

Under 11						
Pos	Race no.	Name	Gender	Cat	Club	Time
1	374	EUAN LAWTON	M	MU11	WARRINGTON A C	00:08:23
2	375	OLIVER DAVENPORT	M	MU11	WARRINGTON A C	00:08:30
3	273	GUS FRASER	M	MU11	VALE ROYAL AC	00:08:53
4	377	EDWARD WALKER	M	MU11	WARRINGTON A C	00:09:01
5	64	LAURENCE BROWN	M	MU11	CREWE AND NANTWICH AC	00:09:07
6	436	DYLAN GLEDHILL	M	MU11	WEST CHESHIRE ATHLETIC CLUB	00:09:18
7	65	CHARLIE SMITH	M	MU11	CREWE AND NANTWICH AC	00:09:27
8	276	ALEXANDER KRUIHOF	M	MU11	VALE ROYAL AC	00:09:30
9	439	HARLEY SCADENG	M	MU11	WEST CHESHIRE ATHLETIC CLUB	00:09:34
10	369	AMELIE JOHNSON	F	FU11	WARRINGTON A C	00:09:37
11	268	LILY COATES	F	FU11	VALE ROYAL AC	00:09:39
12	373	EVIE-MAY WILLIAMS	F	FU11	WARRINGTON A C	00:09:44
13	274	MATTIS KENNERLEY	M	MU11	VALE ROYAL AC	00:09:45
14	437	GEORGE GRIMSDITCH	M	MU11	WEST CHESHIRE ATHLETIC CLUB	00:09:46
15	430	HARRIET BEATTIE	F	FU11	WEST CHESHIRE ATHLETIC CLUB	00:09:52
16	60	BETHANY HALL	F	FU11	CREWE AND NANTWICH AC	00:09:57
17	367	EVA HAYES	F	FU11	WARRINGTON A C	00:10:08
18	438	HARRY MCKENNA	M	MU11	WEST CHESHIRE ATHLETIC CLUB	00:10:15
19	63	ELLIOTT BROWN	M	MU11	CREWE AND NANTWICH AC	00:10:20
20	524	JACOB CARLESS	M	MU11	CREWE AND NANTWICH AC	00:10:23
21	272	GEORGE BRIGHT	M	MU11	VALE ROYAL AC	00:10:24
22	282	OLIVER STUBBS	M	MU11	VALE ROYAL AC	00:10:24
23	266	MIA BROUGHTON	F	FU11	VALE ROYAL AC	00:10:28
24	61	FREYA HOWELLS	F	FU11	CREWE AND NANTWICH AC	00:10:35
25	431	ANNA BIRKETT-EVANS	F	FU11	WEST CHESHIRE ATHLETIC CLUB	00:10:40
26	130	ERIC DICKINSON	M	MU11	MACCLESFIELD HARRIERS & AC	00:10:46
27	435	AMELIA SNOWDEN	F	FU11	WEST CHESHIRE ATHLETIC CLUB	00:10:48
28	281	BILLY SPANN	M	MU11	VALE ROYAL AC	00:10:49
29	434	POPPY MCKENNA	F	FU11	WEST CHESHIRE ATHLETIC CLUB	00:10:56
30	371	GRACE RASHUD	F	FU11	WARRINGTON A C	00:11:06



Cheshire County Cross Country Championships

2022 RESULTS

31	271	AMY TURNER	F	FU11	VALE ROYAL AC	00:11:14
32	277	CHARLIE LATHAM	M	MU11	VALE ROYAL AC	00:11:15
33	370	ANNIE NOONE	F	FU11	WARRINGTON A C	00:11:20
34	368	INDIA HAYES	F	FU11	WARRINGTON A C	00:11:36
35	433	NIA MANSON	F	FU11	WEST CHESHIRE ATHLETIC CLUB	00:11:45
36	269	ISABELLE RENKEL	F	FU11	VALE ROYAL AC	00:11:49
37	215	GEORGIA DURRANT	F	FU11	SOUTH CHESHIRE HARRIERS	00:11:55
38	275	MATTHEW KNOX	M	MU11	VALE ROYAL AC	00:12:02
39	270	OLIVIA TICKELL	F	FU11	VALE ROYAL AC	00:12:02
40	267	ALICE BROWN	F	FU11	VALE ROYAL AC	00:12:12
41	372	APRIL RIMMER	F	FU11	WARRINGTON A C	00:12:15
42	280	NOAH SMITH	M	MU11	VALE ROYAL AC	00:12:16
43	432	CHARLOTTE FINEGAN	F	FU11	WEST CHESHIRE ATHLETIC CLUB	00:12:27
44	129	HOLLY WALKER	F	FU11	MACCLESFIELD HARRIERS & AC	00:12:34
45	279	JAMES MESSENGER	M	MU11	VALE ROYAL AC	00:13:03
46	131	FELIX HASLER	M	MU11	MACCLESFIELD HARRIERS & AC	00:14:28

Under 13

Pos	Race no.	Name	Gender	Cat	Club	Time
1	260	BEN KEELEY	M	MU13	TRAFFORD ATHLETIC CLUB	00:09:23
2	46	ARTHUR ELLIOTT	M	MU13	CITY OF STOKE AC	00:09:30
3	182	LIAM O'BRIEN	M	MU13	SALE HARRIERS MANCHESTER	00:09:30
4	107	THOMAS AMARAL	M	MU13	LEIGH HARRIERS & AC	00:09:37
5	521	BEN POLD	M	MU13	WIRRAL AC	00:09:43
6	452	DANIEL WALKER	M	MU13	WEST CHESHIRE ATHLETIC CLUB	00:09:55
7	133	JARED DICKINSON	M	MU13	MACCLESFIELD HARRIERS & AC	00:09:57
8	451	THOMAS RIMMER	M	MU13	WEST CHESHIRE ATHLETIC CLUB	00:10:00
9	453	NOAH WOOLGAR	M	MU13	WEST CHESHIRE ATHLETIC CLUB	00:10:01
10	183	DANIEL OAKES	M	MU13	SALE HARRIERS MANCHESTER	00:10:12
11	388	SEBASTIAN HAMPSON	M	MU13	WARRINGTON A C	00:10:13
12	390	ARCHIE MARWOOD	M	MU13	WARRINGTON A C	00:10:16
13	392	BENJAMIN WOODS	M	MU13	WARRINGTON A C	00:10:20



