

Ov. Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	452	RYAN WORLAND	M	MSEN	SALE HARRIERS MANCHESTER	00:33:11	00:33:11		1	1	1
2	410	ADAM THOMPSON	M	MSEN	STOCKPORT HARRIERS & AC	00:34:45	00:34:44		2	2	1
3	280	SIMON MCCONVILLE	M	MSEN	STOCKPORT HARRIERS & AC	00:34:52	00:34:51		3	3	2
4	83	RICHARD COEN	M	MV40	WILMSLOW RUNNING CLUB	00:34:53	00:34:52		4	1	1
5	368	JAMES SCOTT-BUCCLEUCH	M	MV40	STOCKPORT HARRIERS & AC	00:35:07	00:35:06		5	2	3
6	17	JAMES BARNETT	M	MV40	STOCKPORT HARRIERS & AC	00:35:38	00:35:37		6	3	4
7	211	ROBIN HULME	M	MSEN	BRAMHALL RUNNERS	00:35:54	00:35:53		7	4	1
8	369	DARREN SHEPHERD	M	MV45	SADDLEWORTH RUNNERS CLUB	00:35:59	00:35:57		8	1	1
9	135	JOSEPH FARRELLY	M	MSEN	MANCHESTER HARRIERS & AC	00:36:55	00:36:54		9	5	1
10	327	RICHARD O'SULLIVAN	M	MSEN		00:37:17	00:37:15		10	6	
11	299	MATTHEW MORAN	M	MV40	BRAMHALL RUNNERS	00:37:22	00:37:21		11	4	2
12	154	JASON FOWLER	M	MV45	BRAMHALL RUNNERS	00:37:49	00:37:47		12	2	3
13	336	TOM PEERS	M	MSEN	STOCKPORT HARRIERS & AC	00:38:17	00:38:16		13	7	5
14	187	MATT HARGREAVES	M	MV40		00:39:28	00:39:22		14	5	
15	443	PETER WILLIAMS	M	MSEN	WILMSLOW STRIDERS	00:40:14	00:40:12		15	8	1
16	242	JAMES KOK SHUN	M	MSEN		00:40:23	00:40:20		16	9	
17	429	FAYE JASMINE WATERHOUSE	F	FSEN	STOCKPORT HARRIERS & AC	00:40:41	00:40:39	1		1	1
18	238	MARK KIRKBY	M	MSEN	WILMSLOW RUNNING CLUB	00:40:47	00:40:44		17	10	2
19	256	NICK LIVINGSTONE	M	MSEN		00:40:56	00:40:50		18	11	
20	243	PHILIP KOK SHUN	M	MSEN		00:41:08	00:41:04		19	12	
21	225	SAM JOHNSON	M	MSEN		00:41:14	00:41:04		20	13	
22	265	LAURIE LUSCOMBE	M	MSEN	LIVERPOOL HARRIERS & AC	00:41:24	00:41:23		21	14	1
23	230	ROBERT KEDIAN	M	MV45		00:41:38	00:41:35		22	3	
24	25	STEWART BLAIR	M	MV45		00:41:39	00:41:37		23	4	
25	8	JOE ALLABY	M	MSEN	POYNTON RUNNERS	00:41:42	00:41:40		24	15	1
26	54	STEPHEN BRUNDRETT	M	MV50	BRAMHALL RUNNERS	00:41:43	00:41:40		25	1	4
27	411	DAVID THOMSON	M	MSEN	POYNTON RUNNERS	00:41:52	00:41:44		26	16	2
28	444	RICHARD WILLIAMS	M	MV45	MARPLE RUNNERS	00:42:12	00:42:07		27	5	1
29	252	DAVID LEVIS	M	MV55	POYNTON RUNNERS	00:42:21	00:42:18		28	1	3
30	328	SEAN O'SULLIVAN	M	MSEN		00:42:26	00:42:24		29	17	
31	205	ANDREW HOOPER	M	MV40		00:42:30	00:42:24		30	6	
32	175	MICHAEL GUBBINS	M	MV45	HYDE VILLAGE STRIDERS	00:42:33	00:42:31		31	6	1
33	189	LOUISA HARRISON	F	FV45	WILMSLOW RUNNING CLUB	00:42:47	00:42:42	2		1	1
34	164	DAVID GEE	M	MV65		00:42:58	00:42:56		32	1	
35	85	NEIL COMMINS	M	MV50	MARPLE RUNNERS	00:43:09	00:43:04		33	2	2
36	197	COLIN HILL	M	MSEN	POYNTON RUNNERS	00:43:13	00:43:10		34	18	4
37	408	MATTHEW TAYLOR	M	MV45	WILMSLOW RUNNING CLUB	00:43:16	00:43:12		35	7	3
38	358	CHRIS ROBBO	M	MV45	MARPLE RUNNERS	00:43:16	00:43:11		36	8	3
39	31	STEPHEN BOOTH	M	MSEN		00:43:18	00:43:14		37	19	
40	441	DAMIEN WIGHTMAN	M	MV40		00:43:20	00:43:17		38	7	
41	13	MATT ANTHONY	M	MSEN		00:43:25	00:43:14		39	20	
42	173	JOEL GROCOCK	M	MV45		00:43:28	00:43:22		40	9	
43	91	LAURA COUCILL	F	FSEN	SALFORD HARRIERS A&C	00:43:35	00:43:33	3		2	1
44	406	JAMES TALBOT	M	MV40	MARPLE RUNNERS	00:43:36	00:43:30		41	8	4
45	45	DAN BRITTON	M	MV45	MARPLE RUNNERS	00:43:38	00:43:32		42	10	5
46	283	DANIEL MCDERMOTT	M	MV45	HYDE VILLAGE STRIDERS	00:43:40	00:43:37		43	11	2
