

Pos	no.	Name	Gender	Cat	Club	Gun Time	F Pos	M Pos	Cat Pos	Team Pos
1	572	FINLEY MAYOH	M	MJUN	STOCKPORT HARRIERS & AC	0:19:48		1	1	1
2	509	JOSEPH FARRELLY	M	MSEN	MANCHESTER HARRIERS & AC	0:20:13		2	1	1
3	251	EZRA WARREN	M	MSEN	BRAMHALL RUNNERS	0:20:18		3	2	1
4	476	MARK COLLIER	M	MV45	SALFORD HARRIERS & AC	0:20:25		4	1	1
5	540	ROBIN HULME	M	MSEN	BRAMHALL RUNNERS	0:20:55		5	3	2
6	16	TOM PEERS	M	MSEN	STOCKPORT HARRIERS & AC	0:21:05		6	4	2
7	582	MATTHEW MORAN	M	MV40	BRAMHALL RUNNERS	0:21:19		7	1	3
8	263	JOHN WILLIAMS	M	MV40	BRAMHALL RUNNERS	0:21:40		8	2	4
9	259	ANDREW WHITTINGHAM	M	MV50	WILMSLOW RUNNING CLUB	0:22:02		9	1	1
10	514	JASON FOWLER	M	MV45	BRAMHALL RUNNERS	0:22:14		10	2	5
11	492	MATT DARNLEY	M	MV40	BRAMHALL RUNNERS	0:22:23		11	3	6
12	534	NEIL HEY	M	MV55	MACCLESFIELD HARRIERS & AC	0:22:25		12	1	1
13	573	NATHAN MAYOH	M	MV50	STOCKPORT HARRIERS & AC	0:22:39		13	2	3
14	463	STEPHEN BRUNDRETT	M	MV55	BRAMHALL RUNNERS	0:23:12		14	2	7
15	102	JOHN ROPER	M	MV40	STOCKPORT HARRIERS & AC	0:23:20		15	4	4
16	554	ZAIN KARIM	M	MSEN	BRAMHALL RUNNERS	0:23:26		16	5	8
17	548	SAMANTHA JONES	F	FV35	BRAMHALL RUNNERS	0:23:38	1		1	1
18	547	DAMIAN JONES	M	MSEN	BRAMHALL RUNNERS	0:23:40		17	6	9
19	462	MARK BROWN	M	MSEN		0:23:46		18	7	1
20	190	GARY TAIT	M	MV55	STYAL RUNNING CLUB	0:23:47		19	3	1
21	232	CHRIS TRASK	M	MV45	BRAMHALL RUNNERS	0:24:01		20	3	10
22	565	LOK LI	M	MV50	BRAMHALL RUNNERS	0:24:06		21	3	11
23	479	NEIL COMMINS	M	MV50	MARPLE RUNNERS	0:24:11		22	4	1
24	562	ANDY LEE	M	MV45	POYNTON RUNNERS	0:24:16		23	4	1
25	499	ROBERT ELSTONE	M	MV55	BARNSELY ATHLETIC CLUB	0:24:24		24	4	1
26	590	MATT NEILSON	M	MSEN	BRAMHALL RUNNERS	0:24:32		25	8	12
27	42	PHIL RAMSEY	M	MV45	BRAMHALL RUNNERS	0:24:33		26	5	13
28	568	GARETH MAHER	M	MSEN	BRAMHALL RUNNERS	0:24:49		27	9	14
29	500	SAM EVANS	M	MSEN	BRAMHALL RUNNERS	0:24:53		28	10	15
30	555	IAN KEELING	M	MV50	BRAMHALL RUNNERS	0:24:58		29	5	16
31	493	LEXY DENTON	F	FV40	STYAL RUNNING CLUB	0:25:31	2		1	1
32	575	STEVE MCGOVERN	M	MV45	BRAMHALL RUNNERS	0:25:37		30	6	17

33	529	THOMAS HARRIS	M	MJUN	TRAFFORD ATHLETIC CLUB	0:25:44		31	2	1
34	466	SIMON BURROW	M	MSEN	MARPLE RUNNERS	0:25:44		32	11	2
35	460	STEPHEN BROWN	M	MV50	STOCKPORT HARRIERS & AC	0:25:54		33	6	5
36	299	JAMES MULHOLLAND	M	MSEN		0:26:01		34	12	2
37	489	VICKI CREIGHTON	F	FSEN	DAVENPORT RUNNERS	0:26:10	3		1	1
38	179	RUSSELL SUTTON	M	MV45	BRAMHALL RUNNERS	0:26:14		35	7	18
39	461	SARAH BROWN	F	FV50	STOCKPORT HARRIERS & AC	0:26:25	4		1	1