Cheshire County Cross Country Championships

2022 RESULTS

14	67	SAMUEL JAMES BRIGHTWELL	M	MU13	CREWE AND NANTWICH AC	00:10:27
15	293	SAMUEL CONKIE	M	MU13	VALE ROYAL AC	00:10:27
16	106	GABRIELLA TAYLOR	F	FU13	LEIGH HARRIERS & AC	00:10:28
17	132	HUGO BLACKWELL	M	MU13	MACCLESFIELD HARRIERS & AC	00:10:30
18	184	ED SPARK	M	MU13	SALE HARRIERS MANCHESTER	00:10:31
19	449	HUGO MCLINTOCK	M	MU13	WEST CHESHIRE ATHLETIC CLUB	00:10:35
20	300	HARRY WILLIAMSON	M	MU13	VALE ROYAL AC	00:10:38
21	298	ETHAN PRICE	M	MU13	VALE ROYAL AC	00:10:43
22	445	EMILIA PYPER	F	FU13	WEST CHESHIRE ATHLETIC CLUB	00:10:49
23	299	NOAH SIMPSON	M	MU13	VALE ROYAL AC	00:10:53
24	284	NANCY CARRINGTON	F	FU13	VALE ROYAL AC	00:10:54
25	379	ELLIE BARKER	F	FU13	WARRINGTON A C	00:10:57
26	382	EMILY KINSEY	F	FU13	WARRINGTON A C	00:10:59
27	286	ELLA HARVEY	F	FU13	VALE ROYAL AC	00:11:03
28	444	RUBY PHILLIPS	F	FU13	WEST CHESHIRE ATHLETIC CLUB	00:11:06
29	297	THOMAS MESSENGER	M	MU13	VALE ROYAL AC	00:11:08
30	443	HOLLY COATES	F	FU13	WEST CHESHIRE ATHLETIC CLUB	00:11:10
31	291	IMOGEN WARD	F	FU13	VALE ROYAL AC	00:11:11
32	381	CARA GREGORY	F	FU13	WARRINGTON A C	00:11:14
33	295	JOE GALVIN	M	MU13	VALE ROYAL AC	00:11:38
34	296	TOM JENKINS	M	MU13	VALE ROYAL AC	00:11:51
35	134	CEYHAN DIKEN	M	MU13	MACCLESFIELD HARRIERS & AC	00:11:55
36	389	DYLAN LANGLEY	M	MU13	WARRINGTON A C	00:11:59
37	447	THOMAS RENONDEAU	M	MU13	WEST CHESHIRE ATHLETIC CLUB	00:11:59
38	387	THOMAS DARBYSHIRE	M	MU13	WARRINGTON A C	00:12:02
39	446	ELEANOR WHEELER	F	FU13	WEST CHESHIRE ATHLETIC CLUB	00:12:05
40	383	SOPHIE PARKINSON	F	FU13	WARRINGTON A C	00:12:05
41	288	ALBA MARCH	F	FU13	VALE ROYAL AC	00:12:06
42	294	THOMAS GALE	M	MU13	VALE ROYAL AC	00:12:10
43	290	LEAH SMITH	F	FU13	VALE ROYAL AC	00:12:22
44	283	MARTHA BRIGHT	F	FU13	VALE ROYAL AC	00:12:30
45	378	SARAH ASHCROFT	F	FU13	WARRINGTON A C	00:12:30



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46	289	OLIVIA PROUDLOVE	F	FU13	VALE ROYAL AC	00:12:34
47	287	ROSE JHA	F	FU13	VALE ROYAL AC	00:12:59
48	385	EMMA WHISTON	F	FU13	WARRINGTON A C	00:12:59
49	380	ORLAITH CLARKE	F	FU13	WARRINGTON A C	00:12:59
50	442	GRACE ANDREWS	F	FU13	WEST CHESHIRE ATHLETIC CLUB	00:13:30
51	292	LAUREN WEEDALL	F	FU13	VALE ROYAL AC	00:13:35
52	450	EVAN MILLER	M	MU13	WEST CHESHIRE ATHLETIC CLUB	00:14:08
53	384	SINEAD GREGORY	F	FU13	WARRINGTON A C	00:14:21
54	285	ALEXIS EVERS	F	FU13	VALE ROYAL AC	00:14:36

Under 15

Pos	Race no.	Name	Gender	Cat	Club	Time
1	315	ROBERT PRICE	M	MU15	VALE ROYAL AC	00:16:22
2	464	LUKE PARKER	M	MU15	WEST CHESHIRE ATHLETIC CLUB	00:16:43
3	399	JACK MARWOOD	M	MU15	WARRINGTON A C	00:17:00
4	70	HARRY PARKER MCLAIN	M	MU15	CREWE AND NANTWICH AC	00:17:00
5	400	JACOB PRYOR	M	MU15	WARRINGTON A C	00:17:30
6	139	MICHAEL WOOD	M	MU15	MACCLESFIELD HARRIERS & AC	00:17:36
7	313	ALEX MACNAB	M	MU15	VALE ROYAL AC	00:17:38
8	311	RHYS BOWDEN	M	MU15	VALE ROYAL AC	00:17:40
9	316	THOMAS TAYLOR	M	MU15	VALE ROYAL AC	00:17:50
10	108	RHYS CROASDALE	M	MU15	LIVERPOOL HARRIERS & AC	00:18:16
11	312	THOMAS CORWOOD	M	MU15	VALE ROYAL AC	00:18:27
12	398	RORY GREGORY	M	MU15	WARRINGTON A C	00:18:34
13	396	IMOGEN WHARTON	F	FU15	WARRINGTON A C	00:18:43
14	186	JAMES O'BRIEN	M	MU15	SALE HARRIERS MANCHESTER	00:18:50
15	307	EVA JHA	F	FU15	VALE ROYAL AC	00:19:15
16	188	JOSEPH SPARK	M	MU15	SALE HARRIERS MANCHESTER	00:19:20
17	401	MATTHEW SEDDON	M	MU15	WARRINGTON A C	00:19:33
18	455	JESSICA LARK	F	FU15	WEST CHESHIRE ATHLETIC CLUB	00:19:34
19	402	THOMAS WELSBY	M	MU15	WARRINGTON A C	00:19:38
20	395	ALICE NICHOLSON	F	FU15	WARRINGTON A C	00:19:55