47	395	GARETH STOCKDALE	M	MV45	MACCLESFIELD HARRIERS & AC	00:43:42	00:43:29		44	12	1
48	415	RACHEL TOMALIN	F	FV40		00:43:49	00:43:36	4		1	
49	195	DOMINIC HESLOP	M	MV40		00:43:54	00:43:46		45	9	
50	40	CARL BRADDOCK	M	MV55	DAVENPORT RUNNERS	00:43:55	00:43:52		46	2	1
51	316	MATTHEW NEILSON	M	MSEN	BRAMHALL RUNNERS	00:43:57	00:43:53		47	21	5
52	339	JENNIE PICKARD	F	FV50	STOCKPORT HARRIERS & AC	00:44:00	00:43:59	5		1	2
53	162	GLEN GANDY	M	MV55	MANCHESTER HARRIERS & AC	00:44:02	00:43:58		48	3	2
54	319	MARK NEWMAN	M	MSEN		00:44:38	00:44:30		49	22	
55	223	JULIA JOHNSON	F	FV55		00:44:48	00:44:45	6		1	
56	455	PAUL WRIGGLESWORTH	M	MV40		00:44:59	00:44:56		50	10	
57	356	ASH RICHARDSON	M	MSEN		00:45:03	00:44:56		51	23	
58	204	DAVID HOLTEY	M	MV50	MARPLE RUNNERS	00:45:06	00:45:01		52	3	6
59	36	IAN BOWKER	M	MV50	MARPLE RUNNERS	00:45:12	00:45:07		53	4	7
60	404	MAX SYDDALL	M	MSEN		00:45:24	00:45:19		54	24	
61	249	JON LEE	M	MV55	PEAK AND VALLEY TRAIL RUNNERS	00:45:35	00:45:23		55	4	1
62	65	MARTIN CAROLAN	M	MSEN	DIDSBURY RUNNERS	00:45:39	00:45:39		56	25	1
63	35	ANNETTE BOWDEN	F	FV50	MARPLE RUNNERS	00:45:40	00:45:28	7		2	1
64	418	SAM TURNBULL	M	MSEN	POYNTON RUNNERS	00:45:47	00:45:44		57	26	5
65	330	MARK OXBOROUGH-SHARP	M	MSEN	POYNTON RUNNERS	00:45:52	00:45:47		58	27	6
66	232	MATTHEW KEITH	M	MSEN		00:45:57	00:45:52		59	28	
67	97	MIKE CROPPER	M	MSEN		00:46:01	00:45:52		60	29	
68	431	ANDY WATTS	M	MV70	WILMSLOW RUNNING CLUB	00:46:11	00:46:01		61	1	4
69	237	MIKE KINNEAR	M	MV40		00:46:12	00:45:48		62	11	
70	18	PAUL BAYLEY	M	MV60		00:46:16	00:46:06		63	1	
71	260	PAUL LOMAX	M	MV55	POYNTON RUNNERS	00:46:26	00:46:19		64	5	7
72	325	DAVE OLDFIELD	M	MSEN		00:46:41	00:46:27		65	30	
73	246	DOMINIC LATHAM	M	MSEN		00:46:51	00:46:37		66	31	

74	233	HARRY KELLY	M	MV50		00:46:56	00:46:47	67	5	
75	50	PETER BROWN	M	MV40		00:46:57	00:46:43	68	12	
76	160	RICHARD FURNISS	M	MV55	MARPLE RUNNERS	00:46:59	00:46:46	69	6	8
77	383	LEWIS SMITH	M	MV50	MARPLE RUNNERS	00:47:02	00:46:55	70	6	9
78	413	JAMES TODD	M	MSEN		00:47:03	00:46:56	71	32	
79	28	ALAN BOCKING	M	MV65	MANCHESTER HARRIERS & AC	00:47:03	00:46:59	72	2	3
80	263	HOLLY LUCAS	F	FSEN	WILMSLOW RUNNING CLUB	00:47:05	00:46:58	8	3	2
81	239	SCOTT KITTERIDGE	M	MSEN		00:47:09	00:47:03	73	33	
82	432	EDWARD WEATHERALL	M	MSEN	POYNTON RUNNERS	00:47:09	00:47:06	74	34	8
83	224	OLIVER JOHNSON	M	MV40		00:47:16	00:47:07	75	13	
84	370	COLIN SHORE	M	MV45	STOCKPORT TRI CLUB	00:47:18	00:47:14	76	13	1
85	165	SARAH GIBBINS	F	FSEN	POYNTON RUNNERS	00:47:19	00:47:16	9	4	1
86	166	MATTHEW GIBBINS	M	MV45	SALFORD METROPOLITAN AC	00:47:21	00:47:09	77	14	1
87	331	ADAM PAINTER	M	MSEN		00:47:23	00:47:11	78	35	
88	272	SCOTT MACDONALD	M	MSEN		00:47:30	00:47:09	79	36	
89	459	GARY YATES	M	MV50		00:47:34	00:47:27	80	7	
90	110	CHRIS DOAR	M	MSEN		00:47:35	00:47:25	81	37	
91	329	CURIG OWEN	M	MV40		00:47:46	00:47:34	82	14	
92	115	JAMIE DONOHUE	M	MSEN		00:47:46	00:47:28	83	38	
93	442	KAREN WILEMAN	F	FV40	BRAMHALL RUNNERS	00:47:51	00:47:47	10	2	1
94	52	PHILIP BROWN	M	MV55		00:47:54	00:47:41	84	7	
95	446	WAYNE WILSON	M	MV60		00:47:56	00:47:48	85	2	
96	322	PAUL NORRIS	M	MV60	WILMSLOW RUNNING CLUB	00:47:59	00:47:54	86	3	5
