

| Position | Race no. | Name                    | Gender | Cat  | Club                       | Gun Time | F Pos | M Pos | Cat Pos | Team Pos |
|----------|----------|-------------------------|--------|------|----------------------------|----------|-------|-------|---------|----------|
| 1        | 38       | PHIL CARPENTER          | M      | MSEN | STOCKPORT HARRIERS & AC    | 0:20:06  |       | 1     | 1       | 1        |
| 2        | 101      | ROBIN HULME             | M      | MSEN | BRAMHALL RUNNERS           | 0:20:52  |       | 2     | 2       | 1        |
| 3        | 199      | EZRA WARREN             | M      | MSEN | BRAMHALL RUNNERS           | 0:21:08  |       | 3     | 3       | 2        |
| 4        | 138      | MATTHEW MORAN           | M      | MV40 | BRAMHALL RUNNERS           | 0:21:17  |       | 4     | 1       | 3        |
| 5        | 141      | IAIN MURDOCH            | M      | MV45 | STOCKPORT HARRIERS & AC    | 0:21:29  |       | 5     | 1       | 2        |
| 6        | 142      | FREYA MURDOCH           | F      | FJUN | STOCKPORT HARRIERS & AC    | 0:21:34  | 1     |       | 1       | 1        |
| 7        | 29       | PAUL BROOKS             | M      | MV45 | STOCKPORT HARRIERS & AC    | 0:21:40  |       | 6     | 2       | 3        |
| 8        | 63       | MATT DARNLEY            | M      | MV40 | BRAMHALL RUNNERS           | 0:21:48  |       | 7     | 2       | 4        |
| 9        | 206      | JOHN WILLIAMS           | M      | MV40 | BRAMHALL RUNNERS           | 0:21:57  |       | 8     | 3       | 5        |
| 10       | 119      | CHRIS KERSHAW           | M      | MV40 | BRAMHALL RUNNERS           | 0:22:18  |       | 9     | 4       | 6        |
| 11       | 203      | ANDREW WHITTINGHAM      | M      | MV50 | WILMSLOW RUNNING CLUB      | 0:22:30  |       | 10    | 1       | 1        |
| 12       | 208      | RICHARD WILLIAMS        | M      | MV45 | MARPLE RUNNERS             | 0:22:40  |       | 11    | 3       | 1        |
| 13       | 131      | CATHAL MCCOSKER         | M      | MSEN | LYMM RUNNERS               | 0:22:52  |       | 12    | 4       | 1        |
| 14       | 156      | SIMON PICKARD           | M      | MV50 | STOCKPORT HARRIERS & AC    | 0:22:54  |       | 13    | 2       | 4        |
| 15       | 93       | NEIL HEY                | M      | MV55 | MACCLESFIELD HARRIERS & AC | 0:23:05  |       | 14    | 1       | 1        |
| 16       | 64       | MATTHEW DESCHOOLMEESTER | M      | MV45 | BRAMHALL RUNNERS           | 0:23:10  |       | 15    | 4       | 7        |
| 17       | 122      | LOK LI                  | M      | MV50 | BRAMHALL RUNNERS           | 0:23:25  |       | 16    | 3       | 8        |
| 18       | 106      | THOMAS JOHNSON          | M      | MSEN | STOCKPORT HARRIERS & AC    | 0:23:29  |       | 17    | 5       | 5        |
| 19       | 188      | GARY TAIT               | M      | MV55 | STYAL RUNNING CLUB         | 0:23:34  |       | 18    | 2       | 1        |