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2022 RESULTS

21	187	SAMUEL PEARCE	M	MU15	SALE HARRIERS MANCHESTER	00:20:09
22	463	ELLIS HANCOCK	M	MU15	WEST CHESHIRE ATHLETIC CLUB	00:20:22
23	462	ANDREW BARRATT	M	MU15	WEST CHESHIRE ATHLETIC CLUB	00:20:30
24	304	ERIN CARNEY	F	FU15	VALE ROYAL AC	00:20:36
25	138	MATTHEW WALKER	M	MU15	MACCLESFIELD HARRIERS & AC	00:20:43
26	306	SOPHIE HARDING	F	FU15	VALE ROYAL AC	00:20:47
27	397	THOMAS DAWSON	M	MU15	WARRINGTON A C	00:20:51
28	460	COSETTE WEARDEN	F	FU15	WEST CHESHIRE ATHLETIC CLUB	00:21:09
29	302	ZOE BROUGHTON	F	FU15	VALE ROYAL AC	00:21:18
30	457	AIMEE PHILLIPS	F	FU15	WEST CHESHIRE ATHLETIC CLUB	00:21:37
31	458	ISABELLA RIMMER	F	FU15	WEST CHESHIRE ATHLETIC CLUB	00:21:59
32	461	ELEANOR WILLIAMS	F	FU15	WEST CHESHIRE ATHLETIC CLUB	00:22:49
33	71	SAMUEL PICKERING	M	MU15	CREWE AND NANTWICH AC	00:23:09
34	318	EVAN WILLIAMS	M	MU15	VALE ROYAL AC	00:23:39
35	69	SOFIA PREECE	F	FU15	CREWE AND NANTWICH AC	00:23:46
36	303	LAVINIA BURKE	F	FU15	VALE ROYAL AC	00:23:58
37	310	ANNA SMITH	F	FU15	VALE ROYAL AC	00:23:58
38	68	CERYS HOWELLS	F	FU15	CREWE AND NANTWICH AC	00:24:34
39	309	ALEXANDRA SAYERS	F	FU15	VALE ROYAL AC	00:24:38
40	308	ISABELLE MAUNDRILL	F	FU15	VALE ROYAL AC	00:27:26
41	456	EMMA NEVETT	F	FU15	WEST CHESHIRE ATHLETIC CLUB	00:32:25

Under 17

Pos	Race no.	Name	Gender	Cat	Club	Time
1	469	JAMIE RICHARDSON	M	MU17	WEST CHESHIRE ATHLETIC CLUB	00:15:50
2	261	JAMES KNOCKTON	M	MU17	TRAFFORD ATHLETIC CLUB	00:16:21
3	326	DYLAN CARNEY	M	MU17	VALE ROYAL AC	00:16:33
4	330	JAKE WILSON	M	MU17	VALE ROYAL AC	00:16:46
5	522	WILLIAM SUTCLIFFE	M	MU17	WIRRAL AC	00:16:49
6	329	JACK O'REILLY	M	MU17	VALE ROYAL AC	00:17:09
7	470	HENRY ROBINSON	M	MU17	WEST CHESHIRE ATHLETIC CLUB	00:17:18
8	468	SAMMY HOLLINS	M	MU17	WEST CHESHIRE ATHLETIC CLUB	00:17:29



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9	17	SAM OLIVER	M	MU17	CHESTER TRIATHLON CLUB	00:17:36
10	322	GRACE ROBERTS	F	FU17	VALE ROYAL AC	00:17:47
11	189	CHARLIE TITTENSOR	M	MU17	SALE HARRIERS MANCHESTER	00:17:49
12	140	ROHAN JENSEN	M	MU17	MACCLESFIELD HARRIERS & AC	00:17:50
13	74	ISAAC LEYDON	M	MU17	CREWE AND NANTWICH AC	00:17:51
14	405	ORLA GREGORY	F	FU17	WARRINGTON A C	00:18:32
15	328	EWAN MACNAB	M	MU17	VALE ROYAL AC	00:18:35
16	143	AADI WHITLOCK	M	MU17	MACCLESFIELD HARRIERS & AC	00:18:43
17	319	ISOBEL ASHCROFT	F	FU17	VALE ROYAL AC	00:19:00
18	72	ELLIOT DAVIES-HAYES	M	MU17	CREWE AND NANTWICH AC	00:19:27
19	216	ANNIE LOWE	F	FU17	SOUTH CHESHIRE HARRIERS	00:19:56
20	327	MATTHEW HASLAM	M	MU17	VALE ROYAL AC	00:20:00
21	466	IMOGEN PUGHE	F	FU17	WEST CHESHIRE ATHLETIC CLUB	00:20:01
22	404	LUCIE DAVIES	F	FU17	WARRINGTON A C	00:20:04
23	320	ELLIE BUSHILL	F	FU17	VALE ROYAL AC	00:20:17
24	142	WILL NETTLE	M	MU17	MACCLESFIELD HARRIERS & AC	00:20:26
25	73	OLIVER IBBOTSON	M	MU17	CREWE AND NANTWICH AC	00:20:39
26	141	THOMAS DANIEL MARSH	M	MU17	MACCLESFIELD HARRIERS & AC	00:20:44
27	467	CARYS ROBERTS	F	FU17	WEST CHESHIRE ATHLETIC CLUB	00:20:50
28	465	JODI BEMAND	F	FU17	WEST CHESHIRE ATHLETIC CLUB	00:20:57
29	403	JOY ASHCROFT-CARTER	F	FU17	WARRINGTON A C	00:21:25
30	323	MOLLY ROBERTS	F	FU17	VALE ROYAL AC	00:23:05
31	406	MOLLY WORMALD	F	FU17	WARRINGTON A C	00:28:25

U20 Women

Pos	Race no.	Name	Gender	Cat	Club	Time
1	206	LARA CRAWFORD	F	FU20	SALFORD HARRIERS & AC	00:27:55
2	109	CHLOE LEATHER	F	FU20	LIVERPOOL PEMBROKE & SEFTON H AC	00:28:20
3	409	ELLEN TURNBULL	F	FU20	WARRINGTON A C	00:31:17
4	408	SIOBHAN GREGORY	F	FU20	WARRINGTON A C	00:34:45
5	471	LILY MOORHOUSE	F	FU20	WEST CHESHIRE ATHLETIC CLUB	00:36:32



