

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 26th November 2022

Under 11 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1743	Lucy Delamere	Southport Waterloo Ac	7:22	34	3118	Isla Brandt	Liverpool Harriers & Ac	9:02
2	1136	Beau Rawcliffe	Liverpool Harriers & Ac	7:33	35	976	Scarlet Gora	Lancaster & Morecambe Ac	9:03
3	1135	Isabella Parry	Liverpool Harriers & Ac	7:34	36	615	Lexie McLean	Clayton-Le-Moors Harriers	9:03
4	2258	Esme Cameron	Liverpool Harriers & Ac	7:35	37	617	Lucia Mitchell	Clayton-Le-Moors Harriers	9:07
5	1381	Ellie Blackhurst	Preston Harriers	7:49	38	355	Maggie Belfield	Blackpool Wyre & Fylde Ac	9:15
6	977	Fay Thomas	Lancaster & Morecambe Ac	7:52	39	469	Amelia Pendlebury	Chorley A & T	9:19
7	3107	Honor Peers	Liverpool Harriers & Ac	7:57	40	468	Winnie Lancaster	Chorley A & T	9:28
8	2212	Jasmine Hardman	Liverpool Harriers & Ac	8:08	41	361	Chloe Senior	Blackpool Wyre & Fylde Ac	9:30
9	3108	Pearl Fay	Liverpool Harriers & Ac	8:13	42	1741	Sophie Burns	Southport Waterloo Ac	9:30
10	3109	Stevie Williams	Liverpool Harriers & Ac	8:14	43	94	Eddie Wilson	Barrow & Furness Striders	9:34
11	3110	Mia Ford	Liverpool Harriers & Ac	8:15	44	2806	Alys Lalley	Liverpool Harriers & Ac	9:36
12	3111	Daisy Rushton	Liverpool Harriers & Ac	8:16	45	912	Michaela Donnolly	Kirkby Milers AC	9:40
13	1380	Georgina Benson	Preston Harriers	8:18	46	2807	Lucie Harper	Liverpool Harriers & Ac	9:41
14	1511	Iona Bell	Rossendale Harriers & Ac	8:19	47	915	Nancy Phillips	Kirkby Milers AC	9:42
15	471	Elsa Thomson	Chorley A & T	8:20	48	2808	Olivia Woods	Liverpool Harriers & Ac	9:47
16	1379	Georgina Andrews	Preston Harriers	8:21	49	3106	Caitlin McGuirk	Liverpool Harriers & Ac	9:47
17	2805	Savannah O'Hanlon	Wigan & District H & Ac	8:21	50	2809	Millie O'Mahoney	Blackpool Wyre & Fylde Ac	9:49
18	357	Lily-Rose McMinnis	Blackpool Wyre & Fylde Ac	8:22	51	2810	Kaitlyn Hunt	Liverpool Harriers & Ac	9:50
19	3112	Tilly Wright	Liverpool Harriers & Ac	8:24	52	1180	Isabelle Gall	Liverpool Pembroke Sefton	9:59
20	472	Ava Winstanley	Chorley A & T	8:35	53	1181	Sienna Hendley	Liverpool Pembroke Sefton	10:02
21	614	Molly Jackson	Clayton-Le-Moors Harriers	8:37	54	2215	Maya Smith	Pendle Athletic Club	10:02
22	3113	Elsie O'Doherty	Liverpool Harriers & Ac	8:41	55	2811	Lily Bucknall	Kirkby Milers AC	10:06
23	913	Lola Hill	Kirkby Milers AC	8:43	56	2812	Esther Sagar-Moss	Hyndburn Ac	10:18
24	3114	Sophie Holland	Liverpool Harriers & Ac	8:45	57	90	Olivia Hart	Barrow & Furness Striders	10:20
25	1896	Mione Todd	Trawden Athletic Club	8:45	58	2813	Hannah Sharrock	Kirkby Milers AC	10:21
26	773	Penelope Wadsworth	Kendal Helm Composite	8:48	59	2814	Holly Clarke	Leven Valley AC	10:29
27	2257	Nancy McEvoy	Liverpool Harriers & Ac	8:49	60	911	Susanna Brennan	Kirkby Milers AC	10:36
28	3116	Scarlett Clausen	Liverpool Harriers & Ac	8:49	61	2815	India Bates	Liverpool Harriers & Ac	10:40
29	413	Robyn Hall	Burnley Ac	8:57	62	616	Stephanie McLean	Clayton-Le-Moors Harriers	10:42
30	619	Freya Thomas	Clayton-Le-Moors Harriers	8:57	63	916	Isla Roach	Kirkby Milers AC	10:44
31	1513	Elsie Duffy	Rossendale Harriers & Ac	8:59	64	1892	Savannah Beresford	Trawden Athletic Club	10:54
32	975	Alice Briffett	Lancaster & Morecambe Ac	9:00	65	1894	Anna Gill	Trawden Athletic Club	11:35
33	3117	Lottie Hughes	Liverpool Harriers & Ac	9:00					

Under 11 Girls — TEAM RESULTS

1	Liverpool Harriers & Ac	9 —	2	Beau Rawcliffe	3	Isabella Parry	4	Esme Cameron
2	Preston Harriers	34 —	5	Ellie Blackhurst	13	Georgina Benson	16	Georgina Andrews
3	Lancaster & Morecambe Ac	73 —	6	Fay Thomas	32	Alice Briffett	35	Scarlet Gora
4	Chorley A & T	74 —	15	Elsa Thomson	20	Ava Winstanley	39	Amelia Pendlebury
5	Clayton-Le-Moors Harriers	87 —	21	Molly Jackson	30	Freya Thomas	36	Lexie McLean
6	Blackpool Wyre & Fylde Ac	97 —	18	Lily-Rose McMinnis	38	Maggie Belfield	41	Chloe Senior
7	Kirkby Milers AC	115 —	23	Lola Hill	45	Michaela Donnolly	47	Nancy Phillips
8	Trawden Athletic Club	154 —	25	Mione Todd	64	Savannah Beresford	65	Anna Gill

Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 26th November 2022

Under 11 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time			Time		
1	770	Harri Tancrel	Kendal Helm Composite	7:04	31	459	Matthew Bissett	Chorley A & T	8:17
2	3119	Bobby McEvoy	Liverpool Harriers & Ac	7:14	32	2801	Daniel O'Brien	Liverpool Harriers & Ac	8:18
3	1504	Charlie Dobson	Rossendale Harriers & Ac	7:15	33	973	Joe Maguire	Lancaster & Morecambe Ac	8:26
4	1506	Harry Hopkinson	Rossendale Harriers & Ac	7:17	34	1720	Roman Cantalejo	Southport Waterloo Ac	8:26
5	3120	Lucas Guyett	Liverpool Harriers & Ac	7:18	35	460	William Jenner	Chorley A & T	8:29
6	909	Edward Low	Kirkby Milers AC	7:20	36	906	F Shurie-Mackenzie	Kirkby Milers AC	8:32
7	3121	Seb Rung	Liverpool Harriers & Ac	7:27	37	2802	Jude Bretherton	Kirkby Milers AC	8:34
8	349	Jasper Hall	Blackpool Wyre & Fylde Ac	7:29	38	613	Alex Smialek	Clayton-Le-Moors Harriers	8:36
9	904	Harry Redhead	Kirkby Milers AC	7:29	39	1505	Arthur Grenfell	Rossendale Harriers & Ac	8:38
10	3122	Dylan Devine	Liverpool Harriers & Ac	7:31	40	611	Harry Lowde	Clayton-Le-Moors Harriers	8:39
11	174	Finn Morrison	Blackburn Harriers & Ac	7:37	41	1263	Reuben May	Lytham St Annes Rr Club	8:40
12	467	Morgan Watson	Chorley A & T	7:37	42	347	Ralph Baron	Blackpool Wyre & Fylde Ac	8:42
13	86	Noah Cook	Barrow & Furness Striders	7:38	43	1509	Harry Walker	Rossendale Harriers & Ac	8:42
14	1172	Matthew Bennett	Liverpool Pembroke Sefton	7:39	44	974	Jack Parrington	Lancaster & Morecambe Ac	8:43
15	905	Aron Savage	Kirkby Milers AC	7:42	45	1719	Lucas Cantalejo	Southport Waterloo Ac	8:45
16	466	Thomas Stewart	Chorley A & T	7:45	46	350	Oliver Hall	Blackpool Wyre & Fylde Ac	8:52
17	3123	Luke Murphy	Liverpool Harriers & Ac	7:49	47	1178	Thomas Yates	Liverpool Pembroke Sefton	8:53
18	3124	Max Myles	Liverpool Harriers & Ac	7:51	48	462	Thomas McCann	Chorley A & T	9:00
19	1889	Max Unthank	Trawden Athletic Club	7:52	49	84	Ethan Bravery-Mason	Barrow & Furness Striders	9:02
20	2263	Robert Worrall	Liverpool Harriers & Ac	7:58	50	2804	Dillon Myles	Liverpool Harriers & Ac	9:06
21	1377	Jack Turner	Preston Harriers	8:01	51	970	William Gardner	Lancaster & Morecambe Ac	9:08
22	901	George Jackson	Kirkby Milers AC	8:02	52	1375	Charlie Benson	Preston Harriers	9:11
23	898	M Burgan-Harrison	Kirkby Milers AC	8:04	53	903	Ryan Poland	Kirkby Milers AC	9:13
24	354	Harry Posner	Blackpool Wyre & Fylde Ac	8:08	54	1264	Joshua McAfee	Lytham St Annes Rr Club	9:16
25	769	Jos Jebb	Kendal Helm Composite	8:08	55	612	Benjamin Potts	Clayton-Le-Moors Harriers	9:19
26	1888	Jack Mitchell	Trawden Athletic Club	8:09	56	1722	Sam Coughlan	Southport Waterloo Ac	9:37
27	1885	George Earl	Trawden Athletic Club	8:09	57	900	Harrison Ellis	Kirkby Milers AC	9:42
28	2076	Leo Ashcroft	Wigan & District H & Ac	8:09	58	1729	Arthur Lunt	Southport Waterloo Ac	10:04
29	352	Jack McNiven	Blackpool Wyre & Fylde Ac	8:11	59	899	Ryan Cartwright	Kirkby Milers AC	10:07
30	2800	Harrison Wright	Liverpool Pembroke Sefton	8:15					

Under 11 Boys — TEAM RESULTS

1	Liverpool Harriers & Ac	14	—	2	Bobby McEvoy	5	Lucas Guyett	7	Seb Rung
2	Kirkby Milers AC	30	—	6	Edward Low	9	Harry Redhead	15	Aron Savage
3	Rossendale Harriers & Ac	46	—	3	Charlie Dobson	4	Harry Hopkinson	39	Arthur Grenfell
4	Chorley A & T	59	—	12	Morgan Watson	16	Thomas Stewart	31	Matthew Bissett
5	Blackpool Wyre & Fylde Ac	61	—	8	Jasper Hall	24	Harry Posner	29	Jack McNiven
6	Trawden Athletic Club	72	—	19	Max Unthank	26	Jack Mitchell	27	George Earl
7	Liverpool Pembroke Sefton	91	—	14	Matthew Bennett	30	Harrison Wright	47	Thomas Yates
8	Lancaster & Morecambe Ac	128	—	33	Joe Maguire	44	Jack Parrington	51	William Gardner
9	Clayton-Le-Moors Harriers	133	—	38	Alex Smialek	40	Harry Lowde	55	Benjamin Potts
10	Southport Waterloo Ac	135	—	34	Roman Cantalejo	45	Lucas Cantalejo	56	Sam Coughlan

Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 26th November 2022

Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time			Time	
1	1114	Penelope Boyle	Leven Valley AC	11:16	41	786 Lily Slater	Kendal Helm Composite	13:59
2	377	Kristy Leitch	Blackpool Wyre & Fylde Ac	11:31	42	2825 Isla Gronert	Liverpool Harriers & Ac	14:00
3	202	Agatha Taylor	Blackburn Harriers & Ac	11:41	43	983 Eve Briffett	Lancaster & Morecambe Ac	14:01
4	376	Pollyanna Kershaw	Blackpool Wyre & Fylde Ac	11:48	44	1528 Lyla Duffy	Rossendale Harriers & Ac	14:02
5	2816	Rebecca Murphy	Liverpool Harriers & Ac	11:59	45	1069 Scarlett Jarvis	Leigh Harriers & Ac	14:06
6	375	Aimee Harling	Blackpool Wyre & Fylde Ac	12:01	46	200 Charlotte Smith	Blackburn Harriers & Ac	14:06
7	1775	Layla Graham	Southport Waterloo Ac	12:06	47	199 Emily Short	Blackburn Harriers & Ac	14:06
8	3103	Maisie McGuirk	Liverpool Harriers & Ac	12:08	48	2210 Katelyn Douglas	Leven Valley AC	14:11
9	2817	Maisie Williams	Liverpool Harriers & Ac	12:16	49	2826 Hattie Cadwallader	Liverpool Harriers & Ac	14:11
10	488	Maisie Preston	Chorley A & T	12:17	50	2827 Sophie O'Leary	Southport Waterloo Ac	14:12
11	371	Jemima Bradburn	Blackpool Wyre & Fylde Ac	12:21	51	1777 Olivia Johnson	Southport Waterloo Ac	14:26
12	2260	Evie Worrall	Liverpool Harriers & Ac	12:26	52	2243 Avalina Cicconi	Clayton-Le-Moors Harriers	14:27
13	626	Bella McCredie	Clayton-Le-Moors Harriers	12:38	53	487 Georgia Pendlebury	Chorley A & T	14:29
14	783	Isla Jebb	Kendal Helm Composite	12:41	54	486 Paige Kelly	Chorley A & T	14:32
15	196	Emma Robertshaw	Blackburn Harriers & Ac	12:41	55	1190 Gabrielle Taylor	Liverpool Pembroke Sefton	14:33
16	623	Lottie Hesketh	Clayton-Le-Moors Harriers	12:41	56	782 Lara Collin	Kendal Helm Composite	14:41
17	1788	Grace Veevers	Southport Waterloo Ac	12:42	57	625 Louise Lusty	Clayton-Le-Moors Harriers	14:43
18	781	Anna Cobley	Kendal Helm Composite	12:43	58	1070 Madison Pendlebury	Leigh Harriers & Ac	14:46
19	1297	Marnie Nelson	Pendle Athletic Club	12:44	59	2190 Lyra Krige	Blackburn Harriers & Ac	14:48
20	1901	Rosie Earl	Trawden Athletic Club	12:49	60	2828 Phoebe Clair	Liverpool Harriers & Ac	14:53
21	490	Millie Reid	Chorley A & T	12:52	61	2829 Ava O'Rourke	Southport Waterloo Ac	14:57
22	489	Isobel Reid	Chorley A & T	12:53	62	479 Maisie Edwards	Chorley A & T	14:59
23	784	Isla Pearman	Kendal Helm Composite	12:53	63	1187 Hattie Loughrey	Liverpool Pembroke Sefton	15:01
24	2818	Isobel Kavanagh	Liverpool Harriers & Ac	12:55	64	1389 Lillie-Mai McCarthy	Preston Harriers	15:08
25	2819	Francis O'Brien	Liverpool Harriers & Ac	12:59	65	1189 Millie Oliver	Liverpool Pembroke Sefton	15:21
26	1773	Sienna Fortune	Southport Waterloo Ac	13:01	66	197 Charlotte Rothwell	Blackburn Harriers & Ac	15:25
27	3126	Holly Nichols	Rossendale Harriers & Ac	13:01	67	2830 Eva Spink	Liverpool Harriers & Ac	15:33
28	1527	Ruby Cleaver	Rossendale Harriers & Ac	13:02	68	96 Holly Dilks	Barrow & Furness Striders	15:48
29	1294	Gabriella Dale	Pendle Athletic Club	13:02	69	627 Annabelle Mitchell	Clayton-Le-Moors Harriers	15:53
30	2820	Mya Burney	Liverpool Harriers & Ac	13:10	70	624 Kristel Lusty	Clayton-Le-Moors Harriers	16:05
31	484	Eleanor Jenner	Chorley A & T	13:13	71	628 Ava Wright	Clayton-Le-Moors Harriers	16:15
32	2821	Grace Bomba	Liverpool Harriers & Ac	13:14	72	2216 Chloe Smith	Pendle Athletic Club	16:21
33	1771	Jessica Burns	Southport Waterloo Ac	13:29	73	381 Chloe Whitehouse	Blackpool Wyre & Fylde Ac	16:23
34	1902	Isabel Gill	Trawden Athletic Club	13:31	74	1392 Olivia Wood	Preston Harriers	16:24
35	2822	Marissa Phillips	Liverpool Harriers & Ac	13:33	75	97 Kenzie Jefferson	Barrow & Furness Striders	16:26
36	2239	Evie Fort	Blackburn Harriers & Ac	13:35	76	2091 Grace Harris	Wigan & District H & Ac	16:43
37	2823	Holly Nichols	Wigan & District H & Ac	13:38	77	2095 Ava Wareing	Wigan & District H & Ac	16:44
38	2824	Lexie Webb	Liverpool Harriers & Ac	13:42	78	985 Olivia Hemingway	Lancaster & Morecambe Ac	16:47
39	1787	Lauren Silcox	Southport Waterloo Ac	13:52	79	1191 Daisy Wells	Liverpool Pembroke Sefton	16:48
40	3105	Grace Doran	Liverpool Harriers & Ac	13:55				

Under 13 Girls — TEAM RESULTS

1	Blackpool Wyre & Fylde Ac	12	—	2	Kristy Leitch	4	Pollyanna Kershaw	6	Aimee Harling
2	Liverpool Harriers & Ac	22	—	5	Rebecca Murphy	8	Maisie McGuirk	9	Maisie Williams
3	Southport Waterloo Ac	50	—	7	Layla Graham	17	Grace Veevers	26	Sienna Fortune
4	Chorley A & T	53	—	10	Maisie Preston	21	Millie Reid	22	Isobel Reid
5	Blackburn Harriers & Ac	54	—	3	Agatha Taylor	15	Emma Robertshaw	36	Evie Fort
6	Kendal Helm Composite	55	—	14	Isla Jebb	18	Anna Cobley	23	Isla Pearman
7	Clayton-Le-Moors Harriers	81	—	13	Bella McCredie	16	Lottie Hesketh	52	Avalina Cicconi
8	Rossendale Harriers & Ac	99	—	27	Holly Nichols	28	Ruby Cleaver	44	Lyla Duffy
9	Pendle Athletic Club	120	—	19	Marnie Nelson	29	Gabriella Dale	72	Chloe Smith
10	Liverpool Pembroke Sefton	183	—	55	Gabrielle Taylor	63	Hattie Loughrey	65	Millie Oliver
11	Wigan & District H & Ac	190	—	37	Holly Nichols	76	Grace Harris	77	Ava Wareing

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 26th November 2022

Race 4 - Under 13 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1756	William Delamere	Southport Waterloo Ac	10:24	30	2838	Charlie Stevens	Southport Waterloo Ac	12:48
2	1766	Caleb Still	Southport Waterloo Ac	11:08	31	1109	Demitri Kyriacou	Leven Valley AC	12:49
3	65	Will Pease	Barlick Fell Runners	11:33	32	2839	Logan Kelly	Southport Waterloo Ac	12:50
4	1386	Lucas Parkin	Preston Harriers	11:36	33	64	Toby Nixon	Barlick Fell Runners	12:53
5	3101	Peter Herring	Liverpool Harriers & Ac	11:37	34	621	Corbyn Thomas	Clayton-Le-Moors Harriers	12:55
6	777	Jake Smith	Kendal Helm Composite	11:39	35	2843	Joseph O'Rourke	Liverpool Harriers & Ac	13:13
7	186	Theo Robinson	Blackburn Harriers & Ac	11:43	36	2844	Thomas Grogan	Liverpool Harriers & Ac	13:16
8	364	Archie Belfield	Blackpool Wyre & Fylde Ac	11:44	37	2845	Joseph Cook	Barrow & Furness Striders	13:17
9	366	William Kershaw	Blackpool Wyre & Fylde Ac	11:51	38	2848	Jack Bentley	Liverpool Harriers & Ac	13:34
10	2832	Ryan French	Liverpool Harriers & Ac	11:55	39	2202	Harry Wilkin	Kendal Helm Composite	13:38
11	2833	Sam Bates	Preston Harriers	11:58	40	924	Adam Robinson	Kirby Milers AC	13:42
12	3102	Sebastian Wheatcroft	Liverpool Harriers & Ac	11:59	41	1519	Sebastian Morris	Rossendale Harriers & Ac	13:44
13	779	Cooper Wadsworth	Kendal Helm Composite	12:02	42	1291	Lewis Burt	Pendle Athletic Club	13:47
14	2834	Callum Finch	Liverpool Harriers & Ac	12:03	43	620	Alfie Barnett	Clayton-Le-Moors Harriers	13:59
15	1112	Oliver Scott	Leven Valley AC	12:06	44	2852	Elis Thomas	Liverpool Harriers & Ac	14:17
16	774	Harry Coulter	Kendal Helm Composite	12:06	45	415	Alexander Blanchet	Burnley Ac	14:21
17	368	Jack Senior	Blackpool Wyre & Fylde Ac	12:09	46	363	Vincent Bateman	Blackpool Wyre & Fylde Ac	14:42
18	2835	Dan Shilliker	Southport Waterloo Ac	12:12	47	2855	Finlay Roach	Liverpool Pembroke Sefton	14:45
19	180	Liam Bennison	Blackburn Harriers & Ac	12:13	48	1110	Henry Murray	Leven Valley AC	14:56
20	182	George Holman	Blackburn Harriers & Ac	12:20	49	2856	Harry MaCluskie	Lancaster & Morecambe Ac	15:00
21	1520	Isaac Snape	Rossendale Harriers & Ac	12:22	50	981	Zach Thomas	Lancaster & Morecambe Ac	15:24
22	2836	Will Ashcroft	Wigan & District H & Ac	12:28	51	2858	Zack Roach	Liverpool Pembroke Sefton	15:43
23	1184	William Roberts	Liverpool Pembroke Sefton	12:34	52	1063	Jasper Parkin-Kerner	Leigh Harriers & Ac	16:06
24	2083	Zak Manir-Jolley	Wigan & District H & Ac	12:36	53	1638	Seth Thompson	Skelmersdale Boundary H	16:08
25	1183	Tom Freeman	Liverpool Pembroke Sefton	12:37	54	416	Benjamin Mayhew	Burnley Ac	16:12
26	2837	Frank Shovlin	Liverpool Harriers & Ac	12:37	55	1056	Barnaby Crombleholme	Leigh Harriers & Ac	16:23
27	3128	James Linton	Leigh Harriers & Ac	12:38	56	95	Aston Hart	Barrow & Furness Striders	17:33
28	1760	Ryan McCormick	Southport Waterloo Ac	12:39	57	1522	Toby Steel	Rossendale Harriers & Ac	18:09
29	478	Harry Walkden	Chorley A & T	12:44	58	2861	Daniel Adams	Liverpool Harriers & Ac	26:50

Race 4 - Under 13 Boys — TEAM RESULTS

1	Southport Waterloo Ac	21	—	1	William Delamere	2	Caleb Still	18	Dan Shilliker
2	Liverpool Harriers & Ac	27	—	5	Peter Herring	10	Ryan French	12	Sebastian Wheatcroft
3	Blackpool Wyre & Fylde Ac	34	—	8	Archie Belfield	9	William Kershaw	17	Jack Senior
4	Kendal Helm Composite	35	—	6	Jake Smith	13	Cooper Wadsworth	16	Harry Coulter
5	Blackburn Harriers & Ac	46	—	7	Theo Robinson	19	Liam Bennison	20	George Holman
6	Leven Valley AC	94	—	15	Oliver Scott	31	Demitri Kyriacou	48	Henry Murray
7	Liverpool Pembroke Sefton	95	—	23	William Roberts	25	Tom Freeman	47	Finlay Roach
8	Rossendale Harriers & Ac	119	—	21	Isaac Snape	41	Sebastian Morris	57	Toby Steel
9	Leigh Harriers & Ac	134	—	27	James Linton	52	Jasper Parkin-Kerner	55	Barnaby Crombleholme

