



# SEAA Masters Cross Country Championships 2022 at Horspath, Oxford on Saturday 10th December 2022

## Race1 - Women aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time
1	45	Alexandra Cook	L40 1	Wycombe Phoenix Harriers	23:23
2	10	Gaby Camwath	L40 2	Heme Hill Harriers	23:25
3	35	Lisa Bailey	L40 3	The Stragglers RC	23:31
4	40	Alexandra Baird	L40 4	Trent Park Running Club	25:25
5	2	Katherine March	L40 5	Barnet & District AC	26:41
6	31	Helen Nicholls	L40 6	Stubbington Green Runners	27:01
7	17	Lucy Daniells	L40 7	Reading AC	27:39

## Race1 - Women aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	36	Kate McIntyre	L45 1	The Stragglers RC	25:34
2	6	Emma Montiel	L45 2	City Of Portsmouth AC	25:44
3	37	Sarah Winter	L45 3	The Stragglers RC	25:58
4	7	Martha Hall	L45 4	Garden City Runners	26:01
5	42	Charlotte Hoskins	L45 5	Winchester & District AC	26:08
6	33	Andrea Buchanan	L45 6	Thames Hare & Hounds	26:26
7	21	Helen Pool	L45 7	Reading Road Runners	26:47
8	25	Gisela Hoppe	L45 8	Southampton AC	27:16
9	14	Victoria Buck	L45 9	Kent AC	27:23
10	44	Mikaela Price	L4510	Winchester & District AC	28:19

## Race1 - Women aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time
1	97	Sophie Biggs	L50 1	The Stragglers RC	24:42
2	102	Kathy Bailey	L50 2	Winchester & District AC	25:09
3	73	Sue Fry	L50 3	Eastbourne Rovers AC	25:19
4	72	Jennifer Brown	L50 4	Eastbourne Rovers AC	25:22
5	105	Jane Gandee	L50 5	Winchester & District AC	25:33
6	100	Samantha Lamb	L50 6	Victoria Park H & Tower H	26:12
7	1	Joanne Kent	L50 7	Barnet & District AC	26:18
8	108	Samantha Usher	L50 8	Wycombe Phoenix Harriers	26:52
9	107	Sam Parkinson	L50 9	Winchester & District AC	26:54
10	79	Sabina Russell	L5010	Highgate Harriers	27:00
11	85	Susan Francis	L5011	Reading AC	27:15
12	103	Emma Carter	L5012	Winchester & District AC	27:50

## Race1 - Women aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	106	Lucy Elliot	L55 1	Winchester & District AC	23:43
2	101	Anna Critchlow	L55 2	West 4 Harriers	25:35
3	74	Liz Lumber	L55 3	Eastbourne Rovers AC	27:37
4	92	Vikki Filsell	L55 4	Thames Hare & Hounds	27:52
5	94	Joy Giorgi	L55 5	Thames Valley Harriers	28:45
6	104	Alison Fenwick	L55 6	Winchester & District AC	28:47
7	70	Lesley Taylor	L55 7	Unattached	33:08
8	87	Becky Mellor	L55 8	Reading Road Runners	44:40

## Race1 - Women aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	150	Jane Davies	L60 1	Reading Road Runners	28:08
2	159	Ramona Thevenet	L60 2	The Stragglers RC	29:41
3	165	Maggie Statham-Berry	L60 3	Lingfield RC	31:43
4	152	Tracey Lasan	L60 4	Reading Road Runners	31:54
5	141	Erica Ikibiroglu	L60 5	Barnet & District AC	36:38
6	164	Belinda Harding	L60 6	Victory AC	38:20
7	160	Tina Mills	L60 7	Totton RC	38:31
8	155	Gillian Shutler	L60 8	Stubbington Green Runners	39:45

## Race1 - Women aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	162	Lynda Hembury	L65 1	Tring RC	27:53
2	147	Gwyneth Hueter	L65 2	Oxford City AC	32:36
3	140	Linda Dworowski	L65 3	Barnet & District AC	34:31
4	156	Lynda Chase	L65 4	The Stragglers RC	36:31
5	161	Rene Pilbeam	L65 5	Totton RC	38:21
6	158	Christine Glew	L65 6	The Stragglers RC	40:15
7	149	Cecilia Csemiczky	L65 7	Reading Road Runners	44:42
8	144	Angela Duncan	L65 8	Hillingdon AC	52:04