Senior Women

Pos	Race no.	Name	Gender	Cat	Club	Time
1	338	ABIGAIL HOWARTH	F	FSEN	VALE ROYAL AC	00:25:54
2	344	AMELIA PETTITT	F	FSEN	VALE ROYAL AC	00:26:06
3	7	CAROL PARSONS	F	FV40	CHESHIRE DRAGONS	00:26:11
4	504	CLAIRE CLANCY	F	FV35	WILMSLOW RUNNING CLUB	00:27:01
5	342	KATE MOULDS	F	FSEN	VALE ROYAL AC	00:27:03
6	47	DONNA SHERWIN	F	FV40	CITY OF STOKE AC	00:27:07
7	343	SARAH MURPHY	F	FV40	VALE ROYAL AC	00:27:47
8	482	KATE TITLOW	F	FSEN	WEST CHESHIRE ATHLETIC CLUB	00:28:06
9	337	SARAH DUFOUR-JACKSON	F	FSEN	VALE ROYAL AC	00:28:32
10	9	LOUISA THOMPSON	F	FV40	CHESHIRE DRAGONS	00:28:33
11	221	KATIE LATHAM	F	FV35	SOUTH CHESHIRE HARRIERS	00:29:06
12	263	VICKI CRONIN	F	FSEN	TRAFFORD ATHLETIC CLUB	00:29:14
13	508	NICOLA REECE	F	FV35	WILMSLOW RUNNING CLUB	00:29:25
14	480	KEELY SMITH	F	FV35	WEST CHESHIRE ATHLETIC CLUB	00:29:30
15	506	DIANE MCVEY	F	FV45	WILMSLOW RUNNING CLUB	00:29:32
16	416	RACHEL MCQUILLAN	F	FSEN	WARRINGTON A C	00:29:54
17	336	HOLLIE CARRINGTON	F	FSEN	VALE ROYAL AC	00:30:14
18	6	HELEN HARRINGTON	F	FV40	CHESHIRE DRAGONS	00:30:32
19	155	FAYE SHARPLEY	F	FV35	MACCLESFIELD HARRIERS & AC	00:30:44
20	242	ALLISON GRUNDY	F	FV45	TATTENHALL RUNNERS	00:30:50
21	51	EMMA WESTON	F	FV50	CONGLETON HARRIERS	00:31:11
22	345	CLARA PETTITT	F	FSEN	VALE ROYAL AC	00:31:28
23	245	GEORGINA ROSS	F	FV45	TATTENHALL RUNNERS	00:31:46
24	191	HAYLEY ASHBY	F	FV40	SALE HARRIERS MANCHESTER	00:31:49
25	111	CLAIRE DEMAINE FARRELL	F	FV40	LYMM RUNNERS	00:31:53
26	348	CLAIRE THOMPSON	F	FV40	VALE ROYAL AC	00:32:00
27	25	ANNA WOOLGAR	F	FV45	CHESTER TRIATHLON CLUB	00:32:13
28	346	HELEN SMITH	F	FV50	VALE ROYAL AC	00:32:24
29	505	SHARON JOHNSTONE	F	FV45	WILMSLOW RUNNING CLUB	00:32:27
30	180	LUCY GLEAVE	F	FSEN	RUNNING BEAR	00:32:32



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31	335	LUCY BURCH	F	FSEN	VALE ROYAL AC	00:32:35
32	82	ALISON HALSALL	F	FV50	HELSEBY RUNNING CLUB	00:32:55
33	149	RACHAEL LAWGRANCE	F	FV40	MACCLESFIELD HARRIERS & AC	00:33:14
34	477	CLARE MALLON	F	FV45	WEST CHESHIRE ATHLETIC CLUB	00:33:32
35	158	REBECCA TILL	F	FV45	MACCLESFIELD HARRIERS & AC	00:33:35
36	415	FAYE LAWTON	F	FSEN	WARRINGTON A C	00:33:39
37	20	CAT OAKES	F	FV35	CHESTER TRIATHLON CLUB	00:33:59
38	87	JANE ASHBROOK	F	FV45	HELSEBY RUNNING CLUB	00:34:04
39	193	SIAN ROWLEY	F	FV40	SALE HARRIERS MANCHESTER	00:34:17
40	78	LAURA BAYNHAM-HUGHES	F	FV45	HELSEBY RUNNING CLUB	00:34:22
41	172	HELEN LONSDALE	F	FV40	NORTHWICH RUNNING CLUB	00:34:24
42	22	ELEANOR PERKINS	F	FSEN	CHESTER TRIATHLON CLUB	00:34:26
43	112	GERMAINE HOLMES	F	FV45	LYMM RUNNERS	00:34:29
44	116	GEORGINA WALKER	F	FV45	LYMM RUNNERS	00:34:35
45	192	SARAH GOULDEN	F	FSEN	SALE HARRIERS MANCHESTER	00:34:43
46	220	CLAIRE KIVLIN	F	FV40	SOUTH CHESHIRE HARRIERS	00:34:54
47	479	TRACI SHIPLEY	F	FV55	WEST CHESHIRE ATHLETIC CLUB	00:34:56
48	156	SUE STOCKDALE	F	FV45	MACCLESFIELD HARRIERS & AC	00:35:05
49	478	ELEANOR ROBINSON	F	FV45	WEST CHESHIRE ATHLETIC CLUB	00:35:08
50	18	GEMMA KELLY	F	FV35	CHESTER TRIATHLON CLUB	00:35:18
51	147	SALLYANN HALES	F	FV60	MACCLESFIELD HARRIERS & AC	00:35:22
52	154	SHAN PREECE	F	FSEN	MACCLESFIELD HARRIERS & AC	00:35:42
53	209	VICTORIA ESCOURT	F	FV35	SANDBACH STRIDERS	00:35:43
54	481	ANGELA TEGG	F	FV45	WEST CHESHIRE ATHLETIC CLUB	00:35:53
55	117	JODI WRIGLEY	F	FV40	LYMM RUNNERS	00:36:14
56	146	SIAN GULLIVER	F	FV35	MACCLESFIELD HARRIERS & AC	00:36:33
57	483	CLAIRE WILLIAMS	F	FV45	WEST CHESHIRE ATHLETIC CLUB	00:36:34
58	150	JOANNA MILES	F	FV55	MACCLESFIELD HARRIERS & AC	00:36:54
59	473	JANE BARKER	F	FV45	WEST CHESHIRE ATHLETIC CLUB	00:36:56
60	24	ROSEMARY SYMMS	F	FV65	CHESTER TRIATHLON CLUB	00:37:00
61	77	RACHEL ARNOLD	F	FV55	HELSEBY RUNNING CLUB	00:37:12
62	148	SARANYA HASLER	F	FV35	MACCLESFIELD HARRIERS & AC	00:37:15



