

## Track Results for RJT 22nd Jan 2022

1	1	1	3000m Race 1			
1	111	2	Simon FELL	Peterborough & Nene Valley AC	Sm	9:30.82
2	342	1	Charlie SMITH	Manchester Metropolitan University	Sm	9:39.07
3	281	4	Elsa PALMER	Dorking & Mole Valley AC	Sw	9:39.89
4	378	3	George WALLACE	City of Sheffield & Dearne AC	U17M	9:54.20
5	110	5	Freddie FEARN	Edinburgh Uni Hare & Hounds	Sm	10:17.60
6	109	6	Alice FEARN	Wreake & Soar Valley	U17W	10:24.16
7	113	9	Isaac FELL	Peterborough & Nene Valley AC	U17M	10:39.59
8	292		Will PEARSON INMAN	Wreake & Soar Valley	U17M	10:53.60
9	50	11	Milo BROTHERTON	Wreake & Soar Valley	U17M	10:56.22
10	307	8	Simon REID	City of Sheffield & Dearne AC	Sm	11:05.94
11	290	10	Charlie PEARCE	Beeston AC	Sm	0.01

2	1	1	60mh U15G Race 1			
1	339	7	Sienna SLATER	Peterborough & Nene Valley AC	U15G	9.57
2	18	1	Isabella BANKS	Rugby & Northampton AC	U15G	9.61
3	233	5	Grace MCCOLLIN	Rugby & Northampton AC	U15G	9.78
4	187	4	Penelope JONES	Rugby & Northampton AC	U15G	9.79
5	42	3	Lucy BOYES	Rugby & Northampton AC	U15G	10.24
6	397	8	Sophie WILLIAMS	City of York AC	U15G	10.47
7	24	2	Jessica BAXTER	Leeds City Athletic Club	U15G	10.64
8	297	6	Darcie POTTEN	Rugby & Northampton AC	U15G	13.27

3	1	1	3000m Race 2			
1	320	7	Jordan ROWE	Thames Valley Harriers	Sm	8:11.79
2	361	8	Ryan THOMSON	Cambuslang Harriers	Sm	8:16.56
3	313	4	Charlie ROBERTS	St Helens Sutton AC	U20M	8:25.75
4	389	5	Max WHARTON	Halifax Harriers & AC	Sm	8:33.71
5	166	3	Nick HOOKER	Leeds City Athletic Club	Sm	8:33.85
6	194	6	Nicholas KANONIK	Yate & District AC	Sm	8:37.54
7	403	2	Paul WRIGHT	Mansfield Harriers	Sm	8:37.77

8	85	1 Tyler DAU	University of The West of England ACcc	Sm	0.01
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4	1	1 60mH SW/U20W Race 1			
1	144	3 Dani HALES	Telford AC	Sw	8.62
2	68	2 Jasmine CLARK	Trafford Athletic Club	Sw	8.74
3	303	5 Emily RACE	Worksop Harriers	Sw	9.00
4	216	4 Alice LINAKER	City of York AC	Sw	9.01
5	150	6 Rebecca HARDY	Warrington A C	Sw	9.19
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4	1	2 60mH SW/U20W Race 2			
1	11	3 Zoe AUSTRIDGE	Blackheath & Bromley Harriers AC	Sw	9.11
2	122	4 Anneke FUNG	University of Birmingham AC & Cross Co	Sw	9.58
3	277	5 Dorcas OJIAKOR	Harrogate Harriers & AC	Sw	9.78
4	43	2 Amelia BRANDON	Swindon Harriers	Sw	9.88
5	173	7 Esther HULLEY	Stockport Harriers & AC	U20W	10.09
6	341	6 Freya SMITH	Bracknell AC	Sw	10.22
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5	1	1 600m Race 1			
1	181	7 Olwen ISHERWOOD	Hallamshire Harriers Sheffield	U13G	1:58.70
2	333	4 Reuben SHIVAS	Newark AC	U13B	1:59.29
3	240	1 Lois MELLING	Leigh Harriers & AC	U13G	1:59.68
4	199	2 Thierry KERR	Leigh Harriers & AC	U11B	1:59.83
5	198	5 Anna KEMP	Worksop Harriers	U11G	2:01.89
6	202	6 Rebecca KINGSTON	Leeds City Athletic Club	U13G	2:02.83
7	322	3 Lochlan RUDDOCK	Wakefield District H & AC	U11B	0.00
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6	1	1 60mH U20/M35			
1	383	3 Tobie WATSON	Birchfield Harriers	U20M	8.02
2	350	4 Owen SPROSTON	City of Stoke AC	U20M	8.44
3	247	8 Jordan MITCHELL	Sutton in Ashfield Harriers & AC	Sm	9.12
4	393	1 Stefan WILCOCKSON	Mansfield Harriers	Sm	9.13
5	230	2 Riordan MAYE	Coventry Godiva Harriers	U20M	9.20
6	308	7 Sean REIDY	Peterborough & Nene Valley AC	Sm	9.58