Race 4 - Under 15 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2261	Holly Cross	Liverpool Harriers & Ac	10:59	28	800	Holly Jenner	Kendal Helm Composite	13:21
2	3099	Molly Carvell	Liverpool Harriers & Ac	11:11	29	2102	Lucy Orrell	Wigan & District H & Ac	13:22
3	2831	Bailey Hughes	Liverpool Harriers & Ac	11:29	30	1804	Alice Jones	Southport Waterloo Ac	13:25
4	1408	Ava Jones	Preston Harriers	11:39	31	100	Mahiya Mohan	Barrow & Furness Striders	13:28
5	1122	Lucy Bell	Leven Valley AC	11:55	32	70	Gemma Roberts	Barlick Fell Runners	13:28
6	992	Anna Nicholson	Lancaster & Morecambe Ac	11:56	33	1542	Zara Lewis	Rossendale Harriers & Ac	13:32
7	1075	Jessica Hodgkinson	Leigh Harriers & Ac	11:57	34	633	Phoebe Jackson	Clayton-Le-Moors Harriers	13:36
8	1078	Rose Parry	Leigh Harriers & Ac	11:58	35	2849	Lexie Allen	Barlick Fell Runners	13:41
9	797	Kate Collin	Kendal Helm Composite	12:17	36	989	Annie Dickinson	Lancaster & Morecambe Ac	13:47
10	1120	Marina Bailey	Leven Valley AC	12:19	37	1802	Isla Gray	Southport Waterloo Ac	13:47
11	1202	Sarah Yates	Liverpool Pembroke Sefton	12:22	38	2850	E McPherson	Kendal Helm Composite	13:52
12	3100	Isabella Doran	Liverpool Harriers & Ac	12:30	39	1123	Ellen Douglas	Leven Valley AC	13:53
13	799	Millie Jebb	Kendal Helm Composite	12:31	40	1407	Lola Huyton	Preston Harriers	13:57
14	1540	Matilda Duffy	Rossendale Harriers & Ac	12:31	41	389	Madison Croft	Blackpool Wyre & Fylde Ac	14:00
15	634	Eliena Lusty	Clayton-Le-Moors Harriers	12:35	42	2851	Esme Clarke	Wigan & District H & Ac	14:09
16	224	Charlotte Robertshaw	Blackburn Harriers & Ac	12:37	43	222	Tamzin Osborne	Blackburn Harriers & Ac	14:28
17	1411	Molly Taylor	Preston Harriers	12:48	44	225	Imogen Robinson	Blackburn Harriers & Ac	14:29
18	2840	S MonahanClarkson	Southport Waterloo Ac	12:53	45	2275	Nell Biker	Sedbergh School RuC	14:34
19	1121	I Barrowdale-Smith	Leven Valley AC	12:54	46	2181	Heidi Sagar-Moss	Hyndburn Ac	14:35
20	2841	LillyElla Ford	Liverpool Harriers & Ac	12:54	47	1406	Eloise Hallas	Preston Harriers	14:36
21	990	Erin Gillan	Lancaster & Morecambe Ac	12:55	48	930	Lucy Dodd	Kirby Milers AC	14:40
22	2842	Eleanor Redmond	Liverpool Harriers & Ac	12:55	49	2854	Lily Holden	Southport Waterloo Ac	14:40
23	392	Gracie Scott	Blackpool Wyre & Fylde Ac	13:00	50	2100	Esme Harris	Wigan & District H & Ac	14:55
24	798	Ruby Duxbury	Kendal Helm Composite	13:17	51	69	Lily Nixon	Barlick Fell Runners	15:19
25	390	Ella Leonard	Blackpool Wyre & Fylde Ac	13:18	52	2857	Miriam Wilson	Liverpool Harriers & Ac	15:20
26	2846	Isobel Robinson	Liverpool Harriers & Ac	13:21	53	2277	Olivia Patchett	Sedbergh School RuC	16:15
27	2847	Hannah Robinson	Liverpool Harriers & Ac	13:21	54	2276	Kitty Millson	Sedbergh School RuC	16:16

Race 4 - Under 15 Girls — TEAM RESULTS

1	Liverpool Harriers & Ac	6	—	1	Holly Cross	2	Molly Carvell	3	Bailey Hughes
2	Leven Valley AC	34	—	5	Lucy Bell	10	Marina Bailey	19	I Barrowdale-Smith
3	Kendal Helm Composite	46	—	9	Kate Collin	13	Millie Jebb	24	Ruby Duxbury
4	Preston Harriers	61	—	4	Ava Jones	17	Molly Taylor	40	Lola Huyton
5	Lancaster & Morecambe Ac	63	—	6	Anna Nicholson	21	Erin Gillan	36	Annie Dickinson
6	Southport Waterloo Ac	85	—	18	S MonahanClarkson	30	Alice Jones	37	Isla Gray
7	Blackpool Wyre & Fylde Ac	89	—	23	Gracie Scott	25	Ella Leonard	41	Madison Croft
8	Blackburn Harriers & Ac	103	—	16	Charlotte Robertshaw	43	Tamzin Osborne	44	Imogen Robinson
9	Barlick Fell Runners	118	—	32	Gemma Roberts	35	Lexie Allen	51	Lily Nixon
10	Wigan & District H & Ac	121	—	29	Lucy Orrell	42	Esme Clarke	50	Esme Harris
11	Sedbergh School RuC	152	—	45	Nell Biker	53	Olivia Patchett	54	Kitty Millson

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 26th November 2022

Race 5 - Under 15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1396	Matthew Clark	Preston Harriers	9:47	28	1196	Daniel Liggat	Liverpool Pembroke Sefton	11:38
2	207	Oliver Gill	Blackburn Harriers & Ac	10:14	29	792	Harvey Shaw	Kendal Helm Composite	11:40
3	203	Samuel Aspey	Blackburn Harriers & Ac	10:21	30	790	Will Brayshaw	Kendal Helm Composite	11:43
4	1116	Will McNally	Leven Valley AC	10:25	31	1400	Adam Link	Preston Harriers	11:48
5	2862	Ben Robinson	Lancaster & Morecambe Ac	10:32	32	2868	Tom Bates	Preston Harriers	11:49
6	2863	Josh Todd	Kendal Helm Composite	10:35	33	2289	Henry Patchett	Sedbergh School RuC	11:54
7	1117	Oliver Oldham	Leven Valley AC	10:40	34	212	George Ramsden	Blackburn Harriers & Ac	11:57
8	791	Joe Hilborne	Kendal Helm Composite	10:45	35	213	Alex Rothwell	Blackburn Harriers & Ac	11:59
9	987	Jack Eccles	Lancaster & Morecambe Ac	10:46	36	494	Robert Kellett	Chorley A & T	12:00
10	988	William Wareing	Lancaster & Morecambe Ac	10:46	37	99	Evan Beach	Barrow & Furness Striders	12:01
11	2864	Max Taylor	Liverpool Harriers & Ac	10:50	38	214	Matthew Smith	Blackburn Harriers & Ac	12:03
12	1399	Tom Jepson	Preston Harriers	10:54	39	387	Edward Willetts	Blackpool Wyre & Fylde Ac	12:20
13	2865	James Clarke	Leven Valley AC	10:55	40	1118	Robert Pike	Leven Valley AC	12:20
14	796	Noah Wadsworth	Kendal Helm Composite	10:59	41	1197	Daniel Procter	Liverpool Pembroke Sefton	12:21
15	986	Ben Brassington	Lancaster & Morecambe Ac	10:59	42	1397	George Darbyshire	Preston Harriers	12:25
16	496	Henry Ward	Chorley A & T	11:05	43	632	Devon Siguenza	Clayton-Le-Moors Harriers	12:35
17	2866	Samir Manir-Jolley	Wigan & District H & Ac	11:06	44	1531	James Boyd	Rossendale Harriers & Ac	12:39
18	1195	Hayden Grant	Liverpool Pembroke Sefton	11:10	45	382	Ethan Bateman	Blackpool Wyre & Fylde Ac	12:52
19	1119	John Williamson	Leven Valley AC	11:11	46	386	Adam Jackson	Blackpool Wyre & Fylde Ac	12:53
20	1793	Liam McCormick	Southport Waterloo Ac	11:15	47	385	Alfie Hall	Blackpool Wyre & Fylde Ac	12:54
21	794	Alfie Todd	Kendal Helm Composite	11:19	48	2290	Harry Elliston	Sedbergh School RuC	13:09
22	497	Max Winstanley	Chorley A & T	11:25	49	1401	Matthew Link	Preston Harriers	13:19
23	215	Jack Wood	Blackburn Harriers & Ac	11:26	50	2871	Peter Sagar-Moss	Hyndburn Ac	13:21
24	2867	Bobby Burney	Liverpool Harriers & Ac	11:31	51	2291	George Scarr	Sedbergh School RuC	13:31
25	631	Logan McCredie	Clayton-Le-Moors Harriers	11:32	52	495	Jack McCann	Chorley A & T	13:35
26	928	Luke Culshaw	Kirkby Milers AC	11:33	53	1298	James Burt	Pendle Athletic Club	13:37
27	629	Charlie Barnes	Clayton-Le-Moors Harriers	11:38	54	2292	Oliver Simpson	Sedbergh School RuC	15:27

Race 5 - Under 15 Boys — TEAM RESULTS

1	Lancaster & Morecambe Ac	24	—	5	Ben Robinson	9	Jack Eccles	10	William Wareing
2	Leven Valley AC	24	—	4	Will McNally	7	Oliver Oldham	13	James Clarke
3	Kendal Helm Composite	28	—	6	Josh Todd	8	Joe Hilborne	14	Noah Wadsworth
4	Blackburn Harriers & Ac	28	—	2	Oliver Gill	3	Samuel Aspey	23	Jack Wood
5	Preston Harriers	44	—	1	Matthew Clark	12	Tom Jepson	31	Adam Link
6	Chorley A & T	74	—	16	Henry Ward	22	Max Winstanley	36	Robert Kellett
7	Liverpool Pembroke Sefton	87	—	18	Hayden Grant	28	Daniel Liggat	41	Daniel Procter
8	Clayton-Le-Moors Harriers	95	—	25	Logan McCredie	27	Charlie Barnes	43	Devon Siguenza
9	Blackpool Wyre & Fylde Ac	130	—	39	Edward Willetts	45	Ethan Bateman	46	Adam Jackson
10	Sedbergh School RuC	132	—	33	Henry Patchett	48	Harry Elliston	51	George Scarr

Race 5 - Under 17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1132	Georgia Bell	Leven Valley AC	16:15	15	505	Megan Leigh	Chorley A & T	20:15
2	507	Amelie Smethurst	Chorley A & T	17:11	16	2283	Heather Booth	Sedbergh School RuC	20:34
3	1003	Elizabeth Wareing	Lancaster & Morecambe Ac	17:48	17	1210	Megan Lloyd	Liverpool Pembroke Sefton	20:37
4	806	Sarah Smith	Kendal Helm Composite	18:16	18	504	Lara Ingram-Weston	Chorley A & T	21:00
5	249	Evie Taylor	Blackburn Harriers & Ac	18:21	19	2878	Megan McMutrie	Liverpool Harriers & Ac	21:06
6	2874	Ella McMutrie	Liverpool Harriers & Ac	18:29	20	2879	Sian Guy	Liverpool Harriers & Ac	21:39
7	1816	Emily Dean	Southport Waterloo Ac	18:34	21	401	Elizabeth Kershaw	Blackpool Wyre & Fylde Ac	21:58
8	509	Poppi Watson	Chorley A & T	18:35	22	2880	Emily Hetherington	Sedbergh School RuC	22:03
9	2875	Kiera Haxton	Blackburn Harriers & Ac	18:41	23	2881	Millie Gunning	Sedbergh School RuC	22:08
10	3129	Ellie OnieLownbrough	Leigh Harriers & Ac	18:43	24	2285	Libby Martin	Sedbergh School RuC	22:43
11	1420	Grace Rayner	Preston Harriers	18:51	25	2278	Eliza Barlow	Sedbergh School RuC	22:54
12	506	Libby Rickerby	Chorley A & T	18:55	26	2284	Sophia Charlton	Sedbergh School RuC	22:54
13	2876	Emma Gittens	Liverpool Harriers & Ac	19:10	27	2279	Kaia Felipe-Scargill	Sedbergh School RuC	22:54
14	638	Ciara Duffy	Clayton-Le-Moors Harriers	19:45					

Race 5 - Under 17 Women — TEAM RESULTS

1	Chorley A & T	22	—	2	Amelie Smethurst	8	Poppi Watson	12	Libby Rickerby
2	Liverpool Harriers & Ac	38	—	6	Ella McMutrie	13	Emma Gittens	19	Megan McMutrie
3	Sedbergh School RuC	61	—	16	Heather Booth	22	Emily Hetherington	23	Millie Gunning

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 26th November 2022

Race 6 - Under 17 Men — FINAL RESULTS

Pos	Num	Name	Club	Time
1	239	Daniel Smith	Blackburn Harriers & Ac	18:29
2	1417	Jenson Warren	Preston Harriers	18:37
3	1543	Joseph Ormrod	Rossendale Harriers & Ac	18:40
4	2886	Dexta Thompspon	Blackburn Harriers & Ac	18:44
5	2887	Josh Redmond	Liverpool Harriers & Ac	18:46
6	993	Tom Bowman	Lancaster & Morecambe Ac	18:47
7	502	Tom Murphy	Chorley A & T	19:21
8	2295	Daniel Dean	Sedbergh School RuC	19:40
9	501	Alex Glew	Chorley A & T	19:43
10	994	James Brassington	Lancaster & Morecambe Ac	19:52
11	1129	Max Hazlehurst	Leven Valley AC	19:54
12	232	Jack Lamb	Blackburn Harriers & Ac	20:09
13	2939	Greg BarnardMcKenzie	Barrow & Furness Striders	20:18
14	503	Marcus Thomasson	Chorley A & T	20:21
15	1945	Joe Turner	Walney Wind Cheetahs	20:59
16	2890	Ethan Roberts	Chorley A & T	21:01
17	230	Codie Dewhurst	Blackburn Harriers & Ac	21:15
18	934	Derri Henderson	Kirkby Milers AC	21:26
19	935	Evan Williams	Kirkby Milers AC	21:32
20	1814	Reuben Donnelly	Southport Waterloo Ac	21:37
21	2940	Antoni Maggio-Poyntz	Walney Wind Cheetahs	21:53
22	1204	Isaac Dickinson	Liverpool Pembroke Sefton	22:09
23	1130	Ollie Wilson	Leven Valley AC	22:11
24	1207	James Read	Liverpool Pembroke Sefton	22:15
25	2293	Jack Barker	Sedbergh School RuC	23:03
26	1205	Oliver Farrer	Liverpool Pembroke Sefton	23:04
27	997	Ronan Maher	Lancaster & Morecambe Ac	23:18
28	2297	Luke Cosgrove	Sedbergh School RuC	23:35
29	2895	Xander Chinn	Sedbergh School RuC	23:54
30	2896	Julius Zajitscheck	Southport Waterloo Ac	23:55
31	2299	Nicolas Groenewegen	Sedbergh School RuC	23:58
32	1274	Oliver Thomson	Lytham St Annes Rr Club	24:05
33	995	Zach Earnshaw	Lancaster & Morecambe Ac	24:23
34	933	Xander Heaton	Kirkby Milers AC	24:41
35	1944	Edward Singleton	Walney Wind Cheetahs	27:16
36	2298	Yaromyr Babenko	Sedbergh School RuC	28:23

