manchester Triathlon Club	41:45	130	54	Alison Vesey	L60 3 Altrincham & District AC
47	3074	Sarah Kearney	L45 6	Warriors Pentathlon & AC	41:47	131	394	Hanna Burgess	L35 12 Didsbury Runners
48	1334	Sarah Goulden		Sale Harriers Manchester	41:48	132	2295	Jayne Cordingley	L40 24 Winston Runners
49	436	Vicki Cleall	L50 4	Dragons Running Club (sale)	41:53	133	1885	Julie Hamilton	L40 25 Swinton Running Club
50	618	Hayley Winder	L45 7	Horwich R M I Harriers	41:57	134	2308	Gaynor Williams	L45 24 Winston Runners
51	1954	Louise Ambler	L35 5	Trafford Athletic Club	42:01	135	1883	Rachel Billington	L40 26 Swinton Running Club
52	2916	Allie Douglas		Manchester Frontrunners	42:06	136	727	Lianne Williams	Levenshulme Runners
53	1888	Rebecca Mills	L40 11	Swinton Running Club	42:07	137	1561	Sharon Lightfoot	L50 19 Salford Metropolitan AC
54	2901	Cathy Atkinson	L50 5	Manchester Triathlon Club	42:13	138	884	Paula Medley	L40 27 Manchester Frontrunners
55	980M	Glenister-Doyle		Manchester Road Runners	42:20	139	1644	Helen Fairie	Start2jog
56	356	Roz Webster	L35 6	Chorlton Runners	42:21	140	318	Ann Carney	L60 4 Chorlton Runners
57	2249	Susan Harrison	L50 6	Wilmslow Running Club	42:26	141	1138	Emma Mooney	L40 28 Marple Runners
58	1592	Amy Upton		St Helens Sutton AC	42:28	142	887	Ruth Travis	L50 20 Manchester Frontrunners
59	1241	Rebecca Canaway	L35 7	Saddleworth Runners Club	42:29	143	1893	Ann Wright	L55 11 Swinton Running Club
60	325	Nicola Dobra		Chorlton Runners	42:34	144	339	Elisabeth Lewis	L40 29 Chorlton Runners
61	614	Alison Mort	L40 12	Horwich R M I Harriers	42:40	145	1662	Kizzy Nitzani	L35 13 Start2jog
62	613	Helen Macdonald	L40 13	Horwich R M I Harriers	42:49	146	90	Julia Foy	L50 21 Belle Vue Racers
63	1887	Lauren Marsden	L50 7	Swinton Running Club	42:49	147	410	Anna Thurston	L45 25 Didsbury Runners
64	1741	Kerrie Wood-Doyle	L55 1	Stockport Harriers & Ac	42:56	148	1648	Kaylea Haynes	Start2jog
65	2611	Erica Brodersen	L20 3	University Of Manchester	42:59	149	1653	Clare Leith	L50 22 Start2jog
66	1560	Amanda Hurdall	L45 8	Salford Metropolitan AC	43:00	150	2853	Lisa Wormleighton	L40 30 Sale Harriers Manchester
67	1558	Jaine Brocklehurst	L50 8	Salford Metropolitan AC	43:04	151	882	Mel Johnson	L45 26 Manchester Frontrunners
68	956	Scarlett Cotton	L20 4	Manchester Metropolitan Uni	43:19	152	409	Isabelle Qamar	L50 23 Didsbury Runners
69	835	Sue Stockdale	L45 9	Macclesfield Harriers & AC	43:31	153	85	Karen Charters	L50 24 Belle Vue Racers
70	1212	Jenny Yates	L55 2	Oldham & Royton H & AC	43:34	154	979	Briony Fagan	Manchester Road Runners
71	1957	Claire Chaffer	L45 10	Trafford Athletic Club	43:38	155	913	Ann McLaughlin	L55 12 Manchester Harriers & AC
72	1557	Carolyn Bradshaw	L35 8	Salford Metropolitan AC	43:42	156	2927	Sally Cheetham	L55 13 Belle Vue Racers
73	408	Helen Morgan	L40 14	Didsbury Runners	43:54	157	1130	Taylor Giacomia	L40 31 Marple Runners
74	146	Kim Davies	L40 15	Bramhall Runners	44:00	158	186	Heather Fryer-Winder	L55 14 Buxton AC
75	2952	Sarah Cook	L40 16	Marple Runners	44:04	159	1143	Joanne Stephenson	L45 27 Marple Runners
76	2246	Janine Ellis	L50 9	Wilmslow Running Club	44:06	160	2293	Helen Blissett	L45 28 Winston Runners
77	440	Madeleine Hill	L45 11	Dragons Running Club (sale)	44:11	161	334	Joanne Hill	L50 25 Chorlton Runners
78	886	Linda Rix	L55 3	Manchester Frontrunners	44:15	162	343	Anne Morgan	L55 15 Chorlton Runners
79	1725	Jennifer Hulley	L45 12	Stockport Harriers & Ac	44:26	163	1636	Egle Bates	L35 14 Start2jog
80	714	Nikita Berry		Levenshulme Runners	44:31	164	437	Jane Damerum	L45 29 Dragons Running Club (sale)
81	192	Tania Wilson	L55 4	Buxton AC	44:37	165	829	Barbara Murray	L65 2 Macclesfield Harriers & AC
82	443	Ciara Miles	L45 13	Dragons Running Club (sale)	44:37	166	1126	Melanie Commins	L50 26 Marple Runners
83	345	Jacqueline Perrot	L45 14	Chorlton Runners	44:38	167	2422	Rachel Dowle	L50 27 Buxton AC
84	2055	Alice Woodbridge		University Of Manchester	44:46	168	1567	Amy Stanley	Salford Metropolitan AC
85	2279	Philippa Whittingham	L50 10	Wilmslow Striders	44:46	169	2951	Erika Heap	L55 16 Bramhall Runners

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)

Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

SportSoft

170 1228 Kerry Gleave	L55 17 Running Bear	55:55	179 2738 Charlotte Gage	L35 15 Start2jog	59:30
171 444 Ceri Murray	L45 30 Dragons Running Club (sale)	55:55	180 1651 Jamielee Johnston	L35 16 Start2jog	1:00:02
172 1960 Sue Exon	L65 3 Trafford Athletic Club	56:43	181 434 Deborah Barnby	L55 19 Dragons Running Club (sale)	1:00:55
173 153 Cath Jones	L60 5 Bramhall Runners	56:46	182 909 Linda Cross	L55 20 Manchester Harriers & AC	1:04:03
174 1722 Alexis Dinsmor	L70 1 Stockport Harriers & Ac	56:55	183 2103 Carole Williams	L70 2 Vale Royal Ac	1:07:11
175 1021 Gillian Aspin	L45 31 Manchester Triathlon Club	57:12	184 2261 Trevor Faulkner	L80 1 Wilmslow Running Club	1:09:30
176 442 Cathy McCabe	L50 28 Dragons Running Club (sale)	57:20	185 86 Jennifer Crocker	L40 33 Belle Vue Racers	1:09:43
177 2094 Paula Manley	L40 32 Vale Royal Ac	57:40	186 719 Jeanette Hanley	L50 29 Levenshulme Runners	1:10:33
178 2489 Caroline Lacey	L55 18 Manchester Harriers & AC	58:58			