DNF	59	6 Evan CAMPBELL	Shaftesbury Barnet Harriers	Sm	
	7	1 60m SM Race 1			
	1	384 7 Jordan WATSON-BROWN	Shaftesbury Barnet Harriers	Sm	6.78
	2	259 3 Andrew MORGAN-HARRISON	Kingston Upon Hull AC	Sm	6.79
	3	188 4 Eliot JONES	Liverpool Pembroke & Sefton H AC	Sm	6.85
	4	143 5 Muslim HABIB	Birchfield Harriers	Sm	6.91
	5	98 2 Anthony DOUGLAS	Cannock & Stafford AC	U20M	6.93
	6	300 8 Zachary PRICE	Menai Track & Field	Sm	7.02
	7	3 1 Tope ADEYEYE	Enfield & Haringey A C	Sm	7.06
	8	153 6 Max HEAVENS	Swansea Harriers	Sm	7.13
	8	1 60m Race 1			
	1	12 2 Stephen BAFFOUR	Coventry Godiva Harriers	U20M	6.91
	2	392 3 Bradley WHITEHEAD	Rugby & Northampton AC	Sm	6.99
	3	159 7 Ben HIGGINS	City of Sheffield & Dearne AC	Sm	7.04
	4	246 5 Oliver MILLER	Ipswich Harriers	Sm	7.13
	5	249 6 Adam MOHAMED	Trafford Athletic Club	Sm	7.20
	6	149 1 Harry HANDSAKER	Burton AC	Sm	7.22
	7	2 4 Isaiah ADEKANMBI	Enfield & Haringey A C	Sm	7.25
DQ	412	8			
	8	1 2 60m Race 2			
	1	344 7 Ishmael SMITH-JOHN	Crawley AC	Sm	7.05
	2	330 5 Zachary SHAW	Cleethorpes AC	Sm	7.14
	3	157 2 Ryan HEWITT	Newark AC	U20M	7.17
	4	167 4 Alex HOUCHIN	Worcester AC	U20M	7.23
	5	355 6 Nathan TEECE	Northern (Isle of Man) AC	Sm	7.29
	6	294 3 Nathan PETCH	Coventry Godiva Harriers	Sm	7.33
	7	376 1 Pierre WALKER	Belgrave Harriers	Sm	7.39
	8	54 8 Danny BURROWES	Thames Valley Harriers	Sm	7.42
	8	1 3 60m Race 3			

1	117	2 Jack FORREST	Birchfield Harriers	U20M	7.24
2	411	3 David CHAPMAN	City of Sheffield & Dearne AC	Sm	7.39
3	103	5 Lloyd ELLIS	University of Birmingham AC & Cross Co	Sm	7.41
4	64	6 Chinghao CHEN	University of Sheffield Union of Students	Sm	7.55
5	366	4 Aron TRAVES	University of Nottingham AC	Sm	7.55
6	56	8 Nicolas BUTLER	Stratford Upon Avon AC	Sm	7.65
7	395	7 Wanya WILLIAMS	Ilford AC	Sm	7.66

8	1	4 60m Race 4			
1	405	6 Josh YANNEY	Mansfield Harriers	U20M	7.34
2	262	2 Rafi MUNIR	Doncaster Athletic Club	U17M	7.41
3	102	7 Rhys ELIAS	Mansfield Harriers	U17M	7.43
4	304	8 Janaie RANKINE	Hallamshire Harriers Sheffield	U20M	7.54
5	340	4 Ben SMITH	Wakefield District H & AC	U17M	7.70
6	260	5 Ben MORTON	Hallamshire Harriers Sheffield	U17M	7.73
7	1	1 Kaden ADDO-CLARKE	Birchfield Harriers	U20M	7.83
8	299	3 Ben PRATLEY	Cambridge & Coleridge AC	Sm	7.84

8	1	5 60m Race 5			
1	188	2 Eliot JONES	Liverpool Pembroke & Sefton H AC	Sm	6.82
2	259	4 Andrew MORGAN-HARRISON	Kingston Upon Hull AC	Sm	6.84
3	300	6 Zachary PRICE	Menai Track & Field	Sm	6.99
4	127	5 Sean GARMORY	Peterborough & Nene Valley AC	Sm	7.34
5	412	3 George HEPPINSTALL	City of Sheffield & Dearne AC	Sm	7.42
6	350	8 Owen SPROSTON	City of Stoke AC	U20M	7.51
7	114	7 Jonathan FIELDS	Rotherham Harriers & AC	Sm	7.64
8	140	1 Sam GRIFFIN	Birchfield Harriers	U20M	7.67

8	1	6 60m Race 6			
1	324	5 Luke SCHOEMAN	Derby Athletic Club	Sm	7.23
2	34	7 Max BISHOP	Derby Athletic Club	U20M	7.42
3	287	6 Tye PARKER	Derby Athletic Club	Sm	7.60
4	40	1 Alexander BOSTWICK	Wakefield District H & AC	U20M	7.63

5	285	8 Marvric PAMPHILE	Rugby & Northampton AC	Sm	7.68
6	172	2 Matthew HULA	Bristol & West AC	Sm	7.69
7	247	4 Jordan MITCHELL	Sutton in Ashfield Harriers & AC	Sm	7.77
8	16	3 Alexander BALFE	Lincoln Wellington Athletic Club	Sm	7.79
8	1	7 60m Race 7			
1	69	6 Emily COOPE	Amber Valley & Erewash Athletic Club	Sw	7.87
2	295	1 Alastar PHELAN	Peterborough & Nene Valley AC	Sm	7.90
3	229	3 Rudi MAY	City of Sheffield & Dearne AC	U17M	7.93
4	377	2 Mick WALL	Steel City Striders Rc	Sm	7.96
5	37	4 Ella BLAKEY	City of Sheffield & Dearne AC	Sw	7.97
6	71	8 Patrick CORCORAN	Coventry Godiva Harriers	Sm	7.97
7	252	7 Adie MONK	Rugby & Northampton AC	Sm	7.98
8	352	5 Emma SUHONEN	Charnwood A C	Sw	7.99
8	1	8 60m Race 8			
1	149	1 Harry HANDSAKER	Burton AC	Sm	7.18
2	92	8 Andre DI LIETO	University of Nottingham AC	U20M	7.83
3	276	5 Nifemi OGUNBASE	Birchfield Harriers	U20W	7.85
4	280	4 Michelle Ama OWUSU	Birchfield Harriers	Sw	8.01
5	380	6 Jessica WATERS	Sutton in Ashfield Harriers & AC	Sw	8.02
6	53	3 Anthony BURNISTON	Doncaster Athletic Club	Sm	8.11
7	22	2 Michael BATES (T64)	Doncaster Athletic Club	Sm	8.43
DQ	390	7 Martin WHITE	Mansfield Harriers	Sm	
8	1	9 60m Race 9			
1	246	6 Oliver MILLER	Ipswich Harriers	Sm	7.15
2	94	8 Lewis DIXON	Bromsgrove & Redditch	U15B	7.85
3	5	1 Precious AKPE-MOSES	Birchfield Harriers	U17W	7.96
4	75	7 Tom COVERLEY	Newark AC	U17M	7.97
5	106	5 Chelsea FAGAN	Notts AC	U17W	7.99
6	55	2 Lauren BUTLER	Birchfield Harriers	Sw	8.05
7	314	3 Stephanie ROBERTSON	Southport Waterloo AC	Sw	8.13

