

EASTERN AA CHAMPIONSHIPS - 2022

Senior Men 100M Final (0)

1	16	11.19	Lockwood	Aston	Bedford & County AC
2	10	11.44	Grenfell	Joel	Peterborough & Nene Valley AC
3	11	11.59	Herring	Adam	City Of Norwich AC
4	24	11.67	Philo	Sebastien	Cambridge & Coleridge AC
5	19	11.80	Mienambolo	Stephen	Bedford & County AC
6	28	11.98	Slayman	Ben	Braintree & District AC
7	14	12.35	Kennerley	Ryan	Biggleswade AC
8	1	12.50	Beecham	Craig	Newbury AC

Senior Men 100M Heat 1

1	16	11.4	Lockwood	Aston	Bedford & County AC
2	11	11.7	Herring	Adam	City Of Norwich AC
3	14	12.2	Kennerley	Ryan	Biggleswade AC
4	1	12.5	Beecham	Craig	Newbury AC

Senior Men 100M Heat 2

1	10	11.6	Grenfell	Joel	Peterborough & Nene Valley AC
2	19	11.8	Mienambolo	Stephen	Bedford & County AC
3	24	11.8	Philo	Sebastien	Cambridge & Coleridge AC
4	28	12.1	Slayman	Ben	Braintree & District AC
5	33	14.6	Woolliams	Bob	Ipswich Harriers

Senior Men 200M Final (0.6)

1	23	22.71	Palmer	Louis	City Of Norwich AC
2	16	22.96	Lockwood	Aston	Bedford & County AC
3	11	23.80	Herring	Adam	City Of Norwich AC
4	19	24.39	Mienambolo	Stephen	Bedford & County AC
5	14	25.95	Kennerley	Ryan	Biggleswade AC
6	33	30.22	Woolliams	Bob	Ipswich Harriers

Senior Men 400M Final

NOT HELD

Senior Men 800M Final

NOT HELD

Senior Men 1500M Final

NOT HELD

Senior Men 3000M Final

1	7	9:05.17	Emmerson	Craig	Bedford & County AC
2	31	9:54.23	Williams	Scott	Stowmarket Striders RC
3	6	10:14.55	Elmer	Christopher	Newark AC
4	15	14:40.89	Lawrence	Shane	CA Fola

Senior Men 110M Hurdles Final (0)

NOT HELD

Senior Men 400M Hurdles Final

NOT HELD

Senior Men High Jump Final

1	12	1.70	Hunt	Gareth	Ryston Runners
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Senior Men Long Jump Final

1	10	6.79	Grenfell	Joel	Peterborough & Nene Valley AC
2	26	6.35	Protheroe	Nathan	City Of Norwich AC
3	1	5.96	Beecham	Craig	Newbury AC

Senior Men Triple Jump Final

NOT HELD

Senior Men Pole Vault Final

NOT HELD

Senior Men Javelin Final

1	13	52.46	Ingham	Alexander	Biggleswade AC
2	17	49.53	Lornie	Daniel	Corby AC
3	29	47.36	Wells	Dominic	Cambridge University AC
4	21	39.73	Nicholls	Jack	Cambridge & Coleridge AC
5	5	31.74	Digpal	Kuldip	Huntingdonshire AC

Senior Men Discus Final

1	32	44.55	Winkel	Kristiaan	Cambridge & Coleridge AC
2	30	34.81	Williams	Hugh	Woodford Green AC with Essex Ladies
3	34	30.52	Young	Morgan	Cambridge & Coleridge AC
4	21	30.11	Nicholls	Jack	Cambridge & Coleridge AC

Senior Men Hammer Final

NOT HELD

Senior Men Shot Putt Final

1	30	12.12	Williams	Hugh	Woodford Green AC with Essex Ladies
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EASTERN AA CHAMPIONSHIPS - 2022

Under 20 Men 100M Final (-1.2)

1	268	11.29	Moseray	Ben	Bedford & County AC
2	260	11.61	Abbott	Thomas	Cambridge & Coleridge AC

Under 20 Men 200M Final (0)

1	272	23.24	Smith	Calvin	Shaftesbury Barnet Harriers
2	260	23.80	Abbott	Thomas	Cambridge & Coleridge AC
3	276	24.21	Ward	Thomas	Cambridge & Coleridge AC

Under 20 Men 400M Final

1	272	50.46	Smith	Calvin	Shaftesbury Barnet Harriers
2	277	53.24	Webster	Jamie	Ipswich Harriers
3	276	53.94	Ward	Thomas	Cambridge & Coleridge AC

Under 20 Men 800M Final

1	266	1.58.2	Jonas	Henry	City Of Norwich AC
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Under 20 Men 1500M Final

