

Position	Race no.	Name	Gender	Cat	Club	Gun Time	F Pos	M Pos	Cat Pos	Team Pos
1	460	ROBIN HULME	M	MV35	BRAMHALL RUNNERS	0:20:13		1	1	1
2	435	SOPHIE WOOD	F	FSEN	SALE HARRIERS MANCHESTER	0:20:23	1		1	1
3	576	MARK COLLIER	M	MV45	SALFORD HARRIERS & AC	0:20:26		2	1	1
4	429	PAUL BROOKS	M	MV45	STOCKPORT HARRIERS & AC	0:21:00		3	2	1
5	598	FREYA MURDOCH	F	FJUN	STOCKPORT HARRIERS & AC	0:21:14	2		1	1
6	437	IAIN MURDOCH	M	MV45	STOCKPORT HARRIERS & AC	0:21:17		4	3	2
7	541	MATTHEW MORAN	M	MV40	BRAMHALL RUNNERS	0:21:32		5	1	2
8	609	MARK CONDON	M	MSEN	MANCHESTER YMCA HARRIERS	0:21:39		6	1	1
9	616	PHILIP TOMKINSON	M	MV35	MANCHESTER YMCA HARRIERS	0:21:44		7	2	2
10	601	JOHN WILLIAMS	M	MV40	BRAMHALL RUNNERS	0:21:45		8	2	3
11	528	DAVID KEARNEY	M	MV35		0:21:47		9	3	1
12	488	TIM SHANKER	M	MV55	MANCHESTER YMCA HARRIERS	0:22:01		10	1	3
13	511	JASON FOWLER	M	MV45	BRAMHALL RUNNERS	0:22:10		11	4	4
14	615	VIC WALSH	M	MV40	BELLE VUE RACERS	0:22:17		12	3	1
15	423	PHILIP BURNS	M	MV40	STOCKPORT HARRIERS & AC	0:22:20		13	4	3
16	604	PETER WILLIAMS	M	MSEN	WILMSLOW STRIDERS	0:22:36		14	2	1
17	457	GED MCGRATH	M	MV45	STOCKPORT HARRIERS & AC	0:22:39		15	5	4
18	405	ANDREW BOWLER	M	MV35	MANCHESTER YMCA HARRIERS	0:22:44		16	4	4
19	600	CHRIS KERSHAW	M	MV40	BRAMHALL RUNNERS	0:22:55		17	5	5
20	422	JOHN ROPER	M	MV40		0:22:59		18	6	2
21	597	MATTHEW DESCHOOLMEESTER	M	MV50	BRAMHALL RUNNERS	0:23:01		19	1	6
22	433	MICHAEL MCLAUGHLIN	M	MV40	STYAL RUNNING CLUB	0:23:07		20	7	1
23	543	ZAIN KARIM	M	MV35	BRAMHALL RUNNERS	0:23:16		21	5	7
24	596	ROBERT FAIRBANKS	M	MV45	SALE HARRIERS MANCHESTER	0:23:18		22	6	1
25	621	RICHARD WILLIAMS	M	MV45	MARPLE RUNNERS	0:23:30		23	7	1
26	569	DANIEL BAILEY	M	MV35	MANCHESTER YMCA HARRIERS	0:23:31		24	6	5
27	602	SAM GILMORE	M	MSEN	MANCHESTER YMCA HARRIERS	0:23:38		25	3	6
28	529	JAMES WHITEHEAD	M	MSEN	MANCHESTER YMCA HARRIERS	0:23:41		26	4	7
29	418	STEPHEN BRUNDRETT	M	MV55	BRAMHALL RUNNERS	0:23:47		27	2	8
30	508	SAMANTHA JONES	F	FV40	BRAMHALL RUNNERS	0:23:47	3		1	1
31	578	JOSEPH HAYES	M	MSEN	MANCHESTER YMCA HARRIERS	0:23:48		28	5	8
32	622	CHRIS TRASK	M	MV50	BRAMHALL RUNNERS	0:23:54		29	2	9
33	534	PHIL COTTRILL	M	MSEN		0:24:12		30	6	3
34	436	LOK LI	M	MV50	BRAMHALL RUNNERS	0:24:16		31	3	10
35	590	JOSHUA STUTCHFIELD	M	MJUN	STOCKPORT HARRIERS & AC	0:24:23		32	1	5
36	497	IAN DIXON	M	MV50	BRAMHALL RUNNERS	0:24:39		33	4	11