## Senior Ladies — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale Harriers Manchester	44	—	3 Beatrice Cordingley	6 Laura Barber	16 Heather Hughes	19 Sarah Saxton
2 Chorlton Runners	53	—	4 K Fitzpatrick	8 Amy Weyers	11 Jenny Clarke	30 Rachel Brown
3 Wilmslow Running Club	68	—	5 Nicola Reece	10 Diane McVey	25 Frances Kenney	28 Louisa Harrison
4 Manchester Triathlon Club	125	—	20 Tilly Edwards	27 Fiona Blagg	32 Emily Coffey	46 Jude Wall
5 Trafford Athletic Club	136	—	7 Sarah Hudak	9 Shannon Sinclair	50 Louise Ambler	70 Claire Chaffer
6 Altrincham & District AC	163	—	1 Naomi Kingston	14 Jo Rosenberg	40 Alice Welch	108 Carole Harrison
7 Salford Metropolitan AC	176	—	22 Alina Stepanchuk	23 Bethany Saunders	65 Amanda Hurndall	66 Jaine Brocklehurst
8 Horwich R M I Harriers	183	—	13 Lindsey Brindle	49 Hayley Winder	60 Alison Mort	61 Helen Macdonald
9 Stockport Harriers & Ac	195	—	15 Faye Waterhouse	39 Jennie Pickard	63 Kerrie Wood-Doyle	78 Jennifer Hulley
10 University Of Manchester	205	—	24 Anna Nicod	34 Katie Hay	64 Erica Brodersen	83 Alice Woodbridge
11 Levenshulme Runners	217	—	18 F Gilham	33 Ellie Kemp	79 Nikita Berry	87 Anya Dreiling
12 Chorlton Runners 'B'	233	—	37 Francesca Bale	55 Roz Webster	59 Nicola Dobra	82 Jacqueline Perrot
13 Sale Harriers Manchester 'B'	253	—	42 Harriet Hamilton	44 J Cordingley	47 Sarah Goulden	120 Catherine Jones
14 Swinton Running Club	255	—	41 Helen Nation	52 Rebecca Mills	62 Lauren Marsden	100 Maria Wylenzek
15 Vale Royal Ac	276	—	29 Anna Begbie	35 Clara Pettitt	36 Helen Smith	176 Paula Manley
16 Bramhall Runners	284	—	12 Samantha Jones	73 Kim Davies	96 Laura Murphy	103 Andrea Buckingham
17 Dragons Running Club (sale)	294	—	48 Vicki Cleall	76 Madeleine Hill	81 Ciara Miles	89 Diane Cawley
18 Manchester Metropolitan Uni	297	—	38 Imme Herder	67 Scarlett Cotton	91 Sarah Goldswain	101 Tanith-Jade Ellis
19 Marple Runners	359	—	74 Sarah Cook	86 Chelsea Mears-Graham	90 Helena Tinker	109 Elise Evans
20 Manchester Frontrunners	359	—	51 Allie Douglas	77 Linda Rix	94 Jane Fletcher	137 Paula Medley
21 Manchester Road Runners	390	—	54 M Glenister-Doyle	85 Heather Aspinall	98 Katarzyna Raczkowska	153 Briony Fagan
22 Didsbury Runners	395	—	72 Helen Morgan	104 Georgina Gillot	107 Victoria Hall	112 Yvonne Hung
23 Macclesfield Harriers & AC	420	—	68 Sue Stockdale	93 Ann-Marie Jones	95 Sallyann Hales	164 Barbara Murray
24 Running Bear	436	—	45 Lucy Gleave	105 Karen Little	117 Pippa Price	169 Kerry Gleave
25 Winston Runners	466	—	43 Laura Bell	131 Jayne Cordingley	133 Gaynor Williams	159 Helen Blissett
26 Chorlton Runners 'C'	491	—	88 Emma Banister	121 Eloise Billington	139 Ann Carney	143 Elisabeth Lewis
27 Dragons Running Club (sale 'B')	499	—	99 Wendy Kelly	114 Claire Gwyer	123 Joanne Slinger	163 Jane Damerum
28 Salford Metropolitan AC 'B'	499	—	71 Carolyn Bradshaw	125 Laura Mercer	136 Sharon Lightfoot	167 Amy Stanley
29 Buxton AC	505	—	80 Tania Wilson	102 Ruth Gowers	157 Heather Fryer-Winder	166 Rachel Dowle
30 Didsbury Runners 'B'	511	—	116 Laura Parkin	119 Miranda Hall	130 Hanna Burgess	146 Anna Thurston
31 Swinton Running Club 'B'	534	—	126 Rhona Barker	132 Julie Hamilton	134 Rachel Billington	142 Ann Wright
32 Belle Vue Racers	570	—	118 Nicola Pennington	145 Julia Foy	152 Karen Charters	155 Sally Cheetham
33 Start2jog	577	—	138 Helen Fairie	144 Kizzy Nitzani	147 Kaylea Haynes	148 Clare Leith
34 Marple Runners 'B'	619	—	140 Emma Mooney	156 Taylor Giacoma	158 Joanne Stephenson	165 Melanie Commins
35 Manchester Harriers & AC	639	—	127 Catherine Jones	154 Ann McLaughlin	177 Caroline Lacey	181 Linda Cross

## Senior Ladies (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wilmslow Running Club	21	—	3 Nicola Reece	5 Diane McVey	13 Frances Kenney
2 Chorlton Runners	35	—	2 K Fitzpatrick	4 Amy Weyers	29 Roz Webster
3 Sale Harriers Manchester	52	—	10 Sarah Saxton	20 Harriet Hamilton	22 J Cordingley
4 Horwich R M I Harriers	64	—	7 Lindsey Brindle	25 Hayley Winder	32 Alison Mort
5 Swinton Running Club	80	—	19 Helen Nation	27 Rebecca Mills	34 Lauren Marsden
6 Salford Metropolitan AC	85	—	12 Alina Stepanchuk	36 Amanda Hurndall	37 Jaine Brocklehurst
7 Wilmslow Running Club 'B'	89	—	14 Louisa Harrison	30 Susan Harrison	45 Janine Ellis
8 Altrincham & District AC	96	—	8 Jo Rosenberg	18 Alice Welch	70 Carole Harrison
9 Stockport Harriers & Ac	100	—	17 Jennie Pickard	35 Kerrie Wood-Doyle	48 Jennifer Hulley
10 Bramhall Runners	110	—	6 Samantha Jones	43 Kim Davies	61 Laura Murphy
11 Manchester Triathlon Club	113	—	23 Jude Wall	28 Cathy Atkinson	62 Katherine Shinwell
12 Dragons Running Club (sale)	120	—	24 Vicki Cleall	46 Madeleine Hill	50 Ciara Miles
13 Marple Runners	153	—	44 Sarah Cook	53 Chelsea Mears-Graham	56 Helena Tinker
14 Macclesfield Harriers & AC	156	—	38 Sue Stockdale	58 Ann-Marie Jones	60 Sallyann Hales
15 Vale Royal Ac	161	—	15 Anna Begbie	16 Helen Smith	130 Paula Manley
16 Didsbury Runners	185	—	42 Helen Morgan	69 Victoria Hall	74 Yvonne Hung
17 Trafford Athletic Club	191	—	26 Louise Ambler	40 Claire Chaffer	125 Sue Exon
18 Dragons Running Club (sale 'B')	193	—	55 Diane Cawley	63 Wendy Kelly	75 Claire Gwyer
19 Manchester Frontrunners	201	—	47 Linda Rix	59 Jane Fletcher	95 Paula Medley
20 Chorlton Runners 'B'	201	—	51 Jacqueline Perrot	54 Emma Banister	96 Ann Carney
21 Winston Runners	203	—	21 Laura Bell	90 Jayne Cordingley	92 Gaynor Williams
22 Salford Metropolitan AC 'B'	219	—	41 Carolyn Bradshaw	84 Laura Mercer	94 Sharon Lightfoot
23 Buxton AC	226	—	49 Tania Wilson	65 Ruth Gowers	112 Heather Fryer-Winder
24 Swinton Running Club 'B'	240	—	64 Maria Wylenzek	85 Rhona Barker	91 Julie Hamilton
25 Didsbury Runners 'B'	246	—	77 Laura Parkin	80 Miranda Hall	89 Hanna Burgess
26 Bramhall Runners 'B'	264	—	66 Andrea Buckingham	76 Fiona Cooke	122 Erika Heap
27 Running Bear	268	—	67 Karen Little	78 Pippa Price	123 Kerry Gleave
28 Marple Runners 'B'	279	—	71 Elise Evans	97 Emma Mooney	111 Taylor Giacoma
29 Belle Vue Racers	289	—	79 Nicola Pennington	102 Julia Foy	108 Karen Charters
30 Start2jog	322	—	101 Kizzy Nitzani	104 Clare Leith	117 Egle Bates
31 Dragons Running Club (sale 'C')	325	—	83 Joanne Slinger	118 Jane Damerum	124 Ceri Murray
32 Manchester Harriers & AC	326	—	86 Catherine Jones	109 Ann McLaughlin	131 Caroline Lacey
33 Chorlton Runners 'C'	331	—	100 Elisabeth Lewis	115 Joanne Hill	116 Anne Morgan