1	275	4.34.91	Wannerton	Tyler	Stevenage & North Herts AC
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Under 20 Men 3000M Final

NOT HELD

Under 20 Men 110M Hurdles Final (+1.3)

NOT HELD

Under 20 Men 400M Hurdles Final

NOT HELD

Under 20 Men High Jump Final

NOT HELD

Under 20 Men Long Jump Final

1	261	5.89	Clare	Liam	Ryston Runners
2	265	5.69	Hufford	Thomas	Cambridge & Coleridge AC

Under 20 Men Triple Jump Final

1	269	14.49(CBP)	Opaleye	Ayo	Huntingdonshire AC
2	264	13.15	Henry	Lierre	Dacorum Athletic Club
3	265	12.48	Hufford	Thomas	Cambridge & Coleridge AC
4	274	12.17	Tirchineci	Nikolaos	Huntingdonshire AC

Under 20 Men Pole Vault Final

NOT HELD

Under 20 Men Javelin Final

NOT HELD

Under 20 Men Discus Final

1	263	36.61	Grinsted	Zack	Luton Athletic Club
2	273	29.99	Smith	Thomas	Huntingdonshire AC

Under 20 Men Hammer Final

1	270	38.83	Scase	Joseph	Cambridge & Coleridge AC
2	273	37.44	Smith	Thomas	Huntingdonshire AC

Under 20 Men Shot Putt Final

1	270	12.17	Scase	Joseph	Cambridge & Coleridge AC
2	273	11.01	Smith	Thomas	Huntingdonshire AC

EASTERN AA CHAMPIONSHIPS - 2022

Under 17 Men 100M Final (0.4)

1	218	11.44	Steele	Freddie	Biggleswade AC
2	218	11.76	Anderson	Harry	Southend On Sea AC
3	198	11.86	Grant	Regan	The HAWCS
4	221	12.16	Wheatley	Jack	Peterborough & Nene Valley AC
5	207	12.75	McDonald	Mackenzie	Huntingdonshire AC
6	184	DQ	Akinyemi	Michael	Colchester & Tendring AC

Under 17 Men 200M Final (1.2)

1	201	22.47	Hanson	Noah	Newham & Essex Beagles AC
2	184	23.67	Akinyemi	Michael	Colchester & Tendring AC
3	185	24.09	Anderson	Harry	Southend On Sea AC

Under 17 Men 400M Final

1	216	50.32	Slinko	Olly	Luton Athletic Club
2	208	53.15	North	Oscar	Dacorum Athletic Club
3	192	58.65	Bullock	Tom	Cambridge & Coleridge AC

Under 17 Men 800M Final

1	219	02:01.9	Taylor	Ewan	Cambridge & Coleridge AC
2	187	02:03.0	Beedell	Sebastian	Peterborough & Nene Valley AC
3	209	02:05.8	Offord	Jack	The HAWCS
4	196	02:06.3	Davis	Nathan	Luton Athletic Club
5	197	02:09.7	Dorbin	Jake	Thetford AC
6	206	02:15.2	Mahoney	Samuel	Havering AC
7	186	02:21.7	Bakler-Kugler	Adam	Basildon AC

Under 17 Men 1500M Final

1	189	4.13.63	Bongaerts	Tim	City Of Norwich AC
2	210	4.21.28	Sam	Plummer	Colchester & Tendring
3	214	4.28.01	Shearer	Rowan	West Suffolk AC

Under 17 Men 3000M Final

NOT HELD

Under 17 Men 100M Hurdles Final (+0.2)

1	201	13.13(CBP)	Hanson	Noah	Newham & Essex Beagles AC
2	221	15.45	Wheatley	Jack	Peterborough & Nene Valley AC

Under 17 Men 400M Hurdles Final

NOT HELD

Under 17 Men High Jump Final

1	193	1.70	Cant	Nathan	Biggleswade AC
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Under 17 Men Long Jump Final

1	205	6.19	MacQueen	David	Cambridge & Coleridge AC
2	207	5.06	McDonald	Mackenzie	Huntingdonshire AC

Under 17 Men Triple Jump Final

1	194	12.69	Carpenter-Prout	Maison	Thurrock Harriers
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Under 17 Men Pole Vault Final

1	188	2.80	Blake	Donncha	Biggleswade AC
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Under 17 Men Javelin Final

1	213	50.87	Rutter	Tom	The HAWCS
2	202	40.08	Hovell	Miles	Ryston Runners
3	199	38.85	Hancock	Alex	Woodford Green AC with Essex Ladies
4	190	38.65	Brichieri-Colombi	Samson	Harlow AC
5	220	33.44	Treece	Arlo	Biggleswade AC
6	188	33.25	Blake	Donncha	Biggleswade AC
7	211	32.26	Ramsey	Jack	Cambridge & Coleridge AC