Race 6 - Under 17 Men — TEAM RESULTS

1	Blackburn Harriers & Ac	17	—	1	Daniel Smith	4	Dexta Thompspon	12	Jack Lamb
2	Chorley A & T	30	—	7	Tom Murphy	9	Alex Glew	14	Marcus Thomasson
3	Lancaster & Morecambe Ac	43	—	6	Tom Bowman	10	James Brassington	27	Ronan Maher
4	Sedbergh School RuC	61	—	8	Daniel Dean	25	Jack Barker	28	Luke Cosgrove
5	Kirkby Milers AC	71	—	18	Derri Henderson	19	Evan Williams	34	Xander Heaton
6	Walney Wind Cheetahs	71	—	15	Joe Turner	21	Antoni Maggio-Poyntz	35	Edward Singleton
7	Liverpool Pembroke Sefton	72	—	22	Isaac Dickinson	24	James Read	26	Oliver Farrer

Race 6 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	1818	Lucy Milling	L20	1 Southport Waterloo Ac	32:15
2	2944	Amy-Nicola Davies	L20	2 Blackburn Harriers & Ac	32:17
3	515	Amber Pilkington	L20	3 Chorley A & T	37:28
4	2961	Ellie Simmonds	L20	4 Glaxo Hoad Hill Harriers	39:53

Race 6 - Ladies under 20 — TEAM RESULTS

No complete teams

Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	1546	Joseph Hopley	U20	1 Rossendale Harriers & Ac	36:53
2	250	Sam Hodkinson	U20	2 Blackburn Harriers & Ac	37:23
3	1425	Luke Suffolk	U20	3 Preston Harriers	37:56
4	3038	Billy Reid	U20	4 Preston Harriers	38:35
5	1086	Joel Denton	U20	5 Leigh Harriers & Ac	39:26
6	3048	Wilf Lovatt	U20	6 Lancaster University	39:33
7	2249	Harry Stead	U20	7 Lancaster University	41:51
8	405	Joshua Mathias-Davey	U20	8 Blackpool Wyre & Fylde Ac	42:19
9	1946	Casey Turner	U20	9 Walney Wind Cheetahs	43:33
10	419	Nathan Green	U20	10 Burnley	49:10

Senior Men under 20 — TEAM RESULTS

No complete teams

Race 6 - Vet 70 Men — FINAL RESULTS

Pos	Num	Name	Club	Time	
1	1235	Graham Webster	V70	1 Lytham St Annes Rr Club	40:08
2	1302	Alan Appleby	V75	1 Preston Harriers	41:27
3	1920	Dave Howie	V75	2 Walney Wind Cheetahs	45:27
4	1916	Robbie Edwards	V70	2 Walney Wind Cheetahs	47:33
5	2999	Peter Mitchell	V70	3 Kendal Amateur Athletic Club	50:59
6	743	Peter Ion	V75	3 Kendal Amateur Athletic Club	57:20
7	314	Bill Smith	V70	4 Blackpool Wyre & Fylde Ac	58:31
8	3009	Robert Massey	V70	5 Blackpool Wyre & Fylde Ac	1:02:04

Race 6 - Vet 70 Men — TEAM RESULTS

1	Walney Wind Cheetahs	7	—	3	Dave Howie	4	Robbie Edwards
2	Kendal Amateur Athletic Club	11	—	5	Peter Mitchell	6	Peter Ion
3	Blackpool Wyre & Fylde Ac	15	—	7	Bill Smith	8	Robert Massey

Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 26th November 2022

Race 6 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time
1	2941	Jessica Warner-Judd	L	1 Blackburn Harriers & Ac	27:17
2	1165	Eleanor Anderson	L	2 Liverpool Pembroke Sefton	29:55
3	1169	Kirsty Longley	L45	1 Liverpool Pembroke Sefton	30:03
4	1168	Chloe Leather	L	4 Liverpool Pembroke Sefton	31:20
5	2899	Alex O'Brien	L	5 Liverpool Harriers & Ac	31:42
6	2942	Jade Morgan	L	6 Liverpool Harriers & Ac	31:57
7	2901	Fiona Corrick	L	7 Liverpool Harriers & Ac	32:01
8	1818	Lucy Milling	L20	1 Southport Waterloo Ac	32:15
9	2902	Holly Love	L	9 Liverpool Harriers & Ac	32:17
10	2944	Amy-Nicola Davies	L20	2 Blackburn Harriers & Ac	32:17
11	596	Nicola Moynihan	L	11 Clayton-Le-Moors Harriers	32:25
12	2946	Niamh Donnelly	L	12 Liverpool Harriers & Ac	32:26
13	2904	India Elliott	L	13 Liverpool Harriers & Ac	33:35
14	2947	Olivia Stones	L	14 Leigh Harriers & Ac	33:53
15	2948	Chloe Lam-Moores	L	15 Preston Harriers	34:06
16	2906	Ellen Sager-Hesketh	L	16 Blackburn Harriers & Ac	34:37
17	2949	Carmel Edwards	L35	1 Kirkby Milers AC	35:08
18	2907	Abbie Preece	L	18 Liverpool Harriers & Ac	35:36
19	2950	Rebecca Rimminngton	L352	1 Clayton-Le-Moors Harriers	35:41
20	51	Laura Craig	L35	3 Barlick Fell Runners	35:43
21	2951	Hannah Short	L	21 Liverpool Harriers & Ac	35:51
22	2069	Ellie Robinson	L	22 Wigan & District H & Ac	36:12
23	2952	Sue McMcaster	L55	1 Skelmersdale Boundary H	36:15
24	2	Jackie Price	L45	2 Astley & Tyldesley RR	36:27
25	2953	Emma Johnstone	L	25 Helm Hill Runners	36:29
26	1028	Anna Lonsdale	L	26 Lancaster University	36:38
27	55	Fiona Hall	L45	3 Barlick Fell Runners	36:52
28	2954	Elizabeth McNally	L50	1 Leven Valley AC	37:25
29	515	Amber Pilkington	L20	3 Chorley A & T	37:28
30	2056	Jayne Collins	L60	1 Wigan & District H & Ac	37:35
31	1361	Kate Lakeland	L	31 Preston Harriers	37:52
32	2144	Nina Pilkington	L40	1 Wigan Phoenix	38:04
33	1352	Eilidh Brown	L	33 Preston Harriers	38:08
34	1714	Andrea Scarborough	L40	2 Southport Waterloo Ac	38:37
35	2909	Kate PriceEdwards	L35	4 Lytham St Annes Rr Club	38:37
36	667	Claire Lyons	L35	5 Garstang Running Club	38:47
37	2955	Karen Moorfield	L35	6 Wigan Phoenix	38:52
38	1045	Katie Sanderson	L45	4 Leigh Harriers & Ac	38:55
39	2956	Amy Singleton	L35	7 Walney Wind Cheetahs	39:00
40	1106	Leanne Scott	L40	3 Leven Valley AC	39:08
41	580	Alison Dugdale	L50	2 Clayton-Le-Moors Harriers	39:09
42	2957	Emma Essex-Crosby	L35	8 Preston Harriers	39:09
43	54	Heather Driver	L40	4 Barlick Fell Runners	39:22
44	2910	Vicky Unsworth	L	44 Liverpool Harriers & Ac	39:24
45	2911	Lindsay Davies	L50	3 Blackburn Harriers & Ac	39:27
46	2959	Joanne McLeod	L55	2 Glaxo Hoad Hill Harriers	39:29
47	1491	Sophie Howard	L	47 Rossendale Harriers & Ac	39:30
48	2063	Jacqui Jones	L55	3 Wigan & District H & Ac	39:32
49	2061	Lisa Heyes	L50	4 Wigan & District H & Ac	39:33
50	2960	Emma Guilfoyle	L	50 Hyndburn Ac	39:34
51	2219	Laura Johnston	L	51 Rossendale Harriers & Ac	39:41
52	1255	Helen Rennie	L35	9 Lytham St Annes Rr Club	39:51
53	2961	Ellie Simmonds	L20	4 Glaxo Hoad Hill Harriers	39:53
54	1936	Alex Earley	L	54 Walney Wind Cheetahs	39:54
55	2022	Kay Twist	L50	5 Wesham Road Runners & Ac	40:04
56	1609	Victoria Gilbody	L	56 Skelmersdale Boundary H	40:09
57	669	Jayne Perry	L40	5 Garstang Running Club	40:11
58	2004	Helen Lawrenson	L50	6 Wesham Road Runners & Ac	40:13
59	968	Louise Wareing	L45	5 Lancaster & Morecambe Ac	40:31
60	582	Lisa Ellis	L40	6 Clayton-Le-Moors Harriers	40:40
61	2963	Karen Lemon	L	61 Barlick Fell Runners	40:44
62	595	Tracy Mitchell	L50	7 Clayton-Le-Moors Harriers	41:00
63	2965	Carole James	L55	4 Southport Waterloo Ac	41:05
64	2966	Chloe Blakemore	L35	10 Wigan Phoenix	41:06
65	2967	Karen Maggio-Poyntz	L45	6 Walney Wind Cheetahs	41:16
66	2968	Michelle Sumner	L35	11 Clayton-Le-Moors Harriers	41:21
67	2969	Kim Anderson	L35	12 Walney Wind Cheetahs	41:34
68	2970	Amy Wilkin	L45	7 Kendal Amateur Athletic Club	41:34
69	962	Sally Brassington	L45	8 Lancaster & Morecambe Ac	41:34
70	2242	Helen Hall	L45	9 Blackpool Wyre & Fylde Ac	41:43
71	2971	Marie Jarvis	L35	13 Wigan & District H & Ac	41:53
72	2972	Merlyn Gildale	L	72 Lancaster University	41:58
73	589	Vicky Heys	L50	8 Clayton-Le-Moors Harriers	42:02
74	761	Kerry Davies	L50	9 Kendal Amateur Athletic Club	42:10
75	58	Hannah Newbold	L	75 Barlick Fell Runners	42:14
76	1875	Clair Priestley	L45	10 Trawden Athletic Club	42:16
77	2974	Becky Ingham	L	77 Wesham Road Runners & Ac	42:23
78	1935	Janice Callister	L55	5 Walney Wind Cheetahs	42:26
79	2975	Claire Markham	L45	11 Lytham St Annes Rr Club	42:29
80	2976	Julia Rushton	L55	6 Clayton-Le-Moors Harriers	42:35
81	600	Irene Roche	L60	2 Clayton-Le-Moors Harriers	42:37
82	1242	Catherine Carrdus	L50	10 Lytham St Annes Rr Club	42:37
83	1624	Heather Roper	L50	11 Skelmersdale Boundary H	42:48
84	1025	Alexandra Callcut	L	84 Lancaster University	42:59
85	330	Karen Dunford	L55	7 Blackpool Wyre & Fylde Ac	43:02
86	341	Basia Pawelczak	L	86 Blackpool Wyre & Fylde Ac	43:15
87	2978	Bhavna Mistry	L45	12 Kirkby Milers AC	43:21
88	762	Carolyn Kevan	L60	3 Kendal Amateur Athletic Club	43:26
89	2979	Daisy FletcherCooney	L	89 Glaxo Hoad Hill Harriers	43:27
90	340	Jayne Ogier	L40	7 Blackpool Wyre & Fylde Ac	43:30
91	2980	Miriam Maher	L	91 Lancaster & Morecambe Ac	43:42
92	2914	Georgia Francis	L	92 Preston Harriers	43:52
93	765	Dianne Priestley	L70	1 Kendal Amateur Athletic Club	43:56
94	2981	Emily Stapleton	L	94 Lancaster & Morecambe Ac	44:00
95	1710	Helen Lavelle	L45	13 Southport Waterloo Ac	44:02
96	1930	Joanna Barnard	L45	14 Walney Wind Cheetahs	44:07
97	2916	Cath Grisdale	L60	4 Barrow & Furness Striders	44:09
98	1245	Julia Rolfe	L60	5 Lytham St Annes Rr Club	44:26
99	587	Sarah Helliwell	L40	8 Clayton-Le-Moors Harriers	44:53
100	1496	Davina Raidy	L50	12 Rossendale Harriers & Ac	44:58
101	892	Jayne Russell	L45	15 Kirkby Milers AC	45:07
102	2023	Alona Versinina	L35	14 Wesham Road Runners & Ac	45:10
103	2983	Colleen Oldham	L40	9 Leven Valley AC	45:13
104	1704	Katy Coupland	L45	16 Southport Waterloo Ac	45:18
105	2984	Amelia Page	L	105 Lancaster University	45:33
106	1493	Sissel Lundberg-Bury	L55	8 Rossendale Harriers & Ac	45:46
107	2064	Rachel Lawton	L50	13 Wigan & District H & Ac	45:52
108	2985	Sue Moran	L35	15 Kirkby Milers AC	46:01
109	2986	Gemma Delamere	L35	16 Southport Waterloo Ac	46:02
110	892	Jayne Russell	L60	6 Lancaster & Morecambe Ac	46:24
111	2312	Tessa Walmsley	L35	17 Trawden Athletic Club	46:28
112	1489	Karen Goldswain	L55	9 Rossendale Harriers & Ac	46:30
113	1170	Sharon Roberts	L50	14 Liverpool Pembroke Sefton	46:32
114	342	Sarah Robinson	L50	15 Blackpool Wyre & Fylde Ac	46:45
115	2988	Anna Williams	L35	18 Skelmersdale Boundary H	46:52
116	2989	Katy Thompson	L65	1 Clayton-Le-Moors Harriers	47:02
117	1712	Helen Lodge	L50	16 Southport Waterloo Ac	47:04
118	1835	Kate Barras	L45	17 Thornton Cleveleys RC	47:26
119	2990	Mary Hewitt	L65	2 Garstang Running Club	47:31
120	2991	Amy Tinker	L	120 Wigan & District H & Ac	47:41
121	1939	Carol Park	L55	10 Walney Wind Cheetahs	48:07
122	1634	Andrea Welsh	L40	10 Skelmersdale Boundary H	48:07
123	2923	Anne Berry	L55	11 Wesham Road Runners & Ac	48:11
124	2992	Catherine MacLachlan	L45	18 Lytham St Annes Rr Club	48:11
125	1371	Julie Tyrer	L45	19 Preston Harriers	48:14
126	2993	Michelle Thomlinson	L55	12 Blackpool Wyre & Fylde Ac	48:31
127	2067	Ruth Peet	L50	17 Wigan & District H & Ac	48:51
128	2247	Gemma Wicks	L	128 Lancaster University	48:53
129	2994	Suzanne Wood	L	129 Liverpool Pembroke Sefton	48:53
130	1373	Olga Wiggins	L40	11 Preston Harriers	48:58
131	2996	Lisa Mayhew	L	131 Burnley Ac	49:04
132	2927	Sue Stewart	L55	13 Southport Waterloo Ac	49:11
133	2997	Christine Martin	L35	19 Kirkby Milers AC	49:23
134	2929	Beverley Gigli	L55	14 Blackpool Wyre & Fylde Ac	49:46
135	1937	Helen Edwards	L50	18 Walney Wind Cheetahs	50:38
136	2998	Sue Wickham	L55	15 Preston Harriers	50:53
137	3000	Pam Binns	L75	1 Lytham St Annes Rr Club	51:05
138	1498	Sara Steel	L40	12 Rossendale Harriers & Ac	52:10
139	3001	Sally Deacon	L55	16 Wesham Road Runners & Ac	53:16
140	3002	Helen Martin	L35	20 Skelmersdale Boundary H	53:21
141	3003	Ursula Cheetham	L45	20 Skelmersdale Boundary H	53:31
142	1636	Hannah Wilson	L40	13 Skelmersdale Boundary H	54:06
143	3004	Helen Harrison	L55	17 Clayton-Le-Moors Harriers	54:06
144	2932	Sue Rigby	L45	21 Wesham Road Runners & Ac	54:40
145	2933	Karolina Faithful	L35	21 Skelmersdale Boundary H	54:53
146	2934	Sylvia Gittings	L75	2 Lytham St Annes Rr Club	56:45
147	3005	Lynn Hawthornthwaite	L45	22 Trawden Athletic Club	57:06
148	410	Sally Green	L50	19 Burnley Ac	57:09
149	1876	Catherine Thornber	L55	18 Trawden Athletic Club	57:45
150	880	Paula Heaton	L45	23 Kirkby Milers AC	58:20
151	873	Rachel Fisher	L35	22 Kirkby Milers AC	58:21
152	2936	Ria Wilton	L	152 Kirkby Milers AC	58:21
153	1044	Debbie Copper	L40	14 Leigh Harriers & Ac	58:48
154	594	Christine Leathley	L70	2 Clayton-Le-Moors Harriers	1:00:36
155	3008	Jane Erlam	L45	24 Skelmersdale Boundary H	1:01:45
156	1354	Judith Deakin	L75	3 Preston Harriers	1:03:03
157	576	Susan Allen	L60	7 Clayton-Le-Moors Harriers	1:04:13
158	2938	Vicky Cocks	L45	25 Skelmersdale Boundary H	1:04:20

