

Senior Men - 100m
CBP = 10.6

T09-B
Grame Welsh Border Harriers 1998

Posn. No.	Forename	Surname	Club	Time
1	133	Reece	STALKER Seaton AC	11.5
2	128	Daniel	SHUTTLEWORTH Kendal AAC	12.0
3	10	David	BARLOW Kendal AAC	13.6

Senior Women - 100m
CBP = 11.8

T08-C
A. Thompson Sale Harriers 1993

Posn. No.	Forename	Surname	Club	Time
1	75	Angela	KELLY Giffnock North AAC	16.1

Senior Men - 200m
CBP = 21.6

T34-B
G. Patterson ESH 1987

Posn. No.	Forename	Surname	Club	Time
1	133	Reece	STALKER Seaton AC	23.2

Senior Men - 800m
CBP = 1.52.9

T18-C
Christopher McGeor CASA 1983

Posn. No.	Forename	Surname	Club	Time
1	108	David	PRIESTLEY Northern Masters	2.59.4

Senior Men - 1500m
CBP = 3.58.6

T40-C
Sam Nicholson Seaton AC 2015

Posn. No.	Forename	Surname	Club	Time
1	41	Mark	EMMERSON Border H	4.25.5
2	145	Joe	TODD Kendal AAC	4.57.5

Senior Women - 1500m
CBP = 4.36.3

T39-C
S. Sharpe Carlisle Aspatria 1992

Posn. No.	Forename	Surname	Club	Time
1	144	Fiona	TODD Border H	5.32.4
2	61	Ruth	HETHERINGTON Border H	5.40.2

Senior Men - 5000m
CBP = 14.15.8

T10-B
A. Taylor Kendal AAC 1985

Posn. No.	Forename	Surname	Club	Time
1	40	James	DOUGLAS Border H	15.36.7
2	115	Alasdair	RUSSELL Kendal AAC	15.52.7
3	68	Tom	HUMPHRIES Border H	15.58.8
4	41	Mark	EMMERSON Border H	16.00.0
5	107	Nathan	POSTILL Border H	16.07.0
6	28	Harry	BUTLER Border H	16.10.7
7	79	Harry	LANCASTER Eden R	16.23.8
8	54	Julian	HATCHER Border H	16.41.7
9	80	Ross	LANDON Border H	17.01.0
10	125	Rick	SHEPLEY Border H	17.19.9
11	82	Jonny	LOWE Border H	18.14.1
12	106	David	POSTILL Carlisle Tri Club	19.45.9

Senior Women - 3000m
CBP = 10.29.7

T27
S. Sharpe Carlisle Aspatria 1986

Posn. No.	Forename	Surname	Club	Time
1	144	Fiona	TODD Border H	10.57.5
2	131	Fiona	SMITH Border H	11.01.8

Senior Women - Javelin
600g CBP = 47.96

F02-D
Caroline White Border Harriers 1987

Posn. No.	Forename	Surname	Club	Distance
1	132	Natalie	STAINTON Cleethorpes AC	28.45

Senior Men - Discus F13-C Final
2.00k CBP = 51.4 Alessandro Morgant Border Harriers 2009

Posn. No.	Forename	Surname	Club	Distance	
1	110	Mark	QUIGLEY	Seaton AC	42.17
2	96	Alessandro	MORGANELLA	Liverpool Harriers	40.05

Senior Women - Shot Putt F11-D Final
4.00k CBP = 12.93 J. Thompson Sale Harriers 1989

Posn. No.	Forename	Surname	Club	Distance	
1	132	Natalie	STANTON	Cleethorpes AC	7.84

Senior Men - Hammer F01-D Final
7.26k CBP = 57.74 Nick Miller Border Harriers 2011

Posn. No.	Forename	Surname	Club	Distance	
1	47	Danny	GRACIE	Border H	49.2

U20 Women - 100m T08-B Final
CBP = 12.5 Maria Morganela Border Harriers 1998

Posn. No.	Forename	Surname	Club	Time	
1	11	Lisa	BARLOW	Kendal AAC	13.1
2	17	Melissa	BILLS	Border H	13.3