97	181	PAUL HAINES	M	MV50	STOCKPORT HARRIERS & AC	00:48:06	00:48:00	87	8	6
98	309	DAVID MURCH	M	MV50	POYNTON RUNNERS	00:48:10	00:47:57	88	9	9
99	192	MICHAEL HARTE	M	MV50	STOCKPORT TRI CLUB	00:48:17	00:48:09	89	10	2
100	401	KATE SUTTON	F	FV55	WILMSLOW RUNNING CLUB	00:48:22	00:48:15	11	2	3
101	167	DANILO GOMES	M	MSEN		00:48:31	00:48:26	90	39	
102	203	TONY HOLT	M	MV60	FIRE SERVICE	00:48:42	00:48:32	91	4	1
103	44	JAMES BRISBANE	M	MV45		00:48:48	00:48:44	92	15	
104	66	AMY CARR	F	FSEN	MACCLESFIELD HARRIERS & AC	00:48:48	00:48:41	12	5	1
105	279	ANGELA MCCARTHY	F	FV60	WILMSLOW RUNNING CLUB	00:48:52	00:48:38	13	1	4
106	337	DAVE PERRY	M	MV50		00:48:53	00:48:43	93	11	
107	4	AFY AFROUZ	F	FSEN	BRAMHALL RUNNERS	00:48:58	00:48:39	14	6	2
108	384	SANDRA SMITH	F	FV50	MARPLE RUNNERS	00:49:04	00:48:57	15	3	2
109	453	ALLISTER WORRALL	M	MSEN	NORTHWICH RUNNING CLUB	00:49:05	00:48:58	94	40	1
110	144	JAMIE FINNEGAN	M	MV50		00:49:06	00:48:38	95	12	
111	131	GAVIN EYQUEM	M	MV40		00:49:08	00:49:06	96	15	
112	326	JANINE ORTON	F	FV40		00:49:16	00:49:08	16	3	
113	155	KELLY FOWLER	F	FV40		00:49:17	00:49:10	17	4	
114	48	DANIEL BROOKS	M	MSEN		00:49:20	00:49:16	97	41	
115	381	ALISON SMITH	F	FV40		00:49:28	00:49:17	18	5	
116	64	CAROLINE CANTY	F	FV45	BRAMHALL RUNNERS	00:49:30	00:49:26	19	2	3
117	398	SARAH STUTCHFIELD	F	FV45	MARPLE RUNNERS	00:49:37	00:49:24	20	3	3
118	397	ROB STUTCHFIELD	M	MV45	MARPLE RUNNERS	00:49:39	00:49:25	98	16	10
119	176	NICHOLAS GUDEGAST	M	MV45	MARPLE RUNNERS	00:49:41	00:49:35	99	17	11
120	306	NICKY MOWAT	F	FV60	WILMSLOW RUNNING CLUB	00:49:50	00:49:45	21	2	5
121	183	MIKE HALL	M	MV55	BRAMHALL RUNNERS	00:49:57	00:49:51	100	8	6
122	5	JAMIE AINSLIE	M	MSEN		00:50:08	00:49:45	101	42	
123	150	SIMON FLITCROFT	M	MV50		00:50:11	00:50:03	102	13	
124	403	CHRISTOPHER SYDDALL	M	MV55		00:50:12	00:50:07	103	9	
125	186	TIM HARGREAVES	M	MV65	STOCKPORT HARRIERS & AC	00:50:16	00:49:54	104	3	7
126	346	JACK POULTON	M	MSEN		00:50:19	00:50:10	105	43	
127	267	MARTIN LYNCH	M	MV45	MARPLE RUNNERS	00:50:20	00:50:07	106	18	12
128	382	RICHARD SMITH	M	MV40		00:50:21	00:50:10	107	16	
129	426	PAUL WALLACE	M	MSEN		00:50:30	00:50:08	108	44	
130	159	JONATHAN FULLER	M	MSEN		00:50:31	00:50:16	109	45	
131	152	WILL FOTHERINGHAM	M	MV45		00:50:34	00:50:21	110	19	
132	390	SIMON SPURRELL	M	MV50	#MRPTRUNDAMENTALIST	00:50:37	00:50:27	111	14	1
133	113	LUKE T DONAHUE	M	MSEN		00:50:41	00:50:24	112	46	
134	436	ALLY WHITBREAD	F	FV50		00:50:47	00:50:35	22	4	
135	148	SIMON FLEMING	M	MSEN		00:50:47	00:50:25	113	47	
136	241	MARK KNIGHT	M	MV40		00:50:49	00:50:30	114	17	
137	104	LAURA DALTON	F	FSEN	MACCLESFIELD HARRIERS & AC	00:50:56	00:50:49	23	7	2
138	140	ROY FEATHERSTONE	M	MV65	WINSTON RUNNERS	00:50:58	00:50:42	115	4	1
139	361	VICKY ROBINSON	F	FSEN	MARPLE RUNNERS	00:51:01	00:50:46	24	8	4
140	359	IAN ROBERTS	M	MV55	WILMSLOW RUNNING CLUB	00:51:04	00:50:51	116	10	6
141	84	RACHEL COLLEY	F	FSEN		00:51:06	00:50:55	25	9	
142	258	EMMA LOCK	F	FSEN	POYNTON RUNNERS	00:51:07	00:50:40	26	10	2
143	376	NEIL SIMMS	M	MSEN		00:51:09	00:50:56	117	48	
144	147	MICHAEL FLANNERY	M	MSEN		00:51:13	00:50:50	118	49	
145	433	GARY WENN	M	MV55	POYNTON RUNNERS	00:51:15	00:50:46	119	11	10