37	539	PHIL RAMSEY	M	MV45	BRAMHALL RUNNERS	0:24:43		34	8	12
38	516	RICHARD ADAMS	M	MV45	BRAMHALL RUNNERS	0:24:44		35	9	13
39	465	FRANK PODD	M	MV50	BRAMHALL RUNNERS	0:24:46		36	5	14
40	467	STEVEN MILLAR	M	MV45		0:24:48		37	10	4
41	575	LIAM WARD	M	MV35	MANCHESTER YMCA HARRIERS	0:24:51		38	7	9
42	532	GARETH MAHER	M	MV40		0:25:19		39	8	5
43	404	TONY MC DONALD	M	MV65	STOCKPORT HARRIERS & AC	0:25:23		40	1	6
44	594	LEXY DENTON	F	FV40	STYAL RUNNING CLUB	0:25:27	4		2	1
45	510	STEPHEN BROWN	M	MV50	STOCKPORT HARRIERS & AC	0:25:54		41	6	7
46	586	RUSSELL SUTTON	M	MV45	BRAMHALL RUNNERS	0:26:12		42	11	15
47	432	DARREN PEATFIELD	M	MV50	MARPLE RUNNERS	0:26:19		43	7	2
48	501	JAMES GOLDEN	M	MV55	WINSTON RUNNERS	0:26:21		44	3	1
49	500	JOSEPH ROONEY	M	MSEN		0:26:26		45	7	6
50	509	SARAH BROWN	F	FV50	STOCKPORT HARRIERS & AC	0:26:27	5		1	2
51	620	ZACH MCGRATH	M	MJUN		0:26:30		46	2	7
52	425	BEN WATSON	M	MV40	MANCHESTER YMCA HARRIERS	0:26:36		47	9	10
53	489	CHRIS ROBINSON	M	MV40	BRAMHALL RUNNERS	0:26:41		48	10	16
54	456	PHEOBE WILLIS	F	FV35	STOCKPORT HARRIERS & AC	0:26:45	6		1	3
55	606	ABI KNIGHT	F	FV35	BRAMHALL RUNNERS	0:26:50	7		2	2
56	412	STEVE SHAUGHNESSY	M	MV65	STOCKPORT HARRIERS & AC	0:26:56		49	2	8
57	431	ROB STUTCHFIELD	M	MV45	MARPLE RUNNERS	0:26:58		50	12	3
58	427	GARY YATES	M	MV55		0:27:05		51	4	8
59	461	JON LAWRENCE	M	MV50	BRAMHALL RUNNERS	0:27:07		52	8	17
60	538	RICHARD HALL	M	MV55	BRAMHALL RUNNERS	0:27:12		53	5	18
61	328	PETER BAXTER	M	MV50		0:27:15		54	9	9
62	526	GORDON SHARP	M	MV65	LYME RUNNERS	0:27:18		55	3	1
63	571	LIZZIE GIBSON	F	FSEN	BRAMHALL RUNNERS	0:27:23	8		2	3
64	567	PAUL BECKETT	M	MV55		0:27:24		56	6	10
65	612	GORDON WILSON	M	MV55	STOCKPORT TRI CLUB	0:27:24		57	7	1
66	593	SARAH COOK	F	FV40		0:27:25	9		3	1
67	525	HELENA TINKER	F	FV45		0:27:30	10		1	2
68	463	LAURA MURPHY	F	FV40	BRAMHALL RUNNERS	0:27:31	11		4	4
69	411	ROBERT KIRKBRIDE	M	MV50	STYAL RUNNING CLUB	0:27:37		58	10	2
70	407	NICK HEATON	M	MV50		0:27:40		59	11	11
71	573	WILL ROONEY	M	MSEN		0:27:42		60	8	12
72	438	KERRIE WOOD-DOYLE	F	FV55	STOCKPORT HARRIERS & AC	0:27:45	12		1	4
73	610	ANDY FOWLER	M	MV55	STOCKPORT HARRIERS & AC	0:27:46		61	8	9
74	458	ALAN BEAUMONT	M	MSEN	MANCHESTER YMCA HARRIERS	0:27:49		62	9	11
75	595	JAMES FAIRCLOUGH	M	MSEN	BRAMHALL RUNNERS	0:27:57		63	10	19
76	441	MIKE PEASE	M	MV45	BRAMHALL RUNNERS	0:28:00		64	13	20
77	428	STEVE MCGOVERN	M	MV45	BRAMHALL RUNNERS	0:28:04		65	14	21