Under 17 Men Discus Final

1	191	43.82	Brown	Alastair	West Suffolk AC
2	202	32.28	Hovell	Miles	Ryston Runners
3	188	26.15	Blake	Donncha	Woodford Green AC with Essex Ladies
4	190	25.52	Brichieri-Colombi	Samson	Harlow AC
5	220	23.84	Treece	Arlo	Biggleswade AC

Under 17 Men Hammer Final

1	191	52.88	Brown	Alastair	West Suffolk AC
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Under 17 Men Shot Putt Final

1	191	15.23	Brown	Alastair	West Suffolk AC
2	202	10.41	Hovell	Miles	Ryston Runners

EASTERN AA CHAMPIONSHIPS - 2022

Under 15 Boys 100M Final (-1.6)

1	126	11.95	Nicholls	Ricky	Ipswich Harriers
2	123	12.06	Marshall	Harry	Chelmsford AC
3	121	12.24	Kamara	Isaiah	Cambridge & Coleridge AC
4	132	12.29	Smith	George	Great Yarmouth & District AC
5	107	12.46	Amann	Luke	West Suffolk AC
6	110	12.50	Boka	Lee	Basildon AC
7	115	12.86	De-Vyott	Horatio	Stevenage & North Herts AC

Under 15 Boys 200M Final (-0.9)

1	126	25.0	Nicholls	Ricky	Ipswich Harriers
2	123	25.3	Marshall	Harry	Chelmsford AC
3	107	25.9	Amann	Luke	West Suffolk AC
4	110	26.1	Boka	Lee	Basildon AC
5	116	26.3	Exell	Harry	Huntingdonshire AC
6	136	26.4	Wright	Aidan	Ipswich Harriers
7	115	26.6	De-Vyott	Horatio	Stevenage & North Herts AC

Under 15 Boys 300M Final (0)

1	132	39.28	Smith	George	Great Yarmouth & District AC
2	129	39.87	Preston	Sawyer	Huntingdonshire AC
3	136	41.72	Wright	Aidan	Ipswich Harriers

Under 15 Boys 800M Final

1	124	02:03.3	McAllen	James	Waveney Valley AC
2	114	02:11.7	Copeman	Cohen	Waveney Valley AC
3	133	02:13.1	Watley	Benjamin	Chelmsford AC
4	128	02:15.6	Percival	William	Attleborough Athletics Academy
5	136	02:19.9	Wright	Aidan	Ipswich Harriers
6	305	02:23.4	Jeffery	Max	West Suffolk AC
7	111	02:28.7	Bowstead	Edward	Cambridge & Coleridge AC
8	112	02:36.8	Browne	Jack	City Of Norwich AC

Under 15 Boys 1500M Final

1	130	4.49.64	Robins	Dylan	Chelmsford AC
2	108	4.50.85	Blackburn	Angus	Cookham Running Club
3	125	4.58.20	Murray	Aubrey	Stevenage & North Herts AC
4	120	5.09.45	Jeffery	Alfie	West Suffolk AC

Under 15 Boys 80M Hurdles Final (0)

1	134	12.46	Webb	Harry	Shaftesbury Barnet Harriers
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Under 15 Boys High Jump Final

1	125	1.50	Murray	Aubrey	Stevenage & North Herts AC
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Under 15 Boys Long Jump Final

1	107	4.29	Amann	Luke	West Suffolk AC
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Under 15 Boys Triple Jump Final

1	132	11.55	Smith	George	Great Yarmouth & District AC
2	115	10.33	De-Vyott	Horatio	Stevenage & North Herts AC
3	113	8.47	Carrington	Max	Huntingdonshire AC

Under 15 Boys Pole Vault Final

NOT HELD

Under 15 Boys Javelin Final

NOT HELD

Under 15 Boys Discus Final

1	134	31.85	Webb	Harry	Shaftesbury Barnet Harriers
2	127	30.00	Parkes	Ashton	Luton Athletic Club

Under 15 Boys Hammer Final

1	127	20.01	Parkes	Ashton	Luton Athletic Club
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Under 15 Boys Shot Putt Final

1	127	8.93	Parkes	Ashton	Luton Athletic Club
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EASTERN AA CHAMPIONSHIPS - 2022

Under 13 Boys 100M Final (+0.6)

1	65	12.74	Barry-Daly	Thomas	Watford Harriers
2	84	13.61	Woodhall	Samuel	Huntingdonshire AC
3	79	13.76	Upward	Joshua	Huntingdonshire AC
4	81	14.32	Waters	Ollie	Cambridge & Coleridge AC
5	70	15.06	Fowler	Jack	Stevenage & North Herts AC
6	73	15.79	Jones	Torin	Cambridge & Coleridge AC