U20 Women - 200m T33-B Final
CBP = 25.7 Maria Morganela Border Harriers 1998

Posn. No.	Forename	Surname	Club	Time	
1	17	Melissa	BILLS	Border H	26.7
2	11	Lisa	BARLOW	Kendal AAC	26.7
3	70	Abigail	IREDALE	Copeland AC	27.5

U20 Men - 400m T45-B Final
CBP = 49.7 B. Bell Cumberland 1984

Posn. No.	Forename	Surname	Club	Time	
1	136	Finlay	STARKIE	Copeland AC	52.1

U20 Women - 400m T44 Final
CBP = 60.1 Rebecca Martindale Border Harriers 1999

Posn. No.	Forename	Surname	Club	Time	
1	70	Abigail	IREDALE	Copeland AC	64.2
2	6	Jemma	ATKINSON	Seaton AC	64.8

U20 Men - 800m T18-B Final
CBP = 1.53.5 P. Hackley Derwent 1990

Posn. No.	Forename	Surname	Club	Time	
1	105	Dylan	OWENS	Seaton AC	2.10.5

U20 Women - 800m T17-B Final
CBP = 2.20.9 Philippa McCreagh Gateshead H 1997

Posn. No.	Forename	Surname	Club	Time	
1	6	Jemma	ATKINSON	Seaton AC	2.26.7
2	65	Alex	HOLMES	Border H	2.27.6

U20 Men - 1500m

CBP = 3.54.6

Paul Taylor

T40-B
Copeland ACFinal
1984

Posn. No.	Forename	Surname	Club	Time	
1	143	Ashley	TODD	Border H	4.56.3

U20 Men - 5000m

T10-A

Final

Posn. No.	Forename	Surname	Club	Time	
1	143	Ashley	TODD	Border H	17.57.0

U20 Women - 400m Hurdles

CBP = 76.4

Lynsey Gardner

T01

Border Harriers

Final

1998

Posn. No.	Forename	Surname	Club	Time	CBP	
1	17	Melissa	BILLS	Border H	72.8	CBP

U20 Men - Discus

1.75k; CBP = 49.88

M. Quigley

F13-B
Copeland ACFinal
1993

Posn. No.	Forename	Surname	Club	Distance	
1	37	Luke	DAWSON	Carlisle A	34.64
2	64	Aaron	HOLLIDAY	Carlisle A	25.84

U20 Men - Shot Putt

6.00k; CBP = 15.16

S. Matthews

F07-C
Kendal AACFinal
1990

Posn. No.	Forename	Surname	Club	Distance	
1	37	Luke	DAWSON	Carlisle A	11.00
2	64	Aaron	HOLLIDAY	Carlisle A	9.84

U20 Men - Hammer

6.00k; CBP = 65.06

Nick Miller

F01-C
Border HarriersFinal
2011

Posn. No.	Forename	Surname	Club	Distance	
1	76	Damon	KING	Border H	48.51
2	64	Aaron	HOLLIDAY	Carlisle A	45.80

U17 Men - 100m

CBP = 11.0

Benjamin Lyall-Smitl

T09-A
Seaton ACFinal
2015

Posn. No.	Forename	Surname	Club	Time	
1	14	James	BELL	Carlisle A	11.8
2	123	Lucas	SEAL	Barrow & FS	12.3

U17 Women - 100m

CBP = 12.1

K. Donnan

T08-A

Seaton AC

Final

1993

Posn. No.	Forename	Surname	Club	Time	
1	73	Kira	JONES	Kendal AAC	12.7
2	97	Katelyn	MORSON	Carlisle A	14.2

U17 Men - 200m

CBP = 22.0

Benjamin Lyall-Smitl

T34-A
Seaton ACFinal
2015

Posn. No.	Forename	Surname	Club	Time	
1	123	Lucas	SEAL	Barrow & FS	24.9

U17 Women - 200m

CBP = 25.5

D. Carrick

T33-A

Cumb

Final

1984

Posn. No.	Forename	Surname	Club	Time	
1	92	Ishana	MOHAN	Barrow & FS	29.1

U17 Men - 400m T45-A Final
CBP = 50.4 G. Pattinson Cumb 1984

Posn. No.	Forename	Surname	Club	Time
1	14	James	BELL Carlisle A	53.3
2	102	Ben	NUTTER Keswick AC	53.9