# SEAA Masters Cross Country Championships 2022 at Horspath, Oxford on Saturday 10th December 2022

## Race1 - Women aged 40 to 49 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 The Stragglers RC	15 —	3 Lisa Bailey	5 Kate McIntyre	7 Sarah Winter
2 City Of Portsmouth AC	49 —	6 Emma Montiel	21 Joanne Kitching	22 Katie Carew-Robinson
3 Reading AC	63 —	16 Lucy Daniells	23 Claire Mills	24 Millie Dainton
4 Stubbington Green Runners	73 —	13 Helen Nicholls	28 Sara McRitchie	32 Jacqueline Healy
5 Hillingdon AC	76 —	18 Melanie Spencer	27 Zoe Dobbs	31 Lucy Duncan

## Race1 - Women (Vets) aged 50 to 59 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Winchester & District AC	10 —	1 Lucy Elliot	3 Kathy Bailey	6 Jane Gandee
2 Eastbourne Rovers AC	23 —	4 Sue Fry	5 Jennifer Brown	14 Liz Lumber
3 Winchester & District AC 'B'	45 —	11 Sam Parkinson	15 Emma Carter	19 Alison Fenwick
4 Hillingdon AC	64 —	17 Karmen Pardoe	20 Karen O'Rourke	27 Kathryn Carruthers
5 Reading Road Runners	80 —	24 Ann Rostern	26 Samantha Whalley	30 Becky Mellor

## Race1 - Women (Vets) over 60 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Reading Road Runners	22 —	2 Jane Davies	5 Tracey Lasan	15 Cecilia Csemiczky
2 The Stragglers RC	25 —	3 Ramona Thevenet	8 Lynda Chase	14 Christine Glew