8	399	4 Emma WILTSHIRE	Rugby & Northampton AC	Sw	8.31
8	1	10 60m Race 10			
1	328	8 Seif SEIF	Coventry Godiva Harriers	U20M	8.07
2	164	1 Lucy HOLMES	Wakefield District H & AC	Sw	8.23
3	29	5 Lottie BENTLEY	Worcester AC	U20W	8.28
4	47	2 Amelia BRIGGS-GOODE	Notts AC	U20W	8.45
5	125	6 Amy GANDHI	Bracknell AC	Sw	8.50
6	310	4 Amber RICHARDSON	Notts AC	U17W	8.51
7	43	7 Amelia BRANDON	Swindon Harriers	Sw	8.54
8	205	3 Ela-Nur KOCACIK	Notts AC	U20W	8.71
8	1	11 60m Race 11			
1	114	7 Jonathan FIELDS	Rotherham Harriers & AC	Sm	7.62
2	69	3 Emily COOPE	Amber Valley & Erewash Athletic Club	Sw	7.85
3	82	6 Robbie DALE	Rugby & Northampton AC	U15B	7.86
4	37	1 Ella BLAKEY	City of Sheffield & Dearne AC	Sw	7.89
5	352	2 Emma SUHONEN	Charnwood A C	Sw	8.03
6	319	8 Aaron ROWE	Newark AC	U15B	8.08
7	161	4 Eleica HINES	Notts AC	U20W	8.64
8	354	5 Iris SZURKO	Hallamshire Harriers Sheffield	U20W	9.41
8	1	12 60m Race 12			
1	251	7 Olivia MONK	Rugby & Northampton AC	U15G	8.10
2	362	4 Alexandros TOHOVITIS	Worksop Harriers	U17M	8.36
3	218	6 Rebecca LITTLER	Rugby & Northampton AC	U17W	8.48
4	121	5 Annalise FOXON-DAY	Daventry AAC	U17W	8.50
5	371	3 Lucy TYRER	Skyrac Athletic Club	U17W	8.52
6	410	8 Sylvia RUCKLEDGE	City of Sheffield & Dearne AC	U17W	9.05
7	132	1 Thomas GLEAVE	Retford AC	U17M	9.16
8	283	2 Fiona PALMER	Notts AC	Sw	9.31
8	1	13 60m Race 13			

1	394	8 Millie WILKINSON	Blyth Running Club	U15G	8.18
2	134	3 Finlay GRAY	Hallamshire Harriers Sheffield	U15B	8.19
3	88	5 Isabella DAVIES	Birchfield Harriers	U15G	8.21
4	339	4 Sienna SLATER	Peterborough & Nene Valley AC	U15G	8.28
5	233	6 Grace MCCOLLIN	Rugby & Northampton AC	U15G	8.47
6	156	2 Georgia HEWITT	Birchfield Harriers	U17W	8.47
7	234	7 Grace MCCRACKEN	Kingston Upon Hull AC	U15G	8.52
8	51	1 Amelia BROWN	Mansfield Harriers	U17W	8.91

8	1	14 60m Race 14			
1	271	1 Precious NJOKU	Notts AC	U15G	8.30
2	399	8 Emma WILTSHIRE	Rugby & Northampton AC	Sw	8.37
3	42	2 Lucy BOYES	Rugby & Northampton AC	U15G	8.47
4	360	3 Maia THOMPSON	Rugby & Northampton AC	U15G	8.62
5	18	4 Isabella BANKS	Rugby & Northampton AC	U15G	8.64
6	187	7 Penelope JONES	Rugby & Northampton AC	U15G	8.69
7	242	6 Mary MERAIYEBU	Rugby & Northampton AC	U15G	8.76
8	33	5 Katie BIGGS	Mansfield Harriers	U15G	8.83

8	1	15 60m Race 15			
1	275	7 Whitney OFOR	Middlesbrough Athletic Club (Mandale)	U13G	8.32
2	409	8 Arthur RUCKLEDGE	City of Sheffield & Dearne AC	U13B	8.69
3	178	4 Emma HUTTON	City of York AC	U13G	8.79
4	62	3 Ava CASTERTON	Mansfield Harriers	U15G	8.83
5	309	1 Betty RENNOCKS	Charnwood A C	U15G	9.00
6	118	6 Mariama FOSTER	Birchfield Harriers	U15G	9.25
7	255	2 Courtney MOORE	Notts AC	U15G	9.25
8	332	5 Cameron SHIVAS	Newark AC	U15B	9.35

8	1	16 60m Race 16			
1	154	7 Amy HEWITT	Leigh Harriers & AC	U15G	8.89
2	359	2 Haven THOMAS	Birchfield Harriers	U13G	8.91
3	199	4 Thierry KERR	Leigh Harriers & AC	U11B	9.11

