



Cockermouth 08/10/22

Bib number	Name	Club	Time	Start time	Actual Time
U9 Male					
1	6 Adam Horn	Eden Runners	00:03:07		00:03:07
2	10 Arthur Prosser George	Cumberland Fell Runners	00:03:12		00:03:12
3	2 Ed Burns	Unattached	00:03:14		00:03:14
4	12 Stephen Watson	Ambleside AC	00:03:30		00:03:30
5	8 Oscar King	Cumberland Fell Runners	00:03:41		00:03:41
6	7 Freddie King	Cumberland Fell Runners	00:03:53		00:03:53
7	3 Parker Dunlop	Unattached	00:04:17		00:04:17
8	11 Sullivan Vickers	Cumberland Fell Runners	00:04:20		00:04:20
9	9 Oliver Marshall	Ambleside AC	00:04:21		00:04:21
10	5 Jonny Frankham	Netherhall AC	00:04:29		00:04:29
11	13 Austin Ellis	Cumberland Fell Runners	00:04:33		00:04:33

Teams

1 Cumberland Fell Runners 13 pts

U9 Female

1	36 Lola Hodgson	Ambleside AC	00:03:27		00:03:27
2	37 Charlotte Mathieson	Cumberland Fell Runners	00:03:36		00:03:36
3	32 Maia Dacre	Helm Hill Runners	00:03:38		00:03:38
4	34 Jessica Ferris	Keswick AC	00:03:40		00:03:40
5	31 Charlotte Cueto	Unattached	00:03:49		00:03:49
6	39 Alana McMinnis	Blackpool Wyre & Fylde AC	00:03:51		00:03:51
7	33 Molly Dunlop	Unattached	00:04:17		00:04:17
8	41 Imogen Darcy	Unattached	00:05:31		00:05:31
9	35 Leah Hazlewood	Cumberland Fell Runners	00:05:36		00:05:36

Teams None



Cockermouth 08/10/22

Bib number	Name	Club	Time	Start time	Actual Time
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U11 Male

1	75 Harri Tancrel	Helm Hill Runners	00:06:01		00:06:01
2	71 Ewan Mitchell	Border Harriers & AC	00:06:03		00:06:03
3	61 Matthew Downie	Seaton Athletic Club	00:06:11		00:06:11
4	62 Thomas Downie	Seaton Athletic Club	00:06:18		00:06:18
5	64 Magnus Foxwell	Ambleside AC	00:06:21		00:06:21
6	72 Eli Platt	Unattached	00:06:30		00:06:30
7	74 Cameron Straughton	Unattached	00:06:39		00:06:39
8	79 Jack Farrell	Kendal Amateur Athletic Club	00:06:47		00:06:47
9	73 Reuben Prosser George	Cumberland Fell Runners	00:06:52		00:06:52
10	65 Oscar Frankham	Netherhall AC	00:06:54		00:06:54
11	70 Joey Marshall	Annan & District AC	00:06:57		00:06:57
12	67 Nathaniel Leonard	Eden Runners	00:07:02		00:07:02
13	77 Lucas Wright	Unattached	00:07:16		00:07:16
14	68 Bobby Liddle	Eden Runners	00:07:30		00:07:30
15	63 Mark Evans	Eden Runners	00:07:35		00:07:35
16	76 Robert Watson	Ambleside AC	00:07:42		00:07:42
17	80 Tom Wilkinson	Unattached	00:08:02		00:08:02
18	78 Samuel Youngman	Cumberland Fell Runners	00:10:42		00:10:42

Teams

1 Eden Runners 41 pts

U11 Female

1	99 Imogen Moore	Leven Valley AC	00:06:26		00:06:26
2	100 Mollie Phillips	Annan & District AC	00:06:50		00:06:50
3	98 Lily-rose McMinnis	Blackpool Wyre & Fylde AC	00:07:08		00:07:08
4	101 Fay Thomas	Lancaster & Morecambe AC	00:07:24		00:07:24
5	96 Alice Maddams	Keswick AC	00:07:36		00:07:36
6	92 Ava Cubbon	Annan & District AC	00:07:51		00:07:51
7	94 Freya Hodgson-Jones	Ambleside AC	00:08:04		00:08:04
8	97 Ivy Marshall	Ambleside AC	00:08:10		00:08:10
9	91 Molly Cosgrove	Netherhall AC	00:08:30		00:08:30