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2022 RESULTS

63	341	DEBBIE MORETON	F	FV50	VALE ROYAL AC	00:37:17
64	243	SARAH QUINLAN	F	FV35	TATTENHALL RUNNERS	00:37:30
65	339	JAYNE LOMAX	F	FV50	VALE ROYAL AC	00:37:32
66	233	SUZY WILD	F	FV45	SPECTRUM STRIDERS	00:37:40
67	218	JENNIFER EDWARDS	F	FV60	SOUTH CHESHIRE HARRIERS	00:37:45
68	171	OLIVE BIGMORE	F	FV45	NORTHWICH RUNNING CLUB	00:37:59
69	414	ANNE GREGORY	F	FV50	WARRINGTON A C	00:38:02
70	79	SUE BUCK	F	FV55	HELSEBY RUNNING CLUB	00:38:04
71	81	VANESSA GRIFFITHS	F	FV55	HELSEBY RUNNING CLUB	00:38:22
72	110	JANE BURKE	F	FV60	LYMM RUNNERS	00:38:37
73	23	KAREN SMITH	F	FV45	CHESTER TRIATHLON CLUB	00:38:40
74	84	DEBBIE READ	F	FV60	HELSEBY RUNNING CLUB	00:38:49
75	157	HANNY STOCKMAN	F	FV55	MACCLESFIELD HARRIERS & AC	00:39:21
76	80	LESLEY FEAKES	F	FV55	HELSEBY RUNNING CLUB	00:39:21
77	217	SUZANNE DALE	F	FV40	SOUTH CHESHIRE HARRIERS	00:39:24
78	525	ALISON MORGAN	F	FV45	WARRINGTON ROAD RUNNERS	00:39:30
79	86	KATHRYN SCHOFIELD	F	FSEN	HELSEBY RUNNING CLUB	00:39:43
80	340	PAULA MANLEY	F	FV40	VALE ROYAL AC	00:40:00
81	474	DEBRA BEMAND	F	FV50	WEST CHESHIRE ATHLETIC CLUB	00:40:06
82	152	HOLLY NETTLE	F	FV45	MACCLESFIELD HARRIERS & AC	00:40:26
83	49	GEORGINA BUDD	F	FSEN	CONGLETON HARRIERS	00:40:41
84	173	RACHAEL MALONE	F	FV40	NORTHWICH RUNNING CLUB	00:41:40
85	151	BARBARA MURRAY	F	FV60	MACCLESFIELD HARRIERS & AC	00:41:54
86	145	JILL ABBOTT	F	FV55	MACCLESFIELD HARRIERS & AC	00:42:19
87	19	SALLY NAPTHEN	F	FV55	CHESTER TRIATHLON CLUB	00:42:43
88	179	KERRY GLEAVE	F	FV55	RUNNING BEAR	00:42:53
89	83	JACKIE KEASLEY	F	FV60	HELSEBY RUNNING CLUB	00:43:49
90	412	SHARON TAYLOR	F	FV50	WARRINGTON A C	00:44:15
91	113	CAROLYN SMITH	F	FV55	LYMM RUNNERS	00:44:17
92	208	LYNSEY ASTLES	F	FV45	SANDBACH STRIDERS	00:45:09
93	210	JAYNIE TURNER	F	FV35	SANDBACH STRIDERS	00:45:12
94	115	NICOLA VARKER	F	FV40	LYMM RUNNERS	00:49:06



95 211 KAREN WRIGHT F FV40 SANDBACH STRIDERS 00:57:53

U20 Men

Pos	Race no.	Name	Gender	Cat	Club	Time
1	262	FINLEY PROFFITT	M	MU20	TRAFFORD ATHLETIC CLUB	00:30:31
2	333	EDWARD PETTITT	M	MU20	VALE ROYAL AC	00:32:09
3	331	WILLIAM ASHFIELD	M	MU20	VALE ROYAL AC	00:32:25
4	332	AARON DOYLE	M	MU20	VALE ROYAL AC	00:34:22
5	144	LAURENCE MANLEY	M	MU20	MACCLESFIELD HARRIERS & AC	00:35:23
6	334	SAM STEPHENS	M	MU20	VALE ROYAL AC	00:36:32
7	411	JOE ROBERTS	M	MU20	WARRINGTON A C	00:36:35
8	472	PAUL MORRISON	M	MU20	WEST CHESHIRE ATHLETIC CLUB	00:41:41

Senior Men

Pos	Race no.	Name	Gender	Cat	Club	Time
1	523	ED SHEPHERD	M	MSEN	WOODFORD GREEN AC WITH ESSEX LADIES	00:29:39
2	362	RAIF SERIF	M	MU20	VALE ROYAL AC	00:30:55
3	205	JAMES WIGNALL	M	MSEN	SALE HARRIERS MANCHESTER	00:31:04
4	511	DANIEL BUNDRED	M	MSEN	WILMSLOW RUNNING CLUB	00:31:45
5	265	GAVIN TOMLINSON	M	MV40	TRAFFORD ATHLETIC CLUB	00:31:54
6	420	CAMERON FIELD	M	MSEN	WARRINGTON A C	00:32:13
7	418	JOSEPH BUCKLEY	M	MSEN	WARRINGTON A C	00:32:18
8	423	CHRIS STANFORD	M	MV40	WARRINGTON A C	00:32:21
9	365	NATHAN WILLIAMS	M	MSEN	VALE ROYAL AC	00:32:31
10	196	MATTHEW BARNES	M	MV40	SALE HARRIERS MANCHESTER	00:32:38
11	257	THOMAS LAMONT	M	MSEN	THAMES HARE & HOUNDS	00:32:44
12	214	LEWIS GREAVES	M	MSEN	SERPENTINE RC	00:32:46
13	353	ARUN DIGHT	M	MSEN	VALE ROYAL AC	00:32:55
14	53	TOM FELLBAUM	M	MSEN	CONGLETON HARRIERS	00:33:00
15	358	RYAN MOORE	M	MSEN	VALE ROYAL AC	00:33:06
16	424	JACK WADSWORTH	M	MSEN	WARRINGTON A C	00:33:19
17	498	DAVID SHEARER	M	MSEN	WEST CHESHIRE ATHLETIC CLUB	00:33:19



