

MACCL Xc Junior Divisions

Under 11 Girls

	WYT	STH	KEN	TAT	HP	Total	Best 3
Liverpool Harriers & Ac		10	10	10	10	30	30
Liverpool Harriers & Ac 'B'		9	9	8	9	35	26
Sale Harriers Manchester		6	8	9	7	23	23
Warrington A C		7	5	6	8	18	18
Liverpool Harriers & Ac 'C'		4	7	3	5	19	14
St Helens Sutton Ac		5	2	1		8	8
Liverpool Harriers & Ac 'D'		3	3	1		7	7
Sale Harriers Manchester 'B'		1	1	2	4	8	4
Sale Harriers Manchester 'C'		1	1	1		3	3
Wirral Ac		8		7		15	
E Cheshire H & Tameside AC			4	5	6	9	
Salford Metropolitan Ac			6			6	
Vale Royal Ac				4		4	
Warrington A C 'B'		2				2	

Under 11 Boys

	WYT	STH	KEN	TAT	HP	Total	Best 3
Wirral Ac		10	10	10	9	39	30
Liverpool Harriers & Ac		9	8	9	8	34	26
Sale Harriers Manchester		8	9	5		22	22
Salford Harriers & AC		3	7	7	7	24	21
Trafford Athletic Club		5	5	8		18	18
Vale Royal Ac		7	1	6	2	16	15
Wirral Ac 'B'		2	4	3	6	15	15
Liverpool Harriers & Ac 'B'		4	1	4	5	14	14
Macclesfield Harriers & Ac		1		2	3	6	6
Stockport Harriers & Ac					10	10	
Salford Metropolitan Ac		6	3			9	
Warrington A C			6			6	
Wirral Ac 'C'			1	1	4	6	
Sale Harriers Manchester 'B'		1	1	1		3	
Salford Harriers & AC 'B'			2	1		3	
Vale Royal Ac 'B'		1		1		2	
Liverpool Harriers & Ac 'C'		1				1	

Under 13 Girls

	WYT	STH	KEN	TAT	HP	Total	Best 4	
Sale Harriers Manchester		9	10	7	9	8	43	36
Wirral Ac		10	6	8	8	9	41	35
Liverpool Harriers & Ac		3	8	10	10	4	35	32
Salford Harriers & AC		8	9		5	10	32	32
Stockport Harriers & Ac		4	7	6	4	5	26	22
Warrington A C		5	1	5	2	6	19	18
Sale Harriers Manchester 'B'		7	3	3	3	3		16
Trafford Athletic Club		1	5	2	1	2	11	10
Sale Harriers Manchester 'C'		2	1	1	1			5
E Cheshire H & Tameside AC		1	1	1	1		4	4
Liverpool Harriers & Ac 'B'			4	9	7			
Vale Royal Ac			2		6	7	15	
Wirral Ac 'B'		6			1			
Liverpool Harriers & Ac 'C'			1	4	1			
Salford Harriers & AC 'B'			1		1	1		
Sale Harriers Manchester 'D'		1			1			
Vale Royal Ac 'B'					1	1		
Sale Harriers Manchester 'E'		1						
E Cheshire H & Tameside AC 'B'		1						
Warrington A C 'B'				1				

Under 13 Boys	WYT	STH	KEN	TAT	HP	Total	Best 4
Sale Harriers Manchester	10	9	10	9	8	46	38
Trafford Athletic Club	9	10	9	8	10	46	38
Trafford Athletic Club 'B'	8	7	5	4	7	31	27
Sale Harriers Manchester 'B'	7	6	6	5	3	27	24
Stockport Harriers & Ac	6	5	7	2	5	25	23
Salford Harriers & AC	4	4	3	1	4	16	15
E Cheshire H & Tameside AC	1	2	4	3	6	16	15
St Helens Sutton Ac	5	3	1	1	2	12	11
Sale Harriers Manchester 'C'	3	1	1	1	1	7	6
Salford Metropolitan Ac	2	1	1	1		5	5
Trafford Athletic Club 'C'	1	1	1	1		4	4
Macclesfield Harriers & Ac		8		7	9	24	
Liverpool Harriers & Ac			8	10		18	
Wirral Ac				6		6	
Stockport Harriers & Ac 'B'			2	1	1	4	
E Cheshire H & Tameside AC 'B'			1	1	1	3	
Vale Royal Ac			1	1		2	
Sale Harriers Manchester 'D'	1			1		2	
Warrington A C		1				1	
Manchester Harriers & AC				1		1	
Salford Metropolitan Ac 'B'				1		1	
Trafford Athletic Club 'D'			1			1	