146	156	JAMES FRANKHAM	M	MV40		00:51:17	00:50:51	120	18	
147	212	NEIL HURREN	M	MV40	MARPLE RUNNERS	00:51:20	00:50:56	121	19	13

148	270	BETTY LYONS	F	FSEN		00:51:24	00:51:09	27		11	
149	271	ROB LYONS	M	MSEN		00:51:25	00:51:11		122	50	
150	276	MIKE MASON	M	MV55	HYDE VILLAGE STRIDERS	00:51:33	00:51:13		123	12	3
151	414	DAMIEN TOLAN	M	MV45		00:51:37	00:51:22		124	20	
152	378	JOANNE SLINGER	F	FV40		00:51:37	00:51:22	28		6	
153	445	CATHERINE WILSON	F	FV55	MACCLESFIELD HARRIERS & AC	00:51:42	00:51:27	29		3	3
154	295	KAREN MOLLOY	F	FV50	MARPLE RUNNERS	00:51:45	00:51:33	30		5	5
155	114	LISA DONNELLY	F	FV45	BELLE VUE RACERS	00:51:48	00:51:33	31		4	1
156	209	MARTIN HUGHES	M	MV60	ONE FOOTPATH RUNNERS & ATHLETIC	00:51:50	00:51:47		125	5	1
157	363	GORDON ROGAN	M	MV55	MARPLE RUNNERS	00:51:55	00:51:41		126	13	14
158	412	JOANNA THORNTON	F	FSEN		00:52:00	00:51:43	32		12	
159	344	ADAM POOLFORD	M	MSEN		00:52:08	00:52:04		127	51	
160	424	DAVID WALL	M	MV45		00:52:11	00:51:37		128	21	
161	400	RICK SUTER	M	MSEN		00:52:12	00:52:00		129	52	
162	107	JEFF DENNY	M	MV65		00:52:13	00:51:57		130	5	
163	210	SIMON HUGHES	M	MSEN	MARPLE RUNNERS	00:52:30	00:52:06		131	53	15
164	268	MARK LYNCH	M	MV50	MARPLE RUNNERS	00:52:33	00:52:20		132	15	16
165	30	ANDREA BOOTH	F	FV45	POYNTON RUNNERS	00:52:36	00:52:23	33		5	3
166	134	LINDSEY FARRELLY	F	FV45	MANCHESTER HARRIERS & AC	00:52:39	00:52:22	34		6	1
167	136	PAUL FARRINGTON	M	MV45		00:52:42	00:52:33		133	22	
168	60	TIM BYRNE	M	MV55	BRAMHALL RUNNERS	00:52:43	00:52:27		134	14	7
169	95	KENJI CROMPTON	M	MV45		00:52:53	00:52:25		135	23	
170	425	LIAM WALL	M	MSEN		00:52:54	00:52:21		136	54	
171	9	LUCY ALLABY	F	FSEN	POYNTON RUNNERS	00:52:55	00:52:26	35		13	4
172	81	STEPHEN COATES	M	MV55	POYNTON RUNNERS	00:52:58	00:52:31		137	15	11
173	151	ANTHONY FORD	M	MV40		00:52:59	00:52:27		138	20	
174	448	WENDY WOODHEAD	F	FV40	MANCHESTER HARRIERS & AC	00:53:02	00:52:45	36		7	2
175	240	GEORGE KITTERIDGE	M	MSEN		00:53:05	00:52:52		139	55	
176	132	DAVID EYRE	M	MSEN		00:53:09	00:52:57		140	56	
177	127	MARK EVANS	M	MSEN		00:53:12	00:52:47		141	57	
178	250	ANDREA LEES	F	FV45	POYNTON RUNNERS	00:53:16	00:52:50	37		7	5
179	129	JO EVANS	F	FSEN	BRAMHALL RUNNERS	00:53:18	00:53:10	38		14	4
180	341	RICHARD PLUNKETT	M	MV55	ACRE STREET RUNNERS	00:53:19	00:53:05		142	16	1
181	1	JILL ABBOTT	F	FV60	MACCLESFIELD HARRIERS & AC	00:53:20	00:52:56	39		3	4
182	379	BREESHEY SMITH	F	FV50	BRAMHALL RUNNERS	00:53:25	00:53:06	40		6	5
183	261	EMMA LOVERIDGE	F	FV40	MARPLE RUNNERS	00:53:27	00:53:01	41		8	6
184	74	ROSIE CHADWICK	F	FSEN		00:53:31	00:53:22	42		15	
185	124	WILL ELLIS	M	MSEN		00:53:34	00:53:16		143	58	
186	126	STEVEN ERSKINE	M	MV40		00:53:36	00:53:36		144	21	
187	345	JOHN PORTEOUS	M	MV65		00:53:42	00:53:38		145	6	
188	251	SIMON LEES	M	MV50	POYNTON RUNNERS	00:53:44	00:53:16		146	16	12
189	69	SHAUN CARTER	M	MV40		00:53:48	00:53:39		147	22	
190	170	JOHN GRAYSTON	M	MV40		00:53:49	00:53:36		148	23	
191	285	GAVIN MCKAY	M	MV40	POYNTON RUNNERS	00:53:51	00:53:25		149	24	13
192	291	CATHERINE MELLOR	F	FV40	WILMSLOW RUNNING CLUB	00:53:52	00:53:28	43		9	6
193	196	MARK HETHERINGTON	M	MV45	POYNTON RUNNERS	00:53:54	00:53:41		150	24	14