# SEAA Masters Cross Country Championships 2022

## at Horspath, Oxford on Saturday 10th December 2022

### Race2 - Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	192	Michael Eccles	V40 1	Bure Valley Harriers	33:38
2	198	David Fewell	V40 2	Chelmsford AC	33:48
3	187	Craig Halsey	V40 3	Brighton & Hove AC	33:56
4	186	Zared Hale	V40 4	Brighton & Hove AC	34:39
5	339	Ben Paviour	V50 1	Heme Hill Harriers	34:43
6	209	Steve Winder	V40 5	Epsom & Ewell Harriers	35:07
7	336	Simon Coombes	V50 2	Heme Hill Harriers	35:18
8	261	Martin Shore	V40 6	Thames Hare & Hounds	35:19
9	269	Tim Jenns	V45 1	The Stragglers RC	35:24
10	279	Jacques Caignard	V40 7	Winchester & District AC	35:31
11	206	Neil Henderson	V40 8	Epsom & Ewell Harriers	35:46
12	183	Alex Hamilton	V45 2	Basingstoke & Mid Hants AC	35:49
13	349	Leach Andrew	V50 3	North Herts Rrc	35:52
14	278	Richard Bidgood	V45 3	Winchester & District AC	35:58
15	323	Morris Tarragano	V55 1	Brighton Triathlon Club	36:04
16	361	Ben Reynolds	V50 4	Thames Hare & Hounds	36:25
17	185	Matt Bristow	V45 4	Brighton & Hove AC	36:50
18	343	Duncan Burbidge	V50 5	Highgate Harriers	36:56
19	273	Mark Head	V40 9	Tring RC	36:59
20	252	Charlie Madelaine	V4010	Reading AC	37:00
21	285	Derek Lloyd	V45 5	Wycombe Phoenix Harriers	37:06
22	330	Mark Tennyson	V50 6	Guildford & Godalming AC	37:11
23	284	Simon Beedell	V4011	Woodford Green W Essex L	37:14
24	249	Simon Williams	V45 6	Newquay & Par AC	37:17
25	188	Louis Taub	V45 7	Brighton & Hove AC	37:24
26	231	Declan Traynor	V4012	Harrow AC	37:27
27	205	Martin Harris	V4013	Epsom & Ewell Harriers	37:37
28	262	Yann Bouremel	V4014	Thames Valley Harriers	37:40
29	332	Fergus Campbell	V50 7	Headington Road Runners	37:48
30	263	Silva Manuel Da	V4015	Thames Valley Harriers	38:05
31	251	Maciej Kolterniak	V4016	Queens Park Harriers	38:08
32	385	Fergal Donnelly	V50 8	Reading Road Runners	38:16
33	286	Simon Partridge	V4017	Bure Valley Harriers	38:23
34	243	Oliver Morrison	V45 8	Heme Hill Harriers	38:26
35	235	Rob Hallifax	V4018	Headington Road Runners	38:31
36	406	Mark Cursons	V60 1	Harrow AC	38:35
37	320	Ed Francis	V50 9	26.2 Rrc	38:54
38	193	Richard Johnson	V4019	Bure Valley Harriers	39:00
39	386	Lance Nortcliff	V5010	Reading Road Runners	39:03
40	280	David Comb	V4020	Winchester & District AC	39:06
41	403	Roger Beswick	V60 2	Blackheath & Bromley Harriers	39:09
42	431	David Ogden	V60 3	South London Harriers	39:10
43	388	Zach Bredemear	V5011	Dulwich Park Runners	39:13
44	247	Neil Catchlove	V45 9	Lordshill Rrc	39:20
45	340	Jonathan Ratcliffe	V55 2	Heme Hill Harriers	39:24
46	348	Mark Knight	V5012	Newquay & Par AC	39:30
47	236	Mike Healey	V4510	Headington Road Runners	39:31
48	407	Chris Finill	V60 4	Harrow AC	39:37
49	230	Chris Jones	V4511	Garden City Runners	39:43
50	281	Nick Davies	V4021	Winchester & District AC	39:52
51	328	Terry Booth	V55 3	Guildford & Godalming AC	39:59
52	242	Jonathan Key	V4512	Heme Hill Harriers	40:05
53	331	David Williams	V55 4	Guildford & Godalming AC	40:11
54	409	Paul Cousins	V60 5	Haywards Heath Harriers	40:15
55	347	Warren Rose	V5013	Leighton Buzzard AC	40:16
56	344	Dave Clarkson	V5014	Highgate Harriers	40:18
57	381	Marius Kwint	V55 5	Winchester & District AC	40:20
58	239	Tom Willner-Reid	V4022	Headington Road Runners	40:30
59	257	Gavin Englefield	V4023	South London Harriers	40:46
60	265	Christian Nielsen	V4513	Thames Valley Harriers	40:55
61	237	Oliver Robertson	V4514	Headington Road Runners	41:02
62	387	Tony Page	V5015	Reading Road Runners	41:05
63	238	Richard Skilbeck	V4515	Headington Road Runners	41:18
64	189	Ian McLaren	V4516	Brighton Triathlon Club	41:24
65	264	James Malcolm	V4024	Thames Valley Harriers	41:29
66	194	Matt Stone	V5016	Bure Valley Harriers	41:42
67	246	David Knight	V4517	Hillingdon AC	41:46
68	326	Simon Powell	V55 6	Crawley AC	41:47
69	182	Calvin Wu	V4025	Barnet & District AC	41:54
70	424	Andrew Jackson	V60 6	Queens Park Harriers	42:00
71	373	Andy Byerley	V5017	Vale Of Aylesbury AC	42:05
72	420	Roger Beardsworth	V60 7	Kent AC	42:06
73	321	Chris Bedford	V55 7	Abingdon AC	42:14
74	268	Andrew Hoseason	V4518	The Stragglers RC	42:19
75	350	Andrew McDonald	V5018	Reading AC	42:19
76	327	Stephen Howard	V55 8	Ely Runners	42:26
77	357	Richard Davis	V5019	St Albans Striders	42:34
78	429	Peter Jewell	V60 8	Heading Road Runners	42:35
79	377	Andy Bowen	V5020	West 4 Harriers	42:45
80	354	Matthew Crocker	V5021	Southampton AC	42:49
81	440	Tim Jones	V65 1	Vale Of Aylesbury AC	42:51
82	378	Robert Carter	V5022	Winchester & District AC	42:56
83	244	Ian Jacks	V4026	Hemehill Harriers	42:58
84	421	Chris Lydon	V60 9	Kent AC	43:21
85	267	Richard Bowes	V4027	The Stragglers RC	43:42
86	427	Neil Walker	V6010	Reading AC	43:45
87	260	Fraser Brough	V4028	Sutton Striders	43:57
88	400	Paul Bassa	V6011	Barnet & District AC	44:01
89	380	Paul Horler	V5023	Winchester & District AC	44:09
90	363	Greg Bennett	V5024	Thames Valley Harriers	44:17
91	334	Doug Simpson	V5025	Headington Road Runners	44:21
92	413	Chris Woodruff	V6012	Headington Road Runners	44:22
93	250	John Brosnan	V4029	Queens Park Harriers	44:24
94	410	Tim Hicks	V6013	Haywards Heath Harriers	44:38
95	402	David Wilcock	V65 2	Barnet & District AC	44:47
96	351	James Quinn	V5026	Reading AC	44:50
97	322	Andrew Noble	V5027	Ashford Rrc	44:56
98	438	Mark Pattinson	V6014	The Stragglers RC	45:04
99	439	Andrew Gates	V6015	Totton RC	45:11
100	369	James Desmond	V5028	The Stragglers RC	45:19
101	356	Colin Braybrook	V6016	St Albans Striders	45:23
102	282	Colin McManus	V4030	Winchester & District AC	45:26
103	443	Steve Oliver	V6017	Winchester & District AC	45:33
104	382	Stephen Lowy	V5029	Winchester & District AC	45:44
105	258	Mark Stevens	V4031	St Albans Striders	45:54
106	435	Ian Butler	V6018	Thames Hare & Hounds	46:03
107	341	Richard Stansfield	V55 9	Heme Hill Harriers	46:06
108	433	Philip Scarles	V6019	South London Harriers	46:14
109	276	Goff Erwan Le	V4519	West 4 Harriers	46:21
110	346	Mark Watson	V5030	Highgate Harriers	46:31
111	199	Tony Hewett	V4032	City Of Portsmouth AC	46:53
112	367	Simon Brazil	V5510	The Stragglers RC	47:17
113	428	Shaun Watson	V6020	Reading AC	47:20
114	325	Mark Gordon	V5031	City Of Portsmouth AC	47:25
115	417	Chris Marchand	V6021	Hillingdon AC	47:38
116	401	Jerry Bryan	V6022	Barnet & District AC	47:44
117	333	Mark Herd	V5032	Headington Road Runners	47:59
118	366	Geoff Williamson	V5511	Thames Valley Harriers	48:05
119	374	Trevor Lynch	V5033	Vale Of Aylesbury AC	48:08
120	416	Valdis Pauzers	V65 3	Heme Hill Harriers	48:48
121	368	Neil Browning	V5034	The Stragglers RC	49:17
122	270	C Ramamoorthy	V4520	The Stragglers RC	49:23
123	436	Rhodri Davies	V65 4	Thames Hare & Hounds	49:39
124	418	Martin Searle	V6023	Hillingdon AC	49:53
125	259	Stuart Bamberger	V4033	Stubbington Green Runners	50:48
126	441	Steve Goodwin	V6024	Winchester & District AC	50:50
127	362	Richard Bell	V5035	Thames Valley Harriers	51:01
128	203	William Brook	V4521	Epsom & Ewell Harriers	51:36
129	426	Gerard O'Driscoll	V6025	Reading AC	51:40
130	376	Alan Roberts	V5512	Vale Of Aylesbury AC	51:58
131	419	Trevor Steeples	V6026	Hillingdon AC	52:10
132	442	John Mills	V6027	Winchester & District AC	53:00
133	408	Carl Bicknell	V6028	Haywards Heath Harriers	53:57
134	358	Mark Travers	V5036	St Albans Striders	55:31
135	412	Philip Lister	V65 5	Headington Road Runners	59:09