Under 15 Girls	WYT	STH	KEN	TAT	HP	Total	Best 4
Stockport Harriers & Ac	10	10	9	9	10	48	39
Salford Harriers & AC	7	8	7	10	8	40	33
Stockport Harriers & Ac 'B'	5	9	8	7	6	35	30
Sale Harriers Manchester	8	7	6	3	3	27	24
E Cheshire H & Tameside AC	1	4	3	1	5	14	13
Stockport Harriers & Ac 'C'	1	5	5	2		13	13
Trafford Athletic Club	3	3	1	1	4	12	11
Wirral Ac	9			8	9	26	
Warrington A C	6	6	10			22	
Liverpool Harriers & Ac	2	2	4			8	
Wirral Ac 'B'	4			4		8	
Vale Royal Ac				1	7	8	
West Cheshire AC				6		6	
Salford Harriers & AC 'B'				5		5	
Sale Harriers Manchester 'B'	1	1	2			4	
Trafford Athletic Club 'B'	1	1		1		3	
Stockport Harriers & Ac 'D'				1		1	

Under 15 Boys	WYT	STH	KEN	TAT	HP	Total	Best 4
Wirral Ac	10	10		10	10	40	40
Salford Harriers & AC	6	8	9	7	9	39	33
Sale Harriers Manchester	7	6	8	4	7	32	28
Trafford Athletic Club	3	7	4	8	8	30	27
St Helens Sutton Ac	8	3	6	6		23	23
Stockport Harriers & Ac	5	4	5	5	4	23	19
Warrington A C	4	1		3	5	13	13
Liverpool Harriers & Ac		9	10	9		28	
Macclesfield Harriers & Ac		5	7			12	
Wirral Ac 'B'	9					9	
Salford Harriers & AC 'B'		2		1	6	9	
Sale Harriers Manchester 'B'	2			1	3	6	
Trafford Athletic Club 'B'		1	3	1		5	
Stockport Harriers & Ac 'B'	1		2	1		4	
Liverpool Harriers & Ac 'B'				2		2	

Under 17 Women	WYT	STH	KEN	TAT	HP	Total	Best 4
Salford Harriers & AC	10	10		9	10	39	39
Sale Harriers Manchester	9	8	9	10		36	36
Warrington A C	7	9	8			24	
Liverpool Harriers & Ac		7	10			17	
E Cheshire H & Tameside AC	8					8	
Wirral Ac			7			7	
Stockport Harriers & Ac		6				6	

Under 17 Men	WYT	STH	KEN	TAT	HP	Total	Best 4
Stockport Harriers & Ac		10	10	10	10	40	40
West Cheshire AC	9	9	9	8		35	35
Trafford Athletic Club	8	8	8	9	9	42	34
Salford Harriers & AC		7		7		14	
Trafford Athletic Club 'B'	7			5		12	
Wirral Ac	10					10	
Sale Harriers Manchester				6		6	

Junior Women	WYT	STH	KEN	TAT	HP	Total	Best 4
Stockport Harriers & Ac	10	10		10	10	40	40
Manchester Metropolitan Uni	9		10			19	

Under 20 Women B+	WYT	STH	KEN	TAT	HP	Total	Best 4
Manchester Metropolitan Un 'B'	10					10	

Junior Men	WYT	STH	KEN	TAT	HP	Total	Best 4
Manchester Metropolitan Uni	10		10			20	
Stockport Harriers & Ac		9		10		19	
Salford Harriers & AC		10				10	

Junior Men B+	WYT	STH	KEN	TAT	HP	Total	Best 4
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MACCL Xc Senior Women's and Vets' Divisions