| 20       | 207      | BEN WILLIAMS            | M      | MJUN | BRAMHALL RUNNERS           | 0:23:44  |       | 19    | 1       | 9        |
| 21       | 109      | SAMANTHA JONES          | F      | FV35 | BRAMHALL RUNNERS           | 0:23:51  | 2     |       | 1       | 1        |
| 22       | 120      | JORDAN LATIMER          | M      | MSEN | STOCKPORT HARRIERS & AC    | 0:23:55  |       | 20    | 6       | 6        |
| 23       | 108      | DAMIAN JONES            | M      | MSEN | BRAMHALL RUNNERS           | 0:24:00  |       | 21    | 7       | 10       |
| 24       | 160      | FRANK PODD              | M      | MV50 | BRAMHALL RUNNERS           | 0:24:07  |       | 22    | 4       | 11       |
| 25       | 25       | BELINDA BRENNAN         | F      | FV40 | BRAMHALL RUNNERS           | 0:24:10  | 3     |       | 1       | 2        |
| 26       | 127      | GARETH MAHER            | M      | MSEN | BRAMHALL RUNNERS           | 0:24:13  |       | 23    | 8       | 12       |
| 27       | 218      | SARA BARON              | F      | FSEN | BRAMHALL RUNNERS           | 0:24:14  | 4     |       | 1       | 3        |
| 28       | 46       | NEIL COMMINS            | M      | MV50 | MARPLE RUNNERS             | 0:24:17  |       | 24    | 5       | 2        |
| 29       | 166      | CHRIS ROBBO             | M      | MV45 | MARPLE RUNNERS             | 0:24:27  |       | 25    | 5       | 3        |
| 30       | 157      | JENNIE PICKARD          | F      | FV50 | STOCKPORT HARRIERS & AC    | 0:24:48  | 5     |       | 1       | 2        |
| 31       | 113      | ZAIN KARIM              | M      | MSEN | BRAMHALL RUNNERS           | 0:24:59  |       | 26    | 9       | 13       |
| 32       | 32       | STEPHEN BRUNDRETT       | M      | MV55 | BRAMHALL RUNNERS           | 0:25:04  |       | 27    | 3       | 14       |
| 33       | 48       | STEWART CONNOR          | M      | MV50 | STOCKPORT HARRIERS & AC    | 0:25:14  |       | 28    | 6       | 7        |
| 34       | 210      | JOHN WILLIAMS SNR       | M      | MV45 | BRAMHALL RUNNERS           | 0:25:19  |       | 29    | 6       | 15       |
| 35       | 132      | STEVE MCGOVERN          | M      | MV45 | BRAMHALL RUNNERS           | 0:25:32  |       | 30    | 7       | 16       |
| 36       | 192      | CHRIS TRASK             | M      | MV45 | BRAMHALL RUNNERS           | 0:26:05  |       | 31    | 8       | 17       |
| 37       | 114      | IAN KEELING             | M      | MV50 | BRAMHALL RUNNERS           | 0:26:13  |       | 32    | 7       | 18       |
| 38       | 187      | RUSSELL SUTTON          | M      | MV45 | BRAMHALL RUNNERS           | 0:26:21  |       | 33    | 9       | 19       |
| 39       | 72       | PHILIP EVANS            | M      | MSEN |                            | 0:26:22  |       | 34    | 10      | 1        |
| 40       | 24       | GAVIN BOWERS            | M      | MV40 | MARPLE RUNNERS             | 0:26:28  |       | 35    | 5       | 4        |