Teams None



Cockermouth 08/10/22

Bib number	Name	Club	Time	Start time	Actual Time
U13 Male					
1	131 Aston Stubbs	Annan & District AC	00:08:57		00:08:57
2	132 Mason Stubbs	Annan & District AC	00:09:08		00:09:08
3	127 Joe Green	Ambleside AC	00:09:25		00:09:25
4	135 Joe Farrell	Kendal Amateur Athletic Club	00:09:38		00:09:38
5	123 Gil Burns	Border Harriers & AC	00:09:42		00:09:42
6	124 Jamie Cueto	Seaton Athletic Club	00:09:50		00:09:50
7	129 Barnaby Parker	Eden Runners	00:09:53		00:09:53
8	121 Seth Abbey	Eden Runners	00:10:00		00:10:00
9	125 Luke Davison	Cumberland Fell Runners	00:10:17		00:10:17
10	130 Archie Platt	Unattached	00:10:35		00:10:35
11	128 Ethan Hughes Rudd	Cumberland Fell Runners	00:10:36		00:10:36
12	136 Monty Holmes	Keswick AC	00:12:19		00:12:19
13	122 Laurence Barratt	Unattached	00:12:39		00:12:39
14	134 F.D.	Ambleside AC	00:12:53		00:12:53

Teams None

U13 Female

1	166 Evie Youngman	Cumberland Fell Runners	00:10:21		00:10:21
2	164 Katelyn Douglas	Glaxo Hoad Hill Harriers	00:11:22		00:11:22
3	162 Lily Bleasdale	Annan & District AC	00:13:26		00:13:26
4	165 Kweeva Wylie	Unattached	00:19:34	00:02:50	00:16:44

Teams None



Cockermouth 08/10/22

Bib number	Name	Club	Time	Start time	Actual Time
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U15 Male

1	192 Alfie Addison	Kendal Amateur Athletic Club	00:10:58		00:10:58
2	200 George Tiffin-Lowe	Border Harriers & AC	00:11:10		00:11:10
3	197 Mylo Jewell	Cumberland Fell Runners	00:11:28		00:11:28
4	203 Micah Wightman	Keswick AC	00:11:29		00:11:29
5	202 Joshua Todd	Kendal Amateur Athletic Club	00:11:43		00:11:43
6	204 John Williamson	Leven Valley AC	00:11:54		00:11:54
7	201 Alfie Todd	Kendal Amateur Athletic Club	00:12:02		00:12:02
8	193 Will Brayshaw	Kendal Amateur Athletic Club	00:12:11		00:12:11
9	195 Daniel Davies	Eden Runners	00:12:20		00:12:20
10	194 Daniel Cooper	Keswick AC	00:12:29		00:12:29
11	191 Toby Acland	Kendal Amateur Athletic Club	00:12:34		00:12:34
12	196 Toby Davies	Eden Runners	00:12:51		00:12:51
13	198 Finley Richardson	Unattached	00:13:00		00:13:00

Teams

1 Kendal Amateur Athletic Club 13 pts

U15 Female

1	238 Daisy Woodcock	Seaton Athletic Club	00:12:43		00:12:43
2	232 Rose Gilldaley	Eden Runners	00:12:52		00:12:52
3	226 Marina Bailey	Leven Valley AC	00:12:56		00:12:56
4	239 Erin Barry	Keswick AC	00:13:15		00:13:15
5	228 Isla Birch	Unattached	00:14:01		00:14:01
6	233 Mahiya Mohan	Barrow & Furness Striders AC	00:14:10		00:14:10
7	231 Ellen Douglas	Leven Valley AC	00:14:14		00:14:14
8	236 Anna Thompson	Border Harriers & AC	00:14:20		00:14:20
9	230 Rosie Davies	Eden Runners	00:15:20		00:15:20
10	235 Sienna Parker	Eden Runners	00:16:45		00:16:45

Teams

1 Eden Runners 21 pts



Cockermouth 08/10/22

Bib number	Name	Club	Time	Start time	Actual Time
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U17 Male