Division 1	WYT	STH	KEN	TAT	HP	Total	Best 4
Sale Harriers Manchester	10	10	9	10	10	49	40
Wirral Ac	8	9	10	6	9	42	36
Trafford Athletic Club	9	8	7	7	8	39	32
Stockport Harriers & Ac	6	6	8	4	7	31	27
Wilmslow Running Club	7	5	5	8		25	25
Chorlton Runners	5	7	6	5	5	28	23
Macclesfield Harriers & Ac	3	4	4	3	3	17	14
Salford Metropolitan Ac	2	2	3	2	4	13	11
Salford Harriers & AC	4			9	6	19	
Altrincham & District AC		3	2	1		6	

Division 2	WYT	STH	KEN	TAT	HP	Total	Best 4
Manchester Triathlon Club	10	10	10	10	10	50	40
Bramhall Runners	8	9	7	9	5	38	33
Buxton AC		6	9	8	9	32	32
Manchester Frontrunners	6	8	4	7	8	33	29
Swinton Running Club	7	7	6	5	6	31	26
Didsbury Runners	5	5	5	4	4	23	19
Stockport Tri Club	4	4	3	3		14	14
Manchester Ymca Harriers	9		8	6		23	
University of Manchester					7	7	
Knutsford Tri Club				2		2	

Ladies_div_3	WYT	STH	KEN	TAT	HP	Total	Best 4
Vale Royal Ac	10	10	10	10	10	50	40
Saddleworth Runners Club	8	6	6	9	9	38	32
West Cheshire AC	9	7	9	7		32	32
Manchester Harriers & AC	4	4	7	4	7	26	22
Winston Runners	3	5	3	2	6	19	17
Marple Runners	5	1	2	5	4	17	16
Start2jog	1	1	1	6	8	17	16
Belle Vue Racers	2	2	1	3	3	11	10
Middleton Harriers Ac	1	1	1	1		4	4
Warrington A C		8	8			16	
Goyt Valley Striders			4	8		12	
Manchester Metropolitan Uni	6		5			11	
St Helens Sutton Ac		9				9	
Oldham & Royton H & Ac	7	1		1		9	
Running Bear		3			5	8	
St Helens Tri		1				1	
Dragons Running Club (sale)				1		1	
Styal Running Club				1		1	

B Teams	WYT	STH	KEN	TAT	HP	Total	Best 4
Sale Harriers Manchester 'B'	10	10	10	10	10	50	40
Stockport Harriers & Ac 'B'	8	9	8	9	9	43	35
Trafford Athletic Club 'B'	9	7	7	8	8	39	32
Chorlton Runners 'B'	7	8	9	7	7	38	31
Manchester Triathlon Club 'B'	5	5	4	5	6	25	21
Bramhall Runners 'B'	4	3	1	4	5	17	16
Manchester Harriers & AC 'B'	1	1	1	1	3	7	6
Marple Runners 'B'	1	1	1	1	2	6	5
Belle Vue Racers 'B'	1	1	1	1		4	4
Didsbury Runners 'B'	1	1	1	1		4	4
Middleton Harriers Ac 'B'	1	1	1	1		4	4
Winston Runners 'B'	1	1	1	1		4	4
Macclesfield Harriers & Ac 'B'		4	6	6		16	
Wilmslow Running Club 'B'	6	6		2		14	
Wirral Ac 'B'		2	5	3		10	
Swinton Running Club 'B'	3		3	1		7	
Start2jog 'B'		1		1	4	6	
Salford Metropolitan Ac 'B'	1		2	1		4	
Manchester Frontrunners 'B'	2					2	
Stockport Tri Club 'B'		1				1	