4	155	5 Lauren HEWITT	Leigh Harriers & AC	U13G	9.29
5	379	1 Luis WALTON	City of Sheffield & Dearne AC	U11B	9.48
6	20	8 Marnie BARTLETT	Leeds City Athletic Club	U13G	9.71
7	333	3 Reuben SHIVAS	Newark AC	U13B	9.89
8	257	6 Evie MOORE	Wakefield District H & AC	U13G	9.90

8	1	17 60m Race 17			
1	375	1 Grace WALKER	Skyrac Athletic Club	U13G	8.77
2	136	2 Nieve GREENAN	Hartlepool Athletics Club	U13G	8.93
3	348	4 Bobby SPEIGHT	City of York AC	U13B	9.35
4	14	3 Charlotte BAKER	Hartlepool Athletics Club	U13G	9.81
5	17	7 Phoebe BALL	Retford AC	U13G	10.31
6	227	8 Xena MARSHALL	Retford AC	U11G	13.52

10	1	1 200m Race 1			
1	384	4 Jordan WATSON-BROWN	Shaftesbury Barnet Harriers	Sm	21.42
2	13	5 Cameron BAILEY	Ipswich Harriers	Sm	21.72
3	301	2 Nicholas PRYCE	Royal Sutton Coldfield Athletics Club	Sm	22.18
4	192	6 Jason KALALA	Victoria Park Harriers & Tower Hamlets /	U20M	22.21
5	415	3 Nicholas KANONIK	Yate & District AC	Sm	22.71
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10	1	2 200m Race 2			
1	91	5 Seamus DERBYSHIRE	City of Stoke AC	Sm	22.04
2	392	2 Bradley WHITEHEAD	Rugby & Northampton AC	Sm	22.20
3	286	6 Ben PARIS	Swansea Harriers	Sm	22.22
4	143	4 Muslim HABIB	Birchfield Harriers	Sm	22.23
5	185	3 Tyler JOHNSON	City of Plymouth AC	Sm	22.46

10	1	3 200m Race 3			
1	349	6 Jacob SPENCER	Tamworth AC	Sm	22.00
2	12	5 Stephen BAFFOUR	Coventry Godiva Harriers	U20M	22.02
3	344	3 Ishmael SMITH-JOHN	Crawley AC	Sm	22.38



4	269	4 Jacob NELSON	City of Portsmouth AC	Sm	22.52
5	284	2 Luigi PALMIERI	Ipswich Harriers	Sm	22.74
		1			

10	1	4 200m Race 4			
1	167	6 Alex HOUCHIN	Worcester AC	U20M	22.58
2	220	3 Dylan LOVE	Gateshead Harriers & AC	U20M	22.63
3	249	5 Adam MOHAMED	Trafford Athletic Club	Sm	22.97
4	117	4 Jack FORREST	Birchfield Harriers	U20M	23.06
5	90	2 Benjamin DAVYS	Abingdon AC	U20M	23.76
		1			

10	1	5 200m Race 5			
1	237	3 Josh MCKEOWN	Gateshead Harriers & AC	U20M	22.48
2	235	6 Liam MCGIVERN	Wrexham AAC	Sm	22.55
3	9	5 Aaron ASHMEAD-SHOYE	Newham & Essex Beagles AC	U20M	22.94
4	274	2 Victor NZOLELE	Herne Hill Harriers	Sm	23.00
5	158	4 Joshua HICKSON	Gateshead Harriers & AC	U20M	23.34

10	1	6 200m Race 6			
1	127	3 Sean GARMORY	Peterborough & Nene Valley AC	Sm	23.47
2	66	4 Luke CHIPCHASE	City of Sheffield & Dearne AC	U17M	23.72
3	103	2 Lloyd ELLIS	University of Birmingham AC & Cross Co	Sm	23.96
4	340	6 Ben SMITH	Wakefield District H & AC	U17M	24.56
5	197	5 Farai KAVURU	Manchester Metropolitan University	Sm	25.05

10	1	7 200m Race 7			
1	376	6 Pierre WALKER	Belgrave Harriers	Sm	23.13
2	54	5 Danny BURROWES	Thames Valley Harriers	Sm	23.23
3	102	3 Rhys ELIAS	Mansfield Harriers	U17M	23.56
4	40	2 Alexander BOSTWICK	Wakefield District H & AC	U20M	24.08
5	217	4 Alexander LIONE	Cambridge & Coleridge AC	Sm	24.28
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10	1	8	200m Race 8			
1	324	3	Luke SCHOEMAN	Derby Athletic Club	Sm	23.24
2	364	4	George TOOM-SMITH	Notts AC	U20M	23.53
3	73	5	Oliver COSTER	University of Sheffield Union of Students	Sm	23.69
4	123	6	Atheer GALDAGON	City of Sheffield & Dearne AC	Sm	23.91
5	366	2	Aron TRAVES	University of Nottingham AC	Sm	24.10
6	130	1	Carter GIDDY	Mansfield Harriers	U17M	24.15

10	1	9	200m Race 9			
1	34	6	Max BISHOP	Derby Athletic Club	U20M	23.73
2	405	3	Josh YANNEY	Mansfield Harriers	U20M	23.83
3	133	4	Tom GRANTHAM	City of Sheffield & Dearne AC	Sm	24.31
4	336	2	Karanjot SINGH	Derby Athletic Club	U20M	24.40
5	86	5	Steven DAVID	Sale Harriers Manchester	Sm	24.56
6	295	1	Alastair PHELAN	Peterborough & Nene Valley AC	Sm	25.11

10	1	10	200m Race 10			
1	395	4	Wanya WILLIAMS	Ilford AC	Sm	24.61
2	79	5	Leon CREANEY	Northern Masters AC	Sm	24.76
3	71	6	Patrick CORCORAN	Coventry Godiva Harriers	Sm	25.08
4	315	3	Louise ROBINSON	Birchfield Harriers	Sw	25.29
5	388	2	Madeleine WHAPPLES	Solihull & Small Heath Athletic Club	U20W	25.36
6	377	1	Mick WALL	Steel City Striders Rc	Sm	26.38