194	392	EMMA STEPHENSON	F	FSEN		00:53:54	00:53:45	44		16	
195	102	SIMON DAKIN	M	MV55	MARPLE RUNNERS	00:53:56	00:53:39		151	17	17
196	458	JANET WYLES	F	FV55	WILMSLOW RUNNING CLUB	00:54:06	00:53:41	45		4	7
197	67	LEA CARRUTHERS	F	FSEN		00:54:14	00:53:47	46		17	
198	106	MATTHEW DAVIES	M	MSEN		00:54:19	00:53:53		152	59	
199	332	ANDY PALMER	M	MSEN		00:54:22	00:53:49		153	60	
200	111	DAVID DOBSON	M	MSEN		00:54:23	00:53:48		154	61	
201	282	LEE MCCOURT	M	MV40	NORTHERN MASTERS AC	00:54:29	00:54:09		155	25	1
202	80	JASON CLIFT-JONES	M	MSEN		00:54:33	00:54:03		156	62	
203	96	ELLIE CROMPTON	F	FSEN		00:54:34	00:54:07	47		18	
204	59	ANDREW BUTHFER	M	MV50		00:54:35	00:54:29		157	17	
205	213	IAN HUTCHINGS	M	MV50		00:54:44	00:54:32		158	18	
206	32	RODGER BOOTHMAN	M	MV60		00:54:49	00:54:29		159	6	
207	293	SOPHIE MILLINGTON	F	FSEN		00:54:56	00:54:40	48		19	
208	430	DAVID WATERHOUSE	M	MV65	MOOR RUNNING FRIENDS	00:55:03	00:54:33		160	7	1
209	21	GEORGINA BENNETT	F	FSEN		00:55:05	00:54:41	49		20	
210	73	NINA CASSIDY	F	FV45		00:55:13	00:54:55	50		8	
211	388	JOHN SORRIENTO	M	MV60		00:55:16	00:54:56		161	7	
212	419	MARK TURNER	M	MV45		00:55:42	00:55:21		162	25	
213	367	REBECCA SCANLON	F	FV45		00:55:48	00:55:32	51		9	
214	149	WAYNE FLETCHER	M	MV50		00:55:51	00:55:18		163	19	
215	259	TOM LOMAS	M	MSEN		00:55:52	00:55:24		164	63	
216	277	STEPH MATHER	F	FV45		00:55:54	00:55:31	52		10	
217	121	ROB DUNLEY	M	MV45	POYNTON RUNNERS	00:55:56	00:55:31		165	26	15
218	447	JESS WOOD	F	FSEN		00:56:05	00:55:44	53		21	
219	153	HELEN FOTHERINGHAM	F	FV40	POYNTON RUNNERS	00:56:08	00:55:54	54		10	6
220	177	CHRIS GUYMER	M	MSEN		00:56:20	00:56:06		166	64	
221	82	MATT COATH	M	MV50		00:56:25	00:56:00		167	20	

222	178	DAVID GUYMER	M	MSEN		00:56:39	00:56:25	168	65		
223	385	ROBERT SMITH	M	MV45		00:56:41	00:56:14	169	27		
224	353	ROSALIND REEVES	F	FV55	POYNTON RUNNERS	00:56:45	00:56:18	55	5	7	
225	15	PHILIPPA ATHA	F	FV50	POYNTON RUNNERS	00:56:48	00:56:20	56	7	8	
226	281	SARAH MCCOURT	F	FSEN		00:56:53	00:56:33	57	22		
227	454	HELEN WRAY	F	FV40		00:56:57	00:56:49	58	11		
228	288	ANN MCLAUGHLIN	F	FV55	MANCHESTER HARRIERS & AC	00:56:58	00:56:40	59	6	3	
229	14	IAN ASHCROFT	M	MV75	WILMSLOW RUNNING CLUB	00:57:03	00:56:56		170	1	7
230	317	ANDREW NEILSON	M	MSEN		00:57:23	00:57:01		171	66	
231	343	HELEN POINTON	F	FV40	#MRPTRUNDAMENTALIST	00:57:31	00:57:09	60	12	1	
232	420	PATRICK VARLEY	M	MSEN	MANCHESTER ROAD RUNNERS	00:57:44	00:57:21		172	67	1
233	296	RUTH MOLLOY	F	FV45		00:58:02	00:57:45	61	11		
234	10	MARK ALLEN	M	MV55		00:58:03	00:57:34		173	18	
235	143	LISA FINNEGAN	F	FV45		00:58:07	00:57:40	62	12		
236	301	VALERIE MORGAN	F	FV65		00:58:11	00:57:56	63	1		
237	437	KIM WHITE	F	FSEN		00:58:14	00:57:56	64	23		
238	11	JOE ALLEN	M	MSEN		00:58:14	00:57:43		174	68	
239	71	JONATHAN CARTY	M	MV40		00:58:14	00:57:57		175	26	
240	188	HAZEL HARRINGTON	F	FV55	BRAMHALL RUNNERS	00:58:15	00:57:54	65	7	6	
241	312	RACHAEL NEEDHAM	F	FV45		00:58:20	00:57:50	66	13		
242	313	MARK NEEDHAM	M	MV50		00:58:21	00:57:51		176	21	
243	63	SUE CAMPBELL	F	FV65		00:58:23	00:58:05	67	2		
244	172	DENISE GREGORY	F	FV55	BRAMHALL RUNNERS	00:58:26	00:58:04	68	8	7	