C+ Teams	WYT	STH	KEN	TAT	HP	Total	Best 4
Sale Harriers Manchester 'C'	10	10	9	10	10	49	40
Stockport Harriers & Ac 'C'	8	9	8	8	9	42	34
Chorlton Runners 'C'	5	6	10	7	8	36	31
Stockport Harriers & Ac 'D'	4	8	6	5	7	30	26
Bramhall Runners 'C'	3	2	1	1	6	13	12
Manchester Triathlon Club 'C'	6	3	1	1		11	11
Chorlton Runners 'D'	1	1	5	3		10	10
Stockport Harriers & Ac 'E'	1	4	3	1		9	9
Bramhall Runners 'D'	1	1	1	1	5	9	8
Bramhall Runners 'E'	1	1		1	4	7	7
Sale Harriers Manchester 'D'	9	7		9		25	
Trafford Athletic Club 'C'	7		7	6		20	
Macclesfield Harriers & AC 'C'		5	1	2		8	
Chorlton Runners 'E'			4	1		5	
Sale Harriers Manchester 'E'				4		4	
Manchester Triathlon Club 'D'	2			1		3	
Marple Runners 'C'	1		1	1		3	
Manchester Harriers & AC 'C'		1	1			2	
Chorlton Runners 'F'			2			2	
Stockport Harriers & Ac 'F'		1		1		2	
Start2jog 'C'		1		1		2	
Bramhall Runners 'F'		1		1		2	
Manchester Triathlon Club 'E'	1					1	
Swinton Running Club 'C'	1					1	
Macclesfield Harriers & AC 'D'				1		1	
Belle Vue Racers 'C'				1		1	
Marple Runners 'D'				1		1	
Salford Metropolitan Ac 'C'				1		1	

Vet Teams Division 1	WYT	STH	KEN	TAT	HP	Total	Best 4
Wilmslow Running Club	9	10	10	10	2	41	39
Sale Harriers Manchester	10	9	7	9	10	45	38
Chorlton Runners	7	7	9	4	7	34	30
Manchester Triathlon Club	8	5	5	3	9	30	27
Macclesfield Harriers & Ac	1	8	8	6	5	28	27
Stockport Harriers & Ac	6	6	6	5	8	31	26
Trafford Athletic Club	5	4	4	8	3	24	21
Swinton Running Club	4	3	3	1	4	15	14
Salford Metropolitan Ac	2	2	2	2	6	14	12
Wirral Ac	3	1	1	7		12	12

Vet Teams Division 2	WYT	STH	KEN	TAT	HP	Total	Best 4
Vale Royal AC		10	10	10	10	40	40
Bramhall Runners	10	8	8	9	5	40	35
Manchester Fronrunners	9	7	6	8	8	38	32
Altrincham & District AC	4	9	9	7	7	36	32
Buxton AC	5	5	7	6	9	32	27
Winston Runners	7	6	5	5	6	29	24
Stockport Tri Club	8	3	4	4	4	23	20
Belle Vue Racers	6	4	3	3	3	19	16

Vet Teams Division 3	WYT	STH	KEN	TAT	HP	Total	Best 4
West Cheshire AC	9	9	10	7		35	35
Manchester Harriers & AC	6	8	8	8	10	40	34
Marple Runners	7	6	7	5	9	34	29
Didsbury Runners	4	5	6	1	6	22	21
Start2jog	2	1		1	8	12	12
Middleton Harriers Ac	3	1	5	1		10	10
Saddleworth Runners Club	5	7		9		21	
Goyt Valley Striders			9	10		19	
Manchester Ymca Harriers	8			6		14	
Running Bear		4			7	11	
Salford Harriers & AC	10					10	
St Helens Sutton Ac		10				10	
Dragons Running Club (sale)		1		4		5	
Oldham & Royton H & Ac		2		2		4	
Warrington A C		3				3	
Styal Running Club				3		3	
St Helens Tri		1				1	
Knutsford Tri Club				1		1	