U17 Women - 300m T42 Final
CBP = 41.2 Abbie Hetherington Carlisle Aspatria 2012

Posn. No.	Forename	Surname	Club	Time
1	118	Clara	SAMSON Kendal AAC	42.7
2	92	Ishana	MOHAN Barrow & FS	45.7
3	58	Emily	HETHERINGTON Border H	49.7

U17 Men - 800m T18-A Final
CBP = 1.58.1 Alexander Birkett Kendal AAC 2015

Posn. No.	Forename	Surname	Club	Time
1	78	Alfie	LAMB Border H	2.04.8
2	102	Ben	NUTTER Keswick AC	2.11.5

U17 Women - 800m T17-A Final
CBP = 2.10.0 Abbie Hetherington Carlisle Aspatria 2012

Posn. No.	Forename	Surname	Club	Time
1	118	Clara	SAMSON Kendal AAC	2.24.5
2	18	Ebony	BLACKWELL Border H	2.25.1
3	149	Vicky	WOOF Kendal AAC	2.42.6
4	58	Emily	HETHERINGTON Border H	2.45.0

U17 Men - 1500m T40-A Final
CBP = 4.07.4 James Bowness Trafford 2008

Posn. No.	Forename	Surname	Club	Time
1	78	Alfie	LAMB Border H	4.22.5
2	55	Kai	HATCHER Border H	4.25.5
3	49	Archie	HARDING Eden R	4.53.0

U17 Women - 1500m T39-A Final
CBP = 4.31.4 Abbie Hetherington Carlisle Aspatria 2011

Posn. No.	Forename	Surname	Club	Time
1	13	Georgia	BELL Leven Valley	4.59.0

U17 Men - 3000m T15-C Final
CBP = 9.01.2 Martin Amor Copeland AC 1985

Posn. No.	Forename	Surname	Club	Time
1	56	Max	HAZLEHURST Leven Valley	11.00.7

U17 Women - 80m Hurdles T19 Final
CBP = 12.2 Anabelle Taylor Carlisle Aspatria 2019

Posn. No.	Forename	Surname	Club	Time
1	73	Kira	JONES Kendal AAC	12.7

U17 Women - Long Jump F04-C Final
CBP = 5.38 Maria Morganello Border Harriers 1996

Posn. No.	Forename	Surname	Club	Distance
1	73	Kira	JONES Kendal AAC	4.76
2	97	Katelyn	MORSON Carlisle A	4.35

U17 Men - High Jump F12-B Final
CBP = 1.95 N. Edwards Park Vale 1988

Posn. No.	Forename	Surname	Club	Height
1	25	Robert	BROWN Border H	1.51

U17 Women - High Jump F03-C Final
CBP = 1.68 Sandra Braithwaite Border Harriers 1984

