

Senior Men - 100m
CBP = 10.6

T11
Grame Welsh
Border Harriers
1998

Posn. No.	Forename	Surname	Club	Time
1	148	James	BELL Carlisle A	12.0
2	146	David	BARLOW Kendal AAC	13.8
3	157	Ben	MITCHINSON Northern Masters At	14.3

Senior Women - 100m
CBP = 11.8

A. Thompson
T09-B
Sale Harriers
1993

Posn. No.	Forename	Surname	Club	Time
1	168	Lisa	BARLOW Kendal AAC	13.0

Senior Men - 200m
CBP = 21.6

T37
G. Patterson
ESH
1987

Posn. No.	Forename	Surname	Club	Time
1	148	James	BELL Carlisle A	24.1
2	152	Lucas	FARREN Barrow & FS	25.2
3	157	Ben	MITCHINSON Northern Masters At	29.8

Senior Women - 200m
CBP = 24.3

A. Thompson
T35-C
Sale Harriers
1993

Posn. No.	Forename	Surname	Club	Time
1	167	Jemma	ATKINSON Seaton AC	30.1

Senior Men - 400m
CBP = 48.8

T44
S. King
Kendal AAC
1998

Posn. No.	Forename	Surname	Club	Time
1	158	Dylan	OWENS Seaton AC	55.3

Senior Women - 400m
CBP = 55.7

K. Davies
T42-B
Kendal AAC
1979

Posn. No.	Forename	Surname	Club	Time
1	168	Lisa	BARLOW Kendal AAC	60.7
2	167	Jemma	ATKINSON Seaton AC	65.7

Senior Men - 800m
CBP = 1.52.9

T25
Christopher McGeor
CASA
1983

Posn. No.	Forename	Surname	Club	Time
1	165	Luke	TURNER Glaxo Hoad Hill Har	2.04.0
2	155	Tom	HUMPHRIES Border H	2.04.2
3	147	Greg	BARNARD-MACKER Barrow & FS	2.05.7
4	144	Billy	ASHTON Barrow & FS	2.37.0
5	156	Stuart	MCGURK Kendal AAC	2.58.6
6	160	David	PRIESTLEY Northern Masters At	3.00.1
7	157	Ben	MITCHINSON Northern Masters At	3.12.3

Senior Women - 800m
CBP = 2.08.6

N. Tait
T20-C
W S & Eton
1996

Posn. No.	Forename	Surname	Club	Time
1	167	Jemma	ATKINSON Seaton AC	2.26.0

Senior Men - 1500m
CBP = 3.58.6

T41-B
Sam Nicholson
Seaton AC
2015

Posn. No.	Forename	Surname	Club	Time
1	149	Scott	BREMNER Glaxo Hoad Hill Har	5.06.1
2	156	Stuart	MCGURK Kendal AAC	6.05.7

Senior Women - 1500m
CBP = 4.36.3

S. Sharpe
T40-C
Carlisle Aspatria
1992

Posn. No.	Forename	Surname	Club	Time
1	173	Fiona	TODD Border H	5.35.9
2	174	Heather	TRAVIS Glaxo Hoad Hill Har	5.51.5

Senior Men - 5000m
CBP = 14.15.8

T12-A
A. Taylor
Kendal AAC
1985

Posn. No.	Forename	Surname	Club	Time
1	155	Tom	HUMPHRIES Border H	15.11.7
2	151	James	DOUGLAS Border H	15.17.6
3	162	Alasdair	RUSSELL Kendal AAC	15.29.1
4	159	Nathan	POSTILL Border H	15.29.4
5	166	Matthew	WALL Leven Valley	16.33.0
6	164	Ashley	TODD Border H	17.09.2
7	150	Clem	COADY Border H	17.34.3
8	145	James	BAILEY Leven Valley	19.27.3

Senior Women - 5000m
T12-B
Final

Posn. No.	Forename	Surname	Club	Time
1	173	Fiona	TODD Border H	19.18.0

Senior Men - 400m Hurdles

T01 Final
 CBP = 56.4 D. Rowbotham Copeland AC 1987

Posn. No.	Forename	Surname	Club	Time	
1	158	Dylan	OWENS	Seaton AC	65.7

Senior Men - Long Jump

F05-C Final
 CBP = 6.75 B. Moore Derwent 1987

Posn. No.	Forename	Surname	Club	Distance	
1	149	Scott	BREMNER	Glaxo Hoad Hill Hari	4.47

Senior Women - Long Jump

F12-D Final
 CBP = 5.74 Megan Bushby Carlisle Aspatria 2019

Posn. No.	Forename	Surname	Club	Distance	
1	170	Millie	CHADWICK	Barrow & FS	4.10

Senior Women - Triple Jump

F06-C Final
 CBP = 11.44 Rebecca Keen Sale Harriers 2019

Posn. No.	Forename	Surname	Club	Distance	
1	172	Rebecca	KEEN	Barrow & FS	11.73

Senior Men - Javelin

F17-B Final
 800g CBP = 75.12 Lee Doran Enfield H 2010

Posn. No.	Forename	Surname	Club	Distance	
1	139	Aaron	HOLLIDAY	Carlisle A	21.52

Senior Women - Javelin

F08-B Final
 600g CBP = 47.96 Caroline White Border Harriers 1987

Posn. No.	Forename	Surname	Club	Distance	
1	171	Siona	HARTLEY	Barrow & FS	29.66
2	170	Millie	CHADWICK	Barrow & FS	25.14
3	169	Jemma	BATE	Trafford AC	24.20