Under 13 Boys 200M Final (+1.6)

1	65	27.33	Barry-Daly	Thomas	Watford Harriers
2	84	28.38	Woodhall	Samuel	Huntingdonshire AC
3	80	29.74	Wannerton	Casey	Stevenage & North Herts AC
4	70	31.56	Fowler	Jack	Stevenage & North Herts AC

Under 13 Boys 800M Final

1	74	2.15.9	Legge	Lewis	Peterborough & Nene Valley AC
2	82	2.21.3	Watkins	George	Harlow AC
3	71	2.24.0	Georgalas	Jason	Ipswich Jaffa RC
4	83	2.26.1	Winship	Finley	City Of Norwich AC
5	66	2.27.3	Benstead	Frankie	Huntingdonshire AC
6	72	2.28.1	Hart	Adam	Colchester & Tendring AC
7	76	2.30.0	Pateman	Harry	Huntingdonshire AC
8	77	2.30.9	Seaborn	Oliver	Cambridge & Coleridge AC
9	80	2.33.0	Wannerton	Casey	Stevenage & North Herts AC
10	68	2.33.7	Davis	Jake	Luton Athletic Club
11	73	2.33.7	Jones	Torin	Cambridge & Coleridge AC
12	75	2.34.0	Locke	Ethan	Huntingdonshire AC
13	67	2.36.4	Cantell	Harry	Cambridge & Coleridge AC

Under 13 Boys 75M Hurdles Final (+0.2)

1	81	13.64	Waters	Ollie	Cambridge & Coleridge AC
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Under 13 Boys Long Jump Final

1	70	3.88	Fowler	Jack	Stevenage & North Herts AC
2	81	3.83	Waters	Ollie	Cambridge & Coleridge AC
3	84	3.80	Woodhall	Samuel	Huntingdonshire AC

Under 13 Boys Shot Putt Final

1	69	6.84	Fairhurst	Thomas	City Of Norwich AC
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EASTERN AA CHAMPIONSHIPS - 2022

<u>Senior Women 100M Final (-0.4)</u>					
1	49	12.77	Kilpatrick	Chantelle	Ipswich Harriers
2	40	12.91	Benson	Tayla	Peterborough & Nene Valley AC
3	36	12.92	Balogun	Krystle	Iford AC
4	61	13.00	Staines	Victoria	Southend On Sea AC
<u>Senior Women 200M Final (+1.1)</u>					
1	36	26.44	Balogun	Krystle	Iford AC
2	40	26.61	Benson	Tayla	Peterborough & Nene Valley AC
3	61	28.56	Staines	Victoria	Southend On Sea AC
4	46	29.77	Edwards	Lucy	West Norfolk AC
<u>Senior Women 400M Final</u>					
1	54	59.25	Overfield	Kirstie	Basildon AC
<u>Senior Women 800M Final</u>					
NOT HELD					
<u>Senior Women 1500M Final</u>					
NOT HELD					
<u>Senior Women 3000M Final</u>					
1	41	11.13.29	Bentley	Claire	Watford Harriers
2	51	11.45.10	Mastrolonardo	Isabel	Cambridge & Coleridge AC
<u>Senior Women 100M Hurdles Final (+0.2)</u>					
NOT HELD					
<u>Senior Women 400M Hurdles Final</u>					
1	42	69.4	Bentley	Suzanne	Watford Harriers
<u>Senior Women High Jump Final</u>					
1	52	1.55	Moyses	Lauren	Ryston Runners
<u>Senior Women Long Jump Final</u>					
1	49	5.55	Kilpatrick	Chantelle	Ipswich Harriers
2	52	5.26	Moyses	Lauren	Ryston Runners
3	46	4.98	Edwards	Lucy	West Norfolk AC
4	63	3.72	Williams	Dawn	Luton Athletic Club
5	53	3.49	O'Connell	Esme	Dacorum Athletic Club
<u>Senior Women Triple Jump Final</u>					
1	57	11.10	Ronald	Kirsty	Braintree & District AC
2	49	10.63	Kilpatrick	Chantelle	Ipswich Harriers
3	46	9.53	Edwards	Lucy	West Norfolk AC
<u>Senior Women Pole Vault Final</u>					
1	56	3.60(Eq.CBP)	Rapacchi	Shannon	Stevenage & North Herts AC
2	48	3.40	Hall	Jessica	Guildford & Godalming AC
<u>Senior Women Javelin Final</u>					
1	59	42.22	Schoenecker	Johanna	Cambridge University AC
2	55	36.05	Palmer	Neve	Cambridge & Coleridge AC
3	45	33.94	Castle	Debbie	West Suffolk AC
4	64	28.74	Wilson	Alana	West Suffolk AC
5	44	26.45	Brunning	Leonie	Biggleswade AC
6	63	23.15	Williams	Dawn	Luton Athletic Club
<u>Senior Women Discus Final</u>					
1	39	33.60	Barnsdale	Gemma	Scunthorpe Harriers Athletic Club
2	60	31.18	Sharples	Abigail	Lincoln Wellington Athletic Club
3	45	27.14	Castle	Debbie	West Suffolk AC
4	38	25.45	Barnsdale	Alice	Kingston upon Hull AC
5	44	23.72	Brunning	Leonie	Biggleswade AC
<u>Senior Women Hammer Final</u>					
1	38	56.11(CBP)	Barnsdale	Alice	Kingston upon Hull AC
2	39	29.78	Barnsdale	Gemma	Scunthorpe Harriers Athletic Club
<u>Senior Women Shot Putt Final</u>					
1	44	10.59	Brunning	Leonie	Biggleswade AC
2	38	9.57	Barnsdale	Alice	Kingston upon Hull AC
3	45	9.37	Castle	Debbie	West Suffolk AC
4	39	9.24	Barnsdale	Gemma	Scunthorpe Harriers Athletic Club
5	60	9.00	Sharples	Abigail	Lincoln Wellington Athletic Club
6	55	8.52	Palmer	Neve	Cambridge & Coleridge AC