10	1	11	200m Race 11			
1	288	6	Henry PARKER	Rotherham Harriers & AC	U17M	23.32
2	285	4	Lewis PARSONS	West Cheshire AC		24.48
3	10	3	Mark ATKIN	Grantham AC	Sm	24.79
4	351	2	Louis STIVAL	Ashford AC	U20M	25.19
5	299	1	Ben PRATLEY	Cambridge & Coleridge AC	Sm	25.99
6	55	5	Lauren BUTLER	Birchfield Harriers	Sw	26.09

10	1	12	200m Race 12			
1	36	4	Zachary BLAIR	Croydon Harriers	U20M	25.27
2	380	6	Jessica WATERS	Sutton in Ashfield Harriers & AC	Sw	25.79
3	390	3	Martin WHITE	Mansfield Harriers	Sm	26.03
4	280	5	Michelle Ama OWUSU	Birchfield Harriers	Sw	26.51
5	53	2	Anthony BURNISTON	Doncaster Athletic Club	Sm	26.66
6	5	1	Precious AKPE-MOSES	Birchfield Harriers	U17W	26.98

10	1	13	200m Race 13			
1	82	2	Robbie DALE	Rugby & Northampton AC	U15B	25.43
2	92	3	Andre DI LIETO	University of Nottingham AC	U20M	25.61
3	328	6	Seif SEIF	Coventry Godiva Harriers	U20M	25.62
4	276	4	Nifemi OGUNBASE	Birchfield Harriers	U20W	26.35
5	201	1	Olivia KIMBOWA	Bolton United Harriers & AC	Sw	26.45
6	264	5	Nia MYERS	Notts AC	U20W	27.12

10	1	14	200m Race 14			
1	135	4	Bea GREEN	Ipswich Harriers	Sw	26.79
2	238	6	Elizabeth MCMAHON	West Cheshire Athletic Club	Sw	27.02
3	208	1	Jessica LAKE	Mansfield Harriers	Sw	27.19
4	310	3	Amber RICHARDSON	Notts AC	U17W	27.26
5	29	2	Lottie BENTLEY	Worcester AC	U20W	27.49
6	125	5	Amy GANDHI	Bracknell AC	Sw	27.69

10	1	15	200m Race 15			
1	251	2	Olivia MONK	Rugby & Northampton AC	U15G	27.29
2	104	5	Sophia ERRINGTON	Keighley & Craven AC	U17W	27.63
3	398	4	Kate WILLIAMS	Gateshead Harriers & AC	U17W	28.10
4	218	1	Rebecca LITTLER	Rugby & Northampton AC	U17W	28.29
5	51	6	Amelia BROWN	Mansfield Harriers	U17W	29.14
6	65	3	Amelie CHESTER	City of Sheffield & Dearne AC	U20W	33.15

10	1	16	200m Race 16			
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1	42	4 Lucy BOYES	Rugby & Northampton AC	U15G	27.76
2	360	5 Maia THOMPSON	Rugby & Northampton AC	U15G	28.14
3	223	1 Lily LYNCH	Rugby & Northampton AC	U17W	28.24
4	242	6 Mary MERAIYEBU	Rugby & Northampton AC	U15G	28.87
5	161	2 Eleica HINES	Notts AC	U20W	28.94
6	283	3 Fiona PALMER	Notts AC	Sw	30.93

10 1 17 200m Race 17

1	189	5 Hannah JONES	Windsor Slough Eton & Hounslow AC	Sw	26.46
2	61	4 Kiesha CARTY	City of Sheffield & Dearne AC	Sw	27.20
3	224	2 Stuart LYNN	North Shields Polytechnic Club	Sm	27.24
4	115	3 Paul FISHER	North Shields Polytechnic Club	Sm	28.04

10 1 18 200m Race 18

1	88	2 Isabella DAVIES	Birchfield Harriers	U15G	26.30
2	363	6 Angelo TOHOVITIS	Retford AC	U15B	26.61
3	417	3 Ameera-Leigh KELLY	Hallamshire Harriers Sheffield	U15G	28.28
4	346	4 Tabitha SPEIGHT	City of York AC	U15G	28.89
5	397	5 Sophie WILLIAMS	City of York AC	U15G	28.95
6	309	1 Betty RENNOCKS	Charnwood A C	U15G	30.03

10 1 19 200m Race 19

1	319	6 Aaron ROWE	Newark AC	U15B	26.47
2	62	4 Ava CASTERTON	Mansfield Harriers	U15G	28.63
3	178	1 Emma HUTTON	City of York AC	U13G	29.02
4	33	3 Katie BIGGS	Mansfield Harriers	U15G	29.56
5	332	2 Cameron SHIVAS	Newark AC	U15B	31.74
6	20	5 Marnie BARTLETT	Leeds City Athletic Club	U13G	32.25

10 1 20 200m Race 20

1	240	4 Lois MELLING	Leigh Harriers & AC	U13G	29.73
2	199	5 Thierry KERR	Leigh Harriers & AC	U11B	31.45
3	348	2 Bobby SPEIGHT	City of York AC	U13B	32.83