Senior Men - Discus

F13-D Final
 2.00kg CBP = 51.4 Alessandro Morgant Border Harriers 2009

Posn. No.	Forename	Surname	Club	Height	
1	161	Mark	QUIGLEY (V45)	Seaton AC	40.22 V45

Senior Women - Discus

F16-D Final
 1.00kg CBP = 39.18 D. Backhouse Park VS 1999

Posn. No.	Forename	Surname	Club	Distance	
1	169	Jemma	BATE	Trafford AC	39.08

Senior Men - Shot Putt

V50 Final
 6.00kg CBP = 14.65 S. Matthews Kendal AAC 1994

Posn. No.	Forename	Surname	Club	Distance	
1	154	Paul	HOLLIDAY (V50)	Carlisle A	7.60 V50

Senior Women - Shot Putt

F14-D Final
 4.00kg CBP = 12.93 J. Thompson Sale Harriers 1989

Posn. No.	Forename	Surname	Club	Distance	
1	169	Jemma	BATE	Trafford AC	9.39
2	170	Millie	CHADWICK	Barrow & FS	8.08
3	171	Siona	HARTLEY	Barrow & FS	7.58

Senior Women - Hammer

F01-C Final
 4.00kg CBP = 56.34 Tara Simpson-Sulliv Wigan Harriers 2018

Posn. No.	Forename	Surname	Club	Distance	
1	169	Jemma	BATE	Trafford AC	39.18

U20 Women - 400m

T42-A Final
 CBP = 60.1 Rebecca Martindale Border Harriers 1999

Posn. No.	Forename	Surname	Club	Time	
1	141	Ebony	BLACKWELL	Border H	62.3
2	143	Ishana	MOHAN	Barrow & FS	68.4