40	456	IAN BOWKER	M	MV50	MARPLE RUNNERS	0:26:27		36	7	3
41	82	ROB ROBERTS-FACEY	M	MSEN		0:26:33		37	13	3
42	496	IAN DIXON	M	MV45	BRAMHALL RUNNERS	0:26:52		38	8	19
43	457	RUPERT BRERETON	M	MV50		0:26:55		39	8	4
44	163	STEVE SHAUGHNESSY	M	MV65	STOCKPORT HARRIERS & AC	0:26:57		40	1	6
45	15	MIKE PEASE	M	MV45	BRAMHALL RUNNERS	0:27:06		41	9	20
46	517	LIZZIE GIBSON	F	FSEN	BRAMHALL RUNNERS	0:27:09	5		2	2
47	550	GARETH JONES	M	MV40	STOCKPORT TRI CLUB	0:27:09		42	5	1
48	585	RUTH MURDOCH	F	FV45	STOCKPORT HARRIERS & AC	0:27:12	6		1	2
49	576	MICHAEL MCLAUGHLIN	M	MV40	STYAL RUNNING CLUB	0:27:23		43	6	2
50	531	BARRY HEAP	M	MV55	BRAMHALL RUNNERS	0:27:24		44	5	21
51	488	STUART CRAIG	M	MV40		0:27:27		45	7	5
52	473	MOLLY CHATTAWAY	F	FSEN	BRAMHALL RUNNERS	0:27:29	7		3	3
53	515	ANDY FOWLER	M	MV55	STOCKPORT HARRIERS & AC	0:27:37		46	6	7
54	77	MATT ROBERTS	M	MV55		0:27:51		47	7	6
55	588	VIKKI MURPHY	F	FV50	BRAMHALL RUNNERS	0:27:55	8		2	4
56	511	JAMES FELTHAM	M	MSEN	BRAMHALL RUNNERS	0:27:58		48	14	22
57	597	LLOYD O'HARA	M	MSEN	BRAMHALL RUNNERS	0:28:03		49	15	23
58	563	MATT LEES	M	MV50	BOLLINGTON HARRIERS	0:28:04		50	9	1
59	178	ASHLEY SMITH	M	MSEN	BRAMHALL RUNNERS	0:28:07		51	16	24
60	223	HELENA TINKER	F	FV45	MARPLE RUNNERS	0:28:17	9		2	1
61	595	PHIL O'KEEFE	M	MV50		0:28:20		52	10	7
62	468	CAROLINE CANTY	F	FV45	BRAMHALL RUNNERS	0:28:21	10		3	5
63	242	SAM TURTON	M	MSEN	BRAMHALL RUNNERS	0:28:28		53	17	25
64	587	LAURA MURPHY	F	FV35	BRAMHALL RUNNERS	0:28:30	11		2	6
65	2	NICOLA PATERSON	F	FV35		0:28:31	12		3	1

66	84	ANTHONY RODGERS	M	MV65	MARPLE RUNNERS	0:28:33		54	2	4
67	520	PAUL HAINES	M	MV50	STOCKPORT HARRIERS & AC	0:28:35		55	11	8
68	526	TIM HARGREAVES	M	MV65	STOCKPORT HARRIERS & AC	0:28:36		56	3	9
69	584	DAVID MURCH	M	MV50	POYNTON RUNNERS	0:28:36		57	12	2
70	506	STEVE FAIRCLOUGH	M	MV55	BRAMHALL RUNNERS	0:28:40		58	8	26
71	281	JEREMY WOODHAM	M	MV45	MARPLE RUNNERS	0:28:43		59	10	5
72	139	GORDON SHARP	M	MV65	LYME RUNNERS	0:28:49		60	4	1
73	458	DAN BRITTON	M	MV45	MARPLE RUNNERS	0:28:55		61	11	6
74	549	MATTHEW JONES	M	MV40		0:28:56		62	8	8
75	504	JACQUELINE EVANS	F	FV40	DAVENPORT RUNNERS	0:28:59	13		2	2
76	464	ANDREA BUCKINGHAM	F	FV55	BRAMHALL RUNNERS	0:29:03	14		1	7
77	194	PAUL TAYLOR	M	MV45	BRAMHALL RUNNERS	0:29:05		63	12	27
78	591	ANDREW NEILSON	M	MSEN		0:29:07		64	18	9
79	441	ANNA ASHTON	F	FV60	MARPLE RUNNERS	0:29:18	15		1	2
80	503	ELISE EVANS	F	FV50	MARPLE RUNNERS	0:29:24	16		3	3
81	248	MIKE UTTING	M	MV50	BRAMHALL RUNNERS	0:29:30		65	13	28