EASTERN AA CHAMPIONSHIPS - 2022

Under 20 Women 100M Final (-0.2)

1	284	12.69	Gilman	Keira	Windsor Slough Eton & Hounslow AC
2	289	13.50	Kamara-Musa	Miracle	Cambridge & Coleridge AC

Under 20 Women 200M Final (+1.2)

1	278	25.36	Astill	Jessica	Stevenage & North Herts AC
2	284	26.38	Gilman	Keira	Windsor Slough Eton & Hounslow AC
3	286	26.45	Harrison	Elizabeth	Huntingdonshire AC
4	297	26.94	Taylor	Elizabeth	Peterborough & Nene Valley AC

Under 20 Women 400M Final

1	297	60.32	Taylor	Elizabeth	Peterborough & Nene Valley AC
2	298	61.13	Thomas	Serena	Herts Phoenix AC
3	299	62.40	Vandermark	Maya	Cambridge & Coleridge AC
4	292	63.30	Rushton	Niamh	Peterborough & Nene Valley AC
5	296	DNF	Swain	Emily	The HAWCS

Under 20 Women 800M Final

1	293	2.21.7	Short	Madeleine	City Of Norwich AC
2	288	2.27.2	Jay	Leah	Luton Athletic Club

Under 20 Women 1500M Final

1	290	4.43.78	Reynolds	Hattie	North Norfolk Harriers Athletics Club
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Under 20 Women 3000M Final

1	283	10.28.69(CBP)	Buchanan	Grace	City Of Norwich AC
2	306	10.54.94	Harris	Megan	Chelmsford AC

Under 20 Women 100M Hurdles Final (+0.2)

1	279	16.17	Bailey	Mia	City Of Norwich AC
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Under 20 Women 400M Hurdles Final

NOT HELD

Under 20 Women High Jump Final

NOT HELD

Under 20 Women Long Jump Final

1	280	5.16	Bambridge	Sophie	Huntingdonshire AC
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Under 20 Women Triple Jump Final

1	295	8.78	Sturney	Kira	Cambridge & Coleridge AC
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Under 20 Women Pole Vault Final

NOT HELD

Under 20 Women Javelin Final

1	302	29.72	Wilson	Sasha	West Suffolk AC
2	282	29.58	Brunning	Hannah	Biggleswade AC

Under 20 Women Discus Final

1	282	35.35	Brunning	Hannah	Biggleswade AC
2	294	26.63	Steele	Sophie	Biggleswade AC

Under 20 Women Hammer Final

1	302	20.72	Wilson	Sasha	West Suffolk AC
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Under 20 Women Shot Putt Final

1	294	10.65	Steele	Sophie	Biggleswade AC
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EASTERN AA CHAMPIONSHIPS - 2022

Under 17 Women 100M Final (2.6)

1	249	12.51	Patrick	Evie	City Of Norwich AC
2	252	12.71	Self	Jodie	Thurrock Harriers
3	233	12.82	Duncan	Cara	Chelmsford AC
4	223	12.91	Akay	Leyla	Biggleswade AC
5	238	13.40	Gouldby	Agatha	Waveney Valley AC
6	259	13.46	Wright	Angel	Colchester & Tendring AC
7	245	13.61	Martin-Whymark	Hollie	Colchester Harriers AC
8	246	14.03	Nugent	Isabelle	Cambridge & Coleridge AC

Under 17 Women 200M Final (+1.8)