4	257	3 Evie MOORE	Wakefield District H & AC	U13G	33.83
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10	1	21 200m Race 21			
1	118	3 Mariama FOSTER	Birchfield Harriers	U15G	30.85
2	105	2 Nyla ERRINGTON	Keighley & Craven AC	U13G	31.13
3	379	4 Luis WALTON	City of Sheffield & Dearne AC	U11B	32.59
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11	1	1 400m Race 1			
1	159	6 Ben HIGGINS	City of Sheffield & Dearne AC	Sm	47.16
2	74	4 Mark COTTAM	Bristol & West AC	Sm	48.52
3	70	5 Alex COOPER	Birchfield Harriers	Sm	48.64
4	185	3 Tyler JOHNSON	City of Plymouth AC	Sm	49.53
5	3	2 Tope ADEYEYE	Enfield & Haringey A C	Sm	49.91
6	35	1 Evan BLACKMAN	Corby AC	Sm	50.57
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11	1	2 400m Race 2			
1	4	6 Frederick AFRIFA	Unattached	Sm	49.23
2	387	3 Ben WELLS	Yate & District AC	Sm	49.37
3	137	4 James GREENHALGH	City of Sheffield & Dearne AC	Sm	50.30
4	95	1 Mario DOBRESCU	Newham & Essex Beagles AC	U20M	50.34
5	169	5 Sam HOWELL	Cheltenham & County Harriers	U20M	50.49
6	294	2 Nathan PETCH	Coventry Godiva Harriers	Sm	50.74
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11	1	3 400m Race 3			
1	28	3 Tor BENNETT WILLIAMS	Birchfield Harriers	Sm	49.82
2	329	4 Kareem SELMAN-JACKSON	Belgrave Harriers	Sm	50.04
3	416	5 Marvric PAMPHILE	Rugby & Northampton AC	Sm	50.06
4	236	6 Cameron MCGREGOR	Rugby & Northampton AC	U20M	50.77
5	209	2 Joseph LANE	Chelmsford AC	Sm	51.41
6	90	1 Benjamin DAVYS	Abingdon AC	U20M	51.70
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11	1	4 400m Race 4			
1	27	4 Rhys BENNETT	Leamington Cycling & Athletic Club	U20M	51.50

2	217	5 Alexander LIONE	Cambridge & Coleridge AC	Sm	52.67
3	170	2 Jonathan HUGHES	Leicester Coritanian AC	Sm	53.10
4	396	3 Hannah WILLIAMS	Herts Phoenix AC	Sw	53.76
5	270	1 Alex NEWELL	Rotherham Harriers & AC	U20M	54.15

11	1	5 400m Race 5			
1	288	6 Henry PARKER	Rotherham Harriers & AC	U17M	51.75
2	133	4 Tom GRANTHAM	City of Sheffield & Dearne AC	Sm	52.93
3	130	1 Carter GIDDY	Mansfield Harriers	U17M	53.79
4	160	5 Amy HILLYARD	Birchfield Harriers	Sw	54.38
5	151	3 Natasha HARRISON	Stockport Harriers & AC	Sw	54.39
6	126	2 Michael GARDINER	Cheltenham & County Harriers	Sm	55.79

11	1	6 400m Race 6			
1	338	3 Isabelle SKELTON	Corby AC	U20W	55.62
2	79	4 Leon CREANEY	Northern Masters AC	Sm	56.15
3	406	6 Emma ALDERSON	Liverpool Harriers & AC		56.60
4	337	1 ETTY SISSON	Charnwood A C	U20W	56.65
5	226	5 Poppy MALIK	Notts AC	U20W	56.87
6	331	2 Imogen SHEPPARD	Stratford Upon Avon AC	Sw	59.22

11	1	7 400m Race 7			
1	36	2 Zachary BLAIR	Croydon Harriers	U20M	55.57
2	351	1 Louis STIVAL	Ashford AC	U20M	55.88
3	228	4 Hermione MASON	Sale Harriers Manchester	U20W	2:24.00
4	312	5 Hannah ROBERTS	Bracknell AC	Sw	1:00.09
5	173	6 Esther HULLEY	Stockport Harriers & AC	U20W	1:00.58
6	47	3 Amelia BRIGGS-GOODE	Notts AC	U20W	0.00

11	1	8 400m Race 8			
1	75	2 Tom COVERLEY	Newark AC	U17M	57.62
2	135	5 Bea GREEN	Ipswich Harriers	Sw	33:36.00
3	142	1 Erin GRIME	Salford Harriers & AC	U20W	1:00.24

4	208	3 Jessica LAKE	Mansfield Harriers	Sw	1:00.58
5	76	6 Charlie COY	Blackburn	Sw	1:00.79
6	238	4 Elizabeth MCMAHON	West Cheshire Athletic Club	Sw	0.00

11	1	9 400m Race 9			
1	106	2 Chelsea FAGAN	Notts AC	U17W	1:02.54
2	353	3 Molly SWINGLER	Eastbourne Rovers AC	U20W	1:02.93
3	205	4 Ela-Nur KOCACIK	Notts AC	U20W	0.00

11	1	10 400m Race 10			
1	400	1 Daniel WOOD	Birchfield Harriers	U17M	1:00.68
2	115	3 Paul FISHER	North Shields Polytechnic Club	Sm	1:01.38
3	224	2 Stuart LYNN	North Shields Polytechnic Club	Sm	1:03.12
4	345	4 Milly SOANES	Dacorum Athletic Club	Sw	1:03.59
5	290	6 Charlie PEARCE	Beeston AC	Sm	1:09.48
6	326	5 Kate SCOTT	Steel City Striders Rc	Sw	0.00

12	1	1 800m Race 1			
1	206	7 Sadam KOUMI	Birchfield Harriers	Sm	1:55.35
2	343	4 Ben SMITH	Mansfield Harriers	U20M	1:56.35
3	263	2 Matthew MUSTARD	University of Sheffield Union of Students	Sm	1:57.28
4	219	5 Piers LOCKWOOD	Lewes AC	Sm	2:00.54
5	60	3 Max CARTER	University of Sheffield Union of Students	Sm	2:01.43
6	191	1 Wais KAIRE	Leicester Coritanian AC	Sm	2:02.43
7	210	6 James LATTANZIO	Belgrave Harriers	Sm	0.00
		8			