245	402	LISA SWEENEY	F	FSEN		00:58:28	00:58:03	69	24		
246	275	PETE MASON	M	MV45		00:58:29	00:58:04		177	28	
247	86	MELANIE COMMINS	F	FV50	MARPLE RUNNERS	00:58:30	00:58:00	70	8	7	
248	393	JOANNE STEPHENSON	F	FV45	MARPLE RUNNERS	00:58:30	00:58:01	71	14	8	
249	123	LEAH ELLIS	F	FV40		00:58:31	00:58:13	72	13		
250	273	CHRIS MARSH	M	MV40		00:58:35	00:58:26		178	27	
251	262	JULIE LUCAS	F	FV55	WILMSLOW RUNNING CLUB	00:58:42	00:58:18	73	9	8	
252	199	NICOLA HODGSON	F	FSEN		00:58:48	00:58:29	74	25		
253	216	C J	F	FV40	POYNTON RUNNERS	00:58:58	00:58:46	75	14	9	
254	217	FIONA JACK	F	FV60	POYNTON RUNNERS	00:58:59	00:58:29	76	4	10	
255	130	LOUISE EWBANK	F	FSEN	MARPLE RUNNERS	00:59:00	00:58:34	77	26	9	
256	428	ALISON WARDS	F	FV50		00:59:01	00:58:39	78	9		
257	174	MARK GRUNDY	M	MV60	BRAMHALL RUNNERS	00:59:01	00:58:39		179	8	8
258	416	WENDY TOREVELL	F	FV65	BRAMHALL RUNNERS	00:59:05	00:58:43	79	3	8	
259	234	DEBBIE KELLY	F	FV50		00:59:12	00:59:03	80	10		
260	235	ALAN KENNEDY	M	MV65		00:59:15	00:58:52		180	8	
261	3	MALCOLM ADAMS	M	MV70	POYNTON RUNNERS	00:59:16	00:58:47		181	2	16
262	128	PETER EVANS	M	MV55		00:59:19	00:58:50		182	19	
263	22	DEBORAH BERESFORD	F	FV55	MANCHESTER HARRIERS & AC	00:59:30	00:59:13	81	10	4	
264	23	FRANCES BILLS	F	FV55	BRAMHALL RUNNERS	00:59:38	00:59:17	82	11	9	
265	120	LEANNE DULSON	F	FV40		00:59:47	00:59:28	83	15		
266	228	LISA JORDAN	F	FV40		00:59:48	00:59:28	84	16		
267	294	EMMA MILLINGTON	F	FSEN		00:59:53	00:59:36	85	27		
268	208	ROY HUGHES	M	MSEN	SADDLEWORTH RUNNERS CLUB	00:59:57	00:59:39		183	69	2
269	371	JO SIDDALL	F	FV50	POYNTON RUNNERS	00:59:59	00:59:40	86	11	11	
270	46	PHILIP BROADBENT	M	MV50		01:00:16	00:59:41		184	22	
271	307	LAUREN MOWAT	F	FSEN		01:00:17	00:59:52	87	28		
272	308	ROB MOWAT	M	MSEN		01:00:19	00:59:54		185	70	
273	99	LUCY CROSSLEY	F	FSEN		01:00:23	01:00:00	88	29		
274	218	LESLEY JACKSON	F	FV45		01:00:37	01:00:21	89	15		
275	349	STEPHEN PROCTOR	M	MV45		01:00:40	01:00:13		186	29	
276	200	SOPHIE HOLLAND	F	FSEN		01:00:40	01:00:22	90	30		
277	191	KATIE HARROP	F	FSEN		01:00:42	01:00:17	91	31		
278	287	LAURA MCKINNEY	F	FV45		01:00:42	01:00:25	92	16		
279	372	SUSIE SIDLEY	F	FV40		01:00:43	01:00:21	93	17		
280	112	MARK DONAHUE	M	MV45		01:00:47	01:00:25		187	30	
281	2	HELEN ABBOTT	F	FSEN	MACCLESFIELD HARRIERS & AC	01:00:47	01:00:22	94	32	5	
282	133	KAREN FAN	F	FV40		01:00:50	01:00:30	95	18		
283	357	KELLY ROBBINS	F	FV45		01:00:51	01:00:25	96	17		
284	92	RICHARD COULBY	M	MV55	STOCKPORT TRI CLUB	01:00:56	01:00:37		188	20	3
285	56	NATHAN BUCKLEY	M	MV40		01:01:02	01:00:46		189	28	
286	103	PAUL DALE	M	MV70		01:01:05	01:00:36		190	3	
287	264	CARLIE LUMB	F	FSEN		01:01:13	01:00:57	97	33		
288	182	MARTIN HALL	M	MV60		01:01:21	01:00:54		191	9	
289	435	CHARLIE WESTBROOK-PLATTS	F	FV40	POYNTON RUNNERS	01:01:23	01:00:56	98	19	12	
290	434	MATT WESTBROOK	M	MSEN	POYNTON RUNNERS	01:01:24	01:00:56		192	71	17
291	231	JOAN KEENAN	F	FV60		01:01:29	01:01:00	99	5		
292	417	JENNA TRANTER	F	FSEN	IFFERTON COMMUNITY ROADRUNNER	01:01:37	01:01:26	100	34	1	
293	194	CLAIRE HAWKER	F	FV55	POYNTON RUNNERS	01:01:42	01:01:10	101	12	13	
294	284	TINA MCGARRIE	F	FV50		01:01:47	01:01:14	102	12		
295	266	SARAH LYNCH	F	FV45		01:01:55	01:01:47	103	18		

