

	Bib number	Name	Club	Time
<b>U11 Male</b>				
	1	59 Toby Kitchin	Seaton Athletic Club	00:07:55
	2	54 Magnus Foxwell	Ambleside AC	00:07:57
	3	51 Seth Abbey	Eden Runners	00:08:08
	4	52 Gil Burns	Unattached	00:08:25
	5	56 Theo Harper	Seaton Athletic Club	00:08:47
	6	57 Kyran Harvey	Leven Valley AC	00:08:52
	7	55 Timothy Fuggle	Border Harriers & AC	00:09:08
	8	58 Luke Hetherington	Eden Runners	00:09:31
	9	60 Thomas Downie	Seaton Athletic Club	00:09:31
	10	53 Mark Evans	Eden Runners	00:09:39

**U11 Male Team Winner** Seaton Athletic Club

<b>U11 Female</b>				
	1	63 Isla Jebb	Helm Hill Runners	00:08:28
	2	66 Penelope Wadsworth	Helm Hill Runners	00:09:14
	3	65 Fay Thomas	Lancaster & Morecambe AC	00:09:15
	4	61 Freya Addison	Kendal Amateur AC	00:09:29
	5	67 Evie Youngman	Cumberland Fell Runners	00:09:48
	6	64 Evie Rolls	Keswick AC	00:11:28
	7	62 Isabelle Coward	Barrow & Furness Striders AC	00:12:01

**U11 Female Team Winner** N/a

<b>U13 Male</b>				
	1	76 Ethan Harvey	Leven Valley AC	00:10:38
	2	88 Ptolemy Evans	Eden Runners	00:10:45
	3	71 Toby Acland	Kendal Amateur AC	00:10:57
	4	87 Cooper Wadsworth	Helm Hill Runners	00:11:04
	5	72 Will Brayshaw	Helm Hill Runners	00:11:05
	6	86 Joseph Tinniswood	Keswick AC	00:11:07
	7	73 Daniel Davies	Eden Runners	00:11:09
	8	84 Harvey Shaw	Kendal Amateur AC	00:11:15
	9	83 Riley Scott	Leven Valley AC	00:11:28
	10	85 Jake Smith	Kendal Amateur AC	00:11:30
	11	80 Sam Oldham	Leven Valley AC	00:11:48
	12	81 Barnaby Parker	Eden Runners	00:11:54
	13	79 Keian McCombie	Eden Runners	00:12:10
	14	75 Reuben Eley	Leven Valley AC	00:12:13
	15	78 Dimitri Kyriacou	Leven Valley AC	00:12:15
	16	77 Matthew Hetherington	Border Harriers & AC	00:12:37
	17	89 Harry Goodman	Keswick AC	00:12:52
	18	82 Oliver Scott	Leven Valley AC	00:12:57

**U13 Male Team Winner** Kendal Amateur AC

Bib number	Name	Club	Time
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**U13 Female**

1	100 Lucy Hetherington	Border Harriers & AC	00:11:10
2	92 Penelope Boyle	Leven Valley AC	00:11:11
3	93 Zoe Brannon	Keswick AC	00:11:14
4	102 Millie Jebb	Kendal Amateur Athletic Club	00:11:22
5	91 Lucy Bell	Leven Valley AC	00:11:47
6	105 Daisy Woodcock	Seaton Athletic Club	00:12:06
7	103 Mahiya Mohan	Barrow & Furness Striders AC	00:12:17
7	96 Ruby Cosgrove	Sedbergh School Running Club	00:12:19
9	104 Lily Salt	Eden Runners	00:13:34
10	97 Anna Cunningham	Eden Runners	00:13:39
11	101 Holly Ivison	Border Harriers & AC	00:14:32