Posn. No.	Forename	Surname	Club	Height
1	149	Vicky	WOOF Kendal AAC	1.35

U17 Men - Javelin					U17 Women - Javelin						
700g CBP = 64.07					500g CBP = 38.31						
Lee Doran					Emily Dibble						
F06-C Carlisle Aspatria					F02-C Carlisle Aspatria						
Final 2001					Final 2015						
Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance		
1	32	Dale	CLARK	Border H	1	118	Clara	SAMSON	Kendal AAC	32.17	
2	25	Robert	BROWN	Border H							
U17 Men - Discus					U17 Women - Discus						
1.50kg CBP = 41.44					1.00kg CBP = 36.58						
Danny Gracie					S. Coxon						
F13-A ADAC					F05-B J Ruskin S						
Final 2019					Final 1985						
Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance		
1	32	Dale	CLARK	Border H	1	127	Ellen	SHERWEN	Carlisle A	27.46	
					2	91	Jessica	MITCHINSON	Carlisle A	22.19	
					3	58	Emily	HETHERINGTON	Border H	20.75	
U17 Men - Shot Putt					U17 Women - Shot Putt						
5.00kg CBP = 13.80					3.00kg CBP = 12.50						
S. Matthews					Tara Simpson-Sulliv						
F07-B Kendal AAC					F11-B Carlisle Aspatria						
Final 1987					Final 2016						
Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance		
1	123	Lucas	SEAL	Barrow & FS	1	127	Ellen	SHERWEN	Carlisle A	10.27	
2	32	Dale	CLARK	Border H	2	91	Jessica	MITCHINSON	Carlisle A	8.30	
U17 Women - Hammer					U17 Women - Hammer						
3.00kg CBP = 57.19					3.00kg CBP = 57.19						
Tara Simpson-Sulliv					Tara Simpson-Sulliv						
F08-B Wigan H					F08-B Wigan H						
Final 2017					Final 2017						
Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance		
1	127	Ellen	SHERWEN	Carlisle A	1	127	Ellen	SHERWEN	Carlisle A	40.29	
2	91	Jessica	MITCHINSON	Carlisle A	2	91	Jessica	MITCHINSON	Carlisle A	31.94	
U15 Boys - 100m					U15 Girls - 100m						
CBP = 11.7					CBP = 12.4						
R. O'Keefe					K. Routledge						
T07 Barrow & Furness					T06-H1 Seaton AC						
Final 1993					Heat 1 1998						
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time		
1	100	Samuel	MRENGO	Seaton AC	1	62	Alyssa	HODGSON	Seaton AC	13.1	Q
2	71	Archie	IRVING	Carlisle A	2	98	Gretta	MORTON	Barrow & FS	13.9	Q
3	48	Jonty	HANSFORD	Eden R	3	84	Emilia	MACKMAN	Border H	14.0	q
4	38	Declan	DENWOOD	Seaton AC	4	15	Lucy	BELL	Carlisle A	14.2	q
					5	87	Macy	MCKELVEY	Copeland AC	14.3	
					6	129	Hannah	SISSON	Border H	15.2	
U15 Girls - 100m					U15 Girls - 100m						
CBP = 12.4					CBP = 12.4						
K. Routledge					K. Routledge						
T06-H2 Seaton AC					T06-H2 Seaton AC						
Heat 2 1998					Heat 2 1998						
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time		
1	22	Antonia	BROCKLEY	Annan & D	1	22	Antonia	BROCKLEY	Annan & D	13.6	Q
2	20	Eleanor	BRENCH	Kendal AAC	2	20	Eleanor	BRENCH	Kendal AAC	14.3	Q
3	114	Holly	ROBERTSON	Carlisle A	3	114	Holly	ROBERTSON	Carlisle A	14.8	
4	72	Holly	IVISON	Border H	4	72	Holly	IVISON	Border H	15.1	
5	142	Amelia	TODD	Border H	5	142	Amelia	TODD	Border H	15.2	

					U15 Girls - 100m				T14	Final		
					CBP = 12.4		K. Routledge		Seaton AC	1998		
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time			
1	62	Alyssa	HODGSON	Seaton AC	13.3							
2	22	Antonia	BROCKLEY	Annan & D	13.7							
3	98	Gretta	MORTON	Barrow & FS	14.0							
4	84	Emilia	MACKMAN	Border H	14.1							
5	15	Lucy	BELL	Carlisle A	14.1							
6	20	Eleanor	BRENCH	Kendal AAC	14.2							
U15 Boys - 200m							U15 Girls - 200m		T31-H1	Heat 1		
CBP = 23.7					James Spencer		Border Harriers		T31-H1	Heat 1		
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time			
1	100	Samuel	MRENGO	Seaton AC	25.0	1	62	Alyssa	HODGSON	Seaton AC	27.5	Q
2	71	Archie	IRVING	Carlisle A	25.1	2	98	Gretta	MORTON	Barrow & FS	28.5	Q
3	52	Ethan	HARVEY	Leven Valley	25.6	3	20	Eleanor	BRENCH	Kendal AAC	29.7	q
4	124	Harvey	SHAW	Kendal AAC	28.3	4	114	Holly	ROBERTSON	Carlisle A	29.9	
					5	129	Hannah	SISSON	Border H	32.9		
							U15 Girls - 200m		T31-H2	Heat 2		
					CBP = 26.0		A. Thompson		Kendal AAC	1988		
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time			
1	22	Antonia	BROCKLEY	Annan & D	28.4	1	62	Alyssa	HODGSON	Seaton AC	27.3	Q
2	93	Mahiya	MOHAN	Barrow & FS	28.9	2	22	Antonia	BROCKLEY	Annan & D	27.7	Q
3	138	Anna	THOMPSON	Border H	29.3	3	98	Gretta	MORTON	Barrow & FS	27.8	q
4	87	Macy	MCKELVEY	Copeland AC	30.4	4	93	Mahiya	MOHAN	Barrow & FS	28.3	
					5	138	Anna	THOMPSON	Border H	28.4		
					6	20	Eleanor	BRENCH	Kendal AAC	29.2		
U15 Boys - 300m							U15 Girls - 300m		T43	Final		
CBP = 38.7					Finlay Starkie		Copeland AC		T43	Final		
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time			
1	52	Ethan	HARVEY	Leven Valley	40.3	1	138	Anna	THOMPSON	Border H	47.1	
2	146	Joshua	TODD	Kendal AAC	40.7	2	84	Emilia	MACKMAN	Border H	48.9	
3	141	Alfie	TODD	Kendal AAC	43.1							