Race 6 - Ladies over 18 — TEAM RESULTS

1	Liverpool Pembroke Sefton	9	—	2	Eleanor Anderson	3	Kirsty Longley	4	Chloe Leather
2	Liverpool Harriers & Ac	18	—	5	Alex O'Brien	6	Jade Morgan	7	Fiona Corrick
3	Blackburn Harriers & Ac	27	—	1	Jessica Warner-Judd	10	Amy-Nicola Davies	16	Ellen Sager-Hesketh
4	Liverpool Harriers & Ac 'B'	34	—	9	Holly Love	12	Niamh Donnelly	13	India Elliott
5	Clayton-Le-Moors Harriers	71	—	11	Nicola Moynihan	19	Rebecca Rimminngton	41	Alison Dugdale
6	Preston Harriers	79	—	15	Chloe Lam-Moores	31	Kate Lakeland	33	Eilidh Brown
7	Barlick Fell Runners	90	—	20	Laura Craig	27	Fiona Hall	43	Heather Driver
8	Wigan & District H & Ac	100	—	22	Ellie Robinson	30	Jayne Collins	48	Jacqui Jones
9	Southport Waterloo Ac	105	—	8	Lucy Milling	34	Andrea Scarborough	63	Carole James
10	Wigan Phoenix	133	—	32	Nina Pilkington	37	Karen Moorfield	64	Chloe Blakemore
11	Walney Wind Cheetahs	158	—	39	Amy Singleton	54	Alex Earley	65	Karen Maggio-Poyntz
12	Skelmersdale Boundary H	162	—	23	Sue McMcaster	56	Victoria Gilbody	83	Heather Roper
13	Lytham St Annes Rr Club	166	—	35	Kate PriceEdwards	52	Helen Rennie	79	Claire Markham
14	Leven Valley AC	171	—	28	Elizabeth McNally	40	Leanne Scott	103	Colleen Oldham
15	Lancaster University	182	—	26	Anna Lonsdale	72	Merlyn Gilldaley	84	Alexandra Callcut
16	Clayton-Le-Moors Harriers 'B'	188	—	60	Lisa Ellis	62	Tracy Mitchell	66	Michelle Sumner
17	Glaxo Hoad Hill Harriers	188	—	46	Joanne McLeod	53	Ellie Simmonds	89	Daisy FletcherCooney
18	Wesham Road Runners & Ac	190	—	55	Kay Twist	58	Helen Lawrenson	77	Becky Ingham
19	Rossendale Harriers & Ac	198	—	47	Sophie Howard	51	Laura Johnston	100	Davina Raidy
20	Kirkby Milers AC	205	—	17	Carmel Edwards	87	Bhavna Mistry	101	Jayne Russell
21	Leigh Harriers & Ac	205	—	14	Olivia Stones	38	Katie Sanderson	153	Debbie Copper
22	Garstang Running Club	212	—	36	Claire Lyons	57	Jayne Perry	119	Mary Hewitt
23	Lancaster & Morecambe Ac	219	—	59	Louise Wareing	69	Sally Brassington	91	Miriam Maher
24	Wigan & District H & Ac 'B'	227	—	49	Lisa Heyes	71	Marie Jarvis	107	Rachel Lawton
25	Kendal Amateur Athletic Club	230	—	68	Amy Wilkin	74	Kerry Davies	88	Carolyn Kevan
26	Blackpool Wyre & Fylde Ac	241	—	70	Helen Hall	85	Karen Dunford	86	Basia Pawelczak
27	Walney Wind Cheetahs 'B'	241	—	67	Kim Anderson	78	Janice Callister	96	Joanna Barnard
28	Preston Harriers 'B'	259	—	42	Emma Essex-Crosby	92	Georgia Francis	125	Julie Tyrer
29	Lytham St Annes Rr Club 'B'	304	—	82	Catherine Carrdus	98	Julia Rolfe	124	Catherine MacLachlan
30	Southport Waterloo Ac 'B'	308	—	95	Helen Lavelle	104	Katy Coupland	109	Gemma Delamere
31	Blackpool Wyre & Fylde Ac 'B'	330	—	90	Jayne Ogier	114	Sarah Robinson	126	Michelle Thomlinson
32	Trawden Athletic Club	334	—	76	Clair Priestley	111	Tessa Walmsley	147	Lynn Hawthornthwaite
33	Rossendale Harriers & Ac 'B'	356	—	106	Sissel Lundberg-Bury	112	Karen Goldswain	138	Sara Steel
34	Wesham Road Runners & Ac 'B'	364	—	102	Alona Versinina	123	Anne Berry	139	Sally Deacon
35	Skelmersdale Boundary H 'B'	377	—	115	Anna Williams	122	Andrea Welsh	140	Helen Martin
36	Kirkby Milers AC 'B'	391	—	108	Sue Moriam	133	Christine Martin	150	Paula Heaton

Race 6 - Ladies over 35 — TEAM RESULTS

1	Barlick Fell Runners	31	—	4	Laura Craig	7	Fiona Hall	20	Heather Driver
2	Clayton-Le-Moors Harriers	51	—	3	Rebecca Rimminngton	18	Alison Dugdale	30	Lisa Ellis
3	Wigan & District H & Ac	56	—	9	Jayne Collins	23	Jacqui Jones	24	Lisa Heyes
4	Wigan Phoenix	57	—	10	Nina Pilkington	14	Karen Moorfield	33	Chloe Blakemore
5	Lytham St Annes Rr Club	82	—	12	Kate PriceEdwards	25	Helen Rennie	45	Claire Markham
6	Walney Wind Cheetahs	86	—	16	Amy Singleton	34	Karen Maggio-Poyntz	36	Kim Anderson
7	Leven Valley AC	88	—	8	Elizabeth McNally	17	Leanne Scott	63	Colleen Oldham
8	Southport Waterloo Ac	98	—	11	Andrea Scarborough	32	Carole James	55	Helen Lavelle
9	Kirkby Milers AC	114	—	2	Carmel Edwards	51	Bhavna Mistry	61	Jayne Russell
10	Wesham Road Runners & Ac	116	—	26	Kay Twist	28	Helen Lawrenson	62	Alona Versinina
11	Garstang Running Club	118	—	13	Claire Lyons	27	Jayne Perry	78	Mary Hewitt
12	Skelmersdale Boundary H	128	—	5	Sue McMcaster	49	Heather Roper	74	Anna Williams
13	Kendal Amateur Athletic Club	131	—	37	Amy Wilkin	42	Kerry Davies	52	Carolyn Kevan
14	Lancaster & Morecambe Ac	136	—	29	Louise Wareing	38	Sally Brassington	69	Jennie Hodgson
15	Blackpool Wyre & Fylde Ac	142	—	39	Helen Hall	50	Karen Dunford	53	Jayne Ogier
16	Preston Harriers	188	—	19	Emma Essex-Crosby	83	Julie Tyrer	86	Olga Wiggins
17	Rossendale Harriers & Ac	196	—	60	Davina Raidy	65	Sissel Lundberg-Bury	71	Karen Goldswain
18	Trawden Athletic Club	215	—	43	Clair Priestley	70	Tessa Walmsley	102	Lynn Hawthornthwaite