| 41       | 146      | DARREN NELSON-HALL      | M      | MSEN | BRAMHALL RUNNERS           | 0:26:33  |       | 36    | 11      | 20       |
| 42       | 147      | MATTHEW NIX             | M      | MSEN |                            | 0:26:35  |       | 37    | 12      | 2        |
| 43       | 140      | RUTH MURDOCH            | F      | FV45 | STOCKPORT HARRIERS & AC    | 0:26:38  | 6     |       | 1       | 3        |
| 44       | 3        | RICHARD ADAMS           | M      | MV40 | BRAMHALL RUNNERS           | 0:27:06  |       | 38    | 6       | 21       |
| 45       | 180      | STEVE SHAUGHNESSY       | M      | MV65 | STOCKPORT HARRIERS & AC    | 0:27:07  |       | 39    | 1       | 8        |
| 46       | 96       | ANDREW HODSON           | M      | MV50 | MARPLE RUNNERS             | 0:27:12  |       | 40    | 8       | 5        |
| 47       | 26       | RUPERT BRERETON         | M      | MV50 |                            | 0:27:15  |       | 41    | 9       | 3        |
| 48       | 58       | VICKI CREIGHTON         | F      | FSEN | DAVENPORT RUNNERS          | 0:27:21  | 7     |       | 2       | 1        |
| 49       | 11       | SCOTT ARMSTRONG         | M      | MV45 | STOCKPORT TRI CLUB         | 0:27:28  |       | 42    | 10      | 1        |

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|----|-----|-------------------|---|------|----------------------------|---------|----|----|----|----|
| 50 | 74  | STEVE FAIRCLOUGH  | M | MV55 | BRAMHALL RUNNERS           | 0:27:34 |    | 43 | 4  | 22 |
| 51 | 164 | PHIL RAMSEY       | M | MV45 | BRAMHALL RUNNERS           | 0:27:36 |    | 44 | 11 | 23 |
| 52 | 69  | BENJAMIN EDMONDS  | M | MSEN | BRAMHALL RUNNERS           | 0:27:37 |    | 45 | 13 | 24 |
| 53 | 168 | MATT ROBERTS      | M | MV55 |                            | 0:27:38 |    | 46 | 5  | 4  |
| 54 | 118 | JAMES KEMP        | M | MV50 | MARPLE RUNNERS             | 0:27:39 |    | 47 | 10 | 6  |
| 55 | 143 | LAURA MURPHY      | F | FV35 | BRAMHALL RUNNERS           | 0:27:49 | 8  |    | 2  | 4  |
| 56 | 80  | LIZZIE GIBSON     | F | FSEN | BRAMHALL RUNNERS           | 0:27:54 | 9  |    | 3  | 5  |
| 57 | 215 | BRIAN HOLLAND     | M | MV65 | GOYT VALLEY STRIDERS       | 0:27:58 |    | 48 | 2  | 1  |
| 58 | 150 | LLOYD O'HARA      | M | MSEN | BRAMHALL RUNNERS           | 0:27:59 |    | 49 | 14 | 25 |
| 59 | 100 | ANDREW HUGHES     | M | MV55 | BRAMHALL RUNNERS           | 0:28:03 |    | 50 | 6  | 26 |
| 60 | 66  | IAN DIXON         | M | MV45 | BRAMHALL RUNNERS           | 0:28:14 |    | 51 | 12 | 27 |
| 61 | 149 | ROBERT OERTON     | M | MV55 | BRAMHALL RUNNERS           | 0:28:16 |    | 52 | 7  | 28 |
| 62 | 83  | PAUL HAINES       | M | MV50 | STOCKPORT HARRIERS & AC    | 0:28:20 |    | 53 | 11 | 9  |
| 63 | 86  | MIKE HALL         | M | MV55 | BRAMHALL RUNNERS           | 0:28:23 |    | 54 | 8  | 29 |
| 64 | 155 | MIKE PEASE        | M | MV45 | BRAMHALL RUNNERS           | 0:28:26 |    | 55 | 13 | 30 |
