

Position	Race no.	Name	Gender	Cat	Club	Gun Time	F Pos	M Pos	Cat Pos	Team Pos
1	368	HENRY PICKARD	M	MJUN	STOCKPORT HARRIERS & AC	0:20:03		1	1	1
2	253	MARK COLLIER	M	MV45	SALFORD HARRIERS & AC	0:20:29		2	1	1
3	365	TOM PEERS	M	MSEN	STOCKPORT HARRIERS & AC	0:21:17		3	1	2
4	344	MATTHEW MORAN	M	MV40	BRAMHALL RUNNERS	0:21:28		4	1	1
5	419	JOHN WILLIAMS	M	MV40	BRAMHALL RUNNERS	0:22:04		5	2	2
6	303	NEIL HEY	M	MV55	MACCLESFIELD HARRIERS & AC	0:22:14		6	1	1
7	416	ANDREW WHITTINGHAM	M	MV50	WILMSLOW RUNNING CLUB	0:22:31		7	1	1
8	314	THOMAS JOHNSON	M	MSEN	STOCKPORT HARRIERS & AC	0:22:49		8	2	3
9	366	SIMON PICKARD	M	MV50	STOCKPORT HARRIERS & AC	0:23:01		9	2	4
10	271	MATTHEW DESCHOOLMEESTER	M	MV45	BRAMHALL RUNNERS	0:23:11		10	2	3
11	401	GARY TAIT	M	MV55	STYAL RUNNING CLUB	0:23:32		11	2	1
12	320	ZAIN KARIM	M	MSEN	BRAMHALL RUNNERS	0:23:49		12	3	4
13	243	STEPHEN BRUNDRETT	M	MV55	BRAMHALL RUNNERS	0:23:53		13	3	5
14	377	PHIL RAMSEY	M	MV45	BRAMHALL RUNNERS	0:23:59		14	3	6
15	236	BELINDA BRENNAN	F	FV40	BRAMHALL RUNNERS	0:24:01	1		1	1
16	331	LOK LI	M	MV50	BRAMHALL RUNNERS	0:24:04		15	3	7
17	245	SIMON BURROW	M	MSEN	MARPLE RUNNERS	0:24:15		16	4	1
18	376	GARETH PRITCHARD	M	MSEN	BRAMHALL RUNNERS	0:24:22		17	5	8
19	316	DAMIAN JONES	M	MSEN	BRAMHALL RUNNERS	0:24:25		18	6	9
20	333	MARTIN LUNDY	M	MV60	MARPLE RUNNERS	0:24:33		19	1	2
21	367	JENNIE PICKARD	F	FV50	STOCKPORT HARRIERS & AC	0:24:41	2		1	1
22	328	ANDY LEE	M	MV45	POYMTON RUNNERS	0:24:47		20	4	1
23	352	MATT NEILSON	M	MSEN	BRAMHALL RUNNERS	0:24:50		21	7	10
24	270	LEXY DENTON	F	FV40	STYAL RUNNING CLUB	0:24:56	3		2	1
25	405	CHRIS TRASK	M	MV45	BRAMHALL RUNNERS	0:25:03		22	5	11
26	279	PHILIP EVANS	M	MSEN		0:25:09		23	8	1
27	277	SAM EVANS	M	MSEN	BRAMHALL RUNNERS	0:25:18		24	9	12
28	231	ADAM BIRD	M	MV45	BRAMHALL RUNNERS	0:25:23		25	6	13
29	340	STEVE MCGOVERN	M	MV45	BRAMHALL RUNNERS	0:25:23		26	7	14
30	321	IAN KEELING	M	MV50	BRAMHALL RUNNERS	0:25:25		27	4	15
31	187	RUSSELL SUTTON	M	MV45	BRAMHALL RUNNERS	0:25:33		28	8	16
32	260	ANDY CORDES	M	MV50	STOCKPORT HARRIERS & AC	0:25:59		29	5	5
33	269	PAUL DEARDEN	M	MV40		0:26:09		30	3	2
34	429	MICHAEL CLARKE	M	MSEN	BRAMHALL RUNNERS	0:26:21		31	10	17