U20 Women - 800m

T20-B Final
 CBP = 2.20.9 Philippa McCrea Gateshead H 1997

Posn. No.	Forename	Surname	Club	Time	
1	141	Ebony	BLACKWELL	Border H	2.23.1

U20 Women - Long Jump

CBP = 5.71

R. Hogg

F12-C

Trafford AC

Final

1999

Posn. No. Forename

Surname

Club

Distance

1 143

Ishana

MOHAN

Barrow & FS

4.44

U20 Men - Discus

1.75kg CBP = 49.88

M. Quigley

F13-C

Copeland AC

Final

1993

Posn. No. Forename

Surname

Club

Distance

1 139

Aaron

HOLLIDAY

Carlisle A

18.62

U20 Men - Shot Putt

6.00kg CBP = 15.16

S. Matthews

F03-B

Kendal AAC

Final

1990

Posn. No. Forename

Surname

Club

Distance

1 139

Aaron

HOLLIDAY

Carlisle A

10.11

U20 Men - Hammer

6.00kg CBP = 65.06

Nick Miller

F09-B

Border Harriers

Final

2011

Posn. No. Forename

Surname

Club

Distance

1 139

Aaron

HOLLIDAY

Carlisle A

45.50

U17 Men - 100m

CBP = 11

Benjamin Lyall-Smit

T10

Seaton AC

Final

2015

U17 Women - 100m

CBP = 12.1

K. Donnan

T09-A

Seaton AC

Final

1993

Posn. No. Forename

Surname

Club

Time

1 101

Kristian

CLAYTON

Seaton AC

11.6

2 108

Samuel

MRENGO

Seaton AC

11.6

3 103

Jonty

HANSFORD

Carlisle A

12.3

4 111

Emilio

PERESTRELO

Seaton AC

12.9

Posn. No. Forename

Surname

Club

Time

1 134

Gretta

MORTON

Leven Valley

13.1

2 125

Lucy

BELL

Carlisle A

13.6

3 120

Zara

ARMSTRONG

Copeland AC

13.9

U17 Men - 200m

CBP = 22.0

Benjamin Lyall-Smit

T36

Seaton AC

Final

2015

U17 Women - 200m

CBP = 25.5

D. Carrick

T35-A

Cumb

Final

1984

Posn. No. Forename

Surname

Club

Time

1 106

Archie

IRVING

Carlisle A

23.4

2 108

Samuel

MRENGO

Seaton AC

23.4

3 101

Kristian

CLAYTON

Seaton AC

23.9

Posn. No. Forename

Surname

Club

Time

1 131

Kira

JONES

Kendal AAC

25.7

2 134

Gretta

MORTON

Leven Valley

27.6

3 126

Eleanor

BRENCH

Kendal AAC

28.4

U17 Men - 400m

CBP = 50.4

G. Pattinson

T43

Cumb

Final

1984

U17 Women - 300m

CBP = 41.2

Abbie Hetherington

T31

Carlisle Aspatria

Final

2012

Posn. No. Forename

Surname

Club

Time

1 117

Joshua

TODD

Kendal AAC

54.2

2 106

Archie

IRVING

Carlisle A

54.6

3 116

Alfie

TODD

Kendal AAC

55.5

4 102

Joshua

DORAN

Seaton AC

59.5

5 114

Jamie

SCOTT

Kendal AAC

60.4

Posn. No. Forename

Surname

Club

Time

1 137

Anna

THOMPSON

Border H

46.5

2 132

Emilia

MACKMAN

Border H

47.4

3 136

Annabel

STARKIE

Copeland AC

48.1

U17 Men - 800m

CBP = 1.58.1

Alexander Birkett

T22

Kendal AAC

Final

2015

U17 Women - 800m

CBP = 2.10.0

Abbie Hetherington

T20-A

Carlisle Aspatria

Final

2012

Posn. No. Forename

Surname

Club

Time

1 109

Ben

NUTTER

Border H

2.01.8

2 117

Joshua

TODD

Kendal AAC

2.10.8

3 116

Alfie

TODD

Kendal AAC

2.16.6

4 99

Evan

BEACH

Barrow & FS

2.18.6

Posn. No. Forename

Surname

Club

Time

1 136

Annabel

STARKIE

Copeland AC

2.25.3

2 137

Anna

THOMPSON

Border H

2.28.0

3 127

Ellen

DOUGLAS

Leven Valley

2.42.3

U17 Men - 1500m

CBP = 4.07.4

James Bowness T41-A
Trafford Final
2008

Posn. No.	Forename	Surname	Club	Time
1	107	Alfie	LAMB Border H	4.13.3
2	115	George	TIFFIN-LOWE Border H	4.19.3
3	98	Alfie	ADDISON Kendal AAC	4.20.6
4	110	Oliver	OLDHAM Leven Valley	4.44.5

U17 Women - 1500m

CBP = 4.31.4

Abbie Hetherington T40-A
Carlisle Aspatria Final
2011

Posn. No.	Forename	Surname	Club	Time
1	129	Rose	GILLDALEY Eden R	4.56.5
2	121	Marina	BAILEY Leven Valley	5.05.8
3	123	Erin	BARRY Keswick AC	5.16.9
4	138	Vicky	WOOF Kendal AAC	5.33.3
5	135	Honor	MORTON Leven Valley	5.35.2
6	122	Iona	BARROWDALE-SM Leven Valley	5.42.1

U17 Men - 3000m

CBP = 9.01.2

Martin Amor T18-C
Copeland AC Final
1985

Posn. No.	Forename	Surname	Club	Time
1	105	Max	HAZLEHURST Leven Valley	10.08.0
2	118	John	WILLIAMSON Leven Valley	10.40.5

U17 Women - 3000m

CBP = 11.12.7

R. Youdale T18-B
Copeland AC Final
1986

Posn. No.	Forename	Surname	Club	Time
1	124	Georgia	BELL Leven Valley	10.08.5
2	94	Ruth	WALKER Cockermouth Schoo	12.28.5

U17 Women - 80m Hurdles

CBP = 12.2

Anabelle Taylor T21-B
Carlisle Aspatria Final
2019

Posn. No.	Forename	Surname	Club	Time
1	131	Kira	JONES Kendal AAC	11.5
2	125	Lucy	BELL Carlisle A	DNF

U17 Women - 300m Hurdles

CBP = 44.5

Steph Driscoll T02
Liverpool Harriers Final
2018

Posn. No.	Forename	Surname	Club	Time
1	130	Rose	HARTLEY Barrow & FS	55.9

U17 Men - Long Jump

CBP = 6.43

Craig Holiday F05-B
Border Harriers Final
1998

Posn. No.	Forename	Surname	Club	Distance
1	108	Samuel	MRENGO Seaton AC	5.10
2	103	Jonty	HANSFORD Carlisle A	4.36
3	111	Emilio	PERESTRELO Seaton AC	4.10

U17 Women - Long Jump

CBP = 5.38

Maria Morganello F12-B
Border Harriers Final
1996

Posn. No.	Forename	Surname	Club	Distance
1	131	Kira	JONES Kendal AAC	5.50
2	126	Eleanor	BRENCH Kendal AAC	4.26
3	132	Emilia	MACKMAN Border H	3.93

U17 Men - High Jump

CBP = 1.95

N. Edwards F18-B
Park Vale Final
1988

Posn. No.	Forename	Surname	Club	Height
1	103	Jonty	HANSFORD Carlisle A	1.35

U17 Women - High Jump

CBP = 1.68

Sandra Braithwaite F04-C
Border Harriers Final
1984

Posn. No.	Forename	Surname	Club	Height
1	138	Vicky	WOOF Kendal AAC	1.45
2	137	Anna	THOMPSON Border H	1.35
3	135	Honor	MORTON Leven Valley	1.25

U17 Men - Triple Jump

CBP = 13.17

Elliott Baines F06-A
Seaton AC Final
2012

Posn. No.	Forename	Surname	Club	Distance
1	106	Archie	IRVING Carlisle A	11.09

U17 Women - Triple Jump

CBP = 10.93

Stephanie Higham F06-B
Border Harriers Final
2000

Posn. No.	Forename	Surname	Club	Distance
1	125	Lucy	BELL Carlisle A	9.12

U17 Men - Javelin

700g CBP = 64.07

Lee Doran

F17-A

Final

Carlisle Aspatria

2001

Posn. No.	Forename	Surname	Club	Distance	
1	100	Dale	CLARK	Border H	48.14
2	104	Callum	HARROGATE	Border H	42.41
3	111	Emilio	PERESTRELO	Seaton AC	23.44