296	206	EMILY HOOPER	F	FSEN		01:02:05	01:01:42	104		35	
297	53	SUSAN BROWNE	F	FV55		01:02:05	01:01:55	105		13	
298	245	JO LANGRIDGE	F	FV50	POYNTON RUNNERS	01:02:09	01:01:36	106		13	14
299	220	ALAN JENKINSON	M	MV70	STYAL RUNNING CLUB	01:02:21	01:02:06		193	4	1
300	373	ANN SILCOCK	F	FV65		01:02:32	01:02:04	107		4	
301	421	DEBBIE WALDRON	F	FV45	HEATHER SOS FITNESS	01:02:44	01:02:26	108		19	1
302	116	SARAH DOWNES	F	FV45		01:02:46	01:02:22	109		20	
303	6	HEATHER AINSWORTH	F	FSEN		01:02:47	01:02:23	110		36	
304	304	CATRIN MORRIS	F	FSEN		01:02:47	01:02:23	111		37	
305	145	CHRIS FISHER	M	MV50		01:02:48	01:02:40		194	23	
306	184	GEMMA HALLWORTH	F	FV40		01:02:49	01:02:40	112		20	
307	255	HEATH LIST	M	MV55	ROTHWELL HARRIERS & AC	01:02:54	01:02:32		195	21	1
308	19	NEALE BEARDSLEY	M	MV45		01:02:58	01:02:31		196	31	
309	43	TRACEY BRERETON	F	FV45	MARPLE RUNNERS	01:03:08	01:02:41	113		21	10
310	278	STEVEN MCCALL	M	MV60	MANCHESTER HARRIERS & AC	01:03:08	01:02:43		197	10	4
311	352	JON RADCLIFFE	M	MSEN		01:03:09	01:02:45		198	72	
312	350	LAURA PRZYLIPIAK	F	FSEN	MANCHESTER HARRIERS & AC	01:03:13	01:02:54	114		38	5
313	47	ADRIAN BROOKS	M	MV65	WINSTON RUNNERS	01:03:21	01:02:11		199	9	2
314	57	NIKKI BURGESS	F	FV50	MANCHESTER HARRIERS & AC	01:03:23	01:03:05	115		14	6
315	342	CLAIRE PLUNKETT	F	FV45	ACRE STREET RUNNERS	01:03:29	01:03:14	116		22	1
316	221	RHONA JOHNSON	F	FV60	BRAMHALL RUNNERS	01:03:44	01:03:23	117		6	10
317	109	ALEXIS DINSMOR	F	FV70	STOCKPORT HARRIERS & AC	01:03:46	01:03:26	118		1	3
318	244	VALERIE KULKARNI	F	FV60	MACCLESFIELD HARRIERS & AC	01:03:47	01:03:20	119		7	6
319	215	AMANDA ISHERWOOD	F	FV60		01:03:53	01:03:19	120		8	
320	214	ROGER ISHERWOOD	M	MV55		01:03:54	01:03:20		200	22	
321	51	UNA BROWN	F	FV40		01:03:54	01:03:30	121		21	
322	79	EMMA CLIFF	F	FV40		01:03:54	01:03:35	122		22	
323	318	LUKE NEWELL	M	MSEN		01:03:55	01:03:47		201	73	
324	247	PAUL LEACH	M	MV55		01:04:18	01:03:58		202	23	
325	101	DANIEL CULSHAW	M	MV50		01:04:24	01:03:52		203	24	
326	236	DEBBIE KENT	F	FV50	MACCLESFIELD HARRIERS & AC	01:04:28	01:04:09	123		15	7
327	16	ELIZABETH BAILEY	F	FV50	MACCLESFIELD HARRIERS & AC	01:04:34	01:04:15	124		16	8
328	122	SAMANTHA EKIN	F	FV40		01:04:49	01:04:38	125		23	
329	58	HELEN BUSZARD	F	FV40		01:04:55	01:04:44	126		24	
330	391	AMANDA STEAD	F	FV50	SPORTS FEET HAZEL GROVE	01:05:03	01:04:56	127		17	1
331	457	ANTHONY WRIGLEY	M	MV45		01:05:06	01:04:46		204	32	
332	39	MAGS BRADBURY	F	FV45		01:05:06	01:04:46	128		23	
333	348	KIRSTIN PRAGER	F	FV50		01:05:09	01:04:37	129		18	
334	423	STEVEN WALL	M	MV55		01:05:11	01:04:38		205	24	
335	94	STEPHEN CRAGG	M	MV70	MANCHESTER HARRIERS & AC	01:05:14	01:04:49		206	5	5
336	310	RACHEL MYERS	F	FSEN	MARPLE RUNNERS	01:05:17	01:04:49	130		39	11
337	323	GILL NURNEY	F	FV45		01:05:19	01:04:47	131		24	
338	365	MARIA ROYAL	F	FV60	MANCHESTER HARRIERS & AC	01:05:31	01:05:12	132		9	7
339	460	DON BULLOUGH	M	MV65	WILMSLOW RUNNING CLUB	01:05:37	01:05:31		207	10	8
340	161	JACQUELINE GALVIN	F	FV55		01:05:39	01:05:17	133		14	
341	158	TESSA FULLER	F	FSEN		01:05:41	01:05:25	134		40	
342	248	KATIE LEE	F	FSEN	POYNTON RUNNERS	01:05:43	01:05:13	135		41	15