78	496	PAUL MCDAID	M	MV50		0:28:08		66	12	13
79	325	STEVE FAIRCLOUGH	M	MV55	BRAMHALL RUNNERS	0:28:12		67	9	22

80	522	ALASTAIR FIELDING	M	MV40		0:28:14	68	11	14	
81	413	JOHN BAILEY	M	MV40	MARPLE RUNNERS	0:28:17	69	12	4	
82	619	VICKY SMITH	F	FV40		0:28:24	13	5	3	
83	409	PAUL ROONEY	M	MV55		0:28:27		70	10	15
84	574	SARA HARRIS	F	FV50	STYAL RUNNING CLUB	0:28:31	14	2	2	
85	542	JEREMY WOODHAM	M	MV50	MARPLE RUNNERS	0:28:34		71	13	5
86	487	FAEZ KAISER	M	MV50	BRAMHALL RUNNERS	0:28:35		72	14	23
87	490	STEVE AUGHTON	M	MV50	BRAMHALL RUNNERS	0:28:41		73	15	24
88	545	MIKE HALL	M	MV60	BRAMHALL RUNNERS	0:28:46		74	1	25
89	535	ANDREW HUGHES	M	MV55	BRAMHALL RUNNERS	0:28:51		75	11	26
90	450	JAMES FELTHAM	M	MSEN	BRAMHALL RUNNERS	0:28:53		76	11	27
91	421	GILLIAN HOLLAND-JONES	F	FV60	STYAL RUNNING CLUB	0:29:11	15	1	3	
92	568	MARTIN WOOD	M	MV45	BRAMHALL RUNNERS	0:29:24		77	15	28
93	444	COLIN OWEN	M	MV55	GATLEY RUNNERS	0:29:25		78	12	1
94	515	ELISE EVANS	F	FV50	MARPLE RUNNERS	0:29:29	16	3	1	
95	527	KIM ROGERS	F	FSEN	BRAMHALL RUNNERS	0:29:45	17	3	5	
96	498	PAUL PLUMMER	M	MV50	STOCKPORT TRI CLUB	0:29:47		79	16	2
97	589	ANDREA BUCKINGHAM	F	FV55	BRAMHALL RUNNERS	0:29:48	18	2	6	
98	454	SALLY WOOD	F	FV35	MANCHESTER YMCA HARRIERS	0:29:54	19	3	1	
99	414	GRACE HOLLOWAY-NEVILLE	F	FSEN	MANCHESTER YMCA HARRIERS	0:29:56	20	4	2	
100	402	JO EVANS	F	FV35	BRAMHALL RUNNERS	0:30:00	21	4	7	
101	572	HEATHER ROONEY	F	FV50	LYME RUNNERS	0:30:00	22	4	1	
102	530	AMANDA JACKSON	F	FV50	WILMSLOW STRIDERS	0:30:02	23	5	1	
103	449	PAUL COWELL	M	MV55	BRAMHALL RUNNERS	0:30:11		80	13	29
104	623	CONOR TRASK	M	MSEN		0:30:13		81	12	16
105	430	SARAH STUTCHFIELD	F	FV45	MARPLE RUNNERS	0:30:15	24	2	2	
106	470	TOM CHADWICK	M	MV35	BRAMHALL RUNNERS	0:30:35		82	8	30
107	468	ROBERT OERTON	M	MV55	BRAMHALL RUNNERS	0:30:42		83	14	31
108	499	KATIE BAKER	F	FV35	MANCHESTER YMCA HARRIERS	0:30:57	25	5	3	
109	502	SAMANTHA CATARELLI	F	FSEN	STYAL RUNNING CLUB	0:30:57	26	5	4	
110	485	PAUL ADKINS	M	MV70	STOCKPORT TRI CLUB	0:31:11		84	1	3
111	462	NICOLA COMBS	F	FV35	BRAMHALL RUNNERS	0:31:16	27	6	8	
112	406	AMANDA COLLINGE	F	FV45		0:31:17	28	3	4	
113	613	MIKE UTTING	M	MV50	BRAMHALL RUNNERS	0:31:18		85	17	32
114	417	ALEX LINDSAY	F	FSEN		0:31:21	29	6	5	
115	420	STEVEN WOODWARD	M	MV45	MARPLE RUNNERS	0:31:31		86	16	6
116	533	SIMON RUSHTON	M	MV55	MARPLE RUNNERS	0:31:34		87	15	7