1	223	26.24	Akay	Leyla	Biggleswade AC
2	245	26.34	Martin-Whymark	Hollie	Colchester Harriers AC
3	246	26.96	Nugent	Isabelle	Cambridge & Coleridge AC

Under 17 Women 300M Final

1	255	42.50	Westland	Ruth	Ipswich Harriers
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Under 17 Women 800M Final

1	228	2.07.9(CBP)	Gill	Phoebe	St Albans AC
2	241	2.34.4	Jonas	Esme	North Norfolk Harriers Athletics Club

Under 17 Women 1500M Final

1	250	4.56.50	Pegg	Georgia	City Of Norwich AC
2	232	5.29.16	Drane	Molly	Chelmsford AC

Under 17 Women 3000M Final

NOT HELD

Under 17 Women 80M Hurdles Final (+0.2)

1	252	11.86	Self	Jodie	Thurrock Harriers
2	244	12.04	Marsh	Katie	Peterborough & Nene Valley AC
3	236	12.67	Frost	Jessica	Bedford & County AC
4	251	12.80	Pepper	Natalie	Braintree & District AC
5	258	13.42	Willeard	Hollie	Great Yarmouth & District AC
6	243	13.60	Knight	Freya	Ryston Runners
7	253	15.57	Slinko	Gabby	Luton Athletic Club

Under 17 Women 300M Hurdles Final

1	254	54.0	Pepper	Natalie	Braintree & District AC
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Under 17 Women High Jump Final

1	247	1.55	Olivier	Ena	Herts Phoenix AC
2	224	1.50	Ashby	Alana	Dacorum Athletic Club
3	254	1.45	Smith	Amelia	Cambridge & Coleridge AC

Under 17 Women Long Jump Final

1	236	5.02	Frost	Jessica	Bedford & County AC
2	243	4.80	Knight	Freya	Ryston Runners
3	239	4.73	Howard	Moria	Huntingdonshire AC
4	253	4.51	Slinko	Gabby	Luton Athletic Club
5	259	4.48	Wright	Angel	Colchester & Tendring AC

Under 17 Women Triple Jump Final

1	235	10.81	Frakina	Polina	Cambridge & Coleridge AC
2	239	10.78	Howard	Moria	Huntingdonshire AC
3	238	10.73	Gouldby	Agatha	Waveney Valley AC
4	236	10.10	Frost	Jessica	Bedford & County AC
5	229	9.93	Charles	Kaylen	Bedford & County AC

Under 17 Women Pole Vault Final

1	231	2.80	Dodge	Zowie	Basildon AC
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Under 17 Women Javelin Final

1	248	33.60	Pampanini	Lucia	Ipswich Harriers
2	258	29.96	Willeard	Hollie	Great Yarmouth & District AC
3	230	29.86	Digpal-Race	Tamzin	Huntingdonshire AC
4	242	29.03	Kafala	Faiza	Colchester & Tendring AC

Under 17 Women Discus Final

1	225	26.63	Bedding	Willow	Huntingdonshire AC
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Under 17 Women Hammer Final

1	225	49.75	Bedding	Willow	Huntingdonshire AC
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Under 17 Women Shot Putt Final

1	226	13.08(CBP)	Bostock	Ellie	The HAWCS
2	238	9.95	Gouldby	Agatha	Waveney Valley AC
3	230	9.76	Digpal-Race	Tamzin	Huntingdonshire AC
4	257	7.83	Wicks	Mazie	The HAWCS

EASTERN AA CHAMPIONSHIPS - 2022

Under 15 Girls 100M Final (+2.6)

1	165	12.61	Nacca	Lila-Belle	Cambridge & Coleridge AC
2	137	12.71	Allen	Lyric	West Suffolk AC
3	169	12.73	Patrick	Maisie	City Of Norwich AC
4	174	12.97	Slater	Sienna	Peterborough & Nene Valley AC
5	154	13.01	Elouassi	Aisha	City Of Norwich AC
6	157	13.12	Hancock	Caitlin	Woodford Green AC with Essex Ladies
7	168	13.13	Owen	Rebecca	Dacorum Athletic Club
8	143	13.16	Boylan	Maizie	Great Yarmouth & District AC

Under 15 Girls 100M Heat 1

1	165	12.5	Nacca	Lila-Belle	Cambridge & Coleridge AC
2	169	12.8	Patrick	Maisie	City Of Norwich AC
3	174	12.9	Slater	Sienna	Peterborough & Nene Valley AC
4	155	13.3	Fielding	Amy	Great Yarmouth & District AC
5	171	13.5	Robinson	Scarlet	Basildon AC
6	166	14.3	Newman	Izzie	Huntingdonshire AC