U15 Boys - 800m
CBP = 2.03.6
S. Robinson
T25
Carlisle Aspatria
Final
1992

Posn. No.	Forename	Surname	Club	Time
1	146	Joshua	TODD Kendal AAC	2.10.9
2	139	George	TIFFIN-LOWE Border H	2.14.4
3	141	Alfie	TODD Kendal AAC	2.19.4
4	147	John	WILLIAMSON Leven Valley	2.23.3
5	38	Declan	DENWOOD Seaton AC	2.26.1
6	124	Harvey	SHAW Kendal AAC	2.29.6

U15 Girls - 800m
CBP = 2.16.4
Olivia Mason
T24
Border Harriers
Final
2015

Posn. No.	Forename	Surname	Club	Time
1	134	Annabel	STARKIE Copeland AC	2.24.5
2	93	Mahiya	MOHAN Barrow & FS	2.26.3
3	148	Daisy	WOODCOCK Seaton AC	2.28.5
4	77	Lucy	KNOTT Carlisle A	2.32.5
5	34	Amelia	CONWAY Seaton AC	2.49.3

U15 Boys - 1500m
CBP = 4.24.7
A. Morrison
T38
Border Harriers
Final
1990

Posn. No.	Forename	Surname	Club	Time
1	2	Alfie	ADDISON Kendal AAC	4.42.4

U15 Girls - 1500m
CBP = 4.41.5
Abbie Hetherington
T37
Carlisle Aspatria
Final
2010

Posn. No.	Forename	Surname	Club	Time
1	59	Lucy	HETHERINGTON Border H	5.33.2
2	99	Honor	MORTON Barrow & FS	5.46.6

U15 Boys - 3000m
CBP = 9.26.7
Fraser Sproul
T15-B
Kendal AAC
Final
2018

Posn. No.	Forename	Surname	Club	Time
1	88	Will	MCNALLY Leven Valley	9.49.7

U15 Girls - 3000m
T15-A
Final

Posn. No.	Forename	Surname	Club	Time
1	117	Lily	SALT Eden R	14.01.8

U15 Girls - 75m Hurdles
CBP = 12.0
Kira Jones
T26
Kendal AAC
Final
2021

Posn. No.	Forename	Surname	Club	Time
1	23	Matilda	BROCKLEY Annan & D	12.6
2	15	Lucy	BELL Carlisle A	13.5
3	72	Holly	IVISON Border H	16.9

U15 Boys - Long Jump
CBP = 5.57
Mark Moore
F09-B
Barrow & Furness S 2002
Final

Posn. No.	Forename	Surname	Club	Distance
1	71	Archie	IRVING Carlisle A	5.19
2	48	Jonty	HANSFORD Eden R	4.86
3	2	Alfie	ADDISON Kendal AAC	3.94
4	38	Declan	DENWOOD Seaton AC	3.52
5	74	Tyrell	JONES Kendal AAC	3.49