1	268 Adam Varey	Border Harriers & AC	00:21:24	00:05:00	00:16:24
2	267 Alfie Lamb	Border Harriers & AC	00:21:46	00:05:00	00:16:46
3	266 Max Hazlehurst	Leven Valley AC	00:21:51	00:05:00	00:16:51
4	265 Kai Hatcher	Border Harriers & AC	00:22:25	00:05:00	00:17:25
5	263 Ned Hale	Eden Runners	00:22:58	00:05:00	00:17:58
6	262 Joshua Davies	Eden Runners	00:25:36	00:05:00	00:20:36
7	261 Neil Alexander	Annan & District AC	00:30:52	00:05:00	00:25:52

Teams

1	Border Harriers & AC	7 pts
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U17 Female

1	281 Ebony Blackwell	Border Harriers & AC	00:20:34		00:20:34
2	282 Catriona Cameron	Unattached	00:20:51		00:20:51
3	283 Ruth Walker	Unattached	00:22:49		00:22:49

Teams None



Cockermouth 08/10/22

	Bib number	Name	Club	Time	Start time	Actual Time
Senior Men						
	1	311 Jonathan Cox	Eden Runners	00:36:51	00:05:00	00:31:51
	2	322 Sam Holding	Cumberland Fell Runners	00:39:14	00:05:00	00:34:14
	3	318 Adam Frankham	Netherhall AC	00:39:58	00:05:00	00:34:58
	4	330 Russell Maddams	Keswick AC	00:40:09	00:05:00	00:35:09
	5	316 Tom Dunlop	Derwent AC Cockermouth	00:40:54	00:05:00	00:35:54
	6	319 Ryan Galea	Netherhall AC	00:40:59	00:05:00	00:35:59
	7	348 Joe Todd	Kendal Amateur Athletic Club	00:42:15	00:05:00	00:37:15
	8	352 Ian Renouf	Derwent AC Cockermouth	00:42:36	00:05:00	00:37:36
	9	333 Mark McBride	Derwent AC Cockermouth	00:42:40	00:05:00	00:37:40
	10	328 Jonny Lowe	Border Harriers & AC	00:42:56	00:05:00	00:37:56
	11	309 Shane Conway	Unattached	00:43:31	00:05:00	00:38:31
	12	302 Graham Airey	Keswick AC	00:43:37	00:05:00	00:38:37
	13	304 James Bailey	Leven Valley AC	00:43:46	00:05:00	00:38:46
	14	312 Robert Daley	Eden Runners	00:43:51	00:05:00	00:38:51
	15	355 Dougie Moore	Unattached	00:44:01	00:05:00	00:39:01
	16	326 Chris Knowles	Ellenborough AC	00:44:09	00:05:00	00:39:09
	17	310 Philip Cooper	Eden Runners	00:44:48	00:05:00	00:39:48
	18	324 Mike James	Keswick AC	00:44:58	00:05:00	00:39:58
	19	351 Darren Wylie	Ellenborough AC	00:45:21	00:05:00	00:40:21
	20	350 Martin Varey	Border Harriers & AC	00:45:42	00:05:00	00:40:42
	21	308 Matt Charlton	DH Runners	00:46:03	00:05:00	00:41:03
	22	320 Stephen Hackley	Derwent AC Cockermouth	00:46:28	00:05:00	00:41:28
	23	303 Michael Allison	Eden Runners	00:47:03	00:05:00	00:42:03
	24	346 Ryan Stoddart	Cumberland AC	00:47:49	00:05:00	00:42:49
	25	341 George Royston-Bishop	Derwent AC Cockermouth	00:47:55	00:05:00	00:42:55
	26	301 Ben Acton	Derwent AC Cockermouth	00:48:34	00:05:00	00:43:34
	27	343 Darryl Saunders	Keswick AC	00:48:51	00:05:00	00:43:51
	28	307 Tom Chapman	Derwent AC Cockermouth	00:49:07	00:05:00	00:44:07
	29	331 Chris Mathieson	Derwent AC Cockermouth	00:49:13	00:05:00	00:44:13
	30	323 Richard Jack	Derwent AC Cockermouth	00:49:17	00:05:00	00:44:17
	31	337 Mark Moore	DH Runners	00:49:19	00:05:00	00:44:19
	32	336 John Messenger	DH Runners	00:50:28	00:05:00	00:45:28
	33	349 Jonathan Tombs	Eden Runners	00:50:43	00:05:00	00:45:43
	34	306 David Bowness	Cumberland AC	00:50:47	00:05:00	00:45:47
	35	321 Ian Hewitt	Eden Runners	00:51:57	00:05:00	00:46:57
	36	305 Garry Bower	Eden Runners	00:53:06	00:05:00	00:48:06
	37	338 Mark Osborne	Eden Runners	00:53:27	00:05:00	00:48:27
	38	354 Ben Spencer	Cumberland Fell Runners	00:53:30	00:05:00	00:48:30
	39	340 Joseph Ritson	Derwent AC Cockermouth	00:54:05	00:05:00	00:49:05
	40	353 Daniel Crooks	Derwent AC Cockermouth	00:54:10	00:05:00	00:49:10
	41	335 Stuart McGurk	Kendal Amateur Athletic Club	00:56:10	00:05:00	00:51:10
	42	325 Andrew Kelly	Cumberland AC	00:57:21	00:05:00	00:52:21