Cheshire County Cross Country Championships

2022 RESULTS

18	421	DANIEL FOX	M	MSEN	WARRINGTON A C	00:33:37
19	163	BILLY HICKS	M	MSEN	MACCLESFIELD HARRIERS & AC	00:33:54
20	486	THOMAS BOOTH	M	MSEN	WEST CHESHIRE ATHLETIC CLUB	00:34:00
21	491	NEIL FINEGAN	M	MV45	WEST CHESHIRE ATHLETIC CLUB	00:34:07
22	355	JAMES GRIFFITHS	M	MSEN	VALE ROYAL AC	00:34:24
23	500	GRAHAM WELLS	M	MV45	WEST CHESHIRE ATHLETIC CLUB	00:34:25
24	512	RICHARD COEN	M	MV40	WILMSLOW RUNNING CLUB	00:34:28
25	349	JOSH BETTELEY	M	MSEN	VALE ROYAL AC	00:34:30
26	232	MATTHEW TAYLOR	M	MV40	SOUTH CHESHIRE HARRIERS	00:34:43
27	259	MATTHEW MCDONNELL	M	MSEN	THAMES VALLEY HARRIERS	00:34:48
28	92	FRANK FITZPATRICK	M	MSEN	HELSEBY RUNNING CLUB	00:34:53
29	502	MICHAEL YOUNG	M	MSEN	WEST CHESHIRE ATHLETIC CLUB	00:35:12
30	198	KYLE FAIRCLOUGH	M	MSEN	SALE HARRIERS MANCHESTER	00:35:13
31	89	ANDREW BROOKSHAW	M	MSEN	HELSEBY RUNNING CLUB	00:35:24
32	425	DAVID WATSON	M	MV50	WARRINGTON A C	00:35:42
33	42	GEORGE STEELE	M	MSEN	CHESTER TRIATHLON CLUB	00:36:02
34	258	MATTHEW LYNAS	M	MV50	THAMES HARE & HOUNDS	00:36:14
35	39	SIMON OLIVER	M	MV45	CHESTER TRIATHLON CLUB	00:36:19
36	54	BRYAN LOMAS	M	MV50	CONGLETON HARRIERS	00:36:24
37	202	PAUL ROWLEY	M	MV40	SALE HARRIERS MANCHESTER	00:36:33
38	94	MIKE FRYER	M	MSEN	HELSEBY RUNNING CLUB	00:36:37
39	490	STEVEN FERNYHOUGH	M	MV40	WEST CHESHIRE ATHLETIC CLUB	00:36:40
40	225	STEVE CROWE	M	MSEN	SOUTH CHESHIRE HARRIERS	00:37:03
41	35	JONATHAN GIRVAN	M	MSEN	CHESTER TRIATHLON CLUB	00:37:03
42	484	DAVE ALEXANDER	M	MV50	WEST CHESHIRE ATHLETIC CLUB	00:37:14
43	239	WITOLD LASZCZ	M	MSEN	SPECTRUM STRIDERS	00:37:24
44	201	DUNCAN HILL	M	MV45	SALE HARRIERS MANCHESTER	00:37:25
45	199	TOM FORDYCE	M	MV45	SALE HARRIERS MANCHESTER	00:37:32
46	250	TOM LEATHER	M	MSEN	TATTENHALL RUNNERS	00:37:41
47	497	JAMES ROBINSON	M	MSEN	WEST CHESHIRE ATHLETIC CLUB	00:38:07
48	246	ROB ARDEN	M	MV40	TATTENHALL RUNNERS	00:38:11
49	33	SIMON ELLIS	M	MV55	CHESTER TRIATHLON CLUB	00:38:25



Cheshire County Cross Country Championships

2022 RESULTS

50	124	JACK PILKINGTON	M	MSEN	LYMM RUNNERS	00:38:29
51	167	MARK WALKER	M	MV40	MACCLESFIELD HARRIERS & AC	00:38:31
52	539	ALEX MASON	M	MV45	DELAMERE SPARTANS	00:38:33
53	118	STUART BERRY	M	MSEN	LYMM RUNNERS	00:38:34
54	128	THOMAS STORE	M	MV50	LYMM RUNNERS	00:38:41
55	212	MICK HUTCHINS	M	MV45	SANDBACH STRIDERS	00:38:45
56	499	DAVE SUTTON	M	MV45	WEST CHESHIRE ATHLETIC CLUB	00:38:46
57	493	NEIL HERSHAW	M	MV55	WEST CHESHIRE ATHLETIC CLUB	00:38:49
58	55	CHRIS MOSS	M	MV50	CONGLETON HARRIERS	00:38:57
59	488	ANDREW CLAGUE	M	MV50	WEST CHESHIRE ATHLETIC CLUB	00:39:13
60	224	RICHARD BAKER	M	MV45	SOUTH CHESHIRE HARRIERS	00:39:18
61	356	ROB MCBAIN	M	MV40	VALE ROYAL AC	00:39:25
62	428	STEVEN TRACEY	M	MSEN	WARRINGTON ROAD RUNNERS	00:39:29
63	91	CHRIS FITZPATRICK	M	MV45	HELSEBY RUNNING CLUB	00:39:30
64	16	ROSS MCNAIR	M	MSEN	CHESHIRE DRAGONS	00:39:33
65	363	IAN SIMPSON	M	MV50	VALE ROYAL AC	00:39:36
66	44	MICHAEL WARING	M	MV50	CHESTER TRIATHLON CLUB	00:39:42
67	125	PHIL ROWEN	M	MV45	LYMM RUNNERS	00:39:48
68	175	DAVE LEA	M	MV45	NORTHWICH RUNNING CLUB	00:39:50
69	510	TIM BILLINGTON	M	MV55	WILMSLOW RUNNING CLUB	00:39:50
70	103	COLIN THOMPSON	M	MV40	HELSEBY RUNNING CLUB	00:39:53
71	515	NICK JACKSON	M	MV50	WILMSLOW RUNNING CLUB	00:39:58
72	170	WESLEY RAYNBIRD-TILBURY	M	MSEN	NANTWICH RUNNING CLUB	00:40:01
73	516	ALLAN MCCORMICK	M	MV40	WILMSLOW RUNNING CLUB	00:40:03
74	104	BENJAMIN TUMILTY	M	MSEN	HELSEBY RUNNING CLUB	00:40:09
75	197	NATHAN CAMERON	M	MV45	SALE HARRIERS MANCHESTER	00:40:17
76	240	STANLEY OGDEN	M	MV60	SPECTRUM STRIDERS	00:40:27
77	514	JARROD HOMER	M	MV50	WILMSLOW RUNNING CLUB	00:40:44
78	162	ROBERT HASLER	M	MV40	MACCLESFIELD HARRIERS & AC	00:40:51
79	57	STUART RIDER	M	MV40	CONGLETON HARRIERS	00:41:17
80	419	STEPHEN BURTHEM	M	MV60	WARRINGTON A C	00:41:25
81	121	JONATHAN HOCK	M	MV45	LYMM RUNNERS	00:41:32