B Teams	WYT	STH	KEN	TAT	HP	Total	Best 4
Sale Harriers Manchester 'B'	10	8	9	10	9	46	38
Stockport Harriers & Ac 'B'	6	9	8	7	10	40	34
Chorlton Runners 'B'	9	7	10	6	5	37	32
Macclesfield Harriers & Ac 'B'		5	6	5	7	23	23
Bramhall Runners 'B'	5	4	5	4	8	26	22
Manchester Triathlon Club 'B'	8	6	3	3		20	20
Swinton Running Club 'B'	3	1	4	1	4	13	12
Manchester Harriers & AC 'B'	2	1	1	1	6	11	10
Marple Runners 'B'	1	1	1	2	3	8	7
Belle Vue Racers 'B'	1	1	1	1		4	4
Middleton Harriers Ac 'B'	1	1	1	1		4	4
Stockport Tri Club 'B'	1	1	1	1		4	4
Winston Runners 'B'	1	1	1	1		4	4
Wilmslow Running Club 'B'	7	10		9		26	
Trafford Athletic Club 'B'			7	8		15	
Manchester Frontrunners 'B'	4	2		1		7	
Altrincham & District AC 'B'		3	1	1		5	
Salford Metropolitan Ac 'B'	1		2	1		4	
Start2jog 'B'		1		1		2	
Didsbury Runners 'B'			1			1	
Goyt Valley Striders 'B'				1		1	
Wirral Ac 'B'				1		1	

C+ Teams

	WYT	STH	KEN	TAT	HP	Total	Best 4
Stockport Harriers & Ac 'C'	7	10	9	10	7	43	36
Bramhall Runners 'C'	5	9	1	8	10	33	32
Chorlton Runners 'C'	9	4	10	6		29	29
Stockport Harriers & Ac 'D'	3	8	6	7		24	24
Bramhall Runners 'D'	2	3	1	3	8	17	16
Manchester Triathlon Club 'C'	8	6	1	1		16	16
Marple Runners 'C'	1	1	3	2	6	13	12
Manchester Harriers & AC 'C'	1	1	1	1	9	13	12
Bramhall Runners 'E'	1	1	1	1	5	9	8
Bramhall Runners 'F'	1	1	1	1	4	8	7
Sale Harriers Manchester 'C'	10	7		9		26	
Macclesfield Harriers & AC 'C'		5	5	4		14	
Chorlton Runners 'D'	4		8	1		13	
Chorlton Runners 'E'	1		7			8	
Manchester Triathlon Club 'D'	6					6	
Swinton Running Club 'C'	1		4			5	
Sale Harriers Manchester 'D'				5		5	
Stockport Harriers & Ac 'E'	1	2		1		4	
Bramhall Runners 'G'	1	1		1		3	
Marple Runners 'D'	1		1	1		3	
Winston Runners 'C'		1	1	1		3	
Middleton Harriers Ac 'C'		1	1			2	
Chorlton Runners 'F'			2			2	
Start2jog 'C'		1		1		2	
Bramhall Runners 'H'		1		1		2	
Macclesfield Harriers & AC 'D'			1	1		2	
Marple Runners 'E'			1	1		2	
Manchester Triathlon Club 'E'	1					1	
Manchester Frontrunners 'C'	1					1	
Manchester Triathlon Club 'F'	1					1	
Stockport Tri Club 'C'		1				1	
Belle Vue Racers 'C'				1		1	
Dragons Running Club (sale 'B'				1		1	
Salford Metropolitan Ac 'C'				1		1	

MACCL Xc Senior Men's and Vets' Divisions

Division 1	WYT	STH	KEN	TAT	HP	Total	Best 4
Sale Harriers Manchester	10	10	10	9	5	44	39
Horwich R M I Harriers	9	8	8	8	9	42	34
Chorlton Runners	8	7	9	7	10	41	34
Salford Harriers & AC	5	9	7	10	4	35	31
Stockport Harriers & Ac	7	6	5	6	7	31	26
Trafford Athletic Club	4	4	4	5	8	25	21
Altrincham & District AC	3	5	6	4	3	21	18
E Cheshire H & Tameside AC	6	3	3	3	6	21	18
Macclesfield Harriers & Ac	2	2	2	2	2	10	8

Division 2	WYT	STH	KEN	TAT	HP	Total	Best 4
Bramhall Runners	7	6	8	10	10	41	35
Manchester Triathlon Club	10	5	10	6	9	40	35
Wilmslow Running Club	9	9	9	7		34	34
Vale Royal AC	8	10	7	9		34	34
Didsbury Runners	4	7	3	8	8	30	27
Manchester Frontrunners	5	4	4	5	7	25	21
Middleton Harriers Ac	3	3	5	3	5	19	16
Salford Metropolitan AC	6	2	6	2		16	16
Swinton Running Club	2	1	2	4	6	15	14
Buxton AC		8				8	