U15 Girls - Long Jump
CBP = 5.21
M. Lishman
F04-B
CASA
Final
1998

Posn. No.	Forename	Surname	Club	Distance
1	23	Matilda	BROCKLEY Annan & D	4.86
2	84	Emilia	MACKMAN Border H	4.05
3	22	Antonia	BROCKLEY Annan & D	4.00
4	87	Macy	MCKELVEY Copeland AC	3.91
5	20	Eleanor	BRENCH Kendal AAC	3.72
6	129	Hannah	SISSON Border H	3.59
7	85	Millie	MACQUEEN Border H	3.49
8	72	Holly	IVISON Border H	3.28

U15 Boys - High Jump
CBP = 1.95
Richard Byers
F12-A
Seaton AC
Final
2005

Posn. No.	Forename	Surname	Club	Height
1	48	Jonty	HANSFORD Eden R	1.47
2	74	Tyrell	JONES Kendal AAC	1.20

U15 Girls - High Jump
CBP = 1.69
Stephanie Higham
F03-B
Carlisle Aspatria
Final
1998

Posn. No.	Forename	Surname	Club	Height
1	23	Matilda	BROCKLEY Annan & D	1.50
2	117	Lily	SALT Eden R	1.25
3	138	Anna	THOMPSON Border H	1.25

U15 Boys - Javelin 600g CBP = 46.20					F06-B Carlisle Aspatria	Final 1999	U15 Girls - Javelin 500g CBP = 36.76					F02-B Seaton AC	Final 2015
Posn. No.	Forename	Surname	Club	Distance			Posn. No.	Forename	Surname	Club	Distance		
1	50	Callum	HARROGATE	Border H	36.45		1	5	Zara	ARMSTRONG	Copeland AC	27.52	
							2	85	Millie	MACQUEEN	Border H	18.47	
							3	59	Lucy	HETHERINGTON	Border H	17.80	
U15 Boys - Discus 1.25kg CBP = 37.26					F10-B Barrow FS	Final 2017	U15 Girls - Discus 1.00kg CBP = 31.08					F05-A Seaton AC	Final 1987
Posn. No.	Forename	Surname	Club	Distance			Posn. No.	Forename	Surname	Club	Distance		
1	109	Ashton	QUIGLEY	Seaton AC	26.07		1	21	Anna	BROCKLEBANK	Carlisle A	18.24	
2	50	Callum	HARROGATE	Border H	25.81		2	59	Lucy	HETHERINGTON	Border H	15.14	
3	112	Joshua	REIBBITT	Carlisle A	21.71								
U15 Boys - Shot Putt 4.00kg CBP = 12.59					F07-A Carlisle Aspatria	Final 1997	U15 Girls - Shot Putt 3.00kg CBP = 11.01					F11-A Carlisle Aspatria	Final 2015
Posn. No.	Forename	Surname	Club	Distance			Posn. No.	Forename	Surname	Club	Distance		
1	112	Joshua	REIBBITT	Carlisle A	9.20		1	5	Zara	ARMSTRONG	Copeland AC	8.60	
2	50	Callum	HARROGATE	Border H	7.37		2	21	Anna	BROCKLEBANK	Carlisle A	6.35	
3	109	Ashton	QUIGLEY	Seaton AC	NT								
U15 Boys - Hammer 4.00kg CBP = 47.46					F01-A ADAC	Final 2017	U15 Girls - Hammer 3.00kg CBP = 41.74					F08-A Carlisle Aspatria	Final 2015
Posn. No.	Forename	Surname	Club	Distance			Posn. No.	Forename	Surname	Club	Distance		
1	112	Joshua	REIBBITT	Carlisle A	47.33		1	21	Anna	BROCKLEBANK	Carlisle A	29.17	
							2	85	Millie	MACQUEEN	Border H	24.90	
U13 Boys - 75m CBP = 10.2					T05 Border Harriers	Final 2019	U13 Girls - 75m CBP = 10.1					T04 Seaton AC	Final 2016
Posn. No.	Forename	Surname	Club	Time			Posn. No.	Forename	Surname	Club	Time		
1	45	Timothy	FUGGLE	Border H	11.1		1	31	Victoria	CHAPMAN	Border H	10.1	=CBP
2	7	Jack	BAILEY	Seaton AC	11.5		2	126	Martha	SHERIFFE	Eden R	11.0	
3	101	Oliver	MURPHY	Seaton AC	11.6		3	51	Grace	HARTLEY	Barrow & FS	11.4	
4	66	Benjamin	HOLMES	Carlisle A	11.7		4	44	Hannah	FRASER	Copeland AC	11.4	
							5	104	Jasmine	O'HAGAN	Copeland AC	11.6	
							6	103	Lorna	OAKLEY	Copeland AC	11.6	
							7	135	Bridget	STARKIE	Copeland AC	12.0	
							8	3	Freya	ADDISON	Kendal AAC	12.0	
U13 Boys - 150m CBP = 19.3					T30 Carlisle Aspatria	Final 2018	U13 Girls - 150m CBP = 20.2					T29 Seaton AC	Final 2021
Posn. No.	Forename	Surname	Club	Time			Posn. No.	Forename	Surname	Club	Time		
1	45	Timothy	FUGGLE	Border H	21.4		1	31	Victoria	CHAPMAN	Border H	20.2	=CBP
2	7	Jack	BAILEY	Seaton AC	22.5		2	51	Grace	HARTLEY	Barrow & FS	23.1	
3	66	Benjamin	HOLMES	Carlisle A	23.0		3	44	Hannah	FRASER	Copeland AC	23.1	
4	53	Kyran	HARVEY	Leven Valley	24.2		4	104	Jasmine	O'HAGAN	Copeland AC	24.2	
							5	103	Lorna	OAKLEY	Copeland AC	24.4	