U17 Women - Javelin

500g CBP = 38.31

Emily Dibble

F08-A

Final

Carlisle Aspatria

2015

Posn. No.	Forename	Surname	Club	Distance	
1	120	Zara	ARMSTRONG	Copeland AC	28.40
2	130	Rose	HARTLEY	Barrow & FS	18.41

U17 Men - Discus

1.50kg CBP = 41.44

Danny Gracie

F13-B

Final

ADAC

2019

Posn. No.	Forename	Surname	Club	Distance	
1	112	Ashton	QUIGLEY	Seaton AC	31.91
2	102	Joshua	DORAN	Seaton AC	29.56

U17 Women - Discus

1.00kg CBP = 36.58

S. Coxon

F16-C

Final

J Ruskin S

1985

Posn. No.	Forename	Surname	Club	Distance	
1	133	Jessica	MITCHINSON	Carlisle A	19.37
2	138	Vicky	WOOF	Kendal AAC	17.26

U17 Men - Shot Putt

5.00kg CBP = 13.8

S. Matthews

F03-A

Final

Kendal AAC

1987

Posn. No.	Forename	Surname	Club	Distance	
1	100	Dale	CLARK	Border H	10.54
2	102	Joshua	DORAN	Seaton AC	9.77
3	113	Joshua	REIBBITT	Carlisle A	9.68
4	101	Kristian	CLAYTON	Seaton AC	9.67
5	112	Ashton	QUIGLEY	Seaton AC	9.47

U17 Women - Shot Putt

3.00kg CBP = 12.5

Tara Simpson-Sulliv

F14-C

Final

Carlisle Aspatria

2016

Posn. No.	Forename	Surname	Club	Distance	
1	133	Jessica	MITCHINSON	Carlisle A	8.90
2	120	Zara	ARMSTRONG	Copeland AC	8.88

U17 Men - Hammer

5.00kg CBP = 59.81

Nick Miller

F09-A

Final

Border Harriers

2009

Posn. No.	Forename	Surname	Club	Distance	
1	113	Joshua	REIBBITT	Carlisle A	48.57
2	100	Dale	CLARK	Border H	32.13

U17 Women - Hammer

3.00kg CBP = 57.19

Tara Simpson-Sulliv

F01-B

Final

Wigan H

2017

Posn. No.	Forename	Surname	Club	Distance	
1	133	Jessica	MITCHINSON	Carlisle A	34.44
2	128	Abigail	FOSTER	Border H	27.97

U15 Boys - 100m

CBP = 11.7

R. O'Keefe

T08

Final

Barrow & Furness

1993

Posn. No.	Forename	Surname	Club	Time	
1	57	Lorton	CURNOW	Seaton AC	11.9
2	62	William	LADELL	Kendal AAC	12.2
3	63	Alexander	MASLOUKHI	Seaton AC	13.6
4	61	Demitri	KYRIACOU	Leven Valley	14.6

U15 Girls - 100m

CBP = 12.4

K. Routledge

T07-H1

Final

Seaton AC

1998

Posn. No.	Forename	Surname	Club	Time	
1	95	Grace	WHITFIELD	Seaton AC	13.2
2	69	Martha	ALLINGTON	Millom Striders	13.3
3	73	Ella	CHAMBERS	Seaton AC	13.4
4	89	Martha	SHERIFFE	Border H	13.8
5	93	Lyla	TWOMEY	Border H	14.1
6	88	Rosie	SCOTT	Kendal AAC	14.2
7	86	Annie	PRITT	Millom Striders	14.3
8	79	Holly	IVISON	Border H	15.1

U15 Boys - 200m

CBP = 23.7

James Spencer

T34

Final

Border Harriers

2003

Posn. No.	Forename	Surname	Club	Time	
1	60	Benjamin	HOLMES	Carlisle A	30.5

U15 Girls - 200m

CBP = 26.0

A. Thompson

T33-H1

Final

Kendal AAC

1988

Posn. No.	Forename	Surname	Club	Time	
1	69	Martha	ALLINGTON	Millom Striders	27.7
2	89	Martha	SHERIFFE	Border H	29.6
3	83	Macy	MCKELVEY	Copeland AC	29.8
4	86	Annie	PRITT	Millom Striders	30.0
5	81	Kenzie	JEFFERSON	Barrow & FS	32.5