## Race2 - Men aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	192	Michael Eccles	V40	1 Bure Valley Harriers	33:38	18	235 Rob Hallifax	V4018	Headington Road Runners	38:31
2	198	David Fewell	V40	2 Chelmsford AC	33:48	19	193 Richard Johnson	V4019	Bure Valley Harriers	39:00
3	187	Craig Halsey	V40	3 Brighton & Hove AC	33:56	20	280 David Comb	V4020	Winchester & District AC	39:06
4	186	Zared Hale	V40	4 Brighton & Hove AC	34:39	21	281 Nick Davies	V4021	Winchester & District AC	39:52
5	209	Steve Winder	V40	5 Epsom & Ewell Harriers	35:07	22	239 Tom Willner-Reid	V4022	Headington Road Runners	40:30
6	261	Martin Shore	V40	6 Thames Hare & Hounds	35:19	23	257 Gavin Englefield	V4023	South London Harriers	40:46
7	279	Jacques Caignard	V40	7 Winchester & District AC	35:31	24	264 James Malcolm	V4024	Thames Valley Harriers	41:29
8	206	Neil Henderson	V40	8 Epsom & Ewell Harriers	35:46	25	182 Calvin Wu	V4025	Barnet & District AC	41:54
9	273	Mark Head	V40	9 Tring RC	36:59	26	244 Ian Jacks	V4026	Hemehill Harriers	42:58
10	252	Charlie Madelaine	V4010	Reading AC	37:00	27	267 Richard Bowes	V4027	The Stragglers RC	43:42
11	284	Simon Beedell	V4011	Woodford Green W Essex L	37:14	28	260 Fraser Brough	V4028	Sutton Striders	43:57
12	231	Declan Traynor	V4012	Harrow AC	37:27	29	250 John Brosnan	V4029	Queens Park Harriers	44:24
13	205	Martin Harris	V4013	Epsom & Ewell Harriers	37:37	30	282 Colin McManus	V4030	Winchester & District AC	45:26
14	262	Yann Bouremel	V4014	Thames Valley Harriers	37:40	31	258 Mark Stevens	V4031	St Albans Striders	45:54
15	263	Silva Manuel Da	V4015	Thames Valley Harriers	38:05	32	199 Tony Hewett	V4032	City Of Portsmouth AC	46:53
16	251	Maciej Kolterniak	V4016	Queens Park Harriers	38:08	33	259 Stuart Bamberger	V4033	Stubbington Green Runners	50:48
17	286	Simon Partridge	V4017	Bure Valley Harriers	38:23					