Division 3	WYT	STH	KEN	TAT	HP	Total	Best 4
Manchester Harriers & AC	6	7	10	7	8	38	32
Belle Vue Racers	8	1	7	9		25	25
Stockport Tri Club	3	1	4	2	10	20	19
Marple Runners	1	1	5	3	7	17	16
St Helens Tri	2	4	6	4		16	16
Knutsford Tri Club	1	2	3	1		7	7
Glossopdale Harriers	5	8		8		21	
Oldham & Royton H & Ac		5	9	6		20	
Manchester Ymca Harriers	7	3		10		20	
West Cheshire AC	9	9				18	
Saddleworth Runners Club	1	6			9	16	
Goyt Valley Striders		1	8	5		14	
Wirral Ac	10					10	
St Helens Sutton Ac		10				10	
Manchester Metropolitan Uni	4					4	
Dragons Running Club (sale)		1	2	1		4	
Winston Runners	1					1	

B Teams

	WYT	STH	KEN	TAT	HP	Total	Best 4
Sale Harriers Manchester 'B'	10	10	9	9	8	46	38
Chorlton Runners 'B'	8	6	10	10	10	44	38
Salford Harriers & AC 'B'	9	9	8	8		34	34
Stockport Harriers & Ac 'B'	7	7	6	7	9	36	30
Bramhall Runners 'B'	5	1	3	3	6	18	17
Macclesfield Harriers & Ac 'B'		1	5	2	7	15	15
Manchester Triathlon Club 'B'	6	3	1	1		11	11
Manchester Harriers & AC 'B'	1	1	1	1		4	4
Altrincham & District AC 'B'		5	7	5		17	
Horwich R M I Harriers 'B'		8		6		14	
Salford Metropolitan Ac 'B'	3	1	4			8	
Trafford Athletic Club 'B'		4		4		8	
Manchester Frontrunners 'B'		2		1	5	8	
E Cheshire H & Tameside AC 'B'	4	1	2			7	
Belle Vue Racers 'B'	2					2	
Middleton Harriers Ac 'B'	1	1				2	
St Helens Tri 'B'	1	1				2	
Stockport Tri Club 'B'	1					1	
Didsbury Runners 'B'		1				1	

C= Teams

	WYT	STH	KEN	TAT	HP	Total	Best 4
Sale Harriers Manchester 'C'	10	10	9	10		39	39
Chorlton Runners 'C'	8	6	10	9	10	43	37
Stockport Harriers & Ac 'C'	5	7	7	8	8	35	30
Chorlton Runners 'D'	7	3	8	5	9	32	29
Sale Harriers Manchester 'D'	9	8	5	7		29	29
Chorlton Runners 'E'	4	1	4	1		10	10
Salford Harriers & AC 'C'		9		6		15	
Altrincham & District AC 'C'		4	6	3		13	
Sale Harriers Manchester 'E'		5		4		9	
Manchester Triathlon Club 'C'	6					6	
Chorlton Runners 'F'	2		3	1		6	
Stockport Harriers & Ac 'D'		2	2	1		5	
Bramhall Runners 'C'	3			1		4	
Sale Harriers Manchester 'F'		1		1		2	
Chorlton Runners 'G'			1	1		2	
Trafford Athletic Club 'C'				2		2	
Manchester Frontrunners 'C'		1				1	
Altrincham & District AC 'D'				1		1	
Stockport Harriers & Ac 'E'				1		1	

Vet Men**Division 1**

	WYT	STH	KEN	TAT	HP	Total	Best 4
Chorlton Runners	7	10	10	10	10	47	40
Sale Harriers Manchester	10	9	9	9	7	44	37
Salford Harriers & AC	8	7	8	7	6	36	30
Trafford Athletic Club	5	8	4	6	9	32	28
Stockport Harriers & AC	6	3	6	8	8	31	28
Wilmslow Running Club	9	6	3	3	4	25	22
Horwich R M I Harriers	4	5	7	5		21	21
Macclesfield Harriers & Ac		4	5	4	5	18	18
Vale Royal AC	3	2	2	2		9	9
Swinton Running Club	2	1	1	1	3	8	7