35	386	PAUL ROONEY	M	MV55		0:26:26		32	4	3
36	237	RUPERT BRERETON	M	MV50		0:26:34		33	6	4
37	295	EDDIE HAMILTON	M	MV40		0:26:41		34	4	5
38	326	JAMES KETEL	M	MSEN	BRAMHALL RUNNERS	0:26:43		35	11	18
39	276	JAMES EDEN	M	MV40	STOCKPORT TRI CLUB	0:26:44		36	5	1
40	369	ABBIE PICKARD	F	FSEN	STOCKPORT HARRIERS & AC	0:26:46	4		1	2
41	273	IAN DIXON	M	MV45	BRAMHALL RUNNERS	0:26:51		37	9	19
42	265	VICKI CREIGHTON	F	FSEN	DAVENPORT RUNNERS	0:27:00	5		2	1
43	226	SCOTT ARMSTRONG	M	MV45	STOCKPORT TRI CLUB	0:27:04		38	10	2
44	349	LAURA MURPHY	F	FV35	BRAMHALL RUNNERS	0:27:18	6		1	2
45	373	ADAM POTTS	M	MV50	BRAMHALL RUNNERS	0:27:22		39	7	20
46	394	STEPHEN SHARROCKS	M	MV55	STOCKPORT HARRIERS & AC	0:27:24		40	5	6
47	310	ANDREW HUGHES	M	MV55	BRAMHALL RUNNERS	0:27:32		41	6	21
48	300	BARRY HEAP	M	MV55	BRAMHALL RUNNERS	0:27:34		42	7	22
49	302	NICK HEATON	M	MV50	BRAMHALL RUNNERS	0:27:38		43	8	23
50	155	MIKE PEASE	M	MV45	BRAMHALL RUNNERS	0:27:40		44	11	24
51	329	MATT LEES	M	MV50	BOLLINGTON HARRIERS	0:27:42		45	9	1
52	291	PAUL HAINES	M	MV50	STOCKPORT HARRIERS & AC	0:27:51		46	10	7
53	252	STEPHEN PAUL COLE	M	MV50	STOCKPORT HARRIERS & AC	0:27:58		47	11	8
54	350	VIKKI MURPHY	F	FV50	BRAMHALL RUNNERS	0:28:04	7		2	3
55	290	NICHOLAS GUDEGAST	M	MV45	MARPLE RUNNERS	0:28:06		48	12	3
56	282	CHLOE FITZPATRICK	F	FSEN	DAVENPORT RUNNERS	0:28:08	8		3	2
57	358	LLOYD O'HARA	M	MSEN	BRAMHALL RUNNERS	0:28:16		49	12	25
58	427	STEVE FAIRCLOUGH	M	MV55	BRAMHALL RUNNERS	0:28:21		50	8	26
59	225	ADAM AINSLIE	M	MV45		0:28:22		51	13	6
60	353	ANDREW NEILSON	M	MSEN		0:28:28		52	13	7
61	417	KAREN WILEMAN	F	FV40	BRAMHALL RUNNERS	0:28:30	9		3	4
62	425	GARY YATES	M	MV50		0:28:38		53	12	8
63	363	NICOLA PATERSON	F	FV35		0:28:41	10		2	1
64	250	MOLLY CHATTAWAY	F	FSEN	BRAMHALL RUNNERS	0:28:45	11		4	5
65	313	DANIEL JACKSON	M	MV40	CONGLETON HARRIERS	0:29:01		54	6	1
66	247	CAROLINE CANTY	F	FV45	BRAMHALL RUNNERS	0:29:04	12		1	6
67	385	HEATHER ROONEY	F	FV50	LYME RUNNERS	0:29:11	13		3	1
68	388	SOPHIE ROWLEY	F	FSEN		0:29:18	14		5	2
69	294	MIKE HALL	M	MV55	BRAMHALL RUNNERS	0:29:21		55	9	27
70	393	GORDON SHARP	M	MV65	LYME RUNNERS	0:29:27		56	1	1
71	412	CHRISTOPHER VARLEY	M	MV40		0:29:40		57	7	9
72	318	MATTHEW JONES	M	MV40		0:29:44		58	8	10