Under 15 Girls 100M Heat 2

1	137	12.9	Allen	Lyric	West Suffolk AC
2	154	13.0	Elouassi	Aisha	City Of Norwich AC
3	157	13.0	Hancock	Caitlin	Woodford Green AC with Essex Ladies
4	168	13.2	Owen	Rebecca	Dacorum Athletic Club
5	143	13.2	Boylan	Maizie	Great Yarmouth & District AC
6	180	13.7	Watkinson	Ella	Cambridge & Coleridge AC
7	149	14.3	Daniels	Grace	Saint Edmund Pacers

Under 15 Girls 200M Final (-1.8)

1	165	25.98	Nacca	Lila-Belle	Cambridge & Coleridge AC
2	137	26.60	Allen	Lyric	West Suffolk AC
3	154	27.17	Elouassi	Aisha	City Of Norwich AC
4	169	27.20	Patrick	Maisie	City Of Norwich AC
5	143	27.71	Boylan	Maizie	Great Yarmouth & District AC
6	166	30.76	Newman	Izzie	Huntingdonshire AC

Under 15 Girls 200M Heat 1 (-1.7)

1	165	26.66	Nacca	Lila-Belle	Cambridge & Coleridge AC
2	143	28.21	Boylan	Maizie	Great Yarmouth & District AC
3	155	29.09	Fielding	Amy	Great Yarmouth & District AC
4	166	31.34	Newman	Izzie	Huntingdonshire AC
5	167	32.35	Newton	Maisie	St Albans AC

Under 15 Girls 200M Heat 2 (+0.5)

1	137	26.77	Allen	Lyric	West Suffolk AC
2	154	27.11	Elouassi	Aisha	City Of Norwich AC
3	169	27.14	Patrick	Maisie	City Of Norwich AC
4	180	29.09	Watkinson	Ella	Cambridge & Coleridge AC

Under 15 Girls 300M Final

1	140	43.67	Barton	Eva	West Suffolk AC
2	142	44.70	Botheras	Bethany	Herts Phoenix AC
3	176	45.44	Sutcliffe	Georgia	Stevenage & North Herts AC
4	144	46.06	Burton	Lily	Ipswich Harriers
5	167	49.95	Newton	Maisie	St Albans AC
6	181	50.88	Winstanley	Alice	Saint Edmund Pacers

EASTERN AA CHAMPIONSHIPS - 2022

Under 15 Girls 800M Final

1	140	02:20.7	Barton	Eva	West Suffolk AC
2	177	02:22.4	Thompson	Lucy	Colchester & Tendring AC
3	150	02:25.1	Davies	Bethan	Chelmsford AC
4	163	02:29.4	McCluskey	Caitlin	Cambridge & Coleridge AC
5	144	02:30.0	Burton	Lily	Ipswich Harriers
6	164	02:34.4	Mears	Ava	North Norfolk Harriers Athletics Club
7	140	02:55.2	Barton	Eva	West Suffolk AC
8	141	03:11.7	Baynes	Hollie	Huntingdonshire AC

Under 15 Girls 1500M Final

1	151	4:52.19	Dickety	Rosie	North Norfolk Harriers Athletics Club
2	178	4:52.68	Valentine	Verity	Saint Edmund Pacers
3	175	5:01.35	Stollery	Daisy	Chelmsford AC
4	181	5:25.98	Winstanley	Alice	Saint Edmund Pacers
5	153	5:36.53	Edridge	Eloise	North Norfolk Harriers Athletics Club
6	138	6:04.54	Allen	Olivia	North Norfolk Harriers Athletics Club

Under 15 Girls 75M Hurdles Final -1.7)

1	179	11.26	Wagstaff	Leah	Cambridge & Coleridge AC
2	174	11.87	Slater	Sienna	Peterborough & Nene Valley AC
3	143	12.20	Boylan	Maizie	Great Yarmouth & District AC
4	147	12.39	Coshell	Alice	Thurrock Harriers
5	172	12.45	Scott	Amelie	Chelmsford AC
6	159	13.45	Heath	Jessica	Basildon AC
7	170	13.52	Pittman	Francesca	Huntingdonshire AC

Under 15 Girls High Jump Final

1	139	1.55	Bailey	Emily	Basildon AC
2	161	1.50	Horn	Amelie	Herts Phoenix AC
3	171	1.45	Robinson	Scarlet	Basildon AC

Under 15 Girls Long Jump Final

1	157	4.97	Hancock	Caitlin	Woodford Green AC with Essex Ladies
2	168	4.92	Owen	Rebecca	Dacorum Athletic Club
3	147	4.91	Coshell	Alice	Thurrock Harriers
4	179	4.84	Wagstaff	Leah	Cambridge & Coleridge AC
5	145	4.59	Clark	Florence	West Suffolk AC