## Race2 - Men aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	269	Tim Jennis	V45	1 The Stragglers RC	35:24	12	242 Jonathan Key	V4512	Heme Hill Harriers	40:05
2	183	Alex Hamilton	V45	2 Basingstoke & Mid Hants AC	35:49	13	265 Christian Nielsen	V4513	Thames Valley Harriers	40:55
3	278	Richard Bidgood	V45	3 Winchester & District AC	35:58	14	237 Oliver Robertson	V4514	Headington Road Runners	41:02
4	185	Matt Bristow	V45	4 Brighton & Hove AC	36:50	15	238 Richard Skilbeck	V4515	Headington Road Runners	41:18
5	285	Derek Lloyd	V45	5 Wycombe Phoenix Harriers	37:06	16	189 Ian McLaren	V4516	Brighton Triathlon Club	41:24
6	249	Simon Williams	V45	6 Newquay & Par AC	37:17	17	246 David Knight	V4517	Hillingdon AC	41:46
7	188	Louis Taub	V45	7 Brighton & Hove AC	37:24	18	268 Andrew Hoseason	V4518	The Stragglers RC	42:19
8	243	Oliver Morrison	V45	8 Heme Hill Harriers	38:26	19	276 Goff Erwan Le	V4519	West 4 Harriers	46:21
9	247	Neil Catchlove	V45	9 Lordshill Rrc	39:20	20	270 C Ramamoorthy	V4520	The Stragglers RC	49:23
10	236	Mike Healey	V4510	Headington Road Runners	39:31	21	203 William Brook	V4521	Epsom & Ewell Harriers	51:36
11	230	Chris Jones	V4511	Garden City Runners	39:43					