Race 6 - Ladies over 45 — TEAM RESULTS

1	Wigan & District H & Ac	29	—	6	Jayne Collins	11	Jacqui Jones	12	Lisa Heyes
2	Clayton-Le-Moors Harriers	46	—	8	Alison Dugdale	16	Tracy Mitchell	22	Vicky Heys
3	Kendal Amateur Athletic Club	75	—	19	Amy Wilkin	23	Kerry Davies	33	Carolyn Kevan
4	Walney Wind Cheetahs	79	—	18	Karen Maggio-Poyntz	25	Janice Callister	36	Joanna Barnard
5	Lancaster & Morecambe Ac	79	—	15	Louise Wareing	20	Sally Brassington	44	Jennie Hodgson
6	Wesham Road Runners & Ac	80	—	13	Kay Twist	14	Helen Lawrenson	53	Anne Berry
7	Lytham St Annes Rr Club	93	—	26	Claire Markham	29	Catherine Carrdus	38	Julia Rolfe
8	Southport Waterloo Ac	93	—	17	Carole James	35	Helen Lavelle	41	Katy Coupland
9	Skelmersdale Boundary H	96	—	2	Sue McMcaster	30	Heather Roper	64	Ursula Cheetham
10	Blackpool Wyre & Fylde Ac	99	—	21	Helen Hall	31	Karen Dunford	47	Sarah Robinson
11	Rossendale Harriers & Ac	126	—	39	Davina Raidy	42	Sissel Lundberg-Bury	45	Karen Goldswain
12	Kirkby Milers AC	143	—	32	Bhavna Mistry	40	Jayne Russell	71	Paula Heaton
13	Trawden Athletic Club	162	—	24	Clair Priestley	68	Lynn Hawthornthwaite	70	Catherine Thorber
14	Preston Harriers	190	—	55	Julie Tyrer	61	Sue Wickham	74	Judith Deakin

Race 6 - Ladies over 55 — TEAM RESULTS

1	Clayton-Le-Moors Harriers	32	—	7	Julia Rushton	8	Irene Roche	17	Katy Thompson
2	Blackpool Wyre & Fylde Ac	53	—	9	Karen Dunford	21	Michelle Thomlinson	23	Beverley Gigli
3	Lytham St Annes Rr Club	66	—	13	Julia Rolfe	25	Pam Binns	28	Sylvia Gittings

Race 6 - Ladies over 65 — TEAM RESULTS

No complete teams

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 26th November 2022

Senior Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	1012	Jacob Cann		Lancaster University	30:11	86	1678	James Paybody	V40 8	Southport Waterloo Ac	39:02
2	3011	Matthew Knowles		Lancaster & Morecambe Ac	30:36	87	2317	Lee Peake	V40 9	Wigan & District H & Ac	39:04
3	122	Callum Davidson		Blackburn Harriers & Ac	31:29	88	1693	Alex Waddelove		Southport Waterloo Ac	39:05
4	3012	Andrew Milligan		Lancaster University	32:11	89	1656	David Hamilton	V55 3	Southport Waterloo Ac	39:06
5	47	Matthew Watson	V40 1	Barlick Fell Runners	32:24	90	279	Andrew Harling	V4010	Blackpool Wyre & Fylde Ac	39:10
6	110	Joshua Birmingham		Blackburn Harriers & Ac	32:30	91	3044	Andrew Fairburn	V4011	Blackpool Wyre & Fylde Ac	39:11
7	3013	Robert Warner-Judd		Blackburn Harriers & Ac	33:08	92	1148	Thomas Harkin	V50 7	Liverpool Pembroke Sefton	39:17
8	3014	Matthew Leahy		Liverpool Harriers & Ac	33:09	93	826	James Ellis		Kirkby Milers AC	39:20
9	1149	Ross Harrison		Liverpool Pembroke Sefton	33:46	94	1152	Philip Macdonald	V4012	Liverpool Pembroke Sefton	39:22
10	3015	Harry Blackburn		Liverpool Harriers & Ac	33:53	95	567	Richard Stevenson	V45 6	Clayton-Le-Moors Harriers	39:23
11	3016	Matt Jackson		Liverpool Harriers & Ac	33:54	96	425	Dan Edwards	V45 7	Chorley A & T	39:25
12	3017	Adam Ferris		Liverpool Harriers & Ac	34:16	97	1086	Joel Denton	U20 5	Leigh Harriers & Ac	39:26
13	3018	Alistar Leivers		Lytham St Annes Rr Club	34:21	98	3045	Stephen Bone	V4013	Preston Harriers	39:26
14	3019	Thomas Rogerson		Liverpool Harriers & Ac	34:26	99	742	Carl Hanaghan	V4014	Kendal Amateur Athletic Club	39:27
15	3020	Jon-Jo Doherty		Liverpool Harriers & Ac	34:28	100	2267	David Roorcroft		Preston Harriers	39:28
16	3021	Lee Siemaszko		Liverpool Harriers & Ac	34:31	101	1475	Alan Lundberg-Bury	V55 4	Rossendale Harriers & Ac	39:29
17	3022	Matthew Skaiffe		Liverpool Harriers & Ac	34:32	102	1307	Simon Collins	V4015	Preston Harriers	39:30
18	3023	Ethan Dunn		Liverpool Harriers & Ac	34:47	103	3047	Thomas Croft		Liverpool Harriers & Ac	39:30
19	3024	Hywel Care		Liverpool Harriers & Ac	34:54	104	1436	Daniel Hughes		Red Rose Road Runners	39:32
20	1226	Ross McKelvie		Lytham St Annes Rr Club	34:58	105	3048	Wilf Lovatt	U20 6	Lancaster University	39:33
21	40	Gary Shaw	V50 1	Barlick Fell Runners	35:00	106	3049	Matthew Wood		Liverpool Harriers & Ac	39:36
22	1160	Anthony O'Brien	V50 2	Liverpool Pembroke Sefton	35:03	107	953	Tom Nicholson		Lancaster & Morecambe Ac	39:36
23	1453	Jonathan Cleaver	V40 2	Rossendale Harriers & Ac	35:08	108	755	Richard Wilson	V4016	Kendal Amateur Athletic Club	39:38
24	3025	Dean Hanwell		Liverpool Harriers & Ac	35:17	109	2125	Benjamin Gorrill		Wigan Phoenix	39:38
25	1468	Andrew Grenfell	V40 3	Rossendale Harriers & Ac	35:19	110	1096	David McNally	V45 8	Leven Valley AC	39:39
26	1312	Sam Evans		Preston Harriers	35:28	111	694	Charles Jeffrey		Glaxo Hoad Hill Harriers	39:39
27	32	James Craig		Barlick Fell Runners	35:38	112	1452	Matthew Clawson		Rossendale Harriers & Ac	39:40
28	3026	Mark Ryan		Liverpool Harriers & Ac	35:39	113	430	Keith Johnston	V4017	Chorley A & T	39:41
29	3027	Lewis Bowness		Helm Hill Runners	35:43	114	850	Lee Moore		Kirkby Milers AC	39:42
30	959	Beau Smith		Lancaster & Morecambe Ac	35:49	115	3050	Paul Owens		Liverpool Harriers & Ac	39:43
31	955	Lee Parrington	V40 4	Lancaster & Morecambe Ac	35:53	116	3051	Andy Veevers	V4018	Southport Waterloo Ac	39:45
32	3028	Oliver Sutcliffe		Liverpool Pembroke Sefton	35:59	117	3052	Dave McDonough	V50 8	Kirkby Milers AC	39:47
33	1470	Matthew Harris		Rossendale Harriers & Ac	36:03	118	3053	Paul Connor	V4019	Wigan Phoenix	39:48
34	1960	Robert Danson		Wesham Road Runners & Ac	36:06	119	3054	Paul Millburn		Liverpool Pembroke Sefton	39:52
35	123	Christopher Davies	V45 1	Blackburn Harriers & Ac	36:12	120	2051	Stuart Towns	V45 9	Wigan & District H & Ac	39:57
36	1451	Chris Clare		Rossendale Harriers & Ac	36:15	121	1088	John Bell		Leven Valley AC	40:11
37	836	Ryan Jones		Kirkby Milers AC	36:15	122	3055	Phil Derry	V4020	Skelmersdale Boundary H	40:12
38	1473	Benjamin Kirkman		Rossendale Harriers & Ac	36:16	123	3056	Richard Joice		Lancaster University	40:13
39	3029	Will Robson		Liverpool Harriers & Ac	36:18	124	2272	Peter Gibson		Red Rose Road Runners	40:16
40	1682	Francois Rafferty	V50 3	Southport Waterloo Ac	36:40	125	754	Matthew Wilson	V4510	Kendal Amateur Athletic Club	40:27
41	3030	Benno Hille		Lancaster University	36:45	126	1233	Jonathan Tuck	V4511	Lytham St Annes Rr Club	40:28
42	733	Laurie Kearsey		Helm Hill Runners	36:46	127	3058	Dave Smith	V4512	Leigh Harriers & Ac	40:31
43	1151	Daniel Jones		Liverpool Pembroke Sefton	36:49	128	104	David Almond	V55 5	Blackburn Harriers & Ac	40:33
44	1546	Joseph Hopley	U20 1	Rossendale Harriers & Ac	36:53	129	1668	Josh Makin		Southport Waterloo Ac	40:35
45	421	Tom Belcher		Chorley A & T	37:02	130	3059	Iain Joinson		Kirkby Milers AC	40:43
46	74	Ross Campbell		Barrow & Furness Striders	37:04	131	863	James Williams	V4021	Kirkby Milers AC	40:45
47	2213	Luke Towers		Liverpool Harriers & Ac	37:07	132	1958	Thomas Crabtree		Wesham Road Runners & Ac	40:48
48	1143	Thomas Fair		Liverpool Pembroke Sefton	37:11	133	1092	Nathan Harris		Leven Valley AC	40:49
49	1467	Sean Greenwood		Rossendale Harriers & Ac	37:15	134	441	Robert Walsh	V4513	Chorley A & T	40:50
50	957	Kieran Rowlands		Lancaster & Morecambe Ac	37:16	135	1138	Daniel Brookfield		Liverpool Pembroke Sefton	40:51
51	250	Sam Hodgkinson	U20 2	Blackburn Harriers & Ac	37:23	136	1665	Ken Lennon	V60 1	Southport Waterloo Ac	40:54
52	751	Joe Todd	V45 2	Kendal Amateur Athletic Club	37:25	137	864	Gary Wilton	V4514	Kirkby Milers AC	40:59
53	3031	Al Ahbabi Moha Jaber		Liverpool Harriers & Ac	37:27	138	2266	Andrew Kelly		Preston Harriers	41:00
54	1164	Mark Wynne	V45 3	Liverpool Pembroke Sefton	37:28	139	3061	Alex Dalton		Preston Harriers	41:00
55	1163	Kevin Usher	V55 1	Liverpool Pembroke Sefton	37:30	140	1145	Andrew Foster	V50 9	Liverpool Pembroke Sefton	41:00
56	3032	Joesph Twigg		Lancaster & Morecambe Ac	37:32	141	534	James Dunderdale	V4022	Clayton-Le-Moors Harriers	41:03
57	285	Philip Leybourne	V55 2	Blackpool Wyre & Fylde Ac	37:34	142	3062	Mo Manir-Jolley	V5010	Wigan Phoenix	41:03
58	1343	Matthew Sowerby		Preston Harriers	37:35	143	2046	Mark Morgan-Hillam	V4515	Wigan & District H & Ac	41:06
59	3033	Ian Mayes Mayes		Leigh Harriers & Ac	37:35	144	1683	Peter Rooome	V55 6	Southport Waterloo Ac	41:07
60	812	Liam Brown		Kirkby Milers AC	37:38	145	1315	Steve Hallas	V4516	Preston Harriers	41:08
61	48	Ben Whitehead		Barlick Fell Runners	37:43	146	278	Stuart Hall	V4023	Blackpool Wyre & Fylde Ac	41:10
62	1455	Stephen Corbishley		Rossendale Harriers & Ac	37:47	147	942	James Dagleish	V4517	Lancaster & Morecambe Ac	41:15
63	1349	Wesley Wilkinson		Preston Harriers	37:49	148	304	Simon Reason		Blackpool Wyre & Fylde Ac	41:21
64	1425	Luke Suffolk	U20 3	Preston Harriers	37:56	149	1968	Carl Groome	V5011	Wesham Road Runners & Ac	41:25
65	749	Will Sisson		Kendal Amateur Athletic Club	37:58	150	3063	Steve Wilkinson	V4024	Southport Waterloo Ac	41:35
66	3034	Ryan Whiston		Liverpool Harriers & Ac	38:02	151	1219	Joe Greenwood		Lytham St Annes Rr Club	41:42
67	3035	Matthew Nuttall	V50 4	Blackburn Harriers & Ac	38:04	152	1591	Kevin Walker	V4518	Skelmersdale Boundary H	41:45
68	678	Darren Coward		Glaxo Hoad Hill Harriers	38:04	153	2249	Harry Stead	U20 7	Lancaster University	41:51
69	710	Nathan White		Glaxo Hoad Hill Harriers	38:06	154	541	Jonny Hall		Clayton-Le-Moors Harriers	41:53
70	3036	Rhys Francis		Leigh Harriers & Ac	38:09	155	2036	Mike Harris	V5012	Wigan & District H & Ac	41:54
71	707	Luke Turner		Glaxo Hoad Hill Harriers	38:16	156	3065	Josh Murphy		Leven Valley AC	41:56
72	2040	John Heyes	V50 5	Wigan & District H & Ac	38:21	157	829	Adam Fitzsimmons		Kirkby Milers AC	41:57
73	1162	Nick Turner		Liverpool Pembroke Sefton	38:25	158	2039	George Heyes		Wigan & District H & Ac	42:01
74	1348	Andy Whaley	V45 4	Preston Harriers	38:28	159	289	Gruff Matthew		Blackpool Wyre & Fylde Ac	42:05
75	3037	Daniel Mitchinson		Leigh Harriers & Ac	38:31	160	670	Rory Anderson		Glaxo Hoad Hill Harriers	42:06
76	1039	Harry Read		Leigh Harriers & Ac	38:33	161	735	Justin Tancrel	V4519	Helm Hill Runners	42:09
77	3038	Billy Reid	U20 4	Preston Harriers	38:35	162	1913	Jason Caine		Walney Wind Cheetahs	42:15
78	3039	Lee Midghall		Liverpool Harriers & Ac	38:38	163	1036	Matthew Holliday		Leigh Harriers & Ac	42:17
79	752	Andrew Wallace	V40 5	Kendal Amateur Athletic Club	38:42	164	405	Joshua Mathias-Davey	U208	Blackpool Wyre & Fylde Ac	42:19
80	3040	Dave Low	V40 6	Kirkby Milers AC	38:45	165	3066	Chris Simpson	V4025	Wigan & District H & Ac	42:20
81	1989	Adam Wilding		Wesham Road Runners & Ac	38:49	166	684	Gary Dover	V55 7	Glaxo Hoad Hill Harriers	42:23
82	1652	John Delamere	V45 5	Southport Waterloo Ac	38:54	167	3067	Adrian Rogers		Liverpool Pembroke Sefton	42:25
83	3041	Rob McGrath	V50 6	Southport Waterloo Ac	38:56	168	529	Martin Connolly		Clayton-Le-Moors Harriers	42:26
84	1955	Mark Belfield	V40 7	Wesham Road Runners & Ac	38:58	169	296	Michael Osinski-Gray		Blackpool Wyre & Fylde Ac	42:30
85	1460	Robert English		Rossendale Harriers & Ac	39:01	170	532	David Davies		Clayton-Le-Moors Harriers	42:32