U15 Boys - 300m					U15 Girls - 300m							
CBP = 38.7					CBP = 46.9							
Finlay Starkie					Bo Madden							
Copeland AC					Sedbergh S RC							
T30 Final					T29 Final							
2019					2019							
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time			
1	61	Demitri	KYRIACOU	Leven Valley	48.0	1	84	Mahiya	MOHAN	Barrow & FS	43.2	CBP
2	60	Benjamin	HOLMES	Carlisle A	50.1	2	91	Lily	STEPHENSON	Border H	47.2	
						3	74	Anna	COBLEY	Kendal AAC	47.7	
						4	85	Isla	PEARMAN	Kendal AAC	49.9	
						5	90	Lily	SLATER	Kendal AAC	51.8	
U15 Boys - 800m					U15 Girls - 800m							
CBP = 2.03.6					CBP = 2.16.4							
S. Robinson					Olivia Mason							
Carlisle Aspatria					Border Harriers							
T26 Final					T23 Final							
1992					2015							
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time			
1	66	Harvey	SHAW	Kendal AAC	2.18.2	1	96	Daisy	WOODCOCK	Seaton AC	2.20.2	
2	68	Joseph	TINNISWOOD	Border H	2.19.1	2	74	Anna	COBLEY	Kendal AAC	2.30.3	
3	58	Declan	DENWOOD	Seaton AC	2.20.8	3	176	Lucy	KNOTT	Carlisle A	2.30.7	
4	64	Oliver	SCOTT	Leven Valley	2.33.1	4	84	Mahiya	MOHAN	Barrow & FS	2.35.5	
						5	85	Isla	PEARMAN	Kendal AAC	2.39.2	
						6	88	Rosie	SCOTT	Kendal AAC	2.44.9	
						7	90	Lily	SLATER	Kendal AAC	2.45.9	
						8	92	Bella	TIFFIN-LOWE	Border H	2.54.9	
						9	81	Kenzie	JEFFERSON	Barrow & FS	3.04.3	
U15 Boys - 1500m					U15 Girls - 1500m							
CBP = 4.24.7					CBP = 4.41.5							
A. Morrison					Abbie Hetherington							
Border Harriers					Carlisle Aspatria							
T39-B Final					T38-B Final							
1990					2010							
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time			
1	65	Riley	SCOTT	Leven Valley	5.05.6	1	70	Lucy	BELL	Leven Valley	5.05.0	
						2	72	Cara	BRADLEY	Kendal AAC	5.20.9	
						U15 Girls - 3000m						
						CBP = 14.01.8						
						Lily Salt						
						T18-A Final						
						Eden Runners						
						2022						
						Posn. No.	Forename	Surname	Club	Time		
						1	71	Penelope	BOYLE	Leven Valley	10.43.3	CBP
						2	80	Millie	JEBB	Kendal AAC	11.47.4	
						3	87	Lily	SALT	Eden R	13.11.9	
U15 Boys - 80m Hurdles					U15 Girls - 75m Hurdles							
CBP = 11.4					CBP = 12							
Joseph Connelly					Kira Jones							
Carlisle Aspatria					Kendal AAC							
T21-A Final					T24 Final							
2015					2021							
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time			
1	67	Zach	THOMAS	Lancaster & Moreca	19.6	1	78	Kira	HOLLIDAY	Border H	13.1	
						2	76	Grace	HARTLEY	Barrow & FS	14.3	
U15 Boys - Long Jump					U15 Girls - Long Jump							
CBP = 5.57					CBP = 5.21							
Mark Moore					M. Lishman							
Barrow & Furness S 2002					CASA							
F05-A Final					F12-A Final							
2002					1998							
Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance			
1	57	Lorton	CURNOW	Seaton AC	5.74	1	93	Lyla	TWOMEY	Border H	4.41	CBP
2	63	Alexander	MASLOUKHI	Seaton AC	4.75	2	83	Macy	MCKELVEY	Copeland AC	4.01	
3	68	Joseph	TINNISWOOD	Border H	4.41	3	69	Martha	ALLINGTON	Millom Striders	4.00	
4	65	Riley	SCOTT	Leven Valley	3.77	4	88	Rosie	SCOTT	Kendal AAC	3.78	
5	64	Oliver	SCOTT	Leven Valley	3.75	5	73	Ella	CHAMBERS	Seaton AC	3.69	
6	58	Declan	DENWOOD	Seaton AC	3.73	6	79	Holly	IVISON	Border H	3.29	
7	67	Zach	THOMAS	Lancaster & Moreca	3.70	7	81	Kenzie	JEFFERSON	Barrow & FS	3.05	
						8	84	Mahiya	MOHAN	Barrow & FS	NJ	

U15 Girls - High Jump

CBP = 1.69

Stephanie Higham F04-B Carlisle Aspatria Final
1998

Posn. No.	Forename	Surname	Club	Height	
1	78	Kira	HOLLIDAY	Border H	1.40
2	87	Lily	SALT	Eden R	1.25
3	71	Penelope	BOYLE	Leven Valley	1.20

U15 Boys - Javelin

600g CBP = 46.2

Lee Doran

F02-B Final
Carlisle Aspatria 1999

Posn. No.	Forename	Surname	Club	Distance	
1	67	Zach	THOMAS	Lancaster & Moreca	9.01

U15 Girls - Javelin

500g CBP = 36.76

Rachel Gallagher F11-B Seaton AC Final
2015

Posn. No.	Forename	Surname	Club	Distance	
1	76	Grace	HARTLEY	Barrow & FS	25.14
2	82	Millie	MacQUEEN	Border H	23.17
3	75	Kaitlyn	DORAN	Seaton AC	11.30