73	402	PAUL TAYLOR	M	MV45	BRAMHALL RUNNERS	0:29:45		59	14	28

74	383	GORDON ROGAN	M	MV55	MARPLE RUNNERS	0:29:54	60	10	4
75	304	PHIL HIGGINBOTTOM	M	MV50	DAVENPORT RUNNERS	0:29:56	61	13	1
76	293	MIKE HALL	M	MV55	BRAMHALL RUNNERS	0:29:57	62	11	29
77	229	MICHAEL BARRY	M	MV50	BRAMHALL RUNNERS	0:30:14	63	14	30
78	292	RICHARD HALL	M	MV55	BRAMHALL RUNNERS	0:30:15	64	12	31
79	361	STEPHEN PALMER	M	MV55	BRAMHALL RUNNERS	0:30:20	65	13	32
80	284	CAROLINE FUREY	F	FV45		0:30:26	15	2	3
81	268	SIMON DAKIN	M	MV55	MARPLE RUNNERS	0:30:32	66	14	5
82	356	PHIL O'KEEFE	M	MV50		0:30:52	67	15	11
83	287	MARK GODDEN	M	MV65	MACCLESFIELD HARRIERS & AC	0:30:57	68	2	2
84	312	MIKE HUSBANDS	M	MV55		0:30:58	69	15	12
85	278	J EVANS	F	FV35	BRAMHALL RUNNERS	0:31:01	16	3	7
86	424	STEVEN WOODWARD	M	MV45	MARPLE RUNNERS	0:31:01	70	15	6
87	400	JAMES SWEET	M	MV40		0:31:06	71	9	13
88	244	CALUM BURRELL	M	MV45	DAVENPORT RUNNERS	0:31:12	72	16	2
89	219	LOUISE ABEDIN	F	FV40	BRAMHALL RUNNERS	0:31:38	17	4	8
90	334	ELAINE MACDONALD	F	FSEN	STOCKPORT HARRIERS & AC	0:31:41	18	6	3
91	360	SHEILA PAICE	F	FV60		0:31:42	19	1	4
92	220	ALYSON ADAMS	F	FV55	BRAMHALL RUNNERS	0:31:45	20	1	9
93	421	STEVEN WILSON	M	MV50		0:31:52	73	16	14
94	411	MIKE UTTING	M	MV50	BRAMHALL RUNNERS	0:31:58	74	17	33
95	309	STEVEN HUGHES	M	MV55	BRAMHALL RUNNERS	0:32:05	75	16	34
96	297	ROLAND HARDING	M	MV55	BRAMHALL RUNNERS	0:32:33	76	17	35
97	354	ROGER NELSON	M	MV65	BRAMHALL RUNNERS	0:32:38	77	3	36
98	289	NATALIE GRUNDY	F	FV45	BRAMHALL RUNNERS	0:32:41	21	3	10
99	234	RODGER BOOTHMAN	M	MV60	LONELY GOAT RC	0:32:51	78	2	1
100	422	ESTHER WILSON	F	FSEN	HELSBY RUNNING CLUB	0:32:51	22	7	1
101	332	CHARLIE LINTON	M	MSEN		0:32:52	79	14	15
102	285	RAY GIBBONS	M	MV55		0:33:01	80	18	16
103	307	ALI HOLMES	F	FV40	MARPLE RUNNERS	0:33:08	23	5	1
104	382	NICK ROBERTS	M	MV55	STOCKPORT TRI CLUB	0:33:16	81	19	3
105	398	CHARLOTTE SUTTON	F	FV35	BRAMHALL RUNNERS	0:33:19	24	4	11
106	239	PHILIP BROADBENT	M	MV50		0:33:42	82	18	17
107	301	ERIKA HEAP	F	FV50	BRAMHALL RUNNERS	0:33:50	25	4	12
108	407	PAUL TURGOOSE	M	MV55	BRAMHALL RUNNERS	0:33:58	83	20	37
109	414	BONITA WATKINS	F	FV35	BRAMHALL RUNNERS	0:34:10	26	5	13