| 65 | 44  | STEPHEN PAUL COLE | M | MV50 | STOCKPORT HARRIERS & AC    | 0:28:30 |    | 56 | 12 | 10 |
| 66 | 19  | ADAM BIRD         | M | MV40 | BRAMHALL RUNNERS           | 0:28:36 |    | 57 | 7  | 31 |
| 67 | 204 | KAREN WILEMAN     | F | FV40 | BRAMHALL RUNNERS           | 0:28:36 | 10 |    | 2  | 6  |
| 68 | 184 | SARAH STUTCHFIELD | F | FV45 | MARPLE RUNNERS             | 0:28:37 | 11 |    | 2  | 1  |
| 69 | 185 | ROB STUTCHFIELD   | M | MV45 | MARPLE RUNNERS             | 0:28:39 |    | 58 | 14 | 7  |
| 70 | 59  | HELEN CROFT       | F | FV45 | BRAMHALL RUNNERS           | 0:28:42 | 12 |    | 3  | 7  |
| 71 | 137 | KAREN MOLLOY      | F | FV50 | MARPLE RUNNERS             | 0:28:46 | 13 |    | 2  | 2  |
| 72 | 37  | CAROLINE CANTY    | F | FV45 | BRAMHALL RUNNERS           | 0:28:51 | 14 |    | 4  | 8  |
| 73 | 104 | DANIEL JACKSON    | M | MV40 | CONGLETON HARRIERS         | 0:29:00 |    | 59 | 8  | 1  |
| 74 | 123 | MARTIN LYNCH      | M | MV45 | MARPLE RUNNERS             | 0:29:02 |    | 60 | 15 | 8  |
| 75 | 5   | AFY AFROUZ        | F | FV35 | BRAMHALL RUNNERS           | 0:29:03 | 15 |    | 3  | 9  |
| 76 | 92  | NICK HEATON       | M | MV50 | BRAMHALL RUNNERS           | 0:29:09 |    | 61 | 13 | 32 |
| 77 | 85  | MIKE HALL         | M | MV55 | BRAMHALL RUNNERS           | 0:29:20 |    | 62 | 9  | 33 |
| 78 | 124 | MARK LYNCH        | M | MV50 | MARPLE RUNNERS             | 0:29:26 |    | 63 | 14 | 9  |
| 79 | 33  | ANDREA BUCKINGHAM | F | FV55 | BRAMHALL RUNNERS           | 0:29:30 | 16 |    | 1  | 10 |
| 80 | 7   | ADAM AINSLIE      | M | MV45 |                            | 0:29:32 |    | 64 | 16 | 5  |
| 81 | 148 | PHIL O'KEEFE      | M | MV50 |                            | 0:29:36 |    | 65 | 15 | 6  |
| 82 | 154 | NICOLA PATERSON   | F | FV35 |                            | 0:29:41 | 17 |    | 4  | 1  |
| 83 | 56  | PAUL COWELL       | M | MV50 | BRAMHALL RUNNERS           | 0:29:48 |    | 66 | 16 | 34 |
| 84 | 145 | ANDREW NEILSON    | M | MSEN |                            | 0:29:52 |    | 67 | 15 | 7  |
| 85 | 12  | ANNA ASHTON       | F | FV60 | MARPLE RUNNERS             | 0:29:52 | 18 |    | 1  | 3  |
| 86 | 170 | GORDON ROGAN      | M | MV55 | MARPLE RUNNERS             | 0:30:06 |    | 68 | 10 | 10 |
| 87 | 94  | PHIL HIGGINBOTTOM | M | MV50 | DAVENPORT RUNNERS          | 0:30:14 |    | 69 | 17 | 1  |
| 88 | 90  | BARRY HEAP        | M | MV55 | BRAMHALL RUNNERS           | 0:30:22 |    | 70 | 11 | 35 |
| 89 | 103 | MIKE HUSBANDS     | M | MV55 |                            | 0:30:29 |    | 71 | 12 | 8  |
| 90 | 152 | SHEILA PAICE      | F | FV60 |                            | 0:30:31 | 19 |    | 2  | 2  |
| 91 | 212 | IAIN WOLSTENHOLME | M | MV50 | STOCKPORT HARRIERS & AC    | 0:30:37 |    | 72 | 18 | 11 |
| 92 | 81  | MARK GODDEN       | M | MV65 | MACCLESFIELD HARRIERS & AC | 0:30:41 |    | 73 | 3  | 2  |
| 93 | 183 | BREESHEY SMITH    | F | FV50 | BRAMHALL RUNNERS           | 0:30:47 | 20 |    | 3  | 11 |