U15 Girls - Discus

1.00k CBP = 31.08

G. Nevins F16-B Seaton AC Final
1987

Posn. No.	Forename	Surname	Club	Distance	
1	91	Lily	STEPHENSON	Border H	15.84
2	75	Kaitlyn	DORAN	Seaton AC	14.16

U15 Girls - Shot Putt

3.00k CBP = 11.01

Tara Simpson-Sulliv F14-B Carlisle Aspatria Final
2015

Posn. No.	Forename	Surname	Club	Distance	
1	95	Grace	WHITFIELD	Seaton AC	6.47
2	75	Kaitlyn	DORAN	Seaton AC	6.05

U15 Girls - Hammer

3.00k CBP = 41.74

Tara Simpson-Sulliv F01-A Carlisle Aspatria Final
2015

Posn. No.	Forename	Surname	Club	Distance	
1	82	Millie	MacQUEEN	Border H	34.01
2	89	Martha	SHERIFFE	Border H	27.57
3	79	Holly	IVISON	Border H	24.80
4	91	Lily	STEPHENSON	Border H	23.89

U13 Boys - 100m

CBP = 12.7

G. Thompson

T06 Final
Kendal AAC 1993

Posn. No.	Forename	Surname	Club	Time	
1	35	Timothy	FUGGLE	Border H	13.8
2	31	Freddie	ALLINGTON	Millom Striders	14.5
3	37	Carson	HARDY	Barrow & FS	14.7
4	36	Liam	FULTON	Border H	15.0
5	40	Harry	MASLOUKHI	Seaton AC	15.2
6	41	Henry	MURRAY	Leven Valley	15.3
7	38	Aston	HART	Barrow & FS	16.2

U13 Girls - 100m

CBP = 13

K. Wedgewood T05 Seaton AC Final
1993

Posn. No.	Forename	Surname	Club	Time	
1	53	Elise	TAYLOR	Seaton AC	14.3
2	51	Emmy	RANNER	Kendal AAC	14.6
3	52	Olivia	TANNER	Carlisle A	15.2
4	46	Jasmine	INGLEDOW	Border H	15.3
5	48	Christina	MONKHOUSE	Carlisle A	15.4
6	55	Hannah	WHITFIELD	Seaton AC	15.5
7	42	Freya	ADDISON	Kendal AAC	15.7

U13 Boys - 200m					U13 Girls - 200m						
CBP = 27.1					CBP = 27.2						
P. Park					S. Pratt						
T32-B					T32-H1						
Kendal AAC					Kendal AAC						
Final					Heat 1						
1990					1982						
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time		
1	39	Kyran	HARVEY	Leven Valley	1	43	Lili	GUTHRIE	Kendal AAC	27.9	Q
				31.6	2	53	Elise	TAYLOR	Seaton AC	29.5	Q
					3	54	Fay	THOMAS	Lancaster & Moreca	30.9	q
					4	48	Christina	MONKHOUSE	Carlisle A	31.3	q
					5	49	Imogen	MOORE	Leven Valley	32.0	
					U13 Girls - 200m						
					CBP = 27.2						
					S. Pratt						
					T32-H2						
					Kendal AAC						
					Heat 2						
					1982						
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time		
					1	51	Emmy	RANNER	Kendal AAC	27.9	Q
					2	46	Jasmine	INGLEDOW	Border H	32.1	Q
					3	55	Hannah	WHITFIELD	Seaton AC	33.3	
					4	44	Olivia	HART	Barrow & FS	34.7	
					U13 Girls - 200m						
					CBP = 27.2						
					S. Pratt						
					T45						
					Kendal AAC						
					Final						
					1982						
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time		
					1	43	Lili	GUTHRIE	Kendal AAC	27.7	
					2	51	Emmy	RANNER	Kendal AAC	29.5	
					3	53	Elise	TAYLOR	Seaton AC	29.7	
					4	54	Fay	THOMAS	Lancaster & Moreca	31.1	
					5	48	Christina	MONKHOUSE	Carlisle A	31.6	
					6	46	Jasmine	INGLEDOW	Border H	32.0	
					U13 Boys - 800m						
CBP = 2.19.3					CBP = 2.19.3						
S. Robinson					Olivia Mason						
T14					T13						
Carlisle Aspatria					Border H						
Final					Final						
1990					2014						
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time		
1	39	Kyran	HARVEY	Leven Valley	1	51	Emmy	RANNER	Kendal AAC	2.34.4	
2	41	Henry	MURRAY	Leven Valley	2	49	Imogen	MOORE	Leven Valley	2.38.9	
				2.46.9	3	54	Fay	THOMAS	Lancaster & Moreca	2.44.8	
				2.52.2	4	56	Edie	WILSON	Barrow & FS	2.55.9	
					U13 Girls - 800m						
					CBP = 2.19.3						
					Olivia Mason						
					T13						
					Border H						
					Final						
					2014						
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time		
1	34	Jamie	CUETO	Seaton AC	1	47	Isla	JEBB	Kendal AAC	5.32.1	
2	36	Liam	FULTON	Border H							
3	33	Gil	BURNS	Border H							
				5.09.1							
				5.21.8							
				5.31.4							
					U13 Girls - 1500m						
CBP = 4.43.0					CBP = 4.53.5						
Samuel Almond					Abbie Hetherington						
T39-A					T38-A						
Eden Runners					Carlisle Aspatria						
Final					Final						
2015					2008						
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time		
1	34	Jamie	CUETO	Seaton AC	1	47	Isla	JEBB	Kendal AAC	5.32.1	
2	36	Liam	FULTON	Border H							
3	33	Gil	BURNS	Border H							
				5.09.1							
				5.21.8							
				5.31.4							
					U13 Girls - 70m Hurdles						
					CBP = 12.2						
					Aimee Broomby						
					T19						
					Carlisle Aspatria						
					Final						
					2019						
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time		
					1	43	Lili	GUTHRIE	Kendal AAC	12.3	
					2	54	Fay	THOMAS	Lancaster & Moreca	14.1	