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

171	14	David Sloan	V4026	Astley & Tyldesley RR	42:35	241	2130	Warren Moorfield	V5025	Wigan Phoenix	47:05
172	3068	Graham Cash	V4520	Leigh Harriers & Ac	42:38	242	2119	Stuart Ainge	V4529	Wigan Phoenix	47:13
173	1569	Daniel Gilbody		Skelmersdale Boundary H	42:40	243	435	Adrian Pilkington	V5026	Chorley A & T	47:16
174	1347	David Watson	V5013	Preston Harriers	42:42	244	1570	Neil Goulding	V4530	Skelmersdale Boundary H	47:17
175	1093	David Kyriacou		Leven Valley AC	42:44	245	1024	James Walker		Lancaster University	47:25
176	3069	James Bailey	V5014	Leven Valley AC	42:45	246	1220	Dan Gregson	V5027	Lytham St Annes Rr Club	47:34
177	1469	Stephen Grenfell		Rossendale Harriers & Ac	42:50	247	1571	Richard Gregory	V5515	Skelmersdale Boundary H	47:35
178	1655	Matthew Halsall		Southport Waterloo Ac	42:57	248	1223	Mark Hughes	V4531	Lytham St Annes Rr Club	47:36
179	3070	Jared Nicholls		Liverpool Pembroke Sefton	42:59	249	1919	Philip Horrocks	V5516	Walney Wind Cheetahs	47:39
180	2037	Gareth Harrison	V4027	Wigan & District H & Ac	43:00	250	3087	Freddie Faulkner		Southport Waterloo Ac	47:53
181	264	Nathan Baker		Blackpool Wyre & Fylde Ac	43:02	251	3088	Andy McKenzie	V60 5	Southport Waterloo Ac	47:57
182	827	Gary Fisher		Kirkby Milers AC	43:07	252	1689	Keith Swift	V4532	Southport Waterloo Ac	48:01
183	2191	Anton Krige	V5015	Blackburn Harriers & Ac	43:08	253	79	Peter Willacy	V60 6	Barrow & Furness Striders	48:01
184	3071	Michael Gail		Liverpool Pembroke Sefton	43:15	254	2149	Peter Sagar	V60 7	Hyndburn Ac	48:07
185	3072	Scott Lancaster		Leigh Harriers & Ac	43:19	255	2252	Kyle Smyth		Lancaster University	48:20
186	3073	Thomas Webster		Liverpool Harriers & Ac	43:28	256	1464	Nigel Goldswain	V5517	Rossendale Harriers & Ac	48:32
187	1946	Casey Turner	U20 9	Walney Wind Cheetahs	43:33	257	1590	John Thompson	V5028	Skelmersdale Boundary H	48:51
188	305	George Robinson		Blackpool Wyre & Fylde Ac	43:35	258	705	Nigel Storey	V5518	Glaxo Hoad Hill Harriers	48:56
189	1236	James Whittle		Lytham St Annes Rr Club	43:37	259	1430	Philip Butler	V5519	Red Rose Road Runners	48:59
190	1642	Neil Adshead	V60 2	Southport Waterloo Ac	43:39	260	848	Daniel McKeivitt	V4033	Kirkby Milers AC	49:12
191	1557	Paul Cheetham	V5016	Skelmersdale Boundary H	43:43	261	1319	William Johnstone	V5520	Preston Harriers	49:15
192	25	James Austin		Barlick Fell Runners	43:55	262	2047	Gary Peet	V5521	Wigan & District H & Ac	49:21
193	1154	Tom Mattack		Liverpool Pembroke Sefton	43:57	263	1097	Matt Messenger	V4533	Leven Valley AC	49:23
194	1441	Barry Wheeler		Red Rose Road Runners	44:03	264	1924	Paul Quinn	V5522	Walney Wind Cheetahs	49:36
195	946	Paul Gillon	V55 8	Lancaster & Morecambe Ac	44:04	265	1432	Philip Davidson	V60 8	Red Rose Road Runners	49:46
196	3074	Ian leigh	V5017	Chorley A & T	44:06	266	3090	Mike Cunningham	V5029	Southport Waterloo Ac	50:09
197	2121	Paul Blakemore		Wigan Phoenix	44:07	267	677	Keith Conway	V5030	Glaxo Hoad Hill Harriers	50:16
198	1914	Dean Crossman		Walney Wind Cheetahs	44:09	268	1225	Lewis McAfee	V4034	Lytham St Annes Rr Club	50:17
199	1141	John Dickinson	V55 9	Liverpool Pembroke Sefton	44:12	269	1140	Andrew Conway	V5523	Liverpool Pembroke Sefton	50:20
200	2050	Mark Rogers	V5510	Wigan & District H & Ac	44:19	270	131	Allan Hartley	V4534	Blackburn Harriers & Ac	50:34
201	3075	Lee Quibell	V4028	Red Rose Road Runners	44:20	271	3091	á Nigel Shepherd	V60 9	Wesham Road Runners & Ac	50:36
202	852	Nick Morton		Kirkby Milers AC	44:24	272	1956	John Collier	V65 2	Wesham Road Runners & Ac	50:39
203	3076	Steve Ward	V4029	Southport Waterloo Ac	44:34	273	1213	John Bertenshaw	V65 3	Lytham St Annes Rr Club	50:42
204	860	Lee Walmsley	V5018	Kirkby Milers AC	44:36	274	1040	Gary Sanderson	V4535	Leigh Harriers & Ac	50:52
205	653	Richard Jones	V4030	Garstang Running Club	44:39	275	1465	David Greenwood	V6010	Rossendale Harriers & Ac	51:02
206	1429	Manolo Brook	V5019	Red Rose Road Runners	44:41	276	1161	Neil Roberts	V5524	Liverpool Pembroke Sefton	51:08
207	557	Kieron Mitchell	V5020	Clayton-Le-Moors Harriers	44:43	277	1034	Brian Copper	V4536	Leigh Harriers & Ac	51:14
208	683	Sean Dixon	V5511	Glaxo Hoad Hill Harriers	44:45	278	322	Mark Whitehouse	V4537	Blackpool Wyre & Fylde Ac	51:26
209	3077	Mark Hudson		Liverpool Pembroke Sefton	44:50	279	2224	James Remnant		Wesham Road Runners & Ac	51:32
210	1915	Gareth Davies		Walney Wind Cheetahs	44:58	280	1649	Lee Coupland	V4538	Southport Waterloo Ac	51:46
211	1820	David Barras		Thornton Cleveleys RC	44:59	281	1583	Nick Paul	V6011	Skelmersdale Boundary H	52:10
212	3078	Ben Barnes		Wigan & District H & Ac	45:03	282	3092	Michael XWilson	V5525	Chorley A & T	52:11
213	1021	Matthew Green		Lancaster University	45:04	283	1437	Fred Lynch	V65 4	Red Rose Road Runners	52:16
214	651	Colin Jennings	V5021	Garstang Running Club	45:06	284	3093	Imtiaz Patel	V5031	Red Rose Road Runners	52:26
215	949	Graham Hodgson	V60 3	Lancaster & Morecambe Ac	45:06	285	439	Darrel Smethurst	V4539	Chorley A & T	53:28
216	2269	Alex Frost	V5022	Rossendale Harriers & Ac	45:08	286	571	Neil Welsh	V5032	Clayton-Le-Moors Harriers	53:30
217	1912	Steven Batty	V60 4	Walney Wind Cheetahs	45:15	287	1860	Paul Roberts	V4540	Trawden Athletic Club	53:32
218	2135	Christopher Wilson	V5512	Wigan Phoenix	45:19	288	1305	Michael Brown	V6012	Preston Harriers	53:57
219	3079	Damien Ings	V4031	Wesham Road Runners & Ac	45:26	289	817	John Clarke	V5526	Kirkby Milers AC	54:02
220	1928	Trevor Turner	V5513	Walney Wind Cheetahs	45:28	290	1921	Andrew Leece	V5033	Walney Wind Cheetahs	54:09
221	1549	Michael Aisbitt	V4521	Skelmersdale Boundary H	45:35	291	1445	Philip Dean	V6013	Red Rose Road Runners	54:13
222	3080	Tom Cocks		Skelmersdale Boundary H	45:35	292	3094	Adrian Ibson	V5527	Garstang Running Club	55:06
223	3081	Dave Pollitt	V4522	Leigh Harriers & Ac	45:37	293	838	John Lawlor	V65 5	Kirkby Milers AC	55:17
224	3082	Abdulla Alkuwali		Liverpool Harriers & Ac	45:39	294	649	Graham Hobson	V65 6	Garstang Running Club	55:17
225	3083	Kenn Shurie-McKenzie	V5023	Kirkby Milers AC	45:42	295	309	Simon Scarr	V5528	Blackpool Wyre & Fylde Ac	55:30
226	1670	Carl McMahon	V4523	Southport Waterloo Ac	45:43	296	1959	James Danson	V5529	Wesham Road Runners & Ac	55:34
227	3084	Andy Mowatt	V4032	Skelmersdale Boundary H	45:44	297	699	Cormac Murray		Glaxo Hoad Hill Harriers	55:56
228	2251	Matthew Whittingham		Lancaster University	45:47	298	1221	Terry Hellings	V65 7	Lytham St Annes Rr Club	56:06
229	820	Graham Cushion	V4524	Kirkby Milers AC	45:57	299	1848	David Barnes	V6014	Trawden Athletic Club	56:55
230	559	Craig Nicholls	V4525	Clayton-Le-Moors Harriers	45:59	300	659	Adrian Shaw	V6015	Garstang Running Club	57:39
231	1215	Chris Cottam		Lytham St Annes Rr Club	46:01	301	3095	Nick McCole	V4035	Kirkby Milers AC	58:45
232	1035	Jason Denton	V5024	Leigh Harriers & Ac	46:06	302	3096	Dave Barrow	V6016	Kirkby Milers AC	58:52
233	832	Kevin Harrison	V4526	Kirkby Milers AC	46:10	303	1918	Andrew Hemsley	V5530	Walney Wind Cheetahs	59:04
234	419	Nathan Green	U2010	Burnley Ac	46:11	304	1927	Paul Smith	V4541	Walney Wind Cheetahs	59:18
235	7	Neil Hughes	V4527	Astley & Tyldesley RR	46:15	305	1227	Greg Oulton	V5531	Lytham St Annes Rr Club	59:52
236	282	Nick Hume	V65 1	Blackpool Wyre & Fylde Ac	46:17	306	1232	Peter Thomson	V6017	Lytham St Annes Rr Club	1:00:16
237	1318	Paul Jeffries	V4528	Preston Harriers	46:38	307	1552	Simon Beatty	V5532	Skelmersdale Boundary H	1:02:27
238	3086	Jonathan Sanderson		Blackpool Wyre & Fylde Ac	46:47	308	1680	Ian Pike	V5034	Southport Waterloo Ac	1:06:16
239	530	Ben Cook		Clayton-Le-Moors Harriers	46:56	309	303	John Reason	V6018	Blackpool Wyre & Fylde Ac	1:06:47
240	1335	Roy Parkinson	V5514	Preston Harriers	47:03	310	3097	Marká Lord	V4542	Hyndburn Ac	1:16:47