110	230	SARAH BEATTIE	F	FV45	BRAMHALL RUNNERS	0:34:23	27	4	14
111	391	REBECCA SCANLON	F	FV45		0:35:07	28	5	5
112	317	BOB JONES	M	MV60	MARPLE RUNNERS	0:35:15	84	3	7
113	254	HELEN COLLIER	F	FV40	BRAMHALL RUNNERS	0:35:28	29	6	15
114	296	ALICE HAMILTON	F	FV40		0:35:35	30	7	6
115	272	ALEXIS DINSMOR	F	FV70	STOCKPORT HARRIERS & AC	0:35:53	31	1	4
116	306	KATHRYN HOLMES	F	FV55	BRAMHALL RUNNERS	0:35:55	32	2	16
117	345	CATRIN MORRIS	F	FV35		0:36:04	33	6	7
118	342	EMMA MINSHULL	F	FV40	BRAMHALL RUNNERS	0:36:17	34	8	17
119	384	KATHRYN ROGERS	F	FV55	BRAMHALL RUNNERS	0:36:43	35	3	18
120	409	ANDY TURNER	M	MV50	BRAMHALL RUNNERS	0:36:43	85	19	38
121	224	LAURA AHEARN	F	FV35	MARPLE RUNNERS	0:36:52	36	7	2
122	351	RACHEL MYERS	F	FV35	MARPLE RUNNERS	0:36:53	37	8	3
123	256	SAMANTHA COOK	F	FV50	MARPLE RUNNERS	0:36:57	38	5	4
124	346	CATHIE MORTIMER RAE	F	FV50	MARPLE RUNNERS	0:37:32	39	6	5
125	408	EMMA TURNER	F	FV50	BRAMHALL RUNNERS	0:37:38	40	7	19
126	288	DENISE GREGORY	F	FV55	BRAMHALL RUNNERS	0:37:45	41	4	20
127	359	DIANE OWENS	F	FV50	BRAMHALL RUNNERS	0:38:16	42	8	21
128	372	FRANK PODD	M	MV50	BRAMHALL RUNNERS	0:38:33	86	20	39
129	264	FIONA COWELL	F	FV55	BRAMHALL RUNNERS	0:39:23	43	5	22
130	426	LYNSEY YEOMANS	F	FV40		0:39:58	44	9	8
131	335	CELIA MACDONALD	F	FV60		0:40:15	45	2	9
132	415	HELEN WHITE	F	FV50	BRAMHALL RUNNERS	0:40:54	46	9	23
133	222	CHRISTINE ADKINS	F	FV65	BRAMHALL RUNNERS	0:41:08	47	1	24
134	343	LYNDA MOEHLE	F	FV65	BRAMHALL RUNNERS	0:42:02	48	2	25
135	413	LOUISE WARD	F	FV35		0:42:39	49	9	10
136	315	CATHERINE JONES	F	FV60	BRAMHALL RUNNERS	0:43:35	50	3	26
137	428	JULIE FAIRCLOUGH	F	FV55	BRAMHALL RUNNERS	0:43:36	51	6	27
138	404	CHARLA TORKINGTON	F	FV40	BRAMHALL RUNNERS	0:44:09	52	10	28
139	406	JO TRASK	F	FV45	BRAMHALL RUNNERS	0:44:23	53	6	29
140	233	DEBBIE BOARDMAN	F	FV50	STOCKPORT HARRIERS & AC	0:45:22	54	10	5
141	283	ALISON FLETCHER	F	FV45	DAVENPORT RUNNERS	0:45:55	55	7	3
142	305	MIKE HILL	M	MV45	DAVENPORT RUNNERS	0:45:56	87	17	3
143	403	CLARE TAYLOR	F	FV45	BRAMHALL RUNNERS	0:47:18	56	8	30
144	374	DIANA POWELL	F	FV65	BRAMHALL RUNNERS	0:49:22	57	3	31
145	371	BRIAN PLATT	M	MV85	MARPLE RUNNERS	1:02:39	88	1	8
146	430	AFY AFROUZ	F	FV35	BRAMHALL RUNNERS	1:02:42	58	10	32