82	478	AMANDA COLLINGE	F	FV45	MARPLE RUNNERS	0:29:43	17		4	4
83	475	JASON CLIFT-JONES	M	MSEN	LONELY GOAT RC	0:29:44		66	19	1
84	518	MARK GODDEN	M	MV65	MACCLESFIELD HARRIERS & AC	0:29:45		67	5	2
85	174	BREESHEY SMITH	F	FV55	BRAMHALL RUNNERS	0:29:47	18		2	8
86	438	ADAM AINSLIE	M	MV45		0:29:52		68	13	10
87	512	CHLOE FITZPATRICK	F	FSEN	DAVENPORT RUNNERS	0:29:54	19		4	3
88	566	ELAINE MACDONALD	F	FSEN	STOCKPORT HARRIERS & AC	0:30:01	20		5	3
89	528	SARA HARRIS	F	FV50	STYAL RUNNING CLUB	0:30:21	21		4	2
90	465	CALUM BURRELL	M	MV45	DAVENPORT RUNNERS	0:30:22		69	14	1
91	267	JOHN WILLIAMS SNR	M	MV45	BRAMHALL RUNNERS	0:30:34		70	15	29
92	522	MIKE HALL	M	MV55	BRAMHALL RUNNERS	0:30:36		71	9	30
93	311	LOIS BROOKS	F	FSEN		0:30:41	22		6	2
94	451	PAUL BLISSETT	M	MV50	MARPLE RUNNERS	0:30:43		72	14	7
95	491	SIMON DAKIN	M	MV55	MARPLE RUNNERS	0:30:53		73	10	8
96	536	GILLIAN HOLLAND-JONES	F	FV60	STYAL RUNNING CLUB	0:31:17	23		2	3
97	433	LOUISE ABEDIN	F	FV40	BRAMHALL RUNNERS	0:31:22	24		3	9
98	501	J EVANS	F	FV35	BRAMHALL RUNNERS	0:31:29	25		4	10

99	539	STEVEN HUGHES	M	MV55	BRAMHALL RUNNERS	0:31:45		74	11	31
100	600	STEPHEN PALMER	M	MV55	BRAMHALL RUNNERS	0:31:50		75	12	32
101	599	SHEILA PAICE	F	FV60		0:31:53	26		3	3
102	434	ALYSON ADAMS	F	FV55	BRAMHALL RUNNERS	0:31:53	27		3	11
103	444	JESSICA BALDERSTON	F	FSEN	BRAMHALL RUNNERS	0:31:59	28		7	12
104	453	RODGER BOOTHMAN	M	MV60	LONELY GOAT RC	0:32:09		76	1	2
105	592	ROGER NELSON	M	MV65	BRAMHALL RUNNERS	0:32:18		77	6	33
106	266	SARAH WILLIAMS	F	FV55		0:32:22	29		4	4
107	524	ROLAND HARDING	M	MV55	BRAMHALL RUNNERS	0:32:23		78	13	34
108	227	HELEN TODD	F	FV65	STOCKPORT HARRIERS & AC	0:32:39	30		1	4
109	447	NADHIM BAYATTI	M	MV45	BRAMHALL RUNNERS	0:32:42		79	16	35
110	525	LOUISE HARDY	F	FSEN	MARPLE RUNNERS	0:32:43	31		8	5
111	78	NICK ROBERTS	M	MV55	STOCKPORT TRI CLUB	0:32:51		80	14	2
112	480	MELANIE COMMINS	F	FV50	MARPLE RUNNERS	0:33:15	32		5	6
113	70	ANN RICHARDSON	F	FV35	MARPLE RUNNERS	0:33:35	33		5	7
114	442	CAROLINE BABA	F	FV40	MANCHESTER HARRIERS & AC	0:34:02	34		4	1
115	508	LINDSEY FARRELLY	F	FV45	MANCHESTER HARRIERS & AC	0:34:04	35		5	2
116	43	IAN RANKIN	M	MV60		0:34:25		81	2	11
117	448	SARAH BEATTIE	F	FV45	BRAMHALL RUNNERS	0:34:32	36		6	13
118	262	HELEN WILLIAMS	F	FV45	BRAMHALL RUNNERS	0:34:32	37		7	14
119	238	PAUL TURGOOSE	M	MV55	BRAMHALL RUNNERS	0:34:37		82	15	36
120	459	PHILIP BROADBENT	M	MV50		0:34:44		83	15	12
121	589	RACHEL MYERS	F	FV35	MARPLE RUNNERS	0:34:54	38		6	8