**U13 Female Team Winner**

N/a

**U15 Male**

1	124 Will McNally	Leven Valley AC	00:16:31
2	133 Noah Wadsworth	Kendal Amateur AC	00:16:49
3	121 Mylo Jewell	Cumberland Fell Runners	00:16:55
4	111 Alfie Addison	Kendal Amateur AC	00:17:18
5	129 George Tiffin-Lowe	Border Harriers & AC	00:17:19
6	120 Max Hazlehurst	Glaxo Hoad Hill Harriers	00:17:35
7	128 Aslak Rolfe	Eden Runners	00:17:43
8	134 Micah Wightman	Northern Fells	00:17:47
9	125 Ben Nutter	Keswick AC	00:18:13
10	118 Archie Harding	Eden Runners	00:18:18
11	126 Oliver Oldham	Leven Valley AC	00:18:23
12	135 John Williamson	Leven Valley AC	00:18:32
13	131 Joshua Todd	Kendal Amateur AC	00:18:53
14	130 Alfie Todd	Kendal Amateur AC	00:19:08
15	112 Louis Bigland	Kendal Amateur AC	00:19:15
16	115 Daniel Cooper	Keswick AC	00:19:17
17	116 Campbell Donnelly	Eden Runners	00:19:44
18	114 James Clarke	Leven Valley AC	00:19:53
19	127 Robert Pike	Leven Valley AC	00:21:29
20	113 Adam Borradaile	Eden Runners	00:22:02
21	119 Tom Haughan	Eden Runners	00:22:39

**U15 Male Team Winner**

Kendal Amateur AC

Bib number	Name	Club	Time
<b>U15 Female</b>			
1	146 Georgia Bell	Leven Valley AC	00:17:44
2	147 Kate Collin	Kendal Amateur AC	00:19:24
3	142 Marina Bailey	Leven Valley AC	00:19:27
4	155 Lara Smith	Kendal Amateur AC	00:19:30
5	154 Amara Rose	Eden Runners	00:19:55
6	150 Rose Gilldaley	Eden Runners	00:20:20
7	145 Erin Barry	Keswick AC	00:21:20
8	149 Grace Errington	Eden Runners	00:21:32
9	151 Madeleine Martindale	Kendal Amateur AC	00:21:52
10	144 Iona Barrowdale-Smith	Leven Valley AC	00:21:58
11	158 Olivia Swarbrick	Copeland AC	00:22:14
12	156 Grace Wells	Sedbergh School Running Club	00:22:46
13	157 Vicky Woof	Kendal Amateur AC	00:23:48
14	141 Thorburn Amelie	Eden Runners	00:24:49
15	153 Sienna Parker	Eden Runners	00:26:04

**U15 Female Team Winner** Kendal Amateur AC

<b>U17 Male</b>			
1	10 Daniel Richardson	Sedbergh School Running Club	00:17:56
2	1 Charlie Allmond	Ambleside AC	00:18:29
3	3 James Bowen	Kendal Amateur AC	00:19:35
4	2 Harry Bowen	Kendal Amateur AC	00:19:46
5	5 Kai Hatcher	Border Harriers & AC	00:19:49
6	9 Thomas Renwick	Eden Runners	00:20:08
7	12 Oliver Willetts	Eden Runners	00:20:19
8	8 Jacob Rankin	Eden Runners	00:20:25
9	13 Samuel Gunning	Sedbergh School Running Club	00:20:38
10	11 Ashley Todd	Border Harriers & AC	00:21:35
11	6 Joseph Nolan	Sedbergh School Running Club	00:22:13
12	7 Dylan Owens	Seaton Athletic Club	00:22:54
13	4 Luke Cosgrove	Sedbergh School Running Club	00:26:06

**U17 Male Team Winner** Eden Runners

<b>U17 Female</b>			
1	22 Jessica Bailey	Leven Valley AC	00:20:04
2	24 Jemima Berry	Sedbergh School Running Club	00:23:07
3	29 Gemma O'Dowd	Eden Runners	00:23:26
4	23 Isabelle Barley	Sedbergh School Running Club	00:24:04
5	27 Alex Holmes	Border Harriers & AC	00:24:26
6	26 Emily Hetherington	Border Harriers & AC	00:28:37
7	21 Rosa Arnold	Helm Hill Runners	00:29:16

**U17 Female Team Winner** N/a

	Bib number	Name	Club	Time
<b>U20 Male</b>				
	1	32 Ben O'Dowd	Eden Runners	00:35:40
	2	31 Scott Nutter	Keswick AC	00:36:50
	3	33 Robin Regan	Border Harriers & AC	00:38:06
	4	34 James Salt	Eden Runners	00:39:40
<b>U20 Male Team Winner</b>			N/a	
<b>U20 Female</b>				
	1	47 Anna Mason	Border Harriers & AC	00:32:31
	2	44 Amelie Marshall	Eden Runners	00:34:42
	3	45 Alicia Newing	Sedbergh School Running Club	00:36:02
	4	43 Holly Haywood	Sedbergh School Running Club	00:37:01
	5	41 Emily Barnard	Sedbergh School Running Club	00:37:20
	6	48 Emily Swarbrick	Copeland AC	00:40:05
<b>U20 Female Team Winner</b>			Sedbergh School Running Club	