12	1	2 800m Race 2			
1	176	5 Keith HUTCHINSON	Hartlepool Burn Road Harriers	Sm	2:03.47
2	85	6 Tyler DAU	University of The West of England ACcc	Sm	2:05.24
3	183	4 Ashley JEFFERY	University of Sheffield Union of Students	Sm	2:07.42
4	168	3 Louis HOW	City of York AC	U17M	2:08.43
5	39	2 Will BOND	University of Nottingham AC	U20M	2:09.73

6	365	7 Darren TOWART	Tynedale Harriers & AC	Sm	0.00
12	1	3 800m Race 3			
1	25	1 Adam BAYLEY	Rushcliffe AC	U20M	2:04.31
2	254	2 Matt MOON	Worcester AC	Sm	2:07.56
3	6	5 Connor ANDERSON	Doncaster Athletic Club	Sm	2:09.83
4	334	4 Tilly SIMPSON	City of Sheffield & Dearne AC	Sw	2:12.25
5	362	6 Alexandros TOHOVITIS	Worksop Harriers	U17M	2:14.77
6	357	3 Annie TESTAR	Stroud & District AC	Sw	0.00
12	1	4 800m Race 4			
1	99	4 Zoe DOYLE	Wycombe Phoenix Harriers & AC	Sw	2:18.41
2	368	2 Jed TURNER	Sheffield Rc	Sm	2:20.18
3	81	3 Tania-Cyrena CYRUS	Enfield & Haringey A C	Sw	2:21.05
4	180	1 Chris IRELAND	Sheffield Rc	Sm	2:23.69
5	63	6 Jason CATTERALL	Durham City Harriers & AC	Sm	2:25.64
6	302	5 Kevin PYE	Midland Masters AC	Sm	0.00
12	1	5 800m Race 1			
1	177	4 Eve HUTCHINSON	University of Sheffield Union of Students	Sw	2:18.30
2	148	2 Beth HAMILTON	Mansfield Harriers	U17W	2:19.21
3	171	6 Emily HUGHES	Manchester Harriers & AC	Sw	2:22.81
4	386	1 Tessa WEAVERS	Reading AC	U20W	2:26.00
5	129	3 Maddie GEORGE	Marlborough Athletics	Sw	2:29.05
6	15	5 Samantha BAKER-JONES	Harrogate Harriers & AC	Sw	0.00
12	1	6 800m Race 6			
1	77	3 George CRAGGS	Hartlepool Burn Road Harriers	U15B	2:14.27
2	21	4 Eva BARTON	West Suffolk AC	U15G	2:22.93
3	30	5 Katie BETTS	Scunthorpe Harriers Athletic Club	U15G	2:34.55
4	163	6 Daisy HOLLISTER	Helm Hill Runners	Sw	2:48.01
5	326	1 Kate SCOTT	Steel City Striders Rc	Sw	2:52.36
6	97	2 Hannah DODDS	University of Nottingham AC	Sw	0.00



12	1	7	800m Race 7			
1	382	1	Neve WATSON	Hartlepool Athletics Club	U13G	2:30.08
2	245	2	Taylor Jett MILLER	Chester Le Street & Dist AC	U13G	2:32.72
3	7	4	Amelia ARBON	Mansfield Harriers	U15G	2:36.67
4	248	3	Millie MOAT	Gosforth Harriers & AC	U15G	2:48.49
5	31	6	Jessica BETTS	Scunthorpe Harriers Athletic Club	U13G	2:49.81
6	84	7	Amy DALOWSKY	Doncaster Athletic Club	U15G	3:04.13
7	257	5	Evie MOORE	Wakefield District H & AC	U13G	3:15.11

Event Long Jump  
Pool 5.5m pool

number	Position	Name	Club	Age	Result
184	2	Jj Jegede	Unattached	SM	6.70
52	1	Jake Burkey	University of Birmingham AC and Cross C	SM	7.17
59	3	Evan Campbell	Shaftesbury Barnet Harriers	SM	6.49
350	4	Owen Sproston	City of Stoke AC	U20M	5.90
282	6	Molly Palmer	Charnwood A C	U20W	5.81
367	7	Liisa-Maria Truupold	Unattached	SW	5.55
216	8	Alice Linaker	City of York AC	SW	5.53
247	5	Mitchell Jordan	Sutton in Ashfield Harriers & AC	SM	5.82
189	9	Hannah Jones	Windsor Slough Eton & Hounslow AC	SW	5.42

Number	Position	Forename Surname	Club	Age Group and	Best Atten
128	6	Grace Gentry	The HAWCS	SW	4.97
314	5	Stephanie Robertson	Southport Waterloo AC	SW	5.08
22	2	Michael Bates	Doncaster Athletic Club	SM	5.22
260	1	Ben Morton	Hallamshire Harriers Sheffield	U17M	5.43
75	4	Tom Coverley	Newark AC	U17M	5.09

15	7	Samantha Baker-Jones	Harrogate Harriers & Ac	SW	4.75
211	8	Rebecca Leach	Birchfield Harriers	U17W	4.57
156	9	Georgia Hewitt	Birchfield Harriers	U17W	4.53
132	11	Thomas Gleave	Retford AC	U17M	4.05
359	10	Haven Thomas	Birshfield Harriers	U13G	4.10
229	3	Rudi May	City of Sheffield	U17M	5.16