U13 Boys - 800m
CBP = 2.19.3 S. Robinson T12 Carlisle Aspatria Final 1990

Posn. No.	Forename	Surname	Club	Time
1	140	Joseph	TINNISWOOD Keswick AC	2.26.8
2	60	Matthew	HETHERINGTON Border H	2.41.4
3	101	Oliver	MURPHY Seaton AC	2.41.9
4	53	Kyran	HARVEY Leven Valley	2.58.0

U13 Girls - 800m
CBP = 2.19.3 Olivia Mason T11 Border H Final 2014

Posn. No.	Forename	Surname	Club	Time
1	33	Anna	COBLEY Kendal AAC	2.32.0

U13 Boys - 1500m
CBP = 4.43.0 Samuel Almond T36 Eden Runners Final 2015

Posn. No.	Forename	Surname	Club	Time
1	122	Riley	SCOTT Leven Valley	5.13.9
2	46	Liam	FULTON Border H	5.27.1
3	121	Oliver	SCOTT Leven Valley	5.38.9
4	27	Gil	BURNS Border H	5.44.0
5	1	Seth	ABBEY Eden R	5.54.2

U13 Girls - 1500m
CBP = 4.53.5 Abbie Hetherington T35 Carlisle Aspatria Final 2008

Posn. No.	Forename	Surname	Club	Time
1	19	Penelope	BOYLE Leven Valley	5.02.4

U13 Boys - 75m Hurdles
CBP = 15.6 Samuel Almond T28 Eden Runners Final 2015

Posn. No.	Forename	Surname	Club	Time
1	46	Liam	FULTON Border H	18.3

U13 Girls - 70m Hurdles
CBP = 12.2 Aimee Broomby T16 Carlisle Aspatria Final 2019

Posn. No.	Forename	Surname	Club	Time
1	4	Millie	ALCOCK Carlisle A	15.7
2	3	Freya	ADDISON Kendal AAC	18.6

U13 Boys - Long Jump
CBP = 5.03 Brian Whitworth F09-A Border Harriers Final 1987

Posn. No.	Forename	Surname	Club	Distance
1	140	Joseph	TINNISWOOD Keswick AC	3.88
2	45	Timothy	FUGGLE Border H	3.86
3	7	Jack	BAILEY Seaton AC	3.70
4	122	Riley	SCOTT Leven Valley	3.64
5	121	Oliver	SCOTT Leven Valley	3.34
6	46	Liam	FULTON Border H	3.26
7	101	Oliver	MURPHY Seaton AC	3.13