Division 2

	WYT	STH	KEN	TAT	HP	Total	Best 4
Altrincham & District AC	10	10	10	10	10	50	40
Bramhall Runners	8	9	9	9	9	44	36
Manchester Triathlon Club	9	7	7	8	8	39	32
Salford Metropolitan AC	7	8	8	4	6	33	29
St Helens Tri	5	5	4	7	7	28	24
Marple Runners	4	4	6	6	5	25	21
E Cheshire H & Tameside AC	6	3	5	5		19	19
Buxton AC		6		3	4	13	

Division 3

	WYT	STH	KEN	TAT	HP	Total	Best 4
West Cheshire AC	9	9	9	6	10	43	37
Glossopdale Harriers	8	10	5	9		32	32
Middleton Harriers Ac	2	8	10	1	8	29	28
Stockport Tri Club	4	6	2	7	9	28	26
Manchester Harriers & AC	7	5	8	3	3	26	23
Manchester Frontrunners	5	4	7	4	5	25	21
Goyt Valley Striders		1	6	5	7	19	19
Belle Vue Racers	6	1		2	6	15	15
Saddleworth Runners Club	1	2		1	4	8	8
Knutsford Tri Club	3	3	1	1		8	8
St Helens Sutton Ac		7		10		17	
Wirral Ac	10					10	
Warrington A C				8		8	
Didsbury Runners	1	1	4			6	
Dragons Running Club (sale)		1	3	1		5	
Winston Runners	1		1	1		3	
Styal Running Club	1	1				2	

B Teams

	WYT	STH	KEN	TAT	HP	Total	Best 4
Sale Harriers Manchester 'B'	10	10	7	10		37	37
Stockport Harriers & Ac 'B'	7	5	10	9	10	41	36
Chorlton Runners 'B'	6	7	9	7	9	38	32
Macclesfield Harriers & Ac 'B'		2	6	5	8	21	21
Bramhall Runners 'B'	5	1	4	4	7	21	20
Marple Runners 'B'	3	1	1	1	5	11	10
Manchester Harriers & AC 'B'	1	1	3	1	4	10	9
Stockport Tri Club 'B'	1	1		1	6	9	9
Altrincham & District AC 'B'		9	8	8		25	
Manchester Triathlon Club 'B'	9	4		3		16	
Salford Harriers & AC 'B'		8		6		14	
Salford Metropolitan Ac 'B'	4	1	5			10	
West Cheshire AC 'B'	8					8	
Trafford Athletic Club 'B'		6				6	
Middleton Harriers Ac 'B'	1	1	2			4	
St Helens Tri 'B'	1	1		2		4	
Knutsford Tri Club 'B'	2	1				3	
Wilmslow Running Club 'B'		3				3	
Belle Vue Racers 'B'	1					1	
Goyt Valley Striders 'B'				1		1	
Swinton Running Club 'B'				1		1	

C= Teams

	WYT	STH	KEN	TAT	HP	Total	Best 4
Sale Harriers Manchester 'C'	10	10	6	10		36	36
Stockport Harriers & Ac 'C'	6	5	9	9	10	39	34
Chorlton Runners 'C'	8	8	8	8	9	41	33
Chorlton Runners 'D'	5	2	7	5		19	19
Bramhall Runners 'C'	7		2	1	7		17
Altrincham & District AC 'C'		9	10	6		25	
Stockport Harriers & Ac 'D'			4	2	8		
Sale Harriers Manchester 'D'		6		7		13	
Macclesfield Harriers & AC 'C'		4	5	3			
Altrincham & District AC 'D'		7		4		11	
Manchester Triathlon Club 'C'	9					9	
Chorlton Runners 'E'	3		3	1		7	
Bramhall Runners 'D'	4			1		5	
St Helens Tri 'C'		3				3	
Manchester Harriers & AC 'C'		1				1	
Chorlton Runners 'F'			1				
Stockport Harriers & Ac 'E'				1			
Sale Harriers Manchester 'E'				1			
Bramhall Runners 'E'				1			