Event		Long Jump				
Pool		Below 3.9				
Number	Position	Forename	Surname	Club	Age Group and	Best Atten
136	4	Nieve	Greenan	Hartlepool Athletics Club	U13G	3.74
203	3	Abigail	Kingston	Leeds City Athletic Club	U13G	3.95
332	5	Cameron	Shivas	Newark AC	U15B	3.56
333	6	Reuben	Shivas	Newark AC	U13B	3.35
17	8	Phoebe	Ball	Retford AC	U11G	2.94
227	10	Xena	Marshall	Retford AC	U11G	1.47
14	7	Charlotte	Baker	Hartlepool Athletics Club	U15G	3.22
20	9	Marnie	Bartlett	Leeds City Athletic Club	U13G	2.73
155	2	Lauren	Hewitt	Leigh harriers	U13G	4.03
154	1	Amy	Hewitt	Leigh harriers	U15G	4.50

Event		Pole Vault				
Pool		4m pool 1330				
number	Position	Name	Club	Age	Result	
243	3	Luca Michalowski	Charnwood A C	U20M	3.90	
26	2	Thomas Benfield	Burton AC	SM	4.00	
229	4	Rudi May	City Of Sheffield And Dearne Ac	U17M	3.80	
101	5	Elizabeth Edden	Birchfield	SW	3.50	
404	1	Will Lane	City Of Sheffield And Dearne Ac	U20M	4.50	

Event Pole Vault

Pool	3m pool				
244	1	Zack Michalowski	Charnwood A C	U20M	3.60
296	2	Ben Pitts	Amber Valley and Erewash Athletic Club	U20M	3.50
325	4	Amy Scott	City of Sheffield and Dearne AC	U17W	3.00
107	3	Bethany Falconer	Chesterfield & District AC	U20W	3.10

Event	Pole Vault				
Pool	1.6m pool 1500				
253	4	Hannah Moody	Chesterfield & District AC	U20W	2.80
391	1	Adrian White	Lincoln Wellington Athletic Club	SM	3.10
214	3	Allan Leiper	Aldershot Farnham & District	SM	2.80
16	2	Alexander Balfe	Lincoln Wellington Athletic Club	SM	2.95
145	5	Lottie Hall	Chesterfield & District AC	U17W	2.65
120	9	Hayley Fox	Lincoln Wellington Athletic Club	SW	2.05
182	7	Grace James	City Of Sheffield And Dearne Ac	U15G	2.20
181	6	Olwen Isherwood	Hallamshire Harriers Sheffield	U13G	2.20
212	10	Catriona Lee	Lincoln Wellington Athletic Club	U20W	1.60
413	8	Crystal Cutts	City Of Sheffield And Dearne Ac	U13G	2.05

Event	Shot Putt				
Pool	1				
number	Position	Name	Club	Age	Result
207	6	Ella Kynoch	City of Sheffield and Dearne AC	U20W_SP	9.27
214	1	Allan Leiper	Aldershot Farnham & District	SM_SP	14.42
293	2	Greg Pell	Scunthorpe & District AC	SM_SP	11.94
401	4	Jamie Worman	University of Birmingham AC and Cross C	SM_SP	11.26
350	3	Owen Sproston	City of Stoke AC	U20M_SP	11.70
41	5	Lewis Botterill	Burton AC	SM_SP	10.67
40	7	Alex Bostwick	Wakefield	U20M_SP	9.23

Event	Shot Putt	Start time
Pool	2	

Number	Position	Forename Surname	Club	Age Group and	Best Attem
23	3	William Baxter	Doncaster Athletic Club	SM_SP	10.39
311	4	Caitlin Rimmer	City Of Sheffield And Dearne Ac	SW_SP	9.91
215	6	Alan Lewis	Notts AC	SM_SP	8.72
116	9	Millie Forrest	Wigan & District H & AC	SW_SP	8.08
131	8	James Gillespie	Eastern Masters AC	SM_SP	8.31
374	5	Panteleimon Vidalis	City of Sheffield and Dearne AC	SM_SP	9.71
261	7	Toby Morton	Hallamshire Harriers Sheffield	U17M_SP	8.32
232	10	Anna McArdle	Rothwell Harriers & AC	U20W_SP	7.04
258	1	Craig Moncur	Unattached	SM_SP	12.02
323	11	Ailsa Sayles	Rothwell Harriers & AC	U17W_SP	5.79
303	2	Emily Race	Worksop Harriers	SW_SP	11.25

Event	Shot Putt	Start time
Pool	3	

Number	Position	Forename Surname	Club	Age Group and	Best Attem
372	1	Alice Tyrer	Skyrac Athletic Club	U15G_SP	10.60
154	3	Amy Hewitt	Leigh Harriers & AC	U15G_SP	8.76
203	5	Abigail Kingston	Leeds City Athletic Club	U15G_SP	8.05
155	6	Lauren Hewitt	Leigh Harriers & AC	U13G_SP	7.74
181	4	Olwen Isherwood	Hallamshire Harriers Sheffield	U13G_SP	8.25
363	7	Angelo Tohovitis	Retford AC	U15B_SP	6.57
202	8	Rebecca Kingston	Leeds City Athletic Club	U13G_SP	6.47
346	9	Tabitha Speight	City of York AC	U15G_SP	6.31
410	2	Peter Hewkin	Worksop	SM	8.98

Event  
Pool

Long Jump

4

Start time

Number	Position	Forename Surname	Club	Age Group and	Best Attem
382	4	Neve Watson	Hartlepool Athletics Club	U13G	4.38
346	1	Tabaitha Speight	City of York AC	U15G_SP	4.63
18	2	Isabelle Banks	Rugby & Northants	U15G_SP	4.53
397	3	Sophie Williams	City of York AC	U15G_SP	4.46
24	5	Jessica Baxter	Leeds City Athletic Club	U15G_SP	4.37
62	6	Ava Casterton	Mansfield Harriers	U15G_SP	4.36
348	9	Bobby Speight	City of York AC	U13B	3.74
112	8	Noah Fell	Peterborough	U15B	3.89
375	7	Grace Walker	Skyrac Athletics Club	U13G	3.93