U13 Boys - Long Jump					U13 Girls - Long Jump								
CBP = 5.03		Brian Whitworth	F10 Border Harriers	Final 1987	CBP = 4.56		J. Wilkinson	F19 Seaton AC	Final 1988				
Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance				
1	31	Freddie	ALLINGTON	Millom Striders	3.98	1	43	Lili	GUTHRIE	Kendal AAC	4.32		
2	35	Timothy	FUGGLE	Border H	3.96	2	53	Elise	TAYLOR	Seaton AC	3.81		
3	40	Harry	MASLOUKHI	Seaton AC	3.89	3	52	Olivia	TANNER	Carlisle A	3.65		
4	33	Gil	BURNS	Border H	3.64	4	44	Olivia	HART	Barrow & FS	2.74		
5	39	Kyran	HARVEY	Leven Valley	3.55								
6	41	Henry	MURRAY	Leven Valley	3.49								
7	37	Carson	HARDY	Barrow & FS	NJ								
U13 Boys - High Jump					U13 Girls - High Jump								
CBP = 1.51		D. Wheatley	F18-A Seaton AC	Final 1992	CBP = 1.46		J. Moore	F04-A Seaton AC	Final 1991				
Posn. No.	Forename	Surname	Club	Height	Posn. No.	Forename	Surname	Club	Height				
1	37	Carson	HARDY	Barrow & FS	1.2	1	52	Olivia	TANNER	Carlisle A	1.20		
2	40	Harry	MASLOUKHI	Seaton AC	1								
U13 Boys - Javelin					U13 Girls - Javelin								
400g CBP = 38.26		S. Little	F02-A Derwent	Final 1987	400g CBP = 29.69		Rachael Fleary	F11-A Carlisle Aspatria	Final 2002				
Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance				
1	35	Timothy	FUGGLE	Border H	25.9	1	50	Athena	PERESTRELO	Seaton AC	10.26		
2	31	Freddie	ALLINGTON	Millom Striders	18.2	2	42	Freya	ADDISON	Kendal AAC	9.6		
3	38	Aston	HART	Barrow & FS	10.71	3	44	Olivia	HART	Barrow & FS	8.73		
U13 Boys - Discus					U13 Girls - Discus								
1.00kg CBP = 28.96		Christopher Orr	F13-A Carlisle Aspatria	Final 1995	0.75kg CBP = 20.6		Vicky Doran	F16-A Carlisle Aspatria	Final 2000				
Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance				
1	38	Aston	HART	Barrow & FS	12.86	1	50	Athena	PERESTRELO	Seaton AC	10.61		
U13 Boys - Shot Putt					U13 Girls - Shot Putt								
2.72kg CBP = 8.4					2.72kg CBP = 8.4		Rachael Fleary	F14-A Carlisle Aspatria	Final 2002				
Posn. No.	Forename	Surname	Club	Height	Posn. No.	Forename	Surname	Club	Height				
1	50	Athena	PERESTRELO	Seaton AC	4.56								
U11 Boys - 75m					U11 Girls - 75m								
			T04-H1	Heat 1				T03-H1	Heat 1				
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time				
1	6	Joe	DONNELLY	Seaton AC	11.5	Q	1	25	Beth	HODGSON	Millom Striders	11.3	Q
2	5	William	BROUGH	Barrow & FS	12.1	Q	2	29	Iyla	MORGAN	Seaton AC	12.0	Q
3	1	Euan	ANDERSON	Seaton AC	12.5		3	23	Isla	GOWER	Barrow & FS	12.2	Q
4	9	Lewis	HEBDIGE	Eden R	13.0		4	30	Isabella	SCANLON	Barrow & FS	12.7	q
							5	24	Maya	GREAVES	Barrow & FS	13.7	q
U11 Boys - 75m					U11 Girls - 75m								
			T04-H2	Heat 2				T03-H2	Heat 2				
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time				
1	14	Nathaniel	LEONARD	Eden R	12.1	Q	1	21	Isabelle	COWARD	Barrow & FS	12.2	Q
2	13	Brodie	LEE	Kendal AAC	12.3	Q	2	28	Darcey	MATHIESON	Barrow & FS	13.3	Q
3	7	Joseph	FUGGLE	Border H	12.4		3	27	Layla	JASIM	Barrow & FS	13.7	Q
4	2	Jude	ARRAGON	Eden R	13.1		4	22	Maia	DACRE	Kendal AAC	14.1	
5	16	Zachary	POSTLETHWAITE	Barrow & FS	13.5								