Cheshire County Cross Country Championships

2022 RESULTS

82	11	BOB CORINALDI	M	MV50	CESHIRE DRAGONS	00:41:33
83	159	RICHARD APPLEWHITE	M	MV45	MACCLESFIELD HARRIERS & AC	00:41:49
84	123	PETER MURPHY	M	MV40	LYMM RUNNERS	00:41:50
85	254	PAUL SHANNON	M	MV60	TATTENHALL RUNNERS	00:41:55
86	13	DAVE GOUGH	M	MV55	CESHIRE DRAGONS	00:41:57
87	102	KEVIN SMITH	M	MV40	HELSEY RUNNING CLUB	00:42:01
88	248	NICK HOLMES	M	MV60	TATTENHALL RUNNERS	00:42:32
89	165	JIMMY SHELDON	M	MSEN	MACCLESFIELD HARRIERS & AC	00:42:35
90	361	DAVID ROBERTS	M	MV45	VALE ROYAL AC	00:42:35
91	126	STEVE SHERWEN	M	MV45	LYMM RUNNERS	00:42:37
92	161	GRAEME EDDIE	M	MV45	MACCLESFIELD HARRIERS & AC	00:42:40
93	252	MARK ROBINSON	M	MV40	TATTENHALL RUNNERS	00:42:51
94	160	JULIAN BROWN	M	MV55	MACCLESFIELD HARRIERS & AC	00:42:56
95	513	RICHARD HARRISON	M	MV45	WILMSLOW RUNNING CLUB	00:43:04
96	40	DAN ROBBINS	M	MV40	CHESTER TRIATHLON CLUB	00:43:06
97	360	MARK PILLINER	M	MV50	VALE ROYAL AC	00:43:09
98	28	EDDIE AUSTIN	M	MV55	CHESTER TRIATHLON CLUB	00:43:15
99	169	ROB BRUFORD	M	MV40	NORTHWICH RUNNING CLUB	00:43:16
100	166	GARETH STOCKDALE	M	MV45	MACCLESFIELD HARRIERS & AC	00:43:18
101	75	NEIL FOWLER	M	MV50	CREWE AND NANTWICH AC	00:43:23
102	34	DEREK GIBBON	M	MV50	CHESTER TRIATHLON CLUB	00:43:52
103	253	IAIN ROSS	M	MV45	TATTENHALL RUNNERS	00:43:56
104	58	SEAN ROWSELL	M	MV55	CONGLETON HARRIERS	00:44:06
105	487	ANDREW CARTER	M	MV50	WEST CHESHIRE ATHLETIC CLUB	00:44:24
106	119	JIM DAWSON	M	MV55	LYMM RUNNERS	00:44:56
107	120	COLIN GILL	M	MV50	LYMM RUNNERS	00:45:34
108	37	IAN JELLEY	M	MV45	CHESTER TRIATHLON CLUB	00:45:57
109	45	NIGEL WATERHOUSE	M	MV55	CHESTER TRIATHLON CLUB	00:46:04
110	422	MARK GREGORY	M	MV50	WARRINGTON A C	00:46:21
111	122	PETER LLOYD	M	MV60	LYMM RUNNERS	00:46:22
112	485	DAVE BARRATT	M	MV45	WEST CHESHIRE ATHLETIC CLUB	00:46:35
113	229	JAN MCMULKIN	M	MV65	SOUTH CHESHIRE HARRIERS	00:46:40



Cheshire County Cross Country Championships

2022 RESULTS

114	88	GARETH BOYD	M	MV45	HELSEBY RUNNING CLUB	00:46:42
115	237	ANDY GARNETT	M	MV65	SPECTRUM STRIDERS	00:46:44
116	236	GRAHAM DRIVER	M	MV55	SPECTRUM STRIDERS	00:47:01
117	90	DAVID FEAKES	M	MV55	HELSEBY RUNNING CLUB	00:47:09
118	52	NICK BUDD	M	MV55	CONGLETON HARRIERS	00:47:11
119	351	JOHN CLARKE	M	MV65	VALE ROYAL AC	00:48:08
120	127	MICHAEL SMITH	M	MV55	LYMM RUNNERS	00:48:46
121	99	STEPHEN RILEY	M	MV55	HELSEBY RUNNING CLUB	00:48:54
122	30	STEVE COLLYER	M	MV50	CHESTER TRIATHLON CLUB	00:49:02
123	230	DAVID NIMMO	M	MV40	SOUTH CHESHIRE HARRIERS	00:50:13
124	164	DAVID LARKIN	M	MV45	MACCLESFIELD HARRIERS & AC	00:50:21
125	97	TREVOR LEWIS	M	MV50	HELSEBY RUNNING CLUB	00:50:38
126	31	TIMOTHY COOKSON	M	MV40	CHESTER TRIATHLON CLUB	00:50:50
127	359	RICHARD PETTITT	M	MV60	VALE ROYAL AC	00:51:24
128	251	NEIL QUINLAN	M	MV40	TATTENHALL RUNNERS	00:51:28
129	352	STEVE COLLIER	M	MV60	VALE ROYAL AC	00:52:15
130	231	DENNIS ROBINSON	M	MV65	SOUTH CHESHIRE HARRIERS	00:52:23
131	174	JOHN ANDERSON	M	MV55	NORTHWICH RUNNING CLUB	00:53:37
132	38	NEIL JENKINS	M	MV55	CHESTER TRIATHLON CLUB	00:53:51
133	494	ANTHONY KENNEDY	M	MV60	WEST CHESHIRE ATHLETIC CLUB	00:54:08
134	495	JON MOORHOUSE	M	MV55	WEST CHESHIRE ATHLETIC CLUB	00:55:43
135	43	RAY TRAN	M	MV50	CHESTER TRIATHLON CLUB	00:57:16
136	178	PAUL RITCHIE	M	MV50	NORTHWICH RUNNING CLUB	00:58:11
137	176	MIKE PERCHARD	M	MV65	NORTHWICH RUNNING CLUB	01:00:53
138	213	JEAN-PAUL MORRIS	M	MV40	SANDBACH STRIDERS	01:04:07
139	427	TONY SUDWORTH	M	MV60	WARRINGTON ROAD RUNNERS	01:06:41



Cheshire County Cross Country

Team Results: Senior Men

Date: 08/01/2022

Pos	No	Name	Result
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Vets Team

1

WEST CHESHIRE ATHLETIC CLUB : 125

1	491	NEIL FINEGAN	21
2	500	GRAHAM WELLS	23
3	490	STEVEN FERNYHOUGH	39
4	484	DAVE ALEXANDER	42
5	499	DAVE SUTTON	56
6	493	NEIL HERSHAW	57
7	488	ANDREW CLAGUE	59
8	487	ANDREW CARTER	105
9	485	DAVE BARRATT	112
10	494	ANTHONY KENNEDY	133
11	495	JON MOORHOUSE	134

2

SALE HARRIERS MANCHESTER : 136

1	196	MATTHEW BARNES	10
2	202	PAUL ROWLEY	37
3	201	DUNCAN HILL	44
4	199	TOM FORDYCE	45
5	197	NATHAN CAMERON	75

3

WARRINGTON A C : 230

1	423	CHRIS STANFORD	8
2	425	DAVID WATSON	32
3	419	STEPHEN BURTHEM	80
4	422	MARK GREGORY	110

4

WILMSLOW RUNNING CLUB : 237

1	512	RICHARD COEN	24
2	510	TIM BILLINGTON	69
3	515	NICK JACKSON	71
4	516	ALLAN MCCORMICK	73
5	514	JARROD HOMER	77
6	513	RICHARD HARRISON	95