| 94 | 198 | MIKE UTTING       | M | MV50 | BRAMHALL RUNNERS           | 0:30:51 |    | 74 | 19 | 36 |
| 95 | 172 | HEATHER ROONEY    | F | FV50 | LYME RUNNERS               | 0:30:57 | 21 |    | 4  | 1  |
| 96 | 34  | CALUM BURRELL     | M | MV45 | DAVENPORT RUNNERS          | 0:31:06 |    | 75 | 17 | 2  |
| 97 | 17  | NADHIM BAYATTI    | M | MV45 | BRAMHALL RUNNERS           | 0:31:11 |    | 76 | 18 | 37 |
| 98 | 61  | SIMON DAKIN       | M | MV55 | MARPLE RUNNERS             | 0:31:19 |    | 77 | 13 | 11 |
| 99 | 175 | SIMON RUSHTON     | M | MV55 | MARPLE RUNNERS             | 0:31:28 |    | 78 | 14 | 12 |

|     |     |                  |   |      |                            |         |     |    |    |
|-----|-----|------------------|---|------|----------------------------|---------|-----|----|----|
| 100 | 9   | SARMID AL-KAMIL  | M | MV55 | BRAMHALL RUNNERS           | 0:31:33 | 79  | 15 | 38 |
| 101 | 21  | PAUL BLISSETT    | M | MV50 | MARPLE RUNNERS             | 0:31:35 | 80  | 20 | 13 |
| 102 | 189 | PAUL TAYLOR      | M | MV45 | BRAMHALL RUNNERS           | 0:31:57 | 81  | 19 | 39 |
| 103 | 165 | JEN RICHARDSON   | F | FV35 | BRAMHALL RUNNERS           | 0:32:00 | 22  | 5  | 12 |
| 104 | 99  | STEVEN HUGHES    | M | MV55 | BRAMHALL RUNNERS           | 0:32:12 | 82  | 16 | 40 |
| 105 | 23  | RODGER BOOTHMAN  | M | MV60 | LONELY GOAT RC             | 0:32:37 | 83  | 1  | 1  |
| 106 | 153 | STEPHEN PALMER   | M | MV55 | BRAMHALL RUNNERS           | 0:32:40 | 84  | 17 | 41 |
| 107 | 181 | DAVID SHOESMITH  | M | MV65 | MARPLE RUNNERS             | 0:32:46 | 85  | 4  | 14 |
| 108 | 169 | NICK ROBERTS     | M | MV55 | STOCKPORT TRI CLUB         | 0:32:57 | 86  | 18 | 2  |
| 109 | 211 | STEVEN WILSON    | M | MV50 |                            | 0:33:04 | 87  | 21 | 9  |
| 110 | 115 | STUART KEEN      | M | MV55 | MARPLE RUNNERS             | 0:33:13 | 88  | 19 | 15 |
| 111 | 216 | ROB PARKIN       | M | MV50 | CONGLETON HARRIERS         | 0:33:18 | 89  | 22 | 2  |
| 112 | 45  | HELEN COLLIER    | F | FV40 | BRAMHALL RUNNERS           | 0:33:26 | 23  | 3  | 13 |
| 113 | 79  | RAY GIBBONS      | M | MV55 |                            | 0:33:53 | 90  | 20 | 10 |
| 114 | 117 | MIKE KELLY       | M | MV50 | MARPLE RUNNERS             | 0:33:56 | 91  | 23 | 16 |
| 115 | 54  | RICHARD COULBY   | M | MV55 | BRAMHALL RUNNERS           | 0:33:57 | 92  | 21 | 42 |
| 116 | 47  | MELANIE COMMINS  | F | FV50 | MARPLE RUNNERS             | 0:33:59 | 24  | 5  | 4  |
| 117 | 1   | LOUISE ABEDIN    | F | FV40 | BRAMHALL RUNNERS           | 0:34:08 | 25  | 4  | 14 |
| 118 | 217 | SIMON HUGHES     | M | MV40 | MARPLE RUNNERS             | 0:34:16 | 93  | 9  | 17 |
| 119 | 209 | SARAH WILLIAMS   | F | FV55 |                            | 0:34:29 | 26  | 2  | 3  |
| 120 | 60  | ANNA DAGNALL     | F | FV40 | BRAMHALL RUNNERS           | 0:34:29 | 27  | 5  | 15 |