U11 Boys - 75m T04-H3 Heat 3

Posn. No.	Forename	Surname	Club	Time	
1	10	Charlie	HODGSON	Kendal AAC	11.5 Q
2	15	Dallas	MACHELL	Kendal AAC	11.8 Q
3	4	Lawrie	BELSHAW	Kendal AAC	11.8 q
4	19	Oliver	WRIGLEY	Kendal AAC	12.1 q
5	18	Max	STEELE	Seaton AC	12.2
6	3	Alfie	BATH	Millom Striders	12.4

U11 Boys - 75m T16 Final **U11 Girls - 75m** T15 Final

Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time		
1	10	Charlie	HODGSON	Kendal AAC	11.3	1	25	Beth	HODGSON	Millom Striders	11.5
2	6	Joe	DONNELLY	Seaton AC	11.4	2	29	Iyla	MORGAN	Seaton AC	11.6
3	14	Nathaniel	LEONARD	Eden R	11.4	3	23	Isla	GOWER	Barrow & FS	11.9
4	15	Dallas	MACHELL	Kendal AAC	11.9	4	21	Isabelle	COWARD	Barrow & FS	12.3
5	4	Lawrie	BELSHAW	Kendal AAC	12.0	5	30	Isabella	SCANLON	Barrow & FS	12.8
6	19	Oliver	WRIGLEY	Kendal AAC	12.1	6	27	Layla	JASIM	Barrow & FS	13.0
7	13	Brodie	LEE	Kendal AAC	12.1	7	28	Darcey	MATHIESON	Barrow & FS	13.2
8	5	William	BROUGH	Barrow & FS	12.3						

U11 Boys - 600m T28-H1 T.T. 1 **U11 Girls - 600m** T27 Final

Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time		
1	10	Charlie	HODGSON	Kendal AAC	1.59.5	1	30	Isabella	SCANLON	Barrow & FS	2.17.0
2	3	Alfie	BATH	Millom Striders	2.06.6	2	21	Isabelle	COWARD	Barrow & FS	2.23.5
3	14	Nathaniel	LEONARD	Eden R	2.07.4	3	22	Maia	DACRE	Kendal AAC	2.24.3
4	4	Lawrie	BELSHAW	Kendal AAC	2.08.0	4	23	Isla	GOWER	Barrow & FS	2.28.2
5	2	Jude	ARRAGON	Eden R	2.08.0	5	28	Darcey	MATHIESON	Barrow & FS	2.32.1
6	1	Euan	ANDERSON	Seaton AC	2.13.1	6	26	Nia	HUGHES	Barrow & FS	2.32.3
7	7	Joseph	FUGGLE	Border H	2.14.2						
8	9	Lewis	HEBDIGE	Eden R	2.21.2						
9	13	Brodie	LEE	Kendal AAC	2.23.1						

U11 Boys - 600m T28-H2 T.T. 2.

Posn. No.	Forename	Surname	Club	Time	
1	15	Dallas	MACHELL	Kendal AAC	1.56.6
2	8	William	GOLIGHER	Kendal AAC	1.57.6
3	12	Jos	JEBB	Kendal AAC	2.02.5
4	19	Oliver	WRIGLEY	Kendal AAC	2.03.7
5	18	Max	STEELE	Seaton AC	2.06.1
6	6	Joe	DONNELLY	Seaton AC	2.16.8
7	5	William	BROUGH	Barrow & FS	2.22.7

U11 Boys - Long Jump F15 Final **U11 Girls - Long Jump** F07 Final

Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance		
1	12	Jos	JEBB	Kendal AAC	3.85	1	21	Isabelle	COWARD	Barrow & FS	3.33
2	15	Dallas	MACHELL	Kendal AAC	3.71	2	25	Beth	HODGSON	Millom Striders	3.08
3	6	Joe	DONNELLY	Seaton AC	3.54	3	29	Iyla	MORGAN	Seaton AC	3.05
4	10	Charlie	HODGSON	Kendal AAC	3.41	4	27	Layla	JASIM	Barrow & FS	2.67
5	8	William	GOLIGHER	Kendal AAC	3.38	5	30	Isabella	SCANLON	Barrow & FS	2.66
6	7	Joseph	FUGGLE	Border H	3.13	6	26	Nia	HUGHES	Barrow & FS	2.54
7	5	William	BROUGH	Barrow & FS	2.78	7	22	Maia	DACRE	Kendal AAC	2.23
8	16	Zachary	POSTLETHWAITE	Barrow & FS	2.73	8	23	Isla	GOWER	Barrow & FS	2.08
9	1	Euan	ANDERSON	Seaton AC	2.63	9	24	Maya	GREAVES	Barrow & FS	2.05
10	3	Alfie	BATH	Millom Striders	2.43	10	28	Darcey	MATHIESON	Barrow & FS	1.93

David Harper Tarr Trophy Points.

2023

Club	Track	Field	Total
Kendal AAC	144	41	185
Seaton AC	91	90	181
Border H	94	76	170
Carlisle A	43	75	118
Barrow & FS	54	53	107
Leven Valley	76	10	86
Copeland AC	11	8	19
Eden R	15	4	19
Keswick AC	3	0	3
Sedbergh S RC	0	0	0