Cockermouth 08/10/22

Bib number	Name	Club	Time	Start time	Actual Time
43	315 Nicholas Downes	Cumberland AC	00:58:41	00:05:00	00:53:41



Cockermouth 08/10/22

Bib number	Name	Club	Time	Start time	Actual Time
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Teams

1	Derwent AC Cockermouth		22 pts		
2	Eden Runners		32 pts		
3	Keswick AC		34 pts		
4	DH Runners		84 pts		
5	Cumberland AC		100 pts		



Cockermouth 08/10/22

Bib number	Name	Club	Time	Start time	Actual Time
Senior Women					
1	426 Sally Braithwaite	Eden Runners	00:41:16		00:41:16
2	448 Emma Nielsen	Eden Runners	00:42:43		00:42:43
3	423 Trudy Beetham	Keswick AC	00:43:02		00:43:02
4	437 Michelle Foxwell	Ambleside AC	00:43:14		00:43:14
5	421 Samantha Ayers	Keswick AC	00:44:53		00:44:53
6	428 Karen Bridge	Eden Runners	00:45:35		00:45:35
7	446 Katie Milburn	Eden Runners	00:45:51		00:45:51
8	454 Elizabeth Watson	Derwent AC Cockermouth	00:46:13		00:46:13
9	452 Debbie Walker	Derwent AC Cockermouth	00:46:39		00:46:39
10	449 Sophie Sinclair	Derwent AC Cockermouth	00:47:09		00:47:09
11	450 Suzanne Smith	Eden Runners	00:47:29		00:47:29
12	435 Heather Eccles	Eden Runners	00:47:33		00:47:33
13	424 Christel Bertrand	Eden Runners	00:47:40		00:47:40
14	439 Lisa Jackson	Eden Runners	00:48:24		00:48:24
15	444 Joanne McLeod	Glaxo Hoad Hill Harriers	00:48:44		00:48:44
16	429 Suzanne Budgett	Horwich R M I Harriers	00:49:03		00:49:03
17	425 Hannah Bradshaw	Tri-Lakeland	00:50:03		00:50:03
18	422 Leeann Barber	Keswick AC	00:50:16		00:50:16
19	438 Lindsey Frankham	Netherhall AC	00:52:43		00:52:43
20	455 Laura Wylie	Cumberland AC	00:55:02		00:55:02
21	447 Gina Mumford	Eden Runners	00:55:52		00:55:52
22	432 Jodie Cass	Eden Runners	00:55:55		00:55:55
23	453 Angela Watson	Eden Runners	00:56:11		00:56:11
24	436 Amy Elliott	Eden Runners	00:59:22		00:59:22
25	451 Kimberly Summers	Derwent AC Cockermouth	01:00:07		01:00:07
26	434 Rebecca Dunlop	Derwent AC Cockermouth	01:00:49		01:00:49
27	443 Fiona McKean	Eden Runners	01:07:43		01:07:43

Teams

1 Eden Runners	9 pts
2 Keswick AC	26 pts
3 Derwent AC Cockermouth	27 pts