| 121 | 14  | JOHN BAILEY      | M | MV40 | MARPLE RUNNERS             | 0:34:31 | 94  | 10 | 18 |
| 122 | 6   | LAURA AHEARN     | F | FV35 | MARPLE RUNNERS             | 0:34:32 | 28  | 6  | 5  |
| 123 | 214 | STEVEN WOODWARD  | M | MV45 | MARPLE RUNNERS             | 0:34:50 | 95  | 20 | 19 |
| 124 | 91  | ERIKA HEAP       | F | FV50 | BRAMHALL RUNNERS           | 0:34:58 | 29  | 6  | 16 |
| 125 | 18  | SARAH BEATTIE    | F | FV45 | BRAMHALL RUNNERS           | 0:35:06 | 30  | 5  | 17 |
| 126 | 28  | PHILIP BROADBENT | M | MV50 |                            | 0:35:08 | 96  | 24 | 11 |
| 127 | 186 | CHARLOTTE SUTTON | F | FV35 | BRAMHALL RUNNERS           | 0:35:08 | 31  | 7  | 18 |
| 128 | 205 | HELEN WILLIAMS   | F | FV45 | BRAMHALL RUNNERS           | 0:35:10 | 32  | 6  | 19 |
| 129 | 177 | REBECCA SCANLON  | F | FV45 |                            | 0:35:14 | 33  | 7  | 4  |
| 130 | 171 | KATHRYN ROGERS   | F | FV55 | BRAMHALL RUNNERS           | 0:35:17 | 34  | 3  | 20 |
| 131 | 176 | MARIA RUSHTON    | F | FV55 | MARPLE RUNNERS             | 0:35:32 | 35  | 4  | 6  |
| 132 | 200 | BONITA WATKINS   | F | FV35 | BRAMHALL RUNNERS           | 0:35:43 | 36  | 8  | 21 |
| 133 | 88  | HAZEL HARRINGTON | F | FV55 | BRAMHALL RUNNERS           | 0:35:47 | 37  | 5  | 22 |
| 134 | 8   | LUCY AIRD        | F | FV40 |                            | 0:35:48 | 38  | 6  | 5  |
| 135 | 110 | BOB JONES        | M | MV60 | MARPLE RUNNERS             | 0:36:13 | 97  | 2  | 20 |
| 136 | 197 | HAYLEY TYLDESLEY | F | FV50 | BRAMHALL RUNNERS           | 0:36:25 | 39  | 7  | 23 |
| 137 | 10  | COLIN ARDRON     | M | MV75 | MACCLESFIELD HARRIERS & AC | 0:36:32 | 98  | 1  | 3  |
| 138 | 144 | RACHEL MYERS     | F | FV35 | MARPLE RUNNERS             | 0:36:43 | 40  | 9  | 7  |
| 139 | 111 | ALISTAIR JORDAN  | M | MV55 | MARPLE RUNNERS             | 0:36:46 | 99  | 22 | 21 |
| 140 | 49  | TIMOTHY CONRY    | M | MSEN |                            | 0:37:05 | 100 | 16 | 12 |
| 141 | 65  | ALEXIS DINSMOR   | F | FV70 | STOCKPORT HARRIERS & AC    | 0:37:14 | 41  | 1  | 4  |
| 142 | 135 | EMMA MINSHULL    | F | FV40 | BRAMHALL RUNNERS           | 0:37:30 | 42  | 7  | 24 |
| 143 | 105 | RHONA JOHNSON    | F | FV60 | BRAMHALL RUNNERS           | 0:37:45 | 43  | 3  | 25 |
| 144 | 167 | EMMA ROBERTS     | F | FV50 | BRAMHALL RUNNERS           | 0:37:49 | 44  | 8  | 26 |
| 145 | 50  | REBEKA CONRY     | F | FSEN |                            | 0:37:50 | 45  | 4  | 6  |
| 146 | 68  | EMMA EADIE       | F | FV45 | HEATON RUNNERS             | 0:38:50 | 46  | 8  | 1  |
| 147 | 41  | BARRY CHAMBERS   | M | MV70 | VALE ROYAL AC              | 0:39:15 | 101 | 1  | 1  |
| 148 | 151 | DIANE OWENS      | F | FV50 | BRAMHALL RUNNERS           | 0:39:19 | 47  | 9  | 27 |
| 149 | 195 | EMMA TURNER      | F | FV50 | BRAMHALL RUNNERS           | 0:39:26 | 48  | 10 | 28 |

|     |     |                      |   |      |                         |         |    |     |    |    |
|-----|-----|----------------------|---|------|-------------------------|---------|----|-----|----|----|