122	527	HAZEL HARRINGTON	F	FV55	BRAMHALL RUNNERS	0:35:09	39		5	15
123	472	LYNSEY CHARLES	F	FV45	MANCHESTER HARRIERS & AC	0:35:10	40		8	3
124	552	ALISTAIR JORDAN	M	MV55	MARPLE RUNNERS	0:35:13		84	16	9
125	532	ERIKA HEAP	F	FV55	BRAMHALL RUNNERS	0:35:16	41		6	16
126	129	REBECCA SCANLON	F	FV45		0:35:23	42		9	5
127	477	HELEN COLLIER	F	FV40	BRAMHALL RUNNERS	0:35:35	43		5	17
128	308	BOB JONES	M	MV60	MARPLE RUNNERS	0:35:42		85	3	10
129	495	ALEXIS DINSMOR	F	FV70	STOCKPORT HARRIERS & AC	0:35:59	44		1	5
130	537	KATHRYN HOLMES	F	FV55	BRAMHALL RUNNERS	0:36:04	45		7	18
131	490	ANNA DAGNALL	F	FV40	BRAMHALL RUNNERS	0:36:19	46		6	19

132	505	ANN-MARIE FAIRCLOUGH	F	FV55	MARPLE RUNNERS	0:36:38	47	8	9	
133	544	RHONA JOHNSON	F	FV60	BRAMHALL RUNNERS	0:36:57	48	4	20	
134	469	DEBS CARTER	F	FV60		0:37:04	49	5	6	
135	241	ANDY TURNER	M	MV50	BRAMHALL RUNNERS	0:37:17		86	16	37
136	578	SARAH MEARS	F	FV45	MARPLE RUNNERS	0:37:41	50		10	10
137	580	EMMA MINSHULL	F	FV40	BRAMHALL RUNNERS	0:37:58	51		7	21
138	546	CATHERINE JONES	F	FV60	BRAMHALL RUNNERS	0:38:10	52		6	22
139	221	MICHAEL THIRSK	M	MV65	STOCKPORT HARRIERS & AC	0:38:12		87	7	10
140	519	DENISE GREGORY	F	FV55	BRAMHALL RUNNERS	0:38:32	53		9	23
141	240	EMMA TURNER	F	FV50	BRAMHALL RUNNERS	0:38:32	54		6	24
142	76	EMMA ROBERTS	F	FV55	BRAMHALL RUNNERS	0:38:39	55		10	25
143	298	LYNSEY YEOMANS	F	FV40	MARPLE RUNNERS	0:38:41	56		8	11
144	487	FIONA COWELL	F	FV55	BRAMHALL RUNNERS	0:40:15	57		11	26
145	564	MELANIE LI	F	FV50	BRAMHALL RUNNERS	0:40:16	58		7	27
146	567	CELIA MACDONALD	F	FV60		0:40:41	59		7	7
147	275	MANDY WINCKWORTH	F	FV65	STYAL RUNNING CLUB	0:41:02	60		2	4
148	436	CHRISTINE ADKINS	F	FV65	BRAMHALL RUNNERS	0:41:19	61		3	28
149	470	DEBRA CASSAR	F	FV55	RAWMARSH RUNNERS	0:42:14	62		12	1
150	577	RACHEL MCLOUGHLIN	F	FSEN	BRAMHALL RUNNERS	0:43:10	63		9	29
151	535	MIKE HILL	M	MV45	DAVENPORT RUNNERS	0:43:50		88	17	2
152	513	ALISON FLETCHER	F	FV45	DAVENPORT RUNNERS	0:43:56	64		11	4
153	439	LINDA AMOS	F	FV60	MARPLE RUNNERS	0:44:06	65		8	12
154	485	CLAIRE COULBY	F	FV50	BRAMHALL RUNNERS	0:44:47	66		8	30
155	507	JULIE FAIRCLOUGH	F	FV55	BRAMHALL RUNNERS	0:44:48	67		13	31
156	235	JO TRASK	F	FV45	BRAMHALL RUNNERS	0:44:50	68		12	32
157	581	LYNDA MOEHLE	F	FV65	BRAMHALL RUNNERS	0:45:04	69		4	33
158	35	DIANA POWELL	F	FV65	BRAMHALL RUNNERS	0:46:02	70		5	34
159	202	CLARE TAYLOR	F	FV45	BRAMHALL RUNNERS	0:46:06	71		13	35
160	228	CHARLA TORKINGTON	F	FV40	BRAMHALL RUNNERS	0:48:24	72		9	36