## Race2 - Men aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	339	Ben Paviour	V50	1 Heme Hill Harriers	34:43	19	357 Richard Davis	V5019	St Albans Striders	42:34
2	336	Simon Coombes	V50	2 Heme Hill Harriers	35:18	20	377 Andy Bowen	V5020	West 4 Harriers	42:45
3	349	Leach Andrew	V50	3 North Herts Rrc	35:52	21	354 Matthew Crocker	V5021	Southampton AC	42:49
4	361	Ben Reynolds	V50	4 Thames Hare & Hounds	36:25	22	378 Robert Carter	V5022	Winchester & District AC	42:56
5	343	Duncan Burbidge	V50	5 Highgate Harriers	36:56	23	380 Paul Horler	V5023	Winchester & District AC	44:09
6	330	Mark Tennyson	V50	6 Guildford & Godalming AC	37:11	24	363 Greg Bennett	V5024	Thames Valley Harriers	44:17
7	332	Fergus Campbell	V50	7 Headington Road Runners	37:48	25	334 Doug Simpson	V5025	Headington Road Runners	44:21
8	385	Fergal Donnelly	V50	8 Reading Road Runners	38:16	26	351 James Quinn	V5026	Reading AC	44:50
9	320	Ed Francis	V50	9 26.2 Rrc	38:54	27	322 Andrew Noble	V5027	Ashford Rrc	44:56
10	386	Lance Nortcliff	V5010	Reading Road Runners	39:03	28	369 James Desmond	V5028	The Stragglers RC	45:19
11	388	Zach Bredemear	V5011	Dulwich Park Runners	39:13	29	382 Stephen Lowy	V5029	Winchester & District AC	45:44
12	348	Mark Knight	V5012	Newquay & Par AC	39:30	30	346 Mark Watson	V5030	Highgate Harriers	46:31
13	347	Warren Rose	V5013	Leighton Buzzard AC	40:16	31	325 Mark Gordon	V5031	City Of Portsmouth AC	47:25
14	344	Dave Clarkson	V5014	Highgate Harriers	40:18	32	333 Mark Herd	V5032	Headington Road Runners	47:59
15	387	Tony Page	V5015	Reading Road Runners	41:05	33	374 Trevor Lynch	V5033	Vale Of Aylesbury AC	48:08
16	194	Matt Stone	V5016	Bure Valley Harriers	41:42	34	368 Neil Browning	V5034	The Stragglers RC	49:17
17	373	Andy Byerley	V5017	Vale Of Aylesbury AC	42:05	35	362 Richard Bell	V5035	Thames Valley Harriers	51:01
18	350	Andrew McDonald	V5018	Reading AC	42:19	36	358 Mark Travers	V5036	St Albans Striders	55:31

## Race2 - Men aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	323	Morris Tarragano	V55	1 Brighton Triathlon Club	36:04	7	321 Chris Bedford	V55	7 Abingdon AC	42:14
2	340	Jonathan Ratcliffe	V55	2 Heme Hill Harriers	39:24	8	327 Stephen Howard	V55	8 Ely Runners	42:26
3	328	Terry Booth	V55	3 Guildford & Godalming AC	39:59	9	341 Richard Stansfield	V55	9 Heme Hill Harriers	46:06
4	331	David Williams	V55	4 Guildford & Godalming AC	40:11	10	367 Simon Brazil	V5510	The Stragglers RC	47:17
5	381	Marius Kwint	V55	5 Winchester & District AC	40:20	11	366 Geoff Williamson	V5511	Thames Valley Harriers	48:05
6	326	Simon Powell	V55	6 Crawley AC	41:47	12	376 Alan Roberts	V5512	Vale Of Aylesbury AC	51:58

## Race2 - Men aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	406	Mark Cursons	V60	1 Harrow AC	38:35	15	439 Andrew Gates	V6015	Totton RC	45:11
2	403	Roger Beswick	V60	2 Blackheath & Bromley Harriers	39:09	16	356 Colin Braybrook	V6016	St Albans Striders	45:23
3	431	David Ogden	V60	3 South London Harriers	39:10	17	443 Steve Oliver	V6017	Winchester & District AC	45:33
4	407	Chris Finill	V60	4 Harrow AC	39:37	18	435 Ian Butler	V6018	Thames Hare & Hounds	46:03
5	409	Paul Cousins	V60	5 Haywards Heath Harriers	40:15	19	433 Philip Scarles	V6019	South London Harriers	46:14
6	424	Andrew Jackson	V60	6 Queens Park Harriers	42:00	20	428 Shaun Watson	V6020	Reading AC	47:20
7	420	Roger Beardsworth	V60	7 Kent AC	42:06	21	417 Chris Marchand	V6021	Hillingdon AC	47:38
8	429	Peter Jewell	V60	8 Reading Road Runners	42:35	22	401 Jerry Bryan	V6022	Barnet & District AC	47:44
9	421	Chris Lydon	V60	9 Kent AC	43:21	23	418 Martin Searle	V6023	Hillingdon AC	49:53
10	427	Neil Walker	V6010	Reading AC	43:45	24	441 Steve Goodwin	V6024	Winchester & District AC	50:50
11	400	Paul Bassa	V6011	Barnet & District AC	44:01	25	426 Gerard O'Driscoll	V6025	Reading AC	51:40
12	413	Chris Woodruff	V6012	Headington Road Runners	44:22	26	419 Trevor Steeples	V6026	Hillingdon AC	52:10
13	410	Tim Hicks	V6013	Haywards Heath Harriers	44:38	27	442 John Mills	V6027	Winchester & District AC	53:00
14	438	Mark Pattinson	V6014	The Stragglers RC	45:04	28	408 Carl Bicknell	V6028	Haywards Heath Harriers	53:57