Under 15 Girls Triple Jump Final

1	139	10.20	Bailey	Emily	Basildon AC
2	171	10.12	Robinson	Scarlet	Basildon AC
3	172	9.74	Scott	Amelie	Chelmsford AC
4	145	9.61	Clark	Florence	West Suffolk AC
5	170	9.07	Pittman	Francesca	Huntingdonshire AC
6	159	8.67	Heath	Jessica	Basildon AC

Under 15 Girls Pole Vault Final

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Under 15 Girls Javelin Final

1	146	31.64	Coote	Lilymae	Great Yarmouth & District AC
2	154	22.92	Elouassi	Aisha	City Of Norwich AC
3	147	17.44	Coshell	Alice	Thurrock Harriers

Under 15 Girls Discus Final

1	146	25.18	Coote	Lilymae	Great Yarmouth & District AC
2	160	24.65	Hewitt	Matilda	Chelmsford AC
3	156	21.62	Frost	Lily	Chelmsford AC
4	141	17.61	Baynes	Hollie	Huntingdonshire AC
5	162	17.14	Imhagwe	Naomi	Cambridge & Coleridge AC

Under 15 Girls Hammer Final

1	146	31.94	Coote	Lilymae	Great Yarmouth & District AC
2	160	24.72	Hewitt	Matilda	Chelmsford AC

Under 15 Girls Shot Putt Final

1	160	10.35	Hewitt	Matilda	Chelmsford AC
2	141	7.49	Baynes	Hollie	Huntingdonshire AC
3	162	6.75	Imhagwe	Naomi	Cambridge & Coleridge AC

EASTERN AA CHAMPIONSHIPS - 2022

Under 13 Girls 100M Final (0)

1	95	13.88	Hall	Jaya	Luton Athletic Club
2	98	14.14	Johnson	Rebecca	West Norfolk AC
3	101	14.40	Opaleye	Anjola	Huntingdonshire AC
4	85	14.42	Akay	Sureyya	Biggleswade AC
5	105	14.70	Storari	Aliah	Chelmsford AC
6	99	14.72	Lesniak	Mia	West Norfolk AC
7	104	15.14	Saliba	Lily-rose	Great Yarmouth & District AC

Under 13 Girls 200M Final (+0.4)

1	95	29.37	Hall	Jaya	Luton Athletic Club
2	86	32.37	Bailey	Ava	Basildon AC
3	104	34.74	Saliba	Lily-rose	Great Yarmouth & District AC

Under 13 Girls 800M Final

1	87	02:37.5	Bakler-Kugler	Dorka	Basildon AC
2	94	02:39.3	Guthrie-Brown	Tiggy	Kettering Town Harriers
3	93	02:48.2	Ganley	Lily	City Of Norwich AC
4	103	02:57.2	Roberts	Eleanor	Stevenage & North Herts AC

Under 13 Girls 70M Hurdles Final (+0)

1	102	11.84	Pugsley	Amy	Southend On Sea AC
2	91	12.57	Clarke	Chelsea	Thurrock Harriers
3	100	12.83	Mardle	Jennifer	City Of Norwich AC
4	99	12.84	Lesniak	Mia	West Norfolk AC
5	98	13.52	Johnson	Rebecca	West Norfolk AC
6	93	13.53	Ganley	Lily	City Of Norwich AC
7	105	DNF	Storari	Aliah	Chelmsford AC

Under 13 Girls Long Jump Final

1	102	4.45	Pugsley	Amy	Southend On Sea AC
2	91	4.45	Clarke	Chelsea	Thurrock Harriers
3	93	4.12	Ganley	Lily	City Of Norwich AC
4	105	3.98	Storari	Aliah	Chelmsford AC
5	96	3.98	Horn	Eloise	Herts Phoenix AC
6	100	3.97	Mardle	Jennifer	City Of Norwich AC
7	86	3.95	Bailey	Ava	Basildon AC
8	106	3.66	Treece	Fenya	Biggleswade AC
9	101	3.65	Opaleye	Anjola	Huntingdonshire AC
10	85	3.47	Akay	Sureyya	Biggleswade AC

Under 13 Girls Shot Putt Final

1	99	7.00	Lesniak	Mia	West Norfolk AC
2	101	6.89	Opaleye	Anjola	Huntingdonshire AC
3	91	6.60	Clarke	Chelsea	Thurrock Harriers
4	100	5.91	Mardle	Jennifer	City Of Norwich AC
5	85	5.80	Akay	Sureyya	Biggleswade AC
6	89	5.55	Botheras	Jessica	Herts Phoenix AC
7	88	5.11	Blake	Esa	Biggleswade AC
8	86	5.02	Bailey	Ava	Basildon AC