# Manchester Area Cross Country League at Heaton Park on Saturday 11th March 2023

## Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time						
1	2839	Louis Hudson	U20 1	University Of Manchester	35:06	5	2046	George Wright	U20 5	Trafford Athletic Club	44:20
2	2553	Oliver Cook	U20 2	Salford Harriers & AC	36:08	6	955	Harvey Tegg	U20 6	Manchester Metropolitan Uni	45:02
3	2934	Tim Barry	U20 3	Stockport Harriers & Ac	36:57	7	1147	Matthew Furniss	U20 7	Marple Runners	47:55
4	2949	Joseph Byrne	U20 4	St Helens Sutton AC	43:30	8	510	Tobias Walsh	U20 8	E Cheshire H & Tameside AC	51:32

## Senior Men aged 17 to 19 — TEAM RESULTS

No complete teams

## Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time						
1	1253	Nicholas Barry		Sale Harriers Manchester	33:10	46	968	Thomas Lewis		Manchester Road Runners	40:23
2	599	Joe Mercer		Horwich R M I Harriers	34:02	47	2832	Daniel Kavanagh		E Cheshire H & Tameside AC	40:33
3	2924	Matthew Cooper		Trafford Athletic Club	34:16	48	700	Ben Caldwell		Levenshulme Runners	40:35
4	2078	Ryan Moore		Vale Royal Ac	34:56	49	236	Luke Donald		Chorlton Runners	40:35
5	2650	O Macdonald		Chorlton Runners	35:05	50	385	Daniel Scotson		Didsbury Runners	40:37
6	1946	Laurence Skidmore		Trafford Athletic Club	35:48	51	2239	James Speedie		Wilmslow Running Club	40:55
7	2855	Adetomiwa Oladiti		Sale Harriers Manchester	35:53	52	965	Thomas Grime		Manchester Road Runners	41:09
8	585	Simon Bruton		Horwich R M I Harriers	35:53	53	1311	Peter Shipley		Sale Harriers Manchester	41:10
9	2840	Ken Hunt		Sale Harriers Manchester	35:56	54	2825	Edmund Bishanga		Swinton Running Club	41:17
10	234	Matthew Devlin		Chorlton Runners	35:57	55	2912	Chris Fryer-Winder		Buxton AC	41:24
11	2913	Thomas Gladwin		Chorlton Runners	36:31	56	1071	Joseph Hayes		Manchester Ymca Harriers	41:48
12	2881	Sam Whitehead		Vale Royal Ac	36:35	57	1266	D Cordingley-Gaunt		Sale Harriers Manchester	41:54
13	457	Liam Browne		E Cheshire H & Tameside AC	36:37	58	711	Thomas Worthington		Levenshulme Runners	42:03
14	1938	Alex Jones		Trafford Athletic Club	36:45	59	2907	Luvuyo Gantsho		University Of Manchester	42:05
15	252	Ben Hobson		Chorlton Runners	36:52	60	966	D Harrison-Croft		Manchester Road Runners	42:30
16	2731	Daniel Cooke		St Helens Sutton AC	36:55	61	964	Steven Duckett		Manchester Road Runners	42:48
17	259	Jonathan Lancaster		Chorlton Runners	37:11	62	1196	Sam Davies		Oldham & Royton H & AC	42:59
18	962	Nicholas Crisp		Manchester Road Runners	37:31	63	1063	Daniel Bailey		Manchester Ymca Harriers	43:12
19	1281	Tom Gough		Sale Harriers Manchester	37:38	64	691	Chris Walton		Knutsford Tri Club	43:14
20	2440	Harry Hind		E Cheshire H & Tameside AC	37:41	65	1285	Oliver Higby		Sale Harriers Manchester	43:40
21	2433	Sam Caddick		Didsbury Runners	37:46	66	209	Sebastian Bate		Chorlton Runners	43:48
22	1307	Phil Richardson		Sale Harriers Manchester	37:50	67	986	Thomas Cassidy		Manchester Triathlon Club	44:03
23	117	Robin Hulme		Bramhall Runners	37:56	68	1064	Andrew Bowler		Manchester Ymca Harriers	44:10
24	2565	Elliott Williams		Salford Harriers & AC	38:10	69	698	Nicholas Barton		Levenshulme Runners	44:22
25	1289	M Kidd-Rossiter		Sale Harriers Manchester	38:16	70	1098	Simon Burrow		Marple Runners	44:26
26	973	Charles Singlehurst		Manchester Road Runners	38:29	71	1707	Rob McMurdo		Stockport Harriers & Ac	44:42
27	1941	Michael Melarkey		Trafford Athletic Club	38:32	72	2908	Ronan Harkin		Stockport Harriers & Ac	44:54
28	374	Meng Leong		Didsbury Runners	38:34	73	1875	Daniel Martin		Swinton Running Club	45:01
29	1306	Ben Rees		Sale Harriers Manchester	38:40	74	2226	Markus Dalgaard		Wilmslow Running Club	45:31
30	996	Nikolas Heinloth		Manchester Triathlon Club	38:46	75	2828	Samuel Gilmore		Manchester Ymca Harriers	45:40
31	1272	Robert Dunn		Sale Harriers Manchester	38:48	76	1019	Peter Traynor		Manchester Triathlon Club	45:56
32	2963	Josh Walton		E Cheshire H & Tameside AC	38:51	77	229	Nicholas Colwill		Chorlton Runners	46:09
33	381	Damien McHugh		Didsbury Runners	38:55	78	699	T Boyesen-Corballis		Levenshulme Runners	46:17
34	1067	Mark Condon		Manchester Ymca Harriers	39:04	79	2932	Chris Butterworth		Marple Runners	46:21
35	476	Jacob Taylor		E Cheshire H & Tameside AC	39:13	80	963	Sam Dawes		Manchester Road Runners	46:27
36	369	Matthew Gittins		Didsbury Runners	39:15	81	2290	Phillip Williams		Winston Runners	47:50
37	2816	Mark Llyod		Manchester Metropolitan Uni	39:16	82	876	Liam Spencer		Manchester Frontrunners	47:57
38	526	Nathaniel Hicks		Glossopdale Harriers	39:25	83	870	Thomas Marshall		Manchester Frontrunners	48:24
39	1082	Philip Tomkinson		Manchester Ymca Harriers	39:36	84	384	Hilmi Paksoy		Didsbury Runners	48:38
40	861	Martin Dunn		Manchester Frontrunners	39:37	85	107	Benjamin Edmonds		Bramhall Runners	49:31
41	701	Rob Cleaver		Levenshulme Runners	39:40	86	2848	Mo Sayed		Chorlton Runners	50:00
42	2185	Paul Morrison		West Cheshire AC	39:44	87	1081	Nathaniel Stanton		Manchester Ymca Harriers	50:08
43	2068	Lee Carrington		Vale Royal Ac	39:51	88	1107	Aaron Lamb		Marple Runners	51:25
44	960	Nicholas Bell		Manchester Road Runners	40:00	89	1627	Robert Maidstone		Start2jog	55:04
45	2270	Peter Williams		Wilmslow Striders	40:09						

## Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time						
1	294	Gavin Tomlinson	V40 1	Chorlton Runners	32:05	18	2691	Mark Kirkby	V4018	Wilmslow Running Club	40:50
2	232	Steven Curley	V40 2	Chorlton Runners	34:44	19	2687	Simon Bareford	V4019	Manchester Harriers & AC	41:05
3	284	James Savage	V40 3	Chorlton Runners	35:23	20	2443	Tom McMahon	V4020	E Cheshire H & Tameside AC	41:58
4	32	David Norman	V40 4	Altrincham & District AC	35:45	21	415	Graham Brownhill	V4021	Dragons Running Club (sale)	42:31
5	542	Ben Tetler	V40 5	Glossopdale Harriers	36:16	22	462	James Hartshorne	V4022	E Cheshire H & Tameside AC	42:37
6	2071	Mark Crabtree	V40 6	Vale Royal Ac	37:07	23	1872	Richard Jackson	V4023	Swinton Running Club	42:44
7	305	David Wyeth	V40 7	Chorlton Runners	37:09	24	375	Dan Levin	V4024	Didsbury Runners	43:17
8	1151	Jordan Burke	V40 8	Middleton Harriers AC	37:57	25	1541	Paul Connolly	V4025	Salford Metropolitan AC	43:23
9	466	Robin Horner	V40 9	E Cheshire H & Tameside AC	37:59	26	3077	John Roper	V4026	Unattached	43:36
10	813	Mark Walker	V4010	Macclesfield Harriers & AC	38:03	27	1252	Paul Barrett	V4027	Sale Harriers Manchester	44:08
11	1012	Aaron Saxton	V4011	Manchester Triathlon Club	38:25	28	2698	Mark Bedford	V4028	Chorlton Runners	44:56
12	1288	Tim Kennedy	V4012	Sale Harriers Manchester	39:00	29	373	Andrew Knox	V4029	Didsbury Runners	45:45
13	2830	Ben Farrelly	V4013	Salford Metropolitan AC	39:06	30	2904	Ben Robertson	V4030	Glossopdale Harriers	46:14
14	2815	Patrick Goodrich	V4014	Chorlton Runners	39:17	31	1546	David Hughes	V4031	Salford Metropolitan AC	46:42
15	2843	Michael Fleming	V4015	Saddleworth Runners Club	39:30	32	902	Neil Ryan	V4032	Manchester Harriers & AC	48:06
16	105	Matt Darnley	V4016	Bramhall Runners	40:41	33	2287	Michael Thompstone	V4033	Winston Runners	48:49
17	1009	Jamie Platt	V4017	Manchester Triathlon Club	40:45						



## Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time				
1	1678	Mark Burton	V45 1	Stockport Harriers & Ac	37:01	15	1008	Mark Pagram	V4515 Manchester Triathlon Club 44:35
2	240	Tim Fletcher	V45 2	Chorlton Runners	38:23	16	1863	Steve Billington	V4516 Swinton Running Club 45:30
3	1483	David Hudson	V45 3	Salford Harriers & AC	39:13	17	684	John Goggins	V4517 Knutsford Tri Club 45:34
4	26	Richard Lane	V45 4	Altrincham & District AC	39:34	18	1548	Richard Knight	V4518 Salford Metropolitan AC 45:48
5	183	Robert White	V45 5	Buxton AC	39:43	19	363	Michael Bean	V4519 Didsbury Runners 46:34
6	1276	Tom Fordyce	V45 6	Sale Harriers Manchester	39:47	20	811	Gareth Stockdale	V4520 Macclesfield Harriers & AC 47:17
7	538	Paul Skuse	V45 7	Glossopdale Harriers	40:10	21	685	Andy Gray	V4521 Knutsford Tri Club 48:28
8	219	Craig Bradbury	V45 8	Chorlton Runners	41:27	22	903	Chris Sewart	V4522 Manchester Harriers & AC 48:52
9	1699	David Hulley	V45 9	Stockport Harriers & Ac	42:10	23	894	Barry Fenton	V4523 Manchester Harriers & AC 48:53
10	1117	Richard Williams	V4510	Marple Runners	42:39	24	2958	Matthew Condron	V4524 Swinton Running Club 50:47
11	1110	Pete Ogle	V4511	Marple Runners	42:57	25	2530	Guy Grundy	V4525 Sale Harriers Manchester 51:17
12	537	Rob Sheldon	V4512	Glossopdale Harriers	43:40	26	1630	Matthew Savory	V4526 Start2jog 55:59
13	204	Andy Adkin	V4513	Chorlton Runners	43:41	27	2387	Matt Hanson	V4527 Manchester Harriers & AC 58:18
14	2962	Robert Hegg	V4514	Chorlton Runners	43:49	28	73	Daniel Moody	V4528 Belle Vue Racers 1:00:47

## Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time				
1	592	Julian Goudge	V50 1	Horwich R M I Harriers	36:22	15	807	Steve Lomas	V5015 Macclesfield Harriers & AC 45:25
2	2073	Stuart Doyle	V50 2	Vale Royal Ac	36:33	16	2960	Adam Potts	V5016 Bramhall Runners 47:32
3	530	Steve Knowles	V50 3	Glossopdale Harriers	38:33	17	1238	Simon Jump	V5017 Saddleworth Runners Club 47:42
4	516	Stefan Bramwell	V50 4	Glossopdale Harriers	40:35	18	1096	Ian Bowker	V5018 Marple Runners 47:47
5	1556	Shane Wolstencroft	V50 5	Salford Metropolitan AC	42:28	19	416	Alan Cleall	V5019 Dragons Running Club (sale) 48:03
6	2961	Ian Sharpe	V50 6	Chorlton Runners	42:35	20	1279	Steven Gavin	V5020 Sale Harriers Manchester 48:19
7	1712	Simon Pickard	V50 7	Stockport Harriers & Ac	42:37	21	425	Paul Maybury	V5021 Dragons Running Club (sale) 48:33
8	63	Andrew Armstrong	V50 8	Belle Vue Racers	42:51	22	2917	Andrew Almond	V5022 Manchester Harriers & AC 48:41
9	1268	Elton Davies	V50 9	Sale Harriers Manchester	42:52	23	2933	Andrew Hodson	V5023 Marple Runners 50:46
10	2222	David Baxter	V5010	Wilmslow Running Club	43:15	24	2919	David Dyer	V5024 Manchester Harriers & AC 51:40
11	2084	Ian Simpson	V5011	Vale Royal Ac	43:20	25	1293	Ashley Lindsey	V5025 Sale Harriers Manchester 52:29
12	1271	Chris Downs	V5012	Sale Harriers Manchester	43:35	26	1870	Stuart Ellis	V5026 Swinton Running Club 52:36
13	41	Steven Renny	V5013	Altrincham & District AC	43:38	27	386	Robert Skilbeck	V5027 Didsbury Runners 54:40
14	1545	Paul Gee	V5014	Salford Metropolitan AC	45:20	28	1865	Paul Black	V5028 Swinton Running Club 56:30

## Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time				
1	520	Steve Crossman	V55 1	Glossopdale Harriers	40:56	14	874	Roberto Raso	V5514 Manchester Frontrunners 49:00
2	570	Paul Oakley	V55 2	Goyt Valley Striders	42:17	15	2877	Antonio Mion	V5515 Running Bear 49:39
3	1002	Tim Johns	V55 3	Manchester Triathlon Club	43:06	16	2955	Ian Smallwood	V5516 Wilmslow Running Club 50:19
4	2082	Colin Price	V55 4	Vale Royal Ac	43:59	17	243	Mark Gamblin	V5517 Chorlton Runners 53:13
5	895	Glen Gandy	V55 5	Manchester Harriers & AC	45:07	18	2288	Mike Walsh	V5518 Winston Runners 53:33
6	1239	Andy Poole	V55 6	Bramhall Runners Club	46:02	19	2824	Jeff Blackford	V5519 Didsbury Runners 53:52
7	1492	Trevor Rayner	V55 7	Salford Harriers & AC	46:09	20	1102	Richard Furniss	V5520 Marple Runners 54:16
8	180	Neil Pearsons	V55 8	Buxton AC	46:17	21	1018	Ady Tonge	V5521 Manchester Triathlon Club 54:25
9	103	Stephen Brundrett	V55 9	Bramhall Runners	47:10	22	266	Alastair Maclean	V5522 Chorlton Runners 54:36
10	249	Justin Hayes	V5510	Chorlton Runners	47:21	23	113	Mike Hall	V5523 Bramhall Runners 56:50
11	2281	James Golden	V5511	Winston Runners	48:14	24	430	Dennis Yarwood	V5524 Dragons Running Club (sale) 57:35
12	179	Paul Markall	V5512	Buxton AC	48:23	25	905	Craig Turner	V5525 Manchester Harriers & AC 58:40
13	1708	Ian Mulligan	V5513	Stockport Harriers & Ac	48:33	26	2503	Mark Warner	V5526 Marple Runners 1:04:16

## Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time				
1	658	David Clarke	V60 1	Hyde Village Striders	43:17	9	2282	Anthony Harrison	V60 9 Winston Runners 50:57
2	1869	Steven Doxey	V60 2	Swinton Running Club	44:26	10	82	Phil Wilcoxon	V6010 Belle Vue Racers 52:11
3	181	David Soles	V60 3	Buxton AC	44:59	11	518	Alan Byrne	V6011 Glossopdale Harriers 52:32
4	2126	Stephen Burtham	V60 4	Warrington A C	45:22	12	1303	Stephen Parry	V6012 Sale Harriers Manchester 52:52
5	2959	Gordon Nicoll	V60 5	Altrincham & District AC	48:03	13	2227	Klaus Dalgaard	V6013 Wilmslow Running Club 53:22
6	1553	Mike Race	V60 6	Salford Metropolitan AC	49:03	14	582	David Barnes	V6014 Horwich R M I Harriers 53:43
7	17	Graham Harrison	V60 7	Altrincham & District AC	49:05	15	2080	Richard Pettitt	V6015 Vale Royal Ac 59:53
8	468	Derek Hughes	V60 8	E Cheshire H & Tameside AC	50:34	16	429	Robert Todd	V6016 Dragons Running Club (sale) 1:00:22
						17	2925	Nick Mort	V6017 Vale Royal Ac 1:11:41

## Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time				
1	2682	Stanley Owen	V65 1	Salford Harriers & AC	44:30	8	2069	John Clarke	V65 8 Vale Royal Ac 51:11
2	2690	Paul Barber	V65 2	Winston Runners	48:00	9	1696	Tim Hargreaves	V65 9 Stockport Harriers & Ac 51:33
3	519	David Chrystie-Lowe	V65 3	Glossopdale Harriers	48:15	10	1154	Alan Garvey	V6510 Middleton Harriers AC 53:43
4	1714	Steve Shaughnessy	V65 4	Stockport Harriers & Ac	48:35	11	9	Mike Duncombe	V6511 Altrincham & District AC 55:20
5	2067	Tony Archer	V65 5	Vale Royal Ac	48:43	12	1113	David Shoesmith	V6512 Marple Runners 58:01
6	2590	Tony McDonald	V65 6	Stockport Harriers & Ac	48:47	13	1867	Glyn Davies	V6513 Swinton Running Club 1:08:19
7	74	Patrick O'Brien	V65 7	Belle Vue Racers	51:07				

## Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	2262	Andy Watts	V70 1	Wilmslow Running Club	50:46
2	2125	Colin Rathbone	V75 1	Vale Royal Ac	1:08:56