117	504	KIERAN DEVLIN	M	MV55	BRAMHALL RUNNERS	0:31:50		88	16	33
118	607	JASON CLIFT-JONES	M	MV35	LONELY GOAT RC	0:31:57		89	9	1
119	506	ALISON BUCKLEY	F	FV45		0:31:59	30	4	6	
120	495	HELEN TODD	F	FV65	STOCKPORT HARRIERS & AC	0:32:08	31	1	5	
121	592	ANN RICHARDSON	F	FV35	MARPLE RUNNERS	0:32:12	32	7	3	
122	505	SARAH HARDY	F	FSEN	MARPLE RUNNERS	0:32:31	33	7	4	
123	520	HANNAH TOMLINSON	F	FV35	MARPLE RUNNERS	0:32:35	34	8	5	
124	503	NICK ROBERTS	M	MV55	STOCKPORT TRI CLUB	0:32:42		90	17	4
125	513	DENNIS YARWOOD	M	MV55	SPECTRUM STRIDERS	0:32:49		91	18	1
126	469	NADHIM BAYATTI	M	MV45	BRAMHALL RUNNERS	0:32:51		92	17	34
127	608	STEPHANIE GOODCHILD	F	FV55	MANCHESTER YMCA HARRIERS	0:32:57	35	3	4	
128	531	ROBERT TODD	M	MV60	DRAGONS RUNNING CLUB (SALE)	0:33:06		93	2	1
129	442	KAREN MOLLOY	F	FV50	MARPLE RUNNERS	0:33:10	36	6	6	
130	618	JOHN WILLIAMS	M	MV45	BRAMHALL RUNNERS	0:33:40		94	18	35
131	453	LYNSEY CHARLES	F	FV45		0:33:41	37	5	7	
132	452	SHEILA PAICE	F	FV60		0:33:50	38	2	8	
133	544	MARK GODDEN	M	MV65	MACCLESFIELD HARRIERS & AC	0:33:50		95	4	1
134	424	ROGER NELSON	M	MV65	BRAMHALL RUNNERS	0:33:57		96	5	36
135	617	HELEN WILLIAMS	F	FV45	BRAMHALL RUNNERS	0:34:04	39	6	9	
136	582	KIM CHAMBERS	F	FSEN	MILE SHY CLUB	0:34:36	40	8	1	
137	577	MIKE O'BRIEN	M	MV65	MANCHESTER YMCA HARRIERS	0:34:40		97	6	12
138	415	CHLOE QUINN	F	FSEN	MANCHESTER YMCA HARRIERS	0:34:52	41	9	5	
139	599	PHILIP BROADBENT	M	MV50		0:35:35		98	18	17
140	583	ADAM SEXTON	M	MSEN	MILE SHY CLUB	0:35:36		99	13	1
141	327	ALLISON KIRKBRIDE	F	FV50	STYAL RUNNING CLUB	0:35:38	42	7	5	
142	416	LYDIA EAMES	F	FSEN		0:35:41	43	10	9	
143	585	EMMA CARTER	F	FV40		0:35:42	44	6	10	
144	584	CLAIRE NORTHCOTE	F	FV60	ORPINGTON ROAD RUNNERS	0:35:44	45	3	1	
145	537	DENISE GREGORY	F	FV55	BRAMHALL RUNNERS	0:36:02	46	4	10	
146	439	REBECCA SCANLON	F	FV45		0:36:03	47	7	11	
147	492	KAI DOVESTON	M	MJUN		0:36:36		100	3	18
148	588	BOB JONES	M	MV60	MARPLE RUNNERS	0:36:49		101	3	8
149	440	BARRY CHAMBERS	M	MV70		0:36:54		102	2	19
150	624	LOUISE GODDEN	F	FV60		0:36:56	48	4	12	
151	403	ALEXIS DINSMOR	F	FV70	STOCKPORT HARRIERS & AC	0:37:00	49	1	6	
152	446	COLIN HUNTER	M	MV35	FORDY RUNS RUNNING CLUB	0:37:27		103	10	1
153	459	ANN-MARIE FAIRCLOUGH	F	FV55	MARPLE RUNNERS	0:37:45	50	5	7	
154	614	MARIA RUSHTON	F	FV55	MARPLE RUNNERS	0:37:46	51	6	8	
155	605	EMMA CLARE	F	FV45		0:37:51	52	8	13	
156	443	WENDY WINN	F	FV45		0:37:52	53	9	14	