Bib number	Name	Club	Time
<b>Senior Men</b>			
1	187 Christopher Richards	Salford Harriers & AC	00:34:14
2	174 Matthew Grieve	Leeds City Athletic Club	00:35:34
3	170 James Douglas	Border Harriers & Ac	00:35:36
4	164 John Battrick	Keswick AC	00:35:46
5	191 Sam Stead	Keswick AC	00:35:59
6	178 Tom Humphries	Border Harriers & AC	00:36:14
7	172 Matthew Elkington	Glaxo Hoad Hill Harriers	00:36:19
8	173 George Foster	Matlock Athletic Club	00:36:41
9	188 Alasdair Russell	Kendal Amateur AC	00:37:22
10	171 Oliver Dustin	Border Harriers & Ac	00:37:48
11	177 Josh Hartley	Glaxo Hoad Hill Harriers	00:38:26
12	167 Reuben Copley	Lancaster University Running & /	00:39:20
13	190 Harry Stainton	Black Combe Runners	00:39:41
14	196 Stephen Weston	Border Harriers & AC	00:40:45
15	193 Joe Todd	Kendal Amateur AC	00:41:39
16	197 Paul Graham	Netherhall AC	00:41:46
17	180 Ross Landon	Border Harriers & AC	00:41:54
18	189 Will Sisson	Kendal Amateur AC	00:42:49
19	198 Daniel Jones	Eden Runners	00:43:06
20	195 Richard Wells	Sedbergh School Running Club	00:43:39
21	162 Rory Anderson	Glaxo Hoad Hill Harriers	00:43:45
22	181 Jonny Lowe	Border Harriers & AC	00:44:31
23	169 Daniel Dalton	Coventry Godiva Harriers	00:45:31
24	175 Stephen Hackley	Derwent AC Cockermouth	00:46:02
25	184 David McCabe	Trawden Athletic Club	00:46:06
26	163 James Bailey	Leven Valley AC	00:46:52
27	168 Robert Daley	Eden Runners	00:48:04
28	199 Paul Mann	Kendal Amateur AC	00:49:34
29	183 Chris Mathieson	Derwent AC Cockermouth	00:50:15
30	194 Jonathan Tombs	Eden Runners	00:52:46
31	166 Keith Conway	Glaxo Hoad Hill Harriers	00:53:56

**Senior Men Team Winner**

Border Harriers & Ac

Bib number	Name	Club	Time
<b>Senior Women</b>			
1	211 Scout Adkin	Ambleside AC	00:29:17
2	232 Katherine Maltby	Bristol and West AC	00:29:51
3	214 Rachel Brown	Western Tempo	00:30:45
4	220 Camilla McKnespiey	Border Harriers & AC	00:31:33
5	213 Lauren Booth	Glaxo Hoad Hill Harriers	00:34:59
6	229 Fiona Todd	Border Harriers & AC	00:35:08
7	228 Annika Stumpf	DH Runners	00:35:08
8	234 Sally Braithwaite	Eden Runners	00:35:18
9	227 Fiona Smith	Border Harriers & AC	00:36:00
10	218 Ruth Hetherington	Border Harriers & AC	00:38:15
11	226 Emma Nielsen	Eden Runners	00:38:34
12	217 Michelle Foxwell	Ambleside AC	00:39:05
13	222 Teresa Medley	Border Harriers & AC	00:39:31
14	224 Carolyn Millican	Border Harriers & AC	00:39:43
15	212 Leeann Barber	Cumberland AC	00:40:16
16	223 Katie Milburn	Eden Runners	00:40:20
17	225 Tash Mundell	Thames Valley Harriers	00:40:21
18	231 Justine Carruthers	Eden Runners	00:44:08
19	219 Rachel Mann	Kendal Amateur AC	00:44:33
20	215 Hazel Clark	Kendal Amateur AC	00:44:33
<b>Senior Women Team Winner</b>		Border Harriers & AC	