# Manchester Area Cross Country League at Heaton Park on Saturday 11th March 2023

## Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Club	Time
1	294	Gavin Tomlinson	V40 1	Chorlton Runners	32:05	86	965 Thomas Grime	Manchester Road Runners	41:09
2	1253	Nicholas Barry		Sale Harriers Manchester	33:10	87	1311 Peter Shipley	Sale Harriers Manchester	41:10
3	599	Joe Mercer		Horwich R M I Harriers	34:02	88	2825 Edmund Bishanga	Swinton Running Club	41:17
4	2924	Matthew Cooper		Trafford Athletic Club	34:16	89	2912 David Fryer-Winder	Buxton AC	41:24
5	232	Steven Curley	V40 2	Chorlton Runners	34:44	90	219 Craig Bradbury	V45 8 Chorlton Runners	41:27
6	2078	Ryan Moore		Vale Royal Ac	34:56	91	1071 Joseph Hayes	Manchester Ymca Harriers	41:48
7	2650	O Macdonald		Chorlton Runners	35:05	92	1266 D Cordingley-Gaunt	Sale Harriers Manchester	41:54
8	2839	Louis Hudson	U20 1	University Of Manchester	35:06	93	2443 Tom McMahon	V4020 E Cheshire H & Tameside AC	41:58
9	284	James Savage	V40 3	Chorlton Runners	35:23	94	711 Thomas Worthington	Levenshulme Runners	42:03
10	32	David Norman	V40 4	Altrincham & District AC	35:45	95	2907 Luvuyo Gantsho	University Of Manchester	42:05
11	1946	Laurence Skidmore		Trafford Athletic Club	35:48	96	1699 David Hulley	V45 9 Stockport Harriers & Ac	42:10
12	2855	Adetomiwa Oladiti		Sale Harriers Manchester	35:53	97	570 Paul Oakley	V55 2 Goyt Valley Striders	42:17
13	585	Simon Bruton		Horwich R M I Harriers	35:53	98	1556 Shane Wolstencroft	V50 5 Salford Metropolitan AC	42:28
14	2840	Ken Hunt		Sale Harriers Manchester	35:56	99	966 D Harrison-Croft	Manchester Road Runners	42:30
15	234	Matthew Devlin		Chorlton Runners	35:57	100	415 Graham Brownhill	V4021 Dragons Running Club (sale)	42:31
16	2553	Oliver Cook	U20 2	Salford Harriers & AC	36:08	101	2961 Ian Sharpe	V50 6 Chorlton Runners	42:35
17	542	Ben Tetler	V40 5	Glossopdale Harriers	36:16	102	1712 Simon Pickard	V50 7 Stockport Harriers & Ac	42:37
18	592	Julian Goudge	V50 1	Horwich R M I Harriers	36:22	103	462 James Hartshorne	V4022 E Cheshire H & Tameside AC	42:37
19	2913	Thomas Gladwin		Chorlton Runners	36:31	104	1117 Richard Williams	V4510 Marple Runners	42:39
20	2073	Stuart Doyle	V50 2	Vale Royal Ac	36:33	105	1872 Richard Jackson	V4023 Swinton Running Club	42:44
21	2881	Sam Whitehead		Vale Royal Ac	36:35	106	964 Steven Duckett	Manchester Road Runners	42:48
22	457	Liam Browne		E Cheshire H & Tameside AC	36:37	107	63 Andrew Armstrong	V50 8 Belle Vue Racers	42:51
23	1938	Alex Jones		Trafford Athletic Club	36:45	108	1268 Elton Davies	V50 9 Sale Harriers Manchester	42:52
24	252	Ben Hobson		Chorlton Runners	36:52	109	1110 Pete Ogley	V4511 Marple Runners	42:57
25	2731	Daniel Cooke		St Helens Sutton AC	36:55	110	1196 Sam Davies	Oldham & Royton H & AC	42:59
26	2934	Tim Barry	U20 3	Stockport Harriers & Ac	36:57	111	1002 Tim Johns	V55 3 Manchester Triathlon Club	43:06
27	1678	Mark Burton	V45 1	Stockport Harriers & Ac	37:01	112	1063 Daniel Bailey	Manchester Ymca Harriers	43:12
28	2071	Mark Crabtree	V40 6	Vale Royal Ac	37:07	113	691 Chris Walton	Knutsford Tri Club	43:14
29	305	David Wyeth	V40 7	Chorlton Runners	37:09	114	2222 David Baxter	V5010 Wilmslow Running Club	43:15
30	259	Jonathan Lancaster		Chorlton Runners	37:11	115	375 Dan Levin	V4024 Didsbury Runners	43:17
31	962	Nicholas Crisp		Manchester Road Runners	37:31	116	658 David Clarke	V60 1 Hyde Village Striders	43:17
32	1281	Tom Gough		Sale Harriers Manchester	37:38	117	2084 Ian Simpson	V5011 Vale Royal Ac	43:20
33	2440	Harry Hind		E Cheshire H & Tameside AC	37:41	118	1541 Paul Connolly	V4025 Salford Metropolitan AC	43:23
34	2433	Sam Caddick		Didsbury Runners	37:46	119	2949 Joseph Byrne	U20 4 St Helens Sutton AC	43:30
35	1307	Phil Richardson		Sale Harriers Manchester	37:50	120	1271 Chris Downs	V5012 Sale Harriers Manchester	43:35
36	117	Robin Hulme		Bramhall Runners	37:56	121	3077 John Roper	V4026 Unattached	43:36
37	1151	Jorden Burke	V40 8	Middleton Harriers AC	37:57	122	41 Steven Renny	V5013 Altrincham & District AC	43:38
38	466	Robin Horner	V40 9	E Cheshire H & Tameside AC	37:59	123	537 Rob Sheldon	V4512 Glossopdale Harriers	43:40
39	813	Mark Walker	V4010	Macclesfield Harriers & AC	38:03	124	1285 Oliver Higby	Sale Harriers Manchester	43:40
40	2565	Elliott Williams		Salford Harriers & AC	38:10	125	204 Andy Adkin	V4513 Chorlton Runners	43:41
41	1289	M Kidd-Rossiter		Sale Harriers Manchester	38:16	126	209 Sebastian Bate	Chorlton Runners	43:48
42	240	Tim Fletcher	V45 2	Chorlton Runners	38:23	127	2962 Robert Higgs	V4514 Chorlton Runners	43:49
43	1012	Aaron Saxton	V4011	Manchester Triathlon Club	38:25	128	2082 Colin Price	V55 4 Vale Royal Ac	43:59
44	973	Charles Singlehurst		Manchester Road Runners	38:29	129	986 Thomas Cassidy	Manchester Triathlon Club	44:03
45	1941	Michael Mellarkey		Trafford Athletic Club	38:32	130	1252 Paul Barrett	V4027 Sale Harriers Manchester	44:08
46	530	Steve Knowles	V50 3	Glossopdale Harriers	38:33	131	1064 Andrew Bowler	Manchester Ymca Harriers	44:10
47	374	Meng Leong		Didsbury Runners	38:34	132	2046 George Wright	U20 5 Trafford Athletic Club	44:20
48	1306	Ben Rees		Sale Harriers Manchester	38:40	133	698 Nicholas Barton	Levenshulme Runners	44:22
49	996	Nikolas Heinloth		Manchester Triathlon Club	38:46	134	1098 Simon Burrow	Marple Runners	44:26
50	1272	Robert Dunn		Sale Harriers Manchester	38:48	135	1869 Steven Doxey	V60 2 Swinton Running Club	44:26
51	2963	Josh Walton		E Cheshire H & Tameside AC	38:51	136	2682 Stanley Owen	V65 1 Salford Harriers & AC	44:30
52	381	Damien McHugh		Didsbury Runners	38:55	137	1008 Mark Pagram	V4515 Manchester Triathlon Club	44:35
53	1288	Tim Kennedy	V4012	Sale Harriers Manchester	39:00	138	1707 Rob McMurdo	Stockport Harriers & Ac	44:42
54	1067	Mark Condon		Manchester Ymca Harriers	39:04	139	2908 Ronan Harkin	Stockport Harriers & Ac	44:54
55	2830	Ben Farrelly	V4013	Salford Metropolitan AC	39:06	140	2698 Mark Bedford	V4028 Chorlton Runners	44:56
56	476	Jacob Taylor		E Cheshire H & Tameside AC	39:13	141	181 David Soles	V60 3 Buxton AC	44:59
57	1483	David Hudson	V45 3	Salford Harriers & AC	39:13	142	1875 Daniel Martin	Swinton Running Club	45:01
58	369	Matthew Gittins		Didsbury Runners	39:15	143	955 Harvey Tegg	U20 6 Manchester Metropolitan Uni	45:02
59	2816	Mark Lioyd		Manchester Metropolitan Uni	39:16	144	895 Glen Gandy	V55 5 Manchester Harriers & AC	45:07
60	2815	Patrick Goodrich	V4014	Chorlton Runners	39:17	145	1545 Paul Gee	V5014 Salford Metropolitan AC	45:20
61	526	Nathaniel Hicks		Glossopdale Harriers	39:25	146	2126 Stephen Burtham	V60 4 Warrington A C	45:22
62	2843	Michael Fleming	V4015	Saddleworth Runners Club	39:30	147	807 Steve Lomas	V5015 Macclesfield Harriers & AC	45:25
63	26	Richard Lane	V45 4	Altrincham & District AC	39:34	148	1863 Steve Billington	V4516 Swinton Running Club	45:30
64	1082	Philip Tomkinson		Manchester Ymca Harriers	39:36	149	2226 Markus Dalgaard	Wilmslow Running Club	45:31
65	861	Martin Dunn		Manchester Frontrunners	39:37	150	684 John Goggins	V4517 Knutsford Tri Club	45:34
66	701	Rob Cleaver		Levenshulme Runners	39:40	151	2828 Samuel Gilmore	Manchester Ymca Harriers	45:40
67	183	Robert White	V45 5	Buxton AC	39:43	152	373 Andrew Knox	V4029 Didsbury Runners	45:45
68	2185	Paul Morrison		West Cheshire AC	39:44	153	1548 Richard Knight	V4518 Salford Metropolitan AC	45:48
69	1276	Tom Fordyce	V45 6	Sale Harriers Manchester	39:47	154	1019 Peter Traynor	Manchester Triathlon Club	45:56
70	2068	Lee Carrington		Vale Royal Ac	39:51	155	1239 Andy Poole	V55 6 Saddleworth Runners Club	46:02
71	960	Nicholas Bell		Manchester Road Runners	40:00	156	1492 Trevor Rayner	V55 7 Salford Harriers & AC	46:09
72	2270	Peter Williams		Wilmslow Striders	40:09	157	229 Nicholas Colwill	Chorlton Runners	46:09
73	538	Paul Skuse	V45 7	Glossopdale Harriers	40:10	158	2904 Ben Robertson	V4030 Glossopdale Harriers	46:14
74	968	Thomas Lewis		Manchester Road Runners	40:23	159	699 T Boyesen-Corballis	Levenshulme Runners	46:17
75	2832	Daniel Kavanagh		E Cheshire H & Tameside AC	40:33	160	180 Neil Pearsons	V55 8 Buxton AC	46:17
76	700	Ben Caldwell		Levenshulme Runners	40:35	161	2932 Chris Butterworth	Marple Runners	46:21
77	516	Stefan Bramwell	V50 4	Glossopdale Harriers	40:35	162	963 Sam Dawes	Manchester Road Runners	46:27
78	236	Luke Donald		Chorlton Runners	40:35	163	363 Michael Bean	V4519 Didsbury Runners	46:34
79	385	Daniel Scotson		Didsbury Runners	40:37	164	1546 David Hughes	V4031 Salford Metropolitan AC	46:42
80	105	Matt Darnley	V4016	Bramhall Runners	40:41	165	103 Stephen Brundrett	V55 9 Bramhall Runners	47:10
81	1009	Jamie Platt	V4017	Manchester Triathlon Club	40:45	166	811 Gareth Stockdale	V4520 Macclesfield Harriers & AC	47:17
82	2691	Mark Kirkby	V4018	Wilmslow Running Club	40:50	167	249 Justin Hayes	V5510 Chorlton Runners	47:21
83	2239	James Speedie		Wilmslow Running Club	40:55	168	2960 Adam Potts	V5016 Bramhall Runners	47:32
84	520	Steve Crossman	V55 1	Glossopdale Harriers	40:56	169	1238 Simon Jump	V5017 Saddleworth Runners Club	47:42
85	2687	Steve Bareford	V4019	Manchester Harriers & AC	41:05	170	1096 Ian Bowker	V5018 Marple Runners	47:47