| 150 | 196 | ANDY TURNER          | M | MV50 | BRAMHALL RUNNERS        | 0:39:32 |    | 102 | 25 | 43 |
| 151 | 73  | ANN-MARIE FAIRCLOUGH | F | FV55 | MARPLE RUNNERS          | 0:39:39 | 49 |     | 6  | 8  |
| 152 | 13  | AMANDA AYLWARD       | F | FV45 |                         | 0:40:08 | 50 |     | 9  | 7  |
| 153 | 182 | JULIE SHORTT         | F | FV50 | BRAMHALL RUNNERS        | 0:40:23 | 51 |     | 11 | 29 |
| 154 | 128 | GILLIAN MALCOLM      | F | FV45 | BRAMHALL RUNNERS        | 0:40:47 | 52 |     | 10 | 30 |
| 155 | 121 | MELANIE LI           | F | FV50 | BRAMHALL RUNNERS        | 0:40:48 | 53 |     | 12 | 31 |
| 156 | 55  | CLAIRE COULBY        | F | FV50 | BRAMHALL RUNNERS        | 0:40:49 | 54 |     | 13 | 32 |
| 157 | 57  | FIONA COWELL         | F | FV55 | BRAMHALL RUNNERS        | 0:40:51 | 55 |     | 7  | 33 |
| 158 | 130 | NINA MATHIESON       | F | FV45 |                         | 0:41:30 | 56 |     | 11 | 8  |
| 159 | 4   | CHRISTINE ADKINS     | F | FV65 | BRAMHALL RUNNERS        | 0:41:41 | 57 |     | 1  | 34 |
| 160 | 136 | LYNDA MOEHLE         | F | FV65 | BRAMHALL RUNNERS        | 0:42:13 | 58 |     | 2  | 35 |
| 161 | 133 | RACHEL MCLOUGHLIN    | F | FSEN | BRAMHALL RUNNERS        | 0:42:35 | 59 |     | 5  | 36 |
| 162 | 201 | HELEN WHITE          | F | FV50 | BRAMHALL RUNNERS        | 0:42:38 | 60 |     | 14 | 37 |
| 163 | 116 | JANE KEEN            | F | FV50 | MARPLE RUNNERS          | 0:42:54 | 61 |     | 15 | 9  |
| 164 | 62  | ANGELA DANIEL        | F | FV45 | MARPLE RUNNERS          | 0:42:57 | 62 |     | 12 | 10 |
| 165 | 51  | KAREN COOKE          | F | FV55 | BRAMHALL RUNNERS        | 0:44:33 | 63 |     | 8  | 38 |
| 166 | 53  | SARAH COOKSON        | F | FV45 |                         | 0:44:42 | 64 |     | 13 | 9  |
| 167 | 40  | JENNIFER CHAMBERLAIN | F | FV40 | BRAMHALL RUNNERS        | 0:44:42 | 65 |     | 8  | 39 |
| 168 | 191 | CHARLA TORKINGTON    | F | FV40 | BRAMHALL RUNNERS        | 0:45:31 | 66 |     | 9  | 40 |
| 169 | 98  | SOPHIE HOURIHAN      | F | FV45 |                         | 0:46:08 | 67 |     | 14 | 10 |
| 170 | 193 | JO TRASK             | F | FV45 | BRAMHALL RUNNERS        | 0:47:42 | 68 |     | 15 | 41 |
| 171 | 161 | DIANA POWELL         | F | FV65 | BRAMHALL RUNNERS        | 0:48:56 | 69 |     | 3  | 42 |
| 172 | 22  | DEBBIE BOARDMAN      | F | FV50 | STOCKPORT HARRIERS & AC | 0:51:26 | 70 |     | 16 | 5  |
| 173 | 52  | EDWARD COOKE         | M | MV75 | BRAMHALL RUNNERS        | 0:53:43 |    | 103 | 2  | 44 |
| 174 | 159 | BRIAN PLATT          | M | MV85 | MARPLE RUNNERS          | 1:04:48 |    | 104 | 1  | 22 |
| 175 | 158 | SARAH PLATT          | F | FV50 |                         | 1:04:54 | 71 |     | 17 | 11 |
| 176 | 75  | JULIE FAIRCLOUGH     | F | FV55 | BRAMHALL RUNNERS        | 1:04:55 | 72 |     | 9  | 43 |
| 177 | 107 | CATHERINE JONES      | F | FV60 | BRAMHALL RUNNERS        | 1:04:56 | 73 |     | 4  | 44 |