Senior Men — TEAM RESULTS

1 Liverpool Harriers & Ac	70	—	8 Matthew Leahy	10 Harry Blackburn	11 Matt Jackson	12 Adam Ferris	14 Thomas Rogerson	15 Jon-Jo Doherty
2 Liverpool Harriers & Ac 'B'	122	—	16 Lee Siemaszko	17 Mathew Skaiffe	18 Ethan Dunn	19 Hywel Care	24 Dean Hanwell	28 Mark Ryan
3 Blackburn Harriers & Ac	169	—	3 Callum Davidson	6 Joshua Birmingham	7 Robert Warner-Judd	35 Christopher Davies	51 Sam Hodgkinson	67 Matthew Nuttall
4 Rossendale Harriers & Ac	199	—	23 Jonathan Cleaver	25 Andrew Grenfell	33 Matthew Harris	36 Chris Clare	38 Benjamin Kirkman	44 Joseph Hopley
5 Liverpool Pembroke Sefton	208	—	9 Ross Harrison	22 Anthony O'Brien	32 Oliver Sutcliffe	43 Daniel Jones	48 Thomas Fair	54 Mark Wynne
6 Lancaster & Morecambe Ac	276	—	2 Matthew Knowles	30 Beau Smith	31 Lee Parrington	50 Kieran Rowlands	56 Joseph Twigg	107 Tom Nicholson
7 Preston Harriers	362	—	26 Sam Evans	58 Matthew Sowerby	63 Wesley Wilkinson	64 Luke Suffolk	74 Andy Whaley	77 Billy Reid
8 Lancaster University	427	—	1 Jacob Cann	4 Andrew Milligan	41 Benno Hille	105 Wil Lovatt	123 Richard Joisce	153 Harry Stead
9 Southport Waterloo Ac	468	—	40 Francois Rafferty	82 John Delamere	83 Rob McGrath	86 James Paybody	88 Alex Waddelove	89 David Hamilton
10 Kirkby Milers Ac	501	—	37 Ryan Jones	60 Liam Brown	80 Dave Low	93 James Ellis	114 Lee Moore	117 Dave McDonough
11 Leigh Harriers & Ac	504	—	59 Ian Mayes Mayes	70 Rhys Francis	75 Daniel Mitchinson	76 Harry Read	97 Joel Denton	127 Dave Smith
12 Kendal Amateur Athletic Club	528	—	52 Joe Todd	65 Will Sisson	79 Andrew Wallace	99 Carl Hanaghan	108 Richard Wilson	125 Matthew Wilson
13 Liverpool Pembroke Sefton 'B'	568	—	55 Kevin Usher	73 Nick Turner	92 Thomas Harkin	94 Philip Macdonald	119 Paul Millburn	135 Daniel Brookfield
14 Rossendale Harriers & Ac 'B'	586	—	49 Sean Greenwood	62 Stephen Corbishley	85 Robert English	101 Alan Lundberg-Bury	112 Matthew Clawson	177 Stephen Grenfell
15 Glaxo Hoad Hill Harriers	645	—	68 Darren Coward	69 Nathan White	71 Luke Turner	111 Charles Jeffrey	160 Rory Anderson	166 Gary Dover
16 Blackpool Wyre & Fylde Ac	691	—	57 Philip Leybourne	90 Andrew Harling	91 Andrew Fairburn	146 Stuart Hall	148 Simon Reason	159 Gruff Matthew
17 Wesham Road Runners & Ac	699	—	34 Robert Danson	81 Adam Wilding	84 Mark Belfield	132 Thomas Crabtree	149 Carl Groome	219 Damien Ings
18 Preston Harriers 'B'	722	—	98 Stephen Bone	100 David Roorcroft	102 Simon Collins	138 Andrew Kelly	139 Alex Dalton	145 Steve Hallas
19 Lytham St Annes Rr Club	730	—	13 Alistar Leivers	20 Ross McKelvie	126 Jonathan Tuck	151 Joe Greenwood	189 James Whittle	231 Chris Cottam
20 Wigan & District H & Ac	735	—	72 John Heyes	87 Lee Peake	120 Stuart Towns	143 Mark Morgan-Hillam	155 Mike Harris	158 George Heyes
21 Chorley A & T	827	—	45 Tom Belcher	96 Dan Edwards	113 Keith Johnston	134 Robert Walsh	196 Ian Leigh	243 Adrian Pilkington
22 Southport Waterloo Ac 'B'	853	—	116 Andy Veevers	129 Josh Makin	136 Ken Lennon	144 Peter Roome	150 Steve Wilkinson	178 Matthew Halsall
23 Leven Valley Ac	871	—	110 David McNally	121 John Bell	133 Nathan Harris	156 Josh Murphy	175 David Kyriacou	176 James Bailey
24 Clayton-Le-Moors Harriers	935	—	95 Richard Stevenson	141 James Underdale	154 Jonny Hall	168 Martin Connolly	170 David Davies	207 Kieron Mitchell
25 Kirkby Milers Ac 'B'	939	—	130 Iain Joinson	131 James Williams	137 Gary Wilton	157 Adam Fitzsimmons	182 Gary Fisher	202 Nick Morton
26 Wigan Phoenix	1025	—	109 Benjamin Gorrill	118 Paul Connor	142 Mo Manir-Jolley	197 Paul Blakemore	218 Christopher Wilson	241 Warren Moorfield
27 Skelmersdale Boundary H	1081	—	122 Phil Derry	152 Kevin Walker	173 Daniel Gilbody	191 Paul Cheetham	221 Michael Aisbitt	222 Tom Cocks
28 Red Rose Road Runners	1088	—	104 Daniel Hughes	124 Peter Gibson	194 Barry Wheeler	201 Lee Quibell	206 Manolo Brook	259 Philip Butler
29 Blackpool Wyre & Fylde Ac 'B'	1176	—	164 Joshua Mathias-Davey	169 Michael Osinski-Gray	181 Nathan Baker	188 George Robinson	236 Nick Hume	238 Jonathan Sanderson
30 Walney Wind Cheetahs	1194	—	162 Jason Caine	187 Casey Turner	198 Dean Crossman	210 Gareth Davies	217 Steven Batty	220 Trevor Turner
31 Leigh Harriers & Ac 'B'	1249	—	163 Matthew Holliday	172 Graham Cash	185 Scott Lancaster	223 Dave Pollitt	232 Jason Denton	274 Gary Sanderson
32 Skelmersdale Boundary H 'B'	1563	—	227 Andy Mowatt	244 Neil Goulding	247 Richard Gregory	257 John Thompson	281 Nick Paul	307 Simon Beatty
33 Lytham St Annes Rr Club 'B'	1638	—	246 Dan Gregson	248 Mark Hughes	268 Lewis McAfee	273 John Bertenshaw	298 Terry Helligs	305 Greg Oulton

Senior Men (Vets) over 40 — TEAM RESULTS

1 Liverpool Pembroke Sefton	50	—	3 Anthony O'Brien	10 Mark Wynne	11 Kevin Usher	26 Thomas Harkin
2 Southport Waterloo Ac	66	—	8 Francois Rafferty	18 John Delamere	19 Rob McGrath	21 James Paybody
3 Kendal Amateur Athletic Club	90	—	9 Joe Todd	16 Andrew Wallace	31 Carl Hanaghan	34 Richard Wilson
4 Blackpool Wyre & Fylde Ac	117	—	12 Philip Leybourne	24 Andrew Harling	25 Andrew Fairburn	56 Stuart Hall
5 Rossendale Harriers & Ac	127	—	4 Jonathan Cleaver	5 Andrew Grenfell	32 Alan Lundberg-Bury	86 Alex Frost
6 Wigan & District H & Ac	129	—	14 John Heyes	22 Lee Peake	40 Stuart Towns	53 Mark Morgan-Hillam
7 Preston Harriers	133	—	15 Andy Whaley	30 Stephen Bone	33 Simon Collins	55 Steve Hallas
8 Blackburn Harriers & Ac	135	—	7 Christopher Davies	13 Matthew Nuttall	45 David Almond	70 Anton Krige
9 Kirkby Milers Ac	150	—	17 Dave Low	38 Dave McDonough	46 James Williams	49 Gary Wilton
10 Chorley A & T	186	—	29 Dan Edwards	36 Keith Johnston	47 Robert Walsh	74 Ian Leigh
11 Lancaster & Morecambe Ac	221	—	6 Lee Parrington	57 James Dalgleish	73 Paul Gillon	85 Graham Hodgson
12 Clayton-Le-Moors Harriers	258	—	28 Richard Stevenson	51 James Underdale	82 Kieron Mitchell	97 Craig Nicholls
13 Skelmersdale Boundary H	264	—	41 Phil Derry	60 Kevin Walker	72 Paul Cheetham	91 Michael Aisbitt
14 Wigan Phoenix	283	—	39 Paul Connor	52 Mo Manir-Jolley	88 Christopher Wilson	104 Warren Moorfield
15 Wesham Road Runners & Ac	298	—	20 Mark Belfield	58 Carl Groome	89 Damien Ings	131 á Nigel Shepherd
16 Leigh Harriers & Ac	300	—	44 Dave Smith	66 Graham Cash	92 Dave Pollitt	98 Jason Denton
17 Lytham St Annes Rr Club	389	—	43 Jonathan Tuck	108 Dan Gregson	110 Mark Hughes	128 Lewis McAfee
18 Glaxo Hoad Hill Harriers	392	—	64 Gary Dover	83 Sean Dixon	118 Nigel Storey	127 Keith Conway
19 Red Rose Road Runners	402	—	77 Lee Quibell	81 Manolo Brook	119 Philip Butler	125 Philip Davidson
20 Walney Wind Cheetahs	412	—	87 Steven Batty	90 Trevor Turner	111 Philip Horrocks	124 Paul Quinn
21 Garstang Running Club	468	—	80 Richard Jones	84 Colin Jennings	151 Adrian Ibson	153 Graham Hobson

Senior Men (Vets) over 50 — TEAM RESULTS

1 Liverpool Pembroke Sefton	16	—	2 Anthony O'Brien	4 Kevin Usher	10 Thomas Harkin
2 Southport Waterloo Ac	20	—	3 Francois Rafferty	8 Rob McGrath	9 David Hamilton
3 Blackburn Harriers & Ac	42	—	6 Matthew Nuttall	13 David Almond	23 Anton Krige
4 Wigan & District H & Ac	55	—	7 John Heyes	19 Mike Harris	29 Mark Rogers
5 Kirkby Milers Ac	82	—	12 Dave McDonough	30 Lee Walmsley	40 Kenn Shurie-McKenzie
6 Wigan Phoenix	98	—	16 Mo Manir-Jolley	38 Christopher Wilson	44 Warren Moorfield
7 Rossendale Harriers & Ac	99	—	11 Alan Lundberg-Bury	36 Alex Frost	52 Nigel Goldswain
8 Glaxo Hoad Hill Harriers	107	—	20 Gary Dover	33 Sean Dixon	54 Nigel Storey
9 Preston Harriers	120	—	21 David Watson	43 Roy Parkinson	56 William Johnstone
10 Walney Wind Cheetahs	124	—	37 Steven Batty	39 Trevor Turner	48 Philip Horrocks
11 Skelmersdale Boundary H	125	—	25 Paul Cheetham	47 Richard Gregory	53 John Thompson
12 Blackpool Wyre & Fylde Ac	127	—	5 Philip Leybourne	42 Nick Hume	80 Simon Scarr
13 Chorley A & T	141	—	27 Ian Leigh	45 Adrian Pilkington	69 Michael XWilson
14 Red Rose Road Runners	145	—	31 Manolo Brook	55 Philip Butler	59 Philip Davidson
15 Wesham Road Runners & Ac	145	—	18 Carl Groome	63 á Nigel Shepherd	64 John Collier
16 Garstang Running Club	190	—	34 Colin Jennings	77 Adrian Ibson	79 Graham Hobson
17 Lytham St Annes Rr Club	193	—	46 Dan Gregson	65 John Bertenshaw	82 Terry Helligs

Senior Men (Vets) over 60 — TEAM RESULTS

1 Southport Waterloo Ac	9	—	1 Ken Lennon	2 Neil Adshead	6 Andy McKenzie
2 Red Rose Road Runners	41	—	9 Philip Davidson	15 Fred Lynch	17 Philip Dean
3 Lytham St Annes Rr Club	56	—	12 John Bertenshaw	20 Terry Helligs	24 Peter Thomson