157	523	ANDY TURNER	M	MV50	BRAMHALL RUNNERS	0:38:18		104	19	37
158	512	IAN YARWOOD	M	MV55	MILE SHY CLUB	0:38:30		105	19	2
159	408	CLAIRE COULBY	F	FV50	BRAMHALL RUNNERS	0:38:50	54	8	11	

160	587	AIDAN MCGRATH	M	MV40	BELLE VUE RACERS	0:38:55		106	13	2
161	448	FIONA COWELL	F	FV55	BRAMHALL RUNNERS	0:39:06	55		7	12
162	326	DEBBIE WOODCOCK	F	FV55	BRAMHALL RUNNERS	0:39:18	56		8	13
163	591	KATHRYN COOPER	F	FV35	MARPLE RUNNERS	0:39:42	57		9	9
164	434	CATHRYN MELIA	F	FV50	MARPLE RUNNERS	0:39:47	58		9	10
165	519	EVA MCCARTHY	F	FJUN		0:39:59	59		2	15
166	410	EMMA ROBERTS	F	FV55	BRAMHALL RUNNERS	0:40:03	60		9	14
167	518	REBECCA MCCARTHY	F	FV40		0:40:07	61		7	16
168	124	ANNA LINDSAY PURVIS	F	FV40	BRAMHALL RUNNERS	0:40:08	62		8	15
169	524	EMMA TURNER	F	FV50	BRAMHALL RUNNERS	0:40:19	63		10	16
170	401	PAULINE WHITE	F	FV60	BRAMHALL RUNNERS	0:40:32	64		5	17
171	464	BROOKE HIRST	F	FSEN	BRAMHALL RUNNERS	0:40:38	65		11	18
172	536	WENDY YUILLE	F	FV45	DAVENPORT RUNNERS	0:40:46	66		10	1
173	466	HAYLEY HALL	F	FV55	BRAMHALL RUNNERS	0:41:16	67		10	19
174	455	ANGIE WILSON	F	FV50	DAVENPORT RUNNERS	0:41:27	68		11	2
175	494	NAOMI DOVESTON	F	FV50		0:41:35	69		12	17
176	579	HELENA JONES	F	FV55	STYAL RUNNING CLUB	0:41:48	70		11	6
177	580	OLIVER JONES	M	MJUN		0:41:48		107	4	20
178	581	CAMERON JONES	M	MSEN		0:41:49		108	14	21
179	447	DIANE CHADWICK	F	FV50	BRAMHALL RUNNERS	0:41:57	71		13	20
180	517	MELANIE LI	F	FV50	BRAMHALL RUNNERS	0:42:49	72		14	21
181	493	MINA DOVESTON	F	FJUN		0:43:29	73		3	18
182	451	RACHEL FELTHAM	F	FSEN	BRAMHALL RUNNERS	0:43:50	74		12	22
183	486	JULIE FAIRCLOUGH	F	FV55	BRAMHALL RUNNERS	0:44:10	75		12	23
184	570	SANDRA ROBINSON	F	FV45	MANCHESTER YMCA HARRIERS	0:44:16	76		11	6
185	521	LAURA MILLINGTON	F	FV65	BRAMHALL RUNNERS	0:44:19	77		2	24
186	507	CELIA REED	F	FV65	STYAL RUNNING CLUB	0:44:20	78		3	7
187	566	LYNDA MOEHLE	F	FV65	BRAMHALL RUNNERS	0:44:44	79		4	25
188	514	LINDA AMOS	F	FV60	MARPLE RUNNERS	0:44:57	80		6	11
189	540	JO TRASK	F	FV50	BRAMHALL RUNNERS	0:45:26	81		15	26
190	491	JONATHAN DOVESTON	M	MV45		0:45:31		109	19	22
191	603	MIKE HALL	M	MV60	BRAMHALL RUNNERS	0:47:01		110	4	38
192	445	CHARLA TORKINGTON	F	FV45	BRAMHALL RUNNERS	0:49:23	82		12	27
193	419	DIANA POWELL	F	FV65	BRAMHALL RUNNERS	0:52:23	83		5	28
194	426	EDWARD COOKE	M	MV75	BRAMHALL RUNNERS	0:52:36		111	1	39
195	611	DEBBIE BOARDMAN	F	FV50	STOCKPORT HARRIERS & AC	0:53:36	84		16	7