343	88	SAMANTHA COOK	F	FV50	MARPLE RUNNERS	01:05:58	01:05:27	136		19	12
344	42	TONY BRAY	M	MV70		01:06:05	01:05:35		208	6	
345	314	LAURA NEGUS	F	FSEN	DIDSBURY RUNNERS	01:06:07	01:05:12	137		42	1
346	338	CHARLOTTE PHILLIPS	F	FV40	POYNTON RUNNERS	01:06:30	01:06:15	138		25	16
347	93	CATHERINE COWIE	F	FV45		01:06:45	01:06:13	139		25	
348	440	STUART WHITTLE	M	MV65	WINSTON RUNNERS	01:06:47	01:06:25		209	11	3
349	297	JACQUI MOLLOY	F	FV60	MANCHESTER HARRIERS & AC	01:06:49	01:06:31	140		10	8
350	26	CLARE BLYTHE	F	FV45	MARPLE RUNNERS	01:06:56	01:06:25	141		26	13
351	98	LINDA CROSS	F	FV55		01:06:59	01:06:42	142		15	
352	117	LORRAINE DOYLE	F	FV40		01:07:09	01:07:01	143		26	
353	321	ANTONY NIBLOE	M	MV45		01:07:09	01:07:01		210	33	
354	439	POLLY WHITTLE	F	FV70		01:07:11	01:06:54	144		2	
355	105	STEVE DANIELS	M	MV45		01:07:13	01:06:47		211	34	
356	49	CATH BROOMFIELD	F	FV45	MARPLE RUNNERS	01:07:18	01:06:47	145		27	14
357	377	HEATHER SIMPSON	F	FV55		01:07:25	01:07:07	146		16	
358	70	VICKY CARTY	F	FV45		01:07:26	01:07:07	147		28	
359	324	ANDREW NURNEY	M	MV50	DADDIES ESCAPE	01:07:27	01:06:55		212	25	1
360	405	GILLIAN SZAFRANSKI	F	FV50	LONELY GOAT RC	01:07:31	01:07:19	148		20	1
361	290	SUSAN MEE	F	FV50	WINSTON RUNNERS	01:07:40	01:07:16	149		21	1
362	157	DAVID FRITH	M	MV55	LONELY GOAT RC	01:07:52	01:07:17		213	25	1
363	72	DEBRA CASSAR	F	FV55	RAWMARSH RUNNERS	01:08:40	01:08:11	150		17	1
364	302	SAMANTHA MORGAN	F	FSEN		01:09:06	01:08:42	151		43	
365	450	VICTORIA WOOLDRIDGE	F	FSEN		01:09:30	01:09:07	152		44	
366	168	JANET GOUGH	F	FV55		01:09:36	01:09:03	153		18	
367	41	TONY BRADY	M	MV70	MANCHESTER HARRIERS & AC	01:10:06	01:09:41		214	7	6
368	146	NICOLA FISHER	F	FV50		01:10:11	01:10:01	154		22	
369	340	CHRISTOPHER PLATT	M	MV45		01:10:43	01:10:09		215	35	

370	12	FRANCES ANDREW	F	FV60		01:10:54	01:10:22	155		11	
371	422	JASON WALKER	M	MV50		01:11:19	01:11:03		216	26	
372	375	ADRIAN SIMMONDS	M	MV50	DAVENPORT RUNNERS	01:11:40	01:11:19		217	27	2
373	119	CLARE DRAPER	F	FSEN	BRAMHALL RUNNERS	01:11:58	01:11:30	156		45	11
374	118	KATIE DRAPER	F	FSEN	BRAMHALL RUNNERS	01:11:58	01:11:30	157		46	12
375	300	MORAG MORGAN	F	FV70	BRAMHALL RUNNERS	01:12:15	01:11:52	158		3	13
376	24	LAURA BLAIN	F	FSEN		01:12:22	01:11:55	159		47	
377	298	DEBBIE MOORE-GRUNDY	F	FV55		01:13:00	01:12:49	160		19	
378	141	NORA FEATHERSTONE	F	FV65	WINSTON RUNNERS	01:13:07	01:12:41	161		5	2
379	193	ANNA HARVEY	F	FSEN	ROTHWELL HARRIERS & AC	01:13:56	01:13:34	162		48	1
380	374	KAREN SILLS	F	FV50	POYNTON RUNNERS	01:14:35	01:14:02	163		23	17
381	227	LAURA JONES	F	FSEN		01:14:53	01:14:29	164		49	
382	347	DIANA POWELL	F	FV65	BRAMHALL RUNNERS	01:15:59	01:15:28	165		6	14
383	108	ELAINE DEVINE	F	FV65	STOCKPORT HARRIERS & AC	01:16:10	01:15:38	166		7	4
384	449	MEGAN WOODING	F	FV60		01:16:10	01:15:39	167		12	
385	320	DAVID NIBLOCK	M	MV60		01:16:54	01:16:31		218	11	
386	27	DEBBIE BOARDMAN	F	FV50	STOCKPORT HARRIERS & AC	01:20:20	01:19:49	168		24	5
387	226	STUART JONES	M	MV60	MARPLE RUNNERS	01:20:22	01:19:50		219	12	18
388	61	JUDE CALDWELL	F	FV50		01:25:29	01:24:56	169		25	
389	137	RACHEL FARROW	F	FV45		01:25:30	01:24:55	170		29	
390	7	ZEKI AL-KHISHALI	M	MSEN		01:25:35	01:25:00		220	74	