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171 2290 Phillip Williams		Winston Runners	47:50	208 2069 John Clarke	V65 8 Vale Royal Ac	51:11
172 1147 Matthew Furniss	U20 7	Marple Runners	47:55	209 2530 Guy Grundy	V4525 Sale Harriers Manchester	51:17
173 876 Liam Spencer		Manchester Frontrunners	47:57	210 1107 Aaron Lamb	Marple Runners	51:25
174 2690 Paul Barber	V65 2	Winston Runners	48:00	211 510 Tobias Walsh	U20 8 E Cheshire H & Tameside AC	51:32
175 2959 Gordon Nicoll	V60 5	Altrincham & District AC	48:03	212 1696 Tim Hargreaves	V65 9 Stockport Harriers & Ac	51:33
176 416 Alan Cleall	V5019	Dragons Running Club (sale)	48:03	213 2919 David Dyer	V5024 Manchester Harriers & AC	51:40
177 902 Neil Ryan	V4032	Manchester Harriers & AC	48:06	214 82 Phil Wilcoxon	V6010 Belle Vue Racers	52:11
178 2281 James Golden	V5511	Winston Runners	48:14	215 1293 Ashley Lindsey	V5025 Sale Harriers Manchester	52:29
179 519 David Chrystie-Lowe	V65 3	Glossopdale Harriers	48:15	216 518 Alan Byrne	V6011 Glossopdale Harriers	52:32
180 1279 Steven Gavin	V5020	Sale Harriers Manchester	48:19	217 1870 Stuart Ellis	V5026 Swinton Running Club	52:36
181 179 Paul Markall	V5512	Buxton AC	48:23	218 1303 Stephen Parry	V6012 Sale Harriers Manchester	52:52
182 870 Thomas Marshall		Manchester Frontrunners	48:24	219 243 Mark Gamblin	V5517 Chorlton Runners	53:13
183 685 Andy Gray	V4521	Knutsford Tri Club	48:28	220 2227 Klaus Dalgaard	V6013 Wilmslow Running Club	53:22
184 425 Paul Maybury	V5021	Dragons Running Club (sale)	48:33	221 2288 Mike Walsh	V5518 Winston Runners	53:33
185 1708 Ian Mulligan	V5513	Stockport Harriers & Ac	48:33	222 1154 Alan Garvey	V6510 Middleton Harriers AC	53:43
186 1714 Steve Shaugnessy	V65 4	Stockport Harriers & Ac	48:35	223 582 David Barnes	V6014 Horwich R M I Harriers	53:43
187 384 Hilmi Paksoy		Didsbury Runners	48:38	224 2824 Jeff Blackford	V5519 Didsbury Runners	53:52
188 2917 Andrew Almond	V5022	Manchester Harriers & AC	48:41	225 1102 Richard Furniss	V5520 Marple Runners	54:16
189 2067 Tony Archer	V65 5	Vale Royal Ac	48:43	226 1018 Ady Tonge	V5521 Manchester Triathlon Club	54:25
190 2590 Tony McDonald	V65 6	Stockport Harriers & Ac	48:47	227 266 Alastair Maclean	V5522 Chorlton Runners	54:36
191 2287 Michael Thompson	V4033	Winston Runners	48:49	228 386 Robert Skilbeck	V5027 Didsbury Runners	54:40
192 903 Chris Stewart	V4522	Manchester Harriers & AC	48:52	229 1627 Robert Maidstone	Start2jog	55:04
193 894 Barry Fenton	V4523	Manchester Harriers & AC	48:53	230 9 Mike Duncombe	V6511 Altrincham & District AC	55:20
194 874 Roberto Raso	V5514	Manchester Frontrunners	49:00	231 1630 Matthew Savory	V4526 Start2jog	55:59
195 1553 Mike Race	V60 6	Salford Metropolitan AC	49:03	232 1865 Paul Black	V6013 Swinton Running Club	56:30
196 17 Graham Harrison	V60 7	Altrincham & District AC	49:05	233 113 Mike Hall	V5523 Bramhall Runners	56:50
197 107 Benjamin Edmonds		Bramhall Runners	49:31	234 430 Dennis Yarwood	V5524 Dragons Running Club (sale)	57:35
198 2877 Antonio Mion	V5515	Running Bear	49:39	235 1113 David Shoesmith	V6512 Marple Runners	58:01
199 2848 Mo Sayed		Chorlton Runners	50:00	236 2387 Matt Hanson	V4527 Manchester Harriers & AC	58:18
200 1081 Nathaniel Stanton		Manchester Ymca Harriers	50:08	237 905 Craig Turner	V5525 Manchester Harriers & AC	58:40
201 2955 Ian Smallwood	V5516	Wilmslow Running Club	50:19	238 2080 Richard Pettitt	V6015 Vale Royal Ac	59:53
202 468 Derek Hughes	V60 8	E Cheshire H & Tameside AC	50:34	239 429 Robert Todd	V6016 Dragons Running Club (sale)	1:00:22
203 2933 Andrew Hodson	V5023	Marple Runners	50:46	240 73 Daniel Moody	V4528 Belle Vue Racers	1:00:47
204 2262 Andy Watts	V70 1	Wilmslow Running Club	50:46	241 2503 Mark Warner	V5526 Marple Runners	1:04:16
205 2958 Matthew Condron	V4524	Swinton Running Club	50:47	242 1867 Glyn Davies	V6513 Swinton Running Club	1:08:19
206 2282 Anthony Harrison	V60 9	Winston Runners	50:57	243 2125 Colin Rathbone	V75 1 Vale Royal Ac	1:08:56
207 74 Patrick O'Brien	V65 7	Belle Vue Racers	51:07	244 2925 Nick Mort	V6017 Vale Royal Ac	1:11:41

### Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Chorlton Runners	60	—	1 Gavin Tomlinson	5 Steven Curley	7 O Macdonald	9 James Savage	15 Matthew Devlin	23 Ben Hobson
2 Sale Harriers Manchester	133	—	2 Nicholas Barry	12 Adetomiwa Oladiti	14 Ken Hunt	31 Tom Gough	34 Phil Richardson	40 M Kidd-Rossiter
3 Vale Royal Ac	254	—	6 Ryan Moore	19 Stuart Doyle	20 Sam Whitehead	27 Mark Crabtree	68 Lee Carrington	114 Ian Simpson
4 E Cheshire H & Tameside AC	307	—	21 Liam Browne	32 Harry Hind	37 Robin Horner	54 Jacob Taylor	73 Daniel Kavanagh	90 Tom McMahon
5 Chorlton Runners 'B'	319	—	28 David Wyeth	29 Jonathan Lancaster	41 Tim Fletcher	58 Patrick Goodrich	76 Luke Donald	87 Craig Bradbury
6 Glossopdale Harriers	349	—	17 Ben Tetler	45 Steve Knowles	59 Nathaniel Hicks	71 Paul Skuse	75 Stefan Bramwell	82 Steve Crossman
7 Didsbury Runners	374	—	33 Sam Caddick	46 Meng Leong	50 Damien McHugh	56 Matthew Gittins	77 Daniel Scotson	112 Dan Levin
8 Sale Harriers Manchester 'B'	388	—	47 Ben Rees	49 Robert Dunn	51 Tim Kennedy	67 Tom Fordyce	85 Peter Shipley	89 D Cordingley-Gaunt
9 Manchester Road Runners	394	—	30 Nicholas Crisp	43 Charles Singlehurst	69 Nicholas Bell	72 Thomas Lewis	84 Thomas Grime	96 D Harrison-Croft
10 Stockport Harriers & Ac	512	—	25 Tim Barry	26 Mark Burton	93 David Hulley	99 Simon Pickard	134 Rob McMurdo	135 Ronan Harkin
11 Manchester Triathlon Club	535	—	42 Aaron Saxton	48 Nikolas Heinloth	79 Jamie Platt	108 Tim Johns	125 Thomas Cassidy	133 Mark Pagram
12 Manchester Ymca Harriers	585	—	52 Mark Condon	62 Philip Tomkinson	88 Joseph Hayes	109 Daniel Bailey	127 Andrew Bowler	147 Samuel Gilmore
13 Salford Metropolitan AC	713	—	53 Ben Farrelly	95 Shane Wolstencroft	115 Paul Connolly	141 Paul Gee	149 Richard Knight	160 David Hughes
14 Chorlton Runners 'C'	753	—	98 Ian Sharpe	121 Andy Adkin	122 Sebastian Bate	123 Robert Heggs	136 Mark Bedford	153 Nicholas Colwill
15 Altrincham & District AC	778	—	10 David Norman	61 Richard Lane	118 Steven Renny	171 Gordon Nicoll	192 Graham Harrison	226 Mike Duncombe
16 Swinton Running Club	802	—	86 Edmund Bishanga	102 Richard Jackson	131 Steven Doxey	138 Daniel Martin	144 Steve Billington	201 Matthew Condron
17 Wilmslow Running Club	814	—	80 Mark Kirkby	81 James Speedie	111 David Baxter	145 Markus Dalgaard	197 Ian Smallwood	200 Andy Watts
18 Marple Runners	828	—	101 Richard Williams	106 Pete Ogley	130 Simon Burrow	157 Chris Butterworth	166 Ian Bowker	168 Matthew Furniss
19 Sale Harriers Manchester 'C'	849	—	105 Elton Davies	117 Chris Downs	120 Oliver Higby	126 Paul Barrett	176 Steven Gavin	205 Guy Grundy
20 Bramhall Runners	860	—	35 Robin Hulme	78 Matt Darnley	161 Stephen Brundrett	164 Adam Potts	193 Benjamin Edmonds	229 Mike Hall
21 Manchester Harriers & AC	957	—	83 Simon Bareford	140 Glen Gandy	173 Neil Ryan	184 Andrew Almond	188 Chris Stewart	189 Barry Fenton
22 Winston Runners	1117	—	167 Phillip Williams	170 Paul Barber	174 James Golden	187 Michael Thompson	202 Anthony Harrison	217 Mike Walsh
23 Vale Royal Ac 'B'	1226	—	124 Colin Price	185 Tony Archer	204 John Clarke	234 Richard Pettitt	239 Colin Rathbone	240 Nick Mort

### Senior Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Chorlton Runners	16	—	1 Gavin Tomlinson	2 Steven Curley	3 James Savage	10 David Wyeth
2 Glossopdale Harriers	72	—	5 Ben Tetler	16 Steve Knowles	25 Paul Skuse	26 Stefan Bramwell
3 Chorlton Runners 'B'	104	—	14 Tim Fletcher	20 Patrick Goodrich	32 Craig Bradbury	38 Ian Sharpe
4 Vale Royal Ac	123	—	7 Stuart Doyle	9 Mark Crabtree	50 Ian Simpson	57 Colin Price
5 Sale Harriers Manchester	137	—	17 Tim Kennedy	24 Tom Fordyce	44 Elton Davies	52 Chris Downs
6 Manchester Triathlon Club	150	—	15 Aaron Saxton	28 Jamie Platt	46 Tim Johns	61 Mark Pagram
7 Altrincham & District AC	164	—	4 David Norman	22 Richard Lane	53 Steven Renny	65 Gordon Nicoll
8 Salford Metropolitan AC	170	—	18 Ben Farrelly	36 Shane Wolstencroft	51 Paul Connolly	65 Paul Gee
9 Stockport Harriers & Ac	175	—	8 Mark Burton	34 David Hulley	39 Simon Pickard	94 Ian Mulligan
10 E Cheshire H & Tameside AC	192	—	12 Robin Horner	33 Tom McMahon	40 James Hartshorne	107 Derek Hughes
11 Glossopdale Harriers 'B'	247	—	30 Steve Crossman	54 Rob Sheldon	74 Ben Robertson	89 David Chrystie-Lowe
12 Buxton AC	252	—	23 Robert White	63 David Soles	75 Neil Pearson	91 Paul Markall
13 Chorlton Runners 'C'	253	—	55 Andy Adkin	56 Robert Heggs	62 Mark Bedford	80 Justin Hayes
14 Marple Runners	277	—	41 Richard Williams	45 Pete Ogley	83 Ian Bowker	108 Andrew Hodson
15 Manchester Harriers & AC	278	—	31 Simon Bareford	64 Glen Gandy	87 Neil Ryan	96 Andrew Almond
16 Swinton Running Club	279	—	42 Richard Jackson	59 Steven Doxey	68 Steve Billington	110 Matthew Condron
17 Wilmslow Running Club	291	—	29 Mark Kirkby	47 David Baxter	106 Ian Smallwood	109 Andy Watts
18 Didsbury Runners	321	—	48 Dan Levin	70 Andrew Knox	76 Michael Bean	127 Jeff Blackford
19 Bramhall Runners	321	—	27 Matt Darnley	78 Stephen Brundrett	81 Adam Potts	135 Mike Hall
20 Dragons Running Club (sale)	352	—	37 Graham Brownhill	86 Alan Cleall	93 Paul Maybury	136 Dennis Yarwood
21 Sale Harriers Manchester 'B'	380	—	58 Paul Barrett	90 Steven Gavin	114 Guy Grundy	118 Ashley Lindsey
22 Winston Runners	382	—	84 Paul Barber	88 James Golden	99 Michael Thompson	111 Anthony Harrison
23 Belle Vue Racers	414	—	43 Andrew Armstrong	112 Patrick O'Brien	117 Phil Wilcoxon	142 Daniel Moody
24 Manchester Harriers & AC 'B'	455	—	100 Chris Stewart	101 Barry Fenton	116 David Dyer	138 Matt Hanson
25 Vale Royal Ac 'B'	495	—	97 Tony Archer	113 John Clarke	140 Richard Pettitt	145 Colin Rathbone

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