## Race2 - Men aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	440	Tim Jones	V65	1 Vale Of Aylesbury AC	42:51
2	402	David Wilcock	V65	2 Barnet & District AC	44:47
3	416	Valdis Pauzers	V65	3 Heme Hill Harriers	48:48
4	436	Rhodri Davies	V65	4 Thames Hare & Hounds	49:39
5	412	Philip Lister	V65	5 Headington Road Runners	59:09

## Race2 - Men aged 40 to 49 — TEAM RESULTS

1 Brighton & Hove AC	19 —	3 Craig Halsey	4 Zared Hale	12 Matt Bristow
2 Epsom & Ewell Harriers	34 —	5 Steve Winder	9 Neil Henderson	20 Martin Harris
3 Winchester & District AC	47 —	8 Jacques Caignard	11 Richard Bidgood	28 David Comb
4 Bure Valley Harriers	52 —	1 Michael Eccles	24 Simon Partridge	27 Richard Johnson
5 Thames Valley Harriers	79 —	21 Yann Bouremel	22 Silva Manuel Da	36 Christian Nielsen
6 Headington Road Runners	90 —	26 Rob Halifax	30 Mike Healey	34 Tom Willner-Reid
7 The Stragglers RC	95 —	7 Tim Jenns	43 Andrew Hoseason	45 Richard Bowes

## Race2 - Men (Vets) aged 50 to 59 — TEAM RESULTS

1 Heme Hill Harriers	16 —	1 Ben Paviour	2 Simon Coombes	13 Jonathan Ratcliffe
2 Guildford & Godalming AC	38 —	7 Mark Tennyson	15 Terry Booth	16 David Williams
3 Reading Road Runners	40 —	9 Fergal Donnelly	11 Lance Nortcliff	20 Tony Page
4 Highgate Harriers	63 —	6 Duncan Burbidge	18 Dave Clarkson	39 Mark Watson
5 Winchester & District AC	80 —	19 Marius Kwint	30 Robert Carter	31 Paul Horler
6 Headington Road Runners	83 —	8 Fergus Campbell	33 Doug Simpson	42 Mark Herd
7 Vale Of Aylesbury AC	114 —	23 Andy Byerley	44 Trevor Lynch	47 Alan Roberts
8 The Stragglers RC	121 —	36 James Desmond	40 Simon Brazil	45 Neil Browning
9 Thames Valley Harriers	121 —	32 Greg Bennett	43 Geoff Williamson	46 Richard Bell

## Race2 - Men (Vets) over 60 — TEAM RESULTS

1 Barnet & District AC	51 —	12 Paul Bassa	15 David Wilcock	24 Jerry Bryan
2 Haywards Heath Harriers	51 —	5 Paul Cousins	14 Tim Hicks	32 Carl Bicknell
3 Reading AC	62 —	11 Neil Walker	22 Shaun Watson	29 Gerard O'Driscoll
4 Winchester & District AC	78 —	19 Steve Oliver	28 Steve Goodwin	31 John Mills
5 Hillingdon AC	80 —	23 Chris Marchand	27 Martin Searle	30 Trevor Steeples

## Race1 - Men aged 70 to 74

Pos	Num	Name	Cat/Pos	Club	Time
1	464	Peter Giles	V70 1	Hercules Wimbledon AC	29:29
2	460	Desmond Michael	V70 2	Barnet & District AC	29:38
3	462	Steve Plested	V70 3	Ealing Southall & Middlesex	30:32
4	465	Geoff Anderson	V70 4	Newbury AC	31:19
5	468	Paul Newby	V70 5	Thames Hare & Hounds	36:22
6	469	Mike Mills	V70 6	Totton RC	37:55