5

MACCLESFIELD HARRIERS & AC : 246

1	258	MATTHEW LYNAS	34
2	167	MARK WALKER	51
3	162	ROBERT HASLER	78

Pos	No	Name	Result
4	159	RICHARD APPLEWHITE	83
5	161	GRAEME EDDIE	92
6	160	JULIAN BROWN	94
7	166	GARETH STOCKDALE	100
8	164	DAVID LARKIN	124

6

CHESTER TRIATHLON CLUB : 246

1	39	SIMON OLIVER	35
2	33	SIMON ELLIS	49
3	44	MICHAEL WARING	66
4	40	DAN ROBBINS	96
5	28	EDDIE AUSTIN	98
6	34	DEREK GIBBON	102
7	37	IAN JELLEY	108
8	45	NIGEL WATERHOUSE	109
9	30	STEVE COLLYER	122
10	31	TIMOTHY COOKSON	126
11	38	NEIL JENKINS	132
12	43	RAY TRAN	135

7

CONGLETON HARRIERS : 277

1	54	BRYAN LOMAS	36
2	55	CHRIS MOSS	58
3	57	STUART RIDER	79
4	58	SEAN ROWSELL	104
5	52	NICK BUDD	118

8

LYMM RUNNERS : 286

1	128	THOMAS STORE	54
2	125	PHIL ROWEN	67
3	121	JONATHAN HOCK	81
4	123	PETER MURPHY	84
5	126	STEVE SHERWEN	91
6	119	JIM DAWSON	106
7	120	COLIN GILL	107
8	122	PETER LLOYD	111
9	127	MICHAEL SMITH	120

9

VALE ROYAL AC : 313

1	356	ROB MCBAIN	61
2	363	IAN SIMPSON	65
3	361	DAVID ROBERTS	90
4	360	MARK PILLINER	97
5	351	JOHN CLARKE	119
6	359	RICHARD PETTITT	127
7	352	STEVE COLLIER	129

Pos	No	Name	Result
10 TATTENHALL RUNNERS : 314			
1	246	ROB ARDEN	48
2	254	PAUL SHANNON	85
3	248	NICK HOLMES	88
4	252	MARK ROBINSON	93
5	253	IAIN ROSS	103
6	251	NEIL QUINLAN	128
11 SOUTH CHESHIRE HARRIERS : 322			
1	232	MATTHEW TAYLOR	26
2	224	RICHARD BAKER	60
3	229	JAN MCMULKIN	113
4	230	DAVID NIMMO	123
5	231	DENNIS ROBINSON	130
12 HELSBY RUNNING CLUB : 334			
1	91	CHRIS FITZPATRICK	63
2	103	COLIN THOMPSON	70
3	102	KEVIN SMITH	87
4	88	GARETH BOYD	114
5	90	DAVID FEAKES	117
6	99	STEPHEN RILEY	121
7	97	TREVOR LEWIS	125
13 NORTHWICH RUNNING CLUB : 434			
1	175	DAVE LEA	68
2	169	ROB BRUFORD	99
3	174	JOHN ANDERSON	131
4	178	PAUL RITCHIE	136
5	176	MIKE PERCHARD	137

Cheshire County Cross Country

Team Results: Senior Women

Date: 08/01/2022

Pos	No	Name	Result
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Vets Team

1

CESHIRE DRAGONS : 31

1	7	CAROL PARSONS	3
2	9	LOUISA THOMPSON	10
3	6	HELEN HARRINGTON	18

2

WILMSLOW RUNNING CLUB : 32

1	504	CLAIRE CLANCY	4
2	508	NICOLA REECE	13
3	506	DIANE MCVEY	15
4	505	SHARON JOHNSTONE	29

3

VALE ROYAL AC : 61

1	343	SARAH MURPHY	7
2	348	CLAIRE THOMPSON	26
3	346	HELEN SMITH	28
4	341	DEBBIE MORETON	63
5	339	JAYNE LOMAX	65
6	340	PAULA MANLEY	80

4

MACCLESFIELD HARRIERS & AC : 87

1	155	FAYE SHARPLEY	19
2	149	RACHAEL LAWRANCE	33
3	158	REBECCA TILL	35
4	156	SUE STOCKDALE	48
5	147	SALLYANN HALES	51
6	146	SIAN GULLIVER	56
7	150	JOANNA MILES	58
8	148	SARANYA HASLER	62
9	157	HANNY STOCKMAN	75
10	152	HOLLY NETTLE	82
11	151	BARBARA MURRAY	85
12	145	JILL ABBOTT	86

5

WEST CHESHIRE ATHLETIC CLUB : 95

1	480	KEELY SMITH	14
2	477	CLARE MALLON	34
3	479	TRACI SHIPLEY	47
4	478	ELEANOR ROBINSON	49

Pos	No	Name	Result
5	481	ANGELA TEGG	54
6	483	CLAIRE WILLIAMS	57
7	473	JANE BARKER	59
8	474	DEBRA BEMAND	81

6

TATTENHALL RUNNERS : 107

1	242	ALLISON GRUNDY	20
2	245	GEORGINA ROSS	23
3	243	SARAH QUINLAN	64

7

HELSEBY RUNNING CLUB : 110

1	82	ALISON HALSALL	32
2	87	JANE ASHBROOK	38
3	78	LAURA	40
4	77	RACHEL ARNOLD	61
5	79	SUE BUCK	70
6	81	VANESSA GRIFFITHS	71
7	84	DEBBIE READ	74
8	80	LESLEY FEAKES	76
9	83	JACKIE KEASLEY	89

8

LYMM RUNNERS : 112

1	111	CLAIRE DEMAINE	25
2	112	GERMAINE HOLMES	43
3	116	GEORGINA WALKER	44
4	117	JODI WRIGLEY	55
5	110	JANE BURKE	72
6	113	CAROLYN SMITH	91
7	115	NICOLA VARKER	94

9

CHESTER TRIATHLON CLUB : 114

1	25	ANNA WOOLGAR	27
2	20	CAT OAKES	37
3	18	GEMMA KELLY	50
4	24	ROSEMARY SYMMS	60
5	23	KAREN SMITH	73
6	19	SALLY NAPTHEN	87

10

SOUTH CHESHIRE HARRIERS : 124

1	221	KATIE LATHAM	11
2	220	CLAIRE KIVLIN	46
3	218	JENNIFER EDWARDS	67
4	217	SUZANNE DALE	77

11

NORTHWICH RUNNING CLUB : 193

Pos	No	Name	Result
1	172	HELEN LONSDALE	41
2	171	OLIVE BIGMORE	68
3	173	RACHAEL MALONE	84

12

SANDBACH STRIDERS : 238

1	209	VICTORIA ESCOURT	53
2	208	LYNSEY ASTLES	92
3	210	JAYNIE TURNER	93
4	211	KAREN WRIGHT	95