U13 Girls - Long Jump
CBP = 4.56 J. Wilkinson F04-A Seaton AC Final 1988

Posn. No.	Forename	Surname	Club	Distance
1	19	Penelope	BOYLE Leven Valley	3.80
2	51	Grace	HARTLEY Barrow & FS	3.68
3	44	Hannah	FRASER Copeland AC	3.53
4	103	Lorna	OAKLEY Copeland AC	3.02
5	104	Jasmine	O'HAGAN Copeland AC	2.73

U13 Girls - High Jump
CBP = 1.46 J. Moore F03-A Seaton AC Final 1991

Posn. No.	Forename	Surname	Club	Height
1	31	Victoria	CHAPMAN Border H	1.45
2	19	Penelope	BOYLE Leven Valley	1.10
3	4	Millie	ALCOCK Carlisle A	1.05

U13 Boys - Javelin
400g CBP = 38.26 S. Little F06-A Derwent Final 1987

Posn. No.	Forename	Surname	Club	Distance
1	60	Matthew	HETHERINGTON Border H	11.31

U13 Girls - Javelin
400g CBP = 29.69 Rachael Fleary F02-A Carlisle Aspatria Final 2002

Posn. No.	Forename	Surname	Club	Distance
1	3	Freya	ADDISON Kendal AAC	10.06

U13 Boys - Discus

1.00kg CBP = 28.96

Christopher Orr	F10-A	Final
Carlisle Aspatria		1995

Posn. No.	Forename	Surname	Club	Distance
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1	60	Matthew	HETHERINGTON	Border H	11.89
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U11 Boys - 60m

T03 Final

Posn. No.	Forename	Surname	Club	Time	
1	89	Ewan	MITCHELL	Border H	9.6
2	81	Nathaniel	LEONARD	Eden R	10.0
3	26	Oliver	BUJOR	Eden R	10.3
4	57	Lewis	HEBDIGE	Eden R	10.7
5	24	William	BROUGH	Barrow & FS	12.3

U11 Girls - 60m

T02 Final

Posn. No.	Forename	Surname	Club	Time	
1	69	Jasmine	INGLEDOW	Carlisle A	9.4
2	94	Imogen	MOORE	Barrow & FS	9.4
3	43	Frankie	FOSTER	Carlisle A	10.0
4	42	May	ETHERIDGE	Carlisle A	10.3
5	95	Iyla	MORGAN	Seaton AC	10.4
6	35	Isabelle	COWARD	Barrow & FS	10.5

U11 Boys - 600m

T21 Final

Posn. No.	Forename	Surname	Club	Time	
1	89	Ewan	MITCHELL	Border H	2.01.5
2	81	Nathaniel	LEONARD	Eden R	2.09.3
3	24	William	BROUGH	Barrow & FS	2.24.1

U11 Girls - 600m

T20 Final

Posn. No.	Forename	Surname	Club	Time	
1	94	Imogen	MOORE	Barrow & FS	1.56.1
2	43	Frankie	FOSTER	Carlisle A	2.00.3
3	42	May	ETHERIDGE	Carlisle A	2.16.7
4	35	Isabelle	COWARD	Barrow & FS	2.26.7

U11 Boys - Long Jump

F14-B Final

Posn. No.	Forename	Surname	Club	Distance	
1	89	Ewan	MITCHELL	Border H	3.42
2	24	William	BROUGH	Barrow & FS	2.56

U11 Girls - Long Jump

F14-A Final

Posn. No.	Forename	Surname	Club	Distance	
1	69	Jasmine	INGLEDOW	Carlisle A	3.89
2	42	May	ETHERIDGE	Carlisle A	3.41
3	95	Iyla	MORGAN	Seaton AC	3.07
4	43	Frankie	FOSTER	Carlisle A	3.04
5	35	Isabelle	COWARD	Barrow & FS	2.71

David Harper Tarr Trophy Points.

2022

Club	Track	Field	Total
Border H	154	79	233
Carlisle A	56	87	143
Kendal AAC	78	24	102
Seaton AC	66	14	80
Barrow & FS	56	14	70
Leven Valley	42	10	52
Copeland AC	27	18	45
Eden R	29	9	38
Keswick AC	13	5	18
Sedbergh S RC	0	0	0